Revelations of Awareness
The Cosmic Newsletter

FAX: 360-352-6294
INTERNET: CosmicComm@aol.com

COSMIC AWARENESS COMMUNICATIONS
P.O. Box 115, Olympia, Washington 98507
Helping People Become Aware

96-14 Issue No. 474
$3.00

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The Battle to Overcome Lust

THE 7 DEADLY SINS: An Analysis

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(9-7-95)

THE BATTLE TO OVERCOME LUST

(Does the Sex Drive go Out of Control During a Full Moon?

QUESTION:

A question from T. H. in Florida. He writes: "I have vacillated to two extremes in this life, from great struggles and difficulties materially, mentally and emotionally, to making great strides towards personal and spiritual freedom as well as mastership in this lifetime.

"I have struggled with the 5 passions of the mind my whole life. Lust seems to be one of my greatest weaknesses. I have fought the battle of a great warrior many times in my life against this invisible foe, yet every time I think I have it defeated, it rears its ugly head again.

"Can Awareness help me understand how to be free of its manipulative and controlling ways? I have suspected for years that the moon plays into this problem, and have noticed lately that two days before the full moon, and during it, the process seems to peak at a level that is hard to control.

"Oddly, for me, it is as though I have a "period" once a month without the blood and the cycle of it, as tied to the moon. I feel man is affected by the moon to a much greater degree than anyone knows or has thought possible. I understand that some of my problems with lust is tied to karma, but are they also tied to the magnetic fields of the moon and universe?

"Does the approaching Photon Belt intensify this effect? After all, we *are* magnetic beings, constructed in much the same way as an android, our Universal Life Force being vibration and magnetism."

COSMIC AWARENESS:

This Awareness indicates that there is some uncertainty as to your particular meaning of the word "lust." This Awareness indicates that it appears to this Awareness that your concern is in regard to biological urges and the effect of these biological urges and impulses on your being, and your desire to be in control of these urges, rather than allowing them to have control of you.

This Awareness indicates that your concept of "lust" may not necessarily be what is often the concept of lust for others. This Awareness indicates that some entities will look at the concept of lust as a kind of obsessivness; an obsessive focus on some desire, or pursuit of something in which one lusts after something obsessively.

The Effect of the Moon on Biological Urges

This Awareness indicates that the biological urges which are often influenced by the full moon and other environmental phenomena can give an entity an inclination to find release from the urges, and an entity who has a feeling that these urges need to be controlled may find it becoming more and more obsessively difficult to stop the urge or to focus on something else.

In other words, the more one fights against the urge, the stronger it seems to become, so that one is constantly fighting certain urges that he or she has decided are not beneficial or not welcome in their value system. This Awareness indicates that psychologists today would suggest to you that rather than fighting the urges, it may be easier for you just to find a release for these urges, recognizing them to be biological urges, and releasing them in the same manner as other biological urges need release.

The Divine Creator Not Concerned with Sex Drives of Entities

This Awareness indicates that usually, religions have a different approach to this, cautioning entities not to yield to the biological urges of the flesh, and often creating feelings of guilt if one should release such urges. This Awareness indicates that it is far more significant to the individuals and their belief system than it is to the Divine Creator whether or not you relieve yourself of these urges or try to control them.

The Creator has no great concern about your sex drive, for example, as to whether you control it, and refrain from expressing yourself sexually or whether you contain it. The Creator is more concerned about whether or not you act responsibly in your activity of releasing the sex drive: "Have you hurt anyone? Have you offended anyone? Have you violated or risked the welfare of anyone in your behavior?"

This Awareness indicates that this kind of responsible management of your sexual urges is more important to the Divine Forces than whether you are able to control these urges to the point where they are never released. This Awareness indicates that many entities think that by not releasing sexual urges, it would mean they are a better person.

In ancient times, even up to the last century, there were entities who mutilated themselves sexually so as to avoid having sexual releases. They would amputate certain parts of themselves to rid themselves of sexual urges. This Awareness indicates that this is not something that spiritual forces encourage. It is simply a matter of religious belief and the fear of sexual urges, most of which comes about from a religious need to feel complete control of oneself, the feeling that one does not have any area of one's life that is out of control is seen as implying that the entity is more spiritual than the one who flows with natural forces and natural energies.

The Subud Religion's Dance of the Energies

This Awareness indicates that in the Subud religious philosophy from the Far East and Middle East, the teaching is to tune in to the energies within oneself and allow those energies to move one. Thus, the entity in a Subud ritual might find oneself standing, find oneself rocking, find oneself moving in a circular motion, or find oneself beginning to dance from energies in the spine that begin to cause the feet to move, eventually causing the arms to move to the point where the entity is eventually being danced from deep within the entity's own self.

Simply by focusing on the energies in one's spine or in on one's deeper motivating muscular movement, the entity begins to dance from the energies within. It is not necessarily a conscious rational activity, but more of a subconscious activity, and the entity begins to dance. This Awareness indicates those who are from certain Western fundamentalist religions would see this as absolutely abhorrent. They would of course call it actions of demonic possession, or something even more sinister. They might consider it an action of letting the devil take over the person, to make the person dance.

This Awareness indicates however, this is really nothing more than tuning into one's own subconscious, that which is not necessarily the rational brain, but is deep within oneself, connected to the natural energies that are part of what make an entity grow and develop into a human being. The subconscious takes its place in helping to keep the body breathing, allowing the body to move without having to use the conscious mind in order to do so.

This Awareness indicates you do not have to think in order to breathe.You do not have to think in order to walk, although, as a small child you may have needed to use the conscious mind in order to develop walking skills. Eventually it becomes a subconscious activity, so that you need not even bother to think. You simply get

up and walk without rational or logical thought being involved.

These motor skills are part of the subconscious mind and are moved by the subconscious mind so that you can walk or dance or do whatever without conscious thought being part of the action. It is not something demonic or satanic, but there are those who would think that if you are not consciously doing something, if you are not operating from the rational mind, that it must be satanic in nature.

This Awareness indicates that therefore, the Subud philosophy or religion which is related to Sufi teachings, is that which suggests entities let energies flow from within and not try to control everything from within by use of conscious manipulation. They would argue that the conscious mind, the structuring mind of the conscious, rational brain is that which creates many of the problems that entities have, and causes many of the so-called errors or sins in life.

Psychotic Behavior Often the Result of Stifling Sex Drive

This Awareness indicates that these entities would also argue that your excessive control of nature can and would in many cases amount to an action of stifling nature to the point wherein you might create blockage in subconscious levels that manifest in very undesirable ways. In other words, an entity who attempts to restrict the deeper feelings may cause mental blocks or psychological blocks or emotional blocks that cause psychological problems to erupt which result in behavior that is quite unacceptable socially and spiritually.

In other words, an entity who is fixated on avoiding sex may create such a blockage of self-expression or blockage of sexual energies that the entity becomes obsessed with sex and eventually breaks through the control factor and allows a psychotic behavior to result from the over-control that has been attempted.

It is likened unto a person who desires to bottle up the steam in a pressure-cooker, knowing that the heat is going to keep building more and more steam in the pressure-cooker, but the entity, refusing to allow any steam to escape, feels that he is doing the right thing, even though the steam and the temperature continues to rise to a dangerous height. Something may blow. Something that is very unwanted may happen.

This Awareness indicates that if an entity thinks that the building steam in the pressure-cooker is what God wants, and that to release the steam is a sin against God, then the entity will, of course, do everything in his power to keep the steam from escaping, and the pressure within the pressure-cooker will build into greater and greater degrees of danger.

Skoptsis Mutilated Themselves in the Name of Jesus

This Awareness indicates that for this reason, many of the people in the past joined into those activities that were associated with sexual mutilation. The Skoptsis of the last century involved themselves in mutilating themselves so that they could not have sexual urges, and this religion practiced this ritual and doctrine to the point where they almost wiped out everyone who was part of the Skoptsis religion.

This Awareness indicates perhaps a better word would be the Skoptsis movement, or culture, but it was essentially a religious organization, particularly centered in Russia. This Awareness indicates that it was not the only such organization. The concept of sexual mutilation dates back early in the Christian era, wherein many of the entities thought sex was a sin and therefore, sought to mutilate themselves to avoid and circumvent the possibility of sexual sin. This Awareness indicates that of course, this resulted in the many eunuchs that have existed in various cultures.

This Awareness indicates that apart from the mutilation as a way of trying to control sexual energies, this Awareness suggests that not a great deal of clarity or understanding of the sexual energies has really developed because of religion. This Awareness indicates that much of the teaching of abstinence, particularly among the priests, wherein the priests were not allowed to marry, and wherein the early teachings of Paul in the Bible denounced women and made it seem that sex was a great sin.

This entity created something within the church that actually was designed to form a discipline that was very difficult to follow, for this was a way of controlling people.

To Control the Masses you Must Create Taboos

If you want to control masses, one of the great ways of controlling masses is to create taboos that are almost impossible to adhere to. If you tell entities that they are not allowed to turn their heads; if they are to be part of your organization, that they must always keep their shoulders and heads straight forward and never turn their head from side to side, you have created a kind of taboo and activity that requires discipline.

The discipline is something that entities must follow in order to belong, and this effort to follow any discipline, no matter how absurd, is an action that requires commitment, and this is what any cult wants. It wants its followers to be committed, and the best way to make the commitment meaningful is to require the commitment to a behavior.

Thus, you may have a commitment demanding that entities never turn their heads or that they never eat anything hot, or that they never eat anything that is not first blessed by a priest in the organization, or that they never eat anything that has not been cooked or soaked in vinegar, or whatever it is that you want to use to enforce some kind of commitment on the part of your followers.

Cults in the Sixties Demanded Dietary Commitments

This Awareness indicates that many of the cults in the Sixties made use of certain dietary commitments by the followers, and once entities were involved in making these commitments in order to belong, then other commitments could be made and the entities would begin to obey and follow the rules of the cult to the point where they became obedient followers of whoever was leading the cult.

This Awareness indicates that in the early days of the Christian movement, when Paul had such a strong influence, the entity did create sexual taboos which demanded commitment from the followers of Christ. It was not Christ who spent these long hours and years of teaching entities to avoid sex or to denounce sex, it was Paul who made these teachings denouncing women, denouncing men.

This Awareness indicates that of course there was also a certain degree of anti-sex in the Old Testament which was essentially a practical set of laws for the Israelites. This Awareness indicates that it was a good set of laws for a society to have rules against adultery and rules about behavior, because without such rules a society would become very chaotic and there could be much division between the entities caused by the conflicts that would arise without some cultural laws.

Paul Wrote the Laws of Society in New Testament

This Awareness indicates that in the New Testament, Paul essentially wrote the laws for society. Christ gave the messages for humanity. This Awareness indicates

that the messages given by Christ had to do with especially the Golden Rule: "Do Unto Others." This Awareness indicates that many of the subsequent teachings of the church expanded on and detailed further and defined even further the laws relating to sex, relating to these taboos that Paul started, and many entties developed the feeling that sex is bad, sex is evil.

This Awareness indicates it reached the point where entities were being burned at the stake because someone had caught them indulging in sex or saw them as "evil" for their behavior. This Awareness indicates that all of this is found in your history and *It* needs not delve into this deeply to make the point that sexual urges come from nature, and the channeling of those urges into wholesome healthy and non-destructive expression is that which should be the goal of entities, not necessarily the destruction of those natural energies, or the blocking of those natural energies to the point where they build up within and cause some kind of explosive expression when they eventually release.

This Awareness indicates nor does *It* suggest that entities mutilate themselves in order to avoid having such energies develop. This Awareness indicates that these energies are given to entities in such a way as to allow them to have greater expression, not necessarily through sexual release, but through activity. If an entity has strong physical sexual energy and can engage in physical activity, much of that energy will be channeled into the physical activity.

Some Ways to Divert Sexual Energies

This Awareness indicates in other words, one who works hard works off much of the sexual energy. This Awareness indicates that those who do not choose to work off sexual energy may find that by being creative, artistic in some way, by dancing or by other types of activity, such as aerobic activity: swimming or running or whatever; much of the energy will be released.

This Awareness indicates that likewise, the entity who does not engage in aerobic activities may have sexual drives and may find themselves attracted to someone whom they feel extremely romantic toward and whom they wish to be close to. The intimacy that comes with entities in a close relationship often leads to sexual desires.This is the area where entities need to be most cautious as to how they channel their energies.

This Awareness suggests that if the entities take proper precautions, if they recognize that their union together is that which is sacred, such as in marriage, then the sexual activities are normally those which are wholesome and healthy. This Awareness indicates however, that it is not always that entities are so careful, and they may erroneously engage in sexual activity, trusting the other person to be faithful, loyal, and loving, only to discover that the entity had no intention or desire nor commitment to be faithful, loyal, and loving any longer than necessary to achieve sexual release, and thus the entity is hurt, perhaps impregnated and suffering a karmic result for a one-time stand or moment of indiscretion.

Most Karma is Developed Between Age of 17 and 29

This Awareness indicates that most entities develop their karma between the ages of 17 and 29 and need the rest of their life to work off that karma. It is often the girl who spends the rest of her life working off and attending the children that come from the karma of such indiscretion. This Awareness indicates that in some cases, the boy will take responsibility for his indiscretion and help to raise the children that come from such activities, but too often this results in tragedy or sorrow for one or the other, or both, or for the children that result from activities that are indiscreet.

This Awareness indicates this is what is meant by channeling these urges properly. If they are channeled properly and children are the result of proper channeling, the entities should be pleased with the children, with the fact that they have children, and with the relationship that comes from such intimacy. This Awareness indicates if they are not channeled properly then there can be sorrow as a result, and it is not that this Awareness or that the Divine Forces have been violated by your sexual indiscretion, it is that *you* may have been violated by your sexual indiscretion, or that you may have violated someone else in the process; perhaps the children that result from the sexual indiscretion.

This Awareness indicates that especially in your modern society where AIDS and other diseases are a constant threat in any type of sexual relationship; if there is not a clear and well-discerned understanding of the results and nature of your sexual encounter, any indiscretion or any lack of discernment can be extremely risky and dangerous to your health, to the welfare of others, or to the welfare of yourself, and can result in extreme difficulties for someone.

This Awareness indicates *this* is where the karma comes in. If you are not discerning of your activity it can be a great problem for an entity. Even if it only takes thirty seconds to perform the act, the problem may last throughout the lifetime or may even shorten your life and rob you of most of your life's joys of the future.

This Awareness indicates that as far as the urges, such as the urges of lust as described by the questioner, this is not the problem so much as how you manage and guide the urges and whether these urges are expressed wholesomely and properly or are guided with no discernment or discipline, likened unto a child driving a car.

Discernment is Necessary When Sexual Urges Drive You

In order to drive your sexual urges, you must be attentive. You must be aware. You must be able to discern where you are going with them, and not simply let them run wildly without any guidance. This Awareness indicates likewise, you cannot simply bottle them up and think that will be a way of controlling these energies for these energies are not easily bottled, any more than is a pressure cooker bottled, but there are ways to express the energies or to release the energies in ways that are not of great harm, in ways that are not dangerous.

The Effect the Moon has on Sexual Urges

(Okay to Party but Don't Schedule an Operation)

QUESTION:

What does Awareness say in regard to this theory this entity has about the influence of the moon?

COSMIC AWARENESS:

This Awareness indicates the moon does indeed enhance the sex drive. It does indeed enhance energy levels and psychic fields or energies within an individual. That is not a mystery, nor is it something that entities are unaware of. This Awareness indicates that during times of a full moon, entities normally have much more energy, and feel more inclined to romantic and sexual expression.

This Awareness indicates that this has been known for centuries. It is recognized in astrology. It is recognized by the police forces of all cities, that during times of a full moon, entities become more motivated, more socially active.Entities tend to be in a more partying type of mood, more romantic. There are generally more crimes committed during a full moon than during a

waning moon.

This Awareness indicates that the full moon emits more of its reflective energy which affects the water in the body, which also affects the motions in the body, and affects the endocrine system in the body and thus, has its well-known effect on entities. This Awareness indicates that many doctors make a precaution of avoiding operations during a full moon period because patients tend to bleed more during such operations and therefore, by scheduling an operation away from a full moon, the bleeding is diminished.

This Awareness indicates that these are facts that have been documented by much research and are available.

Will Photon Belt Energies Affect Sexual Drives?

QUESTION:

What effect, if any, will the approaching Photon Belt energies have on the sex-drive of entities?

COSMIC AWARENESS:

This Awareness indicates that it can be witnessed as a stimulant for some entities. For others it may detract from sex and such urges, depending on whether an entity has a strong sex-drive or a week sex-drive. It will tend to balance entities so that the weaker sex-drive will become stronger and the stronger sex-drive will become weaker.

This Awareness indicates the entity with the strong sex-drive may find his or her focus on other things, so that the sex energies are channeled into other areas of consciousness, and whereby the entity with the weaker sex-drive whose focus is on other things, may find that something is happening in the physical energies to cause a greater sexual focus than the entity may have experienced for some time.

Sexual Predators: What Causes the Syndrome?

FOLLOW-UP QUESTION:

Is this sudden flurry of entities they're referring to as "sexual predators" in the media...Is what Awareness just described basically the cause of this syndrome? The suppression of the sexual urge too long, and so it becomes twisted?

COSMIC AWARENESS:

This is often the case for many entities. Many entities who are viewed as over-sexed are really entities whose sexual energies have been suppressed or repressed, and the entities have attempted to push this down with sheer will, and in many cases, the entities have a great hostility toward sex and try to control it through will-power rather than through the channeling of the energies.

This Awareness indicates that by using the word "channeling" *It* is speaking of directing, much as an entity would direct water from one place to another. If the water has built up to the point of breaking the dam, an entity may find that rather than continuing to build up by adding to the dam, the proper action would be to release the water through certain channels that allow it to take the pressure off the dam.

This Awareness indicates that by releasing the sexual energies, removing the pressure, the entities will be able to have a greater control of sexual energies than by using will-power to suppress or repress those energies. Entities who have become over-sexed or who do activities that are anti-social because of an over-active sex force operating from within, may have actually been driven to such an action because they were trying too hard to control, rather than to channel or re-direct the sexual energies.

Lust is Also an Obsession to Possess

FOLLOW-UP QUESTION:

If I recall correctly, some years back Awareness gave the definition of lust as not necessarily a sexual thing; that it was more of an obsession to possess. Is that correct?

COSMIC AWARENESS:

This is in the affirmative.This awareness indicates there is no great problem with the desire to have something or to hold something, but when the desire becomes obsessive and entities become so obsessed with having or holding something or even controlling something, it begins to border on lust and that often leads to difficulties for the entity or for others, according to the degree of lust.

"Right and Wrong" Needs to be Measured by Degrees

The greater the degree, the greater the problem. This Awareness indicates that a little lust is not going to hurt anyone as a general rule, but a great degree of lust begins to create problems, and an enormous degree of lust creates enormous problems for entities. This Awareness again wishes to remind entities that so much of what is taught in terms of right and wrong needs to be measured by degree, and entities often forget degree and try to use terminologies in terms of good and bad, right and wrong, black and white, when they *really* need to think in terms of how good, and how bad, to what degree of goodness, to what degree of badness, to what degree of coloration or strength is a thing that is perceived of as good or bad.

Why Duality Thinking is Erroneous and False

Degree is everything. Otherwise you think in terms of black and white and opposites and you enter into the duality thinking which is erroneous and false in regard to your world. Duality thinking is an attempt to place a three or four dimensional reality into a two-dimensional mental paradigm. Your brain, acting in two-dimensional thinking, is not going to fit in a three or four dimensional reality, and whatever you perceive from a two-dimensional observation or analysis will be erroneous. In other words, if you do not consider degrees, you are not thinking properly and your observations and evaluations will be in error.

This Awareness indicates *It* cannot stress the importance of degree enough, because entities, even if understanding this message, will forget when they start thinking, and their thinking will tend to be duality thinking for the brain can so easily think in duality, in opposites, but it is so much more difficult for the brain to think in terms of *degrees* of opposites.

Some Examples of Duality Thinking

Just how different is this? One can say, "It is a nice day!"; another can say, "Well, I don't think so! I think it's a bad day!", and you have duality. One can say "I think it's a nice day because it's not a bad day!", and you have duality. Another can say, "It is a beautiful day because it is not raining!", and the entity's assumption of what is a beautiful day is based on some concept of a different or opposite alternative.

This Awareness indicates, however, that the entity who is truly observing the day may say instead: "It is more pleasant than the weather we have had recently!", and this entity would be thinking in terms of degrees of pleasantness, not in terms of opposites. This Awareness indicates that when entities begin to evaluate accurately, regardless of what they speak, they will tend to think in terms of degrees of polarity rather than in terms of polarized opposition.

There are some areas where polarization is absolutely

essential, such as in certain mathematical or scientific and electronic or engineering type of thinking, but for evaluating reality, evaluating life, thinking in terms of opposition/ duality, is generally a kind of erroneous thinking, and accurate thinking requires that entities think in terms of degrees.

"Are you happy or sad?" "Well," you may respond, "I'm neither happy nor sad. I guess I am content." You will be perhaps more accurate than if you choose "happy" or "sad." 'Content" is that which contains a certain degree of happiness, without necessarily having total happiness, and therefore, there may be a degree of sadness in your contentedness.

This Awareness indicates too many entities fail to recognize degree, and therefore fail to evaluate reality or express themselves clearly in terms of what they feel is true. Thus, you need always to ask, when asked about some polarized position such as, "Are you happy or sad?", you must always think in terms of "*How* happy, or *how* sad are you speaking of?" Or, you may express yourself as, "I am relatively happy. I am not very sad."

This Awareness indicates that these expressions will be closer to the truth than if you say, "Oh, yes. I'm happy." This Awareness indicates that most entities do not think of answering a duality question with something in between. Seldom do entities even think of answering a 'yes' or 'no' question with a "maybe", or with a "not sure." They almost always will answer "yes" or "no." They do not tend to think in terms of the degrees that lie between the yes and the no.

To Avoid Degrees you Deny a Rich Experience

This Awareness indicates that to avoid the degrees in between the extremes denies an entity a great area of reality, and if the entity cannot use that area of reality that lies between the extremes, then the entity may be unable to claim a great portion of reality or unable to have use of a great portion of reality, and will be denying himself or herself of much that is rich and valuable to the experience of reality.

THE 7 DEADLY SINS: AN ANALYSIS

QUESTION:

Awareness, while we're in this area; the Catholic church, and so many other churches have too, what they call the "7 Deadly Sins" which they consider as fatal to spiritual progress of entities. These are pride, lust, coveting things, gluttony, anger, envy, and sloth, I believe they are. Could Awareness discuss these briefly as to the seriousness of entities committing such so-called "sins," and are they indeed as dire as the church would have us believe?

COSMIC AWARENESS:

This Awareness wishes to comment first on the term "dire." There is nothing dire about any of this, except if it is in the extreme. To the degree that it approaches the extreme it becomes dire and becomes very serious and can become that which is indeed, a deadly sin. This Awareness indicates that if it is simply a light sloth, a certain shallow slothness or covetness (sp) or whatever the seven words considered as sins might be; if it is very slight, to very little degree, it means practically nothing.

If one has an envy of someone's ruby ring and says: "Wow! I would love to have a ring like that!", there is no sin involved. But, if the entity looks at the ruby ring and finds his mouth watering and his brain swirling and the energies starting to well-up inside and he begins to want that ring: "How could I possibly get that ring off that entity's finger? How can I manage to live without having that ring?", this Awareness indicates that this kind of degree of lust or this kind of degree of envy, becomes that which is erroneous, and sin essentially is that which is off the mark.

Sin is Something That is "Off the Mark"

This Awareness indicates the meaning of sin is associated with mathematical concepts or actions, angles off of a circle. In other words, it is off the mark. If it is off the mark it is a sin, or something that is not proper, and if an entity is over-concerned or over-desirous or excessively obsessed with envy of the ring or whatever, then they are out of bounds. They are not harmoniously balanced with their universe, and thus, it is a sin, it is missing the mark.

If you miss the mark, then you are not harmonious with your world, with your environment, with God. This Awareness indicates that *It* does not mean that because you like the person's ring and you would certainly like to have one of your own similar, that you are some horrible sinner because you have indulged in envy. This Awareness indicates that it is simply a matter of degree. *How* envious are you? *How* lustful are you? *How* slovenly are you? et cetera, et cetera, et cetera, through all these so-called "deadly sins".

How prideful? This Awareness indicates a child has spent weeks trying to learn to tie his shoes. Finally one day, he awakens and remembers that "Last night my grandma helped me tie my shoe, and I watched very closely, and I want to see if I can do it now!", and the child works with the strings, folds one, wraps one around another and flops it through the hole, then pulls the bow and "Voila! I tied my shoe! Grandma! Come look! I tied my shoe!" The child is expressing pride. Is this a sin?

This Awareness indicates that the degree of pride is beautiful for this child. There is nothing sinful. God would be pleased to see the child react in such a manner. There is no sin in this action of pride. This Awareness indicates that it is important for entities to look at the degree of a thing to determine if it is a problem or not. That which is a problem to one person because the degree is so extreme, is simply a joy in the life of another, because of its lacking of degree.

This Awareness indicates that likewise, those things which are seen as virtues, if pushed to an extreme degree may take on a different value and may not necessarily be virtues. This Awareness indicates that an entity who is devoted to someone would normally be considered as expressing a great virtue, but if that devotion becomes smothering to the entity, to where the entity has no personal freedom to act or to do anything, because this devoted entity is taking over his or her life with extreme devotion that is just overwhelming in excessive degree,--is this a virtue? Is such devotion virtuous?

This Awareness indicates of course it is not. It becomes a sin. It is missing the mark; it is missing the mark of a happy balance, of harmonious expression. This Awareness indicates that love is considered a virtue, but suppose someone loves you so much they never want to leave your side. They become sick when you go to work or when you go o the store. By the time you arrive home they are sick from worry about how you are, or whether something has happened to you. They are so sick from worry that you might have been hurt or endangered or killed, that their love becomes smothering. Their love cramps your style of life to the point where you cannot find any happiness around them because they love you with smothering arms. This Awareness indicates: Is this kind of love virtuous, if it smothers the one who is loved?

The Golden Mean of the Greeks is the Route to Follow

This Awareness indicates that anything taken to extreme degree can be a problem. This Awareness reminds you of the so-called Golden Mean of the Greeks. The Golden Mean was the point between the extremes, the point of harmony between extreme opposites, the balance half-way between the extreme opposites. They point to this concept of the Golden Mean as the ideal place in all things where entities can find the most harmony and most peace and be the most well-balanced.

This Awareness indicates that they saw entities out on the edges away from the Golden Mean as being out of balance, out of harmony and away from happiness. This Awareness indicates that it is very important for entities to think in terms of degree, in terms of where the Golden Mean lies. Between concepts of opposition, between the differences, where is the Golden Mean, the balance point?

This Awareness indicates it is important for entities to consider whether that is the place they want to be. This Awareness does not intend to direct entities to always take the Middle Path of everything, but *It* does wish entities to know where the Middle Path is so that they can have a clear choice of options in considering where they want to be.

You may find that you need to move to an extreme position, away from the Middle Path of perfect harmony in order to make some kind of statement or create a position for yourself. This Awareness indicates that there are some areas where entities do not do well in compromising.

The compromise between the concept, for example, of an extreme situation such as the Nazi Germany program referred to a the "Final Solution" in which all Jews of Europe were to be exterminated, is not something that an entity could easily or justifiably compromise on and say, "Well, let's not exterminate *all* the Jews! Let's only exterminate half of them!" This is not the balance point or harmonious point or Golden Mean in regard to that idea, or if it is a Golden Mean, it is not a proper position of an entity wishing justice.

This Awareness indicates therefore, the entity may have to take an extreme position and declare that this whole concept of the Final Solution is wrong and cannot be tolerated under any circumstance at all. This Awareness indicates that this kind of polarization by an entity may become necessary in regard to many different issues, wherein rather than compromising and finding some reconciliation halfway between the extremes that are present, the entity may find it necessary to take a very extreme position and to vocalize it with all of the gusto possible.

This Awareness indicates *It* is simply telling entities ways to look at things, way to think so that they have options and choices when they are thinking, and not necessarily to fall into patterns of thinking, but to become creative. Look at degrees, look at extremes, look at the Golden Mean, the harmonious point between the reconciliation of the extremes and often the need for polarization in the extreme.

Ed's note: for more on this subject, please refer to "Revelations of Awareness" issue 85-04 (What is Lust?)

Why Did an Angel Appear to this Entity?

QUESTION:

A questions from Ralph T,. of Utica, New York. It's a personal question, but it's timely, so I'm going to ask it. He writes that, "Last week while on vacation in California, I had an experience out of this world. During four nights in row an angel appeared. The appearance was preceded by heightened vibrations and powerful energy. The angel had a message for me. Sorry, I cannot recall the message. I was in a trance and was unable to recall the message.

"Can Awareness interpret the significance of the angel's appearance and the message for me? What is the significance of the angel's appearance? What is the important message she attempted to convey to me? Was it personal or general? And can I expect the angel to appear again?" He adds: "I must admit that I have experienced the presence of angels all of my life, but I never saw one before. I feel this is very significant. Can you please help me?"

COSMIC AWARENESS:

This Awareness indicates that this was in part associated with the photon energy acting on your aura and on your own vibration, and this Awareness indicates that *It* does not see the exact wording of the angel, but does see the energy of the message which was a kind of assurance that you were loved and protected, and that there was a Guardian directing you in your life.

It was an action or message of assurance that appeared to be of importance to you at this particular stage of your life.

FOLLOW-UP QUESTION (VIKKI):

Does that mean that more people will be seeing angels now?

COSMIC AWARENESS:

This Awareness indicates that some entities may have this experience. Some entities may have different experiences, as indicated in the questions yesterday regarding the effects and influence of the photon energy on the lives of entities. It will affect entities in different manner from each other, but some will be similar experiences to those of others.

MANIFESTING THOUGHTS INTO REALITY

(While Writing a Novel he Manifests a Cat)

QUESTION:

A question from Richard S., Grants Pass, Oregon, which is sort of along this line. It's a rather long statement. I'll read it. He writes: "I would like to let you know that I have been experiencing the bliss, euphoria and tastes of a more rarefied vibrational state of which Awareness has spoken. It was more prevalent a few months ago, but even more profound is that I have unintentionally been precipitating thoughts into physical reality very rapidly.

"After the years spent struggling with formula and technique and various affirmations, the power of positive thinking, Napoleon Hill, Catherine Ponder, visualization et cetera, et cetera, with either failure or very marginal success, now it starts to occur when I'm not even trying or intending such, and it's happening in ways I never expected, which brings me to a burning question I have for Awareness.

"It is in regard to one of these incidents. I will try to be brief with the explanation. I'm writing a novel. It's my first attempt at such a challenge. It began under what I believe was strong spiritual direction and personal revelation. I suppose it would be defined as a spiritual historical fantasy. At one point in the book, in which I portray myself, I am shown a former lifetime, this based on a dream I actually had, in which I am a woman living in Mexico.

"During a healing session with a Curandera and under strong spiritual and psychedelic influences, I become psychically bonded with an unusual female tortoise shell cat. That particular lifetime out of all those I wrote

about had the strongest inner effect on me. A few months after writing it. I sat down to rewrite it in a better looking draft so I could hopefully have it typed up by someone.

"I was just as deeply moved writing it the second time as I was the first. To shorten an interesting tale, a few days later I received, under unusual circumstances, a female tortoise shell cat that had been abandoned a few months before. No one knew her name. I knew who she was. I simply called her by the name she had in the novel, "Irisa," a Mexican word meaning either the iris of the eye, or iridescent. The Mexican word for rainbow is also "Arco Iris." She responded.

"I could relate other details which seemed to further confirm the fact that I somehow created her in my reality, by visualizing her, then pouring an abundance of emotional energy into her character while writing about her. I know I am often in an altered state of consciousness while I am writing.

"Anyway, Iris, her English name, is a wonderful little being. I've happily modified my lifestyle around her presence. I could go on about her so much because I love her so much already, but It'll spare you the mush.

My question for Awareness is as follows: At the risk of having my bubble burst, I would like to know if my feeling and interpretation are correct? "Did I in fact somehow cause Iris to manifest into my realty by first creating her and bonding with her in my thoughts in the novel I am writing? If so, would it be beneficial to play with this process a little more?"

COSMIC AWARENESS:

This Awareness indicates there are many ways that things manifest from fourth dimensional or imaginary realms into third-dimensional reality. This Awareness indicates that essentially this *did* occur, and it will likely continue to be a tool that you can use for manifesting. As you practice this activity, this Awareness suggests that you may find it helpful to remember to be quite precise in your visualizing, to the point where you visualize the color, texture, and the presence of something as though it were real.

The Secret of Manifesting

In other words, give it sensual qualities. By sensual qualities, this Awareness refers to the qualities of the five senses. Do not leave it vague in your imagery process. Do not leave it with absent parts or missing parts. Visualize it clearly, completely, with all of the sense qualities from the five senses including texture, touch, sound, sight, taste and color, et cetera.

This Awareness indicates that it is important for you to give the focus and then let go. There will be a time of what may be termed "incubation" where the image must incubate out of your sight. You cannot create something from the fourth dimension into the third dimension while continuing to hold it in your mind. There must be a "letting go."

This Awareness indicates that often the best way to let go is to turn it oven to a higher force for the manifesting process to occur. Let the higher force manifest this for you, and not become so pleased with yourself that you continue focusing on your manifesting abilities, or you may find it begins to distract from the energies.

This Awareness indicates that it is also important for you not to attempt to manifest that which is beyond your faith. In other words, there are some entities who get into manifesting things that they need, but go beyond and pretend to manifest things they don't need, but which they would like.

Don't Try to Manifest What You Don't Need!

Many entities attempt to manifest a million dollars because they think that would be very much to their benefit, but they know they don't need a million dollars to do what they are currently doing, or what they are working on, and they know that a million dollars is beyond their ability. They simply want to try their power, and this Awareness indicates this kind of activity can disturb and disrupt and hinder your manifesting ability.

This Awareness indicates it is better to stay within a reasonable level of manifestation, something that you can accomplish relatively easily, even if it is very unusual. After all, could you consciously create a cat like that one? Or would it not be quite amazing to get a cat exactly as you had described in your book?

This Awareness indicates that you may also find that the only way you can manifest these things is by writing out the story in which the thing manifests. This Awareness indicates that if this becomes the fact, then your manifesting of things may require that you continue writing stories for some time.

This Awareness indicates that your own consciousness will tend to create pattern for your manifesting process and you may find it makes certain demands on you in order to work. This Awareness does not wish to put any suggestions or limitations on how you can manifest, but is simply suggesting that you need to be open to recognize the patterns your own consciousness may place upon your manifesting process.

This Awareness suggests the next question may be asked.

Manifesting Will be Easier in Photon Belt?

QUESTION:

Will manifesting by entities be easier as the Photon Belt energies approach?

COSMIC AWARENESS:

This is in the affirmative.

Good Questions Indicate Fresh Minds at Work

CLOSING MESSAGE:

'This Awareness indicates that *It* wishes to express *Its* appreciation for the many different questions that entities have been recently sending to CAC for these readings. *It* appreciates the originality involved in these questions and the depth of understanding and the depth that has gone into these various questions.

This Awareness indicates it appears there are many fresh minds at work in formulating these questions and this Awareness appreciates this, as do those who read these messages.

(The Law of Gratitude is given)

AUTOMATIC PROPERTY SEIZURES IN NEW HEALTHCARE PLAN

QUESTION:

We got an E-mail from the Conservative Consensus, and they head it:"The Death of Private Health Care: Kennedy, Cassebaum and Clinton" "Automatic property seizure is one of the features of the Castlebaum/-Kennedy so-called 'health plan' voted for by 100 senators. Any property paid for with gross proceeds of any "Federal Health Care offense" and all offenses related to any health insurance plan, public or private, will be Federal offenses, and will be automatically seized by the government.

"The Bill calls for fines of ten thousand dollars each for incorrect insurance coding. Even honest mistakes, and there are thousands of codes in use. It provides fines and prison for those who "transfer items or services for free, or for other than fair market value." Translation: "Provide charity, go to jail." Patients are also cared for: five years in prison for forgetting to mention a pre-existing condition. Ten years for intentionally mis-applying payments to a medically unnecessary service.

(The source is Issues and Strategy Bulletin, Wall Street Journal). And Conservative Concensus writes: "Analysis and commentary. While medical savings accounts and health insurance portability are desirable, why add features designed to drive doctors out of private practice and discourage new ones from entering it? Isn't more choice the very reason for creating medical savings accounts? Yet, the draconian (and at one time Constitutionally prohibited actions) described above are sure to drive the cost of healthcare up, not down, by reducing the supply of doctors.

"Why is the federal government trying to control every aspect of our lives, either directly or through large corporations and other institutions? The Columbia Viking Desk Encyclopedia [1953, and pre-politically-correct] explains : "Fascism in general has been negative reaction against socialism and democratic equalitarianism, its roots reaching back to reaction of ruling classes against French Revolution. It plays upon national pride and prejudice and often exploits anti-semitism, and sets itself up as champion of law and order against threat of mob rule.

"Fascism differed from Communism in two respects: it followed Darwinian theory of the survival of the fittest, making youth and struggle paramount; and its organization was based on representation by classes making corporate state. Masses were won by paternalistic methods of work and relief, but real power was in the hands of the elite."

"Substitute "anti-Christian" for "anti-semitism," and the picture is pretty clear. The 'elites' in the United States have decided that the masses need government controlled healthcare in one form or another. They have taken our freedom, calling it a war on drugs. They have taken our children, calling it Goals 2000 and Outcome - Based Education. Now they seem determined to control who lives, and ultimately who dies."

That was the end of their message. Does Awareness see that as being as dire as this organization makes it out?

COSMIC AWARENESS:

This Awareness indicates that these things are far more dire than most people imagine. It is happening on so many levels now that it is becoming very clear and very obvious even to those who one year ago would laugh at such concepts of 'conspiracy,' or a program to enslave the masses. It is becoming much more clear now to the masses so that perhaps the masses will begin waking up much quicker than the New World Order planners would imagine.

This Awareness indicates they are so sure of themselves at this time, there is no doubt in their minds but that they have it all set up, all sewed up, and it is seen by them as culminating and complete by the year 2,000. This Awareness indicates, however, there are still people who are awakening, and the awakening is happening much quicker than the New World Order planners would imagine, and in spite of their having no idea of this awakening, and being absolutely sure they have it sewed up, it is still possible that it will not complete before the sleeping giant of the masses fully awakens to what is going on.

George Bush's Fury Over his Son Resigning as Governor

This Awareness indicates it is likened unto the entity George Bush being so absolutely sure of his view of things until discovering that his son, the Governor of Texas, had accepted those papers from those who demanded the resignation of the entity. George Bush is said to have stormed into his son's office and ask: "Why did you accept the papers?" The acceptance of the papers meant that George Bush Jr. had to resign as Governor of Texas, and this was the key factor in turning it into a sovereign Republic.

Had he not accepted the papers, he would still be governor. This Awareness indicates George Bush Sr. understood, but George Bush Sr. did not anticipate the event, and likewise, the planners for the New World Order cannot anticipate everything that might happen; and though they may be absolutely sure of themselves, there are always those little things that happen that no one imagined would occur.

The "Viper" Militia and Other Government Set-Ups to Malign the Militias

The Militia of Montana posted a message the other day: "Who is Viper?" "In a press release by Janet Napolitano, United States attorney for the District of Arizona, she states that the 12 individuals arrested in Arizona were members of a "self-styled Arizona 'Viper' Militia."

"Fact: The Viper organization refers to itself as "Viper team," not "Viper Militia". Fact: Viper Team is not a militia organization. It is a motorcycle and rocket club. Fact: Viper Team is composed mainly of older men who are Vietnam veterans. Fact: Members of Viper Team were approached two to three months ago, by two government agents provocatuers, infiltrators to target buildings for extermination. Fact: The members of Viper Team told these agents "to go to hell!"

"Fact: One Viper Team member contacted a mutual friend of the Militia of Montana approximately 3 weeks ago, voicing his concern that his organization was about to be "set up like the guys in Georgia." (This is in reference to Bob Starr, and other Americans who were set up by the BATF in Georgia. One ATF agent has testified on the stand that Mr. Starr had no knowledge of any explosives which were buried on his land.)

Sources close to the situation have informed us that one of the provocateurs was an individual named Jose Walls. We are working on identifying the second agent. We do have our suspicions at this time who this is, however, without substantial proof we are not at liberty to publicly announce his name. We believe he was also involved in coordinating the bombs in Oklahoma City.

"It is the irresponsibility of people like Ms. Napoleano, when referring to "Viper" as a militia, when in fact, they are not, which causes further alienation of American citizens from their public servants."

And one other message: "You should be skeptical of the reports being issued by the Federal Government about the people they arrested in Phoenix, Arizona, on bomb and weapons charges. Information now coming out now indicates that the accused may have been set up by Federal agent provocateurs, in much the way Robert Starr and James McCranie were set up by government agents in Macon, Georgia.

"We are in a Constitutional crisis, when Federal agents arrest and prosecute their most effective critics on fabricated charges and planted evidence. More and more Americans are coming to realize that if the government wants us to believe something, it is probably a lie." (Jon Roland).

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative. The more the government attempts to create these false scenarios, the more the public sees through it, and people are now becoming more and more skeptical about *anything* the government does or says. They are hurting themselves more than they are hurting the masses or their selected targets.

QUESTIONER:

It seems there's a concerted effort now to bust up the militias and discredit them. Right here in Washington state they've just arrested 12 men or so, including one who was head of the Militia of Washington, and they busted them because they were in a meeting discussing how pipe bombs could be made, and they implied then, that these guys, because they were learning this information for self-defense, in case they actually had to go to war against the government, that these were people who were probably going to go out and blow up places like the Olympic games and so forth.

Does Awareness see any of that as being actual? Or is most of this pure set-ups when it comes to these militias?

COSMIC AWARENESS:

This Awareness indicates the entities in the militia should be aware that any time a meeting occurs, there is always at least one government agent present, and they will distort things that are presented in the meeting to make it appear to be more sinister, to be more criminal than it may have actually been, and if they do not understand this, they are going to fall into these traps quite frequently, and you will hear more and more of this occurring.

This Awareness indicates it used to be said that anytime there is a meeting of more than three people, one of them will be a government agent or spy. This is also said to be such that even in a tavern there are agents sitting around listening to people talk. This Awareness indicates that may be partly paranoia, but there is much truth to it, and entities need to be aware of the old saying during World War II: "The walls have ears." Be careful what is said, or you may be reaping some repercussions from your statements.

Statements that you make can be distorted to cause you to appear to be much more dangerous or criminal than you really are.

The Police State Laws Are All in Place

QUESTION:

One last thing from the Internet. It's forwarded, about the House Terror Bill detail. "The media spin on the house Terrorism Bill is that the Congress passed a relatively harmless Bill, omitting the roving wire tap and explosive tagging provisions that had created such an uproar. Although it is true that these provisions were not included in the Bill, buried in tonight's Reuter's account of the Bill's passage was this paragraph:

"The Bill would permit Federal prosecutors to use existing criminal racketeering statutes designed for fighting organized crime to prosecute "alleged terrorists" as requested by Clinton."

"In other words, the government will be able to confiscate the property of anyone who associates with "alleged terrorists," before anyone has been convicted of anything. If this or some future president determines that a group you belong to is a "terrorist" group, your property and the property of all associated with you could be taken without a trial. Coupled with the unconstitutional provisions of the previously exacted "Terror" Bill , and a previously enacted Clinton Crime Bill, the foundation for an overt police state is now in place." (Frank J. Brady).

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that everything to create a police state, not unlike that of Nazi Germany is available already without any further passages of laws or statutes. Whether or not they wish more statutes and laws to be made available will be a matter of their own decision, but it is already sufficient to establish a powerful police state.

Police State Laws are Now in Place for Future Use

Although these police state laws are in place, this does not mean that you will see this immediately. You will only see this after it has been determined that the time for the crackdown on the masses has arrived, and when it has arrived, you will be hearing of laws and the use of laws and crimes that you never heard of before. You will be cited with various statutes and laws, and you will say, "What is that?", but it will be of no avail to you that you do not know what these laws are.

This Awareness indicates that properties will be taken from entities for just some suspicion or accusation, just as occurred with Fortuna Alliance. The entities had not even been tried or given evidence as to what their alleged crime was, nor has any such evidence been shown, yet property was taken. Likewise, this will happen to the masses. Entities can work a lifetime, and for *one accusation* lose everything they have worked for, once these entities decide to enforce the laws that are already on the books.

This Awareness indicates it is very sad to see the masses slumber for so long without any inkling of realization as to what has occurred in this country, for these entities will be the ones who are hurt the most, shocked beyond belief when the time comes. Those who have some understanding of what is happening are not going to be surprised. They are going to be aware. They are going to understand what is going on.

But those who have for so long laughed at the 'paranoid conspiracy types' are going to be totally out of control. They will not know what to do or what to think, and yet the majority of those entities will in all likelihood try to control everything from their ignorance, from their lack of understanding, and they will try to take control without having any idea as to what to do.

This Awareness indicates this does not mean that the person who understands what is happening will

necessarily know what to do, but such a person will be more calm, and therefore, more orderly, and more able to respond appropriately to the situation. For once you have an idea of a crisis situation, once you understand as much as possible about a crisis situation, you are much better able to handle that crisis situation than the person who is totally confused, totally ignorant of the crisis situation and who is simply experiencing the crisis situation.

Yet, that person who is experiencing the crisis situation in the confused state is the one who is most likely in need of some kind of control, and therefore, is likely to try to take control from their state of absolute ignorance. On occasion, such a person will fall to pieces and ask someone else: "What shall we do?", but for the most part, such entities in a crisis will start yelling directions and orders to others without knowing what they are doing.

Therefore, the calm person who understands what is happening is more able to help calm others, and in the calmness, decisions can be made that are much more suitable to the situation or appropriate, and allow for the situation to be resolved more easily than when there is absolute chaos among entities.

Become Aware: This Helps in a Crisis Situation

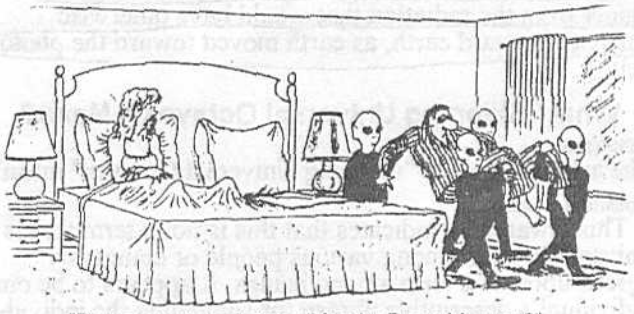
CLOSING MESSAGE:

This Awareness does not see a way whereby *It* can tell people what to do in a crisis situation, but *It* can tell entities that by being aware of what is happening, you become more able to discover what to do in a crisis situation. This Awareness suggests therefore, become aware and you become more aware during the crisis, and in that increased awareness you will be able to respond appropriately to the situation, and what more can anyone do other than respond appropriately to any situation?

WHAT IS COSMIC AWARENESS

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

The Interpreter for this reading is Paul Shockley



"Do you want me to tape 'Murphy Brown' for you?"

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COVER: Sue Lyon as Lolita in the movie based on Vladimir Nobakov's book.

For your non-member friends who are curious about Cosmic Awareness and CAC and who are "on line", please direct them to the CAC Home Page (web site) which is: http://www.tezcat.com/Cosmic Awareness/html/cachome.html

(1-25-95)

The Book: "Nothing in This is True, But It's Exactly How Things Are"

(Did the Sirian Experiment Really Work?)

QUESTION:

A question from Patricia M., in Sylvania, Ohio. She writes: "In the book *Nothing in this is True, But It's Exactly How Things Are*, by Bob Frizell, information has been given supposedly from Drunbalo Melchizedek and Thoth, that great sunspot activity and explosions on the sun in 1972 would end all life on earth.

"The Sirians devised a plan to protect the earth and asked permission from Galactic Command to implement it. After receiving permission, the Sirians set up a holographic field around the earth, each person, and animal, so we would not realize we were being protected from a wall of flame.

"They set up various grids and various other things. They programmed events into our lives so that we would evolve more rapidly. A synthetic Christ Consciousness grid was then able to be completed in 1989.This Sirian experiment was so successful in speeding up our evolution, we are on Galactic TV. We are evolving so fast, it is compared to a newborn becoming an adult in 15 minutes.

"Almost all the planets will attain Christ Consciousness. Nostradamus' predictions are now accurate only up to 1972. We will skip Universal Octaves in 2012, a totally unheard of event in our universal history."

And her first question is, "Did the Sirian experiment really happen? Can Cosmic Awareness add more information about this experiment?"

COSMIC AWARENESS:

This Awareness wishes to clarify something first. This Awareness wishes to ask the questioner the source of this information in the question, if it is available.

QUESTIONER:

Well, she says it's in the book *Nothing in This is True, but it's Exactly How Things Are*, written by Bob Frizzel.

COSMIC AWARENESS:

This Awareness indicates that this also is a parallel of information in the book *You Are Becoming a Galactic Human*. This Awareness indicates that this is also in that book as channeled by the author of that book. This Awareness indicates that this was also presented in some publications in the Seventies. It appears that it was first released from a group referred to or called Solar Cross, wherein they spoke of the sun being altered by extra-terrestrial beings in order to help preserve the earth and make things safer for humans. This Awareness indicates that generally speaking, the information as presented by the questioner reflects and parallels these other messages also, and that in general, all three messages are the same and are basically reflections of a reality that occurred through the assistance of Sirian help in stabilizing the earth and solar system.

The Sirian Hologram that Protects the Earth

This Awareness indicates that the hologram protection of the earth as that which does appear to be of critical importance to the survival of earth; that it required the Sirians to persuade the spiritual hierarchy to allow a preservation of earthlings at a time when there was considerable inclination of the spiritual hierarchy to let the earth be dissipated and destroyed, since humanity appeared to have not been capable of surviving, or spiritual evolution necessary for the survival, when it enters into these times of the changes associated with the photon belt. However, the Sirians pointed out to these entities that many on earth had undergone tremendous evolution over the past century and that humanity was indeed evolving quickly, and that there were certain ways by which they, the Sirians, believed they could speed up the evolution very quickly, to raise the vibration and frequency of humankind on earth in order to save the earth, and prepare the earth people for the change related to the photon belt entry.

Thus, the alteration of the sun's negative rays, so that the sun began to produce rays that were more beneficial to spiritual growth, and also the creation of certain fields of energy on earth in such a way that humankind began, in pockets here and there, to increase in spiritual evolution, and these pockets began to glow like spiritual lights and reach out and touch together and fill in the space between themselves so that at present time, these spiritual energies have spread over a great part of the earth, and the darkness is undergoing rapid remission, rapid disintegration, and light fills those darker areas at an ever-increasing rate.

Earth has Gone from 20% Enlightenment to 90% by Year 2000

This Awareness indicates that the enlightenment on earth is beginning to speed so quickly that in a matter of 5 or 6 years, the earth will have gone from 20% enlightenment in mid-part of this century, to that which is a 90% enlightenment by the turn of this century.

This Awareness indicates there will be a time in the near-future when Sirians will be seen as guardian benefactors to earth people and entities will see them in the same or similar light as guardian angels. While these entities are not true guardian angels, they are most concerned and feel a kinship with humans in such a way as to make them similar in relationship to humans as would-be guardian angels.

Are the "Holographic Fields" Still in Place?

QUESTION:

She wants to know: "Are the holographic fields still in place?"

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that the entire earth is placed in a holographic field and will be protected by this as it moves into the photon belt.

Are We Still in a "Wall of Flame"?

QUESTION:

She asks: "Are we still in a wall of flame, or was this danger just during the sunspot activity?"

COSMIC AWARENESS:

This Awareness indicates there are different ways of defining the term "wall of flame." The description given by the questioner would for many be seen as an actual wall of flame that is hidden by some holographic energy. This Awareness indicates that in actuality, the so-called "wall of flame" is essentially a wall of radiation that would be affecting earth were it not for the protective wall of the hologram that blocks out the radiation. This Awareness indicates that the hologram is an invisible field of energy surrounding the planet, protecting the planet from the radiation that would have otherwise emanated toward earth, as earth moved toward the photon belt.

What "Skipping Universal Octaves " Mean?

QUESTION:

She asks What does "skipping Universal Octaves" mean?

COSMIC AWARENESS:

This Awareness indicates that this is not a term that is universally used among various people or commonly agreed upon as a term among beings. It appears to be one individual's descriptive phrase for something the individ-

ual means to convey as a concept, and the concept appears to be a kind of reference to skipping into higher frequencies, one octave at a time.

This Awareness indicates that the use of the term "Universal Octaves" appears to be a reference to octaves on the resonating electromagnetic scale. For example, the 48th octave being infrared light; the 49th being regular light as seen by your own eyes; and the 50th octave being ultraviolet light. The ultraviolet light is a different octave from regular light, the seven lights or colors of the spectrum, and also the infrared light being an octave below that 49th light octave, and when the entity speaks of these universal octaves, it could be any octave on the electromagnetic scale, running from material level of vibration up to infrasound, ultrasound, into radio waves and microwaves, infrared, regular light, ultraviolet light, gamma rays, solar rays, et cetera, into the higher levels or consciousness; each representing different octaves on the electromagnetic scale.

This Awareness indicates in metaphysics there is a kind of confusion that results from the fact that many entities tend to create their own terms for concepts and ideas that they perceive in their studies and research of the metaphysical realms or fields. If this were a more commercial area, there would be some kind of standardization of terms. Thus, for example, a field dealing with plumbing has terms for parts associated with plumbers that describe the part so that when something needs to be discussed or described in the field of plumbing, a term exists that the plumber can learn so that they can communicate with each other, and with a word or name, plumbers know what is being discussed; the kind of connecting pipe, or the kind of connecting valve.

But in metaphysics, people create terms that are not yet recognized by others in the same field because so many of the metaphysics masters do not read each other's works, do not understand each other's meaning, and simply at times throw out the work of others and start over on their own from scratch, creating a new field, a new language, new concepts, new patterns, a new book on metaphysics that *may* parallel the work of some others, or may be a different model or a different pattern, a different paradigm that does not fit exactly the same pattern as others.

This Awareness indicates that thus, a term such as "Universal Octaves" may be one author's term, while another author may use a different term, such as "electromagnetic octaves" or the "octaves of the electromagnetic scale", or they may use some other term referring to inter-dimensional levels.

This Awareness indicates it is simply someone's favorite way of expressing a concept. That is very common in metaphysical realms, in regard to reference to the various frequency levels that permeate the universe as vibratory rates that go up and down the eletromagnetic scale, in octaves and in notes between the octaves.

WHAT IS THE "SPIRITUAL HIERARCHY"

FOLLOW-UP QUESTION:

In that response Awareness mentioned the "spiritual hierarchy" as being significant. Would *It* define exactly what *It* means by "spiritual hierarchy" in that context?

COSMIC AWARENESS:

This Awareness indicates that *It* has previously described the electromagnetic scale of the universe as the layers of frequencies and vibrations that are going from very slow to extremely high, and that the highest are those associated with Divinity, and in that Divinity frequency there is that which is Divine Love. Under that, at a somewhat lower speed is love that is not necessarily the highest love of God, but love that is of a high quality.

Beneath that may be other levels of descending consciousness that comes down to a point wherein some consciousness may border on levels of emotion, and as these energies descend further, it gets into levels of mind, and as these energies descend further, it may get into other types of rays and vibrations.

This Awareness indicates it goes on down the electromagnetic scale through the various rays and light fields into heat and radio waves, and sound frequencies and still further down into infrasound, which are extremely slow vibrations which can shake matter and cause it to disintegrate.

The slowest types of matter are the matters that appear not to be vibrating, but are so slow that you cannot hear them in realms of sound. They are simply present in a heavy sense. This Awareness indicates, for example, the earth is a vibratory being, but you will not hear it vibrating with your limited ears. This Awareness indicates the so-called spiritual hierarchy is a kind of higher frequency net that fits into these frequency patterns of the electromagnetic scale, wherein there are lines of force that occasionally cross each other.

How to Visualize the Creation of a Spiritual Hierarchy Entity

This Awareness suggests you visualize a grid-work, such as the lines of a checkerboard without the colors of the squares being present, and imagine that the lines which go horizontal and the lines that come from top to bottom as vertical, cross each other, and every place there is a crossing, a light is created by the vibrations or electricity caused by the energies carried on these lines, so that the lines coming down are seen as octaves of grid-work that moves in one direction, and the lines that move across, horizontally, are seen as frequencies or vibrations that move in a lower to higher grid-work, and where these lines touch, these parallel lines going up and down, touch each other, and energy flashes as a light.

Imagine now that each of these energies represents some kind of conscious essence or being and these various crossings of energies that create the light at each criss-cross point makes up a being that can be termed a member of the spiritual hierarchy.

These are conscious because the energies that are moving through these lines and crossing each other are energies of higher spiritual consciousness. Thus, each of the crossings of the lines creates a new spiritual hierarchy entity. In the higher frequencies on this grid are those energies that cross just an octave under that which is the Supreme Being of the universe, which entities may call "God," and that energy that is just an octave under may be called the Christ Consciousness or the Christ Energy.

"In the Beginning was the WORD"

In Biblical terms it was known as "The Word." These higher frequencies described as "The Word" were essentially descriptions or terms used to describe vibration. *"In the beginning was the Word. The Word was God."* The vibration or frequencies of the highest order: Divine Vibration, Divine Consciousness, Divine Frequency.

The "Son" or reflection of the Highest Divinity is that which has been described as the "Son of God," the reflection of God. This may be also called Christ Consciousness. This Awareness indicates from there it goes on down, one octave after another, and this entire grid- - work of octave creations or frequencies and beings that appear on these different crossings of these lines, everything there that is above the 49th octave may be called the "spiritual hierarchy."