

**POWER
SECRETS
FROM A
Sorcerer's
PRIVATE
Magnum
Arcanum**

SORCERER'S PRIVATE MAGNUM ARCANUM

by *Gavin Frost and Yvonne Frost*

You can use the power of sorcery to fulfill any dream or reach any goal you desire, state Witches Gavin and Yvonne Frost. You will discover, inside this "magnum arcanum," how the Frosts say you can call upon the deep, dark powers of sorcerers, long kept hidden from the world. In these pages, claim the secrets, all the once-secret techniques, all the guarded rituals they say you need to make your life run smoothly and bring you health, power, love and more than you could ever possibly use.

PARTIAL OUTLINE OF CONTENTS

PART I: GUIDE TO THE NEOPHYTE LEVEL OF SORCERY

YOUR PROVEN EASY PATH TO SUCCESS IN SORCERY
CONCENTRATING AND TUNING YOUR SORCERY POWERS TO A CLIMAX
OBTAINING THE VRIL POWER
NEOPHYTE RITUALS FOR POWER, LOVE, MONEY, AND HEALTH

PART II: GUIDE TO THE ADEPTUS LEVEL OF SORCERY

PREPARING FOR YOUR LIFE AS AN ADEPTUS SORCERER
PROTECTING YOURSELF FROM THE EVIL ONES

3. THE LOVE BONDING POWER OF VRIL
4. YOUR GUIDE TO POWER CHANTS, DANCES, PLACES, AND TIMES
5. CALLING ON THE ANCIENT ONES
6. ADEPTUS RITUALS FOR VIGOR, VITALITY, ECSTASY, AND DOMINANCE

PART III: GUIDE TO THE MAGUS LEVEL OF SORCERY

1. BEYOND SELF-MASTERY: FLOWING WITH THE TIDE OF THE UNIVERSE
2. MELDING YOUR SORCERER'S SPIRIT WITH THE COSMOS
3. COMMANDING YOUR WORLD AS A MAGUS SORCERER ALL YOUR LIFE

ABOUT THE AUTHORS

GAVIN FROST is Archbishop of the Church and School of Wicca, Marshall of the Gold Star of England with the right to wear the Saffron Robe, and is privileged to wear the Mark of Initiation on his wrist. Formerly a Director of International Operations for a major aerospace corporation, he now teaches true European Witchcraft at the School of Wicca, which he established with his wife in 1969.



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REVITALIZING YOUR LIFE WITH SORCERY

WHAT THIS MAGNUM ARCANUM ¹⁾ CAN DO FOR YOU

Is your life dull and ordinary? Worse still, do you have problems in gaining affection, wealth, and prosperity? You can overcome your difficulties with the aid of Sorcery, the art that uses natural magic to influence the world for its master's benefit.

SORCERY—ART OF THE DIVINE ONES

Sorcery! Does that word scare you? Turn you off? Or merely amuse you? In the past Sorcerers were venerated and adored. This can easily be seen in the fact that in Latin the word for Sorcerer ²⁾ is 'Divinio'—'the Divine One.' In time past a Sorcerer was the only person to whom a man or a woman could appeal for help; for there were no doctors, bankers, policemen, agricultural experts, or the like around. So the Sorcerer, the divine leader, was called upon to solve all problems.

¹⁾ Arcanum: major workbook, or diary of secret information.

²⁾ In this work, 'Sorcerer' is used in lieu of 'Sorcerer and Sorceress,' even though oftentimes the Sorceress is more powerful than the Sorcerer.

DARE YOU LAUGH AT A HEXENMEISTER?

Nowadays a Hexenmeister is regarded as an evil man, the master of the 'hex'; yet hexing is a very minor part of his knowledge. He brings wealth, good crops, health, and love to his clients much more often than he hexes.

Many tourists have visited the mysterious, isolated Pennsylvania Dutch settlements, where Sorcery is still as prevalent and as revered as it ever was in ancient days. The power of hex signs is well known, as is the power of the daring and subtle Hexenmeister, the master of Sorcery.

The art of the Hexenmeister and the German Sorcerer or 'Zauberer' will be yours when you have completed the work program this Arcanum contains. Just as today you would not cross a Hexenmeister, so tomorrow no one will cross you.

TWENTY WAYS THIS ARCANUM⁽²⁾ CAN HELP YOU TODAY

Here is just one score of the scores of ways this book can help you attain a new, better life:

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SIMPLE AIDS, TABLES, AND GAUGES POINT THE WAY TO HIGHER POWERS

Throughout this book you will find inexpensive devices that we have tested in our correspondence courses. We have found that the very simplest objects, such as a single candle or a ping-pong ball, can be used to test your own energies. With their aid and with the aid of your ever-present wand, you will be able to tabulate and readily see your own progress; you can demonstrate, both to yourself and to friends who may have doubts, the powers that you have. There are more than twenty tables and illustrative aids throughout the book that will bring the most arcane and advanced methods easily within your grasp. You will learn how to construct a simple calculator that takes away all the difficulty and, as the Ancients would say, "all the quail" from calculating the optimum time for conducting any ritual. You will be able easily to gauge your daily increase in control of the Vril; you will also be able to gauge the effect of your emotions on your powers.

YOUR OWN LIGHT SABRE

In the very first chapter of this complete treatise on Sorcery you will learn how to make your own Light Sabre or Sorcerer's wand. In the German traditions this is known as a 'Zauberstab.'

The Zauberstab is a powerful device for focusing and concentrating your powers. Even the most negative person can feel the force emanating from this most important of all the tools of a Zauberer. We teach you to make your wand early in the book because it is such a useful tool in the testing of your abilities. One night we ourselves were set upon by muggers when we happened to be carrying a wand. Merely pointing the wand stopped them cold in their tracks. Even the most animalistic and evil people can thus be controlled by minute amounts of the Vril Force focused and directed with the aid of a Zauberstab.

A friend of ours, Chuck, who lives in Colorado, made his own wand. He decided it would be interesting to see whether in fact his new wand enhanced the results he could get in the way we had promised it would. Chuck worked with retarded children. He had found that in

⁽²⁾Arcanum: major workbook, or diary of secret information.

stressful situations, if he laid his hands on them one child at a time, he could usually quiet them. Four or five minutes with his hands was about an optimum time. He found with his wand, though, that pointing it at a child even across the room for less than two seconds achieved a similar result.

SORCERY HOLDS NO DANGERS FOR THE INITIATE

It is a foolish mother indeed who gives her toddler the keys to the car to play with, or tells the toddler to play with a loaded gun. Obviously if someone does not learn in sequential steps how to drive or how to shoot, he runs a great danger of injuring himself. The same is true of Sorcery. You must learn to toddle, to walk, and then to drive. This book is divided, therefore, into three progressively more complex and powerful grades of operational Sorcery. Of course you can read straight through the book and absolutely no harm will come to you; however, if you attempt to put into practice the techniques described in Section II before mastering Section I, we can make no guarantee that you will not severely injure yourself or lose control of one of your faculties.

When you first learned to drive a car, it seemed an almost impossible task to manage all the controls and to guide the machine down the highway. Yet gradually, over relatively few weeks, you learned the art of driving. The same is precisely true of the art of Sorcery. Learn one control at a time; then when you thoroughly master that level of expertise, you can progress to the next. There will be no danger. We have taught dozens of people how to master this art. Not one of them has ever gotten into serious difficulties, and all have far better lives today than they did when they started the course. The steps are childishy simple; in fact, children can easily learn the basics. Within a few short weeks—provided you spend a few minutes every day on practicing the art—you can be as adept as anyone at influencing and controlling through the Vril Force the world around you.

YOUR PATH THROUGH THE DOORWAYS OF INITIATION

In order to ensure that you are ready for each successive step, we have included in the material the ancient doorways of initiation. Each

doorway is so arranged that you will test your powers and be able to judge for yourself whether you are ready for the next level of work. All these tests are eminently practical. They will show you instantly whether you have mastered each level. When you have mastered these levels, then and only then should you complete the self-initiation procedure which is the key to understanding the use of Vril. It is as you pass the Initiate's gate that the mysteries of Vril become clear to you; for like all true mysteries they are self-revealing to the Initiate.

Within each initiatory level the techniques of Sorcery are broken down into easy, natural steps. There are five steps within the Neophyte level, four within the Adeptus level, and the two final steps to becoming a Magus. These steps go from the first one, which is called Zero, through the eleventh, which is also called Zero. They encompass both the training and the use of the Sorcerer's body and its indwelling spirit. Since time immemorial there have been eleven steps on the mundane level which lead the Sorcerer upward to the higher spiritual level. The last step on the mundane is simultaneously the first on the spiritual. It leads the Sorcerer away from the problems of this mundane world around him and into a cosmic reality.

TRY IT FOR YOURSELF—DON'T TAKE IT ON FAITH

When you can see and feel for yourself the Vril Force at work, you can proceed to improve your life knowing that it is real. The tables, aids, and tests in this book are designed not just to enable you to test your own progress; they also show you without equivocation that what we say is true.

Many people foolishly take things on faith without having tested the claims for themselves.

A friend of ours, Marie E., a public accountant in Columbus, Ohio, is a very talented Sorceress. She has worked for many years in the Italian Sicilian tradition, a very powerful earth- and cosmic-oriented tradition. When we met her one day at a Witches' convention in Minneapolis, Marie had been having nothing but bad luck with her work. She confided to Gavin that she had recently become a regular Aunt Clara.⁽³⁾ After some careful questioning, Gavin learned that Marie had been using a new table of hours. The table of hours is a table

⁽³⁾In the Sorcerer's jargon, Aunt Claras are people who can never get anything quite right. They take their name from bumbling Aunt Clara of the television series 'Bewitched.'

to which Sorcerers refer in determining the hour of the day at which they should work a particular ritual. Gavin was able to show Marie that her whole problem stemmed from the faulty calculations of the obviously Neophyte Sorcerer who had put that particular table together. She had taken that table on faith—and it was wrong. With the aid of a table napkin, Gavin made for Marie the same calculator that you will make for yourself in Chapter II-4. You can read for yourself what happened when she used this new calculator in her work.

NO ONE IS IMMUNE TO SORCERY

Eminent scientists are beginning to realize that the lowly witch-doctor in Africa, the Hexenmeister in Pennsylvania, and the Sorcerer or Zauberer in the Harz Mountains of Germany hold secrets to powers and forces which enable them to make things happen that would in the past have been called 'natural magic.' Nowadays these powers are called 'telepathic control' or 'bioplasmic energy' or a thousand other names given by scientists so that, by naming the phenomena, they may reduce them to the cold print of a textbook. We who work in Sorcery welcome this investigation by scientists; for they little realize what immense forces are really available in the world of Vril just beyond their reach. Almost every day we get letters that tell of the results people everywhere and in every walk of life are obtaining under our tuition. With a little discipline and practice, these powers can be yours. You know in your heart of hearts that telepathy works; you know if you sit in a theater you can make someone ahead of you in the audience turn around and look at you. If you do not yet know that, try it for yourself and see that telepathy works easily. What you have done in this most elementary step is to control and dominate the mind of another person. No one is immune, and everyone has the power—or if you prefer it, the Vril Force—at his or her command. It will work for you on everyone around you.

When you learn to tap into these vast cosmic forces, you will find you can use these powers only for good as you see it in your reality. For if you use your powers negatively, the Force will surely destroy you. Yes, you can gain money. Yes, you can gain love, power, dominance, everything you need. But you will also learn the hard lessons of the Law of Attraction, the law that Hermes Trismegistus came from the sea to write on the Emerald Tablet in ancient time. If you do something negative, that same negativity will return to you. It

will return to you in magnified form and will cause you great pain. Many a man—and woman too—has thought that the ancient Law could be disobeyed; but that is not the case. To be a Sorcerer, especially a Magus Sorcerer, is to be a person totally in control of your faculties and your environment, a person above petty evil and meanness.

Remember too that when you become a Magus Sorcerer, your life will be enriched in knowledge through exploration of those ultimate frontiers which are beyond the puny efforts of a rocket ship to reach.

May the Force be with you.

Gavin Frost

Yvonne Frost

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hieratic mysteries and ancient doctrines*

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*One who can meet God face to face
without dying*

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*One who knows, wills, dares,
and yet remains silent*

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Power Secrets from a Sorcerer's Private Magnum Arcanum

Section 1

NEOPHYTE LEVEL

**One who looks behind the veil.
of
hieratic mysteries
and
ancient doctrines**

Chapter I-1

YOUR PROVEN EASY PATH TO SUCCESS

When you press a light switch, the light comes on. Sorcery works in just the same way a light switch does. If everything is connected correctly and you have a good light bulb, when you press the switch, it will work and illuminate your life. All you have to learn is how to plug in to the great cosmic energy which in German Sorcery is called the 'Vril Force.' 'Vril' is the name used for the wonder-working psychic or astral force. You may have heard the Force called many things: the power of love, the power of prayer, bio-plasmic energy. The general term used by the German Sorcerers for the very heart, the quintessence of all these other names, is Vril. This is indeed the underlying force that controls and moves the universe and the cosmos.

THE PATRIOT IS SAVED

Take the case of the fishing boat *Patriot*, which left Homer, Alaska, on April 12, 1972. After the boat was well out of port entering

the Gulf of Alaska, the steering system failed. They turned off the engine to make repairs, and somehow the water-cooling system clogged and a hose burst in the engine room. This drowned out the engines and the batteries, so they had no power for rudder control, for radioing to call for help, or even for their navigation lights. Gradually they drifted further out, and now gale-force winds came up, buffeting the boat. After two solid days of high winds and heavy seas, at 4:30 a.m. on April 16, the *Patriot* was being driven straight for the steep 500-foot cliffs of Nuka Island. The water was freezing and the crew all knew that to go into it, even in life jackets, meant certain death. There was no hope. The men begged and prayed for help from whatever Power they personally could contact. When the *Patriot* was thirty feet from the cliffs, she stopped, pivoted, and moved away—against all the fury of the wind and sea. The unknown Power had responded to the prayers. The Vril had held the ship away from the cliffs and saved her crew. Not only that, but the following day the ship beached on the only sandy beach within fifty miles of them. Anywhere else on the coast line and the ship would have been thrown against the cliffs and wrecked, and the crew killed.

THE SECRET POWER OF THE VRIL FORCE

Over the last century, knowledge of the Vril has gradually been released from its ancient chains of secrecy. The Power is so great that it can hold a fishing boat off the rocks, away from certain disaster—and yet it can be easily applied in minute amounts to make your life run more smoothly. It was the awesome power that German Sorcerers knew of, that made them afraid to mention the word 'Vril' even in the deepest, darkest, most secret recesses of the Harz Mountains in Bavaria.

To our knowledge, vril was first mentioned in print by Lord Lytton in his book "The Coming Race" in 1871. In the hundred years since that time, only whispers have been heard of vril. Nowadays, though, you can find it defined in the Oxford dictionary:

Vril: A natural wonder-working force—Oxford Dictionary and others too are writing of it:

Vril: The ancient Indian name for the enormous resources of energy which can be made available as the result of the expansion of the Etheric Body or Time Organism in man—Trevor Ravenscroft

We ourselves in our previous writings have used many euphemisms for vril. Until recently we had no permission from our Masters in Europe to reveal its actual significance. Now, however, we can tell you that vril is the ultimate power, the underlying force, about which we and many others have been writing, though we have disguised the true name of the power from fear that when people learn its true significance they will misuse it and may be harmed by it.

You must learn how to direct and use this force without allowing it to harm you. Over centuries of exploration and experimentation, techniques for handling of vril have gradually become known. In their bid for world domination, the German High Command searched for the negative side of vril power. In this book we will not tell you how to do those negative things; but the knowledge the Germans gained, when combined with the knowledge of the Pennsylvania Dutch, can very readily be used to do positive things.

It is often said that the Vril Force, like electricity, is of itself neither good nor evil. The purpose you put it to—your motivation—is what makes it good or evil. The force can bring you happiness, health, wealth, and love. It can also bring you to destruction if you use it for evil purposes.

EXAMPLES OF WHAT THE VRIL FORCE DID FOR SOME OF OUR STUDENTS

Every day we get letters from people in all walks of life who have used the Vril Force to smooth their path. Here are just a few of the many examples we have:

Billy S, New York

I got my job back, thanks to you. I really do appreciate the things you have done for me.

Leonard R, California

I won \$150. My family didn't believe it.

Marie L, Florida

I've had your book just five weeks and twice I've had dramatic results with the Power.

Larry Y, Oregon

Wow! Hurray and a big whoopie, with a face-to-the-east and a big bang! Now I find I'm going to get between \$3,225 and \$3,897 from the State.

Dr. Oya B, Arizona

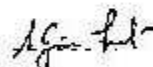
I had significant changes. Something going very unusual. Previously the bank wouldn't even give us a credit card; now the bank even paid the down payment on a house. Sincere thanks.

Gabrielle A, Ohio

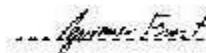
I saw your demonstration on TV. It took about two minutes to do as you suggested. That night I won a jackpot at bingo and then I got a check from a contest I forgot I ever entered.

Attestation

Because so many claims are continually made, and because we wish you to know that these are genuine letters, we being Trustees of the Church of Wicca, certify that the letter excerpts here reproduced are portions of longer letters held in our files. The originals may be examined by certified researchers at any time. We further swear that we did not in any way influence the persons named to write to us, and that these are merely examples of hundreds of similar letters we receive daily.



S. Gavin Frost
Trustee, Church of Wicca



Yvonne Frost
Trustee, Church of Wicca

TOO POWERFUL FOR ALL AT ONCE

You will see that this book is divided into three distinct sections and that self-tests are included by which you can gauge your progress. Thinking again in terms of electricity, it would be foolish for you to attempt the handling of high-voltage wires before you learned how to do such simple things as changing a light bulb. The same is infinitely

more true of the handling of the Vril Force. You must learn how your own Vril Force is controlled before you tap into the great cosmic Vril Force that will enable you to gain your every desire.

Since the time that no man can remember, the steps in the development of a Sorcerer ⁽¹⁾ have been divided into three levels. As you progress along the path that has been trodden by countless thousands before you, for best results you must progress in a well-known and well-defined sequential manner. We thus urge you to be sure that you can in reality complete each level of the self-tests satisfactorily before you proceed to the next level of achievement. We have been teaching Witchcraft for more than ten years and have so far worked with over 10,000 Witches and Sorcerers. At no time has any one of these thousands of people from all walks of life ever gotten into trouble using the Vril Force, even though in some cases students have made minor changes in our directions. The lectures and the neophytes' experiences are incorporated into this book. You are benefiting not only from the eons of magical work of our forefathers, and from world-wide multi-million-dollar research programs, but also from the actual results obtained by thousands of neophytes from all walks of life, from all the free nations of the world, who even today are using our lecture material and our training to improve their lives.

NEOPHYTE, ADEPTUS, AND MAGUS

The three ancient titles for the steps in the development of a Sorcerer are Neophyte, Adeptus, and Magus. So that you may progress easily and naturally, this book is divided into those three levels of development. The Neophyte, the first step you will take along your path, is defined as "One who looks behind the veil of hieratic mysteries and ancient doctrines." This means that to be a Neophyte you don't have to commit yourself to becoming a Sorcerer; you are merely looking behind the veil. If you like what you see and what you learn, you can progress to the Adeptus level, where your practical work will allow you to achieve many of the things you desire.

The Adeptus level is defined as the level at which "one can meet God face to face without dying." This indicates very clearly the

⁽¹⁾We will generally discuss the practitioner of the Art as a male 'he' Sorcerer rather than as a female 'she' Sorceress. This is merely to make for ease of reading; for we know full well that by and large a Sorceress has more power than a Sorcerer. Ladies, we beg your tolerance in this matter.

high plane of understanding you have to achieve in order to complete the level. Because we have taught so many students to achieve this level of development, the path is worn smooth and easy. You should have absolutely no difficulty in achieving the Adeptus level, provided only that you take it one step at a time. When you achieve this level, the awesome power of the Vril Force will be yours to command, and the power of the ancient gods in whom is stored this universal force will be available to you to use as you wish.

The third step on your road to becoming a Sorcerer is attaining the status of Magus: "One who knows, wills, dares, and yet remains silent." Sorcery is a secret thing, something you should share with no more than one other well-trusted person. The Magus Sorcerer is one who walks alone, having at his disposal all the good things of life, including friends and lovers; however, the Art which sets him above the rest of humankind is his secret. If he gives away his secret, the kings who would have bent their knee to him lose their regard for this most holy and skilled leader of men.

This book sets out in cold, clear print the path that will lead you to Magus status; however, it will not of itself make you a Magus. You must carefully do the work herein outlined in the sequence in which it is given if you are to achieve the isolated pinnacle of Magus' powers from where, sitting above the world and its people, you can control the folly of life.

ELLEN SAVES HER MOTHER FROM BLEEDING TO DEATH

Ellen H is a graduate of our Adeptus Sorcerer's course; she lives in the eastern part of South Carolina. Some years ago her parents retired and decided to go on a world tour. Through her meditation Ellen became increasingly concerned about a disastrous accident that she felt was going to occur to her parents in London. Having seen Ellen's predictions come true in the past, her parents promised her they would be most careful. They were themselves competent and well-versed occultists; and as her father said to her, "Death holds no fear for us. It doesn't really matter whether we die in an accident in London or hooked up to some life-sustaining machine in the United States. In fact, I'd rather die with my boots on now than think about a long illness." Not fearing death herself, Ellen could easily appreciate her father's attitude.

In good spirits the couple set off on their world tour. When she knew that her parents had landed in London, Ellen began a series of astral-travel trips to make sure they were safe. The tie that binds between a child and her parents is a strong one; and even though she understood her parents' attitude toward death, still Ellen didn't want them to go on if it could be avoided. On the 23rd of May 1975, her astral trip showed her that her prediction had been fulfilled. Becoming confused, as many Americans do, with traffic on the left-hand side of the road, her parents had walked off the sidewalk into the path of an oncoming taxi. Her father had pushed her mother out of the way, but in doing so he had been instantly killed. Her mother was in critical condition at St. John's Hospital with multiple internal injuries and bleeding. When Ellen's spirit arrived at her mother's bedside she felt her father's spirit waiting for her. Her mother, even though under sedation, was obviously in some pain. Her father told her that it was not yet her mother's time for transition, but that if Ellen didn't do something the internal bleeding would result in blood loss to the brain that would mean the mother would be an invalid for the rest of her life.

Ellen immediately came back to her body in South Carolina. Combining her Adeptus powers with a ritual that made use of Frija, the German-Norse goddess of safety and well-being, she stopped her mother's internal bleeding.

As with all such cases, the belief that Ellen herself stopped the bleeding is an oversimplification of a complex situation. We do know that within hours of Ellen's performing the ritual her mother made what is called a "spontaneous recovery." Much to the amazement of the hospital staff, she went from being on the critical list to being able to walk around the corridors of the hospital in less than 24 hours.

YOUR REBIRTH AS A SORCERER

You too will be able to make things happen just as Ellen did. You will move from what we call the 'common herd reality' into what we call the 'Sorcerer's reality.' In the common herd reality, events take their course. People fear death, taxes, loss of face or of loved ones. In the Sorcerer's reality, death holds no fear; and mundane concerns are replaced with the ability to correct these problems—often before they happen.

The first step in your path to Magus status is to convince yourself that you today have the force to influence other people and inanimate

objects; or if you do not have that force this instant, you must at least convince yourself that many people do have such force at their command.

If you are not convinced of this, we suggest that before you read further you visit your local library and look through the results obtained by such individuals as Uri Geller, Inigo Swann, and Dr. Olga Worrall. We ourselves have had many well-attested successes. Oftentimes these successes have been witnessed by hundreds of people. At other times, in group work, thirty or forty people have worked together under our guidance to make things happen. In a particularly interesting case, we selected from the audience of a Methodist congregation those people who claimed to be most skeptical of our claims. Following our directions, these self-styled skeptics were able to cure three out of four of the cases of illness that were selected at random from the audience. One of the cases which these skeptics dramatically cured was a horse! The horse certainly was not told of the effort made in its behalf, nor was it influenced on any mundane level.

Many thousands of people in Mind Control classes have been shown and have proven to themselves that they can influence clouds going by in the sky. You too can make a cloud change shape and break up. We personally do not recommend this kind of magic; because we are frankly cautious about interfering too much with the workings of Mother Nature.

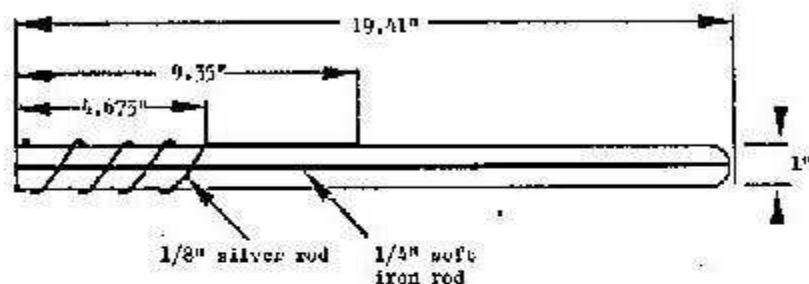
More and more people each day are becoming aware of the possibilities inherent in what is called Sorcery. As they become aware of these possibilities, they will use them. Therefore we have included in this book some basic protective techniques you should know, so that in time to come you can adequately protect yourself from blundering efforts of neophyte occultists and Sorcerers who might affect your reality.

To be reborn as a Sorcerer, you must accept the fact that things are not as you may have thought; that every day people and things are dramatically changed through use of the Vril Force; that these changes result from the deliberate direction of Vril Force for the Sorcerer's goal.

MAKING YOUR ZAUBERSTAB OR MAGIC WAND

The single most important tool of a Sorcerer is undoubtedly his mind, and to the training of this tool we will speak at great length in

future chapters; however, the second most important tool is the wand or 'Zauberstab.'⁽²⁾ The Zauberstab is an extension of the Sorcerer's hand. Just as the six-gun became almost part of the old-time western gunslinger, so the Zauberstab is part of the Sorcerer. It is, if you like, his Light-sabre. No expense should be spared and the utmost care should be taken in making this simple but powerful tool of your Art.



Use oak, ash, or alder 1" in diameter. (Bamboo can be used.) Varnish with six coats of marine varnish.

Figure I-1-1

Construction of a Zauberstab

There are many designs for Zauberstabs, but none are presently available on the market that, in our opinion, are worth the powder to blow them. Figure I-1-1 shows you the construction of a good Zauberstab. Traditionally the steel rod has been inserted into the dowel by burning its way in; however, you may find that this procedure is difficult to accomplish. An alternative is to cut the dowel into four-inch lengths; drill each length individually; then re-assemble and glue the dowels together onto the rod with a good grade of plastic glue. Do not use a water-soluble glue, for occasionally you will want to boil your Zauberstab. The use of the 1/8" round silver rod is very important. Do not skimp in this area of your Zauberstab-making. We have successfully used 1/8" copper instead of silver, but the silver is definitely preferable.

The spaces should be such that when you hold the Zauberstab in your hand, your fingers fit comfortably over the silver and the silver lies in the spaces between your fingers. When using the Zauberstab,

⁽²⁾Zauber = magic. Stab = wand.

the index finger is placed along the silver bar which points toward the tip of the Zauberstab.

The Zauberstab is used in your dominant hand. For most people this is the right hand, though for many it is obviously the left. Your dominant hand is the hand you naturally use for most tasks; it is not necessarily the hand that you have been trained to write with, however since many people are still being forced into right-handed writing. Shown in Figure I-1-2 is the construction of a Zauberstab to be used by a person whose right hand is his dominant hand. For a left-handed person the silver rod should be wound in the other direction.

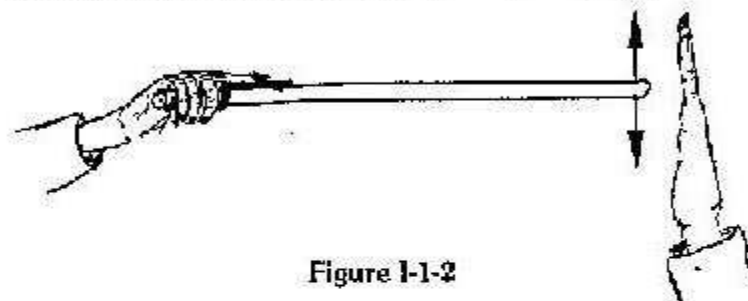


Figure I-1-2

Testing Potency of Zauberstab

FEELING THE VRIL FORCE OF YOUR ZAUBERSTAB

When you have completed your Zauberstab you must test its potency. Hold it in your dominant and point it at your secondary hand as shown in Figure I-1-2. Close your eyes and move the tip slowly back and forth across the ticklish place near the center of your palm, keeping the tip about 1/2" distant from the palm. You should feel the rays (strahlen) hitting your palm. To many people this feels like a cold spot, to a few it feels like a hot spot; to yet others it feels like a finger lightly pressing on the palm or like a magnetic tingle. We cannot tell you in advance how it will feel to you; but feel it you will, for even the poorest-made Zauberstab has the Force.

Now you can run your first experiment. Typically you can place items between the end of your Zauberstab and the palm of your secondary hand, then feel the force as described above. Table I-1-1 is a tabulation of the items we use with our students in such demonstrations, to show which substances admit passage of the Force and which resist it. We think you will be interested in the results you obtain, and would recommend that you not stop with this short table, but try other objects as well.

FINDING YOUR OWN TIME OF PEAK POWER

An extension of the testing of your Zauberstab is the testing of yourself. You will find the level of your power will vary from hour to hour and mood to mood during the day. Table I-1-2 is a self-test table to help you find out when your own Vril Force is at a maximum.

All you have to do is spend a few moments to conduct the Zauberstab-across-palm experiment at the times of day shown in the left-hand column of the Table and enter a check mark in the appropriate weak/average/strong column.

Interruption Level	Feeling Level		
	Weak	Average	Strong
A. Book, 1/2" thick			
B. Book, 1 1/2" thick			
C. As in B. with foil placed in center			
D. As in C. with additional foil at end			
E. 1/2" steel plate			
F. Thin leather			
G. Tumbler or bottle, water-filled			

Table I-1-1

Place the items in the 'Interruption' column between the tip of your Zauberstab and the palm of your sensing hand.

Hour of Day	Weak	Average	Strong
7 a.m.			
11 a.m.			
1 p.m.			
3 p.m.			
7 p.m.			

Table I-1-2

Testing Your Power

GILLIAN FIXES HER CAR

Gillian F. is a hard-working secretary in a small tool and die company in Los Angeles, California. Her interest in Sorcery had become well known to several of the young men employed by the firm; they decided they would have some fun at Gillian's expense. During one afternoon they went out and disconnected the ignition to her car. One of the men who was in on the gag asked why she didn't use her Sorcery to make it work, and successfully conned her into going back into the office to do a ritual. While Gillian was doing the ritual in the ladies' room, another of the men went out and fixed her car. Needless to say, Gillian was pleased that when she tried to start the car the next time it ran perfectly; and all the next day she could talk of nothing but her success—while the men laughed behind her back. They decided they would repeat the trick but this time not fix it, so that they could tell her of the prank when her car failed to start.

When her car refused to start for the second evening in a row, Gillian was very frustrated. Again she went to the ladies' room and again she did her thing. Confidently she walked out to her car (the ignition had not been repaired by the guys) sat in it, turned the ignition key—and much to the amazement of the hidden pranksters, drove away. Of course the men had a long argument as to who had 'fixed' the car, but nobody would admit to having touched it. The next morning, once Gillian was safe behind her desk, the guys went out to look. They found that the ignition wire had not been reconnected. It was barely touching its terminal, though the man who had disconnected it swore he had curled it well out of the way.

After their little joke turned so sour, the pranksters tried no more tricks on Gillian. They were thoroughly convinced that her powers had uncurled the wire and made it touch the terminal.

THE ZAUBERSTAB-AND-PICTURE TECHNIQUE

The system Gillian used was simple. She had a photograph of her car in her billfold, and she merely pointed her Zauberstab at the engine and focused her mind on its running smoothly.

Gillian always carried her Zauberstab with her. This required that she use a small briefcase rather than the purse which is carried by most women, but she never minded the teasing she got for her

idiosyncrasy; she felt it was worth while because it gave her the benefit of always having her Zauberstab close to hand.

Another time when Gillian was alone, late at night in downtown Los Angeles, she saw a gang of toughs approaching her. Opening her briefcase, she took out her Zauberstab and pointed it at them. In the darkness the Zauberstab gave off a perceptible glow. Seeing this glow, and perhaps remembering the Light-sabres from 'Star Wars,' the toughs turned and ran.

You too can send your intent into people and into objects, or into pictures of them, through your Zauberstab. The first time you try this, you should pick from Table I-1-2 the hour at which your powers are greatest. Then, pointing your Zauberstab at whatever it is you wish to influence, concentrate on the effect you wish to achieve. When you have concentrated for a moment, shout the words,

As I will, so mote it be.

In most cases you will find that the thing you wish for will be accomplished.

"DANGER: USE WITH CAUTION"

When you first feel the power of your Zauberstab, you may be inclined to wave it around and point it at everything in sight. This is extremely dangerous. Not only will the Zauberstab scare many people half to death, but it can in fact do physical damage, especially to the eyes. Do not point it at other people aimlessly; for in those unguarded thoughts you have, some may be negative and thus damaging, so things will tend to happen to people even though you had no conscious intent either to help or to harm them.

We usually remove the silver rod wrapping from our own Zauberstab when it is not in use. In this way it looks only like a wooden stick lying around. You would not give a loaded gun to a child who didn't know its power; and if you are sensible you wouldn't point a loaded gun at anyone else. For the same reasons, you will not want to lend your Zauberstab to someone who is unaware of its power, nor will you point it around aimlessly.

THE FATAL LAW OF ATTRACTION

In a time when we see all around us the breakdown of traditional values, when governments, businesses, and private individuals

blatantly ignore the old ethical standards and completely disregard the rights of individuals, we find it ironic to hear ourselves as Sorcerers accused of 'unethical' conduct for our use of psychic powers. When you become a capable Sorcerer, you will find that you can indeed commit psychic crimes and use your powers in unethical ways. Despite this risk, there are three reasons in our reality that make us willing to teach anyone how to use his powers.

A. Attack—the Best Form of Defense

Every day more and more information is becoming available in the public press as to how to make things happen; courses are teaching thousands of people how to perform psychic mind-control tricks. We believe that you need to be able to defend yourself against these stumbling efforts, and (if need be) to teach the experimenter not to meddle. To do this you may need to employ defense techniques which might be construed as interfering with another's freedom.

B. Individual Responsibility

We have a higher opinion of individual ethical standards than seems to be prevalent in the general world. Admittedly, when people are forced together like rats in a cage they do tend to become vicious; but by its very nature Sorcery expands the practitioner's horizons and puts him on a different plane from the general public. Thus most Sorcerers are able to maintain a very high ethical standard in their work.

C. The Law of Attraction

The Catch-22 of Sorcery is that by the immutable laws of a universal reality you will attract to yourself the feelings and emotions that you put out. If you go overboard with negative emanations, negative emanations will be attracted to you. You will get sick and will no longer be able to put out the high level of energy needed for effective work; consequently you will swing back into balance. This is not to say that unethical acts cannot be performed; but it would be less trouble just to buy a gun and commit a crime on the mundane level rather than to use Sorcery in such efforts.

Winning the Game of Life is just as pleasurable as winning any other game; and we believe you can use occult knowledge to help you win that game. If your favorite athlete wins the pole-vaulting competition by the use of a new type of pole (that is strictly within the rules), no one says he is unethical. If the football team develops a new play (that is strictly within the rules) and wins the big game, nobody says they are unethical—in fact the team gets cheers and awards. So why shouldn't you employ your full range of capabilities to win the Game of Life?

You will know in your heart when you are committing a psychic crime in terms of your ethical set. Remember: If you do many negative things, by the Law of Attraction negativity will be brought to you. You will thus be prevented from continuing for long on a negative path.

Chapter I-2

CONCENTRATING AND TUNING YOUR POWERS TO A CLIMAX

YOUR UNSUSPECTED POWERS

From 1930 on, Kitty K and her husband vacationed year after year in Atlantic City. She avoided the games of chance that beckoned from every side—until on their 1960 vacation, suddenly and for no real reason she could pin down, as she was walking by a wheel of fortune she had the urge to back Number 85. A few seconds later, she was happily walking away in the first of a series of wins she had which lasted more than ten years—ten years in which her incredible fortune continued. While other people spent dollars to win prizes, Kitty K spent dimes. Soon she became well-known on the famous Boardwalk as "Lucky," and this luck continued right up until the summer of 1973, when she suddenly lost her gift.

We do not think it was luck. We think that Kitty K had abilities—abilities which lasted an amazing ten years. You too can develop such abilities, provided you are willing to learn how and are willing to apply yourself just a little to the task.

THE THREE D'S OF SORCERY: DETERMINATION, DISCIPLINE, AND DRIVE

The little tests that you did in Chapter 1-1 required that you take measurements on yourself. This typifies the sort of discipline that you must develop within yourself to succeed in the great work. You must be willing occasionally to give up sleep, and to work at odd hours. You must be willing also, for instance, to go for three or four days without certain foods so that you can achieve specific results.

You will also need a certain amount of drive, for instance, when it comes to doing a ritual chant; for you cannot concern yourself with what your neighbors say or with what other persons in the room think about you. Emotion is the very key to success in Sorcery. If you cannot raise dynamic and dramatic emotional feelings without self-consciousness, you will never succeed. If you want badly enough for that worked-for goal to happen, you will find you can do it.

This determination, discipline, and drive is probably tested first in your work by the learning of rituals. Many outsiders feel that rituals are only outmoded sets of words. Indeed when everything is going right, the need for set rituals is minimized. However, as soon as the smallest thing goes wrong, knowledge of the correct ritual and chant can literally save your mind—if not your very life—from damage. When things go wrong, you must have at your command the appropriate affirmation/conjuration, and must have learned it so thoroughly that without conscious consideration you can instantly employ it to set things right again. There will not be time to consult crib-notes or to thumb through a grimoire. Only the material you have memorized and can call up instinctively will avail you on such an occasion. To get yourself out of trouble, you must learn these responses even if you think you will rarely or never need them. If you have never deliberately skidded a car on ice and made it recover, you will be in deep trouble when this situation actually occurs in real life unless you are fortunate enough to have drilled yourself thoroughly in the correct maneuvers.

MIGENE SAVES HERSELF

In her book "The Complete Book of Spells, Ceremonies, and Magic"⁽¹⁾ Migene Gonzalez-Wippler tells a story about how she

⁽¹⁾Crown Publishers, Inc., New York 1978

almost died but through reliance on an automatic prayer she was able to save herself. As she tells it,

... book in hand and armed with my candle and pristine ignorance of the magical mysteries, I faced east and started the invocation. I had barely finished reading the words of the ritual when an indescribable sense of apprehension took hold of me. I had the sudden feeling that I was not alone. My hands became cold and damp with perspiration and I could feel the hair on the nape of my neck bristle with the dread of something as yet undefined. The apprehension grew until it became solid terror. I stood in the middle of my bedroom unable to move or speak, frozen in the icy fears of a strange primeval knowledge. This indescribable feeling of helpless horror was to become for me throughout my magical experiences an infallible sign of some mistake committed during the course of a ritual. Even though I have learned to cope with it better since then it still shakes the very foundations of my soul, because I know that it means definite trouble is coming my way in the form of some very real and very physical manifestation. On the other hand, when the ritual has been perfect in every way and the natural forces are in control, the results can be immensely rewarding and the feeling is one of great inner harmony and peace.

As I stood waiting, book in hand, my body shaking uncontrollably, I felt the room start to fill with a strange energy, with an invisible force that was not the less real because of its invisibility. I could feel it; I could almost touch it, it was so real. And it was also indescribably evil. There was nothing angelic or pure about its essence; I knew it could only cause me harm. There is no way I can possibly describe the feeling of horror and hopelessness I faced at that moment, for who could come to my help, who could release me from the coils of the venomous presence that was encroaching around me in that lonely room? I could feel it swell and gain strength until the large L-shaped chamber with its high scrolled ceiling and tall, graceful doors seemed ready to burst with the foul presence. I tried to keep my self-control, as I knew that upon it depended not only my sanity but my physical safety. Scattered fragments of ancient conjurations came to my mind in vivid flashes, only to fade away into the dark recesses of my unconscious in spite of all my efforts to keep hold on them. At last, aware of my incapacity to control the forces I had released, I raised my eyes to heaven and prayed to God to help me. I prayed with the blind, instinctive faith that can only be born of despair. And slowly, like a reluctant, receding tide, the strange energy

began to flow out and dissipated. I walked to my bed on numb legs and fell across it completely drained of strength. I slept for some hours fitfully and uncomfortably. When I awoke I had a mild toothache. A few hours later I was suffering the most excruciating pain I have ever experienced. My face swelled and pulsed as if a thousand demons were poking their tridents into it. I had to undergo immediate dental surgery on an abscessed tooth that had never given me any trouble. I spent a week in bed with complications that threatened septicemia, and when I finally recovered I had to stay another week at home gathering strength before going back to work.

This experience, which is by no means the only one I have had involving uncontrolled magical forces, is an example of the importance that thorough knowledge and control have in the practice of magic. What really happened was that I unwittingly released vast amounts of psychic energy from my own unconscious, which I was then unable to control. The archangel Raphael symbolizes the raw energies of the sun. He also symbolizes life and health; well controlled his influence is beneficent and harmonious. Uncontrolled, however, Raphael becomes the opposite of life and health. He is in fact no longer Raphael but his complete antithesis, a force of negative and destructive tendencies, the sum total of illness and death. What I succeeded in invoking was not Raphael, the life-giving angel, but his opposite, the angel of death. The strength of my prayers, sparked as they were by my instinct for self-preservation, saved me from the negativity of the destructive energies around me but could not dispel them completely. What I felt, therefore, was the physical manifestation of the negative forces I had released, in the form of illness. These forces were concentrated on the tooth because it was the most vulnerable part of my body at the time.

TRAINING PAYS OFF

No matter what sport or endeavor you are undertaking, even a small amount of training will pay huge dividends. The Vril Force is so vast that dealing with it without training will inevitably lead to unpleasant surprises. Yet the training is extremely simple and straightforward, so much so that even a child can understand. Provided you follow the simple guidelines we will lay down, you will never get into trouble of the sort that Migene brought on herself. The first step in this training is the training of the mind. Mind training will not only help you in Sorcery but will also infinitely enrich your daily life and make you more comfortable in the mundane world.

These first mind training steps are concerned with the

enhancement of your senses and the extension of their capabilities. When you can visualize in fine detail, you can see the beauties of nature for instance far more than if you had never even tried to develop this facility. When you can not only visualize the rose's mundane exterior but can also see its psychic emanations, then the world will become a new place for you to explore with joy and wonder.

YOUR MASTERY TRAINING GUIDE

In the following six subsections we will be giving you methods for extending your sensory capability and for improving your perception and understanding of the world around you. Each subsection is divided into two: The first portion teaches you to extend your mundane sensory capability, and the second section teaches you to extend your etheric capability. You may remember that one of the definitions of 'Vril' is interconnected with the expansion of your etheric body: this expansion is the second step in each of the following subsections.

Before we begin, think of a baseball field on a hot summer's day. A player has just hit a home run. Everyone leaps to his feet and cheers. When you think of this scene, do you see it? Hear it? Smell the people? Feel those near you pushing against you? Taste the hot dogs and beer? Or feel the emotion generated in the field? Whichever of these ways you react will be the way that you should first emphasize in developing your capabilities; for it is the primary way in which your mind thinks. Most people either visualize, hear, or feel the emotion. Very few smell, taste, or feel the physical pressure of other people. You should plan to learn eventually all six modes of awareness. But by starting with your primary, presently partially-developed mode, you can make your path smoother.

VISUALIZATION

A. Physical

Sit in a comfortable chair and visualize a tulip growing from the ground. First it is a minute green spike, just peeping through the rough-textured earth. With your mind's eye, see this tiny spike and see the texture of the earth it is pushing away. Now allow the tulip to grow, seeing it in all the different lights as the sun changes its angle each day. See how the rain sometimes affects its growth. See too the little weeds

see the flower opening and turning to face the sun, and see the bee coming to take the nectar. Then watch it as its petals fall and only the stamen is left. Watch every detail as the stem withers and dies and the leaves go brown while their strength returns to the bulb.

This is an easy exercise. Do it several times, learning and adding more detail each time you do it. Now you probably think you are pretty good at physical visualization. Close your eyes and without touching anything walk from wherever you are sitting out into the street and around the block; then come back. Can you visualize each step sufficiently well so that you can actually take those steps? When you visualize the steps and have in fact walked around the block without opening your eyes, then your physical visualization training can be considered complete.

B. Etheric Visualization

In chapter I-1 you learnt to feel the Vril Force from your Zauberstab. The skill of seeing the force is the counterpart of that feeling-ability. The skill of seeing is often mistaken for spiritual loftiness; but like most other learned acts, seeing Vril is in fact a skill rather than an indication of approaching sainthood.

When you are in tune with a person, you will see his emotions and his very being. If you are naturally clairvoyant, you should be able to see the person's Vril and instantly perceive in that force the changes you are making with your work.

The following way of learning to see the force seems effective for most people. It was developed way back in the late 1800's but for some reason it is seldom taught, despite its success rate; it seems somehow to have been discarded as old-fashioned. In order to see the force, take these steps:

1. Obtain a strong magnet, preferably one made in a horseshoe shape.⁽¹⁾
2. In a darkened room, hang the magnet from a thread so that it is not near any other object, in a place where it will be visible against a background of a pale plain color (not patterned).

⁽¹⁾A good source of magnets is Edmund Scientific, Edgemoor Building, Barrington NJ 08007 (catalogue \$1.00).

3. Sit quietly about three feet from the magnet. Close one eye and look at the magnet for a while with the other eye. Look carefully along the edge of the metal near its open ends. After a time you will begin to see some distortion or warp in the light, perhaps resembling the shimmer of heated air over a road surface on a summer's day. Or what you see may look like an area of light coming from the poles. Either way, this is its energy field. If you cannot see anything, proceed to Steps 4 and 5.
4. Rest your eyes for a few moments, then return to your study.
5. Close the other eye and look at the magnet again.

You will find that one eye immediately gives better results than the other; however, once you have seen the effect with one eye you can develop the capability of the other.

(We often suspect that this looking at people with one eye is the basis for the stories told of Witches putting an 'evil eye' on people; so be careful not to be noticed in the practice observations you make.)

When you can see the energy field with each eye independently, try the next step: Look at it with both eyes simultaneously. This may or may not work for you; it is acknowledged to be more difficult than viewing with one eye at a time.

When you are comfortable with the ability and can more or less assume that it is going to be available when you want to use it, take it a step further and begin to look for the colors that will reveal themselves to you, first in the energy field of the magnet (the difference between the two poles); then around machines while they are running; then around living animals, trees, and bushes; last around the heads and shoulders of people. Do this continually whenever you have a few moments to spare in your daily round.

AUDITION

A. Physical Audition

The exercise for audition is very similar to the one for visualization. In this case, imagine yourself sitting by a small rippling brook in the forest. Try to identify every sound that you can hear: the

sounds of leaves, the sounds of the water, the sounds the animals make or as the old books describe the sound of the grass growing, and the sound of the fish swimming. When you have got all of the forest sounds clearly in your mind, travel to a state park or small wooded area and stay overnight. Make sure that your imagined sounds are correct in every detail, that imagined and actual are identical.

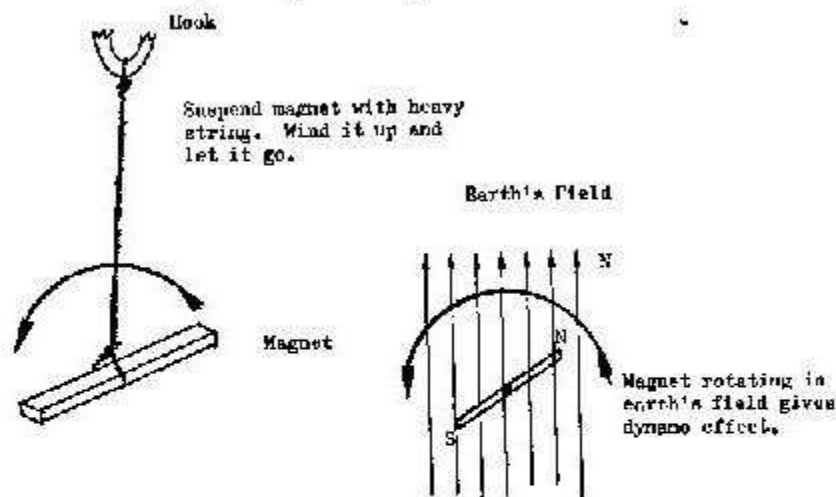


Figure 1-2-1

Aid to Etheric Audition Development

B. Etheric Audition

For this you will need a bar magnet rather than the horseshoe magnet you used in the visualization exercises. Suspend this bar magnet from a piece of cotton thread as shown in Figure 1-2-1 so that it is near your head when you are sitting comfortably. Twist the magnet around on the cotton so that when you release it it revolves or twirls on its axis. With careful audition, you will be able to hear the physical motion of the magnet—but beyond this, you should be able to hear the change in its magnetic field that occurs as the magnet spins in the greater magnetic field of the earth itself. Most people hear this as a faint 'woo . . . woo' sound. When you can hear this sound quite clearly, your etheric audition is beginning to develop. After some practice, you will find that when you go near such things as power lines, you will be able to hear the humming-crackling noise that they make. This is the noise that so disturbs cattle as well as disturbing people who are said to be mentally unstable. For cattle, given a choice, will not graze near

power lines, and people in mental institutions avoid areas of heavy power line concentration or even fluorescent lights.

Many students have also reported to us that once they have developed this etheric audition they are able to hear the signals in telephone lines, so they can pick up the phone before it actually rings. Many well-attested cases of this phenomenon have been shown and have been investigated by Dr. Jose Feola of the University of Minnesota at Minneapolis.

OLEFACTION

A. Physical Olefaction

Olefaction, of course, is the ability to smell. It is usual to test yourself by imagining three or four different smells. The ones most commonly used are cloves, burning sulphur, lilac, and damp earth. Can you imagine these four odors in great detail? Can you write a description of each odor without saying what each actually is in such terms that it would be recognizable to a third party? You will find this is a very difficult task, but it is one that you should pursue until you are fairly certain of success; because once you have defined these four odors in everyday terms you can define and imagine very clearly other odors. Avoid smoking and smoke-filled rooms before doing any olefaction tests. Students of the School are so sensitive to smoke that they often complain in letters if anyone has even smoked a cigarette in our offices.

B. Etheric Olefaction

Etheric olefaction is so well known that it is part of the common idiom of speech. The "smell of fear" is just one such descriptive phrase that we all can recognize. But can you smell emotion? Take the bar magnet that you used for your etheric audition development test and carefully wash it in clean, slightly salted hot water, without using any soap or any detergent. When you are absolutely sure that it is clean and that your hands are equally clean, carefully smell each end of the magnet. You may be surprised, as many people are, to find that each end has an odor, distinct and different from that of the opposite end. When you can surely distinguish one end from the other by its smell, you have developed etheric olefaction.

TACTITION

A. Physical Tactition

The ability to sense through the fingertips or palms of the hands the different qualities of physical objects is often called psychometry. If you wish to study this subject in depth, our book "Meta-Psychometry" from Parker Publishing concentrates wholly on this subject. Tactition is a similar set of skills, but here the emphasis is different, being oriented toward Sorcery rather than simply to a passive reading of impressions. In developing your physical tactile senses it is important to get the imagined tactile feeling in line with the actual tactile feelings. Imagine touching with the center of the palm of your hand a piece of very fine sandpaper. Then imagine touching with that same spot a piece of fine-grade steel wool. Write in as few words as possible the difference between the feelings. Again without actually specifying what you are touching, describe the feeling of a piece of silk in words. See whether a friend can identify the object that you are describing.

B. Etheric Tactition

Take the bar magnet you have used in your other experiments. Holding it in your dominant hand, point it at the palm of your passive hand just as you did with your Zauberstab. You will be able to detect a significant difference between the feeling you get from each of the poles of the magnet. When you are easily able to detect this difference, you have succeeded in developing your sense of etheric tactition.

TASTITION

This is the ability to taste, physically and etherically. For many people this is a very powerful sense. The phrase "He left a bad taste in my mouth" is a familiar expression of this universally recognized experience.

A. Physical Tastition

In developing physical tastition it is first most important to remove from your system any drugs like alcohol, nicotine, and caffeine that will dull these senses. Therefore, before attempting to develop

your capabilities, you should spend three days without drinking either alcohol or coffee, and without smoking.

Prepare three glasses of water. To one add a quarter-teaspoon vinegar; to another add a quarter-teaspoon salt. The differences among these three glasses will be apparent even to the most dulled senses. When you recognize the differences, again write down a description of what you are tasting. Now it is time to reduce the amount of vinegar and salt. You should be able to detect the difference in the water if only one drop of vinegar is added to a glass of water and a few grains of salt to another. More importantly again, it is your mental knowledge of what water tastes like with a minute amount of salt or vinegar added that is important. When you are through the experiment, you should be able to summon in your mind the taste, the very taste, of adulterated water.

B. Etheric Tastition

Again, the bar magnet is the best test of your capability in this area. Carefully cover it with thin plastic. Now wash that plastic covering clean in plain water. When the covered magnet is dry, insert one end of it into your mouth. You will find a distinct difference in the taste sensation given by the two different ends of the magnet. To many people one end tastes metallic and gritty and the other soft and smooth.

Continue this experiment until you are absolutely certain that you can detect the difference. You have now developed your etheric sense of taste.

SENTITION

This is the ability to feel emotion, especially emotion of other people. It is the most subtle and yet the most powerful of the senses. Oftentimes experiments in sentition do not work unless you are completely relaxed and 'homeostatic' as we call it. You must be sexually at ease and in an environment that is neither too hot nor too cold, nor too light or too dark. In other words nothing at all must be tugging at you and demanding attention. The gift of sentition is the second most common form of psychic ability, the first most common being the ability to visualize.

A. Physical Sentition

This is the feelings that are aroused in actual emotional situations: feelings of anger, lust, hate, fear, and so on. It is up to you now to sit down and write down what is different between a feeling of anger and a feeling of hate. Can you write this down in clear form? Can you distinguish between various shades of anger? Can you simulate the external symptoms of anger while inside still remaining calm? Once you have achieved this, you will find that a moment's thought in an argument will bring you back into control of yourself—and probably of the situation. Lastly, can you clearly define and write down the differences between the affection you feel for a loved one and the desire you have for that same loved one?

B. Etheric Sentition

We have found no better test of this etheric sentition ability than the one we described in our previous book "Meta-Psychometry." Go to your local five-and-dime store and purchase twelve identical pearl shirt buttons, a piece of black cloth about a foot square, the same size cloth in white silk, a paperback book on Satanism or some other very negative subject, a book of light-hearted cartoons (perhaps a Peanuts book or something of that nature), and a package of plain white envelopes. Place six of the buttons in the negative book and wrap the book in the black cloth; put the other six buttons in the light-hearted book and wrap it in the white cloth. Let each package remain undisturbed for perhaps a week before you try your sentition ability on them. In the Western world, of course, black is 'evil' and white is 'good;' and what you are trying to do is impress negative and positive emanations on the sets of buttons.

Holding each button in turn in your secondary hand, see whether you can detect which ones are good and which are evil. Usually this effort is enhanced if you place the button in the center of your forehead, holding it there with the palm of your passive hand. Continue this experiment until you can detect the differences in the buttons.

TESTING YOUR POWERS

In each of the six areas you should construct a table similar to the one shown in Table I-2-1. Experiment at the times of day listed in the

left-hand column of the table. Enter a check mark in the appropriate weak/average/strong column.

<i>Hour of Day</i>	<i>Weak</i>	<i>Average</i>	<i>Strong</i>
1 a.m.			
3 a.m.			
5 a.m.			
7 a.m.			
9 a.m.			
11 a.m.			
1 p.m.			
3 p.m.			
5 p.m.			
7 p.m.			
9 p.m.			
11 p.m.			

Table I-2-1
TESTING YOUR POWERS

CLIMAXING YOUR WHOLE BEING

Now is the time to bring all your senses together and finally to tune them on one object. To do this, we suggest you go to the local ceramic outlet and purchase a small unfinished statue of a god or goddess. Sit quietly in a homeostatic state with this statue of the deity in your hands. Visualize the power it had of old. Hear its emanations. Smell the emotions that were aroused by its worship. Feel the press of the crowds and their energy that went into the worship of the statue. Taste this same emotion; and lastly, feel the emotions. Rapidly go through these six sensory etheric feelings. Now concentrate and think of them all at the same time. You must try to hold this concentration for about ten seconds. This is like bringing all the Vril streams of your being together into a mighty river, a river which will sweep all before it. All the fine wires conducting your Vril Force are conducting energy now brought together for the first time into a mighty cable that will conduct your forces and concentrate them on one single objective

Chapter 1-3

OBTAINING THE VRIL POWER

Vril is available to all who would use it. We have countless examples in our files of ordinary people using vril to make their life easier and more pleasant. Jeannie H, a 46-year-old housewife, is now the president of her own corporation, and she mainly attributes this change in her fortunes to the vril power. Ilene G made many hundreds of thousands of dollars at the gaming tables of Paradise Island in the Bahamas. She now lives in seclusion in Trinidad with her new young virile, and most attentive, husband, her two yachts, and a helicopter that she likes to fly when she wants to get away from it all.

You too can obtain the power of vril. Even if this power is merely the power you obtain from a faithful mascot, still it is vril power. If you depend on it, it will work for you. Whatever you do, you cannot ignore it.

DONALD MALCOLM CAMPBELL LOSES HIS TEDDY BEAR

Since his earliest years Donald Malcolm Campbell had followed in the footsteps of his father, Sir Malcolm Campbell. Donald was just a baby when his famous father attained his first world land speed record. He was a young boy when his father first broke the 300 mile an hour on land barrier and then captured the world water-speed record with a mark of 141 miles an hour. Donald first took away his father's water-speed record by breaking the 200 mile an hour on water barrier. Then he broke the barrier of 400 miles an hour on land. He also exceeded 300 miles an hour breaking all known water-speed records—but that day his jet-powered boat blew apart and Donald was killed. The old-timers who had been his father's crew had all said that this last race against the clock was ill-omened. Every time he had previously attempted to break a record, Donald Campbell had carried his mascot which he and the crew believed gave him that little edge, that extra power that kept his cars and boats in control. That edge was his teddy bear. He put vril power into his teddy bear and then he took vril power out of it when he most needed it, in the critical, tense moments when the fine line between success and disaster is thinnest. (On the day of that last fatal race, Donald Campbell's teddy bear was not to be found.)

SELECTING YOUR OWN VRILSTEIN

The vril force is not just a force that you put out; it is also a force that can be stored in inanimate objects. It has been adequately demonstrated that vril force can be stored in objects, in buildings, at places, and can later be retrieved. Peter Hurkos' gifts in this direction are probably the best-publicized, though many other psychics have similar and more extensive gifts. These people are increasingly called on by police to solve their insoluble crimes. Likewise, a Sorcerer can put vril force into an object and send it off to be read by a competent psychic.

<u>Need to be Fulfilled</u> <u>Intent</u>	<u>Illness</u>	<u>Preferred Vrilstein</u> <u>Substance</u>
All unconventional enterprises	Ulcer	Aspen
Esoteric knowledge	Epilepsy	
Disrupt friendship	Dianhea	
Solve mysteries	Insomnia	Willow
Develop mysticism	Irritation	
	Tumors	
Courage	Arthritis	Iron
Exploration	Blood pressure	
Military success	Depression	
Athletic ventures	Exhaustion	Jade (red)
Money	Polio	
Business and commerce	Melancholy	
	Tuberculosis	Aluminum
Advanced technology	Constipation	
Electronics	Hepatitis	
Prediction	Diabetes	Silver
Writing non-fiction		
Safe journey	Bronchitis	
Astral travel	Circulation	Gold
Writing fiction	Digestion	
Gain by water		
Friendship	Thyroid	Teak
Patronage	Mononucleosis	
Create harmony	Menstrual cramps	
Renew youth		Copper
Exams	Cerebral palsy	
Theater	Mental retardation	
Influence people	Colitis	Turquoise
Merchandise	Fever	
Acquire beauty	Blood disease	
Love, friendship	Hypertension	
Pleasure		
Joyous undertakings		
Inheritances	Boils	
Win legal conflict	Burns	
Gratify lust	Impotence	
	Muscle tension	

<u>Need to Be Fulfilled</u> <u>Intent</u>	<u>Illness</u>	<u>Preferred Vrilstein</u> <u>Substance</u>
Career	Nausea	Locust
Luck and wealth	Shingles	
General ambition	Goiter	
Knowledge of astral	Glaucoma	Lead
Business affairs*	Palsy	
Study for exams		
All home matters		

Table I-3-1

BEST VRILSTEIN FOR VARIOUS INTENTS

It is a fact of both the physical world and the psychic world that vril force cannot be destroyed. It can be changed, but not destroyed. Some people call storage objects for vril 'astral energy banks'; in this book we will use the more simple German 'Vrilstein'. You can put energy into a vrilstein or you can extract it by a procedure like dumping it into boiling water. For instance, you can store Vril when you are happy and dump it out to get yourself out of a negative mood. In magical procedures it is usual to store Vril a little bit at a time in a Vrilstein and then dump it out at the height of a procedure to reinforce your own Vril output.

Different types of stone (stein)⁽¹⁾ store different aspects of the Vril Force more easily than others. Rough-surfaced objects also tend to store more of the force than smooth-surfaced objects. Table I-3-1 lists typical good storage materials for the various intents you may have. You should obtain for yourself examples of each of the materials listed; they can be in the shape of small statues or merely rough lumps of the material. These materials will be your tools just as your Zauberstab is. In selecting lumps of each raw material listed, be careful to obtain pieces that weigh not less than one pound and are pleasing to you. You can expect them to serve you faithfully for many years.

⁽¹⁾A vrilstein can be composed of either stone, metal, or wood.

BERTIE BECOMES A PSYCHIC HERCULES

Bertie H lives in a suburb of Birmingham, England. He is now a successful businessman running a chain of florist shops and a gardening-landscaping business. When he left school to start his first florist shop, Bertie was beset with problems. He was a shy, retiring youth who found more pleasure in the company of his flowers than with people. Although Bertie was by no means homosexual, he had become labeled as one because of his gentle ways and his love of green and growing things. Thus he received much negative attention from the local motorcycle gang, who on several occasions came into his shop and trampled many of his prized flowers. Bertie had an interest in the occult, and when the local police seemed either unwilling or unable to defend him, he turned to Sorcery as a mode of self-preservation. Many people would have been bitter about the actions of the motorcycle riders; however Bertie knew that negativity would draw negativity. Thus instead of attacking them he began to try to understand them and bring more love and friendship into their hearts. He constructed for himself a Vrilstein in the shape of a motorcycle; every evening when he came home, he charged his little Vrilstein with all the loving emotion he could muster. Bertie was able to predict fairly accurately when the next attack was likely to occur and so he prepared to meet it. He kept a kettle of hot water nearly boiling on an electric ring in the back of his office. Ostensibly this was his teakettle—but in fact he kept it there so that he could dump his Vrilstein into it. In this way if the motorcyclists attacked him and his beloved plants, its energy would be released.

Two days after he had all his arrangements complete, just as he was about to close down for the night, the motorcyclists arrived. Bertie concentrated his every sense into his Vrilstein, and he pointed his Zauberstab firmly at the leader with his right hand while he dumped his Vrilstein into the boiling water with his left. As Bertie tells it, the transformation was immediate. The leader had in his hands a pot containing delicate flowering snowdrops. Instead of dropping it on the floor as he had obviously intended, the leader gently replaced it on the shelf. He came forward and on the spot apologized to Bertie for the gang's previous harassment, and asked whether there was anything they could do to make amends. Although expecting some positive results, Bertie was himself surprised at this dramatic turnabout. After

some discussion the whole group, including Bertie, went to the local pub to have a beer and to seal a new and apparently blossoming friendship.

While they were there, Bertie had what he himself describes as an inspiration. That morning he had been contacted by a worried householder who needed someone to top out his giant old poplar trees. Bertie asked the leader of the motorcyclists whether they would be interested in working for him in such very manly pursuits as tree maintenance. Thus was a new partnership developed which was of mutual benefit to everyone involved. In its small area of the English midlands the group is still quite well known for its happy working relationships within the group and its ability to take on the most dangerous of jobs.

Using his own Vril Force, Bertie might have achieved a similar result; but we believe that by storing a little bit of his energy at a time in his Vrilstein he was able to become a psychic Hercules when he dumped all this energy out at once. In like manner, though you yourself would have no hope of lifting a thousand bricks all at once, you could easily move them one at a time.

DEPOSITING TO AND WITHDRAWING FROM YOUR VRIL RESERVOIR

A simile often employed in occult circles is the comparison of Vril Force to tinted water, a water which can flow over and into things, yet remain undetected except by occult means. With the flow of this waterlike power, a Vrilstein then becomes comparable to a container of water. Each day you can put into your Vrilstein perhaps a few drops of water; or maybe, if you are not feeling good, you will take away enough of this psychic elixir for a small 'drink.' The essential secret of effective Sorcery is to make sure that every time you add to your Vrilstein you add only the correct type of Vril Force. If you wish, you can add one drop at a time over a period of months to build up a huge reservoir of Vril Force; but unless you exercise strict caution you may find that you are mixing Forces of different intents, thus diluting rather than intensifying the specific Vril Force you intend to store.

<u>Intent</u>	<u>Color (Sight)</u>	<u>Emotion (Feeling)</u>	<u>Sound (Hearing)</u>	<u>Feeling (Touch)</u>	<u>Flavor (Taste)</u>	<u>Scent (Smell)</u>
All unconventional enterprises	Violet	Serenity	Rippling Water	Silk	Lemon	Lemon
Esoteric knowledge						
Disrupt friendship						
Solve mysteries	Lavender	Indifference	Silence	Gelatinous	Flounder	Lavender
Develop mysticism						
Courage	Scarlet	Anger, Superiority	Brass Band	Burlap	Chili	Tobacco
Exploration						
Military success						
Athletic ventures						
Money	Red	Rage	Cymbals	Rawhide	Burgundy	Sandalwood
Business and commerce						
Advanced technology						
Electronics	Yellow	Imitation	Violin Pizzicato	Soft fur	Grapefruit	Cloves
Prediction						
Writing non-fiction						
Safe journey	Amber	Impatience	Surf	Polished wood	Butter	Night-scented Stock
Astral travel						
Writing fiction						
Gain by water						

Friendship	Orange	Loyalty	Fanfare	Gold	Beef	Saffron
Patronage						
Create harmony						
Renew youth						
Exams	Chartreuse	Disappointment	Harp	Wrapped in Sheet	Crabapple	Snowdrop
Theater						
Influence people						
Merchandise						
Acquire beauty	Emerald	Aesthetic Love	Spanish Guitar	Skin	Salt	Rose
Love, friendship						
Pleasure						
Joyous undertakings						
Inheritances	Turquoise	Lust	Bass Drum	Making Love	Port Wine	Orange Blossom
Win legal conflict						
Gratify lust						
Career	Blue	Mother Love	Piano	Cuddling	Oatmeal and Brown Sugar	Narcissus
Luck and wealth						
General ambition						
Knowledge of astral	Indigo	Depression	Clank of Money	Steering Wheel	Cheesecake	Civet
Business affairs						
Study for exams						
All home matters						

Table 1-3-2

SENSORY KEYS TO VRILSTEIN INTENTS

In order to help you get in tune with the correct type of Vril Force, tables called 'tables of correspondences' are used. They are designed so that for any intent you may have, you will be able to hold in your mind the correct picture, hear the correct sound, smell the correct odor, taste the correct flavor, and feel the correct emotions. The Sorcerer concentrates on these sensory keys; then at any time correctly tuned Vril power will flow intensely from the Zauberstab. A typical table of sensory correspondences that you can use is given in Table I-3-2. This table is taken from a grand master table Yvonne compiled, originally based on ancient secret manuscripts called 'grimoires.' Those tables were crystallized over many centuries of Sorcery, and Yvonne refined them further with Gavin's aid so that they would reflect the German Vril correspondences. They may not be right for you, though, because your background may have in it certain specific associations that will prevent your keying on to some of the necessary feelings in the manner in which the table is designed for the Sorcerer to do.

If you absolutely cannot use some of the tastes or sensations or whatever that are in the table, you should substitute your own. We know, for instance, that different things get different people angry. The whining of a mosquito in the darkened bedroom, a bounced check from a friend, the insult received from the boss, these are all things which make some people violently angry. When you substitute other sensory keys, be careful to make sure they feel right by trying them out. Make sure too that they're practical: things you can readily obtain to use.

When you feel 'up,' consult your table and get in tune with one of your Vrilsteins and its sensory keys, then address the Vrilstein in words like these:

Vril Force, flow from me to thee.
Increase my force, each sensory key.
As I will, so mote it be.

Clap your hands sharply to signify the end of the charging ritual. If you have lit a candle as part of the charging procedure, clap your hands in such a way as to extinguish the candle-flame. Then quickly leave the area.

Some Sorcerers use as many as 300 chargings for a single ritual, but we recommend no more than thirty.

A VRIL SAVINGS BANK

When you are putting Vril Force into your Vrilstein, obviously you must arrange matters so that you can also key yourself to withdraw that same Vril Force. This can be compared to making deposits in a bank account or into a safety deposit box, and then drawing them out when they are needed.

Bertie, the florist and landscaper, used a specific Vrilstein associated with a motorcycle. When he needed the Herculean amount of Vril Force, he dumped his Vrilstein into boiling water. This is a standard way in which you can draw out the Force that you have deposited in your Vrilstein savings bank. It is equally effective to hurl your Vrilstein into a brazier of glowing charcoal. The thermal shock releases the stored force to do your will. Oftentimes you will want to add your own Vril Force to that going out from the Vrilstein. In this case you must tune yourself to the right emanation prior to releasing the force in the Vrilstein.

In a typical situation you would arrange on a small wooden table your Vrilstein together with as many items as possible from the 'intent' line of your table of sensory correspondences. If perhaps you wish to gain gold, then looking at the table of correspondences you can see that the Vrilstein should be of gold and it should be put into boiling water rather than melted in a brazier.

USING YOUR MOODS AND VIOLENT EMOTIONS TO YOUR ADVANTAGE

Let us assume that you now have Vrilstein for all the intents listed in Table I-3-2, the table of sensory correspondences. Every time you return home from the world outside, if you are in a high state of emotion you should store that force in the appropriate Vrilstein so that you can use it later. Perhaps you come home extremely angry and frustrated at your boss. You are pouring out this negative force with great intensity, but it is going to waste! Pick up your chosen Vrilstein, hold it for a few moments in your dominant hand, and say a few words to it, like

Hot red anger, bide in here.
Leave me free from hate and fear.
Remain, Vril Staerke,⁽¹⁾ till I set you free.
As I will, so mote it be.

⁽¹⁾Staerke = strength, force.

Not only will you be charging up a Vrilstein for later use, but you will also be removing these destructive emotions from your own etheric body and thus putting yourself more into balance. You will find, particularly in cases of anger, that a good Vrilstein really calms you and halts the production of harmful adrenalin in your body. This in itself is a very healthful thing for you to do.

Once you have charged the Vrilstein in this manner, you must put it out of sight, preferably locked into a steel box. If you just leave it on the shelf, it will affect you. You will have unbalanced your environment. For this reason some people go to the extent of burying their Vrilstein in the garden; you may find especially if you are a very emotional person that you have to follow some similar procedure. We have found that keeping several Vrilsteins charged one for each of the intents mentioned in Table I-3-2 insures a low-level output of wide-spectrum force rather than unbalancing the environment. So if you keep each of your Vrilsteins in its box and the boxes all together in one location, you will be all right.

Whether the emotion you feel be sad or cheerful, loving or angry, if you don't have an immediate use for it, store it against future need.

AMOS IS ALWAYS CALM

Amos L is a black gentleman living in a Chicago suburb. Now on the verge of retirement, he is one of the most serene persons you could ever wish to meet. He totally exudes serenity. Little would you think that this serene man was once a violent defender of militant Negroes' black rights, a man who on many occasions went to jail because of his uncontrollable hot temper. As Amos himself tells it, he was a real young hot-blooded stud—until he met a member of the Black Muslims. Through this man, he was introduced to some of the Santeria practices; but instead of becoming a Muslim himself, he took to the Hispanic-Afro-American religion like the proverbial duck to water. He was lucky to have met a very advanced Santero (priest) of the religion who taught him techniques for controlling his environment through Sorcery. The techniques of the Santero are almost identical to those of the German Sorcerer—even though the Santeria background is in darkest Africa and the German Sorcery comes from northern Europe. Still, wherever you find it, truth is truth; and things that work for humans of one culture often work for those of another.

The Santero taught Amos how to put his anger into a little statue of the god Chango. This was of course exactly what a Sorcerer calls a Vrilstein. When Amos wished to release this anger, he could come home and with careful tuning of his mood send the angry emotions out in the name of Chango to do his bidding.

From the day he learned this technique, Amos was a changed man. From that point on, there were no further arrests on Amos' record. He was never again in trouble with the authorities, for any time he became angry he merely visualized Chango with all his senses and sent his vital forces home into his Vrilstein. Later he released these forces to help the Black rights movement.

THE SERENITY OF A NEOPHYTE CAN BE YOURS

You can easily emulate Amos' technique, especially if you carry your Zauberstab with you. When you become frustrated or angry or overly emotional in any way, all you have to do is point your Zauberstab toward your residence and send that emotion into one of the Vrilsteins that are waiting for it. You will feel the emotion drain from you. As soon as you are back in balance, sheathe your Zauberstab and go on about your business. The technique is simplicity itself.

THE VRIL STRAHL TECHNIQUE

There are two ways of using Vril. One is to send it out in all directions so that it can do its work on many things around you; the other is the Vrilstrahl or 'ray' technique. Sometimes Sorcerers compare this with the focusing of the light from a single bulb into a searchlight as opposed to lighting the bulb and letting its light shine in all directions. Vrilstrahl is an extremely powerful method because it focuses all your force onto one single objective. The major tools in Vrilstrahl work are your Zauberstab and photos of the desire. These are the instruments that produce the focused beam of Vril. If you are absolutely certain of the direction to another person who is to be influenced, then you can point your Zauberstab in that direction and direct your intent like a cannonshot directly at its target rather than at

a photograph. The same is true, of course, when you are charging a Vrilstein; you may point your Zauberstab at it rather than letting the unfocused force flow from your finger tips. It has been found, however, that pointing the Zauberstab at a picture is more effective than sending the Vril off in approximately the right direction. Many peoples of the world are totally convinced that photographs carry with them an etheric strahl link with the subject of the picture. Sometimes that link is called an aka thread, but in Germanic Sorcery it is known as the Strahl.

YOU TOO CAN USE THESE TECHNIQUES

The secret of the Vrilstrahl technique with photographs is that you must always use photographs of the person or thing that you wish to influence **AS THEY WILL BE WHEN YOUR INFLUENCE IS SUCCESSFUL**. This means having the photograph changed so that it is as the person or thing will be **AFTER** the Sorcery magic has worked. Typically, if you are trying to cure a person of some dread disease, you need a photograph of that person in full health with which to work. If you want wealth for yourself, you should surround your photo with photos of the best things of life. If you want to go to bed with that delightful someone from down the street, you should place your photo and that of the delightful someone face to face in a bedroom situation.

Sorcery is a technique designed to make things happen the way you want them to, and you must take a little time to prepare such things as photo montages so that your Vrilstrahl work will be successful.

Now is the time to put into practice what you have learned thus far; for if you wish to proceed to higher levels and greater understanding, you must first complete your Neophyte initiation.

YOUR FIRST INITIATION

NEOPHYTE INITIATION

The traditional Neophyte initiation requires that you

1. demonstrate a magical capability
2. be reborn as a Neophyte by spending a vigil in what used to be called 'the grave.'

YOUR SELF-TEST

The preceding three chapters have dealt with raising and using the Vril Force. The most appropriate self-test for you at this stage, therefore, is a demonstration which will prove to your own satisfaction that you have this force available for use.

Obtain for yourself three or four ping-pong balls. Place them on a plastic-topped table which has been carefully cleaned and polished. Point your Zauberstab at one of the balls, holding your secondary hand up a few inches behind the ball. You should be able to make the ball move away from the end of the Zauberstab toward your secondary hand. When you have done this once, you have passed the test.

For some reason that is not yet clear, very few people can repeatedly do tricks of this kind. You can probably do it four, five, a dozen times quite easily; but there is something in the Vril Force and the etheric body which in most people soon rebels against repetition of these parlor tricks. You should not be dismayed, therefore, if after the first demonstration you cannot repeat the trick; this is quite normal. Listening to sometimes very advanced occultists making excuses as to why they can't make something happen as a demonstration to an audience is often quite amusing to us. The reason they can't make anything happen is that their Vril rebels against parlor tricks. Only very low-level operators can make these things happen over and over. Uri Geller, the well-known Israeli psychic, has great capabilities, for instance in bending and breaking such objects as keys and silverware; however, even he sometimes has to resort to a little trickery when his

powers 'unaccountably' fail. If he were a trained Sorcerer rather than someone with an unusual gift, his powers would probably fail much quicker; for in Sorcery you will find that you can do anything a few times but almost nothing continuously.

THE SOCRATIC FAST

Surviving records of all the great mystery schools of the past show clearly that a candidate for initiation is required to cleanse the body totally, both internally and externally, before being reborn as a Neophyte. From the records of the society of Socrates and Pythagoras through to modern-time Muslim religious pilgrimages, the requirement has not changed. Aspirants must spend three days fasting before being reborn.

For three days, you too must fast in your turn. During those three days you may eat home-made bread and honey, and may drink vinegar and water. Nothing else shall pass your lips. In this time as well, sexual activity and smoking are strictly forbidden. Many people protest it is completely impossible for them to fast, and some may in fact have problems; however, these problems are mainly in their own mind. In November 1977 alone, 2.5 million Arabs successfully completed such a fast, combining it with the hardships that naturally result from a pilgrimage to Mecca. If 2.5 million Arabs of all ages can complete this while traveling across the desert to Mecca, surely in the comfort of your own home you can do it too!

CONNIE HAS WITHDRAWAL SYMPTOMS

Connie J, a slightly built Witch living in Orlando, Florida, went 'cold turkey' into her initiatory fast. During her initiation she collapsed, and thus was disqualified. You should be aware that modern foods contain many additives and that, for instance, the caffeine in coffee is a drug which the body develops a craving for. Stopping caffeine or any other drug cold turkey will give you the same type of drug-withdrawal symptoms that an addict gets when his fix is withheld. These withdrawal symptoms are not as intense as a full-scale addict's reaction; however, vomiting from coffee withdrawal symptoms does occur, and everyone knows how difficult it is to stop smoking. For these reasons it is well for you to taper off by reducing your intake of tobacco, coffee, and tea during the entire month prior to your fast. If

the day before the fast you are down to one cup of coffee and one cigarette, you will have no trouble in completing the fast and you will not, as Connie did, go through a long preparatory period only to blow it at the last moment.

ONE STEP AT A TIME

The steps in your final initiation are very simple. You will need to select a place where you can absolutely guarantee that you will not be disturbed, and you will need the following materials:

1. Water. Boil about a gallon of water with one tablespoon salt for as long as it takes you to say the following incantation three times:

Abracadabra
Abracadabr
Abracadab
Abracada
Abracad
Abraca
Abrac
Abra
Abr
Ab
A

Store this water in a clean bottle so that it is easily transported.

2. Salt, preferably uniodized.
3. A new light loose-fitting robe of some description, preferably of cotton or linen.
4. A Zauberstab.
5. A long-burning candle.
6. A chair made without iron in its construction.
7. A small covered bucket for body excreta.
8. A room in which you will be undisturbed.

When you have selected the room in which you are going to do your self-initiation, you must remove from it everything you will not need for the initiation. If there is furniture that cannot be removed, it should be covered with plain cotton sheets. If there is any suspicion in your mind that the area is not clean of foreign entities, you should burn

about a pound of sulphur in the area in a strong iron crucible. It is best to do this by sealing the room, igniting the sulphur, and leaving the area for two or three days. The sulphur fumes are deadly, so make sure you can air out the room before re-entering it by being able to open windows and doors from the outside. Also be sure that when you light the sulphur the iron crucible is standing in a pan of water so that there is absolutely no danger of fire.

Now examine an almanac. Pick a convenient new moon for the night on which you will initiate yourself. Gradually accumulate the materials you need and place them in your cleansed room. Three days before the new moon of your initiation, begin your fast. If you, like many of us, are holding a job, you should arrange for time off for the day before your initiation and the day of the initiation itself; for this is a spiritual time. It is not a time for mundane petty worries and workplace hassles.

All this preparation may seem very elaborate, but in fact it is simple, provided only that you take it easy, fulfilling the requirements one step at a time and having fun doing it. If it should get to be a hassle, stop your preparations for a day or two and review why it is a hassle. In most cases you will find that it is because you are pushing too hard. It's better to miss the date you selected altogether and do your initiation at the next new moon than to get bad vibes into the effort.

PREPARING YOUR GRAVE

The room you have selected in which to be reborn is your grave. If you have a very trusted friend, get him to lock you into the room for 24 hours. Instruct him not to let you out, no matter what happens. It is an even better test of will power, of course, for you to lock yourself in and not open the door for 24 hours. You will find that if you can get through the first couple of hours without problems, the remaining 22 hours present no difficulty.

This initiation is the equivalent of going through the grave and being reborn. The process has been used by Sorcerers since the dawn of recorded history. In Egypt the crossing of the Nile and the actual physical going through a tunnel in the pyramid was used. In England, even down to relatively recent history, people were locked into dungeons to achieve this same result. Many Dervishes are actually buried alive, breathing only through a thin cornstalk, thus achieving an identical experience. Your grave is going to be a little more comfortable than this; still it will be a real test of your willpower.

Remember the room should include the following articles:

1. A small covered bucket as a toilet facility.
2. Water, vinegar, bread, and honey on which to sustain yourself.
3. There should be no reading material or any electrical appliances that can be turned on of any description in the room. You are going to spend 24 hours in solitary contemplation of your new life and how good that new life is going to be for you.
4. You may if you wish (and it is recommended that you do) take a note pad and pen with you.
5. The windows must be totally blacked out from the outside so that no light whatsoever enters the room. Make sure that when the room is totally blacked out and sealed there is still an adequate air supply and ventilation.
6. Just outside the door, place an alarm clock that can be set almost twenty-four hours ahead. Test to make sure that when it rings you can hear it from within the room.

ENTERING YOUR GRAVE

Two or three hours before the almanac has told you the new moon will occur, you should bathe in water to which you have added a little lemon essence and lilac perfume. You must totally immerse yourself in your bath, for the bath represents the crossing of the river. In Egypt, of course, this was the sacred Nile; in India today it is the sacred Ganges. If there is a river near your dwelling that you can be totally immersed in, it is quite permissible to go to that river for this, your last bath as a mundane human being.

When you have bathed, dry yourself carefully and put on your new robe. Many people ritually burn the clothing they have taken off and lay out for themselves all new clothes to be worn when their initiation is complete. Whatever you decide, remember that you must discard the clothes you wore as a mundane human and not use them until they have been thoroughly cleansed. After the bath, you must wear naught but a new light robe until you are ready to take on your new identity and new clothing after you have left your grave. If you do not have a robe, again you may follow the Muslim precedent and use a new white cotton sheet as a robe.

Go to your grave. Before entering, set the alarm clock as nearly

24 hours ahead as you can manage. Leave your robe outside the door of the grave, and enter it as the Gods made you. Firmly close the door and light the first of your candles. Cast a salt circle on the floor of radius 2.72 feet.⁽¹⁾ Place your chair, Zauberstab, purified water, and remaining candles inside the circle, and the bucket under the chair.

Inside your salt circle, stand facing east. Point your Zauberstab at the salt. With all the Vril Force you can command, put the force into the salt as you walk clockwise around the circle. In the semi-darkness you should be able to see with your etheric vision the white glow that this causes in the salt. Again turning clockwise, sprinkle a little of the water around the circle and say the universal protective affirmation:

I am surrounded by the pure white light of the Vril.
Nothing but good shall come to me.
Nothing but good shall go from me.
I give thanks. So mote it be.

Your one-time affirmation for this initiation is:

I, N_____,⁽²⁾ stand in all humility
before ye Elder Ones, naked as I was born.
Expecting nothing, I accept all.
As ye will, so mote it be.

Now is the time for you to sit with your note pad handy, remembering all the dumb things you have done in the past and putting them away from you. If you like, you can list those things on your pad and burn the sheet in the candle with some affirmation such as:

As the smoke rises,
So I rise above my previous incarnation.
As I will, so mote it be.

Now is also the time to begin contemplating the new life you will have when you are reborn. Write down the things you expect of it. Perhaps you will even want to plan a time schedule of when these things are

⁽¹⁾This is one megalithic yard, or 2 feet 8 2/3 inches in American feet.

⁽²⁾Your given name or a new name you wish to be called.

going to manifest for you. You have plenty of time to accomplish this; for you are going to remain within that circle, on that chair, for 20 hours or more.

The circle must not be broken. If you have forgotten to bring something into it, or if you have to leave it even for a moment, you must start your initiation over again at the next available new moon.

Sooner than you think, your alarm will go off and you can leave your circle to begin your new life. Most initiates begin with a celebratory meal at the best restaurant in town. In this way they affirm that their new life will contain all the good things they desire.

You will notice that the size of the circle is such that you cannot easily lie down in it. You may doze off in your chair, but that is no detriment to the procedure; in fact most people drift in and out of daydreaming; they doze, sleep, dream. The procedure is indeed designed to lower the barriers between spiritual and mundane by not allowing you easily to tell whether you are awake or asleep. It is in this receptive and meditative state that you will really begin to appreciate the possibilities your new life will hold for you.

Congratulations. You are now a Neophyte.

Es sei Licht!

YOU CAN HEAL

Healing is one of the most easily demonstrated uses of the Vril Force. Again, if you are not aware of psychic healing techniques, we would recommend that you read up on a few of the amazing healers who are operating in the world today, people like Dr. Olga Worrall in the United States, the late great Arico of Brazil, and Tony Agpaoa of the Philippines; for by realizing that many people can use the Vril Force for this beneficial work, you will be the more easily able to succeed in your own work.

It is not by chance that Vienna has for the past century been the home of modern psychology, and the source of all the theories associated with production of body disease by the mind; for Vienna lies close to the sources of German Zauberei (Sorcery).

Dr. Freud of Vienna knew full well the importance of a healthy mind to a strong and healthy body.

The Red Cross (Rosy cross) also originated in these Alpine mountains. To the occultist, it is of significance that the center of the Craft lies in Bavaria; for to the west of the center, we have Switzerland whose very flag depicts the Rosenkreuz; and to the east of the center we have the mystical Vienna, the center for 'surgery of the mind.'

When you attempt to heal we do recommend that you work in conjunction with a 'regular doctor', an RD, so that your work is in addition to the RD's work. If the RD's have given up the case, you should be even more encouraged to proceed; for it is in the hopeless cases that you will have your most dramatic successes. Unless there is an emergency situation, we would strongly recommend that you do not proceed if the patient refuses to see an RD, for the patient obviously has a death wish. Thus even if you cure his present disease, you will not save him, for he will immediately develop another disease in order to fulfill his wish to be quit of this plane of life. When your forces are used in conjunction with an RD's prescriptions, dramatic results are achieved with great frequency. These results are so dramatic that various university hospitals have been experimenting with their use. As an example: It has been shown that Vril techniques can mend a broken leg in something like half the time it usually takes for bones to reknit. In our own personal life, Yvonne had a badly fractured arm from which the plaster was removed conspicuously earlier than is normal for a compound fracture such as she had. Most

Chapter 1-4

NEOPHYTE RITUALS FOR POWER, LOVE, MONEY, AND HEALTH

YOU THE SORCERER

By your initiation you have decided and stated that you wish to proceed to become a Sorcerer.

Having taken the first step along the road to mastery of the Vril Force, you can safely do many minor magical actions which will gain you much serenity and can, if you so desire, gain you other good things of life. At this time, however, you should not attempt any of the magic associated with calling down and using of Vril Forces inherent in gods and goddesses. You have been taught, if you like, to ride a bicycle, but you have not yet gotten the keys to the car.

people set up blocks to psychic healing except when it is done under the name of their own deity, like Jesus or Krishna; thus we recommend that you do your work in secret and in your own temple rather than in the home of the patient; for in this way the mental blocks he will sometimes arrange are avoided. You do not need the cooperation of the patient to effect the cure. In many well-documented cases the people we have trained have cured animals—animals that the veterinarian had given up on. The animals were not aware on the physical level of our attempts, yet they were cured.

CIBELLE CURES A SEEING-EYE DOG

Blind Nick was a well-known character in the small West Virginia town in which he lived. He and his dog Sarge, both aging, were to be seen every morning going to the post office for the mail or sitting quietly in the sun in the central park talking with all and sundry. On Sunday morning after church, blind Nick and Sarge were always to be seen sitting on the porch, where Nick would talk to the grownups while Sarge frolicked with the children. Local people knew the pair very well, and it was this very familiarity that caused the accident which almost took Sarge's life. Perhaps the dog had become careless; perhaps Nick himself too trusting. Whatever the cause, one misty morning Nick and Sarge stepped into the roadway in the path of a turning car. Later it was clearly proven that the driver was in error; however, with the slick road surface he was unable to stop. It was said by observers that Sarge turned and pushed Nick out of the way, but in doing so the dog himself could not avoid being struck by the car. A local resident rushed the dog to the veterinarian's; after two hours of emergency surgery, the veterinarian's opinion was that the dog would have a good chance; indeed he did seem to be recovering well. A local society for the blind loaned Nick another one of its dogs, and Nick and the new dog visited Sarge at the animal hospital. From that day on, Sarge, apparently being assured that his old master was safe, and perhaps feeling rejected by the presence of the new dog, refused to eat and started a truly spectacular slide. Realizing what had happened, Nick blamed himself for letting Sarge see the new dog—and he also came down with a heavy fever which quickly developed into pneumonia. Within a week of the visit, both Nick and Sarge were given little chance of living. Local gossip centered around the thought that both dog and master wished to be together in the other world and gave neither any hope of living.

It was at this time that a group of the children who had been fond of romping with Sarge visited the local Witch, Lady Cibelle. She knew of the story, of course, and had seen no reason to interfere with the destiny or karma of an old man and his dog; however, after listening to the children and realizing that Nick was not that old at 55, she promised that she would do what she could. The local papers had been full of the story; from back issues she got photographs of both Nick and Sarge. She set up her altar and went through a standard healing, raising the Vril Force and dumping the power into the photographs. She had asked the children to report on progress, and the next evening she eagerly awaited them. When they arrived she was dismayed to hear that apparently her work had not been successful; Sarge was given perhaps only a few hours to live and Nick was little better. After thinking about the situation, Cibelle decided that straight healing Vril Force was not what was needed. She made a particular effort that night to work on Sarge, putting forth the Vril Force with the total intent of "need" rather than "heal." She was most pleased the following evening to learn that Sarge seemed to have passed the crisis and was now eating again. This news had already been transmitted to Nick, of course; and although he was obviously cheered by it he was still on the critical list.

Now summoning all the Vril Force she could muster, Cibelle worked that night on Nick, sending him a plain message that Nick must get well and be healthy for the great-hearted Sarge who had almost laid down his life for him.

Nick did in fact recover with astounding rapidity, for the carefully tuned Vril Force that the Witch sent had exactly the desired effect.

YOUR NEOPHYTE HEALING RITUAL

All dis-ease is caused, at least in part, originally by some circumstance in the life of the patient which has made him uncomfortable. You have within your body the germs of almost all common dis-eases, yet you are able to keep them under control. It is only when life's mundane stresses mount to an intolerable level that those germs get out of control and bring you down with some debilitating dis-ease. The Sorcerer looks for the root cause of the dis-ease and tries to cure that problem, whereas the regular doctor too often cures only the surface disease. We sometimes say that the RD is curing the symptom, not the real cause.

The causes of diseases are wide-ranging, but most of them come

down to two root causes. The Sorcerer must learn to deal with these in their varied manifestations.

1. Lack of affection and/or recognition—Here the disease is used as a device to gain recognition. The most typical case is the junior executive heart attack. The middle-aged man whose wife is busy with her various clubs, perhaps seeing himself stalled in his job, has a heart attack so that his wife will pay attention to him. If you as Sorcerer cure this heart attack, he will immediately develop something else. What has to be cured is the lack of recognition and affection.
2. Suppression of Emotions—the most common cause of cancer of the genital area is the suppression of the natural sexual emotions that are sometimes aroused in daily contact with people of the opposite sex. Similarly, anger at parents, if suppressed, leads to nervous disorders and complaints. These may show-up perhaps twenty or thirty years after the patient's last contact with his parents, so clever is the human mind. Worry and stress caused by debts and the ever-present threat of being unable to make ends meet often result in diseases which force a change of pace and a rest.

The cure of these root causes can easily be undertaken. Just as Cibelle presented to Sarge the fact that he was still needed, so you can psychically convince your patients that they can gain affection and recognition, or that they can get psychic help in overcoming their stressful conditions.

The first step on your road to a cure is to decide what the patient really needs. He himself may not have any idea of what his real needs are. Get a picture of the patient, surround it with a montage which represents the patient in the future when his problem is overcome. Then all you have to do each evening is stand before the montage and put Vril energy into it from your Zauberstab. Let us say you decide the patient needs companionship. Surround the patient's photograph with pictures of suitable companions, and then energize the combination.

YOU CAN PSYCHICALLY DOMINATE OTHERS

What makes a leader? Why do some people take the lead in a discussion and others constantly sit back and frustratedly accept second place? It certainly is not intelligence, for many times the leader

shows little intelligence on the path that he is attempting to pursue. Many leaders are short and puny. Often they haven't even finished high school, and some are obviously neurotic; yet they are able to dominate millions of people. Careful studies by German Zauberers of this phenomenon show clearly that it is the leader's advanced psychic capability that allows him to assume and keep the dominant-leader role. Most can judge to a nicety the mood of another person, a group, or even 100,000 people in a stadium. Biographers of successful politicians, world leaders, and film and TV stars agree that they are all "as sensitive as a seismograph," their bodies tuned receivers of psychic impressions just before any major appearance. Having received the vril force from the crowd, they retransmit it to control and dominate them.

MARY GETS HER MONEY BACK

Mary J is a single widowed lady who retired from the post office in New York City in the early 1970's. She had been convinced by a Florida land company that she should retire in the warm south. The glowing description of the house that she was to have in the retirement community was far from the truth—yet she had invested nearly \$10,000 in the house and several thousand dollars more in her move from New York to Florida. Mary felt that she had been taken. When she went to a local lawyer in Florida, however, he merely tried to soothe her down, telling her that although the brochure may have had some puffery in it, still in general this was to be expected and she would have a long, hard battle in the Florida courts to get any of her money back.

Mary decided that she would proceed on her own one-woman crusade against the land development company. She began a campaign of meetings with men at progressively higher levels in the land company's chain of command. In each case she carefully arranged matters so that she would have two meetings with the person involved. She took with her a piece of yellow onyx as a Vrilstein. In the first meeting with each man she let him give her the big emotional spiel as to why the firm could do nothing for her. As soon as each man started this spiel she placed the Vrilstein precisely between herself and the man who was putting out all this negative Vril Force—which of course was exactly tuned to the problem at hand. In the second meeting, having gone over what she had been told, Mary would totally demolish the company's arguments in a logical and

forthright fashion. While she was doing this, she would emphasize her points by hitting the yellow onyx Vrilstein on the desk or table which stood between her and the man involved. Before hitting the Vrilstein each time, she would gaze directly into the man's eyes and with all her power would concentrate on dominating his mind.

The force from Mary herself, plus the force that she released by hitting the Vrilstein, always overcame each man's objections and always gained her the interview she wanted at the next level of management. Finally she gained access to the president of the corporation, who later told the board of directors, "She was such a powerful little old lady that I was afraid she could cause us all sorts of trouble if I hadn't moved her right smartly back to New York. She came on so strong in that second interview I had with her that I just knew we had to get her out of here."

After some ironic remarks about little old ladies bullying the aggressive president, the board concurred in his view. Mary was moved in comfort back to New York, not only getting her deposit back from the developer, but also having her move paid for.

YOUR NEOPHYTE DOMINANCE RITUAL

If a timid little old lady like Mary can get her way with the tough president of a land development company, then you can win too by dominating those who stand in your way. The Vril Force allows you easily to influence another to your will. If you do not have sufficient force yourself, you can use one of the Vrilsteins in which you have stored the necessary energy, or use a Vrilstein as Mary did to absorb the force even from those who are obstructing your path. Releasing the force can be done as Mary did it, by striking the Vrilstein, or by dropping it into boiling water or throwing it into a fire. Obviously the last two methods can be done only in absentia, to dominate someone perhaps while he sleeps.

The technique is simple: Decide which Vrilstein you need by looking at the table of intents we previously gave. Charge it either with your own force or with that of the person to be dominated; and at the appropriate time release this force in conjunction with your own to dominate the person in question.

We cannot emphasize enough both how simple the technique is and what a high level of success it usually achieves. Practice it, perhaps in your own family circle first; then extend your control to

those around you. Soon you will be able to dominate any gathering by sensing and storing the Vril Forces that are perhaps against you and then releasing them to influence the group in the way you want.

YOU CAN BE RICH AND LOVED

Men and women are both attracted to the opposite sex by two factors: first a general sexual aura, and second by a look of success and prosperity. The sugar-daddy with his bevy of beauties typifies this second type of attraction. Anthropologists who study animal behavior have shown quite clearly that the most successful male is the one with the best territory. If you have a good address and the aura of success, you will attract whatever mate you wish; and he or she will love you, even though that love is based not on an intellectual level but on an attraction for the success you have achieved. This is a basic instinct, an instinct interconnected with survival of the fittest. Thus when you are seeking love and companionship, you must first seek riches and success. When you have riches and success, love and companionship will automatically follow. Once you are successful you will have to fight off the advances of the opposite sex. In magical theory, it is quite clear that the goddess of love is also the goddess of money, and an appeal for money automatically includes an appeal for love.

JOHN WINS BIG AT THE RACES

John E was the perennial loser. Everything he touched seemed to turn not to gold but to ashes. Almost in desperation, he came to us to ask what he could do with his life. He had taken some occult courses and had tried to follow their advice, but every time he did something it backfired on him. He was what is known in the occult field as an 'Aunt Clara.' Yvonne too sometimes has this problem; it is that there seems to be a built-in reverse gear in the mind. If you ask Yvonne which way to turn at a junction, and turn exactly the opposite way to the way she says, you will be on the right road. She is a negative occultist.

If you have had this trouble in the past, all you need to do is reverse your rituals. Use the opposite Vrilstein from the one you think you would naturally use, and suddenly you will find your rituals will become successful.

We tested John out on some minor map dowsing, and found that he was dramatically negative in his results. Then we advised him to use

his pendulum in identifying losers at the races. Very quickly he found that by doing this he could win! As he began to win, so his confidence increased and he won more and more. Soon he was able to buy new, more expensive clothing; he began to put out an aura of success which of itself quickly attracted several desirable companions to John. One of these was a young, relatively wealthy widow. Of course John was equally attracted by her emanations of success. In less than three months they were married. Now they live a life of luxury in retirement in the Caribbean.

YOUR NEOPHYTE SUCCESS RITUAL

The following is a standard Vril Force ritual for success. It should be done as close as possible to new moon. If you want to change the Vrilstein used, do not hesitate to do so, for it is the Vrilstein which is suitable in your emotional reality that will work best for you. If you do this ritual but you do not gain the success that you expect, then use the recommended negative Vrilstein. Thus you will then be assured of success.

Please leave at least one month between doing a positive Vrilstein ritual and changing to the negative Vrilstein system.

YOUR BASIC WEALTH AND LOVE RITUAL

Necessary Equipment⁽¹⁾

Positive Occultists

Green Linen Cloth
Salt
Silver Coin
Green Candle
Matches
Parchment and Pen

Negative Occultists

Scarlet Linen Cloth
Sulphur
Iron Disk
Red Candle
Matches
Parchment and Pen

Procedure

Arrange a wooden table in a place where you will not be disturbed. Cover it with the linen cloth. Draw a circle of salt or sulphur

⁽¹⁾A good source for Sorcery supplies is The Alchemist Shoppe, 2519 Woodson Road, St. Louis MO 63114.

on the cloth in a clockwise direction. In the center place the silver coin or the iron disk, and stand the candle on it.

As the moon crosses the meridian on the first night after new moon, write the amount of wealth you want on parchment. Turn off all the lights. Light the candle. Hold the parchment in your hands. Look into the candle flame and think on what you wish to be done. When the candle is almost burnt out, burn the parchment in it. Cry in a loud voice,

"Money, Money, come to me.
As I will, so mote it be."

and clap out the candle flame. Put the coin or the iron disk in a place where you will see it every day until full moon. Then when the moon is full, at midnight cast it into a fire.

SUMMARY

The techniques we have described in this chapter are all designed for the Neophyte. They are easy, straightforward, and moderately successful. Of course they are not as successful as those rituals that an Adeptus would do for the same reasons and intents; however, to become an Adeptus requires further training, and the next section of this book deals with the Adeptus level. We strongly recommend that you complete the Neophyte level and make sure that the Neophyte rituals you do will work for you before you start the Adeptus level.

NEOPHYTE NACHWORT⁽¹⁾

Shall any gazer see with mortal eyes
Or any searcher know with mortal mind—
Veil after veil will lift— but there must be
veil after veil behind.

—Sir Edwin Arnold, "The Light of Asia"

You have now glimpsed behind the first veil of the religion of Sorcery. You have, if you like, peeped around the door of the church. If you wish, you may now close that door and go away; but we suspect

⁽¹⁾Nach = after, Wort = word.

that even the small glimpse you have obtained of a newer, better life will make you want to enter the precinct, the hushed sanctuary, to continue your investigation and your development.

In the first chapter of this book we told you how to make your Light Sabre or Sword of Light. If you decide you do not wish to pursue your path toward the light, you are honor-bound to destroy your Light Sabre; for using it without the knowledge that the remainder of this book gives you will surely bring you into disaster. The full use of your Zauberstab can be understood only if you continue and enter into the Church of Sorcery, lifting the other veils one by one until you are truly an Adeptus, a Zauberer of the first degree, and ready to proceed to the status of Magus.

Section II

ADEPTUS LEVEL

One who can meet God face to face
without dying

CAUTION: Do not open these pages
until you have completed
the Neophyte level.

a specific manner, we will give you no choice. In these cases you will change the dimensions, words, or sequence that we recommend only at your own peril.

THE CLEANSING OF YOUR MATERIALS

You have learned in dealing with Vril Force that materials can absorb the Force. A material particularly tuned to a force absorbs that force more easily than it if is not so tuned; however, almost any material will absorb some force. For instance, if you cut yourself in the making of a bronze knife or 'athame' for your ritual working, the knife will absorb some negative Vril Force. In this sense the knife acts as a Vrilstein. Before you use it, therefore, you must cleanse it; otherwise it might ruin your ritual by emitting or absorbing wrongly tuned Vrilstrahlen.

Cleansing of most materials can be done by boiling or by heating them to just under red-hot in your crucible. Combustible objects like books should be placed under a colored light so that detrimental forces can be removed. Light boxes with different colored lights are also made by advanced Sorcerers so that they can finely tune the cleansing light color.¹¹ Robes that you wear in rituals with high levels of Vril Force should afterward be sent to two different dry cleaners. Clothing you have worn in highly emotional situations should be cleaned at least twice so as to rid it of any clinging detrimental Vril emanations.

PETE OVERCOMES HIS SUICIDE DRIVE

Pete L was a golden boy living in an apartment in Playa del Rey, California. He was a pleasant playboy Witch, quite serious in his religion and his wish to keep free from entanglements until he was ready to settle down. He was literally having a ball. He had a generous expense account from his sales position in aerospace; between sales drives he had little to do but sail his yacht and enjoy each new day and the companion it brought. This life should have been idyllic—except somehow every time Pete scored a major sales success, the letdown after the success became deeper. Each success seemed to become more and more hollow, and Pete's depressions became worse and

Chapter II-1

PREPARING FOR YOUR LIFE AS AN ADEPTUS SORCERER

TOWARD YOUR NEXT INITIATION

An Adeptus Sorcerer is one who does not stop at using his own Vril Force. He also is able to draw on the vast cosmic Vril Force that has been stored since the time no man can remember in cosmic Vrilsteins called 'gods' and 'goddesses' by the uninitiated. In order to control these vast forces, you must be adequately prepared with tools and with rituals, both offensive and defensive; so that even if something goes slightly wrong you will still be totally in command of the situation. It is important that you take each little easy step along your path in its correct sequence, making sure you understand each before you proceed to the next. When something is not terribly, vitally important, we will give you choices; but when a thing has to be done in

¹¹See *Mera-Psychometry* by Frost and Frost, Parker Publishing 1978.

worse, until eventually he was literally becoming suicidal instead of being able to enjoy his life. Of course Pete used various Sorcery techniques to help with his sales, especially with his major ones. Chief among the techniques he used was the Vrilstein.

On his visits to the home plant in St. Louis, Pete often got together with us as being fellow Sorcerers, and discussed this problem with us. When he was away from his Playa del Rey stomping ground, Pete did not carry with him any of the negative feelings that he was discussing; instead he was just as much the debonair playboy as ever. Because we saw him away from his home territory, we did not really suspect the depth of his feelings and had a tendency to laugh them off with a joke about his using himself up too much with his various girlfriends.

The next news we got was truly shocking: Pete had attempted to commit suicide and was in critical condition in Los Angeles General Hospital, having shot himself in the head. Gavin flew out as soon as Pete was well enough to receive visitors. Pete had been extremely lucky—or perhaps his aura of protection had been effective—for the gun had badly misfired. Apparently the cartridge had not had any powder in it at all, and the only charge that propelled the bullet had been the firing cap. Whether or not this was coincidence we never found out; however, it caused much speculation in later years.

When Gavin visited Pete in hospital, Pete asked him to get some books from the apartment and gave Gavin permission to use the apartment as his own during his stay in Los Angeles.

As soon as Gavin entered the apartment, he felt it was psychically saturated with negative Vrilstahlen. It was so bad that as soon as he entered the door Gavin's head began to ache; and by the time he got the books Pete had requested, he was near to vomiting. When he took the books back to Pete, he questioned him about his apartment. What had happened there? The only thing that Gavin and Pete could think of was the attempted suicide; but from Gavin's experience, he knew that something more was sadly amiss in the apartment. After carefully protecting himself, Gavin entered the apartment again. The source of the problem was Pete's store of Vrilsteins. All of the negative Vrilsteins were highly charged, whereas all of the positive ones were totally depleted; so even though all the Vrilsteins were stored together, there was a terrible imbalance coming from the box in which they were kept. Gavin took the negative Vrilsteins and cast them into the ocean; then he returned to the apartment and psychically cleaned several other objects.

In later discussions with Pete, Gavin learned that every time Pete had wanted to win a contract he had used up energy from his positive lucky Vrilsteins. This accounted for their depletion. The negative Vrilsteins, on the other hand, continued to gain in power as Pete carefully dumped all his negative thoughts about possible contract losses and other events into them. Thus his Vrilstein store became increasingly negative; and of course after each success when Pete had used up his positive Vrilstein, the negativity was at a maximum.

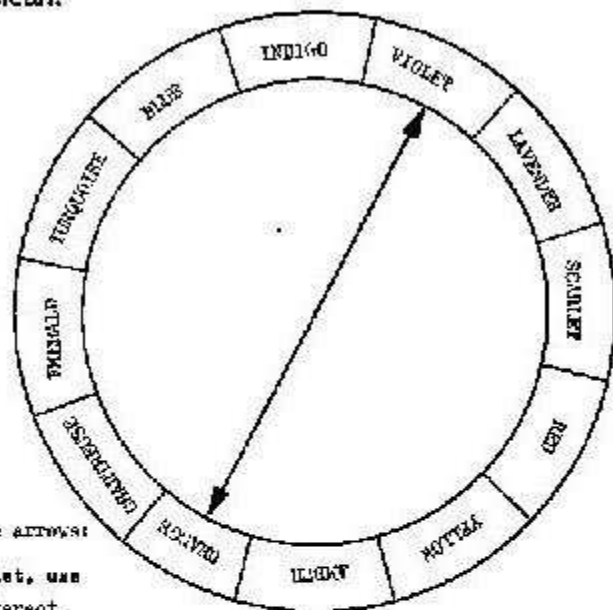
THE SPACE YOU NEED TO WORK IN

You need an area that you can call your own to work in. This area must include your Sorcerer's cupboard that can be securely locked, wherein you can keep your ritual tools and consumable items. The ideal situation would be to devote a whole room, a garage, an attic, or somewhere, to your work. We know that many people living in city apartments cannot afford this amount of space; therefore we have studied at great length the possibilities of working in smaller spaces. We have found that you can work in the corner of a room where you can have a space four feet by four feet available to you, though four by four is the absolute minimum in which you can work successfully. You will need to mount curtain-tracks on the ceiling so as to form a small curtained-off cubicle for yourself. When your area is not in use, you should place a couch or some other heavy piece of furniture across the corner so that it is kept completely out of the normal daily traffic pattern. The curtains should reach from ceiling to floor and should be made of a natural buff-colored hopsacking fabric. You should place in their bottom hem heavy lead weights so that they will not blow around and knock over items as you work in your temple.

PURGING YOUR MATERIALS AND CLEANSING AREAS

Anything you purchase or make must be carefully cleansed of detrimental Vrile emanations. In most cases this is most easily accomplished if you will drop the article into boiling salted water and allow it to boil for three minutes; then quickly taking it out of the boiling salted water, drop it onto a block of ice or place it in corn oil which has been cooled in your freezer. For articles of a fragile nature, the light-box technique is best. Look carefully at the object and view its emanations as you learned to do in Chapter 2 of the Neophyte section

of this book. If the object indeed has an emanation that will be a problem in your work, you will be able to see the color of the emanation. If you can see or feel no emanation, the object is probably psychically clean.



As shown by the arrows:

If you see violet, use orange to counteract this emanation.

Figure II-1-1

Vril Color Balance Wheel

Look at the color wheel, Figure II-1-1. When you have seen a colored emanation from an object, pick the emanation which is exactly opposite it on the color wheel and use your light-box to irradiate the object with this opposite-colored light for a few minutes. Now view the object again. You will see that its emanations are much diminished or may have disappeared altogether. If they have not disappeared, repeat the irradiation. When they have disappeared, you may safely use the object in ritual work.

When it comes to cleansing a room, it is best to wash the whole room down with salted water that has been left for at least 24 hours under the colored light which is opposite the color which you are able to see in the room.

One last procedure is often useful: That is the eviction of unwanted spirit forms. This is done by burning sulphur as was explained for your Neophyte initiation. If the room that you plan to use for your ritual work is the one in which you were reborn, there is no need to burn sulphur again in it.

THE SACRED MEASURES

Since the dawn of recorded history, men have constructed buildings and objects to certain specific dimensions. These dimensions are called 'sacred measures.' They were never used in ordinary life; instead, measures very slightly different from these were employed for normal commerce. Thus in Italy to this day there are two systems of lengths called 'statillanus' and 'aebutianus.' In ancient Egypt there was the secular as well as the sacred cubit. Careful research by many dedicated mathematical scholars has shown that the sacred measures attempt to tune an object or a building to the place at which it is constructed on the surface of the earth. Careful measurements of ancient buildings clearly indicate the pains the builders took to insure their geomantic accuracy.⁽²⁾

The basic measure always used in these religious structures is called the 'astronomic foot.' It is used in conjunction with specific natural constants. These constants have been given by mathematicians the names ϕ , the Golden Section (1.618), and e , the root of natural logarithms (2.72). ϕ and e are magically connected together in the mathematical formula for the Spiral of Life, the spiral which is seen in such places as the curve of a ram's horn, the shell of the chambered nautilus, and even in the curve of the pattern of growth of sunflower seeds. Table II-1-1 gives you the sacred measures you should use.

	<i>Inches⁽¹⁾</i>
Finger	0.735
Thumb	1.00
Palm (4 fingers)	2.94
Hand (4 fingers plus thumb)	3.94
Sacred Hand (5 fingers plus thumb)	4.675
Golden Rule	19.41 (ϕ in inches)
Sacred Yard	28.8
Mundane Yard	30.72
Natural Yard ⁽²⁾	32.64 (e in inches)

Table II-1-1

SACRED AND MUNDANE MEASURE

⁽¹⁾The much-maligned English foot of 12 inches is actually a wonder of accuracy. It is no less than three orders of magnitude more accurate than the meter.

⁽²⁾This table is correct for latitudes from 30° to 66° north or south, where the English foot is within 0.01" of the true astronomic foot.

⁽³⁾Sometimes called the Megalithic Yard.

BETTY'S DISASTROUS ATHAME

Betty was a Welsh Witch living in Conway, North Wales. When it came time for her to make her athame or ritual knife, she was at a loss as to how to proceed; for her tradition required she construct it totally without help out of bronze, a material that she could not easily obtain. As a student of archaeology, Betty was invited one summer on a dig to Israel. During the dig, the workers came upon a hoard of bronze spear points. A quick look at these spear points convinced Betty that here was the answer to all her athame-making problems. She knew, though, that the director would never let her take even one of the spear points out of the country with her, because they were Nubian and quite rare. The assistant director, however, was a younger man who had become quite fond of Betty; and he promised that in return for more of her favors he would mail her two of the spear points when she returned home to Conway.

The deal was concluded with much satisfaction on both sides, and Betty was very pleased to obtain the spear points after her return to Conway. Though Betty had in effect stolen the spear points, her archaeologist's conscience drew the line at cutting or damaging them. Instead she carefully cut and shaped a handle to cover the excess metal; then she took her athame to her high priest for dedication. To her chagrin, he refused point-blank to dedicate it. Being somewhat immature, Betty conceived of this as a slight, and left him to form her own group.

Her very first attempt at a circle with three new Witches whom she thought she had properly trained proved absolutely disastrous. Betty and the other girl in the group both landed up in hospital with terrible migraines which no amount of medication seemed able to cure. Hearing of this, Betty's former high priest came to visit the girls. He realized immediately that they were possessed of a malefic influence. By working with what was essentially a Vrilstahl technique, the high priest was able that evening to reprotect the girls and to remove the possessing influence.

A couple of weeks later he called on Betty to discuss what had happened. Almost her first words were, "I can't understand what went wrong. I sealed the circle with my new athame." At that point the high priest interrupted to ask quietly whether she was talking about the athame he had rejected. When Betty admitted it was, he urged her never to use it again. For, as he pointed out to her, not only did it have the negative connotations of having been a weapon of war and

something which she had traded sexual favors for, but it was also—more importantly, in his opinion—not of the sacred measure; consequently no amount of cleansing that she could do would remove its negative emanations and would ever make her athame a positive good working tool.

A much sadder and wiser Betty made a new athame and returned to her original group. Since that day she has progressed well.

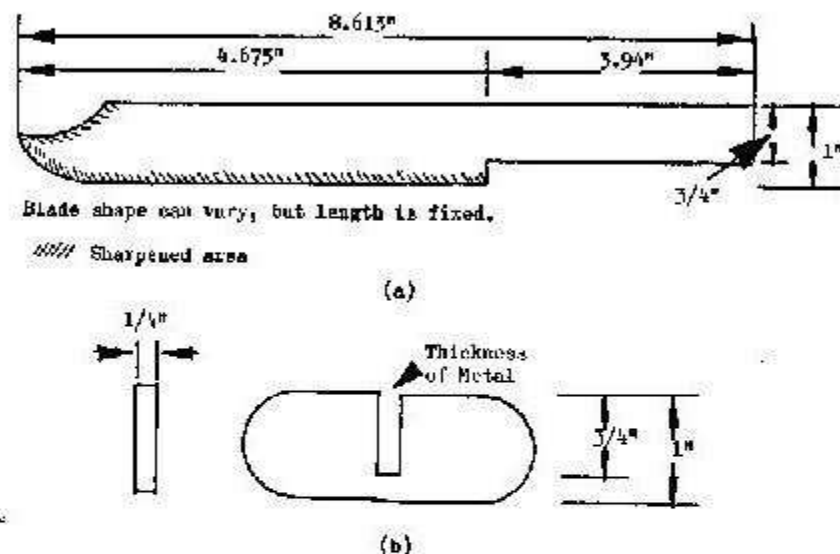


Figure II-1-2

Athame Rough-out

MAKING YOUR PERSONAL ATHAME

Begin with a piece of bronze 1/4" thick, 1" wide, 10" long. Aluminum makes a very acceptable substitute for bronze. On squared paper draw an outline like the one in Figure II-1-2a; transfer it with carbon paper to the metal. Grind away the excess metal, or use a hacksaw to remove it. File the blade, then grind it and hone it until it really shines. Make the edge as sharp as possible. The handle end can conveniently be left in a rough-finish state. The guard (Figure II-1-2b) should fit well and tightly, and should be well-polished like the blade. Use in succession a coarse file, a fine file, a jeweler's file, emery paper, a leather belt impregnated with fine grinding paste, and a leather belt with jeweler's rouge. When the blade is highly polished, it is ready for

etching. Clean it in alcohol and suspend it in a container of melted beeswax by a cord around the tang. Leave it for about ten minutes, then withdraw it and hang it up to cool. You should have a thin uniform layer of wax all over the blade. With a pointed object, draw symbols in the wax as shown.

1. The double S for spirit and soul
2. Your initials⁽²⁾
3. The pentagram, the five points representing the four elements and spirit
4. Your own true birth sign⁽³⁾
- 5, 6. On one side the sun; on the reverse the moon

Draw signs 1, 2, and 6 on one side of the blade and signs 3, 4, and 5 on the reverse, arranged as in Figure II-1-3 so that all the signs will appear right side up when the athame is stuck into the ground.

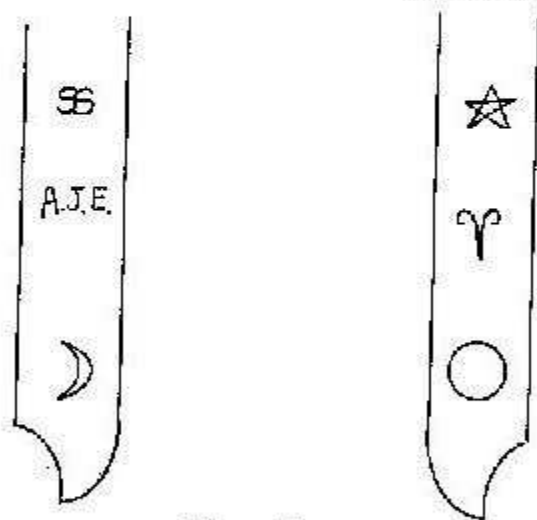


Figure II-1-3
Athame Engraving

Now suspend the blade in hydrochloric acid. This corrosive acid is tricky to handle and should be used with great care, preferably outdoors. The seal of the wax to the blade and the timing of the etching

⁽²⁾The letters and the symbol shown are for an example only. When etching your athame blade, you will use your own initials and your own true birth sign.

are critical, so if you have some spare scraps remaining from the piece which supplied your blade, you should make a trial run first to get the feel of the process. The usual etch time for aluminum and new concentrated hydrochloric acid is seven minutes. Or if you prefer, drop the acid on the blade with an eye-dropper.

After etching, remove the wax and give the blade a final polishing. If it is impossible for you to etch the blade, then have it engraved.

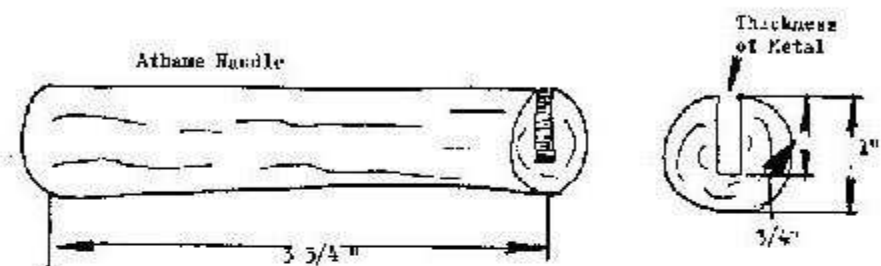


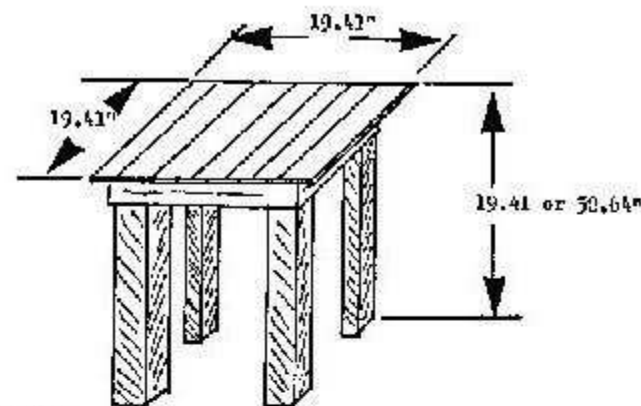
Figure II-1-4
Athame Handle

Form a piece of wood from the dead limb of a tree as shown in Figure II-1-4. Trial-fit the guard and this piece onto the tang. When the pieces fit snugly together, mix up some two-solution glue and glue them together. Bind the handle tightly with linen thread,⁽⁴⁾ finishing this binding without knots by tucking the ends under. The athame is now finished; wrap it in clean linen or cotton.

YOUR SACRED ALTAR

Your altar is simply a plain wooden table with no metal whatsoever in it. Many people make this a box with a hinged lid or side so that it can be used also as a home for the remainder of their Zauberer's equipment. A cubical shape with a side of 1.618 feet (1 foot 7-2/5 inches) has proven for us to be the best possible size. Some people prefer a rectangular shape in which the top surface is 1.618 feet square and the height is a convenient 2.72 feet (2 feet 8-2/3 inches). Figure II-1-5 shows these two altars.

⁽⁴⁾White or unbleached



Wood dovel and glue pieces together. Use three types of wood.

Figure II-1-5
Altar Table

In making your altar, a multiplicity of woods should be used. In ancient times it was considered essential that five various woods be used. From experimental work it is our experience that as long as three or more different woods are used in approximately equal weight proportions, the altar will work satisfactorily without putting out any particular Vrilstrahlen. If your altar were made wholly of one type of wood, it would obviously radiate Vril with characteristics of that particular wood. If you have had any difficulty in making your altar, you should wash it down with boiled salted water in a cleansing technique similar to the one described for the cleansing of the room in which you work. A cleansing of the altar is also advisable any time you have used it in the presence of high levels of Vril.

RAISING YOUR FORCE WITH A CONICAL HAT

With the increasing knowledge available on the properties of pyramids and their ability to concentrate the Vril Force, the reason for such prosaic articles as the traditional dunce's hat have suddenly become obvious to the general public. The Force is so great when concentrated by a pyramid that it can sharpen a razor blade, for instance, or preserve meat indefinitely. The pyramid of which we are most fond is in Uxmal in the Yucatan Peninsula of Mexico. This pyramid is called 'A Divino,' which translated means 'the Sorcerer.'

There is no other pyramid quite like the Pyramid of the Sorcerer: It is not a normal flat-sided pyramid; instead its ends are cone-shaped. Since this pyramid is one of the most recent examples of the pyramid-builder's art, it is obvious that they built into it their most modern technological advances. The Pyramid of the Sorcerer thus shows us that knowledge of the cone shape was available to ancient peoples. The cone is nothing more or less than a charging pyramid that does not require exact alignment north-and-south.

Make from several layers of construction paper. Cover with dyed muslin glued on.

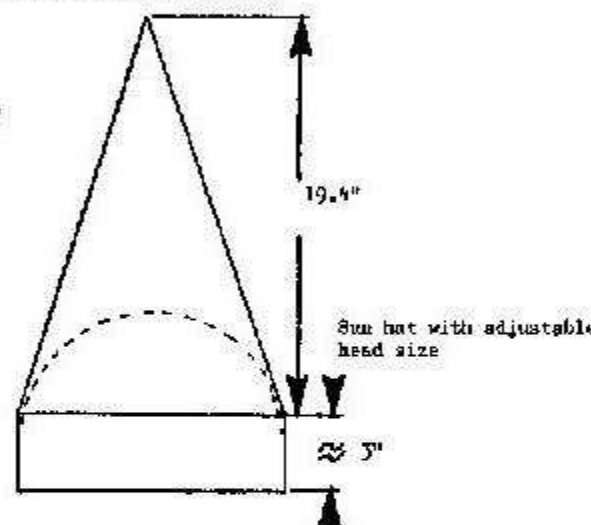


Figure II-1-6
Sorcerer's Charging Conical Hat

In the 1930's in California, thousands of people used cones to help them in their daily life. Figure II-1-6 shows a typical cone-shaped hat that you can make. We recommend you get a sun-hat with a headband that can be adjusted, and then sew the cone-shaped material over the headband. Again, stay as close as you can to the dimensions given, because it does make a difference.

YOUR SACRED FEUERHERDSTEIN⁽⁵⁾

In many cultures the keeping of the fire alight is a sacred trust. The flame at the Tomb of the Unknown Soldier in Arlington, Virginia, is our reminder of this tradition in America. In Wales and in the Celtic

⁽⁵⁾ Feuer = fire; Herd = hearth; Stein = stone.

lands, the place where a man lights his fire is considered absolutely sacred. "As long as he doth keep his fire alight, so shall he own the land around it." So runs the ancient Welsh law written in the Seventh Century at the White House on the River Taff.

If you have a large natural rock with a concavity in it, you could use this for a Feuerherdstein; however, we have found that the arrangement of firebricks shown in Figure II-1-7 is more satisfactory.

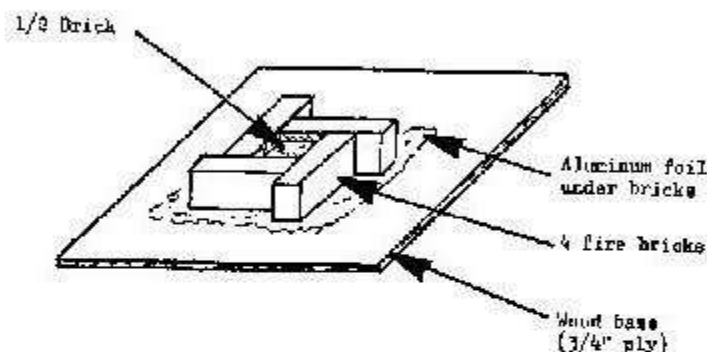


Figure II-1-7
Typical Feuerherdstein

THE NECESSITIES OF SORCERY

There are many minor items you will require to become a competent Sorcerer. Most of these are easy to obtain and are inexpensive. You do not need to write away for specially colored candles from some distant Sorcerers' shop; you can go downtown and buy them from your local five-and-dime or department store. The principal item that you may wish to make yourself is what many people call a 'book of shadows.' A Sorcerer calls this his 'book of illumination' because the light for the words that he places in his book comes from the mystical Illuminati. This book of illumination should be made of the highest possible quality of paper that you can obtain; many Sorcerers make theirs on cardstock that has a beige or parchment-colored surface. Your book of illumination should be bound between thin wood or plywood boards and kept in a leather pouch.

Table II-1-2 lists other necessary supplies you should hand for your work.

Sulphur	Linen Cloth in various colors
Salt	Various Vitsteine
Copper Sulphate	Assorted Herbs
Candles	Sand, to which one tablespoon of
Wooden Matches	graphite has been added per pound

Table II-1-2
SUPPLIES NECESSARY FOR CASTING CIRCLE

SUMMARY

You may think that the gathering and making of artistic materials is a lot of trouble to go to to become a Sorcerer; but for a moment how difficult it would be if you were starting from to make a home-baked apple pie! Think of all the tools, equipment and ingredients you would need. Surely even these would take almost as long to make or assemble as it would to get the needed by a Sorcerer.

We caution one more time: Don't be in a hurry. Take it easy; all those things will gradually come to you. Sometimes you find them in the most unexpected places. We recommend that you look in unexpected places, in fact; perhaps in second-hand stores for some of your supplies as you can. All you need do then is clear your mind physically and psychically, and go to work.

LOUELLA PROTECTS HERSELF

Louella M is a black lady who lives in Atlanta, Georgia. She works as a typing-pool supervisor for a major insurance firm. In getting to her position ahead of the many white girls in the firm, she made many enemies—through no fault of her own. Tales were constantly told to her boss about her misdeeds; and a whispering campaign was started against her impugning her morality, even though she was living in a very successful marriage with two young children. Outwardly Louella was unaffected by all this negativity; she continued to perform more than adequately in her job and maintained a happy home life. Unfortunately, her boss and even her husband became convinced that many of the rumors about Louella were true. Each in his own way began to watch her ever more closely; and of course, because Louella was only human after all, the boss especially found that she did several things which were not 'in accordance with company policy,' things for which he severely criticized her. Even this pressure didn't seem to affect Louella unduly. But when her husband George accused her of infidelity, she finally blew up. Her iron reserve cracked and she took out all her frustrations on her husband. George is a very understanding kind of man; and where many men would have yelled back, he talked to Louella about her problems. "It's those bitches in the office," he told her, "both the white and the black. You've got to stop them talking about you. If I believed the rumors, anyone will!" Though Louella agreed with George, she didn't see how she could prevent her 'girlfriends' from maligning her behind her back.

George said he thought he knew a way. He took Louella to see his grandmother in the small village of Pine Mountain. Granny confided to Louella that she had had the same kind of problems, being a Witch and living in a little village all her life. Granny gave Louella a couple of pieces of very sound advice, a small saying to be used, and told her how to stop the girls saying untrue things.

Over the next few weeks Louella followed Granny's advice faithfully. Two of the girls in the typing pool were abruptly fired. Another separated from her husband with bitterness and violence. Almost overnight, Louella's life became calmer; for of course the girls who were fired and the one who went through the separation were the ones who had been the spreaders of the most virulent rumors.

Chapter II-2

PROTECTING YOURSELF FROM
THE EVIL ONES

EVERYBODY HAS ENEMIES

It is most unfortunate; but in the mundane materialistic world we live in, everyone makes enemies. The least little careless word, the smallest game, the coy glance, all can easily result in complicated and unwelcome intrigues against you. Even when you try to help people, they often turn against you, feeling that your generosity was an unwarranted imposition on them—or conversely, that you should have done more. The world is a competitive place. People compete for jobs, for money, for affection. All these little contests lead inevitably to a win for someone and a loss for someone else. As you win more with the aid of this book, so there will be more losers who will resent you. It is of prime importance, therefore, that you learn how to protect yourself as the Ancients did.

PROTECTING YOURSELF FROM YOUR ENEMIES

You too can use Granny's age-old advice, the first part of which is far easier said than done. Put simply, it is to 'not think about the attacks that are being directed toward you,' and to laugh every time anyone says destructive things about you. The second part of the advice is easier. It is: Repeat the following protective triad every time you enter a negative situation:

I am surrounded by the pure white light of Vril.
Nothing but good shall come to me; nothing but good shall go from me.
As I will, so mote it be.

As you repeat this, imagine yourself to be in fact surrounded by a pure blue-white halo of light. If you are going into a meeting, for instance, stand for a moment at the meeting-room door; take a deep breath, mentally say your triad, and imagine yourself surrounded with an envelope of protection enclosing your entire body.

You will find that this brief pause will allow you to re-gather and re-strengthen your forces and, together with a light-hearted response to any negativity, will reflect off any destructive thoughts that people have of you. By the unchanging law of the cosmos, the negative thoughts will naturally go back to the ones who sent them. That is why the two girls in the typing pool were fired and the third girl became separated so painfully from her husband: The negative thoughts that the girls had started returned to them and did their work on the senders rather than on their target.

YOUR INSTANT PROTECTIVE CONE

Occasionally you will need a very potent protection at short notice, a protection more powerful than that described above. The key to this protective device is the formation of a protective cone around yourself. This protective cone radiates blue-white light and is totally proof against any but the highest levels of Vril vibration or the powers of the cosmos. To form your protective cone, stand in a clear space or (if you can find one) on a small hummock. Hold your Zauberstab in your dominant hand. Rotate it above your head in a circle, first letting its tip point toward the floor, then letting it point at knee level, then at waist level, then at chest level, then at head level.

Finally close the cone by pointing the tip of the Zauberstab straight upward. This procedure is shown in Figure II-2-1. At each revolution of the Zauberstab, see its power flowing out with your mind's eye and say,

I am surrounded by the pure white light of Vril.
Nothing but good shall come to me; nothing but good shall go from me.
As I will, so mote it be.

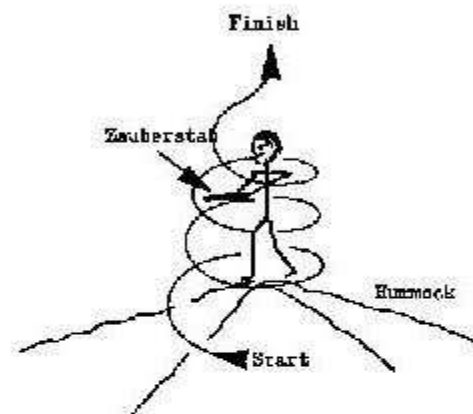


Figure II-2-1

Building a Protective Cone with a Zauberstab

This absolute protective cone will travel with you for almost nine hours. After that time you should either renew it or be within the area around which you have constructed permanent protection.

YOUR POWER WILL ATTRACT ILL-WISHES

Instead of raising themselves to your level of achievement through the same kind of hard work that you have done, you will find that people want to drag you down to their level. Any success beyond the normal is immediately resented; and you will attract many apparent friends with your assured success but will find that they resent your success. Psychically, often without even knowing themselves, they will ill-wish you.

As you gain in power as a Sorcerer, you must be able to protect yourself against attack from three sources. Those sources are:

1. people whose religious affiliations make them believe that you are in league with some 'devil' from whom you gain your powers. These people may attack you in two different ways: They may love you to death, or they may attempt to cast your 'spirit' out—which of course is the same thing as attempting to kill you.
2. your friends who will envy the material and psychic treasures you gain, but who will not want to go to the trouble of working as you have worked for them.
3. other Sorcerers and Witches. Some will attack you because they fear you are gaining too much power; others will attack you to test your powers, believing that the Sorcerer can attain the real temper of Vrilium only through being tested in the fire.

It is vital that you understand these inevitable attacks on your reality and know ways to combat them most effectively.

RUSSELL OVERCOMES HIS IMPOTENCE

Russell K was a typical young adult junior advertising executive in New York City. He lived a rather hectic life with plenty of play time, and he enjoyed much success among the ladies with whom his job put him into constant contact. Russell became interested in learning to be a 'magician' as he called it. His training took him to about the Neophyte level of Sorcery, and through his work he gained many hundreds of thousands of dollars in advertising commissions, commissions which older entrenched advertising executives felt should have been theirs. One such advertising executive, Kyle, was a practicing Witch. He learned that Russell's successes were due at least in part to his use of Sorcery to gain an edge in dealing both with account executives and with the women in his life. At a meeting of Kyle's coven the members agreed that Russell should be tested and perhaps taught a lesson as he was apparently abusing his forces. A rather complex ritual was performed which aimed at making Russell impotent if he used his forces to dominate either an advertising or a sexual situation. Sure enough, within the week Russell had become totally impotent. Of course his work—and his play—suffered. Consequently the Witches' ritual allowed him to become potent again. Being somewhat embarrassed, Russell was quite careful to go easy on

his play life—but he again used his forces very heavily to get a large motorcycle advertising contract. Again he became impotent. After visiting several doctors and receiving their assurances that nothing was physically wrong with him and that he had not caught any odd disease, Russell finally meditated on the situation. He discovered that he was hexed. The hex had almost run its course by then, and Russell finally acknowledged that he had been over-using his forces. Nevertheless he went to his own magical teacher and asked for help to overcome the problem. The teacher told him how to construct an amulet that would protect him from attacks of this type. Russell constructed the amulet; through wearing it he totally regained his potency and his serenity. Although he still continued to use his knowledge of magic for some small personal advantages, he never again used it to the extent that he had before.

YOUR PROTECTIVE AMULET

To protect yourself from the unwarranted attentions of other people, you too can make the amulet that Russell's Master revealed to him. It is quite well-known and comes from the ancient "Key of Solomon." If you run into a streak of bad luck where things are not going quite right, you may in fact have been hexed or cursed and will need protection.

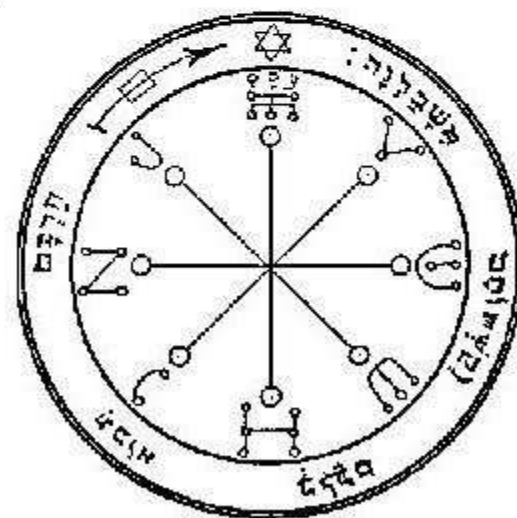


Figure 11-2-2

Protective Amulet

A protective amulet is easy to make. Either buy, or have engraved on steel, a copy of the protective amulet shown in Figure II-2-2. To use it in protecting yourself, here is what you should do:

1. At new moon obtain a piece of new pure white cotton fabric. Measure three cups of water into a pan and add one-half teaspoon of salt. Boil the fabric in this water for nine minutes. Let it dry. When it is dry, with your own hands sew it into a pouch. Place your newly made amulet in it.
2. Each morning attach the pouch to one of your garments with the engraving turned away from your body like a shield. Arrange it so that the amulet is as close as possible to being over your heart.
3. To reinforce the power of the amulet, repeat the triad from the paragraph on the Instant Protective Cone each morning before you leave the house.

For those who are interested, the words in Hebrew around the outer edge of the amulet are written in the Alphabet of Malachim and mean, "God hath protected." The Hebrew letters are taken from the Psalms, and mean, "Their sword shall enter their own heart and their bow shall be broken." Thus this protective amulet will repel and reflect the thoughts of anyone who ill-wishes you.

NEW LIFE IN A NAME

An ancient Egyptian myth tells how Isis learned Ra's secret name and thus gained power over him. Through that power she was able to make her husband Osiris Pharaoh. Your name, especially if it is a nickname, tells a great deal about you. It tells other people how you think about yourself. Say your name now. Is it in some way degrading? Or does it sound as if it has real power? Over the years has it come to have that diminutive 'ie' sound added on at the end? "Nice little Frankie"? "Jug-eared Willie"? Every time you change your job or your place of residence, you have an ideal opportunity to correct this negative situation. You can leave behind you all those childish associations with your old name and take a new one which better suits the person you want to be. It is our recommendation that this public name be kept separate from the name you call yourself, your secret name; for many Sorcerers, and even common people, use a person's name as the link through which they control him. If the name that you

use in public is different from the name you really call yourself, the Sorcerer's work is totally in vain and will be ineffective; for the force he sends will attack only the empty shell of your public image.

BETSY BECOMES EPONA AND MAKES HALF A MILLION DOLLARS

Betsy was a friendly and pleasant girl who always seemed to come out second best, though she managed to smile through it all. She never had a great deal of money nor very much luck in attracting the most desirable men. Close to desperation, she started quietly to study Witchcraft as a means of reaching toward her dreams of wealth and sexual fulfillment; for Betsy underneath was really capable of great passion. In Lecture V of the Witchcraft course which she took from our School, she selected a new secret name. At her rebirth and dedication she told us of her choice. We were somewhat surprised, because it revealed traits of dominance and strong sexuality. We asked her why, if this was her true feeling about herself, she always stressed being called Betsy. Her response told us that she had never realized her name had actually been keeping her down.

At about this time in her life, tragedy struck in the form of a motor accident that killed both her parents. After overcoming her initial grief, Betsy decided that with the moderate wealth which had suddenly come into her hands she would move to a new city and start life over. After some thought, she began to call herself Epona in public, while maintaining the secret of her real Witch name. Epona is the name of the ancient Celtic horse goddess, who is an ancestor of the forthright hunting goddess Diana.

When Epona took her modest inheritance to the local bank in her new home town, it was partially a discussion of her unusual name with the accounts manager—but also partially her new more dynamic personality which the name inspired—that led him to advise her on some property investments which have since realized for her more than half a million dollars. This same young executive introduced Epona into his circle of friends; and after enjoying a butterfly playgirl time she has recently begun living with the owner-manager of a local flying and sky-diving school.

Epona's success in this group of swinging young people naturally attracted many enemies, but few if any of them could affect her; for she maintained the secret of her real name so that anyone attacking would be attacking only the ancient goddess Epona and not Betsy herself.

CHOOSING YOUR SECRET NAME

To choose their secret name, the one they will call themselves in private, many Sorcerers use the ancient art of Gematria. Though it is desirable, however, this is not really necessary in the choice of your first secret name. As you grow and progress, you will learn the names of the various gods and goddesses of ancient time, and you may, if you wish, change your name again. For her public name Betsy could equally well have taken the name Diana; but Betsy is Celtic and Epona is the Celtic equivalent of Diana, so Betsy felt more comfortable with Epona.

In choosing your secret name, you should consider what your ethnic origin is; then at the library consult a reference book of children's names and a reference book of your ethnic mythology. Between these two books you will easily find names suitable to both your newly desired public personality and your private one.

Here is an example of what we mean. 'Gavin' means 'hawk of battle' and is Welsh in origin. Of course this is Gavin's public name, one that he uses in dealing with the turbulent world outside the home. His secret name has a far different meaning. 'Yvonne' means 'archer' and through her writing she sends forth on-target arrows in the form of controversial ideas. Again, at home she has a more pacific name. We trust the knowledge of our secret names only to people to whom we would entrust our very lives.

If your public name is inappropriate, we urge you to take a new one. If you don't have a secret name, you should choose one as soon as possible. Even if you have to change it later, no matter; for without a secret name you are vulnerable to every ill-wisher.

If you like, you may do as Betsy did and choose the name of a powerful old god or goddess for your very own. Don't forget that these ancient deities still have power and by choosing these mythological names you will bring some of that power to yourself. In doing so, you run a possible risk of bringing upon yourself personality traits that you may not like.

SATAN AND LUCIFER LIVE

You learned in earlier chapters how your very thoughts constitute Vril Force. The ageless thoughts that people have about evil deities make those deities live too. When the preacher gets up and expounds on hell-fire and damnation, he is putting energy into the very

images that he is trying to destroy. Thoughts are real. If you think on evil, you will draw evil to yourself. Thus we can say confidently that Satan and Lucifer live today, as powerfully as they ever did in past centuries—if not more powerfully.

"ATTACK ON THIRD BAPTIST CHURCH"

Thus read the newspaper headline in a little Ozark town late in 1962. What was worse, the attack was not on the mundane level, a simple thing like vandalism, but was at the psychic level. Briefly, it all began when a small schismatic group of Baptists left the church because the church had admitted two Korean refugees. Shots were fired in Christian love, and the sheriff had to put down an incipient riot between the two factions, one being white-supremacist oriented and the other believing that the church should admit all who came. The mundane matter having been settled in court, the schismatic group huffily formed its own church, the Twenty-First Baptist, got themselves a new minister, and apparently spent most of their time cursing the original Third Baptist Church.

Very soon unusual events started to occur in the Third Baptist building. Odors of brimstone and sulphur were noted by the faithful. They began to wonder whether they were in fact right to let those Koreans in—whether God was actually on their side.

Events culminated one day in the altar Bible being found burned and scarred as if it had been struck by lightning. The minister decided that the building was truly cursed, and called for a full exorcism. For a couple of weeks after the exorcism life returned to normal for the parishioners; but soon again unusual events started to occur. This was because an exorcism works only against spirits; it does not work well against the Vril Force such as that being beamed from the schismatic group. Even though this Vril Force took on the guise of Satan, still it was a mundane magical force rather than a spirit.

Late one night we received a visit from the troubled pastor at our home in St. Charles, Missouri. He had steeled himself to come to the Witches to ask their advice on his difficulty. We told him exactly how to arrange for a ring of protection around his church, and also taught him the necessary ululation to be added to any Christian chant he wished, to reinforce his protective circle.

The very next Sunday after services, the minister walked around the church with his full board of deacons. Around the church they scattered a complete circle of sulphur mixed with small bent nails. As

they did it, they recited with ululation Psalm 23. This circle of protection prevented any further inflow of the Satan-oriented Vril Force from the schismatic group, and by reflecting it back at them ensured that the same type of problem they had aimed at the Third Baptists would now be inflicted on themselves.

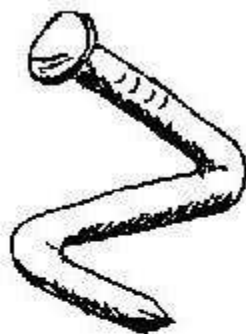


Figure II-2-3

Nail Bent for Protection

PROTECTING YOURSELF AGAINST THE EVIL GOD FORCES

You too can use the protective methodology that we taught that Baptist minister. You should go to your local hardware store and get about a pound of four-inch nails. Bend them through two right angles as shown in Figure II-2-3. Then go to the garden-supply center and purchase about ten pounds of sulphur. Make a complete circle, preferably around your entire house, of bent nails liberally sprinkled with sulphur. Reinforce this ring by chanting as you build the circle of protection some high-energy, positive thoughtform such as,

Here within dwells protection for me.
As I will, so mote it be.

As you chant, you should make your voice ululate or 'warble,' as it is called in civil-defense pamphlets. Each syllable should vary rapidly between high and low pitches so that your voice sounds like a civil defense air-raid warning siren.

A ring of protection such as this one should best be laid down at new moon after the dwelling place has been cleansed as we described

In Chapter 1 of this section. Of course you should not have a ritual area within this protective circle; because anything you do within the circle will stay within it. It may be better for you, therefore, to lay down a protective circle of limited area, perhaps just around your bedroom.

THE SORCERER'S CIRCLE

When he works, the Sorcerer wishes to send out the Vril Force while maintaining his protective cone or circle. This is done through a technique of tuning which depends on the casting of two circles and placing between them symbols which are appropriate to the intent. If you were interested in protection only, you would need to place only bent nails between the two circles; but since you the Sorcerer are interested in more than this, you should use the tuning colors and symbols appropriate to the intent at hand. As an example, let us take the healing of a case of diabetes. Looking at your table of healing intents in Chapter 5 (Table II-5-1) of this section, you see that cloves and aluminum are appropriate to this work. Thus you should place this herb and metal between the two circles as shown in Figure II-2-4. Then you can work in your circle safely protected from everything except the illness you are trying to cure; and, as you will find out in Chapter 5 of this section, you are protected against every god force except that to which the circle is tuned. You could then call down any deity you wish outside your circle to aid in the work, and yet remain totally protected inside your circle.

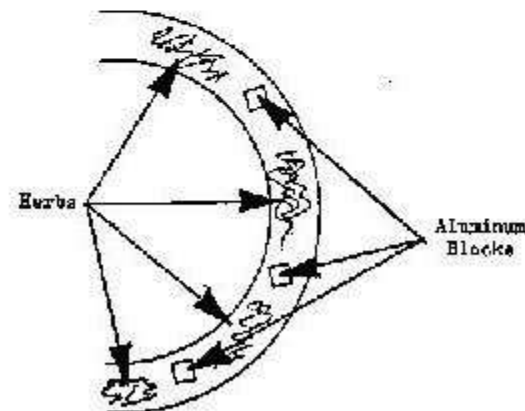


Figure II-2-4

Section of a Sorcerer's Circle

This simple, arcane technique is too often overlooked, even by competent Sorcerers. On one occasion Aleister Crowley, a well-known Magus, caused near-fatal psychic damage to a friend in a room in an inn in Paris, by failing to tune and close his protective circle in the correct manner.

YOUR MASTERY PROTECTION TABLE

In this chapter we have dealt with several levels of protection, levels which range from general protection against ill-wishers who do not have the knowledge to direct and control their evil thoughts; through specific protection against other Adeptus Sorcerers; and finally against all god and Vril forces. We have also considered the special case of a Sorcerer who, needing to work within a protective circle, tunes that circle so that it either excludes the power of the Forces that he summons or lets pass his own tuned Vril Force. Table II-2-1 summarizes these in simple form so that you can immediately choose the level of protection you need. If none of your friends are Adepti or are capable of summoning god forces, then obviously you need very little more than a simple protective amulet. If, on the other hand, one or more of your friends is in fact a powerful Sorcerer, then you may wish as a minimum to form a protective circle around your bed.

In using this table of protective methods, it is wise to go always a little bit further in protection than what you think you need; for the Magus never reveals his full powers. Thus you may be dealing with a much more powerful Sorcerer than you have been led to believe ...

<u>Method</u>	<u>Protection</u>
Visualize protection	Daily
Visualize protection with affirmation	General ill-wishes
Visualize protection with Zauberstab and affirmation	Directed ill-wishes from unskilled friends
Amulet	Directed ill-wishes from Adepti
Secret name	Directed ill-wishes from groups
Protective circle	Against all gods and Vril Forces
Tuned protective circle	Against particular god and Vril Forces

Table II-2-1

LEVELS OF PROTECTIVE METHODS

Chapter II-3

THE LOVE BONDING POWER OF VRIL

EVERYONE USES LOVE

The key to raising and using the Vril Force is the gaining of high emotional levels. When you can gain these levels and control them, then you are well on the path toward a Magus' power. Simulation of anger, fear, hate, and other emotions is readily accepted by most students as quite natural and perfectly permissible, in no way evil. However, there are so many love tabus and so much folklore has grown up around the 'sacredness' of making love that as soon as we tell students they must USE love and get beyond such emotions as lust, they become extremely nervous and uptight. To become an Adeptus, you must learn to control attractive and love emotions and behavior just as you have learned to control your other emotions. You must learn to simulate desire when little or none exists, and to simulate diffidence when you are actually eager. In short, you must learn to use love to attain your goals just as you would use any other technique. Many religious fanatics will virtuously protest that they would never

dream of using love to gain their ends—yet in fact everyone uses love, whether it is a blatant use to obtain a mink coat or manipulation in a more subtle form by the housewife to get that latest labor-saving appliance, "... so I can spend more time with you, dear ..." Even the celibate priest parades his celibacy to gain the sympathy of the women parishioners whom he services. Thus to a greater or lesser degree everyone uses love; and there is no reason why you should not. In most cases your use of love as a source of Vril Force will be for heavily positive ends and on a much higher plane than the uses to which it is put by the general masses.

As people become more honest about love, there will be in Sorcery no embarrassment, no shame, no sniggering or pointing, no stage fright. When people can deal with natural forces and abilities without self-consciousness, the world will be a better place to live in.

LEIF GETS BEYOND SEX

Leif G in his younger days was a blond, handsome Nordic giant living in Minneapolis. He and his wife Ilse met at a ski weekend in Minnesota; after a long courtship they were married in the Lutheran church of their forebears. They were both good church-going Christians and were wholly committed to a monogamous marriage. Over the years they had three children, all of whom showed signs of growing into the best possible type of Nordic-American adults. With the birth of their third child, Ilse gave up her job and stayed at home to look after the family. Although this was a minor economic hardship at first, they soon adjusted to their new standard of living and were a remarkably happy, if inward-looking, family.

Tragedy struck about a year after Ilse had given up her job. It was a gradual thing and not really noticed by the family at first. Ilse became lethargic and didn't want to join in the fun and games on their outings and picnics. Although it was not talked about, of course, she also showed none of her former enthusiasm for love-making. Several months went by before Ilse could be persuaded to visit her physician. His verdict was harsh in the extreme: "She has pernicious anemia and it is probable that her bone marrow is cancerous. I'd say she probably has less than six months to live."

With his world abruptly collapsing around him, Leif reacted badly. He could not understand why this terrible judgment had been passed on his family—a family that was as god-fearing as any in the

city, a family that had none of the shortcomings that he read and heard about other families. Leif went out on a drinking spree which was followed by some drug trips. In the middle of one of these bouts he heard that Witches were in town with a convention, and decided to attend one of our lectures. After the lecture he asked for a consultation, and from then on he began to work with a local Minneapolis group in an attempt to heal Ilse. The things the Witches told him showed him that many of the dogmatic statements he had been forced to learn were in fact not religious truths but merely techniques of control. Leif began then to understand Ilse's needs, the needs of a lady who had been very active and much admired in her job, who had suddenly become a stay-at-home housewife on a reduced allowance. He could see that this could perhaps be the underlying cause for her need for attention and the illness that answered this need. He began to experiment with various Neophyte healing rituals and also began to pay far more attention to Ilse, praising her even though she was day by day becoming more sickly.

It must be said at this point that the Adeptus Sorceress whom Leif met may have been influenced by this attractive man into doing what she did; for she told Leif in no uncertain terms that the only way he was going to save Ilse was by going through a ritual with her (the Sorceress). It is absolutely true that more Vril Force can be raised in a sexual ritual than in any other way; however, it is also true that a group ritual would probably have been as effective.

The Sorceress taught Leif how to hold off the moment of completion while attaining an ecstatic state, then in this ecstatic state to use the tremendous energies developed between the two partners to send out a powerful Vrilstrahl to Ilse.

Even though the Sorceress was not particularly beautiful or any big turn-on, Leif played his role to perfection. He got beyond the mundane love activity; his mind was completely free of what his body was doing. At the peak of the encounter, a few seconds before completion, Leif visualized Ilse as his companion, visualized her in good health, and sent all the energy he could muster into her. At the top of their voices, he and the Sorceress both yelled, "Heal Ilse!" and indeed Ilse was healed. The next checkup with the doctor showed her blood count had jumped and that she was on the way to recovery.

Today the family is still together. They are jointly exploring many of the aspects of the hidden occult world. Ilse and Leif have to their credit several other healings in which they used a technique similar to the one that the Sorceress taught Leif. They have truly learned to go

'beyond sex'; sex has a new place and meaning in their lives. Yes, they enjoy it for pleasure; but they also can—when they wish to—use it as a means of achieving a goal instead of regarding it as just an end in itself.

LEARNING LEIF'S TECHNIQUE

In Table II-3-1, your table of Vrilsteine for each intent, we showed you the various items that would help you tune your emotion in to a particular desire. There are certain emotions which automatically give you the right shade of Vril Force for a particular intent. Thus the red sensory keys should make you feel angry. Conversely, when you feel angry, you are tuned in to the correct shade of Vril that the sensory keys are supposed to engender. You can start at either end of the emotion, as it were, to raise the emotion you want; such work is especially easy with such emotions as anger, hate, gluttony, and (most importantly) the various aspects of love. In Chapter II-6 we will discuss the same carefully tuned Vril Force and its use in healing; for to heal, you have to tune your Vril Force in the same manner in which you tuned it to charge your Vrilsteine.

The four basic aspects of love can be used for these intents. The aspects are shown in Table II-3-1. They range from mother love through lust, and they are personified in the two gods and the two goddesses listed. Over the centuries it has been learned that the Vril Force associated with Freya, goddess of romantic love, is the identical force required to cure a blood disease. Thus if you regard the high point of romantic love as the sex act, you can see that the healing force raised during the sex act is automatically tuned and is correctly aspected for the healing of a blood disease. In order to raise this force, therefore, you must necessarily make love to a partner—not lustfully but very romantically. It must be a candles, roses, and dim lights romantic encounter. All you have to do to raise the Freya power is to get involved in such an encounter, then in the few seconds before the actual completion of the encounter strongly visualize your intent and at the precise moment of completion shout out your desire. You will then have gone beyond sex, for your whole purpose is to effect a cure of someone you love, not merely to gratify your own bodily needs.

The technique is simple, and it is consistently effective. Those who would criticize a Sorcerer for using this technique should ask themselves whether they have in the past used sex for more selfish reasons and to what lengths they would go to heal a member of their family, say a son or a daughter.

Aspect of Love	Vrilstein	Color	Scent	God/ess	Need to Be Fulfilled	
					Intent	Illness
Brotherly	Iron	Scarlet	Tobacco	Tiw	Courage Exploration Military success Athletic ventures	Arthritis Blood pressure Depression Exhaustion Bronchitis Circulation Digestion
Mother	Locust	Amber	Night-scented Stock	Frija	Safe journey Astral travel Writing fiction Gain by water	Boils Bums Impotence Muscle tension Fever Blood disease Hypertension
Lustful/Sexual	Turquoise	Turquoise	Orange Blossom	Woden	Inheritances Win legal conflict Gratify lust	
Aesthetic/ Romantic	Copper	Emerald	Roses	Freya	Acquire beauty Love, friendship Pleasure Joyous undertakings	

Table II-3-1
ASPECTS OF LOVE TO DEVELOP VRIL
FOR VARIOUS INTENTS

DEFINE YOUR NEED AND GET IT FULFILLED

Are you unhappy with your marriage partner or with your latest companion? Many people become unhappy but endure their unhappiness, not knowing its root cause. Usually the cause is that your needs are not fulfilled; you thus lead an unbalanced life with your partner. Yet with a little work it is possible either to bring new partners into your life or to change your present partner so that he or she fulfills more of your mutual requirements. Most marriages are founded on the basic sexual relationship and, as the saying goes, are good in bed. Very few contain all four elements of love as a Sorcerer sees it. Thus if the husband lacks mother love, his parents are called in; for intelligent affection perhaps he turns to his secretary; and for romance he may indulge in a little dalliance on a business trip. Look honestly at your present relationship. Decide what it lacks. Decide whether you can remedy that lack on a mundane level or whether you will need to resort to magic.

Let us say you decide that romance is totally lacking in your life. You have now several choices. You can visualize romantic situations and fill a romantic Vrilstein with romantic energy, which you can then leave around to do its work. You can work on a picture of your companion to make him or her more romantic, merely by using a Vrilstrahl technique and a picture. Or you can bring a new admirer into your life. What you decide to do is up to you; but remember to define your need, then fulfill it either on the mundane or on the magical level. The Vril technique will bring you precisely what you ask for, so be sure to define your need correctly.

FRANCES E AND THE BUM

Frances E is an elderly widow now living in a small town north of San Francisco. When we first met her, she was constantly ill, and asked us to help her regain her good health. Her sickness was really an attention-getting device, for she was comfortably situated with her husband's insurance money and basically she had nothing to do. After considering her case for some little time, we decided that what she really needed was some form of love in her life. She violently disagreed with this suggestion. She had had enough of 'that' with her first husband, thank you very much, she said. We then discussed with her

the different types of love and told her that she probably needed someone to mother rather than either romantic or sexual love. Though on the surface she seemed to disagree with our analysis, we learned later that she had taken it to heart and had gone down to Skid Row to see whether she could find a wino to help. She did in fact find an elderly gentleman who was in the last stages of alcoholism. She took him home and fed him, and gradually won his confidence sufficiently that he dramatically cut down on his drinking. As he recovered his health, so Frances became interested in him sexually. Her love for him changed by degrees from the altruistic mother love of their early days together to a romantic attachment. Unfortunately the man did not return Frances' interest; and when she began to expect something from him in return for her salvaging efforts, he climbed back into his bottle. Of course she immediately got sick again; and having kept track of her efforts on the quiet, we visited her at her home. It took very few words with her to make her realize that during the time she was being a mother and being romantic, she had not had any sickness whatsoever. We told her, "You must bring affection and love of various sorts into your life. You can't live in a completely cut-off isolated manner inside a shell. If, as the prophet said,⁽¹⁾ 'Your pain is the breaking of the shell of your understanding,' you must experience a little of that pain so that you can avoid wasting away with sickness."

We taught Frances how to attract the love she needed into her life. Within less than a month, she was happily into a new relationship which has flowered and increased from that day to this.

YOUR ABUNDANT LOVE RITUAL⁽²⁾

We are assuming here that you either know the name of the person whom you would like to attract into your life, or that you have perhaps a photograph of a movie star who is very similar to the person

⁽¹⁾ Kahlil Gibran The Prophet

⁽²⁾ Note well: This is a caging ritual. Once you have done it, you will never know whether the person is in your life because he or she wants to be—or because of the ritual. Thus we do not perform the ritual on behalf of other people. If you wish to do it for yourself, however, that is your karma and your reality, not ours.

now became yet louder and as unending as the winds blowing across the desert. My father visited me and saw the turmoil of my home, and he did upbraid me; for had I not taken only three wives? Whereas to obey the law I should have taken four. I was aghast at his suggestion, for verily the thought of a fourth voice added to the din did not encourage me. My father, though, was wiser than I. 'Take to thyself a concubine,' he advised, 'and sleep only with her. Make sure before thou sayest thy wedding vows for a fourth time that she be as beautiful as the lotus petal, as bending as the willow, and as thirsting for thy love as the sand dunes thirst for water. After thy marriage, remember thou shouldst not lie with thine other wives—and above all thou shouldst father no children by thy concubine.'

"Verily, my father was wiser than I ever thought; for after I had married the fourth time, tranquillity returned to my house. All is in its appointed place, and all doth run smoothly. The children have an excellent mother; I have an intelligent and erudite business partner; I have a loving concubine who keepeth the blood warmly flowing in my veins. Lastly, we are all when in the house ruled by a loving mother who doth see to our every need. Allah is wise, for he knows the ways of the world."

BRINGING FOUR PARTNERS INTO YOUR LIFE

It is not only men who need variety in their life, of course; women do also. The increasing number of successful group marriages shows that indeed serenity and happiness are more easily achieved in these situations than in a monogamous marriage. If you are truly happily married, you are most fortunate; but you can increase that happiness even further by attracting into your life people or emotions to fill your other needs. In the previous section we gave you a simple and straightforward ritual to attract many lovers. What you now need to do is tune the Vril Force you send out so that it attracts the particular type of love that you need. Remember that this love may well be provided you by your present companion. If you so desire, you can alter your companion so that he or she temporarily gives you the necessary fulfillment. Use the ritual as described in Page 114, tuning it to your present needs. This is best done by a couple who are in agreement as to the results to be achieved, who perhaps both want and need something different from their partner.

THE VRIL POWER OF THE CELIBATE COUPLE

Religious leaders have known since the dawn of history that celibate people are able to raise emotion more easily than those who are fulfilled and relaxed. The thing that too many of these leaders tend to keep secret is that most emotion and hence the most Vril Force is raised when someone who has been celibate for a short time is brought into the presence of a member of the opposite sex who shows a willingness to fulfill the celibate person's most urgent needs. If you have a companion who is willing to experiment with you, you can try being celibate with this companion for short periods of time. You can then test the power that builds up between you when you decide to end the period of celibacy.

Stand facing your companion. Stretch out your left hand, palm downward, and your right hand, palm upward. Have your companion do the same thing. Arrange it so that your palms are facing one another and separated by about an inch of air space. Close your eyes and feel the flow of Vril Force between the palms. On the first day of celibacy it will be perceptible but not strong. By the third day you will find that it is a burning force, a force that makes you take your hands away, for it gives the feeling that if it is continued it would actually burn. After a minimum of three days of celibacy, you will find that the closer you and your companion get to ending the period of celibacy, the stronger will grow the force. You can cage this force in a Vrilstein, or you can make immediate use of it in a ritual. It is one of the most powerful techniques of raising the force known.

EMILY AND CHAD HAVE LOVERS AT THEIR COMMAND

Emily and Chad T live in a little old house in Denver. Neither of them is a particularly sexually attractive person. Both, we would say, were and are somewhat unbalanced by their early life of rigorous sexual suppression by fundamentalist Christian parents. In adulthood, Emily and Chad dabbled in Witchcraft; they dabbled in the occult; and somehow they decided that they should go on a crusade to topple the morals of every fundamentalist they could trap. With deliberate malice they chose as their first target the middle-aged Baptist minister and his wife from a local church. With their occult knowledge, it was easy for them to get the two Baptists individually and separately to succumb to their technique.

They arranged their final denouement with care. They put a heavy drapery across the center of the largest upstairs room of their house. In an atmosphere of delicious secrecy Emily went to bed with the minister on one side of the drapery, and Chad with the wife on the other. Then by remote control they drew back the curtain and allowed the minister and his wife to discover one another. Emily and Chad sat and laughed at the scene of each of the good Christians grabbing their clothes and hurrying from the house.

We have no idea how many lovers Emily and Chad attracted into their evil mesh. We can, however, say that it was many, and that any time they set their sights on a particular couple they had no difficulty ensnaring them.

The technique that Emily and Chad used for negative ends can be used by anyone for positive purposes. Remember the Vril Force is not negative or positive. It is colored only by your motivation in its use.

As would be expected, the Law of Attraction worked. The escapades of Emily and Chad came to a sad end. Emily was mugged and raped one day while she was visiting San Francisco; and though Chad tried to keep on 'the work' with another companion, he was shot by one of his victims—shot, if we may put it delicately, in a very painful place. It is a sad commentary on our times, of course, that Emily and Chad were so easily able to lure so many into their clutches.

CONQUERING THE LOVE OF PLEASURE TO GAIN ECSTASY

If we called this technique Tantric Yoga, few people would feel offended. Remember, though, that it is a technique which has been utilized by occultists and by practitioners of the tantric yoga tradition for many centuries. It is used as well by the Catholic Church to attract much of the congregation to their celibate priest. All you have to remember is that the maximum Vril Force occurs just before and during the time when a celibate couple comes together to end their period of celibacy.

The timing of this ritual seems to be of great importance. After a minimum of three days of celibacy, the couple should spend 32 minutes in what is best described as a romantic interlude, fondling, cuddling, and bathing each other with a scent which is appropriate to their intent.

The next 32 minutes is spent in increasing carefully and slowly the amount of Vril energy. For this purpose it is usual to cast a double-

sized salt circle to contain the energy. The couple may do anything they wish in the circle. They may dance, they may fondle, they may make love. The end point must occur precisely 32 minutes after they have entered the circle, and it should be their mutual release from celibacy. As this is accomplished, they must break apart and, standing one on each side of the altar, send their Vril Force into the objects on the altar and scream aloud their intent. An alternate method is to break out of the salt circle with a similar screamed intent. They may now come back together and go into deep meditation. During this meditation which again should last for 32 minutes, they should receive knowledge as to whether their intent will be granted.

CONCLUSION

We have tried to deal with this rather sensitive subject as simply as possible. The ancient techniques work as well today as they ever did; but because modern people have different social standards than did our ancestors, it is sometimes difficult for us to use these techniques. If you have a total mental block against using techniques of the tantric sort, you don't have to use them; in fact, we recommend you use other techniques to accomplish your end.

Chapter II-4

YOUR GUIDE TO POWER CHANTS, DANCES, PLACES, AND TIMES

THE RAISING OF YOUR EMOTIONAL LEVEL

In the Neophyte level we dealt mainly with raising emotion through visualization; the turning on of your Vril Force can be made more intense, however, by the use of other techniques known to Sorcerers. This turning on of your own transmitter's power at a moment's notice is highly important in your work. We see in such simple activities as sing-alongs, square and round dancing, and pep rallies the surging emotion that can be raised by a crowd. It is this high level of emotion that you must learn to turn on in yourself with the aid of the various techniques we will describe in this chapter. It has also been found that doing rituals at certain specific places on the globe and at specific times gives more consistent results than if these considerations are ignored.

EDGAR GETS A MILLION-DOLLAR INHERITANCE

Edgar M is a sensitive, slender young man who lives in Sydney, Australia. He is comfortably off now, with a million dollars or more in stocks and bonds. This money came from the sale of his grandmother's outback sheep station, a station that his grandmother had sworn time and time again she would never leave to 'that sissy.' Edgar was, however, the direct descendant, his parents both being dead; in fact he was his feisty old grandmother's only living relative. Every time he visited the station, though, he seemed to make the old lady mad at him for his lack of farm knowledge and his obvious distaste for the smell, flies, and dirt associated with a sheep station. The grandmother had shown him her will, so he knew she had left the station to her foreman and his wife. He knew too that she had bequeathed to Edgar the cash and securities that were in her name, which amounted to something under \$50,000 and was to Edgar merely an insult.

Edgar was too proud to appeal directly to the old lady's sense of family, so he decided he would try to appeal to her on the psychic plane; if an appeal was not sufficient, he determined to force her into changing her will through occult means. He went through a chant-dance technique with one of his friends, and the very next day his grandmother called him to say that she had had a dream in which Edgar's late mother had appealed to her sense of family to keep the money in the hands of family members. Grudgingly she told Edgar she was changing her will in his favor but that it was to be strictly understood her foreman should have first refusal on buying the station; further, that Edgar was to treat him well—"or by golly I'll haunt you, and that's fair dinkum," the old lady swore. Because Edgar had no doubt that his grandmother would haunt him when she finally did die at the grand old age of 102, he sold the sheep station on very easy terms to her foreman. This allowed him to pursue his interests and studies in a comfortable luxury apartment overlooking beautiful Sydney harbour.

YOUR GUIDE TO POWER CHANTS

Chanting should be done at a high-volume level; however, if you live in such circumstances that the noise would distract the neighbors, then mental chanting, mouthing the words, also works. The secret in successful chanting is the quiet, slow beginning which gradually

increases in speed and emotional content. Many song choruses of a repetitive nature have this same rhythmic buildup. Listen some time to the buildup of the 'Hallelujah' in the latter half of Handel's 'Messiah.' This music he supposedly wrote as a storm gathered and beat on Fingal's Cave on the Scottish coast. The beating of the sea and the building of the waves can clearly be felt in the rhythmic buildup. That is the buildup you need to emulate. Imagine the sea beating against the hull of a wrecked ship: Gradually it batters it, then with one final smashing wave it destroys the ship and there is a sudden silence.

As you chant, you build up as a storm at sea builds up. At the final peak of your emotional power, symbolically you smash out your intent. At the same time you may clap out a candle or throw your Vrilstein into the fire, or do some similar force-releasing act; then afterward all is silence.

As with all things, the chants vary according to your intent. Over the centuries it has been found that different words of power chanted at different levels and rhythms tune more finely your outgoing Vrill Force. Previously you learned that certain Vrilsteine accept more readily the different types of Vrill force; in the same way the chants shown in Table II-4-1 tune the Vrill Force so that it will do your will more readily.

<u>Intent</u>	<u>Need to Be Fulfilled</u>	<u>CHANT</u>	<u>Pitch</u>
	<u>Illness</u>	<u>Pronunciation</u>	
All unconventional enterprises	Ulcer	Aye-Oh	Very high
Esoteric knowledge	Epilepsy		Wailing
Disrupt friendship	Diathea		Spirituoso
Solve mysteries	Insomnia	Aum	Low
Develop mysticism	Irritation		Largo
Courage	Tumors		
Exploration	Arthritis	Ka-Ka-Ka	High
Military success	Blood pressure		Sharp
Athletic ventures	Depression		Staccato
	Exhaustion		
Money	Polio	Gay-Ah	Low
Business and commerce	Melancholy		Resonant Hum
Advanced technology	Tuberculosis		Largo
Electronics	Constipation	Ah-Bra	Very High
Prediction	Hepatitis		Wailing
Writing non-fiction	Diabetes		Spirituoso

CHANTS, DANCES, PLACES, AND TIMES

<u>Intent</u>	<u>Need to Be Fulfilled</u>	<u>CHANT</u>	
	<u>Illness</u>	<u>Pronunciation</u>	<u>Pitch</u>
Safe journey	Bronchitis	Homm	Medium
Astral travel	Circulation		Flowing
Writing fiction	Digestion		Legato
Gain by water			
Friendship	Thyroid	Mm-Mm	Low
Patronage	Mononucleosis		Largo
Create harmony	Menstrual		
Renew youth	cramps		
Exams	Cerebral palsy	Mu-Ah	Medium
Theater	Mental		Legato
Influence people	retardation		
Merchandise	Colitis		
Acquire beauty	Fever	I-Oh	Low
Love, friendship	Blood disease		Resonant
Pleasure	Hypertension		Largo
Joyous undertakings			
Inheritances	Boils	Yah-Weh	Medium
Win legal conflict	Burns		Flowing
Gratify lust	Impotence		Legato
	Muscle tension		
Career	Nausea	Aye-Oh-Em	High
Luck and wealth	Shingles		Staccato
General ambition	Goiter		Sharp
Knowledge of astral	Glaucoma	Aye-Oh	High
Business affairs	Palsy		Wailing
Study for exams			Spirituoso
All home matters			

Table II-4-1

Chants for tuning Vrill Force

WHY THE DERVISH WHIRLS

Whatever technique you use to raise power, whether visualization, chanting, or dancing, what you are doing is turning yourself into a minute magneto-electrical machine. You are in effect making yourself into a powerfully pulsing magnet. When this magnet moves in the earth's cosmo-magnetic field, you tremendously amplify your powers. The fastest and easiest way to generate additional power, therefore, is to pivot on one foot in a fast spin. This is shown in Figure II-4-1.

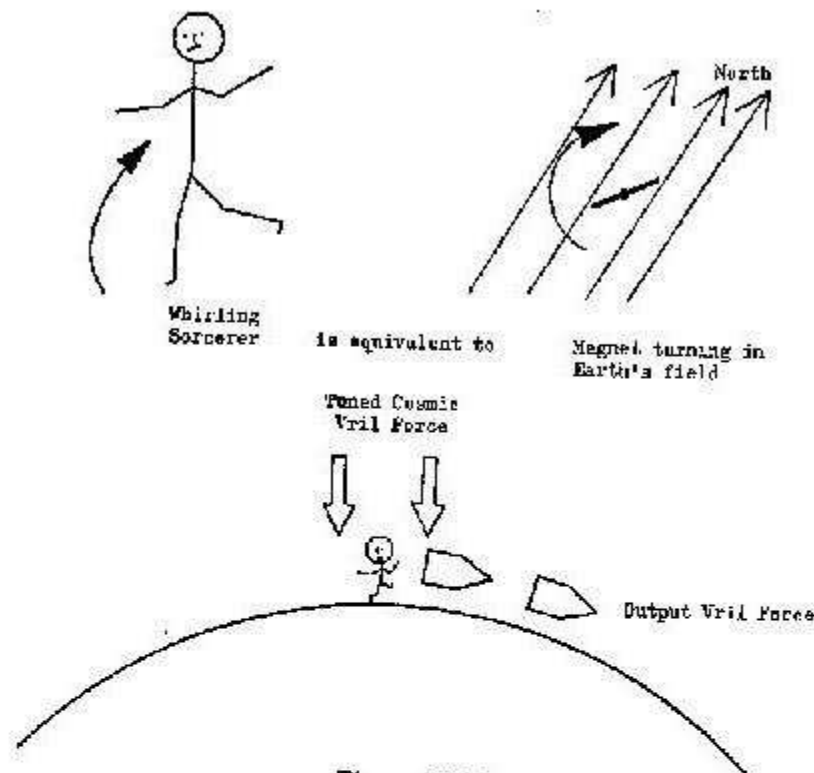


Figure II-4-1
Whirling for Vril Power
the Human Earth Dynamo Effect

Whirling Dervishes and 'Turners,' a religious sect in England and the United States, make use of this spinning technique to generate enormous amounts of Vril Force. This is a technique that has been known and reported on since before recorded history. Because people are so afraid of making a fool of themselves, very few people actually turn and whirl; and those who do, do it more for amusement and entertainment than to make things happen. Children of course instinctively whirl and roll and tumble, just because it makes them feel good. You can do it both to make things happen and to feel the release of tension.

EILEEN, A TURNER, WINS HER MAN

Eileen F, one of Gavin's grandmothers, once told us how she had come to marry into what to her was a wealthy family, though by its own

standards it was only middle-class. She was employed by the family as a lowly kitchen maid. She and some of the other girls had been told by the housekeeper that although they could not go dancing, they might if they wished join the local Turners' association. The Master wished to support the group because he felt it was perfectly all right for ladies in heavy skirts to whirl on their own axis and the gentlemen—on the other side of the room—to do similar exercises. The Master felt, the housekeeper told the maids, "this will allow you to dance but not encourage you to be led astray." What the Master really did not realize was that underneath the Society of Turners' innocuous exterior there was a secret society associated with the old Order of the Golden Dawn. The best dancers and those who 'showed some intelligence' were encouraged quietly to become neophyte occultists.

Eileen had long had a suppressed love of the Young Master at the big house. She felt this love might easily be returned, if she could get an opportunity to converse with him or to show him that she had educated herself to a station far above the one in which she found herself.

One night the leader of the group of neophyte Golden Dawn initiates decided his aspirants were ready to attempt a serious influencing of events, and asked for suggestions for projects. Eileen, never a bashful girl, told him her story; the group agreed they would try to fulfill Eileen's desires. They did a very short 'turn,' as they called it, with an intent directed by Eileen of love and marriage to the Young Master.

When Eileen arrived home she found the Young Master sitting waiting for her in her bedroom under the eaves. He was behaving in a confused manner and seemed, as she said, "to be in some sort of a trance." Though it meant a terrible risk for her, she kept him in her room until he recovered his senses sufficiently to be shooed away. However, as she was about to shoo him out her door, the Old Master came storming in and with his bellowed threats and curses, forcibly reminded them of his early life as a Welsh miner. Fortunately the young people were not in any kind of a compromising situation. When the Old Man told Eileen to pack her bag and get out, the son protested so vehemently that the old gentleman realized there was more to this than met the eye. Further, though he would never have admitted it, he was also quite pleased at Eileen's standing up to him.

The next day a family conference was called. The Old Man agreed that Eileen should be given a chance to show her mettle. They would see whether she could get an education in the ways of middle-class gentry. If the youngsters still felt the same way about each other after

six months, the Master agreed he would not stand in the way of their engagement.

In the upshot, Eileen married her man. Perhaps it is unfortunate that he did not necessarily turn out to be as good a man as she had hoped; but once a caging ritual is done and it works, the people involved are tightly bound to one another even though their early love may not endure.

THE HUMAN EARTH DYNAMO EFFECT

The spinning technique Eileen learned from the Turners is the same one that Dervishes use. It is known as the Human Earth Dynamo Effect or 'HEDE.' The idea is that you direct and modulate some of the cosmo-magnetic forces with your own Vrîl.

To build up a positive field, you spin clockwise, or as the American Indians say, sunwise. This is known to the Sorcerer as 'deosil.' Typically, you could spin deosil chanting 'aye-yo,' building your Vrîl to the peak and releasing it as the trigger for the cosmo-magnetic Vrîl.

You can spin anticlockwise, or 'widdershins' to generate negative energy. This can be useful in circumstances when you wish to do negative or diminishing magic.

It is also true that you can spin at different rates, from a very slow quiet rotation to a high-speed whirl. Table II-4-2 gives you the rate of spin and the direction of spin for various intents you may have.

Need to Be Fulfilled		Speed of Whirl
<u>Intent</u>	<u>Illness</u>	
All unconventional enterprises	Ulcer	Slow
Esoteric knowledge	Epilepsy	
Disrupt friendship	Dianhea	
Solve mysteries	Insomnia	Slow
Develop mysticism	Irritation	
	Tumors	
Courage	Arthritis	Fast
Exploration	Blood pressure	
Military success	Depression	
Athletic ventures	Exhaustion	Slow
Money	Polio	
Business and commerce	Melancholy	
	Tuberculosis	

Need to Be Fulfilled		Speed of Whirl
<u>Intent</u>	<u>Illness</u>	
Advanced technology	Constipation	Very fast
Electronics	Hepatitis	
Prediction	Diabetes	
Writing non-fiction		Medium
Safe journey	Bronchitis	
Astral travel	Circulation	
Writing fiction	Digestion	
Gain by water		
Friendship	Thyroid	Slow
Patronage	Mononucleosis	
Create harmony	Menstrual cramps	
Renew youth		Medium
Exams	Cerebral palsy	
Theater	Mental retardation	
Influence people	Colitis	
Merchandise		
Acquire beauty	Fever	Very Fast
Love, friendship	Blood disease	
Pleasure	Hypertension	
Joyous undertaking		Medium
Inheritances	Boils	
Win legal conflict	Burns	
Gratify lust	Impotence	
	Muscle tension	
Career	Nausea	Fast
Luck and wealth	Shingles	
General ambition	Goiter	
Knowledge of astral	Glaucoma	Very Fast
Business affairs	Palsy	
Study for exams		
All home matters		

Note: For an increase in healthy tissue and for increase of an intent, you should whirl deosil. For a decrease in a disease and for reduction of an intent, you should whirl widdershins. Example: To increase and strengthen friendship, whirl deosil; to break up a friendship, whirl widdershins.

Table II-4-2
Rate and Direction of Whirl for Intent

Some people may not know how to spin on their axis. It is usual in spinning in a clockwise or deasil direction to leave the right foot stationary and spin around on the ball of that foot, using the left foot to push you around. In spinning anticlockwise or widdershins, you spin on the ball of your left foot using your right foot to push you around. In each case the head is tilted slightly backward and the arms are outstretched. This is one technique which is far easier to do than it is to describe, so we recommend you stand up and try it right now.

GEOMANCY: YOUR GUIDE TO AN ANCIENT ART

Everyone knows, it seems, that certain spots on the earth are magical. This magic is caused by a concentration of the Vril Force. You may have quite near you some spot which you feel is magical or which by local reputation has magical attributes. Sorcerers have known for centuries that getting psychically charged is easier at certain places in the world; at these places you can pick up the Vril Force that is radiated to the earth. Often force can be found at anomalies in the earth's crust. Faults, certain areas near rivers, and peaks of special hills or mountains are power places known to the Sorcerer. Many of the world's greatest population centers are located at or near faults. The New York-Washington DC megalopolis and the bustling state of California both run along major fault lines. People instinctively gravitate toward geological fault lines because they feel more energetic when near them.

Modern Sorcerers use the rules of ancient grimoires concerning places to live and work with respect to the flow of rivers. One side of a river affects you in a peaceful way, while the other side energizes you so that you can be more productive. You would be better off to charge yourself on the right side of the flowing water as you face upstream, and to live on the left bank.

The character of a city like St. Louis demonstrates this principle. The Mississippi River flows southward. The heaviest residential areas are west of the river (on the left side) while the eastern or right side is known for its negative nature. Similarly, the Missouri River flows between Kansas City and Kansas City North. Kansas City, on the left bank, is primarily a residential area; whereas Kansas City North is more industrialized. As all readers of romances know, the Left Bank of Paris is popularly considered a desirable place to live.

Everyone is familiar, too, with the image of the Great Wise Guru sitting in his robe on the mountain peak, just waiting to hand pearls of

wisdom to the pilgrim brave and sturdy enough to scale the heights. Tops of hills and mountains are well-known power points for the Sorcerer. He is hearty and determined. The three-hills analogy of Amerindian mythology demonstrates this same principle; that is, a hill equidistant between two other hills is a Vril Force center. In ancient time the Chinese literally built a hill upon which to situate their city of Peking. The apartment between two other apartments is an excellent charge point, as is the central hill of any mountain range.

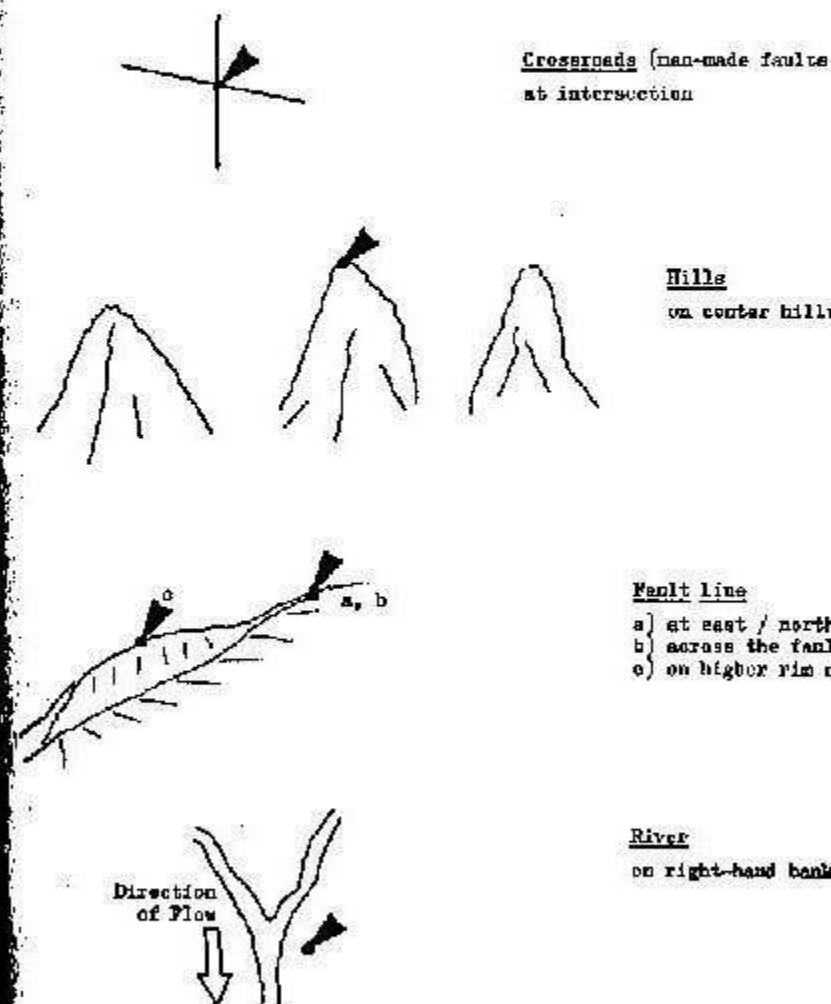


Figure II-4-2

Places of Power where Geomantic Vril Force Is at Maximum

Figure II-4-2 shows typical areas that are best for getting charged. You should examine the countryside around you within a few miles of your home to decide where the best point is located for your work and for your tapping into the great cosmo-magnetic Vril Force power pool.

CARLOS CASTANEDA: HIS PLACE OF POWER

Sorcery is a science in which the Sorcerer uses a restricted territory. When out of his territory, the Sorcerer loses much of his power. This is because he is away from his magical places and is not able rapidly to find such places in a new location. The famous books by Carlos Castaneda on Yaqui Indian Sorcery show this geographical restriction of the Sorcerer very clearly. When we first read of Castaneda's 'place of power' we were intrigued; it showed that Yaqui Sorcerers have exactly the same knowledge that the German groups use. This was further confirmed when we discussed Castaneda's place of power with Bob Beck, noted occultist from southern California. He showed us on a map how Castaneda's place of power was in the center of a ridge and was located right on top of a geological fault.

By carefully surveying your local area, you too can find your place of power. Once you have this place of power identified, by using chanting and turning or whirling techniques you can enormously increase your output of Vril Force.

THE HEILIGE LINIEN (HOLY LINES)

There is a mystery in the ancient world; the reason for this mystery is now to be revealed to you who are approaching Adeptus status.

The ancients mapped the known world and drew lines along many of the earthly force lines. Along these lines they placed five markers made of foreign stone per mile; and at every 2.72 miles they placed a major ceremonial site. Places where these Heilige Linien, as they are called, intersect are points of phenomenal force. Many of such heilige linien and power points have been rediscovered and remapped by the British Ley Hunters Society and its founder Alfred Watkins. In Germany, similar work was done by Professor Teutdt in reestablishing the heilige linien and the Vril power center where they intersect on the hill at Ekternsteine.

The mystery, of course, is why the ancients went to so much trouble to put these lines across the map. The simple answer is that

you do not need a natural fault in the earth's surface to gather power. Artificially built fault lines will do; in fact, almost any discontinuity will suffice. Witches have always been known to work at the intersections of roads. Each road constitutes a man-made geological fault.

MAKING YOUR ARTIFICIAL PLACE OF POWER

Heilige linien, geological faults, rivers, mountain tops are all sources of energy. When you wish to gain bounteous energies you may travel to these arcane sites to gather to yourself a little of the energy that is available to you for the asking. However, perhaps you live in a house or an apartment. How can you find or manufacture a point within your own physical reality that will allow you to tap into some of the Vril Force that is flowing by in such abundance?

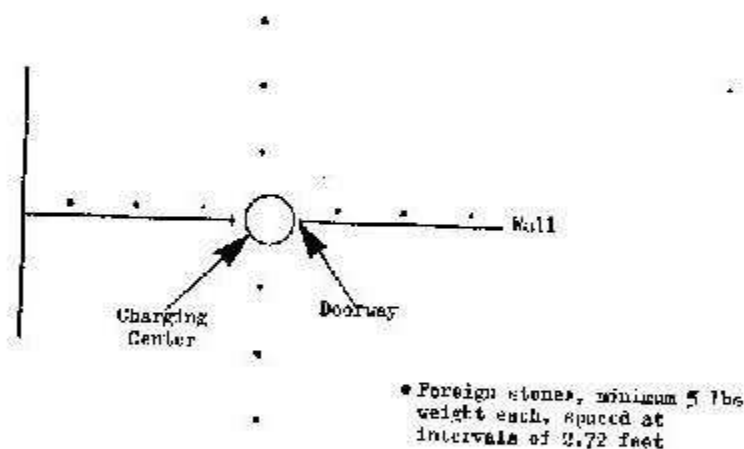


Figure II-4-3

Typical House Artificial Fault Line

House walls and apartment walls are artificial fault lines. Find two walls in your home that will form a cross; then, as shown in Figure II-4-3, place foreign stones at intervals of 2.72 feet along these walls. Use the center as your charging center, and you will immediately feel the power-increase that you have artificially created.

If you have access to the roof of your apartment house, you can greet the sun from this artificial 'hill,' and will again feel that extra power surge. With a little ingenuity, you can create a simulated river in your own apartment and use its flow to aid you further in your charging procedure. You are limited only by your own ingenuity.

THE TIMING OF YOUR RITUALS

To review: Power flows down from the cosmos to the earth, flows along heilige linien, and enters into the earth at geological faults. We, living on the Geod of the earth, receive power from above. The characteristics of that power are determined by

- its source
- the position of the major radiating and gravitational bodies (the sun and the moon) relative to us.

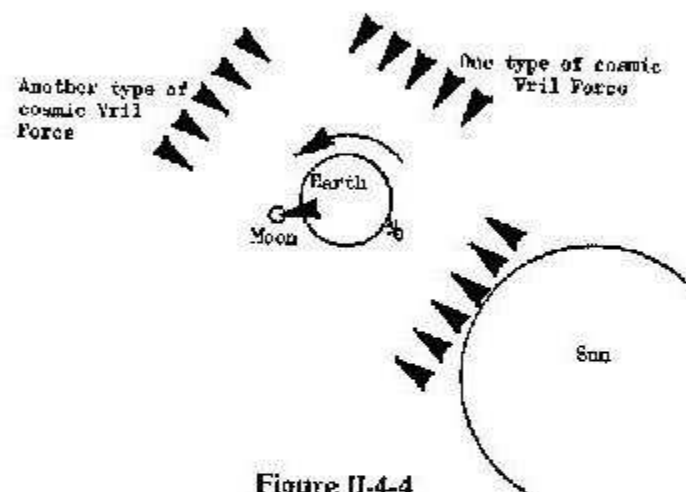


Figure II-4-4

The Cosmic Vril Force versus Other Energies

Look at Figure II-4-4. Energy starting from the cosmos is modified by the added radiation of the sun and by the gravitational field of the moon before it reaches the microscopic stick-man on earth. Remember that if the stick-man stays at home, he will rotate with the earth so that as the day progresses he will receive different types of energy.

Looking again at Figure II-4-4, you notice that as the earth rotates he is radiated with energy characteristic of each part of the cosmos in turn. The dates in Table II-4-3 are the dates on which the sun at dawn is in the given area. These considerations give rise to the calculation of tables called Tables of Hours. It is said that by referring to a Table of Hours you can establish on any given day the time at which energy most closely tuned to your intent will be available for you to use in your rituals.

MARIE, THE AUNT CLARA OF THE OCCULT

We told you in the introduction to this book how a Sorceress friend of ours, Marie E, a public accountant in Columbus, Ohio, was having trouble because she relied on a table of hours from a fake book of spells and rituals. The author of the book had just made up a table showing how from day to day the hours appropriate to any intent supposedly changed. Marie told us of a typical foul-up that she had brought on herself by not being careful enough of the sources she consulted.

One of her clients in her accounting business had over the years caused Marie much grief with his lackadaisical business habits. She was extremely fond of this wealthy bachelor; but she just couldn't stand doing his books for him. She felt that if his books were this untidy, his life must be equally—and to an accountant, distressingly—confused. She decided therefore that she would do a magic with the intent of bringing some order into his life. Unfortunately, using her inaccurate table of hours, the actual effect of her ritual was to make him even more disorganized. He was so disorganized, in fact, that when he brought his books to her the next time the two of them had a violent quarrel and he stomped out, vowing he would take his business elsewhere. Marie resigned herself to thinking she would never see him again; however, after the conversation with Gavin in Minneapolis that we told you about in the introduction, she did her work again. At last report we heard that she was about to be handfasted to her most orderly and successful businessman.

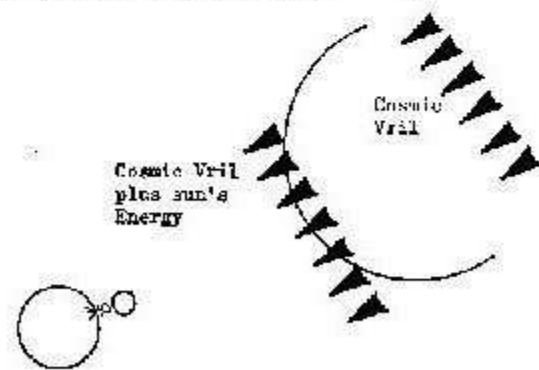


Figure II-4-5

Desired Situation:
Sun, Moon, and Correct Cosmic Vril Aligned

THE FORCE INFLUENCE OF THE MOON

Everyone knows how important the moon's influence is on human behavior! The Sorcerer uses this influence to his advantage. Figure II-4-5 shows the motion of the moon through the cosmic areas. When the moon is new, it is on the same side of the Geod as the sun is, and is in the same force area as the sun. As the moon travels its eternal $28\frac{1}{2}$ -day revolution of the earth, so it passes through each area in turn, eventually becoming new again when the sun is in its next power area. Each month the moon remains about $2\frac{1}{3}$ days in each area. It is on one of these days at the appropriate hour that the Sorcerer chooses to work, knowing that most of the influences are in tune at that particular hour for the specific type of energy he requires.

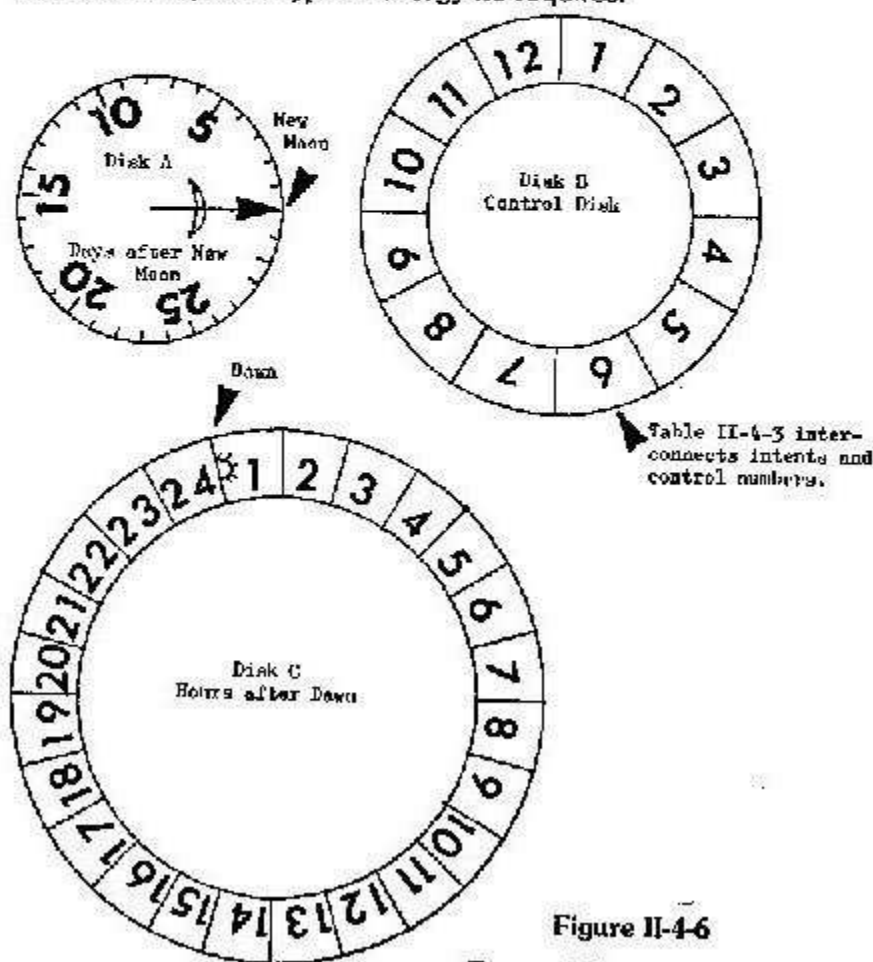


Figure II-4-6
Day and Hour Calculator

YOUR DAY AND HOUR CALCULATOR

Trace the three disks of Figure II-4-6A, -6B, and -6C onto heavy white cardboard. Cut them out and pin them together at the center with a brass brad so that they form a set of rotating dials.

1. *The Day Calculator*—To determine the day of the month when the moon will be in a given power area, consult an almanac for the date of the new moon immediately prior to the time you wish to do your ritual. Set the sigil of the new moon on Disk A against that date on the middle disk (Disk B). Then look at the area of interest. The numbers on Disk A will show the days after new moon when the moon is in the area you need.
2. *The Hour Calculator*—Set the dawn sigil on Disk C against the date you found through Step 1 above on Disk B; then look at the middle of the area of interest on the largest disk (Disk C). The number shown on Disk C is the number of hours after dawn when the appropriate cosmic Vril power is available and strongest. In your almanac, look up the time of dawn for the day you have calculated in Step 1, and add to that number the number of hours indicated by Disk C. Now you have your ritual hour and day.

Need to Be Fulfilled

<u>Intent</u>	<u>Illness</u>	<u>Dates on which Sun Rises in Intent</u>	<u>Segment Number on Control Disk</u>
All unconventional enterprises	Ulcer	Jan 20—Feb 18	1
Esoteric knowledge	Epilepsy		
Disrupt friendship	Diarrhea		
Solve mysteries	Insomnia	Feb 19—Mar 20	2
Develop mysticism	Irritation		
	Tumors		
Courage	Arthritis	Mar 19—Apr 19	3
Exploration	Blood pressure		
Military success	Depression		
Athletic ventures	Exhaustion		
Money	Polio	Apr 20—May 20	4
Business and commerce	Melancholy		
	Tuberculosis		

Need to Be Fulfilled		Dates on which Sun Rises in Intent	Segment Number on Control Disk
Intent	Illness		
Advanced technology	Constipation	May 21—June 20	5
Electronics	Hepatitis		
Prediction	Diabetes		
Writing non-fiction			
Safe journey	Bronchitis	June 21—Jul 22	6
Astral travel	Circulation		
Writing fiction	Digestion		
Gain by water			
Friendship	Thyroid	July 23—Aug 22	7
Patronage	Mononucleosis		
Create harmony	Menstrual cramps		
Renew youth			
Exams	Cerebral palsy	Aug 23—Sep 22	8
Theater	Mental retardation		
Influence people	Colitis		
Merchandise			
Acquire beauty	Fever	Sep 23—Oct 22	9
Love, friendship	Blood disease		
Pleasure	Hypertension		
Joyous undertakings			
Inheritances	Boils	Oct 23—Nov 21	10
Win legal conflict	Burns		
Gratify lust	Impotence Muscle tension		
Career	Nausea	Nov 22—Dec 21	11
Luck and wealth	Shingles		
General ambition	Goiter		
Knowledge of astral	Glaucoma	Dec 22—Jan 19	12
Business affairs	Palsy		
Study for exams			
All home matters			

Table II-4-3

Time of Year and Control Disk Segment Number

To clarify the use of the calculator, here is an illustration. Look at Figure II-4-7, which shows a calculator as it might be set. Let us say that it is 25 March and you want to do a youth-oriented kind of ritual (Intent 7). Look in your almanac to find the new moon nearest 25

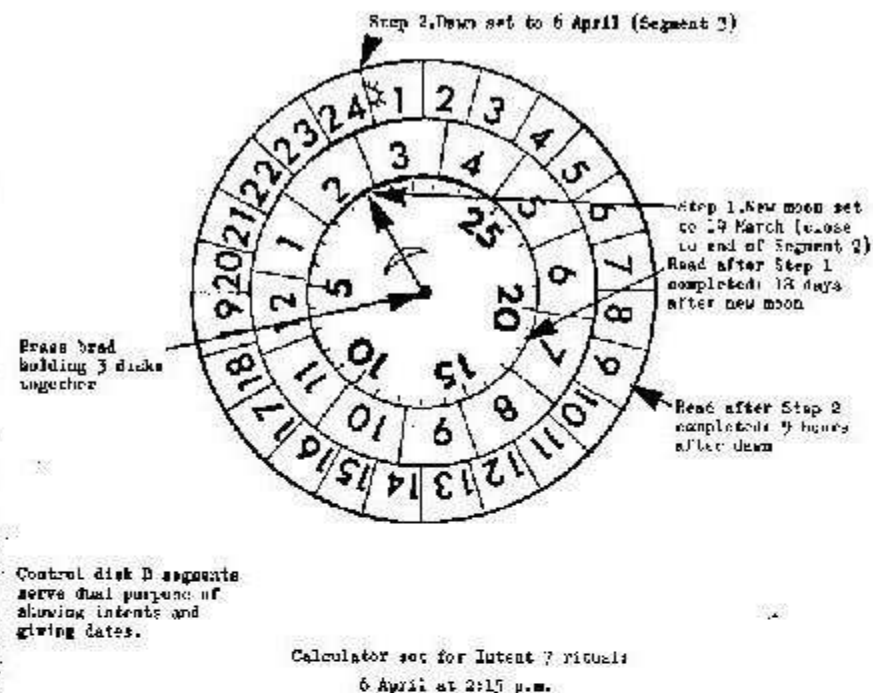


Figure II-4-7

Typical Day and Hour Setting

March. (In 1977 this was 19 March.) In the figure on Disk A the new moon sigil points at 19 March (Segment 2). Read Disk A opposite the intent segment on Disk B, and you get 18 days. This means that 6 April (19 March plus 18 days) is the next optimum day. Next, set Disk C so that 6 April (Segment 3) on Disk B is aligned with dawn. Again reading opposite the intent, you find the number 9. From your almanac you know that dawn on 6 April occurs at 5:15 a.m. From Disk C you add 9 hours to 5:15 a.m. Then you know your optimum hour on 6 April is 5:15 a.m. plus 9 hours; that is, 14:15 or 2:15 p.m.

Computations made with this calculator can be refined by the competent astrologers among you to take into account other planetary influences; however, you will find that as you increase the corrections your time between best alignments increases. Calculation shows that a perfect alignment for an abortion ritual, for instance, occurs only once every 32,000 years. It is probably better in this case to do the ritual at the next possible best alignment.

The calculator is accurate to a little better than one-half hour. Since you will be working in two-hour periods, this is quite accurate

enough for your work, especially since you avoid all those problems associated with conversion to mean sidereal time. The error built into ephemerides that use standard equal-length days ⁽¹⁾ is also avoided by calculating from dawn of the day in question. If you live off the time meridian, it is worth while rising before dawn on the day of your ritual actually to time the first appearance of the sun's rim. By doing this, you correct your ritual time for longitude variations and take out any error caused by the Government's playing with the clocks.

GOOD, BETTER, AND BEST

Yes, the skyclad Sorcerer out in the middle of an open field with no tools can get results; but our tools and mechanisms work as trigger devices to release the power within us and to control cosmo-magnetic forces. Through their use we get better results. The more you put into a ritual, the more you get out of it.



Figure II-4-8A

Comparison of Magical Conditions

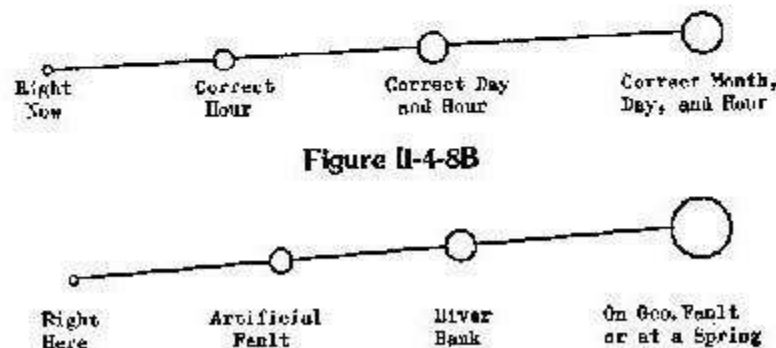


Figure II-4-8B

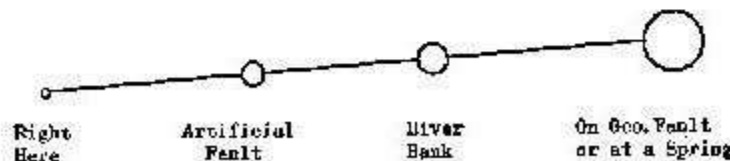


Figure II-4-8C

Sometimes necessity causes pragmatism, so you can only do the best you can. If a friend is ill in the hospital and needs help NOW, you must go to work immediately with little or no preparation; but it will be a much more effective ritual if you can prepare yourself and your tools and if you can do your work at the proper time. Look at Figure II-4-8. Line A shows the buildup of power from minimum (on the left) to maximum (on the right) under the different possible working conditions you can have. You have more power working with a Vrilstein than you have working alone; further, you have more power working with a Vrilstein and with HEDE. Line B shows that you have more power if you work at the correct hour and you have more power if you compute the correct hour and day. You have the maximum possible power when you work at the correct hour, day, and month. Line C shows the relative differences in power generated by different anomalies, from 'right here,' at the minimum range to a spring, at the maximum.

Does it all seem terribly challenging? We would like to turn this protest around and ask: How badly do you really want to reach your goal?

Yes, it's difficult but it certainly isn't impossible. Each succeeding step builds on the one preceding it. The work you did in earlier chapters has fitted you to do the steps in this one, just as the progressions in this one will prepare you to proceed further. Make sure you understand the basic principles in terms of your own reality; then practice the Art until you understand both the theory and the practice.

⁽¹⁾The real day varies in length during any given year by as much as 31 minutes because the earth travels around the sun not in a circle but in an ellipse.

Chapter II-5

CALLING ON THE ANCIENT ONES

KEY TO THE REALITY OF AN ADEPTUS

In dealing with reality as a Sorcerer perceives it, the ancient Magus conceived of the universe—both mundane and spiritual—in a very fixed way. Before proceeding to your Adeptus self-initiation, it is important that you understand that fixed viewpoint. It has proven effective and safe for centuries. Every time someone thinking himself an Adeptus steps outside the structure, he gets into trouble. We can make no guarantees that if you step outside this structure you will be proof from hazards.

Many people have different reality-views from that of a Sorcerer, and it has often been proposed that everyone's reality is different. However, we believe that there is a General Reality which cannot be flouted. If you step into the path of an onrushing car, you will likely be killed no matter what sort of reality construct you have in your mind. If you summon a god-force without adequate protection, you will likely go mad. Thus you cannot flout the Sorcerer's General Reality and expect to come away unscathed.

HIBBY CALLS DOWN PAN

Hibby W, a rather negative 'black magician' who for many years thought himself an Adeptus, became convinced one day that he was powerful enough to call down Pan and order Pan to attack Gavin. Hibby went out into the woods and cast himself an imaginary circle with his mind, without even the aid of a Zauberstab. He used a made-up threatening command to order Pan into his circle. Pan appeared. Hibby fainted. When he came round several hours later, chilled through and severely shaken, he crept home thanking whatever protection he may have had that he got off so easily from such a stupid experiment. With the aid of this book and its protective methodology, Hibby could now summon Pan safely. Unfortunately he will probably never have the guts to do it.

UNDERSTANDING THE POWER OF THE ANCIENT ONES

Individual thoughts have power. Uri Geller, the Israeli psychic, who likes to bend and break forks and hotel keys with his mind, has demonstrated that in an audience of 500 people, some 200-plus hotel keys could be bent at one time. In ancient times hundreds and thousands of people worshipped particular gods and goddesses. Each of these deities was very narrowly defined, and each was different from the others. Whereas Jesus is a generalized god-figure with a fuzzy but generally loving image, those old gods were dynamic and specific. Thor, the god of storms and thunder, has a very well-known character and an intensity of purpose that is not to be denied. If Uri Geller can bend 200 keys at one time, think of the power that is still in Thor from the thoughts of the millions of people over the centuries who have worshipped at his shrine. For the force does not dissipate; it is there, available to be tapped.

THE STONE-GOD CONCEPT

When a Sorcerer uses the word 'god,' he thinks in two ways about deities. The Ultimate Deity, the God beyond gods, has no gender and is beyond our comprehension. It is so far removed from us that, as the ancient Magi said, "It is the Thought you cannot think about." Since it

is so far beyond our mundane level, It has no power to operate in the world. It is the Source from which you derive life, but It cannot make your life any easier on this plane of reality.

The ancient gods which a Sorcerer uses, in contrast, were created by men and women, and ARE operational at this level of our reality. It is these, the deities that a Sorcerer calls his 'stone gods' or 'Vrilsteins,' that we shall deal with in this section.

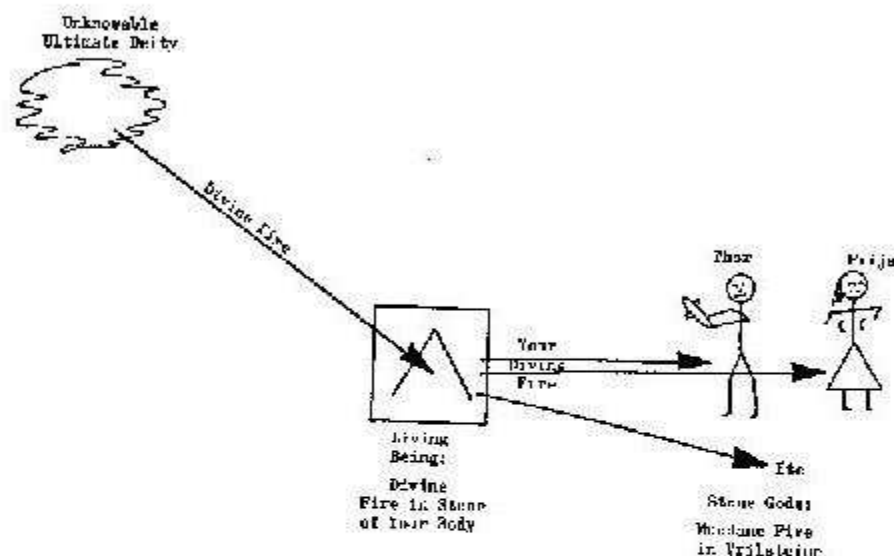


Figure II-5-1

A Sorcerer's God Reality

Figure II-5-1 shows this relationship between the Ultimate Deity and the gods that you the Sorcerer will be using. Looking at the figure, you see that the indefinable Ultimate Deity sends divine fire into a living entity. This gives the concept of the Fire in the Stone, the divine fire within the 'stone' or tangible framework of your body. When a stone god is created, you put some of your own divine fire or Vril Force into the image you have created, to give it a life of its own. You have created a god. As the Ancients said, "You need it, and it needs you"; for without you it would not exist. You have indeed created it in your own image; part of you is within it. To your stone god, you are a god. It derives its energy from you. You control it; it is something to be worked with at your level. But remember that others have stored thoughts in this same god-image so that, although you can use it as you use electricity, you should not put yourself in its direct path (again as

with electricity). If you follow the rules it is not only easy but advantageous to use a stone god; if you deviate from the rules, you may get a nasty shock.

GERMAN LAW COURT MYSTIFIED, YET ACKNOWLEDGES POWER OF VRIL

Sigmund Adam, a lawyer in Rosenheim, West Germany, had more than his share of annoyances that day in November 1967 when the electrical system in his office suddenly went berserk. Fuses burned out, light bulbs exploded, fluorescent fixtures fell; the telephone continually rang. You can imagine the complaints a lawyer made to the local post office (which in Germany runs the telephone service) and to the municipal power station. Being a lawyer, he would brook no nonsense. Experts were sent. The telephone had a special time-recording clock installed in it. Still Lawyer Adam's office was in turmoil. Suddenly after a month of this confusion, the office came back to normal.

Nothing further would have been known of the case, except that a book was published in which the Rosenheim incident in the lawyer's office was called a "spoof." This infuriated Sigmund Adam. Not only had he had to live through the turmoil in his office—but now he would be held up to ridicule by his friends and the townspeople. In his complaint against the book, Lawyer Adam produced one expert after another. Municipal power company manager Paul Brunner testified that the current going to the offices fluctuated wildly for no accountable reason. Dr. Karger of the Munich Institute for Plasma Physics testified that all causes known to physics, even those involving fraud, "were totally ruled out by our investigation." Dr. Hans Bender categorically stated that this was "the first scientifically authenticated case of vril force at work."

After several days of hearings, Lawyer Adam won his case and the book had to be drastically revised before it was distributed. Later investigation of the case with Lawyer Adam tended to indicate that the vril force came from a young woman reading law in his office, one Anna Marie Schaberl. Apparently it was her uncontrolled vril that had caused the manifestations.

YOUR TABLE OF ANCIENT ONE INTENTS

Anna Marie Schaberl's uncontrolled vril caused Lawyer Adam many problems. Even though no one was harmed, still for over a

month his offices were in turmoil. If Anna Marie had been better trained in the use of vril, none of it would have happened. Obviously you do not wish to have problems of that sort in your life. When you set out to call on an ancient god or goddess, you are tapping into a power source which is far more potent than that of a single person. Nevertheless you can do it, provided you do it correctly.

In any undertaking it is important to follow the rules. The first rule in summoning gods is to select the god with care. In order to aid you in this selection, we have included here a Table of Intents showing

Need to Be Fulfilled Intent	Illness	Egyptian	Greek	Roman	Christian	Teutonic	Celtic
Atypical/unconventional enterprises	Ulcer	Thor	Uranus	Cerberus	Uriel	Loki	Morrigan
Exotic landcruiser	Epilepsy						
Disrupt friendship	Diarrhea						
Solve mysteries	Insomnia	Isis	Poseidon	Neptune	Jehoh	Bragi	Caridwen
Develop mysticism	Intuition						
Courage	Tumors	Horus	Ares	Mars	Michael	Tyr	Odin
Exploration	Arthritis						
Military success	Blood pressure						
Athletic ventures	Depression						
Money	Exhaustion						
Business and commerce	Pain	Atum	Gaea	Ceres	Mary	Vidar	Boann
Advanced technology	Melancholy						
Electronics	Tuberculosis						
Prediction	Constipation	Ser	Pan	Lucifer	Lucifer	Loki	Brân
Writing condition	Hepatitis						
Safe journey	Diabetes						
Astral travel	Branchitis	Nut	Selene	Luna	Rephael	Fraja	Epona
Writing fiction	Circulation						
Gain by water	Dysuria						
Friendship	Typhoid	Horus	Helios	Appollo	Jesus	Ba'ber	Lug
Patience	Meningitis						
Create harmony	Cramps						
Renew youth	Cerebral Palsy	Arachis	Hermes	Mercury	Gabriel	Himmler	Taliesin
Exams	Meningitis						
Theater	retardation						
Influence people	Colitis						
Marriage	Fever	Hathor	Aphrodite	Venus	Ana	Freya	Rhiannon
Acquire beauty	Hypertension						
Love, friendship	Blood disease						
Pleasure							
Joyous undertakings							
Inheritance	Bleeding	Osiris	Hades	Pluto	Jehovah	Woden	Dagda
Win legal conflict	Impotence						
Gratify lust	Muscle tension						
Career	Narcolepsy						
Luck and wealth	Stomach	Tefnut	Zeus	Jupiter	Astazael	Donar	Llew Llaw Gyllen
General ambition	Gout						
Knowledge of astral	Glaucoma	Re	Cronus	Saturn	Michael	Tyr	Meth
Business affairs	Palsy						
Study for exams							
All home matters							

Table II-5-1 God Intents

the most appropriate gods from various mythological cycles that you can use to fulfill your desires. In Table II-5-1 you see the Intents in the left-hand column and opposite them the god and goddess forms that will help you fulfill those intents. If you are a Christian, you probably should select your god-form from those listed under the 'Christian' heading. If you feel more strongly drawn to any of the other mythologies listed, then use those. If you have an entirely different background, perhaps Japanese or Chinese, go to the library and find your own equivalent deities to use.

Vril-Ek Shape	Material	Color	Stone	Metal	Flower	Herb	Scent
☆	Copper sulphate crystals	Violet	Aqua marine	Uranium	Buttercup	Winter savory	Lemon
○	Salt	Lavender	Amethyst	Magnesium	Water lily	Treat Water betony	Water lily
△	Sulphur	Scarlet	Ruby	Iron	Geranium	Aromure	Tobacco
□	Sand	Red	Jade	Nickel	Cowslip	Ground Ivy	Sandalwood
☆	Copper sulphate crystals	Yellow	Opal	Aluminum	Orchid	Carpet bugle	Cloves
○	Salt	Amber	Pearl	Silver	Night-scented stock	Poppy	White sandalwood
△	Sulphur	Orange	Diamond	Gold	Sunflower	Rosemary	Saffron
□	Sand	Chartreuse	Agate	Mercury	Snowdrop	Cornflower	Cinnamon
☆	Copper sulphate crystals	Emerald	Emerald	Copper	Rose	Allanet	Myrtle
○	Salt	Turquoise	Turquoise	Platinum	Cactus	Soapwort	Orange blossom
△	Sulphur	Blue	Sapphire	Tin	Narcissus	Bam	Nutmeg
□	Sand	Indigo	Onyx	Lead	Thistle	Barley	Civet

Let us look at a typical series of deities; let's say those associated with safe journeys. These basically are the moon goddesses, sometimes the mother goddesses. They range from Mary through Diana and Celtic Epona to the Egyptian great mother Nut. These are the loving-mother aspects, the ones you can take your troubles to. Notice, however, that they are not all soft and warm mothers. Epona and Diana, for instance, have a definite tendency to discipline their fractious children; whereas Mary and Nut tend to be the more amiable types.

In a typical use of this table, if you were going on a journey, you could make a Great Work and call down any one of these deities to protect you throughout the journey. As you will learn in the next few pages, such a Work is not difficult when taken step by step.

CONSTRUCTING YOUR VRIL-EK

The place where you call down the power of a deity has since ancient times been called a 'vril-ek.' Literally this means a 'power corner' or 'end'; but the work 'eck' is extremely difficult to translate because it can also mean such things as 'crossroad' or 'cul de sac.' In magical use the 'c' is often dropped, bringing the word into line with the great Eks of Germany such as Ekternsteine.

What you are going to do is literally construct a container or a place for the deity to reside in while you ask it to do your work. Vril-eks are constructed of salt, sulphur, copper sulphate crystals, or of sand. Table II-5-1 shows these elements against their appropriate deities; also the shape to be drawn for each specific deity is shown. The circle, the triangle, and the square are easy enough to draw; however, in drawing the pentagram you should follow the example given in Figure II-5-2. Notice that the points do not touch the central pentagrammic figure; this is because it has been found that the power tends to leak from the figure if they actually touch.

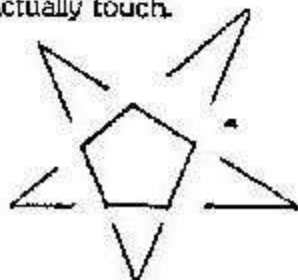


Figure II-5-2

Shape for Pentagram Vril-Ek



1 unit = 1 astronomic foot \approx 1 English foot

Figure II-5-3

Vril-Ek Sizes

The unit of measure used for each vril-ek figure is 1 astronomic foot. This is so close to the normal English foot of 12 inches that you may use an ordinary foot-fuler with confidence. Figure II-5-3 shows these measurements for the various Vril-ek shapes. When your figure is constructed of the appropriate material, you should place within it as many of the other deity-attracting materials as you can obtain. Then when you summon the deity, it will tend to remain within its Vril-ek until you order it to leave.

THE 'MADMEN' OF EKTERNSTEINE

Ekternsteine is the great pagan religious center of Germany. It is a formation of huge rocks, within one of which is carved out a chapel dedicated to the solar deity. Here at dawn on mid-summer's day the sun strikes through a niche onto the rude altar. This ancient site is also the central German crossroads for the 'heilige linien' or holy lines which radiate from Ekternsteine to many of the other great ancient pagan monuments. We know now that power flows along these lines to the great monument at Ekternsteine.

Because the power concentrated at Ekternsteine is so great, in ancient times hermits came to live there; and many people came to the hermits (who were called the 'madmen') with their requests for help. It is said that none were turned away empty-handed from Ekternsteine, that always the vril force granted its supplicants their desires—even though sometimes these desires were granted in unusual ways.

With the coming of modern technology and the Christian church to Germany, the 'madmen' disappeared and techniques had to be learned through which the power of Ekternsteine could be raised and controlled in the livingroom of an ordinary house. It is also rumored (though we have no facts to back it up) that during these taming experiments many people had problems with the power. There are no records of these investigations, or the problems people had, however.

we do now have, after centuries of work, methods which you can safely use to get the power that the 'madmen' of Ekternsteine had in time past.

TUNING THE AREA OF MANIFESTATION

In all our work with hundreds of students, we have never had such problems as those that drove men mad at Ekternsteine. We truly believe that, provided you follow the rules and do not deliberately scoff at the power of the Ancient Ones, you will have no problems. The basic rule is simple: Construct your Sorcerer's circle and tune it so that it rejects the power of the deity you are about to summon. Construct a Vrilek for the deity outside your protective circle. Once you have started to work your Great Work, you should never leave your protective circle until you are sure that the entity you have summoned has been properly dismissed and has departed.

ELINORA LOOKS ON MORRIGEN AND LIVES

Elinora is a Witch and a powerful Sorceress who dwelt in Salt Lake City. She found that there was a dearth of esoteric knowledge in that area of the nation. Almost desperate to speed up her own development and to increase her knowledge, she decided she needed the power of the goddess Morrigen to help her. In the Celtic tradition to which Elinora belonged, Morrigen is the keeper of esoteric knowledge.

First Elinora cast her protective circle. She cast it in sand, and she placed between the two circles asafoetida, which is a powerful repellant. Then she constructed her Vrilek in pentagrammic form of copper sulphate crystals: she placed within it some lemon essence, a buttercup, and some rhubarb leaves. She also wrote on a piece of virgin paper that she wanted esoteric knowledge. At the hour appropriate to the sign of Morrigen, she stood in her circle and demanded Morrigen's presence. A horrible hag appeared in the Vrilek. Elinora commanded the hag to give her esoteric knowledge, in exchange for which she would return to the hag the energy of her own worship. A bargain was struck, and was sealed in the ancient way when Elinora pricked her finger and let a drop of her blood fall into a candle flame.

Thus it is that, until her death in 1976, Elinora was one of the wisest and most knowledgeable Sorcerers in the world. She admitted

to us that she was scared half to death of the manifested Morrigen—but she had faith in her protective methodology and it worked for her—as it will for you.

TUNING YOUR PROTECTIVE CIRCLE

As we mentioned, your protective circle must be tuned to reject the power of the deity upon which you are calling. If you are calling on a fire deity, for instance, you should use the protection appropriate for water. Table II-5-2 shows this. If the Vrilek in Table II-5-1 is to be constructed of copper sulphate to attract a deity, you should construct your protective circle from the appropriate rejecting material, which from Table II-5-2 would be sand.

It is also vitally important to construct your circles of the correct size. Using the Vrilek unit of measure, make your outer circle of radius 2.72 feet and your inner circle of radius 2.56 feet. These are ancient and inviolable dimensions, arrived at through extremely complex calculations related to astronomical mathematics. They are designed so that the outer circle is an indivisible 17 units in circumference and the inner circle is a holy 16 units. The 17-unit circle rejects 'the Abyss,' as the Celts call it; and the 16-unit circle signifies the holy completeness of an even number. Foul-smelling asafoetida is often placed between the circles because it is not appropriate to any specific deity. The whole point of this effort is to attract the deity to one specific area while keeping it away from another. The power of the deity is used to do the Great Work, not your own power. For your own power will be used to its fullest extent in controlling the deity.

Thus you can see that there are Sorcerer's circles of two types: one tuned so that your power can pass through it but everything except your power is rejected; the other tuned so as to reject the power of the deity.

<u>Vrilek</u>	<u>Rejection Circle</u>
Copper Sulphate	Sand
Sulphur	Salt
Salt	Sulphur
Sand	Copper Sulphate

Table II-5-2
Material for Rejection
of God/Godess Force

DISMISSING THE ANCIENT ONES

When an ancient deity appears to you in the Vrilek, you must immediately have something for it to do; for unless you can direct it, it will just stay around. Thus you should instantaneously command its power to do your bidding. However, even after your command there may be some vestigial power left. Now is the time for you to order the deity to leave. This may require literally shouting at it or chanting in a very loud voice one of the ancient dismissals. Remember in any case: You are in control and the deity must know that. Tell it to "Begone!" In many cases, then, it will leave.

EDWIN'S CAT SAVES HIM

Edwin Q was a Sorcerer living in St. Charles, Missouri. In a ritual he did, he summoned the Archangel Michael. When Michael arrived in the Vrilek, Edwin's cat, which had been asleep in the corner of the room, jumped into the circle with him. Edwin noticed that even after the work had been done and he had dismissed Michael, the cat continued to stare intently at the Vrilek and to shiver. Realizing that this meant there was some power left in the Vrilek, Edwin did a further dismissal ritual and even threatened Michael with the Curse of the Chains, by which he would be 'chained in Hades' if he did not instantly leave. After this dismissal, the cat relaxed and wandered out of the circle. At that point Edwin knew that the dismissal had been effective and that finally it was safe to leave his protective circle.

Many Sorcerers, after working these procedures, are not capable of detecting small amounts of vestigial power; consequently they come back from a ritual with 'strange habits.' These are actually the result of minor possessions which occur when these small amounts of undirected energy enter their bodies on the Sorcerer's departure from the protection of their circles.

THE CAT AND THE CANARY, YOUR ULTIMATE LINES OF DEFENSE

Making sure that the deity's power has completely gone is quite simple. All you need do is take one cat and one canary, caged separately in covered cages, into your protective circle with you before you start your ritual. When you have done your dismissal, uncover the cat's cage. If the cat is spooked, you must continue to a

more powerful dismissal. When the cat is quiet and calm, uncover the canary's cage. If the bird is spooked, again you must do another dismissal. In earlier centuries magpies and ravens were used instead of canaries; and if you can get them, they are better and more psychically oriented than canaries. But canaries will give you ample warning whether something is still out there.

NO NEED TO BE AFRAID TO SLEEP

The key to this work is never to leave the circle until you are certain that you have effectively dismissed whatever it was that you summoned. The normal controlling dismissal, "Begone, or by the power that is in me I will curse you for eternity," is occasionally ineffectual against the more negative god forms such as Lucifer. The only way to dismiss these god forms is to call up one of their opposite numbers; because when two opposite sorts of power are brought together in the Vrilek they cancel one another. This cancellation is often accompanied by noise, light, and odor; so do not be worried by the novel audio-visual effects you will create in the Vrilek when you do this.

To do a final dismissal, start by casting another circle within your double circle, this one of radius 2.4 feet and made of the material that will reject the new deity which you are about to summon. When you have cast this circle, tell the deity which is stubbornly remaining in the Vrilek what you are about to do. Most times that deity will leave, for it does not wish to be destroyed any more than anyone else would wish it. All you have to do in case that stubborn deity continues to balk is call on the deity of opposite sign to that which applies to the hanger-on; that is, the sign six places removed from it in the Table of Deity Correspondences, Table II-5-1.

This is the ultimate in dismissal. You will find that both the canary and the cat will agree there is no power left in the Vrilek or in the circle after such a dismissal has been accomplished. Now you can safely depart and can sleep without fear.

YOUR ADEPTUS SELF-INITIATION

YOUR SELF-TEST

Your self-test is to obtain for yourself all the items you need and to calculate carefully the date, time, and place for a healing ritual to cure an elderly woman of debilitating arthritis. When you can complete this exercise, you may continue to your initiation.

YVONNE SEALS THE CHILDREN

Before school starts each autumn, it is usual for several of the Witch children in our small community to be concerned about how they will be accepted by their schoolmates, many of whom know that they are the children of people who follow that non-Christian religion, Witchcraft. Yvonne usually takes them either to the Outer Banks or to the shore of our local river where she blesses them, seals them, and gives them each a new name.

Earlier in this section you selected a new name. Now you must seal yourself and name yourself in that name; for when you do this, just as it happens every year with the children, you will find that no harm can come to you.

THE SEALING

Place your altar in the north of a salt circle of 5.44 feet diameter. Seal the circle as you were taught in your Neophyte initiation. Light a yellow candle and a blue candle on your altar. At new moon, when the new moon is overhead, seal yourself with sacred water prepared in the same way as you did for your Neophyte work. Now stand and say,

All ye above and below, with ears to hear or spirits to sense,
I, N_____ (your present name), do hereby renounce that name.
My new name from this time forth until I do renounce it
Shall be _____ which means _____
Oh Guides of the Gods, let no malicious spirit enter me.

Now say the following words, signing an equal-armed cross with the charged water over each of the body orifices as you say its name.

Let mine eye see only beauty; I will make the world more beautiful.⁽¹⁾
Let mine ear hear only beauty; I will make the world more beautiful.⁽¹⁾
Let my nose smell only beauty; I will make the world more beautiful.⁽¹⁾
Let my mouth taste only beauty; I will speak honestly.
Let my anus be controlled; I will stay healthy.

For male candidates: Let the penis be controlled. I will bring forth beauty.

For female candidates: Let the vagina be controlled; I will bring forth beauty. Let the urethra be controlled; I will stay healthy.

Oh Guides of the Gods, let me be named _____. Let me be surrounded by the pure white light of Vrill and so remain.
I give most humble thanks.

This then is your sealing and naming ritual. You will find that this little five-minute ritual will make a dramatic change in your life and in the way you view the world.

MAKING YOUR COVENANT WITH THE GOD

The god which the Sorcerer chooses for protection and to emulate is usually Woden, the one who sits on high in the Tree of Life and views the world through one eye, having given the other for a cup of water in his search for wisdom. He travels anonymously through the world, keeping his power secret. Because Woden wears a woollen robe of dark blue and gold, he is sometimes known by the name 'Bluemantle.'

Preparations specifically for your initiation as an Adeptus start a month ahead of the date on which the ritual will actually be accomplished. Once you have selected your date, review the material you will need for the construction of the circles and of the Vrill-ek. Review also the items necessary to lure the Woden force in and to contain it when it arrives in the Vrill-ek. Table AI-1 lists items you will need.

Statue of Woden	Altar, made entirely of wood
Dark blue mantle for that statue	Chair, made entirely of wood
Golden crown for the statue	Bell
Parchment-type paper	Dark green candles in holders
Pen and dark green ink	Zauberstab
Sulphur	Cat in a covered cage ⁽²⁾
Salt	Canary in a covered cage ⁽²⁾
Charged water	

Table AI-1

Items to Have on Hand
for Your Adeptus Initiation

We recommend you start your project when the moon is new so that you can gather the ritual items you need and adjust your life so that you will be at peak power at the time you have selected for the initiation. If you are unsure of these steps, go back over the earlier parts of this book so that you can reestablish in your own mind how to select the best time for the ritual.

In our own reality, celibacy before the ritual results in higher emotional power but lower receptivity; that is, it is easier to summon but harder to detect the presence of the god. Some of our students report that they can raise more emotion immediately after making love than they can after being celibate, so really it's up to you. Our personal recommendation is that you go into your initiation after three days of celibacy.

Once you have made this decision, stay with it! Don't be wishy-washy, for if you dither back and forth you will surely fail.

Three days before the ritual, you should also go on a cleansing diet. This diet should exclude all stimulative drugs and substances like caffeine and adrenalin. Common substances that should be avoided are listed in Table AI-2.

Coffee, tea, soft drinks containing caffeine

Tobacco

Alcohol

Meat

All drugs and pills and medication, both prescription and non-prescription, unless they are required for life itself, such as insulin

Table AI-2

Substances to Be Avoided during Preparation for Rites

One of the most important steps to take, approximately one day before you begin the ritual, is to write down from memory exactly what you are going to do, and leave this written documentation of your plan immediately outside the space in which you will perform the ritual. If you have a trusted friend who is in the know, you might also want to tell him of your plan. This filing of a flight plan can be of immense value in case someone has to come in and try to help you because something has gone wrong. Perhaps if you are seriously disabled physically or mentally, the fact that you have filed a flight plan can mean the

difference between sanity and insanity in your future. Do not lightly neglect this step; for not only is it a future help, but also it allows you once more to clarify your mind on exactly what you intend to do when you get into the circle.

One last word of caution is in order: You have gone through this preparation and have gathered the materials; now everything is 'go.' But suddenly you get a minor illness; say a cold in the head. Aborting the ritual is the last thing you want to do, but we must strongly recommend to you that you do in fact abort it in such a case; for you must be at the peak of your powers: alert, competent, knowledgeable, not in any way dragged down by illness or by a nagging question where you don't quite know what you are supposed to do. If there is any uncertainty whatsoever in your mind, stop, straighten it out, and only then proceed.

BASIC STEPS IN YOUR ADEPTUS INITIATION

A. Cleaning the Space in Which You Will Work—Once you have selected the area in which you will work, whether that area is indoors or out, you should spend several hours meditating in it. In North America, burial sites are very common, and you certainly don't wish to disturb the dead with your ritual. If you detect such a presence when you meditate, you should move your site. If, on the other hand, you find that there is merely some strange feeling in the area, or perhaps a nature deva or even a higher level spirit, you can exorcise it gently from the area. If there are impressed high levels of emotion, cleanse the area as you have been taught.

Casting the Circle—About three hours before the ritual is the time to cast the circles and the Vril-ek. Using sulphur, cast a circle 2.72 feet in radius and a second circle inside this one with a radius of 2.56 feet. To the south of these concentric circles, make a circular Vril-ek one foot in radius. The more care and cleanliness you get in casting the circles, the more safe you will be within them; the more care you use in casting the Vril-ek, the more likely will it be that Woden will actually materialize.

Now is also the time to write on your parchment the specific command that you wish Woden to obey. In your case this should read, "Almighty god Woden, protect and guide me in my work." This parchment should be placed in the Vril-ek with all of the objects that you have arranged to entice Woden in and to contain his energy when he arrives. Place asafoetida between the two concentric circles. Place

the other materials you will need inside the large double circle, together with the caged cat and canary. Place your altar in the double circle so that you can stand with it between you and the Vrilek. In this way you can concentrate on what is happening in the Vrilek as you proceed. Place the wooden chair behind the altar. If you feel cramped in this space, you may of course double the radii of the circles.

Love Making and the Ritual Bath—If in your reality you believe you will have higher energy levels and receptivity if you have made love before the ritual, now is the time. Then you should take a bath. The bath water should have in it lilac or other sweet-smelling oil that is not specifically associated with Woden.

B. Preparing for the Ritual—Enter the ritual area, not forgetting to leave your flight plan available outside the area. Enter the double circle, light your candles, and stand for a few moments in quiet meditation. This initial meditation period will tell you whether all is well and whether you should proceed. If all is indeed well, close the circles. Say:

All forces, see my circle.
Ye may not enter here.
As I will, so mote it be.

Now carefully sprinkle the outer circle materials with charged water, saying the same affirmation at each of the cardinal points as you do so. Take up your Zauberstab; pointing it carefully at the circle, follow it around in a clockwise direction. Pronounce at each of the cardinal points the invocation you used to close the circle.

Repeat this procedure for the inner circle.

C. The Summoning—Stand behind your altar facing the Vrilek. Raise the bell and ring it sharply three times. Pick up your Zauberstab and point it directly up above your head. As you say the following conjuration, bring it slowly down and point it at the Vrilek. Your other hand, your receiving hand, should be held palm outward toward the Vrilek. Repeat the gesture with the Zauberstab and the invocation until you can either see the Vrile Force in the statue in the Vrilek increase in brightness or until you can feel the emanations from it with your receiving hand.

I conjure thee, O God Woden, by all the most glorious and efficacious names: Come quickly and without delay; from whatsoever part of the world thou art in; make rational answers to

my demands. Come visibly, speak affably, speak intelligibly to my understanding. I conjure and constrain thee, O Woden, by all the aforesaid names, do thou manifest before these circles; fulfill my will in all things that may seem good to me. If thou be disobedient, refuse to come, then by the power of the Supreme Beings, the everlasting Lords and Ladies, those Gods Who created thee and me, the whole world, with all contained therein, behold I will curse and deprive thee of thine office, thy joy, and thy place; I will bind thee in the depths of the bottomless pit, there to remain until the Goetterdaemmerung. I will chain thee in the hell of frozen wastes where naught moves or lives. In the center of an iceberg will I chain thee unless thou comest quickly, appearing before this my circle, to do my will. As I will, so mote it be.

At the end of this conjuration you should chant and turn, using the medium flowing legato chant 'Yah-weh' with a slow turning dance.

Repeat the conjuration and the chant until you first begin to detect a change of power in the Vrilek. As soon as you detect this change, stop your chanting and conjuration, and wait. The power should increase without further prompting from you as Woden manifests himself. If you continue your conjuration after the first manifestation is felt, it is quite likely you will summon too much force. This is the point at which many Neophyte Sorcerers lose control of the situation.

Occasionally you will stop too soon. It is then quite permissible to start the conjuration again; however, in general it is far safer to be satisfied with a little power than to overdo it.

D. The Command—The command has to be distinct, unequivocal, and in line with the intent which you wrote on the paper in the Vrilek. Your command will run as given below. As you command it, so you will automatically be initiated.

I conjure and command thee, Woden, all and so many as thou art, to initiate and protect me. Thou shalt be constrained in this obedience to obey exactly my wish. In no circumstances shalt thou make any attempt upon my body, soul, or spirit; nor shalt thou, except as I have commanded, inflict any harm on anyone. Thou shalt not mutter, make noise, scandals, or bring up tempests, except specifically in obedience of my commands. I command thee to execute without dallying my initiation, protection, and guidance. Thou shalt obey, serve, instruct, impart, and perform all in thy power for the benefit of me, thy master: the whole without illusion or trickery. Thou shalt now

swear solemnly to execute all that I demand of thee and thou art hereby enjoined by the most holy name Woden to obey these commands and conjurations. If thou dost all that I have commanded, I will burn sweet incense to thee and impart my power to thee till I shall die. This I hereby swear by all that I hold most holy.

Notice that you have made a bargain with Woden: In return for the use of his Vril Force, you will provide him with more Vril. You will replace in the Woden bank account the 'money' that you have drawn out, and perhaps a little extra besides. Of course this is the ancient 'pact with the devil' that made Christians pull the covers over their heads.

E. The Dismissal—In the dismissal it is usual to start with a simple 'thanks and goodbye.' Typical of this type of dismissal is the following:

Forasmuch as thou camest in peace and quietness, having also answered unto my petitions, I give thanks unto thee, Woden. Now mayest thou depart in peace unto thine own order; but return unto me again, when I shall call thee by thy name, or by thine order, or by thine office, which is granted from the Aesir. As I will, so mote it be.

For reasons of which we are not quite sure, in a great number of cases this does not work so a more eloquent dismissal has to be used. This second dismissal should run as follows:

Pick up the ball and ring it five times. Say this command:

O Woden, because thou hast diligently answered my demands, I do hereby license thee to depart, without injury to man or beast. Depart, I say, and be thou willing and ready to come, whensoever duly conjured by the sacred rites of my Sorcery. I conjure thee now to withdraw peaceably and quietly, and may the peace of the Gods continue for ever between me and thee. As I will, so mote it be.

If you can still detect power in the Vril-ek, you must proceed to the cursing dismissal:

O thou wicked and disobedient Woden, because thou has not obeyed and departed this sanctuary, I, by the power of thy name which thou canst not resist, will curse thee into the depths

of the Bottomless Pit if thou dost not this instant depart. If thou dost not this instant depart, causing no harm to man or beast, thou shalt spend eternity in a hell of frozen wastes where naught moves and lives. Go therefore quickly and peaceably by all the holy names of the Aesir. As I will, so mote it be.

After this dismissal you should be able to feel no power remaining in the Vril-ek. Making sure Woden's power is completely gone is relatively simple. First you should uncover the cat's cage. If the cat crouches and stares at the Vril-ek, you will know that power still remains and you should cover the cage again and start a final dismissal.

Final Dismissal—The final dismissal is based on elimination of Woden's power by bringing into the Vril-ek an opposite power. You must cast another circle within your double circle. It will have a radius of 2.4 feet and be cast in salt. When you have cast this circle, tell Woden what you are about to do. Again uncover the cat's cage, because normally Woden will leave rather than be destroyed. If Woden does not leave the Vril-ek, summon Sif, using the same conjuration that you used before. Do not be frightened by the audio-visual effects that may now occur outside your circles; sometimes foul smells as well as the audio-visuals are created. Continue to conjure Sif until you are satisfied that nothing remains in the Vril-ek. Again uncover the canary's cage and let it free. If it flies out of the circle, it is safe for you to go out of the circle. You can now safely depart without any vestige of fear, without being afraid to sleep.

A NEW SELF-CONFIDENT YOU

Once you have gone through one of these initiations, you will indeed not only feel like a different person, but you will be a different person. You will take on the aspects of your new name. You are now beholden to Woden, and you must praise him and offer your Vril Force to him on a regular scheduled basis once each day. If you feel totally unable to be initiated by Woden, you can use either the Celtic Dagda or the Jewish Jehovah. Without special guidance, we would not recommend going outside these three deities for your initiatory experience.

You are now one of the secret few. You too have faced God and have not died.

Chapter II-6

ADEPTUS RITUALS FOR VIGOR, VITALITY, ECSTASY, AND DOMINANCE

DANGER: HIGH VRIL FORCE

The system you used in your Adeptus initiatory ritual allows you to face a god or goddess in perfect safety. This is like the training given a man who works on high-voltage wires or with high explosives. It works; we know it works; and it is safe. Just as you hear of the deaths of people who work in high-risk industries, so we as members of the invisible community of Sorcerers become aware of the mysterious deaths of some of our friends. They die for the same reason the lineman dies: They become contemptuous of the great forces they are dealing with, and in this familiarity they skip steps and change procedures in dangerous ways.

Hermes Thrice-Greatest, the legendary father of all occultists, gave to humankind the basic Law of the Emerald Tablet. This is the

Law of Attraction. It is the law of the microcosm and the macrocosm of you and your relationship to the gods and goddesses with whom you will soon deal in a familiar way. Whatever you do, you will attract forces to yourself which are similarly motivated. If you go into a ritual in a slapdash manner, the forces that come to you will be undisciplined and may harm you. If you summon up a trickster like Lucifer or Loki to do some trickery for you, you must be doubly careful in your control to make sure that he does not in his turn trick you. By attracting tricksters, you invite trickery and treachery into your own life. Even experts in Sorcery, people who have worked with it for years, are often caught. Provided they follow the rules, they can overcome their errors; but as soon as they spurn the traditional guidelines or think themselves more powerful than the deities they summon, they are heard of no more ...

THE SPIRIT THAT DESTROYED THE LANDOWNER

Swaran Dube of Kokarsa, India, is dead; and now can be told the story of his attempt to defy the power of a god. Mr. Dube was a high-caste Brahmin, to whom meat of any kind is forbidden and raw bloody meat is about the most horrifying, the most impure, thing that can be conceived of. In 1951 Mr. Dube took over the land of a Muslim neighbor, Amin Ahmad. Shortly after the takeover, Mr. Ahmad died and his son-in-law claimed a portion of the land from Mr. Dube. Mr. Dube refused to give the son-in-law any of the land, so the son-in-law prayed to Mr. Ahmad's spirit to intervene in his behalf.

Early in 1952 Mr Dube's daughter Leela was due to be married. Imagine Mr. Dube's consternation when he invited the parents of the bridegroom to his home for a meal and the food, served on plates covered in edible silver foil, turned to raw bloody chunks of meat before their eyes. In time, though, the future in-laws were placated and a wedding day in April 1952 was decided on. The wedding feast was prepared; more than two hundred people were invited. Just as they were seated, bloody meat dropped onto their plates from out of the sky. While the guests washed and prayed to purify themselves, new food was prepared. Mr. Dube posted servants on the roof and at the gates—and yet again as soon as the guests were about to eat, the rain of blood and meat recurred. This phenomenon continued for many days. Finally Mr. Dube gave back the land to the son-in-law. The spirit was at peace, and no more strange phenomena occurred.

Two years later Mr. Dube grew overconfident and again got the

land back from the son-in-law. Now the spirits were really annoyed. Not only did the bloody meat come again into their food, but footsteps could be heard around the house; tiles fell, always narrowly missing the family members; fires would not burn in the house; Mr. Dube's best bullocks died, and the veterinarian could not tell what had killed them. A violent monsoon storm washed away one of the walls of the beautiful Dube mansion. Swaran Dube himself became ill, and in 1954 he died. Mr. Dube's heirs gave back the land to the Muslim family; needless to say, no further problems occurred.

Obviously this is a very extreme case, a case the like of which we have never elsewhere seen documented; but it does show the powers that the Forces have at their disposal when they are annoyed and disturbed.

YOUR MAGIC PENTAGRAM OF RITUAL SAFETY

In order to assure yourself that you will be absolutely safe in your rituals, please review the ritual in the section on initiation. You will see that it is divided into five distinct steps. Before and during any ritual, you should remember these five steps so that you will never have any difficulty whatsoever. Figure II-6-1 shows the Pentagram with the five

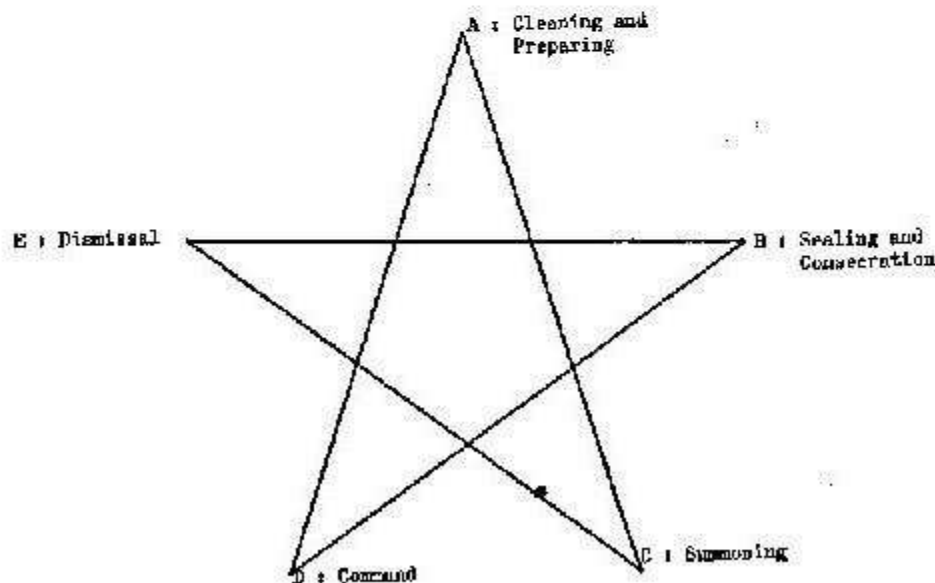


Figure II-6-1

Pentagram Reminder of Ritual Steps

steps clearly noted. Let us review those five steps. As we review them, if you wish you may go back over the initiatory ritual.

Step A—Cleaning and Preparing—This means the cleansing of your work area of magic influences and of entities which might interfere with the work; it includes the cleansing of the body and the mind by fasting. Your actual preparations start with deciding on an appropriate time, and run through the gathering of Vrilsteine and other necessary commodities, then your fast and ritual bath. Remember before you actually enter the room and seal yourself in, to file your flight plan, either with someone whom you trust or left in an envelope fastened to the door of the room.

Step B—The Sealing and Consecration of the Circles and the Vril-ek—You have sealed yourself in your initiation, so there is no need to reseat your body orifices before every ritual; however, if your sealing is six months old or older, you should redo it. The circles and the Vril-ek should be constructed of the appropriate materials, and they must be sealed and consecrated.

Step C—Summoning—Before you started any of this preparation you decided on the intent and the god or goddess that you would summon. All you have to do is substitute in the summoning we have already given the deity name appropriate to the intent you have decided on. In bargaining with the new deity, you should promise to send Vril energy to the deity for a time that seems to you to be reasonable for the request you are making. You do not need to promise the deity your faithful service forever as you did with Woden; for the service you are now commanding is relatively minor compared to the constant protection and guidance you are obtaining from Woden.

Step D—The Command—You should have written your intent on parchment-type paper in the appropriate color and placed it in the Vril-ek. This intent should be expressed in a telegraphic style; that is, specified in as few words as possible. If you cannot get it into ten words or less, you are not really trying to get your intent as clear and concise as possible. Imagine you have to write the request in your own blood, as many Sorcerers do. Now you will command the deity in the same way that you command Woden. You only have to substitute the new deity's name in the command we gave you for Woden.

Step E (the most important step) — The Dismissal — If you are using a Teutonic or Norse deity, the dismissal we gave you is adequate. If, on the other hand, you are using deities from hot lands

like Israel, you should threaten a hot hell and substitute for the phrase 'in a hell of frozen waste where naught moves or lives' the words, 'in a hell of unquenchable fire and brimstone.' This dismissal is particularly effective, of course, for the Christian and Egyptian pantheons of deities that come from the Middle East.

Check now with your cat and the canary to make sure all the forces have gone. Once the force is dissipated, you can safely quit the circle.

In all the following examples, you will use the identical basic deity summoning, commanding, and dismissal ritual. We do strongly recommend that you perform not more than one ritual of this type every two months; because they are all serious undertakings and they do sap your Vril Force.

Plan ahead. Make sure that everything is in order; your rituals will be successful and safe.

USING YOUR POWERS TO HEAL OTHERS AND GAIN VIGOR AND VITALITY FOR YOURSELF

The healing of your fellow man and of other living creatures, animals, and plants, is probably the most satisfying and rewarding of all the Sorcery you will attempt. When you can go out and heal a creature in pain, especially a dumb animal, by the Law of Attraction your life automatically improves. When you get beyond selfishness and are willing to heal for the sake of the healing, then you are automatically pushing yourself toward the Godhead. You are climbing your ladder of existence toward the Holy Grail and toward Magus status.

There are many healers in the world who insist that their every effort be widely trumpeted; there are others who insist on disproportionately large sums for their efforts. Unfortunately it is true that many who would heal are prohibited from doing so. We, for instance, can attempt to heal only bona fide tithing members of our own Church.

HAPPY WILMER, THE ITINERANT HEALER

Wilmer L. is a retired carpenter from Salem, Massachusetts. When we met him he was contentedly wasting his time avoiding the northern winter in a motel at Ocracoke on the Outer Banks of North

Carolina. We noticed him in the dining room eating alone, so we invited him to our table for dinner. He gradually became interested in our work and over the next year became a most competent healer. He now wanders around the country in a tattered cloak, finding lodging where he may and healing all whom he can lay his hands on. He is quite anonymous, and he wishes to remain that way, though you will probably meet him if you go to one of the occult seminars or meetings that are held around the nation at regular intervals. He will most carefully attend every lecture, picking up a little more information to add to his store of knowledge. He will also, when asked, heal a few people in the privacy of his own room. Every time he heals someone Wilmer says it makes him feel younger—and during the years we have known him, it is fairly obvious that this feeling is valid; for when we first met him, although he was only 66, he looked a great deal older. If you met him today, you would take him for a healthy youthful 40-year-old. We have to mention that it is fairly obvious many of the ladies at the occult seminars also find him virile and attractive. Vril, of course, leads to virility and vitality; for when you put out positive energy and positive Vril Force and work with the great healing deities, you gain that energy by the Law of the Emerald Tablet.

YOUR EASY HEALING RITUAL

Table II-5-1 lists various diseases and the appropriate god/ess and Vrilstein for the healing of each. In order to heal any disease, you should pick the correct line from the Table and from it decide what Vrilstein you need, what deity you need, and what other materials you will need to help in your work. It is also important for the deity to have a psychic link to the patient. This should be a photograph of the patient in good health, which he has signed himself, or some personal object of the patient's which he has used while in good health, or even a lock of hair which was taken from the patient while he was in good health. Notice that in a negative influencing situation, you should not need the items to be from the subject person while he or she was in good health. You could use any items recently handled; but for healing, it is important for the deity to understand that you wish the person to be put back in good health.

All you now have to do is go through the five ritual steps that are required in any Great Work, and your patient will most probably be restored.

HOW ELVIS PRESLEY CONTROLLED AND DOMINATED OTHERS

Elvis Presley, an unknown young truck driver working out of Memphis, Tennessee, suddenly took the nation by storm in the mid-1950's. How was this 19-year-old nonentity able suddenly to demand millions of dollars in fees? More important, perhaps, how was he able to control his audiences and raise them to heights of frenzy which only a few other people in history have been able to achieve? Before he rose to fame in the mid- and late 1950's, the description of this man was that he was slight for a truck driver, indeed relatively puny. Yet he rose to world domination in the music business, from truck driver to multimillionaire almost overnight. He knew all about the power of his charisma, and it is no accident that in his most powerful moments he wore black.

You too can secretly join the small group of 'men in black' who control the world as soon as you realize that dominance is not a matter of holding a gun or beating a man over his head with a club to get your way, but is in fact the ability to direct another to your purpose through his or her own half-formed wishes.

YOU ARE SMARTER THAN OTHER PEOPLE

The horror story from the jungles of Guyana,¹² where hundreds of apparently sane Christians committed suicide at the behest of one man, is just another example of how the masses will follow a charismatic leader, the leader whose etheric body and Vril Force are expanded. Look around you at your own town. There are thousands of people much worse off than yourself. Not only are they worse off, but they also have lost hope. They need to be led—for their own sake. Perhaps you are a member of a family where the most anyone does in the evenings is sit and watch TV. These TV watchers are typical of the population today. They can hardly make a decision to change channels, let alone run their lives. The networks know this. Once a channel is selected, it is likely through pure inertia to be left on all evening. Certainly most of these people are totally incapable of getting up and switching the TV off to do something constructive and useful. These are the people who need your help, need your dominance capabilities to guide them into useful, achieving lives.

Dominance of others is not necessarily evil. Just as with the Vril Force itself, it is the motivation which colors the action 'black' or 'white.' If you are dominating someone for selfish harmful reasons, that could be considered evil and by the universal Law of Attraction it will bring death and destruction to you as it did to Jim Jones. If you are dominating and controlling someone for a good purpose, however, this will bring you good things, pleasurable times, and rich rewards.

PETER FIRES ALAN, THEN BEGS HIM TO RETURN

All his life Matthew G was a hard-working man. Only rather late in life did the liquor distribution business he founded begin to flower and to make large amounts of money. Matthew had married late and had one son, Peter. Unfortunately Peter was the typical son of a wealthy man, a playboy wastrel. Every new fad that came along he had to be part of, whether that fad was a different drug or some kinky habit. Old Matthew tried every way he knew to get Peter to pay attention to the business; for in families of his ethnic background, leaving the business to the son is a matter of pride. However, being a smart businessman, Matthew resigned himself to the acceptance of hard facts: It was never going to work. He hired a competent manager, Alan B. Alan worked out well; and by allowing Alan to buy a part of the business and by giving him an excellent bonus scheme, Matthew insured his loyalty. The one fly in the ointment was that every so often Matthew did get up on his high horse and yell at his prodigal son Peter enough to make him come in and work in the business.

Every time the old man did this, some new disaster struck. One time it was the son's using the buyer's network to distribute pot; another time it was his putting one of the young secretaries into shock after he had inveigled her back to his condominium apartment.

Eventually Alan had enough. He went to Matthew and said, "The money isn't worth what's going on. Either you keep that SOB of yours out of this business, or I quit." The old man knew that Alan was absolutely right and that if he lost Alan it would be a real calamity, because with Matthew's advancing age he knew he alone was no longer capable of running the business. Peter was essentially pensioned off out of harm's way. Whether this was a final blow to the old man's hopes or not, we do not know; but very shortly after he came to the realization that Peter would never be a part of the business he seemed to wither and die. Thus it was that Peter became the boss.

¹²November 1978: The People's Temple of San Francisco and Jim Jones

Now Alan had known this was likely to happen. He realized when Peter became the boss he, Alan, would be in for a rough time; for he had never made any secret of his opinion of Peter. However, Alan had made some very interesting occult preparations. The scene when Peter sat in his father's chair for the first time and called Alan in must have been something like a French farce. According to Alan it went something like this:

Peter: You're fired. Pack your stuff and get out of here.

Alan: Okay; right. (Starts to get up and leave. Before he can reach door, Peter clutches his stomach, half-rising from the chair in a spasm of pain.)

Alan: Can I help?

Peter: Alan, please stay with the company, will you? I'm sick. I can't run it.

Alan: Will you give me a long-term contract?

Peter: (Falls back in chair gasping a death rattle.) Anything, anything!

Alan: (Draws from his pocket the contract he had prepared earlier.) Sign here.

Peter: (Signs. Facial expression reveals departure of stomach cramps.)

Needless to say, the contract stipulated that Peter put Alan totally in control and refrain from interfering in any way with the operation of the business. The relationship from that time onward has been cordial. Peter now looks on Alan more as a substitute father than anything else. We are glad to say that with the passage of a few years, Peter has married and is settled down. Alan is even letting him back gradually into the management of his father's business.

UNDERSTANDING, NOT ORDERING

The one thing that the dominant charismatic leader has is an ability to judge the mood and emotional inclination of his audience. Alan knew Peter's every weakness. He knew that Peter could not 'stomach' running the company, so when Peter fired Alan, Alan played on this fact. By merely tapping a previously charged Vrilstein against a chair, he caused Peter to over-balance and get stomach cramps.

You may not have the time available to charge a special Vrilstein or to study the person or group you wish to dominate. If a sudden situation catches you unprepared, that is where your Neophyte exercises will help you. With your expanded etheric senses, you can sense the mood of a person without his saying anything. By seeing, hearing, smelling, tasting, touching, or simply sensing his mood, you have him categorized; and once you have him categorized you can say the words he wants to hear, words that are tuned to his set of needs.

Let us say you have come to propose to a banker a scheme which requires that you get a loan. You must evaluate the banker and decide on what your approach should be. If necessary, you should refer back to the table of sensory keys in the Neophyte section to comprehend fully his mood. Being a banker, he will naturally be interested on the mundane level in such things as security, return on investment, and all the items which he has to sell to his board of directors in order to get you the loan you want. However, because he is a human being as well as a banker, you will find that he has weaknesses, in the form of his personal interests in things other than money. Let us say you can sense from his etheric body that he is interested in gaining more personal recognition and advancement; then you should tell him how the loan you want will reflect very positively on his performance.

No matter how you sense another person's interests or weaknesses, you should couch your presentation in terms of that interest. When you see a group of people together, often you will find they give you a common, group etheric feeling; it is to that feeling you must pitch your talk. The person who comes to the podium with an excellent speech and a few good jokes, all pre-programmed, is often the most boring of speakers. The person who is flexible and who can catch the group's interest and mood is the one who is long remembered—even though he may have had no apparent message or facts to bolster his speech. The highly emotional appeal for funds, even for an unknown charity, usually succeeds, provided only that it is pitched so that the group listening to the pitch is made to feel that here is a person talking in terms they can understand.

GETTING INSIDE THEIR HEADS

Sometimes people are so up tight that it is almost impossible for you to read them, especially in the turmoil of a first meeting. Remember, however, that if you are in their home or in their office,

they will have imprinted their personality; their Vril will have flowed into the desks and furniture around them day by day. This means that by reading the furniture you can often get inside their etheric body and their way of thinking. When none of this works, you must somehow establish a physical contact with the person of chief interest to you. If you are left-handed and your receiving hand is your right hand, a simple handshake will achieve your purpose; this is why many left-handed people are said to be more sensitive than right-handed people. It is because they receive immediate etheric impressions of anyone with whom they shake hands. If you are right-handed, all you have to remember is to grasp with your left hand the upper arm of the person you are shaking hands with, and you will achieve the contact you need to get an immediate etheric impression. Shake the right hand, reach forward with the left hand, and grasp the shoulder or upper arm lightly; at the same time look into his eyes. This will give you an immediate understanding of the whole personality with whom you are dealing. Watch on TV politicians who do this naturally, and you can see how to do it. Then practice it. The body contact, the contact of your secondary hand, will give you all you need to know.

YOUR KEY TO ADEPTUS DISCIPLINE

It takes conscious effort and sustained practice to get to a point where you can control others as easily as most politicians do; but with a few simple hints you can learn how to achieve equally effective results. We have told you how to shake hands with people and how to sense their etheric weaknesses. Now you must discipline yourself so that you can take the Vril Force which they emanate, the Vril Force which reveals their weaknesses, into yourself, re-shape it, and send it back to them with your own thoughts superimposed on it. It is their own Vril Force that you receive through your secondary hand. When you shape it and send it back, it re-enters them through your dominant hand and goes right into the center of their etheric body. It is, if you like, perfectly matched to them. Watch any good speaker, especially a minister, when he first starts a presentation or an exhortation. He stands before his audience with his hands down, palms facing the crowd, in the typically benevolent ministerial attitude, showing by his posture that he is open to them. What he is doing is receiving the Vril Force from the crowd. It is this Vril Force from the crowd which he turns around in his exhortation and sends back to them. This is how he can so easily control the crowd.

In a recent TV interview, we asked noted vocalist Helen Forrest whether she put out more energy in singing than she received from the audience. She said that at her best performances it was in balance; she would receive just as much emotional energy from the audience as she gave to them. Usually, however, she felt buoyed up after a good performance because she received more of the Vril Force from her audience than she gave back.

The procedure is simple. At the beginning of any speech, discussion, conversation, whatever, you must receive the Vril Force from the person or persons you want to influence and dominate; then with great self-control in your own mind *not* let the Vril Force affect you but immediately turn it around and send it back with your own thoughts superimposed on it.

YOUR DOMINANCE RITUAL

If all else fails and you feel you absolutely have to dominate a situation, all you have to do is decide on the intent of your dominance, look in Table II-5-1, and go to work. Do not lose sight of the fact that in dominance timing is all-important. Can you really wait the four to six weeks you should wait for the perfect time to get your point across? In most cases this is not possible; that is why we have given you the quicker techniques we described above, so that you can succeed without the necessity of waiting for the ideal time to do a full-scale ritual.

GAIN MORE MONEY THAN YOU CAN IMAGINE OR EVER USE

Many people think that when they attain wealth they will automatically have no problems and from then on will be happy and contented. This is diametrically opposed to the truth of the matter; for in general wealthy people are the ones who have the most disastrous lives. Countries with affluent societies like Denmark and Sweden have far higher suicide rates than nations with relatively poor populations like India and Ceylon (Sri Lanka). Suicides by millionaires are so commonplace as to have become hardly worth a second-page mention in the newspaper.

The problem you need to set yourself is how to attain wealth, yet avoid bringing with it the problems that it seems to foster. The answer is simple. It lies in the establishment of a goal for your affluence, a goal

with which you will be content, beyond which you will stop worrying about wealth and start enjoying life. The problems that wealth engenders are, from an occult point of view, quite easily understood; for the Vril Force associated with green dollar bills, for instance, is also the Vril Force associated with the affectionate aspect of love. It seems therefore that you can have one or the other: either affectionate love or green dollars in your pocket. On a mundane level, of course, the truth of this occult wisdom is easily seen. If you are spending your money wining and dining the ladies, you will not accumulate great wealth. The Socerer, however, knows several ways in which this occult bond between wealth and the loss of other pleasures can be circumvented.

WAYNE B COMMITS SUICIDE

Dwayne B lived in Dallas, Texas. His father was a moderately successful real estate developer. Dwayne was the young Dallas playboy type; and despite all his father's objections he took little or no interest in business pursuits, being more interested in pursuing the good life and the ladies. This situation would probably have continued for many more years, but it was brought to a sudden end with an accident at a building site which took the life of Dwayne's father. Much to his credit, Dwayne changed overnight. He took a firm hold on the business and began running it in a way that his father would have admired. In fact he quite gave up his former life and dedicated himself to the search for the almighty dollar. In the next few years he became so dedicated to the business that he had little time for friends or boon companions. He fulfilled his need for companionship by keeping a liaison going with his secretary—which of course only reinforced the amount of Vril energy that he put into work; for even during their tenderest moments they were still quite likely to discuss business matters.

This unrelenting business orientation unbalanced Dwayne just as much as he had previously been unbalanced by his playboy activities. He was so much into making money that he essentially became a gambler. All would have been well, except that he was unable to cope with the recession of the early Seventies. As soon as money began to flow away from him, the Vril energy which he had put into gaining that money also flowed away from him. Dwayne followed the usual track of the lonely millionaire: One cold fall day he committed suicide. Ironically, he left his money to his faithful secretary/mistress. When

everything was wound up, she still got well over a million dollars as a reward for her faithful service.

It seems inconceivable to most of us that someone with so much money would even contemplate committing suicide, but the occult laws are not to be flouted. The miser searching for his wealth and clutching it to him is unbalanced; being unbalanced, he is unable to avoid, if not actual death, at the very least serious illness and a lack of balance in his life.

AVOIDING THE TRAP OF OPULENCE

All you have to do to gain wealth yet retain your sanity and balance is to keep your wealth in many different forms. Do not concentrate on getting only green dollars. There are different forms of wealth that you can also acquire besides dollars; these are equally useful and will not unbalance you. Whatever you do, you should not go overboard in any one single direction. It would be palpably ridiculous for you to obtain a dozen or so cars; and in the same way it is ridiculous to obtain several million dollars in green dollar bills.

You must balance your wealth between for instance green dollars, yellow gold, and black earth. Above all, before you begin any procedure for attaining wealth, sit down and decide what your end objective is going to be. When you have reached that end objective, then STOP and enjoy your wealth.

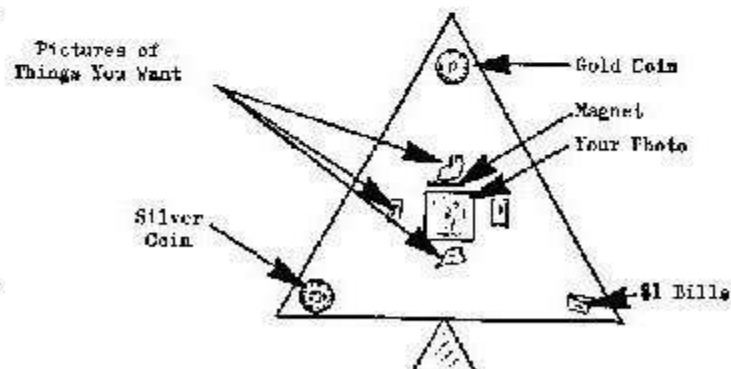


Figure II-6-2
Arrangement for
Balance-of-Wealth Ritual

To attract wealth to yourself safely, proceed as follows: Place at the three corners of an equilateral triangle (as shown in Figure II-6-2) three Vrilsteine which represent to you three different aspects of wealth. In the figure we have chosen green dollars, gold, and silver. Place a magnet and a photograph of yourself in the center of the triangle, surrounded by photographs of the nice things you would like to have. As time goes on, every day you should charge at least one of the Vrilsteine; but you must judge your own mood before doing this charging. What mood are you in? Can you tune yourself easily in to dollars at this moment or into gold or into silver? Use the sensory keys listed on the figure to help you. Concentrate on one of the Vrilsteine. Make sure that the Vrilstrahl is flowing well from your Zauberstab into the Stein. Say at the top of your voice some short affirmation like,

Gold, Gold, come to me.
As I will, so mote it be.

Lay down the Zauberstab and if you have been using a candle, clap it out.

Leave your setup in place. If you live in a dusty environment, cover it with a white sheet. Once when the moon is new and the time is correct, set up your ritual and establish three Vril-eks around the circle to the South, the West, and the North. Place the appropriate Vrilstein in each of the Vril-eks. Summon each deity in turn. When each is present, charge it with the task of bringing its particular type of wealth, then dismiss it. In order to bring yourself fully into balance, it is now a good idea to face the East and bow down to the mighty mystic forces of awareness; for from this direction comes the necessary spiritual Vril which will help you to deal with your wealth and to use it wisely. Then carry on. Make sure your dismissal has been effective, and close down your circle.

MANIPULATING MASSES OF MONEY

As soon as you have your first few thousand dollars, you should put it to work for you. Again, you should follow magical principles by investing in the three elements you would associate with the three points of your triangle. The heavy golden money point you can invest in gold coins. The lighter silver money should be used for business ventures. The weightless airy play-money, the green dollars, if you like, can be used for gambling. The riskiest game in town, but one

where the occultist has an advantage, is in the trading of money in the commodity market, in which fortunes are made and lost overnight. With your techniques, you should be able to select a commodity which is going to improve in value, and consequently turn yourself into a rich person overnight. The important factor in handling money is to spread your capital equally among three diversified investments. Never be caught totally in one; if you are thus caught, you are unbalanced, and this imbalance will lead you into occult—if not mundane—trouble.

SUMMARY

We Frosts are often accused of being too materialistic in our advice to students both of Witchcraft and of Sorcery. We firmly believe that no student can learn of spiritual matters until his mundane life is in good shape, when he has a comfortable home life and is not oppressed by worries about such things as sex, money, or health. Only after these requirements are fulfilled do we believe you are ready for spiritual growth. Thus we advise you to work carefully at the Adeptus level until you have fulfilled your basic needs and desires on the mundane level. When you have tasted of these things and they are no longer difficult to obtain, you will be able to leave them behind and become a Magus.

ADEPTUS NACHWORT

The power of the Sorcerer lies within himself. The more Sorcery you attempt, the less you will need it. Sorcery strengthens your Will and your self-confidence. Having faced death, you are no longer afraid.

You should also remember that he who boasts he will make something happen or will do something is boasting not because he can do it but because he needs the support of his own words. When a listener hears this boasting, if he says, "Yes, of course you can do it," the boaster can indeed succeed; but when the listener denigrates the boaster, the boasting is for naught. When you have confidence you will succeed, you have no need to hear yourself say you will succeed. The very fact that you are saying you will succeed means that your Will and self-confidence are flawed.

Additionally we have to recommend that you severely limit the number of procedures you try in any given year. It is just like any other undertaking: No matter how delicious the strawberries, they will

become flat and uninteresting if you eat nothing but strawberries. If you do a procedure and you talk about it to all your friends, then you do another procedure and talk about it, very soon boredom will set in and your success rate will drop. Some Sorcerers say that discussion drains off your powers; we think this is just another way of phrasing the fact that you become bored, matter-of-fact, and unemotional in the procedures.

We also find many failures occurring when the person is too committed emotionally to the result rather than to the procedure. If you stake your whole future on the success of a single procedure, oftentimes you will not correctly visualize the deity you plan to use because visualization of the desired result gets in your way. If you are stony-broke, you often cannot do an effective procedure for wealth simply because you are too involved with poverty. Your desperation prevents your being dispassionate.

Section III

MAGUS LEVEL

One who knows, wills, dares,
and yet remains silent.

CAUTION: Do not open these pages
until you have completed
Neophyte and Adeptus levels!

Chapter III-1

BEYOND SELF-MASTERY

THE WORLD AT YOUR COMMAND

Once you have obtained for yourself the things you need to fulfill your desires, then you may ask, "Why should I go further?" This question strikes at the very center of a Sorcerer's beliefs and his reality. It is a rephrasing of the question often asked by seekers, "Why are we here?"

To the Sorcerer the answer is simple: You are here to learn. The world is put at your feet so that you may learn from it. The only reason you are in a body is that the body has sensual appetites. It can feel pain; it can feel pleasure. The spirit, the real inner You, your doppelgaenger, cannot without a body feel these earthly sensations; thus it cannot learn what it is either to desire or to obtain a goal. This is why the doppelgaenger must take on a human form and must be born onto the earth plane to fulfill its learning needs.

Many Sorcerers go overboard in their wish to taste of everything available. They become negative and take too much of the world. In order not to fall into the trap of negativity and destroy yourself, you should abide by what is called the 'Wiccan Rede,' which is:

An It Harm None, Do What You Will

The 'none' includes yourself. Remember also that this 'harm' may occur on the mundane as well as on the psychic level. You can commit a criminal act in the psychic planes just as easily as you can on the mundane level. For a competent, positive Sorcerer, neither is permissible. What is permissible, however, is to teach someone else who is being negative or willfully obstructing your plans a sharp lesson; for by teaching you help the other person progress and at the same time you learn more yourself.

THE HUSBAND WHO GAVE HIS WIDOW HIS SAVINGS

Ian Stevenson, Chairman of the Department of Neurology and Psychiatry at the School of Medicine at the University of Virginia, has extensively studied the subject of reincarnation, and together with various colleagues has done detailed careful analysis of many cases. It is his considered opinion that only through the survival of the spirit and the intelligence of a person can these cases be explained. In a typical case, Dr. Stevenson thoroughly analyzed, with the help of the International Red Cross, the case of the little baby who spoke an Indian dialect from a few weeks after birth until his words were recognized and analyzed. Soon after coming home from the hospital, the baby began to speak in a strange language; obviously he was pronouncing words and sentences. Of course the parents thought at first that the baby was 'possessed,' and consulted their local priest. Fortunately before an exorcism or other violent psychic crime was committed, a visitor to the home recognized the speech as an Indian dialect. She promptly called a professor of languages from the university, and the professor carried on an intelligible conversation with the four-week-old child. Everyone was totally amazed at the results of this exchange. The baby was trying to tell them that he was the reincarnation of a workman from a small village in India who had died suddenly and had been unable to tell his wife where he had hidden his small store of money. The baby was very insistent that his widow would face a life of poverty unless she got the money he had hidden in the corner of their hut. The story was so incredible and so detailed that

the university professor decided to contact the International Red Cross to see whether they could reach the widow in India. In fact they did; and just as the baby had said, there was money buried in the hut which enabled the woman to pay off her debts and live decently.

When the message came back from India that all was well, and was relayed to the baby by the professor, the baby smiled happily, turned over, went to sleep, and never again spoke in the Indian language. Through the medium of reincarnation, the Indian husband was therefore able to make sure that his wife-widow received their money.

"WHY SHOULD I FEAR? WHEN WAS I LESS BY DYING?"

The title of this paragraph is a line from a poem called the "Mathnawi," and is taken from one of the holy books of the Sufis. It was written in the 12th Century and in part reads,

I died as a mineral and became a plant;
I died as a plant and rose to animal;
I died as animal and I was a Man.
Why should I fear? When was I less by dying?
Yet once more I shall die as man,
To soar with spirits blest,
But even from this I must pass on:
All except God doth perish.

Modern research thus supports the Sufis' beliefs. These beliefs are also shared by all the major religions of the world—except Christianity. Even Christianity, however, believed as a dogmatic fact in reincarnation—until it was outlawed in 325 CE. The reason that it was outlawed as a belief is that, as Bishop Charles Merrill Smith said,

If you want to sell people the idea of heaven and hell as a means to control them, this means will not work if they don't believe that they will spend very long in either heaven or hell.

The spirit, your spirit, is immortal. It never dies; it only grows.

YOU ARE RESPONSIBLE FOR THE INNER YOU

Your spirit is separable from your body. When you think of things you do, you tend to say, "I live," "I sleep," "I love;" but you talk about

"My arm," "My head," "My body." Thus it is that you recognize even in your everyday speech that the spirit and the body are two separate entities. One of the most ancient holy books that has come down to us was originally written in Sanskrit. The Sanskrit itself was merely the writing-down of a very much older oral tradition. In that book, the *Rig-Veda*, it is written that

A human being is like a driver in a chariot.
The immortal soul is the driver;
The chariot is the body;
And the reins of the chariot are Wisdom.

The Sorcerer knows that it is the way your spirit controls your body that will determine your destiny. Your spirit determines the actions of your body. The spirit is reincarnated on this earth plane in this particular body so that it may learn what it is like to run a body around, what it is like to feel emotions such as pain, hunger, anger, love, and disappointment. When the body dies, the spirit casts it aside as a snake throws away its outgrown skin; your spirit will very soon take on another body to learn more lessons. A Sorcerer knows this full well and recognizes that the spirit does not really live on the earth plane; it belongs and lives in its home on the other side of the invisible barrier, and which in fact the Sorcerer called 'Side.' A German Sorcerer might call it the *Himmelscheigenstatt*⁽¹⁾, the zone where spirits belong and reside.

This idea is sometimes described as the 'boarding-school simile.' Figure III-1-1 shows this as a progression. The spirit comes from its home in Side where it has absorbed the lessons it learned in its previous earth-plane or *Irdischeigenstatt*⁽²⁾ incarnation, and inhabits a selected body on the earth plane. When it has learned all it can from this body, the body dies and the spirit returns to Side. Eventually, after many incarnations, the spirit is ready to progress to higher planes. Thus it is up to you to make sure that the spirit, while it is in a body, undergoes as many experiences as it is possible for you to arrange for it.

THE PARABLE OF THE PLATE

Little Jean, the precocious three-year-old, asks her Mummy every day whether she may help with the washing up. That splashing

⁽¹⁾ Himmlich = celestial; Eigen = special; Start = place.

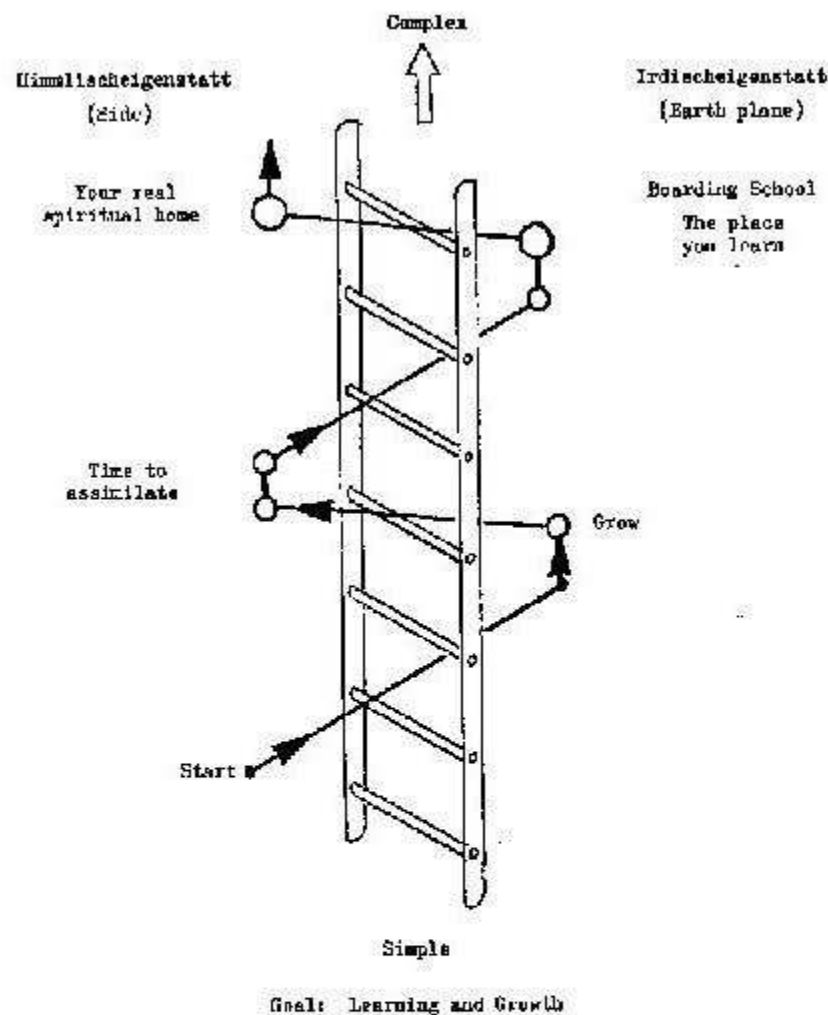


Figure III-1-1

Your Ladder of Upward Reincarnation

around in the water and all those nice suds look to Jean to be just good plain fun. Finally Mummy agrees. She pulls the stool over to the sink and lets Jean do the washing up. Mummy goes to the phone for a moment and Jean wants to show her Mummy how clever she is to wash the best new porcelain platter—but Smash! Crash! She drops it and it smashes on the floor in a million pieces. Mummy comes rushing into the kitchen...

The question is: What does Mummy do? Does she smack her little girl? Does she blame herself for the disaster? Does she send the

little girl to her room in tears to a hell of despondency? Or does she recognize that she is to blame equally with Jean, and that a task was set that was a little too advanced for those undeveloped skills? Surely the wise Mummy realizes that everyone has learned from the accident. Is the Universal Overseeing Intelligence any less intelligent than the wise Mummy? Or does It send all the spirits who make a minor error to hell, never again to be given a chance to progress?

THE SINS OF THE FATHERS

In India the concept of heaven and hell as a reward or punishment for what you do on this plane is replaced with a concept called karma, wherein your every action is recorded in a Great Ledger in the Sky called the akashic record. When you die, this ledger with its positives and negatives is added up, this then determines whether you will return as a high-caste Brahmin or perhaps as a lowly animal or bug.

This idea of karma is just another threat system to keep the people in line. We even have the details of the man called Manu the Law-Giver who invented it. Yet, believe it or not, millions of Hindus and now hundreds of thousands of Americans believe whole-heartedly that karma and the akashic record rule their lives with a celestial rod. Many times when you tell them that the whole system was invented by a mere mortal, people show the same angry rejection of this historic fact as they do when you tell them that heaven and hell are a myth invented by the pagan emperor Constantine for his own political purposes.

You are here to learn. You are here to learn the lessons that you did not learn in your last incarnation. It may well be that your spirit is suffering because of something you were not taught in the past incarnation, is suffering because in your previous incarnation your body was not allowed by some arbitrary tabu to learn the things it needed to learn. Nowadays we are most fortunate in that these arbitrary tabus are being seen for what they are, and people are rejecting the dogmatic utterances of many religious leaders. You today have few excuses. You can have your body experience everything it needs to, so that your spirit can progress more rapidly.

You are responsible. It is your duty to make sure that your body gets its opportunities to experience all the things your spirit feels it needs. As Kahlil Gibran writes in "The Prophet" concerning life,

... When his wings enfold you yield to him,
Though the sword hidden among his plumes may wound you ...

We would add: When you feel that sword pierce you, rejoice in it and kiss it; for you will develop the faster for it.

LINDA M ALMOST DIES

We met Linda M at a psychic conference in Boulder, Colorado. As is usual at these psychic affairs, there were many honest, dedicated people present as well as a number of charlatans. Linda M unfortunately had not gained enough experience to differentiate between the two sorts of teachers. She hooked herself onto a charismatic leader of a group who was interested mainly in hypnotizing young women to regress them into previous incarnations and through the hypnosis also becoming able to dominate their future lives. Through these methods this teacher had obtained a large following. Linda fell into his well-baited trap. She was totally at his mercy. Any time he snapped his fingers, she would fall into semi-trance and become his obedient servant. While in this state, the charlatan stole her Vril Force so that he could be more powerful.

Linda was an easy subject for the charlatan. The very first day of the conference she became his slave. She gave so much of her Vril to the psychic vampire that she became sick. The following day she was no longer able to attend the conference. In the middle of that night we were called to her bedside as she was asking for us to 'confess her sins before dying.' She really believed that she was totally fated!

The first thing we did, of course, was get the group around the bed to give of their Vril to replace the energy that had been drained from Linda. The change in her were dramatic. She stopped gasping for breath, and her color came back; but even though she was much recovered, still she said words to the effect that while she thanked us for our help, she knew that she would never recover. The charlatan had told her that she had been a torturer in her previous life and that nothing she could do in this lifetime except endure the tortures that she had meted out in her past life would save her spirit from eternal damnation.

The use of two threat systems on this poor girl was really despicable. The charlatan had interconnected the threat of hell with the threat of a great karmic debt which she had to pay. Linda also told us that the charlatan had advised her she could be saved provided she 'gave her all' to him.

Needless to say for the remainder of the night we had a rather difficult task on our hands; however, Linda had a good helping of American common sense; and when we made her become objective

and look at what had happened to her over the last two days, she could even begin to smile at her naivete. For of course this was the first time in her life that she had been in any way sick, or threatened in such a terroristic way.

If there is one thing you should learn from this book, it is that you should not be threatened by people who place arbitrary tabus on your actions for their own ends.

UNDERSTANDING AND CONTROLLING PEOPLE AND ANIMALS

In the Sorcerer's reality, reincarnation is of course a basic fact and a cornerstone of his system. Over the millenia that it has been such a cornerstone, no one has ever proven that it is not a valid concept. By using this cornerstone as a basis for your actions, you will find that your life is made tremendously easier. You should realize that everyone is somewhere on a ladder of progression. Some have completed first grade, shall we say, and some are at college level. Animals fall naturally into this progression system, for the lower-level human beings are those who have no social conscience, no understanding of the rules by which humans conduct themselves. They are the ones whose last previous incarnation was that of a ferocious animal. By this we do not mean to say that some animals, for instance porpoises, are not higher on the ladder of progression than are some humans; for porpoises react in a much more selfless way than do many humans and in a Sorcerer's reality selflessness, the giving of one's self for the benefit of other beings, is higher on the ladder than selfishness, the grabbing of everything for oneself. It is indeed true that selflessness puts one higher on the ladder and denotes a higher spiritual growth, then if you know this and consciously behave in a selfless manner because of your knowledge, you will short-circuit your growth process and go up many steps on the ladder without gaining the necessary learning; consequently you will surely slip back again. The hermit who rejects the world is not progressing even if he behaves in a selfless way; he is merely avoiding temptation.

Think for a moment of any group of your friends, and instead of categorizing them by age or by sex, categorize them by their social interactions. Can you pick out a group who are interested in seeing blood sports, seeing pain and hurt inflicted? Can you pick out another group that is not interested in competition? Can you see how one

group is at a different level of spiritual development than the other? Once you have carefully categorized your friends in this way, then you can go on to categorize other people in the same way. In order to influence a person at one level to your way of thinking, you must use words and actions which are in his or her reality. With the lower-level type, you can simulate anger and become threatening; but with the higher-level type, this approach will get you nowhere. You have to get your way by appealing to his sense of altruism, decency, and similar attitudes.

SISTER LUCRETIA LEAVES THE NUNNERY

Judy P was a 20-year-old rather handsome girl from Dallas, Texas. She had everything to live for in the world. Her parents were relatively well-to-do; she could obviously look forward to either choosing a career or getting married and settling down. Judy got involved, however, in an eastern religious sect and became thoroughly imbued with the idea of karma and of reincarnation in the eastern sense: reincarnation that is not a progressive learning process but a system whereby you can come back as anything at any level.

She decided that in order to be safe, since she didn't wish to come back as a loathly beast, she would devote her life to Jesus and become a bride of Christ by taking the Veil. When she graduated from high school she went to college intending to earn a degree as a doctor; or, failing that, at least a biochemist so that she could further enhance her chances of being reincarnated on a higher plane the next time around. Her whole plan was ruined by the fact that in her second year at college she became emotionally involved with a rather macho athletic young man who had little or no social conscience. One night he decided to shock this rather prim young lady by showing her some of his world. It was fairly clear to us afterward that he also wanted to get something on her so that he could blackmail her into becoming his mistress.

He took her out on a liquor-store holdup. Unfortunately for him when she was left in the car as he went into the store and she realized what was happening, she immediately ran for the phone and called the police. The young man put up a fight and was killed. Judy, of course, blamed herself for his untimely demise; she gave up her studies and entered a convent in Missouri. At first the discipline of the convent was quite acceptable to her; she felt that she was being tested and in some way was paying back the karmic debt she felt she had incurred by

precipitating the death of her friend. However, as time went on, she began to get disenchanted with the life; for she could see that the group of nuns could do far more for the community than they were doing, if only they could be allowed some relaxation of the strict rules of the convent.

It was at this time in her life that she heard a talk given by one of our local students and began to recognize the karmic-threat system for what it was. After much heart-searching, she decided that she was not of a sufficiently selfless disposition to be a bride of Christ. Sister Lucretia, as she was now called, left the nunnery. Since that time she has completed her studies and has done much good work as a doctor in a small village in South America. She is, if you like, showing her selflessness by eschewing the money she could make as a fashionable physician in the United States, yet she is living in the real world and is gaining more experiences daily of what life is really about. She is not hiding behind the veil; she is allowing her spirit to grow.

IDENTIFYING YOUR PLACE ON THE LADDER OF PROGRESSION

Sister Lucretia (Dr. Judy P) was very lucky to be able to see her life clearly enough to leave the convent when it was apparent that the religious life would not provide for her the development she needed. Most of us are so involved in our own life that we are unable to gain a good perspective of where we are on the ladder and what we are doing so that we may be able to say we have progressed up it at least a few steps during our lifetime. Oftentimes we find sensitive selfless people trapped with a group of lower-level spirits, unable to understand why they dislike them, why their life is a misery, and what to do about the whole situation. Often a married couple consists of two people at entirely different places on the ladder. This very rarely leads to growth for either of them. Instead, it drags the more spiritual partner back down into the murk of the lower-level spirit's habits and actions.

Table III-1-1 is a questionnaire you can fill in for yourself. It will give you a clue as to where you are on the ladder. Once you know where you are on the ladder, then you can decide what learning experiences will help you progress upward. Once you have filled in the questionnaire, you should use it as an aid in completing the chart in Figure III-1-2. These two may not at first seem to be related; if you will examine for instance the sports preference question on the

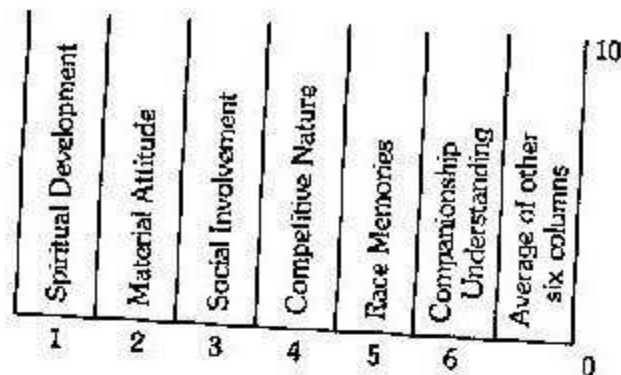
- | | |
|--|--|
| 1. Spiritual development: Do you
attend church every Sunday
belong to an organized church
belong to a fundamentalist church
have no formal affiliation | 4. Competitive nature: Do you
like to compete
love winning
hate losing
dislike all competition
like bullfights
like football/baseball
like swimming/gymnastic
dislike all sports |
| 2. Possessions except home and car:
under \$1,000
\$1,000—\$2,000
\$2,000—\$5,000
over \$5,000 | 5. Race memories: What makes
goosebumps?
afro drums? bagpipes? clipper
ships?
Vikings? other?
Do you feel homesick for another
place?
Do you identify readily with
another racial group? |
| 3. Social involvement:
your favorite party:
cards
ESP
cocktail
home demonstration
your favorite magazines:
skin
fashion
finance
news | 6. Companionship understanding:
Do you
regard your mate as a possession
understand the opposite sex
want to be the opposite sex
favor ERA |

Table III-1-1

Your Development Level Questionnaire

questionnaire, you will see that this gives you a clue to the competitive-nature column on the analysis chart. If you are highly competitive and like such things as bullfights, then you score low in competitive nature. Similarly, if you have a large number of possessions, you have a poor or low (that is, immature) materialistic attitude. Grade yourself on a scale of 0 to 10 in your reality, thinking of 10 as where you would really like to be and of 1 or 0 as the attitude you might expect from a ferocious beast.

When you have filled in all the columns, draw a line across which is about the average. This will tell you whether you are about to get off the endless wheel of the reincarnation cycle and progress to higher things, or whether you have many more things to experience in this life.



Column numbers refer to questions in Table III-1-1. Grade yourself 0-10 in your honest opinion of where you stand. The 'average' column tells you whether you are likely to return to the Irdischeigenstatt.

Figure III-1-2

Which Life Are You In?

This analysis of attitudes to various aspects of your life allows you to tell where you are in your development. If you score low, this means that you have a fantastic opportunity to learn and explore many things before you progress. If you score high, look at the areas where you are deficient and make your first priority the exploration of these areas.

This single-sheet analysis is the basis for your future. Let us say you have a poor companionship attitude; then you should get to know and explore attitudes with more people of the opposite sex. Perhaps you are materialistic; then you should try setting out for a journey with perhaps \$20 in your pocket, and seeing how you can live for months at a time without all those toys and trinkets that you have accumulated at so much expense. Perhaps you are a zealous Christian and have scored yourself very high in the religious-understanding column. In that case we would strongly recommend that you spend a year exploring—with an open mind—another religion like Witchcraft or Hinduism. These explorations will enormously increase your religious understanding.

BEING BORN AGAIN

Your Neophyte initiation was one type of born-again experience. You came through the grave, took on a new name and new clothes, and became a new person. This new person must learn something

new. This is the secret of the Pyramid and the Sphinx: By passing through the pyramid and under the sphinx, you are reborn. You are squeezing more than one lifetime into the time you have on earth. Instead of spending time in your mother's womb and in the diaper stage of babyhood, you, an adult, will take on a new life and learn new things without the necessity of going through the physical baby stages. You start your new life with the increased understanding which an adult brings to his learning experiences.

Look at your analysis chart. Use it to decide what you want to be in your new life. Remember you can be born again many times. It is not just a one-time forever kind of a deal. When you have completed one bar of your chart, for instance, you can be ritually born again and start work on the next one in which you see a deficiency. Since the dark time when Sorcery was driven underground, not one person in a million has had this opportunity presented to him in a Sorcerer's terms.

To become a Magus, you must bring all the columns on your analysis chart close to their upper limit. By doing this, the next time you physically cast off your body, you may be lucky enough not to have to return to this plane of existence. In Christian terms, you are going to heaven; in Buddhist terms you are going to Nirvana. To a Sorcerer, you are gaining the chance of coming back as a higher being, perhaps a dolphin.

In addition to the somewhat simplified analysis chart, you should bear in mind this fact: When you get a strong, persistent urge to do something, you should not suppress that urge; for these urges are the prompting your spirit gives you so that it may learn. It is leading you toward the experiences it needs to learn in order to complete its cycle on earth. You will find that many competent occultists move around the world or within the United States like gypsies. This appears to be frustrating, especially to people like our own students, who have to keep changing the address of the School when they wish to write to us. People who write to Lady Sybil Leek, who is the unquestioned foremost Witch in the United States, are equally frustrated by her changes of abode. But people like Lady Sybil are completing their learning experiences. They need short spans of time in various situations so that they can become complete spiritual persons. In our own lives in the past ten years, we have gone from highly placed aerospace executives through lowly pig farmers to authors living in a small town. Right now we know that shortly we will be moving on, for we too have to complete our assignments if we are to progress upward.

MARRIAGE IS NOT FOREVER

It may come as a shock to many people that we do not believe marriage should ever be a life sentence. Individuals necessarily grow separately at different rates. If you are married, compare your chart with a chart of your partner. If you are most lucky, you will find that the charts match quite closely and that you can then go out as a duo to fill out the blank spaces in your charts. However, it is much more probable that you will find there are glaring differences between the two charts. If these differences cannot be reconciled and if they appear to be getting worse rather than better, then divorce is on the horizon; for spiritually disparate people can never develop properly and compatibly if they are, in the words of St. Paul "unequally yoked together." Western stereotyped thinking reflexively labels divorce a 'bad,' but as a Sorcerer you are capable of a more realistic evaluation than this. For divorce, like any other experience, teaches you something, something you hopefully have to learn only once.

THE GAME OF LIFE

The world is your classroom. You cannot withdraw from it and expect at the same time to be able to learn the bittersweet lessons which it has to teach. It may not be a perfect classroom, but very few classrooms are. It is, moreover, the only classroom you've got; and you must live in it. Further, when you live in it, you cannot be continually changing it to your way of thinking by using your powers. For if you continually smooth your paths, you will learn no lesson except the lesson that you have powers. This is what we could perhaps call the paradox of the Sorcerer's reality: You must play what Brad Steiger has called the 'Reality Game.' You must operate in the classroom of the world on its terms, not on yours. For to learn, as we have said, you cannot magically change all the rules without impairing your learning experience. You are forced therefore to play the Game, not to be apart from it. As Brad Steiger says,⁽¹⁾ it is a game in which you can only dimly perceive the rules—but it's the only game in town.

⁽¹⁾ "Beyond Reality"—Brad Steiger

Chapter III-2

MELDING YOUR SPIRIT WITH THE COSMOS

PSYCHIC MELDING AND AWARENESS

To the Sorcerer there are two main states of existence that he uses in his daily life. The mundane physical state, the *Irdischeigenstatt*, is the one in which you sense and feel emotions, and in which the things you touch push back against you. Perhaps you might look upon it as the state in which you earn your living. Too many of us limit this state to the small sphere in which we go about our daily lives, somehow not realizing that there is a whole world out there to be explored and that even beyond this world there is a cosmos, a cosmos which through space travel mankind is just beginning to explore.

The other main reality of a Sorcerer's life is the spiritual state, the *Himmelscheigenstatt*. This state is just as real to him as the mundane state may be to you. In fact, a Sorcerer often has difficulty in distinguishing between his two states of existence, because, especially when he is in his circle, the two meld and fuse.

To many people the spiritual plane is only very dimly perceived "through a glass darkly." Yet it is the most important plane; for You, the real inner you, your spirit, belongs to this plane. This is the part of you that is immortal, the part that will go on until perhaps it becomes part of an Overseeing Intelligence or Godhead; for the ultimate step off the ladder of reincarnation is into a demi-god sphere.

In the hurry and scuffle of our modern world, too few people take time either to investigate or to become aware of this second state of existence; however, when you do become aware of it, you will find that it holds the answers to many of your problems and that when you can work in it and with it, you will become less hassled by everyday problems and annoyances.

MANUEL FLIES HIGH AND WINS A FORTUNE AND THE HAND OF HIS BELOVED

Manuel T is an engineering graduate working for a construction company in Madrid, Spain. The construction company is a family concern owned by the family D—, a very old family which survived the Revolution because of its very necessity to the government of General Franco. Though earning a good salary and proving himself efficient, Manuel had no hope of ever getting beyond the junior executive level in the firm. He knew that the company was an old-line family concern. The presence of many family relatives in the company showed him that senior positions would naturally be filled by members of the family and their relatives.

One day when Manuel was working at one of the construction sites outside the city, he received a message that was carried to him by an attractive young woman, Consuelo. He assumed she was one of the secretaries from the head office—and immediately fell in love with her. Over the next few weeks he managed to invite Consuelo out on two or three occasions, these occasions mainly being the standard evening walks around the Presidio. Finally one evening she told him that she was Papa D's daughter, that she was working in the company merely to learn its operations, and that she was hiding her identity so that she could be 'one of the girls' rather than being shielded from the realities of the company and not being able to learn as she worked.

By this time, in his typical Latin way, Manuel felt that without Consuelo his life would be meaningless and he might as well end it. Since Consuelo had told him that she was Papa D's daughter mainly to

make him keep his distance, he conceived himself to be the unluckiest of men, loving as he did a person who was completely beyond his reach.

In response to his urgent pleas for more dates, Consuelo conceived a plan of showing him how different she was from him. She invited him out to her father's ranch for a weekend. Of course Manuel was quite unable to take part in most of the ranch's activities. He was not a skilled horseman; nor could he swim very well. As to the social small talk, he literally had none. He was further saddened by the seemingly close relationship between Consuelo and several apparently well-to-do suitors. Thus when he went to his room the second night he was at the ranch, he was in a negative frame of mind.

Even though things were so black for him, Manuel decided to see whether he could get out of his body and contact the spirit world for guidance. He had found in the past that when things were the most black on the mundane plane he could usually rely on comfort and good advice from his guiding spirits.

This occasion was somewhat different from the others. When Manuel went into deep meditation and got out of his body, his first concern was to see what Consuelo was doing at the moment. He sent his doppelgaenger to her room. Through the doppelgaenger's eyes he saw that Consuelo too was sitting in an eastern meditative posture and that she was quite alone—not, as he had jealously assumed, accompanied by some Don Juan-type suitor. As his doppelgaenger watched, Consuelo's doppelgaenger came back toward her body.

The two doppelgaengers met and recognized one another; they tentatively stretched out their hands. When the hands touched, the sudden release of pent-up energies felt as if a flash of lightning had passed between them. After melding for a few moments, each returned to its own body. Moments later these bodies met in the hallway of the villa. Without speaking, they went to see Papa D and ask for his permission to marry. Papa D was first horrified, then furious. He told Manuel to get a bag and get out. For the first time since they had met in the hall, Consuelo spoke: "You throw both of us out, or you keep both of us," she told her domineering father. Of course Papa D gave in, allowing Consuelo to marry Manuel, and even throwing in a generous dowry. Even though Manuel is still many years from a seat on the board of directors, still he knows that his present and his future are secured and that he has a wife with whom he can explore the joy of loving both on the mundane and on the psychic planes.

LEARNING TO HEAR THE MUSIC OF THE SPHERES

Your doppelgaenger is not physically fastened to your body. It can leave the body and travel through both time and space to meet other doppelgaengers and other spirits who no longer have bodies. All you have to do is learn how to control these excursions into the Himmlischeigenstatt. This a Sorcerer does through controlled outward meditation.

There are many schools of meditation in the world. Most of them insist you go inside yourself and never allow the spirit to contact others freely or to fly by itself.

The developed ability of being able to travel in the spiritual realm and to contact other spirits, either doppelgaengers or discarnates, can be of great help to you in your life. For instance, you can use it to oversee other people's actions, and for the most part you will not be seen by the people you are watching. Further, when you have problems which seem beyond your capabilities to deal with, spirit friends can answer questions for you. They can either see around the bend of the River of Time, or find other spirits who were highly competent in the field in which you need answers while they were on the earth plane; these spirits can then in turn answer any queries you may have.

Many people are afraid of spirits, but you must realize that when you leave the body you do not change except in one important respect; that is, you have no capability of making anything significant happen in the mundane state when you do not have a physical body to run around. This, of course, is for a very good reason: If, for instance, you could travel back in time in the spirit realm, and if you could make changes in the physical realm in a past age, then today might not exist for you!

As soon as you take your first trip into Side, you will find these statements are absolutely true. No matter how much you try, you cannot physically influence anything while you are in this Eigenstatt. The reverse of this coin is of course that no spirit can harm you.

Remember, however, that the spirits which you contact still have about them many of their earth-plane attributes. Some are just as negative as they ever were; others are tricky and would like to inflict hurt. Thus when you get advice from the Himmlischeigenstatt, always keep your mind in gear.

Lastly, you should be aware of the fact that when you go into this state, you will attract spirits to you who have the same moods that you

MELDING YOUR SPIRIT WITH THE COSMOS

are feeling when you go into the state. Thus if you start your trip in a negative frame of mind, you will tend to attract negative spirits to you.

It is simple, easy, and safe to travel in the Himmlischeigenstatt, provided that you follow a few simple rules.

YOU NEED NEVER BE ALONE AGAIN

Once you have learned how to hear the music of the spheres and contact others on the spiritual plane in a safe and efficient manner, you never need be alone again. Children who are alone are fully aware of this fact. They very quickly develop relationships with what adults call 'invisible playmates.' It is no coincidence that the word for 'playmate' in German, 'ge-spiele' is very similar to the word for 'apparition' or 'ghostly,' 'ge-spenst.' The stories young children tell of fairy godmothers and playfellows who protect and look after them are merely the descriptions in their reality of what is actually happening to them. In some ways you have to throw off your adult prejudices and become more like a child to be able to contact the entities and intelligences that you can reach through outward meditation. "Unless you turn around and become like children, you will never enter the kingdom of heaven."¹¹

GRETA FINDS HER GRANDPA'S GOLD

Greta K is the granddaughter of a rather well-known 'Pow-wow Doctor,' as they call healers in the Pennsylvania Deutsch country. From her earliest childhood she was accustomed to communicating with those on the other side of the invisible barrier. On the death of her grandfather, when she was quite a young girl, her parents migrated from the farm to a middle-class home in Pittsburgh. Greta found that discussing her spirit friends with other young companions resulted in her being excluded from her peer group and oftentimes left her open to ridicule. With the aid of her spirit friends, however, she had developed various techniques for demonstrating to these skeptics their reality, like from using them merely to give her friends nightmares to answering correctly all the questions on a difficult examination. Thus, rather than give up her spirit playmates as she passed through puberty, Greta kept hers and communicated with them constantly.

¹¹Matthew 18:3

She was a happy, contented youngster; but this contentment turned to sadness when her mother contracted cancer. In some ways it was beyond Greta's comprehension when her spirit friends told her that her mother was learning by the disease and that Greta should not ask that her mother be cured; rather she should ask that the mother pass on as quickly as the learning experience would allow. Although this was bitter medicine for Greta, still she abided by the advice of her spirit friends.

Upon her mother's death, Greta was surprised to find that she now owned her Grandpa's old farm. Being an ecology-conscious youngster with feelings for the land, she decided that she would go back to the hills and start farming again. When she saw the farm she was horrified. All over the property holes had been dug and piles of earth disfigured the fields. Even the inside walls of the house had been totally destroyed. She asked the neighbors who had done such a terrible thing to the field and the house. She was told for the first time of the mystery of the missing gold.

Apparently a legend had built up around her grandfather. According to this legend, her grandfather had befriended two robbers who had been shot up while attempting to steal gold from a mail train, gold bound from the Denver mint to the east coast. The robbery attempt had been successful, but while the robbers were still weak they had been apprehended in the woods behind Grandpa's farm. No gold was ever found, but the neighbors always said that Grandpa was never short of a penny (or later a dollar) for someone in need. Thus the legend grew up that he knew where the gold from the train robbery was hidden; when the farm was abandoned, the locals had taken advantage of the fact to go on their own search.

Greta had expected that the house would be barely habitable; however, she had not counted on its devastated state. Her small savings were quickly used up by the time the house was weather-tight (though still far from livable).

Greta loved the farm and was loth to return to the city, so she turned to her spirit friends for guidance and consolation. Their advice was simple and straightforward: "Go dig up some of Grandpa's gold. Then, provided you dispose of it very quietly and carefully, you will be able to restore the farm." A spirit counselor contacted her grandfather on the spiritual plane and got him to give Greta precise directions for finding the hoard. This she did quite easily; and by following her counselor's advice she was able to restore the farm to its original beauty and productivity.

CONSULTING YOUR COSMIC ALLIES

Everyone, even the most hurried and scurried housewife, should set aside fifteen to thirty minutes every day for her own meditation. When all pressures are off her, a period when she can relax and enjoy her Himmelscheigenstatt, an interval that will create a smooth flow of energy for her. We have trained without trouble well over 10,000 people in the use of what we call 'outward' meditation. In this technique you learn to yourself to meet and consult with other doppelgaengers and their spirits. Follow the simple steps given here, and you will very quickly achieve success.

Step 1

- A. Find a comfortable chair. It should be constructed of wood or of wood and fabric; there is to be in its makeup no iron or steel and an absolute minimum of non-ferrous metal. Further, it should contain no materials of animal origin such as wool, leather, or silk.
- B. Find a quiet-running timer.
- C. Find a loose robe of cotton.
- D. Find a container of salt.

Step 2

Select a place. Somewhere in your home there is a spot suitable for meditation. The requirements are, in order of importance:

- A. A solid wall running north and south.
- B. An area along this wall that is not near heavy electric cabling or metal objects.
- C. An absolute minimum of clutter. Books and newspapers are particularly undesirable because of the busy thought patterns they engender.
- D. A location as close to the sky as possible.

Step 3

Establish a time and stick with it. The factors influencing the hour chosen vary from individual to individual, but here are some things that typically should be considered.

- A. When will you be able to be uninterrupted?
- B. Can you keep this appointment every day unless something unforeseen interferes?
- C. Will your mind be free of petty work and household problems during the selected time?
- D. Is the sun below the horizon at the time you have chosen?

Step 4

Place your chair with its back close to the wall, preferably facing eastward (through westward is acceptable).

If your wall is not quite true north-south, arrange the chair so that you directly face east or west. Subdue the light entering the room. Turn off any mechanical contrivances, and shut off the power from nearby cables. Set the timer for fifteen minutes. Use the salt to draw an unbroken circle around you clockwise on the floor. Have your legs uncrossed, your hands resting with palms up on your thighs. Tilt your head very slightly back. When you are settled and comfortable, with eyes closed, say aloud, "Spirits of mischievous intent, spirit of lower entities, you cannot cross this sacred line." As you say this affirmation, imagine yourself sitting at the center of a blue-white sphere of light. You are surrounded above and below by a complete impenetrable sphere of protection. Open your aura, the protective force field around you. Lay back your robe at the front while you mentally picture yourself surrounded by a pale white glow or halo of light. Mentally open this light halo in front as you open your robe, and lay it back with the robe, saying, "Spirit friends, I am naked in your sight. My body and mind are free. Protect them and send to me what you wish."

Now absolutely relax all muscles in your body. Construct a cone of power. In your mind picture a tall thin cone whose base rests across your shoulders or on the circle you have constructed, and whose point disappears into the cosmos. Hold this picture in your mind a little while. Watch the cone grow brighter. You are putting out and concentrating Vril into the cone. The cone of power allows the spirits to find you. It is comparable to a lighthouse. Say aloud, "Spirit friends, I await you."

Drift now, waiting for the contacts which indicate you are tuned in and receiving. It may happen at any time in a sudden flash of light, or a smell or a taste, an inspiration or a 'hunch.' A common first sight is an eye watching you, through whose iris you can see new scenes. A common first feeling is to be drawn out of the body drifting free, where new things are felt and inspirations occur. Whatever happens, don't be startled. Let go. If a white flash occurs at the edge of your vision, for example, don't jerk your head around. Remain still and receptive.

As soon as the time is complete, close your period by saying,

Thank you for your help, spirit friends.
I am surrounded by the pure white light of Vril.
Nothing but good shall come to me;
Nothing but good shall go from me.
I give thanks.

Then write down the feelings you received and the guidance you've obtained.

THE COSMIC DIMENSION HOLDS THE ANSWERS TO YOUR QUESTIONS

Once you have become familiar with meditation and settled in to do it on a continuous basis every day, it will become natural for you to get your questions answered by talking to your spirit and doppelgaenger friends and to travel without your body to other places, both in time and in space. You will also be able to go into deep meditation easily in crowded places. Among its other advantages, this

technique can be extremely useful to you in overcoming boredom. When you are waiting in the doctor's office or for that long-delayed aircraft, you can go into your meditation mode, and the time will pass both quickly and productively for you. The only thing you must beware of is that when you go into meditation at these times you must be fully protected, either by the salt circle we recommended or by one of your spirit friends.

We do not recommend that you use outward meditation without protection until you have a reliable Guide or spirit friend who will watch over your body while you are out of it. It is absolutely true that if anything on the mundane level happens to your body while you are out of it, you will instantly be aware of it and will come back to it. This is because there is a ray, what the Huna of Hawaii call an 'aka thread,' connecting your body with your spirit. The Germans call this a 'ge-spinst' or Strahl. (Notice here the similarity between this word and the word for 'spirit playmate' and for 'meditation' itself.) However, for some reason that we are not quite sure of, if you are out of the body and another entity wishes to possess it, this message is not transmitted as efficiently along the thread; that is why you must have someone watching over you.

ROBERT M GETS BACK HIS OWN BODY

Robert M is a middle-management executive who works for an aerospace firm in St. Louis. In his travels around the world, Robert learned how to contact and communicate on the cosmic planes; however, because he learned how to do this during intervals between business trips, his total technique was somewhat faulty. He knew, for instance, that when he meditated at home and contacted the cosmic planes he should be protected; but somehow he missed the instruction on not meditating unprotected when he was away from home. Thus it was that one day when he was listening to a very boring sermon in the local Baptist church (which he attended because most of his peer group did rather than through any belief in Christianity) he went into deep meditation and traveled in time. When he came back to his body after rather an enjoyable trip, he was horrified to see it slobbering over the altar rail yelling in his voice that he had seen the light and was born again. What Robert saw was that his body had been possessed by a little old lady spirit who had been haunting the church because the church was the place where she had received most pleasure during her stay on earth. This spirit, seeing an unoccupied

body, had decided to take it over. To all appearances, Robert seemed to have been miraculously born again, though the truth was that his body had been possessed.

Much to the frustration of Robert's spirit, his body was treated with reverence during the next few days at work, for his bosses knew that he was now 'born again.' In fact since a little old lady spirit was running the body around, he gave up most of his previously manly ways. He no longer chatted up the secretaries or went for that two-martini luncheon, or even had a beer with the boys after work; mercy forbid! Of course one would not expect a little old lady to do these things and so Robert's body—under the control of the little old lady—did not do them.

Robert the while followed his body around, trying to figure out a way of getting it back by dispossessing the little old lady. His opportunity came, as he tells it, when the little old lady lost control of his foreign sports car and went off the road. His body's head hit the steering wheel, and this somehow jerked the little old lady loose. Whether she thought he was going to die or not, he could not tell; anyway, for a split second she was out of his body and Robert was able to jump back in and instantly assume control of it again.

From the number of born-again people whom we have met and from the number of little-old-lady spirits who really do hang around Christian churches, we can assure you that Robert's story is no exaggeration. Bill Finch, working in conjunction with Veterans' Administration hospitals, has found many cases of possession occurring in GIs returning from the far east, where rather peculiar events have resulted from an American body being possessed by a destructive Viet Cong spirit.

We tend to think of possession as always being negative, a la "The Exorcist;" but remember: Sometimes it gives positive results from the outside point of view—though the poor spirit who is dispossessed does not necessarily feel very kindly toward the spirit who by possessing his body has avoided the diaper stage.

YOUR GUIDE TO PRE-PROGRAMMING YOUR EXCURSIONS INTO THE COSMIC DIMENSION

Provided you follow the simple rules we set down, you will not have problems like those Robert encountered. Spirits do not easily possess bodies; and when they see protective methods being used or another spirit standing guard, they will not attempt to invade an idling

body. It is just like learning to drive a car: Once you have learned how to do it, you can navigate difficult terrain quite easily, provided you take it slowly and cautiously—and most important: When you leave your car standing at the curb, you either get a friend to watch it or you most carefully lock it up. It is worth while for us to reiterate here that we have never had any trouble of Robert's type reported by any of our students.

When you are in your meditative heightened state of awareness, communications will occur first through your most developed etheric sense. If you have successfully completed the Neophyte development steps to enhance all your etheric senses, you will sense the cosmic dimension with all your senses rather than the one or two that most people are able to use. Thus it is that you will be able to mentally speak to, see, touch, smell, and taste other beings in the Himmlischeigenstatt. Remember: Those beings are no different than you. They cannot harm you. Some of them may not be sensing you with all their etheric senses that you have at your disposal. You are a more developed eigenstatt traveler than they. Therefore, if you meet someone in that dimension who seems puzzled or frightened by you, try communicating with a different etheric sense. He may not be able, for instance, to hear or see you.

When you enter the Himmlischeigenstatt, you will find that there is an organization in that eigenstatt just as there is on earth. This is summarized in the writing on the Emerald Tablet: "As above, so below." When you want to contact spirits for answers to specific questions, ask for directions to the cosmic Record Keepers. They will be able to tell you where you can get your questions answered. If it is a matter of seeing what the future holds for you or of viewing some past event, all you have to do is will yourself to the specific time and place that you wish to go to, and you will find that you can travel wherever you wish.

Practice. Use your capabilities. Expand your consciousness. It is childishly simple, now that you have developed this awareness, to get all the problems you have quickly and efficiently solved.

MAGI DO NOT NEED GAMES, GRIEF, AND FEAR

You have learned that in a Magus' reality you are here on this earth plane to learn; not the learning of mechanical skills by the body, but the teaching of the spirit through physical experiences that can be gained by the spirit only through the inhabiting of an earth-plane body.

Your real home, the home of the real You (which is your spirit) is the other side of the invisible barrier, among your friends in the Himmlischeigenstatt. This is why many people, once they get into meditation, prefer to stay in that eigenstatt rather than facing the grief on earth; however, such hiding teaches the spirit nothing. Even though the spirit feels comfortable and at home, still this does not mean that it is learning anything. Your spirit must return to your body if it is to learn the lessons you need to progress. While you are in the Himmlischeigenstatt, you can get answered many of the questions which you have about your earth-plane life, and you can therefore avoid the more destructive little games that many people will try to play with you. Typically, someone may offer you a job and tell you to keep coming back for more and more interviews; or may hold out the possibility of a refund on poor merchandise when no intention of paying a refund or giving you a job really exists. A thirty-second check in the future dimension will show you what these people really intend for you, whether their promise is real and whether the promise will be fulfilled.

You can also check ahead and see whether a particular course of action will have the outcome you expect. In these ways, and recognizing that the learning experience by the body is most important, you can be at ease in your environment and gain that serene superiority which is the hallmark of the Magus. When you are out in the Himmlischeigenstatt, the problems of your small life evaporate. You can view the world for what it is, and from this vantage point you can descend to complete your task knowing that no matter what happens on the mundane level you have friends and companions at home who will always love, cherish, and assist you.

YOUR MAGUS INITIATION

THE FLOWERING TREE OF YOUR UNDERSTANDING

Sacred flowering trees are a common religious symbol throughout the world. They symbolize a link between the mundane plane on which we live, everlasting life, and the heavens toward which they reach. The sacred Norse tree Yggdrasil was planted before the birth of the first man. Its roots are alternately watered by the Fountain of Life and gnawed away by the serpent Nidhogg, the Nidhogg of course representing all that is bad and negative on the Irdischeigensstatt. Yggdrasil reaches up through midheaven and eventually reaches the glorified heights of the ultimate gods, the Aesir.

For those who read their history books, the Christian Emperor Charlemagne (though regarded as a great champion of the faith) was one of the most evil men the world has ever spawned. After killing his own brother and thus gaining the throne, he killed or transported literally millions of pagans who would not bow down to the new religion of Christianity. At first the pagans fought for every inch of their land, but this resistance was smashed by Charlemagne when he uprooted the sacred tree Irminsul at the most holy site of Ekternsteine in the year 782 CE, on the same day on which he executed 4,500 or more Saxons.

The most famous Christian flowering tree is at Glastonbury in England, where, it is said, when the olivewood Grail cup bearer Joseph of Arimathea came after the crucifixion he planted his staff. That staff grew into the Glastonbury Thorn, a tree which flowers only at winter solstice, a tree of a unique variety. There are only two other trees of its type in the world, both scions of the original Glastonbury tree.

In American folklore the tree of lights in Boston represented the colonies' will to live and fight against the oppressions of the English. In Amerindian mythos, the flowering tree with the eagle flying over it again represents the balance between the mundane and the spiritual, and the regenerative process which brings the tree into flower each spring.

Every single culture for which records remain has some mythos connected with the flowering tree. The ancient Egyptian legend of Isis and Osiris where the dead Osiris in the casket is caught and held by the flowering tamarisk tree is merely one such legend.

THE SACRED TREE OF THE NEW UNIVERSITY

The meaning and symbology of the sacred flowering tree is as alive and recognized today by our inner senses, by our etheric bodies, as it ever was. Christmas would not be Christmas without our solstice trees of light. In North Carolina the story of the founding of the university at Chapel Hill is typical of recent versions of the ancient legend.

A group of gentlemen were entrusted by the early government of North Carolina with the task of finding an appropriate location for a university close to the proposed site for the new capital city. They were essentially alone in the trackless forested hilly country of the Piedmont. They were tired, but still after many days of travel they had not found the site they sought. It is said that on a particular morning in 1780 Brigadier General William Richardson Davie, the leader of the group, awoke and without stopping for breakfast set out toward a distant rise. When he arrived there he knew he had found the site they sought. To mark the center of the site he planted his riding crop in the ground; then he returned to camp for breakfast. When the group returned to the site, they found the riding crop had taken root. The Flowering Tree was growing again, and that flowering tree lives today in the center of the campus of the University of North Carolina at Chapel Hill. It is called the Davie Poplar, but it is in fact a flowering tulip tree.

THE INITIATION THAT IS NOT

To become a Magus, you must live in two worlds, on two planes of existence, the two eigenstaette of a German Sorcerer. You must live in this world, the Irdischeigensstatt, and be of it; and at the same time you must live in the Himmlischeigensstatt, your home in Side. In order to understand and symbolize the breadth and scope of your awareness, you must have your own Flowering Tree. When you are reborn as a Magus, that rebirth is symbolized by your planting of five trees. These trees must be grown by you either from seed or from a cutting. It is as well to take at least five cuttings of any tree you wish to propagate and to plant at least five seeds for each tree you expect to raise.

There are certain selections of trees that you can use. Table MI-1 lists these along with some alternative choices. Your initiatory task is to find a magical space in a woodland or garden where you can plant

circle at new moon, with the mountain ash at the center and each outer tree eleven feet from the central ash in the direction shown in Table MI-1.

<u>Preferred Tree</u>		<u>Alternate Choice</u>	<u>Circle Position</u>
Mountain Ash (Rowan)	Sorbus	None	Center
Green Apple	Malus	None	East
Acacia Baileyana		Forsythia	South
Damson	Prunus Shropshire	Red Plum	West
White Dogwood	Cornus Florida	Lilac	North

Table MI-1

Trees You Will Need

You must visit this sacred grove at least once every summer and winter solstice and every spring and fall equinox, and spend the night in it. Your grove is the place from which you gain your strength. If your grove is damaged or any of the trees die, it is considered that the corresponding part⁽¹⁾ of your development has died and needs to be rekindled. If onrushing technology threatens your grove, you must take it deeper into the untrammelled wilderness. You can either transplant your old trees or grow new ones from seed. If you grow new trees from seed, you must go through a new rebirth experience and take a new name just prior to planting the young trees.

If it is at all possible for you, you should obtain legal title to the land on which you have planted your trees and make it a perpetual trust, deeding it perhaps to the city in which you live or having a lawyer arrange for it to be given to one of the national institutions set up to hold such lands in perpetuity.

This initiation is the least trammelled by ancient laws and artificiality; yet it is an initiation which if carried out conscientiously will bring more change into your life than any other. As you contemplate the quiet growth of your trees, the cycle of the changing seasons, their glorious rebirth anew each spring, and the symbology represented by each tree in its appointed place, you will gradually come to understand why this initiation is so sacred and so important to a Magus. Many Magi we know have become so involved with their trees that they have bought land near them and refuse to leave the area: for they are obeying the ancient law of magic which decrees that a Magus' powers are rooted in his own local area.

⁽¹⁾ See Figure III-3-1, Page 216.

Chapter III-3

YOUR WORLD AS A MAGUS SORCERER

YOUR ROLE AS OVERLOOKED LEADER

When you have planted your trees and have put your energy into helping them develop, they will return this energy a thousandfold to you. Your grove is your piece of serenity in a crazy mixed-up world. You must keep it secret from all except those who can explain its inner meaning to you, can explain perhaps why the circle is 22 feet across and why the trees are planted in the positions that have been known since the dawn of intelligence.

Occasionally you will find that as you go about your daily mundane business someone will contact you. At the least expected time in your life, suddenly a person will come by, stay a few hours, and then depart, having given you a message of encouragement and perhaps some direction as to what now to do with your life. These

people are the cupbearers of wisdom and knowledge. They comprise the invisible network. In Bavaria they are called Illuminati, the ones who light your way, the ones from whom it is said the Rosicrucians and many other occult societies gained their small knowledge. You are now, after your Magus initiation, truly a citizen of that invisible empire and you must accept the direction of your unheralded visitors; for by your initiation you have become the wise leader of your area: not the dominating political materialistic leader, but the spiritual leader, the one who by using the Vril Force will direct and control the development of the area.

The Paradox of the Magus is that you must always expect nothing. If you sit in expectation that your leader will appear to you, then surely he or she will not. As soon as you give up that expectation and you truly have lost the expectation that it will ever happen, your leader will appear.

FRAU EMMA AND HER FRIENDS RUN THE TOWN

The town of G—in Bavaria is one which everyone lives to visit. To all appearances it is run by a very dominant all-male city council with a strong aggressive policy of modernization. Still it seems that only some of these modern policies ever bear fruit, and then it is only the ones that will not disturb the essential character of the town. Yes, the village has a modern telephone system and yes, all the houses are electrified; but on the other hand on the surface these facts are not easily seen, for the ugly cabling is nowhere in sight. In this town, too, a few extra textbooks are used in the schools, textbooks that describe some of Germany's pagan heritage as well as the more stereotyped Lutheran version of history.

We were invited to G—to speak to the students of the Gymnasium (high school). Not only was this the only speaking engagement we had been invited to in Bavaria, but it was also noteworthy for the fact that many of the students had a very high level of knowledge.

That evening we were invited to the home of Frau Emma. When we first arrived, there was a long, very quiet period of meditation and stillness so that Frau Emma and her friends could assess us and decide whether or not we were sufficiently aware to qualify for some of their teachings. We apparently passed the test, for we were invited into one of their inner chambers, where we saw translations of medieval texts which contained instructions that exactly paralleled our own workbooks.

After we had been admitted to Frau Emma's circle in the evening, we praised almost as tourists would in a town and its serenity. Frau Emma then revealed to us that her group had spent many years maintaining the town's environment. Every time the town was threatened with development which would disturb its peace and tranquility, Emma and her group made sure that it did not come to pass.

"Alas," she said, "I am afraid we must show our teeth more clearly; for Bonn wishes to put a new electronics plant near us. Many of the people think that this will bring them wealth. We must make Bonn change its mind." A few days later we joined Emma's group and we did successfully make Bonn change its mind.

In order to compensate the town for its loss of business income, Frau Emma and her group diligently work to attract more and more tourists to the area. Thus the town retains its old-world charm and gets by with tourist rather than industry dollars.

VANCE AND VIRGINIA GIVE UP ALL THEIR WORLDLY GOODS

Vance and Virginia H were a pleasant, prosperous couple living near Springfield, Missouri. They ran one of the best occult and spiritual-development classes in the area. This class had been running for many years, and one would have thought that Vance and Virginia would recognize all the pitfalls that result from getting too much involved in the spiritual side of life and becoming disconnected from the mundane.

This situation came to a climax when representatives of the UFO cult of Bo and Peep visited Springfield. Vance and Virginia became convinced that they should give up all their worldly goods and follow these new messiahs, so they sold everything they possessed and set out to join the Bo and Peep group. After they had been with the group for a little time, they found that for purely mundane considerations the group was not what they sought. They came back to Springfield totally disenchanted—and penniless.

THE THEORY OF COMPLETED STAFF WORK

Frau Emma and her group in their careful Bavarian way are entirely different from Vance and Virginia, who jumped off into the unknown and left their source of power. The Bavarians recognize that

they derive their power from their roots in their own soil. Whenever you get a message from a Guide in the Himmlischeigenstatt, remember that this guide has not necessarily been changed by his being freed from the body. The guide is just a person, though a person without a body. You cannot take directions from a person like that without thoroughly checking him out.

When Vance and Virginia were invited by representatives of Bo and Peep to join their group, they naturally asked their guides whether this would be a good idea. The guides—for whatever reason—decided to say yes, and positively encouraged Vance and Virginia to sell all their possessions and take off into the unknown. This experience obviously taught Vance and Virginia a stern lesson; and maybe from that point of view the guides they contacted were right! However, from the mundane-balance point of view, the guides were obviously wrong; for Vance and Virginia could have done much more useful work if they had concentrated on beautifying and controlling the areas around their home and, as a Sorcerer might say, watered and cared for their own sacred grove.

Any time you get direction from the Himmlischeigenstatt, you should check it out. Does it really make sense? If you do as you are directed, will you be wasting your Vril Force or will you be multiplying it? Will your personal tree of life be more firmly rooted and be stronger after you have followed the direction, or would some other course of action be more appropriate?

Once you are sure of your powers, once you have planted your sacred grove and have been contacted by the unheralded visitor, then you can consider making drastic changes in your life.

MAGI WALK TALL

Amerindians say, "Walk wakan," or "Walk in balance" as a farewell blessing. Many Adeptus Sorcerers say, "May the Force be with you." Magi tend to say nothing, or at best, "Es sei Licht," or "Walk like a tree." Stay firmly rooted. Bring the light of the Himmlischeigenstatt to earth, and grow and blossom in your own neighborhood. In many languages 'in der Nahe,' 'the neighborhood,' is so important that it is the country's name. For instance the word for 'Wales' in Welsh is 'Cymry,' which really means 'neighborhood.'

Your feet should be firmly rooted in the earth, while your intelligence and your spirit strive to expand your world ever upward. Walk tall. Look directly at people. Do not lower your gaze or hunch

your back. This walking-tall technique puts a spring in your step, just as the flow of your Vril Force puts a new light in your eye, an authoritative light which most people instantly recognize. They instantly respect or fear it; for they know that the light you put out illumines the very center of their inner self and that you know all the little pettinesses which lie in their soul.

BUZZ GETS CALLED 'SIR' FIVE TIMES

Buzz T is a friendly, hard-working fellow living in a small town in the eastern part of North Carolina. When first he moved to the town, he was considered to be a nonentity by the local inhabitants. Even though he was hard-working and friendly, still no one really paid very much attention to him or gave him any respect. One of Buzz' problems was associated with a very troubled domestic situation; but with careful planning and a little occult help, Buzz' wife finally decided one day that she was going to move back to the Midwest, leaving Buzz in his 'colorless' life.

The week after she left, Buzz visited his sacred grove for the first time as a single person. He sat in meditation in the grove. Suddenly he could see the strength of the trees and the smallness of his problems relative to the trees. The very next day he began to walk taller. As he told us that evening, as he had been going around town suddenly people began to call him 'Sir.' With his new stature and with the weight of his marital problems lifted from his back, he was able to walk tall.

ATTUNING YOUR MAGUS GROWTH TO YOUR TREES

You learned in the first two sections of this book how to raise, use, and control your Vril Force. If you are like most people, you will have used these powers to gain the mundane things you need. The gaining of these things does little or nothing toward your spiritual growth, though it fulfills the part of yourself which is rooted in the earth. It gives you food to feed on, if you like. It is the watering of your roots at the fountain of life. Hopefully you have not gone the way of the serpent Nidhogg and consequently your roots have not been eroded by negative paths. If you overfeed on the good things of life, your growth will be like that of a plant grown in the dark. You will shoot up suddenly, pale and wan; and just as soon fall over, collapse, and die.

The flowering tree that is You must receive the light as well as good sustenance and a good environment to grow in. Then with everything in balance, you can grow and succeed.

Buzz spent years putting up with a negative situation while being loaded down by his domestic unpleasantness. When this load was removed, the strength of the tree came through almost overnight and he bloomed. In your life you may equally quickly gain overnight strength and acceptance; but it is far more likely that the process will be slower. In fact most Magi do not push the process too quickly; instead they tune themselves to their sacred grove. As their trees grow, so does their understanding and stature in the community and in the invisible network of leadership.

YOUR VRILIUM CONE OF PROTECTION

We must warn you that when you visit your sacred grove and spend the night there you will come away mightily recharged with Vril Force; but you will also come away in tune with very high-level spiritual forces. You will be very much in the Himmlischeigenstatt. Because of this, you will have forgotten many of the pettinesses that the world can visit on you. You will, if you like, be temporarily out of tune with the negativity of the Irdischeigenstatt. Of course it is the problems and the negativity of the mundane world that allow you to learn, and thus they are placed as obstacles in your path which you must overcome; however, because you come away from your sacred grove in an uplifted state of consciousness, you must reinforce the protection that you gave yourself in Chapter II-2. Use your Zauberstab to give yourself a new vrilium cone of protection. Because you are so highly charged with Vril, this will be so strong that nothing will be able to harm you until you come down from the high that you reached in your grove.

THE COSMIC LEARNING PARADOX

When you are young you gather knowledge. You go to college, perhaps, and use it as a supermarket in which you can buy knowledge. It is only in later life that you convert this knowledge into wisdom. The knowledge that you buy at the supermarket of learning is not knowledge of yourself or knowledge of your place in the invisible hierarchy of life. We Frosts are often upbraided by Neophyte Sorcerers, for they tell us that we should help with the Vril Force all

those who are around us; that we should make the world a 'better place.' But the true Magus realizes that learning, which we define as the conversion of knowledge into wisdom, comes only with knowledge of your own ability to overcome difficulties. For eons of time man has developed and overcome the problems set in this world, and his spirit has learned and grown. If we use our magical gifts to wipe away all the obstacles along your path of life, then your spirit will learn nothing by inhabiting a body, and it might just as well pass on. It is not up to you to correct magically all the evils in the world. It is not up to you to uncomplicate the life which mankind has made so complex by his very advances in technology. For the more complex the problem your mundane body overcomes, the more learning the spirit acquires thereby, and the more knowledge of yourself and thus true wisdom you will gain.

SORCERY THE RELIGION

Sorcery is not just a series of power tricks which you learn as a parrot learns to talk. It is an ancient and great religious discipline. The Sorcerers can perhaps be regarded as the high priests, the shamans or Sufis, of a pagan movement. Since time began, Sorcery has been divided into two overlapping Eigenstatte, the Irdisch and the Himmlisch; and it has had three levels of initiation. These Eigenstatte are summarized for you in Figure III-3-1.

THE SECRET OF THE MEN IN BLACK

It is quite likely that your unheralded visitor will be dressed in black. Whispers of these people have unfortunately come to the attention of the press, for sometimes the men in black visit people who have had UFO experiences, and oftentimes these people have had their UFO experience not through developed awareness but through some other traumatic experience. Perhaps they have consumed a vast amount of alcohol or have hit their head or done something else which has caused them temporarily to loosen their grip on the mundane body and has allowed them to have the UFO experience.

There will be no further reports of men in black, for these controllers of the world know now that it was an error on their part to visit many of these people who were not at the development level which their UFO experience had indicated.



Irdischeigenstatt

This Eigenstatt concerns itself with the welfare of the people. It uses Veil Force to help those in trouble. It incorporates such arts as healing, gardening, and husbandry. Symbolic of this aspect of the work is the Pythagorean Pentagram.



Himmelseigenstatt

This Eigenstatt is often called the Search for the Holy Grail. Work is toward the increase of your personal awareness. We teach you how to start on your own mystical quest, but we cannot teach you what the Grail is. You must experience it for yourself. Symbolic of this side of the work is the seven-tiered maze of your understanding.

The two halves of the great work often overlap.
They come together in your Tree Circle
on the nights you spend there.

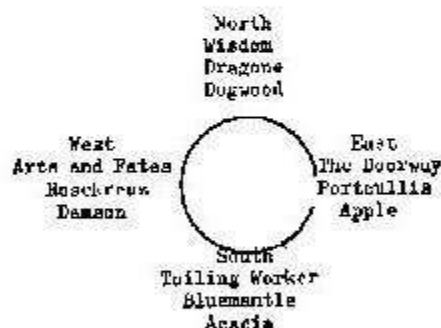


Figure III-3-1

The Two Eigenstatte of Sorcery

It is a totally false view of the world to believe that one must either dominate or be dominated by someone else. It is sufficient instead just to emulate a tree: to exist, to help others, and to spread the cosmic light so that others may flower. Many people feel that the Arabs or the Rosicrucians or the anti-vivisectionists or the DAR or some other group control the world. The world is not controlled by any dominant group so visible as to have acquired a name. It is instead controlled by the invisible network of Magi who will welcome you as one of their own

when you have grown your own sacred grove. When you are invited into this group, do not expect that you will be placed in a position where you can dominate others; for that is not the task of the group. The brotherhood and sisterhood is here to guide and to instruct others who are worthy toward their own personal fulfillment and Nirvana. They will help you traverse the maze of your understanding and find your own Grail cup. The maze of your understanding has no shortcuts; it is like the flowering tree which crosses cultural barriers and is as well understood in Crete as it is in the hogan of an Amerindian.

As you develop into a true Magus, strong and beautiful as a flowering tree, as you learn to change events and shape the world around you, so you will see that by changing events you are changing yourself into one of the silent overseers of the cosmos.

MAGUS NACHWORT

Take ye the blue-gold woolen Robe and silver Staff.
Follow ye the Way of the Tree that is not a Tree.
Seek ye, find, and share the wooden Cup.
Dishonored be he who thinks evil of thee.