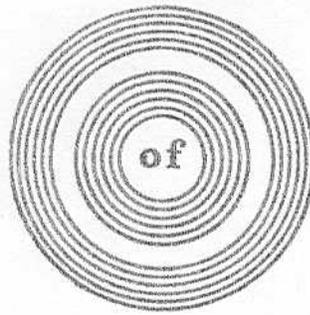


Revelations



Awareness

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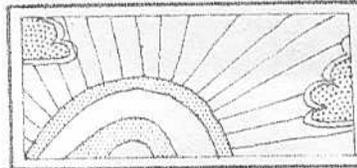
Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

BRINGING IN THE NEW AGE:
EDGAR CAYCE, RALPH DUBY,
THE UNIFIED STATES OF AWARENESS

Paul Shockley
Trance-Interpreter

(Opening Message)
CAC Gen. Reading
Aug. 17, 1977



COSMIC AWARENESS:

This Awareness indicates the movement whereby this Awareness communicated through Edgar Cayce for a period of approximately forty years as being the first phase of an action moving this planet into the Aquarian Age energies.

This Awareness indicates the second phase, in terms of this kind of energy movement, as that which began in 1963 and moved up to present time. This Awareness indicates the first phase as that which planted seeds in consciousness and cultivated these seeds. This in terms of concepts, in terms of alternate ways of viewing the universe.

This Awareness indicates this as being an alternate to the normal flow of knowledge being passed down from the authority to the student. This Awareness indicates that the alternative being that which allows the entity direct contact with the Universal Mind.

This Awareness indicates the second phase as that whereby certain concepts which have been polarized in consciousness for thousands of years have come into focus to be reconciled, to be examined, to be assimilated, synthesized, and brought into close scrutiny by all of consciousness.

This Awareness indicates the third phase as having begun in the action at York, whereby the reconciliations have occurred, and group action, group enthusiasm, co-creative energizing, springs forth a new kind of energy, whereby channels communicate with one another, communicate with the One Mind and apply these actions, these concepts, these realizations, and these communications toward a central purpose which spreads in all directions. This Awareness indicates this as likened unto the seeds being scattered toward fertile ground by a team of workers.

This Awareness indicates this as seeds being planted in consciousness, in those nooks and crannies where they are sure to grow.

This Awareness indicates that this third phase as that which begins exemplifying the law of the acceleration of acceleration, whereby that which is moving at a high rate of speed begins to move faster and itself is being moved even more quickly by forces unknown to it. This Awareness indicates this as likened unto a vehicle accelerating upon a certain plane, moving more and more rapidly without the realization that the plane on which it moves is also accelerating at the same moment.

This Awareness indicates the activities of bringing in the New Age are moving in greater momentum than entities now realize.

This Awareness suggests that entities need not become impatient, but need to use skill, particularly the skill of communication in their activities; so that as a group,

the rest of the group is aware of what is occurring before any one or more of the other entities takes an action that does not become communicated with the rest of the group and cause a disturbance in the force field which is moving in unity.

This Awareness suggests that entities be carefully aware of the movement of expression by each of the other entities involved in this unified force field. That wherein any one entity moves without consideration and awareness of the others in the unified force field, this can create a disturbance, and that disturbance can have reverberations. This Awareness suggests that this shall not create disastrous effects so long as the majority of those in the unified field force continue their communicative sensitivity toward one another. However, this individual movement of insensitive and uncommunicated action can cause certain disturbances which hinder the movement of the acceleration of the unified field force.

Closing Message:

This Awareness suggests that entities at this time in the Awareness Movement, may begin taking great strides forward on all levels by ignoring or minimizing that which is negative and focusing and pointing toward that which is positive. This Awareness suggests that it is not necessary to be hostile toward evil in order to be good, that it is not necessary to be "down on" the enemy in order to be in favor of your group. This Awareness suggests that entities look at what is, and if a negative is seen, look and speak of that negative quickly, then move on to the positive and dwell thereon.

HOW TO MULTIPLY THE USE OF THE LIGHT VISUALIZATION EXERCISE

Question:

Awareness gave a terrific visualization for seeing people as more aware versions of themselves before falling to sleep. We have six people in the immediate family, and I would like to do this with many of them, but by the time I go to bed at night, I'm too tired to hold a string of visualizations. Is there an alternative method of energizing the same thing, perhaps using pictures, symbols, written statements, and a special place for energizing?

COSMIC AWARENESS:

This Awareness indicates that the mind is a fantastic piece of equipment. That if you cannot visualize in one way, you can conduct the same action and produce the same results in another way.

This Awareness suggests you take a picture of these entities, place that picture under your pillow, tell yourself that these entities in that pictures shall become more wholesome, healthy, harmonious, spiritual and beautiful in all levels. This Awareness suggests you might as well add prosperous also.

This Awareness indicates that when you tell yourself that these entities shall become such, that you then sleep on it while this occurs. This Awareness suggests after you have fully understood the effects of this meditation, or technique, you may choose simply to place the picture somewhere, and every time you pass that picture, you may snap your fingers, and in that snap, direct those entities toward higher consciousness and greater personal benefits.

This Awareness indicates the mind is a fantastic tool, and it can use any technique which it accepts as being workable to create the effects.

This Awareness suggests that all minds of human beings and other living forms are part of the One Mind, and whatever concepts or energies you send to others, contact those minds. Therefore, whatever thoughts you have about others shall be influential on those others. This Awareness suggests that the deeper into subjective levels you are, the more powerful the contact with the other mind. Therefore, if you would effect another's mind, move into levels of subjectivity, near levels of sleep.

This Awareness suggests that those who misuse this to affect adversely another entity shall find this to backfire on them, for this would be black magic. This Awareness suggests that you, instead, use your powers to bring about beneficial results to the consciousnesses of others, to heal the sick, to teach those who do not know, to share yourself with others, and to be merciful.

CONCERNING NOSTRADAMUS



Question:

A.C. of Cleveland, Ohio, wants to ask Awareness that Nostradamus said his technique in seeing the future was related with a brass tripod, wand, water and a flame to induce a special state of trance. How was this done?

COSMIC AWARENESS:

This Awareness indicates this as but a triggering device which this entity used to lay aside the conscious rational portion of his mind. This Awareness indicates that any triggering device is effective wherein an entity meditates deeply and allows the mind and personal opinions and ideas to be placed aside.

This Awareness suggests that the entity, Nostradamus, was a very gifted person, and that the trinkets used were but triggering devices for this entity to turn on his psychic energies. This Awareness indicates that that particular system would not guarantee any other entity the powers of Nostradamus. That one could use a triggering device of a similar nature, or of any other type, and tap into one's psychic forces, but that the triggering device is not the key. The key lies in laying aside that portion of consciousness within oneself which filters, which analyzes, judges, and attempts to force ones will in order to receive information.

This Awareness suggests that the way to receive is to surrender oneself into the Universal Forces. This as a temporary action, whereby you are temporarily one with the universe, knowing that you can extract yourself when it is appropriate.



WHAT RALPH DUBY IS UP TO THESE DAYS

Question:

M.N. sends in a question. Sometime ago D.H. received the information that a psychic sensitive in California has said that Ralph Duby has reincarnated and is now a child living in Africa. We would like to know if this is true. If not true, can you tell us anything about him? Thank you.

COSMIC AWARENESS:

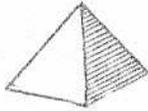
This Awareness indicates this as not so at this time. This Awareness indicates the entity, Ralph Duby, as assisting in the areas of northern India and Tibet. This Awareness indicates this entity as still on the 'other side', working with certain yogis and mystics and students in various schools in India and Tibet. This entity working with these entities during their meditations and sleep states.

This Awareness indicates this entity as assisting in the actions of Cosmic Awareness Communications and the Aquarian Church, in the actions of Anthony Warren's communications the USA Communications, and in the actions of the Universal Service Foundation College at York. This Awareness suggests the entity as also being involved with others who have been actively functioning and carrying on the work which was begun in the Organization of Awareness, even though many of these are working individually at this time.

This Awareness suggests that the entity as having much influence on the Inner Plane, working to coordinate certain activities which are occurring upon this plane, to enhance and carry on the work which was started in the Organization of Awareness.

This Awareness indicates that the actions of the Organization of Awareness did have certain roots which stemmed from Tibet and Northern India. These as also being examined and worked with by the entity. That there are still actions which shall manifest upon this plane in relation to certain energy patterns and energy flows which reach back to the early roots of that which became Organization of Awareness, whereby these roots become in contact with the outgrowth, the leaves, the present-day formations, which have grown out of those actions.

This Awareness indicates the entity, Ralph Duby, as one who is assisting in the activities of coordinating much of that which has occurred and is continuing to occur on many levels upon this plane, even levels which entities do not presently conceive as being related to the actions of Organization of Awareness and its attributes and adjunct organizations.



MORE LIGHT ON EDGAR CAYCE
AND PAUL SHOCKLEY'S TRIP IN EGYPT

(How the Pyramids Were Built etc.)

Question:

J.K. writes: 'I received a letter from Hugh Lynn Cayce dated Feb. 25th, which said: "Thanks for your letter of Feb. 9th and the copy of Cosmic Awareness. We have checked the files and do not find, on first examination, any reference to Tonadoso in the Edgar Cayce information. We will check this further, and if anything turns up, I will write you." And J.K. continues: 'I had informed Hugh Cayce that Paul Shockley was personally programmed by Ra-Ta, about 12,000 years ago, to do the crucial work he is doing today as an Interpreter for Cosmic Awareness, and that Paul's name in that lifetime with Ra-Ta was Tonadoso. Please tell us about Tonadoso and his relationship with Ra-Ta and Hermes, and anything else that would provide some of the missing parts of the Ra-Ta puzzle for us and the Cayce Foundation.'

COSMIC AWARENESS:

This Awareness indicates that the name 'Tonadoso', as being that which was given this entity when the entity was a young child. This Awareness indicates this entity as having been brought to Egypt with Hep-Set from Atlantis, and this entity did become one who was likened unto a son to the entity, Hep-Set. This Awareness indicates that relates back unto a previous lifetime wherein the entity was a priest in Atlantis and a friend of Hep-Set.

This Awareness indicates that this entity, as a priest in Atlantis, did study with Hep-Set. That the priest then passed over and was reincarnated. That Hep-Set recognized this entity and did essentially take the entity under his wing and shelter him. This Awareness indicates the entity as having been orphaned during the sinking of Atlantis.

This Awareness indicates that Hep-Set, meeting with Ra-Ta, did begin to convey the information which he held relating unto the Law of One. This priest of Atlantis, Hep-Set, the leading scientist in Atlantis, conveyed the information which he held to Ra-Ta, Ra-Ta being one who had contact with extraterrestrial intelligences, and Hep-Set began to work closely together. This Awareness indicates this particularly during their banishment period wherein Hep-Set was banished and went to Nubianland.

This Awareness indicates that Tonadoso was a young man at that time along with several hundred others who followed Ra-Ta into Nubianland. This Awareness suggests that upon the return to Egypt, wherein the sharing of information between Hep-Set and Ra-Ta occurred, the realization that the earth was beginning to move into its dark cycle led Ra-Ta and Hep-Set to determine that it was necessary to create a kind of system which would be likened unto a counter-action to the Atlantean forces of power. This counter-action would be of greater power than the Atlanteans had accumulated, and yet would be of opposite nature.

This Awareness indicates from this they built the Temple of Beauty, which would become more significant than the temples of power of the Atlanteans. They also built the Temple of Sacrifice, which would assist in alleviating and reversing the trends which

the Atlanteans had created in their manipulations of genetics and the use of hypnosis and the various programmings for the so-called "things".

This Awareness indicates that the final adventure of Hep-Set and Ra-Ta in their activities was to build the pyramid of Giza and the Sphinx. This to be an action which would serve as a monument to influence consciousness during the dark cycle through the age of Virgo, Leo, Cancer, Gemini, Taurus and Aries.

This Awareness indicates that essentially, the Sphinx represents the Pineal--that portion of consciousness, the chakra, which focuses. The pyramid represents the Pituitary --that which receives energies from the universe. That between these two there runs a deep tunnel, and part way between these two in the tunnel is the Hall of Records. This Awareness indicates that besides the pyramid of Giza and the Sphinx and the Hall of Records, there was built the base for a second pyramid. This base being left for future generations as a suggestion and a challenge to be completed.

This Awareness indicates that the entity, Hep-Set and the entity Tonadoso, and several others, were placed in the Hall of Records as mummies. This Awareness indicates that the mummification process used by Ra-Ta was such that these entities were given certain symbols, placed in deep hypnotic trance levels, basically this as being likened unto moving into deep trance levels, being given a serum which froze the consciousness at that point; then through suggestion, moved even deeper, then again the serum which froze the consciousness, then through further suggestion, moved even deeper. This Awareness indicates the depth being that which took six different sessions and moved these entities into that which is the frozen consciousness of the mummy. That these mummies were still in trance and still living and existed as conscious entities throughout the 10,000 years (this approximately 12,000 years) since this time.

This Awareness suggests that during this time the energies were such that they were being released into consciousness, into this physical plane which entities call reality. This Awareness indicates that essentially, the nature and purpose of this action was to program consciousness through the influence of certain concepts which would surface here and there in the consciousness of entities as well as provide certain vibratory forces which entities could tap into. That entities who tapped into the forces of Egypt were capable of rising to great heights of power, and essentially, this was used to bring about the civilizations that existed during the past 10,000 years.

This Awareness suggests that the second pyramid, the base being that of a challenge to future generations, brought forth the need to complete this, and the pharaoh being such that the entities wished to leave a monument to this entity, did agree to the action of supplying the necessary funds and this brought forth the second pyramid.

This Awareness indicates the first pyramid as having been built by levitation, through a type of activity whereby entities chanted and created a certain vibration, and the magician, holding a type of wand, focused through this crystal wand the energies of that chant into the stones which were then levitated into place. This Awareness indicates the second pyramid was built by love for the pharaoh. The third pyramid was built through slavery and the pharaoh's love for himself.

This Awareness indicates the purpose of these actions was to hold the attention and accumulated energies of the civilization together during a dark cycle wherein the energies tended to become scattered and in competition with one another.

This Awareness indicates the entity, Tonadoso, at the time of the building of the first pyramid, was one of the priests who assisted in directing the wand to move the stones into place. That there were others involved in this action of levitating these stones. This Awareness indicates that there also was assistance in this action by entities from other dimensions. The entity, David Worcester, who at that time was not fully materialized as a physical being, served as a pharaoh of Egypt, even assisting Ra-Ta, Hep-Set, Tonadoso, and others in the construction of the pyramid. This Awareness indicates the entity, Winston Turnbow, as also having been present at that time as one of the designers.

This Awareness suggests that the completion of the the Pyramid of Giza was likened unto an action whereby those who entered would journey through time and space, and this entry of the soul into this journey through time and space, as the symbolism of the boat whereby the pharaoh and his crew would sail into the future. This Awareness indicates that in the time whereby entities entered the pyramid, a small boat was taken in, this being levitated in with the pharaoh and his chosen royalty and the priestcraft.

This Awareness indicates that these entities then reincarnated in groups, as a group in various points of time and space down through the ages between that time and present time, with the purpose of reconciling the opposite energies which were also programmed. This Awareness suggests that much more can be given on this. This Awareness suggests that the Interpreter may supply more information regarding this. That there may also be several readings relating unto this if this becomes desirable.

HOW TO REMOVE TOXIC HEAVEY METALS
LIKE LEAD AND MERCURY FROM THE BODY

Question:

J.M. of Los Angeles, would like to ask Awareness for a simple home formula that will remove the toxic heavy metals, lead and mercury, from the body.

COSMIC AWARENESS:

This Awareness suggests the use of the seven-day fast^{*} that this as being of great benefit. This Awareness indicates also the use of distilled water. That also the use of sodium sulphate as a kind of laxative can draw these poisons to it. This Awareness suggests also the use of prune juice; that the use of prune juice in the mornings for three days, (approximately one quart of prune juice each morning for three days), followed by one-half gallon of lemonade made with honey in the afternoons. This as that which can be a very beneficial cleansing fast in relieving these residues.

This Awareness indicates the distilled water, the sodium sulphate and prune juice, all have magnetic qualities which draw these toward it. This Awareness suggests that not be used in excess to your discomfort, that is, your great discomfort, but in moderation. That three days is sufficient, then this be repeated again at a later time for as often as is desirable in your efforts to cleanse your body. This Awareness indicates this cleans other areas of your body as well as those mentioned.

This Awareness suggests the sodium sulphate as the least appropriate of these, but that the sodium sulphate, when taken in the morning, approximately two tablespoons full, shall have a tremendous effect in cleaning your system. That once or twice with this as being sufficient, and this then be followed by regular fasting or cleansing diet.

This Awareness indicates that also the blood-purifying formula of Doctor Christopher as that which is beneficial in this regard.

*ED'S NOTE: Cleansing diet information is in CAC reprint #75-76, Price \$2.00. Dr. Christopher's numerous herbal formulas (all recommended by Awareness) are available by writing to: The Herb Shop, PO Box 352, Provo, Utah 84601.

PREHISTORIC CREATURE DISCOVERED

Question:

Last month the newspapers had a story of a decomposed body of some huge sea creature which was snared by a Japanese trawler off New Zealand, and an authority on extinct animals says that it was a plesiosaurus, a creature thought to be extinct more than 100 million years. Would Awareness please comment on the origin of that creature?

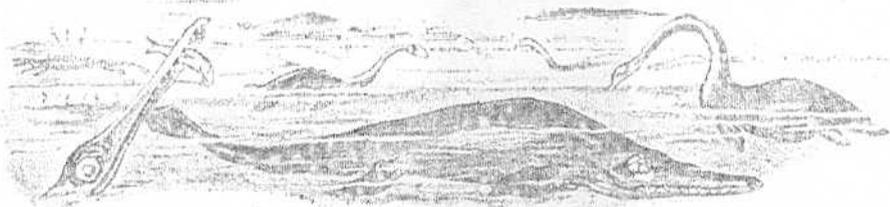
COSMIC AWARENESS:

This Awareness indicates this creature, this as that which has been frozen in ice for some long period of time. That the ice broke and the creature then....This Awareness indicates this appears to have been an egg which was frozen in ice and that this then, in breaking, brought the ice down into warmer waters whereby the creature was hatched.

This Awareness indicates there are many creatures yet from these prehistoric times which are still living. This Awareness indicates these particularly on the inner side of the earth.

This Awareness indicates this needs more explanation, but that much of consciousness is not ready for this kind of information, and your membership would suffer from too many of these kinds of explanations which are too weird for present consciousness.

ED'S NOTE: Awareness has told us that questions, too often, about the Inner Earth, U.F.O.'s could cause consciousness to focus too much attention on these matters, wherein at the present time, there are more urgent matters that consciousness needs to attend. We do ask questions of this nature when such stories appear in the media and usually publish them. (Awareness has promised us several readings on U.F.O.'s which we hope to do later on). We do ask our membership, however, not to press too hard for questions along these bizzare lines at the present time. As most of you know from past readings, 'there is more in heaven and earth than is dreamed of in our philosophy'.



The fish-lizard of the sea
—the Ichthyosaurus.

The fish-lizard with a neck like a snake
—the Plesiosaurus.

MORE ABOUT THE "D" CELL

Question:

In many countries around the world, and in Mexico in particular, many travelers from this country encounter various forms of dysentery, diarrhea, and upset stomach when they drink the water available. I have asked Joe Dunn Sloan this question and he did not know the answer. The question is: will the "D" Cell, if put into the water contaminated by amoeba, or whatever contaminate causes these ailments, will this be adequate to protect travelers from becoming ill?

COSMIC AWARENESS:

This Awareness indicates this can be of great benefit, depending on the strength of the "D" Cell, the amount of water, and the time given for cleansing and also the degree of the contamination.

This Awareness indicates that the energy of the "D" Cell is such that it tends toward cleaning up the water, but that this as merely a matter of degree. This Awareness suggests that experiments may be conducted to test this for various quantities and qualities.

ED'S NOTE: Any CAC members who may be going to Mexico (for various reasons) may wish to try using a "D" Cell in a quart of Mexican water. Any information on the results would be appreciated and added to our special "D" Cell report. Thanks! (Additional "D" Cell information is available in the CAC "D" Cell Booklet (price \$3.00).