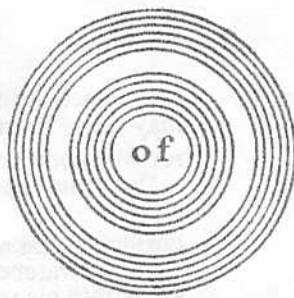


# Revelations

The Cosmic Newsletter

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# Awareness

COSMIC AWARENESS COMMUNICATIONS  
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Helping People Become Aware

*Celebrating our 29<sup>th</sup> Year!*

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## WHO WILL BE THE MESSIAH IN THE AQUARIAN AGE ?

(Is the Aga Khan a Genuine Messiah?)

### QUESTION:

This question is from Sirtaj Ratanshi, in Toronto, Ontario. There's a number of questions within this statement. He writes: "Dear Vikki, I would appreciate it if Awareness could clarify and shed light on this matter. There are approximately 20 million Ismaili Muslims over the world. They are followers of the Aga Khan. He is believed to be a direct descendent of Holy Prophet Mohammed. However, the Ismailis believe that he is a direct Godhead personality, a Divine manifestation, similar to Jesus, Krishna, Buddha, et cetera.

"He commands spiritual allegiances. He can give a "word" upon which to meditate, which is a vibration depending on one's own growth, by which, with persistence and the grace of Divine Forces, one can achieve realization of self and him (in spiritual form) which proves his divine manifestation in human form as well as his authority as Krishna had.

"His philosophies are in line with Cosmic Awareness teachings. Can Awareness please clear up who he is? Should he be followed? What are the advantages? Or is the word and teaching of Awareness the final word? I am sure many people will benefit from this if he is a genuine Messiah. Please, can we get some insight on what is happening here? I am desperate to know!"

### COSMIC AWARENESS:

This Awareness indicates that the term "Messiah" means 'messenger'. That this entity is another messenger of the Divine Creative Forces. This Awareness indicates that a Divine Messenger is not necessarily an exclusive entity, nor does a Divine Messenger necessarily have a corner on the market. This Awareness indicates there are also Divine messengers from India and from other religions besides the Moslem.

#### The Messenger Is Not the Important Thing

This Awareness indicates that even within the Moslem philosophy or religion, there are various Divine messengers or messiahs. This Awareness suggests that this entity has a message which, as you indicate, is similar to that of this Awareness and *It* wishes to clarify that the messenger is *not* the important thing. The *truth* is the important thing and entities who utter a truth should be given attention, but you need not worship the messenger. You worship the truth that is given, by the messenger.

This Awareness indicates that truth, wherever it is found, from within yourself or from a Divine Teacher or Messiah or from a child or even from a drunk on the street, needs to be recognized and held in high esteem, for truth is what you seek. The messenger is but a conduit for the truth, and while the messenger needs to be protected and cared for, even as you would protect a conduit for something special, the most important thing is the message, the truth contained within the message.

This Awareness indicates it is likened unto the flow of water. The hose or the ditch or the conduit that carries the water is not that which needs to be worshiped, when the water is what you consider to be the valuable substance. Likewise, the messenger is not to be worshiped so much as the truth that may lie within the message.

This Awareness suggests you listen to all messages from all sources and search for truth and be very pleased

upon discovering any nuggets of truth wherever they may come from.

### FOLLOW-UP QUESTION:

Does this Aga-Khan promote the Koran of Mohammed?

### COSMIC AWARENESS:

This Awareness indicates that this and other messages are within his repertoire of information.

### QUESTIONER:

Well, I was wondering if they're still promoting ...

### COSMIC AWARENESS:

This Awareness indicates that the Moslem philosophy is based considerably on the Koran; that there are degrees of focus. There are some who focus more radically on certain aspects of the Koran. There are others who take the focus away from certain aspects and place it in other directions, just as in the various Christian denominations, sects and various philosophical representations of the Christian religion.

This Awareness indicates that one church may focus on certain Biblical Scripture for example, and another may focus on some other Scripture in the Bible, yet both of these may refer to themselves as part of the Christian religion. This Awareness indicates that it is the same with the variations in the Moslem religion.

### The Mistreatment of Women by Moslems

#### QUESTIONER:

It's hard to believe that any Moslem guru could be promoting spirituality if he goes along with the present-day system of the way they treat women over there. For example, they still stone young girls to death for fornication, and that sort of thing, and treat women like virtual slaves, while the men are everything in that religion.

#### COSMIC AWARENESS:

This Awareness indicates there is a double standard that still is strong in the Moslem religion, just as there is a double standard in the Christian religion, whereby men promote a form of religion that gives them greater power and greater license than it does their women. This Awareness indicates that this is a matter of religion, rather than spirituality, the religion being such that it is distorted or contrived or structured in such a way by men to give them a greater advantage and to give the women a disadvantage or a structure that keeps them under the control of men.

#### Extremism Also Exists in Christianity

It is in both Christian and Moslem religions that this is found. Perhaps there is a greater extreme in the Moslem religion, but it is not necessarily more extreme than was found in the Christian religion up to the last century and even into certain cultural aspects of present-day Fundamentalism; this same kind of extremism is found in Christianity.

There are still churches in the Christian religion that teach that woman is subservient to man and man is subservient to God and that man has the right to control his woman. This Awareness indicates that this philosophy even in the early part of this century allowed men to beat and even kill their children if the children were disobedient and the laws in many of the states did not touch the men for abusing or even killing their children if the religion had a strong social power in that sector of the country.

This Awareness indicates it is only recently that child-abuse and spouse abuse has come to the attention in such a way that society no longer allows men to beat their wives or children.

**FOLLOW-UP QUESTION:**

Well, this philosophy in Moslem religion of keeping the female subservient isn't necessarily just in the area of certain sects of that religion, it permeates the entire Moslem religion in every country.

**COSMIC AWARENESS:**

This is in the affirmative. It indicates a tie to the past that is stronger than the Christian religious ties to its past. This Awareness indicates that what this Awareness is saying is that Christianity is not that much further ahead of the Moslem religion. Perhaps one or two centuries. That in the past, Christianity had the same kind of abusiveness in its treatment of women and children.

This Awareness questions what you are seeking from this message.

**QUESTIONER:**

Well, it is implied that this Aga-Khan as stated in the question is a direct Godhead personality, a Divine Manifestation, as he says here.

**COSMIC AWARENESS:**

This Awareness indicates this is a self-proclamation and a proclamation by those who promote this entity as such. It is not necessary to assume that entities who make such proclamations are indeed what they claim to be. There are many who claim to be Divine. There are some who are more Divine than others in these claims. There are many of those who make such claims that have a great number of followers, but that does not necessarily mean they are truly Divine in the highest sense of the word.

This Awareness suggests the comments continue.

## WILL MOSLEM MISTREATMENT OF WOMEN END SOON?

**QUESTIONER:**

Does Awareness foresee any dramatic changes in the Moslem religion in their treatment of women as they take on more of the Western ways, industrially and so forth?

**COSMIC AWARENESS:**

This Awareness indicates that this will come slowly, through the commingling of cultures and that only in those cultures where Western influence becomes stronger will this change in a reasonable time. This Awareness indicates that there were changes which occurred in Iran under the Shah wherein women gained greater freedom in their expression than they had experienced in several thousand years.

This Awareness indicates, however, that this was reversed quickly when the Khomeini came into spiritual and political power in the area, and the Shah was ousted. This Awareness indicates that it appears that the Western influence was viewed as corrupting the religion and morals of the country and this Awareness suggests that Western influence in these Moslem cultures is not particularly welcomed, especially by those who are strong Fundamentalist Moslems.

This Awareness indicates that it appears the changes, if any, will come slowly through the effects of cultural commingling or influence from the West and by people from the Moslem communities traveling to and from the West and vice versa. They are not likely to take it on their own to change their customs because of sudden enlightenment. The enlightenment that comes will come through cultural influences rather than from religious enlightenment that suddenly pops into their culture.

This Awareness indicates that tolerance is viewed in some cultures and religions as opening the door to

corruption. There is a phrase that "You become what you tolerate", and many of these entities, valuing their religious culture strongly, do not want to tolerate any form of compromise.

**Why the United States Is More Tolerant**

This Awareness indicates one reason people in the United States are more tolerant than in other parts of the world, is because the United States has become such a melting pot for so many different cultures that they have to tolerate each other or they would all be killing each other in religious wars and in cultural conflicts.

It is already bad enough that the cultures are sometimes prejudiced against each other and in conflict with each other so that there are competitions based on culture, belief, racial or other ethnic conflicts. This Awareness indicates that to the credit of the people in the United States, they do sometimes act with pragmatic and practical behavior to recognize the need for compromise and tolerance of one another to avoid the extreme violence that might otherwise erupt without such tolerance toward one another.

## IS THIS ANOTHER RELIGION THAT FEEDS THE DARK FORCE?

**FOLLOW-UP QUESTION:**

I've been reading a book about a princess in Saudi Arabia, who is telling a true story to another person, hoping she'll never be discovered because they would probably whip her publicly, if not kill her, and it's my feeling that this whole religion of Mohammedism is feeding the Dark Force, and shouldn't be promoted.\*

**COSMIC AWARENESS:**

This Awareness indicates it is essentially a system of discipline. It is a way of relegating a structure on society to keep people under control. It is a kind of structuring of social behavior that is designed to relegate people to behavior patterns that support the society rather than encourage the individual.

This Awareness indicates that its purpose, down through the years, is to keep the society together and controlled, to make it manageable by those in power through the use of the religion. This Awareness indicates the religion being also a kind of political structure or system for controlling the masses, the brain-washing aspect of the religion, the indoctrination pattern or dogma as part of this control pattern.

This Awareness indicates that it is a kind of control pattern that has its roots also in the Hebrew and early Christian religions but that the Christian religions never held quite such strong social restrictive rules, especially after the break-up of the Catholic control of religion by the Protestant movement. The conflict between Protestant and Catholic controls helped to defuse the extremism of the religion.

This Awareness indicates that you must remember at one time, Catholicism was the law of the lands in Europe, and that the state was under jurisdiction of the church and that the church rules were superior to the national rules of the various countries. This Awareness indicates had this held together, you might still be experiencing burnings at the stake for heresy or similar punishment for breaking any of the Ten Commandments or other church rules that might have developed over the years.

This Awareness indicates that the Moslem nations have not had the kind of influence that challenged the religion in the same way as has occurred in the West through the commingling of various cultures and conflicts with these various cultures toward one another. The discovery of the Western World, the Americas, has

influenced also the Catholic religion. The Indians have had some influence on Protestantism especially, and the Protestants have had their influence on Catholicism.

#### Seeds of Tolerance Now Being Planted in Moslem Countries

These religions have modified in terms of the tolerance toward one another, in order to be more compatible and coexistent in the same world with one another. This Awareness indicates that changes in the Moslem religion will gradually occur during the next century to modify and mellow out some of the extremes. The very fact that television and movies are now having some inroad into these countries is creating a greater melding of ideas so that tolerance, the seeds of tolerance can begin to sprout in these Moslem countries.

This Awareness indicates that this is a matter of fact, and that condemnation of these people is not of any great value, other than to the entity who condemns them, for hostility toward the religion is not likely to create much change, but it can feed an entity's feeling of being in competition with the religion, for whatever good that does.

This Awareness indicates it is one thing to be made aware of the problems and tragedy that exist in the world, it is something else to become hostile because of the tragedies and misbehavior of others. Becoming hostile does not generally solve problems. Becoming aware does have some effect in that if the awareness can be shared with more and more people, gradually an influence can build to help bring about changes.

This Awareness indicates the entity's book about the ills of the society, about the abuse toward women in this society being printed in the Western World, can help raise the levels of awareness in the Western World so that over a period of perhaps several decades, the influence from the West through the understanding of the Middle Eastern cultures may begin to have some effect in bringing about a questioning by the men in these middle Eastern countries, whereby if these entities are questioned about the way they treat their women, they may begin to reflect more realistically on their abuses and double standard so that gradually, through the various levels of awareness, the changes begin to occur in those societies.

\* Ed's Note: The book I had read which prompted my questions was "Princess: A True Story of Life Behind the Veil In Saudi Arabia," by Jean Sasson, published by William Morrow & Co.

## HE SAYS KRISHNA WAS A GOD WHO WAS FATHER AND MOTHER AND TAKES SIDE (Should We Stop Calling God an "It"?)

#### QUESTION:

We received a note from Wayne Hansen, of Carriere, MS. It's not exactly a question; it's a statement. He writes: "Enclosed are two pictures. One is a painting of Krishna and Radharani sitting together on a swing, swinging through the air, and the other is the deity of Radharani on the alter in a Krishna temple. We have knowledge of God being Father and Mother. For 25 years, Iskcon has been teaching the male and female forms of God.

"We receive spiritual inspiration to make beautiful forms of the Supreme Being on the alter and with oil paintings. In your article recently: 'The Nature Of God: Does It Really Give A Hoot About Anything?' the questioner, Y.M. says that: 'Nobody knows what God is, and that God means male, a something/nothing who is incapable of taking sides.'

"Krishna took the side of Arjuna and drove his chariot in a large war. Krishna and Radharani invite us back to the spiritual world. We should stop calling God an "It"

and realize that our Supreme Parents care very much for us and want us to come back home." Could Awareness comment on that statement?

#### COSMIC AWARENESS:

This Awareness indicates that it appears to be an argument about names and words; whether God is called an It or a He or a She or whether God is a He and She. These are merely discussions of semantics or words.

This Awareness indicates that if you assume that God is both male and female, and call it an *It*, as a unit, such as the *It* of Ying and Yang or male and female, isn't this saying the same thing? This Awareness indicates that if you want to get particular, and insist that everyone speak the same language and refer to God as He/She or She/He, then it is only a matter of trying to get conformity and urging others to speak the conformity of your own particular preference.

This Awareness indicates that indeed, the Divine Force is what *It* is. *It* may have male and female qualities; *It* also may have neutral qualities, qualities that are neither male, nor female. This Awareness indicates that it is simply a question of one's preference in terms of language. How do you want this Awareness to speak to you in particular? And do you also recognize that others may want this Awareness to speak in a way that is satisfying to others, but which may not satisfy your wishes?

This Awareness indicates that there needs to be, in any communication, a two-way effort, whereby entities not only have their own way of speaking, but put forth the effort to understand what is being spoken to them by others. The two-way effort of communication requires an effort on the part of both communicators.

This Awareness indicates speaking through this entity, (the Interpreter) attempts to speak to all those who read or hear these messages in a terminology that any of them can understand, if they put forth the effort and seek to understand what is being said. *It* cannot speak in a way that is particularly designed to each individual's preference in terms of how it is said.

This Awareness indicates there are many young people who read these messages. There are many of various cultures who read these messages, and *It* cannot tailor-make *Its* messages to cater to the preference of each reader, because there are too many different ways of speaking, and each might want this Awareness to speak to them in their own particular communicative mode.

This Awareness indicates that some of the young people, for example, might talk to each other in the street slang and understand this Awareness better if *It* spoke in their street slang also, but if this Awareness spoke in the street slang that these entities could more easily understand, *It* would lose *Its* communication with many others who speak differently, who do not speak the language of the streets.

This Awareness indicates therefore, it is necessary that the people who speak the language of the streets make an effort, if they wish to understand messages from this Awareness, that they make an effort to understand this Awareness in the language *It* speaks. This Awareness indicates that likewise, those who have certain religious alignments could more easily understand this Awareness if *It* spoke to them in their own particular religious preference and used their religious background as ways of discussing subjects, but if this Awareness did so, *It* would lose communication with others who do not have that same affiliation.

## AGNIHOTRA (COOKED COW MANURE): WILL IT HEAL RADIATION CANCER?

### QUESTION:

A question from Elza Krumm, Kansas City, Missouri. She writes: "Are you familiar with Agnihotra, the burning of dried cow manure in a copper pyramid, with the addition of Ghee and whole-grain rice accompanied by certain mantras? This is performed at sunrise and sunset. The performance of this procedure is said to heal the atmosphere and Homa-Therapy is said to heal cancer caused by atomic radiation, (as in Chernobyl) and cause crops to grow better, et cetera.

"The people who are working with Agnihotra apparently have good results in dealing with addiction. A part of their teaching is the Fivefold Path, which is simply the same teachings that the enlightened of all ages have promoted: Love, helpfulness, meditation, and so forth.

However, it is claimed that Agnihotra itself is a science, an ancient science, not a religion.

I have been wanting for several years now to practice this science, but for some reason have not done it. I don't see that the practice could do any harm, even if it did no good, but I really believe in it. I have met some of the members and they are very spiritual persons.

My question is: Are you folks in Olympia familiar with Agnihotra? If not, could you ask Awareness to tune in to it and comment?"

### COSMIC AWARENESS:

This Awareness indicates that this appears to be a kind of old ritual that developed some many years ago as a kind of healing ritual. It does not have any particular basis in what might be termed science other than its power as an influence or suggestiveness on the subconscious mind, in the same way that rituals often create changes in consciousness to bring about certain results.

#### All About Ghee

This Awareness indicates the burning of cow manure and Ghee ....Ghee as that which is the use of butter having been cooked to the point of clarification wherein the sediments within butter are cooked and taken away, leaving clarified butter and then this being cooled and is called Ghee ...This Awareness indicates this is commonly used in India; the concept of cooking cow manure patties also originated in India and is related to the belief that cows are sacred, and the cooking of cow-patties served a purpose in India as a substitute for wood, giving certain heat to those in times when weather was cold.

The ritual came out of this atmosphere and belief that cow-patties somehow, because they came from cows, carry some kind of mystical healing properties. This Awareness indicates that Ghee is also a kind of prized food in India, sometimes associated with aphrodisiacs and increased vitality. This Awareness indicates that *It* does not see this as being truly scientific, but having some basis of healing power in the same way that other rituals can have healing power, simply because they are actions directed for a purpose.

#### Banging on a Skillet Also Produces Healing Power

This Awareness indicates you can also get healing power by banging a hammer on an iron skillet or taking any kind of action that has as an intention, the act of healing. The very act of doing something in order to heal is a kind of ritual which has its psychological effect on the entity who needs healing and can, to some degree, be effective.

This Awareness indicates the action of giving someone a sugar cube and telling them it is a magic pill that will heal them can have its effect; that even medical

doctors recognize the power of suggestion through the placebo. This Awareness indicates that essentially, this is a kind of placebo in ritual form. This Awareness indicates that it does not appear to have any other scientific power such as chemical or the smell being of any mystical or healing value except as it may have a psychological effect for those who believe in the action and ritual.

#### How to Make Clarified Butter: An Aphrodisiac

This Awareness suggests that you might consider burning certain incense from India that is made from cow dung and see if that has healing power. It would be much the same. You may even put clarified butter on it, if you desire. To clarify butter, you simply cook the butter until sediments begin to settle in the bottom of the pan, then pour the butter through a strainer and at this time, dark burnt aspect of butter will be filtered out and the clarified butter or Ghee that remains is the substance used in India as something special.

At some health-food stores you can even buy commercially made Ghee or clarified butter. This Awareness indicates some entities believe this to be an aphrodisiac, to enhance their sex drive. This Awareness does not see this as having any such properties.

## HOW TO HEAL RADIOACTIVE POISONING

### FOLLOW-UP QUESTION:

Then *It* also doesn't see it having any properties that can do any healing at all with radioactive poisoning, as implied in the question?

### COSMIC AWARENESS:

This Awareness indicates that this is not seen. This Awareness indicates that pumpkin seed and yogurt are seen as foods that can help reduce radiation within the system. Pumpkin seeds are especially helpful in this regard. This Awareness indicates that it appears curry, and Chia seeds are also helpful in this regard, and also that rice is also helpful, but that of those foods listed, pumpkin seeds are the best.

This Awareness indicates there is also seen benefit from tamari sauce in reducing radioactivity in a person's body. This Awareness indicates also kelp and any form of seaweed type food can be helpful in reducing radioactivity in the body.

## WHO WILL BE THE MESSIAH OF THE AQUARIAN AGE?

( Benjamin Creme's Maitreya Is taking a Stab At It )

### QUESTION:

JD in New York, has several questions. She's sort of rambling as usual, but they're pretty insightful questions. I'll read this statement and then ask the specific questions if Awareness requests. She writes: "I was rather flabbergasted to read in the start of the Christmas message from Cosmic Awareness that "In each age there is a Messiah who does personify the qualities and natures of that age." That's almost identical to what Benjamin Creme has been saying, taken from the Alice Bailey attributed to DK, the Tibetan.

"Well, we *are* at the start of an age. Would Cosmic Awareness care to indicate who this Messiah might be? We've been using the term "World Teacher" for the one herein described. It's a better term than the next Buddha or the return of the Christ, or the Messiah (Jewish usage) or return to Krishna the Enam Monti (sp) (Moslem) which are overly sectarian designations.

"Is Cosmic Awareness saying that Benjamin Creme has the story right but the man wrong? Well, in my book of trustworthy information, Cosmic Awareness and

Benjamin Creme are both top rank, so it's most curious to me when they seem to disagree."

#### COSMIC AWARENESS:

This Awareness indicates that this information is not necessarily new nor is it unique to Benjamin Creme or this Awareness. It is also not unique to Madame Blavatsky or Alice Bailey; that each new age has its own Messiah is historically clear down through the Christian religion. It is also available in other religions. There tends to be the movement of energies which historically is available in different writings.

#### How Astrology Reflects the Gods of Earlier Ages

It is found also in astrological teachings and the qualities of the age generally reflect from astrological teachings the nature of the age, and of the deity described by the age. This Awareness indicates that in going back to the time of Moses, the Age of Taurus, references to the golden calf and Egyptian Pharaohs and moving from there into the Age of Aries with the god known as Jehovah, which is often described as a fiery god, a jealous god, a god of conflict and violence, a war-like god; the terms are very much reflective of descriptions of Mars and Aries.

Mars is the ruler of Aries, and if you look more closely at the Jehovah described in the Old Testament and recognize that the sign opposite Aries is Libra, and that Libra represents contracts or agreements and covenants and that the god of Aries made a covenant and the covenant also included laws or the Ten Commandments for which man was asked to obey, this Awareness indicates that it becomes clear that the Libra/Aries axis of the zodiac sphere reflected the god of the era or age.

#### The Piscean God - The Fisher of Men

This god was then followed by the Piscean god or the god of water, which was referred to as a Fisher of Men who was born of the Virgin, which is the opposite sign from Pisces, and therefore, the descriptions of the Piscean Age god, the Fisher of Men and the axis between Pisces and Virgo representing that era of the Piscean Age, followed in turn by the present Age of Aquarius and its opposite: Leo, indicate the New Messiah or teacher will be one who serves man, who pours water.

Water is the symbol for electricity, a symbol for mana, or spirit and also it symbolizes the energies of life, and therefore, the Aquarian deity is represented by man himself, humanity becoming One with God. This Awareness indicates that the sign opposite, Leo, rules children. It rules games, sports and packaging and presentations, drama and psycho-drama, theatre and the stage. Thus, you have influence from the MGM Lion, the symbol for theatre and the demonstrations on the streets and the presentations of television and movies as being powers that help in the control and influence on the Aquarian Age.

This Awareness indicates that children have taken on a special, almost sacred place in the Aquarian Age. This Awareness indicates that sports and gambling and show are all major aspects that reflect Leo and also reflect the Aquarian Age influences. This Awareness indicates that the honor of being a Messiah in the Aquarian Age does not appear to be limited to one particular being, but represents *all* entities who recognize the Godhood or their being.

This Awareness indicates that the sign of Aquarius represents the society in general and therefore, *all* of humanity may be seen as the deity of this particular Age, and you will note that there are movements and references by many who speak of the "God Within" or

of "becoming One with your Divine Self", or of "becoming One With God", or recognizing your own Divinity. This is the teaching that appears to recognize the kingship or queenship of each individual as a sacred and holy being.

#### How Jesus Appeared Upon the Scene

This Awareness indicates there may be many Messiahs in this age, coming from different sources or representing various religious groups. It is not likely that any will become the one outstanding representative of the New Age for any great length of time as occurred in the Piscean Age. This Awareness indicates that the entity known as Jesus, the entity represented a composite of different religious leaders and was promoted by the Roman Empire in such a way that it became an outstanding symbol for the Piscean Age.

This Awareness indicates that Jesus as presented by the Roman Empire, was made up of elements of the Krishna religion in Rome, the Helio religion or that which worshiped the sun, and of various religious sects in Rome which were all brought together in a way of creating a universal or Catholic, which means "universal", religious order that could be accepted as the official Roman religion and these entities in this composite were first referred to as the deity Zeus, but many of the Romans objected because Zeus was a Greek god and they did not like the idea of using any Greek god's name, so they chose the name Jesus, which meant "Neither He Nor She".

This Awareness indicates they used the name Christos, which referred to the title of one who is attuned to Divinity. It was a kind of title. There were many Christed entities in history before the entity Jesus was called the Christ, and this term "Christos" was well-known, and thus, the entity was given Heysoos\* Christos, or Jesus Christ: Neither He Nor She, a neutral entity that had qualities both male and female: the tenderness of the female and the strength and determination and fierceness of the male.

\*(Pronunciation of Jesus)

This Awareness indicates the entity being classed as one who would sacrifice self for others, one who would nurture others, one who was indeed brave and courageous. This Awareness indicates that this composite became recognized as a single personified deity for the Piscean Age. This Awareness indicates that there may be at some date in the Aquarian Age an attempt to create a personified being to represent man in general, or mankind, but there is not likely to become a particular individual who is the representative of the New Age, the Aquarian Age.

This Awareness indicates the Aquarian Age being an Air sign, will be represented as a mental deity, one who deals with concepts and ideas moreso than compassion as was the Piscean Age. This does not mean that compassion will be lacking any more than that the law would lose its power when entering the Piscean Age.

The law of the Aries Age continues over into the Piscean Age and became a major part of that age, and the compassion taught by the deity of the Piscean Age will continue having its influence well into the Aquarian Age, but the Aquarian Age will put those compassionate elements into practice through social programs and ideas that are made manifest during the Aquarian Age.

This Awareness indicates the entities Benjamin Creme and his messiah will have some degree of impact on the earth. It does not appear that it will be an age-long influence, as was Christianity. This Awareness indicates that even Christianity has only had a great impact in the past 200 years. Prior to that it was a very

small religious influence, in comparison to the masses of the far East and Moslem religions which were indeed far greater in terms of population than the Christian followers.

This Awareness indicates the Interpreter as losing his voice and that only one or two more questions should be asked.

Thank you. The Law of Gratitude is given.



Thanks to CAC member Jane O'Brien Webster

CAC General Reading # 4-4 4-9-92 Paul Shockley Interpreter

## THE REAL BIRTH DATE OF JESUS.

### QUESTION:

A question from David Ard, Austin, Texas. He writes: "I saw a documentary that claims that the person historically known as Jesus, the man that lived in the area of Palestine, about 2000 years ago, was actually born because of changes in the calendar in 7 BC. The show went on to say that the star that signaled the wise men of his birth was the triple conjunction of Jupiter and Saturn in Pisces; this occurring on May 27th, October 6th and December 1st in 7 BC.

"Herod died in 6 BC, so this would seem like a valid claim. Is this accurate?"

### COSMIC AWARENESS:

This Awareness indicates that this appears to be correct. This Awareness indicates that the story, when written in the New Testament, at the time of the Nicene Council under Constantine, was doctored in order to present a parallel timing to the holidays that were used at the time in Rome and the Winter solstice became a time close enough to be used as a kind of semi-target date for the birth-date, but in order to make the story more believable, it was not selected as the exact birth-date.

This Awareness indicates that this has been discussed in other aspect as the Council of Nicea wherein Constantine ordered the various religious groups or sects of Rome to go together into a large building in Rome and work out a compromise religion that would satisfy all participants which would then be the Holy Roman official or Catholic, which means "universal," religion. This became the official religion of Rome.

This Awareness indicates that it was a composite of a number of different religious groups, philosophies and stories and became the Catholic version and story of the Christ or Christian, official Christian religion. This Awareness indicates that 7 BC is more accurate as the actual time of the entity Jesus of Nazareth who was one of the entities that was used in compiling the Christian doctrine or myth or legend.

This Awareness indicates Apollonius of Tyana as also another entity who was involved with some of the stories attributed from his life to the entity known as Jesus. The Christian story also draws heavily on Hindu sources and Krishna sources from India. That much of the Krishna religion is paralleled in Christian story doctrines and also, the religion in Rome at the time known as the Helios philosophy which related to a kind of sun worshipping society with 12 signs and these signs being the disciples of the sun; this was also brought in to the story and given its placement in the Christian story.

The creation of the mythology of the Christian story as that which served as a kind of philosophical pattern by which entities could pattern their own personal lives and still maintain contact with historic data and representation of information of the past. It would satisfy many of the mysteries and questions and give entities a link to each other through this mythology. It was promoted through the churches as actual fact, and down through the ages became a powerful force in holding society together and directing society toward certain ends and purposes.

## What if the Great Avatars Hadn't Appeared?

(What Would Earth be Like Today With No Religions?)

### FOLLOW-UP QUESTION:

If Jesus, Mohammed, Buddha, Krishna and so forth, had never come to earth and started religions, some of which to this day humans are slaughtering one another over the differences, where would human beings here on earth stand today in regard to the evolution of humanity?

### COSMIC AWARENESS:

This Awareness indicates they would most likely be still in tribal units, in tribes that relate to each other in friendship and in war, centered around personalities or families or cultures that would spring up around certain places, much as occurred prior to Christianity, for there is always the need for entities to attach and identify themselves with someone or something solid for purposes of security.

The Christian religion, the Moslem religion, these various religions have given masses a kind of security based on their own common identifications with the religion, which allows them to work in much larger groups in terms of nations or regions than would otherwise have occurred if they did not have this kind of common denominator between these great number of individuals.

The masses, being tied together by a common religion, could work in greater unity based on the rules and the laws of that religion, based on the traditions of that religion, whereby they could trust one another more than if that religious influence were not present. This allowed the spread of civilized culture, which allowed for the formation of nations and regions to develop.

If you do not have something in common with which to talk with another, you are not likely to make agreements or to work closely with them, but by having mutual religious interests, the entities could relate to each other, form alliances and create networks of relationship that leads to civilized nations and regions.

## Did Such Avatars Appear On Other Planets?

### FOLLOW-UP QUESTION:

Are such avatars unique to planet earth or do similar entities appear in the early civilizations on other planets.

### COSMIC AWARENESS:

This Awareness indicates that in most planets where there are beings who have emotions, emotions of course depend on attachments; attachments relate to family ties and such; therefore, most beings in the universe who

have attachments also have heroes and particular focal points, symbolism and standards by which they can develop and govern themselves. Many of these are in the form of concepts, ideals or historic values, but on some of these other planets, there will be individuals who are held in high esteem for their value as an object of metaphor or symbolism to the society.

This Awareness indicates in those other societies in which the entities are cloned, and do not experience family ties, wherein the entities have very little attachment and very little emotion, these values, symbols, focal points, are not highly prized and the entities are simply interested in their personal appetites and needs of the moment and they will be obedient to the leaders who command them. They accept regimentation and the archetypal aspects of the society have little to do with abstracts and more to do with direct leadership and direct power and control over individuals through the regimentation process.

### Those Old Trees Cut Down For Xmas Trees (How Do They Feel About This?)

#### QUESTION:

A question from Virginia Butler, in Florida: "What about Christmas trees? I was watching the news recently about a beautiful 75 year old tree that was cut down to be used as a Christmas tree in New York city. Do Christmas trees when cut down just release their spirit energies, or can these entities receive spiritual growth and learning from all the attention and energy given to them by thousands of admirers?"

"Does this energy directed toward them create greater awareness and quicker spiritual or soul growth?"

#### COSMIC AWARENESS:

This Awareness indicates when a tree is cut, it experiences the cutting and recognizes that it is being violated, but it does not experience immediate death. The death of the tree is that which occurs very slowly, even as is seen by humans when it begins to dry up and lose all of its inner moisture and when the leaves or needles become brittle and fall off, the tree then is very slowly dying.

This Awareness indicates therefore, when a Christmas tree is cut, it is usually taken fresh to a place to be displayed. Except for its very place of being cut, it is much the same as it was when living, except for the change of its environment. This Awareness indicates the tree does not have what you might call "eyes" but it does sense its surroundings.

#### Trees Sense and Read In a Kind Of Braille

You have read of entities who are blind, but who can read with their fingers by touching certain colors and words, even when not in Braille, and some of these unusual entities are able to see things when touching them and describe them with accuracy, even though there is no Braille texture involved in their touch reading.

This Awareness indicates that it is similar with a tree. It can sense things it cannot describe, because it has no vocal chords nor mouth. It cannot really see clearly because it has no eyes, nor can it hear, but it can sense. It can pick up on the presence of an entity in its proximity. It can know of snow. It can experience and enjoy wind, and it likes the movement of its arms, its limbs, its needles or leaves, when the wind blows.

It knows the difference in temperatures and it has a kind of blind, deaf, dumb awareness. This Awareness indicates that it has an extraordinary sense of being in its cognitive experience of what is happening. This Awareness indicates of course, it does not think words. It simply recognizes impressions and when there are a large number of people around who send appreciation or adoration to it, it senses this kind of energy.

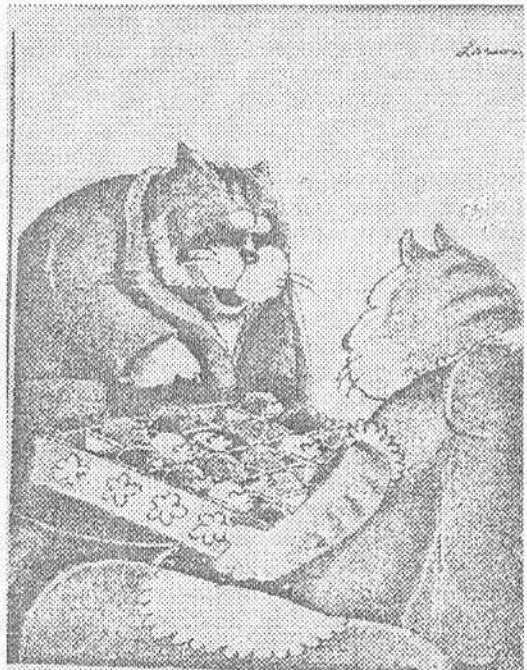
It does not label the energy, it does not name it. It does not think "Wow! I'm a Christmas tree! My big ambition for life!" It does not think such thoughts. It does not know what Christmas is. It does not concern itself with anything of this nature, nor does it have any ideas why entities might be standing around sending their adoration. It does not call the energy they send "adoration", it just experiences psychic energy coming toward it, and the psychic energy is sensed as being dedication.

This Awareness indicates that in other words, it is a living tree, and experiences what is happening to it, as any tree might, under the same circumstances.

Ed's Note: This bit on Christmas trees was excerpted from issue 94-16.

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"These little ones are mice...These over here are hamsters....Ooh! This must be a gerbill



CAC Reading 11-14-11/16-89 Paul Shockley Interpreter

## A Time Warp and Shift in Consciousness (A News Release from The Amatron Connection)

### QUESTION:

Several members have sent in a press release from an outfit called the Alana Love Amatron Connection, which I've never heard of, but I'll read excerpts from it, and ask Awareness to comment on this information.

It says: "During November 17th, 18th, and 19<sup>th</sup>, there will be a puncturing of your reality here as you know it, a warping of time. It is the beginning of the grand cycle. During these 3 days you will be shifting into an accelerated time flow and out of the old safety zone of the time delay that you have in this dimension. Higher dimensional energy does not have time as you know it, which means as you begin to embrace being a higher dimensional being you must learn how to play in time, using it as a creator so that you can manifest instantly what is in your consciousness. Everything on your planet, every particum of matter is going to be accelerated. It is not just an exclusive for humanity, nor what are called enlightened beings. It is a planetary experience. Understand your whole planet is moving into a time warp. It is a hole being punctured into your dense dimensional reality. Now what does that mean for you?"

Understand that you presently have in your dimension a time pocket, a delay mechanism. Time-Space. You have delays that create minutes, months, years, lifetimes, before manifesting comes into your life. It is for you a great safety zone, so that if you catch yourself manifesting something you do not want, you have time and opportunity to heal it and clear it before it arrives. In other words, you have a reverse potential. During the November Time Warp there will be a dimensional collapsing of time in which your time pocket will be diminished and literally put on hold. As a result, what you hold in consciousness and feeling is going to manifest faster without this elongated time pocket.

It means that instead of taking one hundred lifetimes to clear an issue, it is going to be in your back yard within weeks. It means that depending what is in your consciousness, you are going to create massive healing. This is a time for you to get the experience of what you are creating in your life through what you hold in your feelings and what you hold in your mind. It is going to be an instant mirror to you.

There is going to an enormous amount of chaos around you. Chaos is change. Chaos has great deal of healing to it. You have not understood chaos at all. You judge it. You think of chaos as a very negative thing in your orderly lives because you have not yet learned how to flow in what you call chaotic energy. Yet chaos is not a bad thing. It is not a negative thing. It is simply an experience within itself of change. Your time warp is being created by a shifting in consciousness. It is an evolutionary process, an expansion of energy. Because you have invoked higher consciousness you have magnetized to you a gravitational field that is now pulling you to a new dimension, the energies of which begin to touch and pierce the density of your dimension. Your whole galaxy is expanding in consciousness. It is speeding up in frequency. The electromagnetic/gravitational fields of all particum in your universe are changing moment by moment."

It goes on and on for another two pages, but that essentially is what the message of the news release and since tomorrow is November 17, I would like to ask Awareness if there's anything to that information.

Ed's Note: There was no address on this news release, only Alana Love (714) 641-8096

### COSMIC AWARENESS:

This Awareness indicates that this is that which may be seen as having its greater effect from the power of suggestion; that were entities not to be apprised of this information, not to be made aware of the information, they are not likely to notice anything different in regard to the coming three days.

This Awareness indicates those who are expecting great changes, who prepare their minds for such changes, may find themselves having certain results from that preparation. Therefore the situation is that which is not so much a reality as a suggestive creation.

This Awareness indicates that this is not to diminish or negate what has been given here, but much like the harmonic conversions and other special dates of events and so forth, it must be seen as a time of group manifestation of creative energies operating in consciousness, more so than as a natural phenomena from outside having its effect on consciousness.

This Awareness indicates that for those who participate in the expectation of changes, the very act of expectation will help to bring about those changes within their consciousness, and the events that may result from such changes in consciousness.

This Awareness indicates that it is not, however, likened unto a beam of energy in the cosmos that is at a point through which the earth passes, or anything of this nature that would imply an outside force acting upon the earth, outside of the suggestive nature of the message; that the message itself contains its own results in accordance with the acceptability of that message.

## THE EOSINOPHILIA OUTBREAK

(How the FDA Got L-Tryptophan Removed From the Market)

### QUESTION:

There have been some news stories lately of a disease breaking out in several states, called eosinophilia and the disease is characterized by high counts of these eosinophils, a type of white blood cell. It's a rare disease and often fatal.

Symptoms may include sharp muscular pain, fatigue, fever and rashes. The federal and state health officials are working to discover what is causing this outbreak, and they believe it is caused by L-Tryptophan, an amino acid dietary supplement; that all of these people (21 so far) who have this disease have L-Tryptophan in common, and it's breaking out in more states every day, according to these articles, and the Food and Drug Administration is issuing warnings and telling people not to use it and for health food stores not to sell it. Could Awareness look at that, please?

### COSMIC AWARENESS:

This Awareness indicates that this appears to have been something that has been created within certain batches or brands, as a mistake; that generally there are many brands of L-Tryptophan on the market and have been for thirty years of which no similar problems have developed.

This Awareness indicates that this as that which from certain contamination of the product at certain sources or plants, as having created bad batches, which, through interaction with other elements within entities' metabolism, can lead to this disease.

This Awareness indicates that it appears that before long, the mystery of the cause will be cleared up, that in the meantime, it would be advisable for entities to avoid the use of this substance, until it is determined what the sources are.

This Awareness indicates that L-Tryptophan is generally used in connection with relaxing. It is an amino acid that is beneficial in helping entities to relax, to relieve stress. It can also be found in combination with other substances.

This Awareness indicates that there is a long history of the use of Tryptophan without any harmful effects whatsoever, dating back at least thirty years or more, so the substance itself is not the problem. It would be similar to arguing that because someone had bad effects from aspirin, that entities should avoid all aspirin.

This Awareness suggests it is not such a case; that Tryptophan itself as that which continues to have a good purpose and usefulness, but that certain batches under certain brand names needs to be taken from the shelves. This Awareness suggests entities simply wait and see before using this substance.

#### Certain Forces Are At Work Behind the Scene

This Awareness does wish to comment that there are certain efforts not associated with this particular incident or circumstance; there are certain efforts by forces dealing with medical concerns to hinder or curtail the use of supplements, food supplements and dietary supplements in order to prevent entities from having access to these supplements. That essentially amino acids are nothing other than food elements that are separated from other more complete or complex forms of foods; amino acids being broken down or out of protein.

This Awareness indicates they are used for their specific purposes; that there are also certain vitamins and there are other herbal and food supplements that have specific value to the human system and can be helpful in maintaining good health and nutritional balance; that there are forces within the medical and pharmaceutical industries that would like to see all of these dietary supplements being removed from the market, so that entities had to get their health needs only from the medical and pharmaceutical industry.

This Awareness indicates, in fact, there is an effort to have food classified as drugs.

This Awareness indicates that this would give the power to those pharmaceutical and medical-industrial complex forces, the power to regulate what entities eat or don't eat and would create a situation in which your diet was prescribed only by those professionals, so that you would not have your own choice, nor could you advise others as to what they should or should not eat for certain benefits.

This Awareness indicates that obviously this would be the removal of a great freedom and would infringe on freedom of speech, but in fact this is being promoted and proposed by these powerful forces, and entities do need to be aware of this effort by the vested interests of the medical and pharmaceutical corporations and industrial complex.

### NEW REPORT SAYS CHELATION THERAPY CURES CANCER

Instead of A Nobel Prize for Practitioners Will FDA Make Chelation Illegal If This Report Is Released?

#### QUESTION:

*Spotlight* recently ran a story with headlines that "Chelation Cancels Cancer, Says Startling New Report." I'll read a little of this. It says:

"A study by two distinguished physicians, to be published within the next few months, demonstrates that chelation therapy, used primarily as a treatment for arteriosclerosis, has reduced death from cancer by ninety

percent. The study conducted in Switzerland has already been confirmed by the committee responsible for the surveillance of air quality in Switzerland. If it is subsequently upheld by large-scale, double blind controlled tests proposed by the doctors who conducted the original study, and wrote the paper about it, chelation therapy will have been proven to be the most significant medical advance in the century. Already established in the minds of reasonable observers as the most effective, least expensive, least intrusive and least life-threatening therapy for diseases related to heart problems and circulatory diseases, chelation therapy may be established as the most effective treatment to prevent the development of cancer, and even to arrest its growth or provide a cure for the dreaded disease.

One therapy which both prevents death from heart attack and cancer should be enough to win the Nobel Prize for those who practice and advance it. At the same time, it constitutes the greatest threat to the medical establishment which thrives on open heart surgery, the number one income provider for hospitals in the United States, and for those who have dined out quite luxuriously for decades on the "incurable" cancer epidemic.

"The study was written by two well-known physicians, one Swiss and the other an American, entitled *Ninety Percent Reduction in Cancer Mortality After Chelation Therapy with EDTA*, the study is based on an 18-year follow-up of patients treated with EDTA. It reveals that the mortality rate from cancer was reduced by ninety percent for those patients who received chelation therapy, as opposed to other patients similarly situated, who did not receive chelation therapy."

It says there's over 25,000 patients during the last 27 years, who were in this study, and the incidence of cancer in our population is fast approaching one out of three people. The question basically was in the last paragraph here where it says: "The chelation therapists fear a powerful reaction from organized medicine and the implementation of plans already made to make chelation therapy illegal in many states once this report is published."

I'd like to ask Awareness to comment on whether, once this report is published, if it's going to create a really bad situation as far as trying to get rid of the chelation being done in the United States?

#### COSMIC AWARENESS:

This Awareness indicates that the report as that which confirms what this Awareness has been indicating through these readings over the past decade in regard to chelation therapy.

This Awareness indicates that during the past decade the chelation therapy as that which has made great inroads within the United States, but whereby it is basically unable to advertise, or it is not permitted that the practitioners of chelation therapy should advertise their services because the medical profession does not wish this to be known. The word-of-mouth advertisement is all that is allowed in regard to chelation therapy.

This Awareness indicates that the basic purpose of chelation therapy originally was to remove heavy metal from the body, removing such things as lead, mercury, cadmium, aluminum, and so forth, and that still is a useful purpose for this therapy, and it will be quite difficult, even for the medical profession, to prevent this as being its stated purpose.

This Awareness indicates that the discovery that chelation helped in regard to cleansing the arteries and eliminating the conditions of cancer as well as increasing and enhancing blood circulation and other beneficial

effects that come about from improved circulation --this was a discovery of secondary purposes to its original purpose, and the secondary purposes became even more meaningful than the original purpose of removing heavy metals. But because it has the medical purpose of removing heavy metals, it will be very difficult for the medical profession to prevent the use of chelation. There may be attempts to put more and more restrictions on its use, and on how and who can use the substances, and on any advertisements associated with the treatments, but it appears that there will be considerable problem in eliminating the use of chelation, particularly when the medical purpose is stated as assisting in the removal of toxic metals within the system.

This Awareness indicates that there may in fact be a great demand for more chelation therapy within this country. This Awareness does foresee conflict in this area because of the vested interests of those involved in the surgery and cancer fields, the heart surgery and transplants and bypass operations and the cancer field, if more and more entities become aware of the use of chelation for these purposes.

This Awareness indicates that, however, even if it were to be curtailed within the United States, it will become even more widespread in foreign lands, particularly in Europe, Mexico, and some of the nearby countries, whereby Americans may travel abroad for treatments.

This Awareness indicates that this cannot be easily controlled by the American medical and pharmaceutical industry.

#### FOLLOW-UP QUESTION:

The report probably will not be carried by the controlled press in this country, would it, in all likelihood?

#### COSMIC AWARENESS:

This Awareness indicates this as likely to be diminished as much as is possible. There may be only enough as may be required, that the book itself may be, if not banned, at least boycotted by some of the book companies operating under influence of those strong forces of the eastern establishment within the United States, the medical/pharmaceutical establishments. It does appear, however, that there will be opportunities for the book. There are, in fact, books already available relating to chelation therapy, but the report by medical doctors of stature such as this and their controlled experiments giving sufficient evidence to back up the experiment and its results as that which provides proof that has been lacking in many of the other books on chelation therapy.

#### How Chelation Therapy Works

This Awareness indicates for those who do not understand chelation therapy, it is a simple procedure in which a substance containing EDTA, which is also found in mayonnaise, a food additive, is placed in a bottle, along with other substances, mostly a saline solution, and occasionally vitamins or minerals that your doctor might prescribe, according to your own personal needs, and is injected through a dripping process, similar to that of a blood transfusion, taking approximately one hour to two hours to move into one's bloodstream, having the effect of chelating, or bonding the substance to plaque and heavy metals within the bloodstream, and within the system, and removing these things from the bloodstream, or from the arteries, and eliminating them through the kidneys, so that the heavy metals are eliminated from the system, along with plaque, cholesterol, triglycerides, calcium deposits that may be built up on the artery walls or in the bloodstream, thus improving the circulation throughout the body, enhancing the ability to think more clearly, because of the improved

circulation; enhancing, in many cases, such other things as vision, even hearing, and assisting other organs to function better because of the improved circulation throughout the body, and the elimination of the many toxins and heavy metals that may have otherwise affected the brain, the organs of the body, and the circulation to these organs of the body.

This Awareness indicates that with the improved circulation there is also generally more oxygen circulating through the system, and the more oxygen circulating through the system is that which helps to diminish tumors, cancer, and such, because many of these diseases cannot exist in a high oxygen environment.

This Awareness indicates that other effects are improved immunity in many cases, and with the improved immunity of one's system, the general health begins to improve. In fact, even allergies can be helped or eliminated with chelation in many cases.

#### Secondary Benefits to the Body From Chelation

This Awareness indicates that flexibility within the joints, stiffness in the body, generally diminishes as circulation improves. Calcium deposits that are not where the calcium should be, is generally removed from the system during prolonged chelation treatments, and if the doctor and patient are properly supplementing the minerals that are being taken out of the system by the chelation, such as the calcium, supplementing with supplemental calcium intake, the new calcium will go into strengthening the bones, into the proper areas, and away from those deposits around the joints or around areas where they should not be deposited, and the calcium removal from joints and from various skin deposits, such as the calcification that takes place in the skin, helps to make the skin and the joints more pliable, thus a general appearance of greater youth, more flexibility, along with the better circulation and improved energy levels, and the improved immunity system, are also part of the byproduct of chelation.

This Awareness indicates that depending on how many treatments one receives, the improvement can be quite dramatic; that entities normally do not feel much difference from one or two or three treatments. Generally, five treatments will leave entities feeling quite improved in terms of health. Ten or twenty treatments can be dramatic improvement. There are some entities who have as many as thirty, forty, fifty, sixty or more treatments, and depending on how much need they have of improvement, these increased treatments continue to have beneficial effect for those who have had deep problems in regard to calcium deposits, poor circulation, heavy metals, or other problems that can be helped by the use of chelation therapy.

#### Chelation Costs But a Fraction of a Bypass Operation

This Awareness indicates *It* can hardly say enough for the chelation therapy because it is so beneficial and so dramatic in its ability to turn around poor health on so many areas and levels.

This Awareness does not imply that it is a cure-all for all things. There are many things it does not help, but there are many things it does help considerably and dramatically. It can save entities ten times the expense of bypass operations or heart operations, or cancer costs, ten times or more.

This Awareness indicates for example, treatments ranging from seventy to a hundred and fifty dollars each would allow an entity for fifteen hundred dollars to have ten or twenty treatments, which for most entities would be quite dramatic in healing many of their problems. Some entities having extreme problems, needing for

example, as much as forty treatments, might need to spend four times that much and thus, for six thousand dollars, or three thousand dollars, the entity could have considerable number of treatments that should have a profound effect on the entity in bringing the entity's general health, even from a very poor state, back to a state of good health. This being an average situation.

#### Even Cancer Victims Near Death Can Benefit

An entity who is near death with cancer, wherein doctors might have given up, could, within that number of treatments, have a complete turnaround, so that the cancer would be in remission. This may not always be the case, but there are many situations in which the doctors give up on an entity and the entity turns to chelation and the chelation begins to have an effect, even though the entity had approached the gates of death.

This Awareness indicates these same successes or the usual failures that might accompany the usual medical treatments, could run into tens of thousands of dollars for every thousand dollars spent in chelation treatments, and still not be successful, or have as good a success rate as indicated by the article, that would be found through the chelation treatments.

This Awareness indicates there are oral chelation supplements, pills or capsules that can be taken orally. These can have beneficial results, but the results are not nearly so dramatic as with the regular chelation therapy treatments from the injections, the drip therapies.

Ed's Note: In the book "Chelation Therapy: A Consumer's Guide to Chelation Therapy and Other Heart-Savers" a list is given of doctors in each state who give chelation therapy. CAC permanently stocks this book, which is also available in many healthfood stores. If you don't have the book, you can get an updated list of chelating physicians by sending \$2 plus a stamped, self-addressed envelope to: HealthSavers, PO Box 683, Herndon, VA 22070

#### CAC's 7 Gifts to Mankind: What Are They? (Has CAC Lost Its Spiritual Focus?)

##### QUESTION:

Vikki had questions. Something came up in a Tarot layout Sam did for us November 12, that he could only get so much information on. The question suggested by the cards is in relation to seven gifts given to mankind. The cards indicated some had been given, but others were soon to be given to be used in the New Age. We want to ask, what are these gifts to be given, and what should we do toward this end at this time?

##### COSMIC AWARENESS:

This Awareness indicates that this is not yet timely for this information; that the gifts to be given cannot be given at this time; that there is yet that which needs to be given to you before there is the option or opportunity for further action on your part; that when the time is right, the message will come clear.

This Awareness indicates this will also be available through the entity Sam Millar.

##### FOLLOW-UP QUESTION:

Did this also relate to the significance of the seven swords, that were in a layout previously that Sam did for CAC?

##### COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that these as symbolic of mental purposes, seven purposes, or what may be termed directions in consciousness, that relate to CAC.

##### FOLLOW-UP QUESTION:

One other thing that we couldn't understand from the reading was a repeated affirmation that CAC's direction needed to be going back to something childlike or

something that we've left behind. We didn't understand that. Could Awareness....

##### COSMIC AWARENESS:

This Awareness indicates that this has to do with the spiritual pursuit; that the symbology is the symbology of the Christ consciousness, the Christ Self, the purity of spirit.

This Awareness indicates that the movement of the original direction of this Awareness's purpose upon entering and speaking through interpreters as that which related to the entering of information on this plane, as to help entities pursue their spiritual growth and development.

This Awareness indicates that the child symbolizes that spiritual essence within each individual.

This Awareness indicates that much of the questioning associated with this organization has gone into so many areas of pursuit in terms of inquiry into mundane concerns and mundane interests that much of the focus of this information has turned toward earth situations, towards social situations, toward monetary concerns, and toward the business and the conflicts of social intercourse and interactions among groups and their various players, and the focus on the spiritual direction as that which often is ignored or left unattended for long periods of time.

This Awareness indicates that in many instances this focus on the urgencies of mundane concerns has been necessary, because of the extreme urgency in terms of human survival, but there is also still remaining the need for entities to continue focusing on the spiritual upliftment of their own condition, so that they do not forget the earth is but a way station on the way to higher existence.

This Awareness indicates that in the movement and focus on the spiritual, the organization will gain greater meaning to many of its present subscribers, and will bring in more who are seeking this new direction in their lives.

##### FOLLOW-UP QUESTION:

Could Awareness suggest some areas of questioning that could be energized, areas we haven't already previously covered?

##### COSMIC AWARENESS:

This Awareness indicates that its message yesterday in regard to Christianity, the fundamentalist Christianity, as being such type of message that can become meaningful to many entities who are searching for meaning and direction in their spiritual pursuits.

This Awareness indicates that the understanding of that which this Awareness refers to as Cosmic Metaphysics is also helpful in giving entities greater understanding of their place in the universe, and in the scheme of things.

This Awareness indicates that for entities to understand basic questions of morality, of right and wrong, of what is spiritual, and what is mundane and whether one should be emphasized over the other, and at what times such might be more appropriate than the other.

This Awareness cannot give questions to ask that would suffice for more than a few readings, and if *It* is to give questions, *It* may as well give a trance lecture on the subject without asking the question of *Itself*, which *It* often does.

This Awareness indicates that *It* is simply answering the question relating to the message of Sam Millar's Tarot reading, that the element which he referred to is that which pertains to the spiritual. *It* is not suggesting

that you cannot continue asking questions on the mundane or on the bizarre, or on those mysteries, or on the books that entities write and read and wish comment on, or on statements that entities make which need clarification from this Awareness, or on questions that entities have half-formulated in their minds in regards to some personal concern. It is simply indicating that what the entity Sam Millar saw was the need for greater focus on questions and purposes within the organization pertaining to spiritual upliftment.

This Awareness indicates that as openings occur for such messages, this Awareness generally slips them in as may be needed, along with the other food for thought which keeps many of your members and readers interested in those mundane areas of their personal interests.

This Awareness indicates that you have a very difficult job in trying to keep your membership, your readers, interested, because some are only interested in certain areas of questioning, some only care about political things, others about economics, others about conspiracies. Others' concerns are in terms of relationship, others are concerned about self-help concepts; others are interested in universal concepts, and others in spiritual pursuits, others in health and others in life after death. Still others in mysteries that are unsolved. You cannot please them all, and most would like all of the information to be centered on their particular area of interest.

#### The Real Purpose Awareness Speaks to This Plane

This Awareness indicates the purpose of this Awareness coming and speaking at this time, through this Interpreter, is not to entertain all of these mental appetites, but to enlighten entities into seeing a new view of what the spiritual realm has to offer, and if it is necessary to have that opportunity to present such information, that this Awareness answers questions pertaining to mundane concerns, bizarre concerns, conspiracy concerns, political concerns, economic concerns, relationship concerns, perversions, distortions, aberrations, or whatever else is of concern to entities, then It will respond to these needs long enough to catch the attention of entities, so as to slip in some spiritual food to them, that they might grow and develop along spiritual lines also.

This Awareness indicates there is much mental food as simply information that helps entities to put their minds at rest on certain topics; spiritual food as that which helps entities to have insight of a spiritual nature, so that they are inspired to achieve, to reach, to uplift themselves higher than they are toward that which is greater than they previously believed they could reach. It is this which is prized by this Awareness, for it is this spiritual movement that draws entities close to this Awareness, that brings them home.

#### Awareness Gives Vikki Some Good News For CAC And The Membership

##### FOLLOW-UP QUESTION (VIKKI):

The tarot cards also said that there was a message of good news that we might receive if we asked Awareness for one at this time.

##### COSMIC AWARENESS:

This Awareness saw that message just given as one of good news. This Awareness wishes to look more closely as to what you would consider to be good news.

This Awareness indicates that the good news is that all is well.

This Awareness indicates that the good news is that you have endured and served long, and allowed many messages to come through.

This Awareness indicates the good news is that there have been many who have been helped, who have been served by your efforts.

This Awareness indicates that the good news is that many have awakened to new understanding, to new insight and new levels of reality.

This Awareness indicates the good news is that many of these entities have had the misrepresentations lifted so that they see clearly new meanings, new realities, original intentions. They are not so easily deceived.

The good news is that many of these entities are close to this Awareness; that these entities in many cases are One with this Awareness from time to time, and can perceive with clarity and Universal Consciousness.

This Awareness indicates that the good news is that it has not been through suffering or through self-negation or through guilt or punishment that these things have been obtained, but that entities through their own curiosity have satisfied much of that curiosity, and in so doing, have grown spiritually.

This Awareness indicates the good news is that it doesn't have to stop here, that it can continue, that it can increase and accelerate.

This Awareness indicates the good news is that the world is becoming a better place for a species that once was endangered, and which now has greater hope of survival.

This Awareness indicates that the good news is that entities who seek shall find. Entities who open, shall receive. Entities who accept, shall be given. Entities who care for one another are cared for by others.

This Awareness indicates that good news lies everywhere. There is no end to the good news that is available.

This Awareness suggests that you look to the coming three days as days which, through their power of suggestion, can serve to bring about many things which you seek to have manifested, which you consider to be good news to your lives, to your circumstances, to your situations.

This Awareness indicates that there is that which is an integrating force that is aligning at this time, aligning the forces associated with *Cosmic Awareness Communications*, so that these energies will flow more freely between spiritual and mundane areas, to fulfill various needs that may occur from time to time.

This Awareness indicates this alignment as that which is set and fixed, which will have beneficial effects in regard to this organization in its present and future direction.



Excerpt from CAC Gen. Reading 6-8-94 Paul Shockley Interpreter

## MSM: IS IT REALLY THE ELIXIR OF YOUTH?

### QUESTION:

In regard to rejuvenation, there's an article in the current *Self-Reliant Living*, which is put out by Carl Krupp in Merlin, Oregon. It's sort of like a survivalist's publication. And if this is as good as it sounds, it's worth the time to read this to Awareness. It's called "The Elixir Of Youth; Has It Been Available For Years?"

For several years we have been the guinea pig for several experiments.

We demonstrated on our own system, along with others, that hydrogen peroxide, taken internally, produced good results on humans. We also proved that drinking very pure, cold processed aloe vera juice had definite benefits. We also tried DMSO on sprained muscles and found the same result that horse owners found with their million dollar race horses... it works beautifully.

Finally, we were introduced to MSM, a trademarked product made from DMSO... and that leads us to perhaps the true Elixir of Life that has been sought since the middle ages!

### MSM IS APPROVED AS A FOOD SUPPLEMENT FOR HORSES...

Before anyone accuses me of trying to practice medicine, almost all the testing in the United States has been done on million dollar race horses and valuable show dogs. Only in other countries has work been done on the effect on humans, mostly due to the restrictive efforts and expense the FDA has imposed.

But the fact is that MSM, which is nutritional sulfur with oxygen, has the key elements of both hydrogen peroxide and of aloe, without the difficulties associated with taking either. It also seems to have an even faster effect on health problems.

### WHAT IT DOES FOR HORSES AND DOGS

1. Enhances blood circulation 2. Reverses arthritis 3. Eliminates allergies 4. Improves hair and toe nail growth 5. Reduces rest required after racing 6. Removes lower back pain 7. Strengthens the immune system 8. Kills internal parasites

Now if that list sounds too impressive, here is a clue as to why MSM has been used for the last ten years as the "cure-all" for animals.

### NUTRITIONAL SULFUR PLUS OXYGEN

That is what MSM actually is, and the combination appears most heavily in mother's milk, though also in fresh vegetables and raw fish and meat.

According to researchers this natural food breaks down very fast if the food is cooked, or if the vegetables are even washed using warm water. So once an animal is weaned from its mother's milk it is probably deficient in MSM... unless the foods consumed are fresh, unwashed and uncooked.

Neither race horses, which are fed processed foods that contain almost no MSM, nor most humans, have that kind of diet! According to Dr. Metcalf, a research scientist, "People, generally speaking, will be sulfur-deficient unless they eat their fish and meat raw and their vegetables unwashed and uncooked." So unless you love a diet of only sushi, try a little MSM!

### GRAMS... POUNDS... AND HOW MUCH TO TAKE A DAY

Vita-Flex MSM is sold by the pound, and yet the dosages shown are in parts of a teaspoon, and in grams, making the matter as confusing as possible!

There are about 454 grams in a pound, and about 4.4 grams in a teaspoon. So if you take a half-teaspoon at 6am and again at 6pm you will consume one pound of MSM in 100 days. This, by the way, works out to just under \$8 per month, fairly cheap if it really is the Elixir of Life!

### SOME PERSONAL OBSERVATIONS

Several of us have been taking 1/2 teaspoon at 6am and 6pm for the past couple of months. Here are some observations.

I have lost 15 pounds. Others have lost even more, mostly in the first three to four weeks... and the weight has stayed off, despite an increased appetite and increased eating.

My blood pressure has gone down 15 points, finally making it back to the "normal" range!

My lower back pain is all but gone.

I have increased range of motion in my neck, damaged almost 40 years ago when a drunk driver doing 90 mph and being chased by the State Police, hit my slowly moving car.

My allergy to chocolate is gone; I no longer get migraine headaches 24 hours after eating even a small piece of chocolate.

My allergy to cats has diminished greatly, and may quit completely, which my big, orange cat really appreciates.

The swelling in a friend's arthritic joints has gone down markedly and the pain has mostly receded. He now has greatly increased mobility.

I think I am getting my money's worth for less than \$8 a month! And I'll take the improved state of my immune system as a free bonus!

### STORAGE LIFE

MSM is very sensitive to water and heat, but other than that has a very long storage life. Certainly storing it for a couple of years will not affect the potency. This is an excellent item for stockpiling a year or two's supply.

### HOW TO TAKE MSM

If you are going to feed MSM to animals, the easiest way is to dissolve it in a small amount of water and sprinkle the liquid on their food. They won't even notice.

If you are taking it yourself, you will notice that it is mildly bitter. I add 1/2 teaspoon of MSM to an eight ounce glass of sweet grapefruit juice and never detect the taste of the MSM. Orange juice also works well. I have also taken 1/2 teaspoon of MSM dissolved in a 12 ounce glass of cold water without noticing the taste.

### SIDE EFFECTS

According to researchers, the toxicity of MSM is in the same range as water! So you cannot overdose on MSM unless you take huge quantities (you can drown by drinking huge quantities of water, you know!) but it is wasteful to take too much MSM as the body just eliminates the excess. For people with severe problems, one teaspoon twice a day seems to be what people take. Normal intake is 1/2 teaspoon twice a day, and long-term maintenance is 1/4 teaspoon twice a day.

You will probably notice extra bowel movements when you start taking MSM, as the body eliminates more wastes. MSM also acts as a diuretic, increasing the daily amount of urine.

I noticed some swelling and mild discomfort of my neck glands for about a week, again due to increased body cleansing. Some other people have reported mild headaches during the first week or two.

But the major, long-term side effect of taking MSM is faster growing hair and fingernails, with more luster to the hair and harder-to-cut fingernails!

#### WHERE TO BUY MSM

Any farm animal feed store will have Vita-Flex brand MSM as a food supplement for horses. This product is human food grade!

Our local Co-Op feed store sells VitaFlex MSM for \$25.95 a pound (100 day supply at 1/2 teaspoon twice a day) or \$15.95 for a 1/2 pound package. You can also special order MSM in larger packages, which I do not recommend since MSM takes moisture from the air like salt, and starts to cake. A container you open and close 200 times in a three month period is really about the right size... and that is the one pound package. Buy four of them and you are set for a year. Buy eight and you are ready for two hard years!

If you don't find a good local source, you can call Vita-Flex from most states at 1-800-848-2359 (from Vermont at 1-800-639-1905). You can also reach them by FAX at 1-802-2448353. They can put you in touch with their local sales representative, who can give you a store name.

#### BUYING IN REAL BULK

If you are willing to repackage MSM in airtight containers and resell it, call Vita-Flex, get the name of your local rep, and buy at the wholesale prices. Vita-Flex MSM is sold in packages as large as 20 pounds.

#### EXPERIMENT NOW

Now, while things are relatively calm, is a good time to try this food supplement to see if it has any beneficial effects on your health. A highly stressful time is the wrong time to embark on a health test."

And that's the information, the end of the article I'd like Awareness to comment on that article and the efficacy of this MSM.

#### COSMIC AWARENESS:

This Awareness indicates that the article is basically correct in its evaluation. There are seen to be no significant side-effects as might be found in the mis-use of H2O2. This Awareness indicates that it also should be pointed out that with a sulfur base, the substance can have considerable benefits in helping to reduce skin wrinkles.

This Awareness indicates that one of the benefits of eating eggs, for example, is that the sulfur in the eggs help to reduce the skin wrinkles that tend to occur with the addition of years. This Awareness indicates that the MSM being related to and a kind of substitute for or derivative of DMSO, gives it certain benefits that are not available in DMSO, but which help to promote some of the benefits that DMSO carries.

This can, for example help in the healing of strains or sprains or swellings, just as occurs with DMSO.

#### FOLLOW-UP QUESTION (VIKKI):

Does Awareness see any problem with taking MSM at the same time as other kinds of supplements?

#### COSMIC AWARENESS:

This is negative. This Awareness indicates that it appears the DMSO working as a diuretic, helping the body to rid itself of water, as that which assists in the more rapid cleansing of the body from various toxins and it also as helping in the loss of weight. However, it is not simply the loss of water that results in weight loss

for many toxins being removed from the body create a more healthy digestive system so that the weight loss results from better cleansing of the digestive system in its natural approach.

This Awareness indicates it helps to break down those accumulations on the walls of the intestines, but also on the walls of the blood vessels and arteries, and therefore helps in cleansing the circulatory as well as the intestinal tract. This Awareness indicates that often, because of the rigidity of FDA requirements in their approach, the animals receive the best medical care and opportunities.

#### FOLLOW-UP QUESTION (VIKKI):

Would the effects of MSM also have any affect on Candida?

#### COSMIC AWARENESS:

This Awareness indicates that any cleansing of the body and ridding of toxins and excess weight would in itself help to improve the body in regard to Candida, helping it to eliminate excessive Candida. This Awareness indicates that this is in the affirmative.

#### FOLLOW-UP QUESTION:

So does Awareness recommend that entities experiment with this MSM, and that it has no negative qualities necessarily?

#### COSMIC AWARENESS:

This is in the affirmative. As long as they use it reasonably within prescribed limits, as suggested, and keep it clean, using it in juices or water, not taking massive doses, it appears to be harmless. It appears to be harmless and beneficial.

Ed's Note: The MSM described in this reading is still available in bulk at Vita-Flex as well as most seed and feed stores that sell feed for horses and cows. Since this reading was given, MSM is now available in pill form as well as in lotions and pastes for all kinds of problems. In the health food catalogs MSM (MethylSulfonylmethane) is a very popular item. CAC recommends the Swanson catalog: phone 1-800-437-4148 or Doctor's Trust Vitamins: phone 1-800-266-4929. You can also get toothpaste, eye drops and other products made with MSM from TriMedica, Inc. PO Box 13837, Scottsdale, AZ 85267.



Bertrams/Het Parool/Amsterdam, The Netherlands

Join the worldwide meditation  
For World Peace  
Every Friday at 9:PM

Details On The C.A.C. Internet Domain:  
<http://www.CosmicAwareness.Org>

Excerpt from a CAC Reading 5-3-96 Paul Shockley Interpreter

## Is Our Dimension to Remain in the Dark?

(Are We Being Farmed by Aliens?)

### QUESTION:

A question from Terry T., Scottsmeer, Florida. He writes: "The solar system seems to be the key to all material understanding and composition. This precision also appears to be incorporated into all living things. Distinctly 3-D in nature, I am very curious as to the importance of this creation dimension relative to those above 3-D. Obvious, to the most casual observer is that they created us. We are no accident, nor was or is the universe.

"The why of this creation, its significance to them, and the constant need for our dimension to remain in the dark is very perplexing to me. Is it that if we knew the answer we would be mad as hell, if not furious at how we have been abused and misused, birth after rebirth? Can Awareness comment on the *why* of these matters, and just what it really is that is being hidden, kept from us, alluded to, but not being told. Are we being *farmed*?"

### COSMIC AWARENESS:

This Awareness indicates there is much assumption in your analysis. It is as though you assume to have the correct analysis of your existence and present your analysis as though it was fact, then question why this fact of your analysis is the way it is. This Awareness indicates the Creation is such that it can be described from different points of view, just as the elephant can be described differently by different people observing different parts.

This Awareness indicates that essentially, the Creation is an electromagnetic spectrum ranging from deep low vibrations to a series of interlocking octaves going

higher and higher, separated by certain frequencies or vibrations between the octaves so that whatever is vibrating on one frequency may not be aware of other frequencies. Even as entities on higher frequencies may not necessarily be aware of entities on some of the lower frequencies, likewise, those on lower frequencies may not be aware of those on higher frequencies.

For example, you yourself on your frequency may have little understanding or awareness of the life that is found within the rock, the stone, or the piece of metal, yet if you could lower your frequency to that of the metal or the rock, you would see that there are atoms, and these atoms are vibrating and moving about each other. There is that which is orbiting and spinning around, and within these atoms there are subatomic parts, and each has its own movement and its own routine, and that there is life force or life fields of energy in and around these things, masquerading as vibration and frequency.

This Awareness indicates that it is not as though there is some kind of overview creature that is conspiring against the rock to keep the atoms of the rock ignorant; it is just the way the Creation was formed. Those who enter into the third-dimensional reality are attuned to the third-dimensional frequencies. It is their attunement by their choice. They chose to attune to the physical realm, because they wanted physical incarnation. It is not that they were cursed and put there to be farmed. It is rather that they *chose* that frequency and by dwelling on that frequency they found themselves dwelling in the third dimension.

Likewise, those in the third dimension can dwell in higher vibrations or frequencies and raise themselves to become dwellers of the higher octaves or higher frequencies. This Awareness indicates that there are of course other ways of viewing the same thing, so that you get a different scenario entirely.

### About Those Third Dimensional Beings

In regard to third-dimensional beings, there are entities in the third dimension that might be considered as masters farming or growing or raising others as though they were cattle or crops, or servants, such as the third-dimensional extraterrestrials that had at some point in the human history, presented a relationship with humans wherein they were the masters and humans were the servants.

This Awareness indicates that in this original scenario, there was a kind of husbandry relationship involved, but the humans have gradually outgrown their position as servants and the masters have left the store unattended for so long that they are no longer remembered as masters.

This Awareness indicates that from this point of view, your scenario of the feeling of being farmed can have some merit of truth to it, but if you are speaking of higher forces or inter-dimensional forces or other frequencies, it is not as though there is some kind of divine beings that put humans in a state of ignorance. It is more that the humans have identified a certain frequency, and their viewpoint is so narrow in their attunement to that frequency that they cannot attune to any higher frequencies without great effort and continued effort.

However, with great effort and with continued effort they can gradually evolve to dwell in higher frequencies, even while on the third-dimensional vibratory frequency of earth and that which is perceived as a material reality. This Awareness indicates if this message has not been as complete as is desired by the question, that further questions or further discussion



A RECENT VISIT WITH THE KID WHO FIRST SANG "JINGLE BELLS, SANTA SMELLS"

### Prayer for Balance

Start your day and end your day by saying the following aloud:

**I AM ONE WITH ALL THAT IS!**

**Thank you God**



may be asked and requested for further exploration.

### THAT "NEED" TO REMAIN IN THE DARK?

#### QUESTION:

Did Awareness cover the constant need for our dimension to remain in the dark? This is very perplexing to the entity, he says.

#### COSMIC AWARENESS:

This Awareness asks this entity: Whose need does the entity refer to in reference to the constant need to remain in the dark? This Awareness indicates that from the viewpoint of this Awareness it is a constant choice of some entities to remain in the dark. It is likened unto entities who walk around their world with blinders on, and fail to realize they could take off the blinders and see more.

If entities want to see more, all they have to do is become more aware. Becoming more aware is not that difficult. This Awareness indicates that as long as entities like to hide certain facts from themselves or as long as they refuse to look at certain things, they are more or less creating blind spots and for some entities, it is more enjoyable to remain ignorant than to face reality or look at the truth of higher vibratory realms.

This Awareness indicates there is no one putting blinders on you except for those hypnotists of your society or those who hypnotize you into some false belief, or hypnotize you into some religion or other philosophical programming. Whatever program you allow to be put on you may be the blinders that keep you from seeing clearly. This Awareness suggests that you work to become de-hypnotized so that you can see more clearly without being tied up with someone else's programming, someone else's view of life, so that you are simply a follower of some program that someone has placed upon your psyche.

This Awareness indicates of course, it is not like simply having this Awareness point to a switch that you can throw so that enlightenment is suddenly everywhere. Rather, it is a matter of you finding how to undo all of the programming that keeps you in the darkness or in the ignorance or in whatever holds you back from being your true self. This Awareness indicates this is a matter of you dehypnotizing yourself. It is not a matter of someone hypnotizing you and your lamentations being sufficient to create a situation in which this Awareness can free you of those hypnotic suggestions of those who have programmed you.

This Awareness indicates that some of the programming may have come from parents, from teachers, from friends, from peer groups, or from authorities. Some of the programming may have been beneficial, some may have put you into a state of non-functioning or non-beneficial attitudes. This Awareness can only tell you to find the truth. The truth will make you free. That in looking and questioning your belief system, everything you believe, exploring all of the things you have been taught to accept can allow you to find your own freedom of thought and freedom of what is best for you, without necessarily accepting some programming that is not to your benefit.

This Awareness indicates it is necessary in this discussion for this Awareness to speak in terms of abstracts rather than in terms of specific things in regard to you and your life, but you can apply these abstracts to those specific things of your own life so that you can begin to question why you hold certain beliefs that give you the feeling that you are kept in the dark. What is it about your life that makes you feel you have not been enlightened?, that you are being forced into ignorance or

darkness?

Question this for yourself, and if there are suggestions or things in your life that prevent you from thinking more clearly, find out why these are there, who put them there, and why you continue to allow them to affect your vision and your clarity.

### WOULD THE SIRIANS DENY EARTHLINGS SPIRITUAL FOODS?

#### QUESTION:

A question from Lavinia F., Franklin Tennessee. She writes: "Is it correct to understand that if the Sirians come to save us to a new experience of humans' future, that that future does not include the pleasure, the spiritual food of listening to great earth voices singing great earth music; Bach, Mozart, Lieder art songs, and such high moments in Wagner, Mozart operas and the Italians too?"

"Will we long for referring to and reading selections from the C.A.C newsletters, which are such a part of wonderful referring and learning, a part of our lives? Funny to think that the gorgeous copies of earth paintings that come to one and are sent out during the Christmas season might not be a lightening part of our new lives! Will we do no reading? Will there be no books?" she asks.

#### COSMIC AWARENESS:

This Awareness questions why this entity thinks these joys would be denied. Do you think the Sirians do not have an appreciation for culture and beauty and enjoyment of great music? Do you think these entities would consider these things to be taboo? This Awareness asks if you were to go to another planet, would you as a visitor or conqueror set out to destroy the beauty of that culture that had developed over countless years? Would you set out to destroy their music? Would you set out to destroy their philosophies or their relationships that they have, and would this satisfy you to be in the position of interfering with some other culture in such a way? Would you deny these entities from continuing their cultures and their joys and their pleasures?

This Awareness indicates that this is not a reasonable presumption. There is no reason to presume the Sirians would deny you the continuance of your culture, particularly those higher aspects of your culture. In fact, they would be more inclined to wonder at the culture and enjoy the uniqueness of the earth music and the development of concepts and ideas.

Throughout history, great cultures coming across each other have learned to absorb one another's ideas and artistry for the benefit of a new renaissance and greater growth and greater culture from the mixture of the two. This Awareness indicates it is a concern that is not validated by any reality; that you need not worry about the Sirians denying you of your enjoyment of the arts and beauty of earth and the things of this earth.

This Awareness indicates the areas that might be denied would be more in terms of those grotesque ugly areas such as crime and violence and the things of degradation, but not the great works of art and spiritual concepts and expressions.

### She Sees Light Borders Around Things

(More on the photon Energies now coming in to this plane)

#### QUESTION:

A question from Kathleen V., Houston, Texas. She writes: "Dear Awareness, I see borders of light around things, including every day non-earthly items, like kid's toys and cardboard boxes. Not auras, exactly, but borders. What is this all about? On trees, I see light

borders that "run" along the silhouette of the leaves and branches, sort of like running lights on a neon sign, while at my job and working with a computer, sometimes lights will literally zing past me. What am I seeing?"

#### COSMIC AWARENESS:

This Awareness indicates that is partly the effect of the increased photon energy in the atmosphere and your sensitivity and attunement to these energies allows you to perceive more than you have perceived in this regard in the past. This Awareness indicates that this will be a phenomenon that more and more people will gradually begin to experience. This Awareness indicates that all organic matter does have energy which has often been referred to as aura energy or which can be described as photon energy that emanates from it, but most of the time entities cannot see this.

This Awareness indicates that gradually, with the changing of consciousness and the awakening of a higher conscious light within entities, these things will become more and more visible for people to witness.\*

\*Ed's Note: This reading was given 4 years ago and today our good friend, JD Rabbit is pursuing the phenomenon of "light circles" which could well be the manifestations Awareness just indicated would become more and more visible. JD has witnessed and photographed these unusual and unexplainable circles of light in many states, over 100 in Vermont alone. The circles are now being reported in Scotland and Argentina. JD wrote an article on these light circles which was published in the September Share International propaganda paper which promotes Benjamin Crème and his so-called Maitreya. Of course they refer to this as another "miraculous phenomenon" created by Maitreya, for which a breathless world supposedly awaits his debut on world TV (been waiting 15 years in fact). One of his more recent "miracles" was planting Grandeur Water in Mexico which the peasant were told was healing water and a gift from this coming great spiritual teacher. He's been pretty busy. Crème gives him credit for creating the crop circles, all those weeping and bleeding statues, the births of white buffalo calves and a red heifer, Hindu icons which drink milk, etc. etc. and now the credit for all those "light circles" which JD's research called attention to. Awareness has debunked this entity numerous times, indicating he is being groomed by the New World Order to represent the planned "new" world religion which will unify all the present religions and end all the strife they create.

Hopefully JD will tie the light circles phenomenon into the rapid changes in consciousness, the increasing photon energy and the density change coming in 2012.

If you see light circles in your area, she would like to hear from you. She says to search for circles of light, pick a clear day and note where the sun hits windows and where that light is reflected onto a nearby building or other fairly even surface. Only dim reflections the same shape as the windows are the normal ones. An area with a north/south-east/ west street grid is the most favorable area for the light patterns to be formed, and additional ones up and down the block and in parallel locations are common.

When reporting circles of light in additional countries/cities/towns, please include address, time of day and season and mail to JD Rabbit, 1577 Chase Rd., W. Berlin, VT 05602 USA. E-mail: jdr@together.net

### Vikki Seeing Spirits in C.A.C. Office

#### FOLLOW-UP QUESTION (VIKKI):

When I've been working in the C.A.C office, more and more lately, I'll have the sensation out of the corner of my eye that someone's just walked by, or has gone by, and when I look, they're not physically there. What

is that from?

#### COSMIC AWARENESS:

This Awareness indicates that these being disincarnated spirits or light energies of beings who are in the proximity but out of your dimension, outside of your particular vibratory dimension. This Awareness indicates this is the kind of thing that occasionally occurred to entities who were in the past considered as psychic or capable of seeing invisible beings. This in the past was thought of as a phenomena or entities might even consider such people as being kooky or strange in reporting having seen some being that was invisible to everyone else.

This Awareness indicates that now more and more entities are seeing these invisible beings or lights which represent beings. This Awareness indicates you must consider that it is likened unto another dimension that is coming so close to your dimension that images are spilling over into your realm of vision.

#### FOLLOW-UP QUESTION:

These entities she sees, they can't do anything negative or intrude into our scene up there, can they?

#### COSMIC AWARENESS:

This Awareness indicates that most of these entities are not likely to. It is as a hypothetical generality, that any spirit or being could be of positive or negative nature, but this Awareness indicates in this particular case, your shop is generally protected against negative forces, and this entity seeing these beings is not in any way drawing in any negative forces. If there were to be negative forces, these would be there whether or not she saw them.

This Awareness indicates in your particular case, the information and the purpose of your organization and the general atmosphere is that which keeps negativity or demonic forces away from the area. There is too much information for the negative forces to come near this area. This Awareness reminds you that information is energy, and energy is information, and the kind of information you have carries a kind of energy that demonic and negative and dark forces do not wish to be around.

#### Interdimensional Belongs See C.A.C. Shop as a Cosmic Library

Therefore, This Awareness suggests you not become fearful that any spirits you might see are inclined to be of a negative nature. This Awareness indicates that these are simply creations or creatures of another dimension who are interested in the information and attuning to the material. It is likened unto understanding that these readings are not strictly for people of your dimension; that there are also entities on other dimensions who use your material and shop as a kind of cosmic library where they also research concepts and ideas of interest to them.

#### These are High Beings Who Connect to the C.A.C. Membership

This Awareness indicates of course this does not mean exclusively the Cosmic Awareness readings. They are also interested in other publications, magazines and information that comes into your office and shop and they also are interested in the connective frequencies or energies of your membership so that they can have contact with entities and the energies of these entities who are likewise part of the membership. These are high beings from other dimensions and some work closely with this Awareness and some enjoy contacting and helping the membership and this is a kind of switchboard for their ability to connect with many entities of the membership.

This is one of the facets of your operation and one of the reasons for these entities to come into your shop and

workplace. This Awareness indicates the other reason being that they often browse through the material and through your books and through your publications and magazines that you receive from other organizations, groups and individuals. It is likened unto their recognizing your place of business as a kind of information switchboard, or what might be termed a 'cosmic library' of sorts.

This Awareness suggests that you view this as assistance, interdimensional beings helping to protect your operation, helping to protect the readings, helping to protect your work, and giving you a protection from another dimension that keeps your activities wholesome and healthy and safe; that these are friends. As your sensitivities to the Photon energies increase, you may gradually be more and more aware of these entities and it is conceivable that in future times you may even find yourself communicating with them as they become more clear to your vision.

This Awareness indicates this is not likely to occur for approximately two more years, but gradually, between now and 1998, it is likely to increase in frequency so that you gradually begin to see these entities more frequently and more clearly over a period of time. This Awareness indicates that within approximately 7 to 10 years you are likely to have sufficient shift into the merging of the dimensions that they become quite commonly visible and they start becoming familiar to you so you will be able to distinguish between one and another of these entities.

This Awareness suggests you keep in mind that as they become more clear to you, likewise, you become more clear to them. They can communicate with you as they become more able to see you and witness your presence.

#### The "Rapture" from this Plane Will Occur in 2012

This Awareness indicates the merging of dimensions will continue through 2012 or 2013, at which time the dimensions will again begin to drift apart. In that merging time, many entities from the earth plane will slip into the next dimension so that there is what has been called the Rapture, and entities being taken from this plane into the next dimension as Light Bodies will find a new place of dwelling and the third-dimensional plane will then begin to slip back into a more solid state.

This Awareness indicates those who are not suitable for moving into the higher dimensions will be retained in the third-dimensional reality and eventually will be destined to start over in lower evolutionary states of being, while those who are suitable for moving into the higher frequencies will find themselves ascending into more etheric types of bodies in a higher dimension, with many of their loved ones who have passed over, so that a great reunion will occur for many of these entities, along with a merging of those from the other dimension, and much of this will entail a coming together of the Sirian culture commingling with those of Terrestria or earth culture.

### ARE DISEASES BEING SPREAD WHEN PLANES ARE SPRAYED IN ATLANTA?

#### QUESTION:

Jack Katchmar sent in a copy of a letter Eustace Mullens sent to him, and one of the things Mullens said in the letter is as follows: he writes: "Also I have had a terrible chest cold since coming back through Atlanta. I haven't been there for years, but they routed me through it. Sure enough, I came down with a deep chest cough. The Center For Disease Control sprays the airport regularly so the viruses can be spread all over the

United States by the millions of people coming through there. This creates tremendous business for the drug trust and the doctors."

Is that speculation on his part or is there some truth to that statement?

#### COSMIC AWARENESS:

This Awareness indicates that there is truth in this; that it is not promoted in this matter. This Awareness indicates the promotion is that they are spraying these airplanes in order to prevent viruses from being brought in from other countries through the airlines. In the movement to other countries, these planes are sprayed in those foreign countries. They are also sprayed upon return from those foreign countries, with the argument that the spraying is necessary to keep viruses from being spread from place to place.

This Awareness indicates, however, that because no one can be sure what is being sprayed, it is often a situation in which the spraying of certain viruses is effective in spreading certain diseases across a country, and more money can be generated for the health departments and health systems of a country by creating more sickness. This Awareness indicates that this is not practiced on every flight, but there are times when if there is an abundance of a certain vaccine or a need for increased medical earnings, it can be used not necessarily with the full knowledge of those who spray.

The medical profession can sabotage the work of those who spray, who think their spraying is to prevent these viruses from spreading. The medical profession can put in substances that do carry viruses which cause flus or colds or other problems so that the medical profession can earn more money in treating those flus, colds and other problems. And there are some instances in which this is done without the knowledge of those who actually do the spraying.

This Awareness indicates that this is one of many ways whereby the medical profession can assure it is working for its pharmaceutical companies in selling the drugs and products necessary to keep the investments in these pharmaceutical companies thriving.

### Are the British Causing Gas Prices to Rise?

#### QUESTION:

In the newspaper, the *New Federalist*, dated April 29th of this year, there's a little article that says "The British faked the shortage and is sending oil prices soaring." Evidently gasoline prices have sky-rocketed in the last few weeks, and the article says: "While the news media proliferate a variety of nonsensical explanations for the oil price increase, ranging from a supposed shortage of supply, to the weather, to the lack of Iraqi oil exports, the reality is quite different.

"The Anglo-Dutch oligarchy grouped around the House of Windsor has orchestrated this increase. The oligarchy-controlled energy cartel which is led by the 6 oil sisters: Royal Dutch, Shell, British Petroleum, Exxon, Mobile, Texaco and Chevron (Chevron and Gulf merged) control 47% of the marketing of the world's oil directly. Through its control of the transportation routes, the Rotterdam stock market and energy financing, it controls an even greater share than that.

"Oil moves for the most part, only if the energy cartel decides it will. The real reason for the current oil price spike is to destabilize the American economy and President Bill Clinton during an election year and to facilitate the oligarchy's killing in the NYMEX and other speculative markets." It goes on to explain more about that, but does Awareness see any validity to that theory?

**COSMIC AWARENESS:**

This Awareness indicates that the theory is valid, but the theory does not give a complete picture of the actions intended. This Awareness indicates that it is designed to disrupt and disturb the American economy in order to help bring down the economy so that the entity Bill Clinton will be seen as the president involved when the American economy collapses. It is also a possibility that the entity Bill Clinton will not even be available for the election in November.

This Awareness indicates that the intention is to create so much turmoil in this country economically, that the continued good times and balanced economy will lead to a kind of chaotic situation so that when other factors are also brought in and the chaos needs to be strong enough, the introduction of UN troops will not seem to be an unwanted circumstance.

This Awareness indicates it appears to be part of the continued preparation for creating the downfall of the country, whereby even Bill Clinton, though being used for this purpose, can be likewise sacrificed as it is brought into play. This Awareness indicates that if sufficient chaos is created on all levels, people will go for whatever is introduced as a solution to the problem. Unfortunately, the solution will be designed to usher in the New World Order rather than to put things back into order through the present laws of the United States and its current Constitutional safeguards.

This Awareness indicates just because this is part of the plan does not necessarily mean that their plan will be successful, however This Awareness indicates it does appear to be a formidable plan that could be greatly disturbing if it is carried out sufficiently. This Awareness indicates in part this is why President Clinton is having the shortage investigated, because it is something he himself does not understand. He does not know why it is happening and feels there is something amiss in the situation.

This Awareness reminds you however, to keep in mind that the president is being handled by others, and even if he wishes to do something, it is unlikely that he can be very effective in it.

### Comet Hayutake: Was it Piloted by Andromedans?

**QUESTION:**

Awareness discussed this comet Hayutake the other day, but Joseph G., has a new spin on this. He asks: "I saw on the news last week that astronomers observed that the comet Hayutake broke into five pieces. From a friend I was told that this comet was piloted by beings from Andromeda who are here to prevent the renegade aliens from doing any harm here for the next five years. Would Awareness care to comment on these two statements?" he asks.

**COSMIC AWARENESS:**

This Awareness indicates that Andromeda is that which is not in this galaxy. It is a different galaxy. It is unlikely that these entities would be involved in this particular area, or concerned about this; however, this

#### There is an Andromedan Council

Awareness suggests that it does appear to be the work of certain ... This Awareness indicates there is that which is the Andromedan Council. This is a name given to an organization made up of entities who are connected with the Andromedan galaxy and with different Galactic Confederation alliances within this galaxy, and it appears that this is in some way connected to a project or program recommended or sponsored by the Andromedan Council, not necessarily from Andromeda

itself.

This Awareness indicates that this does appear to be a situation which is being readied for a future purpose in warding off Draconian or what may also be termed 'Reptoid' ambitions in this sector. This Awareness indicates that it appears the Sirians and Pleiadians and Vegans are also involved in this operation or project.

## WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



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#### MEMBERSHIPS AVAILABLE ( Honor System )

INDIVIDUAL: \$42 per year or \$12 quarterly  
 FAMILY: \$52 per year or \$20 quarterly  
 CONTRIBUTING: \$77 per year or \$25 quarterly  
 SPONSORING: \$144 per year or \$40 per quarter  
 BENEFACTOR: \$500 per year or \$150 per quarter  
 PATRON: \$1000 per year or \$250 per quarter  
 ANGEL: \$5000 per year or \$1500 per quarter  
 LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY

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