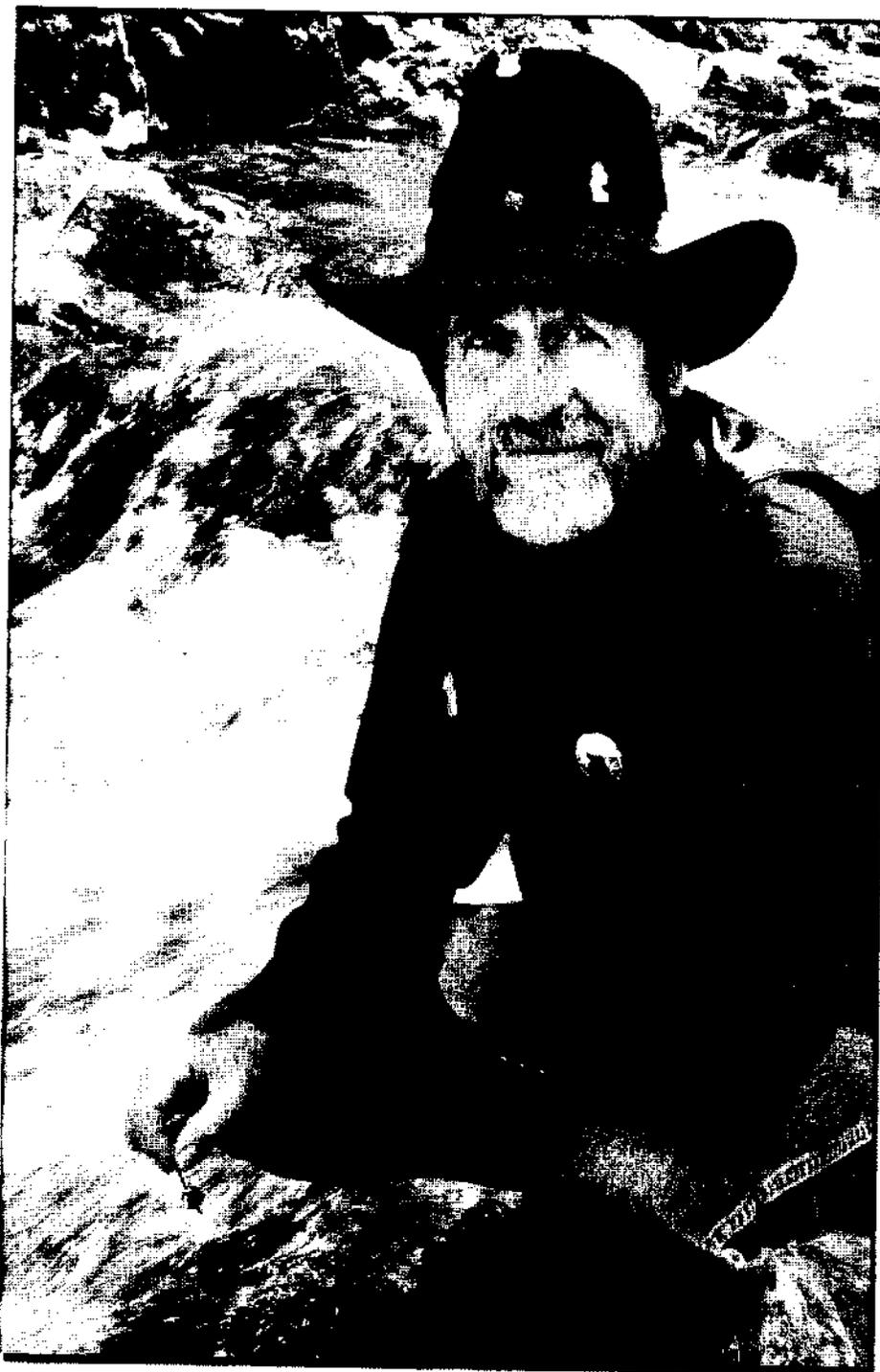


Techniques That Work for Me



*A MINI-COURSE IN MANAGEMENT OF ENERGY
FOR IMPROVING YOUR LIFE*

by Raymon Grace

THIRD EDITION

About The Author

Photo by Nancy Grace



Raymon Grace, a native of the mountains of Virginia, has studied and taught various forms of alternative healing since 1973. His classes include stories drawn from 30 years of experience doing healing work and teaching psychic development. "His style is unique, and he teaches in a down-to-earth manner that characterizes his life.

He has had many influential teachers, including: Rolling Thunder, Cherokee medicine man; Jose Silva; Tom Brown, wilderness survivalist and author; and Chief Two Trees, Cherokee chief and healer.

A frequent teacher at the Ozark Research Institute's Power of Thought School, he also lectures across the country at dowsing conferences and alternative healing seminars. He has been a featured speaker at American Society of Dowsters conferences, and keynote speaker for the Canadian Society of Dowsters. He has been a speaker twice at the Total Health Show in Toronto and numerous other groups in North America, also he has been a guest on several radio talk shows including the well known Coast to Coast AM radio show. He has worked with law enforcement officers in both U.S. and Canada.

He has authored a book entitled *The Future is Yours - Do Something About It* which combines mind development, shamanism, dowsing, healing, and self-empowerment.

He also wrote *Techniques That Work For Me*, an advanced dowsing manual, and *Letters to April* a collection of stories of how he used alternative methods⁰ with his daughter.

His website is www.RaymonGrace.com

TECHNIQUES THAT WORK FOR ME

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Many thanks and appreciation
to my Spirit Guides and my friends Walt Woods and Bill Askin.
Special thanks to Suzanne Cole whose work and encouragement was helpful.

Cover Photo by Rain Smith

FOREWORD

The purpose of this manual is to give you the power to manage energy in such a way as to benefit those to whom or which you direct it. One point I would like to make is that we do not need complete information to solve a problem. What we do need is a willingness to do something about it. If we do nothing, nothing will happen. If we do something, something will probably happen. One of my beliefs is that no act of kindness, regardless of how small, is ever wasted.

All things are composed of energy, including our thoughts, and future events are composed of thoughts not yet materialized. There are many probable futures and we have the ability to choose the best one. If we combine our knowledge with that of the Spirit World, and use it properly, we can help change the energy around us and thereby change our future. At the same time, we contribute to beneficial energy for the change to better conditions on our entire planet. This is simply done using our minds through our thoughts, and most importantly, with **intent**. Healing, of various kinds, is one goal of this process.

The techniques described in the following pages are presented with the assumption that you have a basic knowledge of dowsing. I have included a dowsing chart by Walt Woods in the back of this manual to assist you with obtaining information. You should refer to his excellent booklet, LETTER TO ROBIN, for basic dowsing instruction if you are in need of learning how to dowse. It is not difficult.

Many times solving a problem will require more than one technique. You may need to use several of these techniques on more complicated problems.

I hope this manual supplies you with the information and motivation to control the rest of your life through choice and help others in the process.

I close these comments with this:

THE FUTURE IS YOURS. DO SOMETHING ABOUT IT!

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Changing Disharmony of Relationships and Situations

Problem:

Anger, disharmony and lack of cooperation within a group of people or yourself.

An example of this is, once on a construction job, my entire crew, including me, got angry at each other. Total disharmony and chaos reigned.

Technique For Solution:

Using my pendulum to find the source, I identified the cause of the problem to be non-beneficial frequencies. Then, again using my pendulum, I simply asked the dowsing system, powers that be (or whatever you prefer) to either have them removed or transformed into something beneficial.

Result:

My pendulum swung in a counterclockwise direction for a few moments, then stopped. In about fifteen minutes everyone was getting along well and wondering what had happened to them earlier.

Comments:

Any time you or someone else experiences anger for no reason, check to see if non-beneficial frequencies are present. If so, ask that they be removed or transformed into something beneficial, whichever is appropriate.

When people do not get along with each other, check their compatibility level. If it is low, ask if there are beliefs, thoughts and memories that adversely affect them being compatible. If so, then ask to remove the emotions from these beliefs, thoughts and memories. The pendulum will swing counterclockwise until this is done. You now have neutral energy, ask to transform it into the most appropriate energy for the compatibility of the people. It will then swing clockwise until this is done.

It is suggested that you do this before any business meeting or job interview.

It is also a good idea to use this technique before traveling with people, such as vacations or visiting in-laws.

Another force that seems to be affecting large numbers of people is what I call being out of balance with the energy of the Earth. Perhaps when the energy of the Earth is changed, we are then out of balance with it. It is not something you did or didn't do; it is simply that things changed.

Each day use your dowsing system and ask to what degree you, your family, home, and

business is in balance with the energy of the earth.

If it is less than 100%, ask your dowsing system to bring you, your family, home and business, back into total balance with the Earth energies.

The pendulum will swing clockwise.

Ghost Bustin'

Problem:

Negative entities can cause people to be grouchy, dishonest, sick, alcoholic, use drugs, abusive to their family, suicidal and have a lot of other undesirable characteristics.

Technique for Solution:

Determine if the person is possessed and by how many entities. Also, determine if there are negative entities within the person's energy field that are causing problems.

"Exorcism" by my friend, the late Eugene Maurey, is an excellent book on how to do this and this book contains a chart of how to measure the strength of the entities. His chart measures the strength of entities from 0, which is balanced, to -30 which is a serial killer.

I found something that I never got to discuss with Eugene before he passed over. Most people possessed with an entity of -10 have a tendency of drug usage, a -15 is likely to be an alcoholic and a -20 will have suicidal tendencies.

Ask your Spirit Guides to take the negative entities possessing the person and all those within their energy field over to the other side, where they will be given the appropriate treatment by those on the other side. Then ask that they be sent on to the realm of the Spirit world where they need to go.

Once this is done, ask for a shield of protection to be placed around the person so that no negative entities can come within their energy field. This will be effective in most cases. However, in some cases I have found it necessary to de-possess a person again in a few days. When this happens, ask if the person has a desire to be possessed and how strong is the desire. This can be measured in the form of percentage on the chart by Walt Woods.

Some people like the power that being possessed gives them and after being cleared, they will just attract more negative entities. The only thing I have found to do for these people is to lower their desire of being possessed. It doesn't always work because we cannot override a person's free will. Always thank your Spirit guides for their help.

Result:

Results of this method have been nothing less than miraculous. Behavior of people has changed in a matter of hours. Examples have been, giving up alcohol, being less abusive to their family, having a more pleasant personality and becoming less violent.

Comments:

You may also ask if a person is being adversely influenced by negative entities from a distance. I am finding quite a bit of this and for some reason the entities usually number seven, but sometimes eight or nine.

The same method is used to clear them as previously stated.

Another thing you might check for is if a person or animal is experiencing pain. Ask if there are any negative entities in their physical body. This doesn't happen often, but I can assure you from personal experience that it does happen.

They are to be removed the same way as those in the energy field.

The same procedure may be used for de-possessing buildings, property or animals. Once there was a family reunion held at a little country church. April, at the time was about eight years old and she wanted to attend because there would be a picnic.

I was suspicious of the location and told her we would have to de-possess the church before going to the picnic. About sixty entities were found, they were not bad but scared. Probably the victims of an overload of hell fire and damnation sermons.

After taking them to the "other side," April and I went to the picnic with no fear of bringing spooks home with us. After the prayers were said, and before we started to eat, I dowsed the nutritional value of the food. I had the foresight to keep my pendulum under the table.

April noticed this and said, "Daddy, I'm glad you're doing that under the table because you would freak 'em out."

Poltergeist

Problem:

Poltergeists don't seem to be very plentiful but can cause a lot of problems such as things disappearing.

Technique for Solution:

So far it has been a simple matter to remove them just by asking the Spirit Doctors to come get them and take them to their proper dimension from which they can never return to do any harm.

Results:

The pendulum will swing in a counterclockwise manner until the job is done.

Comments:

My experience with poltergeists has been limited and for this I am thankful. One of my friends called on Valentine's Day to tell me he had made a couple of Valentine's for his wife and daughter.

He put these on the kitchen table and went to the basement. When he returned, his wife's Valentine was gone. Both his daughter and wife were still asleep and no one else was in the house.

He is a sensitive man and was feeling something was not quite right because other things had also been, vanishing.

I found a couple of poltergeists and asked the Spirit Doctors to come get them and take them to the other side from which they could never return to do any harm. No more problems of this nature have been experienced.

It is doubtful that you will encounter any poltergeists unless you do a lot of work clearing people and property.

Curses

Problem:

There may be curses on the land, a person or even a family. These can result in sickness, poverty bad luck and about the same conditions as a low life force and energy field.

Technique for Solution:

This one is about as simple as it gets. All I do is ask for permission and ability to remove the curse and then ask the dowsing system to neutralize any and all curses upon the person or property'.

The pendulum will swing in a counterclockwise motion until the job is completed.

Results:

The behavior or conditions of a person will usually change quickly to be more desirable.

Comments:

I received a call from a person unknown to me, wanting help with her children. The girl was fifteen and afraid to talk to anyone such as a check-out person or bank teller, neither would she speak up in class. She would not even talk on the phone to her friends unless her mother dialed the phone for her and got the other person on the line.

The boy was eighteen and in a state of depression, he would just hang around the house getting in the way and had no motivation.

I found there was a curse on these children and removed it. The results were astonishing.

The not day the girl came home from school, picked up the phone and called her friend. The boy applied for a job and joined a gym to go work out. His mother said he started helping around the house and was much more pleasant to be around.

Another case was a person asked me to work on her brother who had been sick most of his life. He was a victim of a curse and when it was removed, his health improved.

I once found a curse on some land owned by a friend. At the time I didn't know how to remove it but did it by accident. I used the spot which was referred to as "the haunted place" for the site of a healing one night. The purpose for the healing was to remove a curse placed on someone. After the healing ceremony, the place was never haunted again.

I learned later that to use an evil power for good will neutralize it.

This incident took place before I learned to dowse and was using other methods at the time. Dowsing sure saves a lot of wear and tear on us.

Curses are not very plentiful, thank goodness, or at least I haven't found many of them. It does not take a PhD in witchcraft to put a curse on someone. It seems that enough negative thoughts toward someone can affect them. However, I believe we can put a shield of protection around us to prevent this from happening.

I would suggest having the intent to create a shield, which would transform all negative thoughts, directed at you, to be transformed into something beneficial.

I believe the difference in a curse and a blessing is how the energy is used.

Raising the Energy Level and Life Force for Healing

Problem:

This could include sickness, disease, bad luck, poverty and life generally going to hell. Cases include much of society. I don't recall ever working on anyone with serious problems who had a high life force and energy level.

Technique for Solution

First, a complete clearing needs to be done of the previously mentioned problems. Many times when someone is de-possessed or a curse is removed, their life force and energy level will raise dramatically.

To raise the life force and energy level, first measure it. Ask what the percentage of life force for the person or property is. Ask to raise it to 100%.

Next, ask what the energy level is. It needs to be in excess of 24,000 at this writing. Ask to raise the energy level to the highest appropriate level. The pendulum will swing clockwise while doing this. You may also use a bobber to accomplish the same purpose.

Result:

In the vast majority of cases, conditions were generally improved after this treatment. In one instance the behavior of people in an entire town became more positive.

Comments:

Raising the life force and energy level in a room is felt by most everyone in the room. This can be done at any distance. It may be more beneficial to face in the direction of where you intend to direct the energy.

It is suggested that you check the life force and energy level of yourself and your home each day. It may take continual work before the energy reaches a high enough level to maintain itself without help.

As the energy of the earth raises, it is important to keep the energy of our body slightly higher than the surrounding energy.

It is possible to go back in time and determine the life force and energy level of any person or event in the past.

Adjusting and Scrambling Frequencies

Problem:

There seems to be an ideal frequency for the human body. My findings are that very few people are on the proper frequency.

Technique for Solution:

First, ask what is the ideal frequency for the person's body you are working on, which can be yourself.

When I asked this question, the answer surprised me, the pendulum swung between 0 and 1. I am not scientifically minded and this is not offered as scientific evidence. I am just sharing what seems to have worked for me.

When I checked my friends to determine their frequency, perhaps one in twenty-five were on the correct frequency. Remember these are well above average people, not the average person on the street.

I have found one person with a body frequency of fifty-five. He was totally out of control. It seems when the frequency is above thirty, the person has nervous and /or emotional problems.

I ask for the person's frequency to be adjusted to the ideal frequency and the pendulum will swing counterclockwise until this is done. It seems that it is seldom necessary to have to correct the body frequency more than once in a great while, whereas, it may be necessary to correct the life force and energy level more than once a day.

If everything has a frequency, then surely pain and disease must also have frequencies. We have discovered that diseases have a spirit and a life force.

I ask, "What percentage of pain, harmful bacteria, virus, cancer, etc., is in this person's body?"

Here is the way I do it. Banish the spirit of the disease from all levels of the person's existence. Then de-activate the life force of the disease. Then scramble the frequency of the disease and adjust to the person's ideal body frequency.

Results:

In one case an experiment was done without the person's knowledge. This lady was a nervous type and after the frequency was adjusted, she became much more calm and more able to manage stress. Her husband never told her what had been done but reported the results to me.

Last week a large lump disappeared from a woman's breast during a twenty-minute phone conversation. She described it to me and after de-activating and scrambling the frequency of the lump, we continued to talk. I physically reached out with my hand as if she was standing in front of me and cut a hole in the breast and removed the lump. I asked her to feel and see if it was still there.

She screamed, "It's gone!!!"

I admit this is one of the better cases but it isn't an isolated one. It has happened before.

We had a case where tumors disappeared from a person's body while they were in the hospital. All I did was follow the previous procedure.

Comments:

As I stated earlier, this is not scientific evidence, however, the woman who had the lump disappear from her breast didn't seem to mind. Come to think of it, I have never had a person who got well complain about the methods used.

As far as I know, we can scramble the frequency of almost anything if we believe we can. I have been asked if the frequency of chem trails can be neutralized? If cancer can be neutralized, why not chem trails too?

You may ask, "can you really neutralize cancer?"

I don't know, but the people who had it happen to think so.

But if you do it, don't tell anyone, curing cancer is hazardous to your health. Besides there is no money in it.

In this business you get all kind of questions. Someone wanted to know if the power base of an organization could be scrambled. Well, if everything is energy and we can influence it, maybe so. It would be advisable to consult your Spirit Guides on matters like this.

The question always comes up about de-possessing world leaders. Again, if you do it, be careful and keep it to yourself.

An act of kindness would be to clear negativity and raise the energy level in governing bodies throughout the world if you can get permission to do so. It is suggested you start small and work up.

If you have developed your awareness to be aware of danger and have reason to believe your family, friends or even country is in danger, perhaps these methods can be used on potential terrorists. Again, if you choose to do this, you would be advised to keep it to yourself. Remember the good thing about dowsing is that you don't leave any tracks.

Dowsing opens the door to unlimited possibilities! Working with your Spirit Guides expands these possibilities!

Adjusting Frequencies for Prosperity

Problem:

One of my friends had filed a disability claim with her insurance company. The claim was denied and the insurance company was jerking her around.

Technique for Solution:

If everything has a frequency, then prosperity must also have a frequency. I asked to adjust my friend's frequency to her ideal frequency. Next, I asked to adjust the prosperity frequency to her body frequency.

I then checked the integrity of the insurance company, which was quite low. I asked to raise it and raise their desire to pay this claim.

Next, I asked that the most appropriate energy be placed around my friend and the insurance company that would cause her to receive her money.

Results:

About a month later we went to her office and on her desk was a check from the insurance company for \$17,000. Two days later, another \$2,000 check arrived which was a refund of the premiums paid for the past two years.

She thinks this prosperity thing works.

Comments:

We have been able to help many people whose stories are not included here.

What we have not been able to do is determine who will be helped.

Prosperity comes in many forms, health, happiness, friends, family, free time and others. Be aware of this when asking for prosperity, as it is not always in the form of money.

Transferring from Darkness to Light

Problem:

When a person has a headache, there may be many causes such as stress, fatigue, spinal column out of alignment, eyestrain, food allergies, and many others. Each one may cause a headache at a particular time. The specific cause would have to be corrected at that time to remove the headache. For example if the spine being out of alignment was causing the pain, then it would be useless to lie down and take a nap as that would do nothing to correct the spine.

The same reasoning applies to other healing work. We have to find the cause and if we can remove the cause, the symptoms will disappear. Many of the things in this manual may have the same symptoms but different causes.

The symptoms of a part of someone being influenced by the dark side may be the same as the symptoms of noxious energy rays, possession, psychic cords or other things.

This could be in the form of sickness, poverty, bad luck and again, life generally going to hell.

Technique for Solution:

This may prove to be one of the better techniques. At this writing, it has been used successfully but not extensively.

Ask if any part of a person is under the influence of the Dark Side. This is to include but is not limited to, finance, friends, attitudes, possessions, job beliefs and on and on. The term Dark Side is interchangeable with Satan or Devil, use whichever you are comfortable with.

If the answer to the question is "yes," then ask to remove all parts of that person from under the influence of the Dark Side. The pendulum will swing counterclockwise until this is done.

Next, ask to transfer all parts of the person previously under the influence of the Dark Side to be under the influence of the Light or God or The Great Spirit. The pendulum will swing clockwise until this is done.

Comments:

At this writing, all I can say is those whom I have shared this information with and used this method have achieved positive results.

If you think this is too large a task for you, just remember, it isn't you doing it. You are only asking and you will get much more out of life if you ask, then if you don't ask.

Psychic Cords

Problem:

Many people are adversely affected by others who seem to have some type of attachment to them. We call these attachments psychic cords and these can have quite a bit of influence on a person's behavior, feelings and thoughts.

Technique for Solution:

For years I believed these cords needed to be cut with an eagle feather and that was the way I did it. It worked, and we were able to help a lot of people. The time came that it needed to be done at a distance and it was then that I discovered the cords could be cut with dowsing.

Ask how many cords the person has and if you or the other person needs to know, ask where they are attached on the body. Next, just ask that the cords be cut and the frequency of them scrambled in such a manner that they can never be re-attached or cause any harm.

Results:

We have had instant results to the point of the person bursting into tears from the release of energy. Other cases include offending people just dropping out of the person's life, or a sense of freedom and relief from the oppressing person.

Comments

With few exceptions psychic cords are attached to the chakras of the body. The place they are attached to the body is an indication of why they are attached. For example, every rape victim has one or more cords attached to the first chakra or root chakra.

If the cords are attached to the heart it is an emotional attachment, and if the cord is attached to the head or crown chakra, it is about control.

On a few occasions I have found cords attached to the second chakra which is located just below the navel. In every case it was associated with abortion or mis-carriage.

It is also advisable to ask if the person you are working on has any cords attached to anyone else and to remove these also. It seems these cords can be attached both to and from a person.

Changing Beliefs

Problem:

If we have inherited the color of our skin, eyes, hair and other characteristics from our ancestors, why could we not have inherited their beliefs, thoughts and memories? It seems we have, and these affect us whether we are aware of them or not. Some of the things that are affected may be health, finance, relationship and others. If we came from a long line of people who were poor, we have accumulated several generations of poverty mentality.

Technique for Solution:

We must determine if there are beliefs, thoughts, and memories adversely affecting a specific part of our life and how much. If so, ask what percentage of these is inherited. Don't be surprised if the answer is 100%.

An example of things to check are: **fear, anger, guilt, eating habits, bad relationships, low self esteem, physical conditions such as kidney stones, heart problems, arthritis, etc.**

Next, ask to remove the emotions from all the beliefs, thoughts, and memories that adversely affect us on this particular issue. The pendulum will swing counterclockwise until this is done. We have neutralized the energy and it is now ready to be transformed into something beneficial.

Ask for the energy to be transformed into whatever you specify or whatever would be to your highest good. The pendulum will swing in a clockwise manner. When the pendulum has stopped, ask how much the issue is affecting you. It will most likely be much lower than before.

Results:

We have had success with lowering anger and aggression in my friends. We have also had remarkable success in removing poverty mentality and many other non-beneficial issues.

Comments:

Energy does not stand still, it moves constantly. Sometimes we can do one treatment like this and solve the problem and sometimes it must be repeated, but it is worth repeating.

Moving Energy

Problem:

We believe it is possible to take the energy from a past event and send it into the future to influence a future event. It also seems possible to ask to direct an energy for a specific purpose.

Let me tell one that happened two days ago. One of my friends called to say she had a dentist appointment and she dreaded it. This is not news, no one looks forward to a dentist appointment. She wanted to know if I could do something to make the event less dreadful.

Technique for Solution:

I asked for the most appropriate energy to be placed around her, the dentist, assistant, and office to cause the dentist to work efficiently, cheerfully, and that she feel no discomfort. The pendulum swung in a clockwise manner while this energy was being directed to the desired place.

Results:

She called as soon as she got home to excitedly tell me that even though the work was complicated, it was completed without any discomfort.

On previous visits she and the dentist had not been compatible and she had suffered quite a bit of pain. This time he had been much nicer and told her to expect some pain and to take an aspirin. She didn't take any aspirin and ate dinner that night with no problem. Now, two days later, there still has been no problem. She says she will call me before the next dentist visit.

Comments:

We can use the same technique for unlimited situations. Simply ask for the most appropriate energy to be directed to the person or place to accomplish the desired results. It is probably necessary that you state the desired results. It is not necessary to do this verbally, mentally is sufficient.

For those lacking in imagination, I will suggest some examples:

For all business meetings—other clearing methods should be used first.

For all trips—for safety and enjoyment.

For all trips—to be at the right place at the right time.

For all trips—to be invisible to the police and to be undetectable to radar. Be careful with this one because I have a friend who did this and then was stranded on the road late one night, he called for help, but the police couldn't find him.

For all meetings with anyone where there is a possible conflict—to reach an agreement to the benefit of all involved.

For everyday events—to have enough time to do everything you need to do and do it well.—to have a positive attitude—to be kind to people and do as much good as possible—to be cheerful

For all meetings with anyone where there is a possible conflict—to reach an agreement to the benefit of all involved.

For everyday events—to have enough time to do everything you need to do and do it well.—to have a positive attitude—to be kind to people and do as much good as possible—to be cheerful with your family and friends—to improve your dowsing—to find creative ways to pay less taxes, the list is endless.

Can you direct the most appropriate energy to someone else for the benefit of humanity? An example would be to de-power an oppressive dictator, or government official, or corrupt mayor, or oppressive boss, or grouchy teacher where your kid goes to school? You get the idea.

You probably can, we each have our own unique abilities. The way we gain more is by using what we have, just make sure the Spirit World is on your side.

It has been attributed to Margaret Mead to have said something like this, "don't ever think that a small group of dedicated people cannot change the world, it's the only thing that ever has."

Well, if she didn't say it, she should have.

I would add, "never underestimate the power of one dedicated person who knows how to dowse."

I have every reason to believe that we should use everything at our disposal to help ourselves, family and friends get through life as easily as possible.

PENDULUM DOWSING
 Multipurpose Form

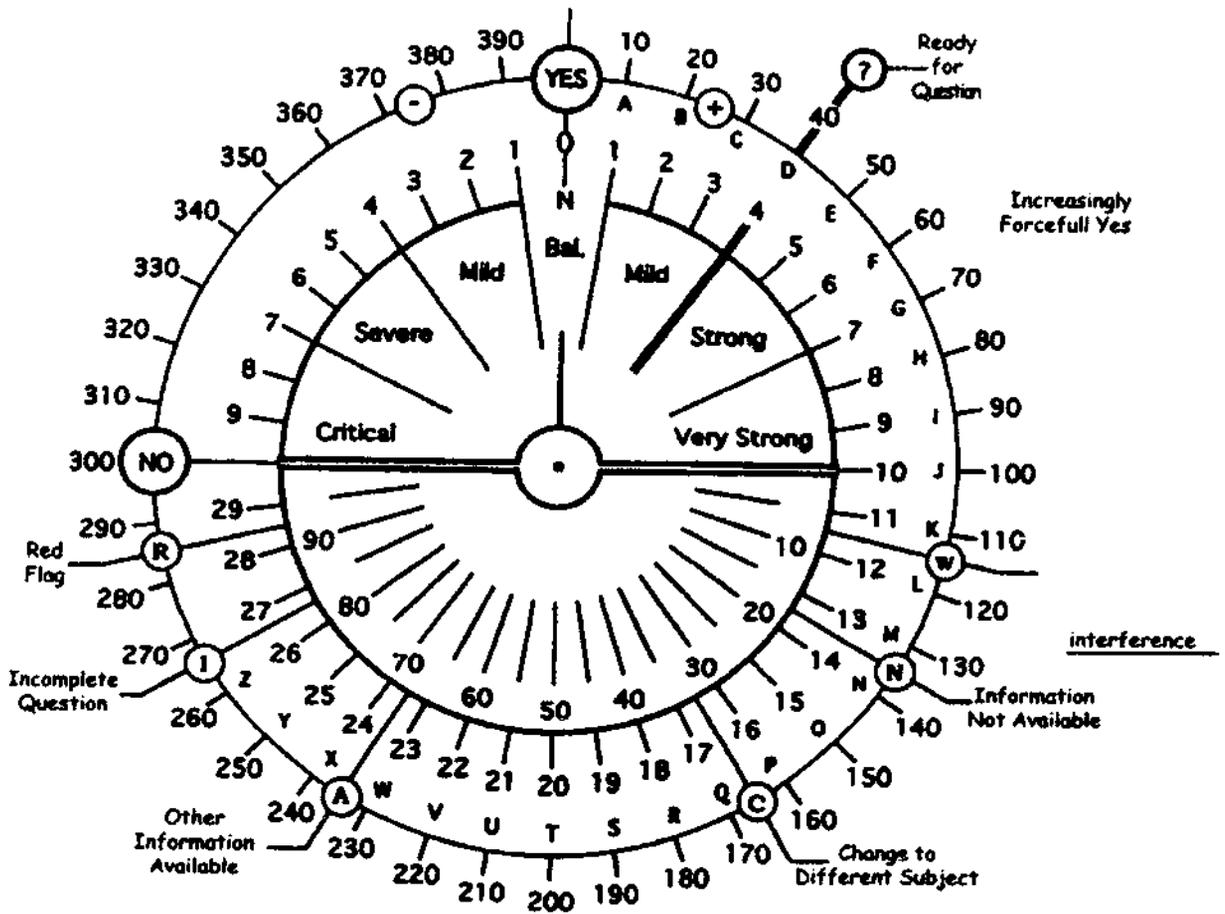


Chart by Walt Woods

Using the Chart

A chart like this isn't a necessity but it is handy. I have drawn a chart on a piece of wood, in the dirt and various other places but I keep this one on my desk and use it several times a day.

If we take the top half of the chart we notice the right is the + plus side and the left is the - minus side. The inside circle starting at the top and going both ways have the numbers from 1 to 10. Multiplied by 10 these become percentages. It is useful to ask questions that can be answered in terms of percentages.

The numbers on either the inside or outside can be multiplied by any number, 10, 100, 1000 etc. to enable you to measure anything. Just be sure to have an agreement with your dowsing system as to which circle of numbers you are using and how much they have been multiplied by.

Some examples of asking by percentage would be:

What is the overall condition of my health?

What is the overall result of [a specific action on my part]?

What is the probability of [a specific event happening]?

What is the truth and honesty level of my governor, mayor, president etc.?

What is the integrity level of the grocery store where I shop?

What percentage of the evening news has been altered?

You get the idea.

In closing I would suggest that this manual is not complete as we are constantly learning. However, there is enough information here, if properly used by a dedicated person, that can make a vast difference in the lives of their family and friends. If used by enough of these dedicated people it can make a vast difference in the world. I hope you take it and run with it!!!

January 14, 2002.

For the **second edition** of this manual, I have added some things that will be useful to you.

In the closing paragraph of the first edition, I stated that we are constantly learning. Here are some of the things we have learned.

Other Applications

Dowsing can be used for an unlimited number of projects. A few of them are listed here.

When trading cars, hiring a lawyer, buying a house or anything else, check the truth and honesty level of the person you are dealing with. You can also check their "**greed level.**" This is done on the chart on a scale of 0 to 10 plus or minus.

Since all dowsing is in the "now" you may want to check the average honesty level or greed level over the past week or month or any period of time.

If the greed level exceeds the honesty level, —run.

You can determine the motivational level of yourself or an employee. We have found that this can be changed but the results have not been permanent. However, when the results are compared to the time invested, it is worth doing again.

Dowsing to lower pain:

You will need to work out your own method as to reading pain levels on the chart. For me, no pain is a-100% on the chart. If the pendulum swings to a number on the + side of the chart, the pain is really severe. You may get different readings. As long as you understand it and can work with it, that's all that matters.

I ask if the person has beliefs, thoughts, and memories that contribute to the pain. If so, use the method described in **Changing Beliefs**. Then ask the dowsing system to lower the pain. The pendulum will swing in a counterclockwise circle. The pain relief can be instantly to a few hours, depending upon the person's receptivity.

Be sure to check the "**guilt level**" of the person with pain as some people punish themselves unknowingly. If this is the case, then use the "**Changing Beliefs**" method for this also.

When traveling, you may use dowsing to determine which exit to take to get the cheaper gas prices.

Balance Aura

For the past couple of months we have found an increasing number of people whose aura is not balanced on their body.

The question to ask is, "What percent is the aura balanced on the body?"
Do not be surprised if you get a 0.

Ask your dowsing system to bring the person's aura into total balance.
The pendulum will swing clockwise until this is done.

Comments from those who have had such problems go something like this.
"I felt part of me was missing, it's back now."

Mass Consciousness

It occurred to me that the accumulated thought forms of other people have an effect on us.
My dowsing showed it to have a very detrimental effect.
It seems we were able to neutralize the ill effects of mass consciousness on us just by asking.
Remember, you will get much more if you ask, then if you don't ask.

We then progressed to the point of removing the ill effects of mass consciousness from groups of friends. You can ask what the effect of mass consciousness is on you, your family and friends. If you get a negative reading, just ask to neutralize it. Your pendulum will swing counterclockwise until this is done.

Serotonin

My friend, Larry Huszczo, who is the vice-president of the Canadian Society of Dowzers, came up with this one. A friend of his suffered from **Seasonal Affective Disorder [SAD]**. This condition was taking effect this past September when the days were getting shorter. Larry got the idea that he could raise her serotonin level to improve her mood. He checked her serotonin level on the chart and it was quite low. All he did was use the dowsing system and asked to raise it to the most appropriate level. Within about three days, she was as happy as she was in the summer when there is plenty of sunshine.

OK, so you are wondering, can we do this for other things? We think so. We have very good evidence that we were able to open all the chakras in a person with dowsing. The person was "muscle tested" before and after I did a short dowsing session for them by telephone. Before the session the chakras were closed, after the session they were open.

You can practice checking and balancing any part of your body or energy field. Remember, dowsing is also a way to send intent.

Skeptics will say that this isn't scientific proof and they are right. The disappearance of pain during a telephone session isn't scientific proof either but it sure makes a believer of the person who stopped hurting.

Noxious Energy Rays

One of my friends called to ask if I would help his four-year-old granddaughter. "Certainly," I said, "what is the problem?"

She had been unable to walk for a few days and seemed to have lost control of her muscles. Extensive medical tests had found nothing.

We found the problem within 30 seconds and corrected it within two minutes. There were 19 noxious energy rays coming from the Earth under her bed. The rays were removed with dowsing and within two hours the child was improving. The next day she was walking normally.

What are these rays? I don't really know except to say that they are energy rays which come from the Earth and seem to have a certain amount of intelligence because they will mostly appear under a bed, favorite chair or where a person spends a lot of time.

When first experimenting with these rays, I used an elaborate procedure to remove them. My friend Walt Woods advised me to remove only the harmful frequencies from the rays, as the other frequencies were beneficial. This has proved a simpler way to get this done with equal or better results.

In every case the life force and energy level of a building has been raised by removing the harmful frequencies from the noxious rays.

The example given is just one of many, however it is one of the more dramatic.

Self Esteem

There are three things I have found that will be present in the vast majority of those suffering from serious illness or a nonfunctional life. These are low life force, low energy level and low self-esteem.

If we go back in time to the moment of the person's birth and ask to what degree they felt loved, wanted and accepted, we will probably find it to be quite low.

If a person is born not feeling loved, this seems to create a belief system and they attract to themselves the people, circumstances and events that support their belief system.

A belief system is a form of energy as is everything else. If we have the ability to go through time, and we believe we do, then we can go back and change it.

Ask to go back in time to the moment of birth and neutralize the emotions of the beliefs, thoughts, and memories which cause the person to feel unloved, unwanted, and unaccepted. This is done as the pendulum swings counterclockwise.

Take this energy and transform it into the most appropriate energy to cause the person to feel loved, wanted, and accepted. Bring this feeling forward into the present and carry it into the future. This is done while the pendulum swings clockwise.

Check to see if the person has any guilt, fear, inherited factors, or negative emotions that adversely affect self esteem. These can be neutralized with the dowsing system.

Energy Cell

This is something we have been experimenting with. Considering all the other things that are being done with dowsing can we create an energy cell and place it in a location to emit positive frequencies? For example, create an energy cell to emit peace, love, and harmony and place it in your home.

Why couldn't you create one and place it in any agency, which makes decisions influencing our lives?

We have recently changed the energy in a battered women's shelter sufficiently to impress the director of the shelter. We have also changed the energy in schools, which improved and stopped vandalism in a community. These are just a few examples out of many. We can do it thousands of other places.

Try it and see what happens.

Water

Each day there are more people on the Earth who require water in order to survive. Each day these people are polluting more of the water, so there is less and less water for more and more people. This is a trend, which cannot continue indefinitely. It can and will get worse, but it can't go on forever.

Remember, "if we keep on doin' what we're doin', we'll keep on getting' what we're getting'!"

Realizing that our grandchildren may not even have a decent drink of water, I have taken this seriously to determine if we can do anything besides the logical conservation practices.

We may have a breakthrough! In April of 2001, I was asked to work with a large spring, which produced over 30 million gallons of water per day. According to my information this spring had been polluted for a long time.

I asked to scramble the frequency of the chemical, biological, and radiological pollutants of the water and adjust the frequency to that of pure water. This also needs to be done for any parasites in the water.

Some time later I asked a number of well known dowsers across North America to check the purity of the water on April 1, 2001. Their numbers varied somewhat but the general consensus was that the water was polluted. I then ask them to check the purity of the water on May 1, 2001. In every case their dowsing showed a great improvement in the purity of the water.

This was good but it wasn't proof. We now have more substantial evidence. Several months ago I was asked to work with a well in California. According to the water analysis report sent to me, the nitrates were listed at 14 and the water hardness as 9. Two months later the report by the same company showed the nitrates at 6.5 and the hardness at 4. A month later they were still lower.

The person requesting the help stated that the readings would always get higher during the rainy season. The fact that these tests were taken during the rainy season made it even more amazing.

One of my friends in North Carolina had a high coliform count in her spring. It took several attempts, but the water analysis report showed the water to be free of coliform.

My friend Michael Stodola in Saskatchewan, Canada had a well that was polluted with arsenic. With the best of filtering systems the filtered water still contained 46 parts of arsenic per million. My friend Larry and I scrambled the frequency of arsenic and adjusted it to the frequency of pure water.

Within two months, the "unfiltered" water contained only 7 parts of arsenic per million. A year later there was only a trace of arsenic in the water. It seemed to be continually purified over time.

My friend Don Scott, a retired minister from Richmond, Kentucky has been performing miracles with water. One of his best results was clearing the water in his 20-gallon fish tank.

The water contained a lot of rust and iron and was not used for drinking or cooking. The fish were dying and those still alive were very aggressive toward each other.

Don took a medicine dropper of water he and I had energized and put in the 20-gallon tank. When he came back to check it in an hour, the water was perfectly clear. After a year, no more fish have died, and they are not aggressive.

My cousin, Carlene Burnette of California, asked me to energize some bottles of water for her. I did so over the phone. The next day she called to say the water tasted different. She was told that it was possible to put a thought form into the water to perform a specific job in the body. This could be translated to saying a prayer over the water.

The next day she called to say that the curved fingers on her arthritic hand had straightened and the pain was gone.

Reports have continued to come in on weeds disappearing from streams, dolphins showing up, cut flowers remaining fresh for long periods of time, health conditions improving and a variety of other things, when the water was energized.

While conducting a class at Ozark Research Institute in Fayetteville, Arkansas, we learned something else about water. I had always suspected that water had a spirit and this experience seems to verify that it does.

In classes, I give those attending, a lifetime supply of energized water and show them how to do it for themselves. As I began to energize the water in the room, it was noticeable that something was wrong. One of the bottles in the room could not be energized. In an effort to find out why, I began to ask questions.

We learned that this bottle of water did not contain the "Spirit of the Water."

Further questions revealed that the bottle of water contained the "Spirit of Greed." We had to remove the Spirit of Greed before the Spirit of Water would enter the bottle. After the Spirit of the Water was in the bottle, the energy of the water was raised significantly.

Mick Ames, a water technician was present in the class. Here is a letter from him stating his findings.

"While attending the August 2003 Power of Thought school at Ozark Research Institute in Fayetteville, Arkansas, I had an opportunity to do a water test on two different samples of energized water. At that time I was a water technician for a company installing a line of whole-house water softeners and purifying systems for drinking water. I had the testing kit at my disposal. One of the samples had been altered by Raymon Grace at Sunday's class. Originally this had 8 grains of hardness per gallon. Sunday night I tested the samples and found that the water energized by Raymon now shows no hardness present. No precipitation test were performed, as I saw no need for it."

My friend Patti McGhee of Greeley, Kansas markets a bacteria that eats waste material. This is mostly used in feedlots and dairy barns. The cow manure is cleaned from the barn and dumped into a dug out place in the ground called a "lagoon."

The bacteria is put into the lagoon and the amount of solid waste material is reduced from feet to inches.

Recently Patti called that the bacteria were put into six lagoons at a dairy farm. The bacteria in five of the lagoons were working fine. In one it was not working. This made no sense. All conditions should have been equal, same cows, same bacteria. I asked to be notified if the condition changed.

A week later Patti called to say that the bacteria started working the day I worked on it. What happened?

It seems that there were demonic forces in the lagoon that were killing the bacteria. Once the demonic forces were removed, the bacteria worked fine.

This experience indicated that negative spiritual forces affect water. This opened up several new doors. I then realized that the techniques in this book for clearing people, homes, and property could also be used for clearing bodies of water.

If we are able to put a thought form into water for a specific healing condition, and it works, then water must have a memory. If no one has made any more water, then we have the same water that Moses had when he parted the Red Sea.

We still have the same water that Jesus walked on in the Sea of Galilee.

If this is true, then water must contain all the memories of every war that has ever been fought and all the miseries of humanity from the beginning of time.

Our bodies contain the water we have drunk within the past few days. Does the memory of the water affect the cells of our bodies? Does it affect our mentality?

Do we have the ability to remove the negative memories from water? If so, will our bodies and minds be benefited from this action?

The only answer I have at this time is, "I believe so." Do we have anything to lose by trying?

Viktor Schauberger [1885-1958] was from Austria and may have been the most knowledgeable man on earth concerning water. Here is a statement he made.

"People think I'm crazy. Maybe they're right, in this case it doesn't matter whether there is one more fool or less on earth. But if it turns out that I'm right and science is wrong, then may God have mercy on mankind."

He must have had something going for him because in 1935 he said, "By the end of this century, a liter of water will cost more than a liter of wine."

He knew a lot we don't. But maybe we know a few things he didn't.

Ok folks, can we purify at least some of the water of the Earth? We might if we are willing to do something.

You say it's a good idea but you don't know how?

Do you think I knew how when I started this work?

We get results simply because we do something. If we do nothing, nothing will happen, if we do something, something might happen.

Here is what you can do.

Determine the life force of the water. This is done by percentage, 100% being ideal.

Determine the energy level of the water using a "Bovis Scale" if you are familiar with it. If not, use whatever scale you choose. If this is too complicated for you just omit it. This is just to be able to determine your progress in energizing the water

Determine if the "Spirit of the Water" is in the body or container of water you have chosen as your project.

If not, then you must make the water suitable to receive the "Spirit of the water."

Determine if any of the following are in the water.

Negative entities, demonic forces, negative thought forms, spirits, such as the spirit of greed, anger, fear, negative memory and others.

Determine if there are any curses on the body of water or the land. Also, determine if anyone has drowned in the water, and if their spirit is still there.

In the event of demonic forces, ask for the "Spirit Doctors" to come get them and take them to the proper dimension where they will be kept and not be able to return to earth.

If there are negative entities, follow the procedure in the chapter "Ghost Bustin'."

If there are spirits of greed, fear, anger, and other negative emotions, remove or banish them from the water. Then de-activate their life force. Then scramble the frequency of their survival and reproductive intelligence and adjust it to the frequency of pure water. The pendulum will swing in a counter-clockwise motion while this is being done.

Scramble the frequency of all chemical, biological and radiological pollutants and adjust to the frequency of pure water. Pendulum will swing counter-clockwise.

Scramble the frequency of all negative memories in the water and adjust to the frequency of pure water. Pendulum will swing counter-clockwise.

Neutralize all curses on the water and the land. Pendulum will swing counter-clockwise.

Transform all negative thought forms into pure water. Just use your pendulum to do this, it will probably swing clockwise.

With parasites and coliform, we need to ask if it has a spirit. If so then ask to neutralize the spirit of the parasites or other creatures then deactivate their life force, then scramble their frequency to be adjusted to the frequency of pure water. Pendulum will swing counter-clockwise.

You are now ready to invite in the "Spirit of the Water."

How?

Just ask— with respect. Pendulum will swing clockwise.

Now you can ask to raise the energy of the water to the highest appropriate level for the purpose intended. Pendulum will swing clockwise.

Next, put a thought form or intent into the water that it will energize all water it comes in contact with to equal or exceed the energy of this water and that this process be continued. Pendulum will swing clockwise.

The previous description of pendulum direction is the way my pendulum swings. If yours is different, don't be alarmed. It is the end result that counts not the swing of the pendulum. Can it be done without a pendulum? Yes, but a pendulum is a good tool to use to start with. It shows you that something is happening. After you build up your confidence, all you need is your mind.

Recently a lady asked me to help the water in an apartment near Paris, France. The water had a foul taste and odor and was practically undrinkable.

The water supply was from the Seine River. I found that there were all the previously mentioned negative energies in the river.

After using the clearing methods, I then put a "mental filter" on the water line bringing the water to the apartment.

The next day she called home to France and asked her husband to get a glass of water from the faucet and taste it. There was no foul taste or odor.

Recently on an interview with George Noory on Coast to Coast AM Radio, we did an experiment. George stated that we had about ten million listeners and wanted to do an experiment. He asked the listeners to place a glass of water near the radio and asked me to energize it.

After the station break, the responses received included a woman who has experienced a painful shoulder and it was already well, someone who measured the expanded energy field of a hot tub and someone who noticed an improvement in the taste of his glass of water.

Since then, other listeners have told me that they were able to measure the expanded energy field of their experimental glasses of water.

If it is possible to affect the energy of water over the radio, then we seem to be limited only by our imagination of what we can accomplish.

Possibly for the first time in the history of humanity, we now have the ability to have better water than our ancestors had. We certainly have something to be optimistic about.

If you feel this is too complicated or takes too much effort, consider the alternative.

Let's go one step further. There is a small creek flowing down the mountain back of my house. I look at it every morning when I go to the barn to feed my horse. It occurred to me that this creek is connected to the Amazon River, the Arctic Ocean and every drop of flowing water in every stream and ocean on this planet.

Why?

Because there is water between here and there.

If the speed of thought is faster than the speed of light, then can we send intent through the water? Can we energize a small stream and it will then energize all water it comes in contact with? How much water can we energize?

If we can energize a body of water, then can we energize the rain and snow?
Can we put a thought form into the rain and snow that it will then energize all water, earth and air that comes in contact with its energy field?

Can we invite in the Spirit of Respect to be in the rain and snow?

Can this Spirit of Respect be used to positively affect the behavior of humans?
Do we have anything to lose by trying?

The above information as well as everything else in this book is for dowsers. But let's not let any energy be wasted. What if you have religious friends who don't know how to dowse, but they are aware enough of the water pollution problem?

Why not encourage them to lead their congregation down to the creek on Sunday morning and say a prayer for the water?

Think about it, all we are doing is focusing our intent. Why can't the intent of the religious folks be focused on healing the water rather than on the devil, hell fire, and damnation? A much more worthy goal in my opinion.

Remember, Einstein said something like this, "Energy follows thought."

All things are composed of energy and wherever we put our thoughts, we put our energy. Let's put it into something productive!

My opening statement in the keynote address to the Canadian Society of Dowsers was, "I have some good news and some bad news. There is a very powerful group of people on the Earth. The good news is, they are you, the dowsers. The bad news is, you don't know it."

Now that you know it, let's follow the title of my book, "The Future is Yours; Do Something About It"!!!

Neither the author nor anyone connected to the publication of this manual or anyone named within these pages dispense medical advice and assume no responsibility for results achieved by the reader. It is advised that appropriate and competent medical treatment be sought if deemed necessary. [I was advised to include the last statement]

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