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Cosmic Awareness Communications
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Helping People Become Aware

NOSTRADAMUS

THE NATURE OF

PREDICTION

(HOW IT WORKS)

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COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

ALL ABOUT PREDICTIONS: HOW THEY WORK, WHY SOME ARE ACCURATE, WHY SOME ARE NOT. AND WHAT ABOUT ALL THOSE COSMIC AWARENESS PREDICTIONS?

(C.A.C. General Reading)
April 28, 1989

QUESTION:

Awareness, we're here to begin a series of general questionings. Does Awareness have an opening message?

COSMIC AWARENESS:

This Awareness wishes entities to look at the idea of predictions with a greater understanding of how this works. This Awareness indicates that in the nature of prediction, there is the assumption that something will take place at a particular time in the future. This Awareness indicates that it is possible, under certain circumstances that a particular event from the future can be seen in the present to such a degree as to define or describe that event in clarity or in vague or unclear description, in whole or in part. Thus, one may speak in a kind of generalized vague riddle, such as did Nostradamus, in regard to some future event seen, or one may be more specific as in some of the Nostradamus predictions, even including words or names.

This Awareness indicates that the events of the future are in actuality information that has been presented by the collective consciousness from present time into that of the biocomputer or that which may be termed the information processor that is operating and which is in a different frequency than the one which is termed 'present,' this in terms of present time and present space. This Awareness indicates that each moment in present time and present space, entities are emitting certain energies that go into feeding the information processor or that which is the biosphere computer, the energy field around the planet; this in reference to planet earth, in this particular discussion, although the same occurs on other planets; this biosphere which surrounds the earth as that which contains information that has been emitted from the collective minds of individuals.

This Awareness indicates that in previous discussions, this Awareness has suggested that the universe itself is a living being, a living mind, that it is conscious, and that entities in different levels of consciousness represent fragments or fragmentations of that Universal Mind, whereby their own consciousness is splintered off from Universal Consciousness and identified with portions or fragments of that Universal Consciousness, which are of particular interest to the individual. The individual can always expand his or her consciousness to embrace and include Universal Consciousness, but in so doing, the individual must give up the fragmented aspects of consciousness which he or she identifies as self, for how can one be identified as a sliver while still trying to identify as the entire mosaic?

This Awareness indicates that if consciousness is symbolized as a vase, then the fragmented consciousness would be a sliver or splinter of that vase, and it one sees oneself as a sliver or splinter, a part of Universal Consciousness, then the entity cannot comprehend the totality of the vase of the Universal Consciousness. Therefore, when one surrenders self to the highest, to the Universal Consciousness, then the entity gives up the concept of self, at least for the duration of the experience of Universality.

That likewise, the planet is but a small portion of the Universal Consciousness, and the biochemistry or biosphere computer which surrounds the earth, containing all of the thought-forms, and the collective ideas and consciousness of individuals and of the vegetation and of animals and insects which inhabit the planet earth; all living things inhabiting the planet earth,--these, in giving off their energies to the biosphere computer which makes up the consciousness of earth, along with the consciousness emitted from rocks and water and atmosphere and all of the minerals involved; all of this energy in combination creates the biosphere computer which surrounds the earth as a kind of invisible aura, a consciousness known as earth consciousness. This is following the presumption that the earth is a living being.

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This Awareness indicates it is more than a presumption, but for many it is seen as a presumption. This Awareness presents it as an actuality. This Awareness suggests that every particle of earth matter, whether it be from the atomic level up through molecular structure to include minerals and organs and clumps of matter, or those growing living things that inhabit and surround and are placed upon the earth's surface or within its crust; all of these things, whether you speak of mountains, individuals, rocks, minerals, plants, insects, even the atmosphere surrounding the earth...all of these things are made up of tiny atoms and subatomic parts which in fact are energies that are in motion and are part of consciousness, part of the Universal Consciousness.

They are emanations of that Universal Consciousness, and as such, may be labeled as acting in the manner of an information processing device. This Awareness indicates that although it has many shapes, many forms, this consciousness processing information, whatever its shape or form, can be considered as a kind of device, although it is not man-made. It is made by nature. The atom itself is a device for processing information. All of the subatomic parts in their frequencies, vibrations and wave forms are also processing information.

This Awareness indicates that if you take this as given, and look carefully, seeing that all things are processing information, from the most minute particle in the universe, up to the universe itself, and you see that all of these parts in between are involved in the action of processing information; that the frequencies and vibrations are all part of this activity, it becomes reasonable that future and present have some kind of connection within that Universal Mind which is processing information, and that something which is presented in the present, fed into that information processor will have an effect on future events. Thus, present events help to influence future events and in turn, it is possible that present energies may glimpse future events, if the consciousness or information processing mechanism relating to that is active. This is called precognition, or knowing beforehand.

This Awareness indicates that if an entity sees something as coming in the future and makes a prediction relating to that future event and the event comes about, the effect is to label the activity as having been an accurate prediction. If, on the other hand, an entity sees something coming in the future, or perhaps guesses out of some logical possibility, that some event in the future might occur, and the event does not ever occur, the situation is referred to as a false prediction. This Awareness indicates the questions which entities may be concerned about in terms of predictions is how to make the predictions more accurate so that readings can be trusted, so that predictions can be measured and so that when one makes a prediction, it comes true.

This Awareness indicates that there are many entities who will read a prediction and because it is given in the context of a prediction they will automatically have faith that it will come about as predicted. There is a tendency for most entities to believe predictions will come about. There is also a tendency, because these entities want to believe in predictions being accurate, to disregard those that do not come about. This is fortunate for those who are involved in the activities of prediction for most of their failures are quickly forgotten; their successes are generally pointed to with much applause and accolade.

Cosmic Awareness Predictions: How Do These Stand Up?

This Awareness indicates the same can be said for predictions made by this Awareness. There are times when this Awareness has given certain information as the likely scenario or outcome of certain events, but these events may not have occurred as suggested. For example, last fall, this Awareness suggested that there would be, during the springtime, a crisis, an economic crisis which could have further effects reflected in the fall. This Awareness indicates the crisis came and went without many people noticing. It simply occurred one day in which the stock market did a significant and dramatic movement, a decline, but then which was corrected quickly. This Awareness indicates that for many, as was previously stated, this was a disaster, but the publicity was not given for the masses to know of these disastrous events on the lives of those who lost, and the day passed, and life went on, and the masses continued to see in the month of March a relative stability on the economic scene in this country.

This Awareness indicates however, that was indeed a significant drop which in turn signaled a problem which may later again surface in the fall of this year. This Awareness indicates therefore, it is possible that predictions can occur in a manner that goes unnoticed or takes a form that is slightly off of what was earlier perceived by the entities hearing or reading of a prediction. In other words, there can be alterations in the degree of the actuality of, or outcome of a prediction. This Awareness indicates that the future is not fixed. Entities can see something that is in the future, based on influences and forces which are in motion at the present, acting in the information processing realm, whereby an event is seen clearly as going to occur at the time a prediction may be made expressing this concern.

This Awareness indicates that as an example of this Jeanne Dixon, many years ago, stated that China would become a democracy by 1980. Entities watching the news today will see that China is on the verge of becoming a democracy, but it is closer to 1990. This Awareness asks: was this entity's prediction in error, or was it not partially correct, only in error in regard to the time?

This Awareness indicates that the energies of the future can be influenced by energies that occur in the ever-moving present. As present energies move towards the future, the collective consciousness, which is inputting information into the biosphere computer, always carries the potential of altering a prediction, of altering that which was seen as an outcome so that a prediction may have been preordained by the energies given at a certain time, but those energies being altered may also alter the outcome of that prediction so that it does not occur as scheduled, or to the same degree as previously perceived, or it may even be totally usurped and pushed aside by some other event which receives greater energy and attention in the new approaching moments of time by the collective consciousness.

Thus, an entity seeing the potential for some event may make the effort to energize a counter-action to that event, and perhaps even engage assistance from others who likewise energize for some different outcome, and the collective action of these entities may be sufficient to change the energy that was to have brought about the first event, so that a totally different outcome results. It is in this manner that prediction can be thwarted or altered by intent and can be changed by those who wish to change the future. It is a possibility.

Thus, it is dangerous for entities to make predictions with the assumption that they will be accurate, or with an audience assuming that the one who makes the prediction is bound by the prediction, or is to fail in his action of predicting, for failure in terms of prediction is always a strong possibility. It is quite important in fact, that anyone who is able to predict something also has a certain amount of power to alter that prediction so that it does not come about. It is also possible that other entities, hearing a prediction can alter the outcome so the prediction does not occur.

This Awareness indicates it does not mean that at the time the prediction was spoken that the energies in motion were not destined in the direction of bringing about that prediction. It means simply that when the prediction was spoken the energies in motion which were destined to bring about that prediction did not foresee the initiation of new energies which might interfere and block the outcome of the prediction, nor is it possible to always see the initiation of new actions, for these energies are not yet in motion. The initiated energies which would stop or interfere with something may not be in motion at the time when the prediction was made. This Awareness indicates for this reason, entities need to understand that even these things which are described as a scenario of events in the future which might come about, even on a large global scale, if sufficient energy is mounted to alter that outcome, these outcomes can be changed so that the prediction given do not occur. This Awareness indicates that much of what *It* has been giving forth during the past decade has been, in terms of predictions, has been designed to assist entities in defusing those predictions made in the *Book of Revelation,* regarding the antichrist and the tribulations which entities would need to pass through.

This Awareness indicates that by altering these preditions and the energies involved, it makes it possible for a smoother transition, a modified energy in the biosphere computer, so that the great suffering and tragedy as described in the *Book of Revelation* does not need to come about with such severity as has been given. This Awareness indicates that even those things which this Awareness has suggested as being on the horizon; the droughts, the shortages and the currency exchange, along with all of the maneuvering and potentials for crackdown of freedoms, even these things which are energized to a certain degree by the biosphere computer at this time, even these can be altered if sufficient attention is called to this area and if enough energy from individuals is sent into the information processing activity of the biosphere computer so that it can be altered and modified toward something which is more graceful and more easy to adjust to by the masses.

George Orwell's Predictions in his book: "1984"

This Awareness indicates that entities in looking back at the book *1984* from the year 1950, for example, could see that as we approach the year 1984, the technology was present that would have allowed the scenario given in the book to actually have taken place so that the book could have been a forewarning of things to come, and could have also been a prediction of things to come. As it turned out, there were sufficient number of entities still safeguarding freedoms and still concerned about individual rights and still working toward and using their individual freedoms so that it was not possible under the new biosphere computer, the collective consciousness, for the scenario presented in the book *1984* to actually fulfill its prophecy, if indeed it was a prophecy, thus, the book became more as that of a warning, rather than as a fulfilled prophecy and the warning may have been sufficient to help influence the energies away from such domination as was presented in the book. In other words, the warning itself may have been greatly helpful in preventing the book from fulfilling a prophecy or from the scenario described in the book from actually occurring.

The Self-Fulfilling Prophecy

Thus, there are those self-fulfilling prophecies and those prophecies which prevent the self-fulfillment. This Awareness indicates the self-fulfillment prophecy generally is that which promotes something in such a manner that everybody believes it, and therefore it comes about. For example, if an entity states: "I am planning to raise a certain amount of money in order to build a complex here which will benefit the city in a meaningful way, and this, I predict, will be completed within two years," and if the entity presents this enough times to the right people, and others add their voices, and their support, then the prophecy can very well be fulfilled within that period of time. It becomes likened unto a self-fulfilling prophecy which would not have occurred had the entity not said anything to begin with.

This Awareness indicates likewise, if the press were to start publications warning of depression, or runs on the bank, the masses would begin to respond by running down to the bank and pulling their money out, and in so doing, the depression would come and the banks would close. This would be an example of a self-fulfilling prophecy, wherein the event would not have occurred, had the prophecy not been made. This Awareness indicates that it is all a matter of suggestion. In some cases, suggestions are believed, and in other cases suggestions are not believed, but regardless of whether the suggestions are believed or not, a certain amount of energy goes into the biosphere computer and has its influence in terms of everything that is spoken by humans, in terms of everything that is experienced by animals and plants, so that the earth's biosphere is constantly processing information which works to adjust, to create and to implement a kind of natural balance based on the information that it receives.

For example, if one aspect of consciousness in this biosphere computer is seeking to tear down forests in order to raise money, the earth's biosphere will begin to balance that action against other potential concerns and information that is coming to it from the earth itself, from the weather, the atmosphere and from the

other masses of concerned entities, plants and animals, and all of those energies may take some kind of action eventually, in which there is a reaction to the cutting down of forests in such a manner that helps in some way to bring about a balancing. The question, of course, is whether or not there is enough reaction to this violation to prevent an aberration from occurring to the earth itself and to consciousness which is irreparable. *

*Examples: the raping and pillaging of the rain forests by corporate greed, financed and encouraged by the great international banking interests. Also, the disgusting desecration of the giant redwoods in the forests of northern california,--round the clock logging of these national treasures, many older than Jesus Christ, by corporate greedheads whose only excuse is that they have to pay the bankers "the interest on their junk bonds." (Jesus H. Christ!)

This Awareness indicates if it becomes irreparable, and the earth for some reason cannot throw off the violation,--for example, the ozone layer becomes so weakened that it reaches a point of no return, and even if entities stopped cutting forests and tried to grow new ones, if perhaps the ozone layer could not reverse its diminishing process and began to shrivel up anyway, and the earth itself went through convulsions and died, and become a dead planet; the universe would deal then with that aberration, and seek to find a balancing action in some way whereby the energies of a dead earth could be somehow incorporated into the biosphere computer of the solar system so that a certain harmony eventually came even though the planet earth was no longer a living creature.

This Awareness indicates that throughout time and space there are those things which are living in a form that is of a very low vibration, which most entities refer to as being dead. There is a certain amount of life even in that which is considered dead. The rock itself has a certain amount of life. The atoms within the rock are moving. They are processing information, relating to their parts, their subatomic parts and to the rock and the molecules involved in the rock, so you cannot say that the rock is dead, you cannot say that there is a dead planet, except in a relative sense, relative to what entities perceive as a living planet.

The Book of Revelation Prediction & the Threat to Planet Earth

The living planet earth is threatened at this time, moreso than at any other time since man appeared on earth. This Awareness indicates that fortunately, there is also a growing awareness that this planet is being threatened, and it is possible that this awareness will begin to increase and grow, as entities begin to feed their awareness into that biosphere computer, the mind of the earth, the consciousness that surrounds the earth, that fills the space around earth, which in turn feeds information to entities who are open and receptive to higher insight.

This Awareness indicates that in this sense, while it can be predicted that the earth is destined to be destroyed as given in the *Book of Revelation*, the prediction may be altered by the increased awareness of individuals who feed new images and new future energies and predictions into that biosphere computer of the earth so that it does not need to be bound by a single prediction from 2000 years previous, so that it needs not be bound by those who are energizing those old predictions, but whereby entities can predict something new with greater voice, with louder sounds, with more colorful tones and with the full confidence that they are capable of bringing about a healing to the planet earth, and that this planet earth healing will take place within this century, within the next decade, within the next two or three decades; that there is now time to move, to make these changes, and as more and more entities express this growing interest in making the changes to preserve the earth, it diminishes the power of the prediction in the *Book of Revelation*, that the earth will be destroyed at the end of this age.

A Glorious New Age is Coming Soon!

This Awareness indicates that it is quite possible, indeed at this time, it is seen as *probable* that the earth will be moved through a transition into a new and glorious age. This Awareness indicates that this could not have been said at the beginning of this decade, for the energies were not there. The energies at the time were pointing toward nuclear war and potential annihilation of life on this planet. This Awareness indicates that today there is a greater hope, a far greater hope and greater probability than has been seen in this century, that the earth will not only survive, but that the people will be altered toward peace-loving individuals.

Drug Problem Will be Healed in 3 Years

This Awareness indicates that it appears within approximately 2 to 3 years, the greatest problems facing humanity today, which is the drug problem, will also be healed. This Awareness indicates that the concept of Communism as a threat is that which is diminishing even as the value of the Communist doctrine is being scrapped in those countries which have promoted this concept, especially so in Russia. It will not be long, perhaps within this year, the the Communist party in Russia will be so fragmented that a new party will arise and have greater power and influence and that a two party system in that country, much likes those two parties in this country, will become the new system of politics in Russia, with the Communist party vying here and there to gain control and the other party, for a period of time, having greater control so that much like the struggle between the Democratic and Republican parties, in Russia the Communist party will never be the same as it has been in the past.

This Awareness indicates that likewise, that which you see occurring in China is but the beginning of throwing off the power of the Communist rule, whereby it will not be long before this country too moves toward a democratic society, wherein entities have greater say, greater freedom, greater expression in terms of humanity, and the qualities associated with humanitarian expression. This Awareness indicates that even Cuba will be forced to change; that these things are occurring at such speed, that it will be a totally different world by the year 2000, and entities will look upon the events of this century with wonder that there could ever have been such great polarity, such extreme fanaticism.

This Awareness indicates that by the year 2000 entities will be able to freely move from country to country, moving, selling, buying, exchanging, and living in democratic lifestyles throughout most countries on earth. This Awareness indicates that area of the Middle East is that which will still hold some need for evolving; that there are still areas which are slow to change. This Awareness indicates that with all of these statements which this Awareness has just given, keep in mind that anything can be altered,

if energy is given by sufficient amounts of individuals with sufficient amount of energy to force the alteration, but this Awareness indicates from the energies available and those seen at this time in motion, in movement, these energies are quite strong in the direction of that which this Awareness has suggested; that greater freedoms are coming for all individuals on this plane; that the most troubled are as that of the Middle East, especially those Moslem countries.

This Awareness indicates that this too is seen as an action that may be altered within approximately 3 years. There is seen the slight murmerings of movement and energy flux which can alter much of that fanaticism within approximately 3 years, so that even these entities become more tolerant of others, so that their fanaticism diminishes and their presentation of their beliefs can be openly discussed with others in the world without the great sense of danger and threat from either side, and whereby individuals within those Moslem countries may begin to sense a greater value in terms of personal freedom which is promoted by and associated with greater tolerance for other ideas.

This Awareness indicates that when entities are intolerant of others' ideas and can only accept their own narrow beliefs, these entities cannot expect to have much freedom; that when entities begin to value and see the value of freedom, they automatically begin to allow others to have their freedom also and this leads to greater tolerance of others' ideas. Much of this kind of tolerance comes about only when different cultures merge and mix together in such a manner that entities have common goals other than making each other believe the way they believe, accept the thoughts they accept, worship exactly as they worship. When entities have other goals, they tend to tolerate each other in order to fulfill those goals, and in that toleration, they may allow others to believe differently, to have different loyalties than they have themselves, and this is what brings about greater freedoms for individuals.

Tolerance and freedom tend to go together. This Awareness indicates however, there is a limit to tolerance. One cannot tolerate fanatic behavior that denies liberty and freedom to others. When one seeks to violate another, that violation cannot be tolerated or freedom and liberty will suffer. This Awareness indicates that in general, the future looks bright. There are threats, there are dangers, there are potential quicksand experiences. There is potential for great economic struggle and strife. With increasing awareness as is now part of consciousness, these dangers can be minimized, if not altered altogether.

Prepare for the Worst & Work for the Highest

This Awareness indicates that entities in being prudent may prepare for the worst, and work toward the best, planning for the highest. By being prepared for the worst, entities can feel secure, regardless of what may occur. That security can give them the sense of confidence, that they can handle whatever may come, while at the same time it can provide a base for them to operate, to work for that which they see occurring in the future; thus, an entity in preparing for that which may be perceived as the worst event in the future, can be ready and can also spend more time and have greater confidence and enthusiasm in putting energy into a healthy and harmonious future.

It is not prudent that entities should prepare for the worst, then close all the doors and wait for the worst to occur. It is better that they make their preparations, and then get out and try to bring about the highest and best, for all.

SAN FRANCISCO WILL DISAPPEAR IN ONE NIGHT? HOW LONG WILL THIS PREDICTION BE IN EFFECT ?

(THE EFFECTS OF THE AIDS EPIDEMIC)

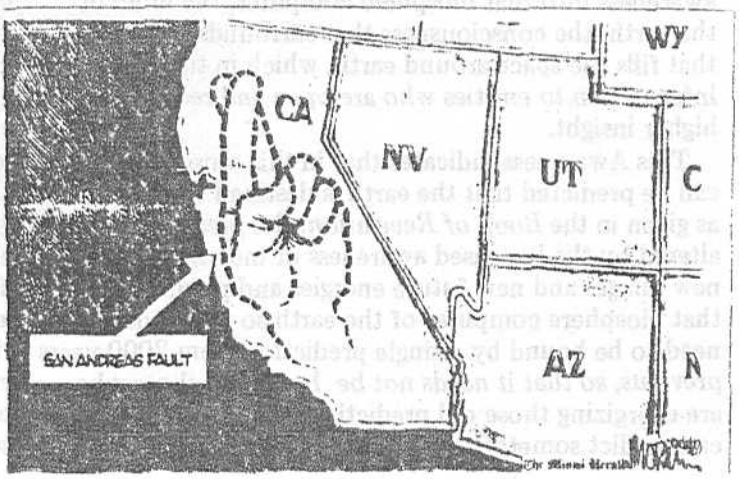
(FOLLOW-UP QUESTION):

Awareness, in relation to predictions, the famous and most quoted prediction was by Edgar Cayce about the sinking of California, at least part of it, and this was verified later, or reinforced through a Ralph Duby prediction, that in one night, within so many years, San Francisco would disappear. We understand about how consciousness affects the earth cells and so on, but my question is: Is this prediction, or part of it, going to continue being seen by future psychics and will this always be a threat.--for example, San Francisco disappearing one night, or does Awareness see a permanent ending to that threat?

COSMIC AWARENESS:

This Awareness does not see this as being a valid prediction at this time; that the energies have been altered sufficiently, that the modification of this prediction has been effected; that there can be, according to energies presently seen, a gradual breakoff or sinking of certain portions of California; these may also occur on a rather sudden level in terms of earthquakes, but it is not seen as such that in one night the city of San Francisco would be inundated by water, rather, it is seen as a potential; that a series of heavy earthquakes in the area could gradually cause a weakening of the earth strata so that it could be undulated over a period of time, this in terms of several years.

This Awareness indicates that the potential is there, even that potential is not seen as being highly charged. It is something that could become highly charged and occur as a result of those highly charged energies; that much has to do with the consciousness levels involved in those areas and in the biosphere computer. It does not appear at this time that this needs to occur on a



physical level. It appears rather that the energies have shifted into a kind of socialized earthquake and appears that this is somehow related to the AIDS epidemic; that this is not seen as being clear enough to define further at this time, but it does appear that somehow the AIDS epidemic has siphoned off much of the energy that would have been feeding into the earthquake prophecy.

HOMOSEXUAL ENERGIES AND THEIR RELATION TO EARTHQUAKES

(FOLLOW-UP QUESTION):

Yes, I was just going to ask that question. San Francisco, for some reason, has a very large homosexual population and I was just wondering if that would have a positive or negative effect, or no effect on the earth cells around that area?

COSMIC AWARENESS:

This Awareness indicates it has a negative effect, in that the polarization of male/male energies as that which creates in the biosphere computer, the consciousness of the area, that buildup of psychic energy that is of such charge that this could have had an influence in terms of the earth's cellular energies itself, and it appears that certain changes that have occurred have weakened this energy; that for one thing, even the more monogamous approaches in these male/male relationships have been more helpful to this kind of energy.

This Awareness indicates that consciousness affects the cells of the earth, the matter, because matter itself is consciousness, and the minds and consciousness of individuals being on a very high frequency level filters into those areas of lower frequency level to have an effect. Understanding this, entities may grasp more clearly the principle of mind influencing matter.

WOULD GROUP MEDITATION END THE THREAT OF THE "BIG ONE"?

(FOLLOW-UP QUESTION):

Awareness once indicated, (I believe it was through the Interpreter David Worcester), when asked a question about the earthquake in California,--that "big one" that they keep predicting and are still talking about,--at that time had been altered by two entities who were living in a cabin on the fault-line near Bakersfield, I believe it was, and were doing meditations on that area; whether intentionally or unintentionally for that purpose, these meditations were able to take the energies of the " big one" out in periodic amounts, out into the ocean where it was released in small earthquakes that did no damage. Now, taking that a bit further, would it be possible if two people could prevent that "big one" scheduled for that particular time, if enough awareness of how this worked was put out to entities, that a whole organized group of Californians in various parts of the state could do meditations periodically,--would this end the threat?

COSMIC AWARENESS:

This Awareness indicates that the energies build up and the energies subside in regard to those energies which could bring about earthquakes. In some instances, when the energies build up there is a slippage, and that slippage as that which releases great amounts of energies. In other instances, energies build up and the people themselves feel those energies to such a degree that they express certain kinds of emotional outlet, and in so doing, release much of the energy that would have otherwise contributed to earthquakes.

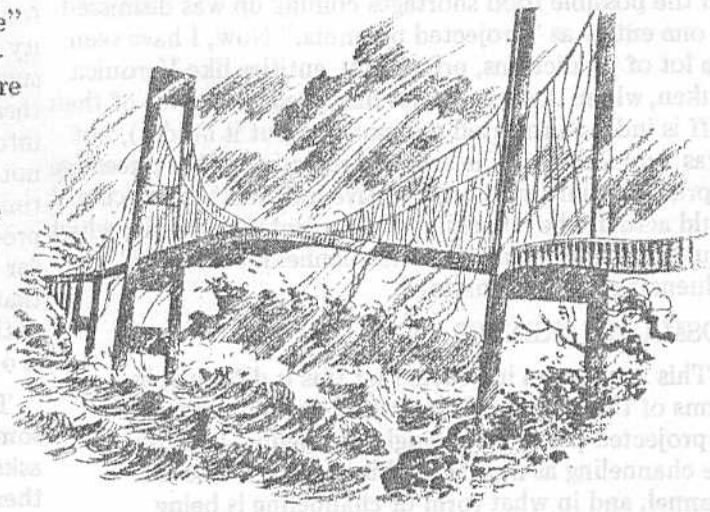
This Awareness indicates that in terms of meditation and releasing of these energies, the value in this lies only if the entity can open consciousness to the point of allowing those heavy psychic energies to go through the entity, as though the entity had a hole in the top of his or her head, and the energies of the earth could go from earth up through the entity and out into the atmosphere, and the entity in so doing, would feel this energy rushing through and out the top of the entity's head. Such an entity would need to be open in terms of chakras, or the entity would develop terrible headaches.

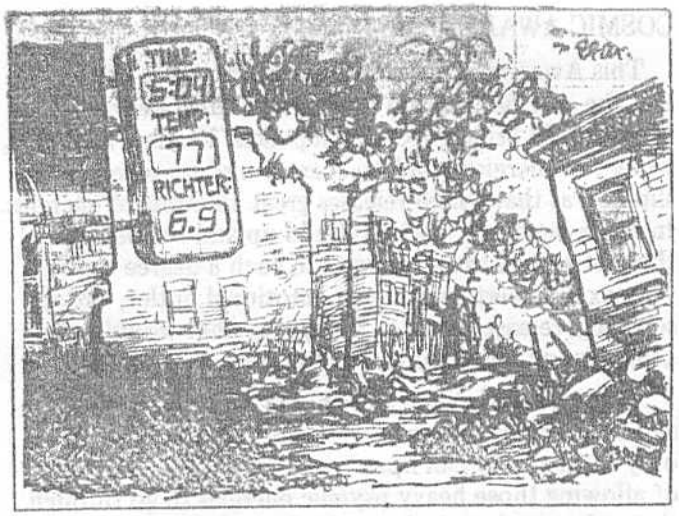
How Transcendental Meditation (TM) Works

This Awareness indicates that it is possible for entities to channel and release those negative energies from the earth which are building up for earthquake or from building up for discharge through emotions; that one entity can discharge through their own meditations sufficient amounts of energy as might otherwise be chaotic in a city. This has been demonstrated by those involved in transcendental meditation wherein they would enter into meditation in a city at certain times and the crime rate would diminish during those times when they would be meditating. This Awareness indicates it is because these entities were siphoning off or transmuting the negative energies of the city. They served as a kind of smokestack, wherein instead of smoke going through them, they channeled the negative energies up through their spine and out through the top of their head, into the atmosphere, transmuting these energies into higher frequencies.

Emotion Earthquakes & the Value of Parades

This Awareness indicates that indeed, it is possible for entities in meditation to help defuse earthquakes in terms of physical earthquakes, and emotion quakes in terms of





social type earthquake events. This Awareness indicates that the social earthquake as that which erupts generally in some kind of violence; a murder, a riot or some great violent action that occurs to individuals, even in some cases through accidental crises. This Awareness indicates that other forms of releasing such energy occurs in activities such as sports, and parades, wherein great crowds gather to observe, to cheer, to let off their emotions. This Awareness indicates that these may be called catharsis, wherein entities who build up, lock up energies within their body, holding these energies of frustration, have a way of letting out those frustrated energies.

This Awareness indicates that the rock festivals, music festivals, movies, entertainment, sports, activities and parades; anything of this nature, as that which releases much of the pent-up anger and energy which might otherwise erupt in some form of social violence, or if not in social violence, which would affect the structure and cellular levels of the earth itself to bring about tension in those plates, which might, if built strong enough, cause an earthquake type of eruption.

NEGATIVE PREDICTIONS: ARE THESE MERELY "PROJECTED PARANOIA"?

(THE "TRA-LA TRA-LA" ATTITUDE)

FOLLOW-UP QUESTION:

In reference to predictions again, we recently were at a conference of Awareness fans and other entities, and some of the information we put out on the vanishing farm and the possible food shortages coming up was dismissed by one entity as "projected paranoia." Now, I have seen in a lot of predictions, printed by entities like Veronica Leuken, whom Awareness has discussed, that a lot of their stuff is indeed projected paranoia (to put it mildly), but I was wondering, in the area of prediction, what percentage of predicted information, negative information particularly, could actually be considered as projected paranoia, which would probably mean that the channel is somehow influencing the information?

COSMIC AWARENESS:

This Awareness indicates that this is difficult, in terms of the question being asked, for a percentage of projected paranoia through channeling, because the channeling as not defined in regard to who is a channel, and in what form of channeling is being referred to. This Awareness indicates *It* sees all entities as channels, and there are many who are paranoid and who see a gloomy future. There are also many who, as has been described, live with the 'tra-la tra-la' attitude and fail to see reality sneaking up behind them. This Awareness indicates it has also been said that just because you are not paranoid, doesn't mean they are *not* out to get you, and this too carries a ring of truth. This Awareness indicates that paranoia has been defined as unfounded fear. When an entity says something is paranoia, often they simply mean: "It's frightening to me, and I don't want to hear about it." They confuse the word *paranoia* with the word "fear," or "dread," when in fact, there are two types of fear. There are those fears that are unfounded, and there are those fears which may be legitimate. There's also a number of degrees in between these two. This Awareness indicates that one can have some unfounded fear that has a certain amount of basis of truth but cannot be proven. There are those areas of fear, which when looked at carefully, can be a probability, a good likelihood, a certain percentage.

Is it unfounded fear if 2% of the people who go out into a particular neighborhood are accosted and an entity is afraid to go into that area? Is it unfounded because there are only 2% who get accosted? This Awareness indicates that if the entity says: "I don't want to go out there," another might say: "You're paranoid!" But what if that 2% is 5% or 20%? Where does the concept of paranoia, legitimate paranoia, and genuine fear begin? It is a matter of degree. It is a matter of subjective degree. One person may say that because you are 20% in danger and are afraid to go out, you are paranoid, but then, if your chances are 1 in 4 of being mugged, you have a legitimate fear.

This Awareness indicates it is all a matter of subjectivity; which is paranoia, which is legitimate fear. It depends on the individual. For the individual who said it was paranoia, perhaps this entity sees this as unfounded, because for one thing, perhaps he does not know facts that were known by others. Perhaps he has not investigated the area at all. Perhaps he is simply throwing out a term to prevent himself from having to look at this area, from having to learn about these facts, or from having to deal with anything that might trouble himself or others.

This Awareness indicates that when there are unfounded fears, the definition of paranoia, then the entity is seen as being unreasonably afraid. This Awareness suggests that it all comes down to the question of whether these predictions were unfounded. If an entity sees the information as paranoia as unfounded fears, but has not taken the time to investigate, has not taken the time to look to see if there is any foundation for the prediction, any foundation for the fears, any foundation for the possibility that there would be farm closures, or that there would be a diminishing of food supplies; if the entity has not checked this out, then indeed, the entity is operating on the 'tra-la tra-la' approach to life.

This Awareness indicates that when an entity accuses someone of paranoia, it is rightful that the entity be asked: What information do you have as evidence that there will not be a food shortage?, or How do you know