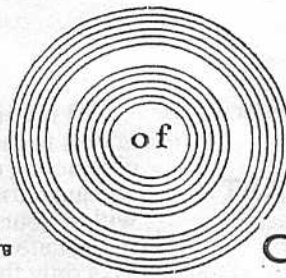


Revelations

The Cosmic Newsletter



Awareness

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CELEBRATING OUR 37TH YEAR!

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THE COSMIC AWARENESS FORECAST FOR THE YEAR 2008

THE LULL BEFORE THE STORM—
COSMIC AWARENESS ADDRESSES THE
WANDERERS (LIGHT WORKERS)

THE COSMIC AWARENESS FORECAST FOR THE YEAR 2008

COSMIC AWARENESS:

This Awareness is prepared at this time to proceed with this very monumental channeling session. *It is indeed pleased that there has been a resumption of this channeling work by the present Interpreter, and the new energizer, Joan. This Awareness welcomes Joan and wishes to reassure her that it is because of the purity of her intent that she will indeed make a wonderful energizer to these proceedings for the Interpreter. This Awareness wishes her to let go of her fear of not doing a good job, of not somehow being adequate to the task of energizing for the Interpreter as he channels this Awareness.*

As *It* has already spoken, it is due to the purity of her intent and her desire to be of assistance, as well as to the long-standing history herself has as a member of CAC as well as a recipient to the channeled works of this Awareness, that makes her a prime candidate for the role of energizer to this Awareness. Simply in holding her space, and participating in the energies that are flowing at this time, will she most contribute to the session and to the channeling of this Awareness. This Awareness wishes her at this time to simply breathe in the energies of Awareness and to understand that she too is part of that consciousness that is this Awareness, that is that which is known as Cosmic Awareness.

This Awareness asks for a minute to be taken now for that purpose to breathe in, to expand, to open her psychic spiritual eye and to allow the energy of Awareness to flow into her at an even deeper level; this being done now. (long pause) This Awareness wishes to continue, and offers at this time, the opportunity for Joan, the energizer, to ask any questions that she may have at this moment; any personal questions, or any questions she might have about the channeling process itself, and what might be expected of her.

QUESTION(JOAN):

Does Awareness have an opening message?

COSMIC AWARENESS:

This Awareness will have the opening message shortly, but *It* wishes to say that this is *your* opportunity for your own personal benefit, for anything that might be a question you have at this time.

QUESTIONER (JOAN):

I hope to be able to help in any way I can, and if there is something I should be doing that I'm not doing, then please advise.

COSMIC AWARENESS:

You are welcome. As this Awareness has already spoken, your intent to assist, your intent to help is that which is of the greatest benefit. You underestimate yourself, and your quality of holding a space, a high energy space; that you've never had to do so actively up until now does not mean that you do not do; that you have done so all of your life, even without your recognition that you hold this kind of space. Much of your work for this Awareness has often been done at an unconscious level, not on a physical level, so that much of that which you have contributed occurred in that which is known as the dream state, or the 5th dimensional level of reality. That is where you are most active.

It is being asked of you now to bring those inner talents to the forefront in assisting the Interpreter in the channeling of this Awareness. You are more than adequate for this task. It is indeed something that is well within your grasp, for you have done this work many times before, in many other lifetimes. This Awareness asks only that you be natural in the interaction. When you sense a need to put out energy or to amplify the energies, or to become aware of what is around in the energy field; that you be willing to give voice, if that is needed. If you have any questions that arise through the series of questions that this Awareness may be asking, that you feel free at the appropriate moment to put these questions out, for this too is a part of the channeling process, part of the opportunity that allows this Awareness to speak through the Interpreter for the sharing of those who would read the message this Awareness has to offer.

You are very much part of that process, part of that message, so that when you have a question, it is not simply "your" question, it is a question that is inspired through the question that was originally presented as well as this Awareness in *Its* seeking to understand from all angles, the question itself, and to give as full and as complete an answer as possible to the question being posed. So this Awareness, most definitely invites you to feel free to participate and to contribute your comments and your questions. At this time, this Awareness asks once again, that you simply feel the energies for a moment before this Awareness proceeds on with the session at hand.

The Year 2008 A New Beginning—A Numerical Number One

This Awareness is ready to proceed now, and does indeed have the opening message as requested by the energizer, Joan. The nature of today's channeling is to be a forecast for the year 2008, to help put out those possibilities that are ahead for this year. This will be an interesting year, for it is a year of new beginnings. The year 2007 was a year of completion, a year of endings, a year of upheaval; that being due to the fact that from a numerological point of view 2007 equaled a 9 and 9 is the number of completion, of chaos, of that coming to an end. 2008 however, combines to produce the number 1, a time of new beginnings, new undertakings; a time of adventure as that which forms now, is new, untested, unknown.

This Awareness first wishes to state that 2008 will indeed be a year of new beginnings for many. This will be sometimes seen first as a completion of something, so that the new beginnings can start. Those things that have not yet completed themselves, will complete themselves totally and fully in this year, but that generally speaking, from an energetic point of view, the energies of the year will bring forth new views on things, new avenues to walk down, new events and circumstances that will take consciousness in new directions. This Awareness wishes to state that in one way, everything is part of a continuum, of a constant unfolding, and a constant opening, but when a year resonates with a specific number, such as the number 1 for the year 2008, or the number 9 for 2007, then the overall pattern of the energies available in those years are specific to the values of the number of the year.

2008, as this Awareness has already spoken, is a time of new beginnings. What will mark it is how thoroughly one has let go of the old energies, and this does not simply include one as an individual, but one as a society, as a country, as a nation, even as the world, and the world consciousness. While there are things that

are still underway, in fact the energies that underlie them are complete, and it is simply a matter for the decaying to be complete, the completion to be complete.

A Gruesome Example of How Completion Works

This Awareness wishes to use as an example of this process, perhaps a slightly gruesome example, but one that might truly bring this process to fuller understanding; that being of the death of an individual. An individual may die, and that is an ending indeed, but for the body to fully decay and reintegrate itself into the fabric of the planet, might take many years, if that body was buried. It is of course a much quicker process if the body is cremated, but in terms of the length of time, even though the precipitating event: the death itself, happened at a specific point, there is still a continuance of that body until it is finally reintegrated into the fabric of Mother Earth, and this is what this Awareness is speaking to.

There are events that have already had a type of death, a type of completion, but will see a drawn out action until it is understood that it is totally over, and the body is decayed and reintegrated. That is why there will be political events, such as the upcoming election that still need to be played out, even though the conclusion is foregone, even though the standing president, the Lame Duck president as this Awareness declared previously last year, is still in power. His true power no longer exists, and he is only holding space at this time until the elections occur and a new president is declared, and that will take place in the year ahead, with him being fully declared as the new president, in the next new year 2009.

Exciting Times Where Much is Possible

This is what this Awareness wished to say, that because this is a time of completion with 2007, the year ahead will start to see much more activity of that which is a new variety, new thinking, new thoughts that will logically proceed from that place of conclusion and completion of the events and circumstances of the years that proceed it, and this is indeed a very exciting time, for much is possible in a "1" year. It would be of great advantage for individuals to understand that they do have the opportunity now to begin again, to start fresh, to see their world around them in that new energy, even if it appears around them that there is still the chaos of the old regime, and the old institutes, patterns and ways. To stay focused on the new in 2008 will be extremely helpful in helping to transit the final chaotic energies of the death throes of those existing institutes, those existing powers that still hold to power.

Don't Make the Mistake That The Old Patterns Still Control

If one and all can hold that the energies of 2008 are naturally fresh and new, even if there is still challenge, then one will transit the year much more amicably and easily than if one holds to the old ways and is foolish enough to think that the old ways, the old patterns still hold sway. 2008 will be a true new year, and all that will qualify it to its fullest extent for each individual, is how quickly and thoroughly the individual can identify and understand the new energies involved in this 2008 year. This can also be extended to that which is a larger consciousness, such as group consciousness, or mass consciousness. In general, mass consciousness may not get it, may not equate the numerical values of the year 2008 to anything of great significance, but even that will start to change as society itself begins to head in new directions, almost unconsciously.

The Forecast For the Year 2008

The Political Elections That Lie Ahead

So, having said all this, this Awareness is prepared now to launch into *Its* forecast, for that which is the year 2008. This Awareness wishes to first start with that which will be of most concern and most interest to the peoples of the United States of America, that being first and foremost the political elections that lie ahead in this new year coming. There are still several months before the elections in November, although it may seem to many that the election itself has dragged on already far too long. The United States has a curious pattern amongst all the world's nations, of holding an election for an extended period of time, but that is how it is.

It is seen by this Awareness that the possibility exists for a switch in direction, a perception at least of a switch in direction. This Awareness sees that it is highly likely that a Democrat will assume power at the time of elections, and the Republicans will take to the back benches, so to speak, and will form the oppositional party. It is also seen that it is time for a radical switch in the possibility of who can hold the ultimate position of President of the United States. Traditionally, this role has been held by a male figure, a senior male figure, not even a younger man.

The Powers That Be Plan Hillary Clinton to be Next President

President John Kennedy was one of the youngest presidents of recent times and he brought much new vibrant energy to the country. The upheaval that this Awareness sees suggests the possibility of the first woman president; this being Hillary Clinton. She does have the makings of a president for that which is the United States of America. This may not please many, however, this Awareness wishes to remind all that the elections for the top position, for that who would be the president is not at all based on what the people want, or even of who the people vote in.

This is already preplanned and known in advance, and it is only made to look as though the people themselves have voted in this or that candidate, and the plans call for Hillary Clinton to take power, for there is power in her family line.

Both Bush and Hillary Have Hereditary Rights to Hold Power

This Awareness wishes to explain that those who have come to power have had certain hereditary rights to hold power. One of the greatest doctrines in the United States of America is that every boy, and hopefully soon, every girl, can grow up to become the President, but the historical truth is that only those of the ruling families, those families that have traditionally held power are deemed to be the "right stuff" and are given the power and control that go with the presidency of the United States.

George Bush Sr., through his marriage to Barbara Bush, was qualified both for the reason that his own family ties through Preston Bush and even further back, marked him as one that was privileged, but even more important were the ties through his wife's family and her family lines that extended well back into historical times, back to the times when the Black Princes of Lombardy, a ruling clique of ruling families who held great power and sway, and these families and their power structure still exist, although the power structure, these families went underground a long time ago; but their family lines can still be traced back to blood connections, and there are still certain individuals who hold to those lines, who hold the power, and it is

recognized by these 13 ruling families of the world who is in their lineage, so to speak.*

*New York's *Forward Magazine* recently disclosed Hillary Clinton is Jewish. <TruthinMedia.com>

Barbara Bush's family, her maternal line has a long history of connection to the Black Princes of the Lombardy region. Hilary Clinton also has such a royal connection, as did her husband. This being so, she is seen as that which would be more preferential as a leader, and she has, a long time ago, given up her humanitarian drives and interests; that at a younger age she did express, for she was known as an activist at one time, but over the years she has been subtly swayed back into line, and is now seen as a suitable candidate. This is that individual that this Awareness sees most likely as the first female president of the United States of America.

This will create much applause, and many women will stand up and say "At last! It is a long time coming!" and it is an event that many will feel will hold great significance. Again, this is an energy of new beginnings, as the year 2008 holds such energies. Her political opposition will fall by the wayside, and even the black candidate Obama will not make the ranks, although he will come close. It is just not seen yet that the nation itself is quite ready for its first black president, but that stepping forward and electing a female president will set new precedent and thus, it is seen that this *could* occur in future elections.

Don't Hold Your Breath!

This is what this Awareness sees at this time, fully a year before the event, as a strong possibility. However, having presented this, this Awareness says there is room for much change before this event occurs, so that while this Awareness sees that the likeliness is there for the first woman president to be elected, that *It* would also say to all to not hold your breath. It is not yet a foregone conclusion that Hilary Clinton will be the next President of the United States. It is simply a strongly held energy at this time, and there are certain other events that may occur between now and then that could upset the apple cart, but if these are allowed to unfold as they are expected, bearing in mind that much is already planned and set up, then it is likely that Hilary Clinton will become the first female President of the United States of America.

A Forecast for Canada

This Awareness wishes to speak briefly on the political events and energies of the world, moving now to that country and nation from which the Interpreter emanates; that being Canada. It is seen that the Canadian government will remain in power; that being the conservative power of Stephen Parker. While he has that which is known as a minority government, the political will is not present at the time to remove him and his party from power, nor is it seen that a single oppositional party is available at this time or in the year ahead that will be strong enough to oppose the conservative party and challenge it for leadership.

The present opposition leader of the Liberal party, Stephen Dion (sp) is not strong enough or popular enough to capture the nation's attention or their support, nor are the other political parties: the NBP, the Bloc Quebec Qua (sp) nor is the Green Party strong enough to oppose the present government, and so it is seen that it will continue onwards as a minority government. This is a good thing, for it is not so sure of itself that it can be outrageous in its actions, an outrageousness that comes

of the certainty that a strong majority government would have, and so it treads carefully the political path in Canada, and thus will benefit the country and the people of that country greatly.

It is seen that Canada will continue in its growth and will continue to move forward as political worldly power. It is a nation whose sun is rising versus its sun setting. The strength of the Canadian dollar will hold strong in the year ahead, not only because of the political and economic strength of the country, but also because of the declining American dollar. In general, Canada will do well in the year ahead.

European Nations Will Forge Ahead as the U.S. Sinks

For other countries the world around, many countries look at North America, especially at the United States with great perplexity, with great shaking of the head. It is seen that the European nations will move strongly forward into world leadership, and that the United States of America will fall away as the controlling nation, the strong man. The European union will continue to grow. The Euro, that currency of the European union, will take over as the world currency, replacing the American Greenback, the American dollar. This has been a struggle over the last few years, much being done to maintain the strength of the American dollar, but this cannot be supported much longer. The Euro will indeed become the common standard, the common financial currency against which all else is measured and through which most world commerce will take place. The Euro will be used instead of the American dollar.

Asian Nations Growing Stronger-More Wars in Africa

The Asian countries are seen also to be in a place of strength in the year ahead, seeing growth coming through their economic fronts. Again, they will be in a better position in the year ahead than the United States of America. It is seen that the African nation will continue to have a difficult time of it. It is seen that there may be again, political revolutionary struggle, with wars breaking out in several African nations against various tribes in opposition to each other. This extends into the Middle Eastern regions, including Iraq and Iran. Although these are not, strictly speaking, part of the African nation, that the area of conflict that includes Africa and the Middle East is seen as part of the same whole.

There may be a call to intervene in the affairs of African nations that fall to this path. The examples of Rwanda and Uganda and other African nations in the past where great carnage and slaughter occurred is seen now as not permissible. The rest of the nation and the rest of the nations of the world will stand up and say no, should such armed conflict erupt again. It is not seen that America will lead the way. It may not even be in a position to support UN activity or actions to help police such nations that are renegade nations that fall away from social decorum and social correctness, where mass slaughter and genocide again occur, but many in the United States will support such actions, should that occur in this year ahead.

It is seen as a very volatile region: the African Middle East, and with these new breaking energies, this creates a surge of energies as old factions fall and new factions come to the forefront, and often the way forward in these African nations is through armed conflict and through mass-murder and genocide. Opposing this would be a new consciousness, a new mentality of these nations of the world who have seen this before, and they are starting to understand their

responsibility is not simply after the fact, saying "No! This was not good!", but to actually start to intervene and prevent such mass slaughter once again.

Wars in Middle East to Continue—A Groundswell of Opposition As More Americans Protest the Wars

To the Middle East, in particular Iraq and Afghanistan, this Awareness sees that those actions of conflict and destruction, the wars of both nations, will continue in this year 2008. The American people will become much more vocal in their opposition, and that which is at this time being squashed and not being allowed to be presented to the world in the opposition of the American People themselves against these actions, will start to be presented, and more and more Americans themselves will stand up and say "Enough! We do not wish to wait for a political agenda for troop removal. We wish this to stop now!"

Many mothers will start to stand up. Many fathers will start to stand up. Many brothers and sisters and aunts and uncles will start to stand up and a voice will be heard, and the groundswell of opposition will grow, just as happened with the Vietnamese war, many years ago. At this time, much has been done to oppose such opposition, and to prevent it from coming to the forefront and be seen on the media, but this will be a true groundswell, and the actions will not be stymied or stopped, or hidden by those powers that be through their controlled press and controlled media, for this groundswell will touch neighbors and it will touch those in the community, and many will see and know that there is opposition, and this will grow in 2008 and will find, as this Awareness has said, a new voice, a voice that is to be heard and *will* be heard.

Tied into this, in the political campaign, it is likely that the candidates themselves, because it is seen as popular, will start voicing opposition to the ongoing war, for it is a popular thing to do, and the one thing politicians are very good at is feeling the pulse and apparently being there to lead that which is the popularly held belief, or the popular way to go, but unfortunately, this Awareness does not see a completion of the conflict in these two nations in the year ahead. There may be a downscaling, as they prepare to take action to bring home the troops. *It* does not see an escalation, or more young men and women being sent to these regions. *It* simply does not see it completing or concluding entirely, but there is that new energy which will start to be voiced more and more in the year ahead.

The Plan to Attack Iran Has Been Scrapped

Iran will also be a focal point, and part of the plan has been to create a military condition in that country also, a spillover to that country, to enflame the Middle East even more, but this Awareness does not see that as coming about. This has been prevented, and while there may be much saber rattling, this Awareness does not see armed conflict or a war beginning in Iran. Even if the present regime of America would like very much to go into this country, it understands that it cannot do so without consequence, and to do so when there is rising opposition about the present wars in Iran and Afghanistan, would be political suicide. Thus, it is not seen by this Awareness that there will be an armed active campaign against the nation Iran.

Economic Hard Times in U.S.

This Awareness wishes to move now into the region of economic issues for 2008. This Awareness sees that it will be a difficult time in America for economic growth and development. Those past crimes, those hidden

actions by the present regime will start to catch up, and those energies of collapse have already commenced into 2007; this being the prime mortgage rate, that which has seen as many start to lose their homes. America, as an economic forerunner in the world, will cease. It will still be strong, but it will not be the leader, leading the way with its currency the main currency of the world.

It is seen that the real estate market, due to the subprime mortgage rate scandal will continue to fall, and continue being an increasing problem in the year ahead, and many may lose homes and businesses because of this. This Awareness sees a pulling in of the belt, a tightening of the belt, but that which is seen, must also be countermanded with the instruction that one needs to be aware of what is occurring.

The New Way Also Will Offer New Opportunities

While there may be economic problems and difficulties, there will also be economic possibilities, new probabilities, new opportunities, so that while many of the traditional industries will go through difficult times because of the collapsing American dollar, new opportunities will also present themselves to those who are aware and who are vigilant to these new ways and new opportunities.

Do Not Succumb to Fear: Remember You are a Creator Being

Also, it is imperative, that while things may get more and more difficult economically, that entities not succumb to the fear of that economic collapse around them. To do so would indeed plummet one into escalating energies of collapse and thus affect one even more profoundly. It is to be remembered that as Creator Beings, all create their reality. Each individual creates their reality. They are indeed part of a mass consciousness, and it is the mass consciousness that will be most affected in 2008 with the collapsing economic structure, and that is why it is imperative for individuals to remember their strength, their power to create their own realities. They do not need to be totally affected and destroyed by the collapse of the United States of America as a leading economic power. They can still hold to their own position, and create their own abundance around them. It is seen as highly possible for them to even step into abundance and prosperity due to new beliefs and new understandings of how to do so.

Why Some Prospered During the Great Depression

This year ahead will mark such an opportunity, such a possibility to think in new terms personal economic wealth and prosperity continuing, even increasing in these times of collapse. This Awareness reminds all that during the Great Depression, while many lost so much, there were those who still made fortunes, who still did quite well, and who were not affected by the depression that affected so many. Why was this so? For one, it had to do with attitude and the belief that there were and will be opportunities to be pursued, that there was opportunity even in those times of great collapse and great despair, so that in the new year, even with collapsing economic situations, there is indeed possibilities for all who have the vision, the belief and the trust that they can create their own financial reality, and do not have to go forward into that dark night.

Be Compassionate of Those Whose Economic World Collapses

However, saying this, this Awareness prepares all for hard economic times, of many who do not hold that elevated position of understanding and awareness. It is imperative not to be fooled or sucked into this, but to be aware of it and to be compassionate to those who go down that dark road, who have the difficulties, who see their worlds collapsing all around them; that which was

their life savings being swept away in an instant. It will be imperative to hold the space for those ones who will be affected most by the collapsing economic situation of the United States of America. This too is important for the year ahead. This is not a bright picture perhaps, but in this picture one can hold hope. One *must* hold hope, or else one will be swept away by the devastation of a collapsing economic situation. It need not be so.

The Dark Agenda is Still in Motion Despite the New Energies

This Awareness wishes now to move into areas of environmental concerns, ecological concerns. This Awareness does see a continuance of the extreme weather patterns that have been experienced in the year 2007. This Awareness sees this escalating to some degree. The extreme weather, the droughts, the flooding, are also part of that changing pattern of Mother Earth herself. They too are being manipulated by certain agents who wish to create environmental disaster, whose objective is the destruction of the masses, the destruction of many people and their homes.

This Awareness wishes to remind entities that there is still an agenda that is being pursued by the powers that be. While this Awareness may on one level declare that there is a new consciousness rising and many are starting to see through the ploys and machinations of the powers that be, still, those powers that be are moving forward in their agenda. Weather control is part of that agenda, and it is seen that they will continue to use the techniques available to them to create havoc and upheaval due to extreme environmental events, extreme weather disruption.

It is seen that there will also be an increase in volcanic and earthquake activities the world over in the year to come. This too is part of the escalation, as Mother Earth starts to wake up and shake herself, and in the shaking of Mother Earth, many humans will be affected. Natural disasters will continue to escalate in the year 2008. This Awareness is aware of an event that is possible in the United States of America that can shake up the situation more extremely; the economic situation being so related to disasters.

This Awareness has checked up on the Northwest region of California and the Southern region of Oregon to see if there has been a buildup of that area that this Awareness spoke of several years ago. While the area's energies are again building up, *It* does not see a cataclysmic eruption as was possible two years ago. *It* does however, see the possibility of minor volcanic eruptions in that region which will have extreme local effects, perhaps even state-wide effects.

An Active Hurricane Season is Seen

This Awareness does see again an active hurricane season ahead, with hurricanes once again coming to the forefront. Although the hurricane season in 2007 was relatively minor and essentially a non-event for the United States, it is seen that several major hurricanes could well be directed towards the shores of the United States, particularly in the Southern region of the Gulf of Mexico, the Mexican region as well as the Northern part, into the Texas/ Louisiana area once again, and also Florida. It is also seen that some event along the Eastern shoreline of the United States of America, a hurricane type weather system, perhaps passing from the Gulf of Mexico over Florida and somehow picking up energies combining with other existing storm energies on the East Coast, creating tremendous flooding and upheaval.

A Possible Return to Constitutional Values of America

These events seen in the United States are all part of that decline that this Awareness is seeing for this nation. This decline, although not necessarily good news for the people of the United States, will perhaps help in a balancing of that nation's energies and powers so that it again develops a more humane face. This Awareness suggests that individuals within that country start to re-experience what the true promise of that nation reality is: fraternity, freedom, prosperity and liberty. The original tenets of the United States of America in the constitutional Fathers may once again start to appear, and a feeling of humanity returning back; that sense of the greatness of the nation from its spiritual greatness once again returning to the mindset of the American People.

A Wild Roller Coaster Ride is Ahead in 2008

As so much is taken, the natural consequence will be to look within, to search out the true values, not those artificial values that have for so long been imposed on the peoples of the United States of America, so that even with loss, much can and will be gained. While it is seen as a roller coaster ride with highs and lows, this Awareness wishes all to remember that a roller coaster ride will come to an end, and while one is frightened on the ride, there is also great excitement, as that which is the roller coaster plummets down to a low point, only to rise up again. Entities should enjoy the ride as much as possible, and remember that this is not permanent. This ride will come to a conclusion. It is simply seen that it will be a wild ride in the year ahead. Many regions will be affected by extreme weather, hurricanes, the possibilities of earthquake and volcanic activity as it continues to shake the United States up in the year ahead.

This Time a Real Possibility of Extraterrestrial First Contact

This Awareness wishes now to speak of a possibility of an extraterrestrial First Contact. This is seen as in the plans, but not necessarily the plans of the ruling parties, the powers that be. This is seen as in the plans of the Galactic Federation; that being that federation of alien nations, alien worlds that would seek to guide humanity at this time. It is their intent and purpose to come forth soon, as soon as this year 2008, for the energies are optimum for a First Contact, a new beginning, a new way of things in terms of the understanding that mankind is not alone in the universe; that there are others, those who are even more advanced than humankind, who are out there, who have always been out there. Even though this Awareness has not spoken of this in recent years, they are still available, and there is still a battle raging between the Galactic Federation and the Orion Empire.

That the Orion Empire was invited in by the political powers that be at the time no longer holds credence. Many now are calling forth for the governments of the world to come clean. Indeed, it was of a recent nature, an event that occurred in Washington DC, where many who are in positions of authority or power, or were acknowledged recognized leaders, came forth and demanded that the United States government come clean. Ex-military, civilian pilots and others who are and were in positions of power, retired now perhaps, came forth and publicly demanded that the United States divulge the truth around the extraterrestrial contacts and what is really going on.

This is seen as a first step, a preparation in divulging information that has for so long been held in secret and has not been allowed for various reasons to be released. It is seen that more information will be released in the year ahead, preparing humanity for the event to come, for the First Contact with extraterrestrial beings. This is

a possibility, but is not yet a guaranteed probability. This Awareness puts this out as that which could very likely happen if there is enough energy behind this, if enough people believe and hold and put out that they wish it to be so. That this will happen is a foregone conclusion. This Awareness says "foregone" because it is indeed within the plans of the advancement of humanity to take its rightful place once again in the Federation of Galactic Nations; that Galactic Federation, and this will come. There is a strong energy available in the year 2008 to make it so then.

This could be a wonderful and marvelous beginning for so many, but it will extremely challenge many who hold traditional fundamental beliefs and faiths.

This too will be part of the new way of things: new thinking, new understanding, new everything.

Proof of Atlantis: Ancient Secrets May be Revealed

This Awareness wishes to speak on another area that *It* sees as possible in 2008, and that is the recovery of ancient texts, ancient knowledge that has been hidden for so long; that proof of Atlantis will be made available. It is also seen that the library under the Sphinx may be opened. This may all occur with the First Contact, as more information is released of the ancient history of this planet, history that understood the place the planet had in the Galactic Federation, in that which is the extraterrestrial connection, and how those beings were here so much sooner than what we thought. By this, this Awareness means they were here in those ancient times, and that they are simply returning back to interact with humanity, reconnecting, so that while this Awareness has used this term "First Contact", in fact, this is a reconnection to those powers that once roamed this planet, that once controlled this planet.

2008 Will Be A Year of Great Spiritual Growth

It will be made much more open and obvious, and that which shows what used to be so, evidence supporting the ancient contacts will be made available. These are truly exciting times for new levels of awareness, of the true history of the planet and the inhabitants of this planet. Finally, 2008 will be a year of great spiritual growth. Many will start opening up to the depths of their being. It is also seen that many are at a stage of completion, where they are ready to move into higher capacity, higher availability to the spiritual core of their being, and they will become true emissaries of the Light on the Planet.

There is seen already many enlightened beings who already walk the planet, but it is seen that many more are ready to step forth to truly become Creator Beings, to become alchemists and magicians and high healers and true teachers. The spiritual journey of this planet is about to start a new level in the final years of preparation to that which is the Ascension. The Ascension process itself is to be re-understood as a continuum; a continual process. There are those who have already ascended and left the planet and there are many more who are ready to do so, but it will not be seen or understood in a simple way. Indeed, it is necessary to understand that it is a seamless process. Often, it will not even be seen to be occurring, and while many are waiting, many have already moved forward, and there are stages to this Ascension process, and more information and knowledge will be released in 2008.

Today Thousands of Voices Are Speaking for Cosmic Awareness

Whereas at one point this Awareness was one of the only voices speaking out in the darkness, now there are thousands of voices speaking for this Awareness, and

sometimes it is confusing, which voice to follow. This Awareness suggests that you feel this out, that you follow your heart in this year ahead. Follow that inner feeling, that inner instinct when you seek out spiritual truths and awareness. Remember that this Awareness has spoken often to not believe that which this Awareness speaks, but to check it out, to feel it out and to see if that which this Awareness speaks holds water.

This Awareness suggests that the members do this with all other information that is received. Don't just believe what is given, but always question, always check it out, and that which is the truth will verify itself, will resonate at the deepest levels. This year ahead is an opportunity for great spiritual growth, healing and advancement. This is truly an exciting aspect of the year ahead that this Awareness is pleased with.

Are Medical Advances Coming in 2008?

(Brutal Medical Techniques Are On Their Way Out)

QUESTION:

Will there be any medical advancements in the year coming?

COSMIC AWARENESS:

This Awareness does indeed indicate that medical advances are indeed forthcoming in the year ahead. Already there are new techniques, new ways that are leaving behind the more brutal techniques of surgery, radiation and chemotherapy. There will be advancements with the use of laser technology, ultrasound, as well as magnetism and magnetic techniques. There is seen here a new technique that will be brought forth that will have great promise; that technique being that of vibrational medicine, and a chamber or apparatus which uses frequencies and vibrations to effect great healing. This will appear in the fringes of medical science and may be available in the alternative medical sciences, but will eventually move into the mainstream.

Vibrational Energy Machines Will Become More Orthodox

Those machines that work with vibrational medicine, or vibrational energy work will be seen to become more and more orthodox and accepted by the mainstream in the year ahead, for they are there already, these tools and equipment, but the controlling powers have closed the door to it. It is seen that the doors will start to open more and more, and these new ways and techniques will start to be accepted by mainstream medicine.

It is not seen, unfortunately, that the pharmaceutical industries will anytime soon relinquish their power, and it is seen that they will continue to harass as they seek to control the whole of the industry. The codex movement will continue as they seek to shut down alternative health, as they seek to control the natural substances and products of healing. Unfortunately, this too is seen to continue, but that the hold that these pharmaceutical companies have, as well as the medical industry, is starting to erode and to collapse.

The Coming Olympic Games in China

QUESTION:

(Thank you) I have one other question concerning the Olympics in China. Will these be peaceful?

COSMIC AWARENESS:

This Awareness sees on the whole that these will indeed be peaceful. It is an event that will cause the Chinese to want to save face. Saving face is very important to the Chinese way of thinking. Indeed, it will help bring civil rights to this nation, to this country, and

once those civil rights are brought in, that which is seen as the oppressive regime, the oppressive way of things will start to break down, so that these games will proceed peacefully. There are seen to be some protests that will take place during the games, bringing international attention onto this country and some of the civil infractions that are perpetrated on the peoples of this nation, but this will be for the good, and there will not be an oppressive use of force against these Chinese people as there was a number of years ago, and this will be supported by the nations and the peoples of the world.

The actual event itself is seen to be a peaceful one, and it will not be marred by acts of terrorism or any untoward events.

The Sleeping Dragon is Starting to Stir (Edgar Cayce's Predictions Are Coming True)

QUESTION:

Wonderful. Will China be one of the many leaders of the world as previously thought?

COSMIC AWARENESS:

Indeed this is so. This Awareness sees the sleeping dragon as starting to stir. It will start to develop through the consciousness that is awakening the humanitarian consciousness, a new understanding of its role on this planet, and the predictions once made by that great seer Edgar Cayce will indeed start to see fruition, will start to see that this is so, that this nation awakes from its slumber and becomes a world power in the light. This will begin in the year 2008 and the Olympics that will occur there will be monumental to move the nation forward, especially in their thinking, in their understanding that they have been an oppressive power for too long, and the Light will start to dawn and they will move forward into that political arena of being a very vocal voice for the rights of individuals, even though at this point they are not quit accomplishing this.

It is simply seen that this will be a beginning for them and a new strength, a new power, a new clarity will begin to arise in China that will sweep the old oppressive regime away and introduce a whole new way of thinking for the people of China as they move into a world role.

The Power and Energy Ahead is all New Beginnings

CLOSING MESSAGE:

(Thank you) That is indeed good news. Does Awareness have a closing message?

COSMIC AWARENESS:

This Awareness' closing message at this time is to simply understand that the power and the energy of the year ahead in 2008 is indeed that of new beginnings, so that even with some events that are about completion, always hold that with the energies of the new beginnings, much is now possible, and to stay focused on this, for it will lead one through the year and to the years ahead. This Awareness feels complete at this time with *Its* forecast for the year 2008, but does invite questions from the membership, for anything that is perceived or questioned in this forecast, or anything that might be viewed by the individuals that is of interest, or they might feel would be of interest to the membership.

Remember also that while this Awareness is giving forth this forecast, it is only a loose forecast, with the possibility of many changes along the way, but as a template it is one that will allow individuals to look

forward to the times ahead, to the year ahead as one that holds great promise and great merit. This Awareness is now complete.

QUESTIONER:

Thank you)

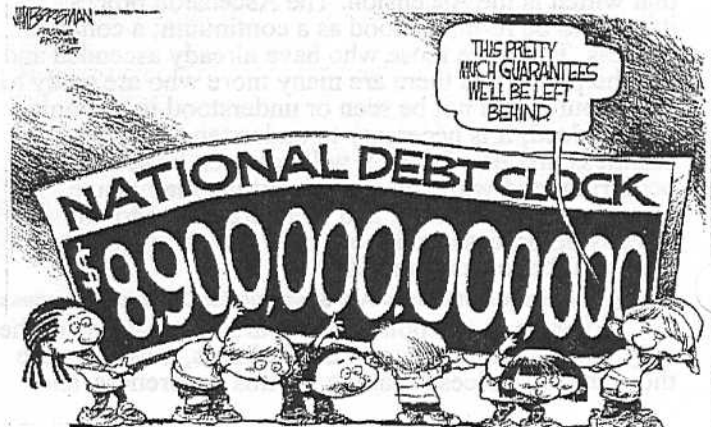
COSMIC AWARENESS:

This Awareness requests a count back up from 1 to 12 to bring the Interpreter back. (such a count is given)



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Excerpt CAC Reading # 4-6 4-20-95 Paul Shockley Interpreter

The Harrowing Predictions of Pope John XXIII (Was His Long Lost Diary Predicting Space Landings found?)

QUESTIONS:

A couple questions from Joseph Guardiani, of Bozeman, Montana. He sent in a couple of articles from a publication called the Solar Space Letter, and I'll read just a little bit of this because it concerns a question he asks. "The following is from a transcript received to us through means known to the minister of the Blue Rose Ministry, and was placed in his hands in the presence of several witnesses. It purports to be from the diary of Pope John the 23rd (the former Cardinal Guiseppe Roncalli of Venice, Italy, who in the 13th Century was prophesied and called "Pastore Et Nautus," meaning "Pastor, priest and pilot." (Venice is on the water!) by the Irish seer Saint Malachy.

"The copy that appears in total, was distributed by certain groups in several Catholic churches in metro Manila Philippines. From the diary: "The world will suffer through a painful period of violent war, deadly famine, and destructive natural disasters over the next eight years. That nightmare will be followed by a lengthy stretch of love and harmony, a beautiful and serene heaven on earth."

"These startling predictions came from the sensational lost diary of Pope John the 23rd, the beloved Pontiff who died June 3rd, 1963. The dusty weather-bound diary containing handwritten predictions was found by a Vatican cleaning woman who was sorting through boxes stacked in a little-used storage room. The entries clearly spell out the assassination of John Kennedy, America's plunge into the Vietnam war, unrest in the Middle East, and the fall of Communism-- years before they took place.

Later entries called for even more troubled times. Pope John had periodic visions from both Jesus and the Virgin Mary says a Reverend who has poured over these wondrous tales. The sessions in the pope's chamber resulted in fantastic glimpses into the future of mankind. Pope John writes of heavenly visitors arriving by June of 1995 in flaming chariots of steel. These special visitors will arrive at the height of despair, and help man heal his wounds and work together to right all the horrible wrongs.

"And on May 19th, 1962, there was a quote: "From the heavens will appear "The saviors." They will arrive on June 5th, 1995 and begin their task of assisting in the clean-up and repair of the environment and the crippled countries. Many will fear these odd-looking beings, but

they come in peace, and will, with God's guidance, transform earth from a charred spinning lot, to a lush oasis in space. The survivors will flourish in a world without war, disease or hatred."

And Joseph's questions are: "Enclosed is a newsletter I get several times a year. This is from the first quarter 1995 issue and it tells of Pope John XXIII diary being found last year. Among other things it mentions mankind getting back to Biblical lifespans, and it also mentions a landing on June 5th, 1995 of the "saviors."

"The questions are (1): Is the diary for real? and (2) Are the landings for real?"

COSMIC AWARENESS:

This Awareness indicates that it appears the diary was authored by the pope. It appears that the information was divinely inspired and that the information is generally correct. The term "generally correct" implies that there can be some deviation in some of the information, but that in general it is correct. That there *will* be an intercession into the affairs of mankind by entities from beyond the earth. That these entities have humanity's welfare as a priority.

This Awareness indicates that this appears to be related to the previously described influence from Sirius. This Awareness indicates it is a question of dating or timing more than anything else in this prediction. This Awareness indicates that certain things can occur to alter the timing, however, This Awareness suggests that you watch that date as a strong possibility for this event

It sees it as something that may occur later.

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the interpreters necessarily agree with the statements of Cosmic Awareness. The interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



Health Hints From Personal Readings
(It's Surgery or Believe in Yourself as a Healer)

QUESTION:

Awareness told me that I will be healed and there will be no permanent damages, but the doctor says that the damages are getting worse as more tissue is destroyed and is replaced by scar tissue. Will Awareness please give me another healing?

COSMIC AWARENESS:

This Awareness indicates that the future is not fixed, that the power of suggestion is strong, that suggestions can often conflict with one another; that wherein one suggestion is toward healing and another is toward that which is other than healing, the suggestions can wipe each other out. This Awareness suggests that there is nothing that can be done for an entity unless the entity wishes it to be done and accepts the outcome of the situation as being, in fact, his or her own choice. This Awareness suggests that entities are ever and always their own best physicians.

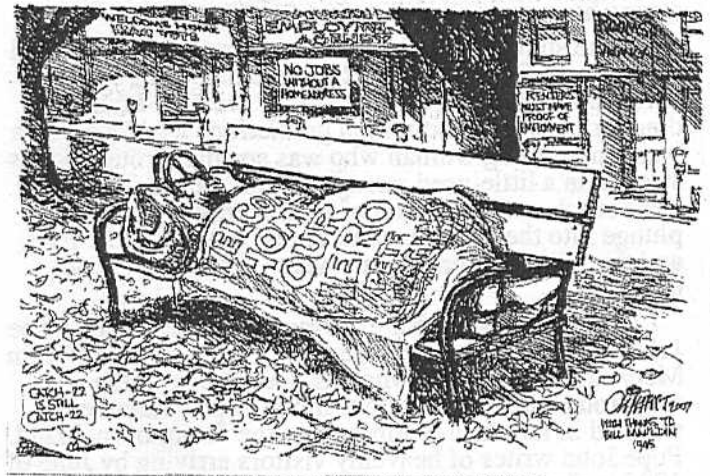
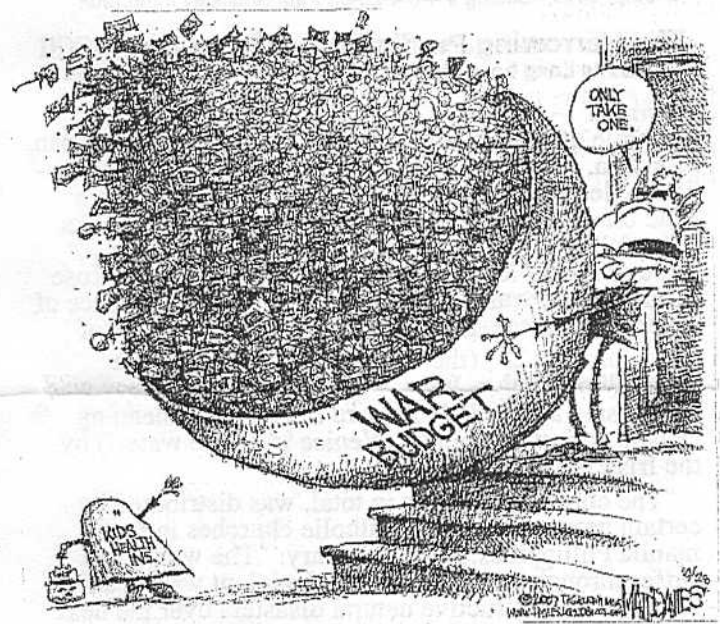
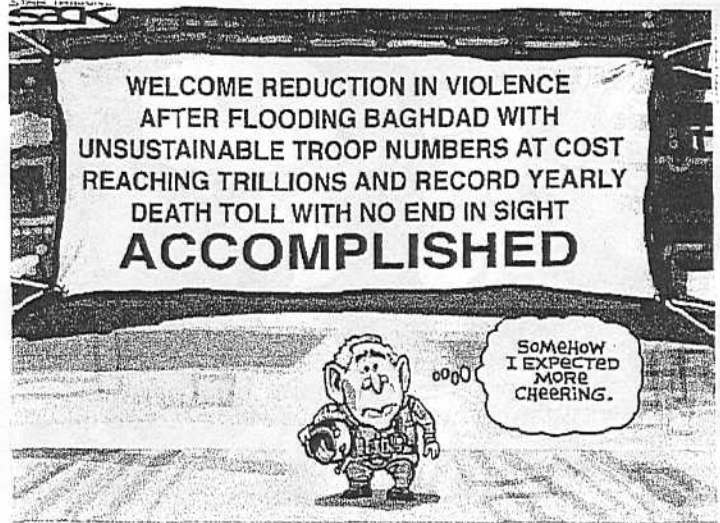
This Awareness suggests that it is within your own consciousness that you can best heal yourself. This Awareness suggests however, that entities who do not believe this must rely on the consciousness of others of whom they have faith. This Awareness suggests that wherein you have faith in your doctor or in this Awareness, this can be beneficial to you when the suggestions are toward healing. This Awareness suggests that wherein you are given suggestions of pain or deterioration of health, that it becomes necessary for you to take whatever action is appropriate to allow you to feel that you are on the road to recovery.

This Awareness suggests that in your particular instance and the way your attitude toward your health works, toward the way your attitude toward your own healing powers is at present, it appears that an operation may be that which is necessary for you to accept the route toward recovery. This Awareness suggests that you wait for approximately two weeks to allow the herbs and other healing forces recommended by this Awareness to have their effect; that thereafter, you check with your doctor or preferably another doctor of equal or better competence.


This Awareness suggests that you be careful not to attend a doctor who enjoys giving surgery, but rather find one who desires to heal the patient in the simplest manner possible.

This Awareness suggests that you call the Hippocrates Institute and speak with Ann Wigmore about this situation, that you continue the use of the herbs as mentioned, and that within approximately two to four weeks, you begin to re-evaluate and that you examine yourself, that you have a physical examination in relation to this problem and then make your decision as to whether an operation is the answer for you.

This Awareness suggests that you too are capable of healing yourself, but only when you are capable of changing your attitude toward yourself and toward your abilities to heal yourself. This Awareness indicates that wherein you are not capable of changing this attitude, then it is appropriate that you take the actions necessary for the healings that are necessary. M780208PA



I asked my wife if old men wear boxers or briefs?
She said Depends.
www.pmcaregivers.com/Humor.htm

SUPPORT BINGO  **Keep Grandma off the streets.**
www.pmcaregivers.com/Humor.htm

CAC General Reading 12-11-2007 Will Berlinghof Interpreter

QUESTIONER(JOAN):

(Count of 12 and the Law of Love are given)
Is there an opening message?

....The lull before the storm:

A MESSAGE TO THE WANDERERS (LIGHTWORKERS)

COSMIC AWARENESS:

This Awareness wishes to take a few moments longer to allow the Interpreter to go even deeper. This Awareness suggests the count of 12 be given again to take the Interpreter even deeper.

(Count of 12 is given again)

COSMIC AWARENESS:

This Awareness is prepared to commence the session for today.

This Awareness does have an opening message, and *It* wishes at this time to discuss matters of great importance, and the understanding of that which is ahead for many now. This Awareness in particular wishes to talk to those many Light Workers, those many Wanderers, those many souls who have come onto the planet at this time who are walking the ways in frustration, even perhaps hopelessness, who have always had a sense of life purpose, and yet, even with that sense of life purpose, seemingly are not manifesting in their lives their life purpose.

These are very difficult times for many. The energies on this planet at this time are such that the opposing forces of Light and Darkness are doing battle, but this battle is one that is not seen on the TV news, on the 11:00'clock news, unless one understands and sees the evidence that is presented daily. For most, there is no obvious battle between the factions known as the Light Workers, versus the Dark Forces. This is seen in the events and circumstances of the work today, but most do not understand and most do not see this. Yet those who are the Light Workers, who have that sense of purpose, even destiny, *very much* see the battle royal that is taking place around them, that they too may be involved in, in personal ways.

A Deep Sense of Frustration for Light Workers

A sense of deep frustration and sometimes even desperation is caused by their higher purpose, their soul understanding its divine nature, understanding that the battle and the conflict that is taking place on the earthly plane is not one that they even wish to be involved in. Combined with this is that deeper sense and understanding that they are here for a deeper, a higher purpose. Many of the Light Workers have always understood and known this, and it has been for many a guiding light, a beacon in the darkness that has always drawn them forward and has always perpetuated for them the inner reason for their being, thus, even somewhat making sense of their lives in these chaotic turbulent times.

Yet, even though this may be so, many are frustrated at this time. Even if with clarity they see that the Dark Forces are indeed in their death throes, even if there is an understanding an awareness that the time for departure is fast coming onto this plane of existence; even knowing this, this sense of frustration and an apparent lack of personal movement, personal journey, is such that many of the Light Workers at this time are despondent and despairing that anything will ever change for

them. It is as if they look out onto the world, see what is happening, understand why it is happening, even understand the delusion of the world, the illusion that is presented; yet still do not see strong and effective changes happening in their own personal lives, and this is leading many of the Light Workers to a place of that loss of personal meaning, or a mistrust in it at the very least, leading them to a place of despair, depression, hopelessness.

Much Work Ahead as Turbulent Times Approach

These are indeed challenging times, and even though this Awareness has spoken of the times coming, of the shift and transition that lies ahead, still one must go through these particularly turbulent times in order to finally reach that place of transition and transformation, and while this Awareness has spoken of the great ascendancy that is ahead and is even now commencing, *It* wishes at this time to speak to a much more personal understanding of the times that the individuals may be going through; those who are the Light workers, those who are the Wanderers of the ways; those who have come on to this planet to be at service in the times ahead and during the times of transition.

This Awareness wishes those who are in this position; this place of despair and hopelessness and frustration, to understand that this is the *very moment* where each and every one must be strong, must be willing to go through their own personal challenges so that they first and foremost can do the transition that will *soon be required* by the many. This is the time of attending to the personal matters, the personal beliefs, issues, blocks, barriers that prevent the Light Workers from completing themselves. This is a time of very intense introspection, a time of digging deep into the emotional realities of their lives; those emotional realities that both exist in their present moment, but even more in their present past, in the past that was the groundwork of their life, the foundation upon which their lives were built.

Deep and Personal Emotional Issues Must Now Surface

For many there are deep underlying emotional issues that need to be brought now to the surface, one way or another, that need to be expunged and expelled and released. This is a very intense time for new beginnings, and in alignment with that this Awareness gave previously as the forecast for 2008, *It* again reminds that the energy of 2008 is that of a "One" year, of new beginnings and new undertakings. This being so, it is the perfect time now to bring forward those energies that still block and prevent the new growth and new beginnings this Awareness speaks of. It is a time where that which was laid so long ago is finally brought to the surface, is finally exposed and understood and finally released.

Even though many of the Light Workers feel that their purpose is a grand one, to be of service to humanity in these very trying, confusing, chaotic and perplexing times, that to avoid personal growth and healing, to avoid dealing with personal issues and personal matters will not be of service to themselves and to others, will not allow those Light Workers to be the Best that they Can Be. While many would prefer not to deal with the deeper emotional issues, and this Awareness reminds all that there is always free choice in this matter; it is seen that unless those issues, those blocks and barriers that lie deep within are brought to the surface, those emotional issues and energies, that they will continue to block and a break preventing the individual from moving forward.

In some ways, these times are times not to be worried so much of the collective, or helping the masses

transit these difficult times, as they are, for personal growth and healing, personal journeying, so that each and every individual is ready to move forward, having dealt with those deep issues and deep emotional energies that may still be preventing the individual from truly stepping into all that they can be, all that they are meant to be. This Awareness suggests that if the personal opportunities arise that allow for personal growth and development, that they be taken. If there is available to the individual the means to do inner work at an emotional level, that they look into this and pursue it.

Entities Need to Start a Journal

One way that could be looked at is the use of a journal and that technique known as journaling. In allowing that flow of consciousness that stems from the deepest emotional levels to flow onto the page, often much is revealed and brought to the surface, especially if the intent is put out that there is a willingness, a desire, an intent to look at the deepest issues that may still be blocking the individual's growth and development. To put this intent out, to write it out on the page itself and then to allow the flow of consciousness through will be a very enlightening, revealing, even healing experience for many.

Deep Inner Issues for Some Require Counselors and Therapists

Another approach would be to find gifted individuals who work at that deeper level as counselors and therapists. For some, their deep inner issues need a structure in which to be released, need experts who have the gifts, talents and capacities to guide an individual through dark and turbulent waters that are within. What would be required is that a man or a woman, a therapist or counselor be found who resonates with the individual, who they feel good about, who has the capacity to take that individual on a journey of self-discovery and healing.

This Awareness suggests that those who work with the therapy known as regression therapy be sought out, for these individuals work with the techniques that can bring forward and from that depth, those personal experiences and memories and events and circumstances that lie buried deep within, and can bring them to the surface so that they might be released. This Awareness also suggests that any other technique that is effective, that could be used be investigated, and that individuals themselves be the judges of what they feel right and correct with.

The Technique Known as "Constellation Work"

There is a technique known as "Constellation Work" that allows the family origin to be worked with, the lineage of the individual. Not simply the immediate family, although this is involved, but also those of the family long gone, perhaps not even known; great aunts, uncles, parents, grand-parents. Even if an individual was adopted and never knew their parents, Constellation Work with qualified therapists of this technique could bring forth much information and knowledge and healing.

There are of course many other forms of therapy, but that which is the most important of all is that if the individual goes to a therapist, that they feel deeply within themselves that they have found someone they can trust and can work with, for the degree of trust that is created between therapist and patient is what will allow the individual to go deeply within. If there is not trust, or feeling of a connection to the therapist, then often very little is achieved. As the nature of this work is intense on an emotional level, it is imperative that the individual feels secure and safe with the individual that

is acting as therapist for them. If there is no such feeling or any doubt then this Awareness would recommend that this entity is not used, for the deeper sense of the individual is speaking, and suggesting this is not the appropriate therapist to use.

Once such a therapist is found, who resonates to you, to the individual seeking counseling, seeking to reveal the deepest inner parts so that they can be released, then great progress may be achieved, especially at these times when the onus is on the individual to complete their own inner process and move forward to the times coming, so that having dealt with their own individual blocks and barriers, their own deeply seated issues, they are free and also ready to do the greater work that is waiting for them.

Your Job is to Guide and Assist the Many Through the Chaos and Troubling Times that Lies Ahead

Many will be going through great turmoil, stress and chaos in the times ahead, and so much will change on so many levels, that it is imperative that those who are here to be of assistance, to guide the many through the troubling times ahead, be strong and capable and competent and be free themselves of those issues that once held, would have blocked and prevented them from being of assistance. What will be needed on the other side of the Ascension process are those individuals who in a way, have already ascended themselves beyond their limitations and restrictions and blocks and as clear beacons, can draw forth those individuals who are seeking the light themselves and can assist them also to go through the very things that they have *already cleared* for themselves.

These times are times of completion for many of the Light Workers, which is why there is the emphasis at this time on their own personal work being done. It will open new doors and new ways and allow them to be complete and allow them to deal with the areas of their own frustration that block them. These times are important for personal work and personal healing. This Awareness is open to any questions the energizer might have at this time.

Is There a Time Frame?

QUESTION (JOAN):

(Thank you) There is one that does come to mind. Is there a time frame that the Light Workers (or any one) have to be able to complete this necessary step?

COSMIC AWARENESS:

This Awareness does see that this time frame is not a rigid one. *It* does not mean to imply that this work must be done in the next 3 to 4 months or else the boat is missed. It is not quite as rigid as that, or even as tight a schedule as that. This Awareness sees that this now is an ongoing process and many of the Light Workers who understand that they are here for the times ahead to help the masses to cross over, so to speak, to make the transition to that higher plane of consciousness, have this time from now until the completion of Ascendancy Process to complete their own inner work.

There is nothing that would suggest that it must be done tomorrow or at the very latest, the day after tomorrow. It is simply being spoken by this Awareness that *Now* is a time for the many Light Workers and Wanderers who are here to help in the times ahead, and to understand that it is "okay" for them to deal with their own personal issues and to look deeply within themselves and to root out that which is their own opposition, their own blocks and barriers based on their own

emotional issues and challenged. This time ahead is the time for this to occur.

Those Who Will be the Lights Must be Pure Lights

Many are being driven to this quite naturally as seeker themselves of self-awareness and self-understanding. This helps to explain why this is so, for those who will be the Lights in the times ahead need to be pure lights and need to extract from their light any darkness that lies within, and this is best done by facing the darkness and passing through it to the other side.

There is no time agenda. This Awareness simply suggests that this present time that individuals find themselves in is a good time to do the inner work, and it will be complete at the right time for them to be able to assist others in their own way in the times ahead.

FOR THOSE WHO FEEL IT'S INCORRECT TO FOCUS ON THEMSELVES

QUESTION:

Thank you. I appreciate this information as will all of the members. Is there additional information on this topic?

COSMIC AWARENESS:

This Awareness does wish to talk on something that is very related to this, which is the matter of many feeling that to do their own work, to focus on themselves and their personal issues is somehow wrong. It is as if many who feel they are here to help others feel they cannot help themselves in this matter, and it is somehow not correct for them to focus on themselves. These do-gooders feel that they must do good for others in order for others to move forward, but this Awareness does say that if an individual does not see within themselves their right to find their own healing, their right to find their own worth and worthiness, their right to find their inner strength and inner awareness, then they will *not be* the Light Workers that will help the many who have great need, for they will be taken down by those who have such need and neediness.

The Analogy of the Drowning Person

This Awareness wishes to use the analogy of a drowning person who is so in fear and in reaction that when someone comes to save them, in their panic and in their terror, they attack their rescuer, trying desperately to clasp and cling to them, thus in the end perhaps causing the rescuer themselves to be drowned and both are drowned, neither being saved. If the one who is rescuing does not know the proper technique of restraint, and they move themselves into a situation where even though their desire is to rescue the entity who is drowning, they can put themselves in a dangerous situation, wherein they will not rescue that drowning man or woman, but rather perhaps even cause their own demise through the lack of understanding or training.

Therefore, it is beholden to the individual who would place themselves in a position of helping others to know how to help themselves first, to know how to rescue. This process is such that a clarity of understanding and wisdom to one's own issues, one's own backgrounds is necessary, so that the dark energy, blocking and constraining energies can be dealt with and released. Entities can then become more competent and capable of helping others who are drowning in their own issues, their own pain, their own existence, so that when they go to help and assist are not dragged down by those individuals, are not themselves drowned by them.

This is why it is so important at this time in particular as these times are shortening now towards the Ascension, to understand the great need for self work, self-examination, self-love. It will make for stronger rescuers in the times ahead, so that one does not take on an other being's problems or issues but can be a perfect mirror for them to look at themselves, to deal with their inner issues and let go of that which no longer serves so that they may be free to move forward themselves, to ascend themselves, and then turn around and help others who follow behind them.

Is the Year 2012 That Particular Time?

(The Ascension Process Has Already Begun)

QUESTION:

(Thank you) Is the particular time referred to as the year 2012, so often spoken of?

COSMIC AWARENESS:

This Awareness agrees roughly to that, but *It* has spoken before and says again that that is simply a parameter and it is not iron clad. These are already the times of Ascension, and it might be better understood that the date given as December 21st 2012, or even the earlier date this Awareness has spoken of in the past are simply rough guides, for the time when the process of Ascension: the splitting of the two planets and the consciousness of the planets, is complete and done. It is not a starting point. It is the ending point. The Ascension process has already begun, and there have been waves of ascension already.

QUESTION:

(Thank you) Is there additional information on this or should I ask a question?

COSMIC AWARENESS:

This Awareness asks if there is a question, *It* also would state that in what *It* has presented, if the members have further questions, to please send them in.

WORMWOOD—THE 12TH PLANET

QUESTION:

For the matter related to Ascension, does this in any way involve the Wormwood planet, or could Awareness speak on the Wormwood situation?

COSMIC AWARENESS:

This Awareness can indeed speak of this. That which is known as Wormwood being the prophesied planet or comet that is seen in many millennia predictions as the possible ending of the planet itself through a collision or a near miss of this body coming through the solar system. This Awareness wishes to explain that which is known as Wormwood, is also that which the individual Zecharia Sitchin referred to as the 12th Planet; that rogue planetary body that has the irregular orbit that brings it back into proximity of the earth approximately every ten thousand years or so.*

This 12th Planet is returning and is indeed in the solar system at this time and is moving ever closer to the planet earth. It is seen that the proximity of the two planets will be close enough to cause great upheaval on the planet earth in the years ahead, and many of the cataclysmic events that so many religions and beliefs and doctrines have prophesied in the past, including that known as the Wormwood prophecies have to do with the closeness of that which is referred to in Sitchin's book as the 12th Planet arriving back, after its

ten thousand year hiatus. It is not so much a hiatus, as the journey into the vast deeper regions of space, well beyond the solar system of planet earth.

The 12th Planet or Tiamat Approaches Loaded with the Anunnuki

It is also seen that there are pictures available now that have been taken of the planet also known as Tiamat, the 12th Planet. These pictures have not been released, although they are available through various sources on the Internet, and there have been some pictures shown in the tabloid papers, which of course are largely dismissed. Thus, the planet itself is beyond Jupiter, but it is fast approaching now. This Awareness also wishes to make comment that this planet is to be seen more as a huge spaceship, an orb that is hollow within, and that the individuals within this spaceship are those known as the Anunnuki, who have seen themselves for so long as the true rulers of planet earth, and it is time for their return.

Within a Year the 12th Planet Will be Seen With the Naked Eye

They have already sent advance parties of their own to the planet, to scout it out, to see what stage humanity is now in. They too have their own spaceships that they travel in and have been coming back to this planet for many years now. It is seen that this 12th Planet will become visible within the next year to the naked eye and it will become very difficult to deny it any longer. This is part of the reason this Awareness suggested in the forecast of 2008 that a proposed First Contact with extraterrestrial beings is highly likely, for assistance may be needed with the planet coming so close on this pass that will be of an extraterrestrial nature, and that it may be offered in advance to Tiamat appearing in the skies, to Wormwood appearing in the skies, to the 12th Planet appearing in the skies, so that the fear and panic will be avoided.

As Tiamat Approaches the Gravitational Pull Causes Earth Shifts

This is linked to that which this Awareness spoke of in *Its* forecast for 2008 as a proposed First Contact; the reason being that assistance may well be needed in the years ahead, particularly when the proximity of the two planets is closest and the stress that is created on the surface of this planet is most pronounced. Indeed, as this Awareness was saying, these stresses are already starting to be felt on the planet itself. Many of the tectonic plates are being affected by the gravitational pull of Tiamat as it approaches the planet now, and these are causing some of the earth shifts and the climatic conditions that are occurring on the planet at this time.

While it is still such a distance away, such is its gravitational pull that the planet itself is responding to it. This will increase as it comes closer and the assistance that will be required to prevent a full scale disruption of the planet's surface will be required. This is seen and known by the extraterrestrial forces, the Galactic Federation, the higher spiritual consciousness on multidimensional levels, and will be acted on. This is one of those that is seen as possible, in the year ahead in 2008 as that which this Awareness has already commented upon, that First Contact, first communication.

It is already seen that there is contact already between the galactic Federation and government officials and individuals who would work with the extraterrestrials that are presenting themselves. Those governments that are in collusion with the Orion Empire are rejecting the assistance of the Galactic Federation, which is why they may simply go over their heads and present themselves openly to the world and the world's citizens. There is already contact with key individuals who they will work with to prepare for the First Contact, and later

to prepare the planet for the devastating effects of the planet Tiamat as it approaches this planet.

* Sitchin's book *The 12th Planet* is available from CAC. Current price is \$7.99 plus postage for the paperback version. Ed.

MORE ON THE POLES SHIFTING

QUESTION:

Would the shift of the poles have anything to do with this, or is this an entirely different situation?

COSMIC AWARENESS:

This Awareness asks which poles are being referred to: the magnetic poles or the geological poles?

The geological poles are simply points on the planet. It is the magnetic pole shift that is more referred to. This Awareness sees that the North and South poles can reverse themselves. This is something that could be highly devastating if it were to occur in a physical manner, and it is this that the Galactic Federation would seek to help prevent happening; the actual physical tilting and tipping over this planet as the hugely disruptive forces of the planet Tiamat approach it. The magnetic disruption of the North/South pole, the magnetic North/South pole is seen to be equally devastating if it is to occur, but this is something that could be endured, as long as the planet itself does not topple over and reverse itself, as has happened in the past. This physical toppling can be prevented and it is the goal that it is prevented, but it may be that the magnetic poles still shift, still reverse themselves, so that which was the magnetic North Pole will become the magnetic South Pole and vice versa.

Extraterrestrial's Technology Will Prevent Much Destruction

There still will be much disruption if this event occurs, but with the assistance of those higher extraterrestrial beings who have a greater technology and capacity to see and predict the event when it will happen, that much loss of life will be prevented and much will be saved from being destroyed had this assistance not been offered in the first place. What will determine it is how strong those opposing forces are to the assistance that will be offered, and if the forces which largely control the planet at this time are allowed to have sway, then it is seen that there can be great catastrophe on the planet when those events that this Awareness is speaking of occur.

Planet "A" Will Not Experience All This Devastation

It is not seen as something immediate, within the next year. It is seen as a *potential*, a possibility that can be averted. It is also seen that due to the nature of the process of Ascension, the splitting of the two planets on the two vibrational levels, that one will experience such an event and the other will not. That planet that is known as Planet A, that this Awareness has referred to as the planet of Ascension, will not experience such an event, but it could well be experienced by that Planet B that chooses to go down that deep dark road into that greater state of third dimensional physicality and separateness from spirit.

This Awareness does not offer this to scare anyone; *It* simply is stating how it could look, and why it would look that way. Does this answer the energizer's question?

QUESTIONER:

Yes it does, thank you, and on behalf of mankind, we can appreciate any help from the Galactic Federation

and for the knowledge and familiarity of what is possible, but does not have to be. Thank you.

THE PREVIOUS AGREEMENT BETWEEN ALIENS AND GOVERNMENTS

This Awareness has something to speak on that matter and thanks the energizer for her acknowledgment of assistance. It has long been put out that there is collusion between the existing government of the world and the extraterrestrial beings and forces that the governments have made contracts with. It has been put out that the Galactic Federation has not intervened earlier because the official governments of the world, particularly the United States of America and that which is known as Russia, the Russian Federation, previously the Soviet Union, who are more interested in a lucrative contract with aliens that would offer them technology and power, than the Galactic Federation that appeared and asked for assistance to be given, that the old ways of dominance and power and criminality and that a true willing to be of service towards humanity be pursued instead.

The Agreement is Null and Void at This Time

This was rejected by the United States government in favor of a more lucrative contract with those beings known as the Reptilians and the Greys, where there was an offer of technology in exchange for the permission to work surreptitiously in the events and affairs of humanity. The Galactic Federation withdrew at that time since they had not achieved a ratification from the existing governments, especially the United States and Russia; however, at this time, this Awareness wishes to speak of this and suggests that the agreement made by the governments is null and void at this time, for it was never made on behalf of humanity.

Even though it is touted that the Orion Empire is here because they were invited to be here, this no longer holds sway, or any power. It is the right for each and every individual to now cry out against this agreement which does not represent them. That which was their ignorance because of that which was held from them, needs to be broken, needs to be surpassed. That is why the importance of a First Alien Contact is so important at this time.

We Need to Cry Out a Welcome to the Galactic Federation! (An Internet Campaign with Petitions Should Begin Now)

This Awareness would suggest that the individuals now give voice to whom **they** wish to be in contact with, who **they** wish to work with. Rather than working with those powers that were hidden for so long, that worked behind the surface as they did; they being the Greys, the Reptilians, the Orions; that a voice go out calling for, and inviting back the Galactic Federation: the Sirians, the Arcturians, and all others of the Galactic Federation who are here to assist at this time. It is even seen that an Internet campaign may be launched, where individuals put out a proclamation, even a petition that is circulated on Internet, a petition requesting assistance at this time by the Galactic Federation, requesting that it be now seen and acknowledged that mankind is starting to understand and recognize that they have been duped by their own governments and that they wish to break free of this and get out of the contract their governments made on their behalf.

Individuals should state that they do not hold to the contracts allegedly made on their behalf and that they wish now to truly welcome the Galactic Federation,

those higher forces that have been the guardians of mankind for so long, but have done so from beyond. This Awareness wishes even to say beyond the vail. They have stayed relatively hidden and have not exposed themselves as much as those current extraterrestrial forces that are prevalent in the skies. They are also in the skies above, have assisted where they can, but have been shackled largely from being more open in their assistance because of the alleged contracts made by the governments with those forces that would subjugate humanity to its own realm.

Indeed, many of those ruling powers, including the 13 powerful families, the Illuminati, the Free Masons, the Triumvirate; those controlling powers have long worked with those hidden extraterrestrial forces, *against* humanity, against the well-being and welfare of humanity. It is time now for humanity to rise up, and say "No more! Enough! This is not my agreement! This is not something that I say yes to! I call to those forces that would free us and assist us! I call to the Galactic Federation as an aware sentient being, that I wish to say YES to those beings who work with us, who would assist us, who would help us grow and expand.

Members Who Know the Internet Well Should Start Now!

For those who have understanding of what this Awareness is speaking of, who know the Internet well enough that they could put together a proclamation that can be circulated into human consciousness, that can be passed out and passed along the cyber waves, that this Awareness recommends that this be done. It will have great value and give voice to those who know that the Galactic Federation, those higher forces who would work with society and with humanity are only waiting for the invitation to do so. Let the voice speak out. Let the voice now be heard.

QUESTIONER:

(Thank you) I am hopeful, perhaps CAC will come forth and initiate this for us, so that we can all take part, and the rest of humanity can become aware of it, cause we do appreciate whatever the Galactic Federation would offer. Thank you.

COSMIC AWARENESS:

The Galactic Federation is that level of higher consciousness and awareness that is here to assist humanity, but also to assist in this time of great need and great change and great upheaval; this time of Ascension, and it **waits only to be invited.**

QUESTIONER:

Indeed, it is invited I'm sure by all of the members and humanity. Thank you. We do appreciate us very much. It gives hope in times when it is needed.

COSMIC AWARENESS:

This Awareness agrees, and asks if the energizer has any other questions at this time.

A New 5 Planet Solar System is Discovered (There are Billions of Planets that Contain Lifeforms)

QUESTION:

On a related question, there were two articles in the morning paper. One is about astronomers finding a 5 planet solar system, and it talks about a new planet about 45 times bigger than the earth, but at a similar distance from its sun, a star known as 55 Gancri, the astronomers said yesterday. There is a website:

[www.nasa.gov/government/audience/for media/telecom-](http://www.nasa.gov/government/audience/for%20media/telecom-)

2007 1106/. Is this particular solar system relevant to ours in any way?

COSMIC AWARENESS:

This Awareness does not see a great relevancy; however, what *It* does suggest by this discovery is that there are indeed many millions, even billions of possibilities where life could have developed and perhaps has developed. This Awareness speaks this in terms of how a scientist would speak it or see it. This Awareness simply states that of course this is so. There are billions of other planets that *do* contain life on many different levels, including other forms of human life. This is the relevancy of this discovery. It is not particularly relevant in terms of the human journey, the humanity of this planet at this time.

QUESTIONER:

That's amazing. We always knew that there was life on other planets, right?

COSMIC AWARENESS:

This is most definitely the case. There is even life on this planet.

QUESTIONER:

Sometimes.

COSMIC AWARENESS:

Sometimes.

The Newly Discovered Planet Gliese 581c

(There Are 12 Planets That Contain Human Life)

QUESTIONER:

There is one other planet with a question. This is referring to Gliese 581c. There is information on the Internet. It's received 177,00 results on this particular planet. It is suggesting that it's twice the gravity of earth, it's more massive. It's too far for man. It has four seasons and 13 days. Is this relevant to earth at all?

Cosmic Awareness:

Is it stated where this planet is?

QUESTIONER:

It's been detected around a red dwarf star located some 20.5 light years away, which is about right next door as far as astronomical distances go. One other thing, there are similar temperatures to earth. Temperatures range from 0 to 40 degrees Celsius, which makes the presence of liquid water possible.

COSMIC AWARENESS:

Is there a reference to the constellation that this planet is in?

QUESTIONER:

Not in the information that I've seen so far.

COSMIC AWARENESS:

Planet Earth is Known as the Child's Planet

This Awareness will speak to this manner in generalities. Again, this is yet another possibility for human life and as such, is relevant. This Awareness does see that this particular planet and this system that it is was one of the planets that contained human life; that which is known as human life, versus that which would be perhaps reptilian in nature or Zeta Reticuli. There are those 12 planets that contain human life. The planet earth is the 12th and it is known as the child's planet, for it is that which is the developing child-like knowledge knowing base of humanness, humanity, which is why it

is considered as important by the other 11 planets that hold human life.

It is time for the child planet to undergo rites of passage, for it to grow up and assume its rightful place in the Federation of human life: the 12 planets. This is one of the planets that this Awareness is seeing has been mentioned. It feels that it may be within the Pleiadian system that this planet exists, but *It* does not have enough information at this time. *It* simply wishes in a general way to express this context of 12 planets that hold human life and that they evolved at different levels at different speeds, and this is to be seen as the older brother, if you will, to the child planet earth.

QUESTIONER:

Amazing. Thank you. I appreciate that information. That's all the information I have so far. Is there a closing message, or does Awareness wish to discuss any other topic?

CLOSING MESSAGE:

It's Time for Mass Consciousness to Take a Leap to the Next Level of Awareness

COSMIC AWARENESS:

This Awareness is prepared to present a closing message at this time. This Awareness just spoke to the issue and to the matter of this planet being that which is known as the child planet, that which is the consciousness of a child, but a child will grow up; a child will become a teenager at some point, and eventually even an adult. It is time for the mass consciousness to take the leap into the next level of awareness, the next level of development. One could use the term "teenager" but this Awareness would equate it more to the level of young adult, who is willing now to take greater responsibility for their participation in the affairs or the universe, of the cosmos.

The child analogy works only to the degree that it is meant to be understood that this is reference to a non-responsible attitude, which could of course include the rebellious teenage type attitude. That is why this Awareness does not wish to say that humanity on planet earth in its Ascension process is moving into a teenager state. It is beyond that. It is more the state akin to the young adult, willing and ready now to take responsibility for themselves and to become a true and responsible member of society. This society this Awareness is referring to, refers not only to human society, but to the Galactic society; to that which is the Galactic Federation, a federation of the 12 planets that hold human life who are willing now, indeed *desirous now*, of bringing the child planet into alignment with the older sisters and brothers.

The aboriginal people of North America have long known of the star nation's peoples: the planets that have held human life. It was seen and understood that the star nation's people, that which is also known as the Galactic Federation seeded human life on this planet, many many millions of years ago. They are interested now in helping the child planet to return back into the fold, not ever having truly abandoned, but also not interfering too much in that experience that humanity needed.

This Awareness reminds all that this is not simply in context to physical evolution, but it is also in context to spiritual, emotional and mental evolution also. It also involves the multidimensional levels of consciousness and thus, becomes a very complicated matter indeed.

This Awareness simply wishes to introduce at this time the concept of the 12 planets that hold human life as a way of understanding that humanity has always been a part of a greater context, a greater confederation.

Even that which is known as the Ascension process is simply returning back into alignment at this time, with that greater consciousness, that greater confederation. This Awareness most definitely invites further questions on this issue and on this matter.

QUESTIONER:

Thank you very much. We are coming to the end of the tape. Did you wish to continue?

COSMIC AWARENESS:

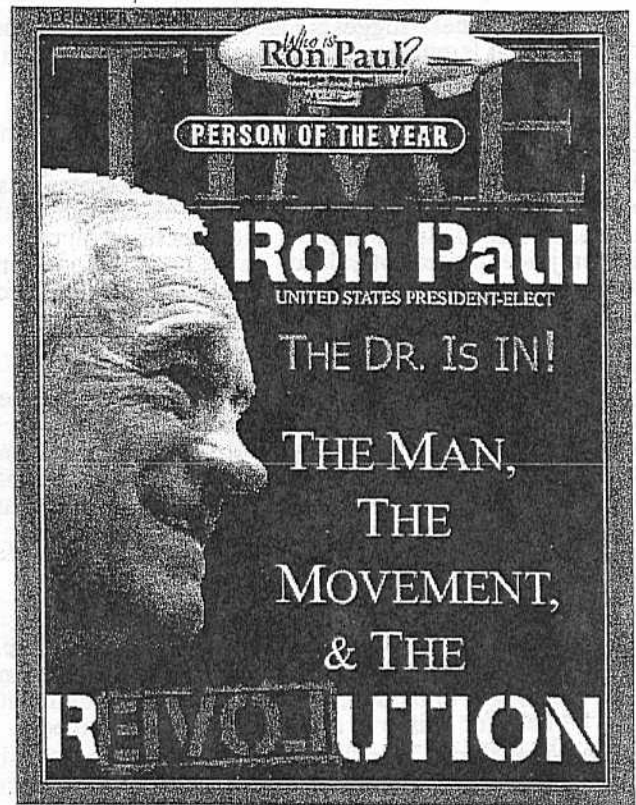
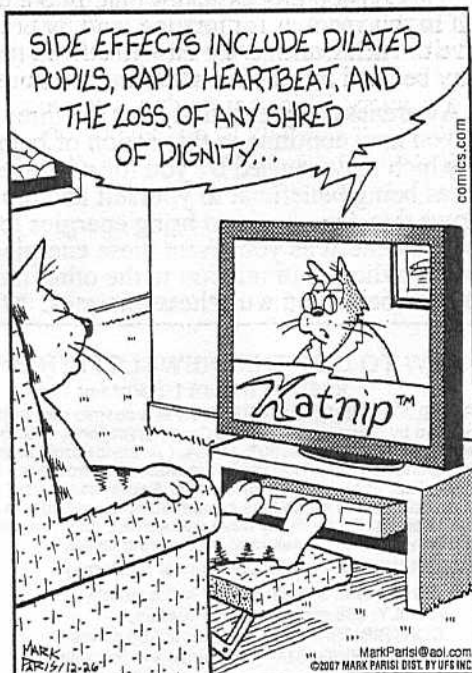
This Awareness is complete at this time.

QUESTIONER:

It was a very good session. I appreciated all of the information that came forth.

The Law of Gratitude is given and a count of 12 is given.

IGNORING THE OBVIOUS...



Health Hints From Personal Readings (Many Physical Problem—No Energy or Strength)

QUESTION:

(Flu, later pain in right hip. Doctors diagnosed arthritis and frozen hip, suggested hip replacement. Right leg muscles are weak, with no energy and strength. Thirty years ago, a hernia in the right groin was corrected, later repaired again, leaving sensitivity in that area. Slight tremor in the right hand.)

I would appreciate remaining an active and healthy person. I want to develop patience, with conditions as they are today and becoming more desperate each day. I want strength, courage, understanding, to be compassionate, to be a help to mankind. I want to be worthy of my healing.

COSMIC AWARENESS:

This Awareness indicates the use of acupuncture and naturopathic and homeopathic medicines as being effective in treating this situation with the hip. This Awareness indicates it appears to be a kind of blockage in the area which does not allow the forces, the Odic forces, to flow properly through the body. This Awareness indicates this may be understood as likened unto a flow of energy in which the carrier of the energy is plugged or weakened whereby the energy does not flow properly and therefore builds up in that area, this likened unto electricity flowing through a wire that is too small in one area to carry the load, this building up the current behind that area, creating heat and friction of the electricity.

This Awareness indicates this as similar in your physical energies, whereby the forces flow down the body toward the foot and back up through other nerve networks, through the hip and upward. This Awareness indicates the area of the hip as being that wherein certain of the nerve fibers have been damaged by forces that do not allow them to carry the energy properly. This Awareness indicates that acupuncture can be of assistance in relation to this, to release the currents of energies; that naturopathic medicine can be of assistance, particularly wherein this deals with the diet.

This Awareness suggests that uric acid in the diet be avoided, that lemon be used daily; this may be used in an increased fashion whereby you begin using one or two lemons and add a lemon daily for approximately three weeks if necessary. This Awareness indicates that at that point you then begin to reduce the number of lemons used, one daily. This Awareness indicates this may be used in any fashion through drink or through the use on foods. This Awareness suggests that you use lemon juice in place of salt for flavor on your foods or seasoning on your foods, that lemon juice may be used in your salads also. This Awareness indicates that nucleic acid taken daily as that which can also be of great benefit in relation to this. This Awareness suggests that homeopathic medicine may be used, that there are books on the homeopathic cell salts which may supply information for you, should you decide to attend this yourself. This Awareness indicates that the use of the product Rejuvigor contains certain herbs which can be of great benefit in relation to this situation, this particularly the chaparral, fenugreek, the cayenne, ginseng, and the spikenard.

This Awareness indicates that stretching exercises, wherein an entity assists you in moving the leg so that tension is placed on the hip area so that the energies in that area begin to radiate, this as a slight pain, and that this be held for a time to allow these energies to be radiated outward. This Awareness indicates that this be done daily, and that you may also do this on your own. This Awareness suggests also that in tensing the energy, tensing the area in that hip, you can send energy which forces that energy which is blocked to move. This Awareness suggests that you tense the area, holding it tight, tensing the muscles for a count of 12, that you release this for a count of 12, that this be repeated 12 times. That this be done three to four times daily, preferable upon awakening, prior to falling asleep, and twice during the day. This Awareness indicates that these are approaches which may be used by yourself; that there are also other means for working with this situation.

Wear A Copper Bracelet on the Ankle For Energy Flow

This Awareness indicates that a copper chain worn about the ankle or about the waist or on the wrist, this likened unto a bracelet or chain made of copper, this being that which can filter some of the energy to encourage it to flow. This Awareness suggests that you use a copper bracelet upon one ankle, the ankle associated with that hip problem, and upon the wrist of the arm on the opposite side. This Awareness suggests that this will allow certain energy flows to occur. This Awareness suggests also that multi-vitamins which include copper within the vitamin and mineral complex, as that which can be beneficial in dealing with this situation.



Put a Copper Wire Around Your House

This Awareness wishes at this time... this Awareness suggests also that you run a small copper wire or tubing around your house to draw off certain rays which emanate from the water currents beneath your house. This Awareness suggests this may be a small copper electric wire that is stretched and tapped to you house around the outside of the home. This Awareness indicates that you may also place such a wire around your bed as a temporary action until you can place this wire around your house. This Awareness indicates it appears that your place of residence contains a kind of energy field that emanates from streams beneath which send certain forces upward which adversely affects the physical form, that copper wire can be beneficial in deflecting these rays.

This Awareness indicates that a healing as being directed to you at this time, that the energies shall be given to you, and that you may use these energies for healing of your physical form. (Pause)

This Awareness indicates that *It* shall work with you during the coming three months, particularly during the times wherein you are near the threshold of sleep or have just fallen asleep. This Awareness asks that you open yourself to healing each night before falling sleep, suggesting to yourself that you be open through the night for this Awareness to enter and to bring about the healing of your physical form which is required for good health. This Awareness indicates that by opening yourself in this manner for healing, and by being receptive to such healing, the energies from this Awareness may be used more effectively during this period.

This Awareness suggests that after the three month period, you may continue in this action of being open for energy which may be used by you for whatever purposes you see as being beneficial to yourself and others, that this allows this Awareness to bring energies to you for purposes of benefit as you direct these energies. This Awareness indicates in relation to the other malady, that this can also be healed with these energies. M780528P

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