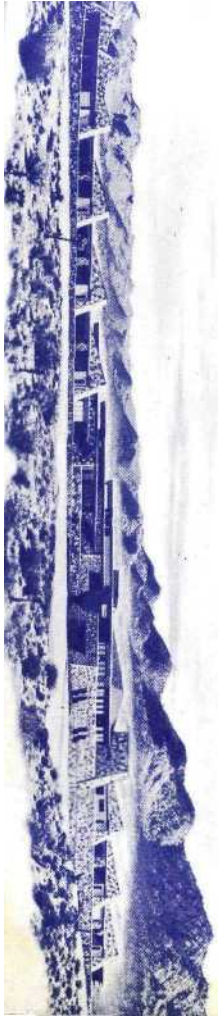

Top: Our Church in Los Angeles, Calif. Below: Caravansary of Joy at Our New City.

LIGHTING HUMAN LAMPS

LIBRARY OF VICTORIOUS LIVING

VOLUME 7

Evolution Series No. 7

The Celestial Kingdom

Final Jubilate in Man's Evolution

By

Rev. Edwin J. Dingle

Ding Le Mei

(Founder of the Science of Mentalphysics)

LIBRARY OF VICTORIOUS LIVING

The purpose of the 50 little volumes that will make up the "Library of Victorious Living" is to present to you who read a perfectly simple and ultimate plan for living a highly successful life from every point of view. Each volume is an invitation to learn—as practically as you may learn anything whatever if you put your effort into it—how to discover your own true nature and your own illimitable powers.

Throughout your life, most likely, with much running to and fro, you may have been (as I was) eagerly seeking in books and teaching, in religion and philosophy, for Truth, for Happiness, for Freedom, for God —or for you knew not what. You may today be weary, fatigued, discouraged, almost destitute of hope. Many times you may have glimpsed the Truth, and then it disappeared, and left you still hungering. Hungry, you sought in vain the Bread of Life—thirsty, you sought but could not find The Stream. Your search, my friend, is now at an end, if you have eyes to see and ears to hear.

No matter what your religious beliefs—indeed, no matter what!—that which you have always sought IS WITHIN YOU. This is Life's most sacred secret. From a careful study of these little books, it is given to me to know, you will gain immeasurable spiritual benefit. As you read, it will be to your Higher Self that you will listen.

If you are ready, as you read and study you will hear the voice of your Higher Self speaking forth from your own heart the secret of Health and Happiness, Success and Abundance, Freedom and that Peace that passes knowledge. Be patient. Be zealous. Learn to surrender into the Joy of your own LORD within you.

THE AUTHOR.

The Science of Mentalphysics
was founded in 1927

THIS IS THE SEVENTH OF THE "FIFTY LITTLE BOOKS"

Final Jubilate in Man's Evolution

By Edwin John Dingle
Founder of the Science of Mentalphysics

INTRODUCTION

The purpose of these "Fifty Little Books" is to point the way (in language that every intelligent and thinking person can understand) to the building of a stable civilization worthy of humanity as a whole. Also to show that before the ideal civilization of the world can be brought about there must come a true individual understanding of world civilization in thinking people everywhere—and this includes he who now writes these lines and you who read. In short, we have to learn what the building of the New Race for the New Age truly is that is coming so rapidly. It has come loosely to be regarded that the triumph of mechanical inventions provides a common basis for the civilization of the future, and that the breakdown of traditional systems of thought, belief and practice is the

necessary preparation for the building of a spiritual unity among all peoples.

In the Little Book that precedes this volume—its title is "Man—The Monarch of the Universe"—I remarked:

> "Civilization today is passing through a tremendous crisis, and standards, aims and institutions which were accepted less than a generation ago are challenged, are rapidly changing. The mind of the human race is tragically conscious of uncertainty, fear, dissatisfaction with existing economic and social conditions. There is an unconscious yearning among all people for a new order which is not realized, and while there is no dearth of ideals there is no blueprint for the future. Confusion of thought exists among individuals in every nation, yet, while what is called the United Nations seems to be tending to function *as* one organism, its supposed outer uniformity has by no means resulted in an inner unity of spirit, mind or action."

Why has this outer uniformity not resulted in an inner unity of spirit, mind or action? If we leave aside the fanatics with whom no argument is possible (and, as I write, I have in mind the fanatical vetoers in the U.N.), there is a feeling among an overwhelming percentage of human beings that mankind in all its extent and history is a single organism, capable of a progress to which none dare set any bounds. This is undoubtedly true. As Dante proclaimed: "There is not one goal for this civilization and one for that, but for the civilization of all mankind there is a single goal." Also undoubtedly true. Not a common tongue, not a common creed, not a common government, or that all people on the earth shall follow an unchanging pattern in customs and manners. Geography will determine all that. No, the unity of civilization cannot be found, and should not foolishly be sought, in uniformity

but in harmony, in toleration and not absolutism in any form. The faith of the future—and surely we recognize this even in our own country, among our own people—is in cooperation.

To develop cooperation, even in a single family, is not easy, unless there be a common ideal, founded in justice to all members of the family.

Let us assume that we Americans have a common unconscious national ideal—I admit it is a courageous assumption. How many Americans can rightly define it?

We may all call it Democracy, understood by us all as the self-government of the community. How far have we slipped, however, from the early ideas of our forefathers that to be least governed is to be best governed! Individuality, we say, is sacred; each individual should be allowed to develop his nature; each man and woman should be able to get near to the highest he is capable of . . . all of which every American in his own way will endorse. Equality of opportunity is, we all admit, a sound social ideal. Americans, all in their own way, declare that we must remove the barriers of ignorance and poverty among all people in the world. We must allow art and knowledge of the higher things of life to penetrate into the heart of every American—and, many democratic idealists declare, into the lives of all people on the earth. But it is obvious that what is considered to be Democracy is not a natural state (even among ourselves), but an ideal to be achieved through effort and education.

We Americans, grossly misunderstood, should have

learned that the growth of true democracy and peace of the world depends not so much on signed documents and paper conventions, economic treaties and political combinations as on the drawing together of the minds and consciences of cultured men and the growing interchange of knowledge and ideals. We Americans have learned as much as any nation on this earth the blessing of the sanctity of human life. We Americans declare to the world that our national aim is the redemption of the whole of humanity, irrespective of race or nationality. But few nations believe us when we make this declaration, and sneeringly point to the political inconsistencies and social disorders in our own national life, while they accept the international material bounty which America so lavishly bestows, unparalleled in history. We Americans recognize the interdependence of nations is rapidly increasing. Faith in the destiny of humanity fires our nation—as it does some other nations—with enthusiasm to withstand aggression, injustice and oppression wherever they are found. This is our American idea of true Democracy. There are some other nations who make the same claim, though it is clear to see how very far apart are their **actions** from our own—and we should freely admit that we have much to learn from other peoples. But with the world in the condition it now is, what need is there for me to write in this way! WE **KNOW** how Communism has spread her tentacles throughout the world in her diabolical, lying propaganda and her diabolical destruction of human freedom. Our Democracy, above all, means freedom.

Can there eventually come "peace on earth" and "good will to men?" You answer in the affirmative, and so do I.

These "Fifty Little Books," it is hoped, will inspire people like you and me; leading us rapidly into a knowledge of our own divine estate, showing us our mission on this earth in our own day and generation.

PART I: CELESTIAL KINGDOM IS THE KINGDOM OF LOVE . . . LOVE IS WHAT THE UNIVERSE IS MADE OF . . . LIFE ITSELF IS LOVE

This seventh volume in the "Fifty Little Books" ("Final Jubilate in Man's Evolution") is the last in the Evolution Series.* The seven subjects covered are the seven cycles, the seven kingdoms, of what may be called God's expression in the Universe, as follows:

The ETHEREAL Kingdom	The VEGETABLE Kingdom
The SIDEREAL Kingdom	The ANIMAL Kingdom
The MINERAL Kingdom	The HUMAN Kingdom

The CELESTIAL Kingdom

(a) Man's Journey to Universal Consciousness

These seven kingdoms show the Structure of the Cosmos. Tens of millions of years, as we measure "time," lie between or separate these various kingdoms. The interval represents Man's struggle and progress from prehistoric eras to the dawn of history. The Human Kingdom (which

*The titles of the six previous Little Books are to be found on page 31.

was dealt with in the last little book, "Man—the Monarch of the Universe") is the First Conquest. That means to say that Man (you and I), with the promise that he shall "have dominion," has begun to arrive at the stage of universal consciousness where he may, **if he will,** realize himself as actually the vehicle of what is called God for the full expression in the world of the Universal Mind and all that It is.

There is nothing impossible to Man—when he has learned the way. Bearing in mind that God's evolutionary timepiece registers in millions of years, the imaginative man can hope for divinity—complete unity with the Universal Mind—to be ultimately universal in The Human Kingdom. Though not fully grown by any means, Man is the Image of God (made in the Image), Man is of God, is potentially what God's Wisdom is. In the Human **Kingdom,** Man stands in the place he has triumphantly grown into, through the laws of evolution, where he can, if he will, learn God's Way and live God's Law, which, when naught else enters his consciousness, makes Man the co-worker of Life with God. From the **Ethereal Kingdom—**the Great Beginning, to the **Human Kingdom**—the First Conquest, the differentiated particle of God's Life which we call Man unfolds through wisdom. Within him are all the attributes and qualities of all the subhuman kingdoms, within him is the full potentiality of the final **Celestial Kingdom**—Heaven on earth. Man is no longer an organism: he is an intelligence served by organs. There is one temple in God's Universe and that is Man.

(b) Man's Own Ignorance His Only Enemy

Man is the jewel of God, and when grown into the "IMAGE" in which he is made, Man becomes as God—"I and My Father Are One!" They that deny God destroy Man's nobility.

Man's natural enemies, however, are not men, but the powers of darkness (ignorance) which still throttle the Godlike qualities in men. No matter what may be thought or said to the contrary, Man has shown, in many avenues of his general advance in knowledge and how he uses his knowledge, that he is made in the Image of what is called God . . . and GOD, all religionists agree, IS LOVE. But it is generally believed that mere book-learning is knowledge, which of course it is not. Some 3000 years ago a wise man said that a student who acquires his knowledge by much reading is like an ass with a load of sandalwood on his back—he feels its weight, but he does not know its value. Man generally does not know his own true nature, nor the nature of the Universe of which he is a part, nor of the Creator of the Universe (in whose Image he is made). The "Final Jubilate in Man's Evolution" is (a) that GOD IS LOVE; (b) that Whatever Is, Man Is . . . Man is God in Human Form.

(c) Man's True Home Is the Kingdom of Love

Therefore, just as the culmination of all the Kingdoms of the Universe may be called The Celestial Kingdom, Heaven, the Elysian Fields, Nirvana or any other name you

care to employ—just as the "outer" Universe is the epitome of Man's whole nature in The Thing That Is (God),—as God is LOVE—so we see that Man's highest imaginable spiritual state, Man's true home, is the Kingdom of LOVE. The interdependence of nations is, it is true, increasing rapidly. Faith in the destiny of humanity fires a great number of people of all faiths to fight against oppression and injustice wherever they are found. But worthy ideals, as we see so clearly today, are not enough. A working technique is also necessary, and the only foundation for this working technique is LOVE. No matter how "impractical" or "irrelevant" such a statement may appear in the welter of world chaos today, it is the only final way. The whole of humanity must be imbued with a love of humanity. A very large order, is it not?

How can it be brought about? Only by spreading the Light of the Eternal Truth with which these "Fifty Little Books" *are* vitally concerned, teaching men what God is, what Man is, and that Man has before him in the unchangeable and imperishable order of the Universe his only way of true spiritual progression toward what he may call Heaven on Earth. Each human being, no matter what his creed or color, can participate in the process of creating a better world, by understanding the purpose of the Universe and identifying himself with its Laws. What Laws? There is but ONE Law in the Universe—and that is the Law of LOVE. Many will disagree with such a statement; yet the ONE Law remains—why does it remain, and ever will remain? Because THERE IS NAUGHT BUT GOD, and GOD

is LOVE. Because Man, too, made in the Image, is Love; though there is abundance of evidence in the world of men today seemingly giving the lie to this one Truth that is ETERNAL.

(d) Man Has Choice of Renouncing Life's Secrets

Man's loftiest conception (yours, mine) of God is **LOVE**—loving his neighbor as himself, loving the Lord Thy God with all thy heart and with all thy soul and with all thy mind.

We have the option, the liberty, the choice of loving—using the divine substance of which we are made, living for others and spreading true knowledge of Life's secrets, or of living for and to ourselves and spiritually rotting in our own selfishness. The **Celestial Kingdom** exists nowhere if it be not found in your own heart.

The **ruler** of the **Celestial Kingdom** is LOVE (God), who constantly beckons us to follow him, and though he may wound, we needs must be wounded to make us pliant and free from selfishness and materiality to live in his kingdom.

To enter the Celestial Kingdom, if needs must be that we have passed through our own crucifixion, else how can we know our resurrection into Heaven within? Love needs must purify us from the depths of our roots of Life to the topmost branches of our spiritual splendor; hence Love's pathway into heaven is variously paved with sad misgiving, sorrow and regret and pain and acute aching of the soul . . . and the way is often long and treacherous,

for we wound ourselves by our meager understanding and practice of God's Love. Yet, at long last, after we have suffered enough and bruised our aching heart enough, and rebelled enough and turned away from comforting. **Love baptizes us;** then we find that love is sufficient unto **love. Then do we find our Heaven on Earth, the CELESTIAL KINGDOM in our own heart.**

(e) Truth of Love from Standpoint of Science

Approach the truth of the **Celestial Kingdom**—this mystic yet most "practical" Kingdom of Love—from the viewpoint of **science,** and we find at last, as we must, the transcendental reality of GOD IN ALL and ALL IN GOD. Science—the knowledge of God's works—may transcend time, may transcend space, may crush billions of years into a few moments, but all that science has so brilliantly done and still will do in the future is to lead Man into **God's Living Presence in the Celestial Kingdom,** into his own inalienable birthright. Science has done much and will still do more. Seventeen hundred years after the birth of the one majestic Symbol of God's Love—Jesus the Christ—the human race as a whole was not much more advanced than in 1700 B.C., but, in the two hundred years following, Man bade fair to come into the promised "dominion" in his terrestrial home. We may trace the science of ancient Egypt and of China, Man's development in Babylon, what the Greeks did, science in the Mohammedan world, during the Middle Ages, down through the age of Francis Bacon to the discoveries of Kepler, Galileo and Newton, right **on**

down to the discovery of evolution and the transformation of human thinking, down to the marvels and miracles of today, and **we find that the net effect of science has been through those few hundred years to lead Man to God and the Celestial Kingdom of Love.** Every scientific discovery is just one more "secret" of the Universal Mind of Life Itself, which men call God . . . Love showing Man her nature.

Think, then, what Man may develop into in the one to two hundred million years science tells him he is still to dwell on his planet! Man is on his way to the Celestial Kingdom—a fact of Life incontrovertible, unanswerable, the final truth.

(f) Truth of Love from Standpoint of Philosophy

Approach the truth of the Celestial Kingdom from the viewpoint of **philosophy,** and you find the mystical answer to all your longings and hopes and intuitional impulses, leading you straight to true religion and a divine union with the Universal Mind of Life, with God, the Ruler of the Kingdom of LOVE.

LOVE is the light of the flame of the Celestial Kingdom. As Man is the full potentiality of God, as all the principles and substances of the sub-human kingdom exist within him, so is he possessed of all the principles and substances of that of which the Universe is made—Love (though it does not seem to be). The flame of the Celestial Kingdom —LOVE—is ever radiating its reflections into Man's consciousness, and, though it may not yet appear to be so,

Man is made of Love. LOVE is the full joy of The Lord (the LAW)! LOVE expels the dross of Man's earth nature! LOVE overcomes sorrow! LOVE casteth out fear! But the fears that beset human lives are legion. No attempt can be made to enumerate them. A human being is the most glorious thing, yet most inconsistent. A human being can so inspire himself to hope and believe that he can (and does) lift himself on high; yet no living thing can be more prosaic, indifferent and consistently incongruous in thought and action than a human being, nor so slow to move away from tradition . . . **BECAUSE OF FEAR**—naturally of his own thinking.

(g) Fear Keeps Men from Gaining Knowledge

The reason that I write this is not to infer that **you** are still in the shadow of fear and tradition, but to emphasize that you and I (continually hemmed in by people in this low state of consciousness) should unceasingly give thanks that we are **emancipated.** Once we were like those people who crucified the saviors, flogged the discoverers, persecuted our deliverers, and murdered the wise—but we did not KNOW; that was all. AND UNTIL HUMANITY GENERALLY COMES TO KNOW, BEYOND ALL DOUBT, THAT MAN'S HOME IS THE CELESTIAL KINGDOM, MAN CANNOT MOVE FAR FROM THE DELUSION WHICH ENSHROUDS HIM. Fear keeps men from gaining true knowledge.

Free Man from Fear and he becomes a god. Love **alone** casteth out fear. We—you and I—should be the arch-optimists among men, if we can rightly claim to practice

loving our neighbor as ourselves. Free Man from fear, and we find, through the emanation of the Light of the Celestial Kingdom of Love within him, that he is GOD IN HUMAN FORM. If it were possible to determine the actual origin of all that Man has achieved, it would be found that the inventors and artists and writers and engineers and doctors and preachers and teachers would never have done what they did, had it not been for freedom in mind and action, without fear of themselves—which, in essence, means trust in what is called God. Trust in God comes from trust in **men!** God in **Man** (with a capital M) is universal and free: my idea today may become yours tomorrow, According as we use our divine energy rightly do we climb to the heights of the Celestial Kingdom of Love, in which we potentially live now. The hem of the garment only has been glimpsed, the veil has not yet been lifted; but Man is on his way to the rending of the veil, behind which he will look upon the Way of God that he may so surrender to it that God's Way and Wisdom will become his own.

The truth is that Man is in Heaven now, is in Eternity now, is ETERNAL now—but he does not know it—hence his life is so fearfully different from what he desires.

If what is called "hell," the reverse of Heaven, persisted, then Man would be, indeed, without hope; and a man without hope is already dead.

(h) We Are in Heaven NOW!

My one thought as I write is that you and I **are** in **Heaven now!** If we will be sufficiently humble, we can see

that we are in Heaven, this quality, this state, this condition, **now;** we are in whatever it is **now.** We cannot escape from it. It is eternal. As IT—that in which we live and move and have our being—is eternal and unchangeable, so **we,** a part of its essence, are eternal, unchangeable. If IT be one thing and we another, then IT is not what we claim it to be. We are one and the same with IT (with God), indivisible in IT, for The Law that has built this Universe is inviolable. We either are IT **or** we are not. We either are in Heaven now (use any word that you like) —as we have ever been and as we must always be, or it is an outrageous lie. You **see** that; of course you do.*

But you know that it is not a lie!

We are in IT; It is in us! I hope, my friend, that you have had the experience of the miracle of being in love! You are able perhaps to carry your mind back to the very first time that you became cognizant of Love. At first you were, perhaps, very shy about it; you were, perhaps, a little afraid of it. It was so overwhelming and so glorious, its Light within you made you see Life and the things in Life in a way very different from that in which you had previously seen them. You **knew** that you were in love, and then, secretly, you kept it in your heart and it **shone through you.** Anybody seeing that boy skipping down the lane, going to meet his beloved, knew that "something was up!" Not only did he feel and become different within himself, but something shone through him. He went

*See "The Secret of Victorious Living" (Evolution Series, No. 1, of these "Fifty Little Books").

through triumphant days with absolute confidence in himself, he saw things in a totally different light, he was more alert, more happy in his expanding world, his energy was more true. Within himself the Spirit, which is Love, caused such an unutterable transformation within the boy that he literally was indubitably convinced that he could conquer the world. In other words, **It revealed Itself,** as Love always does.

(i) The Magical Power of Love

To some (but I hope not to YOU) this kind of talk may not ring true, but it IS true—there is naught greater than LOVE. And, no matter whether you think this sentimental and out-of-date, everyone lives in a world of Love to the degree of his own spiritual unfoldment. What is called a human being is a differentiated particle of LOVE; he is Love moving. We are all members of this great Kingdom of Love, whether we acknowledge it and revel in it, and consequently change our own world, or whether we deny it and create as a consequence our own misery and all that "goes wrong" in our life. This is the final Truth of Man's Life. Nothing more need be said, nothing more **can** be said!

But you notice that just as the boy in love feels **compelled** to let it shine through him, so in the energy and the action of love we feel that it is all-compelling. Love has to have free action to press itself out into expression, and whenever we see it, no matter what or where the conditions, we feel that Love is so unimaginably beautiful

that we see that it corresponds with the same feeling within ourselves. The lover is first flushed in deep humility with the radiance of love for his beloved, but as he gathers, it may be, a few wild flowers, as he marches forth to meet her like a king, he **is** a king—he has **proven** himself to. be a conqueror—why? Because **Love has conquered him!** But Love has not laid him low; Love has raised him on high. Love has given him of her own essence, her own light, her own being. Then his whole world is transformed.

(j) Love Will Finally Conquer the World

Love is the great transformer. As with individual human beings, so with nations. It will be LOVE that finally will conquer the world. You and I have much to learn about Love and its mighty power in our life.

This little story may perhaps explain it a little:

"I asked three men in the British Army," wrote a well-known scientist, "to submit themselves to a test designed to measure the effect of their mental attitude on their physical strength, this strength to be registered by a single gripping device operated by the right hand. In their normal state, these three men were very weak. Their utmost effort registered only 29 pounds. But when, still keeping the men under hypnosis, I told them they were very strong, their average strength jumped back to the normal 101 pounds and then rose to 142 pounds. They were actually 40 per cent stronger **when they believed they were strong,** and actually 70 per cent weaker **when they believed they were weak."**

This is just the way of LOVE in our life, when we have learned its holy LAW.

PART II: THE ART OF "STAYING ALIVE" IN TRUTH—HOW TO LIVE IN THE HEART OF THE ETERNAL

What you have so far read in this Little Book may seem incongruous indeed in the light of what is taking place in Korea, Indo-China and other places on the earth today. On my desk at this moment there is a copy of the "ABC" of Atom Bomb Care—"simple rules for young and old . . . how to stay alive if and when atom bombs strike." "Yes," I read, "the threat of atomic attack **here** is ominous and imminent. But take heart from this, you don't need to die. What you do need is to learn how to stay alive. To teach you this all-important lesson is the purpose of this book."

(k) All Wars Must Cease Some Day

Nine-tenths of what is printed in the newspapers and magazines refers to war and the terrible future through which Man has to go. Yet what should concern Man most of all is whether he is to succumb to his own self-willed mistakes and possible annihilation, or survive and grow into his true divinity through his unrelenting endeavor to understand what he glibly refers to as God's Law—in other words, how he may STAY ALIVE! I dare say, if you look within your own heart, you feel very much as I feel when I look within my own heart: we feel that there is a great deal that we simply cannot fully understand about

greed and war, strife and hatred, and all the rest. I know you could write (and so could I) about the many reasons why men do not live in harmony and peace. We both know the theoretical causes. The average man, having known war and its ravages for many years, detests war, yet is not fully able to explain to himself why it comes and how to get rid of war. He nonetheless hopes with all his heart that in some way wars shall cease; and somehow there is a deep inspiring feeling within him that he is right in his hope and belief. I confess I am like that, too. My hope for Humanity in the future (as my reading of history somehow convinces me) rests in what I know to be the inherent good in Man. My hope rests in part that a few more decades or centuries of preaching and attempts at demonstrating the Golden Rule may result in its becoming a fashion, even for "civilized" people, to live by the Golden Rule.

(l) Search of Truth Must Become a "Fashion"

I solemnly believe Mentalphysics—which we call the Ultimate Philosophy of Life—will become such a fashion that all thinking people, realizing the utter naturalness and deep simplicity of its profundities of Truth, will stand aghast, wondering why they had not long ago seen these Truths at work in the world. In other words, I am one who believes that Man is much more love than hate, much more wisdom than ignorance, much more divine than merely human—much more God than Man. But it is self-evident that if Man is to redeem himself, he must live in and by the Eternal LAW that alone establishes and rules the ORDER of the UNIVERSE. This ORDER is the Science of

Love! This order is something that **all** men, no matter where they live, no matter what their "creed" or color or anything else, can understand completely. They may not be sufficiently "educated" as to understand it with their **minds;** but they are sufficiently divine as to feel the reflection of the virtues of what they know to be "GOD" shining into their consciousness through their **hearts!**

(m) Truths That Man Must Learn

Therefore, it seems to me that finally to enter into this esoteric Kingdom of Love (which our world truly is), and to live in it eternally, we have to learn certain immovable Truths, among the most important being:

(a) **TO BE PERFECT, YOUR LIFE MUST BE ORDERLY:** There is **Exterior** Orderliness throughout the Universe, and you can say that you understand that from the atom to the Sun, from the amoeba to YOU (MAN, made "In The Image"), there is perfect Order in that Perfect Law which propels and sustains the perfection of The Universe. You can also say that you understand that, as in the Macrocosm there is this Orderliness that is exterior to you, so in the Microcosm, which is YOU, there is that similar Law, that similar Perfection of Law, that similar Orderliness . . . and the interior Orderliness, though depending largely in principle on Exterior Orderliness, is the more important to you.

(b) **LIFE IS NATURE'S FULL EXPRESSION: Your life** is the triumph of that Principle in Nature which is everlasting. Your Thought is the substance of that Principle.

As you are an Idea of God, so your Thought is the substance of God in transit, and your life is Nature's full expression just in relation as you manifest rightly Creative Intelligence. Nature works by Law, so do you—how? By the Law of Habit, which is part of Nature. Habits may be bad, indifferent or good.

(c) **HABITS CREATE MEMORY:** The human being (you) is the sum totality of all his habits. Every good habit is a milestone on the progressive, constructive Path—every bad habit is retrogressive and destructive. Habits are caused through Thought. Because the Universe is essentially perfect, human nature is essentially veracious, so that every idea that a sane human mind is capable of holding must be true. Those ideas (from which habits are formed) which are contradictory are to be reconciled by eliminating their negative elements, when the positive elements will be found to coalesce. This means that where there are bad habits, all that we have to do is to hold the thought of good habits, so that they may be born in the consciousness and so eject the bad.

(d) **HOW MEMORY IS BUILT UP:** Good habits bring the life of the human being into Nature's full expression . . . brings the life into correspondence with exterior orderliness—and a realization of exterior orderliness means full recognition of interior orderliness, and vice versa. The "Me" is orderly, and the "Not Me" is orderly, until there is a merging into consciousness of only "THE ONE"—and men call it God.

(e) **THE PURITY OF A THING IS ITS PERFECTION:** Purity is freedom from contamination by substances lower than the pure substance of the thing itself . . . think of your own pure breath (the result of interior orderliness of the organism) and the impure breath of one who knows less than you know (the result of interior disorderliness or lack of orderliness).

(f) **LIGHT IS LIFE:** Read thoughtfully the first five verses of St. John. ". . . and the LIFE was the LIGHT of men."

(g) **LIFE IS LIGHT:** It is the symbol of Truth, light once kindled, spreads till all is luminous. As Light is Life, there is naught BUT LIGHT, and Light thus is the first emanation (of God). It comes to us—First, in the light of the **Senses;** Second, in the light of the **Reason;** Third, in the Light of the **illumination of the Spirit.**

(n) Most People Just Play at "Living"

The above are all quite simple Truths, and any reasonable man will surely agree with them. But have you noticed that, though in their hearts they hope that their lives shall be quite successful, the great preponderating mass of mankind, taken as individuals, rarely **know what they want to do.** Observe the human family, and you will find that a great majority of people are doing that which they detest. They get up in the morning, they go through the same routine, and, when they come home at night, they do not know whether it is Monday or Friday because every day is alike . . . they seem only to be playing with life. I

am not pedantic as I write, nor facetious, but it seems to me that most people play with Life. They try to fill up their lives with cocktail parties, playing cards, going here, going there, trying to get up some sort of a thrill, and in their hearts they know they are beaten. It is not that they do not desire to enjoy complete success and satisfaction, but it seems that they have not found any other way. They say, "Well, I am living in Los Angeles, if only I lived in New York." "I am living in New York, if only I lived in London." "If only I could get a chance" . . . "I have something within me, and I know that it is aching to come out, but it is either 'my family' or 'my wife' or 'my mother-in-law'," or something or other roundabout which prevents them from coming into, not only full expression, but coming into full expression **with absolute confidence, conviction, and soul-satisfaction!**

(o) Learn to Reach Soul-Satisfaction

It seems to me, as I observe, that human beings learn something about God, they know something about the Universe, they know something about the laws upon which the Universe is built and they grow in a kind of knowledge . . . but they are no nearer to this complete soul-satisfaction that I speak of. They talk about it, they write books about it, they like to congregate with others of a similar mind and discuss it; they get a great deal of satisfaction in talking **about** the things that they have learned, **about God, about Life, about** success, **about** human beings, and

so on; but they do not completely, wholly, and absolutely reach **soul-satisfaction.**

Why? Now, you may disagree with me, but I believe that is because they do not train themselves to apply, to express, to do, the things that they love. How many people have I spoken to and said, "What is your hobby?" "Oh, well, I used to have a hobby: I was an artist, and I used to paint the most beautiful miniatures . . . I used to paint great canvases," "What do you do now?" "Well", with a shrug of the shoulders, "you know how it is." And then you speak to people whom you know have natural means of expression perhaps through their voice, and you will say to them, "Do you sing?" "No, I don't now, but I used to." And so on.

(p) Cosmic Love is the Secret

There is something, it seems, somewhere that causes **people to let go** doing what they love to do.

This "Something" is that within us which causes us to excel—it causes up to be inspired—it causes us to succeed—it causes us to fully express our true self—it brings us soul-satisfaction. What is this "Something"? I do not know, or, at least, I cannot give it a name. **But when we let it go, we die—and who wants to die? When we let it go, we fail, and who wants to fail?**

We will call this "Something"—Cosmic Love! But I cannot tell you what Cosmic Love is. You will know, for you can **feel** it. You have had experiences, perhaps not very often, when you have felt completely still. I am not

referring to those occasions when you merely sit down and feel that your body is still. I am talking about the very being, the soul of you, the Spirit of you, the essence of you, that which you know **through feeling** is completely in contact with the Great Self. And at these times you have felt completely at rest. Then, perhaps, though the method by which it is done is not clear to you, you have felt yourself being **lifted up** in consciousness. You have seen yourself or imagined yourself or known yourself to be quite beyond your ordinary self. You have reached the Holy Hill. You have become conscious of **that alchemy of the imagination which has completely renewed you . . .** in the very center of the center of the center of the silence of yourself, you have seen yourself as a being transformed. You have felt a **glorious** realization. And then, perhaps, when you have come back, you have brought with you some definite scintillating idea of what you **might do** in life. You have had a vision—and then "like a passing thought she fled, in light, away."

(q) Complete Unity with Universal Mind

It was an angel writing for you in a book of gold! You had completely lost yourself in IT. You had been in complete unity with the Universal Mind!

As I remarked in the Introduction to this Little Book:

> "Each human being, no matter what hit creed or color, can participate in the process of creating a better world, by understanding the purpose of the Universe and identifying himself with its Laws."

That is how most human beings live—they are so near

to COSMIC LOVE, yet pass it by or fail to think of it.

Until we lose ourselves, we shall never know what LOVE truly is. If you have ever been in love—I put it to us practically—you have found that Love transformed your world. Men and things on the earth became different, people became different, you yourself changed, when you were in love. When you enter the realm of Love—all that is mundane, dark and heavy literally disappears. We are in love—what do we care? As we look forward, do we see anything that we fear? There is nothing to fear, because Love propels us into victory. And it is so all through Life, in every phase of Life. In Love we lack nothing! Love is the **fulfilling,** the filling full and overflowing of God's Eternal, Unchangeable Law.

(r) Are You the Ruling Cause?

And everyone would prefer to be the ruling cause rather than the impotent effect. You would prefer to be the immortal Cause—you would prefer to be perfect in body, in mind, in SPIRIT, and in every other way that you can visualize in God, the First Great Cause, least understood. You would prefer to be what you individually feel that you have a right and desire to be. You would like to have in life exactly what you would like to have. Your desires may differ from your next door neighbor's, but, as for me and as for you, we would like Life to be for us exactly what we would personally desire. You would like to do exactly as you would like to do. But as we view Life generally, even the best of us has to admit that what seems

to be an entirely uncontrollable force or combination of forces causes us in our daily habitudes **not** to do what we want to do.

It is the exception when people do by habit, day by day, what they truly desire to do.

"Oh, I'd like to be riding a horse, but I have to sit at a desk."

"I'd like to be up in the mountains, but I have to go downtown."

Disassociating yourself as far as you can from the general run of circumstances of civilization, do you feel that Man, as we say and believe, "made in the Image" of what we call "God", is a part of a scheme of things where he should almost constantly be doing what he does **not** want to do, should be lacking in what he desires to **have,** and so on? It seems to me not to make sense.

You are, of course, well aware of what I mean when I say we must "lose" ourselves. I mean that we can acquire practical knowledge of **God's Way** by **living** it . . . and not be as are the multitudes, who profess but do not practice.

A mere glimpse of reality is often mistaken for complete realization—hence the wisdom of learning how to "lose" ourselves. To the initiated, it is entirely obvious that not until we come to lose ourselves in the Cause of Causes do we cease to be absorbed in the infinitesimals of effects. I can quite see that a person can be absorbed in what I would call the infinitesimals that he considers himself to be a very important being. He is always busy, he is

always doing things. He feels that it is a glorious day, but he has to earn his living; he would like to go out among the flowers in his garden or he would like to ride a horse or go on a trip, but he has to look after his responsibilities and liabilities, as he says. Then what happens? You find that those men and women who feel that their lives are absorbed in all these infinitesimals of effects, die before their time; they develop heart trouble; they develop this and that, and then all of a sudden they are gone—and I have never heard of one who wanted to go, nor have I noticed that they were prepared to go. They are gone, taken away from what is called "this earth" and "this life" into a new birth, and I expect that they are very disappointed, and, if given the opportunity again, they would act very, very differently.

Talk to an old man—an old, wise man—and you will find his consciousness is very even and balanced. He is pretty well pleased with things as they are. Things that he cannot change he does not quarrel with, and he goes along with the stream, feeling that he is within the cause, and his days are filled with happiness and joy, contentment and serenity. He is always in a state of mental and spiritual repose. His body is never sick or weary, and so on—a wise man. He rarely thinks of what has gone before. No doubt about it, you could sit at his feet and he could tell you a good many stories about his own experiences, what he had done, where he had been, what he had seen, and all that sort of thing, but he prefers to be perfectly free, basking in the Wisdom of the everpresent Cause. I

am a protagonist of freedom. I do not care what I have to go through so long as I am free. I would rather be poor and free—but if free, I am never poor. I would rather be ill than not free, because, if free, I know the way to get well. Do you realize the FREEDOM I refer to?

CONCLUSION

My friend, I do not know what you think of the simple things that I have written about in this Little Book. Whether you understand them or not rests entirely with you, of course. You are, and I am, free in the Kingdom of Love, if we wish to acknowledge it. And when we acknowledge it, our life becomes exactly what we desire. Just HOW it comes about, I do not precisely know, but I am learning.

It will be just the same with you, and with anyone who will settle down to learn the way. That I can guarantee; but, as I say, I do not know exactly how—or why, for who is worthy of becoming as what is called GOD?

The Eternal Spirit is talking through me to you just exactly to the degree that the soul of me, the essence of me, the God within me, is causing me to **feel** that what I say is true.

How dare humanity say to itself that it cannot bring Heaven down?

How dare humanity cavil with God when Heaven has been born, and peace and beauty and strength and joy have been already born into that Life which we all are?

How dare we criticize the Eternal Writer of the Book of Life? . . . that writer is LOVE!