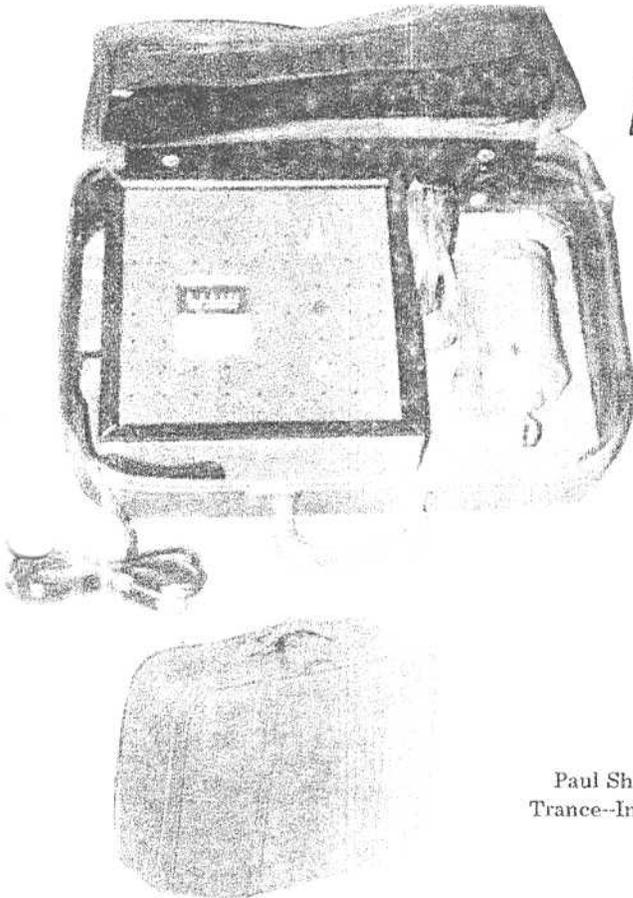


PRICE: \$1.00

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious trance levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Neither C.A.C., the Aquarian Church of Universal Service, or the Interpreter, Paul Shockley is responsible for anything Cosmic Awareness may state in any of these readings, nor does C.A.C. or Paul Shockley necessarily believe or agree with the statements of Cosmic Awareness. Paul interprets the energies as he sees them in trance levels and is not personally responsible for what is said. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication.



## MAGNETISM

IS IT THE NEW-AGE ANSWER  
TO THE AGING PROBLEM?

GETTING "POLARIZED" .....

COSMIC AWARENESS  
EVALUATES  
THE SAM MILLAR POLARIZER

Paul Shockley  
Trance-Interpreter

(Excerpts from a C.A.C. General Reading )  
May 9, 1980

Photo of Sam Millar's Polarizer, Model MD-3  
in built-in portable carrying case

### The Advantages of Sleeping with the Head to the North

#### QUESTION:

A question from T.M. of Fairview, N.C. "Is it true, as I recall from Edgar Cayce's readings, that it is important to sleep with the head pointing toward magnetic North, and what are effects of so-doing on the human body? Does living in a house trailer, a metal building, have any affect on the well-being of individuals? I am thinking of possible disruption of the magnetic field, due the shielding affects of the metal shell?"

#### COSMIC AWARENESS:

This Awareness indicates that the metal shell has no affect on the magnetic North. This Awareness indicates that the action of sleeping with the head to the North does have an effect of creating a more calm attitude, a deeper state of rest. That this also tends to assist one in becoming more mellow and less aggressive. This Awareness indicates that this also can assist in prolonging the life. This Awareness suggests that much information regarding the polarizers of Sam Millar, and the effects of magnets on humans and animals, relates closely to this question. This Awareness indicates there is information available regarding these magnetic effects on individuals and animals. That this also applies to this particular question.\*

## QUESTION:

Awareness, in cases where it's not feasible to aim your bed North, would putting up some kind of polarizer or a North pole field have the same effect?

## COSMIC AWARENESS:

This in the affirmative.

### How to Use the Sam Millar Polarizer

## QUESTION:

Sam Millar has several dozen of his polarizers out now, but there isn't too much information to give entities on what to do with it, really--- I was wondering if Awareness could look at the polarizer that he has put together and perhaps offer some suggestions?

## COSMIC AWARENESS:

This Awareness suggests that this be placed approximately six inches to one or two feet above the heads of entities. This may be placed by their beds so that their heads are near the field of magnet. This Awareness indicates that these magnets throw out a field approximately six feet wide and five or six feet long. Therefore, a magnet at the head of a bed will essentially cover anyone in the bed, wherever they are. This Awareness indicates that a short time with the magnet on is sufficient to affect the aura of the individuals and also to affect the mineral within the blood of the individuals. This giving it the magnetic charge which allows it to align itself according to the auric field around the body. This Awareness indicates that it appears approximately seven minutes of magnetic charge is sufficient to polarize the entire bloodstream as it passes through and circulates about the body. This Awareness indicates that it requires only a few seconds to polarize the aura.

This Awareness indicates these actions of polarizing do have an effect which has been tested and proven scientifically on animals, and particularly chickens and rats, in such a way as to demonstrate the general effects. This Awareness indicates the information as having been presented through books. This Awareness indicates these books apparently are not easily obtainable at this time. This Awareness suggests however, that this appears to be on a temporary basis.\*\*

This Awareness suggests that the essential effect of the North pole is to cause the being to behave more passively with greater sensitivity and to stimulate more intelligence and less aggressive behavior and to generally live a longer life. This Awareness indicates that the effect causes the being to grow more slowly, develop more slowly, but live much longer. This Awareness indicates that the South pole magnet placed upon the being, tends to cause the entity to become more aggressive, more competitive, more physical and less intelligent than the other; or than would normally be. This also causes the entity to have a greater appetite in the areas, not only of food, but of physical gratification.

This Awareness indicates tests have indicated that chickens and rats born under the influence of South-pole magnets have become cannibalistic. This Awareness wishes to point out that the greater number of cannibals in the world have existed below the equator, in the Southern part of the world. This Awareness indicates that the animals born under the influence of the North pole tend to be more orderly, more sensitive, more intelligent, and though weaker and slower to grow at the beginning, live longer.

### Polarize Plant Seeds Before Planting

This Awareness indicates that in areas of plant polarization, those polarized by the South pole, wherein the seeds were polarized by South pole influences, these plants grew larger and produced larger and more bountiful fruit or vegetables. That those influenced under the South pole also had stronger flavors. This Awareness suggests that entities in planting seeds, may use the South pole of the magnet to polarize and soak their seeds for approximately 24 hours before planting, to receive a better crop.

### Polarizing has Removed Tumors, Lowered Blood Pressure

This Awareness suggests that the use of the North pole magnet also has had success in removing or eliminating tumors within the human body. This Awareness suggests that this also has lowered blood pressure and has improved the general health of entities who have been influenced by stress factors and other health problems. This Awareness indicates that the reference to the lowering of blood pressure was in terms of entities whose blood pressure was previously high.

### South Pole of Polarizer has Aphrodisiac Effects

This Awareness indicates the South-pole magnet does increase the sexual energies and aggressiveness and physical energy, but that this has a debilitating effect on the entity if used in excess, as it creates greater stress and does not assist in the general health of the entity.

This Awareness indicates there have been no major experiments with humans and the effects of magnets upon humans published in a wide degree, yet the information applying to animals can be used to glimpse the general effects of magnetics on living beings. This Awareness suggests using these polarizers, to use these as experiments, and to keep records of the effects which you notice when using these polarizers over a period of time, or when not using the polarizer for some time. This Awareness suggests that these records may serve as a general fact-gathering source for further understanding of the field of magnetics on the living bodies of humans, or animals, or plants, according to your intentions.

### Keep Polarizer in Open Air...Long Runs not Necessary

This Awareness suggests that entities using these polarizers be sure not to leave these magnets on for long periods of time in areas wherein the heat would be contained, such as under a pillow or covered with cloth, for there is a low, but possible, fire hazard. These to be left out in the open air, where air can cool the coils and not to be running continuously. This Awareness also wishes to caution entities not to use these in areas wherein they could fall into water.



Sam Millar standing beneath his first polarizer—a stand-up version for the C.A.C. office. (South pole use prohibited during working hours).

#### QUESTION:

Awareness, since an entity might very easily fall asleep with the polarizer on, would it be appropriate to suggest to Sam to include a timer into which the cord of the polarizer could plug, which in turn could turn it on and off at different intervals?

#### COSMIC AWARENESS:

This Awareness indicates this in the affirmative. This Awareness indicates however, that generally these as being safe to be left on for hours, or even days, without causing excess heat, particularly if they are not covered. This Awareness indicates however, that this as being a meaningful precaution, particularly in case of some malfunction of a magnet, whereby the current or wiring might not be absolutely perfect, or whereby damage might cause some malfunction. This Awareness indicates that essentially, these are safe, but *It* wished to give this precaution so that entities might recognize that these magnets do get warm, and the heat does need to be released into the air. This Awareness suggests that these not be placed next to, or covered by, flammable objects. This Awareness suggests that a timer would also be beneficial, for it is not necessary that these be left on for any prolonged length of time to have their effect.

### Polarize Your Drinking Water for Better Health

#### QUESTION:

One final question in relation to this: At the C.A.C. office we have a plastic water container in which we keep a D-Cell, and each time Vikki fills this container she has set it down by Sam's polarizer, letting the North pole sit on top of the covered water container for approximately five or ten minutes, thus polarizing the drinking water. Would Awareness indicate what, if any, good or bad effects will occur from drinking polarized water?

#### COSMIC AWARENESS:

This Awareness indicates that this effect as being favorable. This Awareness suggests that the Russians use polarized water of this type in many of their hospitals. This Awareness indicates that you be especially cautious that you do not drop the magnet and wire into the water, as the electrical current mixing with water could be dangerous --that otherwise, this as a proper and beneficial application.

#### QUESTION:

Entities are liable to stay a little healthier by drinking polarized water, then?

#### COSMIC AWARENESS:

This in the affirmative.

\*\*\*\*\*

For more information on magnetism and the Sam Millar Polarizer, please refer to 'Revelations of Awareness' No. 80-9 (\$3.00), 80-8 (\$3.00), 80-2 (\$3.00).

\* The books referred to by Awareness are listed on the following page

REVELATIONS OF AWARENESS is a cosmic newsletter published every two weeks by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington 98507 (A non-profit organization). Rates and membership information is available upon request. For samples of these communications, send \$3.00 for 80 page book, "Cosmic Awareness Speaks" to above address.

ED's Note:

In reference to Sam Millar's polarizer, Sam has manufactured about 30 of these so far and is compiling reference material from those who have purchased them in regard to the results obtained. Testimonials seem to agree with many of the claims about magnetism as listed in the books below. (Paul Shockley carries his polarizer with him whenever he trances, and is able to double the time he normally stays in trance. Magnetism appears to be an aid in the development of psychics and psychic powers, an aid in the induction of hypnosis in addition to the claims made for it in the books listed below.) Sam has located sources of supply for components for this device and says he can manufacture about 30 more before it will be necessary to increase the price. The price of his latest model MD-3 Polarizer is \$495, shipped prepaid from Olympia, and about 10 days time is required to manufacture one. The unit is built into a portable carry-case so you can take it with you when traveling. The polarizing magnetic head can be removed and can be placed on any part of the body or at the head of the bed at night. It also has a large hook built into the magnet which will enable you to hang it from the ceiling or over your bed. Before ordering, please write to C.A.C. and request the free information on this polarizer which Sam has put together. A 'Disclaimer' form must also be signed by the purchaser as Sam, of course, does not make any medical or healing claims for this device. His device conforms to all the requirements listed in the books on magnetics for any experiments. It has a switch which enables you to switch from the North pole to the South pole when needed.

BOOKS ON POLARIZING NOW AVAILABLE

- POWER IN A MAGNET, by Dr. Ralph Sierra. This book tells you how to use a polarizer for healing just about any ailment. Written by one of the few actual medical professionals who have researched biomagnetics and applies it in his practice. Complete with illustrations for use. \$6.95.
- THE MAGNETIC BLUEPRINT OF LIFE, by A.R. Davis and W.C. Rawls Jr. (A comprehensive guide affecting the air we breathe, the water we drink, the food we eat, the exercise we take. \$10.00.
- MAGNETISM AND ITS EFFECTS ON THE LIVING SYSTEM, by Davis and Rawls. A comprehensive study showing the effects of magnetism on animals. How magnetism removes cancers, doubles the life span, effects the sex life etc. \$8.50
- THE RAINBOW IN YOUR HANDS, by Davis and Rawls. Scientific proof of human magnetism, natural healing factually supported, simple instructions for you to follow .
- THE MAGNETIC EFFECT, by Davis and Rawls. Shows how magnetism has been used to treat arthritis, cancer, glaucoma, sexual problems, and ageing. \$7.50
- THE POLARIZER NEWSLETTER (No. 80-1) Latest research and information on biomagnetics and use of the Polarizer, compiled by Sam Millar. \$3.00.

Gentlemen: Please send me the books on magnetism I have checked above. I enclose \$ \_\_\_\_\_.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

I am interested in more information on the Sam Millar Polarizer.

(Please send entire page. A new order form will be sent to you with your order. Thank you.)

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