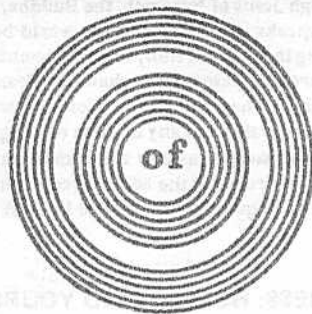


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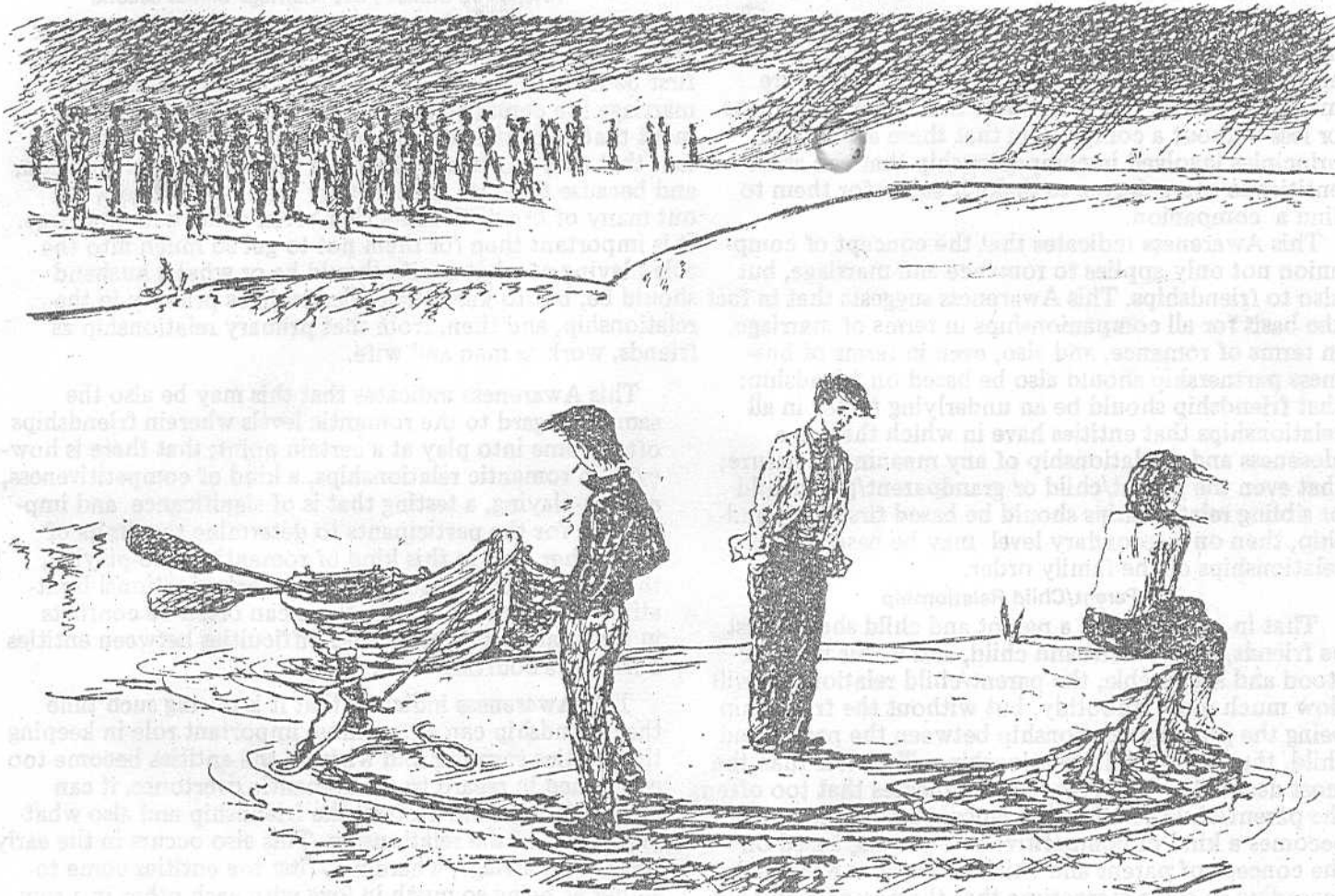
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Helping People Become Aware

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ALL THE LONELY PEOPLE

HOW TO FIND YOURSELF A FRIEND OR A COMPANION

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

THE BATTLE TO OVERCOME LONELINESS: HOW TO FIND YOURSELF A FRIEND OR COMPANION (AND HOW TO PRESERVE THAT FRIENDSHIP OR MARRIAGE ONCE YOU'VE FOUND IT)

COSMIC AWARENESS:

(Opening Message, CAC General Reading) Friendship Comes First--Marriage Comes Second

This Awareness wishes to address the concern that many entities have in regard to relationships, in reference to romantic and marital affairs; that there are many entities on this plane who find themselves more or less without a companion; that there are certain principles involved in companionship that can assist entities to some degree to make it easier for them to find a companion.

This Awareness indicates that the concept of companion not only applies to romance and marriage, but also to friendships. This Awareness suggests that in fact the basis for all companionships in terms of marriage, in terms of romance, and also, even in terms of business partnership should also be based on friendship; that friendship should be an underlying factor in all relationships that entities have in which there is a closeness and a relationship of any meaningful nature; that even the parent/child or grandparent/grandchild or sibling relationships should be based first on friendship, then on a secondary level may be based on the relationships of the family order.

The Parent/Child Relationship

That in other words, a parent and child should first be friends, then parent and child, and if this is understood and acceptable, the parent/child relationship will flow much more smoothly, but without the friendship being the primary relationship between the parent and child, the parent/child relationship will be less than the most desirable. This Awareness indicates that too often, the parent/child relationship ignores friendship and it becomes a kind of competitive role-playing based on the concept of parent and child behavior as expected according to some stereotype that the parent may hold, and the child in turn reacts to that stereotype or feels a challenge or feels there is need to challenge the authority, but were this relationship based on friendship primarily, then the child and parent would have their relationship as friends and be able to discuss things more openly and on a more friendly level, and the parent/child situation would be modified considerably by the friendship levels, and this in itself would create greater harmony.

This Awareness indicates that it is the same with marital relationships; that men and women in a marriage should first be friends, and let the marriage be second; that the marriage is a commitment, is a kind of life-long commitment that two friends make with each other based on the fact that they can and will remain friends for that duration, and because they are friends, they are then able to work out many of the difficulties that often come with marriage. It is important then for them not to get so much into the role-playing of what a wife should be or what a husband should be, but to keep their friendship as primary in the relationship, and then, from that primary relationship as friends, work as man and wife.

This Awareness indicates that this may be also the same in regard to the romantic levels wherein friendships often come into play at a certain point; that there is however, in romantic relationships, a kind of competitiveness, a game-playing, a testing that is of significance and importance for the participants to determine the limits of each other, and in this kind of romantic game-playing, there will be challenges to each other's emotional limitation, and because of this, there can often be conflicts in the relationship that cause difficulties between entities during the courting state.

This Awareness indicates that it is during such time that friendship can play a most important role in keeping the entities together and wherein the entities become too concerned in regard to the romantic overtones, it can totally disrupt and destroy the friendship and also whatever is left of the relationship. This also occurs in the early stages of marriage, wherein at first the entities come together as being so much in love with each other in a romantic sense that they cannot see the other's faults, in fact, some of the things they see in the other that are so attractive to them will become at a later time viewed as the other's weaknesses.

For example, one who is quite nonchalant may be very attractive to one who takes life too seriously, but once the marriage has occurred the entity who takes life too seriously may become disgusted with the other being so nonchalant about everything. This Awareness indicates that this kind of shift occurs in many marriages, wherein the entity is first enticed by a certain quality and then later finds that quality to be the very thing that is driving them apart.

This Awareness indicates it is this concept of opposites attracting, attracting for a time because the one entity needs that element in his or her life because he or she has become too polarized in one direction, and this helps them to be attracted to others who are different in nature, but after some time together, they may begin to feel that the other is taking something away from them, whereby they start losing their feeling of seriousness, for example,

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or finding that their nonchalant feeling in life is not appreciated and is being criticized, they may begin to resent the other person for being too serious about things.

Therefore, many entities drawn together for a particular reason or need will later find those very qualities driving them apart. This Awareness suggests that in regard to those many entities who have difficulty in finding a mate, there are certain things that can be beneficial in helping them which may be unnoticed without the situation being pointed out.

Shopping for a Mate: Some Things to Consider

This Awareness has before mentioned the importance of the comfort zone; that entities have certain comfort zones. If they are used to a certain kind of treatment which they have grown up with or a certain kind of pattern which they have learned to adjust to, they often look for this same kind of pattern in a mate, because it gives them a feeling of consistency in their life, it makes them feel comfortable, it is much like it was at home.

Thus, they may be attracted to, for example, a demanding parent type, one who is much one of their parents, or they may be attracted to someone who relates in a similar manner as to a parent or someone they lived with at home. On the other hand, if they did not have a comfortable home life, they may be repulsed by entities who remind them of their parent, or those at home, and may look for someone who is quite different.

For example, if they grew up in a home in which a parent was tyrannical and very harsh, they may look for someone who is much more relaxed and easy to be around; that each individual may have formed certain values that repel or attract the entity to a certain type of person and this may partially be based on their own preference in relation to what they endured or experienced during their early life. It also can be based on what they have been taught to value and hold in terms of ideals.

Also, children in growing up will develop certain ways of behaving. They may take on qualities or behavioral patterns that they were raised with in terms of parental reactions or interactions with them, for example, the parent who was highly critical of a child may turn off the child to criticism so that the child does not like criticism, but the child might in fact grow up being just as critical of others as was the parent.

The Real Purpose of Friendship

This Awareness indicates that these things are to be recognized as part of the development of entities, but it is important that even if you have developed certain qualities from childhood, if you are having difficulty in finding a mate or a companion or keeping friends, it may be that some of these qualities that you developed need to be modified. This Awareness reminds you that the purpose of relating and having a friendship is to bring some form of comfort to each other's lives.

Thus, the entity seeking companionship is seeking to be with someone who will help to bring comfort, and if an entity comes into a relationship with another who decides that the entity should be made over into something different that fits his ideal of a wife and begins criticizing and creating demands and directing the entity's behavior along certain lines that would fit with the ideal, or vice versa, if a wife begins making such demands on her husband that he fit into her ideal mold for what a husband should be; these entities may not be bringing comfort to each other.

This Awareness indicates that *It* is not saying that all entities' relationships must bring comfort to each other at all times, but that the basic relationship and reason for entities coming together is to be made more comfortable

in life, and if the comfort is ignored and the criticism and demands and actions of conflict between entities becomes greater than the comfort that the relationship brings, then the relationship is in trouble; therefore, it is important that the greater part of a relationship be focused on bringing comfort and harmony to the other person rather than trying to make the other person over into something else for your own personal comfort and harmony.

There is Nothing a Man Won't Do for a Woman --IF

This Awareness indicates that there is something which can be helpful in regard to this; that in the case of either party in a close relationship such as marriage or close friendship, if you treat the other person as though the other person were important, as though the other person were special, and as though the other person's individuality was important to you, that other person will respond in like manner within a short period of time if not immediately, and begin treating you the same way.

There is nothing that a man won't do for a woman if the woman makes the man feel important, makes the man feel like he is truly a man, or the man in her life. Likewise, if the man treats the woman as though she is quite important and special to him, she will do many things for him that she would not otherwise do, but if he ignores her and simply makes demands on her for his own comfort, and she gives of herself to please him and he takes it for granted, then she does not feel that she is really important to him except in her ability to be his slave or servant, and therefore, she is giving to him because she loves him, but not because she feels herself to be loved by him.

This Awareness indicates there must be that mutual expression of affection and love toward each other to have the parties of a relationship to desire and willingly give of themselves to each other, to help each other and to serve each other. There will always be conflict over incidents or situations or issues, but these can be discussed and these can even lead to arguments, but underlying the argument can be a sound and solid friendship and marriage based on the realization of both parties that the other truly cares about them, even more than they care about the issues that are being argued.

How to Preserve a Marriage

This Awareness indicates that this is the important thing in a relationship; that they both understand each means more to them than the issues which they argue about; that when this is not clear and not understood, then the marriage begins to suffer, becomes rocky and uncertain. Sometimes entities will test their marriage to see how important an issue is to another and they may separate, saying: "I will not return until you stop doing whatever it is that bothers me so much!", and they may find that the issue completely remains more divisive and important to each side than does the marriage, or they may find that a compromise by each in some degree allows them to come back together and preserve the marriage, or they may find that one entity will compromise totally in order to preserve the marriage, but these are tests to see how strong the relationship is.

Adding Romance to your Friendship

In many cases, entities have close relationships with each other but they are solidly based on friendship, and the entities may realize that this person "would make an excellent mate for me, but there is no romance; we are just friends." If this is the case, then if desired, it may become helpful to relate to the person on a romantic

level, to start the romantic movement on top of the friendship; keep the friendship intact, but imply to the entity that you think of them as more than just a friend; you think of them also as a very attractive person, attractive in the sense of their manliness or womanliness.

This Awareness indicates that once this is in motion, the relationship can begin to change. It must be done with great care in order not to frighten off your friend or turn a friendship into something that is disturbing to the other party. You must feel your way carefully in a relationship of that kind. The way to do this is to imply to the person, or inform the person as to your friend-to-friend relationship that you truly feel that the entity is completely attractive in more than just friendship levels, but that you must respect the person as a friend and will not force yourself on the person unless it is mutually reciprocal.

This may be presented in a variety of different ways, depending on the individuals involved and their manner of relating; that too often entities are too frightened to show that they have an interest in another person and the other person is likewise too frightened to consider making a pass at another person in the sense of a romantic movement or gesture or speech or overture and therefore, these entities can go along for weeks, months or years, without even thinking of being or expecting to be any more than friends.

Problems When the Romantic Urge Comes on too Suddenly

This Awareness indicates that many entities thus may go through their entire life having friends but never having a lover, never having a mate, never having a close intimate companion. There is also the situation in which an entity, having a certain kind of shyness, may have this attraction to another person, create a friendship and not show their attraction, and then, perhaps either through some situation in which the entity perhaps drinks alcohol or finds himself or herself in a situation of a certain kind of relationship or position with the other person, may let out suddenly the secret feelings of attraction, and make a move on the other person that is so sudden and so direct and forceful that the friend is totally shocked and thrown off balance.

The friend does not expect this kind of suddenness, and is surprised by the action of the long-time friend and the entity feels disturbed because the friendship that was so solid is now becoming disturbed and shaken by the forcefulness of this other person. This Awareness indicates they may not have the time to even begin to think romantically about the person because they have been involved as friends for so long that the thought never crossed their minds to think in terms of romance with this person, or they may feel that any romantic overtones would destroy the friendship which they value even more than romantic overtones or behavior, for many entities don't really value romantic relationships as much as they do some of their friendships.

Therefore, friends must be cautious in moving toward each other too suddenly in a romantic way, even if it has been something they themselves have begun to feel over a period of time. This Awareness indicates that there is the story of the young boxer who got a job sparring with the old pro and in the ring the two began to square off. The young boxer said to the old pro: "Let's not try to hurt each other." The old pro said: "I'll go as you go." This Awareness indicates that this is the way one has to think in terms of romance. You must not start a movement that does not consider the movement or reaction of the other person.

The Shy Person Must Stay Alert or Miss the Chance

Thus, in a romantic relationship, entities must read the other person's response to your movement, your gestures, your speech, your joke, your innuendo, and that is what all of the game-playing is about. You see the young people making gestures, making jokes, saying things, waving their hair, flicking their eyes, doing the various things that are part of the preening process of being attractive to the other, and if the response to that doesn't come, then there is an indication the other entity is not ready for that kind of relationship.

Therefore, some entities who are especially shy, who do not respond to the flirtations of another, may go home and suddenly realize, "By George! She was flirting with me and I didn't even recognize it!" By the time the entity goes back to see this person again, the person may have moved on to someone else and the entity may have missed out on his great chance. This Awareness indicates that this is the nature of the game of romance; that there are those moments wherein entities flirt with each other and wherein they may respond or may refuse to respond. Perhaps they simply can't believe that person was really winking at them across the room. Perhaps they think it must have been for the person next to them or behind them.

This Awareness indicates that the responsiveness of entities is as important in the formation of a romantic relationship as is the aggressiveness of another, and if the aggressiveness is too sharp, so that it frightens the other, then it is ineffective in that the other cannot respond to that degree of aggressiveness, and if the aggressiveness is seen as too sharp, then the aggressive person needs to pull back so as not to frighten the other. It is simply a matter of comfort again. You must move in ways that are comfortable to each other.

Relationship that is creating an harmonious friendship or companionship must always work to bring about comfort, and if you are not comfortable, you must squeek, you must squeel, you must inform the other that: "This makes me feel very uncomfortable!" and if the other does not respect your expression of discomfort to the point where the other stops the action, then perhaps the other person doesn't respect you, and perhaps there is not a good basis for a relationship, for how can one be harmonious with someone who does not respect your comfort?



Therefore, it is important that both entities be required to respect each other's comfort, and it is also important that each entity learn to squeel when they feel discomfort. Of course there is always that entity who says: "I don't feel comfortable around people who squeel when they feel discomfort from my actions." This Awareness indicates then perhaps there is no basis for a relationship. If the entity cannot respect your right to complain about your discomfort, then perhaps the relationship is incompatible.

This Awareness indicates there can be much that entities can do to help bring about harmonious relationships. There are also things that you cannot do to make a relationship harmonious if it is not mutually worked at; that wherein one person works for the relationship, great things can occur on both sides, for the other entity will respond accordingly to a considerable degree, but if the other entity is totally immature or excessively selfish or has very little respect for you, even if you are the best person in the world, you may not be able to make a relationship that is meaningful with that person, for that person just may not have the necessities for a wholesome relationship and it may not be your fault at all. It may be that the other entity just isn't ready, isn't evolved enough or has some other interest that is more pressing to him or to her than having a relationship with a nice person like yourself.

How to Compliment an Offensive Person Without Lying

This Awareness indicates in the case of entities thrown together by relationship, such as family relations, there is little that can be done. You cannot, as some say, divorce your relatives, so you must stay with them in spite of it all, and it is possible that you can improve your relationships with these people by pointing out those better things you see in their behavior, even if their behavior is strictly not to your liking in every way. There may be some areas of behavior that are not quite so offensive to you as other areas of their behavior and it can be beneficial for you to point those areas out, even if you have to say: "Well, that wasn't quite so offensive to me as some of the things you've done!" That is at least the beginnings of a compliment to the person, and it might help to encourage them to do something even less offensive to you.

This Awareness indicates that these comments that you make to others which are of a positive nature are much more effective in influencing them and their behavior than those comments that are of a negative nature. This can be enhanced by pointing out those things, for example, that you see as potentials in the person. You may not see the entity doing anything that you like, but you can at least say to the person: "I think you're going to be a very good person as you get a little more experience under your belt. I think you're going to do quite well in school. I think you will do very well when you get a job. I think you'll do quite well in life because you are so determined in things you like to do."

There are ways you can compliment a person and encourage them to do something good without ever lying to the person, if you think they have absolutely nothing that you like in their makeup. The very qualities you may dislike may in fact be termed in a way: "Your stubbornness is the kind of tenacity that will help you to accomplish many good things when you get your mind set to do so." Statements such as that can be encouraging to an entity, even if the entity is totally negative in his or her behavior

This Awareness indicates that the other way in which you can influence relatives whom you do not care much for is by buying them good books, or referring them to something of quality, something that could be helpful in changing their interests away from those negative things towards something of a more helpful direction. For example, if an entity is only interested in war games and guns and such, perhaps a present in which you give the entity good music, good classical music, or a good painting of something beautiful that has a more spiritual quality to it; something of this nature might help the entity to add a new dimension to his or her life; or perhaps you could give the entity tickets to some show that is of a special message or especially uplifting in nature.

This Awareness indicates that such things have sometimes completely turned entities around from their interests in a deteriorating direction to one which is uplifting. That as entities begin to think more in terms of: "How can I help to make these persons whom I must relate to, feel more comfortable, and yet, at the same time, bring them away from their behavior that causes discomfort for others?" As you think along these lines, you will come up with many different ideas that can be of great benefit to not only those entities, but to others who may relate to those entities, for you do not want to see those entities spreading their discomfort on others any more than you want the discomfort to come upon your own life. Of course there are times in which it is necessary to create a momentary discomfort for others in order that they have a more enduring comfort. The entity whose illness requires an operation or requires a bad taste in the mouth in order to overcome the fever may experience a momentary discomfort in order to have a long term comfort to follow.

Sometimes Imposing Discomfort or Discipline is Necessary

Likewise, the entity who does something to harm another may need to experience some kind of responsive or punitive reaction such as putting the person in isolation temporarily, for the entity to think about how he or she harmed this other person so that the entity doesn't develop the attitude that: "I can hurt anyone I want and no one will do anything to me." This Awareness indicates that these momentary punishments or separations, these disciplining actions which stop the entity from getting by with negative behavior, can in fact serve to bring the entity into a more comfortable lifestyle that lasts for longer periods of time, and the entity's life may be more comfortable in the long run because you did not let the entity get by with those negative behaviors and you imposed discomfort on the entity during those short periods for discipline purposes.

This Awareness indicates there are very few children who are willing to stand in the corner because of having struck someone or hurt someone. There are very few who will want to go off and sit in a room because they deliberately violated someone or broke something in a mad tantrum, but they will do so if they are forced to do so, and if they are so forced, they will think about the immediate discomfort they may face if they do it again.

That therefore, some discomfort that entities create for each other may be therapeutic, may be necessary, may be helpful to the greater long-term comfort, but this does not serve as an excuse to make others feel uncomfortable just so that you can feel more comfortable yourself, or so that you yourself can feel more powerful at having control over others. It is important that in putting some kind of discomfort on another that it is actually done for the benefit of the other and not as a twisted effort on your part just to make yourself feel

righteous or powerful or more comfortable at the expense of another.

For example, there are some entities who will, in seeing two children fighting, wherein the one child is being beaten by the other, may feel discomfort from the noise that is being generated by the crying child and may just send the two children to their rooms and say: "You children go in that room and fight! I don't want to hear it!" That this may solve the adult's problem of having to hear the fight, but it still leaves the older child, the larger child beating up on the small child and the small child is still being victimized by the behavior of the larger child and it does not solve the problem.

This Awareness indicates that the discomfort that you felt may be put into the other room, but the discomfort of the smaller child continues on. This Awareness suggests that entities think in terms of alleviating discomfort, even if a momentary discomfort is necessary to alleviate a greater long-term discomfort; that when entities can do that and when entities can help give each other greater comfort in their lives, they will find that their relationships on all levels are improving.

HOW IMPORTANT IS THE "HIGH SELF" IN GETTING ENTITIES TO COME TOGETHER? *

(FOLLOW-UP QUESTION):

Awareness, how much influence does the High Self, if any, have in getting entities together? I was thinking of those books and stories you read, those romantic stories: *Across the Crowded Room* sort of thing,--their eyes met, and suddenly they are brought together, and this is the ideal relationship. I suppose the question should be: Is there any truth to the old saying that good marriages are made in heaven?

* (No pun intended)

COSMIC AWARENESS:

This Awareness indicates the Higher Selves of individuals can help to bring entities together; that in many cases however, these entities come together and they are drawn together for certain needs at a particular time in their lives; that one or the other, or both may quickly fulfill those needs so that they are no longer needing anything from the other person, or so that one or the other does not any further need from the other, and one can outgrow the other quickly. Whatever it was that was needed at the time may quickly be overcome by the short-term relationship.

Rebounding After Losing a Loved One

This Awareness indicates as an example, an entity who has just lost a lover or a close associate or even an animal, may seek compensation by being attracted to someone else and the person may need that companionship just for a brief time and coming together with that person, they may think they are in love, and the one may fall madly in love with the other, and the other may feel that same attraction, but after they are over the grieving of having lost their previous companion, they may start to realize that they only came to this person on rebound and that this person really isn't that attractive to them. Thus, their need has been fulfilled, their need for close companionship or basically, for comfort, at having lost something they loved.

Their need is fulfilled quickly, but perhaps the other person still needs them, and that person's need may go on and on for many years, even though they lose the relationship with the entity because the entity, no longer needing them, has moved on. That in this sense,

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Why Some Experience Unrequited Love

it is not so much an attraction from the Higher Self that brings these entities together, but a momentary or emotional attraction that may bring entities together on a temporary basis.

The High Self does not object to these relationships that occur on a temporary basis because they are both needful, and the entity, perhaps who had the strong and long-lasting yearning for the first entity, who only had a temporary need, may in fact have a karma that needs fulfilling. Perhaps this entity has a karmic situation in which he or she is destined to carry a torch for the entity who has moved on because perhaps that entity had done something in a previous lifetime that violated this entity which caused that entity to wait and wait and wait for him or her.

The Rational Mind Can Never Understand the High Self

Or perhaps this entity who is experiencing the unrequited love needs to experience unrequited love long enough to get through some emotional need or to develop a value that will later be important to the entity so that the entity can later appreciate the love that is given to him or her. This Awareness indicates that it is impossible to simplify the work of the High Self.

The High Self has a kind of consciousness that is far superior to any logic of the rational mind, so that entities cannot rationally understand the workings of the High Self. The High Self knows what entities need as well as what they want and *It* can give them things that they think they *don't* need, but which indeed they *do* need, even if it is for something later in life to develop certain qualities or certain appreciation for something that will come at a later time.

This Awareness indicates that in understanding this, then the simplified concept that the High Self says: "Oh! Here's two people who go together! Let's link them up!" --this is such a simplified approach, it does not match reality. There is much more to the development of an individual so that the individual becomes worthy of being linked to someone at a later time, so that when they are linked together, the individuals involved have something of great value to bring to each other, based on perhaps many losses, many sufferings, many experiences that have gone on before.

This Awareness indicates it is much like the kneading of bread, the preparation, preparing the soul for its later involvement with another, and in the process of preparing the soul it may need to experience some losses.



HOW CAN A SINGLE PARENT ON WELFARE FIND "THAT SOMEONE" TO TAKE CARE OF HER?

QUESTION:

It seems to me that one of the really tragic things that's happening today is the plight of the single mother whose husband, or the father, married or not, deserts the family and leaves her with a child to raise and she has to go to work, or she has to stay home and raise the child on food stamps or something like that. It seems like a person in this circumstance has nothing going for her as far as meeting a man that would be faithful and love her and take care of her. This was my basic question about the High Self bringing people together because some people like this in those circumstances don't seem to have the opportunity to meet anybody. Is this something that is just temporary or is there an answer to that?

COSMIC AWARENESS:

This Awareness indicates that this is indeed a recent phenomenon and problem, largely caused by changes in the cultural circumstances; for example, many entities no longer have those places where they can go to meet people of their same age other than taverns, or in some cases, churches, and many of those entities who already have children do not feel welcomed in churches when they are a single parent, and in some cases these entities simply feel themselves to be unworthy or of having little to offer.

They cannot easily attend school because if they are on welfare they will be unable to maintain their lifestyle and still go to school or unable to find childcare and go to school, and the programs that provide such schooling would require that they drop their welfare and apply for some kind of grant and the difficulties involved, often relating to the financial level are almost prohibitive to a mother, therefore the mother cannot easily attend school in order to meet someone who would be attracted to her, and therefore, these entities are often left to relate to those dropouts from high school or those young men who are holding down menial jobs, who are generally involved with drugs and alcohol and therefore, their lives are in a kind of limbo state.

This Awareness indicates that it is important that they find some way to break out of that level and to relate to entities elsewhere, to go where there are eligible men of some ambition and some culture. That even here the problem is that often such men are not interested when they find that the woman has a child, especially men of the same age level. Such women, however, are often acceptable to men who have been divorced who are older or men who are older and have never been married. This is generally a more open field to these young women with children.

Pregnant Girls and Doting Mothers Create Problems

This Awareness indicates the problem has come about in that many of these young girls too easily let themselves become pregnant before they realize that the man is not responsible enough to maintain and care for a family, and part of the reason that men are not responsible enough to maintain and care for a family is that they have had too much indulgence from their own family. They have not had or been trained to work for their keep, and they are used to the mother doting on them. They are used to having things given to them, and they expect the wife and mate to continue doting on them the way the mother did.

This Awareness indicates that there has been a considerable degree of divorce in this country with many of the children staying with the mother so that these

young men grow up without a father figure to serve as a model of what a man should be and what a man should do. In the older days men were the ones who went out and worked. Now the women go out and work also, and for these young men who live in a divided family in which the mother is divorced and holds down a job, the man sees the mother as the provider and therefore, when he is 18 or 19 years of age, he looks for a girl who will go out and get a job and provide for him. "That's what a mother does! That's what a wife should do!" That's the way he is trained to think.

He is trained by example of what he grew up with, and this is where a lot of these young boys who do not want to fit into the working class force receive their training. This Awareness indicates this is not of course intended to explain all of the situations, but there are too many of these situations that come from broken homes and this kind of arrangement that now have begun having their effect on the next generation.

Most Karma Created Between Ages of 15 and 25

This Awareness indicates that there is no easy solution. These women need to find places and people wherein they can have more contact. There are singles clubs in some of the larger cities, and these offer outlets and communication and a social life for many of these people. There are also small community colleges where mothers can go in the evenings or during part of the day, but whatever the situation, it becomes difficult for them. It is not easy.

Once an entity has created a situation, the entity is generally stuck to fulfill much of the obligations that come from the situation. This Awareness has indicated that most karma entities develop during their lifetime occurs between the ages of 15 and 25, or 15 and 30, but 15 and 25 is where most of the karma develops, for entities make decisions and choices that affect them for the rest of their lives, and the action of young girls tends to be that which leads to pregnancy, and the action of young boys tends to be that which leads to social situations, getting involved in some kind of action that may cause a karmic problem in terms of their reputation, or it may be that they enter into a career or work direction that is instrumental in affecting them for the rest of their lives to some degree.

This Awareness indicates that in many cases, these young men will create pregnancies and then attempt to avoid the responsibilities, and be stuck with child support payments which they then must either attempt to avoid or face up to. That in other cases, there are problems with drugs, driving or alcohol. This Awareness suggests these years are the years of great trial and difficulty for young people. It is during this same period that the greater cases of suicide occur, and it is important that adults recognize the trials that these young people experience during this time period and do what they can to assist them, to help them, to direct them and guide them.

Singles Clubs and Pen-Pal Clubs as Ways of Meeting Others (You Need to Play Cupid!)

It is also important that, if possible, they help them to find a mate, or to find someone who would be suitable without doing it in an offensive way. This Awareness indicates that there can be benefits from many of the various pen-pal clubs or some of the tabloids have certain columns in which entities can communicate with each other. These are particularly valuable especially when entities live in remote areas where they seldom see other people of their own age bracket.

This Awareness indicates that those who live in larger cities have more opportunities for finding companion. That those who live in or near churches may find entities in those churches, but often they may not have the same philosophical leanings and therefore, some entities will avoid those types of relationships. This Awareness indicates that it is especially difficult for people in the New Age movement because there are not great churches built for New Age entities to come together and meet each other, and it is more difficult for such entities to find one another.

This Awareness suggests that it would be of benefit for young people to have a kind of pen-pal club or where singles could communicate with each other based on a kind of data bank in which they hear about and share information about themselves. This could have some benefits, but it would need to be of a large enough group that there would be room for entities to have selections.

Older People Have a Loneliness Problem Too (The TV Set as a Companion)

This Awareness indicates that the problem is not simply with young people. There are many older people also who do not have companions and some have adjusted and are not concerned about companions, in fact they may not even enjoy living with another. They may enjoy their own company and their own privacy. This Awareness indicates that the television set has actually become a companion for many entities. It gives them someone or something in their home that they can relate to. They have their friends on television. They are there every day, or every so often on television. This has helped entities immensely to overcome some of the great loneliness that entities of the past generation may have felt in living isolated and alone.

Shopping for a Mate Can be Dangerous

This Awareness indicates that because of the need for entities to have human contact, to have human companionship, it is important that those who are isolated and are alone, that they have someone or something that they can relate to, and that if they are alone, they should indeed have television sets so they can have a window to the world in their own home and have that social life available if nothing else. This Awareness indicates that *It* also suggests that such entities who live alone and who want companionship with others consider seriously some of those clubs or pen-pal clubs wherein entities can write to others at a distance. *It* suggests also however, that you be very careful as to whom you communicate with for there are not only many very nice people out there, there are also very many strange and distorted people, people whose values may be quite distasteful to yourself, and therefore, great

caution must be exercised on your part to not let yourself become involved with someone whom you do not or may not want in your life.

This Awareness indicates shopping for a mate is a very serious and can be a very dangerous business, for mates can not only be great protectors to help share joys with you, they can also be great enemies. Entities must be very selective and very discerning in terms of what you want and what you select.

THE PROS AND CONS OF RUNNING ADS TO FIND DATES AND COMPANIONS (Dating Organizations & Video Interviews)

FOLLOW-UP QUESTION:

We have a friend who's in his mid-60s, his children have all grown up; I believe his wife died, and he's a very active person. Someone suggested to him when he was saying how difficult it was to find lady companions in his age group, they suggested to him, why don't you write an ad in the local personal column of the local Daily Olympian newspaper, so he did. He described himself, his age, his intentions, which were for companionship, not marriage, and the things that he was interested in: boating, hiking, poetry, partying, etc. and he would like to date ladies with similar interests. I asked him one time, did he get any response from his ad. He said he got 37 from just one ad in the local paper, and he was in the process of dating them all. He also stated he was so pleased with the results, he was going to run the ad in the Seattle newspaper. My question: there isn't near as much danger, I would suspect, in running ads in a local classified, as there might be in running such an ad in a national tabloid, is there?

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative. This Awareness suggests that there are also dating organizations that show videos of individuals, so that the entity may view the person or view a series of videos of individuals and select from the data given by that entity about that entity, and then give information regarding herself or himself to that entity, so that before they even meet each other they have some indication of what each other is like, and this can be then helpful because the dating organizations will keep records of who the person is dating and when.

This Awareness indicates that this would help to weed out entities who might be involved in some kind of foul play, because there is a record of them coming together with the person. This Awareness reminds you also that it is possible for entities having an interest in a dating organization such as just described, that they need not go on a blind date together somewhere without being accompanied by associates and friends. For example, a young lady may feel apprehensive about dating some stranger even though she had seen the stranger in a video and he appeared attractive and reasonable to her. Therefore, she might wish to communicate with him that she would date him only in the presence of her friends or even at her home with her family, her mother and father being present, and invite him to dinner at her home. That this is another way whereby even these seemingly unsavory ways of finding a date might be made more acceptable to some entities who are quite careful and particular in how they meet others. It is not simply that the dating thing being set up requires that you immediately enter into an intimate relationship. This is not the way these things need to go. You have a certain amount of control over your life, and if you do not want that kind of relationship, you can simply state your own requirements and rules.



"Is this all there is?"

Minimizing that First Encounter

This Awareness indicates that for other entities, they might simply enjoy going out with a total stranger whom they had seen on a video tape. This Awareness indicates that *It* mentions this because there are many entities who shy away from this kind of match-making process, thinking that it is too dangerous or too uncertain or too unseemly, which needs not be so; that it is quite possible for entities to find relationships with others whose statistics and interests are somewhat compatible with their own and whereby they may still have some control over the setting or environment for their first encounter. They may come together in a public place with other friends or in their parent's home or may meet privately and individually if that is their choice, or they may talk on the phone for considerable time before ever meeting.

This Awareness indicates there are ways whereby entities can get to know each other without experiencing great fear and a threat or danger that they might be encountering someone who would cause them great problems. One of the values in dating organizations is that rather than simply meeting someone in church or at a bar or in a park, not having any idea at all what the entity is like other than their physical appearance, you can at least have some indication of their interests, their background, their religion, what their intentions are, and in most cases, their general appearance and age. Therefore, these statistics that are provided can be helpful in determining right off the bat before you meet the person whether or not you want to meet the person, but if you should meet that person without knowing anything about the entity, at a bar or at church, or at some party, or in the park, you would already have to be getting acquainted with the entity before finding out all of the information that was otherwise provided to determine that you don't want to meet the person after all, and it is more difficult to break off such a relationship after you've talked with a person for a half hour than it is to break off the relationship after having read the ad or observed the video and determined that you are not interested in this person.

(FOLLOW-UP):

Some of these dating services even use the entity's sun sign and astrological information in putting them together with others.



COSMIC AWARENESS:

This Awareness indicates that this too can be quite beneficial.

INTEGRATION: THE DIFFERENCE BETWEEN "LONELY" AND "BEING ALONE"

(CLOSING MESSAGE):

This Awareness indicates that in a world full of 5 billion people, it is amazing that there are still lonely people, and that there are so many lonely people; that even those who live with companions are often still experiencing feelings of being lonely. Much of this loneliness is not so much that they do not have other people around them, it is rather that they do not feel safe in expressing themselves openly. They do not trust others enough to openly express their feelings, and they do not often offer the other person the openness to express to them.

Wherein entities can remain somewhat more open to express certain of their feelings in accordance with the degree that they trust the other, this can be quite helpful in alleviating loneliness. This Awareness indicates also, that in order for you to feel at peace with others and less alone, it is important that you feel at one with yourself, integrated: mind, emotion and feeling, physical mental and spiritual; that you integrate yourself with the Divine, integrate yourself with the emotional and subconscious levels and with your mental levels so that you feel yourself on all levels to be acceptable.

This Awareness suggests that it is important to feel acceptable to society, acceptable to your family, and acceptable to those whom you associate with. If these are not present in your life, then there is, to some degree, to whatever degree these areas are not integrated, there is that degree of disintegration, and if you can patch up those relationships so that you have more harmony in those areas, then you will feel less lonely.

This Awareness indicates that there is a difference between lonely and alone. One can be alone without being lonely. One can be in a crowd and still be lonely. The word alone is made of two words: All/One. This Awareness indicates if you are All One, you are integrated on all levels.

ED's Note: For more information on this subject, please refer to the following 'Revelations of Awareness' newsletters: 79-23 (Of Human Bondage: The Love-Sex Relationship); 80-6 (How to Attract a Mate); 83-12 (When Romance Cools); 85-14 (Male Infidelity: Why Men Stray From their Wives & How to Deal with it); 86-8 (When Romance Cools: Part 2); 84-5 (The Role of Woman and How to Tame the Beast); 87-14 (Seeking to Bring Man Home: An Exploration into Fear and Guilt and the sexual relationship); 88-14 (The Concept of Giving to One Another); 83-15 (Why Does Loneliness Exist?); 80-21 (The Cause and the Cure for Loneliness); each \$3.00 from C.A.C.

"NOW" COULD BE YOUR ONLY CHANCE TO VOICE YOUR CONCERN ABOUT THE NEW WORLD ORDER!

(Excerpt from a C.A.C. General Reading, Feb. 23, 1991)

COSMIC AWARENESS WARNED US ABOUT THE NEW WORLD ORDER BACK IN 1975

QUESTION:

Awareness, we're here tonight to conclude this series of CAC general readings. Does Awareness have an opening message?

COSMIC AWARENESS:

This Awareness wishes to remind entities that in 1975 this Awareness warned entities of the plans to create a One World Government; this as the New World Order that you are now beginning to hear about. At that time, this Awareness indicated that the momentum of energy in motion on this One World Government was so great that the chances of preventing it were almost nil, and that the best approach would be to take a leaf from the books of oriental martial arts and instead of trying to stop the energy, grab the energy and throw it further than it intended to go. Use the momentum of the energy to create a One World Government that is based on democracy and democratic principles.

The New World Order: More Questions Must be Asked!

This Awareness indicates that this simple approach is still likely to be the easiest and best approach when dealing with the New World Order. This Awareness suggests that entities can assist in this simply by writing letters to the editors, questioning people on radio and television, asking questions about the New World Order: "Is it constitutional? What will it do to our Constitution? What will it do with the Bill of Rights? Will we still have democracy? Will we still have a democratic world? Can we make a democratic world from the New World Order or will it be dictatorial?" Ask the questions directly and let people attempt to explain and commit themselves as they discuss it.

This Awareness indicates that on bumper-stickers, or in your letters to magazines and letters to the editor in newspapers, discuss these things in regard to your desire to see a *democratic* New World Order, one in which the people are the government, and not the ones who are ordered about by an elite few. This Awareness indicates that this focus on this view of the One World Government may catch on so that others begin to echo your sentiments and they may awaken others to the same concerns.

This Awareness suggests that this approach can hurl the New World Order into a level which could in fact, bring about a beautiful New Age government on the earth that is of the people, and for the people, and created by the people, so that the government is there to serve the people, rather than the other way around. This Awareness suggests you may even ask questions as to: "Who will create the constitution and laws for the New World Order?, and will they *guarantee* the same freedoms that we now enjoy?"

Get Copies of the 'New States Constitution'

You may also ask questions about the New States constitution that was put together in Santa Barbara which you perceive to be very totalitarian in nature. This Awareness suggests entities should all have copies of this and compare it to the present United States Constitution in order to see how it can in fact take away the rights offered by the United States Constitution, in order that you be very aware of the threat that lies awaiting in the wings, if that constitution is ever adopted.

This Awareness indicates the New States constitution was drawn up at a cost of 29 million dollars and took eleven years; that it was labeled and said to be an 'exercise'. It was an extremely expensive exercise in government research and logic or law, and should have received a poor grade for the final draft in that it falls short of being a politically ethical documents,

NEW WORLD ORDER OFFICIALLY LAUNCHED WHEN BUSH INVADED THE PERSIAN GULF

QUESTION:

Awareness, a few hours ago, the so-called allies in the Middle East launched their ground war on orders of President Bush, and all the major networks anchor people,--Dan Rather and so on, who also are on the Council of Foreign Relations or the Trilateral Commission, were talking constantly about Bush's New World Order as being launched officially. Does Awareness see this also? These entities, being who they are, must know the long-range plans of the New World Order, and so this is basically propaganda that they are beginning to program the citizens of this country with, is it not?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; the only question is whether the shape of this New World Order will be that which it originally was planned to be, which is a kind of reflection of the Soviet Union, as it has been for the last 60 years, or whether it will be altered to reflect democratic principles, principles that respect individual rights and grant individual rights to individuals

The Difference Between Rights and Privileges

This Awareness indicates entities should realize there is a difference between privilege and rights. There is much talk of rights and privileges, as though they are the same. Rights are those things which the state cannot give, which are reserved for the people and which the states do not and cannot take from the people because the people have the rights. Privileges are those which the state allows. In other words, you have the *privilege* to do certain things that the state gives you the right to do and you have certain rights that the state cannot take from you. Only you yourself can surrender.

This Awareness indicates that entities in creating felonies may surrender certain of their rights, such as the right of freedom, and may be imprisoned for those felonies, but the state may grant you certain privileges that you did not have as rights, and which you had to earn from the state. If it is a privilege, then the state has the right to take it back at its own discretion, and you have no right to complain.

This Awareness indicates that when you read the New States document in the Cooper book, *Behold a Pale Horse*, you will see much reference to privileges. When you read the Constitution of the United States, you will note that certain powers are given to the government and certain other powers are reserved for the state, and anything left over that is not given to the federal government or to the states is that which remains with the people. In other words, the Constitution is written for the people, and by the people, giving rights to the federal government, reserving certain rights for the states, and the remainder of all rights belong to the people.

Insist on Constitutional Law not Statutory Law

If it isn't something given to the government, then it belongs to the people, and only they have the right to forfeit it. They do not, by this constitution have to earn those rights, nor can those rights be infringed upon by the state or the federal government without the consent of the people. This Awareness indicates the danger or problem is that many people do not understand, have not understood their rights as given by the Constitution and so have not claimed all of the rights that are available to them. Many go into court and do not claim their rights and so the courts impose their jurisdiction over the person simply because the entity has not claimed his right, his constitutional rights.

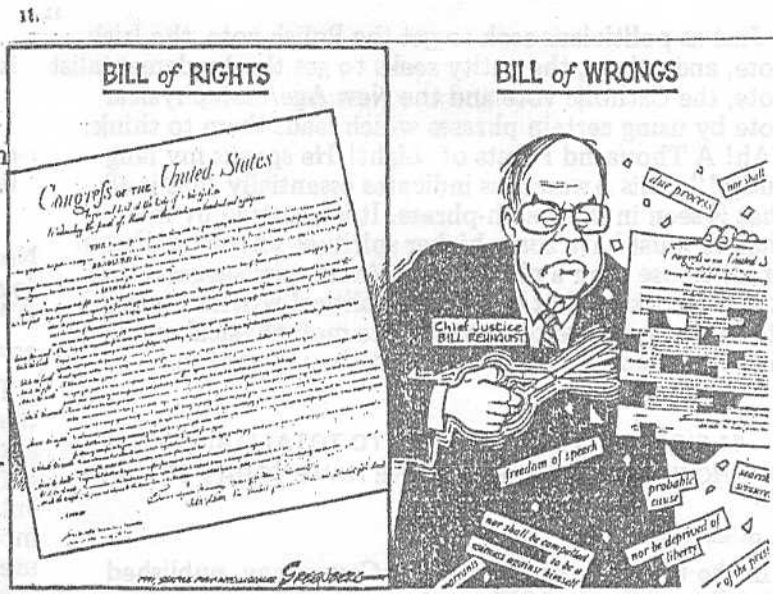
This Awareness indicates that this is the basic foundation for many of the Common Law arguments found among patriots when going to court; that these entities are a minority and are being pushed around because the majority has not been educated to use the Constitution, and statutory law is now being used and superseding Constitutional Law in the courts. As long as entities do not band together to insist that Constitutional Law be used, statutes will be written that violate the Constitutional laws and violate the rights of individuals, and only by appealing to higher courts such as the Supreme Courts is it possible for entities to overcome the statutory laws that are in error and who can afford such appeals?

This Awareness indicates that it becomes a "catch 22" as more entities kowtow to these Masonic courts, the courts run by Masonic judges and lawyers, they begin to lose more and more of the rights that were guaranteed by the Constitution. As the Masonic lodges and influences work closer with the secret organizations, The Order, the Council on Foreign Relations and other groups that had been formed to further the projects begun by Albert Pike.*

[*For more information on Pike, please refer to the book, "The Red Fog Over America," by Commander Guy Carr, available from C.A.C. See Book Price Sheet].

This Awareness indicates the history of the Illuminati leading through the Masonic lodges to Albert Pike to the area of Oklahoma and Arkansas, worked toward the planning of a One World Government; this story can be found in the book by Commander Carr, *Pawns in the Game*. It can also be found in Eustice Mullins's book called *The Curse of Canaan*. It can also be found in other books: the works of Antony Sutton on "The Order" and its history; that the entity Norma Cox also has information which she released in her newsletter called "Secrets". This lady has information on the role of Albert Pike in his promotion of these things which have culminated in this New World Order, this effort to create a world government.*

This Awareness indicates that a world government would have great value if it were a government for the people and by the people, but if it is a totalitarian and dictatorial government it will be almost impossible for the masses to overthrow such a dictatorship if it has control over all the world. The settlers of the new world came to the Americas in hopes of fleeing the dictatorial laws of King George. The Revolutionary War allowed them to break off and create a new government, but if King George had been the ruler of the world, and had his government imposed everywhere with his agents everywhere, the new world that entities would need to discover in order to escape this rule would have to be



on another planet.

This Awareness indicates that entities need to be quite concerned as to what this New World Order will end up being, and now may be the *only chance* that entities have to voice their concerns.

ED's Note: For many years this editor has plugged the works of Norma Cox and her newsletter "Secrets" because so much of her information paralleled what Awareness has indicated on such subjects as the Illuminati, the Hollow Earth, UFOs etc. However, recently, in her old age, Norma has become rather bitter about the whole affair and has tied into those energies that blame other races, namely blacks, and other religions, namely Jews as the culprits. Although this editor and others have sent her information explaining the difference between Zionists and Jews etc. the entity continued to misuse these references and she castigated this editor and consigned him to hades and damnation when I informed our CAC membership some years back that we were no longer recommending her publications because she refused to make these distinctions. She is still doing it, but if you can read her stuff and look behind this prejudice and misunderstanding on her part, you will find much really far-out and enlightening information. You can write her and request a catalog of her booklets (but don't tell her I sent you!).

Norma Cox
Secrets Publications,
Box 156
Marshall, Arkansas 72650

BUSH'S "THOUSAND POINTS OF LIGHT" -- WHAT EXACTLY DOES THIS MEAN ?

(Will 'New Agers' Fall For This One?)

QUESTION:

In his State of the Union address, I believe it was, President Bush spoke of his "Thousand Points of Light," an expression he has used numerous times, and then he went on to imply that one step further, the New World Order. Can Awareness explain or see eventually what is meant by the Thousand Points of Light?

COSMIC AWARENESS:

This Awareness indicates that It does not see what this entity intended or implied. It appears that the entity was using a catch-phrase for a particular group of people, namely those who have some metaphysical or New Age philosophy, a catch-phrase that does not offend the fundamentalists, because they do not know what it means and yet one which resonates well with the New Age and metaphysical types, so that he could have a connection with them. It is simply a political rhetoric term to connect with a group or class of people.

Just as politicians seek to get the Polish vote, the Irish vote, and others, the entity seeks to get the fundamentalist vote, the Catholic vote and the New Age/metaphysical vote by using certain phrases which leads them to think: "Ah! A Thousand Points of Light! He speaks my language!" This Awareness indicates essentially that is all that is seen in this catch-phrase. It is assumed by many that he must have some higher spiritual understanding in order to use such a phrase. This Awareness suggests that it is more likely that one of his political writers understood the language of many of the metaphysical and New Age types, and used a phrase that they vibrate to.

14 SIGNPOSTS ON THE ROAD TO TOTALITARIANISM --HOW MANY OF THESE DO WE HAVE TODAY SO FAR?

QUESTION:

In the book, *None Dare Call it Conspiracy*, published by Gary Allen in 1971, at the end of the book, which concerns the One World Order, he writes: "What can we expect from the conspiracy during the next few years? Here are 14 signposts on the road to totalitarianism, compiled some years ago by historian Dr. Warren Carroll and a refugee from Yugoslavian Communism, Mike Djordjevich. The list is not in any particular order nor is the order of any particular significance as given here.

But the imposition of any one of these new restrictions on liberty (none of which was in effect when the list was compiled) would be a clear warning that the totalitarian state is very near; and once a significant number of them--perhaps five has been imposed, we can rationally conclude that the remainder would not be far behind and the fight for freedom and the preservation of the Republic has been lost in this country."

FOURTEEN SIGNPOSTS TO SLAVERY

1. Restrictions on taking money out of the country and on the establishment or retention of a foreign bank account by an American citizen.
2. Abolition of private ownership of hand guns.
3. Detention of individuals without judicial process.
4. Requirements that private financial transactions be keyed to social security numbers or other government identification so that government records of these transactions can be kept and fed into a computer.
5. Use of compulsory education laws to forbid attendance at presently existing private schools.
6. Compulsory non-military service.
- 7 Compulsory psychological treatment for non-government workers or public school children.
8. An official declaration that anti-Communist organizations are subversive and subsequent legal action taken to suppress them.
9. Laws limiting the number of people allowed to meet in a private home.
10. Any significant change in passport regulations to make passports more difficult to obtain or use.
11. Wage and price controls, especially in a non-wartime situation
12. Any kind of compulsory registration with the government of where individuals work.

13. Any attempt to restrict freedom of movement within the United States.

14. Any attempt to make a new major law by executive decree (that is, actually put into effect, not merely authorized as by existing executive orders.) "

Now as I read these, it seems to me there is at least four or five of those that are in effect right now!

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that the arrest and imprisonment of entities is also authorized in the Gingrich Anti-Crime Bill that is before Congress to be voted on, which would allow entities to be arrested for up to five years. It is promoted as an anti-drug law, but could be stretched and used for political purposes without any change in the law; that such entities could be held for up to five years without ever being charged for a crime or without ever having a trial.

This Awareness indicates that there are approximately 4 and to some degree others that are partially active of the list that was given. It is important for entities to keep this information, to check occasionally on how their freedoms are being eroded, in order to monitor when you are in a dictatorship, a totalitarian system.

This Awareness indicates that *It* does not wish to give the impression that the New World Order will be a totalitarian system, but all indications so far suggest this, particularly when observing how the concept and work toward the New World Order has come about, and where the concepts for it have come from, and all the wars that have been created in order to bring it about over the past century or so. It is enough to cause anyone to doubt the spiritual intent and motive of those who promote this One World Order, since it is to a great extent being built on the slaughter of innocents in so many different wars that have been artificially created to further its aim, and especially clear if one observes the New States constitution that was created in Santa Barbara, because of its clear and unequivocal writings indicating a totalitarian system.

This Awareness indicates that there are certain of the Dr. Beter tapes that are available in explaining this constitution and how the constitution is designed to take away liberties. The entity Dr. Beter as having been an attorney on the Supreme Court for a number of years, never having lost a case, and understanding jurisprudence and international law quite well, as well as Constitutional law. The entity is one who could and does well analyze and define the New States constitution.

This Awareness suggests that entities who would like copies of this information on the Dr. Beter cassettes may receive copies of these cassettes for \$3.00 each through the Aquarian Church.*

*ED's Note: For years CAC offered or gave away hundreds of copies of Gary Allen's book "None Dare Call it Conspiracy." The paperback edition has been out of print for some years, but CAC retained six copies for its free circulation library. Those who wish to read a copy, please write Vikki T. and include a dollar for postage, and she will send you one of our loaner copies, which you will return when finished.

For information on the Dr. Beter tapes now available, please request prices and catalog from the Aquarian Church, Box 1116, McMinnville, Oregon, 97128.

COOPER SAYS 2 COUNTRIES REJECT NEW WORLD ORDER

QUESTION:

When Bill Cooper was in Olympia a few weeks back giving a lecture for about 4 hours, one of the things he said was that one of the big reasons why Bush was so emphatic in going after Saddam Hussein was because Hussein, along with Fidel Castro, two very unsavory characters, of course, were the only two people with countries in the world who had let Bush know they were not going to go along with his New World Order. Does Awareness see any truth to that?

COSMIC AWARENESS:

This Awareness indicates that this appears to be true in as far as it goes. It appears that there are two other countries that also have some hesitation about this action of the New World Order. Even though there has been a tentative nod, it is somewhat questionable. This includes Libya, and it appears also that Yeman as having some hesitation, but reluctantly is intending to avoid the punishment that has been dealt to Iraq. It appears also that South Africa has some hesitation in this regard because of the price for involvement.

There is seen a demand on South Africa that certain conditions must be met, when becoming involved in the New World Order. That as far as agreements go, it appears the two countries listed by Cooper were the only two that were blatantly opposed. Others have expressed some reservation. Others have been in agreement but are secretly grumbling and making alternate plans or creating options in the event these things do not go toward their required satisfaction.

This Awareness indicates that generally, the entity's information appears to be valid with some areas that might be called supplemental matters from other countries.

ARE 8 YUGOSLAVIAN KIDS RECEIVING MESSAGES FROM THE VIRGIN MARY?

(Is the Phenomena Alien Connected ?)



QUESTION:

A.R. in Arizona has a question: "Has Awareness ever addressed the goings on in Mayagoria, Yugoslavia? For the past 8 years where there were 8 young folks communicating with, supposedly, the Virgin Mary? Who were they communicating with and was this alien connected?"

COSMIC AWARENESS:

This Awareness indicates that there are frequently these holograms apparition-type experiences created by certain agencies to manipulate the masses. In part it is to help in the conditioning or furtherance of a religious force or power. In part it is an experiment to gather information on how effective the technologies for these hologram apparition experiments are, and whether the holograms and the technology used for communicating to entities is functioning properly so that the bugs can be gotten out of the system, so that it can be used at a later time to create a phenomenon, that would lead the masses into believing they saw something of a spiritual unexplainable nature, when in fact they were simply seeing a projection of a hologram and hearing words in their head that are transmitted by certain electronic instruments which broadcast to the heads of individuals rather than through speakers so that they appear to hear it in their heads.

This Awareness indicates that these instruments are high tech, based on alien technology, and are built for mass-mind manipulation and control for future use and purposes. This Awareness indicates there will be more of these things occurring in future tests and eventually it will be used in order to condition the masses, playing on their expectations and superstitions so that they will obey whatever directives are given during such time with the belief that these are coming from God or some higher spiritual being.

ED's Note: For more information on how these holograms work, please refer to 'Revelations of Awareness' issue No. 81-16 (Cosmic Awareness Reveals the Third Secret Fatima Prophecy); \$3.00 from CAC. This reading, overlooked by many, should be read and reviewed in light of today's alien situation, for in addition to the information on the Fatima prophecy and the little urchins who witnessed 'Mother Mary', there is a rap by Awareness explaining that "Letter in the skies of Russia written by Mother Mary back in 1976 which made the news-wires. There is also an interesting article on George King of the Etherius Society being made "Archbishop" of the Knights of Malta. In this reading Awareness presents the entire scenario for the alien take over and the coming "New World Order" which we see manifesting today (10 years later) by Mr. Bush. This is the type of reading all UFO researchers should study as it shows how very long Awareness has been trying to warn us that all of this is going to come down.

Ironically, in the June 18, 1991 issue of "Weekly World News, is a two-page article with huge screaming headlines: "The News Blows Lid Off Vatican's Most Horrifying Secret! 3rd Prophecy of Fatima Revealed!" (Big deal! Their facts were straight, but a little late. You read it hear first, folks, 10 years ago in this very newsletter).

ALCOHOL AND SLEEPING PILLS FOR 35 YEARS --WILL THIS AFFECT THE SOUL AFTER DEATH? (How to Sleep Without Pills)

QUESTION:

A question from R.K. in Minnesota. "I would like to ask Awareness to comment on when a person has been using sleeping pills nightly for 35 years, and by now needs to add a high-ball nightly to go to sleep, and in daytime, consciously avoiding any confrontation with any emotional problems that have accumulated during these years, how would this affect the person after passing over in death?"

COSMIC AWARENESS:

This Awareness indicates that it is not so much the passing over that will be highly affected as it is the influence on one's life during their life that is being affected, and the influence of that effect on their life, as it pertains to their being when they are ready to sum up the totality of their life. This Awareness indicates that the use of sleeping pills over a long period of time such as this, as that which has a certain effect on the entity's psyche, not of a great problem so much as causing the entity's consciousness to be somewhat disrupted from its normal process. The entity does not fully get to be herself because of the continual habitual use of drugs altering behavior.

How to Adjust Your Biological Clock

This Awareness indicates if entities are having trouble sleeping, they would be better off to try staying awake longer each day until they find themselves getting sleepy, and then get up earlier so that when they stay up again the next day for a longer period of time, adding perhaps an hour or two hours every day to their wakened state and going to bed later each day, while still getting up

early so that they receive less amount of sleep during the night, they will gradually find themselves needing to go to bed at dawn, sleeping a few hours, then awakening, and they will eventually adjust their biological clocks so that they are becoming sleepy at a normal time, a time which is desirable for them, and when they become sleepy, they will sleep, even if it is but a short period of time, and when they awake, they will get up and proceed having their long day, so that they again are sleepy at a reasonable time.

This Awareness indicates one of the problems that many entities experience is that they can't sleep at a normal time because they are wide awake and become sleepy at approximately 4 or 5 in the morning and instead of waiting until they are sleepy, they take sleeping pills, which does not really have much effect, generally, on how well they rest, and then when they awaken, after having been forced into an earlier sleep, they again may reach a state of wanting to remain awake beyond the normal sleeping time. If entities would simply wait until they are sleepy, even if it takes two or three days of being awake, when they do go to sleep, they should sleep but a normal night's sleep: four, five, or six hours for some entities, eight hours for others, whatever is normal for that individual's metabolism, without taking pills which would extend their sleep period beyond the norm, and when they awake, they will be more inclined to going to sleep at a reasonable time.

This Awareness indicates that the problem many would have with this is that there is a need for them to awaken at a certain time for their jobs; perhaps the time they are forced to get up is actually the time they would like to be going to sleep. If this is the case, the entity may

14.

need to reset the biological clock on a weekend or during one's vacation period, whereby the entity perhaps goes to sleep when the sun comes up, and the entity sleeps for four or five hours, and then goes to bed at 8 O'clock in the morning, sleeps for four or five hours and then goes to bed at ten O'clock in the morning, sleeps for several hours, and then goes to bed again at noon, sleeps for several hours and then goes to bed at two or three in the afternoon, sleeps for several hours and continues until the entity's time is set for eleven or twelve at night, and then the entity should sleep for the normal period needed to rest and get up as early as is required, after the entity has had the appropriate amount of sleep.

The entity then may remain at that time of setting for his bedtime, always going to bed at the appropriate time of 10, 11 or 12 in the evening; that this is the way by which entities can reset their biological clocks when they have difficulty in going to sleep at night. This Awareness indicates that It does not see any major karmic problem for this entity in having taken these pills for so long; that the greater problem is the effect it has had on the entity's energy levels and on her general health; that these sleeping pills are not healthy for an entity; they can cause problems with vision and other problems with one's health depending on how often and how much is being taken, and the entity's own general vitality may be weakened over periods of time by becoming dependent on these sleeping pills for rest. This is in part because one does not fully rest with sleeping pills. It is more of a drugged feeling and the vitality is not as refreshing when it is artificially induced through drugs.

WHY DIDN'T EDGAR CAYCE AND OTHER PSYCHICS SPEAK ABOUT THE ALIEN PRESENCE?

QUESTION:

A question from A.R., Sun Lakes, Arizona. "Of all the people who channeled,--Jane Roberts, Lazarus, Paul Solomon, Edgar Cayce, Alice Bailey etc.--did not speak of the alien presence at all, and the Awareness has really carried the topic to a great extent. Why didn't others speak of the aliens?"

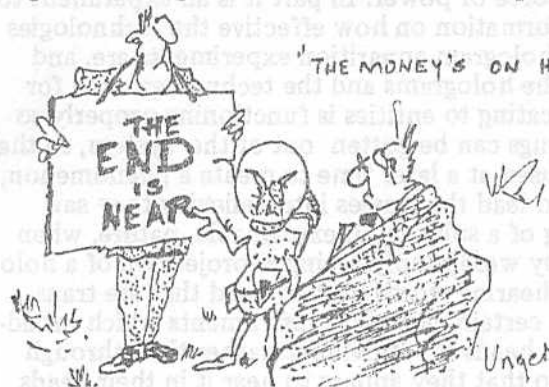
COSMIC AWARENESS:

This Awareness indicates that this was not a major issue at the time of these entities; that generally speaking, the energies that surface as major concerns in consciousness are those things which become the major topics for channels. You will note also that even though this Awareness gave information in the 70s and early 80s, It did not give any great indepth information until more recently. Partly this is because those who were giving any information on aliens during these 50s and 60s especially could very easily become targets for assassination.

As indicated previously, if any of this information had been given even three or four years ago, the staff of CAC and the Interpreter would all have been killed for releasing such material. This Awareness indicates however, that because a few entities were courageous enough to release information and before they were assassinated, the information was spread far and wide and the entities became the focus of public attention; the turmoil that was caused made it difficult to assassinate the entities without giving greater credit to their reports, and likewise, at the same time this Awareness and other UFO research organizations and individuals from around the nation began to open the doors of the topics surrounding the UFO phenomena, which flooded the public with so much information that the release of material by these entities seemed insignificant and this also helped to defuse any reason for killing those entities.

This Awareness indicates that you must understand, prior to all of this sudden release of information, the agencies were actually killing people who spoke out. If you get into studying UFO lore and history of cases, you will find in many cases individuals either being killed or locked away in insane asylums, never to be seen again, or other mishaps occurring. This Awareness suggests you may wish to look back to the works of John Keel and note how Men in Black were constantly hounding and disturbing and causing entities great stress, even suicide, for having seen or having talked about things they had seen in the UFO field.

This Awareness indicates that this essentially is the reason, or a good reason, why Jane Roberts, Edgar Cayce and others did not speak of these things. The entity Richard Shaver spoke of the underground Deros who are remnants of aliens who came to this planet long ago, and remained here, but most people did not take the entity seriously at the time of the writings and thought it was pure fiction. Only now is it being looked at by UFOlogists as being connected with the UFO phenomena.



This Awareness indicates that while *It* had given information on the underground Deros and Teros back in the 70s, many of the membership receiving this information could not accept it as valid, though it appeared interesting to many. This Awareness indicates that with the UFO material being released, many of those things that seemed far-fetched in the 70s that were given through this channel are now taking on a new credibility. That to wonder why Cayce and Jane Roberts and others did not speak of aliens suggests that the entity does not understand the fact that channeling isn't something that is just a game, or is intended to inform with no restrictions on what is being given. Channeling is a very dangerous job for there are many secrets that can be exposed in channeling if one is not extremely careful, which could offend those who would as easily destroyed the channeler as they would any other enemy, if they wanted something hidden or covered from public view.

This Awareness indicates that even so, Jane Roberts was essentially taken from this plane because of messages she channeled, which offended someone who used a radionics device to remove her from this plane, because of the message she released. This does not appear to have been anything particularly important by today's standards, but at that time, the release of the information and the potential for further information being released was seen as a threat to the entity, or to those whom he worked for. This Awareness indicates that during that same year there were several other channels who were likewise destroyed by radionics machines.

There was an attempt on this Interpreter during that year, but with certain assistance the Interpreter was able to survive the experience and ward off the vibrations. This was partly due to the use of crystals which he kept on his person during these times. It was also partly through the protection this Awareness gave to the Interpreter during that time.

WHAT IS THAT HEXAGON ON SATURN'S NORTH POLE?

T.H. has a question. "A story from the science magazine *Discover*, shows a photo and tells of an unusual hexagonal feature near Saturn's North pole, that appears to be a huge cloud formation. The researchers found the strange pattern when analyzing photos taken by the two Voyager spacecraft in 1989 and '81. One puzzling feature of the formation is that while the clouds that form the pattern are moving faster than 100 yards per second, the hexagonal shape itself rotates at about a yard per second. Interestingly, the rotation period of the hexagonal pattern is identical with the ten hour rotation of Saturn itself. Would Awareness please look at this and explain what this is all about?"

There was a photo showing this hexagon with a circle around it, that the Voyager photographed.

COSMIC AWARENESS:

This Awareness indicates that this appears to be related to certain field-force energies that are also reflected in the energies of snow flakes; this making use of certain natural patterns of ionization. This Awareness indicates that there is seen life on Saturn on the moon Titan, and that there are certain technologies that are being used on the planet to help create a type of stabilization. That this Titan planet as that which serves as a kind of entry point for those coming in to the solar system; what may be termed a way station or stop-over place. This is all the information on this at this time.

Giving Aliens A Nicer Image

The foibles of the advertising business have been recounted by countless scriptwriters for movies and television programs, from "The Hucksters" to "Thirtysomething." Now it's a playwright's turn.

In his play "New Business," Tom Williams broadly skewers the ad game for its perceived ethical shortcomings. His dramatic device is the decision by a fictional agency called LFC&G to take on a new client: invading aliens from outer space who want earthlings to think better of them. After the rapacious, flesh-eating aliens reject the agency's first image-overhaul campaign — "It could be worse" — success comes with a second slogan, "They've always been our neighbors."

"I'm not out to reform the advertising industry," said Mr. Williams, 37 years old, who when not writing plays is director of The Communications Workshop, a video production unit of the Campbell-Mithun-Esty agency in Minneapolis. "I'm using advertising as a metaphor for commerce in general."

THE NEW YORK TIMES, WEDNESDAY, MAY 15, 1991

PRESIDENT REAGAN: The Role of a Lifetime

By Lou Cannon
Simon & Schuster
910 pages; \$24.95

Cannon also includes new information about Reagan's private dealings with Soviet President Mikhail Gorbachev, his difficulties deciphering CIA Director Bill Casey's mumblings, the president's belief in spiritual visitations and the biblical story of Armageddon, and Richard Nixon's hitherto unknown role in shaping Reagan's first Cabinet.

Particularly intriguing is Reagan's fascination with possible attack by aliens, a sentiment that led National Security Adviser Gen. Colin Powell to "roll his eyes and say to his staff, 'Here come the little green men again.'"

Excerpt from a Book Review

IS MERCURY LEAKING
FROM YOUR TEETH
SLOWLY MAKING YOU
SENILE OR WORSE ?



QUESTION:

Awareness has given some information on mercury fillings, but due to a recent TV program, we've received quite a few letters about these. A typical one is this from E.M. in Honolulu. She writes:

"I have an urgent health question for Awareness regarding mercury in dental fillings. Last week on *60 Minutes* it was stated that the mercury vapors leaching from so-called silver fillings, are slowly poisoning us, causing arthritis, multiple sclerosis, mental problems and even cancer. Increasing numbers of researchers are saying that mercury fillings must be banned. The government of Sweden has recently decided to not only ban mercury, but also to pay its citizens to have the old fillings removed and replaced. The American Dental Association, of course, is stating that there is "No scientific evidence!" that the mercury fillings are harmful to health. Could Awareness please give us the truth?"

COSMIC AWARENESS:

This Awareness indicates that the fillings, when they are first implanted, tend to be of a nature that is satisfactory in that they do not tend to leach out into the system; that the problem does come and can become acute after a number of years when these fillings begin to loosen and weaken or break apart, or crack; that the cracking and loosening of the fillings either through decay of the teeth around the fillings or through constant effect of heat and cold on the fillings or through excessive stress from biting. This kind of action affecting the filling can gradually start the fillings to become as pockets which release toxins into the body.

This Awareness indicates in some cases the fillings break and entities swallow these fillings; that the effects can be, over a period of time, hazardous. It is possible that in some instances the hazard can be acute. In most cases the fillings decay so slowly and the entities having regular dental checkups will catch teeth that have become problematic and the fillings will either be repaired or removed or replaced with new fillings.

This Awareness indicates that it suggests, however, that any tooth which has mercury-type filling, the amalgam used in fillings which is a combination of silver and mercury as that which should be replaced when any problem occurs in that tooth, and that if entities can replace that with pure silver or gold or porcelain it will be to their long-term benefit. That in some cases, when entities seek to replace all the amalgam fillings, they may find it extremely expensive, time consuming and even very damaging to their teeth. It is also possible that they will run into more dental problems because of taking out fillings that have been workable. This Awareness suggests it is a question each individual must discuss with his or her doctor, as it can be quite an ordeal for some individuals.

GET THE REAL TRUTH
ABOUT THE ALIENS!

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Signs of the times: The New C.A.C. ad campaign

WILL LEAKING TEETH CAUSE ARTHRITIS?

(Holding a Grudge is Real Cause of Arthritis!)

FOLLOW-UP QUESTION:

Some problems like arthritis, which doctors claim they don't really know the cause of, how prevalent or how significant is the possible leaking of the gases or the mercury over a period of years, how significant is this in relation to something like arthritis?

COSMIC AWARENESS:

This Awareness indicates that this might be a rare cause of an arthritic problem. It is not seen as a common or major cause; that most arthritic problems come from diet and from other physical imbalances. This Awareness indicates the greater cause of arthritis stems from a psychological rigidity, wherein an entity holds extremely strong views and cannot express flexibility. The entity may in fact be carrying a great amount of anger from the past. The anger may be justified and it may have occurred even in a person who is normally quite tolerant, but wherein the entity has had experiences in which anger was bottled up and not allowed to be expressed and released, this in time can lead to an arthritic condition.

This of course is not the only cause of arthritis. It is not always psychologically based, but psychological rigidity is a most common cause of arthritis. The ability to forgive, especially those in the past who have wronged one, are ways to help alleviate this kind of psychological attitude, and this can in a period of time alleviate the arthritic condition that is caused by such. This may be termed a holding of grudges, the holding of a grudge against someone is the kind of psychological rigidity that leads to arthritic conditions, even if the grudge is justified.

FOLLOW-UP QUESTION:

Does that apply just to the entity's present lifetime, or is it possible there could be some kind of carry-over karmically from previous lifetimes that might cause arthritis?

COSMIC AWARENESS:

This Awareness indicates that generally the carry-over from one lifetime to another would be expressed in mental attitudes moreso than a particular event that transpired in a previous lifetime. An entity who in a previous lifetime was extremely rigid might have an inclination to rigidity in the next lifetime, and if someone violated them they might be unforgiving in their attitude toward the entity and thus the rigidity could remain to cause problems in this lifetime. In that sense there can be some carry-over from previous lifetimes.

For years, you've
been hearing about
them.
Do they exist?
Tonight, meet the
real people who have
actually seen them.

VISITORS
from the
UNKNOWN

Narrator: James Earl Jones

A CBS Special Presentation

8PM CBS KIRO 7



THE BOOK "THE GREAT DEPRESSION OF 1990"
--DID THIS MOTIVATE THE U.S. TO GO TO WAR?

(Excerpt from a CAC General Reading)

April 12, 1991

QUESTION:

A question from L.H. in Alberta. "During the year 1987, one of the best-selling books in the United States was *The Great Depression of 1990* by Ravi Batra. In this book, Dr. Batra stated that there was a discernable cycle in the financial performance of the United States economy, whereby the U.S. would experience a financial depression approximately every 30 years, with the cycle interrupted only when the U.S. was involved with a war during the time the depression would have been due. The next cycle was due around the year 1990. Combining the coming cycle with other factors, such as a very small percentage of the American people having control over the majority of wealth in the nation, Dr. Batra predicted that the stage was set for an appearance of a prolonged recession or depression. There were many people in America who read this book, and this may have energized this scenario somewhat. My question is: Did this book provide any motivation for the United States government to become involved in a war in order to help disrupt this potential for a depression based on Ravi Batra's theory, which appears in some degree to be taking shape?"

COSMIC AWARENESS:

This Awareness indicates that it was one of several influencing factors that the recession was indeed taking shape; that the economy was repeatedly receding and that the war did influence it to end, and even the end of the war helped to create a feeling of euphoria that has assisted in slowing the recession. Had the war not occurred and the soldiers being brought back from Eastern Europe with no jobs to go to, the recession would have deepened greatly. With the calling up of many people for this Gulf war, the economy in the United States allowed for job openings, and assisted many who would otherwise have been out of work to find jobs. This Awareness indicates that with the return of the troops, there will likely be an increase in unemployment; that the seasonal change will allow some harvesting and crop workers to find jobs.

This Awareness indicates that it will be somewhat touch and go economically throughout the remainder of the year, but it does not appear that it will go into a depression as suggested in the book, but it is essentially because of the war that this has been altered, and this did become part of the consideration at the time the war was discussed.

This Awareness indicates that it appears there is to be during the month of June, an effort to create a situation that will call for more military expense and work on Star Wars technologies to raise money because of a military threat; that this is also part of a project or program in part to help bring things out of the recession more quickly.

This Awareness suggests that this being a time when a recession, in fact a deep depression, was due. It is being forestalled in the hopes of being totally avoided by these artificial means. This Awareness indicates however, that *It* is not implying or saying that the recession and avoidance of a depression or recession is a primary reason for the military actions that have or will occur.

NEW WORLD ORDER TO BRING MANY CHANGES

(Other Countries Need to Energize a Bill of Rights)

(CLOSING MESSAGE):

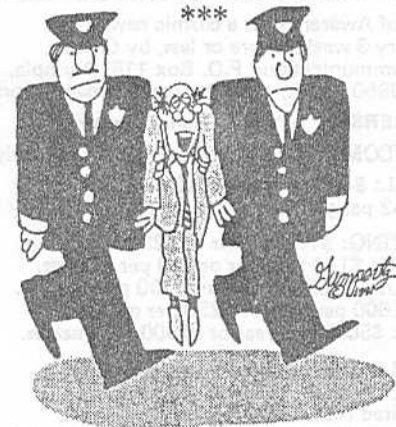
This Awareness indicates that the event that has transpired early in this year as that which has created a new kind of openness for the public. They are trusting of the President at this time, and are waiting for further action or direction. These people are ready to accept whatever comes next. This is somewhat dangerous. It is possible for them to be too open, too ready, like one who is naively trusting.

This Awareness indicates that it appears the economy will continue throughout the remainder of this year being somewhat sluggish, but not falling to dangerous levels at any time. It appears that the coming year will be a year of considerable surprise. The merging of the European nations into a common economy and common country with borders being set aside, essentially allowing entities to travel freely between countries, and the potential for Mexican and Canadian tariffs and free trade laws allowing these countries to become economically free in terms of economic commerce, to trade and to be incorporated with United States companies; this will also set the stage for a greater unified North America to compete with the European nations economically.

This Awareness indicates that it could have an effect of stimulating the economy, even though some jobs in the United States might be lost through companies moving into areas where labor is less costly. This Awareness indicates that the world is in the midst of rapid change, and these changes will continue into the next century, having a profound effect in creating a totally new kind of global community that is much closer in all ways, wherein lines separating people, countries, companies, and activities begin to fade, and new lines are created to include more of the foreign elements in all aspects of life.

This Awareness indicates that this will be part of the so-called New World Order; that there are likely to be certain adjustments, not to the liking of everyone, to also be included in the New World Order. This Awareness indicates that the potential for the United States Constitution to become a victim of these changes is strong. This Awareness suggests that it is important that at least the Bill of Rights be continued and given to all people throughout the world, to all people who are involved in the New World Order.

It suggests that the Bill of Rights be printed, copied, mailed to foreign people so that they too begin to energize a Bill of Rights in their own country to be accepted as part of their culture. This will make it even more likely that it becomes part of the New World Order.



You can't do this! I'm a Republican!

18.

**WILL ONE'S ASTROLOGICAL INFLUENCES
CARRY OVER AFTER THE ENTITY DIES?
(Changes from the Near-Death Experience)**

QUESTION:

LH in Canada asks: "It is part of astrological lore that the time a person was born and the placement of planets and signs at that moment of birth has an influence on the entity's psychological makeup, but does this psychological imprint continue after the entity has left the physical plane? Does the original planetary influence at the moment of physical birth continue to influence the way the entity will view events and situations on the spirit plane, or does the birth chart affect on the perceptions the entity has on the physical plane?"

COSMIC AWARENESS:

This Awareness indicates that it only affects the energies on the physical plane; that the entity in moving beyond will be affected by the moment of death and the energies that will affect will be of a different order emanating from the planets; these of an order that serve to influence the soul energies and astral energies of the entity on a different frequency or vibration. In fact, when an entity has a near-death experience, the timing of their return to the physical may be considered as an important astrological time and should be logged for future charts.

It is not that the first birth chart becomes invalid, for it still has some validity, but it is important to understand that the rebirth or rekindling of life in the body after a near-death experience creates a new horoscope for the entity that charts his or her new life after the near-death experience. There is always considerable change in the entity after such an experience and it is charted by the new time of the first breath after the near-death experience. That may be considered as a rebirth time.

This Awareness indicates it will not negate the earlier birthtime because the entity is returning to the same body, but it does add a new dimension to the entity's soul development and personality at that time. Thus, the entity having a near-death experience may return at a different time of the year and may have a different sun sign as well as a different rising sign and other planetary signs which would affect the entity's personality to some degree and the entity may become at that time quite different from the entity who died prior to the resurrection.



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OUT OF THIS WORLD**

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Illustrated by Mike Wimmer
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