

# BECOMING AN ALCHEMIST

**:THOUGHTS AND UNDERSTANDINGS FROM THE ALCHEMIST**

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## **Introduction**

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I have always wanted to be a writer. I started writing articles a few years back on the Internet. I also began writing blogs about one year ago. My dream has always been to write books. I have many e Books on my computer that I have started writing, but never brought to fruition. But this one seems to be different. I know that this book is going to hit the Internet as a mega success.

This book is based on my interpretation of [The Alchemist by Paulo Coelho](#). I have poured over The Alchemist. The story struck me so much that I decided to write my first book based on it.

Becoming An Alchemist is my first book. I love sharing my knowledge and understanding. I believe that God has granted me the wisdom that I asked of him, so many years ago. I believe that he intended for me, not to hoard that wisdom, but to share it with the masses. This is what I am doing here.

### **How I Found The Alchemist**

I saw this video called [Will's Wisdom](#) by [TheMindGuru](#). I have watched it over and over. I'm listening to it now as I am writing the introduction for this book. In one part of the video Will said The Alchemist was his favorite book. I have so much respect for this megastar that I immediately went to read the book. I'm so glad that I did.

### **I am Becoming an Alchemist**

Will Smith is definitely an Alchemist. I am listening to him speak and I am so inspired and motivated to move toward my own success. This video has inflamed me to move toward my destiny with tenacity and joy! I don't know how you fit those two words in the same sentence, but I am fired up! It is time to be who I am! No matter where this road takes me, I am moving on to my destiny.

I want to share with you my experience and journey on becoming a Powerful Manifestor. YES! Hopefully, somewhere on my own journey you are motivated and inspired to become an Alchemist and Powerful Manifestor, as well!

## **This Liberating Freedom**

I love this quote by Marianne Williamson:

“Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, Who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.” [A Return To Love: Reflections on the Principles of A Course in Miracles](#), Harper Collins, 1992. From Chapter 7, Section 3 (Pg. 190-191).

It is my hope that my liberation from fear help you to become liberated as well. Yes!

## **About This Book**

I have my own Spiritual and Religious views of which, I am not ashamed. I do cross-reference many different studies in my teachings, and of this I am also not ashamed... I think I know more scripture than any other book in the world, though I do indulge in many other studies. You will find a lot of Scripture from the bible in this text.

Decide for yourself whether this book is a good read for you by actually reading the book. If you get to any chapter of the book and it does not resonate with you, then simply close the book. That means it was not meant for you to read at this time.

I can sound a bit “Christiyan” at times and then I can sound a bit New-Age. I may sound Shamanistic at times, then I may sound Zen or Buddhist at other times. It is because I do indulge many studies and pull from them the truth that resonates from within. This is all that I have to offer. More love to you.

## **About the Author**

For the past 16 years I have practiced and studied personal development techniques and technologies. Through many trials and situations, I have used my education of life to overcome and become a better person.

Though not perfect, I have much wisdom to share with others. I believe that it is my destiny to share the wisdom, knowledge and understanding that God has afforded me.

I am building empire that will one day touch every corner of the world and help many bring peace to their own lives. The Power that comes from within will be realized and garnered for the betterment of the people. This is my prayer.

## Chapter 1-- Presently Present

A couple years ago I read the book [The Power of Now by Eckhart Tolle](#). That was my first encounter with living in the present moment. I only knew of agonizing over the past or pining over the future that I thought I may never have. In The Power of Now, I learned to live for today and allow today to take care of tomorrow. Tomorrow does not even exist. It is just a dream. My life was forever changed by that knowledge.

The past is done. For the sake of the present, we won't worry about going back and changing the past, for now. (This can be done. We are amazing creatures.) The future does not exist. There is no need to worry about the future, because you create it. Why worry that things are going to go bad, some time in the future, when you can produce a good future today?

### Presence and Happiness

*"When I'm eating, that's all I think about. If I'm on the march, I just concentrate on marching. If I have to fight, it will be just as good a day to die as any other. Because I don't live in either my past or my future. I'm interested only in the present. If you can concentrate always on the present, you'll be a happy man." -- the alchemist*

That statement is most true. I am sitting here typing up this e Book on my computer. I am happy to be accessing my wisdom, knowledge and understanding of Universal things and sharing them. I am doing my best at it right now. Part of me wants to go downstairs and get something to eat. That is a future dream. But I am here now. I am writing now. I am happy to be doing my best at writing.

If you take each action with pure focus and concentration, then you too will find happiness there. It is so simple. We like to over complicate things, because life couldn't just be that simple or easy.

### I Have the Secret

*"The secret is here in the present. If you pay attention to the present, you can improve upon it. And, if you improve on the present, what comes later will also be better. Forget about the future, and live each day according to the teachings, confident that God loves his children. Each day, in itself, brings with it an eternity." -- the alchemist*

The present is the answer to all of life's greatest dilemmas. In the present you can rectify the past and you can also create the future. The present is full of possibility. The present is full of choices.

Learning to live in the now, in the present, in the moment will open your life up to a whole new era. Struggle will end. Suffering will subside. Clarity will come. Opportunities are only presented in the present. *If you are looking ahead, then you will miss what is here. If you are looking back, then you will miss what is here in the present.*

**The secret is to stay present, aware, here, in the moment, in the now.**

**Charge to action:** Use concentrated effort, from now on, in everything that you do. See how your mood is lifted. See how much more satisfaction and happiness you feel. When you are focused on the now, the past and future are of no consequence.

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## Choosing The Present Moment

You get to choose. Yes, I said it.... YOU GET TO CHOOSE! Often, we allow others to choose for us. We feel that we are unable to choose for ourselves. We do not trust in ourselves. We desire to trust in God and to trust in others, but not in ourselves. Allow me to let you in on another secret...

**“If you do not trust yourself, then you will never trust God or anyone else.”**

Christianity is one of the widest practiced religions on this earth. I believe the bible is greatly misinterpreted. Never-the-less, there is a scripture that says:

Proverbs 3:5-6 (NIV)

*5 Trust in the Lord with all your heart and lean not on your own understanding;*

*6 In all your ways acknowledge him, and he will make your paths straight.*

I believe that the above scripture has been misinterpreted. It has been translated to say that “I should trust God, because I can’t trust myself. So if I focus on something outside of myself to lead me, then I will be on the right path.”

That is just a bunch of “hoey” and “bogus-ness.” God is within you. Not outside of you somewhere. There is a scripture that begins “Greater is He that is within me...” Need I say more?

You can trust in your own choice. You do have the power to choose. You can choose the present (best choice), the past or the future. Just know that you don’t have to let someone else choose for you. God is within and will lead you “to all paths of righteousness.”

We have been trained to have a obscure view of a simple world, as a necessarily complicated one. Come back to the simplicity of life and find freedom there in the present moment.

## Chapter 2 --The Desire Within

Desire is an awesome thing. It evokes emotions. It challenges people to action. Desire is the cause of many happenings on this earth. Desires are not given to people. Desires are not a manifestation of what some God out there wants. Desire always comes from within the individual person.

*"When a person really desires something, all the universe conspires to help that person to realize his dream," said the alchemist, echoing the words of the old king.*

Whatever desire you have within yourself wants to come out. It will manifest itself. You will think about it. You will dream about it. You will act on it. The Universe (God, other people and the ether) will respond by taking you a bit closer to what you desire day by day.

Sometimes it may feel like you are not realizing your dreams and desires. This is what I found to be happening in the story of The Alchemist. This is what I have found happening in my own life. Sometimes I have wondered will I ever reach my destiny? Upon reading the story of The Alchemist, I find that I am already on the path. Right now, I am just in the Crystal Shop.

I will continuously refer back to what I am doing now. It has always been my desire to be an author. I've always loved to write. I've written and written and written since I was a little girl. It is still my muse to pick up a pad and pen, even though today computer prevail over every other type of communication.

The desire that I have within me to be a writer is coming out. The path that I have come down for my entire life has led up to this moment. What would I have had to say, if I had not lived the life that I have lived? There will be more to say, because I certainly have more living to do.

The desire within can not and will not be extinguished. This desire will nag at you well into your old age. It is important for you to know that you are on the path and it would do you well to take the inspired actions that are revealed to your mind. Take the inspired actions right now.

I am supposed to be cleaning my home right now, but I've been inspired to type this eBook up for you. The desire is so strong that I have been at this since I woke up this morning. Well first, I did a little [facebooking](#) and [twittering](#). Then I hopped right to my book. It was my one and only desire this morning.

Again at the final editing of this book, I should still be cleaning my home. Yet, today is the day that this book posts to my website, so I can not and will not be stopping this editing process. This is my inspired action, at work. Yes!

### Give In to Your Desires

Your desires are good enough. Your desires are for your destiny and your destiny alone. I hear people say all the time that "God's thoughts are higher than yours and his ways higher than yours." As to say that your desire is not good enough. So you have to figure out what the desire of this being outside of yourself is.

*Isaiah 55:8-10 (New International Version)*

*8 "For my thoughts are not your thoughts,  
neither are your ways my ways,"  
declares the LORD.*

*9 "As the heavens are higher than the earth,  
so are my ways higher than your ways  
and my thoughts than your thoughts.*

We have used this scripture to say that our thoughts are not good enough, because they are not as big as God's. God is within us... so all of your desires are good enough. All of your desires are big enough. Give in to your desires and allow your desires to give in to you.

## **Speak Your Desires**

First you must think for yourself, then you must state your intentions to God, to self, to the World! Take care to speak those desire that you want. Let those thoughts alone that you do not want. It is okay to have evil thoughts. It is not okay voice those thoughts. Let them pass.

*"It's not what enters men's mouths that's evil," said the alchemist. "It's what comes out of their mouths that is."*

What is it that you truly desire to do, have and be? Keep your mind on these things.

*Philippians 4:8 (King James Version)*

*8Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.*

This scripture is based on the power of the present. It also uses the power of right thought. It testifies to the fact that you should surely be concentrating your effort on your good desires. This is the way that your desires can be made manifest through you.

*Matthew 12:34 (The Message)*

*It's your heart, not the dictionary, that gives meaning to your words. A good person produces good deeds and words season after season.*

You are a good person. You have good desires. You want to make the world better and you want to make good changes. This is why you were attracted to this book. You are here because you want better. Better you shall have. All you must do is follow the directions contained within this book. It is a simple message and not a complicated one. The only way that you can miss this message is to complicate it.

## Chapter 3 --Love, Relationships and the Destiny of the Alchemist

Life is all about relationships. From the first day to the last day, your existence depends on relationships. In this illusion of separation, we need others to feel more at one. We are actually all one. Our ego just created separation from God to keep us in this Worldly state. The scriptures warn us to “be in the world, but not of it.” We live in this dream, we are not made from the dream.

But that is not what this chapter is about. This chapter is about living in the dream of this world.

### Giving Up Your Destiny for Love

There are many who give up on their dreams because they fell in love and started a family. Your family, your love is not a deterrent to your dreams. They are a support system for you to realize your dreams and meet with your destiny. Otherwise, you have chosen the wrong mate in life.

*"You must understand that love never keeps a man from pursuing his destiny. If he abandons that pursuit, it's because it wasn't true love... the love that speaks the Language of the World." --the alchemist*

It is true that you love the one that you love. There is no questioning your feelings for another person. Trust and believe that if that person loves you back, then they will be your support system and your warning system for all of your dreams and desires. You should include them in your journey and not leave them to the side as a bystander.

*"One is loved because one is loved. No reason is needed for loving." -Fatima -The Alchemist*

As I said earlier, if you ignore your destiny, then it will nag at you well into your old age. It is important for you to continue on your life's journey to your destiny and not to detour because of love or any other relationships. Know that even if it feels like you've slowed down on your journey, you have not. Your new found love is on the path to your journey.

Do not give up on your life's dreams because you are married, have children or because your parents are sick. No. It is time for you to garner your energies and continue on the path that you have wrapped up inside of you.

Whatever you decide, keep your dreams right there in front of you. Think on these things. The Universe will make way for you. It desires to move around you.

Do not give up on your destiny for love. That is not true love. Your destiny is a part of the grander design.

You owe it to yourself, to God, to the World and to the Universe.



## Chapter 4 --The Great Law of Action

*"There is only one way to learn," the alchemist answered. "It's through action. Everything you need to know you have learned through your journey."*

Continuously living your life is important. No matter what happens. No matter what it feels like. None of that matters. It only matters that you are acting upon the present moment and doing your best within that moment. Give your all!

Action requires energy. Energy is attractive. The more action you take, the more people take notice. The more action you take, the more things come to you. The more action you take, the more you manifest. Action is often times the missing ingredient to your manifesting anything you want in life.

I am not just talking about taking any action. I am talking about inspired action. I am talking about actions that take you toward a goal. What good would it do for you to take the actions to be a stenographer, when you really want to be a physicist? You must take right action and this action attracts manifestations toward your goal.

Desires come from God (within you). I believe that. I believe the Emerald Tablet states it best.

*"What is the above is from the below and the below is from the above. The work of wonders is from one." -The Emerald Tablet*

Yes, the actions that you take are ordained from above and the actions you take make changes to the above. It is all from one source. Yes! Take this energy and move on the destiny... the desire within you.

The great law of action requires that you check into your heart. ***"Wherever your heart is, that is where you'll find your treasure."*** ~the alchemist... From the heart we find our desires, our dreams, our goals. Those are our treasures. So, search deep within and act from there. This will lead you where you want to go. Do not shirk the heart.

So, if you feel like you should be doing something... Do it and do it now! This is the great law of action. Take it into your life. The great law of action is present. It is now. You can not act in the past and it is not possible to act in the future. You can only act now. So why not? Take action!

Remember that no matter how things seem to be turning out. No matter how many failures you may be seeming to have. You are building toward your own destiny. The destiny that is the desire of your heart. This desire is not to be shirked, but it is to be realized. Your destiny is the greater destiny.

## Chapter 5-- Master The Lessons

Once you begin to act upon the inspiration of the heart and use the great law of action, then you will begin to have successes and failures. These successes will build your confidence. These failures will bring you many lessons that you should recognize and learn.

*"Before a dream is realized, the Soul of the World tests everything that was learned along the way. It does this not because it is evil, but so that we can, in addition to realizing our dreams, master the lessons we've learned as we've moved toward that dream." --the alchemist*

Learning the lessons that life brings to you, will build precept upon precept. Before you know it, you are wise in your own destiny. This is how you maintain your success in your destiny and grow to become more.

Realize that destiny is not a destination, but always a work in progress. So, have disappointments, failures and unexpected changes. Live through these things. Question these things to find out what lessons you were supposed to learn. Learn the lessons and then use them to take action now.

I don't have more simple advice, than to learn the lessons. Whenever something negative or bad happens. There's a lesson. Learn it. Then you can move on into new action.

### You Know Your Destiny

It's your destiny. Not anyone else. You do not need the permission of anyone else to realize your destiny. It is you who must take the path. It is you who must learn the lessons. It is you who must touch other lives along the way. Other lives will inherently touch your life on the path as well.

You will be led in new directions that you many not have even thought were on your path, but they are. They will include people who you never thought you were supposed to meet. Why? Because we don't know the future and what it holds. The future is a dream. The past is gone away. Now is all we have.

Right now my destiny is to write this e Book. I'm living my destiny to the full. I am enjoying life and I am happy. My happiness is not wrapped up in the future success of this book. No. My happiness is wrapped up in this paragraph that I am writing on being happy, just because I am writing it.

I know that this is my destiny. Later on when I am cleaning up my home. I know that is my destiny as well. I know that I will feel better with a clean home and be able to continue in my destiny with a clean environment. This environment will attract wealth, love and peace. I feel that right now. I have that right now, because I know that it is what is.

My destiny is to be a Master Inspirational Speaker and Author. I am on that path with every step I take and every move I make. The same goes with you. Every step you take and every move you make, it is the destiny. You see, the destiny is the ride, not the destination. You will never arrive. You will always be arriving.

## Chapter 6 --Being the Alchemist

*"That's what alchemists do. They show that, when we strive to become better than we are, everything around us becomes better, too."*

The Alchemist is personally developed. That is why you are here. You want to personally develop. You are developing. Let me explain one key fact. I don't care how many books you read, if you do not take the action that is in the book, then you will not develop. It is important that you heed the advice in this book. If not this book, then some other great avatars book.

Become the Alchemist by making changes. Create new realities. Learn from the disappointments. Grow with the successes. That is what will make you better. Once again, it is simple.

### Open Your World

Live. Simply live. Stop worrying about the future. Stop looking at the past. The time is now. Your destiny is right here. If you can but see the gas in the stars, the blade in the grass, the pollen in the flower, then you can learn more about your world and the Language of the World that will lead you to your destiny.

You can not learn the Language of the World from this book. No. That will come from you going out and living your life as it is meant to be lived. Your life is meant to be lived now!

Enjoy, watch, be aware, be open to what is going on at this moment. Live in this moment.

If you are cleaning; clean it until you get the grout out.

If you are writing: write until the inspiration stops coming.

If you are playing: play until you can not muster up any more energy for motion.

If you are walking: experience the feeling in each step.

### Be Better

Being better is being aware that you can do something in a bigger, better way and then taking a bigger, better action to its attainment. This is the growth of the Alchemist.

The Alchemist frees others by merely being free himself. This is your work. This a part of your destiny. No matter what your destiny is. Be free. Live better. Make changes. Create Success. Think for yourself. Declare to the Universe what you intend. Take right action.

### Die For The Cause

*"This is what I believe and I'm willing to die for it. Period." ~Will Smith*

Any given day, you can leave this body and transcend to the next stage in life. Right now, your only concern is to live this moment doing what you are doing to the best of your ability. Right now, you are reading a book that could very well change your life. Read it for understanding. Take notes. Give over all of thought to reading this book. This is part of your destiny.

Move forward everyday without fear. Fear stops the dream. Fear is an illusion anyway. It is a false vision of the future. You see the future happening right now, but its not really here yet. So, fear is really only a negative dream.

*"If a person is living out his destiny, he knows everything he needs to know. There is only one thing that makes a dream impossible to achieve: the fear of failure." --the alchemist*

So continue moving. Do not fear what may or may not happen to you. Be willing to die to achieve your destiny. I know that may seem extreme, but it is actually simple. There are many examples of people dying for their destinies. They lost their lives doing what they loved. Not saying this should be your future vision.

Fear of death (of some sort) is usually at the basis of all worry. Maybe it is the fear of loss. Maybe it is the fear of criticism. You can abolish these fears by taking action anyway. Be bold.

More love to you.

Remember to Say Yes to Life! Yes!

End Notes:

As I edited and reread this eBook. I was simply amazed at the information that was given within. It was a truly inspired message. Upon reading over the book. I decided to give this book as a tithe. This book will be given away free on [iAManasha.com](http://iAManasha.com).

I hope that this book has brought some new thought to your life or reminded you of thoughts once thought. Above all I hope that it resonated within and you can make a wonderful change to your life that can never be erased.

More love to you.

~anasha

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