The Institute of Mentalphysics

MENTALPHYSICS is that interpretation of all religions and philosophies which is being sought by everyone. Here their inner truths, their practical application in everyday life, and their reconciliation with Science, are embodied. Mentalphysics is the key which unlocks the door to the hidden meaning of the Bible and all Holy Books. It is, in fact, the Gospel of the New Age—a power in the hands of those who faithfully follow its principles which lead to self-mastery, the realization of our highest capabilities, and their actual demonstration in physical vitality, prolonged youth, intensified talents, superior intelligence, growth of character, nobler and more abundant lives.

Happiness, joy, peace, harmony and the victorious accomplishment of our worthy aspirations, all reside in the power to which Mentalphysics is the guide. The practices taught have been found by hundreds to be revolutionizing in their effect. A method is taught, rather than a creed, a method which has been used by wise men for thousands of years to avail themselves of powers little known to the multitude, to approach greater knowledge of the immensity of Man's true capabilities, to rise victorious over sickness, and want, and unhappiness—to realize the final Truth of Life and the final Victory of Man.

THE INSTITUTE OF MENTALPHYSICS
213 South Hobart Boulevard, Los Angeles 4, California, U.S.A.

LIGHTING HUMAN LAMPS

LIBRARY OF VICTORIOUS LIVING

VOLUME 10

Man's Ladder Series—No. 3
(Right Speech)

Your Word Is Your Creative Power

By
Edwin J. Dingle, F.R.G.S.
Ding Le Mei
(Founder of the Science of Mentalphysics)

LIBRARY OF VICTORIOUS LIVING

The purpose of the 50 little volumes that will make up the "Library of Victorious Living" is to present to you who read a perfectly simple and ultimate plan for living a highly successful life from every point of view. Each volume is an invitation to learn—as practically as you may learn anything whatever if you put your effort into it—how to discover your own true nature and your own illimitable powers.

Throughout your life, most likely, with much running to and fro, you may have been (as I was) eagerly seeking in books and teaching, in religion and philosophy, for Truth, for Happiness, for Freedom, for God —or for you knew not what. You may today be weary, fatigued, discouraged, almost destitute of hope. Many times you may have glimpsed the Truth, and then it disappeared, and left you still hungering. Hungry, you sought in vain the Bread of Life—thirsty, you sought but could not find The Stream. Your search, my friend, is now at an end, if you have eyes to see and ears to hear.

No matter what your religious beliefs—indeed, no matter what!—that which you have always sought IS WITHIN YOU. This is Life's most sacred secret. From a careful study of these little books, it is given to me to know, you will gain immeasurable spiritual benefit. As you read, it will be to your Higher Self that you will listen.

THE EVOLUTION SERIES

These little books, one of which should be your study for a whole week, are available to you as follows:

No. 1—God's First Expression in Man.....The Ethereal Kingdom
No. 2—God's Second Expression in Man.....The Sidereal Kingdom
No. 3—God's Third Expression in Man.....The Mineral Kingdom
No. 4—God's Fourth Expression in Man.....The Vegetable Kingdom
No. 5—God's Fifth Expression in Man.....The Animal Kingdom
No. 6—God's Sixth Expression in Man.....The Human Kingdom
No. 7—God's Seventh Expression in Man.....The Celestial Kingdom

If you are ready, as you read and study you will hear the voice of your Higher Self speaking forth from your own heart the secret of Health and Happiness, Success and Abundance, Freedom and that Peace that passes knowledge. Be patient. Be zealous. Learn to surrender into the Joy of your own LORD within you.

THE AUTHOR.

THIS IS THE TENTH OF THE "FIFTY LITTLE BOOKS"

Your Word Is Your Creative Power

By Edwin J. Dingle, F.R.G.S.
Founder of the Science of Mentalphysics

INTRODUCTION: YOUR SUBCONSCIOUS MIND AND YOUR SPEECH

This is the second volume in "Man's Ladder" series (Vol. 8 to Vol. 15 inclusive), and the reader is advised to study it for one week. If you do not possess the previous Little Books, I would send for them, because, having read them, as you go along you will the better understand what you will later read in this enlightening Library of Victorious Living.

In the last volume — "Awaken Your Own Sleeping

"MAN'S LADDER TO DIVINITY" SERIES (Vol. 8 to 15)
The titles of "Man's Ladder" Series are as follows—see pages 31-32:
Vol. 8—"Your First Step to Self-Mastery" (Right Understanding).
Vol. 9—"Awaken Your Own Sleeping Giant" (Right Resolution).
Vol. 10—"Your Word Is Your Creative Power" (Right Speech).
Vol. 11—"Mystery of the Warrior Within You" (Right Conduct).
Vol. 12—"Success is Natural as Breathing" (Right Effort).
Vol. 13—"Can We Redeem Our Civilization?" (Right Living).
Vol. 14—"The Wise Man's Only Jewel" (Right Meditation).
Vol. 15—"The Drama of Human Living" (Right Rapture).

Giant!"—I dealt with Man as Mind, showing that there is within each of us a force which, under our own conscious direction, can be trained to make all our dreams come true. I repeat—**"all our dreams come true!"** You disagree? Well, my friend, do not argue about it. Just take the time to read this little volume, and 1 assure you that, no matter how great your unconscious skepticism or fear may be, you will learn much—and, if you incline yourself to the necessary right study, you may learn more from what is written here than you have ever learned in your life. Impossible? Yes, I know it seems to be impossible, just as it seems to be impossible that you should make all your dreams come true.

But, believe it or not, IT IS TRUE!

Now, for purposes of clear thinking, we divide MIND---you can see that I am thinking of God's Mind, the Universal Mind of Life—into three parts, as does the elementary psychologist. He speaks of the Superconscious Mind, the Conscious Mind, and the Subconscious Mind. As I say, we do this only for purposes of clear thinking. There is, of course, only ONE Mind, but apparently three divisions of force within The One Eternal Mind of Life. Well, in the previous volume, "Awaken Your Own Sleeping Giant," we spoke of the two "minds"—your Conscious Mind and Your Subconscious Mind. In a word, I may say that your "SLEEPING GIANT" is your Subconscious Mind (and much more, that we shall learn about in subsequent volumes of this Library of Victorious Living). This "Sleeping Giant" is a force within you which (through the right direction by

your Conscious Mind) you control and command to work for you **in any way you direct,** causing your dreams to come true in your life; or (through indifference or ignorance, or both) you helplessly succumb to its vagaries. You should be sure, in considering the immeasurable power of your Subconscious Mind, to understand the following vital points:

First: The Subconscious Mind has no faculty of reason or judgment; it does what you tell it.

Second: The Subconscious Mind, under the direction of your CONSCIOUS Mind, has all the power to do whatever it is directed to do; it accepts as true, without judgment, what you tell it.

Third: The Subconscious Mind is analogous to the power which drives the ship through the water; it does the work, provides the energy, the force, that keeps the mechanism of the body at work 24 hours a day, 365 days a year, for 60, 70, 80 or 100 years without rest—you (the Conscious Mind) do the commanding.

Fourth: The Subconscious Mind: believes what it is told without question, and faultlessly works accordingly. When you make your decisions, through your Conscious Mind, it sets to work instantaneously, and the result is bound to materialize—it is your own creation, which you cannot avoid.

This is YOUR SLEEPING GIANT! What you read here cannot possibly be overemphasized. And what I have said about your Subconscious Mind affects EVERYTHING in your life.

In this volume, however, I shall deal specifically with WHAT YOU SAY; because what you SAY, no matter how positive and wonderful and imaginatively constructive it may be—it may, indeed, seem fantastic—is a command by your Conscious Mind to your Subconscious Mind, which

(having no faculty of reason or judgment) goes to work immediately to bring about in your life what you say, obviously a command. And, of course, if what you SAY is negative and heavy and dark and destructive, the result in your life will be in exact correspondence. Read these lines over and over.

You stand in the very Presence of God: You listen to the holy fiat of God's Eternal Spirit within you! WHAT YOU SAY YOU BECOME!

Another point: Seeing that no matter what YOU decide (right or wrong), the Subconscious Mind at once accepts as true, and seeing that your Subconscious goes immediately to work to bring it into manifestation in your life, how vital that your decisions and commands be based on TRUTH and your **right understanding of Truth!** I quote from "Awaken Your Own Sleeping Giant":

READ THIS VERY CAREFULLY

First: Your understanding must be Right Understanding; otherwise your Subconscious will be wrongly directed.

Second: With right understanding established within you—right understanding of the Truth of the LAWS of Life—you are much more likely to be thinking constructively most of the time, and your act is (by established habits) much more likely to bring you health, happiness, success and all blessings of the higher things of Life.

Third: With right understanding established within you, your resolution to do whatever you decide to do will be eminently effective; there will be RIGHT Resolution, and when your RESOLUTION is the expression of your right UNDERSTANDING, you are on your way to self-mastery and self-realization.

Fourth: Thus, by habit of thought and feeling and action, you AWAKEN THE SLEEPING GIANT—your Subconscious —to work for you in truly constructive instead of destructive channels; and your life gradually becomes the reflection of the SUPERCONSCIOUS MIND, and you gradually are the master of all your life conditions on all planes of your existence.

We shall now go into a consideration of the simply unimaginable creative power you possess in your SPEECH—what you SAY!

PART I: "IN THE BEGINNING WAS THE WORD, AND THE WORD WAS WITH GOD, AND THE WORD WAS GOD"

. . . . .

Man's Third Cycle of Expression—Right SPEECH

. . . . .

There are very few people who have never heard the above quotation from the first chapter of St. John in the Christian Bible. Of the many to whom the quotation is familiar, an extremely small percentage really know anything about the true meaning of the words.

If I were you, and a Bible is handy, I would read the first five (or perhaps the first fourteen) verses of that chapter. You have read these words: "And the WORD was made flesh, and dwelt among us; and we beheld his glory, the glory of the only begotten of the Father, full of grace and truth."

What do these words mean?

(a) The WORD Is The Voice of the LOGOS

The "WORD" is the Logos. In 1950 I published a book

entitled "The Voice of the Logos,"* and immediately I began to talk about it people asked me, "What is the Logos?" I was surprised that so few people knew the meaning of the "Logos," as I am that so few people know the meaning of the "Word." Perhaps I should explain here that its meaning is obscure, though the word "Logos" has always been used in all ancient and modern philosophy and theology. It is a Greek word defined as "the word or form which expresses a thought; also the thought." It is the "rational principle of the Universe." It expresses the truth of an immanent reason in the world and inseparable from it. The "Logos," like a law of Nature, objective in the world, gives order and regularity to the movement of things and rationalizes All That Is. It is basic, fundamental, immovable, immortal. In a word, the "Logos" is of endless duration. It is Man's perpetual teacher—deathless, imperishable, immortal. It is the Deity of all religions, the Supreme Soul or Essence of the Universe; the Trimurti or Hindu trinity; the Buddha, the Blessed One, of Buddhism; the Lord of Wisdom, the King of Light, the Guardian of Mankind of Zoroastrianism. The "Logos" is the Word made flesh. The Logos, then, is what is called God's Voice, the WORD made flesh. The beginning of the First Chapter of St. John would, therefore, read:

"In the beginning was the LOGOS, and the LOGOS was with God, and the LOGOS was God.

"The same was in the beginning with God.

*"The Voice of the Logos," available from the Publications Dept., The Institute of Mentalphysics, 213 So. Hobart Blvd., Los Angeles 4, California, U.S.A. $3.00

"All things were made by the LOGOS; and without the LOGOS was not anything made that was made.

"In the LOGOS was Life; and the Life was the Light of Men."

(b) What We SAY We Become

That we may lay a foundation for what we are to consider together, I would ask you to contemplate these three paragraphs:

"You can only truly possess that which you understand, and that which you do not understand you do not possess. Until you perceive with your own understanding, you are as void of knowledge as you were before. I emphasize the importance to you, as a true seeker, of recognizing that it is YOUR UNDERSTANDING that sees and hears and finally leads you into knowing (knowledge)—thus your understanding orders your life, causes you to act, and actually rules and reigns in your life.

"This is the FIRST step—'Right Understanding'—and it is clear to see that all subsequent steps can perforce be only as strong as your first step.

"For example, in your second step—'Right Resolution'—you can only resolve as strongly and rightly as you understand rightly. So it is in the third step, which we consider in this little volume—in 'Right Speech.' In the first two steps—understanding and resolution—nature still holds her secrets inviolable. Here you are in the secret place. But I am sure you are aware of the great truth expressed in the first five verses of the first chapter of St. John, regarding THE WORD . . . the Omnific Word, the Deific Word, the Creative Word (the Logos)' . . . being the foundation of all creation."

(c) Speech Is the "Miraculous Substance" of Life

The word—Speech—is the "miraculous substance" of Life Itself.

Now, "In the beginning (imaginatively, the beginning

of Creation) was the Word, and the Word was with God, and the Word was God." Can anything be more categorically clear than that? . . . The same was in the beginning—in the beginning, in the essential Silence, in the irreducible irreducibility, in the center of the center of the center—in the beginning, the same was with God. . . . "In the beginning all things were made by Him and without Him was not anything made which was made. In Him was Light and the Light was the life of men, and the Light shineth in darkness and the darkness comprehended it not."

As you read those five sentences you may get mixed up—or some people may—with pronouns. But what is referred to is "the Word,"—**and the Word Was God!**

(d) Watch What Comes Out of Your Mouth

Now, I invite you to think with me as we go along. This is not by any means the easiest subject to contemplate. You may have to read several times before you thoroughly understand what I am writing.

Your speech is the connecting link between your thought and your action; words often obscure the truth within one's own mind, and often give a false impression to those that hear them. In the Buddhistic formula, the aspirant is impressively informed that he should always restrain his speech—that it should always be characterized by wisdom and kindness—that it should never be prompted by prejudice, fear, anger or self-interest. Careless, idle and

flippant words should be avoided. Invidious distinctions and discriminations, and dogmatic assertions and negations should likewise be avoided.

And it adds: "Words that are liable to cause hard feelings, such as repeating scandal, mean or angry words, words that deceive or cause misunderstandings, should never be uttered."

There is a much more important reason for all this advice, however. In philosophy, advice can be put into words and even given to the student, but it is only in **practice** that the student can come to truly know that "miraculous substance" which Speech is. Not alone in the Christian Bible, but in all sacred books, it is declared that what cometh out of the mouth is that which defileth a man. It would seem that what goes into his mouth—his food, to which great importance is attached in the early stages of any true occult training—would defile the man; and this is true. But of far greater import to a man than his food is his Speech—that which cometh out of his mouth—for his speech maketh the man what he is.

Speech is the creator of your universe. With the issuance of the Creative Word—Right Speech—you are given command of the Life-Giving Principle, which is nature's royal secret.

The faculty of Speech distinguishes Man from all other forms of life with which you are familiar. Speech, as you must admit if you think deeply upon its power, is the greatest mystery. Of all mysteries it is the most wonderful.

Though this secret is hidden from the understanding of the profane, Man not only finds the essence of the divine nature through Right Speech, but is able to manifest the divine nature in his life.

How or why this is simply cannot be told; it must be learned. We learn it in awakening the SLEEPING GIANT within us!

(e) The Magic Spirit Creates Manifestation

, The ancients declared it, but they could not explain it. And though for generation after generation all up through Man's advance every teacher has made the same declaration, none has been able to offer explanation or make any true definition. As I write at this moment to you, I know that, in making this declaration that "your speech is the creator of your Universe," I, too, am not informing you unless in your inmost spirit you are enchanted with the truth hidden in these words. In other words, I know that unless by the simple light of your intuition it becomes clear to you, I am impotent to tell you.

Speech is the magic spirit that creates Life's Manifestations!

This is a simple sentence. You can understand the words. You may even understand their intellectual meaning, but it may take years to realize their Truth. All people who think can at once see that spiritual Man is created of the earth, and lives by virtue of the air, for there is in the air a secret miraculous food of life. That also is

a great secret. On a very much more subtle plane, we have the same principle in Speech. As air (breath) is Life, so **SPEECH** is the magic spirit that creates Life's Manifestations. How? Yes, well may you ask! The only correct answer to that question, however, is "Go and find out!" For it cannot be explained by one man to another. The eyes of the wise look upon nature otherwise than the eyes of common men.

Speech, I repeat, is the magic spirit that creates Life's Manifestations! You learn the Truth by the right practice: SEEK—then you find!

(f) Speech and Atomic Power Identical

Speech is atomic power—yes, as powerful as the atomic bomb, and speech has similar power and works in similar principle as the atomic bomb. What do I mean?

Well, we know that the power of the atomic bomb is the same mysterious power that keeps the Universe running. It is the same mysterious energy that has kept the sun and all other stars burning and shining for millions of years. It has been aptly said that this energy is what mysteriously holds together the infinitely small cores, or nuclei, of atoms, being the tiny building blocks of which the Universe and all that's in it, are made. We know that when atoms are broken up, energy is unleashed. Man has so far learned to release this energy out from the atoms of one kind of uranium and a few other elements. How does the atom bomb explode?

Well, you have seen a boy with a string of firecrackers, all of which are exploded at the result of his lighting the very first one.

The same principle is followed in the atomic bomb—a tiny neutron, fragment of an atom, is shot into the nucleus of an uranium atom—this atom splits into two parts, and a few neutrons fly out of its core—they in turn smash into two uranium atoms, both of which in turn are broken, and the neutrons that fly out from these two cause four more to explode—these, of course, explode eight more—these eight explode sixty-four—and so on. Roughly, this is the way the bomb explodes at incredible speed, releasing unimaginable explosive power.

(g) Right Speech Your Greatest Blessing

This, too, is the way the Universal Principle operates. **It was the same with you, with your body.** At the instant of conception two forces met—two exploded into four—four to sixteen, and so on . . . and the result, your body!

It is the same with your Speech. Speech is the magic spirit that creates Life's Manifestations: but who can explain it?

Of course, even what I am now saying will not be understood by the uninitiated. To the average person it is simply not understandable that what he **says** materializes in his own world, and that his own world is created by his own word. Yet it is true. Some people will be able to understand the symbology of Right Speech, though they

cannot see the full meaning with exactitude. Man is peculiarly liable to misinterpret the phenomena around and within him. What he sees he talks about. If he sees inaccurately, his conversation will be correspondingly inaccurate and erroneous—and the **effect** of **his speech** will be that his whole world, through this gradual process of contamination of the Truth of his being, will be untrue—though real to him. In short, his life will be a continuing illusion.*

Right Speech is also the greatest blessing to mankind, yet of all his responsibilities the most dangerous. It is terrifying to contemplate that, as Man has evolved through all the lower kingdoms of existence, unless he uses speech RIGHTLY in his own Human Kingdom, he may wreck his very hope of unfoldment. Contrariwise, if as a philosopher, he knows the mystery of RIGHT speech, he may lead himself into all the beauty and bright divinity of Wisdom, and help himself onward to enjoy the glittering treasures of Wisdom's creative power.

(h) We Never Say Fully What We Mean

I wish that I were able to tell you precisely what is in my mind. You have probably said that many a time and felt the same. Have you ever thought that, with all your

*If you are in possession of the Little Book that precedes this one (Volume 9—"Awaken Your Own Sleeping Giant") turn to pages 6 and 7, and read carefully what is explained regarding your Subconscious Mind. Then contemplate how vitally important it is for you and me to be RIGHT in our SPEECH, and how our Subconscious Mind is impressed —for good or ill.

power to speak, with all the opportunity given to you to extend your vocabulary **ad infinitum** in all the languages of the world, you have never been able to say exactly what you mean? No person, no teacher, no philosopher has ever been able to do it. We are not able to write what we mean. Even Jesus, the Great Master of all, was, in my opinion, woefully lacking in saying what He meant, but we can find what He meant **as** we seek. But **only as** we **seek,** not as we are **told,** do we find. If I tell you something, you will forget. If you tell me something, I shall forget. But if I work to find it, it becomes my own, and I remember it.

As I write I literally tremble. I seem to be able to inwardly know the Truth. I seem to be able to feel its meaning, and, therefore, I seem to be able to know it, **to know that I know it;** yet, **I cannot say it!** So we must be patient with each other—we must each SEEK to find the Truth that "Your WORD is Your Creative Power."

A child is born . . . it makes a noise. All other living things are born . . . they make a noise. **How do they make that noise? Well,** how do YOU produce sound? By opening your mouth and closing your mouth. If you were what is called a mute, you might be able to issue sounds; the variation in vibration of those sounds may be considerable, but what you would have in your mind would, generally speaking, be unintelligible to me unless I had developed myself far beyond sound, and had come into the heart of Spiritual Speech, which is the Silence. Then I would know.

(i) Mouth the Greatest of the Seven Holes in the Head

But you will notice that every living thing that speaks . . . that issues a sound . . . **does so through the mouth.** There are other sounds that issue from the body, but we are speaking of **"Right Speech,"** and the aperture, the emptiness, the hole through which **right speech** emerges is the mouth. That is the purpose of the mouth—one of the seven holy holes of the head. It is quite true that we eat through the mouth. But in its higher significance, the mouth, and the mouth alone, is the one place through which the Wisdom of Life flows, through Speech, according to our own evolutionary development.

Then, **what is Speech?**

There is only **one sound.** That is the sound that all living things make when, having breathed, they open their mouths and sound rides out on the breath until there is no breath left. Then they shut their mouths—sounds have been made. You say **"A, E, I, O, U,"** or you may say, **"Ahhh,"** and the sound will go out only so long as your breath is sustained in your body. It cannot be sustained longer than that. **Speech** . . . and remember, I am not speaking of languages . . . is sound! Speech is the Deific Word . . . it is the Omnific Word . . . it is the Creative Word! **It is that which issues forth from you and causes everything in the illimitable, unimaginable Universe to be quickened, to be vibrated, to be set in motion, in exact correspondence to the quality of your thought, to the**

force with which your Speech is sent out; and the inward vibration that we call Speech causes itself, as it must, to vibrate in the great Universal in exact correspondence with what it is within you.

That may seem a bit profound, even fantastic, but I hope you can follow me.

PART II: YOUR SPEECH IS UNIVERSAL IN ITS POWER; SOUND IS THE SPIRITUAL ESSENCE OF CREATION— WE BECOME WHAT WE SAY.

Now, sound is exactly what the force is within that atomic bomb, the size of a tennis ball; and the force operates in exactly the same way. Perhaps I do not know enough scientifically to be able to put it into scientific language for you. Similarly, you may not know quite enough, even if I did have the knowledge and use of what is called scientific language, to be able to understand. But I believe that we can all **see** the idea.

(j) Vitally Necessary to Speak Rightly

I speak . . . (I speak with great emphasis). **I speak again . . .** (I lower my voice and deepen my tones). There is a great difference, is there not, between these two sounds—the one loud the other soft. You will have noticed that some people are very rapid speakers—the rapid speaker is always difficult to follow. There are some people who are very slow speakers—they stumble over their

Speech, and the result is rather a mumble-jumble. At the same time, whether you are listening to a very rapid speaker or to a very slow reader, you will understand, not through him, nor necessarily what he says, but **through yourself;** and though he may falter and constantly fall into error through what he says . . . his sentences may be ungrammatical . . . he may choose wrongly in words that make up his vocabulary . . . but **if you are attuned to the inwardness of him,** you will understand.

Sound, my Friend, is circular in its action and effect. It goes out in waves. We see that in the radio, and we all know a lot about sound in the radio and so on. But sound actually begins **within us.** What **I say** becomes me: it may conceivably somewhat become you. It can only become you, however, to the degree of the exact correspondence, not of your intellectual understanding of the sound (or words), but **of the correspondence of the spiritual essence that exists in me and in you! If the correspondence be true, then there will be no need for Speech. We will then be bathed together in unison and in union by the Holy Spirit . . . by The Thing That Is.**

(k) Certain Occult Aspects of Power of Sound

But sound of itself is circular in its action and effect; in its constituent make-up, it is staggeringly self-protecting. You issue a sound . . . any word . . . and if it were possible for you to have sufficiently cunningly devised instruments to measure it, you would be able to divide that sound into

its constituent parts almost **ad infinitum.** You would find that the sound . . . any sound . . . is made up of an infinitely illimitable number of triangular constituent parts —we may call them sound granules.

You hear a person speak sometimes and the voice is uneven, the sound is broken, the voice is hard and rough and raucous. That is because, through slipshod habits of speaking, that man has not watched his speech, and he has, most of the time, said things that do not conform to the true spirituality of his own being.

In other words, he has told what is called untruth. The result has been that the whole mechanism of his sound has become unordered and uncontrolled.

You would find, if you had this intricate instrument that I have imagined, that those triangular granules do not fit perfectly closely, as pieces fit perfectly rightly in a jigsaw puzzle — as all the infinite granules or emptinesses, or cracks, or leakages (use whatever word you like) in and between these triangular granules of sound, when present, cause a vacuum. Then, no matter what the man is saying, you know, if you be a sincere person, that he is not worth listening to . . . what he says is "wind in the ear" . . . there is no sincerity behind it . . . if does not make sense . . . so, you pass him by. Contrariwise, in the philosopher, you find the man who truly has endeavored to learn. To learn what? To learn the Truth of Life, call it what you like. You will find that that man's voice is harmonious and true, and unaltered, and unchanging, and no matter what particular tone may be employed,

what he says will always be known to you in your Spirit and in your intellect to be harmonious and rhythmic and true.

(I) Order Your Speech and You Order Your Life

Let us take this cunningly devised instrument that we imagine and go into our laboratory, where we will divide up a sound. We can only do that in our imagination.

What happens when Speech goes out? Well, imagine that you hear me speaking to you now, as you read. In your mind there will rest the feeling, "He knows what he is talking about," or "He does not know what he is talking about," or "What he says makes sense to me," or "What he says does not make sense to me"; and that, of course, is your privilege. **But you will know.** Yes, but **how** do you know what I am saying? "Well, now," you may say if you be not simple enough to see my meaning, "do not insult my intelligence! **I hear** what you say." But have you ever thought **how you hear?** What is the process that goes on in you, as the hearer, to be able to understand me as the speaker—and if you were speaking and I were listening, what is the process that goes on within you to know that what you say will be understood by me who am the listener? The uninitiated person, of course, would laugh at me for the apparent simplicity and childishness of my Speech right at this instant.

But in it there is a great secret! There is a great mystery! There is an unimaginable force! It is something that, be-

cause most people are always loosely speaking, operates in a manner detrimental to their spiritual unfoldment, though they do not realize it. From the mouths of most people, words come out like potatoes rolling out of a barrel; and then, when they have spoken, very often, the words are forgotten (as they say). That is perfectly true . . . forgotten by themselves and forgotten by those who hear. **But the effect becomes incorporated in the life of the speaker.** It remains with him, becomes part of him! Thus the great majority of human beings do not learn **how to order their Speech that they may order their lives.** They are entirely ignorant of the amazingly miraculous power of sound, not alone in their body, but in all levels of their existence.

(m) Practical Experiment in Feeling Effect of Your Own Sound

And yet, to anybody, no matter how ill-informed or non-informed he may be, to understand this he has but to place his right hand over his throat and issue any particular sound, and he will be able to feel, if he be capable at all of feeling differing vibrations, the effect of his sound in his being.

Try it, if you have never done it before. Sit quietly, and place your right hand over your throat, and begin to speak. Instantaneously, you will feel a tremendous vibration, and with practice you will be able slowly to order and change and coordinate that vibration. You will be

able, through the very hand of you over your throat, to analyze and measure the emotional value of what you say. If in anger you were to speak, you would feel a totally different vibration under your hand, seemingly only in your throat, but the **effect** of the sound in anger will nevertheless be felt (created) right through the body! The **effect** will also be felt right through the mind! After a little while, if you talk in anger, you literally are transformed from what is called a human being to a thing of anger. You will be anger personified.

Contrariwise, if you speak in love, in wisdom, in strength, in That Power that sustains the Universe . . . that keeps it unaltered . . . that keeps it unchanged . . . if you speak in That Power that we so far have unleashed in atomic energy . . . everything will be in rhythm and peace and youth and beauty and love, and all that we can visualize individually as Light in Its quintessence will be built into the body, and of course, the mind.

(n) Your Speech Is the Womb of Your Power

But I confess that I cannot "explain"—and I am grateful that you, too, could not explain to me—we must each find out for ourselves. **That,** I think, is the grandest of all (speaking in ordinary language) of God's mercies unto Man. **There is nothing that is hidden; yet, all is hidden! BUT AS WE SEEK, WE FIND!**

But, you see, this thing that I am endeavoring to write to you about . . . Right Speech . . . makes you strong, pow-

erful, healthy. It gives you . . . what? It gives you, in absolute coordination, the atomic power of yourself. Of yourself? No, beyond that. It gives you **the very atomic power of what is called God! in my speech . . . in your speech . . . there is identically the power that is held—sustained—within that little ball, the atomic bomb.**

It is perfectly true that we may look at each other . . . and look at each other in wonderment . . . and well we should, because IT (which we are) is full of wonder! It is full of that knowledge, wisdom (call it whatever you wish), that we have not yet begun to approach, but **we feel if within our hearts . . . we feel if within** our Being . . . we know that "all this," as the religionist says, "down below, all this earthly Life has to stop in what is called death, and after death, you go to Heaven" . . . well, we know that that is merely a legend for little children, but we know that we are greater than we seem to be. On certain occasions, when we, either by sheer good fortune (or, better, by ordered practice) prepare ourselves to undertake some great achievement, we do it either consciously and systematically in knowledge, or we do it spasmodically in subconscious knowledge. But all people have had the experience of doing something that seems to be greater than themselves. And when we do one great thing, the very atomic power within that great thing is urging us on. **"Greater and greater things than these shall ye do." . . . "I and My Father are one"** (not two) . . . not "My Father and you," but we are **ONE,** which means the same thing—WHICH YOU AND I ARE.

(o) Which Is Greater—Man or The Things That He Makes?

And so, you can see that through what is called science Man, though he may not employ the principles of the philosopher or the ways of the occult seeker, has come practically into the conquest of Life, the conquest of what God has made. **Man has come practically into the conquest of what God has made.**

Well, what has God made? "Oh, He has made this and that" . . . all the paraphernalia that we can see on this earth, and much more than we can see beyond the earth. We can see that "God has made ALL" . . . unimaginably beyond our human power to know or even to imagine—millions and millions of times more than we have any conception of whatever. That is God's work. Well, which is greater . . . the work of Man or Man? Which is greater? Which is greater, the thing that you have built or YOU?

It **seems** that in our western civilization Man, in coming practically to the conquest of the material Universe, builds things that turn upon him for his own hurt. Sometimes philosophers from what we are pleased to call "backward" countries come to the United States, and they are amazed at the paraphernalia of our civilization. And then, in their simplicity, they stand, they look, and say, "But you are afraid of the things that you make! They blow your brains out! They destroy you!" Well, that, of course, should not be, and **the time is coming when it will not be!**

(p) You Who Read Are Advised to Learn How

My dear friend, I wonder what you are thinking as you just rest for a moment right here. , Do you understand that Right Speech is the "MIRACULOUS SUBSTANCE" of Life? Do you see that the lives of human beings develop according to the pattern of what they SAY? Do you see that, if there be anything that YOU desire, it is largely because, in your thought, in your feeling, in your inmost heart, you have not "declared" it? Do you see that what we "declare"—first, in thought; second, in feeling and speech; third, in and by our action—we actually CREATE?

If you do not realize it, I shall have no quarrel with you, for I confess to you that it took years for this supreme Truth to find lodgment in my mind and life. But it is TRUE; and you can only finally come into the realization of this Truth by learning how to engage in right practices and thus search and seek for it. The result in your life will naturally be the same glorious finality of power, health, success, joy, youth and all the positive attributes of Life Itself that have come to others who have learned the way. Therefore, I most sincerely advise **you** to learn the way. I advise you to do so, because, if you do, I shall also be spiritually enriched, as will you also." (Turn to page 32 of this little volume right now, and see what you feel after you have read that message). But people are usually pessimistic about themselves and their own secret and hidden powers.

Man does not know what he actually is in his divine

origin and nature. And then, when the Truth teller asks, "Why are you ill?" . . . "Why are you poor?" . . . "Why are you not doing that which you want to do?" . . . "Why are you where you do not want to be?" . . . "Why do you have that which you do not want to have?" . . . and so on, people think he is crazy. If he were to say, **"Man, know thyself! Thou art God! Thou art God in human form! Whatever God is, thou art!"**—well, I believe the great majority of people nowadays would be inclined to doubt his very sanity.

In the remaining pages of this Little Book, I shall endeavor to explain how every thinking person may, if he wills so to do, learn the priceless secrets of Victorious Living. The secrets are secret, however, alone in the sense that they are not generally known. And all knowledge is secret and mysterious until we rightly learn—then it is to us secret no longer.

CONCLUSION: ALL SOUND IS BORN FROM THE SILENCE —ALL SPEECH IS THE MIRACLE OF GOD IN MAN.

As you begin to read this concluding chapter of this tenth of the "Fifty Little Books," read several times the following words:

"THE CREATOR IS WITHIN ME, ISSUING THE SOUNDS OF THE UNIVERSE THROUGH MY THROAT.

"MY SPEECH IS THE WORD OF LIFE. GOD SPEAKS THROUGH ME."

. . . . .

Then turn back to page three of this volume, and read

again most carefully what I wrote about your Subconscious Mind and the SLEEPING GIANT, contemplating what the Sleeping Giant actually is and how it is impressed by YOUR WORD.

This is of the utmost importance.

. . . . .

The greatest advice ever given to me was, "Have No Tongue!" I remember so well when these words were first said to me by my old Master, under whom I studied in Tibet. Like all young aspirants, I thought the only way to have anything explained to me was THROUGH SPEECH. Consistently, however, whenever I was up against a problem and I questioned him, the answer was, **"Have no tongue!"** Again, on occasion, he would say, **"Go and find out!"** That used to break my heart! It broke my heart a million times, until I came to learn that he was only mending it.

When we speak, we should always be **sure** (and that is a hard word) that we have something to say that is greater than the Silence! Consider that simple sentence! **Imagine everybody telling the truth! Imagine everybody free from all personal feeling of the need of exaggeration! Imagine everybody knowing that whatever was said by anybody else was the Truth!** It staggers the imagination! But I have noticed it in my own life, and I fancy that I have noticed it in the lives of other people, too, that when we are given the advice, **"Have no tongue!",** and we do not follow it, calamity after calamity follow us as surely as our own shadow.

Be quite sure that the words you employ truthfully and fully encompass your meaning. Just think if all newspaper reporters were to write the Truth! Of course, circulations would slump immediately. **But just imagine what it will some day be when Truth, the Living Force, will be sent out in the Word that creates! Then, Heaven will have come down!**

As for myself, though it has been a very hard lesson to learn, I have seen innumerable examples in my own life when, in retrospect, I have been grateful that I did speak; and, yet, how many other examples have I seen in my own life of the unwisdom of speaking when I should have remembered to "Have No Tongue!" But when, within our own selves, we are sufficiently trained **to know and to feel God within ourselves,** then we know that we are the right man, because **we are the "empty vessel" being constantly,** so to speak, **filled** with what we call God and God's Word of Truth . . . **God's Wisdom . . . God's Love . . . God's Light . . . all the beauty that we can think of as** pertaining to the Divine Intelligence. We find that we are the right man!—using always the RIGHT WORD we grow in righteousness.

If we be the **right man,** we shall speak the **right word!** And **if we are the right man speaking the right word at the right time, the result is bound to be right!**

I have little more to write to you now, my friend. I wish that I could have presented this immeasurably important subject more clearly to you, but **I hope that the Spirit of Righteousness, the Spirit of Wisdom, the Spirit of Light, the**

Spirit of The Thing That Is, the Unadulterable, the infinitely Effulgent Light of Life, the Spirit of God . . . call It what you will . . . **will enlighten us, and that from this day forward, we may watch our tongues! Guard your lips!**

I hope that during the coming week you will think on these things and grow spiritually in wisdom as you reflect upon **"Right Speech,"** and discipline yourself to practice it. Let us not waste our Life through **"riotous living through our mouths." Let us be still!** And then, there will always be given to us the inspiration and the aspiration to speak the right Word at the right time. . . . Peace be unto you!

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