

ZERDIN

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ISSUE 6 – FEBRUARY 2006

**BUZZ
SHEET**

the truth is within

The untold story of Noah's Ark

Table turning –
a Victorian phenomena

The Saturday
Night Club

Remarkable Rhinehart

Our mission: To Promote the Safe Practice, Development,
Knowledge and Understanding of Physical Mediumship,
Spirit communication and Associated Phenomena

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EDITORS COMMENTS

It is with great pleasure that Tom Harrison has allowed the Fellowship to publish an article about his talks on physical mediumship which is covered in his book 'Life after Death – Living Proof.'

Over the past forty years he has been giving his talks and radio broadcasts across the world on the mediumship of his mother Minnie Harrison; ably assisted by his wife Ann.

He has agreed for us to publish extracts from his talks, including photographic evidence of his mother's mediumship, particularly ectoplasmic materialisation.

This article is as close as one can get to reading how, with the love and cooperation of the Spirit world, a circle of dedicated people progressed over several years to achieve spectacular results in the séance room. As you read Tom's article it is almost as though you are sitting in the séance room with the circle...

Minnie Harrison's mediumship, along with that of other great physical mediums like Leslie Flint, Helen Duncan and Jack Webber, enables the reader in the present time to read about physical mediumship of the forties, fifties and the sixties, which bridges the gap from the Victorian and Edwardian eras to our present day physical mediums.

Thank you Tom and Ann for sharing these times with the Fellowship.

You can purchase Tom's book 'LIFE AFTER DEATH LIVING PROOF' via the Buzzsheet. See advertisement in this issue.



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WE NEED YOUR HELP, AND WE OFFER OUR HELP TO YOU

Here we are one year older, now issuing our sixth edition of the Buzzsheet with the website on line. We have held our first Zerdin Séance at York with the medium Mr. Stewart Alexander and many other fundraising events demonstrating deep trance mediumship to a high standard.

It is our hope eventually, to create a website of the highest standard, offering many facilities and to become truly interactive and international, showing the world that life continues after physical death, but of course, this will take time and money. We are working towards our first two-day seminar and séance in 2006 or early part of 2007 the physical medium to be appointed. Once again the Fellowship will be offering a 2006 séance with Mr. Stewart Alexander on Friday 24th of March 2006 in Mansfield, information on this event will be sent out but as usual it will be on a first come first serve basis. Any enquiries about this event please contact Mr. G O'Hara Administrator and Event Coordinator direct, his details are on the inside front cover of this Buzzsheet.. Sitters will need experience of sitting in a séance, or will need to attend a tutorial on the nature of sitting for physical phenomena to assess suitability to sit..

As you will read in this issue, we have set up our training and development program under the guidance of Mr. Eric Cargill our Training and Development Coordinator who is also a deep trance medium with many years of experience in spirit communication. As you will read, we will have a mentor to help you with your development in your area STAY I N TOUCH and ask for help through this training programme.

Why not ask Stewart any question you may have regarding your own development or indeed any question you have in general on physical mediumship in our column titled Stewart Alexander's Forum published in every Buzzsheet.

Fellows can also advertise free of charge in the Buzzsheet under the Searchlight column where you can advertise for

sitters or advertise your wish to be a sitter for a developing physical medium. It is your service and its available why not use it.

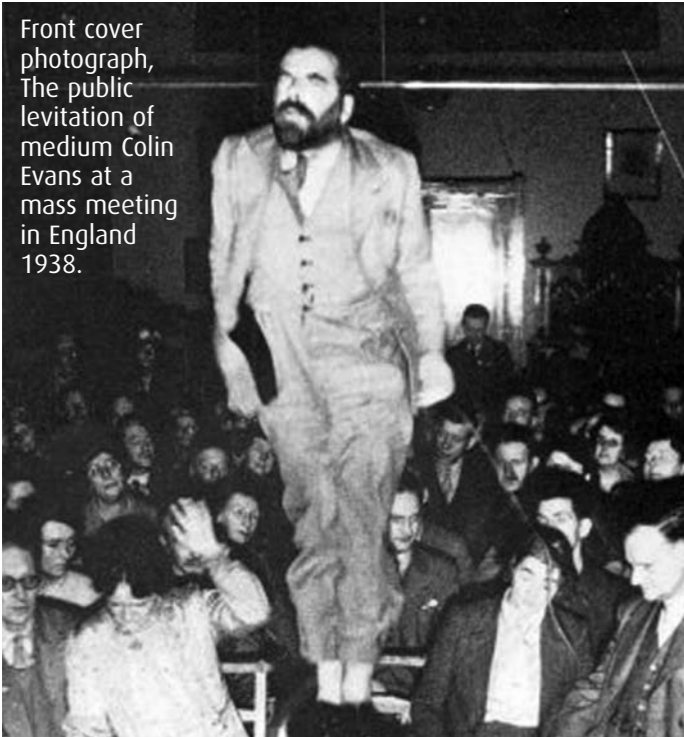
As most of you already know, the Trustees and other fellows give, of their time and service free of charge, help is one thing but the rest takes money, so if you are felling generous.

We would welcome any DONATIONS to:
The International Coordinator, Mr. Dennis Pearman
The Gatehouse, Priors Leaze Lane, Hambrook,
West Sussex. PO18 8RQ

STAY IN TOUCH.... KEEP SENDING IN YOUR ARTICLES

The following are some examples of what we need FROM YOU:

- Tell us about your medium, tell us about your circle, and tell us about yourself.
- Let us know about other experiences you may have had with other mediums (circles, séances reports or articles).
- How did your circle start, what do you hope for the future of the circle?
- Your own Spiritual Experiences.
- Comments on the Buzzsheet (treat us gently)
- Comments on the Fellowship so far and possible ideas for the future.
- New ideas for the Zerdin Buzzsheet.
- Seminars or lectures you may have attended.
- Tell us about our Pioneers, those that have gone before.
- Anything you feel strongly about.
- Spirit philosophy.
- EVP, Apports and strange events. Spirit photography Orbs etc (Photographs please of Phenomena).
- Educational articles on spirit, and the spirit world.



Front cover photograph, The public levitation of medium Colin Evans at a mass meeting in England 1938.

SEARCHLIGHT

A SERVICE FOR ZERDIN FELLOWS TO STAY IN TOUCH...

Advertise free for sitters seeking mediums, and mediums seeking sitters!!!!

See enclosed 'Searchlight' leaflet to complete, and advertise in the next issue!

Here are a few that have already written in with their requests.

Richard medium from Hull... Looking for dedicated sitters.
Paul medium from Canterbury Kent... Looking for dedicated sitters.
Cathryn medium from Dorchester Dorset... Looking for dedicated sitters.
Sylvia sitter from Seaham... looking to join a physical circle.
David sitter from Batley... looking to join a physical circle.
Pauline sitter from West London... looking to join a physical circle.
Catherine from Chipping Norton Oxfordshire... looking to join a physical circle.
Penny & Richard from Nailsea... looking to join a physical circle.
Margaret from Cannock... looking to join a physical circle.
George from Chaldon Surrey... looking to join a physical circle.

Below are people who would like to get in touch with others interested in Physical & trance in their areas:

Heather from Coventry... Gillian from Coventry... Anne from Troon, Ayrshire... Joy from Tonbridge, Kent... Jane from Guildford, Surrey... Steven from Torquay, Devon... John & Maryse from Ollainville, France... Gordon from South Wales...

IF YOU CAN HELP IN ANYWAY, OR HAVE A REQUEST YOURSELF PLEASE SEND DETAILS OR EMAIL:

Zerdinfellowship@rpearman.fsnet.co.uk

**OR SEND IN YOUR REQUEST TO: Rosalind Pearman, Zerdin Coordinator,
The Gatehouse, Priors Leaze Lane, Hambrook, West Sussex PO18 8RQ England**



THE PORTANY CIRCLE

CHRIS HOWARTH – PHYSICAL MEDIUM (SITTING APPROX 12YRS TO DATE)
SÉANCE ROOM (HARROGATE CHURCH) NORTH YORKSHIRE.

A report on our usual Monday night sitting, with a breakthrough on the circles development...

By Sylvia O'Rourke

On Monday 28th November 2005, we attended, as usual, our séance night, myself Sylvia, David, (Chris's brother), Jason, Bill, Debbie & Steve (Circle leader) and of course Chris the medium. We started on time at 7:30 pm and Chris went to meditate from 7:00 pm until 7:25, everyone else sat waiting for him to enter the séance room.

The circle leader led Chris into the Séance room, and then proceeded to strap him into the chair within the cabinet. Only his hands were tied, the straps passing through the arm of the chair drilled to take the straps. Some luminous tabs were also placed on his knees and on his shoulder at either side, tabs are also placed on either side of the cabinet at the top of the cabinet structure, so that relative movement within the cabinet can be judged.

Steve made sure he was securely strapped in the chair and pointed this out to the rest of the sitters. Bill darkened the rest of the séance room and then took his seat, the cabinet curtains were manually closed and the opening prayer said

As always, we all started singing to raise the vibrations, within a short time the medium was heard to go into a deep trance state. White Feather, as always, opened and blessed the circle, most of our regular communicators then came through with their usual personalities. One of the guides announced himself as "Daddy Cool" and has just started coming through recently, sounded a bit like an old American rock star, Daddy Cool proceeded to cool the séance room down and believe me when he comes he turns the room into a freezer almost immediately! We believe this is a diversion, whilst other souls are making themselves ready to come through, the freezing energy just pours out of the cabinet, engulfing the sitters.

Some of the sitters, but not all see a dimming of the light from the luminous tabs placed on Chris as if spirit was

walking past them or switching off the light from the luminous tabs. Also over the past few weeks, a white luminous glow has been seen swirling around the feet of the medium in front of the cabinet, trying to build, everybody sees this.!

Our breakthrough on this particular evening happened when the séance was coming to a close, spirit surprised all of us. White Feather came through to say his goodbyes and as he was speaking Chris the medium was levitated while still in his chair up in the air to a height of some seven feet, we witnessed the luminous tags rise as they were attached to Chris.

The next thing we witnessed was that the chair and the medium came crashing to the floor with a hard thud as the chair tumbled to the floor. When the closing prayer had been said, Steve put the red light on;

We were all amazed to see what had happened. The medium appeared to be soaked in water through to his pants from the jug of water that was near the cabinet. The cable ties were undone – not snapped, but undone as though they were never put on him and the chair & the medium were on the floor. The medium stood up and the sitters were amazed at how his height, even on tip toe, could not reach the great height that spirit had levitated Chris up into the air. To me this is something very exciting happening for our circle and Chris's development.

It is amazing what spirit is capable of achieving. We should never doubt the abilities or spirit, because when the time is right for them to work wonders with you, they will.

Patience, dedication and of course love and harmony can achieve the impossible.

TANGO WITH CHRISTOPHER FUND RAISING EVENT FOR THE FELLOWSHIP

We are pleased to announce that Mr Christopher Howarth has agreed to take on responsibility for fundraising for the fellowship. This very important role will involve liaising with yourselves to raise money for the Fellowship. This will help to support our expansion into other area that we need to be aiming for the future. Moneys raised through Christopher and your activities will go towards supporting, training, seminars, workshop, tutorials, séances, and creating our website to be exciting and informative to get our message out to the world.

As always, we need your help Christopher cannot do all of this on his own, as the say it takes two to TANGO and we hope you will help raise money for the fellowship in your area.

Raising money should not have to be to taxing, we would like you to contribute in anyway, and you can.

Why not start to TANGO with Christopher today, and let him help you with your ideas and events in raising moneys for the fellowship, so if you would like to help. STAY IN TOUCH and contact Christopher Howarth Fellowship Fundraising Coordinator on:

01947 810643

Alternatively, Email:

Christopher@howarth9593.freeserve.co.uk

AN EGYPTIAN IN NEW YORK

REPORT ABOUT EXPERIMENTAL SESSION WITH DR. SAFWAT EL AMIN

By Dr Alexander Imich

Dr. Safwat El Amin, in his fifties, is a man of many talents. He is a filmmaker, painter, puppeteer, musician, writer, healer and psychic producing telepathic, clairvoyant, macro PK, as well as other unusual physiological phenomena. The sessions were held in the New York City apartment of Dr. Alexander Imich. Present were: Safwat El Amin (SE) and Alexander Imich (AI). AI is sitting at his desk, SE is sitting at his desk.

Dr. Safwat El Amin, Egyptian citizen visiting New York City, demonstrates under informal conditions, macro psychokinetic phenomena. Described is experimental session.

1. 9 ARE. A black leather strip 7 1/2 cm long and 1 cm wide with gold imprint appears in the empty cigar box sitting on the desk.
2. 9:10 ARE an old matchbox with seven matches appears in the same cigar box
3. 9:14 AM An old matchbox with eight matches appears in the same cigar box.
4. 9:28 AM One penny, 5 cent and 25 cent coins are thrown into AI's lap.
5. 13:00 PM AI selects 3 cards out of a new deck of playing cards, puts them back into the deck in different locations, shuffles the deck several times and puts it on the desk. A minute or two later, the selected cards are found on the floor behind AI's chair.
6. 13:12 PM AI selects 3 cards from the same card deck, puts them back into the deck in different locations, shuffles the deck several times and places it on the desk. A minute or two later, SE asks AI to open the desk drawer; all selected cards are in the drawer.

7. 13:21 PM The previously described procedure of selecting cards is repeated but this time AI gives the shuffled deck to SE. SE bends the entire pack holds it in one hand and the 3 selected cards jump out of the deck.

The described phenomena were not devised by the experimenter but were produced by the psychic without previous announcement. Therefore, no precautions against fraud could have been undertaken and the session was not a well-controlled experiment. However, the session took place in full daylight in the office of the experimenter and the psychic did not change his position during the entire session, but remained sitting on the chair at the side of the desk some 70 cm. away from the experimenter. These conditions exclude the possibility of fraudulent action. Cases 5, 6, and 7 constitute a rare, but for this psychic, a characteristic combination of telepathy and psycho kinesisis. Case 6 – the appearance of the selected cards in the closed drawer represents psycho kinesisis, possibly combined with penetration of matter through matter.

Apports of various items, a phenomenon often produced by Sathya Sai Baba and not frequent with the Western psychics is one of SE's extrasensory specialities. In other experiments, not described here, he has apported soil, crystals, moss, ferns, leaves, bark, mussels, jewels, coins and banknotes of various countries and denominations. As a rule, the apported object has no or little monetary value and remains after the session, while jewels and banknotes, sometime in large numbers and of high monetary value, disappear during the session.

SE declares, "This money must have come from somebody's account and we do not have the right to keep it."

INTRODUCTION. The following is a letter from Donna James earthbound to Walter Stinson residing in spirit. It's a nice thought to write to our friends in spirit, Donna is STAYING IN TOUCH.

A LETTER TO WALTER

Donna James, South Oxfordshire

Walter S Stinson Esq.

c/o The Alexander Circle, Hull

My Dear Walter

Just wanted to drop you a line to thank you for the time you spent with me during Stewart Alexander's physical séance at Jenny's Sanctuary on 24th March 2005. When you called my name and asked me to sit beside you, my heart was racing 10 to the dozen. Having sat in one of Stewart's séances last year, I had obviously heard your dulcet tones before. However, sitting next to you, I felt anticipation at what lay in store, at what I was about to experience. Your gentle kindness very quickly put me at my ease.

You carefully explained how important it is, both to your world and ours, to try to convince the whole of mankind upon the earth regarding the true nature of life itself, the fact that life is eternal. How, because of the great sorrow and sadness that exists on the earth plane, your world takes every opportunity to reach out to us, and if mankind could maybe finally accept that there is no death, we might just achieve heaven upon this earth.

When you described the heightened sensitivity that Stewart was undergoing at that time, it was with great care that I followed your instructions to place my left hand upon his right hand, with my right hand placed on top of my left. After having slid my hands up Stewart's arm and felt the cable tie firmly securing him to the arm of the chair, you know how amazed I was when both mine and Stewart's hands, still linked, lifted into the air, as Stewart's arm passed through the plastic cable tie, which was totally intact and attached to the chair's arm.

Yet another miracle is quietly performed whereby you re-bind Stewart's arm to the chair whilst explaining to all of us, that what we have witnessed is for the whole of mankind, not just for those of us

fortunate to be gathered there that evening. You stressed that the Spirit world cannot work alone, that you rely and depend on us also, to work together as a united whole.

With Stewart's arm yet again firmly bound to his chair, you invited me to hold his hand with my left hand and to feel for the strap with my right, but this time you asked me to keep my fingers on the strap, and to press down as I did so. I was trying to stay as sensitive as I could to my surroundings, checking for any rise or drop in the temperature of the strap or in the air around me, but I didn't sense any. I tried to feel for changes in the strap itself, maybe it would momentarily disappear, but if it did dear Walter, I didn't notice. Somehow, without physical detection by me, you had passed that plastic cable tie through the wooden arm of the chair. All that I was aware of was my arm being lifted into the air again, still holding Stewart's hand but this time the cable tie was dangling from his arm, a bit like a bracelet, which I slipped off over his hand and will always treasure as a memento of our time together.

It is awe-inspiring to think of all the effort that goes on your side of life, to enable such wonderful feats of phenomena to take place. The Spirit team working together, using the energies provided by Stewart and the sitters, blending, mixing and then demonstrating the supposedly impossible, all of which appear so effortless to our human senses.

To hear you help yourself to a replacement strap from the table, and re-fasten Stewart's arm to the chair was incredible. I wasn't quite sure what to expect when you told Ray that you were going to do something a little different next, so imagine my delight when I felt your hand stroking the top of my head! What an honour to be caressed by a lovely man who passed away almost 100 years ago!

In closing dear Walter, I would like to take this opportunity to thank you and all who worked so patiently and diligently on our behalf that evening, to Stewart and the Alexander circle for travelling "down South", and for allowing all of us there, myself in particular, to experience the miraculous feats that we were so fortunate to enjoy. The words "thank you" just don't seem capable of conveying the level of gratitude I would like to express. I will just have to hope that you know what I mean.

With love always
Donna

STEWART ALEXANDER'S TOUR OF SCOTLAND

By Mary Armour

Returning home, physically tired, but spiritually enriched, the team (Mary & Joe Armour, Alf & June Winchester and of course Stewart Alexander), parted ranks in Glasgow on Saturday 7th May, thinking, "we' re no awa tae bide awa".

So many requests having been made for a return in 2006

The medium and his entourage, commenced this exciting 8 day tour, at the college of psychic studies, 8 Melville Street, in Scotland's capital, Edinburgh.

Saturday 30th April, commenced with a seminar – Alf. Speaking on the subject "rods, pods and alchemy", illustrated with wonderful slides of many famous physical mediums of the past. As always Stewart held everyone in the palm of his hand as he related the marvellous, miraculous, story of his development. An incredible journey of happiness, tears, hard work and dedication

Mary Armour continued in the afternoon, with a lecture "science in the seance room" covering great scientists of the past, s.p.r researchers, ghost busters, like Harry Price, and even mentioned work of today's s.p.r enthusiasts. A sumptuous buffet lunch, provided by the college at lunchtime, made the whole day an unforgettable, impressive start to a (if you pardon the pun) phenomenal week. Then, just when you think it can't get any better, the first day was to finish with a deep trance demonstration by Stewart with many attending receiving, glorious, tear jerking and also happy communications from their loved ones, in the higher realms, the evidence being "out of this world".

The Sunday dawned and the team began to set up for the seance, being held on Sunday evening. Blackout complete, chairs selected and the college library became a sanctum, where two worlds became one. During the two-hour long encounter, we witnessed the passage of matter through matter, viewed in red light ectoplasmic hands and viewed trumpets dancing high in the air. And of course the evidence, by direct and independent voice, given to sitters, being instantly recognised and verified by relatives receiving communication.

One outstanding materialisation was Dr Barnet, who gave Mary a healing, saying it will take 2 or 3 days to feel the benefit of it.

Many were touched by spirit, solid warm hands, coming together in love.

The next day, Monday, we travelled to Portobello, to meet our hosts the Gordons, where in Roberta's church, everyone enjoyed another outstanding evening of trance, by Stewart.

Tuesday evening, found us back at the college library for another truly remarkable seance, this time, being the chance for East Lothian members to gather together, reunifying the present with the past.

Once more, we were privileged to witness the truly remarkable manifestations and feats of phenomenal, skilful, demonstrations of the power of our spirit communicators.

Wednesday found us heading off to one of the islands of Scotland. We were literally going "doon the watter" to beautiful Bute and Rothesay.

Mary Armour's "white rosebud group" expertly trained by leader Margaret Turner, presented a night of healing, clairvoyance and trance. The energy and feeling within this tiny circle, being the most dynamic, yet humbling experience, seldom found in the movement today.

Next day, Thursday, it could only get better. Having been privileged to sit with Stewart since 1993, this was to be the best seance ever.

Having only 19 sitters we were able to form one reasonable circle, where everyone had a ringside seat.

With all seated, we went through various experimental procedures and then the evening became very interesting. Stewart, a circle member, received healing from Dr Barnet. One young lady came forward to hold the hand of Walter Stinson. His impression on this beautiful girl was so marked, that she requested a picture of Walter, who of course was the brother of Margery Crandon, having lost his life in a railway accident in 1911 at the age of 28 yrs.

He worked through Margery for a considerable time and to this day works through our own Stewart Alexander. The energy at this seance was such that after all of this materialisation – there was still energy to levitate, to a great height, the table in the middle of the floor, the table still being illuminated by red light. This was indeed the icing on the veritable cake. Many having been touched by spirit, we all went on to the teapot tearoom to enjoy a buffet supper and marvel and discuss the intertwining of the two worlds.

This was not the first time Rothesay had been visited by a physical medium. Many years ago from 1913 – 1919, there had, in fact, been seances held in "Glenbeg House" the home of ardent spiritualist, businessman James Coates, (Coates Mill, Paisley), the medium being the direct voice medium, Mrs Etta Wriedt, of Detroit, Michigan, U.S.A.

The coincidences grow more Mrs. Wriedt was often conscious, during the phenomena, as is our medium Stewart. Etta used to go to Berkley Street, after her sittings in Rothesay and folks, just guess where Stewart's next venue was, yes, same place, the Berkley Street Church, and Glasgow!

Friday morning, full English brekkie downed, we found ourselves on the scenic route to Glasgow. The reports of Etta's seances can be found in the book, "The Voices" by Vice Admiral Osborne Moore, the reports also appearing in various issues of the publication "Light".

Luggage loaded, we piled into the cars. This was to be another historic journey, as we went via Callander, Perthshire to visit one of my best pals, Flossie Macfarlane Morrison, and niece of the much publicised, acclaimed, celebrated, physical medium Helen Duncan. For two hours we sat enthralled, listening to her childhood memories of her aunt Helen or Nell as they affectionately called her "tempus fugit" as we say, we reluctantly bid Flossie a fond farewell and set off on the last leg of our odyssey to the association of spiritualists, Berkley Street, Glasgow.

Arriving in Glasgow Friday, exhausted but happy, we partially prepared blackout for Saturday's seance. Saturday's workshop called "a day with spirit" the programme being headed with a picture of our beloved Albert Best, benefactor and much loved medium of Berkley Street Church, got off to a swinging start.

Alf Winchester was to recollect once more his memories and in fact incredible knowledge of spiritual mediums and share them with the students. Followed by Stewart, the people sat on the edges of their seats, marvelling at the incredible, humble, modest soul gently relating a story of mega spirituality infrequently around today.

The morning was to close after the two workshops closed for lunch. Trance development was in the capable hands of Mary Armour whilst, mental development sailed ahead, with Stewart Esler firmly at the helm. The afternoon's session commenced with Chris Batchelor from Kilmarnock, delivering his lecture, "realising your power".

I have known Chris for many years and each time I hear him speak, I am filled with the most incredible peace, love and understanding, his presence brings. No time for a tea break, we continued with a trance demonstration from Margaret Turner from Rothesay. Evidence received bringing tears to an associate's eyes.

All good things must come to an inevitable end and the afternoon session finished with a demonstration of clairvoyance. A trio of mediums, Mary Armour, Stewart Esler, and new "boy wonder" Peter Gough, delivered fast, credible contact information to sitters, sometimes working like shotgun volley, with three mediums, at one point, working with the same spirit conductor of the heavenly band of communicators.

Thank you's over, we retired to rest before our final seance of the tour. The climax of all this wonder, the zenith of all expectations was to become once more the merging of the two worlds.

Billy, president of Berkley Street Church, received a message from his beloved wife who had just passed that week. He witnessed the binding of two material bands becoming intertwined (passage of matter through matter), and was given them, by spirit, for

evermore to be a memory of that momentous, unique happening, Chris Batchelor was, in fact about the sixth man ever to be asked to hold the hand of Walter Stinson, (Walter favouring the lovely ladies) and did shake this warm hand and view it in red light.

Margaret Hornal was to benefit from the healing hands of the materialised physician, Dr Barnet, who also walked amongst the circle, touching people and delivering healing.

The evening's almost magical events were interspersed with the trumpets flying around, luminous bands showing the height, velocity and patterns of dynamics, displayed by the power of the spirit.

White feather eventually, reluctantly closing the night, wished everyone peace and love and what was the experience of a lifetime was drawing to a close, yours truly still being overawed at the levitation of the table in visible red light. We all parted, with hugs and well wishes of a safe journey home and hopes of a repeat performance next year.

Parapsychology describes and tries to explain certain kinds of psychic phenomena in physical terms. Spiritualists believe in man's existence after bodily death and try to communicate with the deceased. Although facts of post mortem existence are known, only a minority of parapsychologists accept this truth.

RELATIONS BETWEEN PARAPSYCHOLOGISTS AND SPIRITUALISTS

By Alexander Imich

Parapsychologists are poorly organized. Their only international structure is The Parapsychology Organization, Inc. Before the election of its leaders, the candidates extol the new directions in which they will lead and new activities they will start; and yet after the election, all these promises disappear. The only sign of life of the organization is the yearly meeting of members during which they read their prepared papers and discuss various topics. This meeting is held in different US locations and sometimes in Europe. Because of travel and hotel expenses only some members do attend. Although parapsychology was recognized by the American Association for the Advancement of Science as a legitimate science, it is not funded by governments. And while there are thousands of active physicists with billions of dollars at their disposal, only dozens of scientists supported by private donations are doing research in parapsychology.

Due to the efforts of a famous professional debunker, two parapsychological laboratories have lost their funding and have had to close. This created a situation somewhat similar to one that existed in medieval times when scientists were persecuted by religious authorities and Copernicus dared to announce his discovery only when he was already close to his death. In this inimical atmosphere, the editors of parapsychological journals publish reports about the phenomena of extrasensory perception but are afraid to publish anything dealing with macro psychokinetic phenomena. Uri Geller enriched the number of such phenomena by deforming cutlery, and parties of spoon and fork bending became fashionable. While psychic producing a variety of other physical phenomena are extremely rare, there are thousands of fork and spoon benders, yet no

serious research on this phenomenon is being done by parapsychology researchers. My report with a videotape of a psychic bending by 180 degrees a stainless steel fork placed inside a transparent, padlocked Plexiglas box was rejected for publication without valid justification by one of the leading parapsychological journals. England has mediums producing ectoplasm, yet no reports about experimenting with them are being published in JSPR. Even the full size psychokinetic phenomena produced at Scole have been boycotted by the Society's editorial board. I urged one of the editorial board members to witness the phenomena produced by one of the spiritualist mediums; the board member promised to visit him but never did.

Many facts prove that life does not end with the death of the body. Though many individual parapsychologists accept this truth, parapsychology as a science does not. Parapsychologists are looked down upon by scientists of other more "legitimate" disciplines. In turn, parapsychologists keep spiritualists in lower esteem rather than cooperating with them.

Such cooperation will bring mediums producing physical type phenomena to the attention of parapsychologists. The results of research on physical phenomena is important to physics; it will bring parapsychology to the attention of thousands of physicists, and will eventually bring factual recognition of the paranormal by mainstream science followed by funding of PSI research by the governments. It will also present in new light the activities of spiritualists and rectify their position in contemporary society.

I was so very privileged to experience such remarkable physical phenomena, week after week after week, for some 8/9 years, in our Home Circle with my mother, Minnie, as our remarkable medium. We sat in the friendly, peaceful, ten by twelve foot living room of our good friends – Sydney and Gladys Shipman in Middlesborough, N.Yorks. – so I can assure you all, that Life after Death is a fact.

THE SATURDAY NIGHT CLUB THE MEDIUMSHIP OF MINNIE HARRISON

by Tom Harrison

Death is nothing more than a change of 'state'. We simply rid ourselves of this restrictive and sometimes pain-wracked physical body and move to a higher vibration. During those exhilarating years we had over 200 guest sitters who all met, recognised and spoke with their own loved ones and friends from the Spirit World. They all affirmed the genuineness and naturalness of what they had experienced and in some cases said it had even changed their way of life. They had certainly lost the fear of death. When you have met, shaken hands with, embraced and sometimes even kissed, more than 1,500 of those solid, materialised friendly visitors from the Spirit World, as I was so privileged to do, there is no question about the reality of the Spirit World. It truly does exist.

But I am jumping ahead – let me start at the beginning of the 'Saturday Night Club', so called because for the first few years, we always sat every Saturday night – so what better name could there be? And I mean every Saturday night, except for sickness and the month of August for holidays. With a family of small children Doris and I had to rely on the goodness of our relatives and friends to act as baby sitters, but we were never let down. Saturday night to us all was sacrosanct. From the very beginning we all agreed that our Home Circle would be an extension of the Saturday night family social evenings – an informal joyful meeting between friends here and friends from the Spirit World. As simple as that.

During World War 2, while I was away serving seven years in the Army, my mother, father and first wife Doris regularly visited Syd and Gladys's every Saturday evening for a social gathering in their living room alongside the shop, where Gladys played the piano and Syd his violin – the same living room where we held our Home Circle. Syd and Gladys had a general

dealers shop and bakery so had the rare benefit of a telephone, which meant that when I was stationed in UK I could ring my wife and mother every Saturday – a real treat in those days. When on leave of course, I also joined them, which became a weekly pleasure after my demob from the Army early in March 1946. Five of us were long standing Spiritualists and Gladys was quite interested, so it came as no surprise when, after about 3 weeks, Syd suggested we had a Home Circle.

We had no idea, of course, about the way it would develop and although we did have a few experiments, always with our Spirit friends' permission and agreement, we were often reminded by them about our original intent. We would certainly never allow the so called 'researchers' to subject my mother to their undignified and questionable testing for their own personal gratification. She would arrive on the local bus about 20 minutes before we started, take her seat on the end of the semi-circle of chairs round the fireplace and have a little chat before we started, promptly at the agreed time. Whatever phenomena we witnessed were unquestionably genuine – we all knew that. We were certainly not gullible, self-deluding 'fanatics' and what purpose would there have been to fool ourselves or be deceitful or dishonest? The guest sitters were never charged, my mother would have abhorred such an idea, and they always enjoyed Gladys's hospitality with a delightful supper afterwards – so there was no financial motive to 'make something happen'. I am sure you will appreciate that as the phenomena developed, our exciting Saturday nights could not come soon enough!

My mother, now aged 51, was a developed deep control trance medium and we were looking forward to talking to our Spirit friends through my

The Photographs: All the photographs of the Spirit people who materialised were taken primarily for the benefit of my mother who was always in complete trance when the ectoplasm was being taken from her. She never saw any of the ectoplasmic Spirit people who materialised each week nor was she aware of the trumpet movement and the ectoplasm and we hoped that our experimental photographic efforts may produce results which we could all enjoy. We were delighted when we achieved such splendid results as far as we were concerned. I hope you will enjoy them but appreciate they were all simple everyday amateurish 'hit or miss' efforts and not up to 'scientific research' levels.



1. Aunt Agg in her garden in London shortly before her passing in Nov. 1942.

2. Granny Lumsden at her front door shortly before she passed over in 1930. (compare it with the spirit face in 4)

3. One of our first efforts on 18th Oct.1947 with a dim red light – Agnes Abbott (Aunt Agg) sitting on a chair, talking to us for some eight minutes. Plate exposure was 2 minutes, hence the head movement as she talked.

mother – which is so exciting in itself – but we had no idea of what wonders lay ahead. Fortunately my mother was quite happy to sit although you will realise, as our trance medium, she would not enjoy the direct chat or communication with our Spirit friends. Such was the situation throughout the many years ahead – we always had to tell her what had happened when she came out of her trance state. That was when I made my brief notes in my old Army notebook – something I commend to all Home Circles. Fortunately now, of course, there is the benefit of a tape recorder, from which transcripts can be made afterwards. But your records are so important as our memories can 'play tricks'.

So on 6th April 1946 we had our first sitting when my mother was controlled by a Spirit guide called 'Running Water', a North American Indian who was the guide of Agnes, one of her elder sisters who had passed over some 4 years earlier in 1942. Agnes, (Mrs. Agnes Abbott) known affectionately to us all as Aunt Agg, had been a trance medium in London at the old MSA, which became the SAGB, and a 'trumpet' medium in her own Home Circle. 'Running Water' asked us to sit with a 'trumpet', (which is a simple megaphone), and told us we would get as good results as his medium! Unbelievable we all thought, but then murmured something about 'Oh ye of little faith!' Syd made a cardboard trumpet ready for the next sitting, which Running Water said must be in complete darkness – which condition prevailed for the trumpet phenomena throughout our years of sitting always in complete darkness. It was only when we had ectoplasmic materialisations that we received permission to have a red light as agreed with 'Sunrise', my mother's own North American Indian guide and Circle controller from the Spirit world – a staunch and completely reliable friend.

We always started our sittings by reciting, in unison, the 'Invocation to Angels' from the Lyceum Manual, but any other sincere opening prayer would, of course, be satisfactory. We then sang bright and cheerful songs – often children's nursery rhymes which we all knew, to raise the vibrations. Our Spirit friends tell us that 'dirge-like' hymns are not very helpful at all in a physical phenomena Circle. Even more important of course, is that there must be complete harmony and sincerity amongst the sitters. This cannot be stressed too much – it is imperative for a successful Circle.

We certainly had no problems in this respect, but even so we could hardly believe it when, during only the 3rd sitting we heard the trumpet beating time on the floor during the singing – wonderful, we all said, but more was to come!

At the end of the sitting of about an hour, when Syd put on the light and removed the trumpet from its position in the middle of the room, there on the carpet underneath it, was a small piece of white cherry blossom, which proved to be the first of hundreds of 'apports' over the years. There was hardly a week went by without our receiving an apport – mainly flowers, often brought for a specific purpose/person – a birthday or special anniversary – which we could then deliver on the Sunday. Our Spirit friends never forget us and still remember those special occasions. When we asked where the flowers came from, initially we were told, they were brought from the nearby small front gardens which we were able to check, and if it was raining the apports were quite wet!

Some time later we occasionally received beautiful 'bouquets' of flowers (not 'gift wrapped'!) for these special anniversaries – just laid on the hearth of the fireplace around which we were sitting. As they were obviously not from a garden, I asked Aunt Agg, as she stood in the room talking to us, where they came from and laughingly suggested they were being 'nicked' from somewhere. Aunt Agg's reply was very interesting. A few hundred yards along the road there was a florist's shop and, she said, all the flowers on a Saturday night were put into an old shed out the back – long before the days of special cabinets. By Monday morning, she continued, many of them would be dead or not fit for sale, so she was only saving them by 'borrowing' them to give pleasure to someone else. We had a good chuckle of course, but thoroughly agreed with her reasoning and thoughtful outlook. As far as we know, at that time, Myrtle, the florist whom we knew quite well, was never aware of Aunt Agg's weekly visit – although she will have probably learned since she joined them 'over there'. A lovely story I feel showing the friendly relationship between the two worlds.

During the 5th sitting we heard the trumpet moving and then from mid-air we heard a Spirit voice saying quietly "I am trying, I am trying – that's enough for now". This proved to be Aunt Agg, who because of her own mediumship and empathy with my mother became a remarkable communicator over the years. Also during this sitting we heard something tinkling on the hearth, which turned out to be a Canadian 5 cents coin, which is still in my memorabilia.



APPORTS

(FROM THE FRENCH 'APPORTER' – TO BRING)

...are normal everyday items, which are moved from one place to another without human contact, through the solid barriers of walls and doors.

Apports, from left to right:

Top row: Mr Roeder's Lyceum badge, bearing the picture of Andrew Jackson Davis, handed to me by the materialised form of Mr Roeder Sitting 89. (see Chapter 18); Canadian 5 cent piece brought Sitting 5 (see Chapter 5); One of the four red carnations handed to me by Aunt Agg on her first materialisation (Chapter 7)

Next row: Royal Artillery button apported on another of our 'Soldiers' nights; An old penny taken from my box at Lambeth Road and apported in the circle, 3 streets away. Identified by a sliver missing from the reverse in sitting 14. (Chapter 8)

The Lower Half of the photo: An orange feather brought by Sunrise to the circle's 1st anniversary sitting (Chapter 14); A red silk Poppy brought during a sitting on one Remembrance Day; Sprig of heather brought for 'Good Luck'. Just one of the hundreds of our floral apports.



AN APPORT RECORDED!

Indian temple bells. The one on the left was in the room all the time and had been damaged by our children playing with it. The larger one on the right was the one brought as an apport during the "Christmas Party, 1954".

This is the tape of the only Christmas Party to be recorded and is still available from Tom.

THE SATURDAY NIGHT CLUB continued

The following week Aunt Agg spoke again, much stronger, and advised us about improvements to be made to the shape of the trumpet. The conversation lasted about 5 minutes – so between us Syd and I made four trumpets ready for the next sitting – cardboard, plastic, tin and a pyramid shaped one of plywood, so they could use whichever was most suitable. There was an immediate response during the 7th sitting and within a few minutes we realised that all 4 trumpets were moving at the same time. Aunt Agg spoke again, followed by Uncle Jack, another of the remarkable Bessant family – (my mother was the youngest of 11, all mediumistic including 5 trance mediums). Jack had been a trance medium himself before his sudden passing through a works accident at the age of 40 some twenty years previously. When Syd put the light on we saw a beautiful pyrethrum lying across the wooden trumpet and things on the mantelpiece had all been moved around – one of the many examples of telekinesis which we witnessed.

Over the next few weeks continued progress was made with more apported flowers and more Spirit trumpet voices. We did say to Aunt Agg that we were amazed at the exceedingly rapid progress over the few weeks sittings, and she told us that they had been building a 'power bank' during the many years of the Saturday night social evenings in that very room and were now making full use of it. So in effect, the Home Circle had been 'sitting' for over 5 years – another very interesting piece of information! Unbeknown to us, our Spirit friends take every opportunity to work behind the scenes.

From week 8 we had Aunt Agg's aluminium trumpet which had been used in her own Home Circle. I had obtained it from her daughter Gwen in London who had kept it since her mother's passing. It soon became the only trumpet used and is still in my memorabilia. It was also used during my early days of sitting in Stewart Alexander's Home Circle some 16 years ago and in our own Home Circle in Brayton more recently.

Although we could hear the trumpet moving around, knocking on the floor and gently touching our knees we felt it would be even better if we could see its movement. So we tried to obtain some luminous paint to apply a few spots on the bell-end of the trumpet – without success, so soon after the end of the war. I then remembered about an old wrist watch I used to wear with luminous figures on a black face which could be cut up and stuck on the trumpet. Try as I might I could not find it in our house – neither could Mam in their's, so we just forgot the idea. But not our Spirit friends. Come the next sitting, we were astounded to see at the end of the sitting, there on top of the clock on the mantelpiece was my old watch! A most unexpected but very useful apport this week. WE couldn't find it but our Spirit helpers could!

We stripped it, used the luminous parts and left the rest of it on the clock before the start of next week's sitting, during which I thanked them so very much and laughingly said they could take away the remainder which was not now needed. They took me at my word and when the light went on at the end, the watch had gone! Some weeks later, Gladys found it in a drawer in the chest in the sitting room – another example of telekinesis/apport. Incidentally, months later we were given some small pieces of luminous Perspex which Syd fixed to the aluminium trumpet, where they remain to this day. He also fixed a strengthening strip of thicker aluminium round the bell end as the softer aluminium had been badly misshapen with all the knocking on the floor.

During week 13, when Doris's mother and father were our first invited guest sitters, Aunt Agg told us that they had actually materialised some ectoplasmic Spirit fingers and we would have FULL materialisations in due course. Everyone very excited – unbelievable – FULL materialisations like Helen Duncan, with whom my mother, Syd, Gladys and I had sat before the war. It really was hard to take in such remarkable news! As requested, Syd painted one side of the wooden trumpet with white paint to act as a plaque. Over the next few weeks we saw a number of different sized ectoplasmic hands in front of the plaque and received permission to touch them as the Spirit people moved the plaque around the semi-circle of sitters. They were quite flesh-like and warm – another unique experience.

Week 17 saw the first of a few weeks of a different phenomenon – 'Spirit Writing'. From week 7 onwards I placed a sheet of paper fixed to a board, together with a pencil, on the hearth alongside me and invited our Spirit friends to please 'sign in' if they would. Nothing happened until week 17 when we could clearly hear the movement of the pencil on the paper in the darkness. I was certainly not moving the pencil and nobody else could get past me, so we were delighted to hear our Spirit friends writing on the paper. When the light went on at the end of the sitting we were thrilled to see a number of signatures on the sheet. This phase of the phenomena went on for some eight weeks and the sheets of paper are also in my memorabilia.

Week 18 proved to be different in that we saw a materialised hand holding an apported carnation. We learned it was Mona Hildred's hand, Gladys's younger sister who had passed over as a teenager some years previously. Our guest sitter that night was Syd's niece and Mona handed the carnation direct to her – another excited and joyful lady.

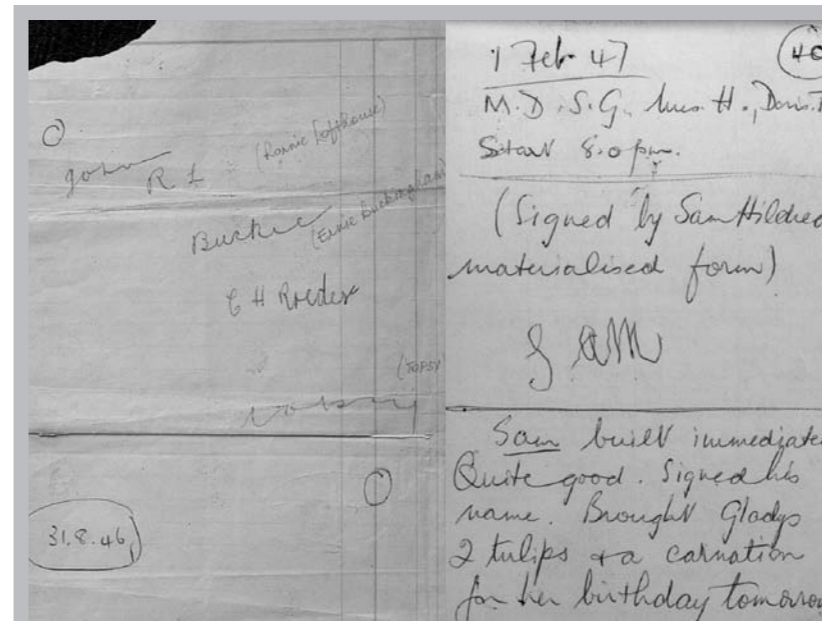
I could not attend Sitting 26 due to being confined to bed with a 'bug', so missed the first display of Spirit lights. Fortunately for my sake, over the next few weeks we had many more Spirit lights – about the size of a florin which shone quite brightly for up to 10 seconds. We were told they were



4. Granny Lumsden taken on 24th Jan.1948 with Mr Brittain Jones plate camera – on an exposure of 90 seconds

5. Aunt Agg, materialised our second attempt

6. Granddad Bessant taken on 7th Feb'48. Because of the red light the beard, which is also ectoplasm looks very dark and quite false but I can assure you it was part of him.



SPIRIT WRITING

A sheet of paper from Gladys' Accounts book showing the Spirit People who 'signed in' in sitting 18. The circles top and bottom was Sunrise's way of showing he was in control of the events. (I added the date and names in brackets after the sitting, to identify them.)

The writing in our Circle was completely without such human contact and took place in the darkness, during our sittings. During Sitting 6, I suggested that as another possible tangible means of showing our friends 'close presence' they could 'sign in' with the pencil on the sheet of paper resting, initially, on the

the incandescent ends of ectoplasmic rods. I was particularly thrilled however, when Doris returned home from that sitting and said she had been told by Sunrise to search our bedroom for a flower which our Spirit friends said they had brought for me. An apport brought not in the confines of the Circle, but in our own home some half mile from Syd and Gladys's home. It did not take her long to find a beautiful rose under one corner of the eiderdown on the bed! It was certainly not there when Doris left home and neither of us had put it there since! We promptly thanked our Spirit friends for their healing energy, thoughtfulness and love.

Also during sitting 26, a Spirit visitor had introduced himself through the trumpet as Edward Brown – known he said, as 'Brownie', a former street urchin and London barrow boy some 50 years earlier. He said Sunrise had 'summoned' him to help, as much healing was needed and he specialised in healing. He remained close to our Circle for many years and during the 1954 Christmas Party sitting even brought us the Indian bell which is also in my treasured memorabilia. He and Sunrise certainly did so much to improve my mother's health who had been diagnosed with and operated on, for breast cancer in 1940.

Sunrise often told us they were doing all they could to enable his 'meedie' (as he called my mother) to carry on with her important work. They obviously did a splendid job in so many different ways. When she went in for her regular check-ups, the specialists used to tell her that someone else was doing her much more good than they were! Mr. Brittain Jones, FRCS, a senior surgeon in the North East and one of their colleagues, who became a regular member of our Circle from week 33, used to tell them about the Spirit healing she received! They kept Mam going until her passing to Spirit in 1958, although we did not have so many sittings during her last few years here.

We had been sitting for just 8 months, enjoying the wonderful phenomena each week, when during sitting 32 we were astounded to witness such a breathtaking experience – truly 'out of this world'! By now, Gladys's mother, Mrs. Hildred, had joined us, particularly to talk most weeks with her husband Sam who had collapsed and passed over on Christmas Day 1945. Sam was very adept with the trumpet and spoke very clearly in his own particular way chatting about family

hearth and then, later, on a table alongside me, but we had to wait until Sitting 17 for their first signatures. As another phase of our development, the signatures continued for a number of weeks and I have the now rather faded sheets of paper, with the signatures still clearly readable, amongst my memorabilia. (see details in relevant chapters)

A photograph of the page of my notebook for Sitting 40 when Sam materialised in red light and signed his name in my book.

A distinctly different form of 'Spirit Writing' was witnessed during Sittings 38, 39 and 40, by which time we were having ectoplasmic materialised Spirit people standing in the room in a good red light. Aunt Agg came during Sitting 38 and I asked her would she like to sign her name in my notebook. I held my notebook in front of her, and she signed her name – Agnes.

During Sitting 39 Uncle Jack built and did likewise, followed, in Sitting 40, by Sam Hildred signing Sam. Here we have the rarity of three signatures made by materialised Spirit people, witnessed by everyone in the room, as permanent evidence of their actual presence amongst us. I remember reading of a similar experience in an account by Maurice Barbanell; a former Editor of 'Psychic News' and through whose trance mediumship was given the wise words of his Spirit guide Silver Birch. During a Physical Circle, with the medium Louisa Bolt, the materialised form of Sir Vincent Caillard wrote his signature on a piece of paper handed to him by Barbanell who considered this the greatest piece of evidence of life after death he had ever received. I am so thrilled to have not only one, but three such signatures of solid Spirit people, which are naturally still part of my notebook records – there for everyone to see.

matters known only to them. There was never any doubt in either Gladys's or her mother's mind that they were conversing with the man they both knew so well.

Let me remind you that 'ectoplasm' is not a ghostly, vapour-like substance. It is a tangible, transmutative material produced by the Spirit chemists/scientists from within the body of the medium. How they produce it cannot be explained by our current scientific terminology, but let me assure you they do create it and it emanates from the medium via one or more orifices e.g. the mouth, nose, ears, or solar plexus. In my mother's case it was mainly from the mouth (as will be seen from one of the infra-red photos) although there were occasions when they used the solar plexus.

The seven of us were sitting as usual in our semi-circle around the fireplace, with the red light switched on. My mother always sat at one end of the semi-circular line and I sat at the other, opposite her. After about half an hour of inactivity, we had begun to think there would be no phenomena this week when we saw on the floor, between my mother and me, a white disc about two feet in diameter. We were sure it must be ectoplasm but had never seen so much before and were all quite excited about what was happening, there in that smallish room in front of us. As we watched, it gradually started to build into a column, reaching about five feet in height. Amazing – truly amazing we said. We then expected it to gradually diminish and disappear – but not so. Imagine the exciting comments going on at this time. We could hardly believe our eyes.

As I was watching it, the top of the column appeared to turn towards me, like a head, but I could not see any face. Two hands and arms then reached out towards me. I suddenly realised I was watching the materialised form of a Spirit person but had no idea who. My natural reaction was to extend my arms towards the figure and I certainly felt no fear but just a little apprehension at this unique wonderful experience. I then felt the grasp of those lovely soft warm hands, which placed in my right hand 4 apported carnations, closed my hands around them and said quietly "For you, for you". The hands and arms were then withdrawn and disappeared into the column, which gradually shrunk towards the floor and returned to my mother. What an experience – all

THE SATURDAY NIGHT CLUB continued



7. Aunt Agg taken on 21st Feb 1948 with a bright red light – exposure 2 minutes with a super-fast film. Note behind Aunt Agg the black curtain, behind which my mother was sitting in deep trance. On the left is my father who had obviously moved during the exposure.

in the space of a few minutes, here in front of us all, leaving us quite breathless. As for me, I suppose I was rather stunned, sitting there with 4 carnations still so tightly grasped in my hand, trying to appreciate the full meaning of my 'brief encounter' of a most wonderful kind. We later learned that our first Spirit visitor had been Aunt Agg, who because of her empathy with her sister, was again able to initiate such experiments – first with the trumpet voice in week 5, now with a full materialisation in week 32. I still found it difficult to comprehend fully the significance of Aunt Agg's visit, but there was no question that it had occurred, as confirmed by the lovely carnations still grasped tightly in my right hand. The world's strongest man would have had great difficulty trying to remove them. After the sitting closed we shared them out – Mam and Dad, Syd and Gladys, Mrs.Hildred and Doris and me. Ours is still in prime place in my memorabilia folder of course.

From that week onwards we had materialisations every week – only two or three people in the early days, but then building up to six or seven sometimes – never as a group, but each individually. We already knew of Mr.Brittain Jones interest due to Doris's training as a nurse at his hospital, so after receiving permission from Sunrise, invited him to come as a guest sitter the following week. We were delighted and somewhat relieved, that Aunt Agg built again, as well as Sam Hildred and Mr.Jones' mother. During the supper afterwards, Mr.Jones expressed his sincere thanks – better than Helen Duncan he said – but as a medical man said he would have liked to have felt Aunt Agg's pulse, something we would never have thought about. We assured him we would seek permission next week – assuming Aunt Agg would build of course.

Sure enough Aunt Agg built the following week but before we were able to ask permission or say anything at all, she turned towards Mr.Jones saying – "I understand you would like to take my pulse Mr.Jones and I have come with that express purpose in view". Whereupon she stretched her left arm towards him, pulled back her ectoplasmic robe and he carried out the pulse testing in his usual way. As he finished, he dryly quipped "Very good Mrs Abbott – YOU'LL LIVE !" to which she replied with her imitable chuckle "Yes Mr Jones, you are quite right – I AM LIVING and will continue to so do". It was obvious there had been a strong pulse in the ectoplasmic form. A remarkable piece of repartee between the two worlds and evidence that Aunt Agg must have been 'ear wiggling' during supper time the previous week. Such was the friendly informal atmosphere of all our weekly sittings.

Over the next four weeks we had a total of 13 fully materialised Spirit

people, one at a time, standing alongside my mother and all recognised by the sitters in the red light. Sunrise then told us we could have a brighter red light and the Spirit people would be able to stay even longer, if my mother was in a 'cabinet' for the initial building of the Spirit forms. During the week Syd arranged to nail a length of blackout curtain to a wooden rod which then rested on the picture rail across the corner adjacent to the left hand side of the fireplace. The curtain hung down to touch the floor and left a gap at the top between the rod and the ceiling which did not give rise to any problems. Such was our 'cabinet' for the years ahead which proved so effective.

We had no trumpet phenomena during this development period of the materialisations, but from sitting 41 the sittings became 'two part' affairs, starting with the trumpet, followed by the materialisations, lasting anything from our usual hour to almost 2 hours depending on Sunrise. He told us when to change to materialisations and acted as MC by announcing who was coming before they built. As I have already said he was a reliable, wonderful link between the two worlds. The apports continued to arrive and as my mother developed we were soon allowed to touch and embrace our Spirit visitors – to feel the warmth and softness of their hands and faces – enrobed by the gossamer-like feeling of their flowing robes.

My mother was always very interested to hear our 'reports' during supper time but unfortunately was never able to enjoy the thrill of participating in the sittings. Hence our request to be able to take photographs primarily for her benefit, to at least see what we were enjoying, thanks to her remarkable mediumship. It was not until October 1947 (almost a year's wait) when Sunrise told us it was now safe to use a camera. They had had to make sure my mother was fully protected against any adverse effects. It was almost another year before he gave permission for the use of infra-red photography which can be so much more dangerous to the medium in such a super sensitive state. Hence my annoyance and vexation (putting it mildly) when I read of the ridiculous demands of those amateur and ignorant 'researchers' – some of whom have probably never even sat in a physical phenomena Circle. Even with the Spirit protection given to my mother, Sunrise warned us that after the infra-red photographs had been taken she would feel, for a short time, a severe pain in her stomach but she would be alright. That is exactly what happened after the Circle closed, but we were able to assure Mam that it would soon clear – as it did, thank goodness.

The safety of the medium is of paramount importance. We as the sitters are fully responsible for that safety and should do nothing, nothing, nothing, until permission is given by our Spirit friends. I cannot emphasise that sufficiently. Our photographs were of necessity hit-or-miss affairs, so we were delighted with the results which my mother also enjoyed – except the infra-red one of the ectoplasm coming from her mouth. "Is that what they do to me?" she said and looked a little horrified. If I had been in her place I'm not sure I could have continued sitting but typical Mam just followed up with "Well I know I am protected and if it helps other people, then it's all right". So she continued sitting for many years ahead.

We had many other interesting experiments, like when Sunrise gave Mr.Jones permission to cut off a piece of Aunt Agg's robes on two occasions, which he took to his hospital laboratory for examination. His results were very similar to those reported by Schrenk Nottzing during his sittings with Eva C years previously. The final crystalline product he said was very similar to a bleach crystal which fitted in with the fact that an ectoplasmic materialised form usually has, for the first minute or so, an unusual strong acrid smell which quickly disappears.

Space limits my account of the range of our wonderful experiences but I hope what I have written will give you encouragement to continue with or even start your physical Circles. If you can provide a special room set aside for your sittings, consider that a bonus – but so long as the room is like ours was, a friendly, welcoming place to meet your Spirit friends – go ahead and you may be so pleasantly surprised at the results – as we certainly were. Don't sit too long at the beginning – an hour is sufficient to avoid becoming tired and losing concentration. The number of sitters may vary, but up to eight is fine. More than that may give rise to personal problems and never forget that Harmony, Sincerity and Dedication are essential at all times. Patience too is also a vital ingredient so often in short supply, but whatever results you may or may not achieve, nothing but goodness can accrue from such a spiritual relationship.

We had to wait 10 months more before the necessary protection of my mother could be built up against the effects of a 'flash' for infrared pictures. Even then we were told she would feel as though she had been punched in the stomach when she came out of trance.

Mr. Brittain Jones provided the infrared equipment and the remaining two photographs were taken in December 1948. The plates, for 'Scientific purposes' were placed in Mr Brittain Jones' plate camera, and exposed in complete darkness by means of a Sashalight bulb enclosed in a light-proof box, made by Sydney, with a Ruby-red Wratten filter set into the front cover (which is in my memorabilia) – rather archaic by today's standards but the results delighted us. As these were taken in complete darkness and the deep ruby red flash through the filter was for a split second only, we saw nothing of the ectoplasm or the trumpet at the time of exposure – as opposed to the earlier photographs, taken in the red light where we saw the ectoplasmic Spirit people while they were being photographed. (A 'Sashalight' was the forerunner of a flashgun and used primarily in portrait photography. It was a large bulb filled with silver paper to increase the output of light.). I had the battery and made the connection to fire the flashgun and expose the plate.



Ectoplasm issuing from the medium's mouth. (Infrared)

My mother is sitting in the cabinet corner with the black curtain rolled up. For materialisation purposes the curtain would be hanging to the floor and the Spirit people would use the ectoplasm behind the curtain to 'build' their bodies and then step out into the red light in the room.



The trumpet supported on an ectoplasmic rod. (Infrared)

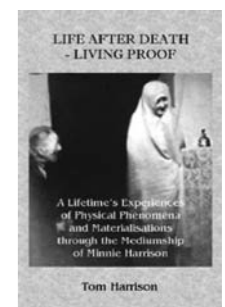
Shows how the trumpet, by means of an ectoplasmic rod is operated by the Spirit helpers. My mother is again in deep trance, completely unaware of what is happening. Note the shadow of the aluminium trumpet and the solid ectoplasmic rod on the tiled fireplace.

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TABLE TURNING A VICTORIAN PHENOMENA

Table turning, a Victorian phenomena that raged across Europe and America has not lost its appeal to modern day spiritualists. Reports in the papers of the day revealed the interest of the everyday public in this form of communication and books such as *Spirit Rapping in England and America* included Table Turning and Table Talking as the second part to the book. This describes the exploits of table tippers of the mid nineteenth century and the experiments they performed which were reported in the newspapers of the day such as the *Morning Advertiser* and the *Manchester Guardian*.



Sir Oliver Lodge in his book 'Raymond' uses the table repeatedly to have contact with his deceased son. Lodge regards table tilting as 'whilst not good for conversation it is useful for getting definite brief answers – such as names and incidents, since it seems less likely to be interfered with by the mental activity of an intervening medium, and to be rather more direct. (Part 2 chapter 8)

I have been privileged to experience the return of loved one's through this remarkable medium on many occasions as well as witness to the outrageous gyrations and levitations by spirit personality.

On one occasion, through laborious endeavour, spelling each letter in turn, a father bemoaned to his daughter and wife their plight having recently been robbed. The daughter, ever checking the veracity of spirit communicator, asked for confirmation by requesting the country from which the missing jewellery was purchased. The reply was seamless, as the table was used to correctly spell out the letters, E. G. Y. P. T. Not that all communications have been as clear or accurate through this medium and as a warning to those who wish to try this out; I have observed a sitter, fearful for her son engaging in a new venture, ask for confirmation that 'all would be well' from her father communicating. Although confirmation of success came

forward, in fact the son was quietly being taken to the cleaners by a con man. In all communication we need to be sensible and not be afraid of asking hard questions that are probably not polite but should be understood by communicating spirits as necessary evidence.

It was with this background that I was pleased to accept an invitation to sit with a local group who meet regularly to develop physical mediumship but every three weeks for table turning.

Arriving in good time on a blustery September evening I was met by Pam outside her delightful cottage in the heart of the Yorkshire countryside. The excitement as we gathered at the kitchen table was shared by all present. It was clear that there was a clear bond of affection between the sitters and this extended to their spirit communicators who it seemed were old friends. As we gathered around a small wooden table in the dining room an earnestness settled upon the sitters as the Lords Prayer was spoken followed by an invocation more along spiritualist lines.

As the last words of the prayer faded in the air a tremble touched the table and without further ado, or raising of vibrations with rounds of singing, the table tipped.

It seemed to me that they must know who the communicator was, but I was pleased to see that they did not assume that it would be him and asked first that he spell out his name. P. O. N. T. I. A. C. came the reply.

It seems that Pontiac is the regular communicator and the circle began to put before him their questions. The Control was unhesitating and deft, moving quickly through the alphabet and giving one larger tip as he came to his chosen letter.

I asked him who he was and where he was from and was advised that he was a native of the Ottawas alive in the 18th century.

Further research revealed that Chief Pontiac was probably born in an Ottawa village near Detroit around 1720 (Nolan J. 2005) His name is a corruption of Obwandiyag, pronounced in the Ottawa language as Bwon-diac.

After questions had finished he was asked to guide through the next communicator. For a moment the table stilled but then rocked forcefully backwards and forward. The name of the communicator was asked for as well as his country of birth. This was given and it became clear that this person was not known to any of the group, nor did he seem to have a message.

Asked how he passed he spelt out T. S. U. N. A. M. I. Asked if he was content in his new



Pontiac, warrior chief of the Ottawas From a painting of the period.

position, the table remained silent. Pam spoke confidently to him asking him to recognise Pontiac and to be guided by him so that he may find the light and his family in spirit.

The table assented to this and then went still. Pontiac returned soon after and assured the group that all was well.

The next communicator was for me. The movement was different to Pontiac's control but still steady and clear. This time the letters H. O. L. L. Y. were spelt out. I knew of no Holly in spirit or on earth and so we began the process of discovering who she was and why she was communicating. It seems that Holly is one of my spirit team and that she helps out with my own trance mediumship. She told us that she passed in 1939 at the age of 12. I asked if she was aware of one of my guides, Lucy, and she tipped yes. Realising immediately that this was no evidence I put my mind into gear and asked that she spelt out the name of another worker from spirit within our team. Holly then spelt out the name William, a regular communicator within our group but unknown to the sitters that night. I welcomed Holly and hope to discover more about her over time.

Communicators came fast and furious, after Holly came Eve's husband who confirmed he had written through her hand (automatic writing) on her birthday. He then passed on a message to their son giving the name of an estate agent to help as he is in the process of moving house. Eve asked him if they had known each other in a previous life and was surprised to discover that they had been Farmer and Farmers wife in 17th century Poland. Pam's father controlled the table, a regular visitor, and he encouraged Pam to continue her development of trance mediumship. We then had a period of silence, with the table still, while the energy was used to work on Pam's development. The next communicator was Jane's son in spirit, Mark. Mark was very playful and his excited movements of the table had us stretching in all directions including upwards and there was the tinkling of glass as the table made contact with the chandelier above our heads. Fortunately no damage was done. In the spirit of experimentation we placed a cardboard trumpet on the table. Mark successfully held the trumpet in place as he tipped the table over past 45 degrees. On later checking this movement the trumpet slipped off the table at this point. After two hours of regular and consistent communication Pontiac returned taking some final questions before a prayer and rendition of God be with us 'till we meet again closed the circle.

This was undoubtedly one of the best table evenings I have attended. The table control, ability to accurately spell out messages, and variety of communicator made the evening a wonderful event. I have always recommended people use table tipping as a method of developing a link with your team in spirit. However be warned, this method of communication requires a strong bond of love and affection between sitters and a level headed approach that searches for truth. It is not a game and should not be treated like one. If you do not have these basic requirements then you are likely to let in communicators that cannot be relied upon to speak the truth or even to answer your questions.

Ref :
Lodge O. Raymond or Life and Death. ISBN 1-56459-632-X Nolan J 2005 www.info.detnews.com/history Last accessed 27/10/2005.
Spirit Rapping in England & America and Table Turning & Table Talking. Clarke, Beeton & Co : London

SOME READING SUGGESTIONS...

A selection of books for this issue of the Buzzsheet together with where you might obtain them by purchase or by library loan.

SPIRITUALISM – GENERAL

History of Spiritualism. Vol. 1 & 2. Sir Arthur Conan Doyle. 1926 reprinted 1989 London Psychic Press.

If you cannot obtain Fodor's Encyclopaedia of Psychic Science then consider these books.

This is Spiritualism. Maurice Barbarnell. 1967 Tandem Books Still possibly the best book for newcomers to Spiritualism. Covers both the phenomena and philosophy of Spiritualism.

PARANORMAL/AFTERLIFE INVESTIGATIONS

Afterlife Experiments. The. Dr Gary Schwartz. 2003, Simon & Schuster International. Accounts of testing mental mediums under the strictest of conditions – which produced very evidential results. Includes the most thorough testing to date with no feedback from recipients.

SÉANCE ROOM PHENOMENA.

Life After Death – Living Proof. Tom Harrison. 2004, Saturday Night Press.

A first hand account of Minnie Harrison's wonderful séances with several photos of materialisations.

Listen My Son. Harry Emerson 1945, Psychic Book Club Only 107 pages but a real gem. Describes Northerner Hunter Selkirk's wonderful mediumship. At one séance several children ran around the room. This book is a must.

NON-WESTERN TRADITIONS

Autobiography of a Yogi. Pramahansa Yogananda. 1950, republished by Rider & Co. 1977. Wonderful descriptions of phenomena long associated with the Eastern Yogi Masters. A good starting point for learning about the Vedantic tradition.

BOOKSELLERS AND PUBLISHERS

The SNU has republished several of the classic works from the early pioneering days onwards and also CON-PSY Publications are increasing their range of books. SNU books are available via Psychic News Bookshop – see below. The SNU also list about 15 books for free download at www.snu.org.uk

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LIBRARIES

Local council/county libraries often have books on Spiritualism and will try to obtain books for a small fee from any library in the country. Charges are much higher for obtaining books worldwide.

Some Churches have excellent libraries with books going right back to the early days. The College of Psychic Studies in Kensington, London has an extremely good library but you have to be a member to access their books by post. The Arthur Findlay College, Stansted Hall has an excellent reference library. Access to them is best achieved whilst there on a course – although the courses are usually so intense there is little time for reading! The Society for psychical research also has an extensive library, which includes their own major collection of journals and proceeds. Compiled by Lew Sutton

It is now over a year since the Noah's Ark Society for Physical Mediumship became defunct, in December 2004, when its Committee members agreed to dissolve the Society. There has been much debate and speculation (particularly amongst its later members) as to the facts of its early history, exactly how it came about, and who the personalities were that originally founded and ran the organisation. Regrettably, much of this information was lost when certain officers of the Society deliberately erased and played down some of the early historical details for reasons of their own. As the one and only personal founder of the N.A.S., and subsequently its Chairman for several years, I am perhaps in a better position than most to tell the accurate story of how it came into being and expanded over its early years.

THE UNTOLD STORY

HOW THE NOAH'S ARK SOCIETY BEGAN!

by Robin Foy PhD

Nevertheless, despite the Society foundering on the rocks after 14 years, it can be argued that the N.A.S. achieved in that time exactly what we set out to do in 1990:- to bring back public interest in a particular form of mediumship – Physical Mediumship – that was in great and serious danger of becoming totally extinct in the late 1980's. We wanted to ensure that new physical mediums were helped to develop their gifts and demonstrate them to the public, and to educate the masses as to the mechanics of physical mediumship in general, together with techniques for its development. I am delighted to note that indeed, the public interest in all aspects of physical mediumship has rocketed in the last 15 years, not least because of the work of the N.A.S. We now have a new organisation, the Zerdin Fellowship, that is doing an excellent job of carrying the torch for Physical Mediumship, together with elevating the subject to new heights! Additionally, I will be involved in the new Academy of Spiritual Science – details of which will be circulated shortly – which also aims to promote the awareness of Physical Mediumship, amongst other things.

In 1989, my wife Sandra and I moved into a rented Church of England rectory in the village of Postwick, just a few miles east of Norwich. For many years, we had run our own home circles for the development of physical phenomena in the Romford area and had, in fact, actually met in a physical circle at Romford, where the medium, John Squires, went on to develop the independent voice phenomenon (of an excellent quality), to almost rival that of Leslie Flint. My own interest as a researcher of physical mediumship goes back to 1972.

Once at Postwick, it was not long before I began to miss the home circles we had run and, although we did ask around the area, it did not seem at that time as though there were any physical circles locally who were looking for sitters.

In March 1989, an advert for sitters in a physical circle at Ilkeston, Derbyshire appeared in the Psychic News. I replied, and agreed to meet the medium – Stuart Hellen and his wife Valarie for a chat. Although the circle was 130 miles away from where I was living, they had been asked by their spirit team to start a physical circle just once per month, to sit on the Saturday closest to the new moon. The travelling for me was therefore not too frequent and when Stuart and Valarie asked me, I was happy to join the circle. So, in April 1989, I was present at their first proper physical phenomena sitting, which took place exactly as per the prior instructions of their spirit team, speaking through Stuart Hellen in trance. At this sitting, several raps occurred, together with psychic breezes, and whistling was clearly heard over the singing of the group.

Later in the year, after a few more sittings with the group, I was able to arrange for the circle members to visit Leslie Flint, who I had known for several years. Through his Independent Voice mediumship, the group received confirmation of the work they

were doing to develop physical mediumship, and much evidence concerning the circle. The well-known Victorian novelist (and Spiritualist) Florence Marryat spoke at length on that occasion, giving the circle much advice and encouragement. Following that sitting with Leslie Flint, Florence Marryat also became a regular communicator in the Ilkeston group. The Academy of Spiritual Science will shortly be re-issuing her important book – There is no Death – which includes amazing reports of early Physical mediumship.

Stuart Hellen's mediumistic development continued apace and, early in 1990 – at the request of the spirit team, Stuart's chair was moved into a cabinet (initially a makeshift affair of curtains strung on a wire). During the very first sitting in this cabinet, the circle were taken unawares when the initial attempt at Independent Voice took place. This type of phenomena continued to develop during the further sittings in 1990.

In late 1989, another advert had appeared in the Psychic News – for sitters to attend a second physical circle in Hove, near Brighton. Again (and I shall never quite know why) I replied, despite the fact that this circle was about 140 miles away from our home. This group was run by John Austin – a veteran Spiritualist who knew Leslie Flint well and his wife Gerry. Although it was a weekly circle, I agreed to join this group too. After sitting with the group for a few months, John and Gerry decided that they needed a new carpet for the lounge in which their sittings took place. The manager of a local carpet warehouse called to measure up the room and instinctively made the comment that he knew what that room was used for! séances! There was no way he could have known this by normal means, so John and Gerry chatted to him about their interest, and the result was that the young man COLIN FRY, was asked to join the circle. He agreed. It was not long before Colin's Physical Mediumship took off, and he started to go into trance. In terms of Physical, his development was quite rapid. Within months, advanced examples of physical phenomena were taking place, and by mid 1990, it was apparent that he was going to be an excellent physical medium. I witnessed one of the first instances of his phenomena, when a coin was apported suddenly into the centre of the circle through the medium's solar plexus. Later, when levitation of the medium became commonplace, he was once levitated, complete with chair, through a wall into the next room!

Meanwhile, back at the Ilkeston Circle in May 1990, it was on the anniversary of the inaugural meeting of the "Link of Home Circles" (held in 1931 and attended by its founder Mr Noah Zerdin), that a spirit personality communicated with us in the Independent Direct Voice. This was no less than Noah Zerdin himself, who had been a mentor to Leslie Flint in his early days, and many other mediums besides. We were asked to start a society which would educate the public about physical mediumship, ensuring its safe development, demonstration and practice, as well as promoting the physical phenomena involved. This, for us was a very exciting

development, and we very quickly realised the significance of such a message, and the importance of implementing Noah Zerdin's request. After the sitting, we sat round and discussed the possibility of starting such a society.

Since I had more experience of Physical Mediumship and its phenomena than the other group members, I agreed to take over the responsibility and practicalities of putting the society together, provided the other circle members would join me on the committee of such a society, and help with the basic work. At that time, I was in the reasonable position financially to be able to fund the society in its early days. I came up with the name – the Noah's Ark Society, and commissioned an art studio in Norwich to produce a suitable logo.

The name was suitable for three reasons:

1. The Noah referred to Noah Zerdin, who had been the spirit communicator that requested we start the society.
2. Noah's Ark was biblically a vessel that saved many species of animals from their ultimate extinction. The Noah's Ark Society aimed to save a particular form of mediumship (Physical Mediumship) from extinction too.
3. The Ark of the Covenant was, biblically speaking, a repository for psychic power and spiritual knowledge. This seemed pretty appropriate too.

Over the next few weeks, I placed adverts throughout the psychic press to notify the public of the new organisation. We sent out sheets to interested people, detailing the aims and objects of the new society, and inviting them to join the Noah's Ark Society. There was to be a monthly newsletter for members, starting in August 1990 with issue number 1 and, although much preparatory work had been done before that date, including the rapid recruitment of members, it was generally accepted that the Society would be officially formed in that month. The very first member – number 001 – was Stewart Alexander. He agreed to join the Committee, and to be the Archive Officer, but it was to be some time before he actually told me that he was a physical medium! I started the Newsletter and edited it, which in those early days was produced on a photocopier, firstly by me at work (starting at 5.30am).

The first committee consisted of just the members of the Ilkeston circle, together with Stewart Alexander. I did not wish to take on the mantle of President myself, preferring instead to be simply labelled as the "general secretary", which allowed me to quietly get on with the building, expansion and running of the society. It was agreed by us all that the first President would be Stuart Hellen, as the medium through whom the message was given.

The first Treasurer was Denise Lacey, another Ilkeston sitter. Stewart Alexander (the only outsider who was not a member of the Ilkeston Circle) was the Archive Officer, and the remainder of the committee consisted of the rest of the Ilkeston group: Stuart's wife Valarie, Michelle Hackett, Mark Stanley and Jaquie Turner.

The psychic press reported and trumpeted the details of the new society. Because of that; our adverts – and word of mouth generally, the N.A.S. membership grew rapidly over the first few months. Physical circles joined from all over the world, together with dozens of individual people and researchers. We quickly surpassed the significant benchmark of 100 members, and approached 200. It was very clear that there was a massive interest in Physical Mediumship but, prior to the Noah's Ark Society, and much ignorance about physical phenomena amongst the public in general, interested people had no rallying point to learn about and witness the phenomena for themselves.

I wrote an NAS teaching guide on the development of physical mediumship and its phenomena (using ectoplasm as, at that early stage, nobody knew that the phenomena could be produced in a different way, using only energy. The Scole Experimental Group came later!). This, like the newsletter was produced in large numbers by me on my work copier, and a copy of this teaching booklet was sent out free to all members together with Newsletter No.2 in September 1990. It was then routinely sent out subsequently to all new members of the society. At this same

time, we also started to incorporate advertising into the newsletter to help with its production costs.

Over the next few months, the society carried on slowly and quietly evolving. The contacts that we made through the society proved to be most useful. Often, a situation arose where someone knew someone else, who had access to etc. Our immediate needs were frequently fulfilled in this way. There proved to be many potential Physical mediums amongst the membership. One lady in particular related that for over 9 years, she had received various messages from spirit, indicating that she would herself become a physical medium, and that her development would start when she came into contact with a group of people who were of like mind and with similar interests – a NEW group that would come together for the future interests of Spiritualism, who would take the first steps towards the understanding of a very advanced form of Physical Phenomena." She went on to say that a further prediction included the fact that there was one person in this group who would play a significant part in her development. The specific name of ROBIN had additionally been mentioned in this connection!! Is it possible then that this might, perhaps, have been the first known prediction of the advent of the Noah's Ark Society?? **To be continued...**

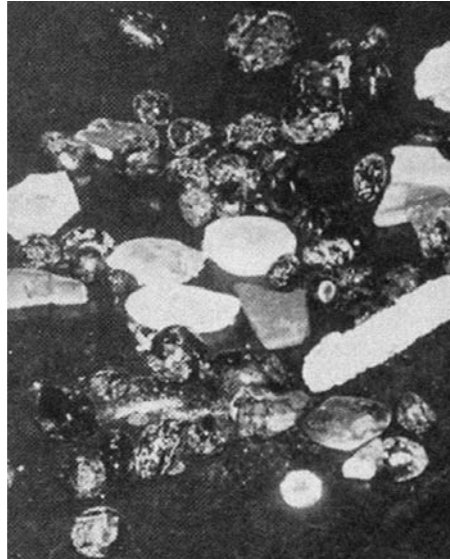
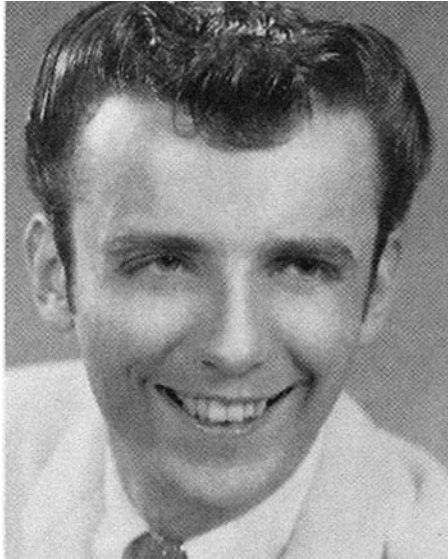
THE MEDIUMSHIP OF JACK WEBBER

BY HARRY EDWARDS

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Keith Milton Rhinehart is possibly one of the most tested physical mediums of the modern age. Strapped to his chair, and sometimes stripped during scientific research, Rhinehart has been wired up to very modern piece of testing equipment and at the same time had his urine and body functions tested. But still the authenticity of mediumship has shone through.

REMARKABLE RHINEHART

AMERICAS MOST TESTED MEDIUM OF THE MODERN ERA

It is mediumship which has produced all manner of phenomena, from undisputed personal communication by loved ones to over 70 apports in one séance demonstration alone. In defying the critics Rhinehart has taken audiences in America and particularly Asia, by storm over the last 50 years. So what was Rhinehart's spiritual journey and what did he have to offer? Keith Milton Rhinehart was born to the earth on 1 April 1936 in Nunn, Colorado, USA.

The first glimpses of his mediumistic abilities were discovered when he was just five years of age when those around him became aware of rappings at his home, as well as pictures falling from the walls. By the age of 10 Keith was living at home with his mother in San Francisco following the divorce of his parents. Confirmation of Rhinehart's abilities were first confirmed to his mother when she reluctantly accompanied a friend to an evening of clairvoyance at medium Florence Becker's local spiritualist church in the San Francisco area. During the meeting a message from a communicator was passed on to Rhinehart's mother. She was told that her son, Keith, would one day be a "famous medium". Despite the message, Rhinehart's mother did not mention the communication to her son following her return from the church. However, she did disclose to him that the medium had confirmed clairvoyantly that she had originally come from her previous place of residence Wyoming. Rhinehart, who at the time was very critical of physical phenomena, had taken some interest in the researching of mediumship from quite a young age and he concluded that his mother must have left her old address out for the medium to see before the meeting.

Time moved on and at the age of 12 Rhinehart, who now had a job delivering newspapers discovered an announcement in one paper that a local medium wanted to attract a group of people to help her develop her physical mediumship. "I had read about this subject since I was just a little boy," Rhinehart later writes. "It always fascinated me. I went to this class just to see if what I'd heard about such phenomena was really true." Rhinehart did attend the meeting and did so every week after that.

Two years later Rhinehart received his own confirmation from spirit of his gift when he attended a clairvoyance demonstration by a travelling medium. At the meeting the audience were asked to provide their details for a message on billet cards prior to the clairvoyance demonstration. Rhinehart, who was still critical of mediums at that time, asked for a message but only signed the request with his initials K.M.R.

During the demonstration Rhinehart was greeted with the words: "Keith Milton Rhinehart, you are not going into science or radio, as

you plan, but will end up a medium and you will be world famous." Despite disputing the message vocally as he received it, the communicator continued with the message adding: "Your main spirit guide will be Dr. Robert John Kensington and you will go into trance within a year."

Although he still denied the communication, Rhinehart continued with the development class he had been attending. It was in once such class that he experienced his first episode of going into trance after feeling so "bored" that he "drifted off to sleep". On awaking some time on, he was told by fellow sitters that objects in the room had started to move about in the air and deceased relatives of people present had spoken through him. Following this landmark event, Rhinehart would go into trance every week when he attended the class and his mediumship started to move on to a new level.

Rhinehart was soon becoming famous for his gift and held several successful séances between his junior and senior years at high school. On graduating from high school and moving to college in Seattle, Washington, Rhinehart took to giving readings - falling foul of state laws which decreed that it was illegal to practise fortune telling. By his thirties Rhinehart was carrying out new age sermons and trance demonstrations, dressed in well-tailored, expensive, and brilliant Liberace-type jackets, with his communicator Dr Kensington addressing those who gathered. In 1955 he set up his own church in Seattle under the umbrella of the Aquarian Foundation. As part of the demonstrations, billets were written and signed by the audience, prior to sitting down for the trance demonstration. Once the demonstration started, Dr Kensington would come through and ask a stranger, or sceptic, in the audience to blindfold the medium.

It is worth noting that prior to events the medium's eyes were carefully wiped so that nobody could claim that oil or grease were on them which would allow the bandage to slip off. Following this adhesive tape was then tightly applied across the eyes and temples and the large bandage is tied around his head, fully covering his eyes. A box containing the billets would then be placed in front of the medium and Dr Kensington would provide the message before even reaching into the box or a billet. When his message was complete he would pass it to member of the medium's close circle who in turn would return it to the person who signed the billet. The evidential results have been astounding, resulting in gasps of wonder from the audience.

At one meeting one sitter described how a man named Steve, who had only attended one of these services once before, was told by Dr Kensington that Anna, his wife, was asking for Steve and that

she loved him. Kensington then began to describe Anna's dress, with "red flowers and green leaves and dashes of yellow in it". The description was confirmed by a very emotional Steve who told those gathered that very recently he had got this dress out because it was a favourite of his wife, and that he had been sitting holding it and crying. It was later discovered that Steve's wife had passed over to spirit a few weeks earlier and that his message request, signed Steve, had read: "To Anna, please talk to me, I love you."

During his demonstrations Rhinehart and his spirit team were also able to apport items. In one such séance two dozen white carnations dropped neatly into one sitter's arms as well as red rosebuds from inside a trumpet. Like many famous physical mediums Rhinehart allowed himself to be scrutinised and tested for authenticity, especially under controlled experiments he volunteered to undertake in Japan during 1958, as well as the use of electro-technical laboratories in the USA. It was following these test that he became an even more famous household name as his mediumship could not be disputed by men or women of science.

During his trip to Japan and his demonstrations there, possibly some of the most gruelling test conditions for a physical medium to date were undertaken, Rhinehart was placed into a chair, stripped and then placed in a dark kimono. While in his chair both of his arms were placed in wooden enclosures ensuring he could not move them without having his motions recorded. This was recorded by red lights which would illuminate if it detected that the medium had raised his hands from the arms of the chair. An automatic weighing device was also fitted to his chair which would record any of his movements. As well as this he was carefully weighed and measured before and after the séance and his blood pressure was taken and his urine analyzed. Still none of these tests could disprove his authenticity.

However, amazingly enough, the tests did prove the incredible physiological changes which occurred in the medium's body during a physical demonstration. Tests and photographs taken during the test showed the presence of ectoplasm, which when viewed looked like a milky-white substance of nebulous form and consistency. Analysed in the laboratory the ectoplasm - which was abstracted from the medium's nose, ears, throat and solar plexus during a test séance, was found to contain human cells as well as another substance that has not yet been identified.

One particular séance test demonstration, caught on film, showed ectoplasmic-mass flowing from the entranced medium, flowing downward and then up over the edge of a nearby table. The mass then grasped a pencil and drew with it on a piece of paper. Eye witnesses described the image of ectoplasm on film as looking like a long, thick swan's neck.

The drawing after the demonstration was recognised by one of those attending the séance as his spirit guide. In other sample séances in Tokyo and Kyoto, attended by over 300 people, materialised spirits appeared in the room. One was recognized as the deceased father of Professor Iki Goto, D.E., of Tokyo University who was one of the investigators at the séance.

Eyewitnesses described how the spirit communicator walked out of the cabinet down the room, turned around and walked slowly back into the cabinet. Fifteen minutes later the spirit communicator re-appeared, now with his sleeves rolled up, and showed a scar he had received during his time on earth. This was confirmed by the relative present at the meeting.

In a grand finale to the demonstration, sitters were treated to hundreds of polished agates (stones) being spouted in rapid succession from the medium's mouth when the tape gagging him was removed. Witnesses then reported that from out of a trumpet, which was poked through the cabinet's curtain by spirit, more agates (stones) flew into the room.

Around 70 pieces of agate (stones) in total were later examined by Kenichi Ikeda, a jeweller. He valued them at more than five hundred yen apiece.

In more relaxed conditions at a later séance Rhinehart was able to produce spectacular phenomena in full light with 50 apports dropping out of his cabinet in one particular meeting of various shapes and sizes. These included Mayan and Aztec stone relics about two inches high and a three inch long arrowhead.

At other meetings apports were seen spewing from the medium's mouth and ears, starting out as bulges in the medium's neck, which would then pop up into his ears one by one

The world and in particular his home country of America should really look once again at the present day mediumship of one of their own - Mr. Keith Milton Rhinehart.



MAGGIE'S BAZAAR ZERDIN FELLOWSHIP FUND RAISING EVENT

22nd OCTOBER 2005
AT HARROGATE
By Maggie Carrington

The idea came as I realised we were drawing very near to the time of spooks, witches, cats, bats and the stuff that children delight in year in, year out. I have always loved this time of year, not just for that, but the seasonal changes that occur and the thought of long cosy nights round a fire just around the corner; but lo, something was occurring in a fertile corner of my imagination. Then the light switched on - I could use Halloween as a theme for the idea of raising funds for Zerdin, I had been asked to help and so was born the idea of a Happy Halloween Heist. I wanted, above all, for this to be relaxed, homely, and full of fun.

These are the times you find out the sterling qualities of your friends and a very special vote of thanks goes out to Katie, my wonderful Spider Witch, to Hazel, Jackie, Ro, Manda, Ann, Jo, Jan, Jennifer and Linda, who could not be there on the day, but came the day before and decorated, with the help of Jan, throughout. And to those who set up the tables and made the place ready, (I hoped) for an invasion. My friend in the Media, Peri, who nagged the local radio and had Katie and Jennifer parade up and down Knaresborough High Street in their witchy regalia, frightening the local populace, apart from the children, who took the sweeties on offer!

This brought in quite a bit of custom. My friends from The Whickham Spiritualist Church, where I have served on numerous happy occasions, who gave us some super Raffle prizes and who brought a mini bus down to the Bazaar! Also likewise to the Friendship Circle in Sheffield, who came and stayed for the duration, all contributing freely. My lovely husband, who patiently served tea, coffee, and biscuits at a modest charge all day!

Many others helped to make the day special and memorable too. Hello to Richard in Hull, I will be seeing you soon! We raised just over £400. A fantastic result I thought for 5 hours of fun and laughter. Thanks to the Readers and Healers too. I do hope I haven't left anyone out. It was worth all the baking and sweet making for weeks on end, it was worth every second, but it also showed me the love my friends have for not only myself, but for what I try to do for the love of Spirit... Love and light. Maggie xxx

SPIRIT SPEAK ON THE NATURE OF ECTOPLASM

Introduction and contribution by Mr Graeme Hunteer

To educate people is important in physical phenomena, one of the best books that was written to do this was SOURCE: THE MEDIUMSHIP OF ARNOLD CLARE BY HARRY EDWARDS. This is the question and answer between Harry Edwards and Arnold Clare's Guide Peter; talking on the subject of ectoplasm.

ECTOPLASM

A useful purpose may be served, however, by summarising the similarities briefly before entering on Peter's explanations; and it will be seen that in no case are they at variance with the records of many mediumships of many nationalities, in various parts of the world, that have functioned during different periods of time.

The similarities are:

1. The varying grades of refinement.
2. The first appearance being of the crude type.
3. The sensitivity of the substance and its reaction to the medium.
4. The ability of the substance.
5. The mobility of the substance.
6. The feel of the substance to the touch.
7. The characteristic of "heavy vapour" during its development.
8. The "wetness", suppleness, elasticity, brittleness, etc.
9. The rapidity of disintegration.
10. The presence of cords connecting to the medium.
11. The unstable conditions of the substance.
12. The formation of such members as fingers, hands faces, from the substance. (Specially note the Reports of the Clare manifestations).
13. Similarity in colour.
14. Similarity in sources of emergence.
15. The sheet-like structure of the formations.
16. Its coldness.

So, bearing in mind the foregoing, we now proceed to Peter's explanations and the relating of the evidence to the thesis.

Peter introduced the subject by saying.

Peter: "This is a very difficult subject to tell you about. Perhaps it will clarify the general position if I tell you for the first time that ectoplasmic substance exists in these forms. There is Grade 1, which is a crude form and which looks and feels like an inert mass of spongy substance. It is of close texture and seldom is seen in any particular form of shape. It could be best described as a fungus both in appearance and to the touch. That is the nearest description I can give."

Question: "What is its purpose?"

Peter: "It has no purpose. It comes directly from the physical body. Remember that."

Question: "Is it an organic tissue growth?"

Peter: "That is difficult to answer directly. It is organic yet not so, in that it does not reside as part of the physical organism. It is not a part of the physical body. It is produced by a method of 'astral chemistry'."

Question: "Does it contain any other elements than those of which the physical body is composed, such as salt, lime, etc.?"

Peter: "It is very curious. It contains nothing like salt, or anything of the normal mineral world at all. It is very primitive substance; and if we were to consider it as a fungoid growth, it would convey more clearly what it is. It is best described as fungus as in the vegetable kingdom. It is the lowest and the most primitive form of growth. Now this is important: this grade of ectoplasm substance is withdrawn again into the medium's physical body by its dispersal.

"It will help you to understand this by considering Grade 2. This being a refinement of Grade 1 in that it is organised and can be utilised as additional members (under given conditions) comparable with those of the physical body. This substance can be transformed into rods and

psychic instruments possessing great strength. In appearance it is apparently opaque. It has solidity, yet, in an instant, it can become disorganised and is inert-without life.

"Its formation is slightly different from that of Grade 1, in that from suitable centres of the medium there is projected what can best be termed "rays" with qualities similar to that of your very own wireless radio. It is of such a frequency that it forms particles about itself, not from the medium but from the ether round about, so that it becomes three dimensional.

"There may be under certain conditions (that is when circle conditions are not good) elements extracted from the medium, but that is rather the exception than the rule.

"The mobility of the ectoplasm is controlled by the extension of the medium's nervous system.

"Remember this always, it is difficult to give a word picture which conveys, however good the description, anything like a true picture of what it is. I will tell you this though, that one day men will be able to form this substance himself by the utilisation of those same rays."

Question: "These rays, Can you tell us more about them?"

Peter: "Thunderbolts are formed in space by the combination, by accident of course, of certain electrical forces that fuse atoms of matter and weld them together into one whole, creating something out of an apparent void. Well, that is very similar to the process that goes on. Instead of getting metal or a combination of mineral forms you get a substance which is physical yet not physical. It has physical properties, yet to say it is flesh, or to say it is air, or to say it is composed of three parts of this and one part of that would not be correct."

Question: "The second grade is therefore a refinement of the first?"

Peter: "In the first grade it is not animated. It cannot be directed as in the second instance. It is a primitive substance because the medium is not suitable, or undeveloped."

Question: "It is recalled that on occasion, with other mediums, sitters have been allowed to touch the crude form and, seemingly, it reacted adversely on the medium. Why is this?"

Peter: "It is like a jelly-fish and would have a natural reaction, but not because you touch the jelly-fish but because it is made from particles from the human body. The rays are not able to extract the elements of the free ether but have to do it from the ether in an act of conversion through the physical body; and it must therefore be like a raw spot on a tooth."

Question: "Regarding the strength of the rods, created from Grade 2, we know that this is very considerable. Can you tell us the source of the strength from whence the power of the strength is derived?"

Peter: "Yes I can tell you, but the thing is to try to convey it to you correctly. The strength of the levers or rods is not that of the muscles of a physical body. It is not the same form of strength as brute force. The rods are rendered so rigid that if it were permissible to strike them, they would emit almost a metallic-like ring though their own strength."

(The author has felt these rods, when they have contacted him by passing across his body, and they have felt of irresistible strength like "rods of iron".)

Peter: "Now, the application of this strength is partly by intricate system of leverage and balance, and partly by transmitting along the course of the rods a terrific voltage, but not a voltage that can be recorded by any measuring instruments that you possess. If this power was the same as your electricity, the enormous pressure used would cause the conductor or rods to glow, but not many are able to see it. It is the indirect system or leverage plus this energy that achieves the effect of great strength."

Interjection: "I have seen the terminals of such structures glow with a blue light."

Peter: "That is quite possible, but that is not always present.

"Let us now come to Grade 3. here we have quite a different quality altogether. This does not proceed from or return to the medium. It has characteristics common to the other two grades but is created by frequencies of a higher order."

Question: "What do you imply by the word frequencies?"

Peter: "Frequencies, harmony; it is all a matter of rhythm, pulsation, the frequency of the beat or harmony. It is the same instrument but a different piece of music. This allows of a greater degree of variation in that its range of operation, i.e. distance from the medium or the central point is limited only by the radius of the circle; and in favourable conditions very favourable conditions can proceed beyond.

"This form of ectoplasm is web-like in construction and would be seen as like masses of cloud or steam, yet not spreading like that. It is used mostly in forming the outlines of the materialised figures (what you call draping). Yet again it possesses something of the qualities of Grade 1 and 2, but in their finer forms.

"The secret of its mobility is the 'ray' emanating from the medium. It is not focused, concentrated focus, as in the case of grade 2, but is more diffused. It can be of varied character; it has something of the nature of the rods and something of its own peculiar characteristics of fineness. Whereas you can vary the forms of this latter grade, you cannot that of Grade 2.

"You have noticed the focus of a cinematograph and the beam emitted therefrom. You have seen also the specks of dust playing in and out of the beam. Imagine now the beam being invested with the power and the intelligence to collect those particles and to hold and mould them. If you can visualise that, you will have a pretty good idea of the formation of psychic rods and of ectoplasm in general. Switch off the beam and the whole disintegrates,

"This ray is the focal point which collects about itself by the agency of the intelligence of the directive power or mind, through the medium, those particles gathered from the free ether.

"Now I think we have covered this form very well. The whole basis of it is the understanding of radio activity, a thing now becoming known on earth. Not only has it the power to radiate and transmit, but also to collect and coalesce atoms, free atoms, from space. We can get combinations of atoms which are unknown to you but which have the qualities of matter; and yet not be of any known matter that you know. Why... if we were to form rods of iron, what a job we would have to disperse them again; but I cannot pursue it any further tonight."

Two further evenings were devoted to this topic in question and answer and are as follows/ many more questions rise to one's mind, but it is hoped that the essentials covered give a broad view of all that peter could tell us.

Question: "In a previous discussion you mentioned that ectoplasm was cell-like; and while, in your last talk, you mentioned nervous action you did not mention capillary action. Would you like to include this in the present description?"

Peter: "Capillary action. Well in a way that would tend to lead to confusion if you assume it has a similar system to yours. Have I referred to capillary action previously?"

Question: "Yes although it is not in the records here."

Peter: "You see, capillary action is not always present, neither is the system it involves. It depends entirely upon the condition and requirements at the time, and if we are going to build a form that has actual life in itself rather than a statue of the being who wishes to present itself, then this system would be present. That is where the form becomes living, having warmth and all that; but it entails a great deal of organisation and exposes the medium to greater risks of injury. That is only natural.

"Now to give an indication of the meaning of capillary action, but yet one that is not altogether true. It is partially so yet not wholly the truth to say that it is meticulous with the capillary system of the medium. The link between the two is atomisation. The blood is borrowed from the medium and atomised. There is no direct action. It is extracted by a certain method of atomisation; and functions within the form where it is kept moving by the etheric beats of the heart. You understand that apart from the physical body there must also be an etheric body. I will talk to you one day about where and how the spirit works in regard to its contacts with the spiritual body. I will just give you a lead. It is directly through the blood stream."

Question: "Following this statement is it correct to state that ectoplasm does not carry a system of blood circulation, by means of

arteries and veins, as in the physical body?"

Peter: "It does not carry all this as a part of its system of arteries and veins."

Question: "Does the transfer of blood by atomisation infer an actual physical quality of blood?"

Peter: "That is right. But its circulation does not depend upon the heart-beats of the materialised form."

Question: Further does the transfer of blood by atomisation infer that an actual physical quantity of blood is taken from the medium's blood system and transfused into the materialisation in a warm physical form? If so, how is a physical fluid activated by the etheric heart-beats of the medium; or is it incorrect to state that the materialised form has a circulatory system?"

Peter: "It is incorrect to say that the materialised form has a circulatory system. The circulation of the blood is maintained by the etheric heart-beats of the medium. There is a sympathetic link. That is why it is often considered that the materialised form is a part of the medium. Whilst that may be true in a sense, it is not true in actual fact. It will have perhaps a composed respiratory action but it is always sympathetic. You must remember that the substance of which it is made is partly physical and partly etheric; and who can say where the one begins and the other ends?"

Question: "When a materialised form speaks, does it use its own physically constructed larynx?"

Peter: "No. The same principle is embodied within the materialised form as that about which we have already spoken. You know the one. The etheric amplifier. Well, that is a part of the materialised form. You see, to have a larynx and everything in connection with it would make it necessary for it to have a complete system of lungs and all the rest of it. Well, ask yourself would that be necessary?"

Interjection: "Yet when a materialised form speaks it speaks as though it had."

Peter: "Yes and perhaps you would get a certain warmth from the mouth as of breath. Well, that is done in the same way as the circulation. I tell you that in the case of materialisation, in so far as the figure may be perfect, the rest, such as rhythmic breathing, and perhaps even warmth of temperature, may not be possible of accomplishment would be the voice which should express the personality of the figure shown. In that case it would be possible to convey the vibrations or the chords of the medium's throat and reproduce the voice by sound from the materialised form's mouth. There can be no hard and fast rule. That again depends on the completeness of the work."

Question: "Is the finer quality (Grade 3) linked by an ectoplasmic cord or structure to the medium?"

Peter: "No, it is an invisible etheric link, invisible nearly always. It depends upon where the substance begins to manifest; sometimes close against the medium and sometimes at a distance, with no possible apparent contact. Where it appears to be close to the medium, there is always that space of invisibility if it be but about half an inch. The best conditions pertaining are those where the distance between the ectoplasmic formation and the medium is greatest."

Question: "Regarding the feel of the ectoplasmic substance, we have had reference to a 'wetness that wets not'. Can you explain this?"

Peter: "It is 'viscous', but I will tell you the parallel you can get it is comparable to the fish called eel, but one which is not freshly caught and has lain for some days. Again, however, this this does not always apply. You can have it brittle so that it will crackle like parchment, or you can have it damp and cold; and again you can have it dry and supple. It depends upon the condition, chiefly dietetic, of the medium. That is, the way in which the medium lives or has lived for the few days before the sitting. Much depends upon that."

Question: "When you get the 'sheet' effect, is this Grade2? That feels wet."

Peter: "Not commonly so. The best condition for it is when it is in its supple, dry state."

Question: "I remembered that on the occasion when you touched our faces with it, it was also dry to the touch and patternless."

Peter: "You will find as a rule that there is no definite pattern. You must have something definite, but to say it has a definite pattern would not be true."

Question: "When ectoplasm was over the plaque it was so transparent we could hardly see it until it became as if rippled. Was

SPIRIT SPEAK ON THE NATURE OF ECTOPLASM continued

that rippling caused artificially?"

Peter: "It was a distortion of the etheric ray around which it is formed. When a light of too great a density is exposed within the room the rippling becomes so great that it disperses the ectoplasm."

Interjection: "At one time it appeared as almost invisible."

Peter: "Then we were applying unequal pressure."

Question: "As a preliminary to the formation of a finer grade, possibly Grade 2, there has been witnessed what appears to be an emergence of heavy white-ish vapour from the medium's mouth or other source of emergence. It has been also noted that a physical sheet of ectoplasmic substance before disappearing, has changed into vapour. I wonder if you could tell us if this vapour comes from, and returns to, the body?"

Peter: "To say it does not come from the body is not true, to say it has no direct contact would also be untrue. It would be very similar to water trickling out of a hose without pressure and then suddenly having pressure put behind to force it into a fixed shape, the shape of the nozzle. In the case of the vapour it is a loosely formed ectoplasm that has not yet attained physical qualities. It is in its commonest form."

Question: "With your medium I observed solid claw-like growth emerge from the edge of an almost transparent ectoplasmic sheet. These gripped and moved the plaque in a controlled manner. Can you enlighten us as to the thought origin that builds the claws, etc?"

Peter: "You remember some time ago I told you that most of the formations you have witnessed within the séance room were a display of primitive life. Well, it is not far for you to go in imagination from that stage to the forming of primitive grippers. That is what it is. Now from whence comes the motivating part? It comes from the same source as that which forms the grippers. It could not produce, in the circumstances, anything better. That force is directed by the mentality of those 'entities' which are commonly termed among you as 'elementals'. Their intelligence does not go beyond that. Therefore in primitive things they use primitive methods, and that is why it is so necessary that the Guides responsible for the medium and for the sitters should be, with your permission invested with authority to govern the power. The strength that is produced with lightning-like rapidity in one quick crescendo of energy is released equally like lightning. It is the culmination of a great effort wherein the innate desire of these elementals to destroy is given for a brief time free range.

"I cannot tell you in slow motion how it is achieved, but the force released for a brief period of time is tremendous, and if not controlled could slay a horse. These grippers, I tell you, could be deadly things. We utilise the different qualifications of these little people to the furtherance of our work, gradually raising them up because they have always one object and one main idea in view, that is, incarnation as human beings whom they copy so much. I could tell you of a race of them in being today: they are not related by blood ties, but they have, in this respect, a similarity of features, height, build, and some similarities in other directions. But if you, unknowing, saw one you would see them all, and on earth today there are, at least between 500 and 1000 of these personalities. They are what you have termed idiots. They have no mentality and they are not violent. Their characteristics are close-set eyes, flat foreheads and an altogether small head with rather thick lips that are set like a bull-dog's. The under-lip protrudes and the whole shape takes a very acute upward bend. The nose is small, with two round holes for the nostrils. The face and nose lack character. You can call them freaks, but they are normal in their features, they are not unlike animals. But their character stamps them all, they are a type which is produced from the same mould. Life is not so placid and calm; and I think if you knew more you would give us more consideration as to what should be and what should not be. In their right spheres everything works for good, but man is the head of all animal ambition, though some like to take short cuts.

"Man in the creative sense is the apex of the whole evolution of sub-mundane life: that is to the whole of the animal and vegetable kingdoms. And there is over all the sub-mundane life a brooding spirit which is not individualised. Its intelligence is colossal, in its own sphere and in its own creation: it controls its physical counterparts as a whole and not as individuals. That intelligence is striving always to keep up its creation in the scheme of evolutionary development; and if once there is a chance for these elementals to push forward and gain access to the human realm, they can never be turned out. Hence my remark and warning perhaps you will give us greater consideration in those things that are to

be and not to be. You will see now the trend of our talk.

Question: "At a later sitting, after having seen some more primitive-like forms. I observed a perfect hand, formed from an island opaque mass in the centre of a piece of almost-transparent ectoplasmic material draped over the illuminated plaque; and I noted its perfection as to digital phalanges."

Peter: "But you observed something else, you observed its gradual growth."

Question continued: "Yes, I did: but in your statement on materialisations you referred to the materialising entity drawing unto itself particles from the ether. Am I right in assuming that there is a similarity of process between the materialisation of a whole entity and a portion of an entity? Was the hand part of a discarnate entity or was it an evolved 'thought' hand or was it from the earlier primitive growths and produced by the elementals?"

Peter: "It was a product of the elementals. It was a triumph for them. That progress, as you saw it, took perhaps in measure of time a 1000 years to evolve from the primitive gripper to a hand with its digits. It was a triumph for them and there was much rejoicing when they had done it."

Statement: "That demonstration is a complete answer to the opinion of those who do not agree with us that life exists beyond our present physical existence. That demonstration was most illuminating to us."

Peter: "Yes. We are apt to consider our life as of the moment and not to any extent of what is past and what is to come. That is the whole question."

Question: "ectoplasm created from etheric particles possess physical properties of density, weight, moisture, cohesion. We can understand that matter changes its formation from solid to fluid or to gas, but in so doing it retains the elements of which it is composed. Is it possible for you to give us some idea which it is composed. Is it possible for you to give us some idea of the constituents of ectoplasm? Are they known to man by name? For example, if water is analysed its components would be oxygen and hydrogen."

Peter: "Well, there again where you have not the constancy of ectoplasmic formation you cannot have the constancy of formulae. There are, I believe, thirty-two known atoms and from these thirty-two every substance that you know upon earth is formed by various combinations. Now you understand that. Well, it is no answer to your question to say that it is two parts water. The atoms are composed of things we know. I suppose you could call it material, yet it is not material in the sense that, if it is disturbed it is likely to be dispersed. We can vary it so rapidly, it is likely to be dispersed. We can vary it so rapidly that it becomes a cloud-like stream. This accelerated decomposition; and if we were able to withdraw the bound ether associated with any article such as a table, it would collapse instead of decaying. It is the bound ether which makes it retain its character. Actually, therefore ectoplasm is a neutral substance which is created because it best suits the purpose."

Question: "Is it right, then, to conclude that ectoplasm is constructed from the known atoms?"

Peter: "From a combination of some of them but not of the whole. What decides the particular material substance is the rate of motion and combination of atoms. You see, if we slow up that process we can make it partly physical and partly non-physical; and we can finish that by saying that ectoplasm is the 'mists of the borders' that link the physical to the realm non-physical. It is the meeting of the two. It is a physical substance with a non-physical existence."

Statement: "Some years ago an analysis was made of some ectoplasmic substance and it was said to be largely albumen."

Peter: "That is true; but never forget in all these things that it may have been produced for that action; and rather than its being a true formation it may have been specially formed. If you ask these 'little people' for something they will give it, but that is not to say it is genuine."

Question: "You spoke of the voltage sent through psychic rods used for strength. Is there a generating source for this voltage?"

Peter: "You cannot generate it, but only direct it. That direction is natural. That is it comes within the same influence of control as the production of actual phenomena. It is a natural force. It is a force which is adapted for a particular purpose in the same way as your own electricity, but is of a finer kind. It is force which is there all the time. You simply cause it to

move in a given direction along an easier path. In the first instance you will agree that magnetism is a natural phenomenon; therefore it is from a combination of the magnetic forces that you get electrical energy. You magnetise and you create a field of magnetism in which you evolve another field which causes much electrical friction. You simply congregate it in one spot and cause it to move along the path. Electricity does not run along the conductors. They pass it on. You go round the circuit picture of the medium and psychic rods. You get work done the other end according to your wisdom."

Question: "We come to the 'ray' which you spoke about. Can you tell me if there is any affinity between the human body and the rays and/or between the human mind and the rays?"

Peter: "It is always apart from the human mind, i.e. the mind of man himself. Affinity, there is a connection with the rays. It is though the

medium's soul body that the rays are directed and that is where we hold the key to switch off at the moment of any danger if conditions are not right. The medium is the focal point, always he is the generator; but he is not fitted with 'safety fuses' so we have to stand by the switch. I tell you, in the study of anything of this nature, electricity and its laws are running closely parallel with those of the laws we are trying to propound: the only difference being that you are not yet skilled in creating etheric conductors and have therefore to use the physical ones because that is the only material with which you can work. In creating the physical part, however, there is present the etheric part by virtue of the very nature of the materials you use; hence you get the creation of the etheric field which is not within the object (or conductor) but in the ether surrounding it. Man will not be allowed to use them until he is qualified. You cannot remain in your present state of mind for always, otherwise not only are you lost but we also.

The Zerdin Fellowship has been a house under construction since its inception in November of 2004. The vision that will carry it forward on its journey lies within each of us, as does the potential yet to be unleashed upon the Spiritualist world.

DEVELOPMENT AND TRAINING OPPORTUNITIES FOR THE ZERDIN FELLOWSHIP AT YOUR SERVICE

By Eric Cargill Development and Training Coordinator

This house that we construct must have firm foundations and I believe that the core of these must be the way that we search for, encourage and support the development of these rare gifts.

I am sure that we will all be in agreement that you cannot teach anybody to be a medium much less a trance or physical medium. That is not to say that people cannot be guided and taught techniques that will take them forward on their development. Essentially the teachers will be those who link from Spirit, so what can we do?

In part I will try to answer that question but in doing so I throw open the question to you the fellowship. If you have ideas of what you think will help or suggestions that the fellowship can take up then please contact me at the email address at the bottom of this page or by writing in to the fellowship.

As a fellowship we have a wealth of experience from people who have been sitting in circles for many years. Some have focussed particularly on Trance development, others on Physical or branches of that, such as transfiguration, E.V.P., energy based physical phenomena etc. Many are on their way to success; individuals have developed trance states, some circles have trumpet movement or other phenomena. Others may not have progressed so well but nevertheless have many years experience of helping others develop Trance or in setting up the conditions necessary for physical circles. Some within the fellowship have well established mental mediumship and teaching skills. We would like to put all of this experience to good use to help each other, especially those who are new to sitting and would welcome the experience of someone who has been along this pathway themselves. In this way we intend to set up a mentorship role within the Zerdin Fellowship and will be looking for you,yes you reading these words now, to consider being a contact point for a developing medium. The more we work together the stronger the foundations of the fellowship will be, so I hope that you will consider taking on this role. The question forming in your mind might just be... What does it involve?

Well it's very simple really. People who are developing often experience things but can't understand what is happening or they want to know if it has happened to others. They may want

to put ideas or questions to you, you may be able to suggest changes to the way that they work. You can offer encouragement when they become disillusioned and perhaps as importantly tell them you are not sure, when things don't ring true.

You will have the support of other fellowship mentors, for you to reflect and ask for help if you need it. Imagine all of the fellowship members with lines joining them together as they help and support each other. They would be very firm foundations indeed.

If you are a developing trance or physical medium and would welcome the help and guidance of those who understand the process, perhaps they have been where you are now. You can contact me and I will try to link you up with someone who will act as your mentor.

The second thing that we can do is to provide opportunities at Zerdin seminars for workshops to take place that allow for experienced teachers to give you guidance, understanding and feedback on your development. They will be opportunities to iron out the kinks and meet with fellow travellers on the pathway of development.

The third part of the education process will be to develop a database of mediums around the country that are holding workshops on trance and physical development. We will advertise when and where they are happening and who knows we may be able to negotiate discounts for Zerdin fellows!

If you know of respected mediums who put on such workshops, or know of courses taking place then please let me know so that I can inform the fellowship.

And finally we hope to be able to allow developing mediums to demonstrate their progress. We won't expect people to be perfect and we hope that as a fellowship we will be understanding and tolerant. As mediums feel able to take up the challenge we want to give them a supportive and understanding audience to demonstrate their gift to.

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STEWART'S FORUM

'QUESTIONS & ANSWERS'



Question: We have been sitting for eight years in our Circle, for the development of ourselves and the medium. We are happy to continue in this circle as we love sitting as a group in the company of Spirit, but apart from some knocks, raps, coldness and seeing energy in the séance room, we are still waiting for our first breakthrough. Would you please advise us regarding the future, do we carry on sitting or consider stopping this circles development? Margaret of Folkestone.

Answer: What a difficult question you pose, and yet one which has long been a common dilemma for many circles in the past and, I suspect will continue to be so in the future. My own quandary is in respect of how best to advise you? Following considerable hesitation – I believe that it would be sensible, and hopefully helpful, if we were to look at your predicament from two directions.

Firstly let us look at the positive aspects of your circle:

I begin by expressing my delight upon hearing that it has now been sitting for eight years. I rather suspect that there are not many who could claim that.

The life of most circles, all of whom I am certain commence with such common hopes and good intentions is generally little more than a year. Sitters fall out, develop differing aspirations and expectations and gradually loose patience and interest. Sitters come and sitters go and then wonder why results continue to elude them?

Alas human nature with all its fragility, with its traits of pettiness and jealousy etc so often stands firmly in the way of positive progress.

Let me tell you that it is indeed rare to hear of a group of people harmoniously united who have sat in true uncomplicated spiritual and material friendship, for the common good of all, over such a long period of time.

I would seriously suggest that what you have within your circle is indeed precious but whether it is worth protecting and preserving must be your decision.

However, in my opinion, you have created the very building bricks with which the Spirit World can best work. Whilst eight years appears to be a long time, in the scheme of things it really is not. I myself sat for fifteen years before physical phenomena began to reveal itself and history records that many past Physical mediums did likewise.

What you must not loose sight of is the absolute fact that the Spirit world will be making every effort to achieve and present the mutually desired 'breakthrough'.

This may or may not be just around the corner. However, if you take the decision to disband, that potential breakthrough will never be realised – how sad that would be?

Secondly let us look at the negative aspects of your circle:

Let us begin by clearly recognising the fact that there can never be any guarantee as too the successful development of any circle – often we are literally working in the dark.

If you have established reliable contact with the Spirit People – they and they alone are best placed to advise although we know that they are occasionally unable to do so with absolute certainty. Literally, there are so many varying factors involved with development and communication.

However, I think it a fact that we can accredit the Spirit World with ultimate vision and place our absolute confidence and trust in their wisdom.

Now – following eight years of sitting, and with apparent lack of progress, it is hardly surprising that you have started to entertain doubts and ask if the time has arrived to close the circle.

However, having said that, I personally see no other single negative aspect to your circle. Indeed quite the reverse. If you disband now, and then seek out other potential circles, the fact is that you may never again find one which will attain that all important harmony which is so much a part of your current circle.

In Conclusion:

Although the final decision as to the circles future must be yours of course, and no one can possibly tell you what you must do, I would – following careful consideration – urge you to protect and continue to cherish your circle which so evidently is very well balanced.

Some people spend a lifetime trying to find such a circle and drift from one to another.

However, may I suggest to you that if you are sitting to develop Physical Phenomena, as appears to be the case, henceforth you sit singularly for the development of your medium.

That is so important. Should the sitters wish to sit for there own development then they should do so on a separate night. The two should never be mixed.

And finally, should you ultimately fail to realise your aspirations with this circle, then your time will not have been wasted.

To meet once a week with friends who are in loving harmony – to lock your séance room door and leave outside your cares, your concerns and the sadness of our modern world, and to be as one with Spirit and to experience the peace and tranquillity therein, is truly priceless. Where else can you find that today?

On the other hand – if the circle should finally develop as you so wish – that will prove to be the cherry on top of the cake. I wish you well.

Question: We are sitting as a group waiting for Spirit to inform us who should be the medium for future development. During our sitting, there appears to be one lady who enters

an altered state but remembers almost everything that is happening. And then one of the men in the circle informs us that he cannot remember what has taken place. Would you recommend that we wait and see if our lady is the possible medium or go with our man and start developing him? John of Portsmouth.

Answer: Yes – without hesitation I would suggest that you must 'wait upon Spirit'. During the early stages of a circles development the Spirit people experiment continuously with the various sitters in order to establish who best can be developed in order to achieve a clear channel of communication. It is they who decide – it is they who call the tune at all times – it is they who possess an understanding and a vision which far surpasses our own.

Our séance rooms are in many respects, laboratories, in which experimentation is an ongoing never ending process.

We in our circles have no control upon, and have no say regarding the development of anyone – that is the preserve of Spirit alone.

So – there is no decision for you to make. Relax, enjoy your sittings and do not concern yourselves with matters upon which you have no bearing and henceforth leave all safely in the hands of your Spirit friends. I wish you well.

STEWART ALEXANDER & FRIENDS Planned events

17th-19th March 2006

Weekend residential seminar
at Cober Hill Nr Scarborough

20th-22nd October 2006

Weekend residential seminar
at Cober Hill Nr Scarborough

All above events will include an experimental physical séance by Stewart Alexander.

For more information and application form please contact:

Mrs D J Winchester (June)
'Treetops', Hall Road, Cromer, Norfolk NR27 9JQ or telephone 01263 513067

Visits to Stewart's home circle are possible.

Contact Stewart's circle leader Ray Lister on 01482 343371 for details.

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THE STEWART ALEXANDER EXPERIENCE IN IBIZA, SPAIN

FIRST SITTING, SUNDAY 29th MAY 2005

By Tom and Ann Harrison



Thanks to the generosity of Dr. Hans Schaer, a long standing reputable investigator of psychic phenomena from Switzerland, a small group of friends joined him for a very enjoyable time at his finca in Ibiza, during which period we were delighted to have two sittings with Stewart Alexander and his spirit team. As always the arrangements for the sittings were in the competent hands of Ray and June Lister, regular members of Stewart's Home Circle. The sitters also included Dr. Walter Schnittger, another keen investigator, with his wife Karin, from Germany; Margareth, a friend of Hans's from Switzerland, who was sitting for the first time in such a circle, Ann and myself.

The first sitting was restricted to the eight people named but the second sitting included three more friends of Hans's who lived locally and were also sitting for the first time. As usual, the proceedings were conducted in English with Hans, Walter and Karin translating for the visitors. Before both sittings Ray emphasised the importance of the 'rules' concerning the safety of the medium when sitting in physical phenomena circles and these were strictly observed.

During both sittings Stewart's wrists were fixed to his chair arms with thick plastic cable ties and pieces of luminous paper were taped to his knees so that all the sitters could see he was always in his chair. This is standard practice for all Stewart's sittings, including his Home Circle, which are always held in complete darkness with Ray having control of a red light, ready to be switched on when requested by the spirit guides.

Tom opened the sitting with a brief prayer after which Ray started the usual gentle music. Within a few minutes we were delighted to hear Stewart's 'doorkeeper' White Feather welcoming us to join with his world and assuring us that the vibrations were excellent. It is always comforting to hear White Feather's calming voice, letting us know that Stewart is well protected. A few minutes after White Feather 'popped out', another regular visitor 'popped in' - young Christopher, with his usual cheerful chatter to relax everyone. He had a special word of thanks for Hans and a special welcome for Margareth to assure her there was nothing to be

afraid of. The atmosphere truly 'buzzes' after Christopher has been with his chat and laughter.

As soon as Christopher had gone, we were delighted to hear Walter Stinson's strong voice, thanking Hans for inviting our spirit friends and confirming that the vibrations were truly excellent. Addressing himself to Hans he said they were, of course, fully aware of the sitting arranged for the following evening and had taken the decision that there would be no physical manifestations tonight so that there would be a considerable amount of energy available tomorrow, when "we will share a wonderful physical evening of communication... I hope you all understand". Certainly we said.

Walter then said what a great pleasure it was "to see my old friends Walter and Karin here. I've been around listening to your conversations and we have much to discuss."

He then asked Hans to introduce him to "the delightful young lady you have brought this evening"

Hans introduced Margareth, mentioning Walter's photograph which was on the shelf behind her seat. Walter said he had not seen it for a long time now and found it strange to gaze upon it.

He gave Margareth a very warm welcome to her first sitting in such a Circle and asked her to be relaxed.

"I tell you folks," he continued in his attractive North American accent, "we have such a wonderful programme arranged for your next meeting - one to reach out to all the hearts, the minds and all the eyes of folks who have not previously had the opportunity to observe such happenings. It is very important so that all may witness the great reality regarding the very nature of life itself. This will not be a long meeting and Freda will now come and speak with you. Okay, okay."

Freda quickly followed telling us - "I always find these first few moments a bit of a nuisance. It really is all so simple. I stand to one side when Walter is speaking - hanging on to his every word - I'm so fascinated and enjoying his voice. I want him to know that. I have been instructed that this evening must be a short meeting. So I have to be extremely careful because I do not wish to get involved in a long conversation. Hans dear, can you hear me. (H. - Yes) I understand that we have people here whose first tongue is not English - so it is important that I speak with some clarity."

"So I would particularly like to speak to Walter" (Schnittger, one of the sitters of course). "I know you have a most enquiring mind, which is very important. I want to address myself to you in particular, but in a manner of speaking, to you all, but more particularly to Walter. I would like to explain the manner in which I'm able to communicate through Stewart and you'll find that of interest." We all confirmed.

"As you well know, man is a trinity - physical, spiritual and mind. The physical body is a vehicle that takes you through your earthly life. It is a tool of the mind. The mind is to the spiritual body what the brain is to the physical. The mind is the internal aspect of yourself and controls the brain.

When you pass on, the physical body dies but the spiritual body, complete with the mind, goes on into eternity. The mind is the real you - it houses your memories, your personality, your past, present and future, all you have been, are and will be in the future."

"Your scientists may identify parts of the brain for seeing, hearing,

feeling or whatever it may be - but they will never find the seat of the real you which resides within the mind. That is the eternal aspect of yourself. So I want you to know when we communicate through Stewart, what we are trying to do is separate his brain from his mind. Then my mind controls his brain. I'm trying hard to explain but it is so simple. So to all intent and purposes I have now 80% accuracy in control - the rest is still, and must always be, part of Stewart. It has to be. The brain cannot be completely disconnected from the brain - otherwise the medium would be dead. You understand?"

Karen said she was glad that Freda had confirmed there is always some influence from the medium, including the emotion. Walter asked, as an engineer, whether the 80% could be variable - which Freda confirmed. When the % drops too low, "we would rather bring the meeting to a close, because it is not a level of communication of accuracy with which we would be satisfied." Walter then asked a number of questions concerning the control of the medium's speech and whether Freda was aware of and recognised our thoughts at the time - to which Freda replied.

"I am aware at all times of the verbalisation which leaves the medium and sometimes I say to myself - that is not what I intended to say at all. This can cause such confusion, particularly so in personal communication. Sometimes I try to say this or that and it may come out slightly different - then the whole meaning may be changed. You understand? Sometimes people hear things in a different manner and the interpretation of what may be said may be a little different to someone else. It may vary from individual to individual. So that is another possibility for confusion. That is what we have to contend with - but having said that we always know it is worth all the effort involved. Some people think that communication between the two states of existence should be simple but it is not so. It truly is a miracle."

"Because when we are able to show someone, perhaps in the depths of grief and despair, someone who has lost a loved one, the reality concerning life and death, it is worth all the efforts involved"

Karen thanked Freda and commented that she thought her explanations were very interesting for everyone. Freda continued "I want to say to you Karin and Walter, that we are aware of your excellent work - continue with it. There are wonderful things ahead and there is considerable work for you both to do. You understand? All will become plain as time progresses. Walter you may at times feel you are working for my world within a vacuum (W. - Yes) but it will not always be so.

What we are doing now is to create the very foundations, little by little, towards the realization of a wonderful plan that has been conceived in my world a long time ago. You are part of that plan, Stewart is and other pure mediums are explicitly linked together in the eventual fulfilment of this wonderful plan. You will understand as time progresses, dears, - you will understand." (W.- We are glad to be part of it - thank you very much.)

Freda then spoke to Hans and told him that several of his people were there that evening. "Tomorrow evening someone will try to speak to you in your own language - something that we were rarely allowed in the past. We cannot guarantee it dears, we can only guarantee that we shall always do our best" (H.- We appreciate this). "Walter also wants the young lady to know that tomorrow evening he will do something special for her." (Hans explained and Margareth thanked her) "It is his pleasure dear. I also want to say to you Karin, Walter will do something special for you. Yes, our Walter - I cannot speak for your Walter!. We understand how your Walter's mind works and it is important that you should have this experience Karin, and then you will be able to explain to him exactly what happened - he will be so interested dear."

Freda then spoke to Hans concerning the importance of the visitors at tomorrow's meeting understanding what they can or cannot do when there is communication on a physical level. "You know, we all have this great responsibility for the health and welfare of our medium. It is so important dear - make sure they understand." (Hans: Yes they must understand - we will be very careful).

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"Now to Margareth - can you hear my voice dear". Margareth had started sobbing and Freda asked her to change seats with June and sit next to her. Freda tries to comfort her and tells her she has a great sensitivity. "In time, if she is willing, then my world will be able to develop her in such a manner that we will be able to work with her in the manner we are communicating this evening"

(Hans translated) "Tell her we apologise that we drew too close this evening". Margareth responded that everything is fine and she would like to work the same as the group and as a medium.

"Tell her Hans, as time progresses we shall continue to draw close to her so that eventually a channel will be created and doors will be opened to enable her to develop. We have so few channels through which we can work we would be grateful if you would very kindly agree to this dear.

(M agrees). Walter has a wonderful surprise for you tomorrow. This is the first time I have had the opportunity to speak with a Brazilian lady (M was born in Brazil and moved to Switzerland later to study) something I shall not forget dear. I know you will all understand if we withdraw now to conserve the energy for tomorrow evening. Tom, you already know your mother is here, and Ann, your Norman is here. (A&T - Many thanks Freda)

"Hans, dear, will you please tell Marion, who is coming tomorrow, that her loved one is here and he knows about the baby - he knows about the baby."

"This is rather strange, we have another Walter here this evening. We seem to have a group of Walters - this one says you were named after him Walter - your father. (W.- Yes) He is saying it will not be too long now - you understand this - but he is not speaking about you dear, so when you go to bed this evening you may relax! (laughter). Karin dear, that will be a relief for you I know - it will not be too long. He is very proud of you both, so you must never doubt whether you have done this or that - your father is delighted with you dears, and when the time comes he will be waiting - you understand, he will be waiting"

"And we have another Walter also ! This is becoming ridiculous. (Hans - I guess it is my father) Yes, it is your father. Margareth, I don't suppose your father is called Walter, because everyone's father tonight is called Walter. I am jesting dear, I am jesting. So Walter, your father is so proud and was not the kind who wore his heart on his sleeve. Karin, you understand that English expression?" (K.- Yes, I understand).

At this point a ball of light flashed on and off in the position of the wall light on the opposite side of the room from Stewart. This caused a reaction in Stewart and those of us who could see the light from where they were sitting felt it was not the actual light that had lit. All the switches and lights had been checked and turned off before the sitting and when checked this one could not be made to light.

Freda "I am only pleased dears that we have no energy extracted for the physical matter. Please ensure that will not happen again. It was created by a different form of energy we are utilizing this evening. Had it been a physical energy it would of course have been injurious to the medium.

I very much regret I have now lost the link with my own world . I shall leave now but shall be with you again tomorrow evening."

"One final thing - I have done what needed to be done and something has passed now between my world and Margareth."

The wall light went on again by itself and this time stayed on!

White Feather then quickly controlled Stewart and closed the sitting with his usual words 'May the Great White Spirit be with you all'

This sitting lasted 56 minutes and for publication purposes I have paraphrased much of the excellent record made by Karin from the audio tapes.

As soon as the circle disbanded, we checked the wiring and switches but could find nothing adrift. Readers will no doubt appreciate the seriousness concerning the safety of the medium, of lights coming on during a physical circle. Before the sitting on the following evening we removed all the bulbs as a safety precaution and would recommend this to other circles.

STEWART ALEXANDER'S SEANCE IN IBIZA, SPAIN SECOND SÉANCE, MONDAY 30th MAY 2005

By Tom and Ann Harrison from Karin Schnittger's script according to the recorded sitting.



This sitting was held on the evening immediately following the first one on Sunday 29th May, during which Walter Stinson, one of Stewart's main Spirit helpers, promised to try to show more physical phenomena tonight. As this sitting lasted for one hour and forty minutes we have summarized much of the conversation to show the significant facts.

Participants – Stewart, Ray and June, Hans, Walter and Karin, Margareth, Marion, Ulla, Renate, Tom and Ann. Hans, Walter and Karin kindly translated the English conversation for the benefit of the visitors who originated from Germany, Austria, Switzerland and Brazil – quite an international gathering, all interested in the Truth of life after death.

The usual pre-sitting procedures for the safety of the medium were carried out by Ray and June. Stewart was strapped in his chair. All bulbs were removed from their holders, to prevent a re-occurrence of the previous evening, leaving the room in complete darkness. Tom opened with prayer and Ray started to play the usual relaxing opening music. Within a few minutes Stewart was controlled by his ever trustworthy 'doorkeeper' White Feather who gave his usual encouraging welcome. "Once again White Feather is delighted that we have this opportunity to bring our two worlds together in love, to remove the barrier between the two worlds and be as one together in service to the Great White Spirit. Conditions, atmosphere, vibration of love is once again truly excellent. There is so much to be done. White Feather will pop out now" White Feather was thanked by the group and Christopher quickly followed.

His joyful nature put everyone in a good mood. "Keep talking friends – is there anybody here nervous? There is nothing to be frightened about. I will not be here very long tonight – a lot to do, I am speaking through Stewart, through his vocals, yeah, alright – not independently. Thanks everybody – will try to come back in a little while. Bye for now"

Walter Stinson quickly followed Christopher – "As always, I begin by saying Good Evening Folks. Truly I'm also delighted to come and visit for a short while. Let me speak to you folks who have not previously sat with Stewart. We choose to return in this manner to demonstrate that truly there is no death. There is eternal life for all souls. We hope to demonstrate quite clearly there is a greater power that exists beyond your earthly existence. We are folks who once lived upon your earth but now reside in a world of eternal life. I tell you folks – death is nothing – death is nothing."

"I promise you all that one day you will make the most exciting journey – you will pass through death itself and awake in a world of such beauty, harmony and love. All creation exists upon love itself and love cannot be destroyed.. I tell you that all your folks live on in my world,

and not one would chose to return to your side – not one. Now isn't that wonderful folks?"

"For the folks who have not sat with Stewart previously, I want to introduce myself. My name is Walter Stinson and I lived upon your earth almost one hundred years ago. Since we commenced our meeting we have been extracting from the medium the energy you have heard described as ectoplasm – a dynamic form of living energy. It exists between the two worlds – neither physical nor spiritual in make up. It is common to both and unique to neither. With this energy we are able to create physical manifestations. It takes a while to safely extract this energy. We must always proceed with great caution. Our responsibility is to the health of the medium and yourselves. We shall be extracting energy from several of you folks this evening but shall return it later. So there is no cause for alarm. Okay, Okay."

Walter then invited Karin to change seats with June who was sitting next to Stewart to his right. Ann was similarly seated on Stewart's left. He then asked all the sitters to place their hands on their knees, palms uppermost. "Folks, let me hear your voices – it is important that we always excite the vibrations." We responded accordingly.

He then asked Karin to explain aloud to all the sitters exactly what her experience was – exactly what took place. "In particular we want your husband Walter to understand." He then asked Karin to hold the medium's right hand with her left hand and made his usual comment about the loveliness of her hand.

"Understand now the medium's high state of sensitivity and please be gentle. Please put your right hand on top of your left – very gently. Now move your right hand up the arm of the medium to feel the strap attached to the chair. Tell Walter the strap was there secured to his hand." Karin clearly affirmed this for all to hear. "Now move your right hand away." We all then heard a slight noise like the crack of a whip and Karin told us Stewart's arm was up in the air. Walter asked her to check that the strap was still attached to the arm of the chair. – which she did with her right hand and we could all hear the sound as she pulled it against the chair arm. He then asked Ray to shine his red light on the arm of the chair for a few moments so we could all see the strap. Karin confirmed that she had not let loose of Stewart's right hand at any time.

"Then you will agree Ma'am, you have just witnessed the passage of living matter through matter. Isn't that quite something for you?" Karin and all the sitters agreed. He then asked Karin to place her hands on her knees.

"Karin, I think we have the energy to present you with a small gift. Again gently move your hand up the medium's arm until you reach the strap. Now press hard on the strap and tell the folks you are doing that." Karin confirmed. Karin's husband was asked to explain to the German speaking visitors what was happening and telling them Walter was about to present the strap to Karin – which he did. Karin thanked him very much and he said it was a token of their affection and love for all the work she and her husband Walter were doing for this wondrous Truth of Survival.

Walter S then announced he was getting one of the straps which were on the small table in the centre of the circle to re-fix Stewart's arm to the chair. All we heard was a slight 'ratching' noise as he must have been fixing the cable tie. Karin and June then returned to their original places.

He then said he would like to invite the young lady who has such wonderful potential to develop her gifts of the Spirit. "Margareth, please come and sit with me for a while" Margareth and June changed places. Walter then asked Karin to translate everything he would say if

Margareth could not understand as being Brazilian born she speaks Portuguese and now German.

Walter then repeated the second part of the experiment which he had just done with Karin and gave the strap to Margareth "to demonstrate in only a small way the reality concerning communication between our two worlds." He then re-strapped Stewart's arm to the chair using another of the spare cable ties on the table. Again all we heard was a 'ratching' noise. Walter Schnittger said, as an engineer, he was very impressed, bearing in mind it was all done with Stewart seated in his chair. The luminous strips fixed to Stewart's knees before the start of the sitting, were clearly seen to be in the same position at all times so we knew Stewart had not left his chair. Then Walter S said "I am also impressed, and I want you all to know that whatever you witness here this evening is not something we have been able to develop quickly. You are seeing the results of almost 40 years work."

He then asked Margareth to place her hand on Stewart's again. "I would like to make an adjustment within your soul while we have this opportunity. This will help with your future development. I want you to relax and you may feel a strange sensation, but we promise you we will not harm you. Close your eyes – this will only take a few moments." After a few seconds of quietness he simply said "It is done, it is done. It is my pleasure ma'am, my pleasure. This will not be the last occasion when we meet." Walter asked Ray to switch on his red light so that Margareth and June could return to their original places. He then asked Walter Schnittger to approach the table to get his gift of two cable ties which were separate at the start of the sitting and were now linked together without any human contact. Walter Sch. thanked Walter St very much – "That's excellent". "It's my pleasure, my pleasure sir." responded Walter Stinson..

Walter then asked Ray to put the trumpet in front of Stewart saying they would return Stewart to us for a short while. He then asked us to sing to keep up the vibrations. We responded with singing 'Clementine' followed by the popular 'She'll be coming round the mountain'. Ray then played some taped music and Stewart gradually came out of trance – still strapped in his chair of course. We then heard the loud rapping of the drumsticks which had been placed on the table beforehand.

The trumpet, with its luminous band round the bell end, then slowly and smoothly lifted into the air – almost to ceiling level and then moved all around the room almost touching the sitters – all the time in complete darkness. Stewart was watching all this and explained to the new sitters that when they sometimes work with two trumpets, one of them will settle over the one standing in front of him and both will move around the room together – quite spectacular.

It was also explained to the new sitters that the trumpets are often used for speech by the Spirit people – acting as amplifiers. But tonight we had the benefit of Dr. Barnett speaking to us by means of a 'direct voice mechanism' built independently by the Spirit helpers. This mechanism is built usually to Stewart's left hand side between him and whoever is sitting next to him; usually his sister Gaynor, but tonight it was Ann. The volume was very low at first but gradually improved with the encouragement of the sitters so that everyone could soon hear his voice clearly. Dr. Barnett explained it had taken almost 40 years to achieve this (as Walter had said previously) and he was still working to improve it further. We thanked him for his great efforts for our benefit and the voice ceased.

We were then delighted to welcome Freda Johnson who was keen to introduce herself to the new sitters as an English lady. She said she had been extremely interested to listen to Dr. Barnett and agreed with all he had to say adding – "We are always aware that there will always be people present who will be wondering to themselves whether this is reality taking place here. You understand? It is important, very important, to use your own powers of reasoning, your own intelligence – accept what you can and reject the rest. I am delighted Hans that this evening everything is perfect. We feel we can work safely tonight."

"Now I want to speak to dear Walter. I was beginning to tell you last evening that your father had come. (W.-Yes) He is here again this evening with considerable determination. Do you understand? (W.- Oh yes) He wants you to know how proud he is, not only of you Walter, but also of your dear wife. He is very proud of the two of you. Karin dear you knew this gentleman well. (K.-Yes) He is saying that he always held you in great affection (K.- Oh I did not know) Oh he did. Can you remember what I said last night about the expression 'Wearing the heart upon the sleeve' (K.- Yes) He was a proud man in many ways but

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had difficulty in expressing his final emotion. You understand? (K.-Yes I understand perfectly) This is one of the reasons why he has returned tonight.. He wanted you to know deeply in your heart and mind what his true feelings were. (W.-We appreciate this) He always felt you were so clever and felt that Walter was extremely fortunate (K.- This doesn't surprise me, but he did not express it) but this is what he felt."

"He is saying it will not be too long now. He is speaking of your mother Walter. It is a great tragedy that from time to time, people linger upon this earth when it would be preferable to make the transition and come into my world. (W.- Certainly) You may feel she does not understand, but I want you to know her mind knows everything. (W.- This is good to know) From her point of view it can also be frustrating. Your father is saying all is in readiness and he will be the first person to greet her. (W.- Very good – thank you very much) He is delighted to come and place your mind at rest." (W.- Thank you) You had a closeness with your grandmother Walter.(W.- Yes, for sure, my father's mother) Yes., she is here also.(W.- Oh give her my regards) She is sending her undying love. (W-Thank you).

Freda then said she had heard a name like Mathild, Mathilda or something similar – but unfortunately no one could recognise it or remember anyone with such a name.

Freda then spoke to Ulla telling her that her husband is delighted to see her again. He mentions he is always around her helping when he can and in particular he was there when she prepared a wonderful meal for us all a few evenings before. He wants her to know he is now fine and it will be some time before she joins him. He is with Sandra who is reading a great deal. She wants to express her love to Ulla, although the relationship was difficult for a while. She is looking after her father.

Ulla expressed her thanks for the message.

Freda then addressed the young lady with the magnificent blond hair, Renate. She gave her a message from Rudi, whom Renate recognised as her former boss. He always admired her and was laughing about the fact that she was in such a sitting. He expressed a wish that when Stewart develops further with full materialisation in the light, he wants to come again and show himself in the light. He also sent his undying love to his family and that he is with them. Freda told Renate that she is a wonderful soul and Renate expressed her thanks.

Freda then spoke to Hans to tell him his Uncle Ernst had come. "He wants you not to lose confidence in the plan which was orchestrated in our world several years ago when they spoke to you in the garden." Hans said he understood. Freda told him everything was now moving forward very quickly. Hans was delighted. She then asked if the paper had arrived and Hans replied not yet. The conversation continued about a half-brother on the earth plane and Freda told Hans he would hear some news from him which is important.

Freda then said "I find it very difficult now. A tremendous amount of energy has been used and I hope you will understand if we withdraw now. It would be unfair on Stewart if we stayed longer.

I have so enjoyed my time with you dears" (Everybody thanked Freda). "I hope sincerely we shall all be together again in the future. When you go out into your world, share what you have experienced with all your loved ones, your friends, your relations and all your associates, for there are so many who have no conception that there is a life after death. Your world at present is full of sorrow, but if this Truth was finally accepted by the whole of mankind you would attain a heaven upon earth. So take this Truth out into your world."

She then asked Margareth to remember all that had been said to her – it was very important. "Finally to our very good mutual friend Hans – I want to thank him on behalf of my world for his wonderful hospitality and for allowing this meeting to take place. I also extend to him personally our profound gratitude for all he does to bring this Truth to all whom he feels he can appeal to."

Freda then took her leave, followed by Walter and Christopher who both voiced their affection.

The meeting was closed by White Feather – "May the Great White Spirit be with you all."

Stewart gradually came out of trance and was thanked by all the sitters for such a wonderful evening.

An inform Peter Cook and an insight into life in the spirit world were offered to those sitters who attended this demonstration of physical mediumship by David Thompson at the Spirit Lodge in Haywards Heath.

DAVID THOMPSON PUBLIC PHYSICAL SÉANCE

10th JANUARY 2003

AT THE SPIRIT LODGE, HAYWARDS HEATH, ENGLAND

By Ross-James Pearman

Prior to the séance David the medium was checked by several sitters and was then gagged and bound to the chair. The main lights were then extinguished, the red light dimmed and the opening prayer said.

The music was played for a short time before David's guide and mentor William Charles Cadwell began to speak. William greeted sitters by telling them that at the present time the energies in the séance room were "conductive" for producing physical phenomena but that could change if those gathered did not keep an open mind.

Requesting questions from sitters William was asked whether he saw humanity at this moment in time on a downward spiral when it comes to spiritual progression, which at some time should start to see a rise again.

"It is true that troubles in your world will have an affect on other people, especially an impact on those living in countries where there is unrest over race and religion. "However, spiritual progression is open to every soul and is not determined by religion or race but on the individual and what they sat and what they feel."

William was then asked to explain his time on earth.

"I passed to the world of spirit in 1897. A man of science and an investigative mind who was not easy to get on with, I was unsure of the possibility of another plane of existence.

"During my time on earth I visited many mediums, some who were charlatans and others who were genuinely in contact with the world of spirit. One lady medium told me that in years to come I would work with a gentlemen who has yet to be born. At the time I thought this was preposterous."

"However, when I passed to the world of spirit I had a joyous reunion with my mother and the message was obviously true. The rest as they say is history."

Another sitter, involved in rescue work for lost souls, asked William why those that had passed from their physical existence were directed to his rescue circle.

"Was it about not accepting their passing and a drawing to the earthly existence?" he asked.

William replied: "I don't believe in the term lost souls, but misguided souls who don't make the fall transition over fears of repercussion from the bad deeds done on the earth. When being gathered for 'sending out a hand of friendship' (rescue work) it creates a vibration to help those individuals to commune. Not to show the way to the light, as often there is none, but to help promote a shift of consciousness.

"In your group you enlighten their mind that there should be no fear to make the transition," he added.

William also warned that rescue work could limit the development of the medium and that the link should detach themselves from rescue work if they want to develop their own mediumship.

Asked if it helped to sit in a pyramid to raise energies in a circle, or if it was not necessary, William said: "Quite often people produce a concept in their mind to aid energies in the séance room. However, this not necessarily the case. If the medium wishes for it, then so be it."

William then said his farewells to those gathered and dematerialised back into the cabinet after asking sitters to hold hands and for the music to be played.

To a lively tune sitters were greeted to a loud clapping of spirit hands across the darkened room which was followed by the quick

and varied movements of the luminous trumpet, placed in the séance room before proceedings started, around the séance room. A majority of the sitters experienced the trumpet being tapped on their knees, hands and head.

Timothy, another of David's regular communicators, then made his appearance and asked for the music to be stopped.

He then moved around the room gently touching sitters hands and explained that he had been controlling the 'ectoplasmic rods' which were moving the trumpet around the room earlier - an art he had now "mastered" although he had hit a few people by mistake in the past.

Asked if he could see those gathered, Timothy explained that he could only sense the auras from those gathered.

Tim, who started to blow into a harmonica placed earlier in the séance room, was then asked what it was like having an ectoplasmic body. "It's a bit difficult at first as it's a bit gooey, like having something crawling over your skin. You soon get used to it though," he added.

He then departed back into the cabinet to be replaced by the voice of politically correct comedian Peter Cook.

He then gave sitters his familiar rendition of the two nuns on the train going down to Dover (see previous reports).

He then went on to explain a recent experience of one sitter who had an upset stomach before a séance and who spent most of the time outside the lodge being unwell in the garden.

His father, who still attended the séance, spoke to Peter during the meeting and asked if he had a message for his unwell son.

"I thought and I thought and brought out some profound words," he said. "Ask him if there are any carrots in it, I said. I can tell you he was stumped for words," Peter added.

Asked if he had any interest in spiritualism during his time on earth he replied: "Oh yes, I had plenty of interest in the spirits I can tell you - only the wrong kind of spirits. "In truth I had no interest in this form of work. I had thought about it, like everybody does, but that was about the mark."

Explaining that he "didn't want to waste any more of his time here" Peter made his excuses and left. The music was then returned with drumsticks being rattled on the séance floor and roof in time to the tune.

Timothy then returned and asked for the music to be played for his voice to be replaced by the voice of a woman who called one of the sitters by her name.

The lady sitter responded and said the lady speaking was her grandmother and mentioned several family names that were confirmed by the sitter.

Timothy then returned and said that a guide wanted to come through and speak to one of the sitters in the room. After several seconds a spirit individual manifested in the room and started to write something on some paper supplied in the centre of the séance room and then touched several of the sitters gathered.

The communicator then came through and introduced himself to two of the sitters as Dicoto, which was confirmed by those he spoke to. He then gave his blessings before speaking a chant in native Indian dialect and then departing.

Honest Jack was next to come through and was asked by one sitter what he did during his time on earth. "I passed over in 1902," he

replied. "I lived in Epping and was never married and lived alone. I liked my own company."

After mentioning that he grew his own vegetable patch in spirit he was asked if you had to eat in the spirit world. "You don't have to as you don't have to sustain life in spirit," he replied. "However, if you want to eat you can."

Jack then gave a firm handshake to one sitter. "Take the hand of someone who has been dead for over 100 years," Jack said.

Another sitter asked Jack if he was aware of the angelic kingdom and "masters". "I don't have any dealings in this but they do exist on higher realms. They do exist though."

Jack then departed and asked for the music to be played.

After several minutes of music the medium, still attached to the chair, was then lifted and placed in the centre of the séance room.

After coming out of a trance state and the red light illuminated it was observed that David's jumper, with ties still attached, had been turned back to front.

His binds were checked by two sitters and were found to still be intact from the first inspection at the start of the séance.

PARAFEST 2006

UK EN MASSE

PASSING OVER[©]

MEDIUMS, TRANCE

MEDIUMS, PSYCHICS &

ALL SPIRITUALLY AWARE

Spirit Are Calling Out To All Spiritually 'Gifted & Aware' Brothers & Sisters On October 27th-28th 2006

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The time for us all to link our energies is upon us. Please unite with us and assist these worn and tortured wanderers. To guide them home by assisting their request to travel toward the light... One World Assisting Another

As is well within our knowing and our combined power to do so. Please, heed this call. Be Their Guiding Light. TOGETHER WE WILL MAKE A DIFFERENCE

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A. F. Hacker levitates to an audience on 27th June 1938. He is holding a tambourine with a luminous spot to give guidance to the photographer in the poor lighting.

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