

Sananda Mystery School

Phase 1, General Review and Discussion

Dear Students: For the next two or three weeks, we will conduct a review of Phase 1, and give an introduction to Phase 2. In order to allow you to fully integrate Phase 1, we will begin Phase 2 after this break. During the break, we will remain in touch with you through the group forum and answer any questions you have pertaining to Phase 1. Sananda and the channels want to make it clear that your support will continue during this break. We are here to help you in any way we can. Sananda is always available for continued guidance. Just ask. NOTE: If you are on independent study, it is necessary to contact the channels and provide a progress report before being assigned lessons from Phase 2.

Opening Prayer:

Father/Mother God, Source of All That Is, we are grateful that You have guided us through the last six months. We know that our awareness of You has grown many-fold during this time. Over the next few weeks, we ask You to help us fully integrate and absorb all that has been exchanged. We give thanks for Sananda's loving help and the work of the channels, and we give thanks for the participation of each student. Thank You Father/Mother God. Amen.

Opening Message from Sananda, received by Melissa Hogan and Sal Rachele

My beloved students, reviews are an important part of this course. A lot has been given and you have been actively participating for six months. Today we will give a synopsis of where we have been and start to take a look at where we are going. Next week, we will more clearly define our vision for the upcoming Phase 2. For now, let us spend some time acknowledging the journey we have undertaken together.

A Review of Lessons 21 through 26

Lesson 21 – Communication

We explored the idea of listening with your whole being and how telepathy requires good transmitting and receiving on the part of everyone involved. We also discussed multi-level communication; i.e., mind, heart, intuition and spirit.

Lesson 22 – Conscious Creation

In this lesson we looked at what it means to be a conscious creator; i.e., to create like our Creator. We were given a 10-step process in conscious creation. We were reminded that the mind is only one part of the creative process. What you put out energetically with multiple levels of your being has a lot to do with what you manifest.

Lesson 23 – The Power of Purity

This lesson explored the idea that when you are in a state of grace, creation happens spontaneously and naturally. Power has been corrupted on Earth for millennia and this has made it difficult to equate power with purity. Sananda lovingly reminded us that true power is gentle and innocent.

Lesson 24 – The Nature of Infinity

In order to appreciate Infinity, it is necessary to truly transcend the linear, rational mind. This includes letting go of all limiting beliefs, perceptions, programs and conditioning. We are all Infinite beings, created by an Infinite Creator. We realize this when we move out of ego and embrace the heart of our Being.

Lesson 25 – Service to Others

True service is a natural process of giving and receiving from Spirit. It involves laying the ego aside and selflessly emanating God's Love. We can all make a conscious choice to share ourselves and our gifts without thought of return.

Lesson 26 – Stepping Into Self Mastery

Self Mastery involves the ability to create consciously with full self-acceptance. It does not mean that every detail of your life must be perfect according to some impossible formula or image. We are already perfect, despite our Earthly experience of imperfection.

An Overview of Phase 1

We started Phase 1 by reminding you that the most important relationship in life is with your own radiant, loving God Presence. We are multidimensional beings and our God Self is that part of us that is directly connected to the Godhead at all times.

We then took a look at each of the lower six levels of being and how they interact and work together to help us grow and evolve toward awareness of our Oneness with God.

We gave special emphasis to emotional issues, self-forgiveness and acceptance of our present situation in life. We were reminded that when beginning a journey, we must be completely honest about where we are starting.

Phase 1 built a strong foundation upon which to commence our journey of deeper self-exploration. If there were any lessons that made you uncomfortable, we hope you were able to stretch a bit and embrace the ideas. If any of you need additional copies of any of the lessons you received, please let us know.

Although this discourse is directed at those of you who have just completed Phase 1, the group forum includes students who joined at a later date and are still working through the lessons. It is our hope that you will assist them in their understanding. They will help you as well, providing new insights into what you have already explored.

Some of you will be disappointed at the fact that there is a break before Phase 2. Others will be relieved, as it will give them an opportunity to rest and integrate what has been given.

During this brief break period, it is essential to continue going within and working through anything still unresolved from Phase 1. This is an opportunity to take an inventory of what you have learned and to apply it more fully in your daily life. You are now grounding the information and actualizing it within your consciousness. There may be times when you feel you have taken a step back. This is a normal part of growing and learning in this world. Do not become discouraged. Continue to apply the ideas presented in these 26 lessons and be gentle with yourself.

The material you have integrated during these six months will become a part of your demonstration to others of who you are. You are not the same person you were when you started this course. Let your light shine to others. Let them see the changes in you. It is not necessary to openly discuss what you have learned with those who have not taken the course, but through symbiosis (i.e., our inter-relatedness with each other and God), your energies will affect far more than you might realize.

Your assignment during the break will be to practice the lessons that gave you a challenge and to participate in the group forum. Feel free to openly share and discuss what you have learned with each other during this time.

Closing Message from Sananda, received by Melissa Hogan and Sal Rachele

My beloved students, this is a time for congratulations. I am absolutely overjoyed that you have made this journey with me. I look forward to continuing this journey with you. It is my great privilege to be working with you. I admire and respect you

very much. You are magnificent beings. I am humbled that you have found my guidance and teachings and have applied them in your life. This is what fulfills me. Every one of you is precious in my sight. Go forth with renewed confidence and shine your light brightly into the darkest corners of your world. Lovingly yours, Sananda.

Closing Prayer:

Loving Father/Mother God, we are grateful for this time together and we look forward to more wonderful times ahead with Your presence in our awareness. You are the strength of our being. We live in You. Amen.

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