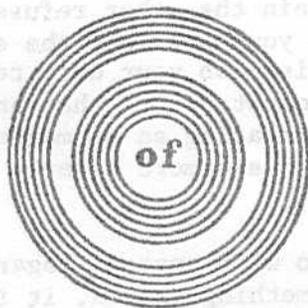


Revelations



Awareness

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

78-47

COSMIC AWARENESS is the force that expressed Itself through Edgar Cayce, Jesus of Nazareth, the Buddha, Krishna, Mohammed, and other great avatars who served as 'Channels' for the 'Heavenly Father', and who speaks again today as the world begins to enter the New Age of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through certain carefully trained channels. The information contained herein was received from deep trance states and 'interpreted' by an entity affiliated with C.A.C. This information is for those who inherit the New Age. Awareness tells you not to believe anything, but to question, explore, doubt and discover for yourself what is the truth. Cosmic Awareness only indicates and suggests.



WORKING WITH THE TERMINALLY ILL

(And What to Do After the Death)

Paul Shockley, Trance-Interpreter

Question:

We have several questions, all related, from K.K. of Parsippany, N.J. and I'll read a portion of her letter. "I have a question for Awareness which I hope is of general interest and therefore might be asked. During this last year, I have been trained as a Hospice Volunteer which involves my being assigned to help a family with a terminally ill member during the time left of the patient's life. The idea is to keep the patient at home and make his last months as comfortable and happy as possible. I have been informed that the outsider becomes the one the patient can confide in and shows his fears to.

I may be present with the patient at death or have to answer his questions about his impending death. Through my studies of metaphysics and the Cayce readings, my understanding of death is different from most people's. Do I have the right to tell what I believe, or could I do more harm than good? Also, is it alright to tell a person who is dying that somebody dear to him on the other side will meet him and guide him through the borderland? Also, is it alright to tell him to look for light and move in the directions of it if he should find himself alone? In other words, how does one best reassure a dying person to alleviate fear of the unknown besides sending love through mind and touch? Is there one correct way of doing this, or does it vary according to the person's belief? I feel I was guided to volunteer for this program, but now that I am ready to begin practicing what I have learned, I feel like a greenhorn and can use all the help I can get. Hope there is help to find from Awareness."

COSMIC AWARENESS:

This Awareness indicates not only do you have the right, but you have the obligation.

This Awareness suggests that wherein an entity has information that can lessen the sorrow, suffering and tragedy of another, that wherein the information is withheld, that entity as violating the other.

This Awareness suggests that wherein the other refuses your information, this relieves you of any responsibility after you have made the effort to convey that information. This Awareness suggests that it is also your duty to present that information in a manner that is most palatable and acceptable to that entity, creating not a conflict with the entity's belief, but rather creating an augmentation and expansion of his or her beliefs into areas wherein they can see more clearly and accept the information which you wish to share with them.

This Awareness suggests this as so with anyone, regardless of the validity of their information. That wherein you hold something sacred, it is your duty and your right to share that information in a manner that allows others to best accept that information.

This Awareness indicates that from the dialogue created, entities may learn from one another and may discover that they each are in agreement with the other.

What To Advise The Dying Entity

This Awareness suggests in reference to the act of dying, that wherein you can advise the entity in any manner which will assist that entity in moving through the transition in a peaceful manner, without so much uncertainty, this is also beneficial to the entity.

This Awareness suggests that you not tell the entity, "This is how it will be," but rather tell the entity, "The reports that I have studied, the teachings from the Tibetan Book Of The Dead, the experiences conducted by various writers, and interviews from those who have passed on and came back, report the following types of experiences..."

This Awareness suggests you also may give these entities a copy of the book, Life After Death and Life After Life, and some of those other books referring to the death process.

This Awareness suggests that wherein these entities are unable to read, you may report this information to them. This Awareness suggests also, that when the entity does pass over and prior to that, if possible, you may inform the entity that wherein one can see the Clear Light and use all of the capabilities to move toward that Clear Light, avoiding contacts with a lingering nature in terms of earthbound spirits, the entity may progress many lifetimes in terms of spiritual evolution.

This Awareness indicates that occasionally entities do not realize this, and the moment of death the light flashes and they seek to hide or turn their backs, and fail to bathe in the Clear Light, fail to move toward the Clear Light, rather hiding from that Clear Light, and in this manner find themselves earthbound, without a body, and still wandering through their old routines as a spirit in search of expression.

This Awareness suggests that you encourage the entities to search for the Clear Light, move toward the Clear Light, cling to the Clear Light, and to bathe in the Clear Light for as long as they possibly can.

This Awareness indicates if they do not care to listen to you prior to their passing over, these suggestions still will be heard after the passing over, and they may listen to you then when they can see for themselves that you are 'telling it like it is.'

How Long After Passing Over Can Suggestions Be Given?

Question:

How long after the passing over would these suggestions be effective?

COSMIC AWARENESS:

This Awareness indicates at least two days and probably three days. This Awareness indicates after that, the body can be cremated or destroyed and it matters not. This Awareness indicates that the entity can still hear the suggestions even though the body

has been destroyed. This Awareness indicates this in reference to the spirit which may still be lingering in the vicinity of its identifications.

This Awareness suggests that for a period of 49 days, the Tibetans chanted and spoke to those who had passed over and talked them into the higher realms of Essence. This Awareness suggests that this length of time as not necessarily a requirement for each individual to reach those levels, but that the 49 days symbolized 49 octaves of vibrations leading to the octave of light.

This Awareness indicates this as likened unto 49 degrees. This Awareness suggests that this as assisting entities in their exit from the wheel of life and death and to move into those lands of Essence for greater vitalization and evolution.

Why Wait Two Days For Cremation?

Question:

Awareness made a reference to two days, after which the form could be cremated?

COSMIC AWARENESS:

This Awareness indicates this in reference to the physical body being capable of still hearing and perceiving on certain levels, wherein the physical body and the mechanisms of that body still have capabilities of recording the information and passing this on to the soul.

This Awareness indicates that after that period of time, the soul-stuff begins to exit from the body and form itself more completely on the inner plane and then begins to reassemble its self-identity and its normal state of consciousness, whereby it can perceive and think on its own without dependency on the physical body or its mechanism.

ORGAN TRANSPLANTS AND OTHER MUTILATIONS

(The Psychic Shock to the Spirit)

Question:

In relation to this, there has been some confusion by some entities in reference to the length of time after a person passes over that the body should not be touched, and this is in particular reference nowadays to so many organ transplants practically after just within hours or moments after an entity is declared dead.

If I recall, Awareness once said the body should not be touched for 12 hours after the passing over, and after that it made no difference. Is this correct?

COSMIC AWARENESS:

This Awareness indicates this in reference to between two and three days, from 48 to 72 hours before any form of mutilation to the body is allowed. This Awareness indicates this varies from individual to individual; that it is best to wait as long as possible, up to 72 hours, to allow the identifications to leave the body.

This Awareness indicates that wherein an entity is violated, mutilated, before the total departure, that this can result in a shock which carries its effects for many years to come in future lifetimes.

This Awareness indicates this as not too unlike an entity's death in one lifetime being inflicted from some form of mutilation. This Awareness indicates wherein an entity is mutilated, maimed, one lifetime and dies from that mutilation, that carries with the soul as a memory into the next lifetime and has its effect on the subconscious, or subjective levels of the entity, creating certain phobias and fears in its attitude toward the environment and the life in which it now enters.

This Awareness indicates that death does not erase memory, it simply submerges the memory into a subjective or subconscious level until the entity is capable of delving into himself or herself to re-examine those memories.

This Awareness indicates that the mutilation of a body after death wherein the soul is still somewhat present does have a shocking and detrimental effect upon that soul. This not being any greater and, in fact, being somewhat less detrimental in many ways than the action of surgery in cases where an entity is under anesthetics and essentially unconscious during the surgery, whether living or having departed in death, is that which determines the magnitude of the karmic effect in the future of the existence of that entity.



This Awareness suggests that you let surgery be the last resort in terms of healing, and that organ transplants be the last resort; and that wherein an entity chooses to give an organ after his or her death, let that entity be made aware that he or she must let go quickly of any identification with the body, with the organ.

This Awareness suggests that even if the entity has passed over, this message can be conveyed telepathically to the entity to assist them in letting go. This Awareness indicates that many entities, in passing over, see their body mutilated and dead but see themselves standing and alive and do not realize, in fact, that they have died.

This Awareness suggests that these entities can become very emotional and distraught at seeing their body mutilated without first being informed as to what is occurring.

SHOULD YOU TELL A DYING PERSON
THAT LOVED ONES WILL BE THERE
TO GREET HIM?

Question:

How constructive and advisable is it to suggest to a person who is starting to die that loved ones will be there to meet them and to help them?

COSMIC AWARENESS:

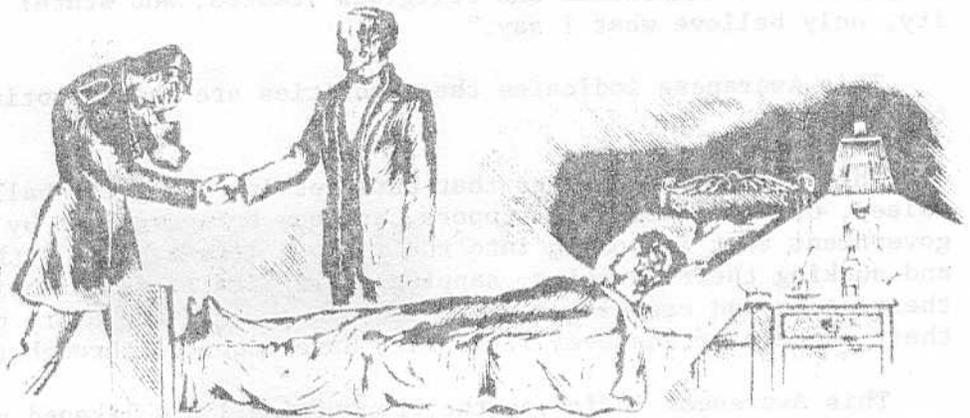
This Awareness suggests that you not tell these entities this; but that you suggest that when they pass over they look around for loved ones, for there is the likelihood that they will be there and that this is an adventure which they must take. And this Awareness suggests that entities in passing over, while needing to understand there is no terror involved, do not need to be given uncertain suggestions of security, but rather need to be given that which allows them to be open to the adventure.

This Awareness suggests that you give them the suggestion that they look around after they have passed over for loved ones, but that they especially look for the Clear Light and dwell therein for as long as is possible.

HOW CLOSE TO THE BODY
IS IT NECESSARY
TO GIVE
SUGGESTIONS

Question:

How much help, if any, would it be for close proximity to the body during the first two days after death for giving the suggestions and communicating?



COSMIC AWARENESS:

This Awareness indicates that occasional communication is sufficient. This being one or two hours daily...that this can also be on a 12 hour daily basis. This Awareness indicates this is a question of how much does an entity wish to help another after the entity has passed over? How much energy does one wish to give another after the entity has passed over in order to assist that entity in progressing spiritually?

This Awareness indicates this is important, but this Awareness does not expect to see entities spending a great deal of their time in counseling those who have passed over, as do the Tibetan monks, when entities don't even spend much of their time sharing themselves and their convictions with those entities before they have passed over in an effort to assist in the spiritual evolution of that entity.



ED's Note: At the moment there's quite a few books in paperback on the newstands and bookstores which concern the death experience by those who have been brought back to life. C.A.C. stocks, Life After Life, by R.A. Moody (\$2.25), and Reflections on Life After Life (\$3.95). The Tibetan Book of the Dead, by Evan-Wentz (\$3.95), and The Life Beyond Death, by Ramacharaka (\$6.00).



THE TAX PAYERS
REVOLT

(A Whack at the Tentacle)
of the Beast

Question:

A question from D.D., San Francisco, California. "Last June the voters of California overwhelmingly passed Proposition 13, voting to cut their own taxes, and thus sparking a movement throughout the country called 'The Tax-Payers Revolt.' This appears to be, in essence, a blow to the forces of the Beast, the money-changers and manipulators who seek to dominate the world through control of the banks. Is Proposition 13 a hopeful sign that the plans of the Beast are being opposed or thwarted?"

COSMIC AWARENESS:

This Awareness indicates this as likened unto a situation whereby entities in a great hall have been lulled to sleep by a hypnotic beast speaking through television sets, music, drugs, drink, food and dangling of the bauble of the hypnotist, in terms of a silver dollar swinging before the eyes of the individuals.

This Awareness indicates that these entities as being lulled asleep by all of these things. That these entities also being lulled asleep by those false prophets of the various churches who cry out for hostility toward others who do not believe in their own way of believing.

This Awareness indicates that these entities have been lulled asleep by those teachers and authorities and religious leaders, who state: "Do not question my authority, only believe what I say."

This Awareness indicates these entities are the hypnotists, assisting in serving the Beast.

This Awareness suggests that entities in this great hall, lying asleep, falling asleep, being lulled into stupors, are now being visited by that creeping system of government that is coming into their lives like a beast with many arms and tentacles, and sucking their energies, sapping their vitalities, wrapping its tentacles around their necks and creating a strangle-hold on each and every one of them, while picking their pockets of whatever it is they have acquired through their labor.

This Awareness indicates the Proposition 13 is likened unto an entity in one area who suddenly wakes up and slaps back at the beast, and others begin to look and wonder and realize that they, too, may slap at the beast.

This Awareness indicates these entities as only slapping at the arm or tentacle which is picking their pocket, and are completely ignoring the other areas and other arms of the beast, and fail to see the total picture of what the beast is doing.



This Awareness suggests that Proposition 13 is a start, but only a start. And that startling action can either arouse the people, awake them into seeing what is occurring on other levels as well, to awake them in such a manner as will cause them to begin dealing with the Beast and forgetting their own desire for comfort and sleep from the pills, television, and stupefying drugs; or that slap can arouse the anger of the Beast to tighten its nooses faster, more suddenly, and to choke the vitality from the people in a ruthless manner.

This Awareness indicates that there is no way to start an action such as Proposition 13 where an entity slaps the face of the Beast, and win in that action, unless all of the people become aroused and begin to attack the Beast on all of the various levels, awakening each other as to what is occurring and looking at each and every one of the tentacles that have been coming in upon their chicken necks.

This Awareness suggests this is not intended as a suggestion of revolution in terms of physical violence; this in terms of conscious realization, this in terms of revelation. That entities need to have it revealed to them and need to reveal this information to others; and in that revelation, the Beast becomes ineffective and incapable of controlling the people. For its power lies in deception, hypnosis, confusion and mind-control more than in weaponry

control. For if an entity has a weapon, but does not believe he should use that weapon, the weapon becomes meaningless; and if the entity's mind cannot be controlled to make him use that weapon, then the weapon, regardless of its power, is ineffective.

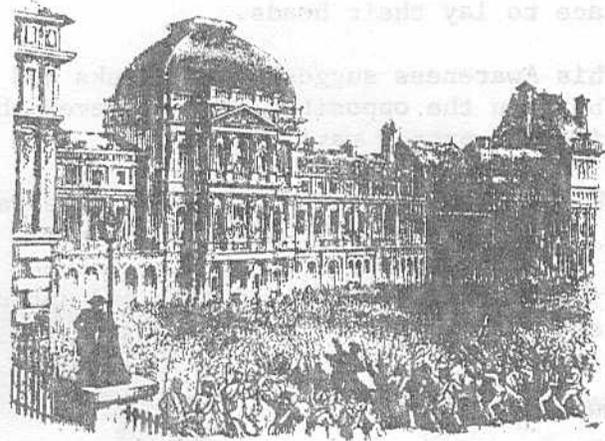
This Awareness indicates the battle is in the area of the mind and levels of realization. This as a revelation rather than a revolution.

WILL 100,000 MARCHING
ON WASHINGTON D.C. HELP
TO CHANGE CONSCIOUSNESS?

Question:

K.K. has one question:

"I have just heard that 100,000 'Americans under God' will march on Washington D.C. on May 1, 1979, and have been told, 'Remember the walls of Jericho.' Would appreciate comment from Awareness."



COSMIC AWARENESS:

This Awareness indicates this as an alchemical possibility. That the effects of this much consciousness relating unto this kind of concept as being a very potent and powerful form of energy.

This Awareness indicates that it definitely will have an effect upon the future of this nation. This Awareness indicates that the effect not being fully seen at this time, but being one which allows the forces of the Beast to realize that the people are still awake and have a voice, and have power of their own, and that they cannot be ignored in any plan which the Beast may present.

IS COSMIC AWARENESS OPPOSED
TO THE U.S. GOVERNMENT?

(Closing Message)

This Awareness indicates there are many who may think that this reading is an implication that this Awareness is opposed to the government of the United States.

This Awareness indicates this as not so. This Awareness indicates that the government of the United States as being the possible source of delivery from that which the Beast has in store.

This Awareness indicates that the concern of this Awareness is that the Beast has entered into the chambers of the government, into the minds of some of the elected officials, and that many of these are being controlled by the Beast.

This Awareness indicates that this as not limited to the government, but as being international in scope; and this also being seen in terms of individuals, wherein the Beast enters into the affairs of each individual and attempts to manipulate the individual into competitive actions, dominating others at their expense, and promoting one's own greed, lust and desire for power at the expense of others.

This Awareness indicates this is seen not only in government levels, but also in terms of business, corporations, and all the bureaucracies in between. That the Beast is likened unto a dark shadow that covers this plane, and the tongue of the Beast attempts to lull entities into believing in him and into falling asleep and giving up all rights to individual freedoms. This Awareness indicates its strongest argument is its promise to give security.

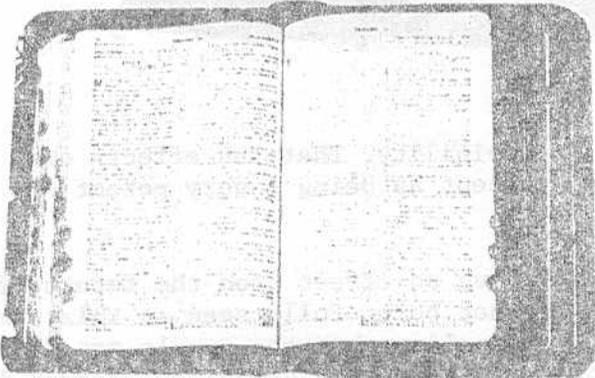
This Awareness wishes to remind entities; maximum security is found in the most unpleasant places in prison control systems.

This Awareness suggests that you consider security and freedom as being at odds with each other, and that a balance is necessary. The freedom to express, the security

to have that foundation from which to express oneself. That wherein entities sacrifice too much freedom for security, they are imprisoned. And wherein entities sacrifice too much security in order to be free, they have no place to land, no nest to rest within, no place to lay their heads.

This Awareness suggests the Greeks had a term, "The Golden Mean", which was the path between the opposites, and believed this path between the opposites, the mediator, as being the proper way:

This Awareness indicates this as the way. This as the path. This as the razor's edge, the tight-rope on which entities may balance their lives between the 'yes' and 'no', between the right and wrong, between the significant and insignificant, between vanity and humility, between life and death, between freedom and security, between hope and despair.



IT MUST BE TRUE
BECAUSE THE BIBLE
TELLS US SO

(Jesus Not From Nazareth)

Question:

Several questions from R.L.B., of Psychic Research Investigation, Denver, Colorado.

According to the Rosicrucians and other sources, they say that the term "Jesus of Nazareth" is incorrect, because there was no such place up until about five or six hundred years ago when the natives decided to turn a small city with a similar name into Nazareth to appeal to the religious trade. The term is a misinterpretation of the Bible. It should have read: "Jesus the Nazarene", a mystical order of the time, looked down on by most persons of that age. Would Awareness comment, please?"

COSMIC AWARENESS:

This Awareness indicates this as in the affirmative. This Awareness indicates that the mystical order of the Nazarene as having been a branch of the religious group known as the Essenes. This Awareness indicates that the entity as having been one of the members of the Nazarene sect, or the Nazarene branch of that group known as the Essenes.

This Awareness indicates this in the latter part of the recorded history of the entity, Jesus.

MORE LIGHT ON THE WRITERS
OF THE BIBLE

(Jews Never Held Captive in Egypt)

Question:

The second question: The record reflects the Jews were never held captive in Egypt, but in Babylon. This lie was told to put demands on Egypt. Furthermore, the records also reveal that the "Wisdom of Solomon" was lifted almost entirely from Greek lecture almost 500 years before Solomon. Does Awareness care to comment on this?

COSMIC AWARENESS:

This Awareness indicates that this information as essentially correct, even though this information shall be held most controversial by many.

This Awareness suggests that entities who wish to do some serious research into the

authenticity of the Bible will discover that many of the books of the Bible come from much earlier writings, scattered from various parts of the world, which were put together, not during the time of Christ nor assembled even prior to the time of Christ, but after the Emperor Augustine attempted to unify the religions of Rome under a common religion, which became the Christian religion.

This Awareness indicates there are many books written by scribes and priests which were not included in this official Christian Bible. These include those books which are termed 'The Lost Books of Eden' and The Apocrypha and also those which have been termed the Lost Scrolls, The Dead Sea Scrolls.

This Awareness indicates that many of the stories and books of the Bible are translations from Arabic tales and stories, are translated from Hindu stories, are translated from Egyptian teachings which have been handed down, and are translated from earlier Greek writings from certain mystery schools, and particularly from Babylonian and Chaldean writings.

This Awareness indicates that these translations included certain paraphrasing of these stories. This Awareness indicates that the Tarot of the Egyptians and Babylonians symbolize secret mystery teachings and philosophies; that each of the Hebrew letters in the Hebrew alphabet was a philosophy in itself, a book in itself.

How the Tarot Cards Relate to the Bible

This Awareness indicates that the first cards of the Tarot reflect the image of the beginning of creation.

This Awareness suggests that entities look at the 8th card, the young girl opening the mouth of the lion. This Awareness indicates this story was given as the story of Daniel in the Lion's Den, this as a symbolic representation of entities conquering the force of passions; the consciousness of an entity overcoming one's own animal instincts.

This Awareness indicates that the story shown in the Hanged Man of the Tarot, this as representing suspended mind, or the trance state, or the transformation. This as also symbolic of the crucifixion of Christ.

This Awareness indicates that the Tower card of the Tarot as representing separateness being torn apart, and as told in the story of the Tower of Babylon.

This Awareness indicates the Sun card of the Tarot as being related unto that which is called judgement. This as the clear light of realization wherein an entity sees oneself for what one is, and becomes again the innocent child of truth.

This Awareness indicates the 18th card, the Moon, as that which is the journey of the soul through the unconscious realms between lives.

This Awareness indicates that if entities were to study the cards of the Tarot in view of these representing certain stories, certain levels of consciousness, entities would discover that the Bible has many correlations with the Tarot and tells the same story in a different way.

This Awareness indicates the Tarot was the Egyptian version of the Hebrew Bible, which was written out later. This Awareness indicates that the Hebrew Tarot as that which makes use of these letters as philosophies, and the the Bible itself was written with these letters, wherein those sacred words had numerology or numerical value, and those numerical

values carried with them certain philosophies and meanings.

This Awareness suggest that entities read the book by Paul Case in reference to the Tarot, for this book, though brief, can begin to open many doors of understanding, whereby other correlations will be seen.

This Awareness indicates that further clarification of the question may be given, if reasked.

ED's Note:

The following books mentioned in this reading are available from C.A.C. Lost Books Of The Bible (\$4.95), The Dead Sea Scrolls, by John Allegro; The Tarot, Key To Wisdom, by Paul Case (\$6.95). C.A.C. also stocks the only authorized version of Tarot Cards (designed by Pamela Colman Smith and Arthur Edward Waite) \$6.00. and which have been recommended by Cosmic Awareness.

CONCERNING
STRIPPING NAKED
FOR MONEY

(What's Wrong With Prostitution?)

Question:

A question from J.J., Milwaukee, Wisconsin:
"A question of a private kind. One of us has been offered money to strip naked in front of a client. Already we have spontaneously done this and have received \$100.

Parts of us feel that this is an immoral act and the money should be returned, while the other part of us feel that this was a relatively safe way to grow the dollars necessary to continue.

What do you see as the moral implication of this practice? At what point could this be considered prostitution? Is there anything wrong with prostitution anyway?

COSMIC AWARENESS:

This Awareness indicates as far as this Awareness is concerned, there is nothing wrong with anything.

This Awareness indicates the only thing this Awareness is concerned about is that action which creates sorrow, suffering and tragedy, and this Awareness wishes to alleviate the sorrow, suffering and tragedy upon this plane.

This Awareness indicates that in terms of morality, that this does not matter. In terms of suffering and tragedy and sorrow, this does matter.

This Awareness indicates that in terms of actions such as has been previously described in your question, that this is a matter for yourself to examine. Will this create sorrow for you or for another? Will this create suffering for you or for another? Will this create tragedy for you or for another?

This Awareness indicates at first glance, you may think this will not. Upon deeper observation, you may think that this could. This Awareness suggests that patterns created and followed can become lifestyles, and lifestyles can become situations, and situations can lead to tragedy, sorrow and suffering.



This Awareness suggests that you examine carefully how far you wish to pursue this form of expression. That you ask yourself: Can you still have a good self-esteem, feel proud of yourself, and relate clearly to others if you are involved in this kind of action? And just how involved you can be and still have a good feeling about yourself?

This Awareness indicates it appears obvious from the question, that even on the first experience, you are feeling somewhat apprehensive and concerned in regard to the values and the methods of your relationship and expression in this manner.

This Awareness suggests that from the observation of this Awareness in regards to you personally, this Awareness suggests that you could not hold a high opinion of yourself, have a good self-esteem, live a happy and prosperous life when indulged in this kind of activity.

This Awareness indicates, however, that there are others who could.

This Awareness indicates that these who can and these who cannot indulge in this kind of activity are blessed by this Awareness. That only those who curse themselves and exclude themselves from the blessings of this Awareness are denied those blessings.



NEGATIVE ION GENERATORS

(Are they as good as the ads claim?)

Question:

We have received a number of questions from members about the negative ion generators on the market. Perhaps Awareness would answer the question of V.W. of Campbell, Calif. "Air ionizer machines are currently on the market. What do they really do for the human body?"

COSMIC AWARENESS:

This Awareness indicates this serves to balance out the aura surrounding the physical body to allow for a discharge of those static energies that collect within the aura. This Awareness indicates that this also affects the nervous system of the physical body through this discharge of the aura and through the breath in a manner that brings feelings of greater harmony and relaxation.

This Awareness indicates this relieves those energies created by an excess of positive ions which can lead to tension in the nervous system, tensions in those who tend to have high blood pressure and tensions that cause headaches or other pains within the physical body.

This Awareness indicates in general, this relieves the nervous tensions that entities often feel. This Awareness suggests this especially needed in homes or offices which use furnaces with air ducts that travel long distances and move around corners. These heating ducts which turn corners create positive ions and this can build up in an office building or home to such a degree that the employees or residents become quite irritable and nervous without knowing why. This Awareness indicates this particularly so in tall buildings or buildings with a central heating system that travels long distances, such as in schools which are spread out over long distances.

This Awareness indicates that those furnaces which produce air and the air is emitted directly from the furnace, such as an oil stove, a wood stove, or a central stove with heat coming directly from that, or from very close proximity to the stove; these as being less inclined to create positive ions.

This Awareness indicates that positive ions also are created in traffic lanes where there is much busy traffic, wherein there is an excess of vehicular movement, particularly in hot weather and on cement highways wherein there is little greenery. This Awareness

suggests that the negative ions can be felt in parks, meadows and areas wherein there is greater vegetation. This Awareness suggests that times just prior to an electric storm and as the storm is in process as also having certain negative ions which can be felt. This Awareness indicates that falling rain or water showers from a cool tap also tend to create negative ions, these as being of a refreshing nature to the nervous energies of the body. This Awareness indicates these also have certain healing effects, particularly in terms of hypertension and tensions caused by nervousness or anxieties.

ED's NOTE:

Ads for negative ion generators are appearing in the various New Age type magazines. These come in sizes from desk size, about \$69, to room size. C.A.C. obtained a room-size model recently for \$149 and can report that the energies in the office seem to be higher and the work load appears lighter, although it isn't by any means. If enough members are interested in obtaining Negative Ion Generators, we will see if we can become a dealer and make them available.



PROBLEMS WHICH ARE AFFLICTING
THE WANDERERS AND VOYAGERS
OF THE NEW AGE

(Getting Their Trip Together)

Question:

Awareness, during the past month or so, there seems to be a pattern occurring wherein many entities working in the Awareness Movement have been assaulted with various physical problems. Each person seeming to be hit in those weak areas which in the past have been problems. Some with lung problems and some with kidney problems etc. Most of these entities watch what food they eat and so on, and are at a loss to explain why

they seem to be persistently bothered with the reoccurrences of these. The Interpreter, in fact, has been plagued with headaches and muscle tension pains for quite awhile. Would Awareness please comment on this situation?

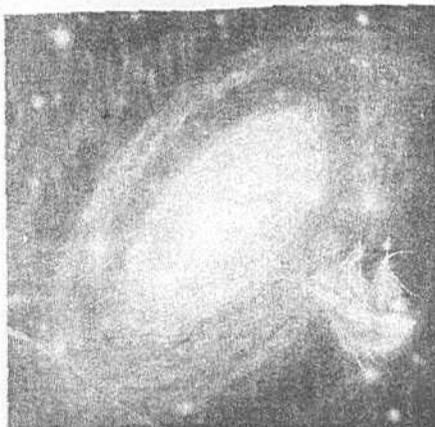
COSMIC AWARENESS:

This Awareness wishes to refer back to references regarding the wanderers or voyagers of the universe. This Awareness suggests that these entities who move into those trouble spots in the universe, who reincarnate and enter into civilizations in order to raise the vibration of those planets, raise the vibration of those civilizations; these entities often have physical weaknesses because of the difficulty in maintaining a high spiritual energy while entering the gross physical form.

This Awareness indicates this particularly during childhood. That the majority of wanderers, or voyagers, as having childhoods wherein they have difficulty in terms of physical health, wherein they have difficulty accepting the programming of the schools, wherein they have difficulty in holding a regular factory or office-type of job working for others in a kind of regimen, and these entities generally have certain difficulties in fitting into the society in general.

This Awareness indicates that occasionally the entity gives up in his or her efforts to fit and begins to look around or look inward to discover what it is he or she really wants to do with the life which they have. This Awareness indicates that those who begin searching in this manner generally come to the realization that they must work in a manner that serves to better the world in which they find themselves, and generally these entities begin some kind of action wherein they are in one sense their own boss, wherein they work in their own job, or closely with those who allow them their own time and space to do the work which they choose.

This Awareness indicates some of these entities awoken to the realization of Who, In Fact, They Really Are and realize that they do not, in fact, belong on this earth, but have simply come here to assist in raising the vibrations. These entities then generally are capable of adjusting to that realization and doing what they need to do.



This Awareness indicates that as these entities move more and more into spiritual levels, there often can be difficulties on the physical as it reacts to the changes of consciousness.

This Awareness suggests that for every movement toward higher vibration, there is a reaction on the physical body, and that reaction often is of a negative appearance.

This Awareness suggests that this is the price of moving too fast for the physical body to make its adjustment. This Awareness suggests that you not concern yourself too much with this, but that you watch carefully that the movement is not so fast that the physical body is left incapacitated or incapable of sustaining its purpose as a vehicle for the spiritual expression. This Awareness suggests that wherein there is the physical reaction, that this be attended to; and when the body moves back into proper alignment, that you then move on and attend the spiritual purposes.

This Awareness suggests that the reactions are likened unto the body being given higher frequencies of energies and being forced to accept those frequencies in order to transmute itself to allow those frequencies to become natural for the body's cells and physical parts.

This Awareness suggests that there also are instances wherein invasions from external forces attempt to enter the psyche of those working in high spiritual levels to disrupt their work.

This Awareness indicates there are also certain forces which can send energy fields or rays that can disrupt the aura and energies of those moving in certain fields of spiritual expression, particularly when such entities do not protect themselves from these forces. This Awareness suggests that the entities suspecting this may protect themselves through the White Light Meditations or the Banishing Rituals or other forms of protective techniques as given previously.

ED's Note: See Revelations of Awareness No's 77-13, 77-15, 77-1, 78-36

Question:

In the case of the Interpreter's headaches and shoulder pains recently, is there any specific thing that could be done to alleviate this problem?

COSMIC AWARENESS:

This Awareness indicates much of this as being caused by excessive tension which has been placed upon the entity during the past year, wherein the entity feels responsible for more than he is capable of handling. This responsibility which the entity has accepted, when not met, allows or causes the entity to feel somewhat guilty or to blame, or causes a low self-esteem in terms of his capabilities. This, in turn, allows for weaknesses in his aura, and this allows invasion from forces which would hinder his work even further.

This Awareness suggests that the entity may work on restoring his aura through meditation, through visualization daily, and also may reassess his capabilities in terms of what he really accepts as his responsibilities, so that he is capable of handling that responsibility, rather than feeling for everything others expect of him. This Awareness suggests that wherein possible, the entity may begin to share that responsibility with others.