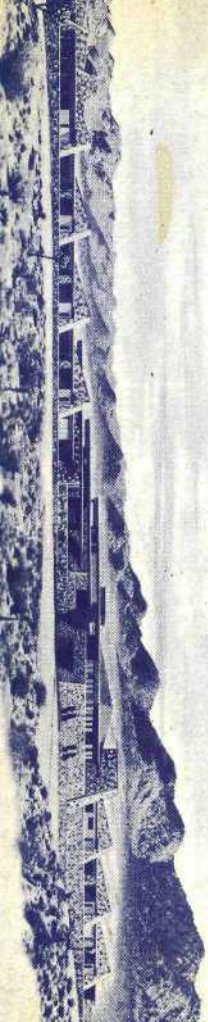

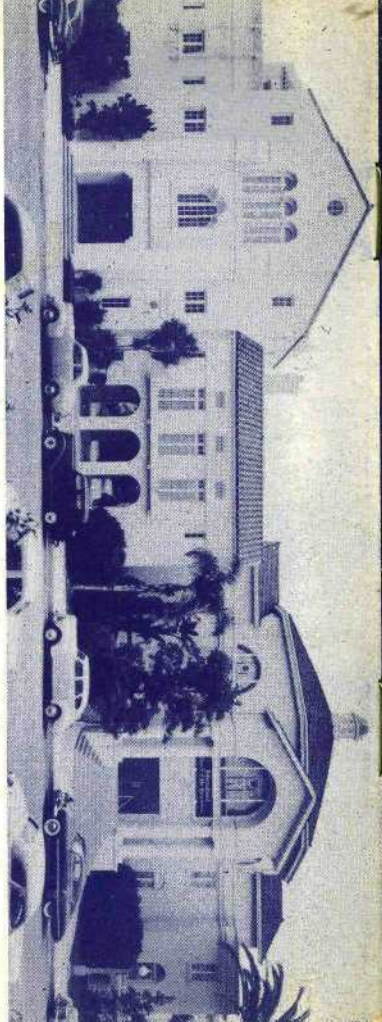

Top: Our Church in Los Angeles, Calif. Below: Caravansary of Joy at Our New City.

LIGHTING HUMAN LAMPS

LIBRARY OF VICTORIOUS LIVING

VOLUME 20

Seven Majestic Word Series—No. 5

What Is the True Source of Your Life?

By

Rev. Edwin J. Dingle

Ding Le Mei

(Founder of the Science of Mentalphysics)

LIBRARY OF VICTORIOUS LIVING

The purpose of the 50 little volumes that will make up the "Library of Victorious Living" is to present to you who read a perfectly simple and ultimate plan for living a highly successful life from every point of view. Each volume is an invitation to learn—as practically as you may learn anything whatever if you put your effort into it—how to discover your own true nature and your own illimitable powers.

Throughout your life, most likely, with much running to and fro, you may have been (as I was) eagerly seeking in books and teaching, in religion and philosophy, for Truth, for Happiness, for Freedom, for God—or for you knew not what. You may today be weary, fatigued, discouraged, almost destitute of hope. Many times you may have glimpsed the Truth, and then it disappeared, and left you still hungering. Hungry, you sought in vain the Bread of Life—thirsty, you sought but could not find The Stream. Your search, my friend, is now at an end, if you have eyes to see and ears to hear.

No matter what your religious beliefs—indeed, no matter what!—that which you have always sought IS WITHIN YOU. This is Life's most sacred secret. From a careful study of these little books, it is given to me to know, you will gain immeasurable spiritual benefit. As you read, it will be to your Higher Self that you will listen.

If you are ready, as you read and study you will hear the voice of your Higher Self speaking forth from your own heart the secret of Health and Happiness, Success and Abundance, Freedom and that Peace that passes knowledge. Be patient. Be zealous. Learn to surrender into the Joy of your own LORD within you.

THE AUTHOR.

The Science of Mentalphysics was founded in 1927

THIS IS THE TWENTIETH OF THE "FIFTY LITTLE BOOKS"

What Is the True Source of Your Life?

By Edwin John Dingle, F.R.G.S.
Founder of the Science of Mentalphysics

INTRODUCTION: "IN THE 'BEGINNING' WAS THE WORD"—INVESTIGATION OF A PROFOUND SECRET

This is the twentieth of the "Fifty Little Books" that make up the Library of Victorious Living, and the fifth in the "Seven Majestic Words in the Mystery of Creation" series.

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I hope that you who read will have in your possession the whole of the nineteen Little Books that precede this volume, for the reason that you will week by week have laid a foundation for what is to come. It is true that each

*"MAJESTIC WORDS" SERIES (Vol. 16 to Vol. 21).

The titles of the Seven Magic Words in the "Mystery of Creation" are as follows—see pages 31 and 32:

VOL. 16—"WHAT IS THE TRUE URGE OF YOUR LIFE?"
VOL. 17—"WHAT IS THE TRUE COMPENSATION OF YOUR LIFE?"
VOL. 18—"WHAT IS THE TRUE ORDER OF YOUR LIFE?"
VOL. 19—"WHAT IS THE ONE MYSTERY OF YOUR LIFE?"
VOL. 20—"WHAT IS THE TRUE SOURCE OF YOUR LIFE?"
VOL. 21—"WHAT IS THE PURE GOLD OF YOUR LIFE?"

lesson-volume tells its own story, but the Library is designed so that each volume in a way reviews what is past, and prepares the student for what is to come. If you do possess previous lessons, I ask you to read over once again Volume 10—"YOUR WORD IS YOUR CREATIVE POWER." The title of the present volume is "WHAT IS THE TRUE SOURCE OF YOUR LIFE," and it is my fervent hope that from it you will gain much that will help you in deep spiritual understanding, and teach you something upon which you may rely for guidance in your march onward towards true Victorious Living.

* * * * * * * *

In preparation for your study of this volume, I would suggest that you most carefully

(1) Read the first twelve verses of St. John, and look deep for its meaning.

(2) Contemplate the following, reading several times:

"Your speech is the creator of your universe. With the issuance of the Creative Word—Right Speech—you are given command of the Life-Giving Principle, which is Nature's royal secret."

"Your speech is the connecting link between your thought and your action; words often obscure the Truth within one's own spirit, and often give a false impression to those that hear them."

"Your faculty of speech distinguishes you from all other forms of Life. . . . Of all mysteries, it is the most wonderful."

"Your speech is atomic power—yes, as powerful as the atomic bomb, and speech has similar power and works in similar principle as the atomic bomb."

"Man is peculiarly liable to misinterpret the phenomena around him and within him. What he sees he talks about. If he sees inaccurately, his conversation will be correspondingly inaccurate

and erroneous — and the EFFECT OF HIS SPEECH will be that his whole world, through this gradual process of contamination of the Truth of his being will be untrue, though real to him. In short, his life will be a continuing illusion."

—Excerpts from Volume 10.

I feel, my dear reader, that this particular Little Book comes to you certainly as a well-wisher—it may become for you a teacher, indeed, a prophet.

PART ONE: "BREATH" (THE MYSTERY OF LIFE), "SOUND" (THE SOURCE OF LIFE), AND "LIGHT" (THE PERFECTION OF LIFE) FORM THE TRIANGULAR FOUNDATION OF THE LAW OF THE UNIVERSE

In this "Seven Majestic Words in the Mystery of Creation" series—apparently a most subtle and mysterious idea to one who has never studied the deeper philosophy of Life, though something that everyone can easily learn with great profit to themselves—I have already written the following:

Vol. 16—"What Is the True URGE of Your Life?"—Joy, the First Word.

Vol. 17—"What Is the True COMPENSATION of Your Life?"—Gratitude, the Second Word.

Vol. 18—"What Is the True ORDER of Your Life?"—Reverence, the Third Word.

Vol. 19—"What Is the True MYSTERY of Your Life?"—Breath, the Fourth Word.

* * * * * * * *

The title of this lesson-volume is "What Is the True SOURCE of Your Life?" (the most fascinating of them all). To the philosopher, to every devotee of ancient religions,

the TRUE SOURCE has a dual nature and power, described by two words. Each of these two words, from an occult angle, has the same meaning basically. They are "Sound" (the Source of Life) and "Light" (the Perfection of Life). I have elected to join these two together, for the simple reason, as I have inferred, that they cannot be divided. Now, the prime purpose of this Library of Victorious Living is seen in the title—to show thinking people how they may make their dreams literally come true, and make their lives exactly what they desire. Put in another way, these "Fifty Little Books" enable you—

(a) To learn exactly what God (that which men call God) is;

(b) To learn exactly what Man is;

(c) To learn what the Universe and its LAW is, and what we are as individual parts of it;

(d) To learn what the Macrocosm is; and what the Microcosm—and to LEARN VICTORIOUS LIVING.

It is important for you to note that all the knowledge you may possess of "Sound" and "Light" (or any substance or force, for that matter) in the physical sciences, will be mathematically confirmed by spiritual analysis. Despite the advance of scientific knowledge, few people in the modern world have any conception of the dynamics of SOUND, and though we are able to measure LIGHT, whether it be from the head of a single match or the rays of the greatest of all suns, Man does not generally conceive that all Life is the essence and product of Light.

Oriental scientists, however, have long known that every spoken word and all sound have tremendous power. They know that the spoken word of a man makes his life what it is—if he speaks evil, his life will be evil; if he speaks Truth, his life will be Life's Truth reflected.

As you think, you realize that that which is created is a part of the Creator, that the creation is projected through countless avenues of expression, and that these avenues are separate units of power of what is called God. The flower, the tree, the amoeba, a man, the sun, are individual power units through which God expresses. You are a human power unit of God . . . you are God in your own human form. To all embodiments in all the kingdoms below the Human Kingdom, you are the highest expressor of God, made "in the Image," you are the expressor of God to all embodiments below you in your Human Kingdom and to all embodiments in the lower Kingdoms. You also know that what is called "service" to all Life forms is the expression of your own Divinity. When you are the God of Love to all who have less than you have and who know less than you know, you are consciously God in Human Form. As God is Love universalized, so then you and I are Love individualized, God to all forms of lesser intelligence than our own. Very profound?—no, essentially simple. Wise are we if we learn the LAW of GOD (the great Mathematical Mind of Life).

(a) The Sacred "OM" the Source of All Power

Let us, then, have our mind on "Sound." The sacred

word Om or AUM—the "Word" of God—was claimed by the Hindus (and confirmed by the Bible) to be the foundation of the world, and has for centuries been the creative tone of the Hindus and the central point of the principle of Sound. Different sounds through different voices are easily recognizable. You can easily distinguish between a trumpet-call and a note on the violin. You will know differences in the voices of many people, you will recognize your own voice, and so on. Excessive loudness such as the voice of vast cataracts, thunder, and so on, overpowers the Soul. The shouting of a multitude has the same effect. But any single sound, like the striking of a great bell, or a gong, or a drum, repeated with pauses, produces a grand effect in your consciousness. In such sounds as these, you can tell the pitch, the intensity of loudness, the energy of the vibration, and so forth—and you can see that the sound comes to you through the air (through the Breath) of Life. You stand amazed as you think of the multitudinous sounds, all different from one another, that you can recognize as they come individually to you. And in each of these multitudinous sounds you see that each sound, each an objective cause, finds correspondence in a purely subjective sensation within you as the listener.

There is magic in all sound, but unspeakably so in the magic of your own speech, which, though it vibrates and sustains your whole body according to its own vibration, goes also beyond you to others who are listening—and outward "to the very ends of the earth."

You can, I am sure, see that **Breath** is the nearest thing to you in the Universe. It is the vital thing of your life. Out of your Breath comes Sound. Out of Sound, generated by its own vibration, comes LIGHT, and in Light (to the degree that you comprehend it), you live, the degree of **your** Life **(of God)** being in exact correspondence with the way you **use the Light.** That seems to me to be simple to see.

(b) Effect of Our Own Sound in Our Life

We read in the first chapter of St. John that the **Word** (sound) **becomes flesh,*** which means that the very words we use propel the Light in which all is known. You and I **are the Word made flesh.** When we speak, we thus intensify the process of our own becoming. When we are truly silent, it is true that we even more successfully and truly engage in Sound if we have learned how to do so.

But when Sound comes forth (just as a child comes forth into his physical form) then you see that in the physical form the soul, which is the man, is much more clearly seen and understood than if the child had never been born.

By the same line of reasoning, you see SILENCE is great, silence is golden (the highest form of Light), silence IS. . . . From out the silence all things come . . . and so we see a flower, a human being, an animal, a star, and so on.

"In **the beginning** was the Word," says the record, "And the word was with God. And the Word **was God."** What

*Read over again Volume 10---"Your Word It Your Creative Power."

is the beginning? The "beginning" is just that infinitesimal space between one exhalation and the next inhalation, and yet really there is no space between one breath and another. Therefore, the "beginning" simply IS. Have you ever thought of that? That is the eternal beginning; just that infinitesimal space, if you wish, between the inhalation of Life and the exhalation, when the Light has been abstracted, so to say, from the breath. **ALL** is the "beginning." What, then, is the end? **ALL** is the end. It does not make sense, I know, to anyone unless they have previously practiced to come into this knowledge. **ALL** is the beginning. **ALL** is the beginningless. ALL is the end. **ALL** is the endless.

"In the beginning was the Word, and the Word was with God, and the Word WAS GOD." The same was in the beginning with God. All things were made by him, and without him was not anything made that was made. In him was LIFE (and it never says that Life was in anything else), and the LIFE was the LIGHT OF MEN, and the Light shineth in darkness; and the darkness comprehended it not. You couldn't expect it to.

Here we see, first, the continuity of **Breath,** the womb of Sound; second, of **Sound** being the motivation of Light; and third, **Light** the perfection of life.

(c) Light Is the Symbol of Truth

Then, **Light:** Light is self-evidently the symbol of Truth. Now, there is a light in the heavens that we call the sun.

Because of its light all things on the material plane of existence exist. Without the sun there would be no Life-expression.

We look at the sun, however, and it "blinds" us. Its extreme light, **by overcoming the organs of** sight, obliterates all objects, so as, in its effects, to exactly resemble darkness. By looking directly at the sun for some time, we find that the impression left is that of darkness—a black fluidity, a deep blackness, with only spots of less darkness moving in it. By the practice of looking at the sun, however, we fortunately come gradually to find that we are blinded less quickly, and the resulting impression of darkness is gradually delayed, and, after much successful practice, it seems to us that the darkness without has been transformed into a light within, which slowly wanes. We all may have this experience quite easily, if we practice. Indeed, this practice, if carefully undertaken, will prove to you that **there is a light in Man even brighter and more powerful than the light of the external sun.** There is light in your blood which is of infinitely greater light than the light that we feel and see and live in of the sun. I cannot explain it, but it is true.

It is the light of the Eternal Spirit within Man that transcends all other light. In your early experience as a student, you find that it, too, is a light which blinds us. A spiritual light when first you see it blinds you, transforming your impression of its light into one of darkness. It has been said that the light of the world comes from the sun and the student's lamp, yet both of these **are but sym-**

bolical of the light of the Eternal Spirit within. And while it is true that the student could not exteriorly study without his lamp to give him exterior light, the **true** light of **imagination,** understanding, reason, and will, comes from within. They are within the student.

(d)All Things Exist Potentially in the Being of Man

You may see, then, that the sole secret of your life—of your life and my life—is to kindle enthusiasm necessary to the realization that the sacred flame of the Eternal Spirit of Wisdom is burning within us, if you know what this means. Nothing can put out the light. Having made this transcending discovery, we must then "fan the flame"—that is Mentalphysics language—that we, too, may declare—with every breath of light and every thought of light, that we may declare with God, "Let There Be Light."

Man—and this is YOU—is **the crown of creation. Man never dies. What are we weeping for? There is no death! Man is immortal! All things exist potentially in the being of Man. Man is the great symbol of all that exists in creation. And this is so, why?—because God's Light is in him.**

* * * * * * * *

What I have written may seem to those who have no knowledge of the SECRETS of Life as somewhat high-fallutin' and impractical. Some may turn away in a certain pride of mind, and dismiss the whole idea of SOUND and LIGHT as being of importance. One of my esteemed students, a little while ago, desiring to help his eldest son, who at 31 was still a failure in all that he had so far

undertaken, asked The Institute of Mentalphysics to enroll him as a student. The enrollment went through, and the first Documentary Lessons were sent. In less than two weeks the son wrote me, telling me that my Lessons were "tommyrot" (this was the word he used), and telling me that no further communication with him was desired. He also wrote to his Dad a letter which was most insulting, telling his father that he was crazy in "believing such stuff" and so on, with the result that a great chasm has come between father and son. The son turned down what would have been the greatest blessing in his life—he simply was not "ready," in the philosophic sense, and, moreover, showed that he preferred darkness and failure and consequent unhappiness to the divine blessings of Light and Success that would have been revealed to him had he known even a little humility.

What I am writing is foundational in the lives of all human beings, my friend. Do not turn away, I pray of you. Discipline YOURSELF to learn the holiest of Life's secrets, and throughout your life you will sing the eternal jubilate of WISDOM.

(e) Breath and Sound Are Universal

Now, you know that the Universe is ordered with a mathematical exactitude that at first is simply stupifying! It is staggering! Its light **blinds** us! When you and I come into the knowledge of any simple expression of Truth, it is so wonderful that we cannot immediately see its beauty. Its light is so great that it seems to us to be the darkness.

You and I see, as a result of our experience, that there is a universality everywhere. We see that this universality is apparently empty. We know that the universality of form—of persons, of filings, of embodiments—depends entirely upon the universality of Breath. If there were no Breath, there could not be any Life embodiments, could there? All depends upon what we call Breath. The Sanskrit word that more clearly and more subtly describes Breath is, as you know, Prana. ALL comes from, so to speak, and lives in this *sea* of Prana. Every living thing, from the atom to the sun, from the grossest to the unimaginably subtle, depends entirely upon Prana, the origin of Life. That is how we all begin to live.

Then, if you have seen organized Life forms born, as we say, there is not a very long period before (or between the leaving of the parent and the coming out to the earth plane of any organism) there is what is called Sound. When a child is born and it lets out its first cry, the sound is music to a mother's soul.

There is, you can see, a deep interrelation between Breath, as we call it, and Sound, as we call it. The uninitiated usually pass these things by, but you who are endeavoring to see what is in the root of Life Itself come to see that strict, eternal interrelation between Breath and Sound.

(f) Men Are Power Units of God's Mind

So you go along in life and you gain experience, or you learn a lot of things that form what you call knowledge. It may be true knowledge, or it may be false knowledge, but you pack your mind with all kinds of ideas. In the process of packing your mind with those ideas, you quicken your memory, and you come later on to talk of "your" mind. A man will say, "He has a great mind." Well, actually, all that he has is a sense of remembering—that is all; because there is only One Mind and, rather superstitiously, we call it God . . . all that there is is what is called God's Mind. You and I are units of power of the One Mind. You see on your desk a unit of the great electrical system of your own city. You take it for granted. It comes . . . you use it . . . you only lose it, or rather miss it, when something goes wrong at the source of the city electric system.

Now, in the same way, you and I are units of God-power. We say that we are human beings. We go to colleges, and we learn a great deal about what we call ourselves, but we know, in the final analysis, no matter how much we may know, that we are merely a sort of aggregation of cell-life. All bodies are aggregations of cell-life, and there seems to be a central power within each aggregation of cell-life that we call a human being that gives it Life, that makes it think, that makes it move, that makes it what it is.

(g) All Power Units Eternally Linked Together

Let me illustrate: You look at a human being, as you say. You are looking at a human body, and it is a wonderful body. It is worth, I expect, today about 50 cents

on the hoof, maybe a little more. That is all that this body of mine is worth. But am " I " worth more? Why, there is simply no limit to my "value," if I learn the TRUTH OF LIFE ITSELF. When I command my hand to do something, it does it, you will notice; but it cannot do it, so to speak, of itself. That makes the difference.

Therefore, we see that, embodied in all forms, all persons, all established, organized beings, there is something upon which the substance is entirely dependent. While we can see and feel that the substance is visible, "feelable," and it does what you want it to do, still we know that That which causes it to do it cannot be seen. What I am writing is very simple, but few people speak about it in the sense that they are constantly feeling after and into It if haply they may find It.

We see in all substance, in all things, from the lowest, slowest, vibrating substance, to the very highest . . . from, if you wish, the grossest physical to the subtlest spiritual . . . that there is Something upon which all embodiments, all these units of power of God, are entirely dependent.

That is the secret What, then, is this Power? We can see the effect of Breath upon our own bodies, and all other Life-forms, and you will have learned, I hope, a great deal about Breath and its power. If you do not, learn! If you do not learn much about your Breath (Life's one great mystery), you will remain in delusion; but that is your business, not mine.*

*Turn to Page 30 of this volume. There is a message you should not ignore.

PART TWO: BREATH—SOUND—LIGHT ARE THE FIRST-BORN OF YOUR LIFE, AND THE TOOLS OF ALL FREE MEN; WE MUST REDEEM OURSELVES FROM SLAVERY TO MERE THINGS AND CLAIM OUR TRUE FREEDOM

I feel sure that, as philosophers, we see the interrelation between "Sound" (the Source of Life) and "Light" (the Perfection of Life). Also the indivisibility between "Breath" and "Sound."

(h) No Creative Sound Were There If No Breath to Conduct It

I feel sure, too, that you can see that—

(a) Your sound is second only to your Silence, from which it emerges; your Sound is the Christ of your Life.

(b) You become WHAT YOU SAY — not only that, but HOW YOU SAY IT.

(c) You create WHEN YOU SPEAK. (But we never know what we say; therefore, we should increasingly develop the habit of watching what we say. YOUR WORD IS YOUR POWER! We can ruin a reputation by one sentence. We can break a heart, perhaps by one word. Contrariwise, we may save a man by saying the right thing, at the right time, if he be the right man.)

(d) Sound is the command of what is called God in and through human units of power—YOU are a unit of divine power.

(e) You and I are units of power of God; we are not merely human beings. The flesh and blood and all the things that seem to be important in you, in your form, are merely incidental. It is the "inbetweennesses" of Life, it is the "emptinesses" of Life, in which alchemically, spiritually, unknown to the average uninitiated person, the Spirit that quickens resides.

I suppose that 90% of our own great nation do not fully understand the inner meaning of the words I have

just written. We are a great nation, but we are only great as we **create.** Not alone things! We have to create gods . . . we have to create free men, free women . . . not men and women held down as slaves to the mere things of life, the ephemeralities of life. We have to learn how to become what we "are"—the Creator in Human Form, creating and sustaining Heaven on earth!

But, there would be no CREATIVE SOUND unless there were BREATH to conduct it. If you who read do not yet fully know the true and mystic meaning of Sound—the Omnific, Deific Word of Life . . . that which starts the Expression of Life Itself, it is my hope that you will incline yourself to learn; for such knowledge pays great dividends.

(i) We Stand in Reverence Before Light

At all events, having seen that your Life is rooted in Breath and in Sound, then you come to realize that light is the very foundation of your conscious world and all that's in it. Light—

(a) Is the primordial command of God in you; and the foundational substance of your whole consciousness.

(b) Is the origin and essence of your Life—"your" Life being the reflection, to the degree of your own understanding, of LIFE'S WISDOM (God). (As soon as any living thing comes to the point of evolution where it expresses itself consciously, the only command it should listen and adhere to in each succeeding breath that it breathes, is "LET THERE BE LIGHT!") With every breath you inhale the Universal Light, and with every exhalation you "SEND OUT THY LIGHT!"

(c) Is God's immortal essence, and is known by human beings, first, in the light of the Senses; second, in the light of the Reason; third, in the light of the Illumination of the Eternal Spirit.

(d) Is the most wonderful of all visible things, for it is the all-enveloping substance of Life; is that to which all that lives instinctively turns, for it is the eternal stimulus. (In philosophy and in the sacred oracles Light alone is used as the symbol of Man's highest blessing. . . . "The people who sat in darkness have seen a great light; and to them that sat in the region of the shadow of death light is sprung up.")

(e) Is the dispenser of darkness; and the only darkness of the human mind is what are called ignorance and evil.

(f) Is the foundation of Joy, and the herald of Truth and Wisdom.

(g) Is universal and eternal; he who relies solely on the light of his own intellect can never conquer nor surrender, but to him whose trust is in the Light of God's Moving Wisdom all things are possible.

Put simply, learning to live in God's Ever-Moving Wisdom, what is "my" life and "your" life becomes perfect as the "Father within is perfect."

You have to learn—first, that the Light SHINES OF ITSELF; second—that your body, your mind, and all that "you" appear to be, are but instruments through which Cosmic Light shines of itself; that, without the human instrument, as an individual you could not reflect Cosmic Light (you would have no consciousness); and that Man (you) is both Cosmic Light and Its reflection. You see, God is love—God is the lover; God is Life—God is the liver. A PERFECT HUMAN LIFE MEANS PERFECT REFLECTION OF AND ABSOLUTE SURRENDER TO COSMIC LIGHT.

(j) We Must Learn to Allow the Light to Shine

As LIGHT is the PERFECTION of Life, so it should be our one purpose to discover how we may apply rightly in our

individual life God's Universal Light. That is the greatest of all secrets: it is the choicest of all gifts: it is the most natural of all tasks.

In Mentalphysics we *are* taught and will finally learn, that Man IS GOD in Human Form. You see, do you not, why this one fundamental of Mentalphysics is taught, for you will finally learn that, as there is naught but God, Man IS God? God's Light is inherent to Life Itself. We can think of it in countless ways, but the simplest way probably is to see it as the universal subconscious state or condition, which, if not disturbed, **will express itself** in Life's countless ways without any change in its state. Nor, in such conditions, can it but reflect itself in all things. But you and I, the human being, have power of choice. The human being has liberty of mind. The human being may make up his mind as he wishes. He can choose whether he shall abide in the subconscious force of Light or do things his own way. If he chooses his own way, and his own way does not perfectly coincide with God's Way (or the Great Subconsciousness of Light), God's Light does not change at all and the result will be a short-circuiting which burns the human life away in disease, doubt, failure and so on, and finally what is called death.

When there is no interference, however, Cosmic Light completely shines forth in all its effulgence in success, health, joy, youth, abundance and that peace that passes knowledge.

(k) "As Your Thought, So Your Life"

Now, prepare yourself for what may be quite a revolutionizing idea for you—your Light (God's Light) IS YOUR THOUGHT. As your thought, so your Life.

Thought is light! Light is the only thing that causes the seemingly mechanical process to go on within me, that I call "my thinking."

It is perfectly true that, having been given, or having entertained an idea from the Moving Wisdom of Life **(his** own thought, as it appears), a man may take that idea and he may analyze it and compare it, and may bring his reason to bear upon it, and he may think that he is doing "his own" thinking. In a very real sense he is, but in an equally real sense he is not; for the simple reason that ALL Is Thought . . . ALL—the Universe Itself, from the atom to the sun, from the amoeba to Man, is simply one great, orderly, perfect, Thinking Thing. What is called God is, in the final analysis—a great, complete, absolutely exact Mathematical Mind, never making mistakes, present in one and all places at the same time, having all power and all knowledge. IT IS ALL THAT THERE IS.

For ordinary human intelligence, what I have just said is a little difficult to comprehend, unless We practice and become, as near as we can, what we are contemplating or frying to reason and analyze. Mere human understanding, however, cannot usually go that far. Every one who has been fortunate enough to know what true meditation is will, however, understand.

In meditation, we go beyond the consciousness into super-consciousness, though to the early aspirant, the very tyro in spiritual search, it seems that when he goes beyond his conscious mind, there is nothing. So we have such anachronisms as Nirvana, for example—the great, glorious state of absolute bliss of the Buddhist—being regarded by some people who think they know, but do not know anything, as a state of "nothingness!"

(l) Importance of Your Body as a Unit of Power

Now, you see, God's State, God's Mind, God's Being, God's Everything that we can think of **seems** to be a state of immateriality, **seems** to be a state of nothingness, **seems** to be a state of silence where nothing whatever exists; yet when we practice meditation, we find that all materiality, everyone of the countless forms of life, the human being . . . everything that you cari possibly think of . . . emerges from God's Eternal Silence, God's Eternal Immateriality. No unit can be without its form, nothing can be without its embodiment; but the embodiment finally has to be so purposed and balanced as to reflect God—and then the embodiment, as such, passes for nothing.

Some modern religionists decry the body, but the premise is unsound for the simple reason that there can be no holding together, so to speak, or quickening of the Spirit, unless the Spirit quicken "something," and that something is embodiment. We find, therefore, in all the outer Universe—as I stated a moment ago, from the atom to the

sun, from the amoeba to Man—we find countless embodiments; and "finite spiritual substance symbolizes the Infinite." All things, all that is, from the most cryptic and subtle phenomenon that you can imagine . . . from your own breath onward . . . everything . . . is a symbol. You are not a man. You *are* not a woman. You are a symbol of Infinite Man, of that which is God, potentially a unit of God's full power.

So, when we begin to endeavor to talk together upon Cosmic Light, we must, to make ourselves intelligible one to another, pre-suppose that we have done some practice to enable us to speak intelligently of Cosmic Light. To speak of the light of the sun to a frog that is croaking at the bottom of a well would be waste of time.

(m) Divine Light Has Gradually Brought a Change to Humanity

And that is why, all down through, or up through, the ages of what is called Man's progression, what is called religion has changed; what is called God, or the conception of God, has changed.

You know, or I hope you know, more than your great grandfather knew—by that I mean that you are able to DO MORE. You live a more scientific life. You feel that, everyday in countless things that you do, you use and operate, and are master of things that he had never for a single moment dreamed of, much less contemplated as possible. And if you think of the conditions of human

understanding today, human conquest of the material world, and compare mankind today, we will say, with mankind as it existed ten or twelve thousand years ago, you see we are in a totally different world—of what? The earth is the same. Ten thousand years ago the earth itself was exactly what it is today. Man in his form was quite as good as we are today—in his form. But he could not do what we can do! We have, during what appears to be a long period of time, come nearer to the conquest of the material world, that finite world, which symbolizes the Infinite.

Though the forms have not changed very much, the Thing that Is—the Light—has changed, or has been developed, or has been recognized (use whatever language you like) very much more than it was ten thousand years ago among mankind generally.

(n) "My Body—The Temple of the Living God"

So, you see the fact that you are a human being is very important. The fact that you have a human body is very important to you, isn't it? If you do not agree, this afternoon take a hammer and try and bang your thumb nail and you will know very well that you have a body. And if you have a pain in your body it is no good for a neighbor to come along and say, "Well, you haven't a pain"—you know you have! You know, in short, that your body is vitally important to you.

Nothing can exist, nothing can be quickened unless it is embodied.

First, then, you see, the principle of embodiment—the principle of embodiment in what we, with our limited knowledge call things, forms—things that we can feel, sense, just as we can feel each other's bodies, just as we can feel a tree, just as we can take up anything whatsoever in our hand and feel it. You will notice that all forms are necessary one to another—this is a secret Law! The embodiment of what is called God is seen, finally, in all the kingdoms, reaching from the Ethereal Kingdom to what? To what we are making for, to what all material things symbolize—the Finite Symbolizing the Infinite.

(o) What Do We Think With?

In the right application of Cosmic Light, first I must have a body, if I am to be a human being in the human kingdom, a part thereof. There is no doubt in my mind that at the present time I am a human being, that I am a member of the human family. There is no doubt in my mind and probably none in yours for you entertain the same idea. And you see that in the body we have quite indefinable, but obviously powerful forces working. I know, for example, that I think. I confess I cannot tell you how I think. I cannot tell you what I think with. But I am sure that I could explain to you through my body WHAT THOUGHT IS, and how thought thinks itself through me, and how it does it and why it does it, and I can point out to you the EFFECT OF THOUGHT in my life; but this thought is not "mine." Do you see what I am saying, or trying to say?

Then, if you be less wise than I am—and I trust that you are not—I could show you how, if in your life there are certain states or conditions against which you rebel, or which you would like to see removed—I am sure I could show you that the reason that those conditions exist is BECAUSE OF YOUR THINKING. In other words, your inability to surrender to Thought Itself.

Thought? What is thought? Thought is light! And, as I said before, Light is the only thing that causes the mechanical process seemingly to go on within men, that I call "my thinking." Yes, your body and mine are infinitely important. And perfectly and truly and wholly and completely to portray Light, or to reflect Light, your body must be perfect. This electric lamp on my desk will not perfectly fill its mission, unless it is perfect.

(p) Are You the MASTER of Your Mind?

Then we can see that within the body there is something —you could shake my hand, you could pull my leg—you can do anything with my body, but YOU CANNOT DO THE SAME WITH MY MIND. Because I am the MASTER of my mind if I learn how to be!

You and I may sit down together, and we may, without saying a single word, completely agree with each other, and we will, moreover, know that we agree with each other; and we will, furthermore, know how and why we agree with each other, because we shall feel it. But we might sit down with each other for a half second, and

get into a free fight, for the simple reason that what Man calls "his mind," in you, and what is called "my mind" in me, do not seem to agree. We are at cross purposes in thought. We do not agree. We differ in our opinions. We might even fight about something or other that we think. Now, you are either right and I am wrong, or vice versa. How do we find out? The more we talk, the more we use words, the more we try to convince each other that we each are right, invariably the less are we able to do it! But if we say, "Now, look here, we have had a fight about this; now let's sit down," and if we sit down and rest, and if we stay there long enough, LIGHT WILL REVEAL ITSELF . . . and then I might get up and come over to you and smile and say, "God bless my heart, I didn't think it was like that," and you might say to me, "Well, I thought I was right, but now I see that I, too, was wrong!"

You see, my dear friend, the mechanical (if you like to use that word) equipment of the human being is vital. I would go so far as to say that the human being, when his knowledge is sufficiently complete as to let him know that he is not a human being—an apparent anachronism—can solve all things.

The human being, when he has ceased to be a human being, will live in Heaven, not on this earth; may become divine, may be truly spiritual, not physical; may be that which he truly, inherently is, because he has developed into IT — but he couldn't have done anything of the kind

unless it had been for the form of himself. Therefore, the first thing is that the form is necessary.

(q) God's Mind Is the Master in You

I read sometime ago, that in Czechoslovakia before the war, there were two miners—perhaps you may have read the same thing—who, practicing breathing in their cellar, suddenly discovered that they were human radios. They had no radio at all, but as they were practicing breathing, they found that when they thus charged themselves they both heard the most glorious music. The article described how, in definite ways which they simply tumbled across, they could tune in to anywhere and get any performance. They found that they were human radios.

I rang a very dear friend of mine last night. I do not know exactly why I rang, but I was reading, and, suddenly dropping my book, went to the telephone. This friend of mine at once said, "Oh yes, I knew it was you, I knew you were going to ring up." Well, we do things like that all the time, but we do not notice it. We see, then, that apparently within the physical form, there is something, and we call it "our mind." Well, we may continue to call it Our mind, but should be very slow to trust it; because there is something higher than our conscious mind. You know all about the sub-conscious mind and its principles.* It never changes, it never makes a mistake, it never forgets, it is available to you at all times, you live

*See Vols. 8 and 9, particularly the latter—"Awaken Your Own Sleeping Giant."

in it, it causes the circulation of your blood to go on, it causes you to breathe, it causes all sorts and conditions of things—the SUB-CONSCIOUS Mind.

(r) Today Is Truly Your Day of Triumph

Then you know that in the middle point, there is the Conscious Mind, and that is where we must be so careful. The Sub-Conscious Mind is always perfect, but when we sit and we make up "our mind" on something, and come to a decision, we ought to be perfectly, perfectly sure! How can we be sure? By so practicing the way to live that we feel greater and increasing light. How? We feel and know and are able, in practice, increasingly to use greater Light which comes from the only place where it can come from—that which is Higher. That which is higher than the Conscious Mind is the Super-Conscious Mind. Whilst I am writing of all these "minds"—the Sub-Conscious, the Conscious and the Super-Conscious—in essence there is but One Mind; and you are That Divine Mind moving. That means to say, that in the great, eternal, never-ending, ever-creating, unalterable Universe, you are as a speck of Light in the eternal sunbeam. You are constantly being charged with Light, charged with Wisdom, charged with All That There Is—call It whatever you please.

Many of my students, I gratefully can say, know that, with a little practice, we come to see that the Super-conscious Mind is so infinitely wonderful . . . it is past all telling . . . its effects within us are entirely scintillating,

indescribably wonderful . . . and then we find that what we do is what the Light does through us; and then we feel a little more clearly what God is and what God does. In other words, in a practical sense, we do not make as many mistakes. We do not make a fool of ourselves quite as often. We rest, and we find that conquest is not our business at all, that surrender is our business. And when we surrender, we truly have come into conquest! I know the very words that I am saying, simple as they are, seem to convey a double meaning; but, my friend, the right application of Cosmic Light is achieved by our surrendering "ourselves" to it.

And, my friend, please do not think that you are reading the prejudiced ranting of a theological person! What I have written has much that is hidden between the lines. It is all gloriously practical, and the LAW OF LIGHT is everywhere and in everything finally applicable. You wish to "get well"—here is your Law! You wish to be happy, to make friends, to make more money, to grow young and vital, to have more, to be more, to do more—here is your LAW by which you may, when you have learned the way, make your life precisely what you would have it be.

This is the Glorious Truth of Victorious Living—this is the secret of Heaven here and now.