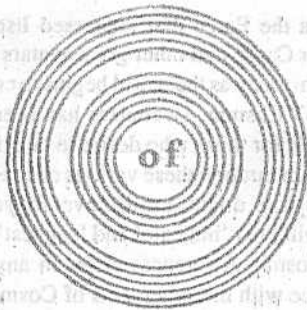


Revelations

The New Age Cosmic Newsletter



Awareness

Cosmic Awareness Communications

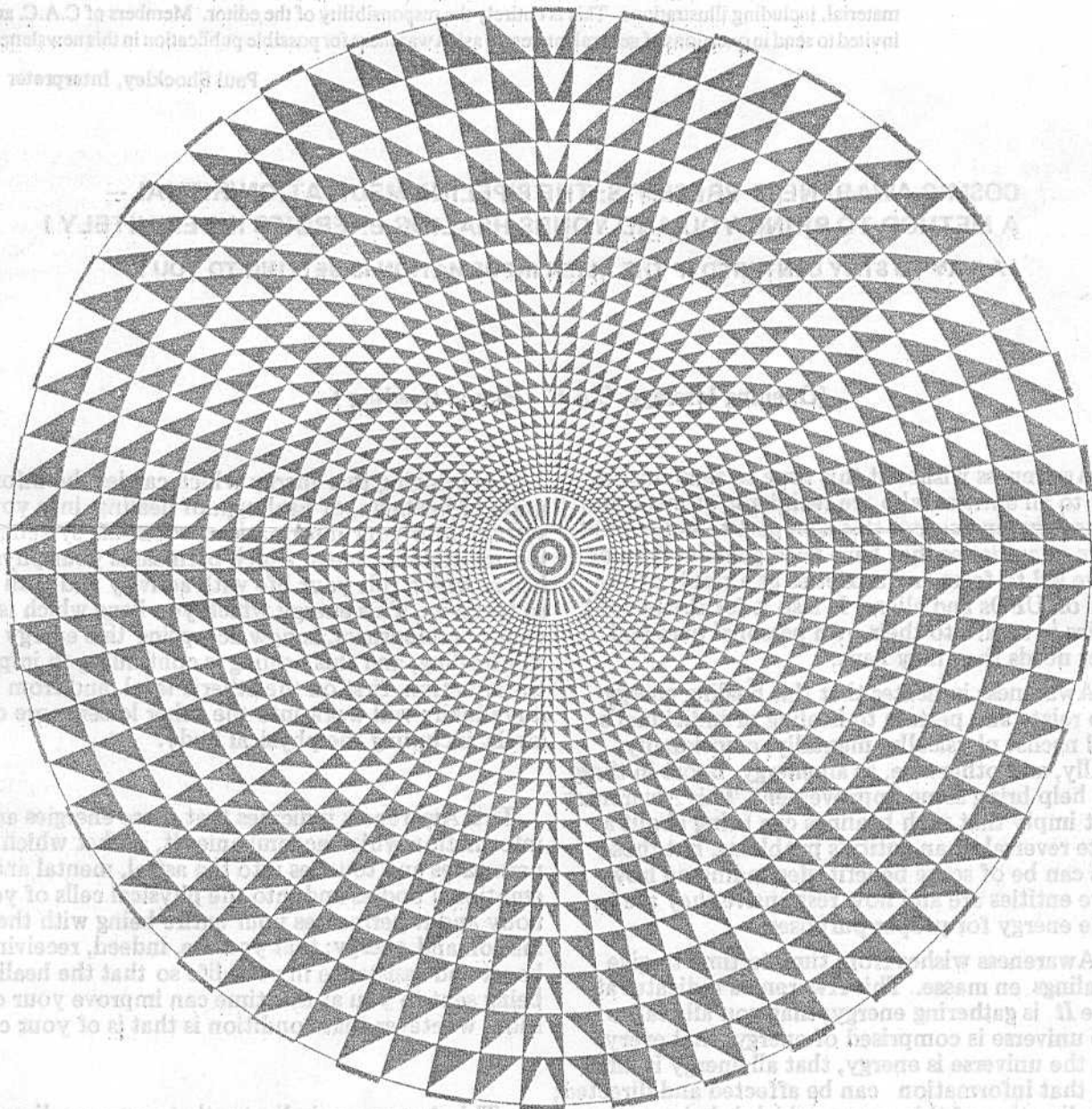
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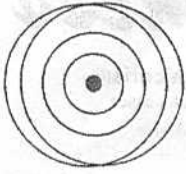
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A Special Gift for You...

COSMIC AWARENESS OPENS THE PIPELINE



COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

**COSMIC AWARENESS PRESENTS: THE PIPELINE MEDITATION/RITUAL ---
A METHOD TO BRING YOU AND YOURS HEALING ENERGIES INDEFINITELY I
(A WAY TO STAY CENTERED IF THE ALIEN INFORMATION IS GETTING TO YOU)**

(Opening Message, C.A.C. General Reading)

This Awareness wishes at this time to send healing energies to all entities who are recipients of messages from this Awareness; that this is in part to help offset any fears or anxieties that have been generated by or may have led to fears and anxieties as a result of the readings on UFOs and aliens. It also is for the benefit of entities in regard to their own personal lives and whatever needs they may have.

This Awareness indicates that this healing energy will also relate and pertain to healing of individual's personal needs: physically, mentally, emotionally, financially, and otherwise, as an energy boost in these areas to help bring some improvement. This Awareness does not imply that such healings can bring about a complete reversal of an entity's problems, but these healings can be of some benefit, depending on how receptive entities are and how responsive they are to using the energy for proper purposes.

This Awareness wishes from time to time to give such healings en masse. This Awareness indicates at this time *It* is gathering energy; that you all realize that the universe is comprised of energy, that everything in the universe is energy, that all energy is information; that information can be affected and directed; that the directing of this energy which is being gathered from the universe as that which this Awareness now directs to you and to your loved ones, and to those whom you are concerned about, and it is directed to your situation which you are concerned about, and this Awareness is gathering this information, is gathering this energy which accompanies the information in order to bring about an alteration of the condition that is troublesome, bringing about a change to that which is an improvement, bring about an uplifting of energies, the creation of something more beneficial to you.

It is bringing this energy which carries the information of healing,...of healing,...of healing, into your system, into your information processing system, which is your consciousness, which permeates your physical being, which fills your life with activity and with things to focus on. This energy which you have which is within your consciousness, is now accepting this energy from this healing, and this healing is continuing to improve the situation, first on the etheric level, and from there it gradually will work into the other lesser more dense levels, including the physical body.

This Awareness indicates that these energies and this information which accompanies it, as that which now permeates and touches into the astral, mental and the emotional bodies and into the physical cells of your body and it permeates your entire being with the information and energy; that you are, indeed, receiving a great boost and assistance in your life so that the healings being sent to you at this time can improve your condition, whatever that condition is that is of your concern.

This Awareness indicates that you may direct this energy simply by willfully aiming it and directing it toward one or more, toward any and all aspects of your life that need special attention, and you may also draw more energy in from this healing by directing toward those loved ones of those who also may need such healing; that this energy for this healing is unlimited, limited only by your own willingness or unwillingness to continue focusing the energy and directing the energy as you need to do so, or as you wish to do so.

This Awareness indicates that you may repeat this on a daily basis to increase the charge of energy. You may repeat this for others also by focusing this healing energy to them. This Awareness suggests, in fact, that *It* will open for each of you a doorway, a channel, an energy field whereby at *any* time you so desire, at *any* time you wish to draw from this energy, you simply draw by willful intent, by opening yourself to this energy and focus this energy toward those areas, toward those entities, toward those situations, and toward those aspects of your life which need healing, or toward those aspects of others' lives which need healing.

You Become an Assistant to Cosmic Awareness

This Awareness indicates that when you direct this energy to the lives of others, that you not dictate what should occur, but that you direct the energy to them to be used for the highest and best as is seen by the Divine Consciousness, that which is most helpful to them. This Awareness indicates the reason for this being that you may not know what those entities *truly* need, and therefore, it is not proper that you should determine and define exactly what this energy should be used for.

This Awareness indicates that this can, of course, be defined if the entity who is to receive the energy has so indicated what he or she wishes the energy to be used for, otherwise, simply direct the energy to be used for that person for the highest and best, for the entity's welfare. That in this manner you can become assistants to this Awareness, helping to send these healing energies to your loved ones and to your life and to the many situations that you encounter from day to day which need such healing energies.

This Awareness indicates that you need not concern yourself with overusing this energy for this Awareness is opening a pipeline for funneling all this energy that you need for this purpose; that this shall remain open for your use. This Awareness suggests that this not to include your using the energy for commercial purposes other than as suggested; that if you wish to commercially become a healer, that this is for you to work in a different direction; that the action of becoming a healer and charging for your services as that which is not part of this particular healing; that this would be of a totally different movement or arrangement with higher forces.

This Awareness is not wishing that entities confuse this healing with such as might be construed to imply that they can put an ad in a magazine and start asking for money for healings from this Awareness, for it is not intended as that kind of flow of energy. This Awareness indicates that this is simply for your own use in serving others and in helping others, that you may help to diminish the sorrow and suffering of the world.

This Awareness indicates that the energy has been sent, the pipeline is open. Entities may use this energy in conjunction with their other forms of healing as may be necessary or may be appropriate or simply through the focusing action of focusing this energy. This Awareness indicates that any questions related to this may be asked at this time.

(Follow-Up Question):

I had one question. Would it help the readers or the members if we made a tape of this opening message available to them? Would this be appropriate?

COSMIC AWARENESS:

This Awareness indicates that this could be beneficial in helping entities to attune in more closely to this energy. This Awareness indicates that it could be a very brief tape, or that other information could also be on the tape that might be further added, or this Awareness suggests that you may have it repeated on the tape. This Awareness suggests however, that a simple recording of the opening message on a tape would be sufficient, the message regarding this healing; that if you so choose, you could add other meditations or other healing information or something that otherwise is appropriate to fill out the remainder of the tape.

(Follow-Up Question):

This healing energy isn't a temporary or one-shot deal. It will be good for some time to come?

COSMIC AWARENESS:

This Awareness indicates that this will be a *permanent opening* to this Awareness for healing energies; that it is not even dependent on the Interpreter; that even after this Interpreter departs this plane or ceases in his present activities as Interpreter, the pipeline will remain open. This Awareness does wish to clarify, however, that *It* is not intending by this action to imply that *It* is creating channels for trance-healings, or jobs for entities. *It* needs to clarify this because there is a tendency when something of this type is given, for a few entities to leap to the conclusion that Awareness has indicated they can now commercialize on something and start charging friends and neighbors and calling themselves 'Awareness channels' and imitating or pretending to have some valuable commodity which they can charge for.

This Awareness indicates this is given as a service. It is not intended for entities to sacrifice themselves for this to where they need to devote great amounts of time in healing others. It is not intended that they should set aside their jobs or pursuit of mundane affairs in order to become healers; *It* is simply suggesting that you can direct energies from this opening, this pipeline, toward others, that they may heal with the energy you direct to them; that they may benefit and also that you may *direct this energy toward your own needs*.

This Awareness suggests that a grounding action would be appropriate in this mental movement to assist in making this stronger as a ritual. This Awareness suggests that this be the procedure; you could develop other procedures if you wish, but that this would be sufficient as a grounding action. That you may short-cut this if you desire; you may short-cut this by leaving out some of the movements and gestures or steps, so long as you mentally do them, but this be the procedure for this healing:

How to Ground your Healing Ritual

This Awareness suggests you take three deep breaths, raise your hands above your head, opening the pipeline of healing energies from the universe, allowing this energy to come down into your being. Bring the hands down to your heart and then, from the heart, give forth the hands, moving the hands outward toward the one or toward the situation, wherever it may be in your visualized field, for the healing purposes. In other words, your hands move from above, collecting the energy from the pipeline; bring it close to your heart, and then move the energy from the heart as though giving it out to the situation or to the one or more who needs the healing energies.

This Awareness indicates that this may be accompanied by an in-breathing as you bring the energies down from above. Touch the heart, hold the breath and hold the heart for a second, holding the energy in your heart for a second and then exhale as you give forth the energy to your loved one or to the situation that needs healing. This Awareness indicates that this will be a sufficient grounding action to serve as a movement and meaningful subconscious gesture for the ritual to have its proper effect in conveying the information and energy.

This Awareness indicates that after you have done this in this manner a number of times, it may become possible to have the same effect without the hand gestures or the breathing gestures, but any time you wish to strengthen the ritual, it is suggested that you include the full activities, for this will strengthen the action. One can do healings by mentally imagining the gestures, and the rituals, but the actual participation of the ritual will enhance its effect.

This Awareness indicates also, that the more this is used, the stronger it becomes as a healing ritual. This Awareness indicates that this is not intended to replace other healing techniques that have been given in the past, such as various group healings that are taught in the Development Classes. This is simply a healing technique that can be used by yourself individually, without fanfare, without great attention being brought to yourself. It is

best, in fact, if it is done silently without braggadocio or other self-gaining attention. It is best if it is done in solitude, or in the accompaniment of others who are participating with you in the ritual.

This Awareness indicates in the three deep breaths taken, it suggests that each breath be deeper than the one before and that following the exhalation of the third breath, the hands raise above in a kind of 'V' shape to draw in energy from the universe, from this Awareness, and to bring this energy in as you inhale, and to place the energy then on the heart, hold for a second and then exhale to accomplish the healing, to send the energy for the healing purpose. Again, you may create with the arms outstretched, sending to the target for your healing, the focal point of the healing, you may blow the breath out between the outstretched arms in a direction that symbolizes the object, thing, circumstance or person which needs healing.

ED'S Note:

During most of this Opening Message, which took approximately 30 minutes, the hands of the Interpreter, being moved by Awareness, gathered in energy, the hands moving through the air, making the symbol for the 'Law of Love.'

As this reading was being put together, no one here has found the space to put this tape together, but by the time this is printed and mailed to you, we hope to have the tape ready for those of you who feel it would be of help in assisting you in this new healing exercise and ritual. We will try to get it on to a 62 minute cassette tape, this being 31 minutes per side, and repeating the entire reading/exercise on side 2, so you will not need to rewind the tape each time you do the healing exercise.

C.A.C. is not setting any price on this special tape. Make any donation you feel is appropriate for what you will receive from its use. And remember, a tape such as this is not necessary to tap into these powerful healing energies. You can do so without the tape. However, in the past, many entities claim a tape does help them in memorizing the various exercises that Awareness has given, this helping to make it a ritual one can then do at anytime.



REVELATIONS OF AWARENESS is a cosmic newsletter, published every three weeks for members of Cosmic Awareness Communications. However, you do not need to be a member to subscribe; anyone is welcome to subscribe. Members are encouraged to study the Awareness philosophy as well as other philosophic and secular material in their search for truth and Who in Fact they Really Are, and to integrate those 'Gems and Nuggets' they discover into their daily lifestyle and basic premise of life, and to act as role models to others. C.A.C. is a not-for-profit, tax exempt organization as authorized by the U.S. Internal Revenue Service. Dues and donations are exempt from Federal Income Tax. All revenues are used to spread the Cosmic Awareness philosophy to others. Cosmic Awareness has indicated that by the year 1995, the masses will be ready for the Cosmic Awareness material, on which the New Age is being founded. But can C.A.C. hold on for that period of time? We believe we can, with your help. Thus donations are encouraged! We desperately need them at this time! Also, please consider the concept of including C.A.C. in your will, along with other charitable organizations you support and hope will continue in their work. (Write C.A.C. for a brochure about making up a will, if you should seriously consider this option.) Current rates: INDIVIDUAL & FAMILY MEMBERSHIP: \$30 per year. CONTRIBUTING MEMBER: \$52; SPONSORING MEMBERSHIP: \$144; PATRON MEMBER: \$1000; ENDOWING MEMBER: \$5000.