

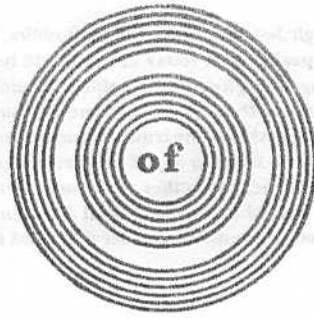
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Helping People Become Aware



SHOULD DRUGS BE LEGALIZED?

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COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

AN ADDRESS TO THE OLDER GENERATION BY COSMIC AWARENESS IN REGARD TO HELPING THE YOUNGER GENERATION

(Opening Message, C.A.C. General Reading)
March 11, 1988

COSMIC AWARENESS:

This Awareness wishes to call attention to the plight of younger people on this plane at this time.

This Awareness indicates that those who have lived on this plane for a considerable time have had a different kind of initiation to the earth experience than those who were born after the introduction of the atomic bomb. This Awareness indicates that entities who were born before the advent of the possibility of total destruction have a different kind of security within their subconscious, within their mental attitude toward life. For them, the bomb came along after they had already developed certain types of security from within.

This Awareness indicates these entities having had concern about monetary things; the generation before the bomb as being threatened in their youth by the dangers of starvation, hunger, or loss of security in terms of home or family or friends through potential separation of war or through the monetary losses; that the only threat of total annihilation came through religion, wherein entities were told the world could end at any time. This Awareness indicates once the bomb was loosed upon the earth plane, those who were born grew up from the beginning of their child-

hood, becoming more and more aware of living in a world which indeed would have that threat hanging over their heads at all times.

This Awareness indicates that this threat as that which gave these children, these post-war children, a totally different feeling about life than was given to the pre-war children. This Awareness indicates that the post-war children, this referring to World War II, saw life as something that was given, but could quickly and easily be taken away in such a manner as to destroy, not only themselves, but everything of value, everything that had been created through centuries of struggle. To these children, life became insecure in the sense that an entire civilization was resting on quicksand, and with a push of the red-button, the entire civilization could sink into oblivion.

It is a totally different kind of insecurity of mass-mind for these entities than that which was experienced to the pre-war generation, and much of the conflicts of values between the pre-war generation and the post-war generation relate directly to this insecurity, to the different kinds of insecurity. This Awareness indicates the pre-war generation is still quite concerned about the monetary securities, and quite concerned about family ties and relationships in a more concise manner than follows in those of post-war generations.

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This Awareness indicates the post-war generation has a greater sense of: "It could all come to an end at any time, so live as fully as possible, as fast as possible, and take risks without so much worry." This Awareness indicates that it is this kind of feeling, the risk-taking, because it could all be lost anyway, that causes many entities to turn to drugs or to irresponsible life values. This Awareness indicates that *It* wishes the entities from the pre-war generations to communicate more with those of the post-war generation and to have greater patience and understanding and to discuss and share values,—not to argue, not to oppose or find reasons for being hostile toward others' values, but to share the values and discuss these differences in order to find some kind of points of agreement and reconciliation.

It wishes this older generation to encourage the younger generation to be hopeful about the future and to contribute what they can toward the security of the future; that by encouraging and promoting a belief or image of a more favorable future, the younger generation can begin to contribute to that future. This Awareness indicates that this may be one of the main reasons and values for futuristic movies and stories; that these futuristic movies and stories suggest there will indeed be a future. Without such futuristic stories, many entities would not even believe there would be a future.

This Awareness indicates as it is, there are many who doubt the future will ever come, that they may never see a future. That if one does not foresee a future of reasonable length, then one is not likely to create long-term goals, and if one does not have long-term goals, then the entity is more likely to seek short-term pleasures, momentary pleasures, momentary gratifications, and may be irresponsible towards the world itself, toward society and toward others. This Awareness suggests that the older people can help to encourage and to assure younger people that their lives will be long and beneficial; that the earth *can* survive, that the people *can* survive, and that they as individuals have considerable ability to influence their own lives.

This Awareness wishes to see entities of the older generation spending time with those who are young and vulnerable, encouraging them to develop their skills, encouraging them to set forth long-term goals and purposes for their lives. This Awareness indicates these young people need help, they need your attention. They need your advice. Too much criticism is leveled at these young people, too much hostility. Resentment toward young people is so common among those of the elderly, and it is not the resentment that will help these entities to become better citizens, better individuals,—it is *encouragement*. It is a better self-image, a realization that *they can* have an influence in making this a better place to live.

[Emphasis is by the editor]

This Awareness suggests that you need not jeopardise or sacrifice yourself to encourage a younger person. All that is necessary is to treat them with respect and say the words necessary to let them know that you have faith in their ability to do something very good for others, very good for themselves, and to live a very beneficial and healthy life, one of constructive

activities. This Awareness indicates that the more entities can portray this message, the more the younger people will begin to see that as a possibility and the more they will turn in that direction.

How to Deal With the Drug User

This Awareness suggests instead of being hostile toward their vices, it is better to encourage them to do something better with their life, encourage them to drop those hindering vices and turn to something more beneficial, but this encouragement does not need to be done as a criticism. Instead of condemning an entity for using drugs, encourage the entity to do something better, to get away from the drugs into a better life-style, because it will be more fun.

This Awareness indicates that you must remember that the young person seeks pleasure and gratification. Talk to them in the language they understand: If they really want to have a lot more fun, they must get away from those things which tear down their lives and cause them eventual pain. Then tell them how fun it is to develop skills, special talents, special abilities, special careers which give them lots of money, prestige or other benefits with which they have more freedom to travel or do things that are truly enjoyable.

This Awareness indicates without some kind of image and goal that appeals to these young people, they will simply try anything that looks like fun at the moment, even though it fries their brain in a long-term standing. This Awareness indicates that it is extremely important in this stage of human development that younger people be given guidance, for there has come to be a kind of cool separation between the elders of a family and the young ones of the family, especially after the childhood phase is passed, especially when these entities move into teenage and adolescence; that parents seem to pull back and leave children and adolescents to fend for themselves in a world that is much more hazardous and dangerous to these vulnerable youths than in earlier times.

This Awareness asks entities to befriend their children, even into adulthood, for they do indeed need you, even though they may pretend they don't. This Awareness indicates often children, resentfully unable to contact in a meaningful way, unable to relate in a meaningful way to their parents, develop an attitude of: "They don't talk to me anyway, so I don't really need them any more than they need me," and the coolness that you may have given them they mirror back, and the breakdown of relationship occurs so that they feel abandoned and you too may feel abandoned mostly because you have been too busy to give them the time and attention and love that they needed, and as time passes and they withdraw, they begin to feel themselves too busy to spend time with you, even though you may find yourself having more time and more desire to visit.

This Awareness indicates that things can turn quickly to where you are suddenly alone, your children have reached out for years to be with you, to have their love, but because you have been too busy, trying to make a living, trying to do what you were required to do in the society; keep busy, meeting obligations, you had little time to respond to their reaching for you; and

then, as time passes, and you find yourself slowing down and those who depended on you in society turn toward others and you find yourself no longer overwhelmed by duties, you look about to see: "Where are my children? Where are the young ones? They are all over, they are gone, they are scattered. They have their friends, they have their families. They haven't called me. They haven't written. They never communicate with me. Why don't they communicate? Why don't they visit? What have I done that they would abandon me?"

This Awareness indicates you may wonder why they do not come for your birthday, they do not call for that special occasion. This Awareness indicates that they have reached for you and you weren't there, and they have reached for you and you weren't there, and now, they turn and reach for others, and they try to be there for their family, and for others who want them, and now you wonder, why don't they reach for me? This Awareness indicates that this is not at all uncommon, and it is a tragedy of this era that families are not as close, and are not as helpful to each other, and that parents are not as helpful to their children as they once were, and these children feel abandoned.

Why Family Roots Must be Reestablished

This Awareness suggests that it is very important to reverse this trend before it becomes a way of life in these modern times, for children can soon become so isolated from their roots that they may not even know who their parents are, they may not even know where they came from or where their family came from. This Awareness indicates that getting back to one's family roots helps to create a kind of spine of life, that strengthens the individuality and gives a person more of a character, a feeling of being someone. This Awareness indicates if you know not where you came from then it is hard to decide where you are going or whether you could even accomplish anything.

If you know where you came from, even if you came from slavery or from parents who were criminals, you at least have some kind of root to overcome, you have some kind of background to propel you towards the future, and if by chance you came from some family with a healthy background, you can draw on that and say "I too will carry on my family lineage in a healthy way," but if you know not where you came from, it is very difficult to select a purpose and direction with a feeling that you can successfully reach that purpose and hold that direction.

This Awareness indicates that when you know not your parents, or you know not your family's roots, it is important that you find someone who is close to you who can help to guide you, and who can share his or her past with you and relate to you as if you were a child, as if he or she were your guardian or parent, so that as you move through life, you can look back on this relationship that was sound and solid, one in which you knew you were loved, one which gave you guidance and concern. This Awareness indicates these stable relationships, coming from older people can be of greatest value to young people.

The elderly people of this country and all countries have so much they can contribute to the young ones, and yet the elderly people feel they are no longer needed, and the younger people feel that no one needs them, and that they are resented, and too often the older people do resent the younger, and yet there is so much that could come, could benefit if those older people and the younger people could only communicate and talk with each other and share their values, their fears, the insecurities and their encouragement and appreciation for each other.

This Awareness indicates those of the middle generations are often too caught up in productivity to worry about where they are going or where they came from. They are often too busy to take time to discuss with younger people or to relate with older people, for their lives are packed with activities, but there is great room and great opportunity for those who are retired, who are older, and those who are young and are unemployed to befriend each other, where they have much time to spend in one thing or another. This Awareness suggests you may find great value in spending time listening to each other's stories and experiences and the lessons that have been learned from those many experiences.

This Awareness suggests the questions be continued.

WOULD TELLING THE KIDS THE REAL STORY OF THE DRUG CHAIN HELP THEM GET OUT?

(THE IMPORTANCE OF DRAMATIZATION)

QUESTION:

In reference to the drugs these young people are into, I have a question in regard to the possibility of educating them. I have an article here written by a lady columnist named Georgie Ann Geyer, called *Drug Lords Rule as Kingpins of Crime*. I'm going to read this and then I'll ask the question. It says:

The State Department's just-released urgent report on drugs called for radical measures to dismantle the world's major drug cartels, which have become sinister 'shadow governments' in many countries.

We are seeing the birth of a deadly organized crime problem here and elsewhere. It is different from anything we have known before. It marks the internationalization of organized crime.

Outgoing U.S. Attorney Joseph di Genova, who has waged a gallant and brilliant fight for six years against drugs, gangs, and the rampant corruption in the D.C. government, warned of new "ethnic gangs."

"In countries like Colombia, we see the transference of authority from the government to thugs," this 42 year old fighter told me. "This is now playing out here with the emergence of new crime groups--Nigerian, Chinese, Jamaicans, Colombians. It is a new phase of organized crime that is beginning to have a tremendous effect on law enforcement."

Di Genova singled out the Jamaican drug gangs, who call themselves "posses" in honor of a questionable reverence for the old American Western films. "They are particularly violence-prone," he said. "There are automatic weapons all over the place. They move into a neighborhood, get a welfare

mother or someone to give their stash to. They completely terrorize the community.

"A whole new group is involved in it. They're taking over from traditional organized crime. They have different mores. In fact, they are anti-more."

Most Americans who pour into the capital this spring will see the exquisite beauty of the city: the shining white monuments, Lady Bird Johnson's exuberantly blooming beds of flowers everywhere, the languid Potomac sauntering by.

Underneath that lovely surface lurks this new monster. The papers tell daily the newest horror story. Three young women trussed like animals and shot to death while their children watch. At least 60 drug killings here since 1985 and probably 600 nationwide. New-style drug gangsters who kill one another as one would take a glass of water and "joint" their enemies (which means cutting up the bodies and distributing them around town).

I have covered Jamaica for 22 years. I've watched with sadness the disintegration of that idyllically beautiful island--politically, socially and economically. Most sad of all has been the complete loss of morality by the gunmen who now inflict themselves on the island. I have sat with the country's impassioned attorney general while he virtually shouted with frustration at these basically conscienceless young men.

The D.C. police will probably soon get automatic weapons in their fight--di Genova certainly wants that --but even those weapons would affect only the periphery of the problem. At heart, these drug traumas reflect the meeting of a conscienceless and violent generation of Jamaicans and a conscienceless and dangerously passive generation of American drug users."

[End of article]

Now my question is: I don't imagine that most of the kids involved in drugs have the slightest idea of what's on the other end of those drug connections, like the story conveys of violence, murder and all of that. Would there be a way to tell them the story? Would not this be a way to educate these young people, to wean them off the drugs by letting them know that they are guilty by complicity to this type of atrocity by continuing to buy the drugs?

COSMIC AWARENESS:

This Awareness indicates that this could be presented in a manner that would educate these young people, but it would need to be very carefully orchestrated or it might have the reverse effect. If there was any glorification in the presentation of these drug runners, or if the child, the young person were somehow to distort values and identify with those drug runners, they could actually become role models for the young person. This Awareness indicates it would have to be done in a way that totally destroyed any sympathy or feeling of compassion or admiration for those drug runners, and would require that sympathy, compassion and admiration be for those who worked against the drug runners.

This Awareness indicates it could make an excellent movie script if done properly, that the education of young people requires dramatization, either through plays, movies or dramatized speeches and presentations in which the young people participate or at least watch. It could also be done through music, or some other form of art. This Awareness indicates that young people do not generally get much from books or pamphlets but if they are dramatized in some manner, younger

people may benefit greatly. This Awareness suggests this could be, for example, dramatized in a comic book, or could be dramatized in some other more sophisticated media.

This Awareness indicates it will require many such stories and messages to counter the power of these who promote drugs to young people; that you must remember that these young people, just becoming acquainted with society, will only know that society which is presented before them. Those who have seen much in society are much better able to assess and make values, but when a young person has only seen their own home, and enter into school settings where drugs are part of the day, are part of the scene, the entity has no experience to draw on, other than that which occurs in that setting.

The entity needs to be able to draw on counter-experiences, counter-advice and counter-suggestions, things which allow the entity to have ability to make value judgment through choices that are presented. There is no choice if there is simply the presentation of drugs by classmates, and there is no education or counter-influence, the entity is going to be much more likely to say yes. This Awareness indicates that it is a most serious situation in the schools and societies at this time, and does indeed need vast sums of money to counter the effects of these drug influences.

Drugs Today are Greater Threat Than Foreign Military Programs

This Awareness indicates it is a greater threat to this nation than that of foreign military programs. This Awareness indicates that this country can have the greatest military arsenal of the world and still self-destruct from the increased use of drugs. This Awareness indicates that some of these drugs appear to totally disrupt the normal human feelings of compassion and warmth. Some of these drugs, such as cocaine, and other drugs such as crack, are in actuality, turning entities into ruthless criminal types who enjoy the suffering they cause others.

These drugs of this age are totally different from they psychedelics of the sixties which brought feelings of love and compassion between most of those entities indulging at that time. These drugs create cold hard and hostile feelings and feelings associates with power and contempt for others. It is extremely dangerous to your society.



THE DAWN OF CRACK

WOULD THE LEGALIZATION OF DRUGS MAKE THE PROBLEM BETTER OR WORSE?

(WHY ENGLAND HAS NO HEROIN PROBLEM)

(Follow-Up Question):

The government has admitted they've lost the war on drugs, even though literally billions have been spent and entire countries are being corrupted by those who raise and transfer the drugs. There is a growing number of important people, such as Gore Vidal, who say the way to stop all that is to legalize the drugs in this country, that this would stop the whole crime chain, it would bring the price down, it would eliminate the profits and so forth. Does Awareness see legalizing drugs to be the lesser of two evils, or would this just be a totally bad thing to do?

COSMIC AWARENESS:

This Awareness indicates that in the past, such as in the late 50's, England had hardly any problem with drugs such as heroin because it was made available through the doctors. There was no law forbidding the use of heroin. It did however, need to be purchased through doctors. At the same time, in the United States, it was illegal, and the price of heroin was far greater in the United States than in England, and because of that law forbidding the use of heroin and the black market for the substance, crime elements moved in, promoting the use of heroin, and pushed heroin in such a manner as to cause more and more entities to get others involved, and the spread of heroin became far greater in the United States than in England where no one could profit from its use other than the doctors who sold it without any profit other than just a small amount.

This Awareness indicates that by making it illegal, the price of the substance increases enormously, which motivates those who wish to sell it to sell even more and make greater and greater profits. It is much the same with any illegal drugs, and that is why the United States has, from 1950 to the present, had such an enormous increase in the drug problem. In this case, the entity Gore Vidal is correct; that if such laws suddenly reversed and entities could acquire the substance for their addictions from certain federal outlets or from certified doctors who were required to sell the substance at a very low, very low price, and only to those who are already addicted; if this were to become part of the policy, it would totally destroy the underground criminal organizations and take away any motivation for their continuing to smuggle these drugs in an attempt to sell them.

This Awareness indicates that along with this program of providing only to those who are already addicted, could be certain counselling to help these entities get their life in order so that they might eventually gain interest in something other than the drugs. This Awareness indicates that when entities find that they could get their drugs at much less cost from a federal agency or certified doctor, they are not likely to spend four times or ten times the price to get it from some underground drug supplier, and the entire problem could very quickly take on a new and different face, and the spread of drugs would no longer have its romantic appeal.

6. Many entities find it very exciting to do things that are rebellious towards society, but if society made it possible for them to have these things at a lower price, the motivation for saving money would take them away from the dealings with the drug runners, and would also remove the romance of rebelling against authority which many entities believe makes them appear to be macho or important, and in not being rebellious, but going in for an appointment as a client to receive your heroin or your cocaine for the day would quickly become embarrassing to the entity rather than an excitement.

This Awareness indicates that this could very well turn around the situation. This Awareness indicates conditions could be put on those who use these drugs, much like the methadone program, so that they experience some inoffensive counselling and so that they are registered in some way, whereby the society knows who they are and where they are, in case there is a need to contact them; that in this manner, by making it cheap and legal, but confined to those who are already addicted, entities could very well defuse the issue and excitement of doing something rebellious against society.

The 3 Essential Elements in Today's Movies

This Awareness wishes entities to realize that when movies are made, in determining whether a movie will sell well to society, there are three considerations that are considered generally essential to a money-making movie. These three elements in a script almost certainly assure the movie will make money in this society. The elements are: It must have violence. It must have some sex, and it must have a theme or hero who is rebellious to authority, whereby authority appears to be inept. With these values being expressed in movies, the question may be asked: Are they influencing the society toward this, or are they simply catering to the demands of society?

This Awareness indicates that it appears to be a little of both; that there is always the element and stage of development of people, to want to rebel against authority, to want to see entities who are having sex, because rebelling against authority lets them feel that it is okay for them to be hostile toward those above them, and they already are, and because if others are having sex, then they need not feel so guilty, and this helps to overcome their instilled religious programming, and in watching the violence, it helps them to relieve some of their own hostilities which build up from their own lives.

This Awareness indicates that the movies probably reflect society more than influence. This Awareness indicates that in relation to the drug situation, if entities are not rebelling against society, against the authorities in using the drugs, but are instead cooperating with these authorities who set up drug clinics, the thrill and mystique associated with taking these drugs is gone, and what is left is simply a habit, it is simply a kind of problem that the entity needs to attend. The addiction is no longer something daring, it is no longer something to show how courageous and daring the entity is, it is simply a problem the entity needs to attend to because his appointment at the drug clinic comes up that day, and he needs to get his fix. There is no thrill, there is only the drug itself, and the addiction itself. This Awareness indicates that many entities would lose interest in a very short time,

that those who did not lose interest might continue taking the drugs for long-term use, but would most likely continue even if they were still outlawed, would likely be out stealing and robbing to get the money to buy the overinflated and costly drugs on the black market.

When there is no need for these high-cost black market drugs, but when an entity can simply go down and get the drugs at the clinic, the entity no longer needs to get out on the streets and steal, so the crime would drop. This Awareness indicates that this entity, Gore Vidal's suggestion, is that which is a valid suggestion, but it is very unlikely that this could take place as a solution because the majority of entities would not consider this a solution; instead, they would see this as a surrender.

Awareness Says War on Drugs is Not Lost!

This Awareness indicates that it is quite interesting that the government has said they have lost the war on drugs, which in itself indicates a surrender. This Awareness indicates they have not lost the war on drugs, they have simply indicated they are not able to stop the use. This Awareness indicates this allows them to continue letting the drugs into the country without having to account for the reasons. This Awareness indicates that there is far more cooperation between government and drug organizations than is normally believed or indicated by the public statements and actions of these government officials.

This Awareness indicates that after the previous election, the president having spoken heavily about the war on drugs, cancelled programs that were budgeted to fund the war on drugs. This Awareness indicates that the work of that secret team which reached right in to the vice presidency as also having been part of that drug and government alliance.

This Awareness suggests the next question may be asked.

PROHIBITION OF ALCOHOL NEVER WORKED, YET DRUGS REMAIN ILLEGAL. WHY?

(Follow-up Question):

Well, I just wanted to comment that back in the twenties, when they had the prohibition against the drug alcohol, that all it succeeded in doing was to spawn a whole series of criminal mobs and a lot of impure alcohol that killed a lot of people; and once they repealed this, and put it under the government, they taxed it and sold it through certain places, a lot of the negative elements were eliminated; although alcoholism is still a big problem, there's a lot more educational work going on and rehabilitation programs to keep people off of it, and it just seems to me there is a strong parallel with the current drug situation, that something like legalization could be worked out eventually; but there's probably just too much money involved by politicians and so forth, to ever allow this to happen.

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that there are also many police departments who are allied with these drug cartels. This Awareness indicates that the cartels reach from country to country and into

many of the nation's most sacred institutions and the majority of the masses are not even aware of this alliance between the governments of the world, and the drug cartels; that the major actions in which drug runners are caught are actually nothing more than weeding out those who are not in the cartel by letting them be caught by the government agencies policing the actions.



ED's Note: When prohibition of alcohol was finally voted out, it left a federal bureaucracy of thousands of former officials now facing loss of jobs. In a desperate attempt to save these jobs, The Federal Bureau of Alcohol suddenly became the Federal Bureau of Narcotics, and began an inflammatory campaign against marijuana, the "evil weed" hardly being used at the time. Movies such as "Reefer Madness" were promoted, which showed high school and college kids getting 'high', their lust inflamed by the devil weed, they party far into the night, having a hilarious and very sexy experience, only to fall into degradation and addiction by the marijuana. (Today such movies are considered high camp by movie buffs). The majority of kids, having never heard of marijuana before these movies came out, of course sought out the demon weed in order to experience the ecstasy depicted in the movie. As a result, during the 1930s and 1940s, Harry Anslinger, head of the Federal Bureau of Narcotics, whipped up the drug fervor, and as a result of these 'drug fiends' government violated civil liberties on a wide scale and imposed Draconian prison sentences for the possession of small amounts. All of this to show the public how important was their new job.

The federal government began the modern war on drugs as part of its efforts to destroy the 1960s anti-war movement, since so many of its people used marijuana, often as an anti-Establishment statement. For the feds, this was a way to jail domestic enemies for a non-political crime. Under Nixon, Congress greatly escalated the war on drugs, even though it was well known the CIA had been involved in drug running since the 1950s. Today the feds spend almost \$4 billion a year through the Customs Service, the Coast Guard, the Drug Enforcement Agency, the FBI, and the IRS. State, county, and local law enforcement adds billions more. Despite all this firepower, today one in five Americans from the ages of 20-40 use illegal drugs regularly. Millions over 40 join them, and last year 825,000 Americans were arrested for it, including Elvy Musikka of Hollywood, Florida,--an elderly widow thrown into jail for possession of four marijuana plants, even though her doctor has said that without marijuana, glaucoma will destroy her eyesight. All over the U.S., the prison population has increased 60% in the last 5 years, largely due to drug laws.

Yet, in spite of these immense sums spent on the crusade, drug use has not decreased. Like the prohibition of alcohol before it, the criminalizing of drugs has not worked either. Today crack cocaine is the 'culprit', and because it really does make a person do evil things and because it is addictive, an entire raft of new laws was recently passed, which literally have removed the Bill of Rights from our Constitution and all but taken our freedoms away. Today you can have your door kicked in without a warrant, your phone tapped, your car and your body probed and searched; you must produce a urine specimen while strangers watch; in the name of 'fighting drugs', they can now legally confiscate your car, your home, your properties, your stocks and securities. And there's more, much more as a result of Mr. Reagan's drug laws recently passed. The list of civil liberties' violations as a result of these unConstitutional laws goes on and on and it's all very scary. There is so much support by ordinary citizens, who are ignorant of, or who play down the potential loss of their freedoms, because in all probability, they look out their window and see street gangs, crack dealers, teenagers with guns, occasionally even shooting them at rival gangs, etc. All of this has to do with poverty, kids who can't get an ordinary job, kids who have dropped out and who have been made an offer they can't refuse by the drug cartel, which is backed and fed by high federal officials and the CIA, among others, namely a chance to make a thousand dollars a day and often much more. These young drug dealers often use

8. this method of illegal dealing in order to feed their own addiction. They can't get the pure stuff in any legal manner, so they use and sell cocaine which is heavily laced with amphetamines and God knows what else, and this stuff can drive them crazy. Ahri-man! That's why you read about the crazys who will shoot at you at a stop sign if you happen to honk at them, etc. The impure stuff the kids are dealing actually changes their personality, creates a short-fused temper that allows them to explode in anger and do irrational things at little provocation. I have been told that pure cocaine does not make one react this way. It was in fact, a legal drug until 1914, prescribed by doctors and used in many products, including Coca-Cola, which still owns vast coca plantations in Colombia. (It's the real thing, folks! And it's also a billion dollar multilateral). Anyway, my point is that if drugs are legalized, the impure drugs that drive the kids crazy will disappear, and their dependency can then be dealt with through the system. This as an alternative to the new drug laws which deprive us of our Constitutional rights and freedoms. To me, this is a very sinister situation and it could all very well come down on us as one of the scenarios Awareness has given, --a "national drug emergency" where rights are suspended, the military, national guard etc. and overnight we find ourselves prisoners in a police state, all corralled and ripe for the plucking by those forces who would confiscate all we have, give us all a little number and say "Heel!"

Rather than go through all of that, I would rather see the legalization of drugs given a try. It certainly could be no worse. (Avaton)

HOW TO BECOME SELF AWARE

(SETH AND THE 7 LEVELS OF CONSCIOUSNESS)

QUESTION:

A question from S.H. She writes: "Seth explains that emotions follow or flow from our thoughts, that thinking is like self-programming and that creates all our reality that we experience. Do thoughts flow so fast that we don't observe them, but instead pick up the emotions they generate? If so, how can we tell if the emotion we are experiencing is ours or another's that we picked up on? Or do we only pick up other's feelings that we have unexamined beliefs about ourselves?"

COSMIC AWARENESS:

This Awareness indicates this as requiring that entities become self aware. This Awareness indicates that the majority of entities cannot discern their own desires from those programmings of others, cannot discern their own thoughts from the thoughts of others, cannot discern their own beliefs from the programming beliefs of others; that the majority of entities are simply like an open computer which allows anyone to program their set until they have reached certain limitations and begin to shut themselves down to any further programming.

This Awareness indicates that wherein an entity can open up to all experiences, suggestions, concepts and ideas, but discern for themselves which of these they wish to allow their computer to accept; these entities become their own programmer. This Awareness suggests that wherein a thought moves through your head and you move with the thought into emotional levels on that thought, you have failed to observe what is happening. This Awareness suggests when thoughts move through the head and you look at those thoughts without judgment, but in watching those thoughts move through the head, discerning

their nature, their source, and their goals; you are one who is aware of your mind.

The Seven Levels of Consciousness

This Awareness indicates that you refer to the seven levels of consciousness, the lowest being the mind, which correlates to the mineral level; the next being the emotions, which correlates to the vegetable level, the mind being mineral because it is concerned with focusing on points, words, or concepts. The emotional being vegetation because it is concerned with attachments, or fear of losing attachments. The feeling level being the third, is correlated with animal level, as it is responsive or reactive to that which is occurring around it. The fourth level being the level of awareness, wherein one looks and sees, but neither feels nor has emotions nor thinks about what one sees or experiences.

This Awareness indicates this fourth level correlates to consciousness and to the mystic state; this as likened unto a catatonic state wherein there is no reaction or response. There is simply awareness.

This Awareness indicates the fifth level as wherein one who is aware looks toward feeling and becomes responsive toward that which is occurring around the entity, responsive but with an awareness. This fifth level being awareness of feeling; that wherein one is aware of feeling, the entity can look at their own responses and their own reactions to that which is occurring.

This Awareness indicates the sixth level as that wherein there is the awareness of emotion, and one can look at emotion, being aware of the attachments one puts upon oneself and being capable of taking those attachments off, even as one puts clothes on and takes clothing off.

This Awareness indicates that the seventh level as that wherein one becomes aware of the mind, re-engages the mind, allows the mind to think its thoughts, to run, to move, to flow with its various thoughts and ideas; but in this level, the entity does not identify with the thoughts, is not attached to the thoughts, but simply watches those thoughts move as one who watches a computer work.

This Awareness suggests the thoughts which run through your mind are not you. That which is you is that which is aware of those thoughts which move through your consciousness. This Awareness indicates the mind itself equates to Lucifer and the awareness of the mind equates to the Christ Consciousness.

This Awareness indicates the eighth level of consciousness is that level wherein an entity puts to practice and moves through life with those three higher levels of consciousness in action: the awareness of feeling, the awareness of emotion and the awareness of mind, integrated as a trinity, wherein that awareness is observing in all levels of expression, but does not control those expressions. It simply observes *what is*.

This Awareness indicates that any action of the mind which seeks to control one's behaviour is not an action of awareness, but is an action of the mind; and when this occurs, this Awareness suggests that you look at this action of control without judging: for any action that judges is an action of the mind and is not an action of awareness.

This Awareness indicates the mind continually attempts to step up above itself, to resurrect, like the phoenix, and rise above itself and judge itself and believe itself to have transmuted and to have become better. The mind continually attempts to look down upon what it has been, assuming that now it is better. This Awareness indicates this as but an ego rising from its ashes, taking an ego trip on its ego death. This Awareness suggests that when this occurs, you not judge this. You not put yourself down. You simply look at this from a level of awareness.

This awareness, when observing the mind in its various gyrations of one-upsmanship, will gradually allow the mind to settle into a state of poise, when the mind realizes it is not being judged and it is not getting by with its trickery.

(Closing Message) Be Aware of Your Expression

This Awareness indicates there are many ways to be. There are many forces in movement. There are energies behind energies. There are experiences mixed in with experiences. The universe contains many mansions, many planes, many attitudes, many moods, many possibilities; and it is given unto entities that they may have any of these which they desire, simply by reaching out for those and moving into those experiences, attitudes, realms, energies, moods or movements. This Awareness indicates that the only restriction or caution involved, is that you be aware that a movement in one direction creates

a reaction. The taking of one thing denies another. The attitude of one approach restricts others. The energies taken from one area relieve energies from another. Therefore, entities must be aware of themselves and their expressions.

IN HER DREAM SHE CONSENTS TO AN
AUTO ACCIDENT, WHICH LATER OCCURS.
WHY? WAS SHE PAYING OFF SOME KARMA?

(DREAMING BACKWARDS & "THE EXCLAMATION POINT")

QUESTION:

A question from L.P., who's living in Costa Rica. She writes: "I have a question for Awareness if you deem it suitable. It regards a vision, or semi-dream. My family and I recently had a serious car accident. We were hit broadside by a drunk who was speeding in our lane. Our VW van rolled three times. There were six people in our car: my husband, two adult friends, my 2-1/2 year old son, my 7 year old son, and me. No one was injured beyond bruises and minor cuts except me. I had serious back pains and a concussion, and spent two days in hospital. It has been three months since the accident and I am now perfectly fine.

The interesting part is that just before the accident, I was sleeping on the back seat of our van, friends and kids were sleeping on the floor. I remember meeting in my dream or in my vision with a group of about four people. We were sitting around in a group discussing the accident which was about to occur. The only distinct fact I can remember is that I made everyone promise me that no one except me would be injured from the accident. This group of people, it seems, was asking my permission for the accident to occur, and I consented, as long as no one was injured except me. Then it seems we discussed the extent to which I would be injured.

I believe this was an actual occurrence, this vision, or whatever it was. I assumed these people I met with were my spirit guides or subconscious self, deeming that this accident would be a good opportunity to burn off some karma. I really don't know. On the other hand, did I consent to something completely unnecessary, and perhaps I should ask that these spirit guides move out of my life? Anyway, who were those guys? All of this leads to the question which well may have been answered by Awareness in previous readings: Do we have a certain amount of karma that must be paid for in earthly suffering as opposed to service? If not, why would I consent to the accident?

I read in a spiritual book that a certain percentage of karma had to be paid for through experience, and the balance could be accounted for through meditation and forgiveness. I believe it was 51% which had to be paid for through experiences. It is also my understanding from the Sat Sang teachings which have been recommended by Awareness in previous readings, that a certain percentage of karma had to be accounted for through experiences. The balance would be taken on through the master and through meditation."

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that this did, in the process of the action eliminate some karmic carry-over from previous experiences. This Awareness indicates that there is also a pattern or situation that occurs frequently with entities who are ready to move on to a new plateau in their spiritual development, wherein a physical grounding, or physical accident is required to propel them into higher spiritual expression. For example, an entity may become involved in an accident, which lays the entity up for some time, which causes the entity to think about things in a totally different way, and which in turn leads the entity into a higher spiritual perception of life. This Awareness indicates that this is in part the situation in your case also; that the accident for some entities, in having completed one phase or one line of action in one's life, can be thought of as a period or exclamation mark, ending a certain sentence of that life, after which a new phase can then begin.

This Awareness indicates you may look at this accident as being an exclamation point between two different phases of your life, and you may see that there was a major change in things associated with your life, that this seemed to mark or accent. This Awareness indicates that these dreams or visions which were experienced were in part the result of your being in that state of consciousness referred to as an antimatter level, wherein you were more or less dreaming backwards, or seeing backwards; that when you entered into an antimatter state, everything can reverse, and you see into the future.

This Awareness indicates that your actual awareness of that which was coming, allowed you to prepare yourself for the event, and those entities who were meeting with you were likened unto representations of the others in the vehicle with you. They symbolized or stood for guides or higher selves for these entities who were with you. This Awareness indicates that it is indeed fortunate for you that you were able to remember this vision; that many entities have such precognizant experiences but do not recall them after the event.

IRRADIATED FOOD: WILL DS-CELL WATER OR ANYTHING ELSE HELP?

QUESTION:

I had a question in regard to the radiation of food. It appears that it isn't so much the radiation itself that's the problem, as it is the altering of the cell structure of the food, and I wanted to check to see if putting S-Cell water (now called DS-Cell), washing the fruits and vegetables in Cell water would make any difference at all?

COSMIC AWARENESS:

This Awareness indicates that this can be somewhat helpful in regard to bringing some vitality back to the food; however, the real problem with radiation is that the enzymes are destroyed in the food and the enzymes of fruits and vegetables are a major part of what makes them valuable as a food supplement, that without enzymes, the food is hardly of any value.



"First, we have to convince the people that good health isn't everything."

There are calories and there are carbohydrates, and there may be minerals, and these can have value, but when the enzymes are missing much of this remaining value is not digested, because without the enzymes the system does not digest the remaining food as well, and unless one's own body has sufficient enzymes to digest, much of the nutrient will be lost.

This Awareness indicates that this is one aspect of food irradiation; the other being that of the alteration of the molecular structure; that this can alter to the point of preventing the food from properly ripening, and depending on what the food is, can cause other results. This Awareness indicates that the S and D-cell are not particularly valuable in regard to substituting for enzymes, although entities might take enzymes in conjunction with the eating of fruits and vegetables; it seems a pity to destroy the natural enzymes in the fruits and vegetables just to have those things last longer on the shelves and requiring that entities take supplements in order to replace the enzymes that had been destroyed.

ED'S Note: For more information on food irradiation, please refer to 'Revelations of Awareness' No. 89-1 (Food Irradiation: Is it Harmful?): \$3.00 from CAC.

HOW TO DEAL WITH BUNIONS WITHOUT GETTING SURGERY

(MORE ON HYDROGEN PEROXIDE)

QUESTION:

A question from H.G., San Francisco. She asks: "Please ask Awareness if there is something I can use that will shrink the bunions on my feet? I have some fear of having them removed by surgery because of my age. What is the best to do?"

COSMIC AWARENESS:

This Awareness indicates that the administration of hydrogen peroxide daily, with a Q-tip on the area as that which is beneficial. This Awareness suggests this may be done 3 or 4 times daily. This Awareness indicates also that supplements of beta-carotene or that Vitamin A that comes from carrots, and also Vitamin E taken orally, over a period of

several months, can be beneficial to the general skin of the body, including that area. This Awareness indicates the topical application of H₂O₂ or hydrogen peroxide to the area is seen as beneficial for a local treatment. This Awareness suggests also that lecithin and wheat-germ oil can be beneficial, applied to the area, but that this needs not be done simultaneously to the hydrogen peroxide.

This Awareness indicates also, aloe vera is seen as beneficial, either as a gel or juice; that the juice may also be taken internally and have some benefit for the external skin, as well as for other physical functions.

HOW CAN THE SUN, GIVER OF LIFE, CAUSE CANCER OF THE SKIN ?

(MORE ON THE OZONE LAYER)

QUESTION:

E.C. of Irvine, California asks a question about cancer. He says: "How can it be that the sun, the great giver of life can cause cancer of the skin, melanoma, when lying out in it?"

COSMIC AWARENESS:

This Awareness indicates that the sun also burns things up. The sun can also dry things out. The sun is not simply a giver of life, it also takes life. This Awareness reminds you that *anything* in excess can be harmful. Water may be called the giver of life since 97% of the body is water. However, if you were to have too much water it would take life from you, likewise, there are certain vitamins and minerals and if these were missing you would no longer be able to survive, so in that sense they may be considered as givers of life.

This Awareness indicates that if you had too much of any of these vitamins and minerals, it might prove harmful to you. It is simply a situation in which excessive sun can have adverse effects. This Awareness indicates that cancer results from many different sources or reasons; that in many cases the radiation from the sun burning the skin is simply an action of excess. The skin cannot take that much burning without some kind of excessive radiation from it, causing the cancer to develop. There are of course those other efforts to neutralize the radiation effect or to rid the body of cancer, these being part of a different area of discussion.

This Awareness indicates that many entities worship the sun as though it were some kind of deity that could do no harm. This is simply not so. The sun can be extremely dangerous. The sun can also be extremely necessary. Without the sun, everything on the earth would soon die, but if the earth moved closer to the sun and you received too much sun, or if the ozone layer which protects entities from the adverse rays of the sun were to be further depleted, much life on this planet, if not all life, would soon perish.

TWO BRIEF EXERCISES TO ENHANCE YOUR MEDITATION

(Right & Left Handedness & a Sound Meditation)

QUESTION:

In his book, *Prometheus Rising*, Robert Anton Wilson claims that if you use your left hand, it increases the activity of the right brain. He also writes: "One of my favorite exercises is this very old Buddhist one. It gets better the more often you do it. I am sitting in this room doing this exercise because...then I list all the reasons. You have to include not only 'why am I doing this exercise' but 'why am I in this room? Why am I in this city and not somewhere else on the planet? How did I get here and not somewhere else? What are the forces that brought me here? Why am I doing it tonight instead of last night?' and so on. This is a very powerful exercise, that really changes your perspective on things. Do it for about 20 minutes; then do it the next week for about 20 minutes. You'll grow a great deal."

He adds: "Another of my favorite exercises is of Sufi origin. It's a listening meditation. I don't know the technical Sufi name for it. You just close your eyes and listen to all the sounds around you. I have found that in four minutes you get into deeper meditation that you can get in 20 minutes of most others."

Would Awareness comment as to the validity of those exercises?

COSMIC AWARENESS:

This Awareness indicates that these as being very profound activities which indeed will reveal much to an entity, increasing awareness of What Is. This Awareness indicates that there is not much that can be said about such that could not be better experienced by entities using these exercises. This Awareness indicates in reference to the use of the left hand and its effect on the right brain, that this is indeed true, and this Awareness wishes entities to understand that the left hand affecting the right brain, helps to strengthen the special and linguistic effects of the brain which operate from the right brain, helping in terms of artistic and creative qualities.

How to Increase Your Child's I.Q.

This Awareness indicates that the right hand similarly supporting and assisting the left brain to enhance the analytical ability for an entity to reason, to operate mathematical problems, logical and analytical problems, or in other words, the rational aspects of the mind, thus one who practices using both right and left hands will develop both the artistic and the rational aspects of their minds. This Awareness indicates that young children being allowed plenty of space and time to crawl and to use their hands in picking up and playing with things, manual movement of the hands in terms of crawling and touching and picking up and examining various types of things that are interesting to the child; this is a way of building a higher I.Q. for

the child than having a sterile clean room in which the child cannot easily move about, or keeping the child in a location so as not to be able to crawl around or grab things, or use things.

This Awareness indicates the more stimulus available to the child's hands during the raising of the child, (this in reference to all ages), and the more stimulating to the child's mind these hand operation may be, such as puzzles and those things wherein certain shapes need to be put into certain shapes; all of these blocks which may be stacked together in certain patterns, all of this kind of thing is stimulating to the mind and will assist the child in developing a higher I.Q. This Awareness indicates that hand and eye and brain coordination go together so that the more the hand and eye work together, the stronger and more intelligent the brain becomes.

This Awareness indicates the same is so with the feet; that the dexterity of hand and feet, along with eye, helps to enhance the power of the brain to analyze and synthesize and perceive information and process information.

ALL ABOUT BEE POLLEN: ANY NUTRITIONAL VALUE?

QUESTION:

A question from R.D., Kissimmee, Florida. He would like to know the nutritional value of bee pollen. It is advertised to be a complete source of vitamins, minerals, enzymes, and other necessary nutrients. Would you ask Awareness about this?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative, although bee pollens vary, depending on the types of plants and location of the pollen collected. That generally however, the bee pollen, regardless of what type, or from where the pollen has been collected, it is still filled with vitamins and minerals, compacted in very small parts, so that the ingestion of even small amounts of bee pollen daily can help supply most of the needed vitamins and minerals.

BEE POLLEN--THE SECRET OF REAGAN'S HAIR?

(Strychnine-Laced Pollen Once Used in Murders)

(Follow-Up Question):

There's an article in *Parade* magazine that says that President Reagan has been taking bee pollen in the form of 153 calorie snack bars, made by C.C. Pollen Co. of Scottsdale, Arizona, ever since 1961, and he credits this bee pollen to giving him a longer life, and a natural hair color, and he claims that it helps cure fatigue, listlessness and ennui. Does Awareness agree that bee pollen does have longevity capabilities?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative, especially in regard to its ability to provide the necessary nutrients for long life. It does not necessarily follow that bee pollen will guarantee a long life, for entities may have other problems which could hinder them in living a long life, and bee pollen might not necessarily be sufficient to counter those other problems. This Awareness indicates that it cannot hurt, and it can help considerably.

This Awareness indicates there was, at one time, an entity traveling in the Northwest area from city to city, selling bee pollen which was tainted with strychnine, and there were some negative results from this, including the death of one person. This entity appears to have been hired to sell bee pollen, establish a name for himself and to use the bee pollen at certain times to eliminate undesirable persons, according to the instructions of those who were having the entity peddle the bee pollen; that most of the entity's pollen was good, but the entity would, on occasion, be instructed to sell to a particular person in the circle in which he circulated. This Awareness indicates it does not appear this entity is presently active in the area.

This Awareness suggests that when you purchase bee pollen, be cautious that you get this from a reputable source and not just from anyone on the street who peddles the stuff, for you do not know what might be in the pollen.

ROYAL JELLY FOR YOUTHFULNESS

(BEE SURE YOU REALLY NEED IT)

(Follow-Up Question):

P.C. of Rockspring, Wyoming, has a question in this line. She says: "I was sent information on a pill called 'Forever Youthful', from an outfit called Fountain of Youth Club, in Bixbee, Oklahoma. This has Royal Jelly from bees in it, and it is supposed to take years off of your age," and she'd like to know if Awareness would comment on this product, which contains Royal Jelly?

COSMIC AWARENESS:

This Awareness indicates that this Royal Jelly does have much benefit, this being similar to the bee pollen, but being somewhat even more potent; the Royal Jelly as having effect on the skin and the appearance of an individual also, besides having effect on the general health of an individual. It is more expensive, especially to the bees who must work very hard to make the Royal Jelly. Essentially, this is made for the queen.

**WHAT'S SO INTELLIGENT
ABOUT THE CIA?**

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