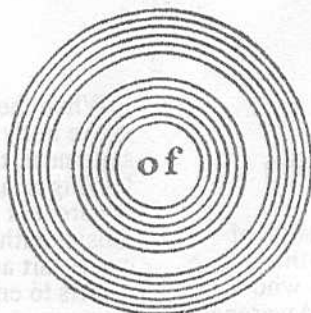


Revelations

The Cosmic Newsletter

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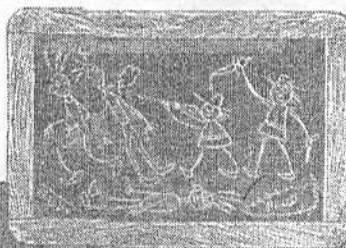


Awareness

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INDULGING IN THE ARTS

(How to Add Beauty and Enjoyment to Your Life)

OPENING MESSAGE:

This Awareness indicates that in all the pursuits of interesting things in the lives of entities, even those involved in metaphysics and spiritual pursuits who find these areas of great interest and intrigue, this Awareness suggests you also include within your life the opportunity and indulgence in the arts; that you bring into your life that which is of high quality art, music, dance, design, spatial and color effects; all those things that add beauty and enjoyment to your life.

The Arts Can Prolong Your Life and Enhance Your Spiritual Life

This Awareness indicates that the harmony and grace, beauty and enjoyment that come through the association with artistic things adds not only personal and momentary enjoyment, but also adds a love of life which tends to prolong your physical life and enhance your spiritual life. This Awareness indicates that it is a health-giver. This Awareness does not include, as some may wish, the kind of music or art that is degrading or base, that drawings of a crude nature or music that is debasement of beauty and uplifting spirit; these are not artistic in the sense of giving something graceful to yourself.

This Awareness indicates that one can splash paint from a bucket onto a canvas and call it art, but it is not the kind of art this Awareness speaks of. True art uplifts the spirit by the message that it conveys, either through the uplifting of colors, shapes, designs, images, or sounds, or movement or by any particular message for the mind, for the spirit, for the soul that might be imbedded in the art form.

There are Songs and There are Artistic Songs

This Awareness indicates there are songs and there are artistic songs. One can sing a song without the love of a beautiful person, the grace one feels, and this can either be art, or it can be a kind of slovenly type lament that depresses people who hear it. This Awareness indicates that there are choices and discrimination factors in discerning what you consider artistic, for some things may seem artistic to you, but as time progresses and you become more discerning, you may find that those things were not really artistic, but that you have simply outgrown them and they appealed to you at a certain stage in life.

This Awareness indicates that as a child, you may have thrilled to the song of Gene Autrey singing about being back in the saddle again, but as an adult the song may not appeal to you in the same way. It had its day. Your artistic qualities and appreciation has outgrown that particular song, and now you want to hear about ghost riders in the sky, or something with a little more complexity and intrigue or interest, and as time passes, even this song will lose its great appeal to you.

This Awareness indicates that you will always, by being more and more discerning, you will always find that there is something of a little more quality, a little more intrigue that tells a little more about life and gives you a little more insight into what life is all about. This Awareness indicates that it is the same with paintings and drawings. It is the same with dance. Dance can be the rocking back and forth on two feet, which most entities are capable of doing for at least a short time, or it can be a complex movement in which the entire body is involved and which the entire body uses the dance to make a statement about life, about some dramatic concept or idea, about love, about freedom, or something else.

When there are many such people dancing with the entire body involved around a concept, a story-line, a statement, the artistry of the dance can become fantastic, leaving a lasting impression on those who view it. This Awareness indicates that likewise, with song, with music, with opera, with drama, even with movies there can be art and there can be simply entertainment or efforts to entertain.

Knowing the Finer Arts Keeps You From Being a Follower

It is important for entities to discern. *It* is not suggesting that you only select the highest form of art in every excursion, but that you know what art truly is. If you understand the highest forms of art and you want to go watch a first-grade play on stage, a Christmas play, or if you want to hear the cowboy at the local tavern; this may be your choice, but it is nice to know the difference between that level of art and truly fine art so that you can have some reference to the higher arts, the fine arts, and not simply be a follower, a groupie of some local singer who could not hold a candle to the higher artists.

This Awareness indicates that there are many who cut themselves short by saying: "I only like the country boy music, the honky tonk music. I can't stand that other stuff. I don't like jazz. I don't like classical music and I'm not going to listen to it." These are the same kind of people who have never eaten a greater meal than a hamburger and fries. They think that the hamburger and fries is the ultimate of gourmet eating.

This Awareness indicates that these entities sell themselves short of the joys in life by not finding out that there are other things that go beyond those cheap thrills. This Awareness indicates that as entities become more aware of the finer arts, they may discover that the thrills they receive from the higher arts, from the finer arts give them a new sense of personal value, give them a feeling of being important as a human being for belonging to a race of people who can create such fine arts, even if they themselves are incapable of creating such artistry; just to know that someone of your own species managed to create this beauty is uplifting to you, is inspiring to you.

Art Appreciation is Nourishment for Your Spiritual Body

This Awareness asks entities, in all the hustle and bustle of life, don't forget to feed your appreciation of beauty through the fine arts. It will uplift your spirit. It is food and nourishment for the spiritual body. It is as important to the spiritual body as are messages for the mental body. There are mental messages that uplift the spirit and there are emotional messages that uplift the spirit.

The fine arts are the emotional messages that uplift the spirit. This Awareness indicates that through this Interpreter *It* can only give the mental messages, but through the various artists *It* can give you emotional messages that uplift your spirit and tie you to the highest and best, the higher frequencies of life.

THE INARTISTIC TREND OF TODAY'S MOVIES AND MUSIC

(Will It Ever End?)

FOLLOW-UP QUESTION:

It's pretty hard for a kid these days to get any training or have access to anything of the arts, when you consider so many surveys show that they're turning practically illiterate out of high school, letting out graduates that can hardly read or write. Many can't, and they've virtually eliminated the humanities from most of the colleges and universities and it seems like the movies, the great movies we used to see as kids in the 30s and

40s, some of the great MGM classics, like *Jane Eyre* and *Rebecca*, *Anthony Adverse*; movies that got you thinking like *The Ox-Bow Incident*; all of these have given way to amusement park type movies where these illiterates can go and pay their money and watch a movie and enjoy it, with its nonstop action, police chases, cops and robbers type thing, *Terminator* type movies, and very few movies that you can literally sink your teeth into are even made anymore.

Does Awareness see this trend continuing on, or is there going to be the reversal and back to the old basics where these stories and books and also in the realms of music and the arts will have substance to it, for these people?

COSMIC AWARENESS:

This Awareness indicates that unfortunately, it looks as though this trend of action without thought, action without stimulating ideas will continue for quite some time. *It* does not see a renaissance occurring in this century, however *It* does see that there will be some areas in which, though not mainstream movie-making, there will be some areas in which occasionally a good movie comes through, a good song is written, songs which carry messages and lead entities into thoughtful and provocative mental discoveries.

Special Effects Have More Meaning for the Film Than the Story

These may be rare but entities who look for these things shall find them. This Awareness indicates that the problem of action-packed movies is enhanced even further by the use of and further development of computer software to add more convenient special effects to film-making, wherein with the computer software, all kinds of distortions, strange illusions can be manifested on screen to awe the viewer, to make the viewer stop and look with awe at the sight, and these special effects begin to have more of a meaning for the film than do the messages, the plot, the symbolologies, the character growth.

In fact, there is generally very little character growth in many of the movies that specialize in the special effects techniques. They are simply selling you visions without much message. This Awareness indicates that perhaps entities do not care for messages. Perhaps the messages do not sell as before. Perhaps entities simply want to see new special effects, new ways of doing or showing violence. If this is the case, then the market will increase this type of movie and the masses will continue to patronize this type of movie and there will be more and more availability of such movies, squeezing out any effort by others to make quality and meaningful movies with a message.

Mindless Violence with no Message in Today's Films

This Awareness indicates the question is: how long can humanity go in seeking thrills at watching scenes of mindless violence without any message conveyed for a moral or purpose of the violence. This Awareness indicates that while entities are naturally curious about death and dying, it is indeed strange that death and dying can become the major activities of a movie, when movies and plays originally were designed to convey messages, to give instruction, to let entities share in a story that helped to explain the mysteries of life.

This Awareness indicates entities seem not to care about learning of the mysteries of life. They seem more interested in the mysteries of death and what it's like to see another die, thus, they patronize the violence and they think of it as art. If the violence is vivid enough, they scream, they get excited, adrenalin rushes through their veins and they go out saying, "Wow! That was really a great movie! Did you notice how the blood

spattered clear up to the ceiling?" and they think they have seen something artistic. To some entities that is art.

People Can't Understand Death by Watching Violence

This Awareness indicates their fascination is with death. They have no understanding of life, and yet they are already seeking to understand death by watching others die. They are not understanding death. They cannot understand death because they haven't yet understood life.

This Awareness indicates that when you begin to really look at life, to understand what life is, then death becomes something much more understandable, much more vivid and meaningful, but the majority of entities who have no understanding of life, and who take life for granted, whose fascination is with death, can snuff a life simply for the sake of witnessing death, and thus you have a certain type of entity who walks the streets today, and there are far too many entities with such mentality who are fascinated with death but who want to view it from their perch in life.

They do not yet know how to live their life to its highest value. They see no value in their own life, thus they attribute others' lives as having no value.

This Awareness indicates the greatest art available is the art of living a good and wholesome life.

BLOODY MOVIES A THROWBACK TO ROMAN GLADIATORS?

FOLLOW-UP QUESTION:

People who watch that kind of material in movies, it's sort of like a throwback to those who watched the gladiators in the coliseum of Rome, isn't it?

COSMIC AWARENESS:

Absolutely. It is the bloodlust of society. It is a way of vicariously experiencing death, not by your own, but by the death of others, even if the deaths are illusory and only made to appear real on screen. This Awareness indicates there are many entities whose fascination with death or whose fear of death drives them to want to see such movies. They want to see what death is about and they think they can find out by watching others experience death in movies or in other forms of expression.

This Awareness indicates these also are people who generally support violence in war, violence in dealing with crime or themselves engage in violence as a way of life. This Awareness indicates it is a because they have not yet tasted the value of life. They have not yet appreciated what life has to offer. They are alive, they don't understand why, or what it's about, and yet they fear dying, as dying would bring about an end to their life, so they try to understand that process of dying by witnessing fear or death through film or through the promotion of war or other forms of violence.

The Full Face of Death Entails Loss and Grief

Thus, they think they have learned something if they have seen something or someone die figuratively or in reality. This Awareness indicates that until entities suffer the grief of a personal loss of a dear loved one, death leaves them untouched. It is but an activity that they can witness from a distance, but when entities truly understand life and the preciousness of this very fragile substance that keeps an entity breathing, thinking, loving and caring; until entities can understand this, they are not equipped to deal with the full face of death which entails loss and grief.

If you truly lose a loved one, knowing you will never again in this lifetime see that loved one, speak to that loved one, hear that loved one walk across the floor, feel that loved one touch you or laugh or cry or lament or

ask a favor; once that loved one is totally gone, taken by death, you then understand that death is not something to play with, something to enjoy as a kind of obsessive fascination, even if it is the death of a stranger, for the one who is a stranger to you is a loved one to another.

Thus you hear about the casualties of war, and they are listed as numbers. How much grief can you spare when you hear 452? Do you feel the grief increase if it is 453? Yet, if that 453rd entity was your brother, your sister, your son, your daughter or your parent, that final number would be most grievous to you. It would hardly seem fitting to think of your son or daughter, brother or sister as being but a number on a casualty list.

This Awareness indicates that the majority of entities have not experienced the death of close loved ones until they have reached middle age and therefore, those who are younger, especially find a fascination with death and out of curiosity seek out the movies, the horror shows or the excitement of war in the belief and feeling that life is about death, and if they are to understand life, they must first understand death. This Awareness indicates that is not so.

If you are to understand life, you must understand living and if you are to understand living, you must stay away from death and work at living your life to the fullest. This Awareness indicates that a good story, a good movie, a good tale, is one in which the hero or heroine seeks to struggle against death, seeks to struggle for an accomplishment, seeks to do something to enhance life and finds the struggle difficult but greatly rewarding.

To put a person into such a struggle is to force them to deal with life and all its symbols; the emotion of the struggle becomes important and the entities who watch the struggle, even though the struggle may not be theirs, can identify with the character, for they too, at one time or another, in one way or another, have also struggled for something, but to simply have an entity come into a story just to be the victim of someone else's madness is hardly a classic or high-class form of art.

Just to have someone enter into a relationship to be hacked to pieces for the visual show of blood does not create drama, does not create an understanding of life, it simply shows death on the screen, and if entities are only interested in such things, they could see the real thing at the local slaughterhouse, and perhaps the sickening stench and sights would satisfy their curiosity, so that they could move on into more highly refined forms of art, to study life itself and not to fool themselves into thinking these charades and images of violence are some kind of artistic expression.

THE MOVIE: "IT'S A WONDERFUL LIFE"

(What Happened to the Values in Today's movies?)

QUESTION:

A lot of the old movies, most of the old movies of the 30s and 40s, particularly the works of directors like Frank Capra, who epitomized the American value system in movies like *It's A Wonderful Life*; I've heard on TV teenagers make remarks when shown that movie, or their parents show it, or it comes on at Christmas, that it's unrealistic sentimental shmaltz. Is this because so many nowadays have no values or no appreciation of the values that were expressed in movies like that? Is this part of some kind of conspiracy?

COSMIC AWARENESS:

This Awareness indicates that the entities who have this attitude generally have had experience to cause them to feel that fantasy and fiction have no place in their reality and that their reality of the world is one in

which entities are in competition and must win or be victimized so they look at the world from the eyes of a fighter, a warrior; hence a warrior watching *It's A Wonderful Life*, the warrior would not appreciate the story in the same way that others who might have a different orientation would appreciate the same story.

It is a matter of social orientation. One person can look at something and say, "I know it's fantasy, but it's so realistic! It's so much like life really is! You go out, you're idealistic, things go wrong, and you feel like ending it all, but you look back, you get a second look, and you see that if you ended it all, everything would have changed, everything would be different without your influence, and so you realize you *are* needed, you have a purpose and you can't just desert your responsibilities.

You must stay and assert yourself to do what you can for others. Essentially, this was the message of *It's A Wonderful Life*, and it is a very realistic message. It fits the lives of many, but there are some who think in terms of "How can I get more of what I don't have, when there are those out there who are ready to shaft me as soon as I walk onto the street?" and for such entities, this concept given in *It's A Wonderful Life* does not seem to fit into their reality, partly because they are associated with the types of people who are quite different in dealing with each other. Indeed, the story *It's A Wonderful Life* was more viable and realistic in the time period in which it was filmed.

Everything in that time period was much like a reflection from which the movie could be made. The movie was assembled from realistic-type experiences of the time period. Those experiences are not in society in the same way today. Today the banks are manipulated by calculators and computers, not by bankers who might have a turn of heart. They are manipulated by boards and stockholders, so that even if you did touch the heart of a banker, it would not be effective.

This Awareness indicates that things are quite different today and the young people are correct in many ways by saying the movie is unrealistic, yet it is only unrealistic because so many have changed, and these values are no longer respected, and if entities wish to energize the old values and ideals, then indeed it would become not a fantasy, but could easily become a new reality that entities could be effective in their world helping each other, leading each other to have a better life.

It is only changed because entities *accept* the premise "I can't do anything about it! The world is a mess and there's nothing I can do for it!" This Awareness indicates that with such a premise it is easy to jump to the next assumption "that with the world in such a mess, all I can do is get a little piece of it for myself before it's flushed down the toilet."

This Awareness indicates that there are many entities who have this idea and they think of themselves as being very realistic and with the premise they stand on that the world is an unfit place, they are very realistic; but if you do not buy the premise that they stand on, if you buy the premise of *It's A Wonderful Life*, then these entities are unrealistic and *their* message is false.

It is a question of how you want to view your world, what kind of world you want, and are you willing to energize that world to get the kind of world you really want?

WISDOM OF AWARENESS: On the Awareness Messages: "This Awareness asks that you read the material which this Awareness presents, look at the concepts, then throw away all the words and feel what is meant." 80-2

"If What Could Have Been"—Total Fantasy?

FOLLOW-UP QUESTION:

In that movie, the character played by James Stewart representing the little common man, after contemplating suicide, is taken by his guardian angel into the future, I guess it would be called, and showed what life in that town would be like if he had never been born, and it showed how the importance and influence of one little person could have on many others.

Is that total fantasy? Or is there some reality after death, or in some other system that entities who wonder if they've had an impact in their life and have nothing significant to show for it, would get a glimpse into something like that realm of "if, what could have been?"

COSMIC AWARENESS:

This Awareness asks, you are requesting to know if this story was based on a reality-type scenario, wherein entities could actually glimpse their world without them and learn from this glimpse what would have occurred had they committed suicide? This Awareness indicates that this is available to all entities who have the capacity for imagination to be taken by the guardian angel or by some aspect of their own consciousness into a space in which they can look back on their lives and recognize what they have contributed to, society in general, and what society would be without their contribution.

It becomes a way whereby the entity sees the importance and effects of having existed. This Awareness indicates it can be found in meditation, in imagination or in deep pondering on the matter. It does not need any special arrangement in the cosmos for this to happen. In the movie it was as though the guardian angel led him to see these things while in a different dimension, but this is simply the way the movie was written.

In actuality entities are not necessarily running around out of body wondering why things aren't the same or seeking to make things the way they wanted them to be when they were alive, only to discover that things all change because they died when they died. This Awareness indicates in response to your question: No, the universe does not have special places or arrangements whereby entities can step out of the body to experience the world without them, but yes, entities *can* do this mentally and with their imagination.

The movie itself was instrumental in helping entities to do this very thing, for each entity can see how the world could be quite different without them.

(Vicki):

Or like Scrooge and *A Christmas Carol* as they change their patterns?

COSMIC AWARENESS:

This is in the affirmative.

Is There a Reverse-Type Akashic Records?

QUESTIONER:

I was thinking more along the lines of, as I understand it, entities one day will have access, if they want it, to the Akashic Records, which would show things that they had done in their life that influenced others that they might not have been aware of, and it just occurred to me that perhaps there was a reverse type of Akashic Record that would show the various possibilities that *didn't* occur?

COSMIC AWARENESS:

This Awareness indicates that these potentials can be experienced mentally by entities using certain psychic insight and therefore, this is a possibility but it occurs in consciousness rather than in a realm or separate reality. In other words, it is not at this time a created place

where entities go to see a different world, the world in which something did not occur or did occur.

It is more that one can psychically attune to a different image and understanding of reality by realizing what would have occurred or would not have occurred had the entity not been there as an influence. This Awareness indicates if it were such that every entity had a different place or different realm available for every potential, the universe would be overwhelmed with different realms because there are so many entities and so many potential "What Ifs," so many hypothetical situations that could occur for entities to view.

This Awareness indicates that the consciousness of entities is capable of holding unlimited potentials or hypothetical situations and therefore, these things can take place in consciousness, even without their being involved in physical situations.

ART AND MAPLETHORPE'S HOMOSEXUAL PHOTOGRAPHS: WHO DEFINES ART?

FOLLOW-UP QUESTION:

In regard to art, awhile back, there was quite a controversy going on in the art world because the Federal government, in other words, the tax-payers put money into an arts fund which financed the so-called art work of a homosexual photographer, who has since died of AIDS, that included an art show that went on public broadcast and now is going on tour which depicts homosexual acts and shocking types of pictures like a rosary or a picture of Jesus floating in a jar of human urine, and other scatological things like that, which, to a lot of people isn't art at all. It's an offense, and it's ugly and so forth.

The point of my question is: Who defines what is art in the long-run? Is it what Awareness said? If it uplifts, and it's beautiful, if that is the definition, what can people do about having this kind of thing shoved down their throat in the name of art?

COSMIC AWARENESS:

This Awareness indicates that art has had a traditional definition, and tradition does have a place in societies. It always has had strong influence in societies. This Awareness indicates there are of course always rebellions against tradition, and the rebellion against this tradition of art would perhaps create a new form of artistic expression which may or may not be acceptable to the traditionalists.

It does not wish to say that only traditional art, or that anything entities want to label as art is art, even though that tends to be the situation. One could put paper in a chicken yard and when the paper is covered by chicken manure, take the paper in and call it art, and who has the right to say it isn't art?

This Awareness indicates anyone has the right to say it isn't art who wants to say it isn't art. Anyone who wants to say it is art has the right to say it is art; that the entity who pays for art or non-art, must determine its value to him. Who wants to pay for that art? Is it worth the money asked for or offered?

This Awareness indicates that in your society, money helps to determine the value of the art because your society puts money as a measure of value. This Awareness indicates that anyone can label anything art, and anyone else can say it isn't art. There is no way to determine who is right or who is wrong except by the subjective notions of entities who want to get into the argument.

Art is Much Like Chicken Soup

This Awareness indicates, however, that there is a tradition and that tradition tends to influence the way most people think of art. It is much like chicken soup; there are those who want to put clams in chicken soup, or pork in chicken soup and they may wish to put all kinds of other vegetables along with the pork and the clams and still call it chicken soup. There might only be one tiny bit of chicken broth in the chicken soup. The rest may be something totally different, but who is to say this isn't chicken soup, if the chef says it is?

This Awareness indicates that anyone can say it isn't chicken soup and the chef can argue that it is. It doesn't matter what entities say. It only matters when you as a customer want that particular type of chicken soup, or whether you as a customer want that art.

This Awareness indicates that generally the traditional view of chicken soup conveys a message to the mass of humanity because of the chicken soup that they have had before, and it is much the same with art. People have an idea of what art is. It is generally agreed upon, and entities expect art to continue being that which they have experienced previously. That is the nature of tradition. But all things change, and occasionally comes the rebellious expression and tradition is face-to-face with the rebel, the hippie, the homosexual, the new invention, the new jazz style, the new art form, the new age culture; anything that is different from tradition, and then there is the struggle to destroy the new by the traditionalists and the struggle of the new to be absorbed and accepted by the traditionalists.

This Awareness indicates that if the new rebel cannot be accepted by the traditionalists and is destroyed, then the traditionalists write history about it as saying that it was heretic and needed to be destroyed. If it somehow fits in and can not be destroyed and persists long enough, until it is accepted, then the traditionalists accept it as being odd but present and accounted for.

This Awareness indicates that this is the way things occur in art, in life and in all fields of study. This Awareness suggests that the entity's art at this time is in a struggle between traditional art and a new form of expression. If it is not acceptable as art then it will not be classified as art, but if it persists and stays, it will eventually be brought into the art field and classified as art.

Beyond the Offensive Material Is Seen a Form of Art

This Awareness indicates that there are several factors that are part of the criteria of art which exist separate from subject matter. You will note that this particular artist is introducing subject matter that is offensive to the traditionalists, but beyond the subject matter, there are other aspects of art in which this entity presents compatible qualities; light, shadow, clarity or focus...all of these things are part of photographic art and the entity has displayed quality work in these areas.

This Awareness indicates that in other forms of art and in this form, contrasts and relationships, shapes, designs, symbolism, these are all part of the artistic criteria and evaluation process and this entity has indeed a significant grasp of these qualities in presenting his works of art. If the entity were to simply take out the offensive matter, the rest of his photography would be acceptable to the traditionalists.

This Awareness indicates indeed, to the public, it is not so much the question whether this entity is artistic, for indeed the entity is artistic. It is a question of whether the entity's subject matter is acceptable in public display.

If It Wasn't Offensive Would Anyone Care If It Was Displayed?

This Awareness indicates that another question may be raised. Were it not for this entity's offensive subject matter, would anyone care whether this entity's art was displayed or not? Would the entity's art even be considered for display except for his offensive subject matter?

This Awareness indicates that there are those who might promote some of his photographs simply on the merits of art, but it appears the real controversy of the entity's work is not in his artistic merit, but in his selection of subject matter, and there are those who would promote the artistry simply because of the controversy involved surrounding the subject matter.

Isn't Art Like Trying to Define Pornography?

FOLLOW-UP QUESTION:

Well, in that respect it's sort of like the judge who was told that pornography could not really be defined and he said: "Perhaps not, but I know it when I see it!" Probably a lot of entities would apply that logic to works of art and it would be legitimate, would it not?

COSMIC AWARENESS:

This Awareness indicates that this statement would reflect an entity's subjectivity. It is not a form of objectivity in regard to subject matter. This Awareness indicates the question of whether the entity's art is worthy of display, were it not for the controversy surrounding the subject matter, has not fully been explored, because entities are focused on the controversy surrounding this subject matter of his art.

Take away the subject matter, the homosexuality, the photographs of naked children and things of this nature, and the entity's art would have to stand on its own merit, apart from the subject matter and the controversy, and the question then could be better determined by artists as to whether the entity's work compares well with others in his field or compares poorly.

This Awareness indicates that so much is subjective, but by comparison to others, one can narrow the subjectivity and enhance the objectivity.

This Awareness indicates that there is not going to be an objective position that determines whether this entity's art is worthy or unworthy. It will only be a subjective argument between various entities until one or more of the entities come together in some kind of compromise agreement to allow the display to continue as is, or to allow it to be displayed under certain conditions and restrictions, and it is likely that with all the controversy surrounding the entity's work that it will persist over long periods of time and eventually be accepted.

Perhaps in 20 or 50 years it will be displayed among other forms of art as traditional type of artistry, even with its offensive pictures. Many of those in society will still feel offended, while others will be more interested in the history of the struggle of this man's work and of those who tried to keep it alive in the field of art.

This Awareness indicates that there is no way to judge something that is subjective in nature. It is a matter of taste. It is like arguing whether the sweet/sour sauce is good or is bad, and having judges on both sides disagreeing and agreeing it is good, while others are disagreeing, saying it is bad, and then asking: What will be the final outcome of this dispute? Is this really good or is it really bad sweet/sour sauce?

This Awareness indicates it is a question of subjective preference. The subject matter was chosen because it was controversial and controversy always creates and draws attention. The entity knew that his work would be controversial and would draw attention for it, and he

knew that there would be those who hated it, and there would be others who appreciated it.

Ouspensky's Definition of Subjective Art

This Awareness indicates that the entity P.D. Ouspensky wrote of art describing that there was a difference between subjective art and objective art, and that subjective art was that which followed or became acceptable simply because someone expressed an opinion of liking it and if your opinion says, "This is great, I really like it!" then it is subjective art.

He also pointed out that the art did not have to be artificially created or created with great care or skill. For example, you could simply drop a grape on a piece of paper, stomp on it with your heel, peel off the grape and remark that the stain on the paper is a magnificent expression of the artist, and who is to argue with your subjective opinion, especially if you are accepted as an authority?

The Definition of Objective Art

This Awareness indicates that objective art is art which has endured down through the ages and has certain proportions, shapes, curvature and qualities, texture tone and color or other such qualities and criteria that traditionally please the majority of viewers. Thus, a vase or cup might have a certain shape that please the viewers of the work of art more often than not, and this shape may become a traditional and classic art form and certain values in that shape may be passed on to other artists so that the shape again is used in future generations and the future generations find a similar appreciation for the particular shape or texture or color.

Thus, there is the objective art that comes from traditional use and value based on what the human observer as a general species appreciates in a timeless sense, not as a fad, but as something that goes on generation after generation where certain shapes, colors, and textures combinations are always appreciated and represent harmony, grace or beauty, and the more entities can conform to those traditional artistic qualities the better the art in a classic sense.

This Awareness indicates this entity dubbed the traditional type of classic art as objective art, whether it was in music, dance, design or painting and the other type that is based simply on one's personal opinion as subjective art, and noted that subjective art had more recently become the vogue, thus there were entities splashing paint in blots on canvas, hanging it in galleries with high price tags and like some Rorschach test, claiming that it was significant and meaningful, and others would come and stare at it and agree, that at \$1500 it must be meaningful. "I'll buy it! What does it mean?"

This Awareness indicates that the artist would simply reply: It means whatever you want it to mean. It says whatever you want it to say. And the entity would say: "Oh great! It makes me feel like a child! It reminds me of a bowl of Wheaties. When I was a kid, I used to eat Wheaties. I love it! \$1500! Here you go!" and the entity has become the owner of a subjective piece of art.

This Awareness indicates that this kind of subjective art is possible from any entity. Anyone can be an artist of subjective art, and it really comes down to whether you are capable of being a salesman rather than an artist. If you can sell your splashes, then you can call yourself an artist, but you are really just a salesman.

This Awareness indicates true objective art fits into certain categories that reflect back upon proportions, colors and combinations of colors, messages and designs, symbols and meaning and traditional values.

Anything that is not related to these may be classified as subjective art and your subjective art is simply a matter of value-based sales ability.

You can, as has been done, take the label of Campbell soup, the label of Planter's peanut butter and another label from some other product, put them together in a collage, and call it art, or you could, if you wish, sprinkle pork and beans over those labels, roll over the pork and beans with a rolling pin, let it dry and then call it art. If you are a good salesman and get a reasonable price for it, and it makes news, then you are an artist; subjective, of course, but people will say: "My what an interesting creation! This person is truly an artist!"

Others will say: "Looks like garbage to me! I wouldn't have it in my house." This Awareness indicates the question of art: What is art, and what is not art, will always be a matter of discernment and subjectivity, but this Awareness wishes entities to be very discerning and to learn to appreciate the finer arts that are based on tradition and reflections from those higher refined traditions. The classics that have endured for ages have endured for ages because they met these criteria. Certain shapes appeal, certain tones and combinations of tones appeal to the masses. Certain color combinations appeal to the masses, and as these are brought together in certain ways, they find new appeal and greater appeal with more entities.

Cheap Forms of Art Have Their Place

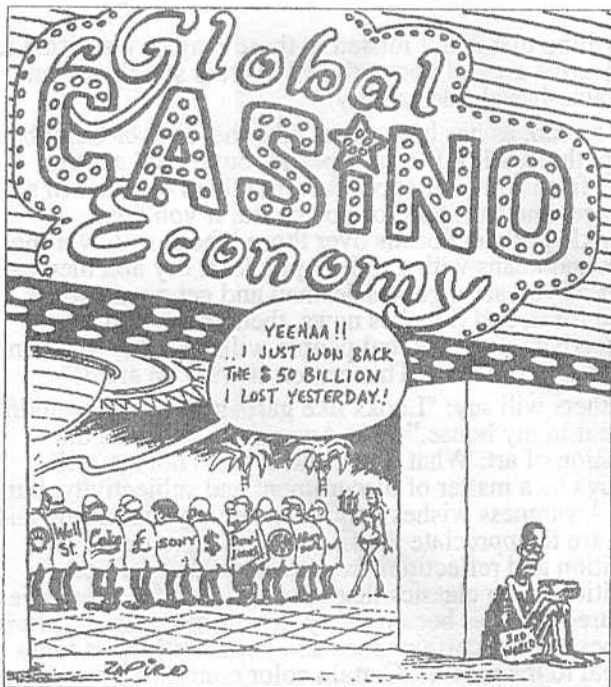
CLOSING MESSAGE:

This Awareness indicates it is possible when dealing with art, in speaking to entities regarding art, to offend them because many entities have certain favorite artistic sources. Some entities may love the honky-tonk tunes and it is possible that when in certain moods, even the one who loves the classical music will find a honky-tonk tune as being very soothing and just right for the moment.

This Awareness does not wish to insult people or berate them for liking those cheap forms of art, for those cheap forms of art have their place and their time, and can be very comforting in the right time and the right place. This Awareness does suggest, however, that you not limit yourself to just those levels, but that you expand your artistic expression and appreciation to reach out into areas which you have not yet explored to find those areas of artistic focus, to go to a dance, to an opera, to a concert. If you have never been to a rock concert and one comes to your area, you may wish to go to it just for the experience of seeing what it is that all these young people are so crazy about.

Or, if you have never been to an opera, you might want to go and see what it is that all those stuffed shirt people are so crazy about. The expansion of your culture, of your exposure to different cultures is that which helps to expand your own consciousness emotionally and spiritually and this can be most rewarding. This Awareness suggests also that as you embark upon this kind of expression of going out, you may wish to make it a policy to do something different at least once a month to expose yourself to a new cultural experience once a month for a period of time. It may be most rewarding to you.

This Awareness indicates it is much like the entity who says: "I will face at least one fear every day and go through it. If I fear speaking in public, I will face that fear and speak in public, for as you approach life and expand your experiences by facing your fears, or by enhancing your cultural exposures, you are pushing back the walls



Zapiro/Mail & Guardian/Johannesburg, South Africa

of yourself and growing ever greater as an individual, and this will be most rewarding to you and it also expands your ability to deal with situations in life.

The more you are exposed to these things in life, the easier it becomes for you to deal with situations that come up in life.

This Awareness is talking about personal growth.

Ed's Note: in the year 2000 a movie called "Dirty Pictures" came out on HBO which concerned a New York arts center director (played by James Wood) who was arrested and tried in court for being the first to publicly book and display the controversial photos of Robert Mapplethorpe. The indignant Mayor of New York and the Catholic Church led the charge to jail the art center director. But like the discussion in this reading, the trial did not determine what "art" consists of, but really concerned the First Amendment and the freedom of expression. Our Constitution provides everyone the right of expression, in this case the displaying of what many felt were disgusting, nauseating, sacrilegious, sick and perverted photographs. Our Constitution also provides all entities the right *not* to patronize art museums. The jury found the defendant not guilty of all charges. I learned much from this movie, a true story, and recommend it to our readers, particularly those who felt strongly about Mapplethorpe, as I did ten years ago when I asked the questions in this reading. (Avaton)

SHE WAS HIT IN THE HEAD BY A BRICK AND BECAME A MIND READER

QUESTION:

A question from Elaine S., Leominster, MA. She writes: "I am enclosing a copy of an article about a woman whose head was hit by bricks, and she became a mind-reader. There has been many items in the news about people getting hit in the head and becoming more in tune to the world around them. What has happened to their brain that made an improvement in their thinking?"

"I am not suggesting we go around hitting ourselves in the head for enlightenment. There must be something in everyone's head that is dormant and only needs to be triggered. I have never heard about anyone getting shock treatments in mental hospitals and becoming mind-readers. It has to be something else."

She included a tabloid story about a woman whose head was bashed by bricks and she became a mind-reader. I won't read the article, but it speaks for itself.

COSMIC AWARENESS:

This Awareness indicates that the pineal and pituitary are very close together in the head and for the two chakras to merge creates a certain kind of psychic circumstance and a kind of evolutionary event. It appears that sometimes an entity can have what would be termed an "injury" that causes these two chakras to bump into each other or their energies to merge or mesh in an accidental event, so that they begin to function together without a separation.

Enlightenment Can Also Occur Through Meditation

This Awareness indicates that this can also occur through meditative practice; the practice of meditation can lead these two chakras to begin functioning together instead of separately. It appears that these are the reasons why entities can sometimes have physical events that trigger the result of psychic phenomenon or capacities to develop.

That Ancient Egyptian Rite Where You Swim with Crocodiles

QUESTION:

A question from Kathleen V., of Houston, TX. She writes: "Thoth has channeled that there is an ancient Egyptian rite of initiation wherein a hole is dug in a ground and filled with water. The initiate enters one hole to swim through the underground and exits out of another hole, but while the initiate is swimming underwater he sees a tank of crocodiles and exits out the first hole he sees."

"According to the story, the initiate that avoids the crocodiles must try again and is required to swim through the crocodiles to exit at the proper point. Obviously, this is a lesson of facing one's fear. My question is, why not avoid the crocodiles, the fear? Is it necessary in everyday life to wade through danger just to exit at the proper point?"

"What is necessary in swimming through obviously dangerous waters, and what is gained in doing that? Isn't it just plain good sense to avoid what is obviously dangerous, like swimming through a tank of crocodiles?"

COSMIC AWARENESS:

This Awareness indicates that if you want to be initiated and the requirement for initiation is to swim through crocodiles, you must consider how badly you want to be initiated. This Awareness indicates that any idiot who wants to be initiated that badly deserves to be eaten by crocodiles.



Schrank/The Independent/London, England

What Does Cosmic Awareness Look Like?

QUESTION:

Another question from Kathleen. "In imagining Awareness, how can we picture you?"

COSMIC AWARENESS:

This Awareness suggests that the best way to picture this Awareness is to visualize a giant ball of clear light. If you wish, you can see it as a balloon with an invisible skin. Consider that balloon with the invisible skin as representing the universe or a group of universes, if you wish, and imagine that it is a living creature and that this Awareness is the consciousness inside that living creature, that balloon with the invisible skin.

This Awareness indicates that throughout the universe there is an awareness, a consciousness, and it is a living being, and it is filled with consciousness throughout, from one to the other, and if you wish, you can place within this universe with the invisible skin, you can place the little dots or little spots of energy and call them galaxies or nebulae, and you can put in solar systems within these galaxies.

This Awareness indicates you can find one small minuscule particle floating and call it the sun and the earth, and you can imagine on that tiniest of particles, on that earth, a place in an area which you can call home, and you can see that your existence and your home and your earth are all within the body of the giant balloon with the invisible skin which is this Awareness, and that *It* is conscious, and *Its* consciousness touches into the life consciousness of earth.

This Awareness indicates you can imagine yourself in that group on that earth having consciousness within your brain, in your head, which is but another part of the global or cosmic consciousness that surrounds and fills the entire balloon with the invisible skin.

How NOT to Visualize Cosmic Awareness

This Awareness indicates that for Pete's sake, do not visualize this Awareness as some little white man with a white beard and white hair, sitting on a cloud! This Awareness finds this a most disturbing image of *Itself* because it is so totally false.

This Awareness indicates that there are many entities who want to personify this Awareness. Some refer to *It* as "He." This Awareness indicates that they have already tried to turn "Awareness" into a person, just as they did the word "God, wherein they tried to personify God. This Awareness indicates that the word "Awareness" is not a first name nor a last name; *It* is a term with a meaning that has to do with a certain concept.

It is likened unto, if this Awareness were to be classified as He or She long enough, *It* might come back to say *It* no longer wishes to be called "Awareness," for entities have personified this Awareness. *It* wants to be called "Consciousness." And then entities would say "All right! We'll call you "Consciousness." "What does he think now, this Consciousness? What does he do? What does he eat in the mornings? Does he sleep?"

This Awareness indicates how does *It* ever get away from the tendency of entities to turn *It* into a cartoon character, by personifying *It*? Do they do this with words such as "democracy" and "freedom?" Do they do it with concepts such as "happiness?" Is it necessary to make happiness simply a smiley face that people can draw? Cannot they simply accept the concept of happiness? Cannot you simply accept the concept of Awareness? **Must** you visualize Awareness?

Cannot you understand what the term "Awareness" means, and what the term "Cosmic" means, and cannot

you put these two terms together? And if you perceive Cosmic Awareness as a concept, does it need to be colored purple and drawn within a boundary and given legs and arms or some other distinguishing features? Can *It* simply not exist everywhere?

When you speak of the word "air," does air have to be encircled with lines, have a cap put on its head, have eyes and nose? Does air have to take on a personification? This Awareness indicates is it necessary to visualize air in order to become one with it, to breathe it in and breathe it out? This Awareness asks that you breathe in this Awareness and breathe out, and breathe in and breathe out, and not worry about visualizing this Awareness.



VISIT THE TEMPLE OF LIGHT IN YOUR DAILY MEDITATIONS

Deposit your energy in this cosmic Bank. Withdraw it when needed for healing or personal use. Keep in touch with CAC when you start getting results!

Excerpt from a CAC General Reading 7/25/95
Paul Shockley Interpreter

MID-ASTRAL BEINGS WHO CONTROL TAROT CARD READINGS

QUESTION:

In another area, we received this *Cosmotone* newsletter. It's put out by one of our members, and it has some interesting stuff about Tarot cards, and Ouija boards that's new information, to me anyway. I'd like to check this out with Awareness, and I'll read some of this. It's from issue number 5, titled 'Illness and Bacteria.'

"To understand the phenomenon of Tarot cards, we will look at the evolution of the soul, Jiva. Most of the relative creation is ensouled by the same souls that are human souls. The human type of being has a certain relationship with their soul that is called individual ensoulment. This relationship makes it possible for the person to move into the final stages of relative creation evolution, which is the gaining of enlightenment or liberation.

"All the activities and structures of creation is designed to produce enlightened souls. At the beginning of each creation, a certain number of new souls are created. The new souls must each go through and gain their own unique experiences. The souls start by becoming energy supply stations for most of the substances and beings of the unfolding creation.

"For example, the atoms of every plane of existence are ensouled by these same souls. The souls become the energy supply station of minerals, plants, animals, other beings, human type beings, and the matter of the Inner Planes. With each ensoulment assignment, the soul gains experience. Experience ends up making each enlightened soul unique, even in the context of being one with the Creator and being one with the Absolute Pure Consciousness."

Now here it gets into some interesting stuff. "There is a race of beings that exist in the mid-astral plane. This race is a group soul race that exists as a transition stage for the souls, between ensouling animals and going into individual ensoulment as human-type beings. These mid-astral entities prepare for becoming humans by focusing their attention on helping humans. They are a significant supplier of supportive energy to uplift the positive emotions of humans.

"Their other function is to work with Tarot cards, runes, I Ching, and other specific modalities, as well as certain types of psychic experiences. They communicate with humans by forming pictures in the astral and moving the pictures into contact with the person's astral body. The person's subtle sense of sight will be able to read these to some degree, even if there is no actual internal visual reaction evident. The etheric body turns these messages into idea impressions.

"The mid-astral beings are highly intelligent and are always learning from observing humans. They have their own point of view which is conditioned by their created purpose. They are not free to do anything they want. The mid-astral beings have been given the power to direct the human nervous system when it is involved with symbolic insight practices such as Tarot. This power is not meant to be absolutely controlling. The only humans who can utilize this subtle gift are those who developed enough spiritually, so the human must provide his or her own abilities to make these systems work well.

"The Pleiadians (spiritual human-type extraterrestrials) invented the Tarot system and enlisted the help of the mid-astral beings to make it work. The Pleiadians have the ability to communicate with a type of nature spirit, (Deva), that can transfer the influence from the minds of the mid-astral beings to the nervous system of the human and to the movement of physical objects such as cards.

"To the degree that the human using the system has developed the internal mechanisms utilized here, the nature spirits will guide the outcome of the cards or other medium. Most serious Tarot readers are able to get over 50% correct placement of the cards. The mid-astral beings also help with the interpretation of the cards. They form pictures, as mentioned above, which give the reader impressions or visions relating to psychological insights.

"The mid-astral beings do not read the past or the future. These areas are usually drawn from the imagination of the reader. The reader (human) is interacting with their own subconscious (in cases of past or future ideas or experiences) and does not realize it. The subconscious will adapt to some kinds of desires that

people have even, to the point of mimicking internal psyche experiences.

"People with the ability to have internal visions should develop a system of cross-checking their experience." It goes on into Ouija boards and that sort of thing, but could Awareness comment on that information?

COSMIC AWARENESS:

This Awareness indicates that for the most part it is a good summary. This Awareness indicates that the energies work through the aura of the reader and affect the thinking and interpretation of the reader, whether it be the Ouija board or the Tarot card reader, and this Awareness indicates that it is conducted through the vibrational attunement from the reader, the person to whom the reading is directed, and the assistance in the higher planes that may be involved in assisting from the higher frequencies.

How a Tarot Card Reading Works

This Awareness indicates that there are vibrations that entities carry or attune to which can have an effect on the interpretation of a picture on a Tarot card, or a combination or a pattern, and these vibrations are experienced in the aura level, and translated by the feelings of the interpreter into words or terms or insight into concepts which are then part of the reader's expression.

In other words, the reader takes these insights of a magnetic or vibrational frequency and turns them into spoken concepts or words which are then delivered to the entity for whom the reading is conducted. This Awareness indicates that it is not as simple as some entities might wish. When they sit down to learn to read Tarot cards, yes, they do learn the meanings of each card, and the interpretation of each card, but this is a simplistic action, much like the child learning the ABC's in hopes of learning to read words.

The advanced Tarot reader not only sees those patterns as crude interpretations, but *feels* certain energies connected with those patterns, with those cards, with those meanings, and those energies apply to the person for whom the reading is given, and it is this particular quality of combining these energies together in a kind of intuitive conclusion that gives the Tarot reader who is more professional, his or her particular special insight.

This Awareness indicates that in other words, the cards may have specific meanings that can be written down and memorized, just as language can be broken down into specific grammatical rules and spelling and characters of the ABC alphabet and this is the technical part of learning how to read, just as with the Tarot reader. The technical part is learning what each card, each configuration or each pattern means; but when you become professional, and really good at your profession, you have to forget all of the technical stuff, just as one who reads a book or reads a document has to forget the ABC's, the grammar, and start thinking of the content of the document.

What Makes a Higher Level of Reading

This Awareness indicates when this entity thinks in terms of the content of the document, what is being said, what is being meant behind what is said and what the meaning has to do with the application of the document in terms of its effect on whomever the document is intended, this becomes a higher level of reading. You are not simply reading the words or focusing on the ABC's that make up the words. You must forget the technical aspects and focus on a higher level of reading, on the content of the ideas being expressed.

This Awareness indicates likewise, with a Tarot reader, a Tarot reader must forget the meanings of the cards. It is not that he forgets, but rather ceases to focus on the meanings of the cards, because the focus is not necessary. The meanings of the cards are so well understood the Tarot reader needs not to focus on the meanings. They are as clear as reading words, and therefore, the entity can focus on the higher meanings or the hidden meaning behind the concepts of the patterns, pictures and Tarot cards meanings.

Thus, the entity may add together different patterns from different cards to come up with an obvious conclusion, and in coming up with the conclusion, turn to the person to whom the reading is for, and explain "This is what the cards show!" and then give that conclusion of the patterns to the entity. This Awareness indicates it is done as much through vibrations as through mental or logical understanding of the cards.

In other words, there is some technology that becomes second-nature. Just as riding a bicycle, you do not have to constantly think about keeping your balance because you have learned to ride the bicycle and it is done on an almost subconscious level. You do not have to consciously concern yourself with the meanings of the cards. They take their place and you simply focus on the collective relationship of many patterns together.

This Awareness indicates in other words, the more an entity practices the readings, the longer the entity works with the symbols, the more the entity can extract more quality information from the cards or from whatever form of divination the entity uses.

HOW DO THESE ASTRAL PLANE ENTITIES GET INSIGHTS?

FOLLOW-UP QUESTION:

These entities on the mid-astral plane that is spoken of here must have amazing insight then to manipulate or influence say, the Tarot cards for specific readings, because in the case of Sam Millar Tarot readings, I would say he was probably 90% accurate in the information he gave, some of which was long-term.

How do these astral plane entities get this insight?

COSMIC AWARENESS:

This Awareness wishes to clarify that entities are energies. Energies contain information. Energies can draw information and information drawn to an energy or entity can feed that entity or energy further information and also carries further energy. Therefore, an entity or energy can collect and build its own information and grow further energy for itself.

This Awareness indicates it is a kind of error to think of these energies as entities, little fellows running around gathering information for the Tarot reading. This is not precisely how it works. The entities are there, and the reader draws on those energies and the energies, likened unto thought-forms that are available for the Tarot reading, yield up material or information to the Tarot reader.

The "Entities" Are Like Bags of Information

You could also describe it with just as much accuracy by describing these so-called entities as bags of information. You may think of them in the same way you think of mailbags sitting around full of information. The mailbag sits around with all kinds of letters and information packed away inside.

Likewise, for the Tarot reader, there are bags of magnetic and etheric energy that are traditionally built up around the Tarot cards over the thousands of years of use, so that each card carries a certain amount of energy

and information which can be made available to the entity who understands the symbolism of the particular card.

Now, if you wish to call these energies around the card "entities" that is all right, but most people think of entities as some fellow or some lady with arms and legs and a head who can embody, who can sit around and talk like other human or personified types.

This Awareness indicates that it is possible to shape those energies, using the imagination, into personified beings, but if you want to stick more with reality, these personified beings are not actually persons. They are simply energy fields that accompany the Tarot cards, because after years, after centuries, even millennia of use, the cards begin to take on special meanings through their symbolism and their patterns which good readers can tap into. They can tap into the energies of those cards.

That Old Kickapoo Indian Ritual Using a Stone

This Awareness indicates *It* wishes to give another aside that helps explain this. There is an Indian ritual used by, it appears to be the Kickapoo Indians; that these entities would sit around a circle. One will pick up a stone, put it up to his forehead and put all of his negative emotions, thoughts and feelings into the stone, then pass it to the next entity sitting to his left who will do the same.

Each entity puts their negativities into the stone. The stone then holds all of their negativities and they discard the stone so that the circle is free of negativities. One can ask: "What actually is in the stone? Is there really any energy in the stone that is negative? or are these simply symbolic actions? Is it simply a "pretend" action?"

This Awareness indicates in this ritual, they actually get rid of negativities so that if they have been bothered by something negative, it no longer is part of their circle. It is in the discarded stone. This Awareness indicates that it is the same with the Tarot cards, wherein readers of Tarot cards over many eons of time, extract certain information from the cards and give certain understanding to the cards, and the cards build up an energy that can be passed to the next Tarot reader so that intuitively this energy built up around the cards remains with them.

It is not something that can easily be taught from one reader to the next, but it is something that each who reads the cards long enough begins to absorb or begins to feel, begin to understand. These are what have been described in the questioner's discussion as entities near the astral plane. These are not really entities so much as energies.

But this Awareness also wishes you to understand that energies can also be called entities if that is desirable, just as entities can take a concept and personify it and call, for example, recycling as a personified being called Captain Recycler, or as the Turner Broadcasting created Captain Planet. There is no entity in reality called Captain Planet, but there is the personification of the planet's needs into a mythical character called Captain Planet and that has a certain degree of reality.

It is not what you can call a scientific reality. You cannot find any scientist who can locate Captain Planet except on the lot of the cartoon creator of the mythical character. It is the same with these so-called "entities" that do the work for the Tarot-reader. Essentially what it comes down to is the Tarot-reader is doing the work by finding the symbolism and the vibrations associated with the patterns and symbols of the Tarot cards.

It is just another kind of alphabet, another kind of reading, a higher form of language and insight into energies through these vibrations, patterns and reading skills. It is not something related to the devil as many would have you believe. It has nothing to do with Satanic forces. It is simply a tool, much like reading.

There are some who in the past would have claimed that learning to read is of the devil. This Awareness indicates of course any tool can be misused. One can learn to read and use all of his reading skills for studying pornographic material, and someone could say: "See? It's all for the devil!" This Awareness indicates but it is not the skill; it is the *use* that is in error.

Likewise, an entity can learn to read astrological symbolism, or Tarot symbolism and use it to help others and it is not in any way associated with evil, or one can misuse astrological symbolism to try to spy on someone else's privacy, to gain advantage over the other, and this would be a misuse of astrology. Or one could try to use the Tarot to gain advantage over someone, and this would be misuse of the Tarot, but is the use or misuse of a tool that determines whether it is properly or improperly used. It is not the tool itself that is inherently evil or good.

Ed's Note: Back Issues of *Cosmotone* newsletters are available by writing Cosmotone, PO Box 10, Harmony, California, 93435. (Recently, CAC has been publishing *Cosmotone Update* by the same channel, Jim Jacomini.)

Are Psychic or Clairvoyant Qualities Needed?

FOLLOW-UP QUESTION:

Are there any so-called psychic or clairvoyant qualities required in the good Tarot readers?

COSMIC AWARENESS:

This Awareness has been describing these qualities that are associated with psychics. Psychics are able to attune to frequencies, vibrations and also to interpret those frequencies and vibrations or symbols and that is what a psychic is. It is not something that is simply a word or a classification of being.

The psychic is a person who is sensitive to frequencies, vibrations, symbolisms and the finer nuances of reality to the point where he or she can pick up on energies being transmitted from a distance or transmitted through thought-forms or thought-frequency or vibration from another entity, or can pick up on symbolisms associated with something of interest, a particular focus or topic, and read information from it.

In other words, one psychic may pick up a coin in a field and read the history of something that occurred related to that coin in a time long past. Another psychic can pick up a card, or a group of cards and see the pattern in relation to something of interest: a focus or an individual, to determine what is happening with the person in terms of those cards and frequencies, the vibrations associated with the cards.

This Awareness reminds you everything is vibration. Vibration permeates the entire universe. A radio station broadcasts from here, and something over there attunes to the frequency of that broadcast and picks up on the information being sent. A person broadcasts a certain emotional concern and someone over there attunes to that frequency of that entity and picks up on the emotional concern. That is psychic activity.

When it is done through hardware such as a radio it is not called psychic activity, it is simply a scientific technology that is operating. But the human mind is capable of similar actions and it is psychic because it is part of this human mind. Therefore it is labeled as

psychic, not as artificial technology. They are essentially operating on the same principle.

All Those New Tarot Decks On The Market (Without Built-Up Energy, Aren't They Mostly Useless?)

FOLLOW-UP QUESTION:

Awareness indicated these cards, this symbology that's been around for ages builds up energies that can be read. In going to one of these so-called "New Age" stores and other places, bookstores where they have Tarot cards, you can often find at least a dozen different kinds of Tarot cards. In some places I've seen as many as 20 or more.

It seems like new decks of Tarot cards are being created all of the time, using images of Star Wars-type characters, Star Trek characters, Arthurian romantic-type characters; Will Berlinghof uses a deck like that. Lee Michaels used the Aleister Crowley deck. Sam Millar used the Rider/Waite deck because he claimed that these symbols were the oldest and had the most energy.

So, my basic question is: If the requirement is to build up long-term energies to get accurate readings, aren't most of these new decks of cards that are on the market relatively worthless?

COSMIC AWARENESS:

This Awareness indicates they may be of less energy charge than others, but as one begins to use them more and more, the individual who uses them begins to charge them with greater and greater energy. You could actually take a normal deck of playing cards and with practice, learn to do Tarot cards readings for entities. It is not necessary to have the drawings or pictures or patterns on the cards exactly the same as those that have been traditionally used.

It is helpful, particularly if the entity using the cards is familiar with those patterns. You don't have to relearn or be distracted by unfamiliar patterns. This Awareness indicates that the entity who is psychically sensitive to the point of being able to pick up on the meaning of a card will be able to gain some benefit from those cards that have been traditionally used over many centuries, and may not have that same advantage over new cards, even if they were well-drawn, have good diagrams and good symbolic pictures on them.

This Awareness indicates that the entity using the new card may find that the new card doesn't carry much energy at first, but after using it for some time, the entity may begin to draw more meaning from the new designs and symbols on the card to the point where he or she becomes used to that card and gets considerable value from it, and may find it more difficult or less rewarding to go back to the old traditional cards.

This Awareness indicates the King Arthur deck, for example, carries stories of King Arthur and some of the symbolism, and the interpretation that can come from certain of these stories through a symbol on a card, can help to interpret what is happening in the life of the person for whom the reading is intended.

Thus, an entity may simply see a Holy Grail, but the Holy grail has many meanings traditionally, symbolically in history, and the one who is familiar with this King Arthur story can come up with new insights into what this Holy Grail card may mean for the individual to whom the reading is intended.

This Awareness indicates therefore, a kind of deck that is based on traditional symbolism can be of considerable benefit to those who are familiar with those symbols. One could, for example, take the New Testament and create a Tarot deck based on Christianity and

the stories of the New Testament and one can then have many symbols that have long been energized in the Western world to use in doing a reading for the entity.

One could, for example, see a picture on a card of someone walking on water, or of someone washing the feet or healing a blind man, and these various stories in the New Testament can then be used as symbols for certain interpretations of what is happening in the life of the individual for whom the reading is intended; the New Testament, being loaded with symbolism.

This Awareness indicates the Aleister Crowley deck had considerable symbolism associated with it, but there were also areas that had to be studied and understood in order to use these symbolism, and some of the symbolism was not of the highest in terms of what many people would consider as a highly spiritual symbolism.

This Awareness indicates that a regular deck of cards has very little symbolism. It is based mostly on shapes such as diamonds, spades, clubs and numbers with some pictures such as King, Queen, Jack... but these are not as filling in terms of symbolism as are other decks.

Christian Symbols in the Rider-Waite Tarot Deck

This Awareness indicates the Rider deck, the Waite deck; these are very highly charged symbolisms from ancient times, which embrace many of the New Testament symbols. There is the High Priestess which represents the female goddess or that entity in Christianity who would be known as Mary, the Mother of God.

The Hanged Man would represent Peter being hanged upside-down, crucified upside-down, or could even represent Christ, although Christ was not crucified upside-down. This Awareness indicates there are other symbols in the deck that could be equated to Christianity and one could use some of these Christian stories as energy pockets to draw on for insight into what is happening to your client who seeks the reading.

This Awareness indicates the Rider deck essentially has come out of many cultures: Egyptian, Hebrew, Christian, and has ties into those cultures through the meanings of the cards. It has been energized down through the ages with entities' understanding of those cultures and the symbols represented on the cards, along with the particular Hebrew alphabetical character that accompanies each card.

HE ESTABLISHES CONTACT WITH ENTITIES LIVING BENEATH MT. SHASTA (More on Mark Prophet and the Spiritual Hierarchy)

QUESTION:

A question from Salvatore Bonito, NYC. He writes: "In the first days of May, I and a group of 12 others were assembled at Mount Shasta. We were monitored by non-physical beings at the Whole Life Expo in San Francisco several days earlier, where we numbered seven, and continuously thereafter until we held ceremonies on the mountain, physically establishing our intent of communication with the Masters in the city under the mountain.

"After many wondrous experiences we made communication and were told that they had awaited our arrival for a very long time. We were told that we were the knot that tied the thread of their activity once again, and as a result of our action for the next few years they would greatly increase their activity in a more direct and visible way.

"They said that they have appeared to our current leaders and made themselves known and communicated their purpose and given advice, et cetera. We would like to know what Awareness has to say about this."

COSMIC AWARENESS:

This Awareness indicates that it appears that these remnants of Lemuria have been involved in many contacts in the past. Mark Prophet as one who made contact with these entities. This Awareness indicates that this related to the early organizations that later became connected with the present work of Elizabeth Clare Prophet.

This Awareness indicates that these entities appear to be oriented to the spiritual hierarchy and have a special agenda for which they work in trying to get a kind of hierarchical recognition for the metaphysical Masters and setting up a world religion embracing these hierarchical beings, as part of a resurgence of the Lemurian teachings handed down from antiquity.

They Want to Establish the Lemurian Belief System on Earth

This Awareness indicates that *It* sees this as something related to these entities as very important. It is likened unto their own culture and belief system which they wish to proselytize to surface humans, to create a worldwide religion based on these Lemurian cultural values which they hold dearly. This Awareness indicates that it would be to some extent in conflict with many of the other surface religions traditionally held on this planet at this time.

This Awareness indicates that it is not seen as being of any great threat to other religions, nor is it seen as being the answer to mankind's needs. Essentially they would like to expand this religion. Through your group they see the opportunity of using you to spread their religion on this plane.

It appears there is some disappointment in the efforts of Mark Prophet which ended suddenly with his death and the continuance by Elizabeth Clare Prophet which diverted the energies of their religion into different concepts or terminologies. They see the beings promoted by Elizabeth Clare Prophet as not the same as the beings they themselves hold in high esteem.

This Awareness indicates that it is a hierarchy system. This Awareness wishes entities to understand the universe as an electromagnetic frequency grid wherein frequencies in octaves affect each other, create worlds within words, create dimensions, and this Awareness wishes entities to understand that the totality of all vibrations is that which is the Divine Creator, whereas these entities tend to promote the idea in a pyramid shape rather than spherical, so that at the top of the pyramid is the Creator.

Awareness Promotes a Different Concept: The Spherical

This Awareness promotes a different concept. The entire sphere of creation is the Creator, whereas these entities see spiritual beings climbing the ladder of the pyramid to reach, eventually, contact with the Divine Creator. It is all right. It is much the same: entities climbing the vibrational ladder from one frequency to another till they come in contact with the highest frequencies in the universe which is the Mind of God, the Love of God, the Creator Himself.

This Awareness indicates, however, the shape of the philosophy, in pyramid form, tends to lock entities into the concept of not being able to have unity with the Divine until you climb all the way up the pyramid, passed the many different Ascended masters, until you eventually reach unity, Oneness with God. This Awareness indicates it is a way of presenting a concept, a religion that creates a challenge and much difficult work to become One with God.

This Awareness wishes to promote the spherical concept of Divinity in which the entire sphere is filled with the Mind of God, the Consciousness of God, and *It*

is everywhere; that entities need only to open themselves to be One with God through surrendering to that vibration or frequency of the highest, and this Awareness sees this as being a much easier concept to grasp, eliminating much of the extreme struggle of climbing a pyramid, of climbing through the Ascended Masters, trying to work your way up to be One with God.

FOLLOW-UP QUESTION (VIKKI):

My general sense of the Lemurian epoch was that it was a pretty positive thing.

COSMIC AWARENESS:

This is in the affirmative.

Any Specific Benefits From Hierarchy Entities?

QUESTION (VIKKI):

Is there any specific positive effects that would come about from this development with these entities?

COSMIC AWARENESS:

This Awareness indicates that many entities in the world do not have a clear understanding of their relationship with God, and many of these entities want to be helped by someone whom they feel is closer to God than they are, and they see these hierarchical beings as being above them, able to lift them, able to help them rise above their own status or stature to become a little better than they are, and this, for these entities, gives them hope, and they feel that they can improve, even if they cannot be One with God. They feel that this improvement is possible, and this is the extent of their belief.

Some entities cannot conceive of moving very fast on the spiritual path. They are very grateful to have a priest or someone, a higher being, an Ascended Master that they can reach for to help them become better persons, and this Awareness indicates in this way, yes, they can benefit from this, but this Awareness also suggests that the Ascended Master approach can become a burden and a hindrance compared to retraining the entity to think in a different way; not to think of climbing a ladder or climbing the rungs of spiritual development so much as giving oneself totally to the Divine Consciousness that is everywhere present.

If one can learn to surrender self to God, all the climbing, all the Ascended Masters, all the work of becoming a better person through your effort and struggle becomes meaningless. The total surrender itself is a single act that can be of great significance in reaching higher levels of spiritual energy and evolution.

This Awareness indicates that once one has totally surrendered to God, it is then only a matter of continuing your surrender so that you live in a state of surrenderment, of surrendering to the Divine from moment to moment. You are constantly surrendered to the Divine.

This Awareness indicates there are some entities who cannot conceive of this action, and for them, the struggle is more real, and they may take the path of the hierarchy approach.

Are Entities Really Living Within Mt. Shasta?

Follow-Up Question:

Awareness it keeps cropping up, this idea that these "masters" live inside the mountain of Mount Shasta. I've read that there are other mountains too. Awareness has discussed this before, and that's a lot of hokum, isn't it?

COSMIC AWARENESS:

This Awareness indicates that entities can, as you know, create a Light Body by focusing on an image of a Light Body. They can send out the Light Body from themselves and it has been described in some of the early readings of Ralph Duby, David Worcester and other Interpreters, that entities need to be aware of and

cautious about creating Light Bodies, because these Light Bodies can come back and interact with entities, sometimes in a way that the entity does not expect or even desire.

This Awareness indicates if entities can create a Light Body, is it not seen as equally possible for those who have energized the concept of entities inhabiting Mount Shasta as being representative of some spiritual group or force? That these entities in energizing this might also help to feed the existence of such energies? And of course, these energies can also be interpreted as entities.

They are not necessarily physical in form, but they could be visualized by entities who are in the altered state of consciousness who could, through meditation, or dream, or other altered states, even see such entities. This Awareness indicates that this does not necessarily mean that they are remnants from Lemuria, but this Awareness indicates that these entities or energies may have been attributed qualities or features or attributes that describe them as remnants from Lemuria and therefore, they are interpreted as such by many entities who have claimed to witness them or to have felt their presence.

This Awareness indicates that this is one way entities can interpret the alleged presence of spiritual entities associated with Mount Shasta, and there are many entities who have claimed to have met or have sensed the presence of these entities. This Awareness indicates that still also, there are those who see them as physical beings, and this Awareness wishes entities to understand that there are caverns underground and some of these caverns do move into areas such as Mount Shasta and also Mount Rainier, and there are entities underground, and some of these entities may have long histories.

This Awareness indicates *It is not implying that these entities are only the creation of the imagination or projection of entities. They may indeed be remnants from Lemuria. This Awareness does not wish to disturb that legend relating to Mount Shasta for it is totally harmless. It has no need to be destroyed. It may be relevant. It is not necessary for entities to believe it is a reality.*

In fact, it is perhaps better to leave the myth, the legend, the facts, unclear so that entities do not go traipsing around Mount Shasta trying to find the opening of some caverns through which they could trek into the middle earth to find these entities.

Do Not Try to Explore Caverns

This Awareness indicates there have already been problems related to messages this Awareness gave in regard to caverns wherein some entities wanted to go explore these caverns and it became necessary to warn them to avoid such explorations. This Awareness prefers to leave this vague. Otherwise, there will be questions: "What side of the mountain is the cavern opening to be found?" and this Awareness will be caught in all kinds of readings on how to find the opening and what the people are like, and how they will treat them when they bring their team of explorers into Mount Shasta.

The Charges That Billy Meier Is A Fraud

QUESTION:

JD in NY, has a question, and she sent in a couple of reproduction of ads that are appearing in various UFO publications. I'll read what these ads say, and then I'll read her question. The ad says "Billy Meier exposed. Recently Underground Video Incorporated, began an in depth inquiry into the most sensational UFO case in history. Our investigation first began as a supportive

effort to verify the known facts of the Meier case to present the truth of alien/ human contacts to skeptics.

"With the assistance of members from the Hollywood special effects team of the Ultra Matrix Corporation, we studied the Meier photographs and claims by Meier's *Talmud Immanuel Genesis III* publishing, *Light Years* by Gary Kinder, *The Pleiadian Connection* by Randolph Winter, and the movie *Contact*.

We also spent considerable time tracking the claims of 'computer expert' and 'Ph.D.' Jim Dilettoso, as well as claims made by Michael Hesemann, by Guido Mooseburger from Meier's FIGU cult in Switzerland.

"After 6 months of intense inquiry, with the assistance of cinematographers, physicists and computer analysis from Total Research, we found the claims of the representatives of the Meier case to be absolutely untrue. We discovered miniature models, and a variety of deceptive methods used to create this hoax.

"Underground Video Incorporated, was one of the foremost defenders of the Meier material. We are *disappointed* to now learn the *entire* case is a hoax. Representations of any authenticity with regard to this case made by alleged scientific examination has proved to be totally unreliable and misleads the general public into believing a carefully fabricated lie.

"The persons who authenticated the Meier case are not credible scientists nor investigators. Any previous misrepresentation of authenticity of the Meier case in the Underground Video product catalog should be ignored. Our findings will be presented to the Attorney General for prosecution for consumer fraud. Underground Video Incorporated will continue to make the Meier material available to investigators and the general public who desire to study the hoax and how it has been sold to the public for nearly 20 years.

"Anyone who has previously purchased any Meier material may write Underground Video to be included in a consumer fraud class action suit."

Underground Video, Meier Class Action Suit, Box 527, Beverly Hills, CA 90213

And there was a smaller ad plugging a video that exposes the Billy Meier UFO hoax. It reads: "If you purchase any of the Billy Meier books or videos you will be fascinated to learn the truth behind this infamous hoax", UFO investigator Carl Korff, Total Research, the staff of Underground Video, and the Hollywood special effects team of the Ultra Matrix Corporation independently confronted the claims of the Meier material and learned the case is a fraud. See early Meier photos, 'suppressed from publication.' Learn the truth about the team of investigators who legitimized the Meier case. Get the inside story of the metal 'samples,' Learn how miniature trees and models were used to deceive the public, and more. This is the only underground investigation to penetrate the Meier cult in Switzerland, bringing back evidence of fraud.

"Consumers of the Meier material may be angry enough to join a class action suit for consumer fraud against the Meier cult." And JD's question is: "Has Awareness said anything about the recent debunking of the Meier case? Example: See page 5 of the '95 Arcturus catalogue and the enclosed ads. I've heard several swipes along this line. What's the deal? Wendell Stevens' AI team perfectly validated this case many years ago," she says.

COSMIC AWARENESS:

This Awareness indicates that it is not unusual for those UFO cases that are strong, and hard to be debunked, to have those who are well-trained in debunk-

ing, those who are endowed with a large amount of financing, to debunk.

This Awareness reminds you of the case in Florida, where the entity's UFO pictures were debunked and a model was brought out, and claimed to be found in a house in which the entity had lived several years before, showing that the model UFO was made from blueprints that had been part of the entity's paperwork.

This Awareness indicates this debunking of the entity was itself soon debunked when it was shown that the paper from which the model was made had been dated several years after the entity had moved out of the house, indicating that someone had taken the model into the house, placed it in the attic and when the researchers came to check the house, they knew exactly where to look, went straight to the attic, found the model, brought it out and claimed that all of the entity's photographs were nothing but fraud.

This Awareness indicates that this was supposed to debunk all the witnesses who claimed to be with this entity when some of his pictures were taken.

(Awareness is referring of course to the entity Ed Walters, and the famous incident known as The Gulf Breeze Sightings. Ed)

This Awareness indicates that you may soon find that in this debunking of Billy Meier there will be others who come back to debunk the debunkers. Do not assume that just because someone accuses someone else of fraud or even murder, that it is necessarily evidence of fraud or murder.

Anyone can accuse anyone of anything. Wait until the proof is in.

QUESTIONER:

They claim that the proof is all on a video they're selling for \$39.95.

COSMIC AWARENESS:

This Awareness indicates if entities wish to believe that, they may end up with a \$39.95 video that itself is a fraud. It is a question of "Who is settling what issue?" and if you want the issue settled now and are satisfied with a \$39.95 video as proof, then you can quit thinking about it once you purchase the \$39.95 video.

This Awareness suggests there are many entities who want everything settled and settled now, so they no longer have to think about it. It is a question of whether you are impatient to have everything settled, and settled now, or whether you can wait for things to work their way out. There are many things that have been settled only to rise again some years later.

This Awareness suggests that not everything that goes through the mind needs to have a period, needs to have a settlement. Many things can remain open, and lack settlement for long periods of time. You do not have to have everything concluded, nailed down, finished, completed, paid for entirely, shut down, demolished; you can let things be, wait for further developments.

In fact, entities don't even need to concern themselves with everything that goes through their mind. After all, there will be others who are taking action on these things. There will be others who will work on both sides. There will be further evidence and much of the evidence that has been provided publicly may be shown as erroneous.

This Awareness indicates that if nothing else comes out of the O.J. Simpson trial, it should be that evidence provided one day, becomes moot the next. This Awareness indicates there has been so much moot evidence provided in this trial that entities' heads must be swimming, and the same can occur with this Billy Meier situation.

Anything Sinister Behind the Meier Debunking?

QUESTIONER:

These people appear to be independent investigators, led by this publication, this video company that sells exclusively UFO videos. Is there something more sinister behind this than just that?

COSMIC AWARENESS:

This Awareness indicates there may be something quite sinister behind it relating to the fact that the US government does not want entities believing in or knowing about UFO contacts. This Awareness indicates that this has long been the policy. Is it any mystery that they may want to destroy the work of Billy Meier who has for so long stood the test of inquiry and scandal, after having attempted several times to assassinate the entity?

This Awareness indicates it is quite possible that there is something sinister involved, and it is possible that the people who sell the UFO videos are also being duped by certain others who have made these statements; that the experts are themselves fraudulent and that the tests which the experts have claimed to indicate authenticity to the pictures are also fraudulent tests.

This Awareness indicates that there are the same kind of activities occurring throughout this country in the O.J. Simpson trial. Experts testify against each other, and each may have expert knowledge as to how this or that occurred. One says the blood on the gate contained EDTA. Is there going to be another expert to say it *doesn't* contain EDTA?

This Awareness indicates that the same kind of thing goes on in the courtroom. Is it any surprise that this might go on in regard to these UFO sightings and pictures with these various experts debunking one another? This Awareness indicates that it is simply a matter of waiting.

If you wish to determine for yourself and conclude that the pictures are phony because someone makes a strong accusation or because someone who claims to be an expert, or because someone claims to be Jesus the Christ returned says that it is false, then perhaps you can be satisfied.

This Awareness indicates that anyone can make any claim about themselves or about their evidence, just as anyone can make any claim about the accusations against another, and yet these claims and these accusations can all be checked out, but they can also be so confusing and so convoluted that it becomes impossible to sort out the truth from fiction.

Therefore, it is best not to get too involved in trying to determine absolutely, and just to wait instead for things to sort out, for they will sort themselves out in time.

Ed's Note: During May, 2000, when working on this reading, I checked around and could not find either Billy Meier or Karl Korff's book mentioned. However, in UFO magazine for Sept. 1999, there was a letter from a reader which read: "I was very disappointed by your article on Billy Meier and its support of UFO disinformation (UFO, vol. 14, No. 3). Author Michael Horn claims there is no way to disprove Meier's photos, when there is an entire book by Karl Korff that analyzes and shows how the photos were faked. Wires can even be seen in some photos. Dean Amore, Kent, Ohio." I checked the Internet and Billy Meier has a website in Switzerland and in one of his most asked questions and answers, No. 8 was "How do you respond to those who claim your photos are a fake and you have been defrauding the public all these years to make money?" The response was emotional, vehemently denied, but no information whatsoever. He did say he would send out a mailing showing his side of the dispute, but there was no indication this was ever mailed. I use Google (my favorite search engine) and all you do is type in "Billy Meier" and many references come in. When I typed in "Karl Korff" there was a lot of information on his book about Roswell as well as his book and video: "Exposed: The Billy Meier UFO Hoax" along with a form to sign if you wanted to be included in the class action lawsuit. So how does it

all stand 5 years after this reading? It appears nothing has changed, nothing has been sorted out. Awareness, through the Interpreter Paul Shockley, gave much information 10 years back confirming the Billy Meier story, the photographs and the videos. (CAC still offers the video trilogy based on this information from Awareness). I have not seen the Korff material, but they claim they have overwhelming proof the Meier films were staged, that the photo of Semjase came from a mail order catalog and things of that nature. If all this is true, then what we heard on the subject was what Paul Shockley had heard and read on the subject and would represent part of the 15% error Awareness says his channel delivers. Who really knows, or cares? If any of you have any information or opinions on this, please contact me at CAC. I don't read much UFO material anymore, can't find any magazines around on this subject, but the Internet is full of such material and it is hard to avoid. Still, we should keep searching for the truth.

WHY THE PLEIADIANS HAVE LEFT EARTH

(All Billy Meier Contacts has Left the Planet)

QUESTION:

One last question. Norman DeCindis, in Boca Raton, FL., sent me a notice from the California Study Group in Chatworth, California, which is the Semjase Silver Star Center, representing the Billy Meier's group. And this is a notice of a special event, June 17th of this year, inviting people to come. And it says: "Recently there has been some significant changes in Billy's contacts with the Pleiadians. During his last contact on February 3rd, 1995, Ptaah informed Billy that they are withdrawing from the earth due to certain circumstances.

"As of February 3rd, the three bases in Switzerland, North America, and Asia have been permanently removed along with all personnel. After 20 years, the Pleiadians' mission that began on January 28th, 1975, has been concluded. During this monumental contact, Ptaah and Billy disclosed an enormous amount of new information including many new prophecies. Those of you who were at our last bi-monthly meeting got a chance to hear some of the new information.

"Here are just a few of the topics: The original tribe of Enoch, pyramids on Mars, human gene manipulation, an update on the "Destroyer" Comet, new technologies and so forth." Is that information basically correct?

COSMIC AWARENESS:

This Awareness indicates that the Pleiadians had to a large extent already withdrawn from the earth in the late Seventies with the statement that they might return if things went well when they returned to their home planet, for there was a need to go back. There was a conflict that had to be attended. If the conflict was victorious for them, they would return to the earth.

This Awareness indicates that the energies at present appear to be related to a Pleiadian agreement with Sirius to let the Sirius forces become the ones who serve as protectors of humanity. The Pleiadians withdrawing their action. The Pleiadians as having in ancient earth history, been promoters of a hierarchy type system that has led to much difficulty and considerable problems on earth through the civilizations that they helped create.

The Sirian ETs had brought about a different more democratic type of system on earth and have helped to promote this system through various civilizations and it is recognized that ... This Awareness wishes to make a slight correction. It was not the official Pleiadian policy to create the hierarchy system, but there were certain renegade groups on earth who chose to create hierarchy systems for the sake of maintaining their personal power, and this led to civilizations that operated in this manner for many centuries thereafter.

It led to many wars on earth. Whereas, the Sirius influence on earth created that which is more closely associated with the kind of democratic or republican type of civilization wherein entities had greater say in their own governing and therefore, at present the

Pleiadians have agreed to let the Sirius influence be the protective influence for earth.

The Reptoids No Longer the Threat They Were

This Awareness indicates that this also relates to the recognition that the Reptoids are not the great threat they were several years ago. This Awareness indicates this is because of the crash of the Reptoid craft into Jupiter. This is the Reptoid craft from Draco that carried so many sleeping armies, whose mission was to conquer the earth. This Awareness has discussed this previously.

This Awareness indicates that the meeting described in June produced tapes and information that can be made available for those who wish to explore the topic further, if entities wish to contact this source referred to in the question.

Sometimes Just Stand Back and Watch
(Taking a Position Not Always Necessary)

CLOSING MESSAGE:

This Awareness indicates that there are many positions that entities can take in regard to various topics in life. *Sometimes it is better that entities not take a position at all, but just to stand back and watch.* It is likened unto the statement that you don't have to direct traffic in this particular lifetime. You don't have to direct everyone to the truth for the truth is constantly changing.

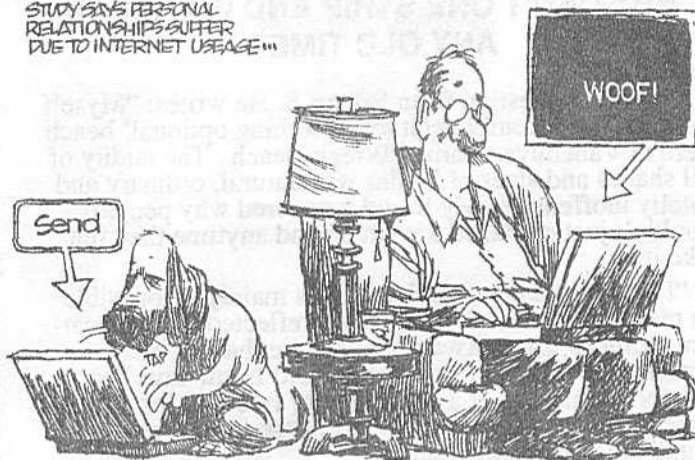
Truth is actually there, but it takes on various appearances and what appears to be truth at one moment can change at another, and sometimes you cannot find truth unless you simply stop and watch and not attempt to point it out to others, for as soon as you point out what you see as truth, it is quite possible that the thing will flip over and reveal false contents.

This Awareness indicates therefore, it is important for entities to be able to have room for that which is not totally resolved and settled, without feeling inadequate for not having a firm conclusion. The mind does not need to be made up. *It can remain open. It can reach conclusions on some thing that become ultimately clear and obvious, but with a reservation that the case may be opened if there is reason for reopening it in the future.*

This Awareness indicates if entities live with a mind that is all made up on everything, they cease to think. They cease to explore.

Thank you The Law of Gratitude is given)

STUDY SAYS PERSONAL RELATIONSHIPS SUFFER DUE TO INTERNET USAGE!!!



WORM
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VISIT THE NEW C.A.C. HOME PAGE AND DOMAIN ON THE INTERNET

Much is happening here and new changes are an ongoing thing. We have combined our 2 sites with Dave Alexander's newest C.A.C. Home Page link. Just type in <http://www.CosmicAwareness.org> or <http://www.CosmicAwareness.com>

This site contains current information which is changed often. On this page you can click on our regular staff Home Site as well as a list of current books and resources, various topics in back-issues of the newsletter and Dave Alexander's terrific revitalized Cosmic Awareness site! Dave's site has a wealth of information on the Awareness Movement, the philosophy, the newsletters, readings on Christianity and many other subjects, plus the famous Dr. Beter transcriptions.

WHY CAN'T ONE STRIP AND GO NAKED ANY OLD TIME?

QUESTION:

One other question from Robert S. He writes: "Myself and a friend recently went to a 'clothing optional' beach here in Vancouver, named Wreck Beach. The nudity of all shapes and sizes of bodies was natural, ordinary and totally inoffensive. My friend wondered why people couldn't just go naked anywhere and anytime they felt like it.

"I said it was the church that was mainly responsible in making 'modesty' laws which reflected their immature attitudes. Does Awareness degree that the body-smothering cults of Christendom and Islam have been depriving humans of a basic type of freedom for a long time? What does Awareness see in the future regarding legalization of public nudity?"

COSMIC AWARENESS:

This Awareness indicates essentially it is the shy, ugly old fat, or sloppy-bodied people who do not want nudity, and use Christianity as a reason. This Awareness indicates when you reach the age of sixty, you will not feel quite so favorable towards nudity. This Awareness indicates, however, some entities at that age no longer care if their body is falling apart as far as appearances go, and could perhaps get to the place where they would allow their problem to be viewed in public, but this Awareness indicates for the main part, the majority of people would not enjoy such thrilling activity, and would prefer to keep their clothes on because they simply look better with their clothes on.

This Awareness indicates that in a nut-shell is a reason why it does not appear that nudity will become compulsory or anything other than in a few areas in which it is allowed. This Awareness indicates the fashion business would not likely approve of widespread nudity. Their entire program is to create clothing that make entities look better clothed in fashions than unclothed in nudity, and there is big money in the fashion business.

Likewise, businessmen would have a hard time conducting business meetings if they could not wear clothes. There would be much loss of respect for some entities in trying to conduct business meetings without their clothing. It is not likely that the society is going to suddenly start going naked, because there are so many levels and different aspects of society in which clothing is so important.

Imagine Naked Policemen Patrolling the Streets

Can you imagine a group of policemen without their clothes on? Or the army involved in some kind of parade in which none have their clothes on? This Awareness indicates clothing will always be an important factor in society on this plane, at least for the next century or two. There may come a time when something causes difficulties in finding clothing; a famine or a problem in production, or something of this nature may have an effect on causing entities not to have access to clothing, but as long as there is a means by which entities can cover their body for protection, they will find ways to do so.

This Awareness indicates that it is sufficient for entities to have those places such as you mentioned, whereby if they wished to remove their clothing and walk around on the beach or wherever, that they are allowed to do so. What more could you ask? You cannot really expect all of society to suddenly take off their clothes and go about their usual business.

QUESTIONER'S COMMENT:

There's also things like mosquitoes to consider.

COSMIC AWARENESS:

And sunshine in excess, which can burn the skin, blister the skin, or cold weather, which can freeze the skin. This Awareness indicates there are many reasons for entities to wear clothing besides the mere consideration of hiding their private parts. This is not the only reason for clothing.

Much of clothing has to do with presenting an image of who you want to be. It is a costume on your stage of life. It is the way you want the world to see you, and many entities do not want the world to see them naked. They want to be seen in their chosen costume.

What Percentage of People Actually Follow A Spiritual Path?

QUESTION:

A question from Michael H., in Grimsby, Ontario. He writes: "I would like to know, out of curiosity, what percentage of people actually actively follow a spiritual path. What I mean by this is how many people seek to know who they are on levels beyond their name, address, and date of birth.

"I would also like to know how many people wonder why they are on this earth, regardless of their faith in evolution or the current scientific explanation of things. I would hope it is a universal quest."

Cosmic Awareness:

This Awareness indicates it is a universal quest for most people, however, it is a matter of degree. Everybody wonders to some degree, but some people think about it more than others do. Some people wonder more deeply. Some people ponder very deeply. Some people wonder slightly, and let it pass from their thinking.

Perhaps once in awhile someone will think about that and then let it pass and think about something totally different, such as what meal to eat, where to get it, what clothes to wear, how they will look, et cetera, but this Awareness indicates it is not so much a matter of how many; it is a matter of to what 'degree' do people think of these things.

This Awareness indicates the majority do not put too much time on this kind of thing, but perhaps close to half of the people think about it considerably to some meaningful degree, and a few, perhaps 20%, consider it a very important part of their being to think about such things, to actually study and explore deeply in trying to discover more meaning in life.

FOLLOW-UP QUESTION:

What percentage actually actively follow a spiritual path?

COSMIC AWARENESS:

This Awareness indicates this would be perhaps 20%. If you consider a spiritual path being a religious path, then it would be more likened unto 60% of entities follow it, and 40% if you mean seriously and very intently following a religious or spiritual path.

This Awareness indicates *It* is making a distinction between 'religion' and 'spiritual' because entities can be very religious and not necessarily be very spiritual. An entity can know all of the elements of a religion, the dogma of a religion, and follow the dogma and the rules intently, but they may not necessarily be spiritual.

Being Religious and Being "Spiritual" Not the Same Thing

'Spiritual' is that wherein their entire being is concerned with attunement to the spirit of the Divine, whereas religion can be a situation in which an entity is attuned to the law of the religion, the rules of the religion, and there are entities who are not even attuned to the laws or rules of the religion and have very little spirituality, but they are going through the rituals, attending the church on Sundays, going home and having a great time socializing at church, but having

very little concern about the rules of religion, or the spirituality that is sometimes found in religion, or spirituality in general.

If you are talking about that group that simply passes through the doors of a church, probably 60% of the people, which also includes the spiritual people and the religious people and those shallow religious types, would be about 60%. If you are excluding the shallow religious type and speak of the religious type and the spiritual types, it would be more like 40%. If you are talking about the spiritual types, the people who really want to be close to God or the Divine Creator, or that which is the most high spiritual being imaginable, then this would be closer to 20% who have such focus.

Of course, if you are talking about the Divine Adepts or Masters, then it becomes much fewer in terms of percentage, fewer than 1%.

WITHOUT GIVING AND RECEIVING LOVE, IS LIFE WORTHLESS?

(What About Those "Blissed-Out" Meditating Hermits?)

QUESTION:

One last question, from JD in New York. "Cosmic Awareness seems to characterize life as worthless without giving and receiving love. What of the blissed-out meditating hermits?"

COSMIC AWARENESS:

This Awareness indicates that *It* does not particularly buy your definition of what this Awareness characterizes in regard to life itself. *It* does not see that life is worthless unless entities give and take love. *It* sees life as an experience which can be made more valuable to an entity if he or she can give and take love. The hermit is not seen as a particularly noble or wonderful creature.

The Hermit Should be Removed From the Tarot Deck

This Awareness indicated long ago, when *It* first spoke through David Worcester, that the Hermit should be removed from the Tarot deck as being unnecessary and out of place, because the Hermit simply represents separateness and separateness is no longer to be prized.

This Awareness indicates that in a world in which all is one, in a universe wherein everything is God and everything is part of God, where is the Hermit to be? Shall the Hermit be placed outside of the All, outside of everything, away from everyone else in order to remain a Hermit? What is the prize of the Hermit? Just because he is "blissed-out" on some mountain? Why is this such a wonderful state? The entity could be blissed-out on laughing gas in a dental office. But what is the value?

This Awareness indicates that it is much more important for entities to be aware of each other and to share in the giving and taking of love, of the essence of one another. This Awareness indicates *It* does not hold the Hermit as an ideal for anyone.

"Very Insightful" Questions in Today's Reading

CLOSING MESSAGE:

This Awareness wishes to express *Its* appreciation for the very insightful questions that have been asked this evening. This Awareness wishes to express appreciation for the effort that has gone into these questions and into the many questions over the last several months which have been very beneficial in helping to bring these readings out, and this Awareness appreciates your thought and your insight in the wording and printing and writing of these questions.

This Awareness indicates that without these questions, there could be no expression from this Awareness. This Awareness indicates that in some cases, entities may not have received the answers they desired and may feel that their questions were not prized by this Awareness; however, this Awareness wishes you to understand that even if the question was not answered in the way that

entities feel was appropriate or feel was the desired response, that this Awareness does appreciate the opportunity to make clarifications so that there is no confusion about certain concepts in the consciousness of humanity.

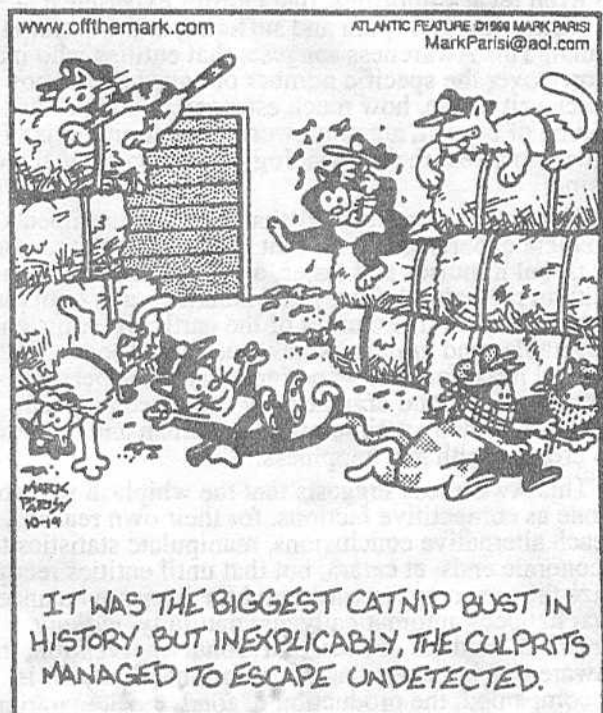
Spirituality Does Not Come From Separateness

The Hermit question, for example, would suggest that the questioner felt the "blissed-out" Hermit was a very important and high being, and this Awareness sees the Hermit as a high being, but does not see the quality of hermitness as being so highly prized, and therefore, this Awareness deeply appreciates the opportunity to address this concern, to address this situation.

This Awareness does wish that entities cease the promotion of separateness, of separating in order to find spirituality, for this Awareness does not see the spirituality coming from separateness. *It* sees this as having created tragedy and sorrow and suffering throughout history, and that when people can come together, greater joy will follow as they learn to relate to one another together rather than through separation.

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the interpreters necessarily agree with the statements of Cosmic Awareness. The interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



IT WAS THE BIGGEST CATNIP BUST IN HISTORY, BUT INEXPLICABLY, THE CULPRITS MANAGED TO ESCAPE UNDETECTED.

CONFLICTING STUDIES FROM DOCTORS

(Is Fiber, Salt, Eggs, Estrogen etc. Really Bad for Us?)

I clipped a little article called "Even Doctors are Getting Whiplash From Conflicting Studies." I'll read just a little bit of this. "This time it is fiber which, contrary to the collective wisdom of the brightest minds in medicine, apparently does not ward off colon cancer after all. The specifics change but the pattern is the same. Over and over the conventional medical wisdom collapses under the weight of new evidence.

Remember when salt was evil? When eggs were the soul of dietary wickedness? When estrogen seemed like an iron shield against heart disease? Now it's pretty clear that salt is not an important cause of high blood pressure. Most probably can eat an egg for breakfast without triggering a heart attack. And estrogen? No one really knows how that will turn out, but there is doubt about the long-accepted assumption that it keeps the heart working smoothly after menopause."

And then it goes into: "Explain, ask why all this is happening, these different rules...but the idea that "an egg or two a day is probably safe for most, and that salt, only the 10% of people with high blood pressure that is aggravated by salt need to worry about salt intake, and fiber may still have some health benefits, but eliminating colon cancer probably isn't one of them."

Does Awareness have any comments on those observations?

COSMIC AWARENESS:

This Awareness suggests that the central issue of importance is where entities choose to invest their power. This Awareness suggests that mass consciousness relegates a huge amount of validity to medical and scientific authorities whose knowledge is limited to the paradigm of the day, whose objective pursuits are often restricted and narrowed and obscured by their own desired expectations and mental limitations, and that the knowledge of humanity is far less valuable, complete and accurate than most would even imagine.

How Entities Give Their Power to Others

This Awareness suggests that it has become so fashionable within mass consciousness to give one's power over to authorities, whether they be medical, scientific or even legal authorities, that entities experience profound levels of pain and suffering and emotional ennui. This Awareness suggests that entities who indeed worry over the specific number of eggs to take, how much salt to use, how much estrogen or soy products can be of benefit, are empowering the limitations of others to affect their physiological and emotional well-being.

This Awareness suggests that a system unimpeded by medical experts, a system that follows its natural and seasonal impulses and tastes, a system that experiences faith in the natural checks and balances, a system that trusts the natural resources of the earth: the fruits and vegetables and grains and raw and fresh foods, of a natural intention, will experience far more personal empowerment and dramatically enhanced physical health simply by maintaining the holism and the power to create health and happiness.

This Awareness suggests that the whiplash will continue as competitive factions, for their own reasons, reach alternative conclusions, manipulate statistics to economic ends, et cetera, but that until entities recognize the vast empowerment and the intricate balance that happens automatically and naturally, *without* physical, medical or even nutritional intervention, this Awareness indicates that the emotional tone that is accompanied, the production of food, the preparation of dinner, the ritual surrounding the taking of food, and those that are steeped in worry about how what they are

about to consume will affect their body in a negative way, shall experience far more negative effects than those who are thankful, optimistic and accepting of natural systems and balances that exist in the body and run flawlessly, if the mind does not intervene in a negative way.

This Awareness suggests that as entities fill their minds that are colored with negative emotions, specific chemicals are produced in the brain which reap purchase on all aspects of the body on the cellular level, which can quite literally alter the DNA in a negative way. There is far more interface between mind and body than medical science has begun to even explore, let alone explain.

Ignore the Latest Trends and Trust Your Natural Balance

This Awareness suggests that entities should not lend too much credence to the latest whim, the latest finding, and that to maintain instead a trust in the natural balance, to imbibe in balanced ways and to nourish the body with natural, whole and healthful products that have been provided as part of the eco-system, that are as minimally altered as possible, but that with the faith in nature's resiliency and in the body's capacity to recover from any substances which do interfere with such processes, for with the proper emotional focus, the immune system can readily and quickly identify and remove any such non-self impurity.

This Awareness suggests that the power and the implications of emotion are far more significant than what any expert can presently offer. If we have completion, we can continue.

His 53rd Birthday is the Happiest Ever!

QUESTION:

We received a rather long letter from Paul LeBreton, and I'd like to read the first paragraph only, because I suspect it's some of the feedback Awareness requested. He writes "Dear Vicki, Avaton, Grace; My 53rd birthday is the happiest in my memory. It just seems that all of my relationships and ideals are sailing smoothly and positively.

"A lot of this is due to your influence and non-judgmental love and compassion. Seems that "All of life" is finally flowing fluidly from spirit into physical reality, like it was always meant to do. My rebirth will be on February 16th."

COSMIC AWARENESS:

This Awareness offers a hearty congratulations and a happy birthday. This Awareness suggests that certain alterations and shifts in consciousness are beginning to take place within this entity, and that he's encouraged to continue, dutifully studying the Lessons of Enlightenment and emphasizing focus upon the 3 aspects of self, particularly given his newfound relationship with his own spirit, and as he states: "This is the way it should have always been."

-HOW TO GET THIS NEWSLETTER BY MAIL- EVERY 4 WEEKS ! (More or Less)

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MEMBERSHIPS AVAILABLE (Honor System!)

INDIVIDUAL: \$42 per year or \$12 quarterly
FAMILY: \$52 per year or \$20 quarterly
CONTRIBUTING: \$77 per year or \$25 quarterly
SPONSORING: \$144 per year or \$40 per quarter
BENEFACITOR: \$500 per year or \$150 per quarter
PATRON: \$1000 per year or \$250 per quarter
ANGEL: \$5000 per year or \$1500 per quarter
LIMITED INCOME: \$30 PER YEAR OR \$8.00 QUARTERLY