
"I am the Alpha and the Omgat, the tegloning and the ending: the one who $\mathrm{s}_{\text {, and }}$ the one whe was, and the one whols coming the one who ${ }^{\text {an an an }}$ the all powerfal."
"To h/m that overcometh whll I glve to eat of the hidden manna, and I whil glve h/m a whife spone, and fo phe gfone a manha, and $n$ whing name wrlten.

## 日UCCESS

JOFIN MROTWOOD MOOKE
'Tis the coward who quits to misfortune, 'T is the knave who changes each clay,
'Tis the fool who witts half the battle, Then throws all his chances away.
There is little in life but labor, And tomorrow may find that a dream;
Success is the bride of Endeavor,
-And luck-but a meteor's glean1.
The time to succeed is when others,
Discoutaged, show traces of tire;
The battle is fought in the homestretchAnd won-'twixt the flag and the wire!
-From Songs and Stories of Tennessee.

## $x$

The only $\sin$ is to be unkind; the only virtue is to serve.

To expose another is to expose yourself.
To bear disgrace rather than inflict it is surely divine.

If a man has faith int his power, he call wait.
Out greatest decds we do unknowingly.
It is a fitte thing to make yourself nected.
All that glitters is not brass.
I used to live in a glass house, but now there is nothing left but the sash.
-Fra Elbertus.

## $x$

LOVE

IsS the only how in life's dark cloud. It is the morning and the evening star. It shines upon the babe, and sheds its radiance on the quiet tomb. It is the mother of Art, inspirer of the poet, patriot and philosopher. It is the air and light of every heart, builder of every home, kindler of every fire on every hearth. It was the first to dream of im-
mortality. It fills the world with melorly-for music is the voice of Love. Love is the magician, the enchanter that changes worthless things to joy, and makes right royal kings and quecus of common clay. It is the perfume of that wondrous flower, the heart, and withont that sacred passion, that divine swoon, we are less than beasts; but with it, earth is heaven and we are gods.-Ingersoll.

## ت

The color of the ground was in him, the red eath; The tang and odor of the primal thingsThe rectitude and patience of the rocks; The gladness of the wind that shakes the corn; The courage of the bitrl that dares the sea; The justice of the rain that loves all leaves; The pity of the snow that hides all scars; The loving-kindness of the wayside well; The tolerance and equity of light That gives as freely to the shrinking weed As to the great oak flaring in the windTo the grave's low hill as to the mourtain peak That shoulders out the sky.

> --Edwin Markham.
$x$
Leon Daudct, the son of the great novelist, advocates the enactment of a law forbidding the sale of all fiction to women and children on the same principle that morphime and also cigatettes are forbidden in certain States. M. Datulet says morbid appetite for romance is responsible for most of the unhappiness and dissatisfaction, which in turn breeds crime. He declares that his contention is supported by every scientist who has been questioned upon the subject. He points to universal warping of the mind, and predicts that future generations will scorn novel-reading as a deliberate and low form of intoxication. - New York World.

## 美

No one can cherish an ideal, and devote himself to its realization from year to year, and strive and struggle and make sacrifices for jts attainment, without undergoing a certaitu gracious transforma-
tion, of which the highest powers must be aware and which men can hardly miss.-John White Chadwick.
$x$
Live; make no complaints.
Complaining is death. Nat, drink, but taste nothing-
To taste is degreneracy.
To what end, then, is life?
That man grow as an infant.
Manhood attained, he shall know
How to taste and be nourished-
How to think and be happy.
-A. C. E.

## $x$

## WHY PEOPLE BREAK DOWN

THE breaking down of so many actresses at the the beginning of the season is due to the national disorder. I might properly call it the peculiarly American disease, nervous intoxication.

There are tides of strength as regular as the tides of the ocean. They are due, as are the tides of the ocean, to planetary influences. The moon controls the novement of the ocean. It is the sun that causes the ebb and flow of strength in the human body.

The tide of strength begins to rise at about the time of the rising sun. It is at flood about every twelve hours, then recedes, and is at its ebb for twelve hours of every day. The tide is lowest in the early morning. It is highest in the early hours of the night. The person who rows with this tide has all the advantage of the swimmer or oarsman who is moving with the stream. He who rows against it, by working when the tide is ebbing, is like the rower pulling up stream.

This is not a mere figure of speech. It is a physical fact. The sun gives off and regulates electrical currents, which are passive, or practically disappear, when the sun sets. Its influence is felt when it is shining, and for a few hours afterward, while the earth is reflecting the sun's rays that have been stored in its bosom all day. It disappears from two to four hours after sunset.

Generally speaking, the tides of strength begin to rise at about 7 in the morning. They continue to rise until twelve hours later, or at 7 in the evening. At that time reaction sets in. The person is weary. The ebb tide has begran.

Nervous intoxication is the result of working during the cbb tide. It follows the rowing upstreanl.

A little attention to this in your own person will teach you the law of your own being in regard to these tides. 'They vary somewhat with individuals, although they correspond more or less closely with the course of the sun. They are influenced to some extent by the habits and health of the person. But each one may discover this for himself by noticing when he is most and least fit. The maximum period of strength is about ten o'clock in the morning; that of exhaustion about ten o'clock at night. -Dr. Carleton Simon, in the New York Journal.

## *

There is only one trac way to enlighten humanity: Shine yourself, with an illuminating magnanimity.

"ZEBULUN shall dwell at the haven of the sea and he shall be for an haven of ships; and his border shall be unto Zidon."

We have at last arrived at the coast of the great human sea-there where the in-dwellers go down to meet those arriving from distant shores. Zidon means "a place of fishing."

We have but to note the physiological emplacement of this astrological sign to locate the coast referred to, and also the dwelling of the "fisher-folks" there-the very companions and disciples of the Muster himself.

Zebolun is the Tenth son, or sign, of spiritual perfection-the perfection that is found in fruit. 'This fruit is two-fold--that of generation, and that of regencration. But, in all this frait there is secd, and in this inheres that potency which perpetuates, as well as that which perfections.

These two-fold fruits are called respectively Scorpionand Aquila. The one crawls in the dust and has a venomous sting of lust and death; the other moments up on eaghe's wings, and, free fron earth, attains to unknown heights of love and life.

In the age that preceded this, the age which gave uns our legents of grods and demons, fairies and imps, and all those wonders classed as myth, the inloabitants of this carth had undoubtedly attained the condition symbolized by the eagle; and this had been accomplished by a purification of the thought in relation to the mystery of SEx.

In those days, Sex was worshiped as a divitie thing, because it produced divine things: then it was called Aquili. Following this, cane the age of Adam, and the rest is known. Love degenerated into lust, and man fell, mentally and physically.

That which formally produced high things now produced low thing;-creeping things that bit and stung, and, envenomed by hate, killed and destroyed each other-sinking exhansted into the murky abysses of death and horror.

Sex was also worshiped in this uge, but differently. Now it was a thing to whisper about and to hide in the night, because of the dark and hideous things that it created: now was it called Scorpio.

But at the begrinning of the Age of Fishes (Pisces), Jesus came to restore the ancient covenant, that had existed before Abraham.

Jesus came to teach one thing--the Purity of Sex. His very birth-oa crime against the laws of the Scorpio-age-was maintained as immaculate; and the standard-bearer of the old truth, the Christian church, while upholding the Mosaic decalogue strictly from custom, somehow winked at inconsistency and made place for this new commandment of love. And what shall we say of the emphasis and seal set by Jesus himself upon the purity of love's expression revealed it1 the episode of the Magdalen?
-"Has any mati condemned thee?-Neither do I (3) condemn thee."

O blind world, cruel and perverse, that kills its own savior, putting out with ruthless hand the fire of life, wherever it flickers to a blaze! It is the taint of the old blood of the Edenic Scorpion, still infiltrating the blood of the offspring of Eve.

But at last URANUS, the day-star, has risen over this dark abyss of seething waters. It is the churning of the sea of milk with the mountain Mandaras in the Hindu legend. It is the war of serpents; the Leviathan of Lust is raging, and the Octopus of Greed is grasping with its slimy arms to drag down the rising isles and their inhabitants.

Let the battle rage on! Let the sea turn to blood and the sun be darkened with the smoke of battles! Out of the sea thus churued by the gods up rises the sacred cow, Surhabi, the fountain of tuilk, then appears the goldess of wine, then the coolrayed moon, and lastly, Dhanwantara, robed in white, bearing in his hand the cup of Amrita, the Elixir of Life.

This is the Tenth-Naronic cycle, the Age of Aquarius, or Man. There are 600 years in each age or period of the great cycle of 6000 years. Of this last period 100 years have already passed. There remain just 500 years. We have come to the boundary land—the land of Zabulun.

Astronomically, this may be called the Land of the Eagles. There is a well-founded tradition that after the great catastrophe that separated this age from the preceding, some of the surviving inhabitants of this country migrated to Africa and there established the colony which grew into the famed land of Egypt.

Aegyptus means etymologically "the eagles," and we know that the standards of the Egyptians bore this emblem.

According to this, the American Indians are ethnically related to the ancient Egyptians; and we, the virtual descendants of the latter, changed past all recognition, by many and varied lives of experience in all ages and climes, have at last returned to the promised land, our old home, to reclaim our heritage-the land of the Eagles-America.

Behold the Eagle, emblem of our fair nation: At the very beginning of the age it arose and spread its wings for freedom. In its talons, instead of the ancient Snake, it grasps a bunch of arrows, the shafts of truth, which one by one shall be made to sink deep into the heart of the nation.

The Eagle typifies the age of Air, of aerial flight, of wireless message-sending, of thought transference, of a new world of food and light and life-all existing permanently in the Air, ant standing revealed to the consciousness of the Aquatian Homo.

## baIFT゙WOOD THOUGHTS

AKNOWLEDGE of law, on every plane, combined with a highly developed intuition, will so connect cause and effect, from inmost to outmost, through the different degrees of being, that what is termed supernatural will become natural, on a higher plane--subjective realities will become objective, and apprehensble to the new and clarified understanding.

Unless thou knowest thine own soul, thou canst not know the soul of another-be he lover, friend or brother. Into his soul thou canst not look. It is unto thee a sealed book.

Wouldst thou unfold the scroll of thine outer life? Learn the meaning of the inner scroll-penetrate the divine mystery of thine own being-be at home and at ease with thyself.

Freedom is not licensc. To be truly free, seek for truth. An enfightened understanding will regulate one's actions-with certainty, and will adopt methods to preserve tarmony and rhythm, under existing condlitions.

To "die daily" is to put off the old, by spiritual and natural evolution, until we attait to the full. stature of a man, that is, of an angel.

The temple is not far to scek, containing our altars and shrines, our sacred fire, and perpetual incense.

An act thought out is half accomplished-thought gives impetus and life to the deed.

Be great, knowing God is within thee-be humble because he is there.

## Nephrata.

## $x$ <br> MIND YOUR OWN BUSINESS

" ${ }^{(E E}$ that is without sin, let him cast the first stone"-Jesus.
The recent death of Ida Craddock at her home in New York City and by her own hand is an incident to afford serious reflection. *

Mrs. Craddock's trouble appears to have first begun some months ago, when she wrote and published a book on some phase d the Sex-question for the circulation of which she suffered indictment and criminal prosecution, serving out a three months' sentence on Blackwell's Island.

After her release, she attracted considerable attention by writing up in the N. Y. World, a detailed account of the horrors and indignities she had been forced to endure while in confinemest.

It was only a short time before she was arrested a second time, charged with circulating improper literature, whereupon, to avoid a second term, she encled her life. That, in bricf, is the story as I have gleaned it from the daily papers.

It is not my purpose to attempt the justifica-
tion or condemnation of anyone connected with this tragedy, but rather to point out the lesson conveyed.

First of all, it shows us the error and abortiveness of missionary work. A large majority of the people in this work possess a disposition to seek to mould others' opinions to their own. I believe we must all plead guilty to having some of the same disposition. Surely, it is to be regarded as a mark of higher development to find people who have thoroughly learned the lesson of attending to the missionary duties within their own picket fencesin a word, of minding their own business.

The world here and elsewhere doesn't want to be reformed. It resents and resists all specialized efforts brought upon it to change or modify its fixed habits of thought, which have crystallized into social customs and religions forms. Furthermore, it feels itself justified, and from the standpoint of individual right it is justified, in eating up or otherwise disposing of the meddling missionary.

History has shown the futility of religious propagandism. The recent Boxer-movement in China is a good illustration of what it accomplishes. All such effort is directly antagonistic to the spirit of Jesus' teaching. He said, "LET your light SHINE before men, that they may see your GOOD WORKS and glorify the Father."

He did not say anything about incessantly snuffing your neighbor's candle, or nagging him day and night to trade it for an incandescent burner. Me did say, in ats plain words as it conld be said, Mind your own business, and make yourself an example worthy of emulation!

What is the record of the Catholic church in its dreadful march of coercive propagandism? A slaughter of over seventy million human beingskilled outright, and many of them horribly tortured simply because they would not confess and conform to a creed.

Not alone in Catholicism has this occurred, but in all religions, till we come to Protestantism; and even there we find the same dogmatic intolerance exercised against the free-thinker, whom the church mentally crucifies.

We cherish the fond ideal, some of us, that we live in a free country, and that we are free, but a trial is sufficient to show that we are corralled by prejudice and larietted by public opinion. The same old judges that burned the witches in Puritan times still sit upon the judicial benches, They do not know that they are thin ame, but they are. Their methods of torture are a bit more refined, but no less incisive.

And is it not very apparent by the recent doings in South Africa and the Philippines that Protestant Christianity, the bastard child of Catholicism, has inherited a large measure of the cruelty and rapacity of its parent?

I would like to expand upon this subject if it
(4) did not lead into politics, about which I think the least said the better.

The application I wish at present to make is to moral reform, Here we see an exemplification of the same spirit in society as in war--always and forever attempting to force opinion, and compel, belief.

We may reason that this is but the operation of the law of progress. So it is. But it also displays the march of animal hordes who rend and tear and trample each other in the dust in their mad fight for supremacy. Surely these animals have not yet heard the voice of the Christ; nor have they any concept, as yet, of the meaning of the insignia of the cross that they bear upon their banners. The very foundation of Christ's teaching is NON-RESISTANCE, and non-interfereace.

Right at the present moment a Christian Science healer is on trial in New York, and likely to be indicted for man-slaughter, because a little child whom he bad treated for diphtheria died. Now, we expect the judicial authorities to investigate such cases aud decide upon them, We give them the authority to do this. But here is what raises our ghost of disgust that we thought we had laid, and makes us wonder if there IS such a thing as progress, after all. It is to see a troup of preachers of all denominations, bear down, like a lot of bellowing beasts, ready to rend the victim tooth and nail -for all the world as the old high-priests bore upon Jesus. There surely is nothing so dense as the inconsistency or so blind as the rabidity of religionists.

But now let us look deeper still into the causes leading to these public exhibitions of vindictiveness and attempted interference with the expression of individual liberty. Let us turn our weeping eyes from the Martyr to the Mob. In nine cases out of ten we shall find that the victim of mattyrdom suffers the natural penalty for wilful temerity and foolish obduracy in persistently opposing the ideas of others and attempting to tramp on THEIR rightful preserve.

There are always two sides to a question. The reformer always fails to see mere than the one side. He is always posing as the injured party. He forgets that he may have injured others.
"With what measure ye meet it shall be measured unto you again." Mrs. Eddy begins by claiming to have discovered the law of Christian healing and inaugurates her work by the very unchristly act of patenting her method, and what is worse, exorcising all other methods, declaring them wrong and diabolical. Such a stupendous piece of egotism could not fail to draw upon itself universal wrath and opposition.

Jesus said, It must needs be that offences come, but WOE to him by whom they come. Mrs. Eddy has surely brought this woe upon the cause of Christian Science by her Puritanical intolerance,
the very same thing that she, no doubt, condemins in others.

And while $I$ am touching on this point, I would like to know what right the Christian Scientist or any other mental healer has to proscribe the medico, or interfere with his practice?

Further, if he is sure of his position, why NEED he interfere with the other? If mental science is a restitution and cxemplification of the practice of Christ and the apostles, then surely it has no need to argue or place restrictions. If, according to the words of St. Mark, the belicver may take up serpents and drink deadly things without harm, certainly the medicines of our modern pharmacopceia cannot interfere with the demonstration to be wrought.

It is this very demonstration that would win nine out of ten doctors to a favorable consideration of the method, and would soon lead to its universal adoption by all. Doctors as a rule do not have horns. On the contrary I have found that they are, for the most part, as reasonable people as we have among us.

The way to win them to our cause is to give them a free hatad. Prove the validity of our claims and we shall have no difficulty in winning their recognition and ultimately proselyting the whole bunch. Meauwhile, let us have peace or we shall never have progress.
, To return to the subject of my sketch, I wish to say that much as I personally deprecate the methods employed by Anthony Cornstock and his associates in their attempts to ferret out and fix crime, yet the existence of this society is, aftet all, flue to just such people as Ida Cradklock, who are some way inspired to think that they have a mission to reform the Heathens that don't want reforming.

Elizabeth Towne tells this in her own inimitable way in the last Nautilus. She says, "There are just as many patterns of beauty and satisfaction and usefulness in this world as there ever wore people in it. If you conid succeed in fluting and printing John Smith after your pattern and setting him up behind your particular rail, he would kick himself off and back-bite you for your pains. He doesn't want your old pattern-he wants to be happy and beautiful in his own way, on his own little shelf."

When WILL religionists and moralists and all others mind the injunction, "LET every man WORK OUT his own salvation?"

To reform is to interfere with natural development, and therefore, to weaken and to dwar--to put off the day of salvation. Moreover, how do you know that you ARE engaged in a reformative work? What is your authority for the "messalue" you beár? You may actually be leading AWAY from the real truth.

It is claimed that Mrs. Craddock went amongyoung school-girls to clisseminate her literature-
(5) the literature that the court adjucged indecent. "Indecency" in this case probably means that she advocated in her writings more freedon and honesty in the expression of sex-relationships, and it was of course construed to mean advocacy of the much-tabooed and little tuderstood idea of "frce-love."

I do not know what this literature was, but I have no idea that it was a hundredth part as indecent or as immoral in its real influence on the mind of the reader as the common daily paper, with its record of henious crime and choice scandal.

The paper goes free, and the editor goes free. So, then, should the literature of Ida Cradlock have gone free and she, as well. And so she might have grone and might be alive and well today, had her discretion been equal to her zeal. She had better have remained to learn her lessons and do her work in a better and more effectual way.

There were, no doubt, many ready and waiting for her message-many who would have gladly received it and profited by it.

But unwisely she negrlected these, and went among the lieathen, with this unhappy tesult.

Let us learn from this a lesson of larger love and freedom; above all, let us learn sense and discretion. There is no glory in martyrdom, becanse there is no value in it to the world.

The object of life is to shine and shine morle. There is nothing so great and so good as an example of greatness and goodness. We grow by emulating such examples. They become engrafted into us and transform our whole being.

The eyes of the world are upon us-that workd which has not yet risen to our level. Evergone stands in relation to such a world as teacher attd leader, but let not this fact inspire pride or cgotism. There is a world above for you to emulate; look you to that world.

Do not go among the aliens to "show off." Vanity lies at the base of all such impulses. All you have to do is to stay at home, mind your own business, weave beautiful patterns in the fabric of your own life. You will find that there will be plenty to observe and copy them. And if you never SHOULD receive homage and recognition on earth for the good you have really done, your reward will be even greater in heaven-the state of mental harmony and poise gained in boing the Father's will.

To beat another's burden is to procrastinate his development.

There is good enough already in the world to transform it into a paradise, if the evil were shut out.

Until love tratscents the level of selfish indulgence, how cath we expect anything but greed to manifest in the offspring?

The woman who is looking hard for an ideal man is apt to forget that the man is likewise looking fot an ideal woman.

The beating circlemeets at iff itn. I am doing min hest hophline work at alout 3 athenk wers therning. Wake ne, and cathe with me: Mts worle in healiog is tree. Special Letters of Alefor, st.

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