

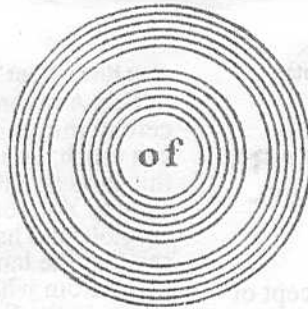
# Revelations

The Cosmic Newsletter

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# Awareness

COSMIC AWARENESS COMMUNICATIONS

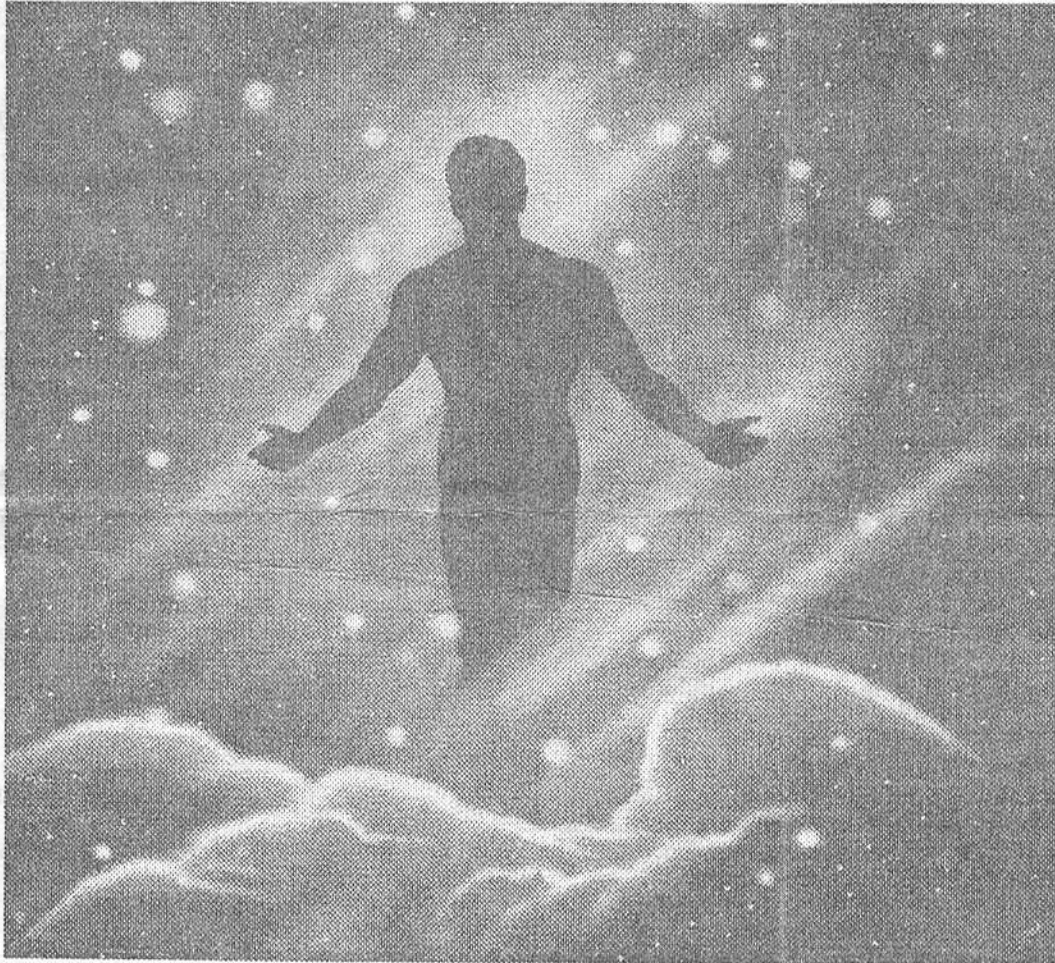
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## Cosmic Awareness Presents to you

# The Keys to the Kingdom

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## Understanding the Nature of Reality...

### HOW AND WHY THE UNIVERSE APPEARS AND DISAPPEARS EVERY FOUR QUADRILLIONTH OF A SECOND

#### OPENING MESSAGE:

This Awareness wishes to elaborate on the concept of a universe that appears and disappears every four quadrillionths of a second. This Awareness indicates that this as being a kind of simplification of the process; that there is in actuality a more elaborate activity occurring which needs further clarification if entities are to understand the nature of reality. This Awareness indicates that entities cannot perceive the nature of reality without understanding this fact of the appearing and disappearing universe.

#### The Universe IS Consciousness

This Awareness indicates there are basically three things which need to be realized; one being that the universe is a living creature, the other that it is filled with consciousness and in fact, IS consciousness, in which matter is but the outgrowth of conscious information processing that occurs in the universe, and the third being that the universe appears and disappears every four-quadrillionths of a second. This Awareness indicates that in understanding these things, entities will have the basis by which to understand reality in its highest sense.

This Awareness indicates that a fourth level being that of realizing that the consciousness of the universe does become fractured, and that each fracture can take on characteristics of its own so that it can appear to have its own system working separately from the rest of the universe, but such a fragmented system is only allowed to work for a shorter duration of time. It is capable of existence for only a limited period of existence, and it too will need eventually to merge back into wholeness with the rest of the universe. This Awareness indicates that this being the fourth criteria or level to allow entities to understand the nature of reality.

#### Fragmented Energies Being Processed by Information

This Awareness indicates the fifth level to understand in regard to the nature of reality is that these fragments can be acted upon by new information, and the new information acting upon a fragmented portion of Universal Consciousness, working upon a system wherein information being input, being put in to that system or fragmented part, can alter that system in such a manner as to create change or modification to that particular fragment of consciousness. This Awareness indicates, of course, as an example, a fragment of consciousness would be a tree, a mountain, a planet, an individual, an insect, or any other isolated object anywhere within the universe. *Anything* that could be named as a noun is in actuality a system of fragmented energies being processed by information.

This Awareness indicates therefore, such a system may be in actuality more of a verb than a noun because it is in the process of being and of acting. This Awareness indicates that *It* wishes entities to focus on that which is the appearing and disappearing aspect of the universe at this moment because this has been repeated many times over the years by this Awareness, that the universe appears and disappears every four-quadrillionth of a second; this as that which can boggle the human mind which is not used to thinking along such lines or perhaps does not see beyond the words to the actuality being given.

### You Know Most Things Are Tangible Because you Can Feel them

This Awareness suggests that you understand that certain things are tangible, because being tangible, you can touch, you can feel, and your senses perceive these things as tangible and it fits within the logic of your senses. You touch a lamp and you assume the lamp is tangible and has a shape that can be defined, and you say that the lamp is reality, yet, at the same time, you know from what you have been told by scientists and by others in the field of physics, that the lamp is actually but a formation composed of atoms and molecules, strengthened together in a kind of structure which you call a lamp.

#### Visualize a Universe Composed of Shimmering Atoms

This Awareness indicates that this reality of the atoms lies beyond your senses and can only be perceived through thought or through the mind and not through the senses, so the lamp is composed of miniscule atoms, shimmering in a certain shape, which you call the lamp, which your senses perceive as a lamp. This Awareness indicates that the table on which the lamp sits is also but shimmering atoms and these atoms are vibrating at extremely fast speeds, beyond the perception of your senses. This Awareness asks you now to visualize a universe which is composed of atoms, which make all things that appear to be material, but which is in actuality composed of these tiny atoms that are shimmering at tremendous speed, and in their vibratory movement, these atoms are essentially appearing and disappearing; that the subatomic parts are appearing and disappearing also, even at a faster rate than the atoms themselves, and that the more miniscule parts of these subatomic levels are but frequency vibrations that appear and disappear so quickly, you could say that they are appearing and disappearing at four-quadrillionths of a second or more.

This Awareness indicates that if this is going on throughout the entire universe, it can safely be said that the universe appears and disappears every four quadrillionths of a second, because these particles, or aspects of consciousness are permeating everything within the universe from the entire universe itself down through the nebulae, stars, galaxies, planets and all the things which are associated with the matter that is sensed as being upon the planet.

#### Your Five Senses: The Five Fruit of the Tree of Knowledge

This Awareness indicates that the various senses, the sight sound touch, smell and taste, all of these things are operating in terms of certain frequency levels which allow them to perceive in their own unique way. These are the five fruit of the Tree of Knowledge, as given in the story of the garden of Eden. This Awareness indicates that these five senses from the Tree of Knowledge are those which are the great deceivers, so that you do not really see what is occurring in reality because your senses are limited in scope to that which they perceive, and they perceive only a small portion of reality.

The nose can only smell so much; the eyes can only see so much. You can only touch so deeply. You cannot touch beyond what your senses, the tactile senses of your fingers or other parts of your body can feel. This Awareness indicates you can only hear within a certain range, and you can only have a certain degree of taste in order to perceive the nature of some chemical reaction on your tongue. This Awareness indicates that there are creatures which can see better than you, which can hear better than you, which can smell better than you and which can taste better than you.

#### There Are Creatures With More Senses Than We have

This Awareness indicates that there are also creatures which can feel through certain energies in much more sensitive manner than that which you yourself can feel. These are not always such that one single creature has these advantages over you, but the creature may have one particular advantage in which it is more competent in this area than are you. The purpose of this remark is to show that your senses are limited, that there are examples of creatures who have greater ability in terms of their senses than do you.

This Awareness indicates this only goes to prove the point that there is much in reality that lies beyond your senses, which, if you believe the fruit of the Tree of Knowledge, if you eat of that fruit alone for your knowledge, you will be deceived, you will be poisoned by false information. This Awareness indicates that it is important to realize that beyond the perception of your senses, there is an entire reality of vibrations and frequencies which you cannot possibly perceive while relying on the senses, for the senses are not geared or capable of reading those other levels.

#### Join Awareness in an Imaginary Trip

This Awareness suggests therefore, that you join in an imaginary trip; that you imagine there being different levels of matter. You may see this matter in a kind of line, in which very heavy matter is placed on the bottom; this can be even perceived as a kind of heavy metal; that above this is a lighter matter, the matter being such that it is more pliable, such as clay. Above this, the still lighter matter, such as some kind of fabric or some type of fiber. This Awareness indicates that above this there is a layer of that which may be seen as a liquid, and above this that which is gaseous. This Awareness indicates that above this there is seen that which is more of an astral energy, a radiant energy of light that has a certain degree of tangibility to the very sensitive touch, wherein you can see, you can touch this magnetic energy, but you cannot pick it up or hold it. This Awareness indicates that above this there is that which is the clear energy that does not appear to have any substance.

This Awareness indicates *It* has presented you with these layers of substances and asks you now to look at that which is the heaviest, that which is perceived as the material of metal. This Awareness suggests that this metal-like substance in your mental imagery should be looked at as though it were compacted atoms, so densely populating the substance that they appear to be interwoven, interwoven so tightly that they have weight and are heavy in nature, and it is difficult to penetrate because they are so close together.

This Awareness suggests that the next level up, that which is more likened unto clay, is not so dense, is not so heavy and can be penetrated with greater ease than the metal. Likewise the fabric and the fiber; each step going upwards becomes easier to penetrate. The atoms are not so close together; the subatomic parts are not so close together. This Awareness suggests, however, that in looking at these things you understand that regardless of what level you are dealing with, they are all composed of the same substances at their very foundation. They are atoms and subatomic particles and these subatomic particles or points are so miniscule and are so in their most refined sense, so fragile, that they cannot hold themselves together and disappear every four-quadrillionth of a second, but they come back because of the inertia involved in their movement to and from the Akasha on which they ride.

Akasha : The 5th Element—The Breath of God

The Akasha is that screen which serves to separate two parallel universes and when they vibrate into one side of that screen, they are said to be spirit, having disappeared. When they vibrate back into the next other side of the screen, they are said to be tangible matter. The screen itself is ultimate consciousness, and it is that ultimate consciousness that is called Akasha. This Awareness indicates that this is the fifth of the ancient elements following fire, air, earth and water. Akasha is the breath of life. It is the spirit of God. It is the life force that emanates throughout the universe and it is that which gives consciousness a screen on which to play and to vibrate.

This Awareness indicates that there is nothing beyond Akasha in terms of existence. The Akasha is that which is the most ultimate of being. This Awareness indicates that upon this vibratory screen, wherein things pass back and forth in terms of frequency levels, going at these enormous speeds: or four quadrillionths of a second and higher, there are those movements which equate to those realms that have been spoken of, such as Sach Kahn, the origin of the souls, and those lesser heavens, and from there on down, are those denser areas, including movement into that which is perceived by the organs of your senses as matter and material reality.

This Awareness indicates the fact is, as has been stated, these material realities are only realities to the senses. They are not realities in the ultimate sense, in the same way as they are to the senses. Were you to lose your sense ability and move into that which is pure consciousness, these metals, these fabrics, this clay would all cease to be anything other than image. It would be seen as energy being processed through the information that holds or through the mind that perceives those energies. There is a mind that perceives the metal. There is mind that perceives the clay and the fabric and this mind as that which, when indulged in from its own essence, does not see these things as realities, but sees them as creations of itself; in other words, what you would term images within its own mind force.

#### You Imagined Yourself Into Existence

This Awareness indicates there have been entities who say: "I just don't have any imagination. I never have had any imagination." This Awareness indicates this is totally false, for you came into existence; you energized yourself, you imaged yourself into existence by your imagination. Everything that exists, exists because mind, along with your participation or the participation of some other aspect of the fragmented consciousness energized that thing into existence. You, yourself, participated with the creation of yourself. Your attunement with Universal Mind and with the fragmented consciousness was such that you imaged yourself to be exactly what you are, for in your creation of yourself you reflect that which is your own essence and you use that Universal Consciousness to fragment from, to create a whirlpool or eddy, which is an energy in the Universal Consciousness, and call that *self*, and image that self into that which is a reflection of your accumulated essence up to that time in your evolution, and thus you become what you are in terms of a material manifestation or representation of the soul development which you have accumulated through your evolution.

#### How the Concept of Parallel Universes Occurs

This Awareness indicates that in understanding how the universe sustains itself throughout this period of the vibration of things appearing and disappearing simultaneously, in which there are the concepts of parallel universes, the universe appearing on one side of the screen known as Akasha, and disappearing from the

other side simultaneously, and then immediately, one four-quadrillionths of a second later, reappearing on the other side as a parallel reflection to this side, in such speed, in such manner that the two universes may be seen as existing, as coexisting simultaneously, so that there is what appears in consciousness as a duality of realities; the one being a material reflection, the other being a psychic or mental reflection so that you have simultaneously on the one hand, a material world which you perceive almost incessantly, and on the other hand, you have the psychic or mental world, which you perceive almost incessantly, and you cannot distinguish that they are two alternating factions of the energies of polarity, vibrating back and forth at a speed of one four-quadrillionths of a second between the material and the mental, or spiritual at such a rate that one exists, then the other, then the one, then the other, at such speed that they appear to exist simultaneously.

Thus, you have that *appearance* of reality that you are living in a world of material as well as existing in the form of a thinking being. This Awareness indicates the thinking, living, conscious being as that which contains or reflects the reality of a universe that is alive, is conscious, and the appearance of a material realm as that which reflects the observation of certain creations in terms of the tangibles of that image that is projected by the consciousness which is the creator.

#### All Consciousness, Not Earth, Is Reality

This Awareness indicates in other words, the universe is alive and conscious and in the process of its vibration through the screen of Akasha, it is able to observe the vibrations that you perceive as matter, and it sees that matter as something which is not alive, or which is essentially tangible and what you term *reality*, but in actuality it is *all* consciousness, and all consciousness is the reality. This Awareness indicates *It* is not certain that this has clarified the nature of reality for you. *It* may have confused things even further.

#### Here is the Important Point to Remember

This Awareness indicates, however, the important point to remember is that your senses are the great deceivers and that the reality of your world is that which exists in consciousness, for the entire universe is a consciousness in action which can be fragmented so that portions of that Universal Consciousness take on the illusion of being separate from the rest, and in that illusion can process information that is fragmented from the whole, and those fragmented illusions see themselves as individual separatenesses from that which is the totality of Universal Consciousness.

#### The Meaning of "I And The Father Are One"

This Awareness indicates that this can have an advantage in certain ways of allowing those fragments to experience unique lives based on fragments of reality, such as the life you are living at present, but it can have a disadvantage in that entities sometimes perceive these as being absolute, and perceive themselves as being separate from the Universal Consciousness because they have been fragmented and have closed off their total contact with Universal Consciousness. When the entity Jesus said: "I and the Father are One" he was speaking of his ability or from his ability or from his realization of unity with Universal Consciousness. This unity or this ability to become one with Universal Consciousness is that which is called the Christ Consciousness. It is that which is crystallized or identified with in an atonement to the Universal Consciousness.

#### You Are "Christed" When Attuned With Universal Consciousness

This Awareness indicates that when entities are attuned or atoned with Universal Consciousness, they are said to be *Christed*. It is likened unto an anointing, or unto an initiation. It is a title that has been given down through centuries, when one is identified with and able to be attuned to Universal Consciousness. This Awareness indicates it is not the last name of an entity who lived 2000 years ago, but rather it is a *title* that explains what has occurred to this entity. This Awareness indicates that likewise, it can occur to individuals who are capable of temporarily setting aside their own fragmentation called 'self,' and rejoining the Universal Consciousness in a manner that perceives reality from that point of view.

It is not that you must see everything at once, but you must be able to surrender self to that Universal Consciousness so that *It* can show you what *It* wishes to show you. This Awareness indicates your ability to attune to Universal Consciousness will grow by degree as you practice setting aside self, temporarily, to attune to that Universal Consciousness. This Awareness does not advocate that entities totally annihilate self, but rather that they temporarily forget the self and move into Universal Consciousness in order to glimpse something greater than self; that it is important also to have that connection with self, for as the self, in the material sense, you are capable then of doing things which this Awareness, as pure consciousness, cannot do in terms of details, in terms of manipulation of physical realities and those things in this world of maya, this world of illusion.

#### The Illusion We Call Reality Has Essence

This Awareness indicates that the illusion as that which you call reality, but it has its essence and in its particular frame of reference, it is a reality. One cannot say that the movie *Star Wars* is unreal, for it has a reality in one sense. This Awareness indicates that likewise, your life is not unreal, but from another perspective it is seen as an illusion, just as the movie *Star Wars* is seen as an illusion from a particular perspective. This Awareness indicates there are too many entities who have looked at this world in which you live and say "It is all illusion anyway, so why bother helping that person lying on the street? It is simply an illusion and means nothing." Therefore, they do not assist the needy.

This Awareness indicates that this as being inappropriate, for within this realm of illusion there are also certain realities in the framework of the illusion that need attention, and when one leaves this dream which you call reality and goes to a greater reality or different reality, they will see that there has been something which they either gained or missed in their experience with the illusion, just as one can go to a movie and either gain or miss much of the experience. One can participate in watching a movie and say to themselves throughout: "It is only a movie! That person really didn't have that happen to them! It is just some Hollywood set, wherein the director moved this thing over there with some kind of film photography and tricks and made this character say that and do this." You can watch the entire movie in this manner and never get what the movie is about or see or perceive or enjoy the experience that the movie has to offer.

It is the same with life. You can watch life as though it were an illusion and miss all of the lessons, or you can enjoy and become involved in the life experience and gain the lessons. It is important, however, that you also realize it *is* an illusion from a certain level, so that you do not become so entrapped by the movie of life that you cannot extract your emotions, you cannot extract

your awareness from what is occurring, you cannot back up and laugh at yourself or see how you were becoming over-involved in the role you were playing.

This Awareness indicates that it is important, just as in observing a movie, that you observe life to the degree that you get what its message holds for you, you participate in the experiences being offered to you, but that you not become so engrossed and so fixated and so obsessed with your experiences that you lose yourself totally. This Awareness indicates that this is much likened unto a child who watches the movie in which, for example, King Kong is shot, and the child begins to scream and cry. This Awareness indicates it is important that the child not be traumatized by the slaying of King Kong. It is important that the child be helped to realize that it is just a movie. They are making a dramatic point to bring home a certain kind of experience.

This Awareness indicates if the entity believed it to be real, it could traumatize the child greatly, and cause much distress for the child. Likewise, an entity who is involved heavily in life's experiences, who takes them too seriously, can become highly traumatized to the point where the soul can even suffer. It is important that entities understand there is in the one hand an actuality in life, a reality to deal with, and at the same time, on the other hand, it is all illusion. This Awareness indicates that likewise, in the dream, when one becomes too entranced with one's dream and thinks the dream is a reality, the entity can have terrible nightmares and wake up with great anxiety and could even be frightened to death from the experience within a dream, and this has happened to entities.

This Awareness indicates that likewise, the entity in having strong impressions within a dream might find that there are certain values in the dream that need to be taken seriously and not simply dismissed because the dream is only an illusion. This Awareness indicates that when you begin to realize that life on all levels is made up of that which has stability or solidity or reality as well as more gaseous levels such as illusion, uncertainty and unreality, and when you realize that life on all levels is matter, yet immaterial, having no substance at all, and appears and disappears every one four-quadrillionths of a second, and you begin to recognize that it is all mind, it is all just consciousness and that you can do really whatever you want in consciousness, and in such a realization you begin to practice, using that mind and consciousness, to create the kind of world you desire, so long as it fits within the laws of Universal Consciousness, so long as it does not fragment and separate and create conflict with others, so that you will gain from your efforts, rather than lose from the efforts.

#### The Metaphysical Trap Many Fall Into

When you realize this fully and start using this principle for good, so that all may gain from your efforts of mental creation, then indeed, you are living in reality and your world becomes something totally new. There are too many, however, who attempt to use this new knowledge or this new understanding for personal gain at the expense of others, and therefore, they separate themselves from others in an effort to make self more significant than others, in order to gain greater advantage over others. This Awareness indicates in this process, the entity is in actuality cutting himself off from the Universal Mind, even though attempting to use it, and there are too many who enter in to this metaphysical trap, and in so doing, fail to progress spiritually, fail to truly learn the lessons that are required for the entity who pursues that path toward the Highest and Best, for it is that when an entity wishes to progress spiritually, they can easily be tempted off the path to

those areas in which they may gain temporal power, for a short period of time, in order to make themselves feel significant for the spiritual grasp that they have attained, but what a loss if they do not realize how much further they can go by giving up any temporal power and moving on toward Universal Consciousness.

This Awareness indicates as entities truly move toward Universal Consciousness, they would have no desire to put themselves in a position of greater benefit at the expense of others who do not understand their power or thinking, whereby they use that power to put others down and promote themselves. Anyone who truly seeks to have Universal Consciousness would not do that kind of manipulation, for in fact they are creating a fragment in the Universal Consciousness, whereby they separate these people in order to promote self, and in so doing, they lose touch with universality, for universality does not have separation. It is all one.

#### How Entities Conjured Up Phillip

This Awareness indicates the nature of reality is such that it is likened unto the weaving of electric bands of energy, wherein they weave together, either tightly, as some kind of fabric, weaving so tightly that they become as tight as metal, or whereby they loosen and in the loosening they become gaseous, and in that gaseous state entities can perceive them as being fragile; yet these energies that make up the consciousness of the universe, whether metallic in nature or gaseous in nature or of astral energies, or magnetic energies, they are all consciousness, and that consciousness operates in such a manner as to be able to fragment itself according to its own will, or according to the will of some other aspect, so that an entity in looking at consciousness can break off a fragment of Universal Consciousness, describe it, give it a name and say: "This aspect of consciousness is named Phillip. This aspect of consciousness named Phillip as these qualities, and this aspect of consciousness with Phillip's qualities believes this," and in so creating, that focus and description can take on its own peculiar fragmentation as a unique individual aspect in consciousness.

#### You Now Can Create New Realities for Yourself so Beware

It is in this manner that those who worked in conjuring up Phillip were able to create the spirit which saw and perceived itself as being Phillip. This Awareness indicates that if you fully understand what this Awareness is telling you, you will see how it becomes possible through mental powers to create out of thin air, new realities for yourself. This Awareness wishes that you be most careful in using these powers; that you not separate and create separations or create those negative images that will come back and haunt you or someone else, but that you use this image process and information processing only for the benefit of yourself and others, so long as it does not harm anyone else.

#### Awareness Has Given You the Keys to the Kingdom

This Awareness indicates that when you fully understand what this Awareness has just given you, you will be magicians in the highest sense, able to manifest new realities and in being magicians, you will understand the proper use of this tool and the danger of misusing this tool, and you will avoid any misuse of this tool. This Awareness indicates that you have essentially been given the keys to the kingdom in this reading. It is for you to discern carefully how to use this information, without abusing yourself or anyone else.

This Awareness indicates that anyone who attempts to use this information in a manner that promotes self without concern for the welfare of others will surely find the information hazardous to them.

## When Vikki Drove Through a Garbage Truck

( Were the Higher Physics in Effect Here? )

### FOLLOW-UP QUESTION(VIKKI):

This information, I believe, if I'm not mistaken, also ties in to the Higher Physics and the Higher Laws, and I was wondering if this would explain the experience that I had where I was driving down the road, and I saw a garbage truck in front of me, and after it was too late to actually swerve around the truck, I realized my situation and thought: "I've got to go around it!" and actually the space of my car and the space of the garbage truck was in the same physical sense for a period until I swerved around it and moved on without any kind of impact. Now I believe what happened there, the mental thought was not: 'There's going to be an impact,' but it somehow engaged: 'I must do something', and it engaged the Higher Physics. My car appeared to literally drive *through* that huge truck and without damage to either. The astonished look on the faces of the truck driver and his helper seemed to confirm this.

### COSMIC AWARENESS:

This Awareness indicates this as that which occurred in consciousness, within your consciousness, within your psyche, because of the extremity of the urgency and threw your consciousness into a higher level so that it transcended the material reality and entered into that which may be termed the spiritual or abstract reality which this Awareness refers to as Universal Consciousness. This Awareness indicates that it would be impossible for you to be in the same space with the vehicles, the two vehicles, in a material sense, but in consciousness, this can occur.

## Is There a Way to Slow Down the Inertia?

### QUESTION:

Awareness, is there any way that entities could slow down, or slow down the inertia that would prevent the disappearance?

### COSMIC AWARENESS:

This Awareness indicates there is no reason to prevent the disappearance; without the movement between one side of Akasha toward the other side, that movement between the spiritual and the material realms, one would either transcend and move totally into the spiritual realm, or one would give up the body and leave it in the physical realm and short-circuit and pass into spiritual reality --this commonly known as death. This Awareness indicates that it is that balance which entities experience wherein the material and spiritual realms are alternating, such as an alternating current, in electronic systems.

The alternating consciousness, alternating between the perceiver and the perceived, the spirit and the matter or the spirit and the image, as that which allows entities to persist as human beings in both spiritual and physical synthesis, so that they are able to hold spiritually onto a material carriage. This Awareness indicates that the human body, a material tool to serve the spirit that inhabits the human body, does have its purpose, for much can be accomplished while in this state.

The question of trying to stop the inertia from bringing one back in terms of the vibration is likened unto trying to stop the pendulum from swinging back into the other side of reality, would leave the entity on the one side without the benefits of the other side, thus the entity's body and spirit would separate and no longer be animated as a body, nor would the spirit have such a body to work with. This Awareness indicates that it is not so much possible for entities to slow down the vibration or frequency in terms of the appearance and

disappearance of the universe, but the very act of understanding this allows entities to perceive that concept, and in so perceiving, the entity can speed up his or her consciousness proportionately, in such a manner that the entity can focus on the one side or the other and make alterations.

### Creation Takes Place When Material Reality Disappears

This Awareness indicates it is in the disappearance of the material reality that creation takes place; the cause can create new realities. This Awareness suggests you visualize a line on a sheet of paper. Call this line the Akasha screen. In actuality, the Akasha screen is everywhere present, but for simplicity, we will call it a line. On the one side you have the consciousness of spirit. On the other side you have the consciousness of matter, that is, matter as perceived by the consciousness of spirit.

The consciousness of spirit creates through imaging the consciousness of matter. And now, visualize this line in the center as dividing these two portions of reality, but visualize that there is a pendulum swinging back and forth across this Akasha line at one four-quadrillionths of a second, and every time it touches one side, that side becomes reality. Every time it touches the other side, that becomes the reality, and as you visualize this pendulum swinging back and forth every four-quadrillionths of a second, you see that the mind or consciousness and the image created by that consciousness appear to exist simultaneously, because the movement is so quick you cannot distinguish that one is being touched when the other is not.

The pendulum appears to be stable, touching both in a long swing. This Awareness indicates that now, if you can perceive the entire scene being slowed down, likened unto a slow motion action in a film so that it becomes slower and slower, and the pendulum now moves over to the one side, and then over to the other side, and now, looking at it moving toward that side which has been called consciousness of spirit, or spirit consciousness, and the other side which is the material consciousness, and that material consciousness is actually the image created by the spirit consciousness; let us swing the pendulum over to the spirit consciousness and examine this briefly, realizing that this is an examination of something that occurs within one four-quadrillionths of a second.

### An Examination of the Spirit Consciousness

This Awareness indicates that this spirit consciousness is such that it cannot stop thinking. It cannot stop perceiving. It cannot keep from realizing, and in its perception, in its realizing, in its vibration as a being which it is, as a consciousness, which it is, it has to be conscious of something, therefore, if there is nothing for it to be conscious of, then it has to be conscious of itself, so it quickly jumps across the screen, across the screen of Akasha, to look at itself, to see what it is. It attempts to become and to *see* what it has become. It projects an image, and jumps to the image to see what it was. It keeps jumping back and forth at tremendous speed, trying to observe itself.

In that process, because its afterglow follows, it perceives a certain image of self; that afterglow is not itself, but it is the *reflection* of itself. It is likened unto the aura that surrounds an individual, or it is likened unto the image that follows the flashlight that is moved quickly, wherein you still see the afterglow even though the light has moved on. This Awareness indicates that the image is not really there, but because it *was* there and the consciousness leapt so quickly from where it

was, there appears to be that which is the remainder or an afterglow, a shadowy substance.

This Awareness indicates that this movement at one four-quadrillionths of a second, creates for the consciousness the sense of something, and if it moves fast enough, it thinks that it sees itself, when in actuality it is only seeing its own reflection, and that reflection may even be nothing more than illusion in the mind of the consciousness that is moving. This Awareness indicates that it may simply imagine it saw itself, and therefore, the self is but imagination, but the consciousness is real.

This Awareness indicates that as this process increases and is multiplied by more and more aspects, echoed and repeated and repeated and multiplied time and again, there become many fragments of consciousness attempting to see self and seeing the reflection, and realizing the reflections are also looking for reflections of themselves, and in this process, the entire action becomes such that a myriad of images begins to manifest on the two sides of the line of Akasha, the screen of being, and consciousness then begins to create image. And the image can become more compressed as the actions are multiplied and condensed and the condensation can take on the appearance of something solid, of something more complete, and then the consciousness can begin to perceive that appearance of something solid, which it may call matter, even though it is but imagination, but a dream, but a focal point, and that matter can begin to grow as consciousness energizes and continues this process, processing the information that there is something there, and processing this information with the help of its own images and afterglows and the repeated movement at one four-quadrillionths of a second, over and over and over, repeatedly, four-quadrillion times per second, so that there becomes the appearance of reality in a material sense.

It is this that this Awareness refers to as the conscious matter or material consciousness, as opposed to the spiritual consciousness. The spiritual consciousness is the cause, the material consciousness is but the reflection, the mirror image, and may be seen as illusion, but it is no more of an illusion than is the mirror image of yourself when you look in a mirror. It is a replica of reality. It is an image of reality. You look in a mirror and you say: "Oh my! I look terrible!" Others don't say: "Oh no! That's not you! That's just your image you're looking at!" They recognize it is a replica image of yourself, and if you think you look terrible, then they may argue that you don't, but they don't argue that it is a false image.

Likewise, the material reflection of the spiritual consciousness is an accurate reflection of that which is spiritual, and there are, in that sense, certain aspects of reality involved in the image known as material reality. This Awareness suggests that if there are any further questions on this, that these may be asked, that otherwise, the Interpreter may be brought from trance.

Thank you. (The Law of Gratitude is given)

#### —HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 4 WEEKS! (More or Less)

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

#### MEMBERSHIPS AVAILABLE (Honor System)

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### WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



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CAC General Reading # 7-4-4-14-88 Paul Shockley Interpreter

## The Last of the Smallpox Virus in the World (Smallpox Has Ceased to Exist; Why Not Destroy the Virus?)

### QUESTION:

There was a small editorial recently in the local newspaper. I'd like to read this and ask Awareness whether *It* agrees with this, or if there is a reason why this is still around. It says: "It has been 10 years since a case of smallpox has been reported anywhere in the world. Since smallpox has ceased to exist, why not destroy the remaining stock of the variola virus that caused it? Only two supplies of the virus exist. Both are frozen and kept under tight security. One at the Center for Disease Control, in Atlanta, and the other in a Moscow laboratory.

A recent world wide poll found that 90% of the virologists who responded favor destroying the virus, but it turns, out that the United States and the Soviet Union continue to vaccinate their armed forces against a disease that no longer exists. Some scientists regard this as highly suspicious, but smallpox virus is not one of the more potent germs available for biological warfare. The only reason given to keep the frozen virus is that man never before has willfully destroyed a species, and the virus might someday be needed for research. We are not comfortable with that logic, nor are we comfortable with the thought that man is stockpiling the cause of a disease that took a horrible worldwide toll before it was eradicated. Let's get rid of the stuff" End of editorial.

Does Awareness agree with that, or is there some reason why this virus should not be destroyed?

### COSMIC AWARENESS:

This Awareness indicates that there is a good reason to destroy the virus, but in connection with the argument in favor of this virus, there is also some legitimate reasons for keeping the virus. This Awareness indicates the greatest fear an entity might have is the fact that someone else is in control of that virus and might misuse the virus, but from the standpoint of those who control the virus and have it safely looked away, these entities see this as being of some value for its potential in future genetic engineering for purposes of either creating an adaptation of a vaccine or other substance or using the virus for some future purpose in dealing with genetic engineering and manipulation of the molecular structure associated with this for some future purpose that may be of benefit in dealing with other viruses.

This Awareness indicates there is also that potential for using this as a kind of weapon which could be of great significance if vaccines are unavailable to the masses through regular medical outlets and only those who have control of the virus also have control of the vaccines. This Awareness indicates that there is also seen by some the threat that if they destroy their viruses, there may be some other source elsewhere which could be brought out and used to start some kind of plague and if they do not have any virus they could not create a vaccine to counter that plague for some time.

This Awareness indicates it is simply a matter of not knowing exactly what might occur in the future and not wanting to play your last card in the event it might have some future value. This Awareness indicates that indeed it is more of a foolish action, but typical of forces who are focused on ways of destruction, and on fear of destruction from others.

### Prayer for Balance

Start your day and end your day by saying the following aloud:

I AM ONE WITH ALL THAT IS!

Thank you God



## MALE AND FEMALE CIRCUMCISION

( Official Correction Surgery Is Recommended By One Woman)

### QUESTION:

A question from Eileen Walker, of Los Angeles. She writes: "Please ask Awareness to discuss Official Correction Surgery, which includes circumcision of both females and males and clearing the lower orifices, and so forth. Rediscovered by Dr. Pratt in the 1850's and taught in his School of Official Surgery--1880 to early 1930's. Dr. Pratt was chief surgeon at Cook County hospital in Chicago. His books are in University of Nebraska Medical Library but do not circulate. A chiropractic follow-up was designed by Willard Carver who founded Carver Chiropractic College, Oklahoma City, and lived till the early 1940's. Dr Carver's seminal and small treatise is called *The Mystery of Health and Family*, very difficult to obtain. The definitive medical text *Official Surgery* is by Dalton, also long out of print.

My understanding is that the ancient Egyptians, doubtless following Atlantean and Lemurian practices, used this technique, but in the United States, at the moment, it has almost died out. Dr Lester Bick, Amarillo Osteopathic Hospital, Amarillo, Texas, did surgery on me in 1953 for which I would not take a million dollars (sic). Since his death, his associate, Dr William Ballard has carried on. (and she gives his address)

"Official Correction," said Dr Carver, "is needed to some degree by 95% of us. It is critical for preventing all manner of physical, nervous, psychological and mental disorders, which are, of course, *all physical*. There is so much nonsense about circumcision, and such a childish avoidance of the whole subject of sexual normality, that this valuable technique may soon be "lost" again. (and then she gives more references to write to if we want information).

Would Awareness please discuss this subject of official corrective surgery which this lady is recommending?

Ed's Note: Strongbow, the transcriber, scrawled a note at this point: "This is the stupidest question I've seen in a long time!" He had done a little research and discovered that official corrective surgery with a female often included the surgical removal of her clitoris or "pleasure button", a barbarous procedure implemented in Moslem cultures.

### COSMIC AWARENESS:

This Awareness indicates that this as not being as significant as is suggested in the questioning; that there are some benefits for some individuals, but that it is not something which would be universally beneficial for all entities. This Awareness indicates also, there are some hazards involved in this kind of action, that it does contain potential for damaging nerves and for creating certain psychological disturbances. It is not seen as something that would be of great significance in terms of hazards, nor in terms of benefits; that those who desire to know more about this should contact the entity's references for further study.

### Why Circumcision Was Implemented

This Awareness, however, wishes to comment on circumcision in general, as being that which in the past had more significance and value than at present. This Awareness indicates that in past cultures, where circumcision was held as a kind of sacred rite, it was in part related to a practical need; that where there is much desert and not sufficient amounts of water or convenience of water available to masses of a civilization, bathing was often neglected or far between, and it was possible for unsanitary conditions to occur which could



lead to disease, and circumcision was an action which would help to prevent some of the hazards of such disease.

This Awareness indicates in modern society, where showers are available for many entities in most advanced civilizations, this need is not as prevalent, and the act of circumcision is not (this in reference to the male child) is not as beneficial to the child; that it can in fact deaden nerves and can cause certain traumatic shock to the child's psyche at birth, when this is generally applied. This Awareness indicates that it is not seen as something that is of great value. It is simply a tradition, and that it can, in fact, be of less value in terms of protecting the entity from disease than were the entity uncircumcised.

This Awareness indicates that it is simply a matter of choice, and many entities follow tradition rather than consider the action as a kind of archaic ritual.

### Circumcision Designed to Reduce Pleasure of Intercourse

#### FOLLOW-UP QUESTION:

I read one time that there's a school of thought that circumcision of gentiles is something that was promoted by a Puritan type consciousness, pushed by certain religions as an attempt to reduce the pleasure males get out of intercourse. Is there any truth to that?

#### COSMIC AWARENESS:

This is in part true; that in the action of circumcision it does reduce the sensitivity and brings about a loss of sensitivity and more of an infertility in terms of the ability or interest in sexual activity. This Awareness indicates that in this sense it can assist in diminishing an entity's sex drive. This Awareness indicates that it can diminish an entity's sexual performance. This Awareness indicates this of course is often the desire of some who would promote circumcision of the sexual organ.

### Circumcision Now Recognized as Child Abuse

#### FOLLOW-UP QUESTION:

There's an organization in California that's designed to make the public aware that circumcision is something that is no longer desirable, and they have a stamp that they issue on their envelopes that says: "**Child Abuse Begins With Circumcision.**" Would Awareness agree with that?

#### COSMIC AWARENESS:

This Awareness indicates that this as being an obvious form of abuse of a child. All that is necessary to understand is to ask, if you had a choice whether you would like this being done to you. This Awareness indicates that most entities would not elect to go into a hospital or doctor's office and ask for this operation if they had the choice. Of course, once the choice has been made for them, they would not admit to wanting to undo or reverse the action and often will continue the action on their own children with the idea that if it was good for daddy, it's good for you; this becoming a tradition in the family.

Most entities want their children to be reflections of themselves, and thus, even at that first moment of the child's life, the father may wish to imprint on his child, the ritual that was imprinted on him at birth, or as a young child.



### VISIT THE TEMPLE OF LIGHT IN YOUR DAILY MEDITATIONS

Deposit your energy in this cosmic Bank. Withdraw it when needed for healing or personal use. Keep in touch with CAC when you start getting results!

### CAN CHANNELING BE TAUGHT? (The Real Question Is: What is Channeling?)

#### QUESTION:

A couple of questions on channeling, which I was going to ask earlier, but we ran out of time. This one by Judith Jones of New York City. She wants to know: "Can channeling be taught?, or is it an innate ability for only some people? Or is it the result of a pre-incarnational arrangement?"

#### COSMIC AWARENESS:

This Awareness indicates that almost anyone could channel to some degree; that it can be taught, but the action of channeling is not in itself something of significance or value. It is the *quality* that needs to be considered. This Awareness indicates that the question is: What is channeling? An entity can lie down or sit and speak or allow energies or thoughts or spirits to speak through them. Is this channeling?, and at what point does it become channeling?

#### Those Who Interpret The Cosmic Awareness Energies

For example, an Awareness channeler, one who channels this Awareness, does not have spirits speaking through, but does tune in to Universal Consciousness and perceive energies and images which need to be interpreted, and these interpretations need to be voiced. This Awareness indicates the question is: What is the quality of the perception of such images that may be available and what is the quality of the ability to read those images and energies that are given and perceived by the one channeling, and what is the quality of the interpretation of those images and the expression defining the images?

This Awareness indicates that the Interpreter has often said that he could put anyone into an Awareness level, but could not necessarily help them to interpret what they perceive. This Awareness indicates that is so. This Awareness indicates that in reference to those who channel disincarnated spirits: not everyone can do this easily; with effort, almost anyone could, but the question is whether they would want to, and if they wanted to, how well could they do it? How well could they handle the energies of being a channel without this having repercussions and unhealthy effects on them?

#### Those Who Channel Disincarnated Spirits

This Awareness indicates also the question would be: What kind of spirits would come through an entity?, for an entity can't simply open oneself up and automatically grab hold of a highly evolved spirit such as Seth or Ramtha. You may simply get a disembodied alcoholic who wants to come through and influence you to go down to the local pub. This Awareness indicates you may get anything, unless you are able to very clearly discern and control what you are dealing with and who you allow to come through. This Awareness indicates that even if you opened yourself up to a spirit and allowed that disincarnated alcoholic to come through, you would be channeling, even if all he did was direct you to the local pub to get drunk. This Awareness indicates that is channeling, it is channeling the message from that disincarnated alcoholic.

#### Why Channel? And What Kind of Channeling?

This Awareness indicates the question is: "What kind of channeling?", and the response would be, in reference to high quality channeling: not too many people are

capable of such, and of those who are capable, not too many have the desire for such, and of those who might have the desire, not too many have the opportunity to do anything with that channeling. This Awareness indicates that of those who might have the opportunity, there are not too many needed in a society. What value is there to have a half million people channeling a half million different messages? What is the value of so much information from so many different sources, with so many different interpretations?

This Awareness indicates it would lead to chaos and confusion to have too many entities channeling. This Awareness suggests what might be necessary is to have more entities examining messages for their value and taking these messages of value and compiling concepts, ideas or research or application of those messages. This Awareness indicates that these too can be important and valuable actions. This Awareness indicates, however, that if there are entities who do wish to channel, then they should indeed be most cautious that the kind of channeling they do should be that which does not lead them into dissolution of their own energies and soul growth material.

**Too Many Believe: "If It's Channeled Material It Must be Valuable"**

This Awareness indicates that too often entities are impressed by the fact of channeling and do not recognize the cost involved to their own time, energy and soul growth, nor do they recognize the need for quality and clarity in the messages that they channel. Too often entities think that if it's channeled material it must be valuable. Often the channeled material is of less value than simply information the entity could convey without channeling. This Awareness indicates there is much channeling that is nothing but dribble, such as: "Greetings to you Beloved!" there are so many of these channels who simply greet their listeners, bless their listeners and appear to have some kind of special importance which they admit to before their listeners and tell their listeners how important they are and there will be much value in the things that are to happen, but that there will be some difficulties coming also, and that those difficulties will be alright if the entities do those things which are requested of them and that if they are alert and conscious and follow directions and these things occur, there will be much reward for them, and that they are truly blessed and that they greet you and bid you farewell.

This Awareness indicates these messages often run for several pages without saying anything that the entity can actually take hold of to better his or her life. Is this channeling of any great value? or is it not simply a phenomena for entities to look at and talk about and say: "I saw a channeler today." So what! What did the channeler say that was of significance? This Awareness indicates that there is much of this kind of channeling occurring which truly says nothing of importance to the development and soul growth of individuals.

**Channelers Who Predict Dire and Fearful Things to Come**

This Awareness indicates there are also many who channel and seek to say something of outstanding importance and all they can do is predict dire and fearful futures and warn entities of horrible things to come, and the entities walk away with their eyes wide, wondering whether they will survive or not.

This Awareness indicates there is much of this that is merely based on the channeler's need to seem important to the entities who listen, and therefore, the channeler creates this potential dire and dreadful future for the listener, so that the listener will come back again to find out if things are still as dire and dreadful as before. This

Awareness indicates that it would be better that entities totally forget channeling as a phenomena and think only in terms of: "Does this message give me something worthwhile that I can do or use in bettering my life? If so, the message has value, if not, I can forget it."

This Awareness indicates that entities must test channeled messages against their own understanding of reality and in conjunction with their own values, just as you would messages that come from the man on the street, or the woman whom you meet at a social gathering. These entities may have more practical information for your benefit than the entity who is channeling some flowery marshmallow message about who the speaker is that comes through, or how different human perception is than theirs, or how they are happy to greet you. These messages have no value. They simply promote a phenomena, and entities feel entertained.

**Do You Want Channeling For Information or Entertainment?**

This Awareness asks: do you want channeling for entertainment? Or do you seek information that can be of value, to help you understand life, to understand yourself, to understand others, to understand relationships. This Awareness asks you: do you want practical useable information or simply entertainment? This question should be asked when you consider the quality of channeling by individuals.

### **WHAT DETERMINES WHO OR WHAT COMES THROUGH A GIVEN CHANNELER?** (Information For Those Who Would Channel Cosmic Awareness)

**FOLLOW-UP QUESTION:**

This entity is compiling a book on channeled material, that's why she's interested in this subject. I think Awareness answered her other question. but I'll ask it anyway. "What determines who or what come through a given channeler?"

**COSMIC AWARENESS:**

This Awareness indicates that this is determined in part by the person who is channeling, their own spiritual development and openness, and in part by their discernment as to the nature of that force which comes through. This Awareness indicates that *It* has suggested to entities that it is best to avoid channeling spirits. There are those rare exceptions where entities may channel spirits without undoing themselves or bringing harm to themselves or others. These are more rare than common when considering spirit channeling.

**Why the Cosmic Awareness Development Classes Are Essential For Those Who Desire to Channel Cosmic Awareness**

This Awareness indicates that in reference to the channeling of this Awareness, *It* has suggested that entities not attempt this action until they have completed at least ten of the Development Classes which this Awareness has given, for this can assure entities of the opening of sufficient number of chakras that spirits will not come in and interfere with the entity's channeling. The purpose of the Development Classes is to open the chakras to a level beyond that which would bring in or allow any spirits to enter during the channeling process.

This Awareness indicates that there are, of course, entities who are highly evolved enough to be able to keep spirits from entering, even if they have not already taken Development Classes, but until you know you are such an entity, it would be wise to take the Development Classes, at least ten, before attempting to channel, in order to be sure that spirits do not speak through you, or enter into your field.

**When Lee Michaels Allowed Spirits to Enter His Channels**

This Awareness indicates that this is one of the problems that occurred with those Interpreters of Lee

Michaels. He not only did not require or request or caution entities to take the Development Classes, he encouraged them to let other spirits come in, "to channel anything that wanted to come through," in his own words. He was open to letting anyone or anything come through, and many of these entities suffered tragic results.\*

\* Several died, 2 went insane. Ed.

This Awareness indicates that entities in channeling must have a high discernment ability to recognize the spiritually evolved being as opposed to simply someone who wants to come through. This Awareness does not advocate spirit channeling and does suggest that entities who wish to be close to this Awareness and to interpret for this Awareness be close because they have evolved to the point of being able to attune to this Awareness, rather than having this Awareness possess their body and speak through them, which this Awareness will not do.

#### The Spirit That Claimed to be Cosmic Awareness

This Awareness wishes, for example, to reflect on an action that occurred some years ago with one member who decided that he wanted to be channel for Cosmic Awareness; this entity not having taken any Development Classes, began to work toward becoming a channel for this Awareness, and began to babble at times, as though he were channeling and felt this spirit come through which called itself 'Cosmic Awareness' and it gave off messages that were relatively shallow; the spirit itself was of a low level, but it claimed to be Cosmic Awareness. The entity worked with this energy for several years until he found himself possessed by this spirit that called itself Cosmic Awareness.

The entity began to write to the Interpreter for readings, asking this Awareness to quit hounding him, to quit possessing him, to quit driving him mad. This Awareness was in no way responsible for what this spirit was doing to this entity while using the name of Cosmic Awareness, yet the entity began to think that this Awareness was in fact that spirit that was possessing him.

#### What Cosmic Awareness Is and Is Not

This Awareness wishes entities to understand that *It* is not a spirit. It is not an individual. It is not a single personality. This Awareness is simply Universal Consciousness and the Interpreter is not speaking with this Awareness's tongue or mouth, nor is it (referring to the Interpreter) speaking words from this Awareness. The Interpreter is simply speaking in accordance to the energies which are being emanated from Universal Consciousness as symbols and feelings and energies, and the Interpreter's consciousness is put into a state whereby he can perceive these energies, images and symbols and interpret them into proper words, to convey their meanings.

The images and symbols must pass through the Interpreter's consciousness, that he be able to interpret them for your understanding. This Awareness indicates it is for this reason the Interpreter is called an Interpreter rather than a medium. In fact, the concept of a channeler, or one who channels, does not actually apply correctly to the Interpreter, for he is not really channeling so much as *looking* at energy and information and interpreting that energy and information from this Awareness into words which can be understood by others.

This Awareness indicates this Interpreter is, in actuality, much like one who interprets from a different language into a familiar language, as one who speaks both Russian and American languages would listen to the Russian language and interpret it into the language

that is familiar to Americans. This Awareness indicates that in this instance the Interpreter is looking and interpreting energies, symbols and images that that are seen in the inner consciousness as this entity tunes in to Universal Consciousness and translates these images, energies and symbols into words which you read and can follow in your own language.

#### Carl Jung Was An Interpreter or Translator

One could more accurately describe the Interpreter as a translator than to call him a medium or channeler, for indeed, it is not so much channeling or mediumship as it is translating from universal symbols and images and energies into words of your familiar language. This Awareness indicates that in this sense, there is a very great difference between those who channel spirits and the work of the Interpreters for this Awareness. This Awareness indicates that Carl Jung was more or less an interpreter or translator, for he could see the symbols and translate these into words, and this action as being very similar to that which an Interpreter can and does do.

This Awareness indicates, however, that Carl Jung was not necessarily attempting to attune his consciousness to this Awareness, although this entity did recognize that which is termed Superconsciousness as a part of the psyche.

#### Who Is Conveying Telepathic Information? (Space Brothers, Pleiadesians Etc.)

##### FOLLOW-UP QUESTION:

There seems to be a phenomena lately; well, it's not really lately, it's been going for quite some time, but so many of these groups that put out so-called "channeled information" claim that they don't even go into a trance state, that this information is telepathically conveyed directly to their brain and they hear it inside the head. Usually, the communicator claims that he is a space being, a UFO type of being up there somewhere waiting to rapture these people or they're up there to prevent nuclear bombs from going off, and so forth. Would Awareness discuss that a little bit? Are these actually disembodied spirits as a general rule that are contacting these people in that method?

##### COSMIC AWARENESS:

This Awareness indicates that what seems to be occurring for many entities is that their frequencies, the frequencies of their consciousness is beginning to overlap into frequencies from other dimensions; that the movement of the mind into certain frequency levels, wherein voices are spoken from another frequency, is much likened unto the radio station, wherein one is listening to a broadcast on a particular frequency, and something happens, that the knobs begin to turn or the station begins to slip, and you begin hearing another station from another frequency, commingling with the music or discussions that are happening on the original frequency, the original station.

This Awareness indicates that as these two stations begin to merge together, an entity who has his or her radio tuned to the main original station will be hearing a certain reality, but his or her friend may have their radio tuned in such a way as to be picking up some other information from another source, or another channel or station, and may call their friend and say: "Are you listening to KOPE?" and the entity might say: "Yes, I'm listening to that station." And the entity would say: "I am too, did you hear that voice that came over the station saying it was from a UFO," and the entity will say: "No, I didn't hear that. You must be hearing things."

##### "In My Father's House Are Many Mansions"—The Real Meaning

This Awareness indicates the entity is simply hearing a broadcast on a different frequency from a different

channel, a different station, a different location, a different dimension, or whatever term you wish to call these levels on the electromagnetic scale. There is that which may be referred to as a universal electromagnetic scale; that it ranges from the most dense to the most high frequencies in the universe, and the band which humans live on is a very thin band, a very narrow spectrum of that resonating electromagnetic scale, and there are other beings living in other bands or frequencies on that wavelength, on those many wavelengths, and it is this reference that is meant in the biblical statement: "In my father's house are many mansions". These many mansions are the many frequencies.

There are universes just like the one you see in your reality, on other frequency levels; they are not just like this one, but just as real. On other frequencies, if you could move up the electromagnetic band a few frequencies, you would exist in a totally different dimension having a totally different reality, and entities can pass from one dimension to another through the doorway called death or rebirth.

This Awareness indicates it is also possible for entities to move through these dimensions through out-of-body travel, and also through dream-state movement, which is but a form of out-of-body travel. This Awareness indicates that the people who channel information from those sources which refer to themselves as UFOs, one hundred years ago would be being informed that they were being spoken to by angels, but the nature of these entities from different dimensions changes in accordance to the progression and change in society and its values and interpretations.

#### A Better Term Would Be "Ultraterrestrials"

This Awareness indicates there have long been so-called UFOs, or extraterrestrials. This Awareness indicates that the Egyptian papyrus refers in some of its writings to those craft and to those entities which were not of this world at that time, but which entered into this dimension; that some of these entities even assisted in the building of the Cheops pyramid. This Awareness indicates that a more fitting name for some of these beings would be ultraterrestrials; the ultraterrestrial can be described as the entity who moves from one dimension to another in terms of the electromagnetic grid or fields, whereby from one dimension to another, the entities traverse. It is this which is responsible for the UFO that appears and disappears suddenly. It is moving from one octave of light, such as ultraviolet, through the normal light spectrum and then into infrared or back into ultraviolet.

In its movement from one octave of the spectrum of the electromagnetic field to another, it may appear within your visibility range, and then may suddenly disappear. It is still there, but your visibility range is incapable of seeing into that realm. You cannot see into the ultraviolet spectrum or the infrared spectrum. This Awareness indicates that the hearing is of a similar nature, wherein entities cannot hear with their outer ear things that are being spoken from another dimension, but they may hear these voices within their head from that other dimension. Another entity in the same room would not be able to hear that which is being said within your own head, yet you would feel certain that the voice was as loud as if someone were in the room with you.

This Awareness indicates that it is but a voice from another spectrum level, or dimension as may be the proper term. There are no clear and universally standard terms for these phenomena, because humanity has not fully acknowledged the existence of these various mansions or spectrums or dimensions; a standardized

language describing these things would be helpful, but how does something become standard until someone of stature presents information that is acceptable to others of stature who then make it a kind of science or pseudo-science, sufficient to educate the masses.

This Awareness indicates that when this does become established, wherein entities have a clear language to define these multilevels of the electromagnetic spectrum, then it will be much easier for entities to understand and know how to communicate to one another the experiences that they share in this regard.

### THOSE CHANNELINGS SOME ENTITIES HEAR IN THEIR HEAD: WHAT IS THE PURPOSE AND WHY?

#### FOLLOW-UP QUESTION:

Some of these channelings that you hear in the head, it sounds more like its a telephone, rather than tapping into a radio, as there's sort of a two way communication. Are these entities communicating that way actually giving valid information, or are they trying to fool the people that are hearing this? Or what exactly *is* the purpose?

#### COSMIC AWARENESS:

This Awareness indicates it is not necessarily accurate information. The purpose appears to be to alert entities to expect changes, and in the action of alerting entities to expect changes in their world, the entities in fact help to promote those changes. This Awareness indicates that if enough entities *expect* something to be changing, they contribute to those changes, just by expecting them, and if these entities repeat their expectations or print up the channelings that indicated the expectations, they promote these expectations among the masses which creates a greater tendency toward the change.

This Awareness indicates that this occurs for the purpose of moving consciousness from a fixed state, a stagnant state into a more volatile and vulnerable state, ready for change. This Awareness indicates that also, there are frequencies that are being weakened between dimensions to allow for closer communication between dimensions. It is likened unto two worlds coming together, whereby entities can stop off from one reality into another, en masse. This Awareness indicates that this could be considered as a kind of rapture, or could be considered as a kind of insanity, wherein one loses track of one reality and replaces it with another. It could also be considered as a kind of waking up from one dream as another begins to come in for you to switch over to.

#### That Dimension Which is Closely Approaching Ours

This Awareness indicates that the dimension that is closely approaching that of your normal reality is inhabited by entities who may be considered as extraterrestrial, although they are not that much different from yourselves, and these entities do communicate on occasion, identifying themselves as being from UFOs because that is a term that is common to you which you understand. These entities, 100 years ago would have identified themselves as angels, because that would be a more simplified term, understandable by those in that generation.

#### The "Angel" Who Appeared to Edgar Cayce as a Child

This Awareness indicates the statement of Edgar Cayce that an angel came to him when he was a child, is of a similar nature. Had the entity had this experience in modern times, this would have been seen as a UFO. The entity would have taken the form of a UFO. These are celestial beings which are capable of taking different forms. This Awareness indicates that not all entities, however, who speak to others through that inner voice

network are of a benevolent nature. There are some who have a low frequency and a low purpose in mind.

This Awareness indicates that generally speaking, those who are channeling the extraterrestrials are in contact with entities of a relatively high spiritual development, but not necessarily being of extreme high development. This Awareness indicates that many of this type of being has entered into your dimension fully physical in nature and stories and reports of UFOs abducting entities, experimenting with the entities and being witnessed by earth entities is accurate and that many of these intruders are from the next dimension close to this dimension, who can communicate through that inner telephone within the mind of an individual.

This Awareness indicates that the frequency of an individual's mind as that which has a definite pattern or frequency that can be tapped and communicated with by an equal attunement from an instrument, whereby the mind of one entity can communicate with the mind of another, when they can electronically connect their frequencies through a device that allows translation from one frequency to another, and it will sound as though it were a voice in the head.

**The Phenomena of That Tavern In England Where Voices From the 16<sup>th</sup> Century Are Commonly Heard by Entities Today**

This Awareness indicates that this kind of communication has also taken place through the use of tape recorders, whereby spirits from the dead, or other dimensions have been recorded on tape. This Awareness indicates that there is also that phenomena of the tavern in England wherein voices from the 16th Century have been recorded on the walls and under certain circumstances, certain atmospheric circumstances, entities have witnessed the sound of those from the 16th Century speaking in an archaic dialect which is characteristic of that 16th Century, and this sound emanating from the walls as that which has been witnessed by many. This Awareness indicates that this is also a phenomena in which the walls made of certain type of material entrap the sound frequency much as crystal has been used for radio to pick up broadcasted statements and messages from another source or place.

This Awareness indicates that this as being made possible by the imbedding of the sound and frequency pattern in that substance that was placed on the walls at a time in the 16th Century under conditions of proper temperature and atmospheric conditions so that when the same atmospheric conditions and temperature again occurs, the structure, the magnetic molecular structure of the walls reacts to the temperature in the manner that allows the sound to be recreated. It is much like the cassette tape in which it is used to record information, the recording being caused by magnetic impressions moving the molecules in a particular alignment and the playback occurring when these molecules are again altered.

This Awareness indicates that there are many kinds of phenomena that entities can learn from, and can in understanding create now inventions, such as that wall in that tavern which allows the voices from the 16th Century to be accidentally recorded and capable of playing back in this 20th Century, when atmospheric temperatures and conditions are just right. There is much that could be learned from study of this phenomena for inventing other types of communicators.

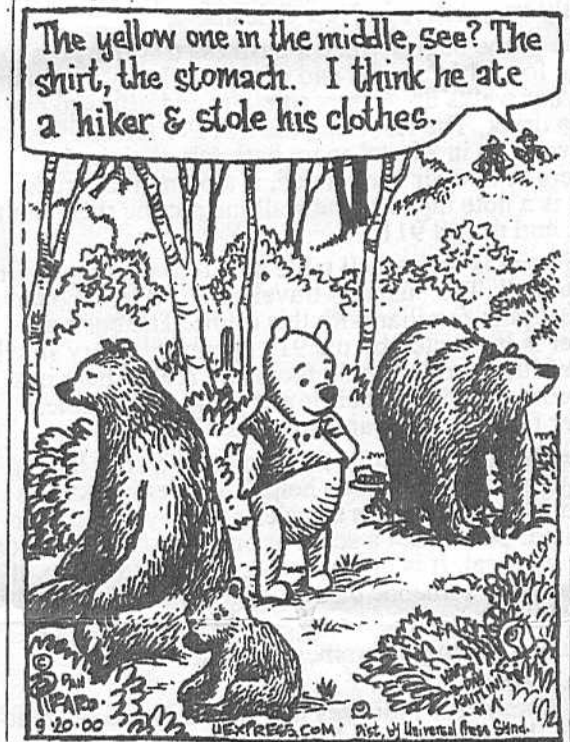
This Awareness indicates that many times, entities hearing such sounds believe these to be ghosts. This Awareness indicates that in some instances, these ghosts are but the vibratory sounds of entities from another

dimension, or frequency, wherein the sounds come through into your own frequency.

This Awareness suggests the Interpreter be brought from trance.

Thank you. (The Law of Gratitude is given)

For more information on this subject, please refer to "Revelations of Awareness" issue No. 89-14 (Channeling/Spirituality and Free Will: \$3.00 from CAC.



"Andrew ... the cows have come home."

## Body Parts Thieves Now Working Hotels

### QUESTION:

David N., in Nevada, sent in a message he received over the Internet. He writes: "Can you ask Awareness if the following information is true? I received it over the Internet from a friend, but I am not sure of the source." And it reads: "Dear friends: I wish to warn you about a new crime ring that is targeting business travelers. This ring is well organized, well funded, has very skilled personnel, and it's currently in most major cities and recently very active in New Orleans.

"The crime begins when a business traveler goes to a lounge for a drink at the end of the work day. A person in the bar walks up as they sit alone and offers to buy them a drink. The last thing the traveler remembers until they wake up in a hotel room bath-tub, their body submerged to their neck in ice, is sipping that drink. There is a note taped to the wall instructing them not to move, and to call 911.

"A phone is on a small table next to the bath-tub for them to call. The business traveler calls 911, who have become quite familiar with this crime. The business traveler is instructed by the 911 operator to very slowly and carefully reach behind them and feel if there is a tube protruding from their lower back. The business traveler finds the tube and answers "Yes."

"The 911 operator tells them to remain still, having already sent paramedics to help. The operator knows that both of the business traveler's kidneys have been harvested. This is not a scam or out of a science fiction novel. It is real. It is documented, and confirmable. If you travel, or someone else close to you travels, please be careful."

Would Awareness comment on that?

### COSMIC AWARENESS:

This Awareness indicates this appears to have credibility in that these things have happened. It is not something that happens in a great number, but apparently with the use of 911, it can be used more frequently without resulting in murder, because the entity can be salvaged by the emergency assistance received by those of 911, who are familiar with this.

This Awareness indicates body parts are a big business. It began with cannibalizing cars. A car is accidentally wrecked, but there are still good parts in the car, and thus, auto-wreckers began creating a business, and when the medical profession discovered that they could transplant body parts from one entity to another, and get big money for doing it, and save lives, this became a reflection of the automobile cannibalism system.

This Awareness indicates automobile thefts occurred wherein people's cars would be stolen and broken down before the entity even got back to where he had parked his car, and the parts were being trucked to another state in different directions, maybe toward different states, there would be no trace of the body of the vehicle, and the entities created a big business.

This appears to be happening now with business travelers. It has been happening previously in foreign countries with the kidnapping of children or adults who appeared to be healthy, whereby they would take body parts from these entities, export the body parts and sell them for high prices. This has been going on in South American countries, in India and also in China, for quite some time.

### Take Special Precautions When in a Hotel or Motel

This new action of abducting business persons is designed for acquiring grown adult body parts for those who can better afford to pay for such parts. It appears

that there is a serious problem in this regard and entities do need to be aware of the potential danger. When you are in a hotel, don't simply lock the door, use the chain also, for it is not totally rare or totally unheard of for there to be a pass-key in those hotels that allows people to come into your room through your locked door, and even though it may simply be a key belonging to a cleaning person, these entities can be bribed, or have the key taken, or somehow acquire a key, whereby they can come into your room, even while you are sleeping, or while you are out at a convention.

This Awareness indicates therefore, if you have something valuable in your room, do not consider it totally safe, and if you are in the room planning to go to sleep, be sure that you have more than one barrier keeping you safe. Use the chain and if possible, put a chair under the door-knob and make sure your door is locked. Preferably have a dead-bolt that can be secured from inside and not open from the outside without your own key.

This Awareness indicates sometimes, the dead-bolt can be locked in such a way that it cannot be open from the outside. Other times it may be opened from either side by people who have a key. It is important when you check into a hotel to find out how the doors work.

### FOLLOW-UP QUESTION:

Two entities responded to this posting, verifying this has happened to somebody they know, their relatives. And one of them says: "Yes. This does happen. My sister-in-law works with a lady that this happened to,--her son's neighbor, who lives in Houston. The only good thing to this whole story is the fact that the people doing this horrible crime are very in tune to what complications can happen afterwards, because of the details and precautions, they take the time to set up before leaving the room.

"The word from my sister-in-law is that the hospital in Las Vegas, prior to transferring him back to Houston, stated that these people knew exactly what they were doing. The incision was exact and clean. They use sterile equipment, and the hospital stated that other than the fact that the victim loses a kidney, there has not been any reports of other complications due to non-sterile operations and tactics that were used."

So evidently, doctors are involved in this thing!

### COSMIC AWARENESS:

This Awareness indicates that is what is implied. The entity would have to be well trained in medical procedures.

## Are the Rothschilds Aliens and Not Humans?

### QUESTION:

A question from Dr. Arthur H., in Orange Beach, Alabama. He writes: "Could you please ask Awareness the following questions? Some weeks back you indicated that the international banking families that own the Federal Reserve are hiding under the label "Jews." If I remember correctly, you indicated that they were really Khazars from Russia and that they were ultimately entities from the Orion constellation, where the money system they introduced was designed to conquer planets such as the earth.

"My question is: Are the Rothschilds et al, really ET's or aliens that have assumed a human body?"

### COSMIC AWARENESS:

This Awareness wishes to make a correction in this entity's premise statement. It did not indicate that these Khazars are from Orion; It indicated the money system was from Orion, and that this was introduced on the earth from the Orion system. That there are entities from

Orion on earth is correct, but these entities are tall and gray-colored, and these are not the blond-haired blue-eyed Khazars, which are not from Russia. They are Finnish and are Nordic in nature.

#### How the Khazars Became Zionists Jews

They **did** operate in Russia on the Volga River in the early days, and these entities were ordered by the Catholic Church and the Orthodox Greek Church to choose between Roman Catholic or Orthodox Greek Catholic Churches in order to get them into one church or the other so they could be better controlled.

Instead of choosing either of the two Catholic Churches, they chose Judaism as their religion, and began to promote themselves as Jews. They studied the Kaballah and the Talmud, and some of the Jewish literature, and promoted themselves as Jews. They went into various countries and into Europe, using the money system, the interest and usury systems and gave a bad name to the Jewish people, and this has come down, causing many people to resent the Jews themselves, though they were not being violated by the Jews. They were being violated by the Khazars.

There is discussion by a writer, Kostler, who discusses this group, the Khazar Jews. Anyone seeking more information on these entities should look up that name in the card files at the library or on the Internet, and may find further information. This Awareness suggests the questions continue.

#### ORIGINAL QUESTION IS REPEATED:

He asks: "My question is: Are the Rothschilds et al, really ET's or aliens that have assumed a human body either by incarnating as a human, by shape-shifting to a human form, or by other means unknown to us?"

#### COSMIC AWARENESS:

This Awareness indicates most of the people on earth have lived on other planets at one time or another, unless they are new souls on this planet. This Awareness indicates if the entities have not lived on one planet or another in their past lives, their ancestors probably did. Therefore, it is unimportant whether these entities were extraterrestrial in their ancestry or whether they were reincarnated from some other planet onto the earth in human body.

This Awareness indicates essentially, that is the situation. Many of the entities on earth do not necessarily reincarnate into another human body. They may reincarnate on another planetary system for their next life.

#### QUESTION IS REPEATED FOR THE THIRD TIME:

I think what he means is: Are the Rothschilds somehow, actually a body inhabited by aliens?"

#### COSMIC AWARENESS:

This Awareness indicates that this is a totally different question. It is a question as to whether the Rothschild are human, or are they alien masquerading as humans? This Awareness indicates that this does not appear to be the case. It appears that these entities are humans. This Awareness is checking to see if this refers to all of the Rothschilds. (Short pause).

This Awareness indicates that it does appear that there are more than one, but not more than two or three in the Rothschild family who are what might be termed clones, or Robotoids or synthetics. It does not appear that any of these entities are alien or extraterrestrials, but there are a number who work closely with extraterrestrials.

It appears that there are two who work closely with extraterrestrials. By closely, this means that they have had close relationships of a business nature. It does not mean that they are spending a great deal of time with the

extraterrestrials, but that they have close business or political ties with some of the aliens.

### Are Reptoids Running Our Government?

#### QUESTION:

Dr. H. has one other question here. He writes: "In a related question, Cathy O'Brien in her book *Trance Formation of America* indicates that some high government officials were extraterrestrial aliens to whom she acted in the capacity of a mind-controlled sex slave, and/or message carrier. If I understand her correctly, a Vice President, a high Cabinet Official and a Senator told her they were aliens, and proceeded to change from their human form to that of a Reptilian, which they said was their true biological form.

"Ms. O'Brien believed they were using a sophisticated hologram in order to deceive her for mind control purposes. The Awareness has occasionally communicated about clones that are controlled and used by the aliens and their human allies to help them control human populations. My question is: Could the high US Government officials that use Ms. O'Brien have actually been extraterrestrials?, in this case Reptoids?, and that aliens have disguised themselves as humans in the US government and many governments throughout history?"

#### COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that this has been going on for quite some time. This back into the time before World War II in the Twenties; however, there have been very few aliens in the US government during the Twenties, Thirties and Forties, but they began to move into greater numbers in the Sixties and Seventies and Eighties.

This Awareness indicates that some of the duplicates of high ranking officials in the Eighties and Nineties are Reptoids entities. There have been numerous efforts to explain or disclose this kind of information to the public, but because most of it was given in fiction, people simply enjoyed the science fiction, rather than taking it seriously.

#### Some Movies and TV Series Depicted Reptoids

This Awareness indicates the "V" programs, of a miniseries that ran back in the early Eighties was an effort to inform people of these extraterrestrials taking their place in the government. Likewise, *The Invasion of the Body Snatchers*, not only in the Seventies' version, but also back in the earlier Fifties' version; that this was also an attempt to get information out, and there was also that which was called *The Invaders* which ran on television for some time.

This Awareness indicates in most of these versions, they did not show the Reptoids as they really appeared in their true form. The movie *Predator* and its subsequent follow-up movie showed the closer version of the real appearance of a Reptoid. There was some exaggeration of the ugliness in these movies, however, so that whereas the other movies made the Reptoids or the invaders appear to be more human-like, the *Predator* movies made them more beast-like than they actually appear in terms of their physical appearance.

This Awareness indicates the recent movie *The Arrival* shows these entities in still another form for their alien appearance, and these entities are seen as being able to take on ordinary human form also, so that you cannot distinguish them from ordinary people until they revert back to their alien appearance.

#### How Ron Rummel Could Detect Aliens

This Awareness indicates the entity Ron Rummel,

who wrote as Creston, was one who could see aliens in their true form. He first experienced this when climbing the stairs in a building in Portland, Oregon, and met someone coming down, and when he looked up at the person, the person was not human. It was some kind of alien being. It startled him, and he moved on quickly, passing the entity.

Later, he began to find that he could control his own viewing processes to see whether a person was human or alien, and he began to find it possible to see alien beings. He one time described to the Interpreter that he had seen aliens in the area, and that he realized they were in the Delta Mind level. There is the Alpha, Beta and Delta; and that those in the Delta level often looked bestial, and were often very ugly, and that when he saw Celestial Beings sometimes appearing to him, he would ask them: "What do you really look like?" and they would shift into the Delta form and would be very ugly, and from this kind of communication, he learned that he could force them to reveal themselves, if he was confronted with someone, and later he discovered that when he was in an airport, for example, there was a woman who kept looking at him, and he noticed that she even followed him, and when he turned around and looked at her, using his special vision, he saw that she was an alien.

#### An Exercise to Help You See Aliens

She recognized that he saw her as she really was, and she turned around and ran. This Awareness indicates that the entity claimed to be able to see entities by focusing through his Third Eye. This Awareness indicates it is similar to what this Awareness has given to entities when they want to see auras. You focus from the middle of your forehead, between the eyebrows and let the eyes simply relax.

This Awareness indicates that *It* has given information on looking at the aura of your fingers, or at your own aura in the mirror, or at someone else's aura, and if you wish to practice this, it is possible that you too might be able to develop that kind of vision where you can view and see an alien, if you so desired.

The entity Ron Rummel had a special quality of being able to see auras. He trained himself for this because he worked for Dan Silva, in what Dan referred to as Aura Healing, and he found that Ron Rummel was able to help him by reading the auras of entities while he worked on their auras to help bring about healings.

This Awareness indicates it might not be possible for entities to develop this ability so easily, but this Awareness suggests also, there will likely be a few who can. This Awareness indicates a tabloid, approximately 10 to 15 years ago, also produced a picture that had been taken by a special camera in an airport. This picture showed some people in the airport whose heads were glowing with a strong aura; the others not having the same quality in the pictures, and the caption was that those with the glowing heads were aliens.

The camera had been able to pick up alien pictures in a crowd of people, and there appeared to be quite a large number for such a small crowd of people. This Awareness indicates that there were also close-ups of some of the faces, so that you could see they truly did appear to be different from what would be normal people. Whether or not this camera was actually true or whether the document and story was fake is not clear, but this Awareness indicates it is related to this topic, and there may be some desire to research this if entities wish to.

#### Wisdom of Awareness: On Fear—

"This Awareness indicates fear is the only enemy to enjoyable experiences." (84-18)

## TV NEWS PERSONALITIES: ARE THEY SYNTHETICS OR CLONES?

(How Can One Tell?)

#### QUESTION:

A question from Lora G., North Plains, Oregon. She writes: "Regarding the replacement of heads of corporations and ordinary people, the news media persons often seem to project such robotic, lifeless and drained expressions from their eyes, such as Ted Koppel, Tom Brokaw, Peter Jennings, Kokie Roberts and Barbara Walters. Are they and other newspeople now doubles or replacements?--and how can one know that they themselves are or are not doubles?"

#### COSMIC AWARENESS:

This Awareness indicates this is the difficulty. Most of these entities would not know if they were or were not a duplicate. This Awareness indicates if you saw the movie *Multiplicity* in which an entity let himself be cloned so he could attend his duties more effectively; his marital and family duties were being neglected and his job duties required more of him than he could provide, thus he was informed by someone that they made clones of people, and he could make a clone of himself to be able to handle all of his various duties.

#### What A Clone Feels After Being Cloned

When the entity was cloned and came out of the apparent procedure, he asked whether it worked. The doctor or genetic engineer, the man who cloned him, said "Yes, the process worked." He asked: "Where is he?" The doctor explained: "You are him!" The entity was shocked: "What do you mean?" and the doctor explained: "You are the clone!"

This Awareness indicates this is the way it will be for a Robotoid or Synthetic coming out of a cloning process. Also, the doctor explained that everything the entity remembered from the past would be the memory of the person from whom he was cloned, but from then on, everything that occurred to him would be his own experiences.

In other words, he would have a memory that reached back beyond the cloning process into a previous experience from the entity from whom he was cloned. This Awareness indicates that this was a good analysis of how it would be for such a person.

## Why All the Breast Cancer in San Francisco?

#### QUESTION:

One last question from Vera K., of San Francisco. Awareness may have given this information some time back. She writes: "San Francisco has been said to have the greatest number of breast cancer victims in the nation, and the medical authorities are at loss to understand why. Is there something in San Francisco's physical environment that is causing this? Or is there another explanation?"

"Cancer is said to be caused by parasites. Why are San Francisco women more at risk from parasites than women in other parts of the country?"

#### COSMIC AWARENESS:

This Awareness indicates breast cancer is also caused from the hormone estrogen facsimile which is promoted or found in foods packaged and stored in plastic-lined cans. This also has much to do with the high number of homosexuals in San Francisco, but particularly it has the effect on the breast cancer rate in San Francisco. Apparently, this process of canning, using plastic on the inside of cans, or something of a similar nature, must have originated in San Francisco and been active for a long enough period to bring about a high rate of breast cancer for women.



This Awareness indicates that there appears to be some source of the estrogen hormone facsimile that is prevalent or strong in that region. It may be in the canning process, or perhaps it is somehow in the water, or some other source that affects the people. It could be in some source, such as milk, that is packaged differently from other parts of the country, or it may be the milk that is found from cows that are fed different types of feed in which high estrogen content is provided.

Perhaps this was an experiment locally in the area to give cattle estrogen to see if it would bring about more milk. Whatever it is, it appears to be related to this estrogen or the facsimile caused by plastic in the processing of food or water or other stuff ingested by the population.

### Is Earth a Galactic Penal Colony?

(Are We Being Monitored?)

#### QUESTION:

A question from Terry T., Scottsmoor, Florida. He writes: "It seems the people of planet earth have been nothing more than guinea pigs since the beginning of time, and that every action in one's life is but a test to assist that individual as soul to better understand itself relative to the universe that it resides in.

"Also, is not everything one does on earth monitored very closely, similar in nature to present-day scientific labs? Beside being a galactic laboratory, is earth also a galactic penal colony?" he asks.

#### COSMIC AWARENESS:

This Awareness indicates that it does appear that everything that is done on earth is monitored by entities in your government and in your various agencies and credit bureaus. This Awareness indicates this is not necessarily the same as what you refer to. You apparently are referring to a monitoring from some higher aspect of consciousness. Of course everything that is done by every individual is witnessed by higher consciousness because the higher consciousness resides within you and around you, and your own higher consciousness even witnesses your activities.

This Awareness indicates however, this does not mean the same thing as being monitored in the sense of some laboratory scientist experimenting with you, nor does it mean that whoever is monitoring you is judging you. This Awareness indicates that in these higher levels, there is simply the witness of What Is, and this Awareness suggests that you can move your own awareness into observing yourself in your activities. You can observe your thoughts, observe your words, observe your actions without judgment, with just discernment, discerning what is happening and becoming aware of what is happening without judging or condemning or evaluating anything.

When you begin to observe from an Awareness level without the action of judging, condemning or evaluating, and you see certain things happening such as your thoughts, your words in your mind, or your words and actions as expressed, you may find things there that do not flatter you, do not appeal to you, even though you do not have to say, "I don't like myself for this. I don't like the way I said that! I didn't really gain anything by talking to that person in that way!" You can simply look at the actions without any kind of condemnation or judgment and you will begin to change.

Your behavior, your thoughts, words, your actions will change and become more graceful, more pleasant and better expressed. It is the act of the mind condemning itself, condemning and judging itself that causes entities to get locked into self-hostility and self-denial

and condemnation, and the self-condemnation and self-denial causes entities to have a lower opinion of themselves and not to rise spiritually, but to become more and more degraded because of their own mind judging them.

This Awareness suggests that entities not worry about others who observe them from a spiritual level, but worry about how they themselves judge themselves, and instead of judging yourself, observe yourself without judgment. Observe yourself with great discernment, being very clear as to what you see, without judging or condemning self.

This Awareness indicates that indeed, the earth does appear to be a kind of insane asylum, wherein many entities of different psychological natures are put together to work out karma and to work out differences so that they can better communicate and overcome their particular problems, by the reflection they get from each other.

#### How Early Organization of Awareness Entities Resolved Karma

This Awareness indicates in the early movement of the *Organization of Awareness*, Awareness had the many members at the time, come together in a big hall for a period of several days. These entities were said to have great karma between each other that needed to be worked out, and by putting them all in the same room for several days, they would work out this karma and it would have an effect on all of consciousness outside of the room itself.

This Awareness indicates these entities were brought together and there were numerous arguments and fights between these entities, but after several days, most of the differences and difficulties had been worked out, and the entities emerged as a group of friends, with very little karma left to deal with. This Awareness indicates that likewise, entities who are put on the earth are here to help work out karma they have developed themselves or with others, by feeding off of each other's relationships, and these relationships serve as mirrors to the self, so that entities do indeed go through changes, and many of these entities grow from the earthly experience into beings that are quite high in spiritual vibration.

Some of the entities find it too difficult and may fall backward into deeper karma, but these are the more rare situations on earth. Most entities grow considerably from their earthly lives.



## IS THERE ANYTHING GOOD ABOUT ENERGIZING GUILT?

### QUESTION:

One other question from Terry. "Since freedom and non-interference are by-laws of the universe, it would seem that guilt is a man made fabricated experience. Though there is karma and its counterpart balance, is guilt in and of itself not a destructive, negative and non-productive action for soul?"

### COSMIC AWARENESS:

This Awareness indicates that guilt has no value unless it can help an entity to undo some action; to help an entity do something to overcome the reason for guilt. Just to feed guilt into one's system and hold it there and do nothing about it can be of great harm to the entity. This Awareness indicates that an entity can energize guilt when there is no reason for it.

For example, someone may be injured or hurt by your failure to do something, but your failure to do something may not have been intended, nor even possible for you to know that you could have done something. For instance, if someone was needing a ride or needing to be picked up at some place, and you failed to pick the person up because you didn't know the person needed a ride, why should you energize guilt over this when it was not your responsibility, nor was it anything you could have known that you should have done?

This Awareness indicates yet, there are many entities who will indeed energize guilt because they think "I should have gone to pick this person up! I should have been there. Had I been there, it wouldn't have happened!" This Awareness indicates that you cannot go through life always being everywhere to prevent bad things from happening to others. You can concern yourself, and hope and work to make things as safe as possible, but you may have to go somewhere, and you may not be there when someone needs you. You can do everything possible so that they do not have a problem, but it is not always possible to foresee every problem that could occur.

This Awareness indicates to energize guilt over something like this will do more harm than good, but if you have done something that has caused others harm, and you can do something to undo that guilt, then it becomes an important part of your experience to have the guilt, because it may spur you to action, to understand the reason for the guilt, to undo the event that causes the guilt, if that is possible.

This Awareness indicates there are some instances in which an entity does do something that harms others, and thereby causes himself to suffer guilt. This Awareness indicates for example, an entity gets drunk, has an



accident that leads to the injury or death of someone else. The entity may feel guilt from this. The guilt may be carried for long periods of time. The guilt is something that cannot be overcome by making things right, because you cannot bring back the entity who was killed, or you may not be able to undo the injury that you caused from being drunk, but if you cannot use the guilt for some purpose of improving things, then the guilt becomes simply a way of causing you more agony in your life and does no good whatsoever; in fact, it may even cause you to become the kind of person who harms still others because of your guilt.

Some entities become guilty about drinking and driving and causing an accident, and to overcome the guilt they drink more and may have further problems relating to that. This Awareness indicates that what can be done when you have a guilt that is irredeemable is that you devote your remaining life to doing things to help others. Perhaps you find it important to help children, to help people who have been injured in accidents, or to help prevent people from driving while drinking, or to help entities break the habit of drinking.

There are many things that you might do to overcome that guilt that you feel within yourself by doing something for others in a dedicated action or activity over a period of time, long enough to where you feel you have paid the debt that has left you with so much guilt. After you have worked for many years in helping others, you may find that the guilt that started it all does not hound you nearly so much because you have had so many good experiences in helping others.

## Any Value in Making Negative Affirmations?

### QUESTION:

A question from Ted H. "In the *Cosmotone Newsletter*, it is stated that a way to change behavior is to trick the subconscious, because the subconscious is set up to resist change; so, as an example, he says the following statement can be used to counter depression of any kind: "I am very, very unhappy. My life is as bad as anyone can imagine. People would feel very sorry for me if they knew how bad things are in my life. I am very confused. My head is filled with chaotic thoughts. I can't find a clear path. I have no peace. I have no peace."

"He then states: "The opposite values will begin to appear from doing this exercise." And Ted asks: "Please Awareness, tell us if this method is valid, and if there is any danger in using this method?"

### COSMIC AWARENESS:

This Awareness indicates that for some entities this will be a very helpful action. Many entities resist the movement into depression and negativity, and find that the more they resisted, the farther they slide. They do not want to admit that they are depressed or unhappy, and therefore, they fight against it, and the fighting and resisting of this negative energy causes the energy to get stronger.

This Awareness indicates this is related to that phrase in the *Law of Love*: "Resist not evil." If you resist it, it can get stronger. This Awareness indicates that there was a reading given some time in the past which suggested that entities might find it easier if they get negative really fast and get it over with so that they can begin to glow again with the positive energies.

This Awareness indicates that by getting negative really fast and to an extreme in terms of their wording and in terms of their feeling, just to get it over with by getting extreme and quickly into it, you know it is artificial, and therefore, it becomes silly to be so negative, and you get through it faster rather than having to fight the energy of trying to avoid the negativity.

This Awareness indicates that if you feel that you are no good, you are unworthy, you are worth nothing, then simply say, "I am worth nothing! I am awful! I am a terrible person!" and let yourself wallow in your negativity until you feel that you have gone far enough. "Okay now. So what do I do now?" and then you may begin to pull yourself together and get out of it. This Awareness indicates as long as you view it as a process of getting through the negativity, it can be very effective as a way of fighting through those feelings of inadequacy, depression or hopelessness.

You can do it in ways wherein you feel your life is in shambles: "My life means nothing! It is at an end! I have lost everything I ever wanted! There is nothing left for me to live for! Now I have to admit that it is meaningless to continue! But what if I were to continue? What if I have lost everything! Is there anything that might come about in my future that would be of value? Is it possible that I might need to hang around, to find something else? Is there more in life than what I have experienced in terms of all these losses?", and then you may begin to crawl out of the doldrums and negativities and start a new life.

As long as you see it is a process of getting through the negative, it can be very beneficial.

### Uterine Balloon Therapy: Is it Safe?

#### QUESTION:

A question from Sharon K., Roselle, Illinois. "There's a new method called Uterine Balloon Therapy, said to replace the need for hysterectomy in women with overly heavy periods. A balloon is inserted, inflated and heated. The procedure takes eight minutes in the doctor's office. Is this a good thing?" she asks. "Any other advice from Awareness on how to deal with heavy periods?"

#### COSMIC AWARENESS:

This Awareness indicates that this appears to be an effective means of treating this problem that would be much easier than the hysterectomy. It appears to be a method that saves much in terms of pain and suffering with less risk of problems involved.

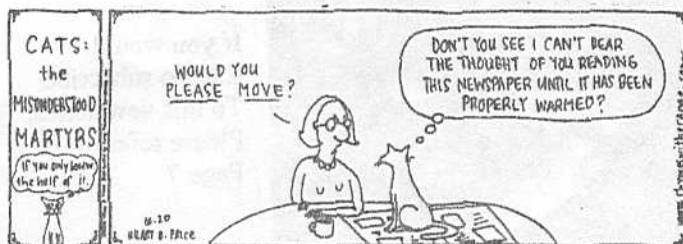
### How to Deal with Heavy Menstrual Periods

#### FOLLOW-UP QUESTION:

Does Awareness have any other advice for dealing with heavy periods?

#### COSMIC AWARENESS:

This Awareness indicates magnesium and calcium appear to be somewhat helpful. This Awareness suggests that there may be other herbs or other substances that are available for this, but this could be found in books and also from medical advisors and sources, including possible pharmaceutical drugs, but this Awareness suggests that this is not something unique or new; that there are herbal books, homeopathic books which touch on these things, and these are available in most healthfood stores, which entities can research. This Awareness indicates the Dr. Schuessler's book on Homeopathic Cell Salts would be a good book to research for it is easy to find information relating to various topics. The Homeopathic Cell Salts can be beneficial in easing this problem.



Excerpt from CAC General Reading #67 8-14-2000 Grace, Interpreter

## DO WE NEED A REDISTRIBUTION OF WEALTH HERE IN THE U.S.?

(Is It Time to Really Tax All Those New Millionaires?)

A question from Jim Cisney. He writes: "I live in a corner of the world, the San Francisco Bay Area, where many millionaires are created every day. In the work I am doing at the moment as a real estate appraiser, I see million dollar homes going up like tract housing. I don't think there has been an era in human history where so much wealth has been created for so many in so short a time frame.

Humble funky little homes in Berkeley now sell for over \$400,000. Everyone but the technophiles and "landed home-owners" are being squeezed out of the housing market. Frankly, the whole phenomena sickens and saddens me. It appears to me that we have reached some kind of apogee of pure self-indulgence and money mania.

For me, this entire phenomena points toward an incredible need for wealth redistribution. Ideally, this would happen because a prosperous world joyously wants to share what they possess, and be less enamored by the trappings of wealth. But realistically, I think the path toward greater equity and greater sharing of the wealth being generated here and elsewhere, will have to come from a massive public commitment to progressive taxation, much as countries like Sweden have done.

Would Awareness care to comment, and perhaps make suggestions as to what actions might be politically acceptable to the masses of people who live in this country at this time? In California, any plan to impose greater taxation on wealthy individuals is soundly trounced at the polls and the general public still seems to "buy into" the notion that unfettered Capitalism is the key to their own prosperity.

This Awareness suggests then that as personalities, transition from one lifetime, that the individualized conscious focus broadens back and melds within the entity consciousness and further assessments for the evolution of the entity, and the balancing of energies are such that a subsequent incarnation is chosen to the degree that negative emotional experience has been indicative of the distortions of creative communication.

This Awareness suggests that the concept of karma relates specifically to the degree of distortion between entity and personality, and that the evolution of consciousness in an individual's lifetime is the optimal goal, so that more pure transmission of spiritual energy/information occurs.

This Awareness suggests also that the assumption that there is a particular hierarchy or order among human personalities, wherein those entities who appear defective or less successful or less genetically capable than others as compared to the success stories, the leaders, the beautiful people, the rich and the famous; that such comparisons are meaningless and that any entity can adopt any particular vehicle with any set of limitations or gifts regarding the specific Destiny Path of personalities necessary for the overall balancing of the entity.

This Awareness suggests also that an entity can choose an animal incarnation for the specific experience of spontaneity and instinctive, more automatic earth consciousness to counterbalance a personality on the extremely high end of the sensitivity with much more difficult challenges, et cetera. We have completion. We can continue.

I can imagine social change, but I feel frustrated that it seems too far off. Perhaps my reaction to this whole situation calls for greater patience and faith on my part

in allowing human history to take its course. It is just unbearably sad, I think, that with the power to do so much good for humanity and not for the planet, the wealth of this nation is being committed to high priced homes and fancy gadgets."

#### COSMIC AWARENESS:

This Awareness suggests that this entity can indeed benefit by invoking the faith in humanity to the degree that patience, compassion and a broader understanding of the economic changes that are occurring to end the apparent suffering from a situation that is instead far more positive beneath the surface.

#### Spiritual Energy is Manifesting as Wealth is Built

This Awareness suggests that the wealth being created due to the information technologies are simply a creative manifestation of an infusion of a spiritual energy well received within specific entities due to the spiritual forces at work to connect and unite humanity in a single global community.

This Awareness suggests that the information moguls, the millionaires who are manifesting in specific areas, one of which in question, in the San Francisco area, are manifestations of this much larger change. This Awareness suggests that individuals can let go of the outdated assumption that personal gratification is somehow a bad thing.

#### Taxing the Wealthy is Not the Answer

This Awareness suggests that entities who work hard and create positive contributions within the eco-market place can safely enjoy the fruits of their labors. This Awareness suggests also that the outcry which is sure to follow wherein entities recognize the inequity within the capitalistic approach to government; that such ideas of taxation et cetera, placed upon the extremely wealthy shall effect an answer. This Awareness suggests, however, that this is not likely, nor recommended to occur.

This Awareness suggests that in terms of taxation, more is not better, yet indeed there is a huge need for better utilization of tax resources. This Awareness suggests that the pattern which is occurring and shall continue is that entities who have attained specific successes due to carrying out the destiny challenges and creating nondistorted versions of their entities' desires cannot help but feel compelled to share their resources.

This Awareness suggests that it will increase faith and compassion, patience and understanding, to recognize a parallel trend wherein information magnates and millionaires and even entertainment celebrities, that when the personal needs are satisfied, they experience a higher calling to share and perform service with their vast wealth.

This Awareness suggests that in answer to the same callings of spirit, which created the wealth, there shall be charities, benefits, services, privately established, without government intervention, that can help identify gaps and further needs and help orient the consciousness of humanity toward exactly where interventions for equalizing opportunity are necessary, and also to identify expenditures, programs and systems which are misguided and continue to perpetuate further inequality, social dissonance and pain.

This Awareness suggests that this individual can benefit tremendously from the information in the *Lessons of Enlightenment* regarding social structures and political structures and that each thought and action along these lines by each member of this community can increase the pace at which humanity moves forward in more enlightened directions. If we have completion we can continue.

## THE HARRY POTTER PHENOMENON

(Are Joanne Kathleen Rowling's Books Riddled With Satanism?)

#### QUESTION:

Does Awareness have any comment about the Harry Potter books and their popularity. The 4th one just came out, and over 30 million copies of these books have been translated into 31 languages and they're being devoured by children and adults of all ages, even in China. There's certain entities in the Christian far Right who claim the book is riddled with Satanism references and so on, and that these books are negative for children, and do just the opposite.

Does Awareness have any comment about the Harry Potter phenomenon?

#### COSMIC AWARENESS:

This Awareness suggests that the Harry Potter phenomenon is associated with the shift in human consciousness and the flood of understanding which is sweeping mass-consciousness; that individuals do indeed create their own reality, and that the potential within Will Energy to create that which is desired is every bit as real and valid as the magic and creative potentials communicated so creatively and intelligently and entertainingly as within the Harry Potter series.

This Awareness suggests that entities such as those described as the Christian Right who have based their entire experience around belief structures which embrace such concepts as disempowering, evil forces and Satanic presences, indeed are manifesting their own limitation and creating the very experiences that they fear.

This Awareness suggests that such an outcry is more likened to a death rattle of outdated superstition generated by patterns of ignorance and loops of fear. This Awareness suggests that the personality Ms. Rowling, responsible for the manifestation of the Harry Potter material, is an excellent example of a personality attuned to the entity who is creating her Destiny Path and manifesting her Will Energy in ways that facilitate the enlightenment of humanity, and that the experiences, the ups and downs, the hopes and fears, and faith that she maintained, are illustration of the similar patterns and potentials within every human being.

This Awareness suggests that many entities are delighted that the transmission of this particular body of information in this particular manner has been so well completed and so well received. We have completion. We can continue.

#### Ed's Note:

Ms. Rowling was on welfare in Scotland, her husband having abandoned her and her baby, when she wrote her first Harry Potter book on napkins as she sat in a local restaurant. She could not even afford writing paper. Some 30 publishers turned her book down before it was finally accepted. Three books later this penniless writer is a billionaire, the third richest entity in England (the queen being the first). She has recently started a foundation to help single mothers who are in a financial fix like she once was.



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