

ZERDIN

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ISSUE 3 - AUGUST 2005

BUZZ
SHEET

the truth is within

Patience pays off!

Special Feature:
The Nordic old
ways with a view
to the future

Abu talks

Ectoplasmic Talent Search

Our mission: To Promote the Safe Practice, Development,
Knowledge and Understanding of Physical Mediumship,
Spirit communication and Associated Phenomena

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SAY SOMETHING PLEASE

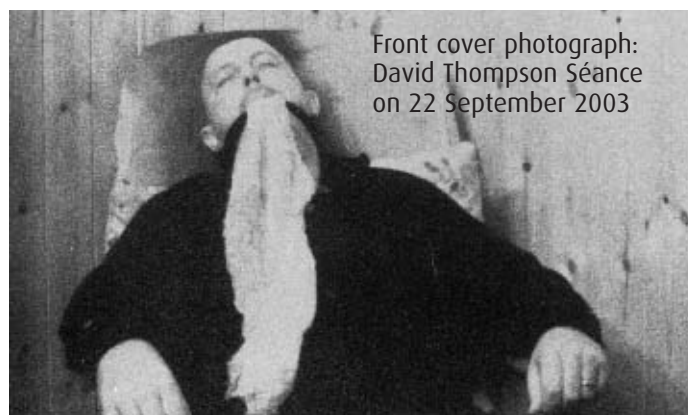
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Front cover photograph:
David Thompson Séance
on 22 September 2003

PLEASE KEEP SENDING IN YOUR
SUBSCRIPTIONS AND **DONATIONS**

WE NEED YOUR HELP!!

It is very important that you send us as many of your articles however great or small, world shattering or just interesting.

You may have something that was written recently or some time ago, your work of spirit communication and the proof of survival needs to be heard again. So please, we want to hear from you. The following are some examples of what we need:

- Tell us about your medium, tell us about your circle, and tell us about yourself.
- Let us know about other experiences you may have had with other mediums (circles, séances reports or articles).
- How did your circle start, what do you hope for the future of the circle?
- Your own Spiritual Experiences.
- Comments on the Buzzsheet (treat us gently)
- Comments on the Fellowship so far and possible ideas for the future.
- New ideas for the Zerdin Buzzsheet.
- Seminars or lectures you may have attended.
- Tell us about our Pioneers, those that have gone before.
- Anything you feel strongly about.
- Spirit philosophy.
- EVP, Apports and strange events. Spirit photography Orbs etc (Photographs please of Phenomena).
- Educational articles on spirit, and the spirit world.



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THE SEARCH IS ON!!! ECTOPLASMIC TALENT SEARCH BUZZSHEET

As many of you will already have noticed that since the publication of Buzzsheet Issue 2. We have now placed advertisements in Psychic World, Psychic News, Psychic Voice and placed an on line advertisement and an audio introduction to the Zerdin Fellowship on the Website www.psychictimes.com an on line website I would highly recommend Our advertisements were placed for the Fellowship to seek out those rare individual who have the gift of Trance and Physical mediumship. The Fellowship will continue to place advertisements regularly looking for new talent as we have stated from the beginning this is our priority, we need to discover, educate and protect our new and existing Trance and Physical mediums.

The Fellowship placed those advertisements early in June and we've had some twenty enquires to date from earnest and sincere people. Many we have spoken to are at the beginning of their development and some just a little further on, we will endeavour to STAY IN TOUCH! help in any way we can. This is why right from the start other Fellows with many years of experience agreed to be Talent Search

consultants and we hope to draw on many other Fellows experience in the near future, so expect a call soon, we aim to STAY IN TOUCH.

From our initial enquiries, we felt four individuals who needed to be considered as having potentially a great deal of phenomena going on around them in their homes and while sitting for Trance and physical. As I write this report, we have arranged four assessment sittings to take place in July and August. We will, with the permission of the medium and circles let you know how the sittings went, in Buzzsheet issue 4.

It is always the case as we all know that some of our mediums we are about to meet will possibly need somewhere to sit and with dedicated and sympathetic sitters, this I feel is where the Fellows of The Zerdin Fellowship, some two hundred or so, will be there to help and assist, we are all in this adventure together, so STAY IN TOUCH.

SEARCHLIGHT A NEW SERVICE FOR ZERDIN FELLOWS TO STAY IN TOUCH...

- Advertise free for sitters seeking mediums, and mediums seeking sitters!!!
- See enclosed 'Searchlight' leaflet to complete, and advertise in the next issue!
- Here are a few that have already written in with their requests.

**Karen medium from Falmer Nr Brighton East Sussex...
looking for dedicated sitters...**

**Rachel medium from Cirencester...
looking for dedicated sitters...**

**Karen sitter from Maidstone Kent...
looking to join a physical circle...**

**Jackie sitter from Glasgow...
looking to join a physical circle...**

If you can help in anyway, or have a request yourself please send details to:

Email: Zerdinfellowship@rpearman.fsnet.co.uk

Or by post to:
Rosalind Pearman, Zerdin Co-ordinator,
The Gatehouse, Priors Leaze Lane, Hambrook,
West Sussex PO18 8RQ England

ALL GOOD THINGS MUST END...

Eventually all good things have to end; we have now over two hundred subscribers to the Buzzsheet WOW! And we have only just started our adventure together..

However owing to the cost of producing the Buzzsheet, we can no longer continue our introduction offer of £9.99 with a free issue of Buzzsheet Issue 1, so this offer will close, and the price for one years subscription will be £15.99, as of October 2005 Buzzsheet issue 4. The good news is that along with the next issue all subscribers will have free access to our new website now under construction, the increase will not of course be applicable for all those who have already subscribed up to 31st September 2005, many thanks for your continued support of the Fellowship.

The Fellowship Co-ordinator
Dennis Pearman.



“Expect to see something that hasn’t been seen in many years”

PATIENCE PAYS OFF!

By Ross-James Pearman

A note before we begin: Prior to the séance commencing all sitters, including those in the Haymist home circle and the medium David Thompson, had been thoroughly searched. David was also checked once more by two sitters once he had been gagged and tied to the chair. The séance then commenced...

The séance started by regular communicator William giving a brief greeting to those sitters assembled.

He explained that the spirit team after many years work and with patience, wanted to manifest ectoplasm over the medium in red light conditions so that photographs could be taken by a camera and enjoyed by those gathered and those in years to come.

The camera in question had already been pre-arranged to be brought into future public séance demonstrations by the spirit team in the hope that images could be taken of manifested ectoplasm in red light at some point in time.

Nobody in the Haymist home circle had expected this opportunity to arrive so soon.

“What you are about to witness is beyond anything experienced before,” William said. “It has not been seen in red light for many years but we rely on you to help produce the energy within the séance room for the manifestation to occur.”

The downside of the experiment, William explained, was that there would be no communications from loved ones this evening due to the energy needed to produce the ectoplasm. He then asked if everybody in the room was happy with this, to which all agreed they were.

William then requested that all sitters listen very carefully to

circle leader Nick and not to move or talk as this might cause “detriment” to the medium.

He then gave strict instructions to Nick that the room should remain in the dark until he rapped on the walls of the séance room. This would signal that the curtain to the cabinet should be opened and the red light turned up so that the medium and the manifested ectoplasm could be seen and the photograph taken.

The cabinet’s curtain would then be closed before the red light was extinguished and the music played once more.

“It is important that everyone in the séance room sees the ectoplasm, or gets a chance to see it,” he added.

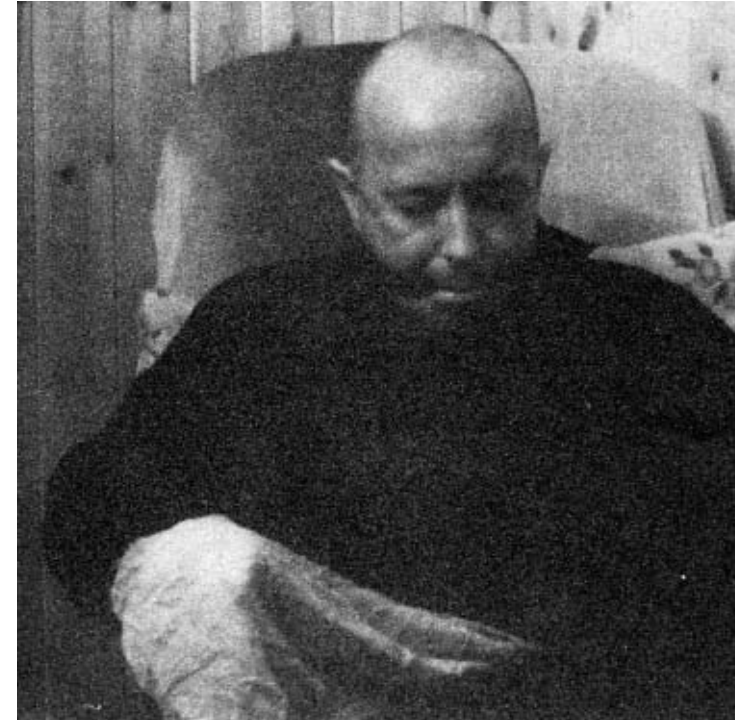
Haymist circle member Chris Hunt, who was to be cameraman for the evening as determined in earlier Haymist home circles, told William that he was unsure of how many photos he should take and what timed exposure he should allow due to the fast speed of the film supplied in the camera.

William replied that once the curtain was open and red light turned on Chris would be allowed to take as many photos as he felt necessary and to take different time intervals of exposure as this whole evening was about being an “experiment”.

He also added that there would be several photo shoot opportunities this evening as the spirit team wanted to practice taking ectoplasm from all different orifices of the medium’s body.

William stressed that all photo opportunities would follow the same pattern of a rap, the music turned off, the red light raised and the curtains opened.

The music was then turned on and was quickly followed by a loud and sharp rap.



The music was then stopped, the red light turned up to a reasonable brightness and the curtains opened.

It was noticed by several of those sitting close to the medium that ectoplasm was indeed present on the back of David’s hands and seemed to originate from his solar plexus area.

Chris then took the camera out from a bag it had been kept in since the start of the séance and started to take several pictures of David still gagged and bound to the chair.

After Chris had taken several photos of David, he then placed the camera back into the bag and the red light was dimmed.

William returned and said there would be “two or three” more opportunities to take photos throughout the evening.

At this time, Chris expressed a concern to William over causing possible harm to David from this experiment, as he had never conducted such a duty before.

William replied that David was quite safe and that the “greatest harm to come to the medium would be from someone in the room reaching out and touching him unexpectedly”.

The music was played once more and was quickly followed by another rap.

The red light was then raised once again and the curtains opened.

Nick then asked all sitters towards the back of the room to come forward carefully to look at David who now seemed to have ectoplasm exuding from his ear.

Chris then stepped forward to take more photos of David in the chair before the curtain was closed and the red light extinguished.

The music was then restarted. A rap soon followed, the red light was raised and the curtain opened after which several sitters remarked that ectoplasm had now covered the whole of David’s head.

Chris then continued to take some more pictures and Nick asked one of the sitters to check David was still securely bound in his chair. This was confirmed by the sitter. The light was then darkened and the music turned up once more.

In a matter of seconds, a rap was heard and the lights were

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ECTOPLASM MANIFESTED IN RED LIGHT AT A DAVID THOMPSON SÉANCE ON 22 SEPTEMBER 2003 AT THE SPIRIT LODGE, HAYWARDS HEATH, WEST SUSSEX ENGLAND.

once again turned up and the curtain opened.

Several sitters gasped as a thick cloud of ectoplasm was seen to be covering the bound medium.

To some gathered this was the first time they had ever seen ectoplasm and were amazed at its composition. Some described it as looking like a “scarf on the medium”.

All those gathered verified that they had seen manifested ectoplasm in some form.

Again, two sitters checked the medium’s binds once more before more photos were taken, the curtains drawn, the light turned up and the music returned.

William then returned and asked sitters to hold hands. He also instructed Nick for the luminous trumpet in the séance room to be hidden away.

He then manifested within the séance room and explained that a lot of energy had been used to conduct the experiment but was happy to answer questions on ectoplasm.

He explained that ectoplasm was taken from different areas of the medium’s body, mainly from the pancreas area, but was also made up of different chemicals including different fibres such as sitters’ clothing and also substances from the atmosphere.

“This might explain the scarf-like composition of the ectoplasm seen by some sitters,” he added. “David is able to produce ectoplasm as he has the right chemical make up in his brain and body to produce ectoplasm. The chemicals used to produce ectoplasm are dopamine and serotonin.

“However, there are downsides to having the right chemical composition to produce ectoplasm,” explained William.

“The chemical can either make you very depressed or give you moments of exhilaration.”

Asked by one sitter if the chemical to produce ectoplasm is something you are born with or that you can develop yourself William replied that in part you could be born with the right balance of chemicals but that also life’s experiences can help develop the right substances as well as self-development on mediumistic abilities.

When questioned whether ectoplasm left any residue in the séance room William answered that ectoplasm did actually disappear and turn into a vapour, although some residue might be left on the medium’s gag following a séance.

William then continued to shake the hands of several sitters gathered before he departed.

Then Timothy, another of David’s spirit communicator and the controller of the ectoplasm in the séance room, greeted guests in his own light-hearted style.

He treated sitters to blasts from his harmonica and his rattle as well as some mischief making by placing several toys already in the séance room on the laps of the sitters.

Several of those gathered experienced being touched by Timothy in some form.

Timothy then said his goodbyes and then during the ‘coming-round music’ David, still attached to his chair, was levitated out into the centre of the room.

On raising the main lights when David was fully conscious sitters noticed that the medium’s T-shirt had been fully dematerialised from under his jumper, which had been tied securely with cable ties, and was now resting by his feet.

INTRODUCTION... many hundreds of us know David Thompson the Medium, now get to know David the Man.



MY LIFE

By David Thompson

Welcome to my life. Well not all of the story but certainly part of it, the rest I will keep maybe for another day. These things start as they always do with birth, and I was born at RAF Hospital, Ely, and Cambridgeshire, England.

My first memories as a child were about the ages of one to eight, and I remember my first mediumistic memories were standing in the back garden of my grandmothers pub in Sittingbourne, Kent England and hearing a little girls voice telling me her name was Louise and asking me if she could play with me. At the age of six you do not think about where the voice has come from you just accept it. So on that day a life long friendship had been forged and even to this day, Louise is with me and on the odd occasion makes an appearance at Haymist séances.

I was destined to travel as my dad was in the RAF. The family soon moved to Libya, Africa for two years and then we moved to Singapore, where we lived for six years. Singapore has always been a special place for me, because I spent my formative years there, and had my first taste of Buddhism while living there. I have always been drawn to Buddhism, ever since I was a young boy growing up in

Singapore, when I was once on a holiday to Sri Lanka, I visited the Golden Temple in Kandy, and paid homage to Buddha's tooth relic held there that was a very spiritual and memorable time for me. The monks and the understanding of Buddhism as always stayed with me. Eventually my mother and I moved back to Kent England where I spent the rest of my growing years.

My grandmother on my mother's side of the family was an ardent spiritualist who would attend Spiritualist services every Sunday, I can remember once my cousin telling me Nan used to send her out to get her Psychic News for her. My mum has always been a very Spirit aware person who has; I believe a very close connection to the spirit world.

When I first came into Spiritualism, I attended The St Georges Spiritualist Church Sheerness, Kent England. The President was a very accomplished medium by the name of Mavis Collins and in my early years, she helped me understand my mediumistic abilities and keep my feet firmly on the ground. Although I have never sat in a development circle for my mediumship, it is just an ability that I was born with.

My early days of spirit influence happened at the age of six when I saw my first spirit person; I used to be aware of a man standing in my bedroom from when I can first remember. Many years later when I asked William why he waited so long to start to work with me, he told me he had been there since my birth and reminded me about the man I used to see in my room and said that it was him.

William introduced himself to me about 5 years after I had started working as a mental medium, before him I had a Chinese gentleman working with me who is still with the Haymist spirit team. The day William introduced himself, I was meditating with some friends and as clear as a bell I heard this mans voice say "Hello my name is William, I wish to work with you" after many months of us becoming acquainted we started to work together and have since built up a close friendship and will be together in this life and the next as firm friends.

My other passion on my pathway is collecting old Spiritualist books I now have a library of about 200 although I collect them but I never read them; I just collect them to preserve Spiritualist history.

The first home circle from 1994-1996 was known as 'The Haymist Circle' and has always been known by that name. The name came from the name of the house the circle was first held in 1994 at Sevenoaks in Kent England; the circle leader at that time was Mr David Ingman. After sitting for about six weeks with me in trance, William asked for the lights to be switched out, the room darkened, and the rest is history. Some time during 1996 I moved to Crawley, Sussex, England and I was now sitting in pitch black as a physical medium, in a purpose made séance room, during this time we held many public séances most of which where recorded as I never really remember any of them. That's the nature of physical mediumship, you just try and get yourself out of the proceedings, (see Dennis Pearman's brief summary of these public séances, as a sitter on many occasions).

DENNIS PEARMAN'S ACCOUNT OF EVENTS AT CRAWLEY SUSSEX ENGLAND from 1996-1998 approx.

Footnote... (Séance conditions and procedures were at all times in place, David was always tied into the chair throughout the proceeding and these binds were always checked by two sitter both before and at the end of the séance).

David now living temporarily with the Bromley's in Crawley Sussex would regularly hold demonstrations of Trance and Physical mediumship in séance room conditions in a prepared room at the Bromley's home. David's regular sitters were by his side to protect him although I do remember always being a little worried about the non searching of sitters and indeed how easy it was for most people to attend these séances, I was also concerned on how casual the sitters sat i.e. no restriction of movement while they sat in their chairs, enough said about my concerns. It was at the Bromley's that I first met David. I had attended several of these séances throughout the coming months and years along with my son Ross James Pearman and it was during these séances we met Chris and Hazel Hunt. I later asked if Paul Barker could attend and then as you will read later, the present Haymist circle was formed -Paul, Chris, Hazel, Ross and Dennis and shortly afterwards David's new bride Bianca and of course Nick McGlyn. It really is very clever how spirit work here we all are attending public séances held by the Bromley's and already a large part of the circle was being formed for the next stage of David's and indeed our mediumistic development. All the future circles under one roof there for the next step, although none of us at the time had any idea we were to become the new and present Haymist circle.

It always appeared to me that David had an immense depth of energy and ectoplasm to pull on to produce phenomenon and there was plenty of happenings. With sitters having ties and shirts taken off reading glasses and jewellery being taken off, sitters being placed on other sitters laps arms or necks, raps from everywhere, spirit banging from outside the séance room, music being turned on and off and the cabinet curtain being opened and closed. David's chair being raised from the floor, a musical instrument being played, spirit communicators materialisation in the séance room walking around the room shaking hands sometimes hugging and kissing a sitter as a loved one known to the sitter came through. Water from the water glasses was being sprayed over the sitters on a hot summer's night, and indeed on one occasion in pitch black David being taken from the chair and placed above the cabinet. This was confirmed when the red light was turned on and David was not inside, we feel that may have happened is that the chair and ties would have been dematerialised and then rematerialised. This was confirmed when directly after this event the red light was once again switched on where we could see David returned to the cabinet sitting in the chair with his binds intact. We also had Ectoplasmic direct voice communication from several places in the séance room and indeed so much more that I could say we had witnessed in those days at the home of the Bromley's Crawley Sussex.

DAVID CONTINUES...

Time passed and I decided to visit Australia where love was born and blossomed when I met my new wife Bianca. Soon afterwards, Bianca came over to England to live with me and it was not long before we were setting up home in Hayward's Heath Sussex England. Unknown to us the new home was just four doors down from Colin Fry's home and the home of Colin's spirit lodge where Colin had held most of his séances. To our delight, Colin offered these facilities to us, so that the new Haymist circle could continue its work.

Many years passed and indeed many séances passed under the umbrella of the new Haymist circle. The circle members were totally dedicated and many of us would travel many miles, not only to attend public séances but to many

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home circles where all the hard work is done creating energy for the progression of my and the circles mediumship so that all the public séances would be successful. Much of the energy giving and the energy creating is done in the home circle so that guests who attend our public séances can receive messages and witness phenomenon at the public séances. This is how this type of mediumship works, dedication to give of energy regularly in the home circle makes possible the results in the public séance.

I understand that the Zerdin Fellowship will be publishing many of these séance reports in future issues of the Buzzsheet. This is possible, as every séance of the Haymist circle has been recorded, (see future issues of the Zerdin Buzzsheet).

We both now felt that a better life was awaiting us in Australia so here we now are living in the North West of Sydney in a place called Glenwood, which is a quiet residential area, from our living room window we can see the lovely blue mountains, I am now working as an Aircraft Manager flying around Australia and different parts of the world for two days every other week, so it gives me plenty of time for our Ozmist circle which is held every other Tuesday and I also run a mental development circle every Friday. I have done a few church services and along with Tom Hawke investigating bygone physical mediums visits to Australia, one of the discoveries we have made is that William Davenport of the Davenport Brothers is buried in Rook Wood Cemetery in Sydney.

Well as many of you know we have a new baby due on the 16th July, and both Bianca and I are really looking forward to the prospect of being parents. During one of the Ozmist circles here in Australia, William gave permission for the baby to come into the circle as and when both Bianca and I felt comfortable. Bianca asked William about what would happen when the baby was able to walk, and the possibility that the baby may grab at the ectoplasm. The answer was that because the child is part of the medium, the baby would be able to touch and hold the ectoplasmic forms without any harm at all to the medium, when asked how could that be, he answered that because the vibrations of David and his child are from the same source there would be no danger at all to the medium in anyway.

Best wishes to all my family and friends in England.
David.



you can contact David Thompson via his website:
www.davidthompson.com.au



SVEN TURCK FAMOUS NORDIC PHOTOGRAPHER

By Marion Dampier -Jeans

There are only a few people left alive in Denmark today who sat in Photographer Sven Turcks circle, one of them was Jorgen Walterdorff he spent many years under investigation with Sven Turck, In Turcks laboratory in Copenhagen he tested, many mediums included Anna Melonie Rasmussen.

One medium (picture below) felt the experience very uncomfortable, and sometimes not very dignified. The medium told Jorgen that when he was lifted up it was like somebody had put something up his rectum, whilst flying through the air very often his clothes was removed in mid air except his underpants, but his clothes would often be seen to dance across the room.



Sven truck worked like this over many years, he took over 1000 pictures, and produced a film thirty minute in length, and these were shown to many people but now have disappeared completely. There were many arguments between professors, scientists, and religious fanatics. Then in Denmark, a rift began to emerge, between those who did, and those that did not. want these photographs to be shown. Despite all the precaution amongst many scientists more than one professor had to withdraw, because this would have been be a costly price to pay (removal of their titles) Sven Turck was in the middle of this. This was why his film, like the photograph of the mediums flying in the air phenomena began to disappear.

I will also explain that Sven was not a spiritualist and he often searched for other explanation to satisfy himself.

THE NORDIC OLD WAYS AND WITH A VIEW TO THE FUTURE

By Marion Dampier Jean

Looking back to the my birth place in Denmark I remember my Norwegian Mother telling me many stories about Psychic mediumship. In my childhood in Denmark stories were told but perhaps not really understood by me until I became involved in my own work as a physical medium since moving to London in 1969.



I have had the pleasure and opportunity to study Physical mediumship and been involved in this understanding through my own Physical circle and experiences through in my life. The Norwegian side of my family were those who experience many phenomena such as voice phenomena, apports and materialisations. These stories have been told and accepted, by my family. Phenomena involving all aspect of spirit have existed for generation.

The phenomena were not in the dark or in locked rooms, but in the light in the middle of the day and in daylight. This phenomenon was apports; materialisations and voice phenomena. Often apports came flying through the air, and voices were heard this was something that people just took for granted there was no song or dance about this happening. We also had other phenomena these were called Blood Stoppers who were shamanic-healers who could stop all blood if an accident had taken place they would use some ritual spirit and words. This was lifesaving, for many people living on the land in remote places in the north part of Norway Sweden and Finland this was handed down from generation to generation as part of life. This same phenomenon happens now as I was informed when last month I worked in Greenland and Iceland amongst the Greenlandic Eskimos, the phenomena happens in the open in nature. not in darkened rooms. People would tell me the most interesting stories about the old generations, of Eskimos talking about its power as the English talk about the weather. There phenomena have a long history with drum dancers and trance mediums

The Nordic countries are often associated with Danish butter Norwegians fjords cold climates and mountains, fishing, IKEA Our history is long, and we have a much deeper background in mediumship or rather Physical phenomena in the past we have had some of the best-tested mediums, and the most interesting photographs. Sven Turck researched and filmed this phenomena over many years, he also tested mediums and the phenomena that he captured in over 500 of these pictures, some of which ended up in universities and other were displayed in his book "Jeg var dus med dus med Ånderne" "I was friends with spirit" ...?

The study and research into these phenomena was taken very seriously, he took time to study his work. These mediums had the ability to levitate in the air, also moving and levitating a big heavy table, at the same time levitating a whole Tea service around the room. Mediums who sat in his circle often found their chairs dancing whilst they were seated on them, they were walking around in the studio from the room in to the hallway and back again, the mediums could not get out of the chair. Most of their are printed in his book published in 1940 is and I have some on my website www.mariondampier-jeans.com following on I found a distant relative who has some very interesting pictures and letters of his work.

Materialisation was not rare in the old days in the Nordic countries, many mediums took there work around Scandinavia, but this became a disaster for the mediums, in the end they came across the establishment and the religious and the materialist who destroyed their work. We have materialists

THE NORDIC OLD WAYS AND WITH A VIEW TO THE FUTURE continued...



today but they call them self-sceptical. Like Helen Duncan, one Danish Medium Einer Nielsen ended up in prison for the crime of being a Physical medium.

Mr Turck often relied on a medium call Anna Melonie Rasmussen, she did not need to be in his studio where his experiment took place he would phone her as she lived two kilometres away from the studio and would ask her to send Anna Arks spirit to do rapping's in the studio, the rapping's were so loud that people would complain in the flats next door as they thought that Mr Turck was hammering on the wall. She could get tables to levitate and many other things, while on the telephone, she also had a rarer gift, spirit could knock on her bones, everybody who was close to her could hear the rapping's, the raps happened all over her body, some so violent that she was in pain. Anna had a wonderful gift.

Then one day a window cleaner, who did not believe in any of these things, had the shock of his life while cleaning Anna's windows. Anna had just left the room when suddenly the sofa lifted in the air flew over the coffee table followed by two armchairs gliding around the room and switched places with the sofa and then in through the open window the window cleaner was dragged and placed in an armchair and there Anna found him in shock (not to say he never came cleaning Anna's windows again) Anna Melonie Rasmussen was tested many times by Harry Price who said she was one of the best mediums he had tested under strict control.

Mr Turck's pictures were taken in infrared light so all and everybody who was present could see this phenomena. A film was made of mediums flying through the air and tables and other experiments, this was shown to people in Denmark and was talked about in newspapers and magazines it caused quite a sensation, but the film suddenly vanished and was never found, and as the story is told it was sold to a university in America, but was never seen again.

I do feel depressed that in today society we seem to have no more interest in promoting this wonderful work even within the spiritualist movement. Physical mediumship should be the front-runner in paranormal investigation.

Some of our unions just close their mind and ignore this or are too frightened to research and promote the safe practice of physical mediumship happening today. Psychological mediums

should be promoted and their mediumship taken seriously, we must protect our own mediums and their work we should be the front-runners for proving life after death. All we have to do is tell the truth and keep telling the truth. Truth comes from freedom of expression, freedom of thought and ultimately an education that enables young minds to explore philosophy, morality and ethics of the word of spirits.

If we don't go forward in this teaching and reaching people we are a lost cause for spirit it is important to get out there, be involved, so that, not just a chosen few to get to know this great truth but for all the people of the world.

Phenomena exist in all nations and in all countries but we in England have a head start we are in front of other countries, we have large organisation and people who believe and study this medium, we have the knowledge and a certain freedom to explore this phenomena we have many spiritualist churches. In Denmark, we have two and in Norway one (I recently opened this first church in Norway, the first in Norway's history).

I have helped make Nordic people aware and brought spiritualism and the phenomena back to the Nordic countries out in to the open through by my two best selling book **'Voices from another world'**.

My journey to help bring back spiritualism and the natural phenomenon to Nordic countries once again was when I sat in a psychical Circle in London. It was there Einer Nielsen made his first contact and told me that I had important work to do back in the Nordic countries. He told me to open the doors bring in the understanding and the history about the important work that took place in spiritualism so long ago in the Nordic countries.

This I have tried to do, trying to open peoples minds, informing them about the older generation about the pioneers we had and how important their contribution, their work for spirit was for the physical mediumship of today. My work and the continued work of our own Physical circle we have in South London and hopefully along with other like-minded passionate people from the Zerdin Fellowship, we will push and shove and push and push some more until we are heard through the phenomena our mediums will present and from the truths, our voices will speak. A truth for all countries. In addition, all people.

Accept my passion for truth in the face of all adversity

TURCK'S EXPERIMENT

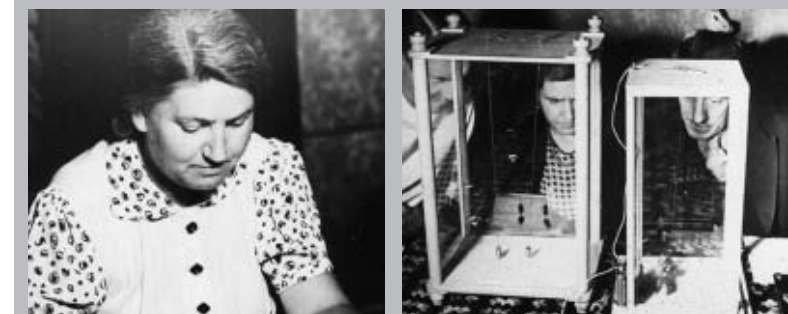
The medium is laying on the floor, ropes that were in the Hallway have now been dragged in and then wrapped around the medium in open view for all to see.



EINER NIELSEN

He was born in Denmark in 1894 his first public demonstration was in 1911 when he was only 17 years old and he also did his first psychical demonstration.

The rest of his life he worked close with scientist from many part of Europe. In 1960 his work was acknowledged in England he was special guest of the International spiritual federation. He past to the higher life in 1965.



ANNA MELLONI RASMUSSEN FAMOUS PHYSICAL MEDIUM FROM DENMARK

By Marion Dampier- Jeans

Anna Melloni Rasmussen was born in Denmark she was one of Denmark's finest psychical medium. Born in 1898, and past in the 1970. She was just 12 years of age when her abilities began to show.

Anna began her mediumistic abilities with table lifting, the table was moved and lifted with out her touching it, and other phenomena began to take place.

After some time she began to develop telekinesis, rapping's this rapping's could come from anywhere around her body or in the room she was in. She started to develop automatic writing whilst blind folded, she wrote with both hands but the words were back to front and you could only read this in a mirror. After some time she began with light phenomena, and began to talk in trance, Anna's guide was called DR Lazarus. Anna sat with photographer Sven Turck who maws also a Danish Investigator he wrote a book about his many years' experiences under his research and tested many mediums.

Between October/November 1921 was one of the first investigations by Fritz Grunewaldes laboratory in Berlin. This Investigation and the results were given to the international congress for psychical research in Warsaw in 1923.

In 1922 an experiment with Professor Christian Winther, S.D., of the Polytechnic Academy of Copenhagen. There was more scientific Investigation by Professor Bondorff who carried out tests, in both of these test Anna the results were that Anna's gifts were wonderful and genuine.

Anna sat for over 30 researchers in Europe and one of them was Harry Price. Who wrote about this himself in his book said that Anna Melonie Rasmussen was a real medium, and had many gifts. Harry only ever complimented two mediums who he felt was authentic, and one of them was Anna.

I would like to tell you a story I was told by a Danish medium just before he past into the spirit world, who was a friend of Anna's and he was with her when an amazing experience took place.

Anna had a window cleaner working in her flat in Copenhagen, he stood inside cleaning the windows as usual, and Anna went to the kitchen to make coffee, when there was a yell from the Living room? Anna and her friend quickly went to investigate, only to find the Window cleaner pressed in to one of the armchairs sitting rigid with eyes transfixed. On the pieces of furniture floating around in front of him.

The sofa and the other two armchairs had lifted up into the air and switched places in front of the window cleaner, the poor window cleaner was so frighten that he could not move, and never returned to clean the windows again.

Anna was a special woman with amazing gifts just like some of the famous English and American mediums.

TEN STEPS TO TRANCE

PERSONAL SAFETY – Make sure you are not going to be disturbed by sudden noises. Switch off telephones, doorbells, make sure others in the house know you cannot be disturbed. Always sit with at least one other person.

Are you in the **RIGHT FRAME OF MIND** to do this? If you have just had a flaming row or are brooding over problems, get them out of your head and try to be in as peaceful and positive a state of mind as you can.

BREATHING – Your breathing will alter as spirit move in to control you but in the first instance, you can deepen your relaxation by changing the breathing pattern yourself. Balance your breath to the same length in and out and hold for one or two seconds after each in breath and after each out breath.

Say a **PRAYER OR INVOCATION**. State your intent within the prayer asking for the highest and the best.

WELCOME your spirit helpers with confidence.

RELAX, letting go of all thoughts of daily life and all expectations of what might happen, try to be in the moment.

Allow a **BLENDING** to take place. There may be some sensations felt physically such as pressure on your body, emotions felt within, possibly images thrust into your mind or words heard. Spirit are close.

The next step I call **BONDING**. Here spirit begins the process of control. For this to happen you have to allow it. The first part of control often begins with spirit taking over your breathing and in the early stages of development your mind may be very present and this can become a battleground. If you feel a restriction around your throat or a choking sensation then despite your conscious intent you are probably reacting unconsciously to handing over control. Don't be afraid, relax and have confidence in your spirit friends.

SHARING – you may now feel removed or at a distance from proceedings. You may still be aware of things happening around you. You may feel you could retake control and stop the proceedings but hopefully your mind will be subdued and you will not want to. This is a partnership.

LETTING IT HAPPEN. Having taken control they must now organise their thoughts and work through your brain using the breath of your body to speak. The more you let this happen the more your conscious awareness will drift away.

IN TIME, TEN STEPS WILL BECOME ONE SEAMLESS MOVEMENT



EXCLUSIVE WHAT A DIFFERENCE A SÉANCE MAKES... NEW DISCOVERY ON THE PHYSICAL MEDIUMSHIP OF WILLIAM THORPE

By Gerald O'Hara

Just a few short hours to prove whether we are of this world or the next, and that we are all part of one great world. However, who was William Thorpe a physical medium extraordinaire? Many of us think we have heard of most physical mediums and there are those who are more expert in this field than am I. Yet Thorpe is on no lists that I have seen and wiser heads than I concur that his work has remained lost, until now.

Our discovery starts with a thank you to the Secretary of the Harrogate Spiritual Healing Church, Pam Allinson a Zerdin Fellow, for forwarding the details of six séances given at the Harrogate church between March and June of 1946. An unknown secretary recorded the details of these sittings with meticulous detail. Their work reveals training and the unknown scribe may have been a Mr C.M. Williams. With a formality becoming the age in which these events occurred, a contract of agreement was first drawn up. This is a three-page document, which gives four principle terms, six subsidiary conditions and no less than 22 sub-clauses, all duly signed and witnessed by the President and Medium on March 9th 1946. You can image the excitement the Church officials must have felt at landing such an arrangement with a physical medium; but it was not to be!

William Thorpe of Pudsey, Leeds agreed to accept one guinea during development per sitting and two guineas for public séances thereafter. He further undertook not to demonstrate direct voice or materialisation anywhere other than at the Harrogate Church. The "contract" was to be held good for three years after which the arrangement would be reviewed. In addition, Thorpe agreed to at least one and not more than three séances for the public in a three-week period.

The initial sitting was conducted to assess the effect of travelling and sitting on the constitution of the medium and to give attention to the formation of the circle. Having made all arrangements, the medium was entranced by a guide, Mamba, who introduced himself but could not show himself. There being no red light, "Direct voice only was proceeded with". Thereafter followed Albert, the famous guide to Helen Duncan, and I quote "he was most unhappy in regard to the conditions around his medium but that he would never leave her in fulfilment of the moral obligation of a higher spirit guide". He also advised the circle "a promise had been given to the guides of this medium (Mr Thorpe) to help when necessary and he would show himself at a latter sitting".

A further luminary of the Spirit World and of the Spiritualist movement put in an appearance, the Rev Tweedale, (when in this world himself no stranger to physical séances). "Rev, Charles ...introduced himself with a few observations on the

treatment of his relatives on earth and expressed the desire to write a book from the Spirit side of life to be published on earth. The Rev. Tweedale would be a frequent visitor to these circles for this purpose." Jack an Irishman of Dublin enlivened the sitting with his humour. More seriously, Miss Mary Learoyd, "showed a distressed condition through not fully understanding the new life which she had just entered and was helped by the sitters to leave with an appreciation of spirit life". Note Mary Learoyd was murdered near Ilkley, Yorkshire, in 1939 a gap of some six years!

At the close of the circle, the medium's "Doorkeeper" Chang entranced the medium and spoke with each sitter personally "while refreshing his medium back to normal conditions". This first sitting was made up of 13 sitters and lasted one and a half hours. The second circle followed some three weeks later on 8th April 1946. This time with 14 sitters, a red light and two trumpets. With all the customary paraphernalia present, the sitting commenced at 19:30 hours. "Chang through his medium greeted each sitter personally. Mamba explained that in the first stage, the forms would be built up on the medium's body, head and shoulders only would appear between the curtains. It was anticipated that subsequent development would enable the forms to walk round the circle apart from the medium's body in the cabinet" (i.e. independently of the medium). On this occasion there appears to have been none of the "famous and the good" of the Spiritualist world but more evidentially the known came through and met with those whom they knew. "Mr Fox built up and was seen in front of the curtains speaking to his wife in the physical circle". A woman called Audrey spoke in the direct voice to the circle.

Mamba then outlined that an experiment would be conducted whereby a baby would be materialised in the mediums arms. Three women sitters were called to approach the cabinet. They reported that a mass of ectoplasm could be seen but only the faint outlines of a baby could be distinguished. A gentleman then appeared and led the circle in singing "Jerusalem". Further, he revealed that he had been on the stage in earthly days but would not reveal his identity.

The notes to the séances say that Thorpe was a platform medium. A date for a Harrogate sitting had to be deferred in order that he might fulfil a platform date elsewhere. The notes also mention that the sittings were to commence earlier to allow for travelling time between Pudsey (a western suburb of Leeds) to Harrogate. The notes to the séances are written in a formal and unemotional manner and little of the atmosphere of a séance is conveyed. We can only imagine the heightened senses, adrenaline rush and the excitement that must have accompanied the sittings. However, as we shall see the atmosphere to the séances cannot have been sufficiently conducive as the séances did end.

The third sitting took place on the Wednesday 24th April 1946. Alterations to the seating arrangements were carried out with two rows of chairs being ordered. As well as the two principal guides, Chang and Mamba five other people spoke as did White Feather the famous American Guide (See part three). Chang started the evening with banter and greetings followed by Mamba who introduced a "lost soul" who was finding it difficult to realise that he had passed on. He gave his name as Day and said that he had lived at Stray Walk (in Harrogate). "He asked constantly for his wife. Mr and Mrs Fisher gave him help and guidance". The advice was presumably similar to that given to Mary Learoyd who again put in an appearance. "...and showed a condition of distress as before". The report does not say what further help was offered.

White Feather's role in the proceeding was to use the trumpet and he asked the sitters to sing something lively. Mamba called for the red light to be switched off "...indicating his desire to show us the voice box. "Abide with me" was then sung, at the end of which the trumpet was seen to be moving and was later raised well above the heads of the sitters in a vertical position". A spirit called Lena then asked for Colin and was told that he was absent due to an illness. A Leeds medium called Agnes Greenwood then spoke in the direct voice to Mr and Mrs Anakin, saying that they had been to her meetings. That she would come again and that



the Medium, (Thorpe) should not be allowed to do too much work as she had while on Earth.

Mamba then said that the power was waning "I leave you – God be with you till we meet again. There is a great work to be done and very little time to do it and so we shall be seeing you soon." As indeed shall I, as this is the end of part one? The second piece now follows:

WHAT A DIFFERENCE A SÉANCE MAKES... 2

Harrogate Spiritual Healing Church's coup in landing a contract on a physical medium to give exclusive sittings for them, proved more illusory than they must have hoped. The fourth séance took place 6th of May 1946. Eleven sitters gathered at 7pm for a séance that lasted 90 minutes. The room was generally lit with a 5-watt red light though this was occasionally switched off at the behest of the guides.

Canon Foster spoke and gave his blessings saying that they were in good hands and that he would come many times. Mamba asked the circle to sing "Open My Eyes". Then at the request of Mamba, the sitting continued in darkness. He asked the sitters to be patient saying that "patience must be our watchword".

A man then came through giving first his name as Frank and when pressed the surname of Vosper. He said, "I don't know where I am, or how I have been brought here nor do I know how or why. I have been asked to speak"! He was encouraged by the sitters to speak, which he did with some reluctance saying that there was some mystery over his passing, which he stated, was an accident. "Since passing over I have learned many things. I am writing a book which I shall call "Voyage of Discovery" He continued saying "That since I passed in to spirit I have travelled in to many and varied realms of the hinterland. I have many things to tell you and the work that I bring will bring light to many waiting minds".

There then followed an Italian who for a few minutes only sang in a beautiful tenor voice. A Japanese man followed saying that the Italian had been upset that the two countries had been at war. Jack the Irish man then spoke in the direct voice and preceded to sing the "Rose of Tralee" and "The Dear little Shamrock".

After this musical interlude, Audrey who had spoken at a previous séance broke through. "She related that once when the guides refused to allow her to come through, that she had been a naughty girl and had in a fit of temper, broken the mediums gold ring in half! She had added "that" he is stubborn you see". I am unsure to whom Audrey was referring. Mamba then came through and made an apology for any annoyance or time wasted by Audrey. Adding "she had just slipped through". The event ended with Chang coming through saying that the medium was very, very tired that evening. After a "conference" the guides had decided that, the séance should be brought to an end, as it was unwise to continue while he was in this state. Chang then spoke to sitters individually before finally leaving them.

Little did the circle realise how soon the sittings were to end. However, Chang stuck a warning in the opening proceedings that not all was well. The penultimate sitting took place on Monday 20th with this time eight people in attendance. The notes add that "A thunder storm" occurred during the evening but appeared to have little effect upon the circle".

Chang...remarked that more trust was required of the circle "and unless complete faith and trust was shown by the circle, he and his spirit friends would be unable to work. When asked if he did not think this a little hard on the sitters, who had been willing to devote so much of their time to this work he replied "Yes I am hard. I was a Mandarin in my earth life. I demand complete faith and trust. Nothing else will do. Think over my words in your hearts, and remember".

WHAT A DIFFERENCE A SÉANCE MAKES... CONTINUED

Thus, somewhat chastised there appeared Mamba stating that he was very pleased to greet the sitters adding "Never mind, I feel we shall accomplish something" and asked for dim red light and soft singing." Sister Maria then materialised, her head and shoulders could be clearly seen between the curtains. She spoke to Mrs Anakin saying that she was her guide. She promised that her son would be brought to her at one of the sittings There then followed a child "Sunshine" who asked the sitters to sing a favourite hymn and announced that she would visit the home of Mr & Mrs Anakin. In addition, would knock on the wall to show them that she was there.

The clerical theme of the evening continued with the appearance of a priest. who spoke of the strong energy of the evening and the atmosphere of love -"there is love in your hearts and it is that that draws the spirit friends to you" A gentleman unknown to the sitters called, who gave his name as Mr Wilkinson, then chatted to two of the sitters. He stated that he was a Yorkshire man of Barnsley and that he was 68 years old. In life, he had always wanted a garden and now he had one full of flowers.

Mamba then spoke to Mrs Flint and asked that the medium should be given a glass of water as he awoke, as he had been in deep trance during the evening because of the storm. White Eagle then spoke to the circle stating that he was a healing guide. He told the circle that his brother who was "red Indian" had a very beautiful voice and "that some day he would come and sing to you the glories of the great White Spirit". He added that he missed a Mr Williams (who was not present) and that he had spoken to him in Leeds. This may indicate that Thorpe had or was giving séances elsewhere other than in Harrogate. White Eagle then asked that another hymn be sung as the power was waning.

Mamba then put in an appearance commenting that there were quite a few spirit friends adding that many would be regular communicators. Which, in view of what was to happen might argue for a lack of prescience on the part of the spirit guide?

A catholic priest was heard to sing and afterwards chanted very beautifully. He then materialised and spoke to the sitters, telling them "This is all very strange to me I did not realise that I could communicate with you" and finally said "God bless and keep you until we meet again". A French doctor then spoke in the direct voice saying that in life he had been a surgeon "I passed over after I completed an operation. The patient lived but I did not. I am now engaged in your healing work".

Chang then spoke a few words of blessing and brought the meeting to a close and the medium was brought out of trance.

The Final sitting (though it is not conclusively so) at the Harrogate Spiritual Healing Church occurred on 17th of June 1946. The evening proceeded much as usual with 9 in attendance and lasted the customary one and half hours. In addition, it was a busy evening with fourteen visitors including the principal guides who spoke on four occasions. A notable figure from the Spiritualist world materialised none other than Jack Webber, I quote "...and could be clearly seen, standing outside the cabinet. He stated that his guide Black Eagle was with him. One of the sitters asked to come forward to see him more clearly. He then spoke to Miss Flint and indicated that he wished to use her as his medium for a future visit, and that he intended to help her in her work".

Various figures materialised some with greater success than others. While some spirits were noted to be too excited to manage the techniques of communication, others were fluent managing several sentences. An able communicator and one of experience was the Rev, Tweedale, who again came through, though he was not recognised at first "You should know me, I lived at Otley" adding "The light and the thoughts that you send out brought me here". The records state, "...several of the sitters were asked to come forward to see him more clearly. He added" he had not yet sufficient power to come right out in to the room,

but that he would be able to do so before long". He thanked the Spiritualists for looking after his family (you will recall that he mentioned the treatment of his family in the first recorded séance.) He indicated that he wanted discourses taken down and in due course to be published. He then said that the power was waning and asked the sitters to sing again and at the second verse of the hymn "a fine tenor voice could be heard joining the singers".

Hannah, the mediums sister also materialised speaking in a very clear voice. Mr Anakin was asked to come forward and afterwards remarked that the strong light radiating from the spirit hurt his eyes as he approached closer. Hannah spoke to Mrs Thorpe and then told the sitters that it was she who was with the medium when he came out of trance. She stated "that" as children we were inseparable. I always looked after him then". She said that her work now in the spirit world was with children and that she was very happy. She then promised one night to bring one of the babies into the circle. Mamba then added, "The previous spirit had come from a very high sphere and that was why it became difficult to look at the strong light that radiated from her".

Jack the Irishman of the first séance put in an appearance and could be clearly seen in front of the curtains. After various bits of banter he added "I could sing Two Lovely Black Eyes in several languages" Mamba's voice was then heard warning that he should not go too far out in to the circle as the medium's life might be endangered. He seemed to think the sitters had become too solemn saying that they should have some music adding, "Save your throats and cheer up a bit," he then sang a few bars of a song, saying, "it ought to be recorded". Mamba then said that the power was waning quickly and he would give the medium over to Chang.

Then came the bombshell. The notes to the séance are long and I will summarise "Chang then spoke in the direct voice saying, "Good evening. I have something to say to you which may prove to be disappointing...I want you to understand the conditions under which the medium works...it takes six days to put back all that we take from him...a conference of doctors and chemists on this side...feel that this must come to an end. Human nature can stand only so much and there is a limit. I feel that unless other arrangements are made that this cannot go on. Tonight we have had to work while the medium is very tired. I leave it you to make for further sittings arrangements. He has to work hard during the day and we cannot obtain the full scope of mediumship under these conditions". When asked by one of the sitters what he would suggest should be done he replied, "That is for you to decide I cannot help you as Shakespeare said "to be or not to be that is the question". The final comment from the notes on these events was "Chang made no further comment and as further enlightenment was not forthcoming the circle was brought to a close with Chang speaking to each sitter and bringing the medium out of trance. The very last note reads, "Agreed by all sitters". What a difference a séance makes, just a few short hours to prove, whether we are of this world or the next and that we are all part of one great world.

A good mystery enthral through leaving open the possibility that there is more to the story than has been told. In part three, "Séance on a Wet Afternoon" I will again look at the Harrogate séances. Finally, we can learn much from the local séance scene in the Yorkshire of the late 1940's.

PART THREE "SÉANCE ON A WET AFTERNOON" TO FOLLOW IN OCTOBER ISSUE OF THE BUZZSHEET!

On coming into Spiritualism, it seemed to me that the control of material beings by the discarnate could never be possible. How the will of one could so used to managing his flesh be put to one side and superseded by another's will. What of the dangers of being controlled by 'evil' spirits?

REFLECTIONS ON TRANCE

By Eric Cargill

I remember a friend, who had sat with Grace Cooke when White Eagle entranced her, comment that he had seen a light (clairvoyantly) approach Grace as she prepared herself for her evening's work. How marvellous, how strange.

Not so says the renowned healer Harry Edwards. In his book 'Life in Spirit', he comments "What happens in trance is simply this: The sitter's mental organisation is taken over by the intelligence of the guide and nothing more".

Of course, Harry is right and further down the road of understanding it is clear that spirit influence what we say and what we do on innumerable occasions. Trance is a more specialised form of influence. As such, it has many levels and this is the thing that fox's many who feel drawn to work in this way. Harry Edwards is very clear in describing the development of trance mediumship for him it is a process whereby the influence of spirit becomes more real, gradually assuming control of the body including the vocal chords and learning to express themselves with their full personality. It is not a removal of the mediums spirit in some way as the guide's body enters nor does the medium fall asleep. Spirit connects with the medium and controls them. In some people, conscious awareness may be lost; as the guide's assume control in others (probably most); consciousness is present especially in the early days. What is important is that we recognise that trance is a developmental process as spirit and medium learn to work together. What is said is what counts and how valuable that is in improving human understanding. Harry Edwards talks of trance mediums hearing spirit speaking through them and the thought flow coming uninterrupted without any need for the medium to think. People interested in developing trance mediumship should listen to the wisdom and experience of Harry for it is more likely than not that he will be describing the manner in which their trance will develop.

My own trance development began somewhere in the early to mid nineties when I found sitting in circle the most peculiar sensations of being invaded. Hard to describe but it was as if something had gotten inside my skin and it left me feeling uncomfortable. As time went on spirit learned to control my body, I remember my breathing was the first to go and it still is now when my spirit friends join me. Gradually with the patience of all concerned not least those who sat in circle with me spirit found a way through and via my vocal apparatus were able to communicate their ideas, personality and the reality of who they are. For many years, I was aware of what was said. I never thought about it at the time it just came out and although I had awareness strangely enough, I could not always remember what was said afterwards, though I could recall it more easily if people spoke about it. On one or two occasions as spirit were withdrawing I tried to regain control under my own steam. Bad Idea, not only did I not succeed but the process made me feel sick and dizzy. I found it best to wait patiently and in time control was handed back without any uncomfortable sensations. In those early years, I used to doubt. From Monday to Thursday, I would say to myself this can't be real, I must be fooling myself. I would resolve with steely determination to sit on the Friday and not move a muscle forcing spirit to make it happen if they could, I did not want to be part of the process and like many developing trance mediums, I have spoken to, I commanded spirit to take me out.

As Friday arrived and we sat in circle, spirits presence was all too obvious to me and I wondered how I could ever have doubted. My head would go fuzzy, my breathing would alter, I would feel

myself withdrawn and out would flow a stream of words.

Sitting for the development of physical mediumship I find the trance state is much deeper and awareness is lost for most of the period we sit, however on occasions when the intention is only to sit for trance control I am often aware of the process taking place though I find it difficult to recall the content.

Leslie Flint in his book Voices in the Dark describes the room falling away as he enters the Trance state with consciousness fading in the process. This is different to the pathway described by Harry Edwards and the only way to find out your own pathway is to sit and try. Be open and honest in the process; let spirit take the lead but walk with them.

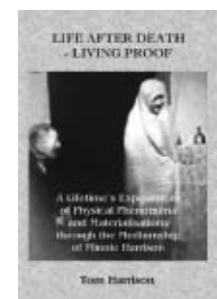
I would be interested in hearing the experiences of others who have walked this pathway. It is interesting to note that traditionally in development, people were encouraged to develop trance mediumship before they went on to develop clairvoyance. The one thing I have learned from talking to trance mediums is that no two people experience exactly the same process. If you have or are in the process of developing write down your experiences for publication in the Buzzsheet the more we share the more we learn. If you want to have a try for yourself, I have suggested some basic steps to follow in Ten Steps to Trance. Have a go and see where it leads you.

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IT'S BEEN A LONG ROAD TO GET TO THE START POST!

By Rachel Browning

My spiritual life started at the tender age of two and a half, when I began play school in the Catholic Church across the road from home. I can still remember my first day, climbing down the huge stone stairs and not wanting to leave the safe grip of Daddy's hand. I was not to know that I would be meeting a friend, whom to this day is very close and who shares with me the love of spirit.

The first encounter of something unusual was when I was five. We were living in a Victorian house with high ceilings and dark corridors, I loved and hated it. In the daytime the light flooded in from a huge two storey window over the staircase and landing, it was classically beautiful, but at night even then I was aware of an atmosphere and other things besides us in the house. From the landing a dark passage way led to the living room and on the left an alcove with a bookcase. It was here one day that I distinctly saw a book come from the bookcase and hang in mid air. It did not seem to be anything remarkable then I just accepted it.

My first move of house was a warm sunny day just after my seventh birthday. I had been distraught at the mention of moving, leaving friends and the two elderly ladies who lived in the basement and provided my favourite hiding place as well as an ever open box of After Eight mints.

The house we moved to was much smaller than the last and from the first step inside something instinctively was not right. To placate me I was given first choice of the bedrooms, this cheered me a little. I marched up the stairs and passed the bathroom, as I went to the door way of the next room on my left the air was freezing and I had the vivid sense of an old man, who most definitely did not want me in his room. I said nothing and without going in I turned and had a look at the other bedrooms. The smallest room seemed to be my favourite and I decorated it bright orange.

Unlike our last house, Findon Close was not a nice place to be day or night. I tried to tell my Mum about the old man that had died in the back bedroom, and who looked at me as I went past, but the subject was brushed aside and not discussed.

Percy as I had named him became an ever present friend and foe. At night I would hear his breathing, and feel him sit on my bed. I have to admit to being pretty terrified for a few years. Being at a convent school meant that bringing the subject up there was unquestionable, but school became a welcome escape. It was the only place I felt safe and I dreaded going home, especially on dark nights. When it came to bedtime, I was so fearful that I would fall asleep on the sofa in order to get my Dad to put me into bed without encountering Percy.

It was not until my brother's fiancé moved in that I had any verification of Percy really existing. Doris, who was stunningly pretty and an air hostess was sleeping in the daytime after a night flight, awoke in the afternoon to see Percy standing at the side of her bed. Of course she was terrified and hid under the covers until my mother came home from work. Then it was Dad's turn to see him, again by his bedside, and then my brother's. My brother again in

bed looked up and saw him smoothing down the wallpaper by his door. Percy then left and pulled the toilet chain. I was ecstatic to find my brother very shaken, especially as he had taunted me for so long.

When I turned into a teenager the atmosphere changed and poltergeist activity started. Books were thrown up in the air, and the hall mirror cam horizontally off the wall and flew across the room before smashing a glass table, for which I got the blame. Things would explode and break with no provocation. Our pets were now being taunted as much as me. Sally the cockatiel would flap her wings, screech and hiss violently as she followed something around the room. Tor the dog would snarl and bark in unison with Sally.

It took this amount of activity before my mother finally admitted one day that she has believed me all along, apparently it was quite common for the women on her side of the family to be gifted.

That was the time I think when Percy became more than a name. I talked to him, said hello when I got home and life did get better. I was no longer afraid of him and realised he was only an old man, who thought he was being ignored in his own house. Many friends came to the house and witnessed his antics, but they never came on Halloween.

With my new found courage and ever building interest in the supernatural, I started to explore all avenues that seemed to open before me. My Grand-dad had introduced me to the ancient deities and had long told me about Irish folklore, I couldn't get my fill of psychic knowledge fast enough. I learned and practiced what I now know to be remote viewing, but then it was just a game. I did Ouija, tarot cards and just about everything you could tell someone starting out not to do. It wasn't long before I was giving tarot readings to school friends in the canteen at lunchtime. I did get a bit of a fright one afternoon, when I foresaw the death of a good friend's father. Thankfully I had been very careful to say what I'd seen, although it was a considerable time before that friend came anywhere near me. It didn't take long to learn that there are some things you shouldn't talk about, especially when you are in a convent!

When I married and left Findon Close I did not expect to experience anything again, it was a shock to find odd things happening all over again. Doors and windows would open by themselves, things would disappear. Electrical faults that couldn't be traced, to be honest I was quite pleased. I never really did that much about the activity just accepted as part of everyday life, I was after all a bit of a veteran by now. Over the next 13 years we moved three times before we decided to divorce, it was a very amiable split but it seemed the emotion once again stirred the spirit to action.

Not long before we moved out I was laying in bed reading. I had two dogs, Jess the Labrador and Bob the Doberman, both of the lumps happily snoring either side of me on the bed. I turned out the light and immediately felt the temperature drop, and then I clearly heard a young male voice say "I'm standing beside you". The first thing that came into my mind was I was fearful for my life, but then it occurred to me that I had two large dogs on the bed, neither of which moved a muscle so no one could have gotten in without me knowing. I didn't sleep that night. This was a new experience for me, I was comfortable with mental mediumship and physical phenomena but audible voices were something different.

Since divorcing I have moved four times and now live in an idyllic cottage in the Cotswolds. In all of the houses phenomena have continued but none to the level of my current address. Jess and Bob are now passed over but I have a lovely pup called Holly who from her first day has been very much aware of the cottage's previous owners!

I had not been in the cottage long and was arranging my bedroom one afternoon. I felt compelled to place an old chair at the foot of my bed but really did not feel comfortable about it for no logical reason. That evening I went to bed but could not sleep as a raucous party was being held in a nearby barn. It was in the small hours when I was reading that I heard the same voice as before, again clearly he said "I'm sitting in the chair". This time I was frightened, I asked my friend who I trust implicitly but she



This photo is taken from a 1960's Ayrshire Mining book, which has nothing other than descriptions of different mines and mining equipment used in the Ayrshire area in years gone by, and would only likely interest miners or ex-miners. My uncle has this book and showed me the page - I could not see the miner at first... the reflection to the right and on the ground in front of the coal cart is caused by water along the tunnel (a common thing in coal mines).

Can you see it now... if you can you must have psychic abilities!!!

From Heather Margetts

could not explain it. Being a level headed person, and someone who has been trained in scientific methods of objectivity and analysis I found it very hard to accept. The only answer was that I must be either hysterical or schizophrenic. It would have professionally a bad move to ask anyone at work, so I took to searching the internet.

What I found astounded me. Physical Mediumship was an established phenomenon, although not widely advertised or practiced. I contacted my friend and straight away we decided to see what we could do to develop this gift. I have since heard two more distinct voices that were witnessed by others and since meeting with Rosalind and Dennis Pearman am much encouraged to forge ahead, in the safe knowledge that I far from the schizophrenic I feared I might be!

Our success is as yet limited, but by no means are we disheartened. It has taken us many years to reach this point so we are more than prepared to wait a few more to achieve something spectacular. After thirty five odd years of awareness I have only just realised how lucky I am and how much more I have to learn. Every day a loved one takes the time and makes an effort to make their presence known, so it's the least I can do to acknowledge them and give them thanks for their companionship and guidance.

If you or anyone you may know should be interested in sitting, in the Cirencester to Oxford area please do get in touch via the buss sheet. Thankyou for reading, God bless.

FREE IN THE OCTOBER ISSUE OF ZERDIN BUZZSHEET

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HOW A SMALL WIN ON THE LOTTERY HELPED ME ON MY PATHWAY

By Scott Milligan

My name is Scott Milligan I am 23years of age and I currently sit as a developing physical medium in a home circle named The Wish Circle in West Sussex.

Rosalind and Dennis Pearman asked me to write something for 'The Buzzsheet', that I felt might be appropriate to help encourage others with the gift of physical mediumship by trying to relate to them, with a very brief story of how I was guided on this pathway.

I was sixteen when I first became interested in spiritualism, after winning a very small sum of money on the lottery and not knowing what to spend the money on. Being just sixteen I wanted to spend it on computer games and other silly things, there was a computer shop near me called 'Game Mania'. So very early on the Saturday morning with the money in my hand, I went to the shop with a mind full of things to buy. A woman who owned the shop called Ann said "don't be silly by wasting all your money on these games" and suggested that I go next door to visit a woman called Sylvia who had a Psychic shop and who would give me a psychic reading for £25.00. Ann then took me next door to meet Sylvia and while I was there I had a reading with Sylvia who told me things about myself and some pointers in the future. Whilst she was speaking I saw a light around her head and shoulders.

Now, I know it was her aura. She explained that if I wanted to, I could also do all these spiritual things and more and she confirmed that I had a gift to be able to give messages from loved ones from the world of spirit. Anyway the weeks passed and I wanted to know more about spirit and spiritualism, so I started going out to see other mediums work and each time I received messages from loved ones on the other side.

After this experience, I had a message from a medium called Agnes Freeman who said to me that one day I would sit in the dark and that voices would come and speak through me and did I know what a physical medium was? . At that time I did not know anything about this subject but she carried on telling me that spirit one day would manifest and in time, you will understand this message.

I was seventeen when I first met Colin Fry and I had the chance to speak to his guide Magnus, as time went on I asked if I could attend a physical séance with Colin as the medium and have now sat with Colin on several occasions.

Eventually in May 2000, I was very fortunate to find a circle leader of the highest standard with years of experience in the person of John Austin, formerly Colin Fry's circle leader for many years and three other dedicated and great sitters. Our home circle takes place at the home of John and as you will see from our set of photographs, I am indeed lucky to have a ready prepared séance room offering the highest standards.

I started sitting with the new circle at John's home on the 2nd May 2000 with John as circle leader. Pat, Lorraine, Paul, John and I formed the circle, which was named the Wish Circle. On our first sitting, we got two taps on the microphone we had linked up in the cabinet and by the thirteenth sitting we had voices from outside the cabinet saying "yes". However two years passed before spirit started taking me into a trance state.



These photographs show the phenomenon of matter through matter also a drawing done by spirit on paper placed under a board on the floor of the séance room



Below: My guide Morning Star with his brother Little Wolf. Morning Star was one of my first communicators. He often said that the white man, in a humiliating way, called him Dull Knife but that was the white man's name. Pat, a circle member has investigated his history and we came across an old Wild West book which contained this photograph with the words stating the name Dull Knife when describing Morning Star.

Although mostly me in the beginning, it was a start and as time went on the communicators became stronger and there was less and less of me in the communication. Eventually my guide introduced himself as Morning Star and he is a true friend and always keeps me safe when I sit. As time moved on we got small amounts of phenomena, the chair moving with my leg being taken through the arm of the chair (see photographs), a green ring put over my arms and chest with the ties still intact (see photographs)

Finally, it is very important to me to say a big thank you to my very dedicated circle, that over the past five years have shown love, patience and understanding. Thank you John, Pat, Lorraine, Paul and John, the journey so far with my mediumship was made possible with their unconditional giving to the Wish circle.



PAUL'S SÉANCE BRIEFING

By Paul Barker

INTRODUCTION: Please find the following pre-séance briefing from Paul Barker who was formerly David Thompson's circle leader. We wanted to print Paul's article as we feel that it will give us a very good insight into procedures for sitting for physical for sitters and an insight into the highly responsible perspective of a Physical Circle Leader, where personal safety of the medium is paramount.

The last paragraph headed 'Paul's thoughts' again gives us an insight into physical mediumship in the modern world.

Ladies and Gentlemen a warm welcome here to our séance with David this evening. This is an experimental séance and therefore we cannot guarantee or predict all that will happen. Our first priority I would hope you would agree with is the safety of our medium. If we all follow some simple guidelines then I am sure we will all have a safe and enjoyable experience. First of all I would like to say that please do not be frightened, and if anyone is frightened of the dark then they should say so now. If we should have to stop the séance for any reason it may not be possible to start again as the medium will have had to come back out of trance before we can illuminate the room again.

You will see that we are putting David into cable ties for his wrists and binds for his legs and a gag for his mouth. We will get two people from the group here, new people if there are any to check the seat and binds before the séance starts. The same two people will be asked to check the binds when David comes back out of trance. We not only search the sitters as you all come in, but we ask two or three people to check the circle and of course the medium. We are always happy for a new person to come in and check the room prior to the séance. The reason we take these measures is so that if any evidence should come through for any one person then you will feel happier that the medium was searched and gagged. If any communication occurs for someone not in the room then all of the sitters will be able to verify the circumstances in which the séance took place. Evidence should not be lost through poor practice. One of the two people will be asked to mind the snips before removing the ties. Because of good searching, there are no other ties or snips in the room.

I want you to all know that this séance is for all present. Please do not feel that if you are a new person sitting tonight that this is for the old hands. It is for all to experience. There will where possible be a new sitter, or at least new to our circle, sitting next to me and where possible a new sitter next to Bianca. These two people have a responsible job. They are your contact with us to prove that we are not getting out of our seats and moving around. At any time, they can reach out and touch me to satisfy themselves as to my whereabouts. I will ask them at the end of the séance to confirm to you if this is so.

You will all be asked to sing or tra la la along to the music that we play to lift the vibration. Please remember that not everyone will get personal communication. If we ask for those who need to receive then the vibration will be higher than all wishing for a message. If a communicator comes through to take questions then please feel free to give your name and ask a question about anything. I would like especially for new sitters to feel included. Please do not think that a question will have been asked before and so you must not ask it again. I do not care how many times it has been asked, you have a right to ask it. This is not a séance for the old hands.

If a communicator asks to speak to an individual then please let that person only encourage them through. Please if you are the receiver, keep talking to them firmly and gently letting them hear the sound of your voice. If the voice is coming from near the medium then I may relay the messages if it is a quiet voice. Please do not say to a communicator, Oh hello Bill or whatever, let Bill come to you and give his own message. There is nothing worse than evidence being destroyed not just to the receiver but also to all in the room. There have been so many occasions where a communicator has given brilliant evidence to someone who is not known to David or the rest of the circle. Information that none of us could have guessed about. This is what we all come here for so please do not destroy this evidence with over excitement. Try to keep your emotions on an even keel. In all my years of sitting, I did not receive personal communication from a loved one so when asking people to keep calm it is in hope. I have known communicators to struggle when the receiver is too emotional. I know it must be hard but try.

If we are all asked to hold hands then please do so. If we are touched by spirit in a physical manner then please let them touch you. Please do not grab the ectoplasm that is making the spirit feel physical. This is part of David as it exudes from his body in numerous places. You will hurt the medium if you grab the ectoplasm. Mediums have been hurt in the past and it is my duty to ensure his safety this evening. If the communicator says, you can shake the hand in a more physical hand then be led by them. I have known times when Jack, whom has a hand much larger than David's hand say to me "shake it do not tickle it son".

There is to be no moving around in the séance room. If you wish to shuffle in your seat then please ask first and then only with permission we will all take the opportunity to shuffle. It will give the spirit time to withdraw.

PAUL'S THOUGHTS ON HIS RESPONSIBILITY TO DAVID THOMPSON AND SPIRIT.

As David's circle leader I should keep an ear out for any disquiet in the room. On occasions with David, an individual has had panic attacks and others have found themselves not to be well. I was asked by the spirit team to go across and calm the sitters down. I can swear on oath that it is very difficult to make your way across a pitch-black room to where you think someone is sitting. You invariably end up with other sitters putting their hands out so you can find direction. When the séance is over there is a tendency for the sitters to want to talk about the experiences. It is at this time that David was very sensitive to light and sound. Shutting the sitters up is a part of the job no matter who they are until the medium has their bearings back. Sitters then go up and ask the medium about who came through and of course,

they know nothing about what has happened certainly.

It is a wonderful form of mediumship that has much to offer the sitters on the day and the public at large, if ever they are allowed to be exposed to it. It does not or should not replace fine mental mediumship or healing or any other well-intentioned form of communication.

If the proper steps are taken in the development of future and care of present mediums then the world of physical mediumship has some of the most dynamic and unusual features to it. By its very nature scepticism is more targeted at physical mediumship than any other because of what it is purporting to offer. The chance to actually speak with and touch a departed loved one is beyond most people's imagination. We should not wonder why people could not believe it, even after the experience. With this in mind, I urge all those serious sitters, circles and mediums to play their part in giving the right impressions and credibility to the subject. By taking, these steps to ensure the safety of the medium maybe others will feel happier to sit. Mediums owe to the public and their fellow mediums and supporters the integrity to which the subject deserves. Sitters including new sitters need perhaps to balance the need for patience with an enquiring mind. Spirit has often been quoted through many mediums as saying they need to be tested. This can be carried out with responsibility and both sides of the veil should be working together to ensure honesty in the evidence.

PAUL'S THANK YOU

I would like to take this opportunity in thanking all of the sitters who have sat with David over time for making my job that much easier because of the attitude that they brought into the séance room. Spirit has often said if we on earth create the right conditions in the séance room, and who knows what may happen. Over my time as circle leader for David, they have certainly proved their point. As I now move onto my own spiritual journey, the next step you might say I would like to thank all the members of the Haymist circle both sides of the veil. Especially those with physical bodies today, which means I can keep in touch and may they remain my dearest friends.



KATIE KING

Far left: This photograph shows the fully materialized figure of Katie King.

"Photography" said Crookes in 'Researches into the Phenomena of Modern Spiritualism', "is as inadequate to depict the perfect beauty of Katie's face as words are powerless to describe her charms of manner. Photography may, indeed, give a map of her countenance; but how can it reproduce the brilliant purity of her complexion, or the ever-varying expression of her most mobile features.

Left: Sir William Crookes taking the pulse of the materialized Katie King.

With kind permission of 'The Survivalist Society' www.survivalafterdeath.org

THE EFFORTS OF PERSONAL GUIDES

ABU: The Personal Guide's prime difficulty of course is with the earthy ones who have none of, perhaps, any form of religion, who will be materialistic in their outlook, and regard the Earth and its affairs as the only thing or the only thing of importance. But still they will never desert their charges; they will be at hand always to try and guide, to try and influence, to try and ward off the evil influence. But as you know, for the burden of my message has always been – the horses are yours.

You may all refuse the efforts of your Personal Guides even as you may refuse the efforts of Abu, of any of us, or of pastors upon the earthplain whose attempt and endeavour – though misguided at times – maybe, and will be, to turn the mind and the heart to things higher than the earthly ones, then will the Personal Guides have occasion for weeping, for the horses are yours.

If you shall wittingly and intentionally drive them in an unworthy direction we can do nothing, but the Personal Guides will continue, and will hold on still endeavouring, for we will never – and you have had object lessons of this – never will we admit that a spirit is lost or can be lost to God. And no matter how low such a one may sink by his own doing, by his own intention, by his own volition, still can he be recovered and salvaged and brought back into the light. And the guide whose duty it has been to watch and keep ward over such a one, will rejoice when at last the protege shall humbly come among us where he should be.

And so, my children, think of your Personal Guides with love, think of them with some little respect, for they have abandoned temporarily the progression which is theirs in order to keep an eye on you; but above all be good children and give them cause for rejoicing and not for weeping. I need not tell you yet again how best you may do that.

STEWART ALEXANDER ENTRANCES YORK SPIRITUALISTS

By Eric Cargill

York Spiritualist Centre has seen many gifted mediums take to its platform and has witnessed the magical atmosphere of the séance room within its walls. In this tradition, on a cold February evening, the centre played host to the celebrated physical medium Stewart Alexander.

This was to be a treat rarely offered, as Stewart had been booked to demonstrate his trance mediumship, but before this took place the packed hall had the opportunity to listen to Stewart talk on his development and his introduction to Spiritualism.

Stewart revealed that it was Arthur Findlay's classic 'On the Edge of the Etheric' that had first prompted his personal search into the truth of Spiritualism. Initially sceptical but intrigued by Findlay's accounts he began the long haul that has taken him to his celebrated status today. Along with some family members Stewart began to sit to see if they could replicate some of the accounts that they had read about. Following over two years of what appeared to be a fruitless endeavour, it was as much a shock to him as to others within the circle, when the voice of an American Indian burst from his own lips invoking the blessing of the Great White Spirit.

It can not fail to be an encouragement to all developing trance mediums to know that the difficult birth of spirit communication is common to many who rise to great heights in the service of the Spirit world.

Stewart described a 'reptilian' sensation invading him, as his guides for the first time succeeded in controlling and speaking through their Medium. Conscious of the process taking place, Stewart's initial response was to run a mile, but perhaps out of his own irrepressible curiosity or perhaps it was the influence of his team in spirit, he began to sit and develop his mediumship to the standard that we see today.

Those who meet with Stewart will see the quiet gentility within him, until he begins to speak on the subject of Spiritualism and especially physical mediumship ! As past

STEWART'S FORUM



EDITOR'S INTRODUCTION: It is with great pleasure that Mr Stewart Alexander has offered to answer Questions on the subject of physical mediumship within the Buzzsheet called 'Stewart's Forum'.

As you will realise when you read Stewart's introduction, the man speaks from his own forty years experience as a practicing physical medium. We at the Fellowship warmly welcome Stewart's forum contribution to the Buzzsheet as you can appreciate we welcome all of your questions but due to time, we can only print the answers on a first come first served basis.

STEWART'S INTRODUCTION: Having spent almost forty years deeply researching the physical phenomena of the séance room, and Spiritualism in general, I have long since concluded that there are few constants or certainties and that two plus two does not always amount to four. This is particularly so in respect of mediumship. As individuals, we are all unique, and as such, what applies to one does not necessarily apply to all. Of course, there are common features, but then the mediumistic experiences of one medium will not necessarily be the experiences of another.

Having said that, I am fully aware that many people within the movement – often considered to be authorities – lay down hard and fast rules and claim to be able to teach, refine and develop aspiring mediums. Whilst, there can be no doubt that many do so with the very best of motives, it is my considered view that the only people qualified to do this are the spirit people themselves who have a clear unlimited vision of what they are about.

Further, it is opinion that in many respects, we have, as a movement, long since stopped listening to the Spiritual World and for that, we are most certainly the poorer. Little wonder that the movement is now but a shadow of its once glorious past for today we tend to dictate to the Spirit World. Many people evidently believing that 'we know better'. In short – we have stopped listening.

Although I make no claim to understand all aspects in respect of our movement, and mediumship, I can state with confidence that I have spent a major part of my adult life researching the entire subject. Additionally, as many of you already know, I have also spent a countless number of hours sitting in darkened rooms conversing with the spiritual realms. As a result, I hope that it may be considered that my views and opinions carry a certain amount of conviction and weight.

In future issues of the 'Buzz Sheet' (commencing this month) I shall endeavour to answer questions, which I invite readers to send in. However, you may be quite certain that I intend to deal only with those that I feel fall within my particular knowledge. Those, which I feel unqualified to deal with, I shall of course, admit to.

I must also point out that I cannot enter into personal direct correspondence with readers and that all questions must be addressed directly to the Buzz Sheet.

Stewart Alexander.

Archive officer of a society for physical mediumship (now demised) he met and talked with many of the veterans of the earlier Spiritualist movement of which physical mediumship was so much a part. As he begins to speak and recall the work of his predecessors within the field, a fire within lights up his eyes and a hush falls upon the assembled group. He regaled the enraptured audience with tale after tale of meetings between this world and the next. Left to his own devices this would have continued throughout the night but his purpose that evening was recalled and he left the platform surrounded by applause to prepare himself for his trance demonstration.

After a short break Stewart settled into his chair. Lights dimmed and soft music playing there was a tangible change to his person as his breathing became stentorian and tremors passed across his frame. Slowly but with a practiced expertise a voice with a distinct Canadian accent pierced the silence welcoming all to the evenings proceedings and introducing himself as Walter Stinson, brother to the once famous physical medium Margery Crandon. He amused the audience by telling them that although having passed many years ago, he was still a man and as such his eye had alighted on many a beautiful lady there that night. He promised no elevated discourses nor high teachings but the opportunity to unite the two worlds and in the process unite those who have been separated by physical death. Walter soon gave way to Freda whose common sense approach soon put everyone at ease. Commenting on her role in communicating through a man she advised the women of the audience that it was not to be recommended.

With humour and sensitivity Freda reunited many old friends and

Question 1: From Mr F Skinner

Is it possible for séance room physical phenomena to manifest which does not involve the use of ectoplasm?

Answer: My knowledge in respect of the manifestation of physical phenomena within the séance room is unfortunately limited to that produced through the externalisation and use of ectoplasm. Until recent years, I had always believed that this extraordinary substance, or energy, was the very building block upon which all phenomena depended.

However, I understand that in recent years the Spiritual World has worked upon a method involving the utilisation of a form of group energy, which apparently does not involve the inherent dangers so synonymous with ectoplasm.

Unfortunately, I personally know little about this, but suffice to say, that the 'Scole Experiment' worked in precisely that way.

Any reader who wishes to learn more about this should obtain a copy of the book 'The Scole Experiment' by Grant & Jane Solomon (published by Judy Piatkus), or 'In Pursuit Of Physical Mediumship' by Robin P.Foy. (Published by Janus Publishing Company). Both books are commendable.

Question 2: From Mrs C S Sullivan

Do pets manifest in the séance room and if so, do they continue to grow and expand their consciousness in the spirit world?

Answer: Although animals have never physically manifested in my séance room – I know of occasions when, down the years, they have apparently done so on rare occasions with other physical mediums.

Frankly, since we know that life is indestructible, I have absolutely no difficulty accepting that this has happened, and perhaps still happens from time to time.

This, I imagine would occur when there is a strong love tie involved.

relations that evening. Having described visitors from spirit and given remarkable evidence to people in the audience Freda repeatedly gave way to allow the visitor to 'have a go' and control the medium communicating first hand. Though many struggled inexperienced as they were one gentleman will be remembered for his sterling effort and achievement. He was a regular sitter at Leslie Flint's circles when on earth and recognised a lady in the audience from those days. He talked of old times and old friends, politely remonstrating with the lady about her current difficulties telling her she was her own worst enemy. He encouraged her to continue with her mediumship as she had a special gift. When Freda returned she told those assembled that she was so impressed with his efforts she had encouraged him to apply for a position within the spirit team!

As with all evidence of survival it is in the everyday knowledge of events surrounding people that can be the most remarkable. Nothing however, is so moving as watching a woman reunited with her husband as he struggles to speak, telling her that he loves her and that he didn't want to go.

After brother had been reunited with sister, mother with daughter and daughter with father the evening was brought to a close by White Feather, Stewart's American Indian guide. He blessed those assembled with an invocation to the Great White Spirit.

York Spiritualist Centre has a history and tradition of demonstrating all forms of mediumship. Stewart's demonstration continued that tradition and enriched the lives of all who attended. The guides that evening thanked the workers in York and encouraged and entreated them to nourish and protect this place which was a meeting place between two worlds, an Island of Beauty.

Many domesticated animals are as close to their owners as any human can be and, I know that from personal experience.

In addition – from my research, and from what we have learnt within our own séance room – there can be no doubt that animals continue to expand their consciousness beyond death.

Question 3: From Mrs D Collie

When a physical medium is in a deep trance in the séance room, where is his/her consciousness? What thoughts do they have during their time between the two worlds?

Answer: I admit to finding this question extremely difficult to answer simply because experiences tend to vary such a great deal. Firstly, I would comment that few mediums ever enter into a state of total disassociation. As we know, there are many states of the trance condition from light to a state of absolute unconsciousness.

Few ever attain the latter and of those that do – often years of development takes place before it is finally achieved.

Over the years, I have asked this very question of several deep trance mediums and invariably they have reported finding themselves in rooms of infinite love and peace.

Some say that they find themselves in the company of a spiritually elevated soul or master – a kind of guardian, and some have reported that they have found themselves in halls of learning.

Therefore, I have always felt a little short changed because I experience nothing. One moment I find myself entering the trance condition, and the next I find myself returning to consciousness – but there is no in between.

I return to my introduction when I stated that mediumship is largely unique to the individual. I say to all of you developing the gift of mediumship – never mind the experiences of others – consider your own, and wait upon and work with the shining ones.

Let them be your guide – they will not let you down.

As young as I can remember, a child age around about 3 or 5, I started experiencing seeing spirit, I heard them and sensed them.

HOW IT ALL BEGAN PAST & PRESENT

By Sylvia P O'Rourke

I remember an occasion when the News was on TV, I knew that if a map were shown on the screen I would know where the man would point to a location on the map and speak about it. I used to always find myself as a child sometimes dreading going up the stairs on my own or to bed because someone would be there waiting for me in spirit. I always saw spirit solid looking, they looked so real to me, I thought maybe other people can see them just like me, however, there were times I felt I was the only one seeing them due to certain experiences that I encountered. There was a time I will never forget, my mum moved to an area called Hattersley and we moved into a house in Abbey Gardens, this house was active twenty four hours a day, seven days a week non stop. Spirit would constantly come to show themselves and talk to me, and make themselves heard when they wanted my attention or anyone else to hear them in the house. I was in the 3rd year at secondary school I will never ever forget this, Bruce Forsythe was on TV and the family were sitting together watching the programme and laughing, when suddenly I got the urge that I needed to go to the ladies room. To go to the ladies which was upstairs I was full of dread, this meant I had to get off the chair and make my way upstairs, I did not want to go on my own yet I did. I got to the top of the stairs and, went into the ladies room, I was not in the room long, when suddenly I could hear strong footsteps heading towards me from my mums room, I was quite alone, well I never did get to use the ladies room at all. Suddenly I had to get off the seat in the cubicle and run down the stairs fast, but as I got to the bottom of the stairs, the lights started flashing on and off on their own. This was the time I began to step closer to spirit. Another day arrived I was asleep in bed I woke up in the middle of the night and had the urge to go to the ladies room, I dreaded going, but I had to go, I got out the bed and went into the ladies room, well I was just about to sit in the cubicle when I saw several monks ascending upwards towards me like if they was on another level of steps, there faces were not being revealed yet they wore brown hooded monks outfits, the leader had some kind of weird looking cross on the front of garment on a chain. Well soon, as I saw them I quickly ran into my room and into bed. I thought I was going to be all right but more spirit came into the bedroom and spoke to me, the monks told me they was not happy about the houses being on the grounds they mentioned a burial ground and their monastery not far away where they had lived. Throughout my childhood the monks would always visit me regularly, also, a man called Bob who walked with heavy boots round my mum's room. There were very nice spirit visitors that in different generations lived and died on the grounds. One night when I was in bed, I felt a weird feeling; I felt tired however, I felt like I was no longer with my body. I could see my own self from the ceiling, the spirit friends wanted to take me somewhere on a journey and told me things that have happened as I have grown up. I witnessed so many things seeing future events that I would have to face however; there was one thing I was told not to speak about to no one. The best proof I ever gave to my family that I could see spirit was when my mum and gran were out at gran's flat. I was at home in the front room alone my brother and step dad was in the kitchen, I was sat near a fire place, watching television something caught my eye, as I looked round the room that went dull like as if it was about to rain outside. Suddenly the clock on the mantle piece went crazy the fingers were winding themselves round. I heard a voice behind me I thought it was either my brother or step dad, but no one was there looking round I saw a shadow of a man's head on the wall the heads hair had a side parting in his hair. I thought someone walked in the room I looked

round but no one was in room but me. I looked back at the wall and the shadow of head was still there, the next thing I knew this man's voice was calling me to go over to the window. I looked out the window, there was my step granddad no one has seen in years, at my gran, and granddad had been separated for years he never knew where she was, he was living miles away in her house. He called me to the window I went over and there he was solid looking with a black and white dog-called lady. He said to me to tell my gran she can have her house back and that he is now dead. I thought I was dreaming. How am I going to tell gran she will be so angry with me Well I told gran what happened that granddad wanted to tell you he is dead and you can have your house back. Well the reaction was no this is not true, you must never say things like this, my gran did not believe in spirit, she did not realise I had seen him as spirit, she thought at one point that he had found out where she was living. My step father got dragged into the conversation about granddad, and said there is only one way to find out if this is true or not: if he has died we should visit the house at the weekend to see for ourselves. Gran decided not to come with us, so it meant my mum, step dad, brothers and I went over to the house at the weekend. When we arrived at the house, the curtains were closed. We knocked on the door for a long time but there was no answer, I peered through the letterbox, the floor had no carpet and the house looked dusty and empty. A neighbour was passing and my step dad stopped the young woman and asked her if she knew the man that lived in the house. She turned around to my step dad and said "did you not know, he died last year in 1982" well all eyes looked on me how did I know this, I said he wanted me to let gran know he was dead. When we arrived home, we told Gran the news, and within a week we all moved in, my granddad had told me where he hid his money, which was later traced. For many years I have had many experiences, as and I child I went into trance very easily and spirit spoke through me. I have always had the same helpers and guides working with me, they are now my family and friends. I do not see myself as a medium, I see myself as a person that was born with a gift to help other people, I never thought of myself as anything special, I never have and never will. Even though I was scared of seeing spirit as a child, I never feared them, spirit should not be feared, they are still family but not in a body that we would recognise. Treat them as you would of have done when they lived on earth. Never doubt anyone with a gifted ability, we all have the ability use it I now know we are all spirit on earth, our bodies that we have now, helps us to progress, to try out new things, this is temporary. Remember to be a nice person to others, and when you pass over, you might be rewarded by the next level of understanding than this. If you deliberately do harm to others you will only exist on the lower plains of understanding. It is your choice, your responsibility what you say, think and do, this will play a big part in life for you, and your next life to come..

I must thank the Fellowship, somehow we found each other I was looking for an answer, the physical mediumship website brought my questions to the Fellowship, and before I knew it, I was soon speaking to Dennis and Chris. At this moment in time I am glad that they understand the issues I have spoke too them about. And very pleased to be apart of the Fellowship and to the people I have not yet met I say big warm welcome 'Hi' and maybe one day we will all meet somewhere or some seminar and get to know each other. I hope what I have spoken about may help you in someway, I could write a huge list of things I have experienced but I will save this for another time. All the best, love Sylvia.



A STAR-STUDDDED EVENING

THURSDAY 18th APRIL 2002

by Ross-James Pearman

Haymist Circle members would love to have had their autographs at the ready with the pleasure of first-time communications from historic wartime Prime Minister Sir Winston Churchill, comedian Peter Cook and musician Ian Drury. An unusual combination, but no less astounding.

The circle opened with master of ceremonies William taking questions from sitters on his relationship with the medium David Thompson. Asked whether William had any links with other mediums, William replied that he "had always been close to David" and "waited in the background for when the energies were conducive for their work to begin".

On the effect of planetary alignment on communications with spirit, William answered that on some occasions planetary alignment with the Earth can hamper communications, although he always found them "very beneficial". Questioned about our purpose on the Earth plane, William said that we all had a "mission" to achieve which should, after time, become apparent to us. However, he pointed out that we all have "free will" and it is our choice to fulfill our destiny.

Our first communicator, and who has now become a regular honoured guest to the Haymist Circle, was the late comedian Peter Cook. He urged sitters to "prostrate themselves before him" and because Dudley Moore, the recently departed comedian and good friend of Cook had communicated through David on two occasions since his death, he didn't want to be "upstaged by Dudders".

"I was there to greet Dudders when he came over here," Cook told the congregation, "I think he was expecting Bo Derek when he first opened his eyes. What a shock when he had to put up with me instead." Cook added that he had met Sir Winston Churchill in the spirit world, that he still liked to smoke his cigars, and then told the group that the spirit team would now try and bring him through. And so, with a booming voice, Churchill greeted the group - the first communication he has made in part-materialisation - and uttered his most famous words which he regarded as having the "most dramatic impact on humanity in his time".

"Never in the field of human conflict had so much been owed by so many to so few," he told the group.

Churchill went on to tell circle members that he was aware of some kind of existence of an afterlife during his lifetime and often studied the phenomena at his home in Chartwell.

He also added that he had headed an investigation into the forms of communications during the period of World War Two, but which was "highly sensitive and only know to a few".

Our third and final celebrity was musician Ian Drury, who spoke very clearly in his first ever communication - due to what he explained was a perfected voice box of the spirit team - about his invitation to come and speak to the group to share the enthusiasm he had shown in his physical life through his illness. He explained that he had been spending some time "jamming" with blues star Chubby Checker and with troubled celebrity Paula Yates, who he regarded as having a "lovely voice".

When asked how Yates was, Drury told the group that she was "much better" given the problems she had with drugs and the pressures from media attention.

"She never liked all the limelight," he said. "In fact, I never liked it either."

Drury promised that he would return again and become a regular communicator with the group. However, we still have yet to herald his much anticipated return.

The evening finished with some welcomed communication with loved ones from the spirit world. Two circle members were able to talk with a relative named Patty, who gave confirmed evidence that the couple had changed most of the roses in their garden from the ones she used to know. "They are still lovely though," she added.

When Patty asked the lady sitter about her recent loneliness, she said that she had always been there through the difficult times. The sitter responded by saying that she "would never be lonely again" after speaking to her in the circle.



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DAVID THOMPSON SÉANCE

8th DECEMBER 2004

AT JENNY'S SANCTUARY, OXFORD, ENGLAND **By Ross James Pearman.**

Tonight's physical demonstration with David Thompson at Jenny's Sanctuary was very much an experimental one with both of the medium's communicators, Timothy Booth and William Charles Cadwell, in fine form.

The proceedings started with a very brief burst of singing and music before William, David's close spirit guide and mentor, addressed those gathered.

He told sitters that the spirit team had managed to make the séance room very light this evening using spirit light in an attempt to eventually be able to fully manifest spirit communicators, which can be seen with the naked eye.

In his usual style William asked if there were any questions from the sitters. One lady asked about each individual's destiny and whether it was decided before we come down to earth. William replied that this was all dependent on whether or not you believe in reincarnation.

However, he strongly believed that destiny was about how you went about your own life on the earth plane. "When you come down here to live you have to go through several experiences and some difficult events. However, these help us to become more spiritually enlightened," he said. "Through this individuals learn on emotions and they become stronger in themselves."

Another lady asking a question described this evening's séance as "exciting". With quick wit William replied: "It depends on what side of life you are on. I find being coated in ectoplasm very exciting."

William was asked by another sitter whether it was possible for malignant tumours to be "dematerialised" through psychic surgery. He replied that the process was a possibility. "In the séance room, those of the spirit world can use energy drawn from the medium to enter a séance room and, by passing matter through matter, dematerialise a tumour by using psychic energy," he added. "Healing power is very strong and is a very direct energy."

Finally, in answer to a question on whether the darkened séance room appeared dark to the spirit world, he replied: "Yes, indeed it does. However, we can sense and see sitters' auric fields and that it how we can direct ourselves to you. Obviously the greater the energy in the room the easier it is for us."

William now departed asking all sitters to hold each others' hands and that the spirit team would be the DJ tonight and control the music in the séance room. When the music started sitters were greeted by the chuckles of Timothy Booth, a regular communicator with David and the control of the ectoplasm in the room.

To the thrusts of the music the trumpet, placed in the room at the start of the demonstration and fitted with luminous tape, was lifted into the air and tapped on several sitters' heads. All confirmed they could see this and had been touched. Another said a necklace and star had been taken from around their necks.

Timothy, who owned up to taking the pieces and offered to give them back, then asked for a luminous plaque to be taken out of a nearby bag and placed in the centre of the séance room. Once this had been done Timothy picked up the plaque and walked around the séance room showing everyone his materialised "trumpet fingers" which he was wiggling on the plaque. Everyone confirmed they had seen Timothy's wiggling digits.

The plaque was then returned to the centre of the room and Timothy then explained that he would try to generate some "spirit light" so people could see him walking around the séance room.

Although nobody was able to see him sitters were treated to being rapped on the head from Timothy using a balloon which had been placed in the room.

Timothy then asked for the red light to be placed on so that the sitters might be able to see him in the cabinet. Again, although

many people said they could see spirit lights around the room nobody was able to see Timothy.

He then went on to notify sitters that there were several loved ones who wanted to come through and speak to those gathered. The first to come through was a gentleman who introduced himself as the husband of one of the lady sitters present. This was confirmed by the lady concerned.

The communicator then approached the sitter and touched her face before giving confirmed evidence that she had missed her footing recently while cycling. "You have certainly been watching me," the lady replied.

The gentleman also gave the names of two loved ones in spirit who wished to send their love to the sitter. This was once again confirmed by the lady.

The communicator then departed to be replaced by another communicator who wished to speak to another sitter who had travelled all the way from Australia in the hope of receiving spirit communication. She was not to be disappointed when she was emotionally reunited with her father who told her he "loved her very much" and was so "glad" to be able to communicate with her. The communicator, who gave confirmed names to the lady from those in spirit then proceeded to touch her face at which point she became very emotional.

The gentleman then withdrew into the cabinet after which Timothy returned to the séance room and asked those gathered who had lost a child in spirit. One lady said she had. Timothy asked if it was a boy or girl, to whom the lady replied that she had lost them while still in the womb and was unsure of their sex. Timothy replied with news that she was actually bearing twins, one of each sex, and that both of the youngsters, which were about four years of age in the spirit world, would now make themselves present to her in the séance room. All the sitters then confirmed feeling a draught enter the séance room as each of the manifested children took it in turns to hold the lady's hands and tell her they loved her very much.

Following their departure the music was then played to the Louis Armstrong track of 'What a Wonderful World'. Louis entered the séance room then began to sing, to the song and when it finished he shook the hands of many of the sitters and then played a few tunes on a harmonica provided placed in the room.

Next to introduce himself to sitters was Dr Henry Slade, a famous physical medium from the 19th Century who had used slates to produce spirit phenomena. The bag in which Dr Slade had kept the slates, had been bought recently by David Thompson. However, the slates themselves are thought to have perished.

Dr Slade thanked one of the sitters for his kind words regarding his work and said the bag would remain within the Haymist circle for a "very long time". He then shook the hands of some of the sitters and explained that he would now "conduct an experiment". The music was then played and after several minutes Dr Slade announced that the experiment had been concluded and that he now had to depart.

Timothy then returned and explained that the doctor had manipulated some wooden rings left in the room at the start of the séance. When the red and white lights were switched back on, David was still tied in his chair. All the sitters could see that each of the wooden rings, was now placed around David's upper arms.

The demonstration was then concluded, and David returned safely from his heightened state.

FUND RAISING: POSTAL READING FOR ZERDIN FELLOWS

With Robin Winbow

Hello and welcome to my contribution to The Zerdin Fellowship Fundraising campaign. I will be giving postal Readings for the Zerdin Fellows, at a charge of **£15.00 per reading**. With all the moneys going towards the Fellowship. As a dedicated server of spirit, I wanted to do something to help get this great adventure off the ground. So, as they say, get those pens writing, and send your information to the address listed below. My spirit team and I will endeavour to do all we can, to give you the best possible reading. Owing to time and demand I can only accept the first twelve letters. For those who have not met me, or are not aware of my career to date, the following brief resume should enlighten you:

I'm a International mental and trance medium, who started life as a dancer and appeared in many West End productions in London. I continued as a choreographer and teacher in England and abroad, until I found my true love of the spirit world. Since then I have been a tutor and medium at 'The College of Psychic Studies', London, teaching all forms of mediumship, which has led to me working in other parts of England and the world. As I concentrate on trance work now, I hope to be working closely with the Fellowship, helping to advance other Fellow's trance and physical mediumship.

Please forward your letter and a cheque for £15.00 made payable to 'The Zerdin Fellowship' enclosing a stamped address envelope with a photograph of yourself and a sample of your handwriting to:

Mrs R Pearman, Zerdin Coordinator, The Gatehouse, Priors Leaze Lane, Hambrook, West Sussex PO18 8RQ England.

STEWART ALEXANDER & FRIENDS Planned events

6th-9th October 2005

Three Day residential seminar at the Southlands Hotel Sheringham, North Norfolk
cost £270

(this venue has much less accommodation than Cober Hill)

11th-13th November 2005

Weekend residential seminar at Cober Hill Nr Scarborough (sorry it's fully booked) cost £145

17th-19th March 2006

Weekend residential seminar at Cober Hill Nr Scarborough

20th-22nd October 2006

Weekend residential seminar at Cober Hill Nr Scarborough

All above events will include an experimental physical séance by Stewart Alexander.

For more information and application form please contact:

Mrs D J Winchester (June)
'Treetops', Hall Road, Cromer, Norfolk NR27 9JQ or telephone 01263 513067

Visits to Stewart's home circle are possible.

Contact Stewart's circle leader Ray Lister on 01482 343371 for details.

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Fellows and Non-Fellow alike are welcome to attend the following
ZERDIN FELLOWSHIP RALLIES

These occasions are intended to take the Fellowship forward by raising funds to stage Seminars and Zerdin Events

Friday 2nd September 2005 @ 7.30pm

CLAIRVOYANT AND TRANCE DEMONSTRATION By Sandy Sinclair

@ Harrogate Spiritual Healing Church, 14 Princes Square, Harrogate HG1 1LL

Tickets in advance £5.00 and £6.00 on the door

Tel: Pam Allinson 01423 861 819

or Tel: Gerald O'Hara 01904 642390

Friday 14th October 2005 @ 7.30pm

CLAIRVOYANT AND TRANCE DEMONSTRATION By Sandy Sinclair

@ Mansfield Spiritualist Church, Dallas Street, Mansfield NG18 5SY

Tickets in advance £5.00 and £6.00 on the door

Tel: Jean Stevens Tel: 01623 842 143

or Tel: Gerald O'Hara 01904 642390

Saturday 15th October 2005 10am till 4pm

ONE-DAY SEMINAR ON PHYSICAL MEDIUMSHIP

York Spiritualist Centre, 7/9 Wilton Rise, Holgate, York YO24 4BT

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Tickets in advance to Fellows £15.00 and £18.00 to non-Fellows.

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Tel: Gerald O'Hara 01904 642390 Email: cargillohara@talk21.com

Thursday 27th October 2005 @ 7.30pm

CLAIRVOYANT AND TRANCE DEMONSTRATION By Andy Grant & Robin Winbow

@ Burlington Hotel, Marine Parade, Worthing, West Sussex BN11 3QL

Tickets in advance £7.00 and £8.00 on the door

Tel: Dennis Pearman 07973 205183

Tel: Rosalind Pearman 07813 762864

Email: zerdinfellowship@rpearman.fsnet.co.uk



You can contact The Fellowship via the co-ordinator:

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