



COSMIC AWARENESS is the force that expressed itself through Edgar Cayce, Jesus of Nazareth, the Buddha, Krishna, Mohammed, and other great avatars who served as 'Channels' for the 'Heavenly Father', and who speaks again today as the world begins to enter the *New Age* of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through certain carefully trained channels. The information contained herein was received from deep trance states and 'interpreted' by an entity affiliated with C.A.C. This information is for those who inherit the *New Age*. Awareness tells you not to believe anything, but to question, explore, doubt and discover for yourself what is the truth. Cosmic Awareness only indicates and suggests.

## THE MONTHLY TRANCE HEALINGS

(Cross-Energizing to Multiply)  
the Force of the Healing

Paul Shockley  
Trance-Interpreter

(New Information)

### Question:

Awareness indicated previously in relation to the monthly trance healings, that entities on the C.A.C. healing list could enhance the overall healing of self and other by cross-energizing. So that entities on this healing list can better understand how this works, will Awareness please explain the inter-relationship of the actual trance healing done by Awareness through the Interpreter, and those others on the healing list who have been cross-energizing?

### COSMIC AWARENESS:

This Awareness indicates that wherein two entities converse with each other, or send energy one to the other while in conscious levels, that these energies are of a certain density and vibration.

This Awareness suggests that you look also at the nature of the therapist who sends suggestions to an entity who is hypnotized, and through the hypnotic suggestions, gives the suggestion of healing. This Awareness suggests that now you may recognize that the entity being hypnotized, receiving a suggestion of healing, receives a more dense type of energy which is stronger and more potent than the entity who is conscious, receiving a suggestion of healing who can filter that suggestion and negate that suggestion if he or she chooses.

This Awareness indicates the entity who is hypnotized finds greater difficulty in rejecting the suggestion of healing.

This Awareness indicates that another alternative type of relationship is the one wherein rather than a hypnotist working on the one hypnotized, the therapist is in trance and works on the one who is conscious. This Awareness indicates this as the trance healing, wherein the energy coming from the trance therapist is of a more subjective and more potent level, being sent to the conscious entity. This Awareness indicates that this allows the energy to carry over many miles through time and space.

This Awareness indicates that still a deeper level of trance healing occurs when the trance healer, the therapist, being in trance, sends the suggestion of healing to the entity when the patient is in a state of sleep. This Awareness indicates that it does not matter that the trance healing and the patient being asleep occur at the same time, for, in the 4th dimension, time is irrelevant.

This Awareness indicates that often in the Awareness healing techniques, this Awareness suggests to entities that It shall visit them in their sleep states and ask them to remain open that this Awareness may enter into their consciousness and heal them while they sleep. This Awareness indicates this as a very beneficial technique.

This Awareness indicates that wherein more than one entity is sending energy for healing to another, that the potency of this healing is intensified.

This Awareness indicates that wherein the entity who is seeking the healing can turn his or her attention to another who wishes to be healed, this allows that entity to remove his or her focus from himself and send that focus toward another. This Awareness indicates this change of focus allows the entity to be open to receive the focused energy of others who are focusing and sending healing toward that entity.

This Awareness suggests that therefore, wherein the entire group is sending healing energy toward one another, and each is focused on another other than oneself, this becomes very effective in terms of group healing procedures.

This Awareness suggests that entities could share in the healing procedures by sharing their names with one another and sending healing energies to each person on the list which they receive, who request to be on that healing list.

This Awareness suggests this be done before falling asleep, or upon awakening, or during periods of relaxation and meditation. This Awareness suggests that during times wherein the subjective consciousness is prominent, that these are the best times for sending white light to the entities on the list.

This Awareness suggests that these entities then also, each and every one, to lie still in their beds upon wakening in the morning for a period of approximately five minutes, with the palms of their hands turned upward, flat on their backs, to receive the healing energies from the group.

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NOTE TO ALL ENTITIES NOW ON, OR PLANNING TO BE ON, THE C.A.C. COSMIC AWARENESS MONTHLY TRANCE HEALING LIST:

Vicki T. (your faithful Correspondence Secretary) has volunteered to type up a list each month of all C.A.C. members who have requested a healing for that month, and will mail a copy to each of you on the list (who request it) who wish to participate in the cross-energizing. Not only will their own healing be more powerful, but the healing of the other entities on the list will also be more powerful and effective. Vicki T. will type the name of the entity and the state so you will know the general vicinity you will be energizing. The addresses will not be listed. She asks, however, that you send her a stamped, self-addressed envelope when you request the cross-energizing list of entities to be healed each month. For fast service, please enclose your stamped, self-addressed envelope in an envelope addressed as follows:

Healing List  
C.A.C.  
PO Box 115  
Olympia, Washington 98507

Healings are mailed to the Interpreter on the 12th of each month. The healings are given on the 15th. The list is very long these days and we request you confine your requests to emergency situations and not enclose extra names of friends and relatives unless emergency cases. The former policy of accepting names on a permanent, or more than a one month basis, is discontinued. To obtain these trance healings, you must send in a written request each month, using the form in the CAC Booklet #1, "Personal Services Offered to the Membership".