
HORDE OF HAGALAZ

Part two



By Andrea Meyer Haugen

western world has only been serving as excuse to make humans into working slaves, machines to serve the authorities.

Strong emotions have already been taken out of the human-being, the will, the spirit.... If we remain bound within the judeo-christian values in today's modern age of technology, we are on the best way to become roboters, programmed all the same.

The power of the monotheistic religion was an attack on nature, the power of technology is destroying it. Man has become nature's worst enemy, therefore his own, by destroying slowly his own livingground without noticing it. I certainly have nothing against past-time inventions that enabled people to have more control over their life, but modern 'inventers' have certainly gone out of hand to be ridiculous, creating one ugly item after another, which only benefit the state to either save money or to make even more money. Items are created for the ugly crowd, seemingly to prevent them from thinking with their own heads.

Observing the herd it is easy to see that most humans lead a hollow life, lifeless souls, that don't care for anything really except for streetgossip and interesting neighbours's private affairs. With an existence like this, it is understandable that many still seek comfort in christianity. Nevertheless, they all believe themselves to be very special and important, because after all ...they are human. And being human means standing far above animals and therefore animals are theirs to mess around with.

What human has been doing to his (her) fellow animals is more than disgraceful. Not only has he shown domination over them, by imprisoning them, torturing and killing them for money, for «sport», for fun or simply because they happen to be in the way, but with the development of science and technology they have been\still are misused in the name of progress, treated like objects with no feelings. It is amazing to watch sometimes how human machines, with no light inside them, no emotions whatsoever, handle the unfortunate animalobjects as if

they were lifeless beings. The human zombies don't seem to consciously enjoy the pain of their victim, or even realize what they are doing there, they simply don't acknowledge that the animal is a living creature and feels pain exactly as they do.

Wild animals have already become a rarity, especially in our region, due to human overpopulation. Instead of being alarmed about this, the majority of the ignorant masses appears to be convinced that they have been given the full rights to exterminate wolves, bears or wild cats because they dread them. «Well, they are dangerous and might attack us and they kill our sheep», the farmers would say... They hardly are concerned about the well-being of their sheep at all, they are merely concerned about the money they may lose. And so they hunt down the «viscious» wolves and bears, which generally are very shy and harmless, and even if they would... it is the law of nature, and they have the same rights to live on this planet as the destructive human being.

As humans managed so well to detach themselves from their animal inside, it is not surprising that many have no idea how to handle animals. Privately, and in the veterinary clinic I used to work, I witnessed situations involving uttermost senseless people, who harmed their pet with what they believed to be good for them. The animal that suffers most misunderstanding is the dog. «Man's best friend» is not seldom expected to live the same unnatural lifestyle it's owner leads, in a small cityflat, hardly any walks and if, only on a lead, with no contact to other dogs allowed and certainly no 'dirty sniffing' tolerated. Or worse the canine lives a life alone outside on a chain or in a kennel, mainly ignored, and so isolated from the pack- the owner family, a very cruel thing indeed. And then there are these 'tough guys', that play master and servant with their dog, because they can't manage to put their authority on other people...

Children also suffer a lot of misunderstanding, because their dull parents cannot relate to their fantastic world and only force their intolerant and narrow belief of «this is the good way, all that is the bad way» onto them, using threats rather

than understanding to make them «good citizens» alike themselves. Children naturally have occult abilities and are open to the world's influences, yet commonly they are shut down and blinded by their own parents and the schools they have to attend. Only the very few of us are lucky enough to be immune against the systemized brainwashing.

Parents these days don't seem to know about what is beneficial for their children and what is not, and they should really know by nature. Instead, people today have to learn from books about how to take care of their youngsters and women have to be taught by doctors how to give birth and how to breastfeed! Now this is quite sad. Rather than listening to their mother instinct, they seek advise from doctors «to do the right thing». But this is exactly where the higher authorities want us. We must not do it alone anymore, we have to ask them first. They provide us with guides, medicines and laws to tell us what is good for us, (and often very good for their own salary).

Psychologists, counsellors and socialworkers in our society, who themselves have been brought up in the judeo-christian society, are not seldom influenced by the christian lies and thus believe, that if someone is different to the rest or even has interests in taboos, like an interest in magic, dark imagery or pornography, something is not right with that person. Instead of knowing the nature of man and showing their patients how to understand themselves, how to deal with their feelings, they only attempt to 'nurse' them back to 'normality' in order to live as a 'normal' member of society. Instead of seeing the real problem, they see individuals, who don't fit into the system, as the problem. «Something must have gone wrong in his childhood», (meaning the systemized brainwashing was not successful), and if an individual goes berzerk, they come up with nonsense like «alcoholism in the family, satanic childabuse, watched too many brutal films», etc., never with «outburst of natural behaviour» or «frustration due to sterile and overpopulated environment» ...

Judeo-christianity is still dominating church, state, medicine, higher forces joined together, making the public believe that without their authority the country would turn into an «unmoralistic chaos», and I am sure it would, because most people, including the ones in authority, have never learned to think and live for themselves. Most of the herd animals are very willing to live on the farm, and even if someone would open the gates for them so that they may run into freedom, they would not run, but worse, they actually throw stones in the way, and jealously hinder others, the few ones that wish to break free, from running..

Only a very few have remained truthful to their animal inside and rely on their wild instincts. Others have managed to find back to it. To do that you have to first get familiar with your nature, your desires and your senses.

Again, like described in booklet part one, I suggest you spend some time in solitude in a natural environment without any modern facilities. This time however don't think about yourself and the universe, in fact don't think at all, just *sense* yourself. Sense your immediate desires and act them out. Sense your environment, smell, listen, feel, taste and sense your body, feel the sunlight or the rain, wind or snow on your skin.

Speak with your body, listen to it and it will tell you what it needs, and only your body knows what is beneficial for your individual self and what may be dangerous. Animals know instinctively what is good for themselves, and what is bad. The average human being unfortunately does not. Animals are even able to sense danger, and you too should learn to trust your impulses.

Observe various animals and get to know their behaviour, study and try to understand them, imitate them and communicate with them.

To get into the spirit of an animal is a very old shamanic practise. Traditionally this was done by 'dressing up' in the furs of previously slain wild animals,

conducting like them and achieving to enter a trance-state in order to call upon the spirit of the animals and so communicate with them in the otherworld, to ask their spiritual protection and guidance. This practise was also performed to ask the gods for a succesful hunt, or to become possessed by a fearless, powerful beast, commonly a bear, wolf or boar was used, prior a fight or battle in order to gain on strength, courage and fury.

This practise proofs to be rather difficult to perform in the modern world, due to the lack of wild animal «assecoires» available, and I do not recommend to hunt a wild animal or to buy your own furcoat simply for getting into the animal's spirit, as they are of course endangered species and become less and less every day. You might however come across an old real fur carpet with head, or an animal-tail, -claw, -tooth, -feather and the like, which can enable you to achieve a bond with an animal. You can also keep a tooth or claw from a beloved pet, that has deceased, and wear it around your neck to remain united...

Either «run berserk» in the forest to release the beast inside you or lay motionless and let your soul become the spirit of an animal of your choice...and «fly as an eagle, hunt with the wolfs, swim with the whales»... You could also invoke an animal you admire to take within it's grace, courage or other qualities you wish to obtain.

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The totem

If you have not already done so, search for your totem animal, your personal «otherwordly» companion and guardian. It proofs to be appropriate to be in an altered state of consciousness to meet it, especially for the first time contact. The ideal would be for you to participate in a rite with a natural tribal people, where you could be offered hallucinatives, which can bring you in touch almost immediatly...

However, an alternative performance is that you place yourself on top of a hill, or any other mystical side, during the night hours, whereafter you sing or hum yourself into a trance. Take an astral journey to the world tree Yggdrasil (read about visualisation-techniques in chapter 'working magic'). Once you can visualize it vividly, see the norns, Urd, Verdanti and Skuld, the three sisters of fate, underneath the mighty tree and ask them if the time is right to find your totem. If they shake their heads or have no reaction at all, turn back the 'way' you came, til you reach your normal waking state, and try again another time. Should they nod, go on.

Let your mind travel freely now, do not make an animal appear, your totem must come to you and you do not know yet what it looks like. Do not expect to find your favorite animal, or even visualize your favorite animal on purpose as your totem. Most likely it is something you never thought about. The totem does not necessarily have to be an animal, but could be anything. After the first introduction, get to know it well and establish a close relationship. No matter what kind it is, it will provide you with psychic protection, advise and wisdom, if you keep in contact with it. Visualize it at times when you need guidance and protection or send it to astrally attack your enemies.

In the ancient days, a practitioner of the arcane arts often owned a personal animal or «familiar». I am sure you all have heard about the «witch's familiar» from christian fantasiestories; the gruesome black cat, that was sent from hell to aid the witch in casting her wicked curses, which was able to speak as well... Again the christians managed to demonize a natural ancient tradition...

The familiar is your own personal pet, an animal which is very affectionate and special to you. It understands you and you understand it, commonly it is a dog or cat, but could also be a wild animal that came to you and decided to stay. Often it comes into your life by «coincidence» and your feeling will tell you if it is the right animal. It would not be the same to buy just any black cat at the nearest petshop, simply because it boasts up the mysterious image..

The familiar is the magical helper, the link between this world and the higher realms and it should be present with every working you may perform, meditation and together with you when you spent some time in solitude. Even if you are not a volva or viki (name for the northern magician) it proofs to be worthwhile to own such a personal pet.

All this above can aid you to remain in touch with your animal instinct. Release it, but control it, and remember to keep a balance between instincts, emotions and logical thinking.



Conscious cruelty

The human being is not just animal, but has a very special advantage, namely the conscious. It is the conscious which enables man to be aware of the existence of death and pain...the dark side of the own nature.

Man is aware of his deeds, he knows when he causes pain and he thus does it deliberately. The gift of owning a conscious has turned man into the most vicious beast of all, because, instead of avoiding inflicting pain onto his fellows, he consciously enjoys doing so and the human mind has created incredible methods and torture instruments exclusively to hurt another.

The main motive for conscious cruelty may be punishment, often punishment for disobeying another man's rules. However the need for punishment is rooted far deeper than that. The conscious knowledge of death and pain naturally causes fear, frustration, anger and misery and from the moment on man is aware of his vulnerability, that he has to perish one day, that he could be in great pain, he feels punished for it, punished for knowing, punished for being alive... punished by the «divine being», and so he believes it to be justified to remind others about it.

This way of thinking is the foundation of the monotheistic religions, also found in buddhism, and it is especially in these religious cultures, where the need for punishment has become an obsession. People punish and get punished, they hurt another and hope (unconsciously) to get punished for it, some harm others, because they blame them (unconsciously) for their own misery, and some feel the urge to make themselves suffer, because they are convinced they somehow deserve it...

Every person has a ferocious vein within, the desire to hurt. I do not talk about inquisitional torture here, which is something I do not approve with at all, rather I refer to the kind of nasty actions, thoughts, fantasies all of us have, which we

perceive to be «bad». Not seldom our cruelty is directed to a loved one, whom we (in reality or in thought) make suffer, only to suffer ourselves for doing so. Our conscious tells us that cruelty is immoral, and this may well be reason for our fascination towards it. Don't we all secretly enjoy to witness someone else's misfortune, to hear sarcastic jokes or to watch people endure pain in tasteless videofilms?

While in the eastern and middle-eastern world, for example, literal torture is still practised as form of punishment, and is perceived to be «normal», our western society has chosen the opposite extreme of denying or even not recognizing the cruel vein of man to be to a certain extent natural and part of human nature, and ignorantly dismisses it to be «abnormal».

Both extremes are unhealthy, and only show the lack of understanding for human nature, which is caused by man's desperate attempt to be superior to mother nature.

The germanic pagans were no doubt a ruthless and barbaric folk. However, being a warrior-folk, ferocity was generally practised against war-enemies, a deed I consider not at all comparable to the gruesome torture practised later in history commonly 'in the name of god', or to fulfil the need of a dissatisfied, cowardly tyrant. Living by the law of «be kind to your friends and cruel to your enemies», the germanic people show again their sense for justice and balance. Like most heathen tribes, they indulged in life's pleasures and viewed death as a part of life. Excessive self-punishment was, according to my knowledge, rare.

Death

Eventhough we are aware that death is natural and necessary, the thought about it gives us an uneasy feeling, if not a chill. The imagination of our personal expiration brings us dismay and despair; the death of a loved one causes us severe grief and sorrow, and we are thus reminded how cruel life can treat us...we know it will strike us sooner or later.

The most terrifying thing about death is probably the uncertainty of an afterlife, noone knows what to expect and mortals dread the worst: Nothing, no afterlife, meaning death is the end of life, forever. Something not imaginable for many...

The majority of the ones that read this, grew up in a society influenced by judeo christianity, a very death-(life) fearing society indeed, even if it is not visible at once. Especially the roman-catholic church has taught people to apprehend death and created all the ghastly images around it for the peasantry to connect it with «evil». During the dark middle-ages, which were considered 'dark' because life was uttermost miserable, and witchhunts, famine and the plague caused the folk to die in masses, «grave-yard» stories about death and the dead were told on a very regular basis. Stories about ghouls, the undead, zombies, the army of the devil- the prince of darkness, death and destruction (who is actually the opposite), told by scared minds to frighten others.

The image of death is considered morbid, a taboo-subject and people don't want to know about it. And if they come across individuals attracted to this morbid, macabre, melancholic and sinister imagery they judge them to be sick and malicious, associate them with «black magic», necromancy, yes... even literal devil-worship! The masses are so immensely ignorant, blind and dumb!

What the masses don't realize is that the very few ones, fascinated by death, are seeking to know this phenomenon and the beyond in order to understand it. Only by understanding and being comfortable with death can one understand

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and be comfortable with LIFE. The lifelong suppressed fear of death and the unknown does hardly bring joy and excitement into life, does it?

The ones that close their eyes from the dark image of death, are those that run away and hide from their own final departure. Hiding however, is not going to stop the clock; death will only catch up and strike unexpectedly...

In ancient heathen cultures it was fairly natural, that the ones that reached old age decided themselves, when it was time for them to part from this world. Some ended their own life, others went into solitude, where they prepared themselves to die by allowing the spirit to leave the body...

It is important to establish a relationship to the personal death. Doing so could help the individual to influence time and cause of it, which would put him/her in control over his/hers own expiry (and life).

Death has many ugly faces, particularly in our industrial age, yet can also be very beautiful, fascinating and æsthetic...

The following suggested exercises are designed to shine a light into the realm of shadows. Remember, the shadow-realm is available for us to explore, not to exploit!

Visit a cemetery, preferably around midnight. Choose a moonless night, which is not too chilly. Walk around in the dark cemetery and select a grave you feel instinctively drawn to, without reading the gravestone to see who is buried here, only feel the attraction to a grave. Now lay yourself down onto that grave. Lay flat on the earthy ground and remain there motionless. Listen into the silent night. Feel the vibrations from below, feel them pulling you slowly down and imagine you are sinking into the earth beneath you towards the coffin. Be fully aware that there is a corpse underneath you, sense its presence and try to feel very relaxed and satisfied, just as if you were back in your mother's womb. If you dare, attempt to fall asleep and stay until early morning...

If you get discovered lingering about on a cemetery at night, you will no doubt be perceived as «suspicious», meaning the ignorant, scared crowd will assume that you are a devil-worshipper and about to perform an evil act. To prove to them that you are merely interested in understanding death and dismissing your fear by being surrounded by the dead, and that you don't mean to violate the premise, it is important that you show your good intent. Therefore do not, under any circumstances, desecrate any graves, steal from graves, defile a corpse, or do other damage. If you do not violate the place they cannot (in theory at least) accuse you of anything.

When a living creature expires, its energy stays behind, usually at the spot, where the struggle between life and death occurred. The stronger the struggle, the stronger the energies left behind, which could explain why the places, where someone met a violent death, appear to be haunted.

Certain individuals with a special sensitivity are able to see, at a particular place to the right time, the event that had happened there, or they see the person who died there. Whether ghosts are » real «, or merely vision or imagination is largely debatable. Nevertheless, the energy blow at a place where many have met a violent end, like an old marketplace where 'heretics' once burned, for example, or an area where sacrifices were once performed in the ancient times, can hardly be denied.

At a time when you are alone, visit a sight where one or many have expired or were even publicly executed. Stand, sit or lie motionless and meditate on the death-energy around you. Close your eyes and visualize the event, that once occurred here, vividly. Imagine you were part of this event; see it happening, feel the pain, feel the life pouring out of you, feel yourself dying. Once you feel you have 'died', come slowly back to life, until you feel fully revived again.

Enter a house, which you know to be haunted, on a moonless night, preferably when it is windy and raining. Search for the spot where a presence or strange

flow of energy has been frequently noticed before. Make sure there is no living soul around you. Sit yourself on the floor and light a candle next to you or remain in total darkness, whatever proves to be more effective for you. Sit with your eyes closed and listen into the silence. After a little while of silence, attempt to summon the presence, whispering quietly, asking the presence/energy to come forth and manifest. Sense the energy and let your mind travel, finally, open your eyes. Once you can see or feel a presence, attempt to communicate with it... the rest is up to you.

The presence will most likely appear in form of a clear vision, a ghostly image, a shape in the shadows or a strange unknown feeling coming over you. You have to experience it yourself, but don't be afraid to fall victim to some gruesome being like presented in various horrorfilms, a la the «evil dead». These films only reflect peoples nightmarish fantasies about death and the occult (the invisible).

The result of your working depends largely upon your state of mind. If you are petrified, you will no doubt make yourself see terrible creatures around you, which can leave a lasting, very unpleasant effect on you, if your mind is not strong enough...

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Meet death as the personification. We all know the common personification of death in our western world: A skeleton in a black cloak with a hood to cover his head and most of his face, a scythe in his hand, aptly called the «sytheman», the «grim reaper», or Azrael- the angel of death. He is mentioned throughout european mythology, and also refered to as the «ferryman». The northern mythology mentions a female skeleton that guards the gate to Niflheim, namely Mødgud.

Common folklore tells us that death appears to the dying to escort them to the otherside, and some fall in love with death and follow peacefully, (the face of the deceased showed peace or even a smile), while others judge him/her to be a ghastly sight and struggle to go (meaning the face expressed terror)...

Death can also appear in various shapes, like as a mysterious, beautiful woman dressed in black. It is up to every individual how he/she imagines death to look like. The image of death is quite important and some might visualize the personification to be the most gruesome creature they can think of, because they are so frightened of death.

It is important to visualize death as someone fascinating, kind of grotesque, yet very attractive to you, therefore it helps often to visualize the opposite sex. Get familiar with this fascinating image of death, your personal final escort, visualize it throughout the day and establish a relationship with it. When you retire for the night, let your last thought be 'I want to meet death in my dream'. Meditate on death and during the trance-state communicate with him/her and ask to receive knowledge about the secrets of life and death... The coming together with death should be ecstatic, «orgasmic», thus a little experience of the actual death itself...



Sex and death

With the last exercise I have already introduced the close connection existing between ecstasy and death. Sigmund Freud has been referring to «Eros and Thanatos» (Eros- god of erotism, Thanatos- goddess of death in greek mythology) being inseperateable and almost identical twins. Orgasm may even be called «the little death», as the moment of extinction resembles that of death.

The condition of body and mind when achieving orgasm, is astonishing similar to the physical and psychological state when death finally occurs. The building up of pleasure during sexual activity, or the pain during dying, to the degree when an individual can't hold back any longer, causes him/her to let go of him/herself, allowing the pleasure or pain to take over the body entirely.

It is this feeling of releasing, which creates this certain ecstatic explosion within the body and which enables one to achieve orgasm or even the merciful death, both being a relief, an outflow of energies, followed thereafter by an immediate relaxation.

I have written in HOH part one about the tale of Odin (in northern mythology) hanging himself deliberately from the worldtree Yggdrasil in order to receive knowledge over the runes, which he no doubt empowered with his semen. During this time he was clearly in a state of ecstasy, obtained by his pain and pleasure at the same time- the struggle between life and death. Ejaculation whilst expiring is not an unknown phenomenon...

I have also mentioned in 'methods of paincontrol' that it was an important training in ancient cultures to learn to accept inflicted pain, (doing so can also enable one to reach ecstasy and a trance-state) rather than trying to fight against or to ignore it.



The Bride Of Death

At twilight she enters the mortal world
risen from the land of shadows and smoke
clad in darkness, a face so pale
life in her hands, destiny spoke

Life, she understands so well
she has been here since the dawn of time
to lead the withering hearts to fall
into their eternal loneliness,
her misty realm

Death the bride, she's with us again
fatal to those that she will meet
in search of the souls promised to her
lifeless black eyes glowing with greed

They stare at her beauty,
yet tremble with fear
the cold embrace, freezing their blood
numbing their silent screams of despair

Her breath, an icy wind
she finally bows to give the kiss of death at last
with white lips a cold smile
At dawn she retires to the world of Aghast





The practitioners of sado-masochism, for example, are definitely acknowledging the relationship between sex and death, and both parties feel aroused by pain, the sight of macabre torture devices and not seldom morbid imagery to carry them into ecstatic pleasure.

It is natural, and not at all unusual, to have morbid sexual fantasies and dark desires of some sort, involving the administration of, or submission to death, violence, even torture (punishment). Fantasies are personal to every individual, and therefore remain discreet fantasies, meaning the individual does not necessarily feel the urge to act them out in real life (except maybe in sado-masochistic games, a harmless and beneficial way to live out a fantasy), a fact our hysterical society often finds difficult to sympathize with.

A perfect representation of Eros and Thanatos is no doubt the classical vampire, symbolising the twins in all aspects. The vampire, as presented to us from horror tales, is «undead» dead, yet very much alive within the nighttime hours. Surrounded by morbid imagery, he is at home in cold, decaying, gothic mansions and on graveyards, where he rests in a coffin at daytime.

With all that gloomy atmosphere around him, he is an attractive, aristocratic being, melancholic, yet charming, romantic and very sensual, with a passionate burning in his eyes, leaving his victims, naturally of the opposite sex, like hypnotized.

He has the power to change himself into a wolf symbolising the predator in man, also into a bat - a commonly dreaded, grotesque little animal of the night, associated with the vampire.

After sunset the vampire is searching for blood to drink in order to remain youthful and 'alive'. He bites the neck of his human victim, which seems to feel this as an ecstatic sensation. Like this, the vampire sucks the blood out of the

victim, drains it's life force, only to fill himself with that precious energy... This may well be the visual description of an orgasm.

A further symbol of sex and death could be the 'traditional' cape the vampire is wearing, coloured black on the outside, but deep red on the inside of the cape. Black is traditionally associated with death and mourning, whilst red is the colour of blood, eroticism, sensuality and even love.

This vampire image represents sex- the creation of life, and death- the extinction of life, therefore... the eternal recurrence of life...

Vampirism, the draining of another's life force/energy, in order to grow on vitality and finally achieve immortality, is in fact a very old practise, which judeo-christianity has of course demonized like all other ancient customs, and it's arcane cult goes back a very long time, probably originating from the earliest civilisations of the eastern/middle-eastern part of the world.

In medieval christian myths, as we know them, the vampire is pictured as a sinister creature, a living dead damned by 'god' to walk the earth forever, everlasting, never retire and never wither... Would this not be humanity's dream come true? How many people are not wishing for this; to be immortal and forever young???

Judeo-christianity has always been the champion in evilizing everything that represents human's nature or longings and dreams. In fact it's many demons, «fallen angels» and other «evil spirits» are not at all the bad guys, but were banished by Jehovah, the higher authority, (also called government these days) for disobeying his tyranny, for wanting freedom and pleasure in life. They got punished for doing so and falsely declared to be «evil», harmful to the herd of followers, which is unable to realize the truth. In HOH part one I have mentioned the role of Lucifer-the lightbearer and Satan, who both attempt to free humanity from the chains of judeo-christian «goodness». I shall now focus on Lillith.



I, In Lillith's Name

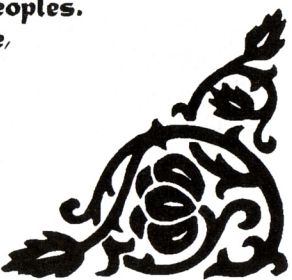

In the burning sun I follow thy shadow,
to the barren desert thy lonely home.
Outcast from their promises thou wander,
restless to take revenge

Woman of the night, I greet thee!
Thou art desire and death.
Darkness meets the desert sun,
thy beauty shines so bright
I embrace my life, I touch my flesh.
The passion is all mine

Demon of earth, black is thy womb
Thou art lust and fear.
Listen to me, I am one of thy kind.
Dark pleasures, death as my love.
O'Mighty one, thee gave birth to me.

But Lillith, I see sorrow in your eyes.
For thee lost thy pride.
Feared by the herd, because they desired thee.
Banished because thee stood above them.
Thy fight is my fight!

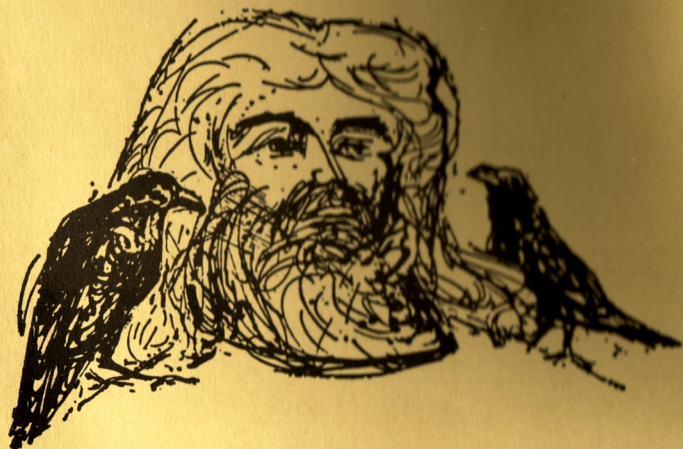
I hail thee, Lillith!
Victim of thy spineless, deluded peoples.
Their suffering be in thy name,
a curse shall come unto them.



Horde of Hagalaz

Magic and mysteries from the northern heathenground;
and the understanding of human nature.

Part two



Lillith

This is what judaism teaches: Lillith is the original woman, the evil one. Created out of filth, she was intended to be the mate of Adam. However, she did not harmonize with Adam, but argued constantly and she would not submit herself to him, meaning she refused to lie beneath him during intercourse. Instead, she wished to be the dominant half, and also indulge in sexual pleasures without breeding purposes...

Adam complaint to god that he was not satisfied with his female companion and god put his force onto Lillith, threatening that if she would not obey, he shall cast her out of 'paradise'.

Lillith, in her despair, escaped from the garden Eden and descended to earth, where she joined sides with Samael, another «fallen one», who did not obey gods orders, and so Lillith herself was lowered to the rank of a demon.

God created a new woman, this time out of Adams rip, namely Eve. It is believed that it was Lillith, appearing in disguise of a snake, who, out of revenge, tempted Eve to eat from the forbidden fruit, meaning she tempted Eve to make use of her female body, sexual attraction and intuition. Lillith the temptress is thus associated with serpents.

Lillith was banished thereafter to live in the desert- the barren ground, symbolising Lilliths own infertility and her resemblance with the fiery destructive desert- sun.

Since it is rather obvious that the judaic religion preaches severe hostility towards the female sex and generally towards the ways of nature, one may well wonder just what caused this hostile attitude in the first place. To understand the reason one must be aware that until this particular hebraic folk secured a form of power, most cultures paid their greatest respect to the goddess- 'The

Mother', mother nature, earth (the earliest goddess statues found were almost 35000 years old). Since it is the female, that is able to carry life, bring forth life and nourish it, that has further a menstrual cycle responding to the cycle of the sacred moon, which connects her to the powerful force of the moon and the night, it is not at all strange that nature itself was considered female, the womb, we all came from, that also will be our tomb...

It is also the female, that possesses intuition (the third eye), which enables her to communicate with the subconscious, the unknown. The ancient Egyptians, among other middle eastern cultures for example, created great temples to worship the ancient mother, inhabited by priestesses, that were dedicated to the service of the goddess. The snake-symbolising intuition and the male sexual organ, the cat, also a feminine animal, and fertility symbols, like the fruit, were held sacred.

There was a nomadic people in the middle east at that time, that intended to settle down, however, wherever they attempted to settle, they were driven forth, as many places were already occupied with highly cultured civilisations, which were not willing to tolerate this nomadic folk in their area, presumably because they believed in only one masculine god. This nomadic folk started a war, in order to claim a settlement as their own. They attacked the existing civilisations, murdered the priestesses, destroyed the temples of the goddess and naturally, despised all that the enemies held sacred, the snake, the feminine menstrual cycle, the moon, sexuality, the fruit, etc. Basically everything, that our society perceives to be sinister or shameful.

However, as they themselves, like men naturally, could not help feeling aroused by the female sex, they marked them to be dangerous, and found it very necessary to oppress the female sex and their own lust, in order to spread their patriarchal religion and thus expand their power...

Like god and devil, everything in this dualistic belief form is strictly divided into « good and evil » to make it simple. Like this we have Eve, the « good » woman, and Lillith, the « evil » woman. Eve is good because she has understood that she is a sin, she therefore remains submissive, passive and without passion. Yet in contrast to Lillith she is capable of being a gentle, understanding and loving mother.

Lillith on the other hand is evil, as she entirely represents all that judeo-christian men fear about women, their beauty, mysteriousness and methods of magical enchantment.

Lillith is pictured fairly masculine, dominant and harsh, however, very attractive. She radiates pure sex and appears mysterious, sinister. She knows what she wants and she is aware of her ruttish looks, which she uses to wrap men round her finger like a snake with prey.

So all the lunar aspects of femininity are manifest in Lillith, while Eve basically represents the gentle, understanding mother. It is a very shameful idea to separate Lillith and Eve, as both are, by nature, equally placed within the female sex.

Lillith, as the demon of sex and death, is said to appear as a vampire and succubus, to haunt 'innocent' men while they sleep, and to « torment » them with erotic dreams... When they awoke after a wet dream and found themselves in a sinful mess, they had no doubt that Lillith is to blame for this disaster.

Men were also warned to be aware, should they rest alone, that Lillith might join them to seduce them. But the lust for Lillith is fatal and after passionate intercourse, gorgeous Lillith would show her real ghastly face, kill them and drag them down to Hell... This was told to scare men off masturbating. Since lust is a deadly sin in judaic and christian belief, a woman, especially in the old days, who invoked lust in men, was therefore demonized, because the unfortunate men

could not blame themselves for failing to resist the temptation. A good example for that are the medieval witchhunts.

It is no surprise, that Lillith is a 'whore'. Whereas the germanic, keltic, and greek myths, to name but a few, contain not one single mentioned whore, the very few women of importance mentioned in hebraic tales are whores. The 'whore' Maria Magdalena appears to be a priestess of the elder faith, the same title seems to be justified for 'the whore of Babylon'. Being priestesses, I assume they were unmarried, yet sexual active, which may be one reason why the men of judaic faith considered them shameful whores.

Sexual activity was not such an ignominy in the pagan days. Just to think about the nymphs mentioned in greek mythology or even Freya, who appears not particularly 'chaste' herself and still was the most beloved goddess of the germanic nations.

The ancient goddesses of love and fertility were sexually attractive and were meant to invoke desire, because it is sexual attraction, which leads to sexual activity and eventually to the creation of new life. In animal kingdom a male does not suddenly fertilize a female. He has to get her attention with a 'dance', impressive behaviour, or a distinctive smell. The female attracts likewise. It is very common these days, that people go out looking for a partner and for that occasion prepare themselves with tasteful clothes, the smell of pleasant perfumes and hope to perform an impressive act, to attract someones attention. This is the natural ritual of finding a mate .

Yet, it is the sexual attraction, which is so fanatically evilized in the dualistic middle-eastern religions. Pretty women, so praised in heathen beliefs, have to hide their bodies under deforming clothes, hide their hair (long hair symbolized power in ancient times), or even have their hair cut short... a violent mutilation of beauty...

Unlike Lillith, who is both beautiful and evil, most polytheistic cultures had terrifying looking females as idols for gruesome or sinister goddesses. Like the indian Kali, the typical 'mother destruction', or the greek Hecate, who represents the connection between the lunar side- the moon, it's mysteries, changing phases and the feminine menstrual cycle.

Freya and the greek maiden Persephone, who both are fertility goddesses and at the same time associated with death, represent the eternal cycle of nature and were regarded as fair and respectable. Even the ruthless goddesses were known to be essential as part of the cosmic harmony.

Lillith appears as a woman with slim, æthetic body, tanned skin, fire-red hair and lot's of make-up and jewellery. In ancient times (just as today) women spent a vast amount of time on their appearance and knew a many natural recipes to enhance their beauty. Men were also known to take care of themselves and even wore make-up. (The men from nordic/germanic tribes seemingly wore eye make-up, like their women).

As Lillith is pictured with flaming-red hair, a symbol of the desert-sun. I assume that her appearance refered to the ancient egyptian women, who used to colour their hair with henna, which produces a bright-red colour (this is merely a theory), but interesting is, that the followers of Set- the egyptian god of the desert, were supposed to have red hair as well, presumably symbolising the desert-sun . One must not forget that the burning sun in the middle-east was/is regarded as most destructive and ferocious (the reason why Gehenna and Hell are realms of eternal fire), not like in northern europe, where the sun is celebrated as a warming and nourishing agent.

The conclusion to the myth of Lillith, the she-demon: All she asked for was independence and a free spirit, and she was banished by her people. The same people that condemned freedom-loving men as well...

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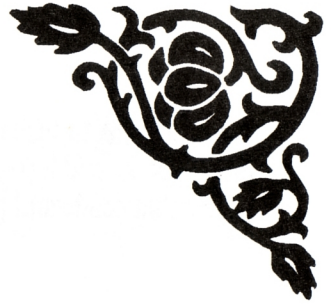
An exercise exclusively to the female:

Be aware of your feminine body; look at yourself and touch the flesh. Feel the sensation floating through your body, feel very sensual and be aware, that this body is yours, and that you can enchant with it.

You do not necessarily have to be slim and pretty to appear attractive, so stop dieting and excessive work-outs (unless you are enormously fat) in hope for the 'dream-figure' you most likely won't achieve anyway, as this will only make you more unhappy and frustrated. Feel comfortable with the figure you have, and make yourself appear attractive by feeling sensual, passionate, and don't regard your sexual needs as embarrassing, instead...satisfy them.

Make use of your intuition and 'mother-instinct'. It may be suppressed, but it is still there, and often very reliable.

Be aware of the lunar-side within you, and don't regard menstruation as unclean or a nuisance, as there is nothing dirty about it. Next time when you feel the monthly pain, don't swallow artificial painkillers, so that you can forget all about it, instead attempt to deal with it the shamanic way; dig a small hole in the earth, using your hands, at night, when you find yourself alone in the nature, and sit in it, your bare skin touching the soft earth. Howl and scream your discomfort at the moon like a wolf, and be fully conscious about the magical power, you possess in that moment...

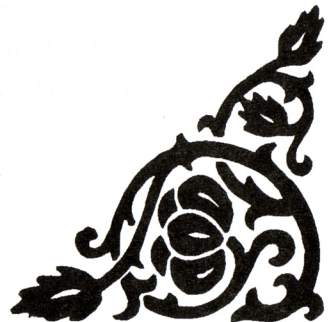


The Arcane Light Of Hecate

**O Ancient one! Thy the knowledge of death
Rise from thy tomb, and reveil thy wisdom,
the secrets of life to the daughters,
of the endless night, born in thy womb**

**O Powerful queen! Thy the knowledge of fear
Dangerous when crossed, the art of sorcery
the bringers of joy and misery
Thy children never tell thy mystery**

**O Mother of shadows! Thy the knowledge of sorrow
Join the dance in the garden of Dionysys' delight
Joy of life, ecstasy of lust.
We embrace thy shining light tonight**



Working magic- focusing on seidr\ northern shamanism

The word «occult» (and all other words related to it), which is described in the dictionary as «hidden, invisible, mysterious», is commonly associated with something negative, dangerous; the art of magic is even perceived to be entirely sinister, baneful, evil or particularly in our modern age identified with 'mental disorders'...


This paranoia, so deeply rooted in the mind of the average man\woman, is the result of the judeo-christian influence, which made it become sinister, as the early christians, that vanquished the pagan tribes, demonized everything the pagans held sacred, their customs (the most important pagan customs however were stolen and disguised into christian customs, like christmas and easter), their natural wisdom, the volvas (wise women of the germanic nations), druids and their art, in order to secure the spread of their own middle-eastern dualistic religion.

This fear about the unknown, imprinted since then so deeply in people's minds, not seldom causes individuals, fascinated by the occult, to believe they are entering a 'dangerous zone', as the christian would no doubt describe it. Thus they are not capable of freeing their minds out of anxiety, expecting «demons from hell» waiting for them on the otherside, and with this in mind, it is no surprise that they end up frenzy...

The average person since this ignorant teaching has a perception in form of a small circle ○ .

His\her thoughts remain within this circle, going round and round, unable to break out of the thought-field, which he\she has been taught to believe in, thus bringing about his\her narrow and intolerant behaviour.

The open-minded individual has a wider thought-field ○ and could even expand his/her thoughts into a wider circle, if the will to learn more is present, however, even he/she has difficulties breaking out of his/her imprinted thought-field.

The individual that is blessed with a higher perception, who is open to all 'otherworldly' influences, like the natural tribal peoples once were (still are), is able to reach out into other spheres and realities, and his/her thoughts expand into all directions  able to open the many doors, that are within the mind...

Many ancient communities had especially gifted «wise ones», that were skilled in the art of magic and dedicated their entire life to explore the unknown realms to bring wisdom to their people. Nevertheless, even though not everyone was a professional magician and dedicated to find out the answers to the secrets of existence, every single person was one way or another working magic.

To acknowledge, worship and work with the forces of nature is the birthright of every human-being, and this is exactly what working magic is all about: A very natural art to achieve personal harmony, fulfillment and to pay respect to the earth, that allows life to exist, practised since the dawn of human consciousness. The way of man to stay in contact with nature, which he is part of.

Magic can be applied for beneficial or malicious purposes, both as methods of defence or attack. To apply 'colours' to magic is not very appropriate, and terms like «white» magic and «black» magic, are yet again pure dualistic christian descriptions. Whereas the so known «white» magic is based on that christian «good» and it's practitioners ignorantly separate the day from the night, or the spirit from the body, the «black» magician often recognizes his/her true nature and follows his/her will, yet sadly, many of the self-styled black magicians blindly worship the christian evil, merely for the sake of appearing sinister.

Magic is magic, and to learn the art one must acknowledge the eternal cyclus of nature (like day into night into day into night...), as well as the need for balance

in ones own life, and neither black or white should be added to simplify it for the ones that are disabled to see beyond.

To make magic work one has to offer something, give in order to get, as the germanic peoples wisely said: A gift demands a gift... you don't get anything for nothing, what you put into it, you will get out of it... Magic is an exchange (unlike praying, which is simply begging), you express a wish, you feed that wish with energy, give out that energy into the higher spheres, which are connected to the subconscious, and in return get your wish granted...

The energy is the most important requirement here. A powerful magical symbol remains powerless without being charged first with power...energy; your own body-energy, blood or sexual fluids. A well worked-out ritual would also remain ineffective, if no strong energy, emotion and visualization are put into it. And one must put a lot of physical energy and emotion into a working, something like a mixture between pain or pleasure combined with fear, anger, happiness, hate, love or other emotion, plus a vivid visualization to achieve an uncontrolled state of mind, because only then are you truly in the 'otherside', and most of all, you must believe in it's success.

Needless to mention that magic in itself, especially natural magic like seidr (shamanism and sorcery), is an art, where you are required to make use of the feminine part within the self, the subconscious-the eternal, unknown shadowside. If you want to open the doors to higher realities, you must be willing to break through the wall of male intellectuality. There is no shortcut, and there is no point in asking a god or goddess, for example, for aid if the mind is not in the essential condition. A positive result will depend on your emotions and visualization abilities alone. This can be learned, but demands a lot of patience and understanding, and here it is, where most of the ones that attempt it fail.

To release energy, one has to build up energy first. In the ancient times, this energy was often provided by the sacrifice, which with it's mixture of fear, pain

Text and poems created and written by Andrea Meyer Haugen
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Layout by Andrea Meyer Haugen/Tomas Thormodsæter Haugen

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and most of all the approaching death, released its life-energy, thus with it charging the sacred ground the community stood on. Each one within the community itself intensely felt with the sacrifice, and so believing to be close to the gods/forces of nature, like this creating a huge energy ball for the people to charge their object of desire with.

Should you intend to perform a magical rite, it is first important to choose a particular time on a particular night (I won't go into detail, choose whatever night/hour you consider to be right). Prepare the mind for the event, and when the hour draws nearer to your planned performance, prepare the chosen place, with incense, candles, symbols and whatever you may need. Merely by preparing a place, or sewing a doll, carving a symbol into wood, etc., you charge it, meaning you put a little of yourself into it. And this is very important.

Whatever kind of rite you may perform, focus intensely on your desire, and build up your passion for it, all your intense emotion you may feel for it, and 'throw' it onto the desire. A most effective aid to this is to feel pain or pleasure, or even better, both at the same time, which brings you closest to the expiring energy. The energy you set free with a sexual climax is the most effective one you are able to release in a rite. Let your energy explode, visualize the symbol, person, requested situation or stare at the object and shout out your desire, until you are drained and exhausted. After the deed retire, or do some distracting work. Don't think about the magical rite any longer, forget all about it and allow it to slip into your subconscious, where it will work.

Evidently you do not need to restrict yourself on 'inforced' energies. If you can manage to utter a wish, or even make contact with 'otherworldly' beings during a moment of involuntary 'real' pain, fear or other severe distress, where your mind has gone out of control and escaped our reality, you are working sincere, effective magic.

Keep in mind that your desires must be within the reach of your personal orlog (the fate), you cannot demand the impossible, only a little aid in special situations you wish to master, so be realistic and reasonable with what you ask for.

Attempt to curse the ones that have consciously harmed you, or disrespectfully harassed you, as they truly deserve it. Nobody, no matter what, has the right to harm or bother you if you have not done any ill to him/her in the first place. However, judge the situation carefully, and don't try to curse someone who merely upset your ego, or who fought against you in a fair contest and won, as this may only lead to your own misfortune...

Magic can also be worked within dreams and astral journeys. Dreams tell us what we really feel, what we are not consciously aware of, but what we should take notice of. Dreams reflect the inner thoughts, and prove to be a good way to communicate with the subconscious. To do that, it is important to know how to interpret the nightly dreams we have. Start to think intensely about your dreams immediately after awakening and write them down. Try to analyse their deep meaning, the places you dream about, the persons, symbols, what atmosphere the dream contained, what emotions it gave you after awakening, and why. Do you dream repeatedly about a certain place, person or symbol? Try to find out, and judge mainly from your own feelings and life situation (and don't use this 'christian influenced' dreambooks).

Afternoon naps prove to be very strong and surreal, producing a state of being half asleep and half awake for a short period of time, which can lead to powerful astral-projections in certain individuals. So it would be advisable to concentrate on afternoon dreams first, in order to work magic in dreams.

Once you are able to interpret your dreams better and further established a closer relationship with Morpheus' world, advance to controlling your dreams. Before you fall asleep, focus your mind on a particular object, person or situation you wish to appear in your dream. While you are training this, the object can be

anything unimportant. Upon awakening, think thoroughly about the dream you just awoke from and try to find out if the desired object or situation did appear in it. This requires daily practise for a period of time.

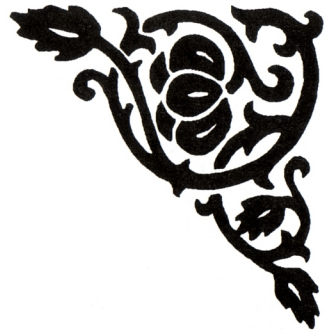
When this has been successfully accomplished, try to conduct the happenings within your dream, during a state of being consciously aware that you are dreaming. This enables you to take consciously in what you are dreaming and even enables you to awake yourself on command, which can be useful to escape an unpleasant nightmare, to prevent oversleeping, or to awake if any danger surround you while you sleep.

Don't attempt to influence your dreams too often, they try after all to tell you something and deal with all that you have experienced during a day.

If you can master the above, you can now attempt to influence your inner self, and the course of certain events concerning you. For example, if you are in need of strength and courage in a difficult situation, visualize a suitable rune before going to sleep, having a charged rune beneath your pillow. Request to see the rune in your dream and let it's power give you the strength and courage you need. Or request to meet up with the norns in your dream (the three sisters of fate in northern mythology), so that they may tell you about your future or even bring you in touch with the orlog (the fate in northern mythology).

There are many ways to communicate with the 'otherside', and you must find your own way to it.

Astral-travelling is a conducted mind-journey into other realities, and the way to get in touch with otherwordly beings (energies) in order to bring wisdom back into your reality. This requires not only strong concentration skills and visualization abilities, but also the capability to free the spirit from the body.



The Jrrlicht

At night on marshy land
Black earth, no guiding hand
Follow the flame...

Like a man's torch...

'come closer' calls the dark moor
The Jrrlicht leads you to your death for sure.

Listen on, there is no sound
and you move on to the most deadly ground.

Walk no further you poor fool,
can't you see you're sinking?

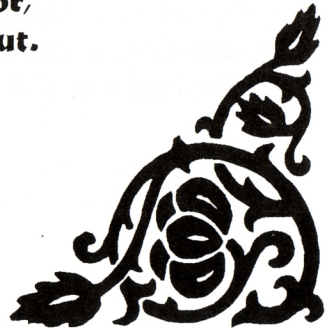
It is too late!

Dead souls sing their song
lamenting your fate.

Look there!

The Jrrlicht wildly flackering about.
Wicked false demon's light.

You scream in terror,
but the flame goes out.



To practice this, you must first learn to lead yourself through a guided journey, for example the one I have described in the 'totem search', to keep your vision on the required path. A very good guide would be if someone else could conduct your journey by describing a spiritual landscape to you and you will only have to listen to the words and visualize it. There exists a very good tape from the Asatru Alliance entitled «Path to the gods», which is a guided meditation tape to make spiritual contact with the gods/goddesses Skadi (my personal favorite deity, the goddess of winter and the hunt), Thor, Balder, Idunn, Heimdall and Freya, each in their own environment. Alternatively, you can make your own tape and guide yourself...

It is also possible to direct your astral journey to influence or 'call' another's mind. The best time to do this would be around 3am, the most energy filled hour, the time when most people are in deep sleep, or early in the morning, just before the person awakes and remembers more clearly the strange encounter with you. You can also send nightmares via this method...

The highest accomplishment may be to get in touch with the unknown worlds - the planes of higher consciousness. For this your mind must be absolutely freed from the influence of this reality, and travel freely within the other realms, while the physical body remains passive. One is required to fall into a trance, introduced by bodily sensations, hyperviolation, bizarre drumbeats, chants, dance or mind-altering substances (like described in HOH part one in 'Magic in the northern lands').

It may be of use to have other persons around you, that listen to your words as you tell them what you see. They can also ask you questions for you to find the answers to in the otherworld. However, to work in this field one has to be very advanced and most of all 'blessed with the gift'...

Eventhough your mind is far out, it is important that you find your way back to reality, therefore, before you intend to travel deep into the spheres, it is

advisable to have undertaken a form of self control (like the one described in HOH part one in 'Self control, overcoming, focusing, realisation') before doing so, if you do not wish to become an «airhead» or worse, a paranoid frenzy.

It is of recommendation to build a strong invisible defence wall around you to protect you from negative outside influences, that might otherwise effect you and so weaken your aura. I do not necessarily refer here to negative 'spirits', rather human beings that try to drain your energies and fill you with their own frustration.

There are many different methods and spells to protect yourself, your home and family. Should you for some reason feel you have fallen victim to a negative energy, or even a curse, build up your defences, for example visualize a defense rune, like the elhaƷ ʝ, or eihwaƷ ʝ, or ingwaƷ ʝ, or othila ʝ for your home and loved ones, in a radiant white (white due to it's brightness, no other reason) and let it absorb you.

Keep in mind that the moment you fear someones curse upon you, you are cursed. Sheer paranoia can lead to fatal accidents... so be sure you won't let it happen to you ...

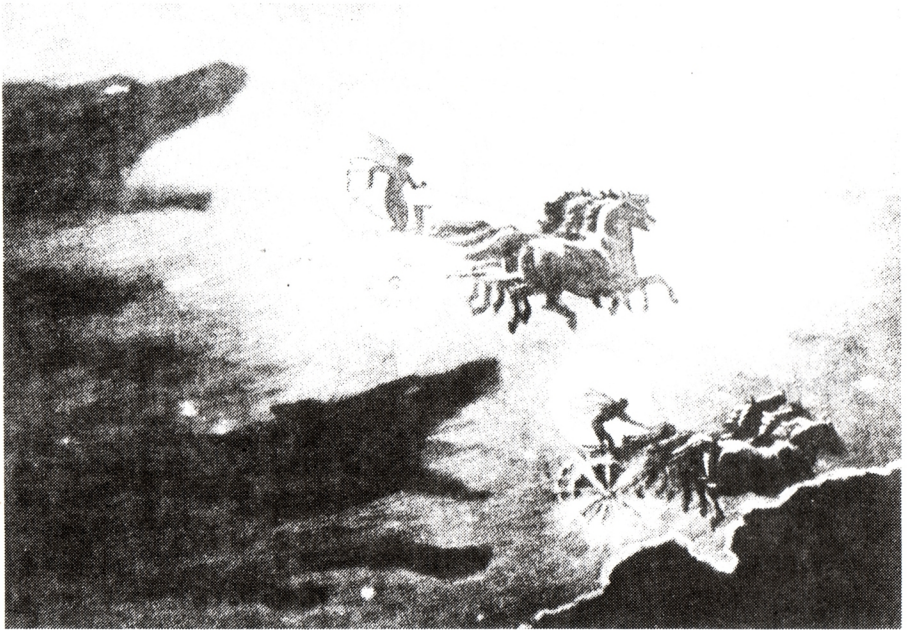
Consider the above to be a rough guideline, taken from my experiences, for you to make your own.

If you wish to obtain rituals to celebrate the seasons and other special occasions in the nordic/germanic tradition, contact the Asatru Alliance, World tree publications, PO box 961, Payson, AZ, 85547, USA. You can also obtain the tape «Path to the gods» from there.

Books of recommendation on rune magic are «Leaves of Yggdrasil» by Freya Aswynn, also «Rune might» by Edred Thorsson.

Should you have a serious interest in attending a practical course in nordic shamanism (only available in northern europe), contact the Hagalaž address and I shall pass the letter on.

Excellent viking jewellery, knives, axes, cards, runebags, etc, can be obtained from 'for vikings only', Fasanvägen 25, 195 33 Märsta, Sweden.



The first step towards higher thinking... is to realize how little you actually know...



HAGALAZ



BOKS 53, 3812 AKKERHAUGEN, TELEMARK, NORWAY

«I see a forgotten time, when brave warriors fought for their own glory and victory, when witches were called «the wise ones» and who's arcane art was respected, who had great wisdom and knowledge of the secrets of nature and who's magical abilities were honourably considered to be 'a gift of the gods'...

A time, when people had a sensible attitude towards life and death and lived by the laws of nature, a life of pride, honour, honesty, decency, bravery and intuition...

Spirited people, who created the great tales of the nordic legends, which show that they recognized the need for a balance between positive and negative forces, creative and destructive, light and darkness, male and female, understood that they have strong and also weak sides...

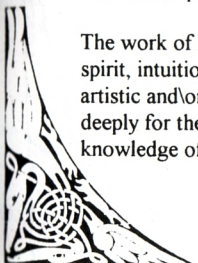
The ancient germanic heathen folk was as noble as the gods and heroes of the legends.

Hagalaz is dedicated to the magic and mythology of this heathenfolk, the ancestors of the north-european nations, and works towards the revival of the past traditions, destroyed or stolen and disguised (like so many other ancient beliefs) by the bringers of christianity.

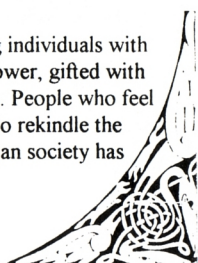
Heathen beliefs, such as the germanic one, are the worship of nature and the natural forces\ energies, the respect for all of natures inhabitants and to live as part of nature, which is something completely alien to the sterile western world.

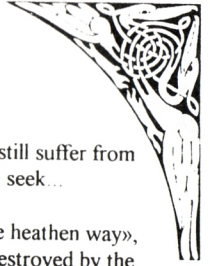
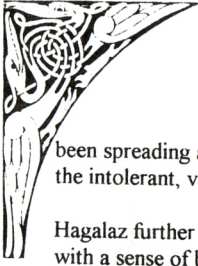
Hagalaz is also devoted to the 'lunar side', which was so worshiped in ancient pagan times, and which remains so despised and feared by the blind masses, who call it «evil», because they do not understand. Hagalaz recognizes the need for balance between the natural forces and does not separate the light from the dark, spirit from the body, positive from negative, as one cannot exist without the other, and therefore fully understands the shadowside within the human self.

The Horde of Hagalaz, which was originally intended to be a local magical order, has more and more become involved in public, international work, which proofs to be more effective and rewarding, therefore the horde itself is unfortunately defunkt and a membership is no longer available. Hagalaz will be focusing entirely on publication, art, music and performance as methods to promote the northern mysteries and heathenvalues\way of life.



The work of Hagalaz serves as a guideline and source of inspiration for young individuals with spirit, intuition, intelligence, reason, responsibility, honesty, honour and willpower, gifted with artistic and/or occult abilities and to encourage their inner strength and talents. People who feel deeply for the values, traditions and knowledge of their ancestors, who want to rekindle the knowledge of the ancient wise ones and fight against the lies, the judeo-christian society has





been spreading about our natural wisdom and the degradation people like us still suffer from the intolerant, vapid public around us because of what we know and what we seek...

Hagalaz further aims to establish the individuals capability of viewing life «the heathen way», with a sense of balance and harmony for the own persona, an ability largely destroyed by the monotheistic religions invention of duality (the ignorant, narrow idea of «this good...all that bad...nothing inbetween») responsible why the average person, brought up in such a society, cannot see beyond good or evil, black or white, right or left and so cannot relate to anything other than the reality told to believe in.

Hagalaz actively promotes individual thought and development and so disapproves with the systemized brainwashing and religious force, still practised in our «free» society.

Hagalaz is the creation of Andrea Meyer Haugen, who has been a member of respectable orders, consisting of her own magical training, intensive esoteric studies and personal experiences and inspirations...

The Hagalaz rune symbolizes transformation, development, insight, also hail, frost, ice, a rune dedicated to Hel, the goddess of the misty underworld...the unseen.



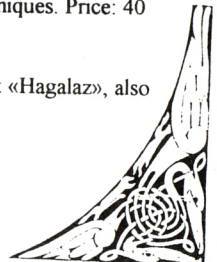
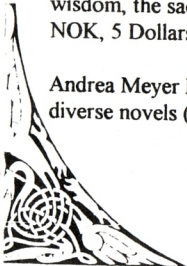
When the sun sinks down to the world below
drying the tears of the ones, forgotten
so long time ago.
Lamenting souls, dwelling in eternal night,
restless, searching for the endless light.
Wipe now the sleep from their eyes,
and see a new dawn arise...



Andrea «Nebel» Meyer Haugen

The first publication «Horde of Hagalaz», available since May 95, contains articles about the gods of northern mythology, the magic of the north, seidr and galdr, the essence of magic, lost wisdom, the sacrifice, and self-control-overcoming-focusing-realisation techniques. Price: 40 NOK, 5 Dollars\IRC Europe, 5 Dollars\IRC's overseas.

Andrea Meyer Haugen is currently working on a book and on a musicproject «Hagalaz», also diverse novels (no releasedates known at this early stage)





Denial of the basic instincts

The totem

Conscious cruelty

Death

Sex and death

Lillith

Working magic-focusing on seidr\northern
shamanism

Miscellaneous





Denial of the basic instincts

In the ancient days, most european heathen peoples lived in harmony with nature's forces, according to the law of nature, which can be, like mentioned before, harsh, yet is very necessary for nature to function. Furthermore they were aware of their own human nature and their natural instincts, important for their personal well-being.

Ever since the rise of judeo-christianity, which brought about the downfall of the many ancient, highly cultured societies existing at the time, the human nature was perceived to be a «bad seed», and to be one of god's children the frightened folk surrendered their wild nature in the hope to be «good». Like this they were, literally speaking, driven from their natural environment to 'farms', expected to live in flocks as domesticated farm-animals, with the religious leaders aloof (next to the kings) functioning as 'farmers', to watch the herd, to take care of them, to «protect» them from wild beasts (outer influences), and so ... to exploit them. Human, once a free, highly advanced animal, gradually evolved into a humble, dependent animal with low esteem.

Each human-being was forced to surrender his (her) nature and desperately tried to suppress his needs; and the religious society around taught him well to despise and fear mother nature, his inner feelings and thus...himself, because the basic human instincts simply cannot be suppressed (and the greedy religious leaders had knowledge of this, they only wanted their followers to feel guilty and miserable about their actions, so in need of their «spiritual» comfort).

The human-being like animals, obeys the primal urge of surviving and breeding meaning to eat, to make a livingspace, to defend that space and to reproduce. To survive often means to fight, and emotions like anger, aggression, envy are necessary for survival. However, the judeo-christian believers were are demanded to remain passive, thoughtless and defenceless during their entire, not very fulfilling, lifetime.

Sexual activity (the creation of life) becomes the most important urge, especially for males, from puberty onwards and it is this particular need, which suffered/still suffers most suppression, thus causing the unhealthy behaviour towards it, a very common problem in the western world. This very natural, very important urge was (still is) considered as dirty, sinful, shameful by the religious authorities, since they regarded a persons virginity as «pure» and «clean». Sexual activity was certainly acknowledged to be very useful to create more little believers, a very necessary sin, but still a dirty thing to do, even if a couple was engaged in «holy matrimony» (nature however, is not really concerned whether someone is bound by law or not).

The basic problems of our society have their origin in sexual complexes. There is hardly an individual, unfortunate enough to have been growing up in a monotheistic religious community, who does not have a «hang up» about sex and views it as «embarrassing», or «kind of filthy».

The human-being belongs to the family of meat-eating mammals, meaning he has a hunting and killer instinct, alike to the predator. This is the most suppressed and apprehended instinct of all, and the leaders of the medieval church started a hard and serious attempt to wipe that instinct out by claiming it to be «evil», demonic and a creation of the devil. The archetypes from this period of the vampire, the werewolf, the demon, and not to forget the infamous devil, are all but personifications of the animal in man and the horror-stories about them, whispered by the peasants, carry the message: these creatures are damned. This will happen to anyone who unleashes the animal inside. So one must deny the existence of it, or risk to end up like this creatures of the night. The night was associated with shadows and death, and it is no surprise that there exists a connection (more to that later).

During writing this I am reminded about a recently watched film (unfortunatly I cannot recall the original english title), which was about a mad professor who



They came a long, long time ago
to take away our dreams, our pride...
They came in the name of the one tyrant idol,
to break our spirits, taking our honour,
calling us "the evil"

They burnt our temples to build their houses of god
on our allfathers' ground. They gave him horns and made him
a beast so grusome.

They placed the sick and wicked, once belonging to *Niflheim*,
into a place called heaven.
Their weakness of body and mind
was now called "good"

They placed the strong and brave, who once deserved *Asgard*,
into a place called Hell. Their victory now became "evil"

They made wolves and eagles turn into pigs and sheeps,
no longer free and wild.
The hunters became hunted.
A wolf ripped to shreds by a 1000 sheep,
led by cowardly hyans who devoured the souls of the sheep.

Life became misery!
The destroyers of our wisdom, our gods, and our nature.
Before they came we knew no "evil" ...
Evil came with Christianity!



successfully transferred human genes into wild animals, in order to make them human. The beasts had now a conscience and were supposed to look human, however, it was still recognizable what kind of animal they were before this transformation. The once aesthetic tigers, lions, bears and panthers became ugly, deformed monsters and were walking like apes. The professor gave them laws: »you are now human; you must never again walk on four legs, never eat flesh, never shed blood and never communicate with animals, should you disobey this laws, I will bring you to the «house of pain» (sounds very familiar, does it not ?). The creatures, who were incredible dumb, suffered enormously under these new laws brought to them, after all they never asked to become human and they secretly watched the animals they used to belong to with lament. In fear of the house of pain (hell, isn't it?) they kept repeating the laws to themselves at all times, knowing, they could not live up to it, thus it became an obsession. They started to hate the wild animals, they hated themselves and hated the professor, who created them. Finally they concluded that in order to be free again they must kill the professor and thereafter destroy the house of pain, owned by the professor...

The connection to this story and the monotheistic religious force is obvious. I wonder why the victims of judeo-christianity never thought about getting together and kill «god» or at least the religious authority to be free again

With the christian idea of 'love and compassion' man's savagry seemed destroyed...or was it not? Still slumbering deep inside, the hard attempt to be «good», the believe to be worth more than nature itself made humans become the most (self)destructive, unreasonable, vicious beast of all beasts, who does not act out of natural instincts, but desperation, boredom and frustration and history bears witness, that the children of god have hardly been behaving like lambs, judging by their brutality.

Nevertheless, even in our society people are too naive to realize that religious pressure, and even religious teachings, might be a lot of times the motive for

crimes and cruelty. For example rape, is not seldom caused by sexual oppression, resulting in hate of women. Or domestic violence, often brought about by the three middle-eastern, patriarchal religions, which teach that a man is master over his woman, and therefore commonly practised in the believers homes.

Some frustrated individuals finally explode under the moralistic expectations, and not seldom conclude that their desires must be of a wicked nature, and therefore belong to the 'devil', and thus get into everything what the society calls evil.

The killer instinct in ancient times was a necessity, therefore practised as an necessity, later this instinct was practised out of feeling «evib» (the devil made me do it), or even out of feeling «good», violence in gods name. Violence to a certain degree is a natural behaviour and it is quite common for humans and animals to feel aggressive at times, particularly if there exists not enough personal space. This aggression has been observed in groups of animals when they multiply within a limited livingarea and so reduce more and more personal space, and this would to me also explain many acts of violence in large towns.

Eventhough our peaceloving society denies this very much, plenty of individuals have experienced at least at one point in their lives the desire to kill another human-being or at least fantasized about it (conciuous cruelty), if they have not turned into machines yet...

This subject is widely misunderstood and simply writing about it could turn into a scandal, because this subject remains taboo and forbidden.

So called christian humatists do not wish to understand this, instead claim that the 'love of Jesus' is all we need to live happily and joyfully all together... It is time to awake from this illusion, and face reality. As long as human is able to feel emotions, he/she will feel aggression and hate just as well as true love and affection. It is time to realize, that the christian love, which is so praised in the