

FOREWORD

Few substances command the superstitious awe which belongs to salt. Its origin in sea water - the source of all life - and its incorruptibility have imbued it with magick powers in the minds of the superstitious since time immemorial.

The spilling of salt is still considered as an omen of impending doom or trouble, and the only way to avert it is to take three times a pinch of the spilt salt with your right hand and throw it over the left shoulder. It is thought that malign spirits hover around the left side of the body.

An upset salt-cellar (container) at table between two persons signifies that trouble will soon ensue between them. It is also considered unlucky to receive or borrow salt from another person. This is in contrast to using the salt presented by a host to a guest at table: the ancients regarded this as an act of friendship and trust.

It is still a strongly held belief amongst the superstitious that a newly-born baby should be given a pinch of salt in the mouth; the baby may cry which is thought to be lucky, meaning that the child will have little to cry over during its life. It is also believed that a pinch of salt should be somewhere on its person - in the clothes - for the first few months of life. Doubtless this superstition developed in a society where infant mortality was high and where it was felt evil spirits were always present to take young life.

A garment or object felt to be unlucky could be purified of its bad vibrations by a sprinkling of salt.

Perhaps there is someone you wish to keep away from your home: you can do this by sprinkling salt where this person last sat or stood. Then sprinkle your doorstep, and the path leading to your door, if you have one,

whilst firmly thinking or saying, "Be gone! Be gone! This salt drives you away". I have done this on three separate occasions after being visited by someone I didn't want, and each time I never saw them again.

There are those who swear that sprinkling salt on gambling papers and important documents brings good luck.

Some people will not enter a new home without first sprinkling salt outside and inside (every room) so as to ward off whatever malignant influences may be present. Salt is consistently thought of as the enemy of evil forces.

The 14 new salt magick rites given by Jason Pike can, it is said, produce powers that range from healing disease to materialising a guardian angel. These rites, on the whole, are very easy to perform. Mr. Pike asks the reader to 'purify' the salt bought in a shop or supermarket, a strange request it would seem, considering that salt, by its very essence, is a purifying agent!

But the idea behind this seemingly odd request is the magick personalisation of salt. The salt has already been handled by numerous persons: the magick the reader seeks to work will be deemed more potent if it is first imbued by his own personal formula.

Most of Mr. Pike's rites can be performed comfortably and quickly with salt being your only magickal 'equipment'.

If there is any ritual action which you are unable to follow you should change it to suit your circumstances. The outcome of the ritual will not be adversely affected.

Jim Barry
Alton, 1996

INTRODUCTION

The main objective of this book is to give you, dear reader, a simple method of magick (magick spelt with a 'K' to differentiate from stage magic and other illusions) which can be applied easily to one's life.

After much thought and research the methods which have been devised involve the use of SALT. This can be ordinary table salt, sea salt, rock salt, or any other form of salt available. The purifying properties of salt have been recognised by millions of people throughout all ages. It is thus not surprising that there are so many 'superstitions' involving the use of salt. Most of these superstitions are based on fact. As you begin to use salt for magickal purposes you will soon begin to realise these facts when you witness the results of your actions. All of you will soon witness the power of salt magick when you apply the rites described in this book. These rites are so easy that even a child can apply them. I have deliberately kept the theoretical mumbo-jumbo concerning salt to a minimum for it is my utmost belief that only practice, not theory, makes perfect. So let us get straight down to it and let's use salt magick.

NOTE: unless otherwise stated all the rites in this book can be performed on any day and at any hour.

PREPARATION

Before you start any or all of the following rituals the salt which you will use must be purified. You can use any salt: the table salt you purchase at the supermarket, the sea-salt or rock-salt which you find in the health shop, all these will do.

To purify the salt (in fact you 'personalise' it), you proceed as follows:

Find a room in which you can be comfortable and where you are not easily disturbed if you do not wish to be. Any room will do. You do not have to do anything special about this room. The only comment I would like to make is that it seems better if you always use the same room. As there are no permanent changes, you can always use this room for its intended purpose, be it to receive guests, to entertain friends, or to sleep in

at night.

What you need is a flat surface, like for example a small table. Find yourself a container for the salt. The latter can be a plastic container, a glass, a chalice, or whatever else you wish to use, but it should not be too small because you may, at times, have to place objects in it which should be completely covered by the salt.

Place the container in the middle of the table, on which there should be nothing else. It will only have to be there during your performance of the particular rite. At any other time you can lock it away in a safe place.

It is important that whilst you are performing the particular rite, nobody else should enter the room.

PURIFYING THE SALT

You can wear any clothing you like, but it is to be preferred that the clothing should be loose and comfortable.

Stand erect in front of your little table, facing in any direction you like. Breathe slowly and deeply and relax completely, both in body and in mind. If there is a lid on the salt container take it off. Now look at the salt: see how pure and white it is. Take all the time you need for doing this.

Now say with a loud and clear voice the following:

"My Father who is in heaven, Holy is your name. May your kingdom come, may your will be done on earth as in heaven. Give me this and all my days the things I require to live my life to the full. Purify this salt and allow its immense power to work for me, bringing fulfilment to my desires. So may it be."

It is important that, while you are saying this prayer, you concentrate on the purity and whiteness of the salt. Some amongst you may see that the salt suddenly starts to glow with a kind of golden aura. Those who do not see this have nothing to worry about: the purification will take place anyway.

Conclude this ritual by standing still for a few moments and think about your objectives. Also keep in mind the true and very real power of salt magick.

When you have finished you can leave the room. Before you do so replace the lid (if any) on the container and put the salt away. Then give thanks to God, in your own words.

You only need to perform this ritual once. If, however, you purchase another packet of salt, you will need to do it again.

It is important that you put all the time and effort you need into this purification ritual.

For some rituals you may need some small items. These are detailed in the specific rituals, but you need not worry about it, because you will have these items at home already. If you do not have an envelope, well, then go and buy one.

CHAPTER ONE THE MONEY RITUAL

This ritual has been designed to improve your financial status. It is very easy to perform and will, if performed with conviction, almost certainly bring you that much desired money. Before you proceed you must know the exact amount of money you need. Once this has been decided upon you proceed as follows:

Take a coin and place it in a small envelope. If you have not got a small envelope then use a big one, it does not matter.

Go into your room and place the salt container on a table. Place the envelope next to it.

Take a few moments to think about what you want to achieve. Keep in mind the amount of money you need, and also the use you will make of it. If you intend to use this money to harm others then this ritual will not work. In that case I refer you to the book "WINNING AT ALL COST" published by Finbarr Books.

Let us proceed: take the lid (if any) off the container and look at the salt. Notice its purity and its whiteness. Do this until you are sure that you are only concentrating on your aim: a certain amount of money.

Fold your envelope (with the coin inside) in such a way that it will fit into the salt in your container and be completely submerged in it.

Now say, with a loud a clear voice:

"Salt won't rot, salt won't die
salt will only purify"

Repeat this invocation three times.

After this take the envelope out of the salt. Open the envelope and sprinkle a few grains of salt from your container in the envelope. Now seal the envelope.

Go outside and think with deep concentration about your objective. You must use some time for this, until you are completely satisfied that you have nothing else in mind but your objective, i.e. a certain amount of money. If you fail to concentrate sufficiently then the ritual will not work.

Place the envelope into your wallet or purse. Remove the salt from your little table. The ritual is now completed.

All you have to do is to await the arrival of the money, which will be attracted to you because of the ritual you have just performed. The coin in the envelope will act as a magnet, attracting to you the cash which you desire.

Once you have received the money, you must go to a secluded place out in the open. This could even be a park or a recreation ground at a time when nobody else is there. Once you have arrived you are to stand still for a few moments and you must give thanks to God for honouring your plea. Then, with all the force you have, throw the envelope into the air, allow the envelope to drop and leave it where it falls. Make sure that it is folded very small and that nobody else is around.

If, in the future, you require more money, and let's face it, we all do, perform the same ritual again.

CHAPTER TWO ATTRACTING A LOVER

This ritual has been designed to attract that much wanted lover. It is very easy to perform. One must distinguish between two possibilities: either you just want a lover or you want a specific person.

a. Any lover.

Take a piece of white paper. Write your name on it with a red pen, pencil, biro, or whatever. Then draw a heart around your name.

Go into your room and place the salt on a table. Place the piece of paper next to it.

Take the lid (if any) off the container and look at the salt. Notice its

purity and its whiteness. Do this until you are sure that you are only concentrating on your aim: finding a lover.

Moisten your right index finger in your mouth and rub it over the heart with your name in it. Then sprinkle some salt over the drawing. Shake the excess salt back into the container.

Fold the piece of paper into four and put it in the salt container, but let some of it stick out of the salt. Leave it there, go outside, and concentrate for a while on your objective, i.e. finding a lover. When you have concentrated for some time - you will know yourself when the time has been sufficient - go back inside. Take the piece of paper out of the container, fold it again, go outside and throw it somewhere, preferably in a spot with plants and proper soil. Return to your room, concentrate on the salt and look at its purity. All you have to do is wait. If you have performed this ritual properly you will not have to wait very long.

b. A specific lover:

This ritual is the same as the one described above, apart from the fact that, instead of drawing a heart around your name, you write the name of the person you desire over your own name. Apart from that, proceed as described under a. above.

CHAPTER THREE

RITE FOR IMPROVING YOUR PSYCHIC POWERS

The following ritual is designed to improve your psychic powers. Before you start the ritual you must make sure that you know exactly what you want to achieve, e.g. clairvoyance, clairaudience, mediumship, aura reading, etc. Make sure that you know this and do not be greedy: you cannot achieve all this immediately, it will take time. Once you know what you want, go to your room and place the salt on a table.

Look at the salt and consider its purity, its whiteness and its powers.

Using your left hand take a pinch of salt and sprinkle it into the air just above your head. Whilst doing so say with a loud and clear voice:

"With the sure power of salt magick, I now possess ..."

(... is the ability you wish to achieve)

Take some time to look at the salt and to reflect on its purity, its

whiteness and its magickal properties. It may take some time before you become sensitive enough to feel that you have achieved what you have set out to do. However, in the mean time, whilst waiting, you will probably feel an irresistible urge to read and to educate yourself. When that happens you are on the right road. Be patient and realise that wisdom and knowledge are not found in one single day.

If you need to perform this ritual several times before achieving what you want, then do so. The powers of the universe work in mysterious ways and perhaps they are trying to tell you something. Listen!

CHAPTER FOUR

ASTRAL PROJECTION

Astral projection is better known as 'out of the body experience'. Those who have experienced it know that the physical body is not needed for the survival of the consciousness and in this way it proves that there is life after bodily death. In order to achieve astral projection one needs to practise. It does not come easy and it does not happen the first time one tries.

Go into a quiet room and relax. Reflect on what you are about to do. When you are totally relaxed and aware of your objective you can start.

Use salt to construct a circle on the floor. You must do this with your left hand. The circle must be large enough to allow you to lie down inside it. When the circle is finished, lie down on your back. Take some time to relax even more. Ideally you should reach a stage where you are thinking of nothing, but that takes long and continuous practice.

Imagine that the circle glows with a golden light. You don't have to actually see this (you can't because you are lying on your back) but you must imagine it. Then imagine yourself rolling around in all directions, like an astronaut in a space-ship, where there is no gravity. You can take all the time you need to achieve this feeling.

Once you have achieved this you imagine that you have become weightless and imagine that you are slowly rising upwards. If you find this difficult then you can imagine that the circle exudes a mist which lifts you up.

Take note of your surroundings. If you see the ceiling come closer, then

you have achieved what you set out to do. If you are doing this for the first time then stop and sink slowly back into your body. Relax and sit up when you feel ready.

The salt may now be removed and thrown away.

Once you gain experience you can travel further. In fact, you can travel to wherever you wish, but remember that all this takes practice. Do it a step at the time.

CHAPTER FIVE

RITUAL TO MATERIALIZE YOUR GUARDIAN ANGEL

It is possible to make your guardian angel appear before you. Once this holy protector has materialized he will do what you command.

Go into a quiet room and relax. Reflect on what you are about to do. When you are totally relaxed and aware of your objective you can start.

Use salt to construct a circle on the floor. You must do this with your left hand. The circle must be large enough to allow you to lie down inside it. When the circle is finished, lie down on your back. Take some time to relax even more. Ideally you should reach a stage where you are thinking of nothing but that takes long and continuous practice.

Enter the circle and lie down. Relax even more. Say a prayer, in your own words, and ask God to guide and protect you.

Stand up and step outside the circle. Take three steps away from the circle and sit down facing it. With a loud and clear voice say the following:

“Oh divine protector, materialize in full form within this circle.”

Repeat this incantation for at least ten minutes, until your guardian angel starts to appear in front of you. This may be in many shapes and forms, depending on your personality.

If this does not work then you continue your incantation. The entire process takes practice and you may have to repeat the performance several times before you are successful. Once your holy protector has materialized completely you can command whatever you wish. However, evil commands are not fulfilled and may even lead to instant disappearance. Once you are satisfied, command the materialized angel to return to heaven.

CHAPTER SIX

RITUAL TO SECURE A JOB

Take some salt with you when you go for an interview. On the way ask God to satisfy your request and to fulfil your aim.

Before entering the building sprinkle some salt in the air in front of you, using your left hand. Whilst you are doing this repeat, quietly or with a clear voice, as circumstances allow, the following:

“With this salt I secure my position in this company.”

Go for the interview and make sure that you feel very positive.

When the interview is finished and you are on your way out of the building, use your left hand to sprinkle some salt in front of you and say again:

“With this salt I secure my position in this company.”

Go home and quietly reflect about what you have done. If you have done this correctly the results will be in your favour.

CHAPTER SEVEN

RITE FOR PROTECTION

This ritual has been designed to ensure your complete protection at all times. You need a small brown paper bag.

Go into a quiet room and stand erect in front of a table. Take a few minutes to think about what you want to do. When you are ready take three pinches of salt and sprinkle them into the paper bag. Whilst you are doing this say with a loud and clear voice:

“I, (your name), secure my overall protection with the true power of salt magick. So may it be according to my objectives.”

Fold the bag in half, then in half again, and place it in your pocket, wallet or purse. You must carry this with you at all times. At night place it under your pillow.

Whilst you are performing the ritual you must keep your objective in mind all the time.

Each morning, when you rise, you must kiss both sides of the paper bag.

CHAPTER EIGHT

RITUAL FOR REGAINING YOUTH

This ritual will help you, if necessary, to regain a youthful complexion. You will need a bowl of water for this simple ritual.

Go into a quiet room and take the bowl of water with you. Place it in the centre of a table and put the salt next to it. Take a few minutes to think about what you want to achieve.

When you are ready imagine that the salt is glowing with a silver shine. You do not really have to see this, just imagine it. Relax as much as you can. Using your left hand, sprinkle some salt in the water and allow it to dissolve. Whilst the salt is dissolving, which should only take a few minutes, you must concentrate on what you wish to achieve. When the salt is dissolved use your hands, cupped together, to wash your face. Also wash your hands. Continue to think about what you want to achieve and at the same time say quietly the following:

“Salt won’t rot, salt won’t die, salt will only purify. So may it be according to my objectives.”

Take your time and do not hurry. Remain standing and allow your face and your hands to dry without using a towel. Continue thinking about your objective,

Once your hands and your face are dry, go out and take a gentle stroll in your favourite location, thinking all the time about the power of salt magick.

You must repeat this for fourteen consecutive days. Within these fourteen days the desired youthful appearance will begin to take form.

CHAPTER NINE

WEATHER GOVERNING RITUAL

This ritual has been designed to help one to actually control the weather. This is the only ritual of its kind involving the use of salt and it is very effective. You must perform it out in the open, at midnight, when the moon is full.

Go to your chosen private location, taking the salt with you. When you

have arrived take some time to think about what you want to do. When you are relaxed and ready, place the salt on the ground in front of you. Stand in front of it and imagine that the salt glows with a silver colour. You do not actually have to see this, just imagine it. Keep thinking about what you want to achieve.

Take a pinch of salt in the left hand, stand erect, and sprinkle it in the air above your head. Whilst you do this, intone the following:

“With the true power of salt magick I, (your name), give command to every element to listen to my plea and bring to fulfilment my desires (state your desires and be specific).”

Take a few moments to think deeply about the desired weather condition.

Repeat the above three times. Then you thank God and the elements for hearing your plea. Go home and retire for the night, thinking all the time about what you have done and about the true power of salt magick.

My records suggest, and so does my personal experience with weather magick, that the desired weather condition can begin to take form within days of performing this ritual, but on average it takes two to six weeks, so be patient. The elements will hear your sincere plea and act in the desired manner.

CHAPTER TEN

RITUAL FOR PROTECTING THE HOME FROM THEFT AND FIRE

This ritual ensures the protection of your home and your possessions from both theft and fire.

Go into a quiet room and stand erect in front of a table. Place the salt in the centre of the table.

Take some time to think about what you want to achieve. When you are ready look at the salt and imagine that it is glowing with a red aura. You do not actually have to see this, just imagine it. Use your left hand to take a pinch of salt and sprinkle it into the air just above your head. Whilst you are doing this say aloud:

“I, (your name), now secure the protection of this room from both

thieves and fire by the true power of salt magick.”

Remain still for a few moments, thinking about what you have done. Repeat this process in every room of your home and do not forget any small spaces like lavatories and store cupboards.

It is important to perform this ritual when you are alone in the home. Take all the time you need, but do it thoroughly.

CHAPTER ELEVEN RITUAL FOR HEALING

This ritual has been designed to heal yourself from any physical ailment. You will need a bowl of water and a sponge.

Go into a quiet room and place the bowl and the sponge in the centre of a table. Place the salt next to it. Stand erect in front of the table and take some time to think about your objective.

Use your left hand to sprinkle some salt into the water and allow this to dissolve. Whilst that is taking place carry on thinking about what you want to achieve.

Take the sponge and place it in the water, whilst intoning the following: “Salt won’t rot, salt won’t die, salt will only purify. With this water, this blessed water, I wash away my ailment.”

Then dab the sponge over the afflicted area.

Repeat this three times. Then sit quietly for a few moments, thinking about what you want to achieve.

You must repeat the entire ritual for three consecutive days, by which time the ailment should have started to improve.

CHAPTER TWELVE RITUAL TO INFLUENCE OTHER PEOPLE

This ritual gives you the phenomenal ability to actually control the thoughts and the actions of other people.

Go into a quiet room and stand erect in front of a table. Place the salt in the centre of the table.

Look at the salt and imagine that it is glowing with a red aura. You do

not actually have to see this, just imagine it. Using your left hand, take a pinch of salt and, with the person you wish to influence in mind, sprinkle the salt above you into the air. Whilst you are doing this, chant the following:

“I, (your name), with the sure power of salt magick, gain control over (the person’s name). From this time forth his/her mind will become open to me. So may it be according to my objectives.”

Remain standing still and erect and contemplate for a few moments what you have done. Repeat this process three times, always keeping the person you wish to control firmly in mind.

Repeat this ritual once a day for three consecutive days. If it has been performed correctly then you should start to gain control over that person after the third day.

CHAPTER THIRTEEN RITUAL TO SAVE A FAILING MARRIAGE OR RELATIONSHIP

This ritual helps you to save a failing marriage or a close relationship.

Go into a quiet room and stand erect in front of a table. Place the salt in the centre of the table. Take some time to think seriously about what you wish to achieve.

When you are ready look at the salt and imagine that it is glowing with a red colour. You do not actually have to see this, just imagine it. Do this for at least five minutes, all the time thinking about your objective.

Then, using the left hand, sprinkle some salt in the palm of the right hand, intoning out loud:

“With the sure power of salt magick I, (your name), secure ... “

The three dots represent your wishes. When you state these be very precise. You could say, “prevent my marriage (or relationship) from failing.”

Note that you can also perform this ritual for other couples.

When you have finished sit quietly for a few minutes and carry on thinking about your objective.

I am personally grateful, for this ritual helped me to save my own

marriage which was falling apart. In the early part of 1992 my wife and I went through a very rough patch. We began to argue about even the smallest issue. So-called 'friends' tried their hardest to split us up, and they almost succeeded. I tried a last attempt at saving the marriage and I performed this ritual. Almost immediately things got better. The arguments, sometimes about the most stupid things, became less frequent. Our so-called 'friends' suddenly stopped from trying to ruin our marriage and even apologised for their actions with poor and most childish excuses.

Now, several years later, my wife and I are experiencing a marriage made in heaven. We no longer argue, just a bit; after all, we are only human. We also have a lovely daughter. Things couldn't be better, thanks to this ritual.

CHAPTER FOURTEEN RITUAL FOR PSYCHIC DEFENCE

This ritual makes you feel safe and protects you from any form of psychic attack. It is very easy to perform and extremely effective. If you try it you won't regret it.

Go into a quiet room and stand erect in front of a table. Place the salt in the centre and think for a while about what you want to do.

Using your left hand take a pinch of salt. Put this in the palm of your (left) hand and stretch the left arm out in front of you.

Intone the following invocation, and whilst you do so turn your hand and allow the salt to fall on the floor.

"O EL ABBA, my father who is in heaven. I now secure my psychic protection against evil attack with the true power of salt magick. So may it be according to my objectives."

Place your left arm back at your side and stand erect and still for a few minutes, thinking about what you have done. Repeat the same process two more times, always keeping in mind what you want to achieve.

When you have finished take a pinch of salt with the left hand, go to an open window, and sprinkle the salt into the air. Whilst you are doing this repeat the above incantation. You can now live in peace.

Use this method to: PASS DRIVING TEST
● PASS EXAMS ● IMPROVE CONCENTRATION ● STOP STAGE FRIGHT ● STOP SMOKING ● LOSE WEIGHT ● RECEIVE INSPIRATION FOR WRITING SONGS AND BOOKS ● BRING A LOVER BACK ● EXCEL IN YOUR SPORT ● IMPROVE YOUR VOICE ● IMPROVE YOUR LOOKS ● MASTER A FOREIGN LANGUAGE.

For years I studied every system of mind training there is - positive thought, meditation, cybernetics, mind control, etc. I found that these systems worked in varying degrees, but failed to give me what I really wanted; a way in which to master myself and my circumstances easily and automatically. Many books I found promised this, but they didn't give that elusive secret of perpetual success and total self-mastery that I was looking for. In other words I wanted a method that worked every time, and I mean REALLY WORK.

I MAKE AN UNEXPECTED DISCOVERY

In 1974, in a totally unexpected manner, I stumbled on the "elusive" secret that so long eluded me. I discovered a way in which I could at last directly influence my subconscious mind to totally eradicate personality defects and gain the power to achieve whatever I wanted in life. But what started me was the simplicity of this secret - a secret so full of ease and logic that you will wonder like I did why no one thought of it years earlier. And the astonishing thing about it is that it works every time and WITHOUT WILL POWER OR THE EXERTION OF ANY EFFORT! I would have given every penny I had to find a mind system that really did work no matter how involved or complicated it would be, but to actually find a system - totally by accident - and discover that it is easier than any other system in existence, came as one big, glorious bombshell to me!

LITERALLY NO WILL POWER OR EFFORT INVOLVED!

So since 1974 I have used this "method" - or "system", call it what you will - for an endless variety of problems. And I found that in every single instance it WORKED EVERY TIME - really without will power or effort on my part! But how can it work without any will power or effort you may ask. Well, this is the whole irony of the thing and why this discovery was so exciting. The reason that usual mind systems fail, or only partially work, is that they require one to MAKE them work! When our conscious mind tries to change a habit or circumstance it fails almost every time! You don't need me to tell you that. How many times have you tried to quit a bad habit and failed? How many times have you tried to control your emotions and failed? How many times have you tried will power and positive thinking and failed? You know full well that every time you have to use will power you end up failing. So what is the key to real success?

YOUR SUBCONSCIOUS MIND - SEAT OF SUCCESS AND FAILURE!

Every psychologist knows that the key to self-mastery and success lies within man's subconscious mind. The mind cannot be trusted. We fail nine times out of ten when we try to use our conscious mind for success. But yet out of hundreds, nay thousands, of self-help psychology and occult books written none yet, it seems, have come up with a method for influencing the subconscious that truly works, and works every time!

THE MOST IMPORTANT BOOK YOU WILL EVER READ!

I am going to show you in my book the secret of influencing your subconscious mind to get things you want. But please don't confuse this with thousands of other books that promise the same. This book is unlike any other book you will have ever read, and it could be - indeed I believe it WILL BE - the most important book you will ever read in your entire life! Why? Because the amazing method it describes is so simple, so astonishingly easy, and depends for its success on your using no will power or exertion whatsoever to achieve the goal you desire! And the results are AUTOMATIC!

IT WORKS IN SPITE OF YOURSELF!

Use the method, as instructed in my book, and it will work for you. And it will work for you regardless of your convictions or beliefs. I am not asking you to have "faith" or to "believe" it is going to work for you. You can be the world's greatest sceptic or its most passionate believer in the power of mind. Either way it doesn't matter for this method works in spite of what you believe. Faith, belief, positive thinking, concentration are unnecessary. In fact you can be full of disbelief, negativism, etc., and it still doesn't matter. THIS IS THE ONLY METHOD IN THE WORLD THAT WILL WORK IN SPITE OF YOURSELF. All it needs is to follow my instructions - which are simplicity itself - and simply await the results which will come in a "miraculous" and "inexplicable" manner.

James F. Cullinan tells how to:

CHANGE YOURSELF AND YOUR LIFE - WITHOUT WILL POWER OR EFFORT!

WHAT EXACTLY CAN BE ACHIEVED WITH THIS METHOD? I'll be specific. Virtually any objective you have - be it a transformation of your personality or your circumstances - or both - can be achieved by using this method. It will definitely enable you to quit smoking - no matter how heavy you smoke and no matter how many times you have tried to quit before. It will WORK - and totally without will power or self-discipline on your part. In fact it is essential that you carry on smoking whilst you use this method until you mysteriously, without any apparent reason, suddenly lose all desire to smoke! This method can change any part of your personality that you seek to alter. If you are shy it can make you glow with confidence and magnetic charm within days. If you lack confidence with the opposite sex it will change all that. "Magically", the opposite sex will be seeking you after you use this method. If you suffer ill health this method will work positive wonders for you. Once upon a time I was perpetually the victim of bad colds, but since I found this method all that has changed. Experiments have shown that this method is astonishingly beneficial in all health matters.

WHAT ABOUT MONEY AND MATERIAL THINGS?

The most remarkable thing I have gained from this amazing method is the power it has given me to make money. This I fully explain in the book. I WILL SHOW YOU HOW THIS METHOD WILL GIVE YOU THE POWER AND THE ORIGINAL IDEAS YOU NEED TO SOLVE ANY FINANCIAL DIFFICULTY, AND ENABLE YOU TO MAKE ALL THE MONEY YOU WILL EVER NEED. As a businessman this method has been worth a small fortune to me. When business has been slack and difficulties seemingly insurmountable I have used this method to elicit scores of marvellous original money-making ideas for increasing business, smashing obstacles, and making more money than I did before. But you don't need to be a businessman to gain financially from the method; no matter who you are or how humble your circumstances this method will help you to solve any financial problem.

WHATEVER YOUR NEED IT IS ALL HERE!

This method will cause your subconscious to sprout forth endless ideas of how to make money, whatever financial problems you have; and if you don't know how to obtain the extra money you need this method will get your subconscious to tell you exactly what you have to do to get it! Money, financial wealth may not be your idea of success - at the other end of the spectrum, I show you how, with this method, you can gain true, rich, unshakable peace of mind and happiness. This is the only book in the world that shows how real happiness, inner riches and wisdom can be obtained without resorting to any system of philosophy, meditation, forced positive thinking; and such real happiness and inner wealth I will show you can be yours, with this method, entirely without will power or effort on your part. I am not asking you to take my word for this astonishing claim - it matters not whether you believe me. This is the incredible thing about this whole method - it works IN SPITE OF YOURSELF - in spite of your beliefs, in spite of your scepticism - in spite of everything!

YOU CAN HELP SPREAD THE GOOD NEWS ABOUT THIS METHOD!

What I have written in my book is not the end of the story. I have been using this method for some years now with the most extraordinary personal benefits coming my way as a result. But this method, if universally applied, could have the most startling implications for mankind's future development. The possibilities are limitless. Recently I began experimenting with the method to see if I could influence the thoughts and actions of other people, and initial results have been very positive! Also I've tried this method to see if one can influence factors outside one's normal sphere of control - such as attracting favourable circumstances, attracting good luck, fortune, and again I am pleased to report some very favourable initial results! This method is scientific and demonstrable. Ambitious readers of my book may wish to pursue experiments with this method in new and unusual directions.

To receive your copy of James Cullinan's book CHANGE YOURSELF AND YOUR LIFE - WITHOUT WILL POWER OR EFFORT! please send only £5.50.

£5.50 (US: \$10) from: Finbarr (BC), Folkestone CT20-2QQ