

The Supreme Ritual of the Aeon  
RITE PROPER ENGLISH PHONETIC

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Facing East, in an attitude of adoration or prayer<sup>1</sup>, exclaim:

*"O heart of me, heart of my mother! O heart which I had upon earth!  
Stand not thou up against me a witness! Oppose me not, judge, in my  
quest! Accuse me not now of unfitness, before the Great God, the dread  
Lord of the West!"*

Rise and align thyself, as follows: Touching the forehead, vibrate: **Ah-toh**; touching the Svadhithana chakra<sup>2</sup>, vibrate: **Ah-dam**; touching the right shoulder, vibrate: **Aye-moh**; touching the left shoulder, vibrate: **Ab-ra-had-ab-ra**; clasping the hands before the heart, vibrate: **Ah-mah-day-us Ah-Men**.

Advance to the East. Formulate a pentagram as the working requires, charging it with the sign of Horus<sup>3</sup> and **El-oh-ah Had-has Mah-ha-ree-sha**. Retire in the sign of Harpocrates<sup>4</sup>. Go round to the North and repeat; but with **Noo**. Go round to the West and repeat; but with **Bah-bah-lohn**. Go round to the South and repeat; but with **Ha-deet**.

Return, and facing East, recite faithfully the adoration A KA DUA from the Stélé 666, being: "**Ah Kah Doo-ah Toof Oor Bay-oo Bee Ay Cheh-foo Doodoo Nehr Ehf An Neh-teh-roo**" then: "**Zeh-kar! Ee-Oh Zeh-kar! Ee-Oh Ee-Ah-Oh! Ee-oh Sway-dah-ma! Ee-oh Ee-oh Sway-dah-ma! Ee-Ya!**" and invoke Pan with "**Ee-oh Pahn!**" in the Paean and the signs of N.O.X.<sup>5</sup>

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<sup>1</sup> For example: kneeling, arms partially outstretched, hands open with palms up, head slightly raised as if looking to the beauty of a sunset off in the distance.

<sup>2</sup> The second chakra located on the level of the genitals, which encompasses the genitals and the hypogastric plexus.

<sup>3</sup> Focus is the concept behind the sign of Horus. One work executes this concept thusly, "While breathing in deeply through the nostrils, draw the hands, palms forward, to the forehead. The moment the breath is full, step forward with the left foot about twelve inches and thrust forth the hands while invoking the name, thereby "flinging" the charged pentagram to it's desired quarter." Of course, experience is the best teacher.

<sup>4</sup> Withdraw the left foot and place the right forefinger upon the lips.

<sup>5</sup> As in Aleister Crowley's Star Ruby. The gestures themselves are taken from Liber Reguli from Magick in Theory and Practice:

Extending the arms such that the body forms a cross, exclaim:

*Before me, Truth; wherein my work is ever pure and in balance. Behind me, Love; wherein acceptance and understanding are watered and nourished. On my right, Courage; wherein I overcome all obstacles to my will. On my left, Responsibility; wherein I find harmony through the recognition of my will and worth.<sup>6</sup> For this is the love-promise of*

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Let him make the sign called Puella, standing with his feet together, head bowed, his left hand shielding the Muladhara Cakra, and his right hand shielding his breast (attitude of the Venus de Medici).

Let him give the sign Puer, standing with feet together, and head erect. Let his right hand (the thumb extended at right angles to the fingers) be raised, the forearm vertical at a right angle with the upper arm, which is horizontally extended in the line joining the shoulders. Let his left hand, the thumb extended forwards and the fingers clenched, rest at the junction of the thighs (Attitude of the Gods Mentu, Khem, etc.)

Let him give the sign called Vir, the feet being together. The hands, with clenched finger and thumbs thrust out forwards, are held to the temples; the head is then bowed and pushed out, as if to symbolize the butting of an horned beast (attitude of Pan, Bacchus, etc).

Let him give the sign Mulier. The feet are widely separated, and the arms raised so as to suggest a crescent. The head is thrown back (attitude of Baphomet, Isis in Welcome, the Microcosm of Vitruvius).

<sup>6</sup> The virtues presented are meant only as a guide and these should change as the adept better understands his own function and relationship to the universe.

The concept is that each of the virtues should equate to something in the universe that allows the adept to overcome obstacles to accomplish his will. With experience as a teacher, it would seem that virtues that are in accord

**Nuit** (Noo-eet), and my roaring enkindles all the worlds. By the mouth which utters, and the mouth which receives: **Ihp-sohs**.

End as thou didst begin: Touching the forehead, vibrate: **Ah-toh**; touching the Svadhsthana chakra<sup>7</sup>, vibrate: **Ah-dam**; touching the right shoulder, vibrate: **Aye-moh**; touching the left shoulder, vibrate: **Ab-ra-had-ab-ra**; clasping the hands before the heart, vibrate: **Ah-mah-day-us Ah-Men**.

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with the nature of the four elements and the universe in general would bring the most balance and success.

<sup>7</sup> The second chakra located on the level of the genitals, which encompasses the genitals and the hypogastric plexus.