

tarigrove

# A Spell to Escape: “Get Me Out of This Mess”

## Supplies

- o An airtight jar or bottle.

## Ingredients

- o **A Copper Coin:** For luck and prosperity so that you can afford to escape this mess.
- o **An Unlit Match:** For a sulfuric light in the darkest of messes.
- o **Black Pepper:** For protection against those involved in this mess.
- o **Honey:** To sweeten the ears of though who can provide assistance.
- o **Garlic\*\*:** For the willpower and strength to get out of this mess.
- o **Onion\*:** For personal growth, endurance, prosperity and protection.
- o **Quartz:** For the clarity of mind and strength to make it through this mess.
- o **Red Pepper\*\*:** For a slightly aggressive banishment towards those who are causing this mess.
- o **Sewing Needle:** To provide direction and a way for you to weave your way out of this mess.
- o **Tiny Glass Shards:** A much more aggressive banishment towards those who are causing this mess; also a strong protective agent.

•\***Tip 1:** You don't have to use a literal onion; dried onion, onion powder, onion skins, onion flakes – they should all work as well.

\*\***Tip 2:** You can obtain red pepper for free in small packets at most pizza places; same with garlic & onion flakes.

§ **Other possible ingredients:** Apache Tears (a type of obsidian), Bay Leaves, Flourite, Hematite, Labradorite, Moss Agate, Tea Leaves, Tobacco

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## Spell Steps:

**Step 1:** Add each of your layers slowly (see below) and carefully, using a funnel if necessary. As you add

each ingredient, feel its associated energy flowing into and infusing your spell bottle with intent.

**Step 2:** Don't you dare injure yourself on that needle or glass. Wear gloves if you have to.

**Step 3:** Seal your jar or bottle tightly. If you choose to say a few words with the spell, try:

o "I'm in a huge mess, I need to get out, please help me escape what this trouble's about."

Hold your bottle and take a moment to really focus on your willpower and intent. If your situation makes you angry, channel it into the glass. Channel your desperation into the honey. *Use what you've got.*

**Step 4:** End the spell and ground yourself.

**Step 5:** Put the bottle somewhere safe and close. When your struggle is getting out of hand, take the bottle and GENTLY shake it while thinking of your intent, and reciting the words you used when you first did the spell (or as close to them as you can recall).

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### Ingredient Layers

**Layer 1:** Cover the bottom of your jar with black pepper.

**Layer 2:** Add in your garlic, onion, and red pepper.

**Layer 3:** Add in your unlit match, sewing needle, and glass shards. ***Be careful!***

**Layer 4:** Drown the whole thing in honey.