**How To Rise Through The Watchtowers**

1. Consecrate a circle.

2. Enter Body of Light.

3. Assume the god-form of a deity from the Watchtower of Earth.

4. Assume the god-form of a deity from the Watchtower of Water.

5. Assume the god-form of a deity from the Watchtower of Air.

6. Assume the god-form of a deity from the Watchtower of Fire.

7. Return by reversing the assumption of god-forms back down through the Watchtowers.

This method works best if the deities are all from the same subquadrants. The following example uses Archangels from the Fire subquadrant:

**STEP 1**. Draw a psychic circle around yourself and consecrate the area within it.

**STEP 2**. Enter your Body of Light by shifting your sense of identity from the physical to the etheric. You should be able to feel your "body" as an egg-shaped swirling mist slightly larger than your physical body. Now imagine this Body of Light to be completely empty.

**STEP 3**. Imagine four Archangels in serial order above your head, each directly above the other. Rise up in your Body of Light into the first of these Archangels and assume his body as your own.

**STEP 4**. Assume the god-form of the Archangel NIAOM in Fire of Earth. He is masculine with dark hair and small wings. His body is thin and has the color of blue pearl grey. He wears a grey robe. He carries a Wand in his right hand and a Pantacle in his left. His numbers are eleven and two. He is called the Knower of Truth and as such can be used as a means to convert ideas into distinct forms.

**STEP 5**. Rise up into the body of the next Archangel, HNLRX in Fire of Water, and assume his god-form. He is masculine with a face so beautiful that is appears almost feminine. His stomach is large in comparison to his thin arms and legs, and small feet. The color of his body is grey. He wears a purple robe and has a diamond-studded crown upon his head. His numbers are nineteen and one. He is called the Mighty Sacrifice and can be used for all forms of sacrifice.

**STEP 6**. Rise up into the body of the next Archangel, EXGZD in Fire of Air, and assume her god-form. EXGZD is female with a thin but beautiful body. Her face has a fierce aspect and her hair is an eternal flame. A fire opal is embedded upon her brow. Her body is orange and she wears a yellow brown robe. Her number is eight. She is called the Mistress of Illusion and can be used to cast spells of confusion as well as to see through all manner of illusions.

**STEP 7**. Rise up into the body of the last Archangel, BZIZA in Fire of Fire, and assume his god-form. BZIZA is masculine but his body is very thin and delicate. His feet are winged with flames. His is red and wears an orange robe. He carries a large fire opal that can be used as a shewstone. His numbers are seventeen and eight. He is called the Destroyer and can be used to obtain prophecy and also to destroy the lower or gross aspects of your human personality. As BZIZA you can easily silence your human body, and thus advance in meditation.

**STEP 8**. After remaining in the god-form of BZIZA for as long as you can, let yourself drop back down into the form of EXGZD, then into the form of HNLRX, and finally into the form of NIAOM. Then drop back into your own Body of Light and assume your own form again.

**STEP 9**. Return to your physical body. Perform a suitable banishing exercise such as the Enochian Banishing Pentagram Ritual.

The following is a second example of this same technique. This example uses Kerubic Angels in the four subquadrants of Air.

**STEP 1**. Draw a psychic circle around yourself and consecrate the area within it.

**STEP 2**. Enter your Body of Light by shifting your sense of identity from the physical to the etheric. You should be able to feel your "body" as an egg-shaped swirling mist slightly larger than your physical body. Now imagine this Body of Light to be completely empty.

**STEP 3**. Imagine four Kerubic Angels in serial order above your head, each directly above the other. Rise up in your Body of Light into the first of these Kerubic Angels and assume his body as your own.

**STEP 4**. Assume the god-form of BOZA in Air of Earth. He is masculine. His body is thin and very active. His feet are winged. His body is bright scarlet and he wears a red robe. He carries a Sword in his right hand and a Pantacle in his left. His numbers are fifty and five. BOZA opposes sorrow and his presence ends all manner of sorrow, pain, and suffering.

**STEP 5**. Rise up into the body of the next Kerubic Angel, TAAD in Air of Water. This Angel is masculine with large wings and a fierce expression. His color is green and he wears a yellow robe. He carries an arrow in his right hand and a Cup in his left. His numbers are 25 and 7. TAAD quickens transmutations of all kinds.

**STEP 6**. Rise up into the body of the next Kerubic Angel, RZLA in Air of Air. This Angel is masculine yet very graceful in his movements. His feet are winged. His color is salmon and he wears a golden robe. He carries a Rosy Cross in his right hand and a Dagger in his left. His number is six. RZLA seeks to balance the forces of sorrow and joy, pleasure and pain. His presence quickens equality.

**STEP 7**. Rise up into the body of the last Kerubic Angel, DOPA in Air of Fire. This Angel is both masculine and feminine. His countenance is fierce but contains an attractive beauty to it. His feet are winged. His body is pale blue and he wears a silver robe with a quiver of arrows over his shoulder. He carries a bow in his right hand and a Wand in his left. His numbers are thirteen and four. His presence assures a safe birth.

**STEP 8**. After remaining in the god-form of DOPA for as long as you can, let yourself drop back down into the form of RZLA, then into the form of TAAD, and finally into the form of BOZA. Then drop back into your own Body of Light and assume your own form again.

**STEP 9.** Return to your physical body. Perform a suitable banishing exercise such as the Enochian Banishing Pentagram Ritual.