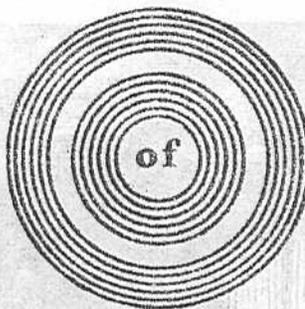


# Revelations



# Awareness

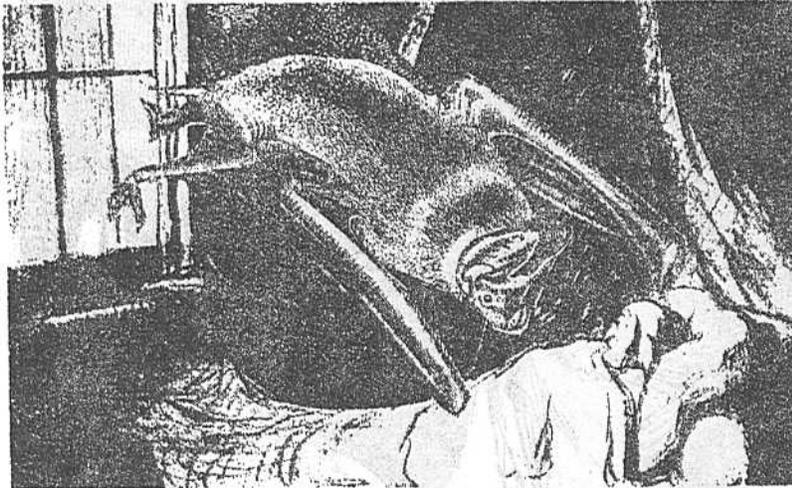
79-13

The New-Age Cosmic Newsletter

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through certain carefully-trained channels. The information contained herein was received from deep, super-conscious trance states and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help in bringing in the New Age and those who shall inherit the New Age. Throughout the many thousands of 'Readings' given through these channels, Cosmic Awareness repeatedly tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only indicate and suggest. Members of Cosmic Awareness Communications are invited to send in questions of general interest for possible publication in this Newsletter.



Paul Shockley

Trance-Interpreter

## PSYCHIC VAMPIRISM.....

More About the Denizens

of the Astral World

### QUESTION:

One question before we start the general questioning: The Interpreter had a vivid dream the other night about a vampire bat biting him. When he awoke there was a small red mark on his back. We were wondering if this was some sort of astral attack or just a bad dream.

### COSMIC AWARENESS:

This Awareness indicates that in this particular instance, the dream as being both an astral attack and a symbolic message. This Awareness indicates that this in relation to a reaction whereby the term 'back-biting' as being appropriate. This Awareness indicates that essentially this relates to an action whereby an entity did symbolically 'back-bite', but that in an astral level the action also was carried out in a sense of reality from that plane. This Awareness indicates that the astral world as that which may be considered as being filled with the creations of lower vibratory entities including vampires, werewolves, demons of various types.

### HARD ROCK AND DISCO MUSIC OPENS AN ENTITY TO ASTRAL FORCES

This Awareness indicates that the astral world as being created by lower vibratory energies. This Awareness suggests that in recent times, the intense heavy rock and disco music as having a strong influence on the astral bodies, opening the aura to allow astral energies to enter this plane. This Awareness indicates that essentially, astral energies feed on the lower vibratory rhythms, and emotions of an animal nature, of the drug-oriented lifestyle, and these astral energies can bring about lower vibratory expressions and forces into one's life.

### Opening the Door to Astral Energies Is Helping to Clean Out Limbo

This Awareness indicates that this may be generally seen as opening the doors from the astral realm to allow the various energies into this plane. This Awareness indicates this as symbolic of opening Pandora's box. This Awareness suggests this also as an action which is assisting in the cleaning out of Limbo, whereby forces which have been trapped in Limbo are being released into this realm. This Awareness indicates however, that in many instances these astral or Limbo beings enter into the bodies of entities and push the owners out, causing that

which has been termed 'possession'. This Awareness suggests that this needs to be better understood so that entities can deal with this without fear, hostility, anger, but with a clear understanding. This Awareness suggests that entities use discernment when allowing astral energies into their environment, so that those astral energies do not completely dominate the environment.

This Awareness suggests that astral energies use forces of deception, confusion, emotions of an animal nature, lust, drugs and addiction, and the continuous heavy scrambling and rhythmic music which relates to the lower chakras. This Awareness suggests that astral energies also use colors such as red, particularly red lights.

This Awareness suggests that astral energies find difficulty in controlling an environment wherein harmonious music of an inspirational type is played, wherein entities relate clearly with one another, wherein order in environment is kept, wherein concepts are centered on mental, philosophical or idealistic relationships and concerns, wherein action based upon service and general social relationship is prevalent.



This Awareness indicates that during sleep times, wherein entities are troubled or wherein certain energies have been disrupted, leaving troubled emotions, entities can easily become the victims of the astral vampire.

#### **Your Wife Could be an Astral Vampire I**

This Awareness indicates that often friends, relatives or mates can astrally play the role of vampire to another. This Awareness suggests that this generally is caused wherein entities have a self-centered attitude, needing to feed off of the energy of a loved one or from others. This Awareness suggests that wherein you find yourself around another entity whose presence seems to draw from you your energy, your feeling of self-containment, whereby you yourself can draw energy from the atmosphere around you, but whereby when coming in contact with that entity you find your energies being drained—this Awareness suggests that this may be an action of one who is a psychic vampire. This Awareness suggests that you may feel this entity near you, almost as though you were next to a magnet; that the entity is not giving you energy, but is taking your energy. This Awareness suggests that wherein this occurs, you may require time away from that entity in order to restore your vitality.

This Awareness suggests that you not concern yourself with forcing the entity to cease in actions of being magnetic and drawing energy—the entity may not be aware of any other method of receiving energy. This Awareness suggests that such an entity needs to have time to develop spiritually and to gain understanding of independence. This Awareness indicates that most dependent people tend to be magnetic in this manner, using animal magnetism and drawing energies from those around them. This Awareness suggests that this in the sense of psychological dependency, rather than in terms of social or economic or physical dependency.

This Awareness suggests that whereby you find yourself living with an entity of this type, that you can draw forth energies from the universe and send attention and energy to that entity until the entity appears to be satisfied. This Awareness indicates that attention will feed the entity, give the entity the energy which is needed. That this attention then as a means of energizing that entity, will allow you then to withdraw and put your energies into some other project while that entity uses those energies for his or her purposes. This Awareness suggests that this is not an ideal situation, but may be a necessary situation if one finds oneself living with an entity of this type.



#### The Psychic Vampire Requires Full Attention

This Awareness suggests however, that through clear communication, you may assist the entity in discovering their own sources of drawing in energies from the atmosphere around them. This Awareness suggests that you not accuse a person of being a psychic vampire, but that you may indicate to the person that you need to be alone for a time. That you may indicate to the person that you feel they want something from you, and you are open to discuss this and wish to know what you can do for them.

This Awareness suggests that by bringing this into the open, by turning full attention to the entity, you can begin to assist the entity in filling their cup, filling their needs, so that they need not experience that magnetic pull on you. This Awareness suggests that entities may also notice that they themselves are desirous and needing of another's energies or attention. This Awareness indicates that when you discover yourself psychologically seeking attention and energy from another, and you find the other not willing to pay attention at the time you need this, you may discover the roles have been reversed and that essentially you are playing the role of the psychic vampire. This Awareness suggests that when this occurs, if you can observe clearly what is happening, why you feel the need for attention, and whether it is possible for you to receive the attention you need from yourself, or if this attention must come from someone else. This Awareness suggests that often entities simply feel that they need some kind of feedback or encouragement from someone else, because they themselves have developed a kind of insecurity or poor self-image. This Awareness indicates often this as but momentary.

This Awareness indicates that during such times, it is helpful for entities to get alone and to absorb, particularly from books or other input, such as movies or some lessons of a teaching, from music or from television. This Awareness suggests that the input be selected as that which can be satisfactory to your need. This Awareness indicates that when you are in a magnetic or needy state of mind, that you not try to be too productive, but rather that you absorb. This Awareness suggests you not try to dominate others during such times or to make serious decisions or initiate actions; this Awareness suggests that you simply rest and draw in something which you feel is beneficial to you. This as being an excellent time for reading or for quiet meditation, or working on a project of a personal nature that is not apt to affect others. This Awareness indicates this for example, dressmaking or painting or gardening or some such activity.

This Awareness indicates that in terms of others who are in the same frame, being magnetic and drawing energies from you, that you may also discover there are forces in the periphery of your location who are indirectly taking energy from your best work. Often these forces do not work directly through yourself, your mate or your immediate loved ones, but work through a remote associate who has contact with one of your closer associates, and gradually begins to draw energy from those entities—using their energies, misdirecting their energies, until you find your own energies being drained by the misdirected use of your associates' energies, and the need for you to give attention to the activities which have been neglected or which have been created by the misuse of energies of your associates.



This Awareness suggests it be carefully watched when energies begin being drained into areas that do not relate to you or your own group's purposes, so that you can see where the energy leak is and can plug the leak by informing those working with you what is happening and how this entity may be draining the energies which you have all agreed to devote to a certain project.

This Awareness indicates you need not be harsh with the entity who drains your energies, but that you can inform that entity as to the nature of the draining. This Awareness suggests these as examples of what may be called 'psychic vampirism' whereby energies are taken from entities.



#### METHODS TO PREVENT ASTRAL ASSAULTS

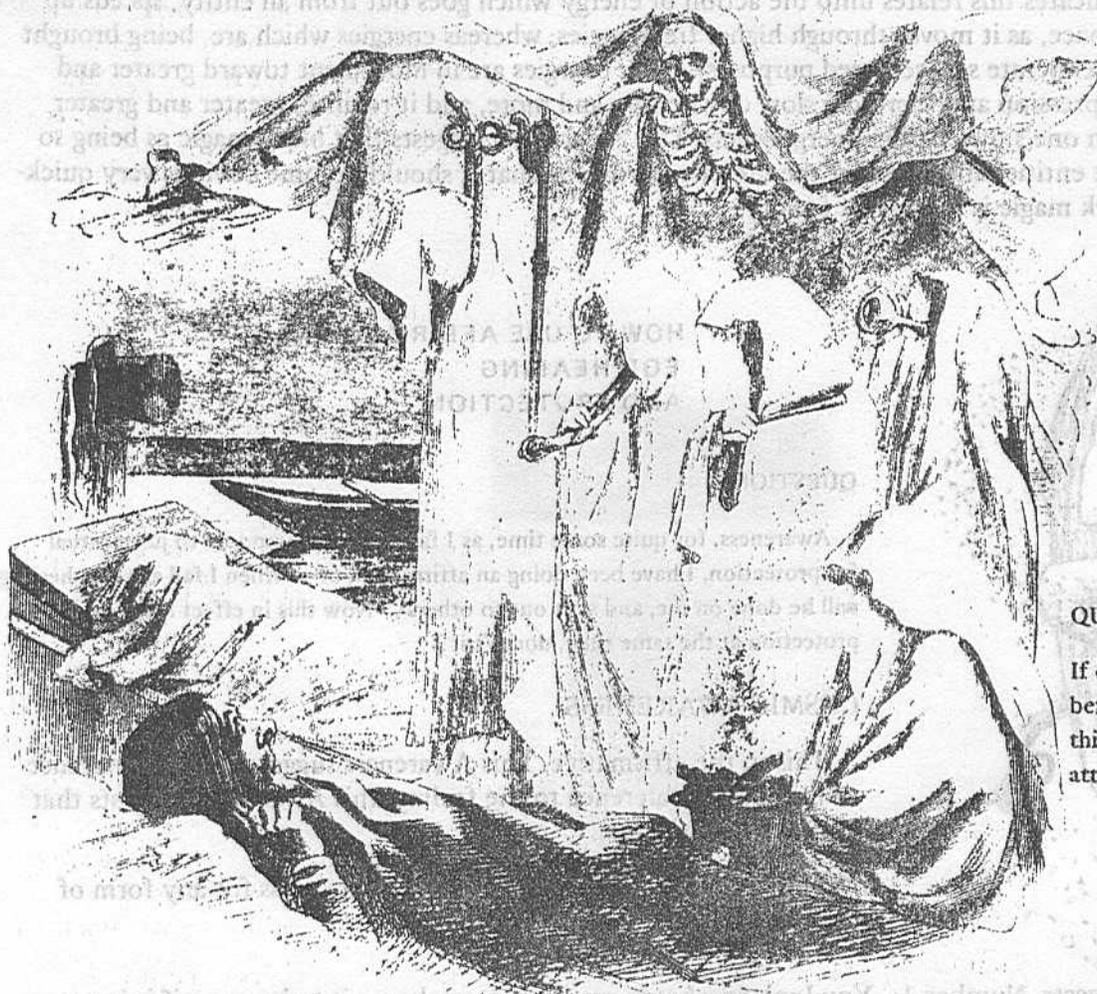
This Awareness indicates the astral vampire takes these energies during your times of sleep. That if this occurs to you, whereby you awaken more tired than when you went to sleep, you may be experiencing an attack from an astral vampire during your sleep. This Awareness suggests that if this occurs, the placement of a cross, or some other sacred object, close to you, and the small light in your room can prevent this.

This Awareness indicates also that wrapping yourself in white light can prevent these astral vampire attacks.

#### ED'S Note:

Awareness has given us many different types of meditations, most of which have been published in the various Newsletters. Any of these which utilize the white light can be used to protect yourself against the attack of astral entities.

(For more information on Psychic Vampires, please refer to 'Revelations of Awareness' No. 79-18).



**MORE  
METHODS  
FOR  
PREVENTING  
ASTRAL  
ATTACKS**

**Reciting the  
LAW OF LOVE...**

**Using Magik...**

**QUESTION:**

If one recites the *Law of Love* before falling asleep, would this prevent an astral attack?

**THE SECRET OF WORKING MAGIC**

This Awareness indicates this can also be effective. That entities can, with their visualizing powers, simply create for themselves a shield of energy around their bed, whereby these forces cannot enter. That the trick of creating such a field is to visualize clearly and to finish that visualization with some kind of physical action, such as the snapping of one's fingers, clapping one's hands or humming a sound such as AUM, or a verbalized whispered prayer, or some form of physical action.

This Awareness indicates that the physical action serves likened unto a grounding to make the visualization a reality on this plane. That without the grounding of a physical action, one which is tangible to the senses—whether a sound or taste, such as drinking a glass of water after such a visualization, or the touch such as clapping one's hands; whatever this physical action, this serves as a grounding to bring about a solidification of the image so that the fourth-dimensional mind—the mind of the subconscious or the level of imagination—is convinced that the conscious mind has done something to protect it, and to make this come true.

This Awareness indicates that this *as the secret of working magic*; that you feel, you conceive, you image, and you physically act.

This Awareness indicates the conceiving, the action of mind, relates to air; the feeling relates to fire; the image relates to water, and the action or physical grounding relates to earth. These four activities create the magic necessary to change all levels of one's consciousness, so that whatever has been imaged comes into being.

This Awareness again warns entities against the use of black magic, for black magic requires greater and greater energy more and more, for less and less return. That entities can begin using black magic and may win certain victories, but such actions have a diminishing return, and will require greater and greater energies for the same rewards. This Awareness indicates that eventually the demands for a black magician to receive even a small reward become so great that the black magician cannot function further.

This Awareness indicates on the other hand, wherein entities give service, love and benefits to others through their magic, the power begins to be returned in greater and greater quantity and quality to the magician, allowing the magician greater and greater power to work with for good, and this brings rewards to the magician.

This Awareness indicates this relates unto the action of energy which goes out from an entity, speeds up as it moves through space, as it moves through higher frequencies; whereas energies which are being brought in with a selfish and deliberate self-centered purposes—these energies are in movement toward greater and greater magnetic compression and therefore slow down more and more, and it requires greater and greater energies just to sustain one's own earlier energy levels. This Awareness suggests that black magic as being so futile it is strange that entities still consider the use of such forces; that it should become obvious very quickly that the use of black magic is a study of futility.



## HOW TO USE AFFIRMATIONS FOR HEALING AND PROTECTION

### QUESTION:

Awareness, for quite some time, as I fall asleep, as opposed to just a ritual for protection, I have been doing an affirmation of—"When I fall asleep a healing will be done on me, and sent out to others." Now this in effect handles the protection at the same time, doesn't it?

### COSMIC AWARENESS:

This in the affirmative. This Awareness suggests that in reference to imaging, in reference to the feeling, this Awareness suggests that you feel the energies.

This Awareness suggests the following process for any form of healing energies:

This Awareness suggests, Number 1: You look at *what is*, exactly as you know it to be, even if it is not what you would like to see.

This Awareness suggests, Number 2: Seeing it as it is, you *feel* it as it is, then begin to feel how you would like it to be; while still observing how it is, gradually, very slowly visualizing the change which is taking place to bring about that which you would like to see. This Awareness indicates that in both imaging and feeling this change, you then move into picturing exactly how you wish this to be. This Awareness suggests you may even put a time schedule as to when you wish this to be, making this time something which is reasonable and acceptable to you, so that it does not become unbelievable, but can be within the realm of what you would consider possibility.

This Awareness suggests that from this realm of possible change toward the acceptable, you visualize the date of completion to that acceptable state. This Awareness suggests that you then visualize what it will be like after this state has been reached—how much you will enjoy it and how you will feel once this has been accomplished. This Awareness suggests you spend some time wallowing in the feeling of joy at the completion of the visualized goal. This Awareness suggests that be step Number 3.

This Awareness suggests step Number 4 is that wherein while visualizing the joys being experienced in Step Number 3, you create some form of physical action, that is likened unto putting a period to the sentence, or putting a final physical grounding to the image. This Awareness suggests that wherein entities have a ground-breaking ceremony for putting up a future building, whereby they have moved this from the drawing board onto the lot where the building will be created—that this ground-breaking ceremony is the physical action which grounds the image into reality. This Awareness indicates that whereby entities enter into a court of law, when the judge taps his gavel, that is the action which grounds the consciousness into a state of *here and now* on the physical plane, whereby the court comes to order and the action becomes a manifested reality.

This Awareness indicates wherein a baby is born and is given that initiation into this plane by being placed into water or by being given a slap on the bottom, this as a grounding action which takes the entity out of the abstract into this plane. This Awareness indicates that wherein you move from the action of seeing *what is*, then feeling and imagining or imaging the movement to what *can be*, then moving into the image of how it

can be when it occurs, and then into that action of the physical grounding to make it manifest. This physical grounding convinces the rest of your consciousness that it has been done. This Awareness indicates that in ancient writings, this physical grounding was completed by the statement: "It has been written; so it shall be." That in certain Christian and Hebrew prayers, the word *Amen* as given at the end of the prayer, which means essentially, "So be it." This Awareness indicates these as the final touch or the period or exclamation point upon the end of the sentence or pronouncement, which is the final grounding and allows the subconscious and other aspects within it to accept the image as being final, and therefore to be carried out. This Awareness indicates that without this physical grounding, your images are but dreams and images, and are not magic—and will not likely be effective.



This Awareness indicates that many entities use magic without realizing that they are using magic. This Awareness indicates that any image of this nature is basically a suggestion; and the suggestion becomes more of a pronouncement and statement and becomes a reality to the subconscious levels when it is grounded.

### the KAHUNA PRAYER

#### POWERFUL MAGIC FOR MANIFESTING & HEALING

(The Secret Method Jesus Used to Perform Miracles)

This Awareness suggests that your meditations at night may make use of this: This Awareness has given the Kahuna Prayer method, but will again touch upon this to allow entities to see how these forces can be used.

This Awareness indicates in the Kahuna Prayer, entities breathe deeply—the action of breathing deeply at least three breaths, with each breath becoming deeper than the one before. This action allows oxygen to enter into the brain, which allows entities the opportunity for clearer visualization: the higher content of oxygen in the brain creates better visualizing capacity. This Awareness indicates that once entities have oxygenated their brain, a deep breath is taken and that which is to be manifested is held in the vision—preferably while the breath also is being held—for a period of many seconds, such as one minute, or thirty seconds to one minute or longer, so long as the entity is not straining and focusing on holding the breath.

This Awareness indicates that the entity hold the image with the focus on the image, until the breath needs to be released. When this becomes necessary, the entity then fling both hands upward toward the atmosphere and blow the breath between the hands. As the hands move outward (while simultaneously moving outward and down), the entity visualizes the breath and image rising higher and higher into the atmosphere, moving toward the higher self, toward this Awareness, toward the Divine Forces, toward God, or toward whatever angel or deity the entity visualizes.

This Awareness indicates that the Kahunas then whisper, "The Prayer goes up—let the rains fall down"—this being symbolic of meaning the image has been given, let whatever results from this come back to me. This Awareness indicates this as likened unto saying, "So be it. I turn my desires over to the higher forces; let them give back whatever they will." This Awareness indicates this as likened unto the expression, "Thy will be done."

This Awareness indicates once the Kahuna Prayer has been given, the image released and blown upward with the breath and with the projection of the consciousness, this Awareness suggests that you let it go completely and turn your attention to other things—dismissing this from your consciousness while working on other things. This Awareness indicates in this manner, the proper return will be guaranteed; that wherein you continue to reach up or drag back your prayer, the higher forces cannot work on these energies.

This Awareness wishes entities to visualize the information given on the potential nuclear war in light of the information just given on the use of magic and the Kahuna Prayer. This Awareness suggests that you use this magic in your imaging—that you use the Kahuna Prayer, visualizing the potential nuclear war in a picture—then sending this picture into the higher realms for higher forces to transmute and to deal with.

This Awareness wishes you to understand the word 'Kahuna', the four-in-one, the Ka, which is the four forces of the universe, being Yod He Vau He; the Hun, or Un, being the universe—this as drawn by a cross inside of a circle. This Kahuna, the word in Polynesian means the "carpenter." This Awareness indicates this is closely tied to the secret teachings of Jesus. That the symbology of the Polynesian Kahunas and the works of Jesus can be described in future readings. This Awareness indicates that the word 'Cohena', the Hebrew term for priest, (the name Cohen relating to this). That the Cohena as priest, the Kahuna as carpenter—that there is a direct tie in these terms, and that the Kahuna philosophy is that which was taught by the entity Jesus and which the entity Jesus used in working miracles. This Awareness wishes to give this information in the near future.