

The Chaos Rainbow Ritual:

- 1.** Observe a brief period of no-mind.
- 2.** Starting at the preferred cardinal point, draw a circle around yourself with your magical staff, visualizing a sphere of brilliant white light or celestial fire forming.
- 3.** Having returned to the beginning cardinal point, begin a new circle; drawing a chaos star with the staff at each cardinal point, above and below and again at the beginning point, visualizing the stars shining brightly with the same brilliant light or celestial fire the sphere is made of.
- 4.** Visualize the stars growing larger and larger until they criss-cross and come together as a unified field of light/fire.
- 5.** Return to the beginning point and briefly achieve no-mind.
- 6.** Holding the magical staff vertically in front of you, begin to vibrate a low "DO" (as in Do-Re-Mi-Fa-So-La-Ti-Do, a full octave). Feel the tone resonating in the body. Continue with the octave, ascending and then descending.
- 7.** Observe another short period of no-mind.
- 8.** Begin a new circle, again drawing the chaos stars in the air with the staff, but this time vibrate Do-Re-Mi-Fa-So-La-Ti-Do, one for each direction, including the beginning point and one for yourself (the cardinal direction of Within).
- 9.** Observe a final period of no-mind.

This banishing is, of course, heavily modifiable. I use it intuitively and will change its steps according to my needs. Most commonly, I resonate the tones of the octave in correspondence to each of the chakras, including an eight "secret" chakra. I've found this practice incredibly useful. I also like to draw a rainbow of different colored fires around myself when a stronger banishing is desired.

It is perhaps worthy to note that it was during use of this banishing that I dissociated, finding myself floating momentarily behind my body, looking at myself from slightly above. This may be due to my use of the banishing to open the chakras and raise kundalini, although the secret may lie in the Eighth Chakra, which is a unified state of being outside the physical body.