

SPIRIT COMMUNICATION II: The Refinement Of Skills & Healing DAY ONE

INTRODUCTION

Welcome

We will cover...

Meditation for relaxation, protection and ask guides for help and verification this week end

PLANES of SPIRIT

(Least Dense)	Spirit	= Balance of all four	(Heart Center)
	Intellect/Feeling	= Water + Fire	(Solar Plexus)
	Emotional/Astral	= Air	(Sacral Center)
(Densest)	Physical	= Earth	(Root Center)

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CLEARING

When? Before and after every session. Before retiring, eating, meditation

Why? To make a channel and energy available

How? Raise the energy to focus and overpower external influences

Create movement

DO NOT oppose negativity – It adds energy to the locks & blocks
(Negativity = anything that blocks or locks up energy of growth & awareness)

Eg: Hug a tree

Take a salt bath

Go in the ocean

Chi Kung, T'ai Chi or Yoga

Meditate

Breath work

“Rotor router” shave

Physical exercise

Clearing Environments (HO)

Clearing people (HO)

Review Spirit Identification (Feeling Spirit HO)

Right – male, left – female, back, forward, etc.

Message Determination

“Are you here or crossed?”

“Who are you?”

“Who is the message for?”

“What is the message?”

Meditation, protection and build room off the work place for mediumship work

Platform work – Group

Dyad Work – one to one – (13min each 2 min summary then switch)

Billets – Verification of mediumship by use of paper billet.

Homework: Clear your bed and room (home or hotel), feel the difference before and after

DAY TWO

WELCOME BACK

MEDITATION for relaxation, protection and ask guides for help and verification this weekend

QUESTIONS on relevant experiences

SPIRIT OR ENTITY ATTACHMENT (HO)

What is it?

How does it occur?

Your part and their part

What circumstances attract it?

Depression Illness

Ego

Fear

Greed Grief

Worry

Retention

Who are the entities?

How do you detach them?

SOUL RETRIEVAL

What is it?

Why do we do it?

How does it work?

What is your responsibility?

MEDITATION TO CLEAR, PROTECT & DETACH SPIRITS FROM PEOPLE AND PLACES

Platform work and discussion (3 minute shotgun)

QUESTIONS, COMMENTS, CERTIFICATES & CLOSE

SPIRIT COMMUNICATION CODE OF ETHICS

- Be humble and thankful for the gift; affirm daily, with sincere gratitude, gift of life and your love for fellow beings – and for the ones who have departed.
- Never boast or exaggerate about your powers.
- Spirits must never be asked to do things against their will.
- The misuse of powers for sexual exploitation, excessive monetary gain and power over others is pure evil.
- Avoid using the powers for the sake of dramatic interpretations and staged events.
- Client and sitter confidentiality must be observed at all times.
- Fees, gifts and offerings must never influence readings.
- Advertising services in newspapers, magazines, television and radio are inappropriate; word of mouth and business cards are more acceptable. You can also use quietly-stated brochures.
- Be a “champion” of mediumship!

Taken from “Beginner’s Guide to Mediumship” by Larry Dreller

I AM THE SPIRIT YOU'RE ATTEMPTING TO CONTACT

- I cannot predict your future. Like you, I can only make choices.
- I cannot fulfill your memories of me. I have my own perspective.
- I cannot provide you with family members unless I've known them myself.
- I have not miraculously changed my opinion on _____ just because I've passed. I still feel the same.
- I may not be able to connect with you yet because I am still getting used to being here. Please receive those who have been here longer than I, paving the way for me and are helping me to become prepared to greet you through my own skill and under my own steam.
- You may not want to talk to me because of our past differences but realize that I may be the one that's able to connect you to those whom you want to speak to. Please listen. You can reject me later if you still want.
- I may not be your passed on relative or friend. I may know that you have a connection to someone I wish to get a message to. Please be kind and deliver it.

ENTITY ATTACHMENT

*Excerpts from new tapes by Dr. Edith Fiore and Bill Baldwin
Recorded live at the 1985 Super Seminar*

Introduction by Dick Sutphen

Mental health professionals are beginning to accept what metaphysicians have known for centuries - that discarnate, earth-bound entities can attach themselves to living people and exert an undesirable influence. The professionals who are incorporating this awareness into their therapy, often attain results in cases where nothing else has resolved the problems.

People who are depressed, obsessed, addicted, ill or simply not feeling themselves, often are the victims of entity attachment. This is not classic possession but is probably a bonding with the living person's astral body. The astral body is the vehicle of the prana or life-energy and is the container of all the energies descending from the pranic stream.

Judging from my own experiences with hypnotic regression, these entities are earth-bound because they lived their physical life so disharmoniously as to lower their vibration rate. At death they are trapped on the lower planes by their own level of awareness often not even knowing they are dead. They're confused, but are still drawn to physical existence and their previous addictions.

Eventually as their confusion clears, they will listen to the advice of more highly-evolved entities on the other side who perform spiritual "social work." But, this advice can also come from the living - those with the esoteric understanding to help the discarnates and those possessed by their influence.

In 1910, C.W. Leadbeater wrote of entity attachment as "obsession." "Obsession may be permanent or temporary. and it is undertaken for various reasons. Often, some dead person is filled with burning anxiety to come again into touch with the physical plane, generally for the satisfaction of the lowest and grossest desires, and in his desperate yearning, he seizes upon any vehicle which he can steal. Sometimes, on the other hand, obsession is a definite and calculated act of revenge - not always upon the person obsessed. I knew a case in which a man who hated another deliberately went to work to obtain control of and obsess his enemy's favorite daughter."

Leadbeater explains that an earthbound entity, in its desperate attachment to life, will even possess an animal, if unable to find a human host. He relates the story of an empathic man, forced by circumstance to take a job in a slaughter house: "He declared that he was absolutely unable to execute his loathsome task, because when he prepared to slaughter the creatures he was constantly checked by cries of heartrending anguish, and by voices which said: "Have mercy on us. Do not strike for we are human beings entangled with these animals, and we suffer their pain."

The following are excerpts from new tapes by two of the country's leading experts on entity attachment. Their talks were recorded live at the 9th Annual Seven-Day Super Seminar, which took place in Scottsdale, Arizona, July 1985.

Dr. Edith Fiore is a clinical psychologist which has worked in hypnotherapy. Hypno-analysis and psychotherapy since 1970. She never intended to become involved in 'metaphysical' work, but reached the point she could no longer deny the spontaneous experiences of her clients. Edith maintains a private practice in Northern California and is the author of "You Have Been Here Before"

William J. Baldwin is presently completing a Ph.D. program in clinical psychology and is considered the leading "depossession" authority in Southern California. Bill conducts seminars and maintains a private counseling practice His primary goal is to work for acceptance of these ideas within the psychiatric profession.

Excerpts from "Entity Attachment" by Edith Fiore

The term, "possession," in our minds, conjures up demonic or satanic possession. I am not referring to that type of entity at all. The people I am able to help are, possessed by regular folk like us, but instead of going into the spirit world when they die, they remain earthbound. In other words, these are people who have lived and died and they haven't gone on. They've made 'a mistake, and possess living human beings. usually without the living person even realizing it.

The hallmark of possession is tiredness. Hardly ever have I found 'a really energetic person who is possessed. Maybe that is because their aura is high-energy and therefore wouldn't allow possession. When someone is possessed, their psychic energy or their prana is being drained by the entity. I look at it as trying to run one-and-a-half cars on one battery you have a battery that runs your car and it has enough energy to run your car. but it doesn't have enough energy to run 'another half a car. Why half a car? Because they don't have a physical body that takes up energy, but they have their thoughts and emotions which you know, if you're ever upset, how that drains you.

Another hallmark is, there are often lapses in memory. These can be very slight. from not remembering where you put something to not remembering why you're taking this exit, or forgetting appointments, or just general problems with memory. This doesn't mean if you're having problems with memory that it is possession, but it is one of many hallmarks.

Another is, when a person is tired or distressed, their personality changes. We all have a variation in our personality, but we're really not two people. We're usually consistently the same person, but you might see mood swings where the person is nice and even stable, but with a drink or two they become another person. I listen carefully to what my people tell me during my first diagnostic interview. They tell me things like, "I'm so moody my husband tells me I'm like a different person." It's the quality of not being consistently the same.

Then some people are very aware that after a loved one's death they have taken on the traits of that person. Sometimes they may even cultivate that. They'll say, "Oh my dad used to be so interested in gardening. I was never interested in it, but since his death, I've found myself gardening and really enjoying it."

Behavior patterns or emotional patterns often change after a hospitalization. Why is that? Because hospitals are populated by spirits. People die in hospitals, so they are very heavily populated with spirits who remain earthbound. The same is true of funeral homes, mortuaries and cemeteries. So if you go into any of these places surround yourself with lots of white light.

If you're going to a funeral and you know the person, direct them to the light and their loved ones.

Another symptom would be changes that have taken place after a hospitalization, or after losing consciousness. A long time ago, one of the things that got me thinking about this, I heard of a woman who was completely crazy...psychotic. She was in a very fancy private psychiatric hospital outside Baltimore. She'd been there for several years and one day her children picked her up for the day. They took her out, as they did from time-to-time, for a Sunday drive. This particular time they had a violent car accident. Nobody was killed, but they were very badly hurt. Immediately after the accident, the psychotic woman was found to be perfectly sane.

The fact that this woman had been crazy for years stuck in my mind and now I understand what happened. The entity didn't like being in that accident, so the entity just popped out of the body and stayed out. I believe that is why, shock therapy works. Even the person can't stay in the body with electroshock therapy, they lose consciousness. When they are driven out, anybody else in there is driven out, too, because they can't stand it. Often the person is cured, but maybe six months later the symptoms start coming back. What has happened is the entity has hung around them until it found an opportunity to come back into the aura, to come back into the body. That's one explanation.

All these symptoms can be due to possession. For instance, thinking of some cases...a woman was free of phobias, but developed a phobia of driving, particularly in 'a certain type of intersection in San Jose. We found that the entity had been killed in a car accident in that kind of intersection. So, not knowing that she had an entity with her, whenever she got into a similar situation, it was so frightening she would start to hyperventilate.

Let's say somebody dies in a fire and then goes and attaches to a living person, that person could develop a fear of fire. Any problem the person has they bring with them.

For example, if a suicide remains earthbound, and fortunately not all suicides do, you'll be happy to hear, in case you know people who have committed. They can also have that beautiful release up from the body and go join the light. But they will have to come back, pay their dues and be back in the same situation, so, the only thing they have accomplished is postpone their dilemma.

Lets say the suicide person remains earthbound and I find a lot of this happening. They can attach to someone and that person can become suicidal. I used to think that like attracts like, but I've done too many regressions in cases where the person was very happy and energetic. Then they pick up a suicidal entity and become very depressed. Now there could be some karma associated with this, where they knew each other from before, and that explains the attraction. There could be many reasons we have certain entities with us.

When a person drinks or takes drugs they have definitely opened up their aura to possession. Particularly people who are extremely mediumistic (empathic) who are loaded with entities. I advise them that they can't even have one little drop of wine. I had a mediumistic patient who was totally clear of entities, but she took one pain killer to remove a toothache and she opened up her aura and picked up menopausal entity. The woman started complaining about having hot flashes which came on suddenly. I found that she had picked up this menopausal entity, who then left and that was the end of the hot flashes.

I see the aura as vibrating at a certain frequency. For demonstration purposes, let's say it is vibrating at 1000. Theoretically, an entity vibrating at 900 could not penetrate the aura. He'd just bounce off. An entity of 1000 or 1100 could come in. Anything lower could not penetrate. So, the higher the frequency of your aura, the safer you are from this kind of thing. Anything you do to lower the vibrational rate of your aura, invites possession. If your door is open you don't know who you might get. A rather nice drunk could amble in...you could get a criminal type...you might get a little old lady who is just curious or lost.

If you open up your aura you could have anybody come in. Using drugs opens the aura. People say, "Well, I only used marijuana once." It doesn't matter how many times you used it. You've opened your aura and if somebody is there ready to possess you, it can happen and you could have that entity with you for the rest of your life.

Another thing that can open and invite possession is great grieving. Let's say that somebody dies and you're completely bereaved and distraught and you're just a wreck.

Then you go to the funeral parlor, which is just loaded with entities, and you go to the cemetery, which is loaded with entities...you're just inviting it.

Or let's say the person is dying slowly in the hospital and you know this is happening. Maybe you're even there when they die and you're completely opened up because of your grieving. Your door may be open.

Flying into rages or doing anything negative, just being negative in general can slow down the frequency of the aura and invite possession. Maybe the whole thing is karmic. I'm still Puzzled by this concept.

Excerpts From "Despossession In a Clinical Setting" By William J. Baldwin

Not everyone goes into the light when they die. In the light you go through the review, the healing, the resting, the learning, the forgetting and then rebirth again. At death, many entities hover around and they'll see somebody that they like, or that they're angry at. They may stay

around a house and actually haunt 'that house for a while. In an awful lot of the sessions I'm working now, it appears that entities are attached,

Probably between 70 and 80 percent of the population has entities attached to them. This estimation is by experts in the who have worked with this. The Kabala even talks about this. In a book about the Kabala by Phillip Berg, called "The Wheels of a Soul" there is a whole section about earthbound spirits and the effect they have on people. In his estimation, 70 and 80 percent of the population is so afflicted. It really is a very common thing.

I know of a psychiatrist who had a near death experience before he ever went to medical school. In moving around as that spirit for a period of time, one of the places he went was into a bar. What he saw was other spirits trying to reach for the glasses and of course they couldn't. So they would work themselves inside another person who was alive and then reach for the drink and enjoy the alcohol through them.

It is mostly people like you and me who have died and don't want to go on because of emotion, because of physical habit, addiction, love. I don't mean unconditional love, pure love. But how much love is jealousy and possessive-ness, fear and all the other emotions commonly associated with love? That kind of love can hold a spirit here once it has crossed over.

Also, some part of the mind of a living person can be an obsessing entity. Sometimes, as a therapist, when my subject is in an altered-state, the entity that speaks up is someone who is alive... maybe in another part of the country.

One woman I worked with had a hysterectomy after her second child. She'd always sensed that she was supposed to have three children, but she was angry at her husband and this was a good excuse to dominate him. As I was working with her, an entity came through and began to speak. She explained she was supposed to be the woman's third child. Because of the hysterectomy she couldn't come in as the third child, but the entity explained that she will meet her someday. I asked her, "Why? Where are you living now?" She responded, "I'm living in Colorado." I then asked her how she could be here talking to me and she said, "I'm asleep. I'm asleep. She is supposed to be my mother, but because of the hysterectomy, I was born into another mommy in Colorado. But we'll meet someday and she'll be my teacher."

I have to take it at face value. I can't interpret that. Another woman had a mother who was in a rest home. She was in and out of coma most of the time. She came through my client, which is understandable because the mother was out of her body part of the time. She was in her daughter speaking and it was like a "down-home" phone call, as she explained who had had a baby and other everyday things.

REFERENCES

"Entity Attachment" by Dr. Edith Fiore, (Tape L-110 - \$9.98 1-hour) On this tape Dr Fiore discusses this form of possession and provides many case histories. She describes the factors that open you to entity attachment and offers a technique to exorcise the entities and direct them to "go to the light."

"Depossession In A Clinical Setting" by William I. Baldwin (2-Tape Set. L-100 -\$19.98 - 2 hours) On tape 1, Bill discusses entity attachment from a different perspective than shared by Dr Fiore and relates current research and many of his personal case histories. He covers the factors that invite attachment and on tape 2, demonstrates his technique by conducting actual depossessions with volunteers from the Seminar audience.

"Ashipu" by Dick Sutphen (Tape MG-101 - \$12.50) is a powerful ritual magic session to exorcise attached entities.