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The New-Age Cosmic Newsletter

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Cosmic Awareness Communications
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Helping People Become Aware

THE NEW THINKING

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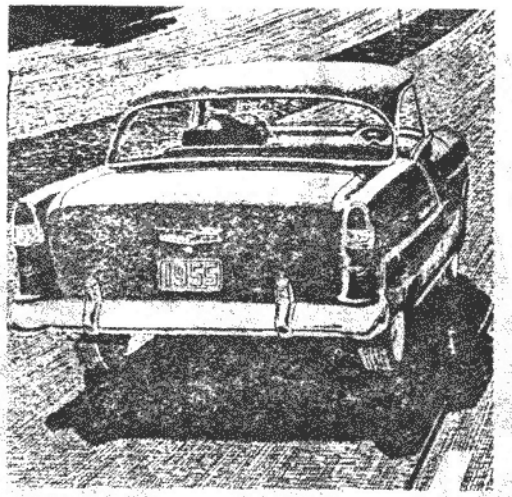
COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious 'trance' levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter



(THE DAWN OF THE NEW BEING)

HOW CONSCIOUSNESS HAS CHANGED IN THE PAST THREE DECADES

(Opening Message) CAC General Reading, March 7, 1988

This Awareness indicates that many entities living in the present time reflect back on the great changes that have occurred in the past 20 years. This Awareness indicates that you are now nearing the end of the decade; that in the past three decades, great changes have occurred in terms of the values and expressions of humanity; that were you to suddenly be transported back in time, not simply to the society of the 50's but to the thinking processes involved with entities during the decade of the 50's, you would find your mind working and acting and thinking in a manner alien to your present way of thinking.

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This Awareness indicates that in order to fully comprehend this, this Awareness suggests you take a moment and imagine yourself living in the era of the 50's. If you can imagine only seeing up to a period of 1955 for example, having just witnessed the Korean war and World War II and other previous historical events, with none of that which followed; if you could visualize only being able to see up to that point in time, you will understand what is meant by the evolvement and change in consciousness.

This Awareness indicates that all of the events that have occurred since that period of 1955 up to this time in 1988 have resulted in considerable changes in values in the way entities think, in the way entities perceive their world.The perception is no longer the same as that which was in the mid-50's. Entities do not perceive reality as it was once perceived. That this change in the way entities perceive as that which has been developed from the significant events that have followed.

This Awareness suggests for example, the involvement in the war in South Vietnam, in which the United States did not emerge as a victor; the witnessing of the assassination of a President, in which the apparent good-guy, did not win, the witnessing of mystery around the entity's death in which top government officials seemed to be hiding something; the witnessing of corruption that followed in government in the 70's; the further exposures of crime, corruption and violence perpetrated in high places; the experience of seeing the cold war depolarized; watching friends become enemies and enemies become friends; all of these political, national and personal events that have happened to individuals under which entities have shared their experiences while the camera and the television gave

forth images, closeups of foreign lands, foreign people, foreign cultures, bringing them into your own homes.

This Awareness indicates that all of this as being quite unique in the history of mankind, for in the great past experiences and historical events, the realities were presented only in stories, in words, in written manuscripts.That in this present time, events have been brought before your eyes.

This Awareness indicates that entities during the time of Lincoln's assassination may not have heard of this for several months, as the news travels quite slowly. In the assassination of John Kennedy, entities knew about it within minutes. This Awareness suggests this speeding up of mass communication as that which is allowing entities to have greater communion with one another's mind, with one another's experiences, and this mass-communication is creating what may be termed an involvement with mass mind. It is likened unto that which Carl Jung spoke of as the mass consciousness or mass mind, in which entities can attune themselves, can tap into, but which in present society, becomes commonplace because of the media and technology that brings the world into your own home. This Awareness indicates that even within the past few years values have undergone shocks, stress and changes; laws are passed which alter the way entities are allowed to treat each other by reason of color, by reason of belief, by reason of class.

This Awareness indicates that even in the past few months, entities who have been seen as pillars of society in promotion of certain values held sacred, are suddenly discovered to be as corrupt as any of those to whom they advise against such corruption. This Awareness indicates that struggle which is occurring within humanity, within the individual, the struggle of right and wrong, of these polarities, the claims of righteousness and the reality of those distortions within an individual who hides from the public his dark side, and is suddenly exposed before the cameras; this is that which this Awareness has long suggested would come about,--that no secrets can be maintained against the Light.

TV Evangelists--Why Sexual Hypocrisy Occurs

This Awareness indicates that the recent problems seen in the television evangelist programs and promoters, in which at least three have been publically recognized as being hypocritical to their beliefs, is a symptom of the polarized condition under which these entities are bound by their particular role of playing the righteous individual. This Awareness indicates that when an entity chooses to pretend or to promote oneself as being righteous and makes a life-long career of this promotion, the very action tends to create a polarity of extremism toward that righteousness.

This Awareness indicates that when an entity is polarized toward a highly exaggerated performance level, there will be that equal and opposite reaction according to that law of physics, in which a less righteous side becomes a prominent part of the individual, thus, you hear stories about those public figures who appear to be quite righteous or quite beautiful, nice, harmonious, wonderful people; you hear stories from those who know them in their private life, seeing that they are harsh, unpleasant to be around, or have some secret and more seamy side to their lives.

This Awareness indicates it is because of the extreme polarity; when one polarizes in one direction, there is automatically created an extreme on the hidden side that begins to frustrate the entity, and eventually creates in moments of weakness, an outlet for that dark side of the individual. This Awareness has indicated the importance of reconciling the yes and no. This Awareness indicates that in past philosophies, entities have argued the importance of polarizing oneself; in the Zen teachings, the statement is: "If you're going to walk, then walk! If you're going to crawl, then crawl, but don't wobble!" This Awareness indicates that in Christian terminology, the statement was not to be lukewarm, but to be either hot or cold.

How to Reconcile 'Yes' and 'No'

This Awareness indicates that in recent political levels, the entiry Spiro Agnew warned entities not to sit on the fence but to choose sides, to become polarized, one way or the other. This Awareness has asked entities to reconcile the yes and no. This reconciliation of yes and no as that which refers to movement toward the center, whereby entities can look clearly with attention, without judgment, without condemnation, without prejudice for or against, but with extreme objectivity, as one who stands balanced between the two ends of the teeter totter, between the two ends of polarity; for only in that delicate and absolute balance can entities see clearly, and absolutely without prejudice.

This Awareness indicates that the action of prejudging, judging before looking, as that which creates more of the problems on this plane than any other action. The action of discerning, without prejudging, as that action which creates the greatest clarity, for seeing, for perceiving reality on this plane. This Awareness suggests that entities more and more will see the benefits to their consciousness, to their lives, to the way they observe and perceive reality, if that perception is likened unto that of a child, in which no opinion is brought to the moment from past, but in which the moment is looked at afresh, with deep discernment, without polarity, observing to see *what is*, rather than bringing your judgment to bear on something you are beginning to observe.

This Awareness indicates that too many entities on this plane come into a circumstance or situation with their mind already made up; too many entities on this plane already know the answers before hearing the questions. This Awareness indicates too many entities on this plane already have an answer for the circumstance before even observing the circumstance in its entirety. Too many entities on this plane already know what you should do in terms of your life, without even knowing anything about your life.

This Awareness indicates the question is: How can you discern clearly if your mind is already made up? This Awareness suggests that the movement at this time is that which is and has been for the past 30 years, creating greater and greater uncertainty in the minds of humans, and the value in this, if you wish to know, is not that it creates security, but that it creates greater and greater insecurity, so that entities can no longer rely on those things which created the already made-up mind, but must learn to discern afresh, from moment to moment, the new realities that appear.

Wherein entities can no longer rely on tradition and answers from the past, hand-me-down platitudes which served in the past, lines which once were delivered without thought, words which sufficed to put an end to the discussion without the necessity for looking, observing, perceiving, thinking, questioning, or doing anything other than throwing out the quotation, or line, or word that is usually used in such circumstances.

This Awareness indicates that 100 years ago, or even sooner, and before, entities had an array of sentences, adages, words, lines which could be brought to bear on any circumstance, and if they they had sufficient phraseologies and labels or quotations or lines to present for various circumstances, they were considered intelligent. It was a matter of memorizing what to say under what circumstance, rather than actually perceiving the circumstances and letting the words follow which best described the perception.

This Awareness indicates now, entities are required to think and perceive, and then to open their mouth and describe what they perceive, if indeed they are to be given any credit for thinking, for intelligence and for acting in a responsible manner, for the world has grown more complex. Entities are no longer satisfied with platitudes; entities want answers, reality. Entities want descriptions based on in-depth and respectful perception of a situation or problem. This Awareness indicates entities no longer accept the colloquialism, the usual response, the phrase that turns the entity away or turns the entity toward you; entities want to know *why* you say this, *why* you think this. Are these words based on clear honest perception, or are they simply canned answers such as those which would come from a computer program that had been programmed with certain phrases which are not associated at all with thinking processes but are simply: garbage in, and garbage out; phrases in and phrases which come to the surface when called upon? This Awareness indicates thinking, in the higher sense, does not repeat itself simply because that's what was put in there for this situation and that which comes out when the situation occurs. Thinking looks at a situation entirely new, and perceives the situation, even if it appears similar to other situations, perceives the situation for what it is, with its nuances, with its slight changes, with its uniqueness, and responds to that uniqueness with something totally new and appropriate to the new unique situation.

This Awareness indicates this is what is meant by discernment and perception in the new thinking that is emerging. This Awareness indicates the new thinking that is emerging tunes into the reality of *What Is.* It does not tune into labels, such as Communism, followed by the label which has been programmed for appropriate response to the word: "Hate! Hate Communism!" This Awareness indicates rather, the entity who is truly thinking, will ask: "What is it you mean when you say 'Communism,' in regard to this situation?"

This Awareness indicates there are so many ways which entities in the old thinking processes can influence, can intimidate, can twist reality, can distort reality. This Awareness indicates that there is a sign here in Centralia, Washington, a picture of Uncle Sam on a billboard asking the question, making a statement: *'The Communists endorse Jesse Jackson for President. Do you?'* This Awareness indicates that this is a sign intended to influence voters against the entity Jesse Jackson, by associating Communists, which is a word carrying certain loaded emotions, and Jesse Jackson as being hand in hand, and asking the reader if the reader is part of that team of Communists and Jesse Jackson.*

This Awareness indicates that this manipulative type of mental wording as that which is very common in the old way of thinking. It is a childish way of thinking, in the sense that it plays with emotions, distorts reality and influences the majority of entities who are not

clear, who are not depolarized. This Awareness indicates if an entity is polarized against Communism, if an entity is then given an association that Jesse Jackson is supported by Communists, the implication is that Jesse Jackson is either a Communist, or if you supported Jesse Jackson, you would be supporting Communism.

This Awareness indicates there is no evidence offered that Communists actually support Jesse Jackson. Even if there were, so what? Perhaps there are Communists who support Jesse Jackson, perhaps there are Communists that support others, but it does not mean that Jesse Jackson is not a good candidate for the Presidency. This Awareness indicates this entity may be supported by certain religious groups, by certain sexes, by certain age groups, by certain nationalities, by certain people from different locations, by certain people from different belief segments or cultural or social strata. The entity may have the support of numerous types, which maybe includes Communists, which maybe includes Masons, which maybe includes Chinese, which maybe includes baseball players, which maybe includes actors, which maybe includes any type of person who likes Jesse Jackson.

This Awareness indicates if one begins to discern without polarity, one then perceives a clearer and cleaner reality in regard to Jesse Jackson than if one simply looks at what is said, links the two: Communism/Jesse Jackson, and comes up with the usual summation: "Hate Communism/Hate Jesse Jackson"...that this is the old way of thinking, to allow polarized emotional labeling to affect your thinking so that you can't be fair and honest in terms of that which you are perceiving.

This Awareness indicates new thinking as that which requires that entities be objective without prejudice, without extreme polarity. This Awareness indicates the mass movement of consciousness during the past 30 years toward that which is confusion, toward that wherein cultures are melting, merging, conflicting , disrupting each other's securities; this disruption creating the confusion as that which is forcing entities to think, to discern for themselves what is real, instead of simply following the statements, the platitudes, the old hand-me-down adages written by some ancient poet who wasn't thinking at the time of the writing, but simply noticed that the words sounded quite interesting and poignant.

* ED's Note: Awareness is referring to a huge billboard that can be seen from Interstate 5 when one travels between Portland and Seattle. It is on the property of a conservative John Bircher turkey farmer, who changes the message several times a week, much to the distain of many travelers and authorities. The federal government once took the entity to court on grounds that billboards were illegal along the freeway, but the court, noting the First Amendment, ruled the billboard could stay. Over the years this turkey grower has attacked hundreds of people who he deems as 'subversive', including Jane Fonda, who he refers to as a 'communist'. He implores the U.S. to get out of the United Nations, to retake the Panama Canal, "Jail homos with AIDS", Bomb Iran, Mirramar Khadaffi, to name but a few of the axes he publicly grinds. Jesse Jackson is a current favorite and is getting insults of every description.

This Awareness indicates you can look through some of these old quotation books and you will find that for almost every adage or quotation given in favor of some viewpoint, there will be another which is just as poignant, stating the opposite. This Awareness indicates for example, there are those who say: "Familiarity breeds contempt," and entities will look and say: "Yes, that's true." Then someone else can say: "Absence makes the heart grow fonder," and you can say: "Yes, that's true," and so the entity leaves because he does not want to be familiar, and have contempt, but wants to have the heart grow fonder through his absence, and all seems appropriate by these quotations and platitudes which have been handed down; therefore, the entity is now gone, and someone says: "Out of sight, out of mind."

This Awareness indicates the entity is no longer fonder in the heart, for he is out of sight and out of mind. This Awareness indicates that platitudes may sound good, and that is all they are for. They are little itty-bitty propaganda statements to hook the mind to stop it from any further thinking. This Awareness indicates that many of your politicians run their campaign on one-liner platitudes and entities sit and watch for the person who can come up with the one line that puts the other down and makes them the hero of the debate. This Awareness asks if this is what you are using to select your presidents? Are you selecting your president on who can turn the clever word?, on who can put down the other parties best, in the shortest time?

This Awareness indicates it would appear that this is the contributing factor, perhaps the major factor in the selecting of a president, and as this seems to be the case in your present world, it reflects poorly on the judgment of the voters who obviously do not think, who obviously do not want to think, who are quite content in finding the entity who can best turn a phrase in order to allow them to put their brains to rest at last. This Awareness indicates that it will not end there. Society in this fast technological age is not going to allow entities to put their brains to rest by hooking to a phrase by a politician, but instead they will be stuck with that politician and all that the entity does which affects their lives, along with the others who likewise throw out their platitudes, their one-liners, and act mechanically without clear thinking, and these entities who are following the phrase and platitude droppers will find themselves opinionating, looking for ways to influence their friends, while the world is still becoming more and more confused, until nobody believes anybody, regardless of how clever the words, and they begin to look for facts, look for realities, because they are confused and do not fully feel comfortable with simply clever words.

This Awareness indicates that thinking indeed, is beginning to occur on this plane, very slowly, in rudimentary levels; by thinking, this Awareness does not mean parroting, repeating or phrasing clever lines, this Awareness means *perceiving reality* and following that perception with the most accurate words available to properly share what is perceived. This Awareness indicates that this is in its basic and most rudimentary levels at this time, but is beginning to emerge and this emergence of this new thinking is that which is the basis for the New Being which this Awareness has spoken of as coming upon this plane.

This Awareness indicates when the New Being is fully expressed in masses on this plane, this will be a New World, one of higher intelligence in which greater truth, beyond mere word expression is perceived by the masses. This Awareness reminds you that the words spoken are in themselves mere shells without value or meaning, except for whatever entities perceive as lying within or behind the words.

This Awareness suggests the questions may be asked.

HOW DOES PRESIDENT REAGAN REMAIN SO POPULAR & AVOID CRITICISM?

(HOW THE "TEFLON FACTOR" OPERATES)

QUESTION:

A question from L.P., in Seattle; he would ask if Awareness would comment on the seeming compliance of the American people toward President Reagan and the fact that he seems to deflect criticism due to the so-called 'teflon' factor.

COSMIC AWARENESS:

This Awareness indicates that this as an example of how entities are capable of avoiding poignant questions by turning a phrase, by pretending not to hear, by pretending to be in too big of a hurry to stop and answer, of acting interested, but, on some kind of treadmill where they simply can't stop to answer or to talk. This Awareness indicates this entity is always answering with a question, the hand to the ear, as if saying:

"What did you say? I can't hear you! I'm on my way to my helicopter now!"

This Awareness indicates that this entity is always able to avoid clear honest discussion of those things which he does not want to respond to. This Awareness indicates that the entity also as a master of having the response to the question which he wants to hear, delivered in such a way as to show himself to be in control and to be very knowledgeable and very decided in his manner of handling the situation. This Awareness indicates this entity as also a master of using the right and proper adjective to describe those things which he does like or doesn't like: the Contras being labelled the "Freedom Fighters". This Awareness indicates he does not label them the 'Sandinista Fighters,' but rather the 'Freedom Fighters.' The question is: Freedom for who? The question is: What is the freedom that is being promoted?

CONSCIENCE OF A CONSERVATIVE

This Awareness indicates that it would be of interest for entities to understand more than that single phrase: 'the Freedom Fighters.' It would be of interest for entities to understand more completely why these entities are in war with each other, what is behind this, where is the threat, and is there not some other means besides the violence for settling disturbances between humans. This Awareness indicates that so-called teflon effect, associated with that concept of something that does not stick, is best understood when viewing the way this entity appears to be shielded or untouched by those things that are quite sticky around the entity,-- all the various cabinet members and friends and associates and appointees who have been involved in legal difficulties, criminal investigations and other business affairs that are unorthodox or illegal, whereby this entity appears to know nothing about those things, and appears to be busy doing his job. This Awareness indicates the entity as a good and quite typical President and politician. The entity has been well trained and has developed certain techniques of his own to shield him against inquiring public questions which he does not want to deal with.

This Awareness indicates that it is not something mysterious, it is something carefully cultivated by the entity. It is not something that is considered evil, it is simply a protective shield in which the entity has learned to present, as a kind of coping mechanism, so that he can cope with the questions without actually exposing himself. This Awareness indicates that any politician would value such skill.

indicates SOD was first discovered in 1978, or first isolated to the point where it was made available to the public, but it has been in such small quantity that it has not had great effect, for 2000 units is quite small in comparison to 1.7 million units in a tablet, and yet, even with the 2000 units, entities were experiencing considerable benefits and doctors began raving about the benefits of SOD.

A Quantum Leap in Age Reversal

This Awareness indicates that now, it is a totally new situation in which entities can have what may be considered a quantum leap in health benefits, and age regression, or reversal. It is not the years one lives that counts, it is the biophysical and metabolism of the body that is important, for an entity can reverse the aging process to appear much younger than the chronological age, to extend life and energy for long periods of time so that entities in their later years can still have the vitality and energy to fulfill their life dreams.

***

HOW YOU CAN OBTAIN THIS SUPER S.O.D.

* ED's Note:
As readers well know, Cosmic Awareness has been touting SOD for many years, this substance to be used for building up the immune system and to help retard the aging process. The price, however, on SOD at the friendly health food store was often prohibitive for many people, particularly those who needed it the most, the elderly. Everyone got real excited around here when we heard Awareness give this rap on this new super SOD made out of wheat grass, not only because such mega doses appear to be one of the major keys in stopping the aging process, but we know from other sources, including Awareness, that wheat grass has been reversing cancer in many people for years, (namely the research of Dr. Ann Wigmore).
The Aquarian Church got so excited about this new super SOD that they made arrangements with the manufacturer, Food Doctor, to become a distributor and make this substance available through the U.S.S. Goodship. In the process they also get to handle the other products of the Food Doctor. In the April,1988 issue of *The Cosmic Voyage*, the official newsletter of the Aquarian Church, additional information from Awareness was given on super SOD, as well as hydrogen peroxide. It appears that these two substances, if taken daily by entities, actually will slow down the aging process dramatically, while building up the immune system to the point that even the flu or common cold won't be able to find its way into one's system.

Many years ago, Awareness, through the Interpreter Ralph Duby, began presenting information in what It then called "The Aging Project". Much information was given, but certain 'keys' were withheld by Awareness, because It did not want to give false hopes to entities until certain research could bring forth certain products at a later date,--these products not available at that time.

It now appears that super SOD is one of those products. Later, through the Interpreter David Worcester, Awareness changed the name of the Aging Project to "The Rejuvenation Project", because technology was making leaps in solving the problems involved in the aging process. Today, Awareness indicates that a "quantum leap" has just occurred in age reversal by the development of this new substance.
We suggest you contact the Goodship and ask them to send you their 6 page brochure on this new Super SOD and other products they are now making available. If you want to place an order, you can get 1 to 2 bottles (190 tablets each. 1.5 million units each, for $35. You can get 3 to 5 bottles for $30 each, 6 to 11 for $25 each, and 12-23 bottles for $23.35 (these are all wholesale prices).Shipping costs in U.S. are free, but for those outside the U.S. (Canada included) add 5% to cover. (Make check out to U.S.S. Goodship).

The address: U.S.S. Goodship
P.O. Box 1116
McMinnville, Oregon 97128

While you're at it, include an extra $4.00 and request the April, 1988 issue of the *Cosmic Voyage* newsletter, which has additional information on these products as well, incidentally, some new information from Awareness on the Hollow Earth and how it was formed.

NEW INFO ON HYDROGEN PEROXIDE AVAILABLE

There is a bewildering amount of information available on Hydrogen Peroxide and how it is reversing cancer and AIDS, arthritis, candida albican etc.But CAC has found a readable little booklet called *Hydrogen Peroxide Therapy –New Hope for Incurable Diseases*, Revised 3rd edition by Conrad LeBeau, that sums it all up, tells you how to use the stuff yourself, on your pets, and ways to take it without having to drink it. The price: $3.00 plus $1.00 postage and handling. If you want a copy, just write to CAC or to Vicki T. and she will see that you get one.

REVELATIONS OF AWARENESS is a cosmic newsletter, published every three weeks for members of Cosmic Awareness Communications and the Universal Church of Awareness. However, you do not need to be member to subscribe. Members are encouraged to study the Awareness philosophy as well as other philosophic and secular material in their search for truth and Who in Fact they Really Are, and to integrate those 'Gems and Nuggets' they discover into their daily lifestyle and basic premise of life, and to act as role models to others. C.A.C. is a not-for-profit, tax exempt organization. Dues and donations are exempt from Federal Income Tax. All revenues are used to spread the Cosmic Awareness philosophy to others. Donations are encouraged! We desperately need them at this time! INDIVIDUAL & FAMILY MEMBERSHIP: $30 per year. CONTRIBUTING MEMBER: $52; SPONSORING MEMBERSHIP: $144; PATRON MEMBER: $1000; ENDOWING MEMBER: $5000.