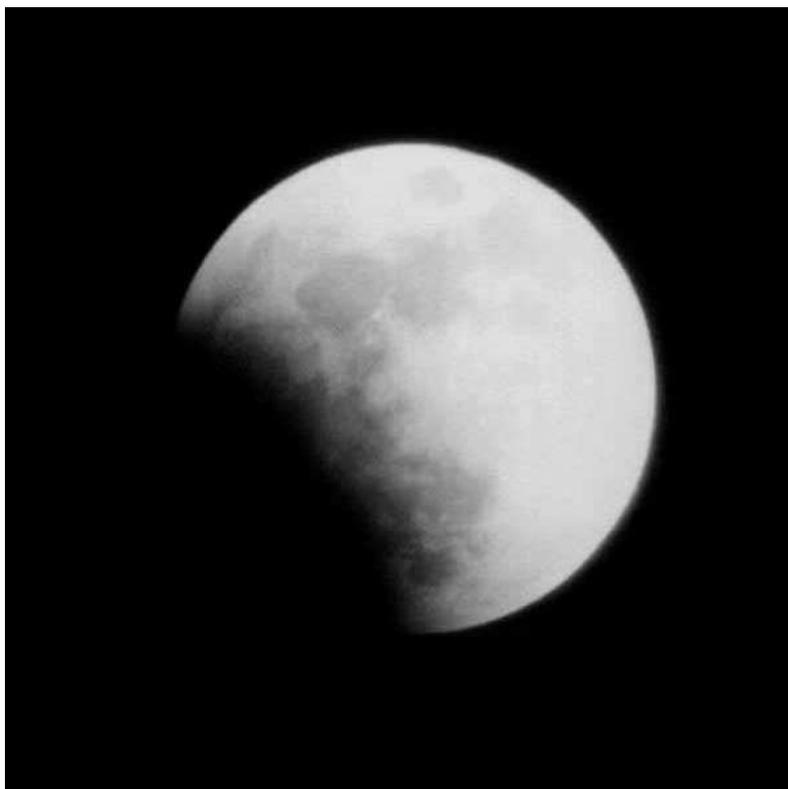


**COVENANT OF**



**SILENCE**

COVENANT  
OF  
SILENCE

Nicholas Collette

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*"Deep in the heart of the World's mysteries I traveled, seeking and searching for that which is hidden and kept secret, until finally to my great reward I found a light that will never leave me."*

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# INTRODUCTION

The world of Alchemy is a place where seemingly only those initiated into some form of a secret Order ever have the chance at success when it comes to making the Philosopher's Stone. A contract is signed, and a covenant of silence is formed. Anyone who dares break that code would be punished in some way.

Yet all throughout history we find bits and pieces of manuscripts written by alchemists<sup>1</sup> who were members of these groups. But they never intended their work to be copied and passed around to any great number of people. They assumed their work would remain relatively secret and difficult to find. Now with the invention of the internet, we have access to all these rare texts, most of which were only written a single time and never published or copied.

The amount of information available to a person researching alchemy today is staggering. Often instead of helping them, it only confuses them by getting them lost in an endless maze of symbolic books that are nearly impossible to correctly interpret. And so right from the start, most would-be alchemists of our modern time throw in the towel and immediately give up.

But there does indeed exist many clearly written books on how to correctly perform alchemy processes. A person simply needs to understand some basic rules of alchemy so they know what to look for.

To begin with, we need to take a closer look at what has been right in front of our faces for the last several hundred years — the Rosicrucian Order.

Most people who become interested in this Order spend exorbitant amounts of time reading all they can about how the Order operates, and what ceremonial processes they teach, hoping to find clues to alchemy hidden in the rich symbolism of the Order itself.

But all a person needs to recognize is the name of the Order, and what it means. Most people believe the name comes from the words ROSI and CROSS, meaning Rose Cross, but in fact the name is derived from words ROS and CRUCIS — with ROS = dew, CRUCIS = crucible or flask. They also sign their letters to each other with F.R.C. which most people assume means Fratres Rosy Cross (Brothers of the Rose Cross), but actually means Fratres Roris Cocti (Brothers of the boil or concocted dew).

Contained right there in the very name of the Order itself is the answer to what "Prima Materia" to use as the starting point for making the Elixir of Life. Any amount of experimenting with morning dew would eventually lead an alchemist to discover its power to dissolve the metals, and make medicines thereby. Even without a single alchemy text to guide them, a person would eventually stumble upon this great secret.

But its important to know exactly what to be looking for when working with dew. As you will see with the several examples I provide in this book, the main goal of working with dew is to create a salt from it, which can then be digested together with the spirit of the dew, and a powerful Universal Solvent is formed. It is able to dissolve the metals without any chemical explanation. Gold in particular is a very difficult metal to dissolve; it normally

takes extremely corrosive acids to achieve this. But the gentle yet powerful solvent we make from morning dew is able to achieve the dissolution in a way that completely transforms the metal into something unknown to modern science.

Once the metal has been changed into the strange glass-like substance that is water soluble, it then needs to be digested again with the Universal Solvent, and the process repeated. The end result will then be a stone more beautiful than the first, and a powerful medicine for the human body.

Alchemists wanted to see what would happen if they kept on repeating the digestions and multiplying the power of the stone, making it more brilliant each time. Eventually, after the seventh or eighth multiplication, the stone begins to actually glow and emit its own light. This was proof to the alchemists that the stone itself was the Light of God. And by having that belief that this medicine is directly a source of God's energy, it made the desire to keep it a secret that much stronger.

Many alchemy books warn that whoever writes out the process to making the Stone in terms which can be too easily understood by the lay man; he will be damned by God and punished severely by his Angels. Most alchemists today still hold that same belief, and those who have success in making the Elixir always keep silent.

How then did I myself ever find my way through the alchemy maze, without any help from a secret Order, or any other modern alchemist? I was lucky enough to be given proof of the validity of alchemy at a very early age. Most people researching alchemy are doing so completely on faith, never knowing if they will actually be able to make the Stone, or if its even possible to manufacture such an

incredible medicine. While I had my doubts, I also had undeniable proof.

So many long years of my life have been spent in the pursuit of the fabled Philosopher's Stone from which is made the "Elixir of Life", of which a person can obtain eternal youth and beauty, gain incredible mental abilities, and secure their financial fortune. To the uninitiated, it sounds like the fevered dream of madman. How could something so incredible exist in the world and have been kept secret for thousands of years?

I went into the research of alchemy with a very skeptical attitude, but I was lucky enough to live in a neighborhood in which other alchemists lived, and at the very early age of only 16 I was provided with proof that alchemy is indeed real.

Late one summer night in 1997, around 2am I was awake listening to music, when a female voice entered my mind and instructed to me to go outside. I thought maybe I was falling asleep, so I ignored the voice the first time. But she persisted and would not let me return to listening to my music in peace, so I decided to follow her instructions and see what might be waiting for me outside.

I took a short leisurely stroll through the neighborhood, and I felt strangely at ease and totally peaceful during my little walk; I was glad I came outside, if only for this peaceful experience.

Looking up at the full moon, I noticed a vapor mist rise out of the backyard of the house in front of my view, and it was thick just like a cloud. It rose up all the way in line with the full moon and made a perfect eclipse in front of it by forming a perfect circle that blocked out the moonlight. After about a minute, the fog floated off to the

side and moved away like a normal cloud in the sky. How was this possible? What did it mean?

When I returned to the house, just before I entered the house, a voice yelled out "no Nick, don't go inside!". How did these strangers who I've never met know my name? And how did they know I was going inside when their house was well out of view from mine?

For several years I wondered what this meant, then I read one alchemy book that explained it all very clearly. Only in this one single book has their ever been described the process I witnessed taking place that night. It described a method of using the White Stone to make rainwater water rise up from a bowl and eclipse the full moon, and every alchemist on the horizon of that full moon will come outside, and search north and south, east and west, until they see the sign at the full moon, and they will respond in the same manner using their White Stone. And in this way, alchemists are able to meet with each other, and share their work and experiences with one another.

The book was "Hyle und Coahyl", published by the RAMS library of rare alchemy manuscripts ([ramsdigital.com](http://ramsdigital.com)). How is this one book the only text written in history that clearly explains how to use the White Stone to meet other alchemists? And what are the chances real alchemists would be living right there in my own neighborhood and know about this method? And if they knew my name and who I was, then why did they let me go on with the rest of my life searching for the stone myself, without ever lending a helping hand?

They lived right their in my neighborhood, yet refused to help me in the long arduous journey through the maze of nonsense that fills alchemy books. I always wished someone would have just sent me a book that clearly

explained how to make the Philosopher's Stone, but I was left to figure it out on my own.

Luckily finding the right information isn't actually that hard, thanks to the RAMS library. As you will see in this book, there are plenty of ways to proceed with the "Great Work" of alchemy without needing anything but morning dew. However, to complete the process you will need silver and gold to make the White and Red medicines respectively.

The dew can be collected using a large 8 or 16 pound bag of ice, placed in a 5 gallon plastic bucket. You should begin the collection around 1am, and stop around 6am, or just before sunrise. If you live in the city or a well populated area, the dew will of course be heavily contaminated with pollutants, but it doesn't really matter. You will be reducing it to a salt which you will calcine and purify to whiteness.

I wrote this book with the idea of the reader already knowing the basics of alchemy work and the terminology used. Some of the steps don't clearly explain every little detail about how to perform the process. I assume the reader already knows how to digest, distill, coagulate, and calcine a material.

For all the distillations described in this book, I strongly recommend you use a modern set-up as opposed to an actual retort or alembic like the old alchemists. Also, you don't need to seal up the distillation apparatus air-tight. You can have a hose leading from the receiver flask to an outside ventilation. The alchemists of the past often sealed the entire system because they had no other choice. This meant they had to use very large receiver flasks with plenty of extra space so the flask wouldn't blow apart. The glass they used was also very fragile and thin, because they didn't

have machines to blow the glass and keep the walls thick. They had to simply blow the glass with the force of their own breath, and that resulted in thin, fragile flasks.

Your distillation system should consist of a simple distillation flask, connected to an elbow which is then connected to a graham style condenser, and the receiver flask connected at the bottom. The receiver flask should be double-necked, so that a hose can be connected and lead outside for ventilation of the fumes. There is no need to use a vacuum in on your system, and using one can be dangerous if air gets back into the heated distillation flask, causing it to explode.

If you can't afford a professional distillation system, then you can also make one very cheaply from parts at your local hardware store. All you need is a mason jar and a short length of thin copper tubing. Simply wrap the the copper tubing around rolling pin to form a condenser. Then remove it from the rolling pin and place one end in the top of the mason jar (a large cork is best for this, but a hole can also be punched in the metal lid). Then when you are ready to distill, simply place the mason jar in a pan of water, on top of a wet cloth. The disadvantage is that you won't be able to cool the copper pipe, but if you make it long enough, it should compensate. You can see a perfect example of this simple distillation system at [ScientificsOnline.com](http://ScientificsOnline.com). It's only \$30 US if you want to purchase the unit instead of making it yourself.

Most of the processes in this book can be carried out by anyone who happens to read the book, but I strongly recommend you do some research and learn about basic alchemy before you attempt any of this work. It may seem harmless to work with morning dew water, but you will be making it into something that can dissolve all metals, and handling the resultant elixir can be very dangerous.

I can't in good conscious give any instructions on how to dose a person with these elixirs. Many different alchemy books contained varied instructions on exactly what the dose should be. So I leave it up to the reader to do their own research and only through trial and error will they find the right dose. Remember that what works for one person might not work for another, and to cure some of the worst diseases, you will have to administer the doses each day for several days, or maybe only once a week if the person does not have their strength. Since the descriptions for dosage vary so widely in each alchemy book, it's impossible for me to recommend any exact dosage instructions.

Most of the processes detailed in this book come from a collection of rare manuscripts by Hans W. Nitzel ([ramsdigital.com](http://ramsdigital.com)) He made a book that was a collection of all the short manuscripts that didn't fit anywhere else titled "Potpourri Alchemia". And because these texts were each so short, most of them offer no instruction on dosage. They simply explain the process of making the stone, then reveal nothing further.

# THE UNIVERSAL SOLVENT FROM MORNING DEW

In morning dew, and somewhat in rainwater from thunderstorms, there exists something that is beyond the scope of modern science. It can't be measured or identified by any of today's advanced technologies. But through the simple art of alchemy, we are able to concentrate and condense it, so that we can work with it to create a powerful medicine for the human form.

Countless explanations are written as to what this energy must be, with each alchemist having his own opinion and stating it as fact in his work. Most believe it is an astral light, of which the same substance your own astral light body is made of. By ingesting it, we are able to feed the astral body, and eventually it becomes strong enough to overpower the physical body, and astral projection becomes easy. This itself sounds like some new-age hippie theory, but in fact this theory appeared in alchemy texts many hundred years ago.

If you follow the work in this book, you will see for yourself this wondrous celestial light shining softly into your eyes from the Philosopher's Stone. There is no radiation being released by it, and yet it shines on and on by its own power, forever and ever, somehow never exhausting its energy supply.

This secret light has been hidden away from the world throughout history, and now in these technologically advanced times, it may prove to be the key to unimaginable advancements in technology. It has the potential to teach the human race about worm-hole technology and

teleportation. It could indeed be the saving grace that leads the humans into the vast wonderland of space.

But for now, this Stone of light remains a secret, even though it has been written down countless times in hundreds of books throughout history. Those books never received much publication, and in fact most of them were never published at all, and only a single copy survived of the work, sometimes still handwritten. And it is that same rare information you will find here in this book, spread around the world with the magic of internet technology, being viewed and printed out in countries all across the globe.

For you dear reader, it will change your life forever, and you will never be the same. A true transformation will take place in both your mind and body. The energy of youth will return to you, and all the aches and pains of old age will heal themselves. More than likely all those prescription drugs will be tossed right out the window. And your skin will never again show even the slightest little wrinkle.

But the central purpose of the Elixir is not for rejuvenation or healing of the human body. Instead, the main goal is to transform the incomplete mind you have now into a completed masterpiece, from lead to pure gold. And it is this drastic change that has kept the Elixir a secret from the general public for so long.

If a company were to start manufacturing the Elixir on a massive production scale, selling it as a "cure-all" to everyone in the world, the consequences would be unspeakable. Evil and malevolent men would gain god-like psychic power, and be able to strongly influence and practically enslave the weaker minded people of this world. A "psychic war" would take place that would be just like something out of Revelations in the Bible. An anti-christ would easily rise up from the masses, and this time he

would have power unlike any other anti-christ in history. Think of how horrifying it would have been to see Hitler with the Elixir of Life, able to do terrible things with his mind alone, and also able to live an extremely long life. So then you may be asking yourself, why would I have written this book if that's one of the possible scenarios that might play out if too many people realize the truth about alchemy?

I write this book and place my faith in God that it will never end up in the wrong hands, and if it does, hopefully that person will fail. Through experience, I've found that every negative person involved with alchemy and searching in vein for the Philosopher's Stone will get too frustrated with any processes they attempt. If it doesn't work right the first time they attempt it, they will give up and look elsewhere. They spend most other their time stalking and hunting people who claim to have already had success in making the stone, and they try to convince that person to share it with them. Not very many people who have a negative disposition also have the inspiration and intelligence it takes to do work in the lab.

The audience for which this book was written is a small enough one that I don't see any need to worry. Of the tiny group of people that read this book, only a few will actually succeed in obtaining that great Treasure of alchemy. Even with the simplest processes described in this book, there are always a few tricks you need to know to be successful. And you only learn those tricks through experience.

METHOD ONE  
THE UNIVERSAL MENSTRUUM  
from Acranum Arcanorum Arcanissimum 1780

1. From dew collect 150 liters in the first months of the year, or from rainwater that has come down from a thunder and lightning storm. (Note that the Universal Spirit is mostly present in dew).
2. Let it putrefy for one month, then stir it up and distill the most volatile part. Rectify it 7 times, then keep it in a large glass container and keep it in a cool place.
3. After the subtle and volatile spirit has been distilled, its then time to distill all the phlegm, and keep it for cleaning the salts you will obtain from the caput mortum or feces left behind after the distillation of all the water is complete.
4. When everything has been distilled so the remaining liquid is the consistency of thick honey, raise the temperature still higher until a yellow-brown oil distills over. Separate the oil in a *tritorium* and keep it in a clean glass.
5. Remove the feces left in the retort and grind it to a powder with a pestle and mortar, then dissolve it in the distilled phlegm. Filter out whatever does not dissolve into the water.
6. Now add to it half the spirit you kept and digest it in Balneo Mary water bath (120F) for a day, then distill the Spirit off.

7. Allow the flask to cool down, then add the Spirit back to it and distill it off again. Repeat the distillations until big drops appear, then quickly change the receiver flask.

8. Continue distilling so the phelgm comes over, and qhen acid drops appear, stop the distillation.

9. When everything has cooled down, pour the spirit back onto the feces once more, and distill away half, then set the flask in a cold place (fridge) and a salt will sprout.

10. Separate out the crystals that have grown and then evaporate the remaining liquid to crystals. Dissolve and coagulate these crystals with the phlegm until it flows in the fire like oil.

11. Pound the first crystals to a powder and add them to the salt which flows like oil. When the salts have cooled down, add the other half of the original Spirit which was rectified 7 times to become very volatile.

12. Set the flask in the gentle warmth of Balneo Mary for 2 days, then pour it into a retort and distill half. Allow the retort to cool, then add the distillate back to the original water and distill it off again. Repeat until you have distilled the Spirit 3 times.

13. Add the spirit back to the retort, and this time distill everything, increasing the heat as much as required at the end, so that all of the matter goes over.

14. Pour this distillate into a new clean retort, and distill it to completion 2 more times, and it is now perfectly prepared for radically dissolving all metals and making the Philosopher's Stone thereby.

The preparation of the Stone from gold or silver is done with this menstruum just as its described in the previous chapter. With this you have captured from nature the same universal spirit which can be obtained from the Golden Water, but this process involves considerable labor.

In exchange for the convenience of working with dew or rainwater instead of the revolting Golden Water from the human source, you have to work much harder to prepare it. But this process shown here is simply interpreted as it was written in the original text, and I believe its far more complex than necessary. There are several steps that are totally redundant and simply a waste of time and energy. To keep the treasure out of reach from the lazy and uninspired men, the alchemists often made their work more complicated. In this way they were able to keep the treasure guarded against all those who would abuse it.

Indeed, my experience with modern alchemists has taught me that if you give them a process that is too easy, they don't respect it, and it always ends up in the wrong hands. But when I plainly describe a process that takes a considerable amount of effort and enthusiasm on the part of the alchemist undertaking the work, very few people even attempt the work, and those that do are serious about the art and have a deep respect for it.

I have enough experience with morning dew to know that a very simplified method can be used to obtain the universal salt from it, and in a very short time the Stone can be prepared from the metals with that salt, using a dry path instead of long digestions in a liquid solvent. But although I so blatantly share many different alchemy processes in books like this one, I dare not reveal any fast or simple way to the Universal Medicine, because hardly one in a million people would truly appreciate it, if they obtained such a treasure with such great ease.

## THE TRUE HERMETIC SEAL

also from *Acranum Arcanorum Arcanissimum* 1780

1. Make an amalgam of 3 lots tin leaves, with 5 lots pure Mercury in a glass dish. When it has become an amalgam, mix it with 8 lots pure sublimated mercury (mercuric chloride, extremely dangerous).

2. Place the amalgam in a retort and in the receiver place 3 lots of the Spirit of Dew you previously prepared. Now distill out a spirit from the amalgam, but be careful to not use too much heat too fast, or the retort will shatter. The receiver flask should be in cold water, and cold water should run through the condenser which is attached to the receiver.

3. The heat needs to be gradually raised until the retort is nearly red-hot. Remember that glass flasks were much thinner and weaker in the 18th century, and they became red-hot with much lower heat. Today's flask are made with a boron-silicate mixture that enables them to withstand high temperatures, and the machines used to make them allow much thicker glass walls.

4. Mix the distilled spirit with that which has sublimed onto the upper walls of the flask and distillation column (mercuric chloride) and place in a clean distillation system, and distill everything over, and you will have a crystalline liquor which you must always keep in a warm place.

This liquid crystal substance makes all glasses soft and tough, so that they can be worked with one's hands. The glass container that holds it becomes like a leather purse which you can press together and open again.

Already the Spirit of Dew of which you made in the previous chapter was able to dissolve all metals without any

chemical explanation, and now with the help of the special Mercury amalgam, this Universal Solvent can also dissolve and soften glass, but at the same time giving it great strength like steel.

Now to prepare the secret seal of Hermes with which you will be able to seal any flask closed without worry of the stopper every coming off, you will need to find some pure white quartz pebbles that don't contain any colored veins. Make them red-hot in a crucible, then quench them in a stone vessel that contains some of the Universal Spirit, and they will become a powder. Grind and pound this in a mortar to fine consistency.

Take two parts of the powder and pour 4 parts by weight of the liquor solvent on it. The powder will dissolve and everything will transform into a crystalline substance, together with the glass, and it will reflect light beautifully and be soft as butter. You must keep the matter warm, and as soon as it has contact with the air, it becomes hard as diamond.

When you wish to hermitically seal your flasks, simply rub the glass stopper with this crystalline material. Use a clean piece of wood to pick some of the material out from its warm container, and as soon as it has contact with the cool air it becomes like a dough, which you can form with your hands and place around the grooves of the stopper. It will seal the glass completely, and become harder than the glass itself.

To remove the seal, you must coat it twice with the double liquor which must at all times be kept in a warm place. The seal will then become soft so it can be removed, and it won't be usable again for sealing, because once it's become slightly contaminated by even the tiniest bit of dirt, it can no longer be used for sealing. All sorts of wondrous artificial stones

can be made from this substance, and they will be harder than diamond, but with today's advanced equipment, they will plainly be shown to be fake.

One incredible stone that can be made from gold will actually shine brightly because you use a form of the Philosopher's Stone itself in the making of this stone.

Dissolve gold leaves in the Universal Menstruum prepared in the previous chapter, and you will have a grass-green solution along with an earth that settles out on the bottom. Take one part of this gold solution and 2 parts of prepared pebble powder, and put it in a flask with 4 lots of the glass-making crystalline material which you use to make hermitic seals. Heat the flask gently for one month, and you will see inside a fiery transparent substance forms.

Make a mold using pure gold shaped like a star, and pour the material from the flask into it, and set it outside to harden. Then place the star shaped stone in a flask with some of the Universal Menstruum so that its completely submerged in the solvent. After one month of resting in the solution, the star stone will be like a beautiful ruby and will have a mighty light, making it shine like lightning.

This is truly a masterpiece of the alchemical art, and a mystery of science. The source of the light cannot be explained away by modern theories of radiation. The alchemists believed it was pure and heavenly astral light, coming from the higher dimensions into this one. They believed in its spiritual origins because it has power over spirits and will instantly clear out all negative forces from a haunted location, because it burns any malevolent spirits or demons who are not of the light themselves. Overexposure to this light can be harmful to humans and animals, so it must not be placed in a living location where people will be in its presence all day.

**METHOD TWO**  
from Abraham of Frakenberg  
a distinguished Silesian Knight  
18th century

1. During the months of March, April, and May, three days before the full moon, collect morning dew that has not touched the ground or any plants. Filter it several times, then pour it into a large glass container so that it fills it two fingers high.

2. Allow the glass to be hung up in the heat of Sun and the cold of the Moon for a whole month, until it becomes a golden color.

3. First the water will blacken and stink, then it becomes yellow and acidic like vinegar, then shortly after it becomes green and fat, and butter is seen floating on the surface of the water. Eventually a green earth is produced, then the living spirits will rise to the top of the glass and stick together like the eyes of living fishes. They descend to the earth at the bottom and in a few days the living Sulfur of Gold emerges from the earth of the same color, and it will shine like a burning coal.

4. The solution is now ready for distillation in the gentle heat of a Balneo Mary water bath, until one third of the water is distilled away.

5. What remains should be distilled by itself 10 times, each time putting the distillate back on the matter and distilling it off again.

6. The earth which remains at the bottom of the flask is weighed, and then some of the rectified water is added to it until it stands one finger width above it. The earth is the

dried in gentle heat, and more water is added until it has gained three times its original weight.

7. The earth can then be distilled with strong heat, and a celestial Mercury passes over into the receiver flask, which is pure living Gold, and cures all manner of diseases, and renews the powers of man.

8. Coagulation of this red oil gives the Salt of Saturn, which should give a red dust when it has been fermented with gold, by dissolution and digestion.

This Universal Solvent works just as the other did in the previous chapter, and the Stone can be made from it in the same way. This method is much easier and proves that all that is important is to obtain the salt from dew, then digest it properly with the rectified spirit which was distilled 10 times. A dissolving water is then created which not only has power of the metals, but also power over the human form.

## METHOD THREE

by the author Nicholas Collette

We find in the wordless book "Mutus Liber" a simplified method of making the Universal Solvent from morning dew and rain water, as well as in sculptures of the Notre Dame Cathedral in Paris. The reason I have always signed my letters with the initials N.D.C. is not only because those are my real initials, but more importantly because they represent Notre Dame Cathedral. Also there is a strange irony that every prescription drug bottle in the US has those three letters NDC at the top corner of the label, because it stands for National Drug Code. And the Philosopher's Stone will one day put an end to all the pharmaceutical companies.

To begin with, we simply collect morning dew in the spring, through condensation using a bag of ice as I explained in the beginning of this book. After several nights of collection, when you have at least one gallon, then its time to place the dew in a large pot and boil it for just a few minutes. This needs to be done or the dew won't ferment properly.

Store the dew in a closed jug, and let it sit to putrefy and ferment for at least one month. You should see signs when the processes is complete, because there will be strange things growing at the bottom, and floating on the surface.

The distillation can now begin. Discard the first  $\frac{1}{4}$  of water the distills over, and save everything else. Perform the distillation at low temperature, between 120-150F. Dry the matter that remains in the flask with as much heat as is required to remove all moisture from it.

Powder the dried material, then dissolve it in the distilled water. Warm up the container to see if anything else will

dissolve, then filter out whatever remains undissolved, for it contains nothing but impurities. Continue digesting the solution in low heat for an entire day, then distill off the water again.

Dry the matter which remains behind in the flask, and then powder it and dissolve it in the distilled water, then filter whatever impurities won't dissolve. Repeat this process for at total of ten times, but on the last time, don't distill out all of the water. Stop when you see a film, or flux, starting to form on the surface of the water. This is the sign indicating the solution is supersaturated with the salt of dew.

Close the flask and place it in the fridge (not the freezer) where the temperature is just above freezing. The salt will begin to crystallize out of solution, and will be beautiful and clear. Thank God for his grace that he has granted it to you, because now you hold the key to all of alchemy in your hands.

Dissolve this salt in a little of the distilled water, and slowly evaporate it to dryness. Repeat these crystallizations until all the distilled water is used up. The salt will now be well prepared for the work ahead. Some say it should now be exposed to the rays of the moon for several nights to charge it.

Now take a little of your well prepared salt and weigh it, then powder it. Mix it with an equal weight of gold leaf and powder them together in a mortar until they are well intermingled, then slowly melt them together in a sealed crucible. Its very important to seal it so no fumes can escape during the intense heating. An iron pipe with screw on end caps is good for this purpose. But beforehand the pipe and end caps need to be fired strongly with a torch to remove the protective zinc coating that keeps the iron from rusting.

Once the pipe has been heated to red hot for one hour, then let it cool, and inside you will find a most glorious treasure; a ruby red glass-like material that is the Philosopher's Stone unmultiplied.

To make it suitable for medicinal use, it needs to be brought to the First Order or multiplication. So weigh it, then weight out an equal amount of your dew salt, and powder them together in a mortar. Now repeat the heating as you did before, and you will find your stone has become considerably more pleasant to behold, reflecting light much more like a ruby now. Eventually, after enough multiplications, the stone will begin to glow softly by its own light.

# THE UNIVERSAL SOLVENT FROM PHILOSOPHICAL DEW OR "GOLDEN WATER"

Most people will find that working with this substance is far too grotesque a task for them to carry out to completion. And although with distillation the process can be greatly sped up, its quite a nasty experience when dealing with this matter.

However, when it's not the right time of year to collect dew, or the methods involving dew are too complex, working with this alternative substance can be exactly what you need.

## METHOD ONE

### The Spirit or Alkahest from Golden Water from a tract by Johannes Isaaci Hollandus

1744

1. Distill the old clear golden water (obtained from the human source) until all the water goes over that is possible. What distills will be a *spirit* you will save for later.
2. A black feces will remain, which you must calcine for three hours, then dissolve in pure distilled ordinary water and boil for two hours. From this you will make your *salt*.
3. Remove it from the heat and let any newly formed material sink to the bottom, then carefully decant the top water into another flask.
4. Boil the water down until it becomes so saturated, a small flux appears to be forming. This is the sign it's ready to be placed in the cold (a refrigerator). A clear salt will sprout, which is far purer than the black feces you started with, but still can be purified further.
5. Dry the salt with low heat in a glass dish, then dissolve it again in ordinary distilled water and put the sealed flask back on the heat for a quarter hour. (No hotter than 200F)
6. Remove it from the heat, and again let the newly formed material sink to the bottom so you may pour off the clear water above.
7. Boil down the water until you once again see the sign show itself, indicating the solution is supersaturated and its time to place the flask in the fridge to sprout pure crystals.

8. Dry the salt gently on low heat, and save it for latter.

9. Now take your original distilled spirit from the first step, and distill it several more times at boiling point, each time discarding the feces that remains behind. When no more feces forms during the distillations, then it is a sign the spirit is purified and almost ready for use.

10. Distill the spirit once more, but this time use the low heat of Balneo Mary water bath (120F or below), and you will see a black feces forms, which is the last impurity.

11. Now take all your dried salt and place it in the purified spirit and seal the flask well. Heat the flask at 200F for three or four days until you see all the salt has dissolved into the water without feces.

Now you have the spirit prepared properly, without its feces and its crude humors. It has now become very subtle, so much so that it cannot be described. It is of great use, and the next instructions don't fully explain how to perform every operation with it. For this is a way of using this spirit to dissolve metals into their first matter in a quick fashion and produce the Philosopher's Stone in a short time.

## HOW TO PREPARE THIS SPIRIT FOR EXTRACTING TINCTURES FROM ALL THINGS

1. Mix 6 quarts of the spirit with 3 quarts of more distilled golden water and 3 quarts of Aqua Vitae (distilled alcohol from wine), half a pound common salt, half a pound ammonium chloride, and half a pound quicklime.
2. Mix everything well together and let it all dissolve, and if any feces remain on the bottom, then filter the water so nothing undissolved remains inside it.

## HOW TO EXTRACT ALL DESIRED TINCTURES WITH THIS WATER

1. Take the mater from which you want to extract a tincture, such as Sulfur, iron or copper filings, cinnabar, stibnite, or oxides of gold or silver, and pulverize it into a fine powder, then mix it with some of the distilled spirit from the golden water so it becomes like soap. Then pour onto it some of the prepared water until it fills the flask half full.
2. Heat until it becomes too hot to touch. Don't seal the flask or it will explode as the water dissolves the matter you are extracting from.
3. Shake it up and stir it from time to time until you see the water has become colored by the matter, and carefully decant the water, making sure no feces come over with it. Preserve the decanted tincture by itself in a sealed container, and continue extracting the same matter with fresh water & distilled golden water spirit as before.

4. When you see the water is no longer colored by the matter you are extracting, then it is a sign the work is finished, and nothing more can be extracted from the matter. You can then discard the matter, or do with it what you wish, but it will no longer be needed for this work.

The tincture you have extracted will contain the impurities of the salts you added to the dissolving water. But still, from the tincture from gold or silver, the Philosopher's Stone can be made. However, Hollandus does not give further instruction on the preparation. But from what can be learned from understanding the other processes in this book, it becomes obvious how to proceed.

Most readers will toss this process aside after they read the next experiment, as its much easier to perform and costs virtually nothing, and makes the stone in one flask over one flame, with nothing external added. A simple mixture of the proper Universal Spirit with the calx of gold or silver produces a dissolution and coagulation into the completed Stone of the Philosophers without any further work needed.

METHOD TWO  
THE UNIVERSAL SOLVENT OF NATURE FROM  
FROM GOLDEN WATER  
from a tract by Martini de Delle  
1780

1. The very first storm of the year, collect the rain before it touches the earth, and place the sealed flasks in the sun to putrefy until strange worms and other things begin to grow in them.

2. The same day of the storm, after it has passed, you should dig a hole out in the open air in a ditch of white or red clay. Moisten the sides of the hole with golden water (the Philosophical Dew from the human source) and then immediately cover the opening with cloth so that air may still penetrate, but nothing may fall into the hole. Be sure the hole is in an open area and not in the shade. The sun must shine down on it during the day, and the moon at night.

3. The following morning when you return to the hole, you will find a salt has formed on the walls. Carefully gather this salt until you have a good quantity. With this salt you can work great wonders on the metals.

4. You now filter and distill the rain water so that it is made pure, and you dissolve the salt in the water until it can dissolve no more.

5. Evaporate the water and the salt takes its power. As the water evaporates, take care to notice when feces deposit on the bottom, and filter them out, then continue the evaporation. Once the salt is dry, add more water, and repeat these crystallizations until no more feces appears

during the evaporation of the water. The salt is then made pure by this process.

6. Place the salt in a glass bowl, cover it well, and bury it in the earth. It will resolve into a whey-like water which will attract to itself the power of heaven and earth.

7. Pour this thick water into a clean glass, seal it, and place it in the fridge for storage until you are ready to use it.

8. Take some purple or yellow gold hydroxide and pour upon it 6 parts of the water, then immediately seal the flask and set it in a vapor bath of the first degree of the lamp fire. (120F). Make sure the heat never goes out until the matter has proceeded from the black to the white stage.

9. After it has whitened, increase the heat to the next degree (200F) until the desired end is achieved. You will see first an eclipse of the Sun (Gold), after that the Peacock's Tail in all its beautiful splendid colors will show itself, then a supreme whiteness, and at the end, a perfect redness.

10. When the matter is dark red, remove it from the flask, pulverize it, place it into another clean flask, and pour upon it twice its weight in water (the same water from step 7).

11. Repeat the process of fermentation and coagulation as you did before, and this time your stone will be multiplied 10 fold, and will be the medicine of the 1st Order. It can be verified through proper transmutation of lead to gold, and 1 part of this stone should only transmute 10 parts of lead to gold.

Each time the stone is multiplied, it will increase its power 10 fold and become the stone of the next Order. Its dangerous to attempt to consume the medicine after the first multiplication because it easily can kill a person.

And so by this simple technique, using just the one flask heated by itself, without adding anything external, any person is able to make the red stone from Gold or the white from Silver with no cost except for the metal required in the work. This is one of the highest secrets of alchemy work because it does not involve the use of other chemicals agents to make the water able to reduce the metal to its first matter. It relies strictly on that special salt from the human nature, found in the Golden Water so many despise and think of as useless.

Unlike the other processes in this book which use the same Golden Water, here in this method there is no difficult distillations of the water and the preparation of the salt is done in the simplest manner by the aid of nature alone.

Read the section of how to use the stone in this book for further instructions on dosage and its effects. The stone itself will also contain the salt from which you made the dissolving water, and it can be removed by simply heating the stone on a hot copper plate so that it gives up the salt in smoke. Then you are left with the mysterious glass-like substance made from gold, but no longer assays to be gold, and has incredible powers for feeding the light body of man and immortalizing his physical form, keeping him in perfectly youthful condition, free from all decay, until the day the Lord calls upon him to return home and give up his physical body.

## METHOD THREE

from MIXTURA PRAECIPUA MAGISTRALIS

1780

1. Let the Golden Water stand for a few weeks until it putrefies, then distill from it the spirit by itself, and evaporate the remaining phlegm to dryness.
2. Pour the spirit back on the salt residue in the flask, and circulate for several weeks in mild digestion. The spirit will extract the salt and sulphur contained in the residue.
3. Now filter the spirit so its free of the residue, and place it in a clean distillation flask. Then distill the spirit off gently until a skin begins forming on the surface of the water. This is the sign that the solution is now supersaturated, and can be placed in a fridge so beautiful bright red and dark red transparent crystals will grow.
4. Grind the crystals to a fine powder with an equal weight of gold leaf and melt the mass in a crucible. The gold will be transformed into a glass-like material, resembling a ruby in appearance.
5. Take one part of this glassy red material, and mix it with one part of the red crystals you obtained from the Golden Water, and grind them well together into a fine powder.
6. Seal it hermetically and set in the gently warmth of Balneo Mary for 91 days. It will be congealed and flow like wax without fumes, and this is the medicine of the First Order, and one part will tinge 10 to 13 parts Mercury into gold.

7. Repeat the multiplications by pounding the glass again with more of the crystals, and repeating the gently digestion for 91 days. Eventually after being multiplied far enough, it will only take 8 days of digestion, then only 3 days, and one part will tinge two hundred thousand parts Mercury into pure gold.

After you pass the Seven Order, the stone will begin to glow by its own light, like a soft burning ember or coal. Some try to explain this away by claiming it's the phosphorus present in the red crystals from Golden Water, but even when the stone is melted and all impurities evaporated away, it glows the same.

And indeed this stone glows exactly was the one made with the salt from morning dew, so phosphorus cannot be the cause of the eternal light.

Used as a medicine, this stone should never be administered without first removing the impurities via heating and evaporating them away. And then only the stone of the First Order should be used as medicine, although some alchemy texts claim the stone of the Third Order can safely be ingested in a tiny dose, but then only once a year or it will surely kill a person.

Some have also claimed this process can be greatly sped up by simply melting the crystals with the glass-like material made from the gold, just as was done with the gold itself in the first place, and each time the stone will be multiplied in power ten fold without having to wait 91 days for the slow heat of the Balneo Mary water bath to do its work. If such a thing is true, then in one day you can make the stone and multiply it all the way to the highest power.

# AUTOBIOGRAPHY OF SUPERNATURAL EXPERIENCES

At 2 years old, I awoke in the middle of the night, but my dream continued. On the wall, I could still see it like a movie, and I could hear everything that was happening. This would actually be fairly entertaining for an adult, but my young undeveloped mind just couldn't handle it. This was my first introduction to the strange and unusual.

Several other times when I was only 2, I would look at the wall, and the wood grain surrounded me until I was in another world. Sometimes my vision would turn into a tunnel myopia effect. Everything would shrink down like I was looking through binoculars the wrong way.

Being young was an intense and constant psychedelic experience for me. Nightmares haunted me every night. They were a very strange kind, made of pure emotion and strange mixes of colors. I was very much an empath during the night. I could always feel what others were feeling, and that contributed to my nightmares. It was a most horrible feeling; very different from watching a scary movie. I was always being chased by some military officer. He never had a whole army with him. It was only him, terrorizing my mind as if he had drugged me with something and then put me under interrogation. But this dream scheme started from my earliest memories at an age of less than 2 years old. I had no understanding at that age of what the military was, much less what a military Officer was. Later when I learned about the Army, it was all very familiar to me.

Eventually the military man was killed in my dreams, and he never returned. Extraterrestrial Elves were the ones who 'saved' me from the Officer, and they gradually tried their best to make me believe they were real and not just dream characters. After teaching me how to control my dreams, and Lucid Dream, they disappeared and never returned. Or perhaps they decided to appear as people in the dreams instead of aliens. I always thought it was strange that I dreamt of aliens because as a little boy, I never had much interest in them. I always liked cartoons, because I was an artist.

As you will see later, learning to Lucid Dream was an important skill that was actually the "Genie of the Lamp" in hiding -- a gateway to extreme power. But as a little boy, I only used the ability to adventure through my mind. Most people who are into lucid dreaming never come to realize that they are in the deepest state of mind they can be in. Hypnosis is essential a guided lucid dream, and the best hypnosis works when you are actually seeing and experiencing everything the instructor is telling you; hence the lucid dream.

At age 4, I had my first girl friend, which I got after wishing strongly for her to like me. That was my first kiss. Maybe it was just a coincidence that she liked me when I wished for it, but I have yet to see a 4 year old girl who didn't think boys had 'kudies'. At age 5, I had my next girlfriend. She would kiss my best friend if I didn't pay attention to her. I thought that was pretty strange, so when I got home, I made a wish into my Santa Claus hat so she wouldn't do that anymore. The hat was something I viewed as powerful because of the alien elves from my dreams. And for some reason the wishes only came true if I hid the hat where nobody else could find it. The whole experiment had to be a secret. Maybe this gave it a special place in my mind.

As I grew up, I used my powers for little things, and I never assumed that I could do the impossible. To me, psychic power was just something the brain could do, and I obviously had plenty of proof. So I researched the occult and psychic power from very early on in life. I tried every technique from every book, and at the very least it changed the way my mind worked. At the very best it structured my future to unfold in the way it has, so some of my dreams could indeed become a reality.

Who knows which techniques worked, and which didn't -- I never could tell because I used them all at the same time. When a desire or thought manifested out of nowhere, I had no clue as how to make it happen again because I had tried dozens of things to make it happen.

I think one of the main things that started the ball rolling was a Witch Craft (or maybe I should say 'Wish Craft') ritual that my friend and I did one night. He was always into witchcraft, but I was only interested in psychic power because I thought it was more practical. Later I learned about the technological methods and techniques used in NLP, and I realized why rituals were important. So I decided to go ahead and give the witchcraft ritual a try; I thought "why not?".

It was 12 midnight, and the pentagram was drawn out on the floor using white masking tape. Five candles flickered, one on each corner of the star. We read the invocations from the book, staring at the top corner, and working around clockwise. Then we just sat with closed eyes and waited. I fell into a deep dream like state of mind, which was a little surprising. In the midst of my trance, suddenly the silence and blackness was broken as a crystal clear image appeared. It looked like an old man, and his eyes moved from side to side as if he was searching for something. It happened so fast that I couldn't even react with my voice and scream. My

mind was in deep shock, and I opened my eyes, but couldn't say anything for about a minute. My friend looked at me and got very scared that something had gone terribly wrong. I couldn't respond to him. All I could do is wait to regain control of myself. My pupils were so big that no color could be seen in my iris; only wide black eyes staring straight ahead.

After I finally was able to speak again, I told my friend what happened. Then we calmed down, and kept waiting patiently for something else to happen. This time I kept my eyes open, because I had no interest in getting the life scared out of me again. On the other side of the room, I could see dark shadows shaped like people moving in and out of the darkened parts of the room. The candles only illuminated the circle, and the rest of the room was fairly black. I watched in amazement as these figures moved around the room, seemingly observing us in the circle, but never coming inside the boundary of the pentagram. If I remember correctly, when I told my friend about these dark shadowy figures, he said they were elementals or possibly even ghosts that lived on the land from far back in the past. Later, I would learn just what elementals are, and how much I had to do with them (or vice-versa).

Later on that night, I tried some telepathy with my friend. My technique was simple - I just screamed as loud as I could in my head until he finally heard me. But he didn't know about my little experiment, and as soon as he heard a voice in his head, it scared him to death! He jumped up and yelled, but when I asked him what was wrong, he just said "Nothing. Forget about it. I don't want to talk about it." Then when I finally got him to talk he said "All at once I heard people screaming my name and it was as clear as a radio broadcast!"

## Chinese hand forms

After reading through one psychic info book after another, I finally came across a book that described a Chinese form of hypnotic hand positions (Kuju Kiri) used to redirect the electrical energy in the body. Just like rewiring a circuit board. One of the hand positions involves pinching the pointer finger of the left hand beside the finger nail. This pinches off the main electrical nerve channel that comes down from the brain to the finger, then to the rest of the body. Just like how the heart pumps blood down a major artery in the left arm, then it goes to the rest of the body. The hand form is number 7 in the series, and it's designed to control time-space, and freeze anyone in a 9 foot radius around you. Interestingly, the realist alien abduction video I've ever seen had a little gray alien in it, and he came walking in the door using the same hand position to freeze the camera man.

But back to my experience. The book said that when you master the hand form to control time-space, the power will appear as a bolt of lightning. This makes sense when you consider the fact that you're stopping the flow of electricity into the body and it's building up in the pituitary gland (the master gland of the central nervous system). I did this hand form while relaxing as much as I could. After about 30 minutes, a giant electrical shock was released into my body, and it was enough to give a painful sting. Much more than getting shocked by a 120 volt house current. It only lasted a second, and it made a bright light, just like lightning. The image I was focusing on in my mind also became crystal clear, and this startled me quite a bit.

A few days latter, a white sphere of light appeared beside me for a few seconds and then disappeared. It was very large, about 3 feet. This was no hallucination.

I also used the handform for harmonizing your body with the energy of everything around you. This makes you invisible to anyone who is looking in your direction. I managed to scare people a few times when they didn't see me in the room, then I just appeared out of nowhere! One time I even walked right up to a friend and then released the handform to become visible again, and I scared the the hell out of her!

The book also had exercises designed to regulate the energies of Earth, Air, Fire, Water, and the Void. Once you've mastered the energy of the Void, you can cause changes in the universe by just a wave of your vibrating palm. One night I felt my palm start to buzz and vibrate, and at the same time I was thinking about the various people I knew, and how all of them were party people except one. I said out loud "Why won't he just have fun and party hard?". At the same time, I had my arm out-stretched and I could see an image in my mind of the energy from my hand opening a gateway between the place where my friend was and where I was. It really felt like he heard me. But I just forgot about it and dismissed it.

The next day my friend said, "Hey man, did you try and contact me telepathically last night"? He told me he was drifting off to sleep when he heard someone in his room say "Why won't he just have fun and party hard?". At the time, he was staying at his brothers house so he thought his brother had come in the room for some reason. He turned on the lights, but nobody was there! He said he heard my voice as clear as if the sound was coming from outside his head and was across the room.

Years later when I was talking to a girlfriend on the phone, she hung up on me after I got angry with her for being so mean and heartless. I hung up the phone, and a few minutes later I said "YOU BITCH!". My hand was vibrating again, and I really felt like she heard me, and I had scared her. The next day, she said in a soft frightened voice "Why did you call me a bitch last night?". I told her I didn't know what she was talking about, and I never called her a bitch. She said "You didn't while we were talking on the phone, but after you hung up I heard you."

## **Dream Control**

After these experiences, I became interested in finding out if I could make people see things, instead of just hear things. So one night, I started my hand vibrating and I imagined that one of my friends could see me standing at the foot of their bed. Sure enough, the next day she said "I saw you last night at the end of my bed. I woke up for no reason, and you were standing there! I told you to leave, and you walked out the door!" The reason I made the image walk out the door instead of just disappear was so that she would just think it was actually me, and not a ghost of me.

Another one of my friends didn't believe in God, so I figured I would see how far I could take this ability, and make him see God. So one night when I knew it was late enough for him to be asleep, I got the vibration in my palm going again, then I visualized God coming down and entering his dream. The next day, he swore he saw God last night in his dream as a bright light shining down on him, and he was convinced it was more than a dream. He now believed completely in God! I don't know whether I made him see a God that I made up, or if I managed to forge a connection between his mind and God. After all, the only thing I visualized was God coming down and entering his dream. It wasn't very specific.

## Sexual Telepathy

After a long night of drinking with a friend, a strange telepathic event happened. Deep in the back of my mind I could hear a lady calling my friend's name. She sounded angry like she was yelling at him. Then my friend said, "Man when I get too messed up and drunk, sometimes I hear my mom yelling at me. She always yelled at me every day when I was little, and right now I can hear her crystal clear." This form of telepathy is strange indeed because you can hear the other person's thoughts like a radio in your head!

The same friend had a girlfriend that I introduced him to. I always felt like it was a mistake because he treated her so badly, and I know I could have been a much better boyfriend for her. I talked with her and helped her with her problems much more than he did. We had a close connection. She and my friend were at my house one day, and my friend left the room. The girl was sitting on a stool that had a fan leaning on it, making it vibrate. Suddenly I could hear her in my mind, saying "Yes, yes, yes, Nick, it feels so good." Then I felt her have an orgasm, and at the same time she closed her eyes and sat back. I thought this might just be all in my head, so I forgot about it. The next day my friend told me about his girlfriend having an orgasm from the vibration when she was sitting on the stool. This surprised me, because even though I had experience in telepathy, I was unaware of the fact that you can feel another person's orgasm. I bet a priest would say this type of psychic ability is Satanic because of the sexual nature.

Latter, I had an even more intense sexual psychic experience. I was attempting to leave my body one night, and I could hear the beautiful voice of a female. Then I

began to see flashes of her in my mind. She was masterbating, and although I liked the image, I was curious as to whether or not it was just my imagination, or a vision of a real girl. She assured me that she was indeed real, and I was about to feel how powerful she was. The loud O.B.E. vibration began to thunder through my mind and body, and I knew I was leaving and going to this girl. As soon as I was out, I could see the girl and she looked right at me then closed her eyes and began to scream as the orgasm began.

I could feel it too, and it was so strong and so pleasurable that it actually began to hurt and become strangely painful. She was screaming like bloody murder, and the orgasm seemed to have no end. It just went on and on, and I longed for a peek and ultimate climax to the orgasm, but the entire thing was a climax. If I tried to increase the energy of pleasure any higher, it began to turn to pain again. I eventually had to return to my body because I couldn't handle it any longer. She then stopped screaming, and let out a sigh of relief and satisfaction, then said "Thank you Nicholas. I love you." Was this a person? Was it just my imagination or a character I created on the astral plane? Or was it something negative, like a succubus? The next day I did feel extremely drained of energy, like I was on the verge of death. Yet the day before I was perfectly healthy and it was mid-summer so I couldn't have suddenly caught a flu bug.

## Telekinesis

Another strange ability I've tapped is telekinesis. Back when I was in high school, I had a class that was a study hall. One day for some reason we had to have the class in the lunch room. I had my head down on the table, and I was thinking about how the universe was made out of positive charge and negative charge. My mind dwelled on this idea while I visualized the Ying-Yang symbol under deep self hypnosis. I was attempting to gain power -- any power that could affect the world around me instantly.

When the bell rang for class to end, I looked up at the clock, and it was spinning out of control. When I walked down the hall, the clocks were fine until I came near them. As I approached them, they would start to spin very fast. I did this to every clock, one by one, until I got to my next class. I took the long way so I could mess with as many clocks as possible. There must have been at least 8 of them.

And when I got to my next class, the teacher was standing in the hall talking to another teacher saying "In all the 10 years I've worked here, I've never seen the clocks do that!" I'm convinced there is a certain type of energy that causes this because this same effect can be replicated using an electronic device called the HDR. You can read about it at [HDRenterprises.com](http://HDRenterprises.com) and [FutureHorizons.net](http://FutureHorizons.net). It causes some watches and clocks to spin very fast forward or backward depending on how you "tune" it. The circuit design of this device seems ridiculous and it seems to do nothing, but the way it affects clocks has me convinced it's the same energy I tapped that day in school.

# Coincidences

Many other strange little events happened to me throughout all these years. Coincidences were so abundant it was surreal. Many times, I came within inches of getting hit by a car. And at least 5 times I've come close to loosing my eyesight one way or another. But I was always unbelievably lucky. And even when I was just looking for information or trying to change the direction my life was going, events would just fall into place (except money of course). Even when I would be thinking in words, sometimes I would hear someone near by say the same words after me thinking them! For instance, if I thought of the word "enigmatic" someone would say that word! This happened all time, even with the radio and T.V.

My friend had a radio in his car that would always mess up, and he would hit it really hard to make the station come back. While sitting in the car waiting for him to buy a few things at a gas station, the radio suddenly switched stations to the Christian channel and the priest said "God is always trying to reach you!" Then the station switched back to the music I was listening to.

Once, while thinking intensely about death, a hurst drove by. And if I thought about marriage, I would see an advertisement with a couple getting married. A few times I would be thinking about what it's like to be rich and of course, a limo comes driving by. A good book about coincidences and there importance is "The CELESTINE PROPHECY" by James Redfield. Here is the summory on the back cover of the book -

THE CELESTINE PROPHECY contains secrets that are currently changing our world. Drawing on ancient wisdom, it tells you how to make connections among the events happening in your own life right now... and lets you see what is going to happen to you in the years to come! A book that has been passed from hand to hand, from friend to friend, since it first appeared in small bookshops across America, THE CELESTINE PROPHECY is a work that has come to light at a time when the world deeply needs to read its words. The story it tells is a gripping one of adventure and discovery, but it is also a guidebook that has the power to crystallize your perceptions of why you are where you are in life... and to direct your steps with a new energy and optimism as you head into tomorrow."

But these coincidences also drift into scary territory. On my way to work one day, there was an accident, and I noticed the sign which was electrically lit had a large cable coming out from the power box on the bottom to the sign itself up top. I thought to myself "wouldn't it suck if a person cut that cable? Why is the cable even exposed like that?". Then sure enough, someone did actually stop and cut that cable. When I got home and walked passed the TV as the News was on, they said someone stopped their car, got out, and actually cut the cable to the sign, and because the next drivers didn't know an accident was up ahead around the corner, three people died!. Did I predict the guy cutting the cable or cause him to get that idea?

# Merlin

There was no Merlin of Camelot and King Arthur, but there was a man by the name of Abra-Melin born in 1281 who lived in Egypt by the Nile river. (This life I was born in 1981). He wasn't born there; he moved there to learn about magic. The name Melin eventually had an R added to become MeRlin as stories were told about him because of the accent they have.

One night I was up late listening to some music. I heard a voice calling me, and I could see a vision of a pentagram with people standing around it. I thought it was a day-dream so I tried to ignore it. But the vision persisted despite my best attempts to clear it out of my mind.

The people were summoning Merlin, and calling his name. I decided to play along with the day-dream so maybe it would go away, and I told the people that I was NOT Merlin but they couldn't hear me. Then a female spirit appeared in my mind and told me that I was indeed Merlin. I argued with her for a few minutes because I was amazed that my "imagination" was having a conversation with me.

Finally I considered that maybe this was no day-dream; maybe it was real. And maybe I should try and make something happen for these people who have summoned me. I didn't want them to never know that their summoning ritual had actually worked. So I tried to make them see the pentagram moving like ripples in water, just like in the movie "The Craft".

Everyone was amazed, and one girl ran to get a camera. This worried me a little because I was only making them see the event in their mind, and it was not a physical thing that could be captured on film. So I tried to make the film in the camera see the same thing, like making a 'thoughtograph'.

After that, the day-dream faded away into black, and I went to sleep. The next day my friend came over and told me about how he was at a gathering last night and he wanted me to come to the next one tonight. I was hesitant at first, since I had very little interest in witchcraft. But I was always researching psychic techniques, so I thought I would give this one a try.

I also had cast several spells myself, and I knew they can work if you believe in them and forget about them. {One good love spell was this one I used back in school -- you wright the name of RUHIEL on your palms in celestial script, then ask for his assitance telepathically. But for the spell to work well, you must touch the person. I did this in one class, but I thought it wouldn't work because I wouldn't be able to touch the girl since I only saw her in the hallways on the way to my next class. But then the bell rang and it just so happend that I walked right past the girl I wanted to cast the spell on, and for no reason she put both her hands on me to get across the hall, but I wasn't even in her way. }

When I went over to the gathering, they told me about how they summoned Merlin last night, and he made the pentagram look like water. Right after that a girl came in who just got back from the store with the developed photos from last night. The photos did show a little ripple effect in the pentagram. I told them all that it was me they summoned last night, not Merlin.

But they insisted that I must be the reincarnation of Merlin. There are many ways to interpret this, but several psychics

have told me I was Merlin when I asked about my past life, which is beyond mere coincidence.

I am not a fan of Middle Age folk lore and the King Arthur and Camelot stories, and in fact, I actually have always hated the Middle Ages with swords and knights and Kings and Queens. I can hardly stand to even watch a movie about it. (But I did always love the clothing the females wore in those times, and their appreciation for Jasmine perfume, which brings back memories every time I smell it). The point is, I'm not putting this here to claim I'm Merlin and feel special about myself. I'm simply explaining this event because of it's significance in the recording of supernatural events that have taken place in my life.

Later that night we summoned elemental spirits and Arch Angels to answer our prayers. We each asked for a certain power. I asked to have the power to make people see what I see in my mind, so I could show them things in such great detail that would explain the most complicated things. After that we blew out all the candles and the moonlight was illuminating the white salt circle. I closed my eyes and everyone saw the room go completely black. When I opened them, everyone saw the room light back up again. I repeated this experiment for a few minutes, using my friends as guinea pigs. The difference between the light and dark was so extreme that I thought for sure someone would pass out. And right when that thought crossed my mind, one person fell straight backward on the floor. The rest of us continued to watch the room go from light to dark. If I blinked my eyes really fast, everyone saw the room blinking.

I never told them it as me who was doing it. I thought it might freak them out, and make them think I had total control over their minds. A priest would probably tell me it was the devil that gave me the power, but I don't believe that since it was angels we summoned (and their is no such

thing as a devil but there is a God) angels we summoned (and there is no such thing as a devil, but there is a God).

Obviously my wish had been granted and I was indeed given the power I asked for, but maybe I already had it since the previous night I made them all see the pentagram ripple like water. For a long time I wondered if I could really be Merlin. I did a psychic reading and asked other psychics about my past lives without telling them anything about Merlin, and the answers seemed pretty conclusive. I then tried to leave my body and go back to the past. When I was free from my body, I willed myself into the past. I shot through darkness at intense speed, then everything stopped. A lady said "Hello" and it startled me like when someone jumps out from behind bushes and scares the crap out of you. This made me instantly jump back to my body.

I should also mention here that one of the people at that circle tried to commit suicide a few days before, which I only found out the day we met at the circle. He tried to hang himself with his belt, and during the time that was happening, I was having a day dream about it, and that same spirit was talking to me. She was telling me to do something to stop him, but I knew he wouldn't be able to kill himself in this way because his feet were touching the floor and supporting his body weight, and the belt was too wide and flat, so he could only die this way by suffocation, and I knew he wouldn't be able to wait long enough for that to happen. But why me? Why was I shown this? Why did the spirit think I could do something about it, and who is she? It drives me crazy.

# Materialization

Speaking of spirits and guides, I eventually learned how a spirit can be materialized. I thought about how easy it was to leave the body when you realize your dreaming. I figured it must be because you are in the deepest state of mind you can be in; much deeper than hypnosis or meditation. I thought of the Lucid Dream state as the "Philosopher's Stone" like the Rosicrucians say. Only I never understood what they meant until this very night.

So I figured I'd try to materialize a spirit instead. Sure enough, that night I realized I was dreaming, and I tried to materialize my spirit guide. I simply said "I ask my Higher Mind to material my spirit guide". This is essentially asking for God. The dream turned to black, and I felt a huge amount of electric energy rush through my body and center in my brain. Then I felt a cobweb forming on my face. I wiped it off because I thought spiders had formed a web on my face, which made me angry that somehow I had a spider infestation in my house and they chose my face as the spot for a nice thick web. I figured the materialization was a failure, but then 3 months later I found a book that described materialization of spirits.

It said that when you materialize a spirit, a cobweb forms on your face just before the body is made.

Much later on in life I would come to realize the beauty in materialization, and the awesome power the brain possesses over this Universe; able to so easily arrange trillions of atoms to form an object as complicated as a body. There have been many reported cases of nurses claiming a person

would suddenly appear from nowhere and help to save the life of a patient, then disappear. And many people have also gone to visit haunted houses or hotels where they stay the night, and in the morning while having breakfast, a person will come and sit with them, and they appear so solid the person eating breakfast assumes they are having a conversation with a live person, only to find out later that the person was actually the ghost.

Once while waiting for another lucid dream so I could materialize a spirit, I read a book about DMT. I opened the book to a random page, and it was about a lady who had just taken a dose of DMT. She said "what if you had a dream you picked a rose, and when you woke up, it was there in your hand?" She had the same name as my spirit guide I was always trying to materialize! And when you lucid dream, your brain produces DMT. I also thought of the rose as the symbol for the stone of alchemy.

Another coincidence happened when I was watching TV. I accidentally pushed the wrong channel number and a Christian channel came up right when the priest was saying "This is it! Here in Revelations we are promised new bodies!" And he was talking about materializing bodies from thin air.

Other times, right when I tuned on the TV, there would be a movie and they would be yelling the same name as my spirit guide. Once I was thinking about it, and I said "I wish I could just get a second chance to try this", then I walked downstairs and past the TV, and it said "Wish Granted" for some car commercial.

I also came across a video about DMT by Terrence McKenna and he was talking about using the DMT experience to materialize objects.

Many more supernatural events have happen to me, or because of me, but I will wait until the next edition of this book to update.

The point of this section of the book was to show what psychic abilities are possible even before you ingest the Elixir. Knowing these things are possible can provide a starting point for developing your own abilities. The Elixir will strengthen and greatly enhance your mental powers, but only if you know what those powers are, and how to use them.



*"Keep the Secret..."*