

# SPIRIT COMMUNICATION: DEVELOPING ENERGY & SKILL

## PROTECTIONS

Four directions...Yod Heh Vod Heh

Clearing yourself – mental state and attitude.

Clearing your environment

Gate Keepers and “Spirit Hosts” ...who are they and what do they do?

## DOUBLE “E” DANGERS...Energy & Ego

Self absorption diminishes protection. Selfish vibratory level subjects you to lower level entities as if you've invited them in.

Fear loses control and energy.

VICTIM OF SPIRIT – the “devil made me do it” absolves you of any responsibility for action.

Do not allow spirit to “run you” into doing, saying or being things that would run contrary to your values and responsibilities. Being on the other side doesn't imbue the spirit with better values or intelligence. If they manipulated here they will manipulate there.

“I'm the only one that can help them” opens you to compromising your protections and values.

“No one else will do it” builds dependencies and develops undesirable energy links.

Poking and jabbing for emotional responses develops the “wows” and unnecessary hurt. Makes you a vampire!

“I have to make them see”...who died and left you boss? Chutzpa!

Self-absorption and importance loses the sensitivity necessary for listening to spirit and the client.

## CLIENT REQUIREMENTS

A PARADOX - Clients want specificity and detail and the spirits find it easiest to communicate images with the most diversified meanings as possible to convey their messages on as many levels as possible. It requires less energy to do so and “packs” the message..

OVER-DETAILING – loses focus and the energy connection by “grounding” in the mundane.

The SPECIFIC PERSON is desired may not have yet developed awareness or energy for where they are. They may require a “Spirit Host” with more experience and accrued energy to help them come across. Encourage your client to “go with the flow” to allow who they want the possibility of coming across.

COMFORT LEVEL – Get them to take a couple of deep breathes with you to “get in sync.”

Uncrossed legs and arms allows a strong energy connection.

PRIVACY

## NATURE OF SPIRIT & IDENTIFICATION

TAKE TEMPERATURE – first. You don't know how the spirit will come through. Which modality? It depends on all three of your abilities Telepathy? Feeling? Visual? Abilities can transfer from your client to you through induction.

FEELING SPIRIT – review right side mother, etc.

The VEIL is a one way mirror for the spirits who are aware of being there, not for those who are still asleep. Those who are still asleep need to be assisted.

## MESSAGING

Message may be meant for someone the client knows. Ask them to convey.

All old people have glasses and grey hair. Don't use for description unless part of the message.

Mind your modality. Take your temperature. Messages can be felt, smelt, tasted, heard & seen!

## SYMBOLISM

Dream books build personal symbols and doorways for the reader and for the spirit to draw upon.

Do not hold back impression because YOU don't understand them!

Showing pictures saves energy and packs the image on many levels. Go with what you get. Give your client “first whack” at interpretation.

# **SPIRIT COMMUNICATION CODE OF ETHICS**

- Be humble and thankful for the gift; affirm daily, with sincere gratitude, gift of life and your love for fellow beings – and for the ones who have departed.
- Never boast or exaggerate about your powers.
- Spirits must never be asked to do things against their will.
- The misuse of powers for sexual exploitation, excessive monetary gain and power over others is pure evil.
- Avoid using the powers for the sake of dramatic interpretations and staged events.
- Client and sitter confidentiality must be observed at all times.
- Fees, gifts and offerings must never influence readings.
- Advertising services in newspapers, magazines, television and radio are inappropriate; word of mouth and business cards are more acceptable. You can also use quietly-stated brochures.
- Be a “champion” of mediumship!

Taken from “Beginner’s Guide to Mediumship” by Larry Dreller

## INVOCATION THE 4 ARCHANGELS

Facing East - "Archangel Rafael I invoke thee for protection."

Colors = Bright Yellow, Mauve

Feel a gentle wind penetrating the entire body.

Facing South - "Archangel Michael, I invoke thee for protection."

Colors = Vivid Red, Emerald Green

Feel an intense radiation of heat

Facing West - "Archangel Gabriel, I invoke thee for protection."

Colors = Blue, Orange

Feel a sense of moisture or flowing water.

Facing North - "Archangel Auriel (Uriel), I invoke thee for protection."

Colors = Forest Greens & Browns

Feel a sense of cool, calm rooted stability

With Raphael before me,  
Gabriel behind me,  
Uriel on my left,  
And Michael on my right;  
For about me flames the Pentagram,  
And within me shines the six-rayed star.

# SPIRIT DESCRIMINATION

1. Ask if male or female. The right side = Male. The left side = Female
2. Ask what side of the family the spirit is on. The right side = Father's. The left side = Mother's. The center = Spirit teacher or guide. Right or left = Brothers, Sisters and friends.
3. Ask which generation: One step back=parents, Two steps back = grandparents. Forward = younger generation.
4. Ask how tall. Compare OR see them before you taller or shorter.
5. Ask for body description. See or sense their body growing or shrinking - small, medium, large, round, slim, thick, etc.
6. Ask hair color and eye color. Listen for or see reply.
7. How are they dressed? The clothing may be actual or be part of the message.
8. What are they carrying? Can be a symbol or an actual object.
9. What are they doing? Again, can be a symbol or an actual action.
10. Ask how they passed.
11. Ask, "What is the message?"

## Message Determination

- "Are you here or crossed?"
- "Who are you?"
- "Who is the message for?"
- "What is the message?"

Pay attention to every detail. All of this dialogue is with spirit. The language of spirit is almost instantaneous. If you have to think about it, you've lost it! All dialogue takes place within the first few seconds. Speed and accuracy improve with effort.

# I AM THE SPIRIT YOU'RE ATTEMPTING TO CONTACT

- I cannot predict your future. Like you, I can only make choices.
- I cannot fulfill your memories of me. I have my own perspective.
- I cannot provide you with family members unless I've known them myself.
- I have not miraculously changed my opinion on \_\_\_\_\_ just because I've passed. I still feel the same.
- I may not be able to connect with you yet because I am still getting used to being here. Please receive those who have been here longer than I, paving the way for me and are helping me to become prepared to greet you through my own skill and under my own steam.
- You may not want to talk to me because of our past differences but realize that I may be the one that's able to connect you to those whom you want to speak to. Please listen. You can reject me later if you still want.
- I may not be your passed on relative or friend. I may know that you have a connection to someone I wish to get a message to. Please be kind and deliver it.